



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organiser:
Date:
Place:
Distance:

Miasto Bydgoszcz
2024-04-14
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	KACZMAREK Mateusz	395	TEAM RUDNIK	M20	1		00:00:01	00:16:02.45	00:16:03.50		3:12	18.7 (100%)
2	KOTŁOWSKI Bartosz	486	KOTLOWSKIRUNTEAM	M30	1		00:00:01	00:16:38.75	00:16:40.05	+00:00:36 (3.6%)	3:19	18 (96.3%)
3	JANUSZEWSKI Radosław	353	TEAM RUDNIK	M20	2		00:00:01	00:17:07.30	00:17:09.10	+00:01:04 (6.3%)	3:25	17.5 (93.6%)
4	KRAWCZAK Adrian	510	TEAMOCHAL	M20	3		00:00:01	00:17:32.45	00:17:34.10	+00:01:30 (8.6%)	3:30	17.1 (91.4%)
5	WADELSKI Maciej	1080	1 BRYGADA LOGISTYCZNA	M30	2		00:00:01	00:17:36.95	00:17:38.10	+00:01:34 (8.9%)	3:31	17 (90.9%)
6	ROGOZINSKI Dawid	885	TEAMOCHAL	M30	3	1	00:00:01	00:17:40.90	00:17:42.05	+00:01:38 (9.3%)	3:32	17 (90.9%)
7	STACHOWIAK Łukasz	1258	#ZALINIAMETYTEAM / AZS UP POZNAŃ	M30	4	1	00:00:01	00:17:58.80	00:18:00.40	+00:01:56 (10.8%)	3:35	16.7 (89.3%)
8	KRYSKE Bartosz	525		M30	5	1	00:00:01	00:18:09.15	00:18:10.85	+00:02:06 (11.6%)	3:37	16.5 (88.2%)
9	KUŁAKOWSKI Krzysztof	546	TKKF KOLEJARZ BYDGOSZCZ	M30	6		00:00:02	00:18:17.55	00:18:20.05	+00:02:15 (12.3%)	3:39	16.4 (87.7%)
10	PALUCH Jan	1204	TRIATHLON KONSULTING	M18	1		00:00:01	00:18:20.10	00:18:21.65	+00:02:17 (12.5%)	3:40	16.4 (87.7%)
11	KALACZYŃSKI Miłosz	397	POLONIA BYDGOSZCZ SLA	M20	4		00:00:02	00:18:36.50	00:18:39.05	+00:02:34 (13.8%)	3:43	16.1 (86.1%)
12	MARCHEL Tomasz	635		M30	7		00:00:01	00:18:46.35	00:18:48.30	+00:02:43 (14.6%)	3:45	16 (85.6%)
13	DOMISIEWICZ Michał	166		M30	8		00:00:02	00:18:56.65	00:18:59.60	+00:02:54 (15.3%)	3:47	15.8 (84.5%)
14	JANIAK Szymon	1205	BYDGOSTIA BYDGOSZCZ	M10	1		00:00:03	00:18:57.75	00:19:01.55	+00:02:55 (15.4%)	3:47	15.8 (84.5%)
15	MRUK Tomasz	692	CZARNE STOPY	M40	1		00:00:03	00:18:59.35	00:19:02.95	+00:02:56 (15.5%)	3:47	15.8 (84.5%)
16	KRUBER Karolina	514	ADRIANBEDNAREK.PL	K30	1		00:00:04	00:19:00.20	00:19:04.65	+00:02:57 (15.6%)	3:48	15.8 (84.5%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time	brutto		min/km	km/h
17	GRACZYK Mateusz	278	TROUT	M30	9	00:00:01	00:19:02.45	00:19:03.70	+00:03:00 (15.8%)	3:48	15.8 (84.5%)
18	KALOTA Joanna	402		K30	2	00:00:04	00:19:19.75	00:19:24.60	+00:03:17 (17.0%)	3:51	15.5 (82.9%)
19	SIERADZKI Mateusz	1198		M20	5	00:00:03	00:19:22.15	00:19:25.45	+00:03:19 (17.2%)	3:52	15.5 (82.9%)
20	MAJCHER Elżbieta	1305	WATAHA L-PAAK	K40	1	00:00:04	00:19:30.65	00:19:35.60	+00:03:28 (17.8%)	3:54	15.4 (82.4%)
21	RZESZUT Tomasz	913		M30	10	00:00:03	00:19:32.50	00:19:35.55	+00:03:30 (17.9%)	3:54	15.4 (82.4%)
22	KARCZMARCZYK Mateusz	415		M30	11	00:00:00	00:19:35.05	00:19:35.05	+00:03:32 (18.1%)	3:55	15.3 (81.8%)
23	PERLIKOWSKI Sławek	784		M40	2	00:00:05	00:19:38.70	00:19:44.55	+00:03:36 (18.3%)	3:55	15.3 (81.8%)
24	DĄBROWSKI Robert	146		M40	3	00:00:02	00:19:43.40	00:19:46.35	+00:03:40 (18.7%)	3:56	15.2 (81.3%)
25	ZŁOTNICKI Adam	1184		M20	6	00:00:04	00:19:53.50	00:19:58.40	+00:03:51 (19.4%)	3:58	15.1 (80.7%)
26	MARZEC Wojciech	644		M10	2	00:00:02	00:19:55.00	00:19:57.00	+00:03:52 (19.5%)	3:59	15.1 (80.7%)
27	MIKOŁAJCZYK Damian	670		M20	7	00:00:13	00:19:57.25	00:20:11.00	+00:03:54 (19.6%)	3:59	15 (80.2%)
28	SZENK Marta	1012		K40	2	00:00:04	00:19:58.25	00:20:02.40	+00:03:55 (19.7%)	3:59	15 (80.2%)
29	KRAJEWSKI Tomasz	507	ENDURE TEAM	M30	12	00:00:02	00:20:01.70	00:20:03.80	+00:03:59 (19.9%)	4:00	15 (80.2%)
30	KWAŚNIEWSKA Waldemar	556		M50	1	00:00:04	00:20:01.85	00:20:06.75	+00:03:59 (19.9%)	4:00	15 (80.2%)
31	RAJEWSKI Aleksander	865		M20	8	00:00:02	00:20:02.80	00:20:05.35	+00:04:00 (20.0%)	4:00	15 (80.2%)
32	WIECZOREK Mateusz	1250		M30	13	00:00:03	00:20:05.55	00:20:09.15	+00:04:03 (20.2%)	4:01	14.9 (79.7%)
33	MIKOŁAJCZYK Kacper	669		M20	9	00:00:01	00:20:10.35	00:20:12.05	+00:04:07 (20.5%)	4:02	14.9 (79.7%)
34	FUZ Marek	213		M50	2	00:00:04	00:20:11.80	00:20:15.90	+00:04:09 (20.6%)	4:02	14.9 (79.7%)
35	SIKORSKI Arkadiusz	932	KABEL TEAM BYDGOSZCZ	M18	2	00:00:09	00:20:13.80	00:20:23.05	+00:04:11 (20.7%)	4:02	14.8 (79.1%)
36	KOZŁOWSKI Rafał	503		M50	3	00:00:03	00:20:20.55	00:20:23.80	+00:04:18 (21.1%)	4:04	14.8 (79.1%)
37	MARCINIAK Przemysław	638		M40	4	00:00:05	00:20:23.90	00:20:29.05	+00:04:21 (21.4%)	4:04	14.7 (78.6%)
38	JAGIEŁA Adam	333	TKKF KOLEJARZ BYDGOSZCZ	M40	5	00:00:04	00:20:26.80	00:20:31.70	+00:04:24 (21.5%)	4:05	14.7 (78.6%)
39	BALCEREK Mateusz	22		M30	14	00:00:04	00:20:30.05	00:20:34.50	+00:04:27 (21.8%)	4:06	14.6 (78.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
40	ARMANDO O'BRIEN DavidJohn	1296		M30	15		00:00:02	00:20:33.15	00:20:35.25	+00:04:30 (22.0%)	4:06	14.6 (78.1%)
41	BEJGIER Edmund	39	BIEGAM Z DĘBAMI OSIELSKO	M50	4		00:00:05	00:20:36.85	00:20:41.90	+00:04:34 (22.2%)	4:07	14.6 (78.1%)
42	LEWANDOWSKI Piotr	574	STREETWORKOUTACADEMYTERMINATOR	M30	16		00:00:02	00:20:44.25	00:20:46.90	+00:04:41 (22.6%)	4:08	14.5 (77.5%)
43	PIEKUT Aleksandra	1291	BRZEZIŃSKI RUN CLUB	K30	3		00:00:03	00:20:50.55	00:20:54.10	+00:04:48 (23.0%)	4:10	14.4 (77.0%)
44	PIECZKA Marcin	792	ANTIDOTUM	M30	17		00:00:07	00:20:51.40	00:20:58.95	+00:04:48 (23.1%)	4:10	14.4 (77.0%)
45	MACIŃSKI Waldek	613		M40	6		00:00:06	00:20:51.55	00:20:58.45	+00:04:49 (23.1%)	4:10	14.4 (77.0%)
46	MOTOFA Marcin	1248	START TEAM WĄBRZEŻNO	M40	7		00:00:06	00:20:54.90	00:21:01.50	+00:04:52 (23.3%)	4:10	14.4 (77.0%)
47	KLINOWSKI Radosław	450		M30	18		00:00:14	00:20:56.75	00:21:11.55	+00:04:54 (23.4%)	4:11	14.3 (76.5%)
48	RUCHLEWICZ Natalia	1294		K30	4	1	00:00:05	00:20:59.45	00:21:04.50	+00:04:57 (23.6%)	4:11	14.3 (76.5%)
49	RATAJCZAK Jakub	870	CB163	M40	8		00:00:11	00:21:02.40	00:21:14.10	+00:04:59 (23.8%)	4:12	14.3 (76.5%)
50	PUJANEK Michał	848	JUVENTUS ACADEMY BYDGOSZCZ	M10	3		00:00:02	00:21:03.60	00:21:05.75	+00:05:01 (23.8%)	4:12	14.3 (76.5%)
51	LE PAPE Loic	590		M30	19		00:00:06	00:21:05.00	00:21:11.35	+00:05:02 (23.9%)	4:13	14.2 (75.9%)
52	GRALIK Jędrzej	282	BYDGOSKIE OKONIE	M30	20		00:00:08	00:21:06.60	00:21:15.15	+00:05:04 (24.0%)	4:13	14.2 (75.9%)
53	PAPIEROWSKI Paweł	766	CB	M30	21		00:00:12	00:21:09.80	00:21:22.25	+00:05:07 (24.2%)	4:13	14.2 (75.9%)
54	SZNAJDER Paweł	1017	CB163	M30	22		00:00:12	00:21:10.60	00:21:22.60	+00:05:08 (24.3%)	4:14	14.2 (75.9%)
55	UMIŃSKI Robert	1072		M40	9		00:02:21	00:21:11.85	00:23:33.20	+00:05:09 (24.3%)	4:14	14.2 (75.9%)
56	POĆWIARDOWSKI Kamil	823		M20	10		00:00:24	00:21:13.70	00:21:38.55	+00:05:11 (24.4%)	4:14	14.1 (75.4%)
57	WIECZOREK Waldemar	1103		M40	10		00:00:16	00:21:15.40	00:21:32.35	+00:05:12 (24.5%)	4:15	14.1 (75.4%)
58	ARNDT Jarek	12		M40	11		00:00:07	00:21:16.55	00:21:23.70	+00:05:14 (24.6%)	4:15	14.1 (75.4%)
59	WITKOWSKI Łukasz	1124	RUN BYDGOSZCZ	M30	23		00:00:05	00:21:19.10	00:21:24.45	+00:05:16 (24.8%)	4:15	14.1 (75.4%)
60	CARTIGNY Arnaud	96		M30	24		00:00:07	00:21:21.70	00:21:29.05	+00:05:19 (24.9%)	4:16	14.1 (75.4%)
61	KRUPA Piotr	519		M40	12		00:00:06	00:21:24.45	00:21:30.45	+00:05:22 (25.1%)	4:16	14 (74.9%)
62	KOŁAKOWSKI Tomasz	463		M30	25		00:00:11	00:21:26.60	00:21:37.85	+00:05:24 (25.2%)	4:17	14 (74.9%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
63	RACZYŃSKI Krzysztof	858	PASSION FIRST	M60	1		00:00:05	00:21:29.00	00:21:34.10	+00:05:26 (25.3%)	4:17	14 (74.9%)
64	PAPROCKI Rafał	769		M40	13		00:00:08	00:21:31.10	00:21:40.05	+00:05:28 (25.5%)	4:18	13.9 (74.3%)
65	GÓRSKI Adam	274		M30	26		00:00:03	00:21:32.75	00:21:35.95	+00:05:30 (25.6%)	4:18	13.9 (74.3%)
66	KALINOWSKI Mikołaj	399	WATAHA L-PAAK	M20	11		00:00:02	00:21:34.15	00:21:36.75	+00:05:31 (25.6%)	4:18	13.9 (74.3%)
67	GÓRA Krystian	272	FORDON	M40	14		00:00:13	00:21:35.80	00:21:49.25	+00:05:33 (25.7%)	4:19	13.9 (74.3%)
68	BYRTEK Marcin	93	577942841	M40	15		00:00:05	00:21:38.05	00:21:44.00	+00:05:35 (25.9%)	4:19	13.9 (74.3%)
69	TOMCZYK Radosław	1225	TEAM RUDNIK	M30	27		00:00:23	00:21:38.30	00:22:01.45	+00:05:35 (25.9%)	4:19	13.9 (74.3%)
70	WŁOCH Jakub	1126		M30	28		00:00:13	00:21:39.35	00:21:52.65	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
70	KRZYŚKÓW Mateusz	531	ZIELONY PELIKAN	M20	12		00:00:05	00:21:39.35	00:21:44.80	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
72	JAKUBCZAK Michał	336		M30	29	1	00:00:12	00:21:40.10	00:21:53.05	+00:05:37 (26.0%)	4:20	13.8 (73.8%)
73	SZYCHOWSKI Jarosław	1024	TKKF KOLEJARZ BYDGOSZCZ	M30	30		00:00:13	00:21:40.40	00:21:54.00	+00:05:37 (26.0%)	4:20	13.8 (73.8%)
74	MIKOŁAJCZAK Jakub	668	RADA MIASTA BYDGOSZCZY	M40	16		00:00:15	00:21:40.70	00:21:56.60	+00:05:38 (26.0%)	4:20	13.8 (73.8%)
75	RZESZOTARSKA Aleksandra	912	TEAM RUDNIK	K20	1	1	00:00:05	00:21:43.90	00:21:49.10	+00:05:41 (26.2%)	4:20	13.8 (73.8%)
76	GŻYL Mikołaj	307	JANUSZE TRIATHLONU 'EXODUS' TEAM	M40	17		00:00:17	00:21:46.10	00:22:03.35	+00:05:43 (26.3%)	4:21	13.8 (73.8%)
77	SMUCZYŃSKI Wojciech	952		M30	31		00:00:05	00:21:49.75	00:21:55.70	+00:05:47 (26.5%)	4:21	13.8 (73.8%)
78	WARLIKOWSKI Łukasz	1086		M40	18		00:00:09	00:21:51.05	00:22:00.75	+00:05:48 (26.6%)	4:22	13.7 (73.3%)
79	FIK Janusz	203		M30	32		00:00:10	00:21:52.75	00:22:02.95	+00:05:50 (26.7%)	4:22	13.7 (73.3%)
80	JURKIEWICZ Hubert	386	ROZBIEGANY SUSZ	M20	13		00:00:34	00:21:53.35	00:22:27.45	+00:05:50 (26.7%)	4:22	13.7 (73.3%)
81	BZDZION Marcin	94		M30	33		00:00:12	00:21:54.95	00:22:07.30	+00:05:52 (26.8%)	4:22	13.7 (73.3%)
82	PISARSKI Igor	815		M30	34		00:00:14	00:22:00.75	00:22:14.85	+00:05:58 (27.1%)	4:24	13.6 (72.7%)
83	JUREK Sławomir	385		M50	5		00:00:04	00:22:05.95	00:22:09.95	+00:06:03 (27.4%)	4:25	13.6 (72.7%)
84	BIELICKI Waldemar	50		M30	35	1	00:00:10	00:22:07.80	00:22:18.75	+00:06:05 (27.5%)	4:25	13.6 (72.7%)
85	SZOPIŃSKI Rafał	1019		M40	19		00:00:15	00:22:08.45	00:22:24.25	+00:06:06 (27.6%)	4:25	13.6 (72.7%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
86	JASTROWSKI Miłosz	371		M20	14		00:00:08	00:22:10.55	00:22:19.10	+00:06:08 (27.7%)	4:26	13.5 (72.2%)
87	WARGACKI Piotr	1085	TM IRON TEAM	M40	20		00:00:10	00:22:10.70	00:22:21.05	+00:06:08 (27.7%)	4:26	13.5 (72.2%)
88	PRZYBYLSKI Dariusz	840		M30	36		00:00:04	00:22:11.45	00:22:15.80	+00:06:09 (27.7%)	4:26	13.5 (72.2%)
89	WŁODARCZYK Wojciech	1128	CZARNE STOPY	M60	2		00:00:07	00:22:12.20	00:22:19.35	+00:06:09 (27.8%)	4:26	13.5 (72.2%)
90	PENDER Radosław	783		M20	15		00:00:03	00:22:13.10	00:22:16.60	+00:06:10 (27.8%)	4:26	13.5 (72.2%)
91	OLSZEWSKI Szymon	743		M40	21		00:00:04	00:22:14.75	00:22:19.10	+00:06:12 (27.9%)	4:26	13.5 (72.2%)
92	WITEK Magdalena	1119		K30	5	1	00:00:12	00:22:16.30	00:22:28.85	+00:06:13 (28.0%)	4:27	13.5 (72.2%)
93	ŚRUTKOWSKI Sylwester	1295		M30	37		00:00:10	00:22:16.60	00:22:26.70	+00:06:14 (28.0%)	4:27	13.5 (72.2%)
94	KAŻMIERCZAK Piotr	429		M30	38		00:00:24	00:22:17.90	00:22:41.95	+00:06:15 (28.1%)	4:27	13.5 (72.2%)
95	PRZEKWAŚ Paweł	839		M30	39		00:00:10	00:22:18.55	00:22:28.85	+00:06:16 (28.1%)	4:27	13.5 (72.2%)
96	SMARZ Karol	949		M30	40	1	00:00:06	00:22:22.30	00:22:29.10	+00:06:19 (28.3%)	4:28	13.4 (71.7%)
97	SYROCKI Mariusz	994		M40	22		00:00:20	00:22:24.75	00:22:45.30	+00:06:22 (28.4%)	4:28	13.4 (71.7%)
98	TRACZ Jarosław	1056		M40	23		00:00:10	00:22:24.90	00:22:35.25	+00:06:22 (28.4%)	4:28	13.4 (71.7%)
99	FIKSAT Mateusz	204		M30	41		00:00:11	00:22:26.20	00:22:37.85	+00:06:23 (28.5%)	4:29	13.4 (71.7%)
100	WUJEK Magdalena	1162	RUN BYDGOSZCZ	K40	3		00:00:08	00:22:28.90	00:22:37.85	+00:06:26 (28.6%)	4:29	13.4 (71.7%)
101	KŁOSOWSKI Marcin	454	CSM TEAM	M40	24		00:00:00	00:22:29.40	00:22:29.40	+00:06:26 (28.7%)	4:29	13.3 (71.1%)
102	POTTIER Guillaume	829		M30	42		00:00:07	00:22:29.95	00:22:37.25	+00:06:27 (28.7%)	4:29	13.3 (71.1%)
103	RENC Patryk	878	SERCE TYBETU	M30	43		00:00:11	00:22:30.70	00:22:42.25	+00:06:28 (28.7%)	4:30	13.3 (71.1%)
104	LEWANDOWSKI Bartosz	579	BYDGOSTIA	M10	4		00:00:11	00:22:31.75	00:22:43.30	+00:06:29 (28.8%)	4:30	13.3 (71.1%)
105	JERCHEWICZ Jędrzej	376		M10	5		00:00:03	00:22:33.25	00:22:36.55	+00:06:30 (28.9%)	4:30	13.3 (71.1%)
106	JASIŃSKI Szymon	367		M30	44		00:00:39	00:22:37.45	00:23:16.70	+00:06:35 (29.1%)	4:31	13.3 (71.1%)
107	URBAŃSKA Ewa	1074	TM IRON TEAM	K40	4		00:00:09	00:22:38.55	00:22:48.40	+00:06:36 (29.2%)	4:31	13.3 (71.1%)
108	KINDERMAN Robert	443	WATAHA L-PAAK	M30	45		00:00:03	00:22:38.70	00:22:41.95	+00:06:36 (29.2%)	4:31	13.3 (71.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
109	ŚWIETLIK Michalina	1042	BRZEZIŃSKI RUN CLUB	K40	5		00:00:03	00:22:38.80	00:22:41.95	+00:06:36 (29.2%)	4:31	13.3 (71.1%)
110	BARSZCZ Tomasz	31		M40	25		00:00:11	00:22:44.65	00:22:55.90	+00:06:42 (29.5%)	4:32	13.2 (70.6%)
111	ADAMCZAK Filip	1193		M20	16		00:00:09	00:22:45.05	00:22:54.80	+00:06:42 (29.5%)	4:33	13.2 (70.6%)
112	PUDO Mateusz	843	RECONEXT TEAM	M30	46		00:00:04	00:22:46.60	00:22:51.20	+00:06:44 (29.6%)	4:33	13.2 (70.6%)
113	DWOJACZNY Mikołaj	1298		M10	6		00:00:04	00:22:46.85	00:22:50.85	+00:06:44 (29.6%)	4:33	13.2 (70.6%)
114	FELINIAK Daniel	199		M40	26		00:00:09	00:22:49.85	00:22:59.55	+00:06:47 (29.7%)	4:33	13.1 (70.1%)
114	RADOMSKA Kinga	862		K30	6		00:00:02	00:22:49.85	00:22:52.05	+00:06:47 (29.7%)	4:33	13.1 (70.1%)
116	GAPIŃSKA Alicja	227		K30	7		00:00:06	00:22:53.45	00:22:59.50	+00:06:51 (29.9%)	4:34	13.1 (70.1%)
117	ŻEGLICZ Marek	1222	GKS SPÓJNIA BIAŁE BŁOTA	M20	17		00:00:12	00:22:57.65	00:23:09.65	+00:06:55 (30.1%)	4:35	13.1 (70.1%)
118	KRUSZYNA Adam	521		M50	6		00:00:10	00:22:57.80	00:23:07.95	+00:06:55 (30.1%)	4:35	13.1 (70.1%)
119	ZABOROWSKI Krzysztof	1165		M30	47		00:00:15	00:22:58.10	00:23:13.35	+00:06:55 (30.2%)	4:35	13.1 (70.1%)
120	PŁACHECKA Angelika	820		K20	2		00:00:14	00:22:59.40	00:23:13.75	+00:06:56 (30.2%)	4:35	13.1 (70.1%)
121	NAPORA Mateusz	1253		M30	48		00:00:14	00:22:59.70	00:23:14.20	+00:06:57 (30.2%)	4:35	13.1 (70.1%)
122	PAWLIK Stanisław	781		M50	7		00:00:09	00:23:00.00	00:23:09.25	+00:06:57 (30.3%)	4:36	13 (69.5%)
122	RYDLEWSKI Marek	905	TEAM RUDNIK	M50	7		00:00:16	00:23:00.00	00:23:16.20	+00:06:57 (30.3%)	4:36	13 (69.5%)
124	FRĄCKOWIAK Agata	210	KOTLOWSKIRUNTEAM	K20	3		00:00:09	00:23:00.85	00:23:10.25	+00:06:58 (30.3%)	4:36	13 (69.5%)
125	SOCHA Mateusz	956	SOSZKA	M20	18		00:00:05	00:23:00.95	00:23:06.00	+00:06:58 (30.3%)	4:36	13 (69.5%)
126	STOLARCZUK Mateusz	979		M30	49		00:01:21	00:23:03.45	00:24:25.05	+00:07:01 (30.4%)	4:36	13 (69.5%)
127	MAJEWSKI Michalina	618		K40	6		00:00:09	00:23:08.15	00:23:17.30	+00:07:05 (30.7%)	4:37	13 (69.5%)
128	OKUNIEWSKI Robert	1256		M20	19		00:00:06	00:23:13.35	00:23:19.55	+00:07:10 (30.9%)	4:38	12.9 (69.0%)
129	SZYSZKA Radosław	1032		M40	27		00:00:07	00:23:18.45	00:23:25.50	+00:07:16 (31.2%)	4:39	12.9 (69.0%)
130	SPICHALSKI Szymon	962		M30	50		00:01:09	00:23:19.10	00:24:28.65	+00:07:16 (31.2%)	4:39	12.9 (69.0%)
131	NAJSZTUB Sławomir	710		M30	51		00:01:05	00:23:19.25	00:24:25.00	+00:07:16 (31.2%)	4:39	12.9 (69.0%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
132	DIDYK Leszek	152		M20	20		00:00:08	00:23:20.85	00:23:29.40	+00:07:18 (31.3%)	4:40	12.9 (69.0%)
133	BYRTEK Grzegorz	92	TRIDROPSY	M40	28		00:00:14	00:23:22.20	00:23:37.00	+00:07:19 (31.4%)	4:40	12.8 (68.4%)
134	MIZDALSKI Dawid	681		M20	21		00:00:07	00:23:23.05	00:23:30.70	+00:07:20 (31.4%)	4:40	12.8 (68.4%)
135	RUNNER Andrzej	894	RUN BYDGOSZCZ	M50	9		00:00:08	00:23:24.05	00:23:32.60	+00:07:21 (31.5%)	4:40	12.8 (68.4%)
136	BUZALSKI Robert	89	ORANGE POLSKA	M50	10		00:00:13	00:23:24.50	00:23:37.60	+00:07:22 (31.5%)	4:40	12.8 (68.4%)
137	PUCHACZ Marcin	1280		M40	29		00:00:49	00:23:25.90	00:24:15.25	+00:07:23 (31.5%)	4:41	12.8 (68.4%)
138	CHRZANOWSKI Jakub	109	J.C. UBEZPIECZENIA	M30	52		00:00:06	00:23:26.10	00:23:32.90	+00:07:23 (31.6%)	4:41	12.8 (68.4%)
139	ŁEPEK Patryk	607		M30	53		00:00:10	00:23:27.05	00:23:37.90	+00:07:24 (31.6%)	4:41	12.8 (68.4%)
140	KOSZOWSKI Rafał	480	TRITRYSZCZYNTTEAM	M50	11		00:00:23	00:23:27.95	00:23:50.95	+00:07:25 (31.6%)	4:41	12.8 (68.4%)
141	DADZIBÓG Mariusz	1231	SIŁA ,WALKA ,SZACUNEK !	M30	54		00:00:48	00:23:28.35	00:24:16.50	+00:07:25 (31.7%)	4:41	12.8 (68.4%)
142	MAJCHRZAK Łukasz	615		M40	30		00:00:08	00:23:29.10	00:23:37.60	+00:07:26 (31.7%)	4:41	12.8 (68.4%)
143	SZCZESNY Damian	1007	GDAŃSKI UNIWERSYTET MEDYCZNY	M30	55		00:00:17	00:23:29.35	00:23:46.55	+00:07:26 (31.7%)	4:41	12.8 (68.4%)
144	WĘGRZYNOWSKI Sławomir	1099	KABEL TEAM BYDGOSZCZ	M50	12		00:00:08	00:23:29.60	00:23:37.65	+00:07:27 (31.7%)	4:41	12.8 (68.4%)
145	ŚLAZIŃSKI Daniel	1033		M40	31		00:00:07	00:23:30.35	00:23:38.05	+00:07:27 (31.8%)	4:42	12.8 (68.4%)
146	WADELSKA Joanna	1079		K30	8		00:00:04	00:23:30.90	00:23:35.60	+00:07:28 (31.8%)	4:42	12.8 (68.4%)
147	PIERWIENIECKI Krzysztof	1200		M40	32		00:00:35	00:23:31.40	00:24:06.40	+00:07:28 (31.8%)	4:42	12.8 (68.4%)
148	KŁAK Michał	452		M30	56		00:00:07	00:23:32.30	00:23:39.35	+00:07:29 (31.9%)	4:42	12.7 (67.9%)
149	SZCZYGIELSKI Dawid	1010		M30	57		00:00:04	00:23:38.35	00:23:42.95	+00:07:35 (32.1%)	4:43	12.7 (67.9%)
150	SKRZYPIŃSKI Marek	947		M30	58		00:00:34	00:23:38.90	00:24:13.45	+00:07:36 (32.2%)	4:43	12.7 (67.9%)
151	ULAN Natalia	1070		K30	9		00:00:12	00:23:38.95	00:23:51.75	+00:07:36 (32.2%)	4:43	12.7 (67.9%)
151	JACZYŃSKI Tomasz	331		M30	59		00:01:36	00:23:38.95	00:25:15.70	+00:07:36 (32.2%)	4:43	12.7 (67.9%)
153	RADZIEJEWSKI Tomasz	864	TEAMOCHAL	M40	33		00:00:14	00:23:40.30	00:23:54.85	+00:07:37 (32.2%)	4:44	12.7 (67.9%)
154	WIKA Damian	1210	BYDGOSKI KLUB MORSÓW	M30	60		00:00:08	00:23:44.90	00:23:53.05	+00:07:42 (32.5%)	4:44	12.6 (67.4%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time 5km	brutto 5km		min/km	km/h
155	JURKIEWICZ Mateusz	387		M30	61	00:00:25	00:23:45.70	00:24:11.55	+00:07:43 (32.5%)	4:45	12.6 (67.4%)
156	MUSIAŁ Przemysław	700	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M40	34	00:00:09	00:23:48.45	00:23:58.10	+00:07:46 (32.6%)	4:45	12.6 (67.4%)
157	STYPCZYŃSKI Kuba	984	SPORTHUB	M20	22	00:01:16	00:23:48.50	00:25:04.90	+00:07:46 (32.6%)	4:45	12.6 (67.4%)
158	LESZCZYŃSKI Mariusz	568	TT SODA	M40	35	00:00:05	00:23:49.55	00:23:55.35	+00:07:47 (32.7%)	4:45	12.6 (67.4%)
159	GRAMCZEWSKI Michal	283	TRIDROPSY	M40	36	00:00:17	00:23:53.65	00:24:11.20	+00:07:51 (32.9%)	4:46	12.6 (67.4%)
160	RZESZUT Jerzy	914	WATAHA L-PAAK	M60	3	00:00:03	00:23:56.45	00:23:59.60	+00:07:54 (33.0%)	4:47	12.5 (66.8%)
161	STĘPIEŃ Mateusz	975		M30	62	00:00:05	00:23:56.55	00:24:02.35	+00:07:54 (33.0%)	4:47	12.5 (66.8%)
162	KACZMARCZYK Krzysztof	390	BRZEZIŃSKI RUN CLUB	M40	37	00:00:04	00:23:57.05	00:24:01.15	+00:07:54 (33.0%)	4:47	12.5 (66.8%)
162	LEWANDOWSKI Rafał	582	PĘDZĄCE ŻÓŁWIE	M40	37	00:00:06	00:23:57.05	00:24:03.90	+00:07:54 (33.0%)	4:47	12.5 (66.8%)
164	WŁODARSKA Karolina	1129	POLONIA BYDGOSZCZ SLA	K40	7	00:00:09	00:23:57.35	00:24:06.95	+00:07:54 (33.0%)	4:47	12.5 (66.8%)
165	RYMER Jarosław	907		M10	7	00:00:53	00:23:58.15	00:24:51.40	+00:07:55 (33.1%)	4:47	12.5 (66.8%)
166	PILARSKI Szymon	810		M10	8	00:00:43	00:23:58.35	00:24:41.50	+00:07:55 (33.1%)	4:47	12.5 (66.8%)
167	BUTRYM Piotr	87		M40	39	00:00:47	00:24:00.00	00:24:47.70	+00:07:57 (33.2%)	4:48	12.5 (66.8%)
168	NADRATOWSKI Maciej	707	KABEL TEAM BYDGOSZCZ	M40	40	00:00:08	00:24:00.25	00:24:08.80	+00:07:57 (33.2%)	4:48	12.5 (66.8%)
169	MIHNIEVIČ Juraś	665		M30	63	00:01:11	00:24:01.30	00:25:12.45	+00:07:58 (33.2%)	4:48	12.5 (66.8%)
170	JAŹDŻEWSKI Dawid	374		M40	41	00:02:18	00:24:02.60	00:26:20.60	+00:08:00 (33.3%)	4:48	12.5 (66.8%)
171	BARSZCZ Krzysztof	30		M30	64	00:00:10	00:24:02.75	00:24:13.35	+00:08:00 (33.3%)	4:48	12.5 (66.8%)
172	KNITER Adrian	456		M30	65	00:00:18	00:24:05.05	00:24:23.85	+00:08:02 (33.4%)	4:49	12.5 (66.8%)
173	DROZDOWSKI Tomasz	177	ASTORIA BYDGOSZCZ	M30	66	00:00:23	00:24:06.00	00:24:29.75	+00:08:03 (33.4%)	4:49	12.4 (66.3%)
174	BAUMGART Jacek	36	BIEGAJ Z DĘBAMI	M60	4	00:00:33	00:24:06.10	00:24:39.95	+00:08:03 (33.4%)	4:49	12.4 (66.3%)
175	SZEIB Robert	1257		M40	42	00:00:05	00:24:06.30	00:24:12.15	+00:08:03 (33.5%)	4:49	12.4 (66.3%)
176	RYBAK Łukasz	899		M30	67	00:01:36	00:24:06.95	00:25:43.85	+00:08:04 (33.5%)	4:49	12.4 (66.3%)
177	BYLICA Robert	90		M40	43	00:00:13	00:24:07.45	00:24:21.40	+00:08:05 (33.5%)	4:49	12.4 (66.3%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
178	VARANFRAIN Thomas	1078		M40	44		00:00:07	00:24:07.50	00:24:15.25	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
179	PIKUL Mateusz	807	DOWIDZENIE	M20	23		00:00:43	00:24:07.60	00:24:51.00	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
180	BIAŁOWĄS Jakub	44		M10	9		00:01:01	00:24:07.95	00:25:09.05	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
181	GRAJEWSKI Tomasz	280		M40	45		00:00:24	00:24:10.75	00:24:34.75	+00:08:08 (33.7%)	4:50	12.4 (66.3%)
182	ŁAWSKI Kamil	605		M40	46		00:00:06	00:24:11.85	00:24:18.10	+00:08:09 (33.7%)	4:50	12.4 (66.3%)
183	SONTOWSKI Eryk	958		M18	3		00:00:22	00:24:12.15	00:24:34.25	+00:08:09 (33.7%)	4:50	12.4 (66.3%)
184	MYSZKA Mateusz	1197		M30	68		00:00:13	00:24:13.20	00:24:26.85	+00:08:10 (33.8%)	4:50	12.4 (66.3%)
185	DORAWA Mirosław	172		M40	47		00:00:05	00:24:14.60	00:24:20.40	+00:08:12 (33.8%)	4:50	12.4 (66.3%)
186	ŚWIĘCICKI Andrzej	1046	BYDGOSKIE ŻÓŁWIE	M50	13		00:00:18	00:24:14.65	00:24:32.95	+00:08:12 (33.8%)	4:50	12.4 (66.3%)
187	DOROCIAK Krzysztof	174	MEDICAL WARRIORS	M40	48		00:00:05	00:24:18.25	00:24:23.45	+00:08:15 (34.0%)	4:51	12.3 (65.8%)
188	NAWROCKA Sylwia	717		K30	10		00:00:06	00:24:20.95	00:24:27.25	+00:08:18 (34.1%)	4:52	12.3 (65.8%)
189	RACZKO Agata	857		K30	11		00:00:45	00:24:21.50	00:25:07.05	+00:08:19 (34.1%)	4:52	12.3 (65.8%)
190	SOWIŃSKI Marcin	961		M40	49		00:00:40	00:24:21.70	00:25:02.05	+00:08:19 (34.2%)	4:52	12.3 (65.8%)
191	POCZEKAJ Przemysław	1244		M30	69		00:00:49	00:24:22.35	00:25:12.25	+00:08:19 (34.2%)	4:52	12.3 (65.8%)
192	ZAKRZEWSKI Jarosław	1167		M50	14		00:00:38	00:24:22.60	00:25:01.25	+00:08:20 (34.2%)	4:52	12.3 (65.8%)
193	KRUK Szymon	516		M18	4		00:00:30	00:24:22.90	00:24:53.20	+00:08:20 (34.2%)	4:52	12.3 (65.8%)
194	KOWALSKI Miłosz	492		M20	24		00:00:14	00:24:26.50	00:24:41.35	+00:08:24 (34.4%)	4:53	12.3 (65.8%)
195	GMOSIŃSKI Tomasz	260	CSU RACING TEAM BYDGOSZCZ	M40	50		00:00:26	00:24:28.55	00:24:54.55	+00:08:26 (34.5%)	4:53	12.3 (65.8%)
196	SKÓRCZEWSKI Marcin	946	SPORTHUB	M30	70		00:01:16	00:24:28.70	00:25:44.80	+00:08:26 (34.5%)	4:53	12.3 (65.8%)
197	PACEK Mirosław	758		M60	5		00:00:22	00:24:29.45	00:24:51.90	+00:08:27 (34.5%)	4:53	12.3 (65.8%)
198	ROSÓŁ Jacek	887		M40	51		00:00:05	00:24:31.70	00:24:37.20	+00:08:29 (34.6%)	4:54	12.2 (65.2%)
199	URBAŃSKI Dawid	1075		M40	52		00:00:08	00:24:31.75	00:24:39.75	+00:08:29 (34.6%)	4:54	12.2 (65.2%)
200	ZIAJKO Marcin	1176	RECONEXT TEAM	M30	71		00:00:25	00:24:32.20	00:24:58.05	+00:08:29 (34.6%)	4:54	12.2 (65.2%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
201	KAŻMIERCZAK Jakub	430		M40	53		00:00:25	00:24:33.10	00:24:58.80	+00:08:30 (34.7%)	4:54	12.2 (65.2%)
202	KONKEL Bartosz	1302		M30	72		00:00:18	00:24:35.05	00:24:53.50	+00:08:32 (34.8%)	4:55	12.2 (65.2%)
203	SUCHACKI Kacper	985	BYDGOSTIA BYDGOSZCZ	M10	10		00:00:26	00:24:35.35	00:25:01.80	+00:08:32 (34.8%)	4:55	12.2 (65.2%)
204	FRYDRYCH Daria	211		K20	4		00:00:44	00:24:36.00	00:25:20.40	+00:08:33 (34.8%)	4:55	12.2 (65.2%)
205	CZAJA Jarosław	121		M40	54		00:00:24	00:24:38.70	00:25:03.10	+00:08:36 (34.9%)	4:55	12.2 (65.2%)
206	JANUSZEWSKI Radosław	352		M40	55		00:00:39	00:24:41.55	00:25:20.65	+00:08:39 (35.0%)	4:56	12.2 (65.2%)
207	PRIETZ Bartosz	833	SUPRAVIS S.A.	M40	56		00:00:59	00:24:41.75	00:25:41.40	+00:08:39 (35.0%)	4:56	12.2 (65.2%)
208	MACHŁAJEWSKI Jacek	1207	LZS KRYNKI	M20	25		00:01:08	00:24:42.95	00:25:51.35	+00:08:40 (35.1%)	4:56	12.1 (64.7%)
209	PALIGA Maciej	765		M30	73		00:00:12	00:24:43.45	00:24:55.55	+00:08:41 (35.1%)	4:56	12.1 (64.7%)
210	WAŻYŃSKI Łukasz	1093		M40	57		00:00:24	00:24:43.50	00:25:08.40	+00:08:41 (35.1%)	4:56	12.1 (64.7%)
211	DERING Tomasz	150		M40	58		00:00:46	00:24:44.75	00:25:31.40	+00:08:42 (35.2%)	4:56	12.1 (64.7%)
212	TUPTANOWSKI Jakub	1216		M10	11		00:01:21	00:24:45.35	00:26:06.55	+00:08:42 (35.2%)	4:57	12.1 (64.7%)
213	KONARSKI Krzysztof	466		M20	26		00:01:46	00:24:48.40	00:26:35.20	+00:08:45 (35.3%)	4:57	12.1 (64.7%)
214	WIŚNIEWSKI Dawid	1115	STOWARZYSZENIE SIŁA	M40	59		00:01:09	00:24:49.35	00:25:59.15	+00:08:46 (35.4%)	4:57	12.1 (64.7%)
215	WASIELEWSKA Anetta	1088	TEAMOCHAL	K50	1		00:00:10	00:24:50.90	00:25:01.45	+00:08:48 (35.4%)	4:58	12.1 (64.7%)
216	HYRA Grzegorz	323		M50	15		00:00:15	00:24:54.45	00:25:10.20	+00:08:52 (35.6%)	4:58	12 (64.2%)
217	WĄSOWSKA Katarzyna	1094		K30	12		00:00:03	00:24:55.80	00:24:59.60	+00:08:53 (35.7%)	4:59	12 (64.2%)
218	SZARLEJ Marcin	999		M40	60		00:00:25	00:24:56.55	00:25:21.60	+00:08:54 (35.7%)	4:59	12 (64.2%)
219	KOTŁOWSKI Przemysław	484	MKS SP 63 BYDGOSZCZ	M40	61		00:00:45	00:24:57.95	00:25:43.15	+00:08:55 (35.7%)	4:59	12 (64.2%)
220	JAMROŻY Adam	339		M30	74		00:00:47	00:24:58.50	00:25:45.75	+00:08:56 (35.8%)	4:59	12 (64.2%)
221	KRASKA LEWANDOWSKA Agata	509	PĘDZĄCE ŻÓŁWIE	K40	8		00:00:06	00:25:01.25	00:25:08.10	+00:08:58 (35.9%)	5:00	12 (64.2%)
222	DOBOSIEWICZ Sebastian	160		M40	62		00:00:08	00:25:01.65	00:25:10.10	+00:08:59 (35.9%)	5:00	12 (64.2%)
223	PUJANEK Piotr	847	DENTAL ONE	M40	63		00:00:19	00:25:02.50	00:25:21.85	+00:09:00 (35.9%)	5:00	12 (64.2%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
224	JANYSKA Adam	356	UKS KOPERNIK BYDGOSZCZ	M20	27		00:00:07	00:25:04.90	00:25:12.85	+00:09:02 (36.0%)	5:00	12 (64.2%)
225	GIERNATOWSKI Franciszek	235		M10	12		00:00:52	00:25:05.50	00:25:57.50	+00:09:03 (36.1%)	5:01	12 (64.2%)
226	KOLAROVA Nikola	459		K30	13		00:00:04	00:25:06.85	00:25:11.45	+00:09:04 (36.1%)	5:01	12 (64.2%)
227	KOŚMIŃSKI Krzysztof	481		M40	64		00:00:11	00:25:07.05	00:25:18.65	+00:09:04 (36.1%)	5:01	11.9 (63.6%)
228	SEKIRIN Danylo	922		M30	75		00:00:23	00:25:10.15	00:25:33.45	+00:09:07 (36.3%)	5:02	11.9 (63.6%)
229	KWIATKOWSKI Piotr	560		M30	76		00:00:11	00:25:11.70	00:25:23.05	+00:09:09 (36.3%)	5:02	11.9 (63.6%)
229	RYGIEWICZ Wojciech	906		M50	16		00:00:13	00:25:11.70	00:25:24.75	+00:09:09 (36.3%)	5:02	11.9 (63.6%)
231	MĄDRY Michał	657		M40	65		00:00:56	00:25:12.90	00:26:09.85	+00:09:10 (36.4%)	5:02	11.9 (63.6%)
232	KILAN Kacper	442	SPOGLO	M20	28		00:00:24	00:25:13.55	00:25:38.35	+00:09:11 (36.4%)	5:02	11.9 (63.6%)
233	CIECHANOWSKI Radosław	110		M30	77		00:00:38	00:25:14.50	00:25:52.80	+00:09:12 (36.5%)	5:02	11.9 (63.6%)
234	WNUK Sławomir	1223		M40	66		00:00:08	00:25:14.80	00:25:23.45	+00:09:12 (36.5%)	5:02	11.9 (63.6%)
235	RADECKI Maciej	860		M40	67		00:00:48	00:25:16.60	00:26:05.35	+00:09:14 (36.5%)	5:03	11.9 (63.6%)
236	ZBIRANEK Artur	1171		M40	68		00:01:34	00:25:17.10	00:26:51.30	+00:09:14 (36.6%)	5:03	11.9 (63.6%)
237	MICHALSKI Maciej	663		M30	78		00:00:48	00:25:17.85	00:26:06.55	+00:09:15 (36.6%)	5:03	11.9 (63.6%)
238	KOWALCZYK Edward	488	KLINIKA TLENOWA INOWROCŁAW	M60	6		00:00:06	00:25:19.75	00:25:26.55	+00:09:17 (36.7%)	5:03	11.8 (63.1%)
238	MAJEWSKI Andrzej	619		M20	29		00:01:08	00:25:19.75	00:26:27.75	+00:09:17 (36.7%)	5:03	11.8 (63.1%)
240	BIELEC Michał	49	MKS SP 63 BYDGOSZCZ	M40	69		00:00:46	00:25:19.85	00:26:06.20	+00:09:17 (36.7%)	5:03	11.8 (63.1%)
241	WÓJT Monika	1160		K30	14		00:00:00	00:25:21.35	00:25:21.35	+00:09:18 (36.7%)	5:04	11.8 (63.1%)
242	SKOWROŃSKI Szymon	945		M20	30		00:00:26	00:25:21.40	00:25:47.65	+00:09:18 (36.7%)	5:04	11.8 (63.1%)
243	WOLAN Magdalena	1139		K40	9		00:01:00	00:25:22.40	00:26:22.70	+00:09:19 (36.8%)	5:04	11.8 (63.1%)
244	KIELCZYNSKA Agnieszka	1245		K30	15		00:00:32	00:25:23.95	00:25:56.85	+00:09:21 (36.8%)	5:04	11.8 (63.1%)
245	SZATTEN Dawid	1227		M40	70		00:00:21	00:25:24.00	00:25:45.10	+00:09:21 (36.8%)	5:04	11.8 (63.1%)
246	GŁUSEK Marcin	1230		M40	71		00:00:51	00:25:24.45	00:26:16.40	+00:09:22 (36.9%)	5:04	11.8 (63.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
247	NOSEK Krzysztof	723	RCI BYDGOSZCZ	M50	17		00:00:04	00:25:24.85	00:25:29.25	+00:09:22 (36.9%)	5:04	11.8 (63.1%)
248	PALIGA Mateusz	762	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	31		00:00:42	00:25:26.25	00:26:08.35	+00:09:23 (36.9%)	5:05	11.8 (63.1%)
249	PALIGA Radosław	764	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	32		00:00:41	00:25:26.30	00:26:08.20	+00:09:23 (36.9%)	5:05	11.8 (63.1%)
250	ORZECHOWSKA Gabriela	746	ORZECZ BIEGA	K10	1		00:00:21	00:25:26.85	00:25:48.50	+00:09:24 (37.0%)	5:05	11.8 (63.1%)
251	PALIGA Antoni	763	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M50	18		00:00:41	00:25:27.05	00:26:08.15	+00:09:24 (37.0%)	5:05	11.8 (63.1%)
252	MACIEJEWSKI Tomasz	1278		M30	79		00:00:12	00:25:27.25	00:25:40.20	+00:09:24 (37.0%)	5:05	11.8 (63.1%)
253	KITOWSKI Hubert	446		M20	33		00:00:34	00:25:28.40	00:26:02.50	+00:09:25 (37.0%)	5:05	11.8 (63.1%)
254	WINIARSKI Kacper	100		M10	13		00:00:49	00:25:29.30	00:26:18.60	+00:09:26 (37.1%)	5:05	11.8 (63.1%)
255	MALICKI Łukasz	1307	KOTŁOWSKI RUN TRAM	M40	72		00:01:29	00:25:29.65	00:26:58.75	+00:09:27 (37.1%)	5:05	11.8 (63.1%)
256	KIEŁCZYŃSKI Marek	439	CSM TEAM	M40	73		00:00:38	00:25:30.90	00:26:09.05	+00:09:28 (37.1%)	5:06	11.8 (63.1%)
257	KWIATKOWSKI Bartosz	563		M40	74		00:01:29	00:25:31.15	00:27:00.30	+00:09:28 (37.1%)	5:06	11.8 (63.1%)
258	KUBIŃSKA Klaudyna	535		K20	5		00:00:13	00:25:31.20	00:25:45.10	+00:09:28 (37.1%)	5:06	11.8 (63.1%)
259	ZUBOWICZ Maria	1187		K40	10		00:00:04	00:25:33.00	00:25:37.10	+00:09:30 (37.2%)	5:06	11.7 (62.6%)
260	GACKOWSKI Krzysztof	1275		M50	19		00:00:08	00:25:33.80	00:25:42.65	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
261	MICHALAK Krzysztof	1240		M30	80		00:00:43	00:25:33.85	00:26:17.20	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
262	KOZAK Krzysztof	494	BB ACTIVE TEAM	M30	81		00:01:09	00:25:34.90	00:26:44.70	+00:09:32 (37.3%)	5:06	11.7 (62.6%)
263	KOZŁOWSKI Rafał	504		M20	34		00:00:37	00:25:35.40	00:26:13.35	+00:09:32 (37.3%)	5:07	11.7 (62.6%)
264	KOSEK Mariusz	478	RCI	M50	20		00:00:59	00:25:35.55	00:26:34.80	+00:09:33 (37.3%)	5:07	11.7 (62.6%)
265	RUPIŃSKI Michał	895		M30	82		00:00:02	00:25:36.20	00:25:38.80	+00:09:33 (37.3%)	5:07	11.7 (62.6%)
266	DŁUŻEWSKI Wojciech	157		M50	21		00:02:13	00:25:37.05	00:27:50.25	+00:09:34 (37.4%)	5:07	11.7 (62.6%)
267	GOLIK Krzysztof	261	FORDON RUNNERS	M40	75		00:01:17	00:25:38.30	00:26:55.30	+00:09:35 (37.4%)	5:07	11.7 (62.6%)
268	ŁADIŃSKI Kacper	600		M20	35		00:00:24	00:25:38.65	00:26:03.00	+00:09:36 (37.4%)	5:07	11.7 (62.6%)
269	PIOTROWSKI Dariusz	1306	-	M40	76		00:01:16	00:25:38.85	00:26:55.40	+00:09:36 (37.5%)	5:07	11.7 (62.6%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
270	ZIÓŁKOWSKA Dorota	1182	TG SOKÓŁ GNIEWKOWO	K50	2		00:00:08	00:25:39.90	00:25:48.85	+00:09:37 (37.5%)	5:07	11.7 (62.6%)
271	IRZA Michał	326		M30	83		00:00:15	00:25:40.10	00:25:55.90	+00:09:37 (37.5%)	5:08	11.7 (62.6%)
272	GALICKI Jakub	223	AKADEMIA MISTRZÓW SPORTU	M50	22		00:01:01	00:25:40.75	00:26:42.55	+00:09:38 (37.5%)	5:08	11.7 (62.6%)
273	KUCZEWSKI Łukasz	539		M40	77		00:00:28	00:25:42.85	00:26:11.75	+00:09:40 (37.6%)	5:08	11.7 (62.6%)
274	BIEGAŃSKA Monika	46	SPALANIA OPONKI	K20	6		00:00:50	00:25:43.15	00:26:33.20	+00:09:40 (37.6%)	5:08	11.7 (62.6%)
275	TWARDOWSKI Krzysztof	1065		M20	36		00:00:20	00:25:43.70	00:26:04.05	+00:09:41 (37.7%)	5:08	11.7 (62.6%)
276	WOJCIECHOWSKI Grzegorz	1133		M30	84		00:00:44	00:25:44.10	00:26:28.50	+00:09:41 (37.7%)	5:08	11.7 (62.6%)
277	BIEGAŃSKI Andrzej	47	SPALANIA OPONKI	M20	37		00:00:50	00:25:46.15	00:26:36.45	+00:09:43 (37.8%)	5:09	11.6 (62.0%)
278	KONCZAL Krzysztof	467	BK	M20	38		00:02:12	00:25:46.20	00:27:58.70	+00:09:43 (37.8%)	5:09	11.6 (62.0%)
279	SPYCHALSKI Michał	964	EMES SPYCHALSKI	M30	85		00:00:07	00:25:46.80	00:25:54.25	+00:09:44 (37.8%)	5:09	11.6 (62.0%)
280	WOJCIECHOWSKI Michał	1132		M30	86		00:00:31	00:25:47.55	00:26:19.10	+00:09:45 (37.8%)	5:09	11.6 (62.0%)
281	CEGŁOWSKI Tomasz	97	CALISTHENICS ACADEMY	M40	78		00:00:23	00:25:51.45	00:26:14.45	+00:09:49 (38.0%)	5:10	11.6 (62.0%)
282	GRUBCZYŃSKI Tomasz	292	FLORIAN CHOJNICE	M60	7		00:01:58	00:25:52.00	00:27:50.85	+00:09:49 (38.0%)	5:10	11.6 (62.0%)
283	RYCZAK Julia	903		K20	7		00:00:07	00:25:53.75	00:26:01.35	+00:09:51 (38.1%)	5:10	11.6 (62.0%)
284	ORZECOWSKI Zbigniew	747	ORZECZ BIEGA	M40	79		00:00:21	00:25:54.10	00:26:15.95	+00:09:51 (38.1%)	5:10	11.6 (62.0%)
285	BESS Ania	40		K40	11		00:00:15	00:25:54.55	00:26:10.05	+00:09:52 (38.1%)	5:10	11.6 (62.0%)
286	PUZACZ Dawid	852		M40	80		00:01:39	00:25:55.10	00:27:34.70	+00:09:52 (38.1%)	5:11	11.6 (62.0%)
287	ŚWIETLIK Grzegorz	1041	SWIWTLIKITEAM	M40	81		00:00:14	00:25:55.30	00:26:10.25	+00:09:52 (38.1%)	5:11	11.6 (62.0%)
288	CZERNIAK Marcin	128		M40	82		00:01:05	00:25:55.40	00:27:01.20	+00:09:52 (38.1%)	5:11	11.6 (62.0%)
289	CIEŚLEWICZ Karol	115	OLAF CREW	M40	83		00:01:03	00:25:59.75	00:27:02.75	+00:09:57 (38.3%)	5:11	11.5 (61.5%)
290	MUZOLF-GDANIEC Grzegorz	1268		M30	87		00:00:16	00:26:00.55	00:26:16.95	+00:09:58 (38.3%)	5:12	11.5 (61.5%)
291	ĆWIKLIŃSKI Jarosław	134	COLORADO PIZZA EXPRESS	M60	8		00:00:32	00:26:01.10	00:26:33.10	+00:09:58 (38.3%)	5:12	11.5 (61.5%)
292	SIUDA Piotr	938		M40	84		00:00:49	00:26:02.65	00:26:52.45	+00:10:00 (38.4%)	5:12	11.5 (61.5%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time	brutto			
							5km	5km		min/km	km/h
293	KAPUCKA Marzena	412		K30	16	00:00:00	00:26:02.80	00:26:02.80	+00:10:00 (38.4%)	5:12	11.5 (61.5%)
294	RZEPECKI Damian	911		M30	88	00:00:47	00:26:04.30	00:26:51.70	+00:10:01 (38.5%)	5:12	11.5 (61.5%)
295	ROCHOWIAK Mikołaj	883		M20	39	00:00:58	00:26:04.45	00:27:03.35	+00:10:02 (38.5%)	5:12	11.5 (61.5%)
296	KOLASIŃSKI Tomasz	460		M50	23	00:00:59	00:26:04.85	00:27:04.65	+00:10:02 (38.5%)	5:12	11.5 (61.5%)
297	DANIEL Tomasz	138	MKS SP 63 BYDGOSZCZ	M40	85	00:00:47	00:26:05.35	00:26:53.15	+00:10:02 (38.5%)	5:13	11.5 (61.5%)
298	CYRANKIEWICZ Piotr	1286		M30	89	00:00:31	00:26:05.70	00:26:37.35	+00:10:03 (38.5%)	5:13	11.5 (61.5%)
299	KALINOWSKI Slawek	400		M30	90	00:00:12	00:26:06.15	00:26:18.40	+00:10:03 (38.5%)	5:13	11.5 (61.5%)
300	CACKOWSKI Patryk	95		M30	91	00:00:41	00:26:06.20	00:26:48.05	+00:10:03 (38.5%)	5:13	11.5 (61.5%)
301	TRAWCZYŃSKA Katarzyna	1057	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	8	00:00:43	00:26:06.90	00:26:49.90	+00:10:04 (38.6%)	5:13	11.5 (61.5%)
301	PISKORSKI Paweł	1262		M30	92	00:00:13	00:26:06.90	00:26:20.05	+00:10:04 (38.6%)	5:13	11.5 (61.5%)
303	TWARDOWSKI Bartosz	1066		M30	93	00:01:02	00:26:07.25	00:27:09.25	+00:10:04 (38.6%)	5:13	11.5 (61.5%)
304	GACKOWSKA Daria	217	SŁODZIAKI	K30	17	00:00:16	00:26:07.30	00:26:23.65	+00:10:04 (38.6%)	5:13	11.5 (61.5%)
305	WOLSKI Michał	1143		M30	94	00:00:37	00:26:07.85	00:26:45.60	+00:10:05 (38.6%)	5:13	11.5 (61.5%)
306	PULZIN Adam	849		M40	86	00:01:36	00:26:08.15	00:27:44.45	+00:10:05 (38.6%)	5:13	11.5 (61.5%)
307	SZULC Michał	1269		M30	95	00:00:15	00:26:08.85	00:26:24.35	+00:10:06 (38.7%)	5:13	11.5 (61.5%)
308	SIKORA Sylwia	931		K40	12	00:00:12	00:26:09.15	00:26:22.10	+00:10:06 (38.7%)	5:13	11.5 (61.5%)
309	KUFEL Viola	540		K20	9	00:01:06	00:26:09.40	00:27:15.60	+00:10:06 (38.7%)	5:13	11.5 (61.5%)
310	JAKUBCZAK Rafał	338		M30	96	00:00:42	00:26:09.65	00:26:52.35	+00:10:07 (38.7%)	5:13	11.5 (61.5%)
311	DRÓZDŹ-OPRAWA Małgosia	179		K30	18	00:00:08	00:26:10.75	00:26:19.40	+00:10:08 (38.7%)	5:14	11.5 (61.5%)
312	LESZCZYŃSKI Tomasz	569		M40	87	00:00:54	00:26:12.45	00:27:06.45	+00:10:10 (38.8%)	5:14	11.5 (61.5%)
313	PORĘBA Paweł	828		M30	97	00:00:59	00:26:14.70	00:27:13.95	+00:10:12 (38.9%)	5:14	11.4 (61.0%)
314	GLAZA Łukasz	246		M40	88	00:00:05	00:26:15.10	00:26:20.45	+00:10:12 (38.9%)	5:15	11.4 (61.0%)
315	DZIELAK Marta	189	SAPER TEAM	K20	10	00:00:19	00:26:15.95	00:26:35.55	+00:10:13 (38.9%)	5:15	11.4 (61.0%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
316	JESKE Marek	377	RUN BYDGOSZCZ	M50	24		00:00:21	00:26:16.30	00:26:37.45	+00:10:13 (38.9%)	5:15	11.4 (61.0%)
317	GIL Wiktor	239	PIEKARY ŚLĄSKIE	M40	89		00:00:36	00:26:18.10	00:26:54.80	+00:10:15 (39.0%)	5:15	11.4 (61.0%)
318	KOWALIK Adrian	489	VENDEL	M30	98		00:00:10	00:26:19.15	00:26:29.75	+00:10:16 (39.1%)	5:15	11.4 (61.0%)
319	GURZYŃSKA Beata	306	SUPRAVIS	K30	19		00:01:00	00:26:19.85	00:27:20.30	+00:10:17 (39.1%)	5:15	11.4 (61.0%)
320	EM Milosz	192		M30	99		00:00:12	00:26:22.45	00:26:34.45	+00:10:20 (39.2%)	5:16	11.4 (61.0%)
321	PYTLIŃSKI Paweł	854	BYDGOSKIE ŻÓŁWIE	M40	90		00:00:46	00:26:23.45	00:27:09.90	+00:10:21 (39.2%)	5:16	11.4 (61.0%)
322	ARACH Przemysław	10		M40	91		00:01:12	00:26:24.80	00:27:37.40	+00:10:22 (39.3%)	5:16	11.4 (61.0%)
323	HAWRYLEWICZ Julia	315	BTW	K10	2		00:00:27	00:26:24.85	00:26:52.10	+00:10:22 (39.3%)	5:16	11.4 (61.0%)
324	RÓŻYCKI Dariusz	891	BYDGOSKIE ŻÓŁWIE	M50	25		00:00:19	00:26:26.15	00:26:45.20	+00:10:23 (39.3%)	5:17	11.3 (60.4%)
325	MŁYNARCZYK Ewa	685	BYDGOSKIE ŻÓŁWIE	K40	13		00:00:18	00:26:26.25	00:26:45.20	+00:10:23 (39.3%)	5:17	11.3 (60.4%)
325	ROSIŃSKI Marek	886	METAL-TECHNIK	M50	26		00:00:18	00:26:26.25	00:26:44.25	+00:10:23 (39.3%)	5:17	11.3 (60.4%)
327	BIERNACKA Magdalena	55		K30	20		00:00:12	00:26:27.30	00:26:40.10	+00:10:24 (39.4%)	5:17	11.3 (60.4%)
328	PILARSKI Witek	809		M40	92		00:00:43	00:26:27.95	00:27:11.75	+00:10:25 (39.4%)	5:17	11.3 (60.4%)
329	TARGOWSKI Marcin	1049	MKS SP 63 BYDGOSZCZ	M40	93		00:00:47	00:26:28.30	00:27:15.35	+00:10:25 (39.4%)	5:17	11.3 (60.4%)
330	PISKORSKA Marta	816	KOLOROWE GACIE	K40	14		00:00:52	00:26:28.45	00:27:21.40	+00:10:26 (39.4%)	5:17	11.3 (60.4%)
331	KUCHARSKI Piotr	538		M40	94		00:01:06	00:26:29.40	00:27:35.75	+00:10:26 (39.4%)	5:17	11.3 (60.4%)
332	SZAPAR Witold	998		M50	27		00:00:01	00:26:29.55	00:26:31.35	+00:10:27 (39.5%)	5:17	11.3 (60.4%)
333	RAUNEST Adam	876		M60	9		00:00:47	00:26:29.60	00:27:16.85	+00:10:27 (39.5%)	5:17	11.3 (60.4%)
334	GŁOWACKI Tomek	256		M40	95		00:00:28	00:26:30.25	00:26:58.75	+00:10:27 (39.5%)	5:18	11.3 (60.4%)
335	KAZBERUK Maciej	425		M40	96		00:00:48	00:26:30.55	00:27:18.75	+00:10:28 (39.5%)	5:18	11.3 (60.4%)
336	WILMA Paweł	1111		M40	97		00:01:44	00:26:31.10	00:28:16.00	+00:10:28 (39.5%)	5:18	11.3 (60.4%)
337	BAGNIEWSKA Sandra	19		K30	21		00:00:32	00:26:31.55	00:27:03.85	+00:10:29 (39.5%)	5:18	11.3 (60.4%)
338	KAPELIŃSKI Beniamin	411		M10	14		00:00:28	00:26:32.90	00:27:01.65	+00:10:30 (39.6%)	5:18	11.3 (60.4%)

					Start		Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat	sponsorzy	time	5km	brutto		
								5km	5km		km/h
339	WOŹNIAK Agnieszka	1151		K20	11		00:00:21	00:26:33.20	00:26:54.80	+00:10:30 (39.6%)	11.3 (60.4%)
340	PIECZKA Maciej	791		M40	98		00:01:01	00:26:33.95	00:27:35.15	+00:10:31 (39.6%)	11.3 (60.4%)
341	SZATKOWSKA Natalia	1001	RUN BYDGOSZCZ	K20	12		00:00:21	00:26:34.60	00:26:56.15	+00:10:32 (39.6%)	11.3 (60.4%)
342	SOBIERAJ Mariusz	954		M40	99		00:00:27	00:26:38.20	00:27:05.80	+00:10:35 (39.8%)	11.3 (60.4%)
343	CIEMNY Wiktor	112		M10	15		00:00:13	00:26:39.05	00:26:52.95	+00:10:36 (39.8%)	11.3 (60.4%)
344	WIŚNIEWSKI Leszek	1114		M40	100		00:00:48	00:26:40.25	00:27:28.40	+00:10:37 (39.9%)	11.3 (60.4%)
345	CIEMNY Tomasz	111		M50	28		00:00:13	00:26:41.25	00:26:54.90	+00:10:38 (39.9%)	11.2 (59.9%)
346	ROSZAK Sylwester	889	KSS HUSARIA LUBRANIEC	M40	101		00:00:30	00:26:41.80	00:27:11.80	+00:10:39 (39.9%)	11.2 (59.9%)
347	OSIŃSKI Adam	751		M50	29		00:00:51	00:26:42.10	00:27:33.60	+00:10:39 (39.9%)	11.2 (59.9%)
348	CIESIELSKI Mirosław	113		M50	30		00:00:22	00:26:42.70	00:27:05.25	+00:10:40 (39.9%)	11.2 (59.9%)
349	OBRZANOWSKI Maciej	735		M50	31		00:00:17	00:26:43.05	00:27:00.60	+00:10:40 (40.0%)	11.2 (59.9%)
350	KOCIK Marcin	457	KABEL TEAM BYDGOSZCZ	M40	102		00:01:40	00:26:43.25	00:28:23.95	+00:10:40 (40.0%)	11.2 (59.9%)
350	RYBICKI Artur	902		M40	102		00:00:35	00:26:43.25	00:27:18.60	+00:10:40 (40.0%)	11.2 (59.9%)
352	SEMPOWICZ Paulina	923		K30	22		00:01:20	00:26:43.55	00:28:03.95	+00:10:41 (40.0%)	11.2 (59.9%)
353	HAJA Krzysztof	308		M30	100		00:00:53	00:26:43.70	00:27:37.30	+00:10:41 (40.0%)	11.2 (59.9%)
354	MŁYNIUK Patryk	686		M20	40		00:01:20	00:26:43.95	00:28:04.20	+00:10:41 (40.0%)	11.2 (59.9%)
355	NOWACKI Marcin	727		M30	101		00:00:53	00:26:44.20	00:27:37.60	+00:10:41 (40.0%)	11.2 (59.9%)
356	MICHALAK Wojciech	660		M50	32		00:00:46	00:26:44.40	00:27:30.45	+00:10:41 (40.0%)	11.2 (59.9%)
357	SMOCZYŃSKI Bartosz	951		M40	104		00:01:17	00:26:45.35	00:28:02.35	+00:10:42 (40.0%)	11.2 (59.9%)
358	MADARASZ Małgorzata	1217	TORUŃSKIE SZPRYCHY	K50	3		00:00:18	00:26:45.55	00:27:03.65	+00:10:43 (40.1%)	11.2 (59.9%)
359	EJSMONT Wiktoria	191		K30	23		00:00:28	00:26:46.20	00:27:15.10	+00:10:43 (40.1%)	11.2 (59.9%)
360	ŁOBODA Andrzej	608		M60	10		00:00:19	00:26:46.80	00:27:06.45	+00:10:44 (40.1%)	11.2 (59.9%)
361	CZAPLICKA Żaneta	124		K30	24		00:00:10	00:26:48.75	00:26:59.40	+00:10:46 (40.2%)	11.2 (59.9%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
362	WÓJCIK Jacek	1156		M30	102		00:00:26	00:26:50.15	00:27:16.50	+00:10:47 (40.2%)	5:22	11.2 (59.9%)
363	WOŹNIAK Piotr	1148		M40	105		00:00:54	00:26:51.65	00:27:46.15	+00:10:49 (40.3%)	5:22	11.2 (59.9%)
364	KONECKI Wojciech	470	WATAHA L-PAAK	M50	33		00:00:03	00:26:51.95	00:26:55.55	+00:10:49 (40.3%)	5:22	11.2 (59.9%)
365	JANKOWSKI Dariusz	346		M50	34		00:01:22	00:26:52.75	00:28:15.50	+00:10:50 (40.3%)	5:22	11.2 (59.9%)
366	GOLLA Wiktor	262	KABEL TEAM BYDGOSZCZ	M20	41		00:01:41	00:26:53.75	00:28:34.75	+00:10:51 (40.4%)	5:22	11.2 (59.9%)
367	KANTORSKI Zbysław	407	COCA-COLA RUNNERS	M50	35		00:00:54	00:26:54.40	00:27:48.90	+00:10:51 (40.4%)	5:22	11.2 (59.9%)
368	ZŁOTOWSKI Piotr	1186	RUN BYDGOSZCZ	M40	106		00:00:21	00:26:55.70	00:27:17.45	+00:10:53 (40.4%)	5:23	11.1 (59.4%)
369	GIL Michał	241		M30	103		00:01:40	00:26:56.00	00:28:36.05	+00:10:53 (40.4%)	5:23	11.1 (59.4%)
370	KRUK Krzysztof	515		M50	36		00:00:30	00:26:56.05	00:27:26.05	+00:10:53 (40.4%)	5:23	11.1 (59.4%)
371	WYSOCKI Jerzy	1164	CZARNE STOPY	M60	11		00:01:16	00:26:56.20	00:28:12.75	+00:10:53 (40.4%)	5:23	11.1 (59.4%)
372	SIEKIERKA Jarosław	927		M30	104		00:00:46	00:26:56.65	00:27:42.90	+00:10:54 (40.5%)	5:23	11.1 (59.4%)
373	KLEJNOWSKA-KRZYWAŃSKA Aleksandra	447		K40	15		00:00:15	00:26:57.20	00:27:12.50	+00:10:54 (40.5%)	5:23	11.1 (59.4%)
373	MICHALAK Adrian	659		M18	5		00:00:19	00:26:57.20	00:27:16.80	+00:10:54 (40.5%)	5:23	11.1 (59.4%)
375	GRUBCZYŃSKI Mateusz	293		M30	105		00:01:59	00:26:57.85	00:28:56.95	+00:10:55 (40.5%)	5:23	11.1 (59.4%)
375	GRUDA Mirosław	295		M60	12		00:00:17	00:26:57.85	00:27:15.15	+00:10:55 (40.5%)	5:23	11.1 (59.4%)
377	MACHOWSKI Przemysław	1195	BYDGOSKI KLUB MORSA	M40	107		00:00:07	00:26:58.15	00:27:06.10	+00:10:55 (40.5%)	5:23	11.1 (59.4%)
378	WŁOCH Sylwester	1125		M60	13		00:01:46	00:26:58.75	00:28:44.75	+00:10:56 (40.5%)	5:23	11.1 (59.4%)
379	KAJA Dominika	396		K30	25		00:00:42	00:26:58.85	00:27:40.95	+00:10:56 (40.5%)	5:23	11.1 (59.4%)
380	DONARSKI Janusz	168	DONARY	M50	37		00:00:19	00:27:00.45	00:27:20.05	+00:10:58 (40.6%)	5:24	11.1 (59.4%)
380	KUŹMA Anna	550		K40	16		00:00:27	00:27:00.45	00:27:27.65	+00:10:58 (40.6%)	5:24	11.1 (59.4%)
382	ZAGÓRSKI Artur	1166		M50	38		00:00:56	00:27:01.65	00:27:58.05	+00:10:59 (40.6%)	5:24	11.1 (59.4%)
382	KAŻMIERCZAK Sławomir	427		M50	38		00:00:57	00:27:01.65	00:27:58.70	+00:10:59 (40.6%)	5:24	11.1 (59.4%)
384	JENDRZEJCZAK Małgorzata	1304		K50	4		00:00:08	00:27:01.85	00:27:10.70	+00:10:59 (40.7%)	5:24	11.1 (59.4%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
385	WARTAŁA Robert	1087		M40	108		00:00:25	00:27:01.95	00:27:27.40	+00:10:59 (40.7%)	5:24	11.1 (59.4%)
386	GOŚCISKI Cezary	269		M30	106		00:01:42	00:27:02.00	00:28:44.25	+00:10:59 (40.7%)	5:24	11.1 (59.4%)
387	DUSZYŃSKI Dawid	184		M40	109		00:00:34	00:27:02.10	00:27:36.95	+00:10:59 (40.7%)	5:24	11.1 (59.4%)
388	GRACZYK Dawid	277		M20	42		00:00:20	00:27:03.95	00:27:24.50	+00:11:01 (40.7%)	5:24	11.1 (59.4%)
389	CHMIEL Monika	99		K30	26		00:00:37	00:27:04.95	00:27:42.80	+00:11:02 (40.8%)	5:24	11.1 (59.4%)
390	CIESIÓŁKA Marcin	114		M40	110		00:00:37	00:27:05.05	00:27:42.55	+00:11:02 (40.8%)	5:25	11.1 (59.4%)
391	KRAWIEC Jacek	511		M50	40		00:00:37	00:27:05.60	00:27:43.10	+00:11:03 (40.8%)	5:25	11.1 (59.4%)
392	GROBELNA Angelika	287		K40	17		00:01:10	00:27:06.25	00:28:17.15	+00:11:03 (40.8%)	5:25	11.1 (59.4%)
393	NIKODEM Łukasz	722		M30	107		00:00:33	00:27:06.65	00:27:39.85	+00:11:04 (40.8%)	5:25	11.1 (59.4%)
394	BAGNIEWSKA Małgorzata	18		K30	27		00:00:42	00:27:06.70	00:27:48.90	+00:11:04 (40.8%)	5:25	11.1 (59.4%)
395	GOŁĄBIEWSKI Mateusz	263		M20	43		00:00:48	00:27:08.30	00:27:57.25	+00:11:05 (40.9%)	5:25	11.1 (59.4%)
396	RUSS Aleksandra	896		K50	5		00:00:10	00:27:10.45	00:27:21.10	+00:11:08 (41.0%)	5:26	11 (58.8%)
397	SCHMIDT Artur	920	BB ACTIVE TEAM	M10	16		00:01:14	00:27:10.55	00:28:25.30	+00:11:08 (41.0%)	5:26	11 (58.8%)
398	BADURA Anna	17		K30	28		00:00:33	00:27:10.70	00:27:44.00	+00:11:08 (41.0%)	5:26	11 (58.8%)
399	KORPALA Daniel	475	TRAGED TEAM	M50	41		00:00:57	00:27:12.20	00:28:09.70	+00:11:09 (41.0%)	5:26	11 (58.8%)
400	MAJEWSKA Ryszarda	616		K60	1		00:00:25	00:27:12.75	00:27:37.90	+00:11:10 (41.1%)	5:26	11 (58.8%)
401	GRZYWACZ Konrad	304	SPX FLOW	M40	111		00:01:02	00:27:13.50	00:28:15.85	+00:11:11 (41.1%)	5:26	11 (58.8%)
402	PUSZCZ Sławek	851	PROMONT GROUP SOLEC KUJAWSKI	M40	112		00:00:27	00:27:14.10	00:27:41.95	+00:11:11 (41.1%)	5:26	11 (58.8%)
403	OCIESIELSKI Łukasz	736		M30	108		00:01:02	00:27:14.70	00:28:16.70	+00:11:12 (41.1%)	5:26	11 (58.8%)
404	KOWALSKA Jolanta	490		K40	18	1	00:00:28	00:27:17.35	00:27:46.25	+00:11:14 (41.2%)	5:27	11 (58.8%)
405	PISARSKI Patryk	1293	WKS	M30	109		00:00:43	00:27:17.85	00:28:01.40	+00:11:15 (41.2%)	5:27	11 (58.8%)
406	KRZESZEWSKA Agnieszka	529		K40	19		00:00:40	00:27:19.65	00:28:00.05	+00:11:17 (41.3%)	5:27	11 (58.8%)
407	KUŹNIEWSKI Oliwier	551		M10	17		00:00:28	00:27:19.70	00:27:48.45	+00:11:17 (41.3%)	5:27	11 (58.8%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
408	KOŁSUT Sebastian	464	KAROFITKA FC	M20	44		00:00:48	00:27:20.20	00:28:08.65	+00:11:17 (41.3%)	5:28	11 (58.8%)
409	ŚWIETLIK Piotr	1044		M60	14		00:00:58	00:27:20.65	00:28:18.95	+00:11:18 (41.3%)	5:28	11 (58.8%)
410	MAŁKIŃSKI Józef	631		M60	15		00:01:37	00:27:21.05	00:28:58.10	+00:11:18 (41.4%)	5:28	11 (58.8%)
411	WIECZOREK Izabela	1272		K30	29		00:00:48	00:27:21.55	00:28:10.35	+00:11:19 (41.4%)	5:28	11 (58.8%)
412	BOJAROWSKI Krzysztof	67		M30	110		00:00:45	00:27:21.60	00:28:07.55	+00:11:19 (41.4%)	5:28	11 (58.8%)
413	CZAJKOWSKI Kamil	123		M20	45		00:03:10	00:27:21.75	00:30:32.00	+00:11:19 (41.4%)	5:28	11 (58.8%)
414	PYTLIŃSKI Marek	855	BYDGOSKIE ŻÓŁWIE	M10	18		00:00:45	00:27:23.65	00:28:09.55	+00:11:21 (41.4%)	5:28	11 (58.8%)
415	CZĘSZ Waldemar	129		M50	42		00:01:02	00:27:25.75	00:28:27.75	+00:11:23 (41.5%)	5:29	10.9 (58.3%)
416	JACKOWIEC-JAGIELSKA Małgorzata	330		K40	20		00:01:03	00:27:25.85	00:28:29.70	+00:11:23 (41.5%)	5:29	10.9 (58.3%)
417	WILMA Bartek	1110		M40	113		00:00:18	00:27:26.40	00:27:45.05	+00:11:23 (41.5%)	5:29	10.9 (58.3%)
418	JAGIELSKI Łukasz	332		M40	114		00:01:04	00:27:26.65	00:28:30.80	+00:11:24 (41.6%)	5:29	10.9 (58.3%)
419	KORPALSKI Andrzej	476		M50	43		00:00:18	00:27:27.25	00:27:45.30	+00:11:24 (41.6%)	5:29	10.9 (58.3%)
420	BUKOWSKI Przemek	77		M40	115		00:00:39	00:27:28.30	00:28:07.55	+00:11:25 (41.6%)	5:29	10.9 (58.3%)
421	JĘDRZEJEWSKI Jakub	379		M30	111		00:01:12	00:27:29.30	00:28:41.95	+00:11:26 (41.6%)	5:29	10.9 (58.3%)
422	OSTROWSKI Szymon	754	TEAMZABIEGANEDNI	M30	112		00:00:26	00:27:29.70	00:27:56.15	+00:11:27 (41.7%)	5:29	10.9 (58.3%)
423	STACHOWICZ Justyna	966		K30	30		00:00:34	00:27:31.65	00:28:05.90	+00:11:29 (41.7%)	5:30	10.9 (58.3%)
424	NIEKRASZEWICZ Joanna	719		K30	31		00:00:00	00:27:34.20	00:27:34.20	+00:11:31 (41.8%)	5:30	10.9 (58.3%)
425	DROCIAK Michał	176	OGR OSOWA GÓRA RUNNER	M40	116		00:01:14	00:27:34.60	00:28:49.55	+00:11:32 (41.8%)	5:30	10.9 (58.3%)
426	KOZIORZEMSKI Damian	502	OGR	M40	117		00:01:15	00:27:35.35	00:28:50.45	+00:11:32 (41.9%)	5:31	10.9 (58.3%)
427	TARGOWSKA Małgorzata	1047	MKS SP 63 BDGOSZCZ	K40	21		00:00:50	00:27:35.55	00:28:26.00	+00:11:33 (41.9%)	5:31	10.9 (58.3%)
428	WIERZCHOWSKI Michał	1105	SAPER TEAM	M40	118		00:01:18	00:27:37.10	00:28:55.25	+00:11:34 (41.9%)	5:31	10.9 (58.3%)
429	FUZ Gabriela	212	KABEL TEAM BYDGOSZCZ	K50	6		00:00:37	00:27:38.55	00:28:15.95	+00:11:36 (42.0%)	5:31	10.9 (58.3%)
430	GLAMA Stanisław	244		M50	44		00:01:53	00:27:39.70	00:29:33.30	+00:11:37 (42.0%)	5:31	10.8 (57.8%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
431	MAZALON Jarosław	652		M40	119		00:00:52	00:27:40.95	00:28:33.20	+00:11:38 (42.1%)	5:32	10.8 (57.8%)
432	KWIATKOWSKI Piotr	562	MORŚWIRY BYDGOSZCZ	M40	120		00:01:47	00:27:41.50	00:29:28.95	+00:11:39 (42.1%)	5:32	10.8 (57.8%)
433	MICHALAK Mariusz	658		M50	45		00:00:20	00:27:44.80	00:28:04.80	+00:11:42 (42.2%)	5:32	10.8 (57.8%)
434	PIETRASZAK Tomasz	802	RUN BYDGOSZCZ	M50	46		00:00:23	00:27:46.40	00:28:10.35	+00:11:43 (42.2%)	5:33	10.8 (57.8%)
435	GÓRSKI Łukasz	1218	HARPAGAN RUNNERS	M30	113		00:01:51	00:27:46.70	00:29:38.35	+00:11:44 (42.3%)	5:33	10.8 (57.8%)
436	LIEDKE Tomasz	591		M30	114		00:00:34	00:27:47.35	00:28:22.25	+00:11:44 (42.3%)	5:33	10.8 (57.8%)
437	IRZA Katarzyna	325		K30	32		00:00:14	00:27:49.10	00:28:03.95	+00:11:46 (42.3%)	5:33	10.8 (57.8%)
438	STĘPNIEWSKI Paweł	976		M20	46		00:01:16	00:27:51.20	00:29:07.30	+00:11:48 (42.4%)	5:34	10.8 (57.8%)
439	SULIŃSKI Bogdan	986		M20	47		00:00:48	00:27:51.55	00:28:40.00	+00:11:49 (42.4%)	5:34	10.8 (57.8%)
440	GROBELNA Monika	286		K40	22		00:00:17	00:27:51.75	00:28:09.05	+00:11:49 (42.4%)	5:34	10.8 (57.8%)
441	KĘDZIORSKI Marek	435		M60	16		00:00:36	00:27:56.00	00:28:32.65	+00:11:53 (42.6%)	5:35	10.7 (57.2%)
442	SENIO Marta	924		K20	13		00:00:57	00:27:56.45	00:28:54.00	+00:11:54 (42.6%)	5:35	10.7 (57.2%)
443	KASPROWICZ Piotr	422	JW 1515	M40	121		00:00:47	00:27:56.90	00:28:44.55	+00:11:54 (42.6%)	5:35	10.7 (57.2%)
444	PASZKIEWICZ Mateusz	773		M30	115		00:00:49	00:27:57.05	00:28:46.35	+00:11:54 (42.6%)	5:35	10.7 (57.2%)
445	DABEK Krzysztof	136		M40	122		00:00:11	00:27:57.10	00:28:08.75	+00:11:54 (42.6%)	5:35	10.7 (57.2%)
446	KĘDZIORSKA Beata	434		K50	7	1	00:00:36	00:27:57.55	00:28:33.60	+00:11:55 (42.6%)	5:35	10.7 (57.2%)
447	BŁOŃSKI Jarosław	65		M40	123		00:00:40	00:27:57.90	00:28:38.15	+00:11:55 (42.6%)	5:35	10.7 (57.2%)
448	TRZCIŃSKI Krzysztof	1059		M40	124		00:00:40	00:27:58.15	00:28:38.30	+00:11:55 (42.6%)	5:35	10.7 (57.2%)
449	ROSSA Sławomir	888		M50	47		00:00:06	00:27:58.50	00:28:04.80	+00:11:56 (42.7%)	5:35	10.7 (57.2%)
450	SZULC Michał	1022		M30	116		00:00:59	00:28:01.25	00:29:00.95	+00:11:58 (42.8%)	5:36	10.7 (57.2%)
451	RUTKOWSKI Tomasz	898		M50	48		00:00:25	00:28:02.55	00:28:28.40	+00:12:00 (42.8%)	5:36	10.7 (57.2%)
452	GIL Jarosław	238		M30	117		00:00:36	00:28:06.25	00:28:42.60	+00:12:03 (42.9%)	5:37	10.7 (57.2%)
453	MUSOLF Patryk	702	ATOS TEAM	M30	118		00:00:31	00:28:07.15	00:28:38.85	+00:12:04 (43.0%)	5:37	10.7 (57.2%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
454	WOSZCZYK Agnieszka	1144		K30	33		00:00:33	00:28:07.30	00:28:40.85	+00:12:04 (43.0%)	5:37	10.7 (57.2%)
455	BOROWIECKI Maciej	68		M50	49		00:01:28	00:28:08.05	00:29:36.70	+00:12:05 (43.0%)	5:37	10.7 (57.2%)
456	WITKOWSKI Maciej	1122		M50	50		00:00:52	00:28:08.10	00:29:00.45	+00:12:05 (43.0%)	5:37	10.7 (57.2%)
457	SŁOWIŃSKI Sławek	948		M50	51		00:00:44	00:28:08.55	00:28:53.45	+00:12:06 (43.0%)	5:37	10.7 (57.2%)
458	GAMELSKA Julia	226		K20	14		00:01:27	00:28:09.70	00:29:36.95	+00:12:07 (43.0%)	5:37	10.7 (57.2%)
459	KNIOŁA Przemek	1259		M20	48		00:02:06	00:28:11.60	00:30:17.85	+00:12:09 (43.1%)	5:38	10.6 (56.7%)
460	JASKÓLSKI Andrzej	369		M50	52		00:01:31	00:28:13.65	00:29:45.15	+00:12:11 (43.2%)	5:38	10.6 (56.7%)
461	MATOWSKA Monika	647		K30	34		00:00:17	00:28:14.25	00:28:31.45	+00:12:11 (43.2%)	5:38	10.6 (56.7%)
462	WILCZYŃSKI Łukasz	1107	WILCZKI	M30	119		00:00:46	00:28:15.00	00:29:01.85	+00:12:12 (43.2%)	5:39	10.6 (56.7%)
463	BESS Marcin	41		M30	120		00:00:16	00:28:15.25	00:28:32.00	+00:12:12 (43.2%)	5:39	10.6 (56.7%)
464	KAPANOWSKI Sylwester	408		M50	53		00:01:20	00:28:15.65	00:29:35.80	+00:12:13 (43.2%)	5:39	10.6 (56.7%)
465	MISIAK Agata	678		K30	35		00:01:21	00:28:16.70	00:29:38.10	+00:12:14 (43.3%)	5:39	10.6 (56.7%)
466	GIERSZ Krzysztof	236		M50	54		00:01:29	00:28:17.35	00:29:46.35	+00:12:14 (43.3%)	5:39	10.6 (56.7%)
467	NATYWO Gerard	714	MOLDY UNICORNS	M30	121		00:01:41	00:28:21.00	00:30:02.05	+00:12:18 (43.4%)	5:40	10.6 (56.7%)
468	STEPANKEVICIUS Mantas	974		M40	125		00:01:18	00:28:21.75	00:29:40.05	+00:12:19 (43.4%)	5:40	10.6 (56.7%)
469	BIZON Bartosz	61		M30	122		00:01:53	00:28:23.20	00:30:16.25	+00:12:20 (43.5%)	5:40	10.6 (56.7%)
470	KABACIŃSKA Kinga	388		K30	36		00:00:40	00:28:23.30	00:29:03.65	+00:12:20 (43.5%)	5:40	10.6 (56.7%)
471	BORTA Monika	69		K30	37		00:01:24	00:28:24.90	00:29:49.05	+00:12:22 (43.5%)	5:40	10.6 (56.7%)
472	MOTYLIŃSKI Paweł	690		M30	123		00:00:21	00:28:25.15	00:28:46.15	+00:12:22 (43.6%)	5:41	10.6 (56.7%)
473	SZKOPIAK Oliwia	1014		K20	15		00:01:11	00:28:27.35	00:29:38.40	+00:12:24 (43.6%)	5:41	10.5 (56.1%)
474	PIĄTEK Justyna	787	TEAM RUDNIK	K30	38		00:00:17	00:28:29.30	00:28:47.00	+00:12:26 (43.7%)	5:41	10.5 (56.1%)
475	KARPIŃSKI Łukasz Cezary	417	AKTYWNA BYDGOSZCZ	M40	126		00:00:29	00:28:29.75	00:28:59.20	+00:12:27 (43.7%)	5:41	10.5 (56.1%)
476	WAJER Marita	1081		K20	16		00:00:32	00:28:30.15	00:29:02.60	+00:12:27 (43.7%)	5:42	10.5 (56.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
477	JANUSZEWSKA Kamila	350		K40	23		00:00:39	00:28:30.60	00:29:10.35	+00:12:28 (43.7%)	5:42	10.5 (56.1%)
478	CYGANEK Grzegorz	119	TEAM RUDNIK	M50	55		00:01:11	00:28:31.15	00:29:42.70	+00:12:28 (43.8%)	5:42	10.5 (56.1%)
479	TUBAJA Albert	1060	KABEL TEAM BYDGOSZCZ	M40	127		00:01:36	00:28:32.45	00:30:08.60	+00:12:30 (43.8%)	5:42	10.5 (56.1%)
480	LEWANDOWSKA Marlena	570	JURASZA	K30	39	1	00:00:46	00:28:32.85	00:29:18.85	+00:12:30 (43.8%)	5:42	10.5 (56.1%)
481	KOZAK Adam	495	BB ACTIVE TEAM	M10	19		00:01:15	00:28:33.35	00:29:48.95	+00:12:30 (43.8%)	5:42	10.5 (56.1%)
482	SZATKOWSKI Mariusz	1003		M30	124		00:01:31	00:28:33.65	00:30:05.45	+00:12:31 (43.8%)	5:42	10.5 (56.1%)
483	GRZELCZAK Tadeusz	298		M60	17		00:01:03	00:28:33.80	00:29:37.75	+00:12:31 (43.8%)	5:42	10.5 (56.1%)
484	KOTŁOWSKI Bartosz	485	MKS SP 63 BYDGOSZCZ	M10	20		00:00:44	00:28:34.90	00:29:19.45	+00:12:32 (43.9%)	5:42	10.5 (56.1%)
485	OWIEŚNY Marcin	757		M30	125		00:00:13	00:28:36.30	00:28:50.05	+00:12:33 (43.9%)	5:43	10.5 (56.1%)
486	JANKOWSKI Tomasz	345	BIEGAJ Z DĘBAMI	M50	56		00:01:07	00:28:36.70	00:29:44.45	+00:12:34 (43.9%)	5:43	10.5 (56.1%)
487	POLACHOWSKI Sławek	825		M40	128		00:01:29	00:28:38.85	00:30:08.05	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
488	MANTHEY Marcin	1203		M30	126		00:02:03	00:28:39.20	00:30:42.35	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
489	LEWANDOWSKI Paweł	586	BK	M20	49		00:02:14	00:28:39.25	00:30:53.40	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
490	ZHURAVEL Olena	1175		K30	40		00:03:00	00:28:39.30	00:31:39.85	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
491	GÓRSKA Joanna	273		K40	24		00:00:29	00:28:39.55	00:29:09.45	+00:12:37 (44.0%)	5:43	10.5 (56.1%)
492	MATUSIK Waldemar	649	MATUSIK TEAM	M40	129		00:00:39	00:28:40.25	00:29:20.00	+00:12:37 (44.1%)	5:44	10.5 (56.1%)
493	SYGNECKA Kasia	992	KS FIT NOWA	K30	41		00:01:08	00:28:40.40	00:29:49.05	+00:12:37 (44.1%)	5:44	10.5 (56.1%)
494	MATUSIK Antonina	650	MATUSIK TEAM	K10	3		00:00:38	00:28:40.90	00:29:19.70	+00:12:38 (44.1%)	5:44	10.5 (56.1%)
495	WOJNICKA Angelika	1290		K50	8		00:00:28	00:28:41.65	00:29:09.95	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
496	LEWANDOWSKI Jacek	581	AKADEMIA MISTRZÓW SPORTU	M40	130		00:01:01	00:28:41.80	00:29:43.60	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
497	JANASZ Krzysztof	340		M50	57		00:01:11	00:28:42.05	00:29:53.75	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
498	JOACHIMIAK Adam	381		M10	21		00:00:31	00:28:42.25	00:29:13.30	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
499	STEJUK Aleksandra	972	AKADEMIA MISTRZÓW SPORTU	K40	25		00:01:01	00:28:42.30	00:29:43.55	+00:12:39 (44.1%)	5:44	10.5 (56.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
500	JOACHIMIAK Krzysztof	380		M40	131		00:00:30	00:28:42.55	00:29:13.30	+00:12:40 (44.1%)	5:44	10.5 (56.1%)
501	KARCZEWSKA Arletta	414		K40	26		00:01:14	00:28:43.70	00:29:58.00	+00:12:41 (44.2%)	5:44	10.4 (55.6%)
502	LECH Marek	564		M40	132		00:01:13	00:28:44.35	00:29:58.05	+00:12:41 (44.2%)	5:44	10.4 (55.6%)
503	DZIADOWIEC Krzysztof	188		M50	58		00:01:24	00:28:44.95	00:30:08.95	+00:12:42 (44.2%)	5:44	10.4 (55.6%)
504	ANGLART Roman	6		M50	59		00:01:28	00:28:47.60	00:30:15.70	+00:12:45 (44.3%)	5:45	10.4 (55.6%)
505	PUZIAK Karolina	853		K30	42		00:00:32	00:28:48.55	00:29:21.30	+00:12:46 (44.3%)	5:45	10.4 (55.6%)
506	KARSKI Krzysztof	419		M18	6		00:01:31	00:28:48.70	00:30:20.55	+00:12:46 (44.3%)	5:45	10.4 (55.6%)
507	BIAŁOWĄS Dariusz	43		M50	60		00:01:01	00:28:50.00	00:29:51.25	+00:12:47 (44.4%)	5:46	10.4 (55.6%)
508	CZAPLICKI Patryk	125		M30	127		00:00:10	00:28:50.30	00:29:01.25	+00:12:47 (44.4%)	5:46	10.4 (55.6%)
509	SAPALSKA Michalina	918	BIEGAJĄCE ŚLIWICE	K30	43		00:00:14	00:28:50.95	00:29:05.50	+00:12:48 (44.4%)	5:46	10.4 (55.6%)
510	RÓŻYCKI Waldemar	890		M50	61		00:01:40	00:28:51.20	00:30:31.65	+00:12:48 (44.4%)	5:46	10.4 (55.6%)
511	WIRWICKA Magdalena	1112		K20	17		00:00:14	00:28:51.35	00:29:05.85	+00:12:48 (44.4%)	5:46	10.4 (55.6%)
512	BYSTRYK Renata	1267		K50	9		00:00:27	00:28:51.80	00:29:19.10	+00:12:49 (44.4%)	5:46	10.4 (55.6%)
513	SPYCHALSKA Kinga	963		K30	44		00:00:52	00:28:52.90	00:29:45.75	+00:12:50 (44.5%)	5:46	10.4 (55.6%)
514	CIEŚLICKI Krzysztof	116	SISU TEAM	M30	128		00:01:26	00:28:54.75	00:30:21.25	+00:12:52 (44.5%)	5:46	10.4 (55.6%)
515	SURMACZ Marcin	988		M40	133		00:01:27	00:28:54.85	00:30:22.15	+00:12:52 (44.5%)	5:46	10.4 (55.6%)
516	OLSZEWSKI Kacper	744		M20	50		00:01:24	00:28:55.35	00:30:20.30	+00:12:52 (44.5%)	5:47	10.4 (55.6%)
517	GAWRYCH Adam	1285		M30	129		00:01:27	00:28:55.60	00:30:23.05	+00:12:53 (44.5%)	5:47	10.4 (55.6%)
518	WOŹNIAK Paweł	1149		M30	130		00:00:38	00:28:55.95	00:29:34.40	+00:12:53 (44.6%)	5:47	10.4 (55.6%)
519	SALAMON Wojciech	917	SMUKAŁA	M40	134		00:01:23	00:28:56.80	00:30:20.35	+00:12:54 (44.6%)	5:47	10.4 (55.6%)
520	STEFAŃSKI Mateusz	971		M30	131		00:02:00	00:28:57.10	00:30:57.90	+00:12:54 (44.6%)	5:47	10.4 (55.6%)
521	BARRI Farkad	1209		M40	135		00:01:07	00:29:00.25	00:30:08.00	+00:12:57 (44.7%)	5:48	10.3 (55.1%)
522	LEWANDOWSKI Jakub	585	MC37	M10	22		00:02:13	00:29:00.75	00:31:13.95	+00:12:58 (44.7%)	5:48	10.3 (55.1%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time	brutto			
						5km	5km	5km		min/km	km/h
523	WANECKA Małgorzata	1297		K40	27	00:00:27	00:29:02.55	00:29:30.30	+00:13:00 (44.8%)	5:48	10.3 (55.1%)
524	RADECKA Aleksandra	859	ZIELONY PRLIKA	K40	28	00:01:09	00:29:02.60	00:30:11.80	+00:13:00 (44.8%)	5:48	10.3 (55.1%)
525	OLBORSKA Joanna	739		K30	45	00:00:19	00:29:02.90	00:29:22.60	+00:13:00 (44.8%)	5:48	10.3 (55.1%)
526	MORZYK Michał	688		M40	136	00:00:48	00:29:03.45	00:29:51.70	+00:13:01 (44.8%)	5:48	10.3 (55.1%)
527	PIECZYŃSKA Joanna	795		K40	29	00:01:10	00:29:03.95	00:30:14.40	+00:13:01 (44.8%)	5:48	10.3 (55.1%)
528	ŚWIETLIK Dawid	1043		M30	132	00:00:58	00:29:04.05	00:30:02.50	+00:13:01 (44.8%)	5:48	10.3 (55.1%)
529	MACIEJCZYK Jacek	1271		M50	62	00:00:42	00:29:04.15	00:29:46.65	+00:13:01 (44.8%)	5:48	10.3 (55.1%)
530	MACIEJCZYK Tomasz	1265		M20	51	00:00:42	00:29:05.05	00:29:47.10	+00:13:02 (44.8%)	5:49	10.3 (55.1%)
531	MATEJA Piotr	645		M30	133	00:00:39	00:29:07.25	00:29:47.00	+00:13:04 (44.9%)	5:49	10.3 (55.1%)
532	SIKORSKI Norbert	933		M50	63	00:00:37	00:29:08.30	00:29:46.05	+00:13:05 (44.9%)	5:49	10.3 (55.1%)
533	STRYBEL Małgorzata	982		K20	18	00:01:24	00:29:08.85	00:30:33.40	+00:13:06 (45.0%)	5:49	10.3 (55.1%)
534	LEWANDOWSKI Tomasz	1237	WIHURRA SOBIEJUCHY	M40	137	00:01:11	00:29:10.00	00:30:21.00	+00:13:07 (45.0%)	5:50	10.3 (55.1%)
534	LEWANDOWSKA Nina	1238	WIHURRA SOBIEJUCHY	K10	4	00:01:10	00:29:10.00	00:30:20.65	+00:13:07 (45.0%)	5:50	10.3 (55.1%)
536	LEWANDOWSKI Piotr	577		M30	134	00:01:06	00:29:10.40	00:30:16.95	+00:13:07 (45.0%)	5:50	10.3 (55.1%)
537	CZUB Katarzyna	131		K50	10	00:00:57	00:29:10.45	00:30:08.15	+00:13:08 (45.0%)	5:50	10.3 (55.1%)
538	JANUSZKIEWICZ Judyta	355		K30	46	00:00:14	00:29:10.80	00:29:25.20	+00:13:08 (45.0%)	5:50	10.3 (55.1%)
539	HANCZEWSKI Remigiusz	311	DOWIDZENIE	M20	52	00:00:44	00:29:11.65	00:29:55.95	+00:13:09 (45.1%)	5:50	10.3 (55.1%)
540	KWASEK Wojciech	552	KABEL TEAM BYDGOSZCZ	M50	64	00:00:37	00:29:12.25	00:29:49.65	+00:13:09 (45.1%)	5:50	10.3 (55.1%)
541	LEWANDOWSKI Karol	583	MC37	M30	135	00:02:13	00:29:12.60	00:31:25.65	+00:13:10 (45.1%)	5:50	10.3 (55.1%)
542	ROCHOWIAK Jagoda	884		K18	1	00:00:59	00:29:12.95	00:30:12.15	+00:13:10 (45.1%)	5:50	10.3 (55.1%)
543	DEMBSKI Marek	149	TEAM PATROL	M50	65	00:01:07	00:29:13.75	00:30:21.45	+00:13:11 (45.1%)	5:50	10.3 (55.1%)
544	KUBIAK Magdalena	1284		K30	47	00:01:39	00:29:14.05	00:30:53.25	+00:13:11 (45.1%)	5:50	10.3 (55.1%)
545	WYSOCKA Kinga	1163	LIFE BALANCE PLACE	K40	30	00:01:20	00:29:15.40	00:30:35.40	+00:13:12 (45.2%)	5:51	10.3 (55.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
546	ORZECHOWSKI Piotr	748		M40	138		00:02:00	00:29:15.50	00:31:15.70	+00:13:13 (45.2%)	5:51	10.3 (55.1%)
547	WÓJCIK Tomasz	1159		M50	66		00:00:32	00:29:15.70	00:29:47.95	+00:13:13 (45.2%)	5:51	10.3 (55.1%)
548	HERBA Anastazja	318		K10	5		00:00:28	00:29:16.30	00:29:44.75	+00:13:13 (45.2%)	5:51	10.3 (55.1%)
549	PIERZGALSKI Jarek	799	KABEL TEAM BYDGOSZCZ	M50	67		00:00:31	00:29:17.05	00:29:48.05	+00:13:14 (45.2%)	5:51	10.2 (54.5%)
550	MICHALSKA Karolina	661	KAROFITKA	K20	19		00:00:49	00:29:18.15	00:30:07.40	+00:13:15 (45.3%)	5:51	10.2 (54.5%)
551	NAGORZYSKA Sylwia	708		K40	31		00:00:55	00:29:22.00	00:30:17.20	+00:13:19 (45.4%)	5:52	10.2 (54.5%)
552	NAGORZYSKI Arek	709		M40	139		00:00:55	00:29:22.20	00:30:17.50	+00:13:19 (45.4%)	5:52	10.2 (54.5%)
553	KRUPINSKI Tomasz	520		M50	68		00:01:11	00:29:23.70	00:30:35.20	+00:13:21 (45.4%)	5:52	10.2 (54.5%)
554	KINSTLER Krzysztof	444		M40	140		00:01:58	00:29:24.45	00:31:22.90	+00:13:22 (45.5%)	5:52	10.2 (54.5%)
555	KIJEWSKI Maciej	441	KABEL TEAM BYDGOSZCZ	M40	141		00:01:02	00:29:24.55	00:30:27.25	+00:13:22 (45.5%)	5:52	10.2 (54.5%)
556	WŁODARCZYK Hanna	1127		K40	32		00:00:34	00:29:24.70	00:29:59.15	+00:13:22 (45.5%)	5:52	10.2 (54.5%)
557	LEWANDOWSKI Maciej	584	MC37	M10	23		00:02:12	00:29:24.80	00:31:37.75	+00:13:22 (45.5%)	5:52	10.2 (54.5%)
558	LEWANDOWSKI Andrzej	578		M40	142		00:01:27	00:29:24.85	00:30:52.55	+00:13:22 (45.5%)	5:52	10.2 (54.5%)
559	GARBACZ Małgorzata	228		K50	11		00:00:07	00:29:26.50	00:29:34.15	+00:13:24 (45.5%)	5:53	10.2 (54.5%)
560	KWAŚNIEWSKA Aldona	555		K40	33		00:00:06	00:29:26.70	00:29:33.45	+00:13:24 (45.5%)	5:53	10.2 (54.5%)
561	KRZESZEWSKA Magdalena	530		K20	20		00:00:40	00:29:26.80	00:30:06.95	+00:13:24 (45.5%)	5:53	10.2 (54.5%)
562	ŁUKASIEWICZ Krzysztof	611	MAJA	M40	143		00:01:24	00:29:27.70	00:30:52.05	+00:13:25 (45.6%)	5:53	10.2 (54.5%)
563	LIEGMANN Jakub	592		M40	144		00:01:07	00:29:29.55	00:30:36.90	+00:13:27 (45.6%)	5:53	10.2 (54.5%)
564	KALUŻNY Bartłomiej	403		M50	69		00:01:20	00:29:30.75	00:30:51.15	+00:13:28 (45.6%)	5:54	10.2 (54.5%)
565	SZMELTER Michał	1016		M50	70		00:00:42	00:29:31.85	00:30:14.75	+00:13:29 (45.7%)	5:54	10.2 (54.5%)
566	SZCZERBA Krzysztof	1006		M30	136		00:00:40	00:29:32.10	00:30:12.15	+00:13:29 (45.7%)	5:54	10.2 (54.5%)
567	BISKUPSKI Robert	60		M40	145		00:00:38	00:29:32.65	00:30:10.75	+00:13:30 (45.7%)	5:54	10.2 (54.5%)
568	BIAŁEK Łukasz	42	BIEGAJ Z DĘBAMI	M40	146		00:00:33	00:29:34.50	00:30:07.60	+00:13:32 (45.8%)	5:54	10.1 (54.0%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
569	PIĄTKOWSKI Patryk	789		M30	137		00:01:12	00:29:35.30	00:30:47.95	+00:13:32 (45.8%)	5:55	10.1 (54.0%)
570	MŁYNARCZYK Kamila	684	ORANGE	K40	34		00:02:03	00:29:35.70	00:31:38.80	+00:13:33 (45.8%)	5:55	10.1 (54.0%)
571	OLBORSKI Lukasz	740		M30	138		00:00:20	00:29:36.05	00:29:56.40	+00:13:33 (45.8%)	5:55	10.1 (54.0%)
572	STĘPNIK Łukasz	977		M30	139		00:00:36	00:29:36.35	00:30:13.20	+00:13:33 (45.8%)	5:55	10.1 (54.0%)
573	APPEL Karol	9	DŻEM Z KIEŁBASY	M20	53		00:00:31	00:29:36.65	00:30:08.20	+00:13:34 (45.8%)	5:55	10.1 (54.0%)
574	NAPIERAŁA Marcin	713		M40	147		00:00:47	00:29:36.75	00:30:24.35	+00:13:34 (45.8%)	5:55	10.1 (54.0%)
575	GRUBICH Arkadiusz	294		M40	148		00:00:28	00:29:37.15	00:30:05.85	+00:13:34 (45.8%)	5:55	10.1 (54.0%)
576	KAPELIŃSKA Matylda	410		K10	6		00:00:28	00:29:37.65	00:30:06.05	+00:13:35 (45.9%)	5:55	10.1 (54.0%)
577	POLAŃCZYK Paulina	826		K30	48		00:01:54	00:29:38.40	00:31:33.05	+00:13:35 (45.9%)	5:55	10.1 (54.0%)
578	PARTYKA Dawid	771		M30	140		00:00:23	00:29:41.70	00:30:05.65	+00:13:39 (46.0%)	5:56	10.1 (54.0%)
579	ANASZEWICZ Marzena	5		K50	12		00:00:58	00:29:41.95	00:30:40.00	+00:13:39 (46.0%)	5:56	10.1 (54.0%)
580	CHMURA Bogusław	103		M30	141		00:01:05	00:29:43.10	00:30:48.55	+00:13:40 (46.0%)	5:56	10.1 (54.0%)
581	SKOPIŃSKI Leszek	1283		M50	71		00:00:15	00:29:43.60	00:29:59.20	+00:13:41 (46.0%)	5:56	10.1 (54.0%)
582	PASTEWSKA Anna	772	WATAHA L-PAAK	K30	49		00:00:02	00:29:44.50	00:29:47.30	+00:13:42 (46.1%)	5:56	10.1 (54.0%)
583	SZKOPIAK Marcin	1013		M50	72		00:00:23	00:29:45.25	00:30:08.70	+00:13:42 (46.1%)	5:57	10.1 (54.0%)
584	MOCZYŃSKI Leszek	687		M60	18		00:01:36	00:29:45.40	00:31:22.00	+00:13:42 (46.1%)	5:57	10.1 (54.0%)
585	CZAJKOWSKI Adam	1214		M50	73		00:02:11	00:29:45.60	00:31:57.05	+00:13:43 (46.1%)	5:57	10.1 (54.0%)
586	WALCZAK Mariusz Marek	1082		M60	19		00:00:34	00:29:45.80	00:30:19.80	+00:13:43 (46.1%)	5:57	10.1 (54.0%)
587	CZARNY Ryszard	127		M60	20		00:00:42	00:29:46.95	00:30:29.90	+00:13:44 (46.1%)	5:57	10.1 (54.0%)
588	SIEKIERKOWSKI Piotr	929		M40	149		00:00:41	00:29:47.65	00:30:28.95	+00:13:45 (46.2%)	5:57	10.1 (54.0%)
589	KĘSIK Roman	436	13 WOG GRUDZIĄDZ	M50	74		00:01:01	00:29:47.85	00:30:48.85	+00:13:45 (46.2%)	5:57	10.1 (54.0%)
590	LEWANDOWSKA Wanda	572		K10	7		00:01:19	00:29:48.50	00:31:08.05	+00:13:46 (46.2%)	5:57	10.1 (54.0%)
590	RACHWAŁSKI Zbigniew	856		M50	75		00:00:51	00:29:48.50	00:30:39.95	+00:13:46 (46.2%)	5:57	10.1 (54.0%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
592	NOWACKI Rafał	725	RAKIETA ZAMOŚĆ	M50	76		00:01:18	00:29:50.30	00:31:08.30	+00:13:47 (46.2%)	5:58	10.1 (54.0%)
593	ŁADNIAK Dariusz	602	RUNMORS	M40	150		00:00:22	00:29:51.20	00:30:13.35	+00:13:48 (46.3%)	5:58	10.1 (54.0%)
594	SZCZĘSNY Arkadiusz	1008	DYNAMO SKARPA	M40	151		00:00:33	00:29:51.60	00:30:24.70	+00:13:49 (46.3%)	5:58	10.1 (54.0%)
595	POLAKOWSKI Tomasz	1264		M30	142		00:00:21	00:29:52.20	00:30:13.25	+00:13:49 (46.3%)	5:58	10 (53.5%)
596	KARBOWIAK Katarzyna	413		K20	21		00:01:45	00:29:52.70	00:31:37.75	+00:13:50 (46.3%)	5:58	10 (53.5%)
597	REDELBACH Maciej	877		M30	143		00:02:09	00:29:53.20	00:32:02.55	+00:13:50 (46.3%)	5:58	10 (53.5%)
598	JANKOWSKI Konrad	348		M20	54		00:01:45	00:29:53.30	00:31:38.35	+00:13:50 (46.3%)	5:58	10 (53.5%)
599	TUCHÓŁKA Marta	1063	INVESTA	K30	50		00:00:23	00:29:54.20	00:30:18.10	+00:13:51 (46.4%)	5:58	10 (53.5%)
600	SOSNA Mikołaj	960	SOSNA START	M40	152		00:02:08	00:29:55.20	00:32:03.70	+00:13:52 (46.4%)	5:59	10 (53.5%)
601	MALATYŃSKA Barbara	621	TEAM RUDNIK	K50	13		00:00:58	00:29:56.00	00:30:54.80	+00:13:53 (46.4%)	5:59	10 (53.5%)
602	PAWLIK Ewelina	780	PIEKARY ŚLĄSKIE	K40	35		00:00:36	00:29:57.20	00:30:33.85	+00:13:54 (46.4%)	5:59	10 (53.5%)
603	SCHMIDT Marcin	919	BB ACTIVE TEAM	M40	153		00:01:19	00:29:57.95	00:31:17.55	+00:13:55 (46.5%)	5:59	10 (53.5%)
604	GOTOWICZ Mariusz	270	KDP GOTOWICZ	M60	21		00:00:56	00:29:58.45	00:30:55.40	+00:13:56 (46.5%)	5:59	10 (53.5%)
605	SIUDA Bartosz	936	RECONEXT_TEAM	M40	154		00:00:27	00:29:59.15	00:30:26.15	+00:13:56 (46.5%)	5:59	10 (53.5%)
606	SIUDA Marek	937		M50	77		00:01:44	00:29:59.70	00:31:44.30	+00:13:57 (46.5%)	5:59	10 (53.5%)
607	SCIGOCKI Waldemar	921		M50	78		00:01:11	00:30:00.50	00:31:12.20	+00:13:58 (46.5%)	6:00	10 (53.5%)
608	MYK Edyta	705	CB163	K30	51		00:00:31	00:30:01.85	00:30:33.70	+00:13:59 (46.6%)	6:00	10 (53.5%)
609	ZAREMBA Tomasz	1168		M20	55		00:00:46	00:30:03.70	00:30:50.05	+00:14:01 (46.6%)	6:00	10 (53.5%)
610	PODOLSKI Mariusz	1211	MATTRA	M30	144		00:02:04	00:30:03.85	00:32:07.85	+00:14:01 (46.6%)	6:00	10 (53.5%)
611	ZGÓRSKI Maciej	1173		M40	155		00:00:50	00:30:04.45	00:30:55.40	+00:14:02 (46.7%)	6:00	10 (53.5%)
612	JASIENIECKI Piotr	362		M50	79		00:00:30	00:30:08.50	00:30:39.20	+00:14:06 (46.8%)	6:01	10 (53.5%)
613	SZCZYGIELSKA-GRZYBOWSKA Violetta	1009		K50	14		00:00:36	00:30:09.90	00:30:46.85	+00:14:07 (46.8%)	6:01	10 (53.5%)
614	SKONIECZKA Piotr	942		M30	145		00:01:09	00:30:10.90	00:31:20.15	+00:14:08 (46.9%)	6:02	9.9 (52.9%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
615	SMERLIŃSKA Katarzyna	950		K30	52		00:00:11	00:30:10.95	00:30:22.75	+00:14:08 (46.9%)	6:02	9.9 (52.9%)
616	CYL-KLEDZIK Karina	120		K40	36		00:00:42	00:30:12.80	00:30:54.95	+00:14:10 (46.9%)	6:02	9.9 (52.9%)
617	MALINOWSKI Przemysław	628		M50	80		00:00:19	00:30:13.50	00:30:32.65	+00:14:11 (46.9%)	6:02	9.9 (52.9%)
618	WOLNY Tomasz	1141		M40	156		00:00:03	00:30:13.80	00:30:17.65	+00:14:11 (46.9%)	6:02	9.9 (52.9%)
619	MARSZELSKA Bożena	642		K40	37		00:02:03	00:30:14.90	00:32:18.85	+00:14:12 (47.0%)	6:02	9.9 (52.9%)
620	KOCIŃSKI Dawid	458	BK	M20	56		00:02:12	00:30:14.95	00:32:27.85	+00:14:12 (47.0%)	6:02	9.9 (52.9%)
621	JAKUBCZAK Łukasz	337		M40	157		00:00:38	00:30:15.50	00:30:54.30	+00:14:13 (47.0%)	6:03	9.9 (52.9%)
622	DUDEK Dawid	181	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M40	158		00:01:17	00:30:15.80	00:31:32.80	+00:14:13 (47.0%)	6:03	9.9 (52.9%)
623	STRUGAŁA Łukasz	981		M30	146		00:01:11	00:30:16.45	00:31:28.00	+00:14:14 (47.0%)	6:03	9.9 (52.9%)
624	BUCZKOWSKA Klaudia	75		K20	22		00:01:17	00:30:16.70	00:31:33.95	+00:14:14 (47.0%)	6:03	9.9 (52.9%)
625	RATKOWSKA- KACPERSKA Anna	875	BIEGACZKI SIŁACZKI	K40	38		00:00:14	00:30:17.80	00:30:32.60	+00:14:15 (47.1%)	6:03	9.9 (52.9%)
626	MRUKOWSKA Mikołaj	693		M20	57		00:01:00	00:30:20.45	00:31:20.95	+00:14:18 (47.1%)	6:04	9.9 (52.9%)
627	MURAWSKI Marcin	697		M20	58		00:01:46	00:30:21.55	00:32:07.75	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
628	NALEWALSKA Justyna	711	SERCE TYBETU	K30	53		00:01:36	00:30:21.75	00:31:57.95	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
629	UMIŃSKA Marzena	1071		K40	39		00:00:35	00:30:22.30	00:30:58.15	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
630	BRZEZIŃSKA Sylwia	73		K30	54		00:01:23	00:30:24.30	00:31:47.45	+00:14:21 (47.2%)	6:04	9.9 (52.9%)
631	BARTCZAK Wiktor	33		M10	24		00:01:33	00:30:25.85	00:31:59.60	+00:14:23 (47.3%)	6:05	9.9 (52.9%)
632	CZARNECKI Sławomir	126		M40	159		00:01:08	00:30:27.80	00:31:36.05	+00:14:25 (47.3%)	6:05	9.9 (52.9%)
633	DOLIŃSKA-FOJUT Anna	164		K30	55		00:01:38	00:30:28.45	00:32:07.10	+00:14:26 (47.4%)	6:05	9.8 (52.4%)
634	GROCHOCKI Daniel	290		M20	59		00:01:24	00:30:29.60	00:31:53.95	+00:14:27 (47.4%)	6:05	9.8 (52.4%)
635	RĘDZINA Michał	882	ŚLIMAKI RĘDZINIAKI	M40	160		00:01:06	00:30:29.95	00:31:35.95	+00:14:27 (47.4%)	6:05	9.8 (52.4%)
636	RATAJCZAK Hubert	874		M10	25		00:02:03	00:30:30.35	00:32:33.90	+00:14:27 (47.4%)	6:06	9.8 (52.4%)
637	GŁOWACKI Kamil	257		M20	60		00:00:29	00:30:32.15	00:31:01.50	+00:14:29 (47.5%)	6:06	9.8 (52.4%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
638	BARTCZAK Radosław	32		M30	147		00:01:33	00:30:33.00	00:32:06.75	+00:14:30 (47.5%)	6:06	9.8 (52.4%)
639	RZHEVSKA Kateryna	916		K30	56		00:00:18	00:30:33.60	00:30:51.75	+00:14:31 (47.5%)	6:06	9.8 (52.4%)
640	POCIOT Małgorzata	822		K30	57		00:01:00	00:30:34.05	00:31:35.00	+00:14:31 (47.5%)	6:06	9.8 (52.4%)
641	POLEWKA Aleksandra	1303	UKS KOMETA GLIWICE	K20	23		00:01:04	00:30:34.10	00:31:38.20	+00:14:31 (47.5%)	6:06	9.8 (52.4%)
642	KARSKI Hubert	420		M60	22		00:01:39	00:30:35.05	00:32:14.15	+00:14:32 (47.6%)	6:07	9.8 (52.4%)
643	WASIELEWSKI Karol	1089		M20	61		00:01:08	00:30:38.45	00:31:47.20	+00:14:36 (47.6%)	6:07	9.8 (52.4%)
644	WOJCIESZAK Dariusz	1135		M50	81		00:01:20	00:30:39.05	00:31:59.90	+00:14:36 (47.7%)	6:07	9.8 (52.4%)
645	PECHE Marek	782		M40	161		00:00:16	00:30:40.75	00:30:56.80	+00:14:38 (47.7%)	6:08	9.8 (52.4%)
646	IGNASIAK Bernadeta	324		K40	40		00:00:45	00:30:42.45	00:31:27.55	+00:14:40 (47.8%)	6:08	9.8 (52.4%)
647	FATZ Joanna	197		K30	58		00:01:22	00:30:44.20	00:32:06.95	+00:14:41 (47.8%)	6:08	9.8 (52.4%)
647	JAROSIŃSKA Romana	358		K40	41		00:01:59	00:30:44.20	00:32:43.95	+00:14:41 (47.8%)	6:08	9.8 (52.4%)
649	WITKOWSKA Joanna	1121		K40	42		00:02:00	00:30:44.30	00:32:44.30	+00:14:41 (47.8%)	6:08	9.8 (52.4%)
650	PILCH Ariel	811	BYDGOSZCZ	M40	162		00:02:00	00:30:44.55	00:32:44.85	+00:14:42 (47.8%)	6:08	9.8 (52.4%)
651	MIKA Monika	667		K30	59		00:01:34	00:30:44.80	00:32:19.60	+00:14:42 (47.8%)	6:08	9.8 (52.4%)
652	KORBEL Ewa	474		K50	15		00:01:13	00:30:45.70	00:31:58.85	+00:14:43 (47.9%)	6:09	9.8 (52.4%)
653	BURBO Marta	79		K30	60		00:01:15	00:30:46.55	00:32:01.60	+00:14:44 (47.9%)	6:09	9.8 (52.4%)
654	BORUTA Dorota	70		K40	43		00:01:14	00:30:47.10	00:32:01.95	+00:14:44 (47.9%)	6:09	9.7 (51.9%)
655	PAPROCKA Maja	1199		K10	8		00:00:24	00:30:48.10	00:31:12.50	+00:14:45 (47.9%)	6:09	9.7 (51.9%)
656	BANDOCH Jacek	23		M30	148		00:01:47	00:30:48.20	00:32:35.50	+00:14:45 (47.9%)	6:09	9.7 (51.9%)
657	DĄBROWSKA Anna	144		K40	44		00:01:14	00:30:48.40	00:32:03.05	+00:14:45 (47.9%)	6:09	9.7 (51.9%)
658	WICHROWSKI Jarosław	1102		M50	82		00:01:23	00:30:49.25	00:32:12.95	+00:14:46 (48.0%)	6:09	9.7 (51.9%)
659	WOJT CZAK Arkadiusz	1137		M30	149		00:00:52	00:30:50.00	00:31:42.55	+00:14:47 (48.0%)	6:10	9.7 (51.9%)
660	SZYMCZYK Radosław	1029	SOLANKOWI BIEGACZE	M50	83		00:01:00	00:30:50.40	00:31:50.70	+00:14:47 (48.0%)	6:10	9.7 (51.9%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time 5km	brutto 5km		min/km	km/h
661	MIKOŁAJEWSKI Piotr	673		M40	163	00:00:52	00:30:50.95	00:31:43.45	+00:14:48 (48.0%)	6:10	9.7 (51.9%)
662	TYBURSKI Mariusz	1067		M30	150	00:01:42	00:30:52.65	00:32:34.75	+00:14:50 (48.1%)	6:10	9.7 (51.9%)
663	CIECIÓRSKA Justyna	1239		K20	24	00:00:41	00:30:53.65	00:31:34.70	+00:14:51 (48.1%)	6:10	9.7 (51.9%)
664	BUKOWSKA Katarzyna	76		K40	45	00:00:41	00:30:53.80	00:31:34.85	+00:14:51 (48.1%)	6:10	9.7 (51.9%)
665	MARKIEWICZ Karolina	640		K30	61	00:00:41	00:30:54.00	00:31:35.35	+00:14:51 (48.1%)	6:10	9.7 (51.9%)
666	KUZNIAR Daniel	549	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M40	164	00:00:05	00:30:54.05	00:30:59.75	+00:14:51 (48.1%)	6:10	9.7 (51.9%)
667	OWIEŚNA Agata	756		K30	62	00:00:15	00:30:55.35	00:31:10.45	+00:14:52 (48.1%)	6:11	9.7 (51.9%)
668	ISHCHENKO Daria	327		K20	25	00:01:17	00:30:55.40	00:32:13.10	+00:14:52 (48.1%)	6:11	9.7 (51.9%)
669	KRZYWDZINSKA Magdalena	532		K30	63	00:00:09	00:30:55.75	00:31:05.00	+00:14:53 (48.1%)	6:11	9.7 (51.9%)
670	DOMŻALSKI Marek	167		M50	84	00:01:28	00:30:55.95	00:32:24.65	+00:14:53 (48.1%)	6:11	9.7 (51.9%)
670	BARANOWSKI Wojciech	26		M30	151	00:02:07	00:30:55.95	00:33:03.50	+00:14:53 (48.1%)	6:11	9.7 (51.9%)
672	JEZIORSKA Monika	378		K30	64	00:01:28	00:30:56.15	00:32:24.50	+00:14:53 (48.1%)	6:11	9.7 (51.9%)
673	GONCERZEWICZ Katarzyna	267		K40	46	00:01:28	00:30:56.50	00:32:24.65	+00:14:54 (48.2%)	6:11	9.7 (51.9%)
674	ĆWIKLIŃSKI Kacper	135		M20	62	00:00:41	00:30:59.05	00:31:40.10	+00:14:56 (48.2%)	6:11	9.7 (51.9%)
675	RZHEVSKA Andrii	1266		M30	152	00:00:19	00:30:59.95	00:31:19.00	+00:14:57 (48.3%)	6:11	9.7 (51.9%)
676	KOMOŚ-CZECZOT Żaneta	465		K30	65	00:00:32	00:31:02.10	00:31:34.70	+00:14:59 (48.3%)	6:12	9.7 (51.9%)
677	KLINIEWSKI Piotr	449		M50	85	00:02:00	00:31:02.50	00:33:03.20	+00:15:00 (48.3%)	6:12	9.7 (51.9%)
678	PRZYBYSZ Ignacy	841		M10	26	00:01:30	00:31:03.60	00:32:34.50	+00:15:01 (48.4%)	6:12	9.7 (51.9%)
679	SIEKIERKOWSKA Wiktoria	928		K20	26	00:00:41	00:31:03.70	00:31:45.30	+00:15:01 (48.4%)	6:12	9.7 (51.9%)
680	WAWRZYNIAK Milena	1092		K30	66	00:00:56	00:31:03.90	00:32:00.50	+00:15:01 (48.4%)	6:12	9.7 (51.9%)
681	MIKOŁAJEWSKA Ania	671		K40	47	00:00:51	00:31:04.40	00:31:55.65	+00:15:01 (48.4%)	6:12	9.7 (51.9%)
682	ZIELIŃSKA Agnieszka	1178	RUNNING STARS	K30	67	00:01:29	00:31:05.20	00:32:34.75	+00:15:02 (48.4%)	6:13	9.7 (51.9%)
683	DANIELEK Piotr	141		M40	165	00:01:52	00:31:05.50	00:32:57.75	+00:15:03 (48.4%)	6:13	9.7 (51.9%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
684	BARANEK Aleksandra	25		K20	27		00:00:24	00:31:06.40	00:31:31.30	+00:15:03 (48.4%)	6:13	9.6 (51.3%)
685	GACKOWSKI Artur	218	OD JUTRA NIE BIEGAM	M50	86		00:02:00	00:31:07.30	00:33:07.60	+00:15:04 (48.5%)	6:13	9.6 (51.3%)
686	CHROBAK Przemysław	108		M40	166		00:00:52	00:31:07.50	00:32:00.40	+00:15:05 (48.5%)	6:13	9.6 (51.3%)
687	NOWACKA Jolanta	724		K50	16		00:00:00	00:31:08.85	00:31:08.85	+00:15:06 (48.5%)	6:13	9.6 (51.3%)
688	NOWICKA Małgorzata	732		K30	68		00:00:27	00:31:09.30	00:31:36.55	+00:15:06 (48.5%)	6:13	9.6 (51.3%)
689	FILIPEK Mirosława	206		K40	48		00:00:25	00:31:11.50	00:31:37.05	+00:15:09 (48.6%)	6:14	9.6 (51.3%)
690	BĄKOWSKI Mikołaj	1213		M20	63		00:00:00	00:31:11.60	00:31:11.60	+00:15:09 (48.6%)	6:14	9.6 (51.3%)
691	SIUDZIŃSKA-BESS Anna	940		K30	69		00:00:15	00:31:13.55	00:31:29.05	+00:15:11 (48.6%)	6:14	9.6 (51.3%)
692	ZYGIEL Paulina	1188		K20	28		00:00:17	00:31:14.95	00:31:32.75	+00:15:12 (48.7%)	6:14	9.6 (51.3%)
693	JANUSZEWSKI Marcin	354		M40	167		00:01:04	00:31:16.15	00:32:20.40	+00:15:13 (48.7%)	6:15	9.6 (51.3%)
694	PISKRZYŃSKI Krzysztof	819		M40	168		00:02:00	00:31:16.85	00:33:17.15	+00:15:14 (48.7%)	6:15	9.6 (51.3%)
695	JABŁOŃSKI Michał	1260		M30	153		00:01:55	00:31:17.45	00:33:13.10	+00:15:15 (48.7%)	6:15	9.6 (51.3%)
696	KOZICKA Magdalena	496		K30	70		00:00:51	00:31:18.55	00:32:09.70	+00:15:16 (48.8%)	6:15	9.6 (51.3%)
697	DOMEK Katarzyna	165		K30	71		00:00:33	00:31:19.55	00:31:53.30	+00:15:17 (48.8%)	6:15	9.6 (51.3%)
698	LEPCZYŃSKI Przemysław	567		M30	154		00:01:27	00:31:20.90	00:32:48.65	+00:15:18 (48.8%)	6:16	9.6 (51.3%)
699	ZBIRANEK Beata	1170		K40	49		00:01:33	00:31:24.40	00:32:58.00	+00:15:21 (48.9%)	6:16	9.6 (51.3%)
700	ZIELIŃSKA Justyna	1177	KOLOROWE GACIE	K40	50		00:00:53	00:31:24.45	00:32:18.35	+00:15:22 (48.9%)	6:16	9.6 (51.3%)
701	KŁYSZEJKO Klaudia	455		K30	72		00:01:13	00:31:26.00	00:32:39.10	+00:15:23 (49.0%)	6:17	9.5 (50.8%)
702	WAŚNIEWSKA Ewa	1090	SLK POLONIA BYDGOSZCZ	K30	73		00:00:23	00:31:27.50	00:31:51.20	+00:15:25 (49.0%)	6:17	9.5 (50.8%)
702	BADOWSKI Krzysztof	16	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M60	23		00:00:14	00:31:27.50	00:31:42.00	+00:15:25 (49.0%)	6:17	9.5 (50.8%)
704	KARCZMARCZYK Dorota	416		K30	74		00:00:35	00:31:28.05	00:32:03.85	+00:15:25 (49.0%)	6:17	9.5 (50.8%)
705	KALEMBA Daria	398		K30	75		00:01:33	00:31:28.35	00:33:01.95	+00:15:25 (49.0%)	6:17	9.5 (50.8%)
706	KUBIŚ Kasia	536		K40	51		00:00:44	00:31:28.40	00:32:12.75	+00:15:25 (49.0%)	6:17	9.5 (50.8%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
707	ZUBRYCKI Łukasz	1228		M30	155		00:00:43	00:31:29.50	00:32:13.45	+00:15:27 (49.1%)	6:17	9.5 (50.8%)
708	KONICZYŃSKA Jowita	471	ZAWISZA STOWARZYSZENIE KAJAKOWE	K10	9		00:00:55	00:31:31.00	00:32:26.00	+00:15:28 (49.1%)	6:18	9.5 (50.8%)
709	PAWLACZYK Mia	778		K10	10		00:00:16	00:31:31.80	00:31:48.40	+00:15:29 (49.1%)	6:18	9.5 (50.8%)
710	PRYBIŃSKI Wojciech	1224		M20	64		00:01:39	00:31:32.00	00:33:11.75	+00:15:29 (49.1%)	6:18	9.5 (50.8%)
711	SZYMAŃSKI Radosław	1025		M20	65		00:01:12	00:31:33.85	00:32:46.35	+00:15:31 (49.2%)	6:18	9.5 (50.8%)
712	JASIONOWSKI Tomasz	368		M30	156		00:01:43	00:31:34.75	00:33:18.00	+00:15:32 (49.2%)	6:18	9.5 (50.8%)
713	ZASTĘPOWSKA Monika	1308		K40	52		00:01:05	00:31:37.60	00:32:43.35	+00:15:35 (49.3%)	6:19	9.5 (50.8%)
714	PAWELEC Sebastian	776		M20	66		00:01:23	00:31:38.35	00:33:01.65	+00:15:35 (49.3%)	6:19	9.5 (50.8%)
715	ZHURAVEL Yevhenii	1174		M30	157		00:03:11	00:31:38.45	00:34:49.65	+00:15:36 (49.3%)	6:19	9.5 (50.8%)
716	CZĘSZ Elżbieta	130		K40	53		00:01:04	00:31:39.40	00:32:44.05	+00:15:36 (49.3%)	6:19	9.5 (50.8%)
717	NAUMCHYK Ihar	715		M50	87		00:01:23	00:31:41.55	00:33:05.15	+00:15:39 (49.4%)	6:20	9.5 (50.8%)
718	KORWEL Robert	477		M40	169		00:01:16	00:31:42.40	00:32:58.40	+00:15:39 (49.4%)	6:20	9.5 (50.8%)
719	DĄBROWSKA Agata	143		K30	76		00:02:02	00:31:42.80	00:33:45.40	+00:15:40 (49.4%)	6:20	9.5 (50.8%)
720	WALICHNOWSKI Mateusz	1282		M30	158		00:01:14	00:31:42.90	00:32:56.90	+00:15:40 (49.4%)	6:20	9.5 (50.8%)
721	DWOJACZNY Jakub	1299		M40	170		00:00:03	00:31:43.20	00:31:47.05	+00:15:40 (49.4%)	6:20	9.5 (50.8%)
722	CHMIELEWSKA Antonina	101		K30	77		00:00:43	00:31:43.30	00:32:26.50	+00:15:40 (49.4%)	6:20	9.5 (50.8%)
723	GĘBALA Maja	232	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K10	11		00:00:26	00:31:43.55	00:32:10.10	+00:15:41 (49.4%)	6:20	9.5 (50.8%)
724	SIUDA-LESIKOWSKA Hanna	939		K30	78		00:02:02	00:31:43.90	00:33:46.00	+00:15:41 (49.4%)	6:20	9.5 (50.8%)
725	ŁUDZIŃSKI Jakub	609		M30	159		00:02:08	00:31:44.60	00:33:53.10	+00:15:42 (49.5%)	6:20	9.5 (50.8%)
726	PIONTEK Elżbieta	813		K60	2		00:01:54	00:31:45.20	00:33:39.85	+00:15:42 (49.5%)	6:21	9.4 (50.3%)
727	KUKLIŃSKI Rafał	542		M40	171		00:00:37	00:31:45.40	00:32:22.80	+00:15:42 (49.5%)	6:21	9.4 (50.3%)
728	WOŹNIACKA Beata	1146		K50	17		00:00:53	00:31:48.30	00:32:41.45	+00:15:45 (49.6%)	6:21	9.4 (50.3%)
729	KUMÓR Sebastian	547		M30	160		00:01:00	00:31:48.70	00:32:49.30	+00:15:46 (49.6%)	6:21	9.4 (50.3%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
730	ZIELIŃSKI Marek	1179		M60	24		00:01:17	00:31:48.75	00:33:06.30	+00:15:46 (49.6%)	6:21	9.4 (50.3%)
731	JOACHIMIAK Mateusz	382		M30	161		00:00:39	00:31:49.40	00:32:28.45	+00:15:46 (49.6%)	6:21	9.4 (50.3%)
732	BILAWSKA Anna	57		K40	54		00:00:09	00:31:50.70	00:32:00.65	+00:15:48 (49.6%)	6:22	9.4 (50.3%)
733	GADOMSKA Maria	220	RUN BYDGOSZCZ	K60	3		00:00:24	00:31:51.00	00:32:15.80	+00:15:48 (49.6%)	6:22	9.4 (50.3%)
734	TUROWSKI Grzegorz	1064		M40	172		00:01:30	00:31:52.00	00:33:22.65	+00:15:49 (49.7%)	6:22	9.4 (50.3%)
735	GIZA Lukasz	243		M30	162		00:00:21	00:31:52.80	00:32:13.80	+00:15:50 (49.7%)	6:22	9.4 (50.3%)
736	ŁUKASIK Agnieszka	1236		K30	79		00:00:20	00:31:53.00	00:32:13.75	+00:15:50 (49.7%)	6:22	9.4 (50.3%)
737	SIERADZKA Małgorzata	930		K50	18		00:01:08	00:31:54.05	00:33:02.70	+00:15:51 (49.7%)	6:22	9.4 (50.3%)
738	GRAF Aleks	279		M10	27		00:00:16	00:31:54.15	00:32:10.65	+00:15:51 (49.7%)	6:22	9.4 (50.3%)
739	PAWLACZYK Szymon	777		M30	163		00:00:16	00:31:54.20	00:32:10.95	+00:15:51 (49.7%)	6:22	9.4 (50.3%)
740	FYDRYCH Dagmara	214		K20	29		00:00:33	00:31:54.90	00:32:28.45	+00:15:52 (49.7%)	6:22	9.4 (50.3%)
741	SITARZ Damian	935		M20	67		00:00:33	00:31:55.20	00:32:28.65	+00:15:52 (49.7%)	6:23	9.4 (50.3%)
742	WILK Dawid	1108		M30	164		00:01:05	00:31:55.35	00:33:00.40	+00:15:52 (49.8%)	6:23	9.4 (50.3%)
743	WILK Zuzanna	1109	SP 9	K10	12		00:01:05	00:31:57.00	00:33:02.15	+00:15:54 (49.8%)	6:23	9.4 (50.3%)
744	PIERZCHALSKA Kasia	1251		K40	55		00:00:35	00:31:58.10	00:32:33.40	+00:15:55 (49.8%)	6:23	9.4 (50.3%)
744	KASPRZAK Wojciech	1252		M40	173		00:00:35	00:31:58.10	00:32:33.20	+00:15:55 (49.8%)	6:23	9.4 (50.3%)
746	WOJTYSIAK Dorota	1138		K40	56		00:01:56	00:31:58.40	00:33:54.75	+00:15:55 (49.8%)	6:23	9.4 (50.3%)
747	JASIŃSKI Grzegorz	365	JASINSKI.IT	M50	88		00:01:10	00:32:00.30	00:33:10.70	+00:15:57 (49.9%)	6:24	9.4 (50.3%)
748	GŁOWACKI Robert	253		M40	174		00:00:35	00:32:00.40	00:32:35.95	+00:15:57 (49.9%)	6:24	9.4 (50.3%)
749	GŁOWACKA Kornelia	252		K10	13		00:00:35	00:32:00.65	00:32:35.65	+00:15:58 (49.9%)	6:24	9.4 (50.3%)
750	LEWANDOWSKI Igor	580	FUNDACJA CZAS NA BYDGOSZCZ	M10	28		00:00:56	00:32:00.75	00:32:57.35	+00:15:58 (49.9%)	6:24	9.4 (50.3%)
751	PREUSS Daniel	831		M50	89		00:01:19	00:32:02.05	00:33:21.10	+00:15:59 (49.9%)	6:24	9.4 (50.3%)
752	LEWANDOWSKA Iza	573		K30	80		00:00:56	00:32:06.35	00:33:02.70	+00:16:03 (50.0%)	6:25	9.3 (49.7%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
753	GRABOWSKA Marlena	276		K40	57		00:00:55	00:32:07.10	00:33:02.90	+00:16:04 (50.1%)	6:25	9.3 (49.7%)
754	JASIŃSKI Kacper	366	JASINSKI.IT	M50	90		00:01:09	00:32:08.05	00:33:17.85	+00:16:05 (50.1%)	6:25	9.3 (49.7%)
755	KEMPA Marek	431		M50	91		00:01:21	00:32:08.25	00:33:29.30	+00:16:05 (50.1%)	6:25	9.3 (49.7%)
755	MŁYNARCZYK Monika	683		K30	81		00:01:40	00:32:08.25	00:33:48.65	+00:16:05 (50.1%)	6:25	9.3 (49.7%)
757	ASTUKIEWICZ Tomasz	14		M50	92		00:00:30	00:32:08.70	00:32:39.65	+00:16:06 (50.1%)	6:25	9.3 (49.7%)
758	ŻUCHOWSKI Dariusz	1243	TKKF KOLEJARZ	M50	93		00:00:00	00:32:11.80	00:32:11.80	+00:16:09 (50.2%)	6:26	9.3 (49.7%)
759	STRZYŻEWSKA Joanna	983		K40	58		00:02:06	00:32:12.45	00:34:18.60	+00:16:10 (50.2%)	6:26	9.3 (49.7%)
760	GIERSEWSKA Kinga	237		K20	30		00:00:39	00:32:15.40	00:32:54.80	+00:16:12 (50.3%)	6:27	9.3 (49.7%)
761	PARADOWSKA Natalia	770	RUN BYDGOSZCZ	K20	31		00:00:00	00:32:17.45	00:32:17.45	+00:16:15 (50.3%)	6:27	9.3 (49.7%)
762	PIECZYŃSKI Marek	796		M50	94		00:00:51	00:32:18.05	00:33:09.30	+00:16:15 (50.3%)	6:27	9.3 (49.7%)
763	KOSNOWICZ Krzysztof	479		M40	175		00:00:45	00:32:18.15	00:33:03.85	+00:16:15 (50.3%)	6:27	9.3 (49.7%)
764	BARON Malgorzata	29		K30	82		00:00:10	00:32:19.15	00:32:29.65	+00:16:16 (50.4%)	6:27	9.3 (49.7%)
765	STOIŃSKI Paweł	978		M30	165		00:02:06	00:32:19.30	00:34:25.30	+00:16:16 (50.4%)	6:27	9.3 (49.7%)
766	DUNAJSKA Kamila	182		K40	59		00:00:53	00:32:20.45	00:33:14.20	+00:16:18 (50.4%)	6:28	9.3 (49.7%)
767	HERBA Kamila	317		K30	83		00:00:36	00:32:21.30	00:32:57.35	+00:16:18 (50.4%)	6:28	9.3 (49.7%)
768	FILAR Michał	205	CDI BYDGOSZCZ	M30	166		00:00:43	00:32:21.55	00:33:05.35	+00:16:19 (50.4%)	6:28	9.3 (49.7%)
769	KRUTUL Maciej	523	AMATOR	M60	25		00:01:28	00:32:21.75	00:33:50.55	+00:16:19 (50.4%)	6:28	9.3 (49.7%)
770	KAŻMIERCZAK Monika	428		K30	84		00:01:08	00:32:22.65	00:33:30.90	+00:16:20 (50.5%)	6:28	9.3 (49.7%)
771	PRIETZ Monika	834	W2 RUN TEAM	K40	60		00:01:03	00:32:22.90	00:33:26.15	+00:16:20 (50.5%)	6:28	9.3 (49.7%)
772	HALAREWICZ Joanna	310		K40	61		00:01:02	00:32:23.40	00:33:26.10	+00:16:20 (50.5%)	6:28	9.3 (49.7%)
773	HALAREWICZ Artur	309		M40	176		00:01:02	00:32:24.00	00:33:26.75	+00:16:21 (50.5%)	6:28	9.3 (49.7%)
774	DUSZYŃSKA Katarzyna	183		K50	19		00:01:42	00:32:25.85	00:34:08.75	+00:16:23 (50.5%)	6:29	9.3 (49.7%)
775	DONDALSKA Monika	169		K40	62		00:00:45	00:32:26.05	00:33:11.25	+00:16:23 (50.5%)	6:29	9.2 (49.2%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
776	PODLEWSKA Michalina	824	CZARNE STOPY	K30	85		00:00:45	00:32:26.15	00:33:11.50	+00:16:23 (50.5%)	6:29	9.2 (49.2%)
777	DŁUGOBORSKI Cezary	155		M10	29		00:01:26	00:32:27.80	00:33:54.25	+00:16:25 (50.6%)	6:29	9.2 (49.2%)
778	GŁAŻEWSKI Łukasz	248		M30	167		00:01:26	00:32:28.10	00:33:54.85	+00:16:25 (50.6%)	6:29	9.2 (49.2%)
779	DOBIJA Kamila	159		K30	86		00:02:03	00:32:30.00	00:34:33.25	+00:16:27 (50.6%)	6:30	9.2 (49.2%)
780	DOBIJA Jakub	158		M30	168		00:02:03	00:32:30.10	00:34:33.40	+00:16:27 (50.6%)	6:30	9.2 (49.2%)
781	JAROCHA Michał	357		M30	169		00:00:11	00:32:30.40	00:32:42.20	+00:16:27 (50.7%)	6:30	9.2 (49.2%)
782	DEMBSKA Patrycja	148	TEAM PATROL	K20	32		00:01:07	00:32:30.80	00:33:38.05	+00:16:28 (50.7%)	6:30	9.2 (49.2%)
783	DALKIEWICZ Igor	137		M30	170		00:00:27	00:32:32.20	00:32:59.20	+00:16:29 (50.7%)	6:30	9.2 (49.2%)
784	LELONKIEWICZ Krzysztof	565		M50	95		00:00:45	00:32:33.05	00:33:18.45	+00:16:30 (50.7%)	6:30	9.2 (49.2%)
785	WIŚNIEWSKI Marek	1118		M60	26		00:00:37	00:32:33.35	00:33:10.60	+00:16:30 (50.7%)	6:30	9.2 (49.2%)
786	WALICHNOWSKA Patrycja	1083		K30	87		00:01:12	00:32:39.90	00:33:52.00	+00:16:37 (50.9%)	6:31	9.2 (49.2%)
787	TOKARSKA Katarzyna	1050		K40	63		00:01:11	00:32:40.60	00:33:51.60	+00:16:38 (50.9%)	6:32	9.2 (49.2%)
788	MUSIAŁ Artur	698		M50	96		00:01:12	00:32:42.00	00:33:54.00	+00:16:39 (50.9%)	6:32	9.2 (49.2%)
789	WESOŁOWSKA Aleksandra	1096		K40	64		00:00:55	00:32:43.35	00:33:38.35	+00:16:40 (51.0%)	6:32	9.2 (49.2%)
790	GROBELNY Michał	289		M30	171		00:01:47	00:32:45.60	00:34:32.90	+00:16:43 (51.0%)	6:33	9.2 (49.2%)
791	WESOŁOWSKI Dariusz	1097		M50	97		00:00:55	00:32:45.95	00:33:41.90	+00:16:43 (51.0%)	6:33	9.2 (49.2%)
792	STACHOWICZ Karol	1220		M30	172		00:01:51	00:32:47.05	00:34:38.10	+00:16:44 (51.1%)	6:33	9.2 (49.2%)
793	FRĄCZEK-STACHOWICZ Kinga	1219		K30	88		00:01:50	00:32:47.70	00:34:37.95	+00:16:45 (51.1%)	6:33	9.2 (49.2%)
794	KAZUBOWSKI Jeremiasz	426	KAZUBKI TEAM	M20	68		00:00:14	00:32:50.15	00:33:04.40	+00:16:47 (51.1%)	6:34	9.1 (48.7%)
795	DONIECKA Edyta	170		K40	65		00:00:50	00:32:51.60	00:33:41.70	+00:16:49 (51.2%)	6:34	9.1 (48.7%)
796	KĄŁUŻNY Jakub	404		M50	98		00:00:00	00:32:51.70	00:32:51.70	+00:16:49 (51.2%)	6:34	9.1 (48.7%)
797	MAZANOWSKA Ewa	653		K40	66		00:01:43	00:32:52.10	00:34:35.55	+00:16:49 (51.2%)	6:34	9.1 (48.7%)
798	WOŹNIAK Kinga	1153		K40	67		00:00:56	00:32:52.25	00:33:48.85	+00:16:49 (51.2%)	6:34	9.1 (48.7%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
799	DAWIDOWICZ Iwona	142		K30	89		00:00:54	00:32:53.30	00:33:47.55	+00:16:50 (51.2%)	6:34	9.1 (48.7%)
800	FOSS Dorota	208		K40	68		00:02:04	00:32:53.50	00:34:57.95	+00:16:51 (51.2%)	6:34	9.1 (48.7%)
801	LEWANDOWSKA Renata	571		K50	20		00:01:19	00:32:53.65	00:34:12.90	+00:16:51 (51.2%)	6:34	9.1 (48.7%)
802	SZALA Monika	996		K30	90		00:02:07	00:32:54.40	00:35:01.85	+00:16:51 (51.3%)	6:34	9.1 (48.7%)
803	SOBIECH Karol	953		M30	173		00:01:42	00:32:55.20	00:34:37.45	+00:16:52 (51.3%)	6:35	9.1 (48.7%)
804	BAKAJ Radosław	20		M30	174		00:01:41	00:32:55.60	00:34:37.45	+00:16:53 (51.3%)	6:35	9.1 (48.7%)
805	DOLATA Rafał	161		M40	177		00:01:35	00:33:01.75	00:34:37.35	+00:16:59 (51.4%)	6:36	9.1 (48.7%)
806	GOZDECKI Łukasz	271		M30	175		00:00:22	00:33:03.75	00:33:25.95	+00:17:01 (51.5%)	6:36	9.1 (48.7%)
807	MILARSKA Patrycja	676		K30	91		00:01:01	00:33:04.15	00:34:06.05	+00:17:01 (51.5%)	6:36	9.1 (48.7%)
808	SYLWESTRUK Marta	993		K30	92		00:00:21	00:33:04.80	00:33:26.10	+00:17:02 (51.5%)	6:36	9.1 (48.7%)
809	CHĘSY Jacek	98		M40	178		00:01:25	00:33:07.00	00:34:32.25	+00:17:04 (51.6%)	6:37	9.1 (48.7%)
810	JASTROWSKA Aleksandra	370		K30	93		00:00:18	00:33:07.15	00:33:25.80	+00:17:04 (51.6%)	6:37	9.1 (48.7%)
811	KOLLIT Paulina	462		K30	94		00:00:56	00:33:08.75	00:34:04.85	+00:17:06 (51.6%)	6:37	9.1 (48.7%)
812	OKOŃSKA Żaneta	737	RUN BYDGOSZCZ	K40	69		00:00:21	00:33:11.05	00:33:32.95	+00:17:08 (51.7%)	6:38	9 (48.1%)
813	RZEPCHYŃSKI Tomasz	910	REPUBLIKA	M40	179		00:00:33	00:33:11.70	00:33:45.15	+00:17:09 (51.7%)	6:38	9 (48.1%)
814	KNIOŁA Lucyna	1255		K20	33		00:00:32	00:33:12.55	00:33:44.55	+00:17:10 (51.7%)	6:38	9 (48.1%)
815	DYNIEWSKA Agnieszka	187	BTZ BYDGOSZCZ	K50	21		00:01:48	00:33:12.85	00:35:01.80	+00:17:10 (51.7%)	6:38	9 (48.1%)
816	ŚWIEŻEWSKI Wojciech	1045	-----	M10	30		00:00:56	00:33:12.90	00:34:09.80	+00:17:10 (51.7%)	6:38	9 (48.1%)
817	JANUSZEWSKA-MADEJ Joanna	351		K40	70		00:01:37	00:33:14.35	00:34:51.80	+00:17:11 (51.7%)	6:38	9 (48.1%)
818	TYKWIŃSKA Agnieszka	1068		K40	71		00:01:02	00:33:14.50	00:34:17.35	+00:17:12 (51.7%)	6:38	9 (48.1%)
819	DĄBROWSKA Danuta	145		K30	95		00:01:22	00:33:15.35	00:34:38.25	+00:17:12 (51.8%)	6:39	9 (48.1%)
820	HARASZKIEWICZ Małgorzata	312		K30	96		00:01:22	00:33:15.55	00:34:38.10	+00:17:13 (51.8%)	6:39	9 (48.1%)
821	KRÓLIKOWSKA Beata	513		K50	22		00:01:56	00:33:16.35	00:35:12.50	+00:17:13 (51.8%)	6:39	9 (48.1%)

Place	Participant	Number		Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
822	JANKOWSKI Krzysztof	347	BTP		M30	176		00:00:00	00:33:16.65	00:33:16.65	+00:17:14 (51.8%)	6:39	9 (48.1%)
823	KUGLARZ Dominik	541			M40	180		00:01:05	00:33:18.50	00:34:24.25	+00:17:16 (51.8%)	6:39	9 (48.1%)
824	MALINOWSKI Jakub	629			M18	7		00:00:20	00:33:20.00	00:33:40.05	+00:17:17 (51.9%)	6:40	9 (48.1%)
825	SZAFRAŃSKA Małgorzata	995			K40	72		00:01:15	00:33:20.15	00:34:35.95	+00:17:17 (51.9%)	6:40	9 (48.1%)
826	KASZUBOWSKI Daniel	424			M30	177		00:01:55	00:33:20.80	00:35:15.85	+00:17:18 (51.9%)	6:40	9 (48.1%)
827	KOTECKI Marcin	482	GANG KOCURA		M40	181		00:01:02	00:33:21.05	00:34:23.95	+00:17:18 (51.9%)	6:40	9 (48.1%)
828	KERL FABROWSKA Paulina	433			K30	97		00:02:01	00:33:22.65	00:35:23.90	+00:17:20 (51.9%)	6:40	9 (48.1%)
829	ZELMA Natalia	1172			K30	98		00:00:59	00:33:22.75	00:34:22.35	+00:17:20 (51.9%)	6:40	9 (48.1%)
830	DRAŻEK-KRAKOWSKA Agusia	175			K40	73		00:00:23	00:33:23.30	00:33:46.60	+00:17:20 (52.0%)	6:40	9 (48.1%)
831	FABROWSKI Dawid	196	TRITATA OCHALTEAM		M40	182		00:02:01	00:33:23.90	00:35:25.45	+00:17:21 (52.0%)	6:40	9 (48.1%)
832	KRUK Łukasz	518			M10	31		00:01:16	00:33:26.40	00:34:43.15	+00:17:23 (52.0%)	6:41	9 (48.1%)
833	KRUK Anna	517			K40	74		00:01:16	00:33:26.45	00:34:43.15	+00:17:24 (52.0%)	6:41	9 (48.1%)
834	ŁADNIAK Bernadeta	601	RUNMORS		K40	75		00:00:22	00:33:27.75	00:33:50.35	+00:17:25 (52.1%)	6:41	9 (48.1%)
835	HUZARSKI Jaroslaw	322			M40	183		00:01:24	00:33:35.30	00:34:59.75	+00:17:32 (52.2%)	6:43	8.9 (47.6%)
836	HUZAR Gosia	321			K40	76		00:01:24	00:33:36.00	00:35:00.05	+00:17:33 (52.3%)	6:43	8.9 (47.6%)
837	BONDARCZYK Karolina	1208			K30	99		00:01:08	00:33:36.20	00:34:45.05	+00:17:33 (52.3%)	6:43	8.9 (47.6%)
838	BONDARCZYK Filip	1206			M20	69		00:01:09	00:33:36.30	00:34:45.80	+00:17:33 (52.3%)	6:43	8.9 (47.6%)
839	DOLNY Andrzej	1241			M40	184		00:01:21	00:33:38.35	00:34:59.65	+00:17:35 (52.3%)	6:43	8.9 (47.6%)
840	TOMASIK Grażyna	1051			K50	23		00:00:43	00:33:39.35	00:34:23.05	+00:17:36 (52.3%)	6:43	8.9 (47.6%)
841	SERAFINOWICZ Marta	925			K30	100		00:00:38	00:33:39.65	00:34:18.10	+00:17:37 (52.3%)	6:43	8.9 (47.6%)
842	KOWALCZYK Klaudia	487			K30	101		00:01:42	00:33:44.00	00:35:26.55	+00:17:41 (52.4%)	6:44	8.9 (47.6%)
843	SZULAKOWSKA Patrycja	1020	TERENOWA MASAKRA BYDGOSZCZ		K40	77		00:01:34	00:33:44.85	00:35:19.00	+00:17:42 (52.5%)	6:44	8.9 (47.6%)
843	LEMAŃSKA Magdalena	566			K40	77		00:00:31	00:33:44.85	00:34:15.95	+00:17:42 (52.5%)	6:44	8.9 (47.6%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time 5km	brutto 5km		min/km	km/h
845	SZULAKOWSKI Rafał	1021	TERENOWA MASAKRA BYDGOSZCZ	M40	185	00:01:33	00:33:46.70	00:35:19.75	+00:17:44 (52.5%)	6:45	8.9 (47.6%)
845	TARGOWSKA Wiktoria	1048	MKS SP 63 BYDGOSZCZ	K10	14	00:00:50	00:33:46.70	00:34:36.75	+00:17:44 (52.5%)	6:45	8.9 (47.6%)
847	DANIEL Izabela	139	MKS SP 63 BYDGOSZCZ	K10	15	00:00:50	00:33:46.75	00:34:36.85	+00:17:44 (52.5%)	6:45	8.9 (47.6%)
848	WOŻNA Patrycja	1145		K20	34	00:01:48	00:33:46.85	00:35:35.25	+00:17:44 (52.5%)	6:45	8.9 (47.6%)
849	NOWAKOWSKA Izabella	729		K20	35	00:02:06	00:33:48.20	00:35:54.85	+00:17:45 (52.5%)	6:45	8.9 (47.6%)
850	CIEŚLIK Iwona	117		K30	102	00:01:37	00:33:48.65	00:35:26.35	+00:17:46 (52.6%)	6:45	8.9 (47.6%)
851	RETKOWSKI Damian	1273		M30	178	00:01:50	00:33:48.95	00:35:39.40	+00:17:46 (52.6%)	6:45	8.9 (47.6%)
852	RETKOWSKI Marta	1274		K30	103	00:01:50	00:33:49.75	00:35:40.00	+00:17:47 (52.6%)	6:45	8.9 (47.6%)
853	WIŚNIEWSKI Adrian	1116		M20	70	00:01:48	00:33:49.95	00:35:38.65	+00:17:47 (52.6%)	6:45	8.9 (47.6%)
854	NOWAKOWSKI Łukasz	731		M30	179	00:01:21	00:33:52.65	00:35:13.70	+00:17:50 (52.7%)	6:46	8.9 (47.6%)
855	RESZKE Mateusz	881		M20	71	00:00:43	00:33:57.45	00:34:40.55	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
856	POLANISZ Magdalena	1221		K40	79	00:00:56	00:33:57.95	00:34:54.90	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
857	ŁUDZIŃSKI Marek	610		M60	27	00:02:09	00:34:03.60	00:36:12.85	+00:18:01 (52.9%)	6:48	8.8 (47.1%)
858	RATAJCZAK Arkadiusz	873	MKS 63	M50	99	00:00:49	00:34:04.60	00:34:54.15	+00:18:02 (52.9%)	6:48	8.8 (47.1%)
859	DWORNIK Radosław	186		M50	100	00:02:08	00:34:04.90	00:36:13.35	+00:18:02 (52.9%)	6:48	8.8 (47.1%)
860	WIATROWSKA Kasia	1100		K40	80	00:00:45	00:34:05.75	00:34:51.10	+00:18:03 (53.0%)	6:49	8.8 (47.1%)
861	CIEPŁOWSKI Robert	1261		M40	186	00:01:36	00:34:06.35	00:35:42.55	+00:18:03 (53.0%)	6:49	8.8 (47.1%)
862	TYKWIŃSKI Maciej	1069		M30	180	00:01:36	00:34:06.85	00:35:42.90	+00:18:04 (53.0%)	6:49	8.8 (47.1%)
863	KEMPA Beata	432		K50	24	00:01:20	00:34:07.75	00:35:28.40	+00:18:05 (53.0%)	6:49	8.8 (47.1%)
864	DORNIAK Krzysztof	173		M50	101	00:01:09	00:34:08.15	00:35:17.20	+00:18:05 (53.0%)	6:49	8.8 (47.1%)
865	CHMIELEWSKI Michał	102		M40	187	00:00:42	00:34:08.25	00:34:50.95	+00:18:05 (53.0%)	6:49	8.8 (47.1%)
866	BROŻYNIAK Michał	72		M40	188	00:01:10	00:34:08.80	00:35:19.10	+00:18:06 (53.0%)	6:49	8.8 (47.1%)
867	NIEMCZYK Piotr	1276		M18	8	00:01:41	00:34:09.10	00:35:50.40	+00:18:06 (53.0%)	6:49	8.8 (47.1%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
868	BAKAJ Mariusz	21		M40	189		00:01:42	00:34:11.95	00:35:54.55	+00:18:09 (53.1%)	6:50	8.8 (47.1%)
869	MRUKOWSKA Agnieszka	694		K40	81		00:00:58	00:34:13.00	00:35:11.75	+00:18:10 (53.1%)	6:50	8.8 (47.1%)
869	PUDO Dorota	846		K30	104		00:00:54	00:34:13.00	00:35:07.20	+00:18:10 (53.1%)	6:50	8.8 (47.1%)
871	BULCZYŃSKA Izabela	78		K30	105		00:00:23	00:34:13.85	00:34:36.85	+00:18:11 (53.1%)	6:50	8.8 (47.1%)
872	PUDO Daria	844		K20	36		00:00:53	00:34:13.90	00:35:07.30	+00:18:11 (53.1%)	6:50	8.8 (47.1%)
873	PUŁKOWNIK Gabriela	850		K30	106		00:00:22	00:34:13.95	00:34:36.50	+00:18:11 (53.1%)	6:50	8.8 (47.1%)
874	KACZMAREK Judyta	393		K20	37		00:02:04	00:34:14.00	00:36:18.75	+00:18:11 (53.1%)	6:50	8.8 (47.1%)
875	FELSKA Katarzyna	200		K30	107		00:01:44	00:34:14.40	00:35:58.45	+00:18:11 (53.2%)	6:50	8.8 (47.1%)
876	BANIA-JASKULSKA Karolina	24		K30	108		00:01:44	00:34:14.65	00:35:58.65	+00:18:12 (53.2%)	6:50	8.8 (47.1%)
877	SZATKOWSKA Monika	1002	FITFORMA	K30	109		00:01:43	00:34:14.85	00:35:58.55	+00:18:12 (53.2%)	6:50	8.8 (47.1%)
878	KOZIOŁ Magdalena	501		K30	110		00:01:43	00:34:15.25	00:35:58.95	+00:18:12 (53.2%)	6:51	8.8 (47.1%)
879	JASIŃSKA Agata	364		K30	111		00:01:32	00:34:16.50	00:35:48.60	+00:18:14 (53.2%)	6:51	8.8 (47.1%)
880	MATUSZEWSKA Agnieszka	651		K40	82		00:01:35	00:34:16.95	00:35:52.25	+00:18:14 (53.2%)	6:51	8.8 (47.1%)
881	MATUSIAK Natalia	648		K20	38		00:01:22	00:34:17.30	00:35:39.55	+00:18:14 (53.2%)	6:51	8.8 (47.1%)
882	ISKRA Marcel	328		M10	32		00:00:18	00:34:17.55	00:34:35.90	+00:18:15 (53.2%)	6:51	8.8 (47.1%)
883	ISKRA Jacek	329		M50	102		00:00:17	00:34:17.65	00:34:35.60	+00:18:15 (53.2%)	6:51	8.8 (47.1%)
884	KOPIEC Mateusz	473		M30	181		00:01:22	00:34:18.05	00:35:40.15	+00:18:15 (53.2%)	6:51	8.7 (46.5%)
885	JASINSKI Maciej	363		M40	190		00:01:32	00:34:18.10	00:35:50.30	+00:18:15 (53.2%)	6:51	8.7 (46.5%)
886	KACZMAREK Angelika	394		K30	112		00:00:16	00:34:18.85	00:34:35.80	+00:18:16 (53.3%)	6:51	8.7 (46.5%)
887	RYBICKA Anna	901		K40	83		00:00:54	00:34:19.55	00:35:14.05	+00:18:17 (53.3%)	6:51	8.7 (46.5%)
888	KOZUBOWSKA Agnieszka	505		K40	84		00:00:40	00:34:20.30	00:35:00.65	+00:18:17 (53.3%)	6:52	8.7 (46.5%)
889	MALINA Justyna	627		K30	113		00:01:42	00:34:20.65	00:36:03.15	+00:18:18 (53.3%)	6:52	8.7 (46.5%)
890	BOGDANÓW Karolina	66		K30	114		00:01:35	00:34:21.40	00:35:56.40	+00:18:18 (53.3%)	6:52	8.7 (46.5%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time 5km	brutto 5km		min/km	km/h
891	SOBOLEWSKA Justyna	955		K40	85	00:01:57	00:34:22.15	00:36:19.60	+00:18:19 (53.3%)	6:52	8.7 (46.5%)
892	STOŻEK Michał	980		M40	191	00:02:02	00:34:23.60	00:36:25.95	+00:18:21 (53.4%)	6:52	8.7 (46.5%)
893	PRĘDKI Jarosław	832	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M20	72	00:01:59	00:34:24.15	00:36:23.45	+00:18:21 (53.4%)	6:52	8.7 (46.5%)
894	KUREK Dorota	548	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K30	115	00:01:59	00:34:24.35	00:36:23.75	+00:18:21 (53.4%)	6:52	8.7 (46.5%)
895	GŁĘBOCKA Agnieszka	249		K40	86	00:01:50	00:34:25.70	00:36:15.80	+00:18:23 (53.4%)	6:53	8.7 (46.5%)
896	ADRYCH Karol	2		M40	192	00:01:50	00:34:26.15	00:36:16.25	+00:18:23 (53.4%)	6:53	8.7 (46.5%)
897	NIEMCZEWSKA Magdalena	720		K30	116	00:00:34	00:34:26.45	00:35:01.40	+00:18:24 (53.4%)	6:53	8.7 (46.5%)
898	PIECZYKOLAN Violetta	793		K50	25	00:00:46	00:34:26.65	00:35:13.45	+00:18:24 (53.4%)	6:53	8.7 (46.5%)
899	OLSZEWSKA Joanna	741		K20	39	00:00:55	00:34:27.00	00:35:22.00	+00:18:24 (53.4%)	6:53	8.7 (46.5%)
900	PIECHOCIŃSKI Jarosław	1212	RINO	M60	28	00:01:19	00:34:27.10	00:35:46.50	+00:18:24 (53.4%)	6:53	8.7 (46.5%)
901	KAMIŃSKA Monika	405		K40	87	00:02:02	00:34:28.55	00:36:31.50	+00:18:26 (53.5%)	6:53	8.7 (46.5%)
902	AUGUSTYNOWICZ Katarzyna	15	TKKF KOLEJARZ BYDGOSZCZ	K40	88	00:00:57	00:34:29.45	00:35:26.65	+00:18:27 (53.5%)	6:53	8.7 (46.5%)
903	BUZA Szymon	88		M30	182	00:00:52	00:34:31.15	00:35:23.65	+00:18:28 (53.5%)	6:54	8.7 (46.5%)
904	KWIATKOWSKA Malgorzata	559		K60	4	00:00:12	00:34:31.30	00:34:44.20	+00:18:28 (53.5%)	6:54	8.7 (46.5%)
905	RADOWSKA Helena	863		K50	26	00:02:12	00:34:31.85	00:36:44.30	+00:18:29 (53.5%)	6:54	8.7 (46.5%)
906	UMIŃSKI Paweł	1281		M40	193	00:01:47	00:34:32.20	00:36:20.05	+00:18:29 (53.6%)	6:54	8.7 (46.5%)
907	RASZTUBOWICZ Tymoteusz	869	MKS SP 63	M10	33	00:01:32	00:34:33.10	00:36:05.40	+00:18:30 (53.6%)	6:54	8.7 (46.5%)
908	WOŹNIAK Anna	1154	MŁODZI DUCHEM	K40	89	00:01:57	00:34:33.20	00:36:30.90	+00:18:30 (53.6%)	6:54	8.7 (46.5%)
909	KWIATKOWSKI Roman	561		M60	29	00:00:13	00:34:33.50	00:34:46.80	+00:18:31 (53.6%)	6:54	8.7 (46.5%)
910	TUBAJA-SOBKÓW Anita	1061	KABEL TEAM BYDGOSZCZ	K40	90	00:01:20	00:34:35.30	00:35:55.60	+00:18:32 (53.6%)	6:55	8.7 (46.5%)
911	WOJNOWSKA Joanna	1136		K20	40	00:00:55	00:34:36.45	00:35:31.45	+00:18:34 (53.6%)	6:55	8.7 (46.5%)
912	RZEPA Karolina	909	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	41	00:01:55	00:34:37.10	00:36:32.90	+00:18:34 (53.7%)	6:55	8.7 (46.5%)
913	PUDO Wojciech	845		M20	73	00:00:54	00:34:38.00	00:35:32.70	+00:18:35 (53.7%)	6:55	8.7 (46.5%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
914	JAWORSKI Janusz	372		M60	30		00:01:12	00:34:38.80	00:35:50.90	+00:18:36 (53.7%)	6:55	8.7 (46.5%)
914	SUSZEK Anna	990		K40	91		00:01:37	00:34:38.80	00:36:15.80	+00:18:36 (53.7%)	6:55	8.7 (46.5%)
916	FIUT Kazimierz	207	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M60	31		00:01:49	00:34:43.40	00:36:32.95	+00:18:40 (53.8%)	6:56	8.6 (46.0%)
917	GIL Martyna	242		K30	117		00:01:39	00:34:46.95	00:36:26.70	+00:18:44 (53.9%)	6:57	8.6 (46.0%)
918	MISZTELA Justyna	680		K30	118		00:00:30	00:34:48.50	00:35:18.50	+00:18:46 (53.9%)	6:57	8.6 (46.0%)
919	ZINKIEWICZ Karolina	1181		K40	92		00:01:28	00:34:48.95	00:36:17.10	+00:18:46 (53.9%)	6:57	8.6 (46.0%)
920	BURDAK Janusz	84		M50	103		00:01:56	00:34:49.80	00:36:45.95	+00:18:47 (53.9%)	6:57	8.6 (46.0%)
921	URBAŃCZYK Justyna	1073		K20	42		00:01:22	00:34:51.95	00:36:14.40	+00:18:49 (54.0%)	6:58	8.6 (46.0%)
922	PIETRZAK Sylwia	805		K30	119		00:00:44	00:34:52.30	00:35:37.05	+00:18:49 (54.0%)	6:58	8.6 (46.0%)
923	ALEXANDER Marek	4		M50	104		00:01:49	00:34:54.00	00:36:43.65	+00:18:51 (54.0%)	6:58	8.6 (46.0%)
924	MUSIAŁ Łukasz	699		M30	183		00:01:47	00:34:54.50	00:36:41.55	+00:18:52 (54.0%)	6:58	8.6 (46.0%)
925	STANOLEWICZ Magdalena	968		K30	120		00:01:26	00:34:54.65	00:36:21.45	+00:18:52 (54.1%)	6:58	8.6 (46.0%)
926	GĄSIOROWSKA Marta	231		K20	43		00:01:46	00:34:55.30	00:36:41.65	+00:18:52 (54.1%)	6:59	8.6 (46.0%)
927	ŚWIERCZYŃSKI Michał	1040		M40	194		00:01:53	00:34:55.40	00:36:49.30	+00:18:52 (54.1%)	6:59	8.6 (46.0%)
928	PIĘKNA Monika	806		K40	93		00:01:48	00:34:55.95	00:36:44.85	+00:18:53 (54.1%)	6:59	8.6 (46.0%)
929	GRYNIS Anna	297		K40	94		00:01:32	00:34:56.50	00:36:29.25	+00:18:54 (54.1%)	6:59	8.6 (46.0%)
930	KRYMER Agnieszka	524		K50	27		00:01:32	00:34:56.85	00:36:28.95	+00:18:54 (54.1%)	6:59	8.6 (46.0%)
931	WYSOCKA Joanna	1309		K30	121		00:01:35	00:34:59.05	00:36:34.65	+00:18:56 (54.1%)	6:59	8.6 (46.0%)
932	ASTUKIEWICZ Agnieszka	13		K50	28		00:00:30	00:34:59.50	00:35:29.95	+00:18:57 (54.2%)	6:59	8.6 (46.0%)
933	KRAJEWSKI Adam	506		M50	105		00:01:54	00:35:02.70	00:36:56.85	+00:19:00 (54.2%)	7:00	8.6 (46.0%)
934	NAWROCKA Małgorzata	716		K40	95		00:00:56	00:35:03.60	00:36:00.20	+00:19:01 (54.2%)	7:00	8.6 (46.0%)
935	RYDELSKA Kinga	904		K50	29		00:00:25	00:35:04.70	00:35:30.45	+00:19:02 (54.3%)	7:00	8.6 (46.0%)
936	JANKOWSKI Rafał	344		M50	106		00:02:02	00:35:06.40	00:37:08.75	+00:19:03 (54.3%)	7:01	8.5 (45.5%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
937	WOJCIECHOWSKI Krzysztof	1134		M30	184		00:01:50	00:35:08.05	00:36:58.95	+00:19:05 (54.3%)	7:01	8.5 (45.5%)
938	SUWAŁA Karolina	991		K30	122		00:01:21	00:35:08.95	00:36:30.45	+00:19:06 (54.4%)	7:01	8.5 (45.5%)
939	JANKOWSKA Monika	343		K40	96		00:01:23	00:35:11.40	00:36:34.45	+00:19:08 (54.4%)	7:02	8.5 (45.5%)
940	GĘBALA Izabela	233		K40	97		00:01:39	00:35:11.50	00:36:50.95	+00:19:09 (54.4%)	7:02	8.5 (45.5%)
941	WITKOWSKI Marcin	1123		M20	74		00:01:49	00:35:13.55	00:37:02.55	+00:19:11 (54.5%)	7:02	8.5 (45.5%)
942	LOSKOT Paulina	598	KALORYFER	K20	44		00:01:38	00:35:14.10	00:36:52.20	+00:19:11 (54.5%)	7:02	8.5 (45.5%)
943	MARCINIAK Oskar	639	TRIŚWINKI TEAM	M40	195		00:01:30	00:35:17.90	00:36:48.70	+00:19:15 (54.6%)	7:03	8.5 (45.5%)
944	GIERCZAK Anna	234		K40	98		00:01:18	00:35:18.50	00:36:37.40	+00:19:16 (54.6%)	7:03	8.5 (45.5%)
945	WAWRZYNIAK Andrzej	1091	22. ODN	M60	32		00:01:07	00:35:20.30	00:36:27.45	+00:19:17 (54.6%)	7:04	8.5 (45.5%)
946	WIELGOSZ Jakub	1277	EMDEK BYDGOSZCZ	M18	9		00:01:42	00:35:20.95	00:37:03.20	+00:19:18 (54.6%)	7:04	8.5 (45.5%)
947	CZURYK Karolina	133	CZECZURO TEAM	K40	99		00:00:58	00:35:21.30	00:36:20.20	+00:19:18 (54.6%)	7:04	8.5 (45.5%)
948	CZURYK Bartosz	132	CZECZURO TEAM	M40	196		00:00:59	00:35:21.50	00:36:20.70	+00:19:19 (54.6%)	7:04	8.5 (45.5%)
949	GRZELAK Tadeusz	1233		M60	33		00:01:41	00:35:22.00	00:37:03.30	+00:19:19 (54.6%)	7:04	8.5 (45.5%)
950	TARLECKA Weronika	1279		K18	2		00:01:19	00:35:22.60	00:36:42.20	+00:19:20 (54.7%)	7:04	8.5 (45.5%)
951	SZEMROWICZ Kamila	1011		K20	45		00:01:22	00:35:23.60	00:36:45.95	+00:19:21 (54.7%)	7:04	8.5 (45.5%)
952	HULAJ Janek	320		M20	75		00:01:22	00:35:23.90	00:36:46.65	+00:19:21 (54.7%)	7:04	8.5 (45.5%)
953	PAWLAK Julian	779		M10	34		00:00:00	00:35:23.95	00:35:23.95	+00:19:21 (54.7%)	7:04	8.5 (45.5%)
954	GRUSZKA Marek	296	NIEZRZESZONY	M60	34		00:00:29	00:35:24.75	00:35:54.55	+00:19:22 (54.7%)	7:04	8.5 (45.5%)
955	GRZELAK Łukasz	1232		M40	197		00:01:38	00:35:24.95	00:37:03.50	+00:19:22 (54.7%)	7:04	8.5 (45.5%)
956	MAJEWSKI Mirosław	617		M60	35		00:02:05	00:35:25.60	00:37:31.45	+00:19:23 (54.7%)	7:05	8.5 (45.5%)
957	NAYDOWSKA Monika	666	KTR MASA TURYSTYCZNA/HULAJ TEAM	K50	30		00:01:48	00:35:26.20	00:37:14.55	+00:19:23 (54.7%)	7:05	8.5 (45.5%)
958	JANIC Joanna	341		K40	100		00:01:38	00:35:26.65	00:37:04.90	+00:19:24 (54.7%)	7:05	8.5 (45.5%)
959	KARSKI Marcin	418		M40	198		00:01:38	00:35:26.80	00:37:04.80	+00:19:24 (54.7%)	7:05	8.5 (45.5%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
960	GONCERZ Katarzyna	266	ANANASY	K40	101		00:01:54	00:35:31.20	00:37:25.70	+00:19:28 (54.8%)	7:06	8.4 (44.9%)
961	PRZYBYSZEWSKI Marcin	842		M50	107		00:00:22	00:35:31.60	00:35:53.80	+00:19:29 (54.8%)	7:06	8.4 (44.9%)
962	URBAŃSKI Przemysław	1076		M20	76		00:02:01	00:35:41.60	00:37:43.55	+00:19:39 (55.1%)	7:08	8.4 (44.9%)
963	PIECZYŃSKA Maja	794		K20	46		00:00:51	00:35:43.30	00:36:34.75	+00:19:40 (55.1%)	7:08	8.4 (44.9%)
964	TROJAŃCZYK Krzysztof	1249	TRISPACETREK	M40	199		00:01:37	00:35:46.55	00:37:24.40	+00:19:44 (55.2%)	7:09	8.4 (44.9%)
965	MACHADO Marcela	612		K40	102		00:01:43	00:35:49.75	00:37:33.55	+00:19:47 (55.2%)	7:09	8.4 (44.9%)
966	PIĄTEK Andrzej	788		M60	36		00:01:07	00:35:54.25	00:37:01.40	+00:19:51 (55.3%)	7:10	8.4 (44.9%)
967	POCHOWSKA Izabela	821		K30	123		00:02:07	00:35:54.45	00:38:01.75	+00:19:52 (55.3%)	7:10	8.4 (44.9%)
968	MŁODZIKOWSKA Karolina	682		K30	124		00:02:06	00:35:54.80	00:38:01.60	+00:19:52 (55.3%)	7:10	8.4 (44.9%)
969	PALACZ Maria	761		K30	125		00:01:10	00:35:55.35	00:37:05.95	+00:19:52 (55.3%)	7:11	8.4 (44.9%)
970	KWASIGROCH Aleksandra	553		K50	31		00:00:20	00:35:57.90	00:36:18.05	+00:19:55 (55.4%)	7:11	8.3 (44.4%)
971	MICHALSKA Aleksandra	662		K50	32		00:01:37	00:35:58.05	00:37:35.35	+00:19:55 (55.4%)	7:11	8.3 (44.4%)
972	URBAŃSKI Krzysztof	1300		M20	77		00:01:35	00:36:00.50	00:37:35.80	+00:19:58 (55.5%)	7:12	8.3 (44.4%)
973	GULBINOWICZ Dominika	1301		K30	126		00:01:35	00:36:00.60	00:37:35.90	+00:19:58 (55.5%)	7:12	8.3 (44.4%)
974	PISKRZYŃSKA Dominika	817		K30	127		00:02:01	00:36:02.10	00:38:03.25	+00:19:59 (55.5%)	7:12	8.3 (44.4%)
975	ERDMANN Agnieszka	193		K40	103		00:01:35	00:36:03.35	00:37:38.95	+00:20:00 (55.5%)	7:12	8.3 (44.4%)
976	PALACZ Wioletta	759	POLONIA BYDGOSZCZ SLA	K40	104		00:01:33	00:36:08.65	00:37:41.70	+00:20:06 (55.6%)	7:13	8.3 (44.4%)
977	SZNAJDER Beata	1018		K40	105		00:01:00	00:36:08.70	00:37:09.00	+00:20:06 (55.6%)	7:13	8.3 (44.4%)
977	PALACZ Dawid	760	SP60	M10	35		00:01:32	00:36:08.70	00:37:41.55	+00:20:06 (55.6%)	7:13	8.3 (44.4%)
979	GREŃ Sebastian	284	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M30	185		00:01:15	00:36:10.65	00:37:26.15	+00:20:08 (55.7%)	7:14	8.3 (44.4%)
980	CHOLEWCZYŃSKI Dariusz	107	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M50	108		00:01:15	00:36:11.10	00:37:26.20	+00:20:08 (55.7%)	7:14	8.3 (44.4%)
981	MARKOWSKA- BAUMGART Aneta	641	BIEGAJ Z DĘBAMI	K60	5		00:02:05	00:36:11.40	00:38:16.45	+00:20:08 (55.7%)	7:14	8.3 (44.4%)
982	GORGOL Renata	268	WTLENIE	K40	106		00:01:12	00:36:11.75	00:37:24.40	+00:20:09 (55.7%)	7:14	8.3 (44.4%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
983	MARUT Joanna	643		K30	128		00:01:25	00:36:13.70	00:37:39.55	+00:20:11 (55.7%)	7:14	8.3 (44.4%)
984	GIL Joanna	240	PIEKARY ŚLĄSKIE	K40	107		00:01:45	00:36:14.00	00:37:59.75	+00:20:11 (55.7%)	7:14	8.3 (44.4%)
985	ŚLESINSKI Tomasz	1034		M30	186		00:01:22	00:36:14.70	00:37:37.10	+00:20:12 (55.7%)	7:14	8.3 (44.4%)
986	HUBER Joanna	319		K40	108		00:01:26	00:36:21.00	00:37:47.05	+00:20:18 (55.9%)	7:16	8.3 (44.4%)
987	ORZOŁ Bartek	749		M20	78		00:01:26	00:36:21.20	00:37:47.55	+00:20:18 (55.9%)	7:16	8.3 (44.4%)
988	BĄK Marta	38		K10	16		00:01:30	00:36:23.00	00:37:53.10	+00:20:20 (55.9%)	7:16	8.2 (43.9%)
989	BĄK Remigiusz	37		M40	200		00:01:30	00:36:23.70	00:37:54.15	+00:20:21 (55.9%)	7:16	8.2 (43.9%)
990	SZYMCZAK Magdalena	1028		K20	47		00:00:39	00:36:26.35	00:37:05.40	+00:20:23 (56.0%)	7:17	8.2 (43.9%)
991	TRAWCZYŃSKI Dawid	1058	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M30	187		00:01:55	00:36:27.60	00:38:23.15	+00:20:25 (56.0%)	7:17	8.2 (43.9%)
992	KWIATKOWSKA Kinga	558		K40	109		00:01:30	00:36:30.15	00:38:00.25	+00:20:27 (56.1%)	7:18	8.2 (43.9%)
993	NOWAK Paulina	728		K20	48		00:01:39	00:36:31.10	00:38:10.65	+00:20:28 (56.1%)	7:18	8.2 (43.9%)
994	BRZUSZKIEWICZ Krzysztof	74		M10	36		00:01:39	00:36:31.70	00:38:10.75	+00:20:29 (56.1%)	7:18	8.2 (43.9%)
995	DUSZYŃSKI Denis	185		M30	188		00:01:39	00:36:40.40	00:38:20.10	+00:20:37 (56.3%)	7:20	8.2 (43.9%)
996	GASZYŃSKA Iga	229		K10	17		00:01:39	00:36:40.55	00:38:20.10	+00:20:38 (56.3%)	7:20	8.2 (43.9%)
997	DUBIELEWSKA Joanna	180	KALORYFER	K20	49		00:01:38	00:36:43.40	00:38:21.55	+00:20:40 (56.3%)	7:20	8.2 (43.9%)
998	DOLATA Martyna	163		K10	18		00:01:34	00:36:43.75	00:38:18.45	+00:20:41 (56.3%)	7:20	8.2 (43.9%)
999	MARCHLEWSKA Maja	637		K10	19		00:01:34	00:36:43.80	00:38:18.55	+00:20:41 (56.3%)	7:20	8.2 (43.9%)
1000	DOLATA Aneta	162		K40	110		00:01:37	00:36:43.90	00:38:21.05	+00:20:41 (56.3%)	7:20	8.2 (43.9%)
1001	DWORCZAK Rafał	1246		M40	201		00:00:55	00:36:52.80	00:37:48.45	+00:20:50 (56.5%)	7:22	8.1 (43.3%)
1002	KŁODA Karolina	453		K40	111		00:01:00	00:36:53.15	00:37:53.45	+00:20:50 (56.5%)	7:22	8.1 (43.3%)
1003	MAZURKIEWICZ Daria	655		K30	129		00:01:19	00:37:00.25	00:38:19.30	+00:20:57 (56.7%)	7:24	8.1 (43.3%)
1004	MUSIAŁA Adam	701		M40	202		00:01:01	00:37:00.85	00:38:02.30	+00:20:58 (56.7%)	7:24	8.1 (43.3%)
1005	SZYPERSKI Sławomir	1031		M50	109		00:01:18	00:37:01.15	00:38:19.50	+00:20:58 (56.7%)	7:24	8.1 (43.3%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1006	RATAJCZAK Arleta	871	MKS 63	K40	112		00:00:50	00:37:02.20	00:37:52.85	+00:20:59 (56.7%)	7:24	8.1 (43.3%)
1007	MIKOŁAJEWSKA Zuzia	672		K10	20		00:00:51	00:37:02.30	00:37:53.75	+00:20:59 (56.7%)	7:24	8.1 (43.3%)
1008	HASS Paweł	314		M10	37		00:01:44	00:37:08.40	00:38:53.05	+00:21:05 (56.8%)	7:25	8.1 (43.3%)
1009	HASS Adam	313		M40	203		00:01:44	00:37:10.75	00:38:55.20	+00:21:08 (56.9%)	7:26	8.1 (43.3%)
1010	GŁOGOWSKA Zuzanna	250		K10	21		00:01:31	00:37:12.35	00:38:43.60	+00:21:09 (56.9%)	7:26	8.1 (43.3%)
1011	GŁOGOWSKI Krzysztof	251		M40	204		00:01:31	00:37:12.40	00:38:43.85	+00:21:09 (56.9%)	7:26	8.1 (43.3%)
1012	WOJCIECHOWSKA Aleksandra	1130		K30	130		00:00:36	00:37:19.10	00:37:55.25	+00:21:16 (57.0%)	7:27	8 (42.8%)
1013	PRIETZ Agata	835		K40	113		00:01:29	00:37:20.80	00:38:50.65	+00:21:18 (57.0%)	7:28	8 (42.8%)
1014	ZAWADZKA Monika	1169		K30	131		00:01:29	00:37:21.00	00:38:50.65	+00:21:18 (57.1%)	7:28	8 (42.8%)
1015	PRZEBORSKA-DERON Beata Julia	1215	WKS „O.R.I.” W KRUSZYNIE KRAJEŃSKIM	K30	132		00:01:52	00:37:21.20	00:39:14.15	+00:21:18 (57.1%)	7:28	8 (42.8%)
1016	DERON Łukasz	151		M30	189		00:01:52	00:37:21.55	00:39:13.80	+00:21:19 (57.1%)	7:28	8 (42.8%)
1017	RASZTUBOWICZ Agnieszka	867		K40	114		00:01:32	00:37:22.90	00:38:55.80	+00:21:20 (57.1%)	7:28	8 (42.8%)
1018	WIŚNIEWSKA Lucyna	1113		K50	33		00:01:37	00:37:23.95	00:39:01.20	+00:21:21 (57.1%)	7:28	8 (42.8%)
1019	WIŚNIEWSKI Krzysztof	1117	TRISPACE/TREK	M50	110		00:01:37	00:37:24.30	00:39:01.50	+00:21:21 (57.1%)	7:28	8 (42.8%)
1020	RASZTUBOWICZ Jakub	868	MKS SP 63	M10	38		00:01:30	00:37:24.50	00:38:55.45	+00:21:22 (57.1%)	7:28	8 (42.8%)
1021	CHOLEWCZYŃSKA Dorota	106	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K40	115		00:00:00	00:37:26.50	00:37:26.50	+00:21:24 (57.2%)	7:29	8 (42.8%)
1022	RYBARCZYK Oliwia	900		K18	3		00:01:26	00:37:26.75	00:38:53.35	+00:21:24 (57.2%)	7:29	8 (42.8%)
1023	KONICZYŃSKA Zuzanna	472		K50	34		00:00:55	00:37:32.55	00:38:28.15	+00:21:30 (57.3%)	7:30	8 (42.8%)
1024	SURMACZ Natalia	989		K10	22		00:01:27	00:37:48.90	00:39:16.25	+00:21:46 (57.6%)	7:33	7.9 (42.2%)
1025	GŁOWIŃSKA Nadia	259		K10	23		00:00:12	00:37:51.60	00:38:04.15	+00:21:49 (57.6%)	7:34	7.9 (42.2%)
1026	GŁOWIŃSKA Magdalena	258		K40	116		00:00:12	00:37:51.95	00:38:04.30	+00:21:49 (57.6%)	7:34	7.9 (42.2%)
1027	CIESIELSKA Beata	1196		K50	35		00:01:03	00:37:52.45	00:38:56.20	+00:21:50 (57.6%)	7:34	7.9 (42.2%)
1028	GRALAK Jerzy	281		M60	37		00:00:30	00:37:52.75	00:38:22.85	+00:21:50 (57.7%)	7:34	7.9 (42.2%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1029	BŁAŻEJEWSKA Anna	64		K10	24		00:01:45	00:37:57.25	00:39:43.10	+00:21:54 (57.7%)	7:35	7.9 (42.2%)
1030	PATZER Patrycja	775		K20	50		00:02:04	00:37:58.20	00:40:02.85	+00:21:55 (57.8%)	7:35	7.9 (42.2%)
1031	KABACIŃSKA-KOSTKOWSKA Barbara	389		K50	36		00:00:42	00:37:58.95	00:38:41.20	+00:21:56 (57.8%)	7:35	7.9 (42.2%)
1032	KAPELEWSKI Piotr	1289		M10	39		00:01:22	00:38:01.10	00:39:23.20	+00:21:58 (57.8%)	7:36	7.9 (42.2%)
1033	KAPELEWSKI Marcin	409		M40	205		00:01:21	00:38:01.40	00:39:23.20	+00:21:58 (57.8%)	7:36	7.9 (42.2%)
1034	PIASECZNY Wojciech	1234		M10	40		00:01:18	00:38:07.90	00:39:26.05	+00:22:05 (57.9%)	7:37	7.9 (42.2%)
1035	PIASECZNY Dawid	786		M40	206		00:01:18	00:38:08.00	00:39:26.35	+00:22:05 (57.9%)	7:37	7.9 (42.2%)
1036	KWIATKOWSKA Katarzyna	557	MORŚWIRY BYDGOSZCZ	K40	117		00:01:47	00:38:10.70	00:39:58.35	+00:22:08 (58.0%)	7:38	7.9 (42.2%)
1037	KOZIEŁ Leszek	500		M60	38		00:00:36	00:38:17.90	00:38:54.55	+00:22:15 (58.1%)	7:39	7.8 (41.7%)
1038	OSTROWSKA Renata	752	MŁODZI DUCHEM	K40	118		00:00:20	00:38:20.50	00:38:41.20	+00:22:18 (58.2%)	7:40	7.8 (41.7%)
1039	ZINCHENKO Serhii	1180		M20	79		00:01:55	00:38:26.90	00:40:22.20	+00:22:24 (58.3%)	7:41	7.8 (41.7%)
1040	MALCZEWSKA Mirka	622	FORDONRUNNERS	K60	6		00:01:56	00:38:28.45	00:40:25.05	+00:22:26 (58.3%)	7:41	7.8 (41.7%)
1041	KUBERSKA Roma	534		K40	119		00:01:56	00:38:28.60	00:40:25.45	+00:22:26 (58.3%)	7:41	7.8 (41.7%)
1042	RASSALSKA-KAUSA Jola	866		K40	120		00:01:56	00:38:29.00	00:40:25.60	+00:22:26 (58.3%)	7:41	7.8 (41.7%)
1043	DŁUGOBORSKI Dawid	156		M30	190		00:01:26	00:38:29.20	00:39:55.20	+00:22:26 (58.3%)	7:41	7.8 (41.7%)
1044	KWAŚNIEWSKA Justyna	554		K20	51		00:01:26	00:38:29.45	00:39:55.60	+00:22:27 (58.3%)	7:41	7.8 (41.7%)
1045	DŁUGOBORSKI Wiktor	154		M10	41		00:01:25	00:38:29.50	00:39:54.90	+00:22:27 (58.3%)	7:41	7.8 (41.7%)
1046	SZYMCZYK Joanna	1030	SOLANKOWI BIEGACZE	K40	121		00:01:00	00:38:30.10	00:39:30.55	+00:22:27 (58.3%)	7:42	7.8 (41.7%)
1047	NOWICKI Marek	733	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M40	207		00:01:14	00:38:37.15	00:39:51.30	+00:22:34 (58.5%)	7:43	7.8 (41.7%)
1048	WIECZOREK Paweł	1104	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M30	191		00:01:13	00:38:37.45	00:39:51.15	+00:22:35 (58.5%)	7:43	7.8 (41.7%)
1049	WOLNIKOWSKA Monika	1140	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K40	122		00:01:13	00:38:39.90	00:39:53.15	+00:22:37 (58.5%)	7:43	7.8 (41.7%)
1050	RUDOWICZ Wiktoria	893		K18	4		00:00:51	00:38:41.40	00:39:33.15	+00:22:38 (58.5%)	7:44	7.8 (41.7%)
1051	KACZMAREK Marta	391		K30	133		00:01:34	00:38:41.55	00:40:15.80	+00:22:39 (58.5%)	7:44	7.8 (41.7%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1052	KRYSPIN Dominik	528		M10	42		00:01:25	00:38:44.65	00:40:09.85	+00:22:42 (58.6%)	7:44	7.7 (41.2%)
1053	MAZUR Karolina	654		K20	52		00:01:26	00:38:50.40	00:40:17.30	+00:22:47 (58.7%)	7:46	7.7 (41.2%)
1054	KRYSPIN Ewelina	526		K30	134		00:01:25	00:38:53.85	00:40:19.30	+00:22:51 (58.8%)	7:46	7.7 (41.2%)
1055	KRYSPIN Wiktoria	527		K10	25		00:01:25	00:38:54.15	00:40:19.35	+00:22:51 (58.8%)	7:46	7.7 (41.2%)
1056	RUTKOWSKA Mariola	897		K30	135		00:01:15	00:38:56.30	00:40:12.15	+00:22:53 (58.8%)	7:47	7.7 (41.2%)
1057	ALEKSANDER Magdalena	3		K50	37		00:00:59	00:39:00.75	00:39:59.90	+00:22:58 (58.9%)	7:48	7.7 (41.2%)
1058	GROCHOWALSKA Katarzyna	291	SPOROTHUB	K30	136		00:01:13	00:39:04.95	00:40:18.55	+00:23:02 (59.0%)	7:48	7.7 (41.2%)
1059	OSTROWSKI Łukasz	753		M30	192		00:02:15	00:39:06.15	00:41:21.30	+00:23:03 (59.0%)	7:49	7.7 (41.2%)
1060	BIESEK Oliwia	56		K20	53		00:01:00	00:39:14.85	00:40:15.55	+00:23:12 (59.1%)	7:50	7.6 (40.6%)
1061	ANTCZAK Natalia	8		K30	137		00:01:52	00:39:16.85	00:41:09.65	+00:23:14 (59.2%)	7:51	7.6 (40.6%)
1062	GOŁĘBIEWSKI Paweł	264		M40	208		00:01:52	00:39:17.25	00:41:09.90	+00:23:14 (59.2%)	7:51	7.6 (40.6%)
1063	GŁOWACKI Antoni	254		M10	43		00:00:35	00:39:17.80	00:39:53.55	+00:23:15 (59.2%)	7:51	7.6 (40.6%)
1064	KREFT Marek	512		M30	193		00:01:19	00:39:20.55	00:40:40.25	+00:23:18 (59.2%)	7:52	7.6 (40.6%)
1065	SKIBIŃSKA Paulina	941		K30	138		00:01:27	00:39:31.20	00:40:58.30	+00:23:28 (59.4%)	7:54	7.6 (40.6%)
1066	KANJERSKI Jerzy	406	RUN BYDGOSZCZ	M60	39		00:00:23	00:39:40.75	00:40:04.05	+00:23:38 (59.6%)	7:56	7.6 (40.6%)
1067	SZCZEPANIAK Jakub	1004		M20	80		00:00:50	00:39:44.05	00:40:34.95	+00:23:41 (59.6%)	7:56	7.6 (40.6%)
1068	FIFIELSKA Kinga	1247		K10	26		00:00:55	00:39:45.35	00:40:41.15	+00:23:42 (59.7%)	7:57	7.5 (40.1%)
1069	KACZMAREK Dominika	392		K30	139		00:01:34	00:39:48.05	00:41:22.50	+00:23:45 (59.7%)	7:57	7.5 (40.1%)
1070	ŻUCHOWSKA Emilia	1191		K20	54		00:01:30	00:39:56.25	00:41:27.10	+00:23:53 (59.8%)	7:59	7.5 (40.1%)
1071	BIELEC Jakub	48		M20	81		00:01:30	00:39:56.90	00:41:27.45	+00:23:54 (59.8%)	7:59	7.5 (40.1%)
1072	WÓJCIK Mikołaj	1158		M10	44		00:00:29	00:40:01.85	00:40:31.70	+00:23:59 (59.9%)	8:00	7.5 (40.1%)
1073	WÓJCIK Anna	1157		K40	123		00:00:29	00:40:04.05	00:40:33.60	+00:24:01 (60.0%)	8:00	7.5 (40.1%)
1074	LISZEWSKI Piotr	597	MANY TEAM	M20	82		00:01:08	00:40:08.20	00:41:16.45	+00:24:05 (60.0%)	8:01	7.5 (40.1%)

						Start	Net	Czas	Gap	Pace	Pace
Place	Participant	Number	Club	Category	MCat sponsorzy	time	time 5km	brutto 5km		min/km	km/h
1075	SKOWRON Inga	944	MANY TEAM	K20	55	00:01:08	00:40:15.25	00:41:23.50	+00:24:12 (60.2%)	8:03	7.5 (40.1%)
1076	WĘGIERSKA Iwona	1098		K50	38	00:00:27	00:40:19.00	00:40:46.65	+00:24:16 (60.2%)	8:03	7.4 (39.6%)
1076	BREJER Rafał	71		M50	111	00:00:27	00:40:19.00	00:40:46.65	+00:24:16 (60.2%)	8:03	7.4 (39.6%)
1078	PIETROWSKA Kinga	803		K30	140	00:02:05	00:40:19.95	00:42:25.15	+00:24:17 (60.2%)	8:03	7.4 (39.6%)
1079	MACZYŃSKA-WALKOWIAK Ewa	656		K30	141	00:02:04	00:40:20.20	00:42:25.10	+00:24:17 (60.2%)	8:04	7.4 (39.6%)
1080	LEWANDOWSKI Robert	575	POMAGALSCY	M50	112	00:00:16	00:40:22.75	00:40:39.30	+00:24:20 (60.3%)	8:04	7.4 (39.6%)
1081	WITKOWSKI Dorian	1288		M20	83	00:01:04	00:40:26.65	00:41:30.70	+00:24:24 (60.3%)	8:05	7.4 (39.6%)
1082	NIEŚCIERUK Monika	721		K20	56	00:01:51	00:40:40.80	00:42:32.75	+00:24:38 (60.6%)	8:08	7.4 (39.6%)
1083	BARTNIK Eryk	34	MODERN BYDGOSZCZ	M30	194	00:01:51	00:40:41.30	00:42:33.15	+00:24:38 (60.6%)	8:08	7.4 (39.6%)
1084	MANTHEY Danuta	634	MANY TEAM	K40	124	00:01:07	00:40:42.35	00:41:49.95	+00:24:39 (60.6%)	8:08	7.4 (39.6%)
1085	MANTHEY Marek	633	MANY TEAM	M50	113	00:01:08	00:40:45.45	00:41:54.00	+00:24:43 (60.6%)	8:09	7.4 (39.6%)
1086	WILCZYŃSKA-KĘPA Mirosława	1106	WILCZKI	K40	125	00:00:47	00:40:54.35	00:41:41.45	+00:24:51 (60.8%)	8:10	7.3 (39.0%)
1087	JANKOWSKA Ilona	342		K40	126	00:02:01	00:41:01.05	00:43:02.60	+00:24:58 (60.9%)	8:12	7.3 (39.0%)
1088	DONIECKA Dorota	171		K40	127	00:00:50	00:41:02.50	00:41:53.05	+00:25:00 (60.9%)	8:12	7.3 (39.0%)
1089	GACKOWSKI Edward	219		M60	40	00:01:25	00:41:05.40	00:42:30.50	+00:25:02 (61.0%)	8:13	7.3 (39.0%)
1090	WOŹNIAK Anna	1371		K40	128	00:00:21	00:41:10.40	00:41:31.60	+00:25:07 (61.0%)	8:14	7.3 (39.0%)
1091	BIELUSZEWSKI Samuel	54		M10	45	00:02:09	00:41:17.60	00:43:27.50	+00:25:15 (61.2%)	8:15	7.3 (39.0%)
1092	PISKRZYŃSKA Kornelia	818		K10	27	00:02:01	00:41:18.60	00:43:19.60	+00:25:16 (61.2%)	8:15	7.3 (39.0%)
1093	BIELUSZEWSKI Artur	53		M50	114	00:02:10	00:41:18.85	00:43:28.90	+00:25:16 (61.2%)	8:15	7.3 (39.0%)
1094	NADRATOWSKA Patrycja	706	SPORTHUB	K30	142	00:01:15	00:41:36.85	00:42:52.45	+00:25:34 (61.5%)	8:19	7.2 (38.5%)
1095	KINSTLER Joanna	445		K40	129	00:01:58	00:41:52.55	00:43:51.00	+00:25:50 (61.7%)	8:22	7.2 (38.5%)
1096	KOZIEŁ Bartek	498		M10	46	00:00:31	00:41:57.25	00:42:28.65	+00:25:54 (61.8%)	8:23	7.2 (38.5%)
1097	SERLIKOWSKA Agnieszka	926		K30	143	00:00:23	00:41:58.15	00:42:21.35	+00:25:55 (61.8%)	8:23	7.1 (38.0%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1098	RATAJCZAK Marcel	872	MKS 63	M10	47		00:00:00	00:41:58.65	00:41:58.65	+00:25:56 (61.8%)	8:23	7.1 (38.0%)
1099	KOZIEŁ Tomasz	497		M40	209		00:00:31	00:42:00.65	00:42:31.75	+00:25:58 (61.8%)	8:24	7.1 (38.0%)
1100	LIPKA Józef	595	DAM RADĘ	M60	41		00:01:02	00:42:13.15	00:43:15.55	+00:26:10 (62.0%)	8:26	7.1 (38.0%)
1101	DEMBSKA Anita	147	TEAM PATROL	K50	39		00:01:07	00:42:16.10	00:43:23.55	+00:26:13 (62.0%)	8:27	7.1 (38.0%)
1102	GALICKA Nina	222	AKADEMIA MISTRZÓW SPORTU	K10	28		00:01:03	00:42:20.00	00:43:23.50	+00:26:17 (62.1%)	8:28	7.1 (38.0%)
1103	NOWAKOWSKA-SZWAJCA Anna	730		K50	40		00:01:46	00:42:21.15	00:44:07.85	+00:26:18 (62.1%)	8:28	7.1 (38.0%)
1104	GĄGAŃSKA Beata	224		K50	41		00:01:46	00:42:21.30	00:44:07.85	+00:26:18 (62.1%)	8:28	7.1 (38.0%)
1105	KONDEK Jakub	468		M40	210		00:00:29	00:42:23.65	00:42:52.80	+00:26:21 (62.2%)	8:28	7.1 (38.0%)
1106	MOSUR-GALICKA Angelina	689	AKADEMIA MISTRZÓW SPORTU	K50	42		00:01:03	00:42:26.95	00:43:30.20	+00:26:24 (62.2%)	8:29	7.1 (38.0%)
1107	BUTOWSKI Michał	86		M50	115		00:01:44	00:42:35.35	00:44:19.75	+00:26:32 (62.3%)	8:31	7 (37.4%)
1108	BUTOWSKA Anna	85		K50	43		00:01:43	00:42:36.10	00:44:19.75	+00:26:33 (62.3%)	8:31	7 (37.4%)
1109	MALESZA Paulina	623		K20	57		00:00:50	00:43:16.10	00:44:06.60	+00:27:13 (62.9%)	8:39	6.9 (36.9%)
1110	MALESZA HATŁAS Julia	624		K10	29		00:00:51	00:43:16.55	00:44:07.60	+00:27:14 (62.9%)	8:39	6.9 (36.9%)
1111	BURCHARD Natalia	82	RODZINKA B	K10	30		00:00:53	00:43:17.40	00:44:11.00	+00:27:14 (62.9%)	8:39	6.9 (36.9%)
1112	CIEŚLIŃSKA-RYPOLC Agata	118		K30	144		00:01:23	00:43:27.15	00:44:50.75	+00:27:24 (63.1%)	8:41	6.9 (36.9%)
1113	RYPOLC Mikołaj	908		M30	195		00:01:23	00:43:28.60	00:44:52.45	+00:27:26 (63.1%)	8:41	6.9 (36.9%)
1114	GACZKOWSKA Nadia	1226		K10	31		00:01:05	00:43:30.55	00:44:36.00	+00:27:28 (63.1%)	8:42	6.9 (36.9%)
1115	KONWIŃSKA Anna	1201		K40	130		00:01:06	00:43:39.05	00:44:45.40	+00:27:36 (63.3%)	8:43	6.9 (36.9%)
1115	SZEWCZUK Tomasz	1202		M40	211		00:01:07	00:43:39.05	00:44:46.05	+00:27:36 (63.3%)	8:43	6.9 (36.9%)
1117	KLIMCZAK Justyna	448	CYKLON SWIMMING TEAM BYDGOSZCZ	K40	131		00:02:01	00:43:43.70	00:45:45.10	+00:27:41 (63.3%)	8:44	6.9 (36.9%)
1118	SIÓDMIAK Sławomir	934	CYKLON SWIMMING TEAM BYDGOSZCZ	M40	212		00:02:01	00:43:43.85	00:45:45.40	+00:27:41 (63.3%)	8:44	6.9 (36.9%)
1119	KASPRZAK Patryk	423	CASTORAMA	M20	84		00:00:56	00:43:53.25	00:44:50.15	+00:27:50 (63.5%)	8:46	6.8 (36.4%)
1120	BŁĄŻEJEWSKA Maja	63		K10	32		00:01:46	00:43:59.00	00:45:45.35	+00:27:56 (63.5%)	8:47	6.8 (36.4%)

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1121	BŁAŻEJEWSKA Joanna	62		K40	132		00:01:46	00:43:59.70	00:45:45.85	+00:27:57 (63.5%)	8:47	6.8 (36.4%)
1122	GRABOWICZ Uljana	275	DOKTOR WHO	K40	133		00:01:57	00:44:12.20	00:46:09.90	+00:28:09 (63.7%)	8:50	6.8 (36.4%)
1123	JAGODZIŃSKI Karol	334		M50	116		00:01:55	00:44:14.40	00:46:09.95	+00:28:11 (63.7%)	8:50	6.8 (36.4%)
1124	KAWA Marcin	1287		M40	213		00:01:57	00:44:20.20	00:46:17.80	+00:28:17 (63.8%)	8:52	6.8 (36.4%)
1125	BIELUSZEWSKA Estera	52		K10	33		00:02:09	00:44:51.10	00:47:00.35	+00:28:48 (64.2%)	8:58	6.7 (35.8%)
1126	BIELUSZEWSKA Mirela	51		K40	134		00:02:09	00:44:52.75	00:47:01.75	+00:28:50 (64.3%)	8:58	6.7 (35.8%)
1127	BURCHARD Weronika	81	RODZINKA B	K10	34		00:00:54	00:45:20.45	00:46:14.50	+00:29:18 (64.6%)	9:04	6.6 (35.3%)
1128	BURCHARD Remigiusz	80	RODZINKA B	M40	214		00:00:53	00:45:20.80	00:46:14.45	+00:29:18 (64.6%)	9:04	6.6 (35.3%)
1129	JAKÓBOWSKA Edyta	335		K50	44		00:00:58	00:45:45.10	00:46:43.60	+00:29:42 (64.9%)	9:09	6.6 (35.3%)
1130	ŻUBKOWSKA Kornelia	1190	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	58		00:00:17	00:46:33.20	00:46:50.75	+00:30:30 (65.5%)	9:18	6.4 (34.2%)
1131	ŚMIEGEL Renata	1035		K50	45		00:01:59	00:46:40.05	00:48:39.80	+00:30:37 (65.6%)	9:20	6.4 (34.2%)
1132	JEKEL Agnieszka	375		K50	46		00:01:59	00:46:40.80	00:48:39.90	+00:30:38 (65.6%)	9:20	6.4 (34.2%)
1133	GRZYBCZYŃSKA Monika	299	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K40	135		00:01:49	00:46:51.50	00:48:41.00	+00:30:49 (65.8%)	9:22	6.4 (34.2%)
1134	ŚWIĄTEK Katarzyna	1038	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	59		00:00:18	00:47:57.40	00:48:15.55	+00:31:54 (66.6%)	9:35	6.3 (33.7%)
	PIOTROWSKI Dariusz	814		M50			DNF	DNF	DNF		-	- (0.0%)
	MACHOWSKA Magdalena	1194	BYDGOSKI KLUB MORSA	K40			DNF	DNF	DNF		-	- (0.0%)
	DŁUGOBORSKA Katarzyna	153		K30			DNF	DNF	DNF		-	- (0.0%)

Total 1137 results.