



# HARDY ROLLING - 11 KM



Wydarzenie: PIENINY ULTRA-TRAIL®  
Organizator: Fundacja Strefa Przygód  
Data: 2024-04-20  
Miejsce: Szczawnica  
Dystans: 10.6 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik            | Numer | Klub                 | Kategoria | Mkat | Drużyna | Schronisko pod Durbaszką 2.4km | Czas netto 10.6km | Czas brutto 10.6km | Różn              | Tempo min/km | Tempo km/h   |
|-----|---------------------|-------|----------------------|-----------|------|---------|--------------------------------|-------------------|--------------------|-------------------|--------------|--------------|
| 1   | MAREK Dariusz       | 133   |                      | M30       | 1    |         | 00:14:28                       | 00:49:03.25       | 00:49:04.00        |                   | 4:37         | 13 (100%)    |
| 2   | LORENZEN Wendall    | 4057  | MERRELL              | M20       | 1    |         | 00:14:39                       | 00:49:16.25       | 00:49:17.90        | +00:00:13 (0.5%)  | 4:38         | 12.9 (99.2%) |
| 3   | SIKOŃCZYK Miłosz    | 1248  | ALPIN SPORT TEAM     | M30       | 2    |         | 00:15:21                       | 00:51:11.75       | 00:51:12.95        | +00:02:08 (4.2%)  | 4:49         | 12.4 (95.4%) |
| 4   | CHŁANDA Sebastian   | 127   | GRUPETTO GORLICE     | M30       | 3    |         | 00:14:54                       | 00:52:30.80       | 00:52:31.60        | +00:03:27 (6.6%)  | 4:57         | 12.1 (93.1%) |
| 5   | KURZEJA Michał      | 362   | MYENDURANCETEAM      | M20       | 2    |         | 00:14:28                       | 00:52:39.30       | 00:52:40.05        | +00:03:36 (6.8%)  | 4:58         | 12.1 (93.1%) |
| 6   | MIROSZKA Krzysztof  | 210   |                      | M20       | 3    |         | 00:15:31                       | 00:53:46.60       | 00:53:47.30        | +00:04:43 (8.8%)  | 5:04         | 11.8 (90.8%) |
| 7   | MALEC Łukasz        | 4028  | SPISKA GRUPA BIEGOWA | M40       | 1    |         | 00:16:19                       | 00:53:52.20       | 00:53:54.45        | +00:04:50 (9.0%)  | 5:04         | 11.8 (90.8%) |
| 8   | BOROŃ Dariusz       | 412   |                      | M30       | 4    |         | 00:15:21                       | 00:54:17.60       | 00:54:18.45        | +00:05:14 (9.7%)  | 5:07         | 11.7 (90.0%) |
| 9   | POKRYWKA Robert     | 146   |                      | M20       | 4    |         | 00:16:54                       | 00:55:44.55       | 00:55:47.30        | +00:06:43 (12.0%) | 5:15         | 11.4 (87.7%) |
| 10  | CHLIPAŁA Bartłomiej | 447   | MKL BRYGADA BESKIDÓW | M20       | 5    |         | 00:15:55                       | 00:56:22.65       | 00:56:23.70        | +00:07:19 (13.0%) | 5:19         | 11.3 (86.9%) |
| 11  | FICMER Anna         | 4079  |                      | K30       | 1    |         | 00:16:29                       | 00:56:37.35       | 00:56:39.60        | +00:07:35 (13.4%) | 5:20         | 11.2 (86.2%) |
| 12  | ZBORUCKI Jan        | 333   | PRZEDWOJEWSKI TEAM   | M40       | 2    |         | 00:17:17                       | 00:57:56.40       | 00:57:57.75        | +00:08:53 (15.3%) | 5:27         | 11 (84.6%)   |
| 13  | OSIECKI Jakub       | 4073  |                      | M40       | 3    |         | 00:16:29                       | 00:58:14.35       | 00:58:15.55        | +00:09:11 (15.8%) | 5:29         | 10.9 (83.8%) |
| 14  | MICHALEC Mateusz    | 279   | 42K PRO TEAM         | M20       | 6    |         | 00:15:30                       | 00:58:43.25       | 00:58:44.55        | +00:09:40 (16.5%) | 5:32         | 10.8 (83.1%) |
| 15  | PAJOR Marcin        | 303   | KB PARANTELA         | M20       | 7    |         | 00:18:42                       | 00:58:45.15       | 00:58:52.65        | +00:09:48 (16.7%) | 5:32         | 10.8 (83.1%) |

| Msc | Zawodnik             | Numer | Klub                                 | Kategoria | Mkat | Drużyna | Schronisko pod Durbaszką 2.4km |  | Czas netto 10.6km | Czas brutto 10.6km | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|--------------------------------------|-----------|------|---------|--------------------------------|--|-------------------|--------------------|-------------------|--------------|--------------|
|     |                      |       |                                      |           |      |         |                                |  |                   |                    |                   |              |              |
| 16  | ZABEL Robert         | 2149  | WKS WAWEL KRAKÓW                     | M40       | 4    |         | 00:17:22                       |  | 00:59:28.20       | 00:59:30.15        | +00:10:26 (17.5%) | 5:36         | 10.7 (82.3%) |
| 17  | STRZĘPEK Dariusz     | 425   |                                      | M30       | 5    |         | 00:17:53                       |  | 00:59:28.10       | 00:59:32.20        | +00:10:28 (17.6%) | 5:36         | 10.7 (82.3%) |
| 18  | DÁVID Gábor          | 441   | HEGYIKECSKÉK SE                      | M20       | 8    |         | 00:17:16                       |  | 01:00:00.25       | 01:00:04.80        | +00:11:00 (18.3%) | 5:39         | 10.6 (81.5%) |
| 19  | WOŹNIAK Piotr        | 122   |                                      | M30       | 6    |         | 00:16:45                       |  | 01:00:45.10       | 01:00:45.90        | +00:11:41 (19.3%) | 5:43         | 10.5 (80.8%) |
| 20  | ZIĘBA Mateusz        | 4014  | PODIUM                               | M40       | 5    |         | 00:18:04                       |  | 01:00:52.20       | 01:00:54.20        | +00:11:50 (19.4%) | 5:44         | 10.4 (80.0%) |
| 21  | KŁODA Dominika       | 4022  | ASICSFRONTRUNNER                     | K20       | 1    |         | 00:16:55                       |  | 01:00:57.15       | 01:00:59.10        | +00:11:55 (19.5%) | 5:45         | 10.4 (80.0%) |
| 22  | RASZKA Aleksandra    | 116   | MOUNTAIN RUNNING GUIDES              | K20       | 2    |         | 00:18:46                       |  | 01:01:02.45       | 01:01:05.60        | +00:12:01 (19.7%) | 5:45         | 10.4 (80.0%) |
| 23  | GOŁYŹNIAK Andrzej    | 4025  |                                      | M20       | 9    |         | 00:18:59                       |  | 01:01:03.40       | 01:01:07.20        | +00:12:03 (19.7%) | 5:45         | 10.4 (80.0%) |
| 24  | FERET Kamila         | 371   | KRT JELENIA GÓRA                     | K20       | 3    |         | 00:19:03                       |  | 01:01:13.70       | 01:01:17.25        | +00:12:13 (19.9%) | 5:46         | 10.4 (80.0%) |
| 25  | KURNYTA Sławomir     | 4048  | OCHOTNICA                            | M30       | 7    |         | 00:18:51                       |  | 01:01:16.05       | 01:01:24.25        | +00:12:20 (20.1%) | 5:46         | 10.4 (80.0%) |
| 26  | BIDAS Róża           | 167   |                                      | K30       | 2    |         | 00:19:14                       |  | 01:01:23.10       | 01:01:26.55        | +00:12:22 (20.1%) | 5:47         | 10.4 (80.0%) |
| 27  | URBAN Michał         | 102   | SOKOLICA                             | M20       | 10   |         | 00:18:38                       |  | 01:01:25.70       | 01:01:26.70        | +00:12:22 (20.1%) | 5:47         | 10.4 (80.0%) |
| 28  | GIBAS Rafał          | 4046  |                                      | M50       | 1    |         | 00:17:36                       |  | 01:01:28.55       | 01:01:32.00        | +00:12:28 (20.3%) | 5:47         | 10.3 (79.2%) |
| 29  | MAGIERA Adrian       | 335   |                                      | M30       | 8    |         | 00:18:00                       |  | 01:01:35.15       | 01:01:39.85        | +00:12:35 (20.4%) | 5:48         | 10.3 (79.2%) |
| 30  | BIELA Konrad         | 379   | ON RUN CREW POLAND / GOPR KARKONOSZE | M30       | 9    |         | 00:18:31                       |  | 01:01:46.45       | 01:01:48.40        | +00:12:44 (20.6%) | 5:49         | 10.3 (79.2%) |
| 31  | ZBOROWSKI Krzysztof  | 305   |                                      | M40       | 6    |         | 00:17:44                       |  | 01:02:11.00       | 01:02:13.25        | +00:13:09 (21.1%) | 5:51         | 10.2 (78.5%) |
| 32  | GRZYB Konrad         | 4078  |                                      | M30       | 10   |         | 00:17:01                       |  | 01:02:09.65       | 01:02:14.70        | +00:13:10 (21.2%) | 5:51         | 10.2 (78.5%) |
| 33  | KACZMAREK Tomasz     | 345   | NIEPOŁOMICE BIEGAJĄ                  | M40       | 7    |         | 00:18:40                       |  | 01:02:56.25       | 01:02:56.25        | +00:13:52 (22.0%) | 5:56         | 10.1 (77.7%) |
| 34  | JUDASZ Leszek        | 104   |                                      | M30       | 11   |         | 00:18:54                       |  | 01:03:13.85       | 01:03:18.05        | +00:14:14 (22.5%) | 5:57         | 10.1 (77.7%) |
| 35  | ŚLĄSKI Bartosz       | 206   | PRZEDWOJEWSKI TEAM                   | M30       | 12   |         | 00:19:00                       |  | 01:03:38.60       | 01:03:40.90        | +00:14:36 (23.0%) | 6:00         | 10 (76.9%)   |
| 36  | PALUCH Kamila        | 385   |                                      | K30       | 3    |         | 00:19:03                       |  | 01:03:48.50       | 01:03:51.35        | +00:14:47 (23.2%) | 6:01         | 10 (76.9%)   |
| 37  | BOLECHOWSKA Dominika | 444   | ALPIN SPORT                          | K40       | 1    |         | 00:19:08                       |  | 01:04:27.25       | 01:04:35.00        | +00:15:31 (24.0%) | 6:04         | 9.9 (76.2%)  |
| 38  | WITEK Filip          | 244   |                                      | M20       | 11   |         | 00:18:40                       |  | 01:04:10.70       | 01:04:44.20        | +00:15:40 (24.2%) | 6:03         | 9.9 (76.2%)  |

| Msc | Zawodnik            | Numer | Klub                                 | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|--------------------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 39  | BĄK Mateusz         | 176   |                                      | M20       | 12   |         | 00:18:39                             | 01:04:42.30             | 01:04:44.85              | +00:15:40<br>(24.2%) | 6:06            | 9.8<br>(75.4%) |
| 40  | CIECKIEWICZ Tomasz  | 184   |                                      | M30       | 13   |         | 00:20:04                             | 01:04:50.05             | 01:04:53.65              | +00:15:49<br>(24.4%) | 6:06            | 9.8<br>(75.4%) |
| 41  | JUCHA Michał        | 307   | BIEGIEM PO PIWO                      | M40       | 8    |         | 00:20:04                             | 01:05:15.75             | 01:05:22.00              | +00:16:18<br>(24.9%) | 6:09            | 9.7<br>(74.6%) |
| 42  | KARCZUB Roland      | 438   | HEGYIKECSKÉK SE                      | M20       | 13   |         | 00:18:31                             | 01:06:10.30             | 01:06:15.45              | +00:17:11<br>(25.9%) | 6:14            | 9.6<br>(73.8%) |
| 43  | SZKOŁUDA Sabina     | 378   | NICE'SRUNNERSTEAM                    | K20       | 4    |         | 00:18:37                             | 01:06:22.30             | 01:06:24.45              | +00:17:20<br>(26.1%) | 6:15            | 9.6<br>(73.8%) |
| 44  | ŻUREK Kazimierz     | 218   | M.I.L.A.                             | M40       | 9    |         | 00:19:55                             | 01:06:28.65             | 01:06:32.45              | +00:17:28<br>(26.3%) | 6:16            | 9.6<br>(73.8%) |
| 45  | DOMOŃ Łukasz        | 200   |                                      | M30       | 14   |         | 00:19:17                             | 01:06:27.20             | 01:06:35.25              | +00:17:31<br>(26.3%) | 6:16            | 9.6<br>(73.8%) |
| 46  | BOLECHOWSKI Dominik | 230   |                                      | M20       | 14   |         | 00:19:29                             | 01:06:37.80             | 01:06:39.75              | +00:17:35<br>(26.4%) | 6:17            | 9.5<br>(73.1%) |
| 47  | JĘZYK Marek         | 445   | KS LIMANOWA FORREST                  | M20       | 15   |         | 00:19:32                             | 01:07:23.45             | 01:07:24.85              | +00:18:20<br>(27.2%) | 6:21            | 9.4<br>(72.3%) |
| 48  | PIERZCHAŁA Artur    | 4074  |                                      | M30       | 15   |         | 00:21:16                             | 01:07:42.85             | 01:07:46.40              | +00:18:42<br>(27.6%) | 6:23            | 9.4<br>(72.3%) |
| 49  | PAJĄK Stanisław     | 4049  | SKI TEAM PODHALE/TERMY CHOCHOŁOWSKIE | M50       | 2    |         | 00:20:16                             | 01:07:29.60             | 01:07:52.65              | +00:18:48<br>(27.7%) | 6:21            | 9.4<br>(72.3%) |
| 50  | NASKAUSKÉ Monika    | 4012  | MOKASPORT                            | K20       | 5    |         | 00:19:55                             | 01:08:29.65             | 01:08:32.80              | +00:19:28<br>(28.4%) | 6:27            | 9.3<br>(71.5%) |
| 51  | PACHURA Kinga       | 8     | ULTRA BABIA #WYBIEGAJRAKA            | K40       | 2    |         | 00:21:06                             | 01:08:51.65             | 01:08:54.35              | +00:19:50<br>(28.8%) | 6:29            | 9.2<br>(70.8%) |
| 52  | JANDURA Norbert     | 414   | LKS ZUZA RUNNING TEAM OPOCZNO        | M20       | 16   |         | 00:19:41                             | 01:09:00.40             | 01:09:02.45              | +00:19:58<br>(28.9%) | 6:30            | 9.2<br>(70.8%) |
| 53  | MAZGAJSKI Tymoteusz | 236   |                                      | M20       | 17   |         | 00:19:37                             | 01:08:54.45             | 01:09:03.60              | +00:19:59<br>(29.0%) | 6:30            | 9.2<br>(70.8%) |
| 54  | MORAWSKI Robert     | 237   |                                      | M30       | 16   |         | 00:17:54                             | 01:09:16.10             | 01:09:18.80              | +00:20:14<br>(29.2%) | 6:32            | 9.2<br>(70.8%) |
| 55  | DUDA Patryk         | 252   |                                      | M30       | 17   |         | 00:20:05                             | 01:09:12.20             | 01:09:20.90              | +00:20:16<br>(29.2%) | 6:31            | 9.2<br>(70.8%) |
| 56  | MICKIEWICZ Tomasz   | 4004  | WPUNKT CORBA.                        | M30       | 18   |         | 00:18:34                             | 01:09:20.90             | 01:09:30.00              | +00:20:26<br>(29.4%) | 6:32            | 9.2<br>(70.8%) |
| 57  | ŁESEJKO Mateusz     | 105   |                                      | M40       | 10   |         | 00:18:28                             | 01:09:21.30             | 01:09:48.30              | +00:20:44<br>(29.7%) | 6:32            | 9.2<br>(70.8%) |
| 58  | WYSOKIŃSKA Justyna  | 174   |                                      | K30       | 4    |         | 00:19:14                             | 01:10:07.60             | 01:10:10.35              | +00:21:06<br>(30.1%) | 6:36            | 9.1<br>(70.0%) |
| 59  | JARMUŻEK Marcin     | 4047  |                                      | M40       | 11   |         | 00:21:33                             | 01:10:24.10             | 01:10:30.00              | +00:21:26<br>(30.4%) | 6:38            | 9<br>(69.2%)   |
| 60  | KIKLICA Łukasz      | 396   | FUNDACJA SPORTU WYCZYNOWEGO          | M20       | 18   |         | 00:19:48                             | 01:10:39.35             | 01:10:42.50              | +00:21:38<br>(30.6%) | 6:39            | 9<br>(69.2%)   |
| 61  | BOMBA Jakub         | 331   |                                      | M20       | 19   |         | 00:20:38                             | 01:10:50.85             | 01:10:54.15              | +00:21:50<br>(30.8%) | 6:40            | 9<br>(69.2%)   |

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|-----|---------------------|-------|------------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                     |       |                              |           |      |         |                                      |                         |                          |                      |                 |                |
| 62  | ŚLUSARCZYK Marek    | 415   |                              | M30       | 19   |         | 00:19:47                             | 01:11:18.75             | 01:11:22.95              | +00:22:18<br>(31.3%) | 6:43            | 8.9<br>(68.5%) |
| 63  | DZIERŻAK Elżbieta   | 4054  | WWW.TRENINGFIZJOTERAPIA.PL   | K40       | 3    |         | 00:22:06                             | 01:11:35.35             | 01:11:38.35              | +00:22:34<br>(31.5%) | 6:45            | 8.9<br>(68.5%) |
| 64  | MAZUREK Dariusz     | 4017  | RZESZOWSKIE GAZELE I GEPARDY | M40       | 12   |         | 00:20:45                             | 01:11:31.80             | 01:11:39.05              | +00:22:35<br>(31.5%) | 6:44            | 8.9<br>(68.5%) |
| 65  | CHROBAK Agnieszka   | 4023  | FUNDACJAŁĄCZAŃASGÓRY         | K20       | 6    |         | 00:21:41                             | 01:12:05.55             | 01:12:09.00              | +00:23:05<br>(32.0%) | 6:48            | 8.8<br>(67.7%) |
| 66  | DUBAN Justyna       | 239   |                              | K20       | 7    |         | 00:20:51                             | 01:12:07.40             | 01:12:10.75              | +00:23:06<br>(32.0%) | 6:48            | 8.8<br>(67.7%) |
| 67  | KALFAS Tomasz       | 175   |                              | M30       | 20   |         | 00:22:16                             | 01:12:22.20             | 01:12:36.25              | +00:23:32<br>(32.4%) | 6:49            | 8.8<br>(67.7%) |
| 68  | RYŻYŃSKA Paulina    | 156   |                              | K30       | 5    |         | 00:23:02                             | 01:12:17.10             | 01:12:36.55              | +00:23:32<br>(32.4%) | 6:49            | 8.8<br>(67.7%) |
| 69  | KAWALEC Konrad      | 4056  |                              | M30       | 21   |         | 00:21:02                             | 01:12:27.45             | 01:12:42.85              | +00:23:38<br>(32.5%) | 6:50            | 8.8<br>(67.7%) |
| 70  | KOWALSKI Adam       | 160   | 2K                           | M20       | 20   |         | 00:20:48                             | 01:12:48.15             | 01:12:56.70              | +00:23:52<br>(32.7%) | 6:52            | 8.7<br>(66.9%) |
| 71  | ZABOROWSKI Łukasz   | 365   |                              | M20       | 21   |         | 00:21:14                             | 01:13:16.65             | 01:13:25.35              | +00:24:21<br>(33.2%) | 6:54            | 8.7<br>(66.9%) |
| 72  | LIGAS Andrzej       | 397   | FUNDACJA SPORTU WYCZYNOWEGO  | M40       | 13   |         | 00:22:58                             | 01:13:24.60             | 01:13:26.85              | +00:24:22<br>(33.2%) | 6:55            | 8.7<br>(66.9%) |
| 73  | LENERT Tomasz       | 168   |                              | M20       | 22   |         | 00:23:09                             | 01:13:25.55             | 01:13:29.75              | +00:24:25<br>(33.2%) | 6:55            | 8.7<br>(66.9%) |
| 74  | MATUŁA Natalia      | 342   | MKL BRYGADA BESKIDÓW         | K20       | 8    |         | 00:21:19                             | 01:14:26.50             | 01:14:29.85              | +00:25:25<br>(34.1%) | 7:01            | 8.5<br>(65.4%) |
| 75  | HAJDUK Witold       | 306   |                              | M40       | 14   |         | 00:23:06                             | 01:15:07.60             | 01:15:21.50              | +00:26:17<br>(34.9%) | 7:05            | 8.5<br>(65.4%) |
| 76  | URMANSKI Marek      | 364   |                              | M30       | 22   |         | 00:22:50                             | 01:15:43.50             | 01:15:53.85              | +00:26:49<br>(35.4%) | 7:08            | 8.4<br>(64.6%) |
| 77  | CHRYCZYK Wojciech   | 411   | RYCZYK TEAM AUDI FANCLUB     | M30       | 23   |         | 00:23:38                             | 01:16:13.50             | 01:16:18.95              | +00:27:14<br>(35.7%) | 7:11            | 8.3<br>(63.8%) |
| 78  | MAJDAK Mariusz      | 3000  |                              | M20       | 23   |         | 00:18:16                             | 01:16:20.55             | 01:16:22.20              | +00:27:18<br>(35.8%) | 7:12            | 8.3<br>(63.8%) |
| 79  | PARZYGnat Dariusz   | 246   | WYPOŻYCZALNIA POLANKI        | M30       | 24   |         | 00:22:04                             | 01:16:19.55             | 01:16:23.70              | +00:27:19<br>(35.8%) | 7:11            | 8.3<br>(63.8%) |
| 80  | SKIBICKI Krzysztof  | 199   | ZADYSZKA OŚWIĘCIM            | M50       | 3    |         | 00:22:51                             | 01:15:56.90             | 01:16:25.25              | +00:27:21<br>(35.8%) | 7:09            | 8.4<br>(64.6%) |
| 81  | MOROZOV Rostislav   | 155   | APEX RISES                   | M20       | 24   |         | 00:21:32                             | 01:17:14.10             | 01:17:30.45              | +00:28:26<br>(36.7%) | 7:17            | 8.2<br>(63.1%) |
| 82  | MADEJ Maciej        | 205   |                              | M30       | 25   |         | 00:23:08                             | 01:17:12.65             | 01:17:30.80              | +00:28:26<br>(36.7%) | 7:16            | 8.2<br>(63.1%) |
| 83  | JURKIEWICZ Wojciech | 416   | PKO BANK POLSKI              | M30       | 26   |         | 00:20:44                             | 01:17:44.25             | 01:17:49.00              | +00:28:45<br>(36.9%) | 7:20            | 8.2<br>(63.1%) |
| 84  | KORDYL Waldemar     | 337   | AZS AWF KRAKÓW MASTERS       | M50       | 4    |         | 00:22:37                             | 01:17:46.00             | 01:17:50.10              | +00:28:46<br>(37.0%) | 7:20            | 8.2<br>(63.1%) |

| Msc | Zawodnik            | Numer | Klub                        | Kategoria | Mkat | Drużyna | Schronisko pod | Czas        | Czas        | Różn                 | Tempo  | Tempo          |
|-----|---------------------|-------|-----------------------------|-----------|------|---------|----------------|-------------|-------------|----------------------|--------|----------------|
|     |                     |       |                             |           |      |         | Durbaszką      | netto       | brutto      |                      |        |                |
|     |                     |       |                             |           |      |         | 2.4km          | 10.6km      | 10.6km      |                      | min/km | km/h           |
| 85  | KANIA Marian        | 4087  | LEDWO ZIPIE RYBNIK          | M50       | 5    |         | 00:22:29       | 01:18:00.25 | 01:18:09.70 | +00:29:05<br>(37.2%) | 7:21   | 8.2<br>(63.1%) |
| 86  | ZIMNY Jakub         | 4080  |                             | M40       | 15   |         | 00:23:22       | 01:18:04.55 | 01:18:22.45 | +00:29:18<br>(37.4%) | 7:21   | 8.1<br>(62.3%) |
| 87  | SMULSKA Anita       | 308   |                             | K20       | 9    |         | 00:23:50       | 01:18:19.00 | 01:18:23.10 | +00:29:19<br>(37.4%) | 7:23   | 8.1<br>(62.3%) |
| 88  | FLORIAN Sabina      | 420   |                             | K30       | 6    |         | 00:21:16       | 01:19:07.30 | 01:19:09.00 | +00:30:05<br>(38.0%) | 7:27   | 8<br>(61.5%)   |
| 89  | MAŽEIKYTĖ Gintarė   | 437   | AMŪRAS IR KOMPANIJA         | K40       | 4    |         | 00:24:00       | 01:19:02.60 | 01:19:15.75 | +00:30:11<br>(38.1%) | 7:27   | 8<br>(61.5%)   |
| 90  | KHRUSLOV Volodymyr  | 129   |                             | M30       | 27   |         | 00:24:19       | 01:19:05.90 | 01:19:18.35 | +00:30:14<br>(38.1%) | 7:27   | 8<br>(61.5%)   |
| 91  | CZUPRYNA Jakub      | 372   |                             | M20       | 25   |         | 00:23:50       | 01:19:14.40 | 01:19:23.70 | +00:30:19<br>(38.2%) | 7:28   | 8<br>(61.5%)   |
| 92  | NYKA Mila           | 390   | -                           | K20       | 10   |         | 00:24:28       | 01:19:33.55 | 01:19:38.00 | +00:30:34<br>(38.4%) | 7:30   | 8<br>(61.5%)   |
| 93  | HAMERLIK Łukasz     | 417   |                             | M40       | 16   |         | 00:22:38       | 01:20:07.10 | 01:20:16.75 | +00:31:12<br>(38.9%) | 7:33   | 7.9<br>(60.8%) |
| 94  | TUREK Damian        | 245   |                             | M30       | 28   |         | 00:22:27       | 01:20:26.20 | 01:20:36.70 | +00:31:32<br>(39.1%) | 7:35   | 7.9<br>(60.8%) |
| 95  | PLUCIŃSKI Jakub     | 332   | DRAGON RUNNERS              | M30       | 29   |         | 00:23:34       | 01:20:34.15 | 01:20:36.80 | +00:31:32<br>(39.1%) | 7:36   | 7.9<br>(60.8%) |
| 96  | TOKARAU Aliaksei    | 4026  |                             | M20       | 26   |         | 00:23:51       | 01:20:28.90 | 01:20:42.55 | +00:31:38<br>(39.2%) | 7:35   | 7.9<br>(60.8%) |
| 97  | LIANA Bartłomiej    | 249   |                             | M30       | 30   |         | 00:23:22       | 01:21:30.90 | 01:21:35.75 | +00:32:31<br>(39.9%) | 7:41   | 7.8<br>(60.0%) |
| 98  | SKOWROŃSKA Daria    | 386   |                             | K20       | 11   |         | 00:24:38       | 01:21:45.10 | 01:21:49.05 | +00:32:45<br>(40.0%) | 7:42   | 7.8<br>(60.0%) |
| 99  | TOKARAU Kanstantsin | 4027  |                             | M40       | 17   |         |                | 01:22:06.25 | 01:22:20.85 | +00:33:16<br>(40.4%) | 7:44   | 7.7<br>(59.2%) |
| 100 | PACURA Ireneusz     | 221   |                             | M30       | 31   |         | 00:23:06       | 01:22:10.60 | 01:22:22.35 | +00:33:18<br>(40.4%) | 7:45   | 7.7<br>(59.2%) |
| 101 | DULAK Katarzyna     | 395   | FUNDACJA SPORTU WYCZYNOWEGO | K30       | 7    |         | 00:22:51       | 01:22:21.15 | 01:22:22.70 | +00:33:18<br>(40.4%) | 7:46   | 7.7<br>(59.2%) |
| 102 | BUDZIOSZ Michał     | 399   |                             | M40       | 18   |         | 00:24:19       | 01:22:21.30 | 01:22:41.00 | +00:33:37<br>(40.7%) | 7:46   | 7.7<br>(59.2%) |
| 103 | JUNG Oliwia         | 223   |                             | K20       | 12   |         | 00:22:00       | 01:22:37.70 | 01:22:56.30 | +00:33:52<br>(40.8%) | 7:47   | 7.7<br>(59.2%) |
| 104 | IDZIAK Gwidon       | 421   | #R                          | M50       | 6    |         | 00:25:04       | 01:22:57.00 | 01:23:02.00 | +00:33:58<br>(40.9%) | 7:49   | 7.7<br>(59.2%) |
| 105 | IDZIK Marcin        | 409   | KORONA                      | M30       | 32   |         | 00:23:01       | 01:23:28.65 | 01:23:34.55 | +00:34:30<br>(41.3%) | 7:52   | 7.6<br>(58.5%) |
| 106 | DEDO Justyna        | 419   |                             | K20       | 13   |         | 00:23:49       | 01:23:39.45 | 01:23:43.70 | +00:34:39<br>(41.4%) | 7:53   | 7.6<br>(58.5%) |
| 107 | KŁODA Mikołaj       | 4011  |                             | M20       | 27   |         | 00:25:32       | 01:23:17.30 | 01:23:48.00 | +00:34:44<br>(41.4%) | 7:51   | 7.6<br>(58.5%) |

| Msc | Zawodnik                    | Numer | Klub                  | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|-------|-----------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 108 | STAWICKI Maciej             | 173   |                       | M30       | 33   |         | 00:23:07                             | 01:23:14.80             | 01:23:52.90              | +00:34:48<br>(41.5%) | 7:51            | 7.6<br>(58.5%) |
| 109 | TUROWSKA Justyna            | 443   |                       | K30       | 8    |         | 00:23:22                             | 01:23:54.40             | 01:23:57.40              | +00:34:53<br>(41.6%) | 7:54            | 7.6<br>(58.5%) |
| 110 | SAWICKI Robert              | 114   | BIEGAM GDZIE POPADNIE | M40       | 19   |         | 00:25:48                             | 01:23:39.00             | 01:24:02.80              | +00:34:58<br>(41.6%) | 7:53            | 7.6<br>(58.5%) |
| 111 | WAGA Tomasz                 | 201   |                       | M50       | 7    |         | 00:22:37                             | 01:23:36.00             | 01:24:04.15              | +00:35:00<br>(41.6%) | 7:53            | 7.6<br>(58.5%) |
| 112 | KWIECIEŃ Kacper             | 424   | CIAPKI & KLAPKI TEAM  | M30       | 34   |         | 00:24:13                             | 01:24:51.35             | 01:24:59.60              | +00:35:55<br>(42.3%) | 8:00            | 7.5<br>(57.7%) |
| 113 | MADEJ-ŚWIĄTKOWSKA<br>Karina | 194   |                       | K30       | 9    |         | 00:23:53                             | 01:24:59.35             | 01:25:16.35              | +00:36:12<br>(42.5%) | 8:01            | 7.5<br>(57.7%) |
| 114 | SYCZ Michał                 | 280   |                       | M30       | 35   |         | 00:22:19                             | 01:24:57.20             | 01:25:34.60              | +00:36:30<br>(42.7%) | 8:00            | 7.5<br>(57.7%) |
| 115 | PIONK Alicja                | 4064  |                       | K20       | 14   |         | 00:23:13                             | 01:25:24.70             | 01:25:35.40              | +00:36:31<br>(42.7%) | 8:03            | 7.4<br>(56.9%) |
| 116 | WOJEWODA Marta              | 991   | OLEJ RUNNING TEAM     | K30       | 10   |         | 00:24:59                             | 01:25:27.45             | 01:25:40.10              | +00:36:36<br>(42.7%) | 8:03            | 7.4<br>(56.9%) |
| 117 | ŚLUSARZ Marian              | 292   |                       | M60       | 1    |         | 00:23:13                             | 01:25:43.10             | 01:25:49.00              | +00:36:45<br>(42.8%) | 8:05            | 7.4<br>(56.9%) |
| 118 | STARZYCKA Barbara           | 181   |                       | K30       | 11   |         | 00:25:02                             | 01:25:36.50             | 01:25:52.20              | +00:36:48<br>(42.9%) | 8:04            | 7.4<br>(56.9%) |
| 119 | OLEWNIK Łukasz              | 1744  | AGB TORFY             | M30       | 36   |         | 00:25:00                             | 01:25:57.85             | 01:26:06.40              | +00:37:02<br>(43.0%) | 8:06            | 7.4<br>(56.9%) |
| 120 | MAZAN Przemysław            | 108   |                       | M40       | 20   |         | 00:25:03                             | 01:26:11.05             | 01:26:26.65              | +00:37:22<br>(43.2%) | 8:07            | 7.4<br>(56.9%) |
| 121 | PĄCZEK Albert               | 387   |                       | M30       | 37   |         | 00:24:34                             | 01:26:26.15             | 01:26:32.20              | +00:37:28<br>(43.3%) | 8:09            | 7.4<br>(56.9%) |
| 122 | ZALEWSKI Piotr              | 2020  | PMKW                  | M30       | 38   |         | 00:25:03                             | 01:26:47.25             | 01:26:58.35              | +00:37:54<br>(43.6%) | 8:11            | 7.3<br>(56.2%) |
| 123 | PŁAWECKI Dariusz            | 4050  |                       | M30       | 39   |         | 00:25:17                             | 01:26:47.40             | 01:27:05.30              | +00:38:01<br>(43.7%) | 8:11            | 7.3<br>(56.2%) |
| 124 | SOKOŁOWSKA Anna             | 319   |                       | K20       | 15   |         | 00:25:13                             | 01:27:07.15             | 01:27:14.40              | +00:38:10<br>(43.8%) | 8:13            | 7.3<br>(56.2%) |
| 125 | MAJDAK Bartłomiej           | 439   | TESTERZY GLEBY        | M40       | 21   |         | 00:25:34                             | 01:27:15.10             | 01:27:33.85              | +00:38:29<br>(44.0%) | 8:13            | 7.3<br>(56.2%) |
| 126 | BUROSZEK Krzysztof          | 110   |                       | M30       | 40   |         | 00:25:47                             | 01:27:40.50             | 01:27:54.05              | +00:38:50<br>(44.2%) | 8:16            | 7.3<br>(56.2%) |
| 127 | KŁACZKIEWICZ Magdalena      | 402   | KB SZAMOTUŁY          | K20       | 16   |         | 00:24:42                             | 01:27:38.90             | 01:27:58.35              | +00:38:54<br>(44.2%) | 8:16            | 7.3<br>(56.2%) |
| 128 | KRAKOWIAK Mikołaj           | 418   |                       | M30       | 41   |         | 00:24:42                             | 01:27:39.35             | 01:27:58.40              | +00:38:54<br>(44.2%) | 8:16            | 7.3<br>(56.2%) |
| 129 | REGIEC Natalia              | 294   |                       | K30       | 12   |         | 00:23:37                             | 01:28:01.50             | 01:28:08.05              | +00:39:04<br>(44.3%) | 8:18            | 7.2<br>(55.4%) |
| 130 | KESSLER Aleksandra          | 4018  |                       | K20       | 17   |         | 00:25:55                             | 01:27:59.65             | 01:28:09.90              | +00:39:05<br>(44.3%) | 8:18            | 7.2<br>(55.4%) |

| Msc | Zawodnik                | Numer | Klub                      | Kategoria | Mkat | Drużyna | Schronisko pod | Czas        | Czas        | Różn                 | Tempo  | Tempo          |
|-----|-------------------------|-------|---------------------------|-----------|------|---------|----------------|-------------|-------------|----------------------|--------|----------------|
|     |                         |       |                           |           |      |         | Durbaszką      | netto       | brutto      |                      |        |                |
|     |                         |       |                           |           |      |         | 2.4km          | 10.6km      | 10.6km      |                      | min/km | km/h           |
| 131 | BULINSKA Karolina       | 354   |                           | K30       | 13   |         | 00:25:25       | 01:28:06.40 | 01:28:13.55 | +00:39:09<br>(44.4%) | 8:18   | 7.2<br>(55.4%) |
| 132 | WÓJCIO Hubert           | 161   | ULTRASZSZCZAWNICY         | M40       | 22   |         | 00:25:34       | 01:28:00.45 | 01:28:20.80 | +00:39:16<br>(44.5%) | 8:18   | 7.2<br>(55.4%) |
| 133 | MARCINKOWSKA Pola       | 349   |                           | K30       | 14   |         | 00:25:41       | 01:27:48.50 | 01:28:23.65 | +00:39:19<br>(44.5%) | 8:16   | 7.2<br>(55.4%) |
| 134 | BURDA Michał            | 211   |                           | M30       | 42   |         | 00:23:36       | 01:28:15.00 | 01:28:31.65 | +00:39:27<br>(44.6%) | 8:19   | 7.2<br>(55.4%) |
| 135 | SALAMON Marcin          | 259   |                           | M30       | 43   |         | 00:22:19       | 01:28:27.00 | 01:28:34.85 | +00:39:30<br>(44.6%) | 8:20   | 7.2<br>(55.4%) |
| 136 | NICHYPARUK Tatsiana     | 334   |                           | K20       | 18   |         | 00:24:52       | 01:29:10.50 | 01:29:10.50 | +00:40:06<br>(45.0%) | 8:24   | 7.1<br>(54.6%) |
| 137 | SAROTA Patrycja         | 336   | SWORDS ATHLETICS          | K20       | 19   |         | 00:24:31       | 01:28:48.65 | 01:29:11.10 | +00:40:07<br>(45.0%) | 8:22   | 7.2<br>(55.4%) |
| 138 | KĘPKA Andrzej           | 427   | PRZEWORSKA GRUPA BIEGOWA  | M50       | 8    |         | 00:24:43       | 01:29:05.55 | 01:29:25.40 | +00:40:21<br>(45.1%) | 8:24   | 7.1<br>(54.6%) |
| 139 | SIEJA Łukasz            | 353   |                           | M30       | 44   |         | 00:25:28       | 01:29:25.00 | 01:29:30.70 | +00:40:26<br>(45.2%) | 8:26   | 7.1<br>(54.6%) |
| 140 | SANIAK Przemysław       | 4024  |                           | M40       | 23   |         | 00:26:54       | 01:29:28.95 | 01:29:32.10 | +00:40:28<br>(45.2%) | 8:26   | 7.1<br>(54.6%) |
| 141 | BANAŚ Dariusz           | 318   |                           | M30       | 45   |         | 00:26:47       | 01:29:06.65 | 01:29:43.75 | +00:40:39<br>(45.3%) | 8:24   | 7.1<br>(54.6%) |
| 142 | JAŚKOWIEC Michał        | 208   |                           | M30       | 46   |         | 00:23:18       | 01:29:07.25 | 01:29:46.20 | +00:40:42<br>(45.3%) | 8:24   | 7.1<br>(54.6%) |
| 143 | PRUSIK Maria            | 265   |                           | K20       | 20   |         | 00:26:21       | 01:29:46.85 | 01:29:56.75 | +00:40:52<br>(45.4%) | 8:28   | 7.1<br>(54.6%) |
| 144 | MALINOWSKI Antoni       | 202   |                           | M20       | 28   |         | 00:23:36       | 01:29:23.80 | 01:29:57.05 | +00:40:53<br>(45.5%) | 8:25   | 7.1<br>(54.6%) |
| 145 | NOWACKI Karol           | 180   | FERAL CATS HUCISKO TEAM   | M40       | 24   |         | 00:25:02       | 01:29:22.20 | 01:29:59.15 | +00:40:55<br>(45.5%) | 8:25   | 7.1<br>(54.6%) |
| 146 | BRZUSZKIEWICZ Jolanta   | 154   | DREAM RUN                 | K30       | 15   |         | 00:26:52       | 01:29:43.80 | 01:30:02.55 | +00:40:58<br>(45.5%) | 8:27   | 7.1<br>(54.6%) |
| 147 | KLESZCZ Marcin          | 231   |                           | M30       | 47   |         | 00:25:47       | 01:29:43.00 | 01:30:06.95 | +00:41:02<br>(45.6%) | 8:27   | 7.1<br>(54.6%) |
| 148 | ŚPIEWAK-MICHALSKA Daria | 109   | MŁYNARCZYK ENDURANCE TEAM | K40       | 5    |         | 00:24:40       | 01:30:04.70 | 01:30:10.00 | +00:41:06<br>(45.6%) | 8:29   | 7.1<br>(54.6%) |
| 149 | SKALSKA Aneta           | 227   |                           | K30       | 16   |         | 00:25:04       | 01:30:01.30 | 01:30:16.10 | +00:41:12<br>(45.6%) | 8:29   | 7.1<br>(54.6%) |
| 150 | PITEK Anna              | 315   | 42K PRO TEAM              | K40       | 6    |         | 00:26:40       | 01:30:26.60 | 01:30:29.35 | +00:41:25<br>(45.8%) | 8:31   | 7<br>(53.8%)   |
| 151 | SMOŁA Ewelina           | 112   | FERAL CATS HUCISKO TEAM   | K20       | 21   |         | 00:28:29       | 01:30:06.45 | 01:30:43.65 | +00:41:39<br>(45.9%) | 8:30   | 7.1<br>(54.6%) |
| 152 | SZEWCZYK Michał         | 436   |                           | M30       | 48   |         | 00:25:01       | 01:30:29.90 | 01:30:47.35 | +00:41:43<br>(46.0%) | 8:32   | 7<br>(53.8%)   |
| 153 | SULEJCZAK Patryk        | 410   |                           | M20       | 29   |         | 00:26:23       | 01:30:49.95 | 01:30:58.30 | +00:41:54<br>(46.1%) | 8:34   | 7<br>(53.8%)   |

| Msc | Zawodnik                  | Numer | Klub                        | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------|-------|-----------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 154 | WŁODARCZYK Paweł          | 209   |                             | M40       | 25   |         | 00:24:34                             | 01:30:19.80             | 01:30:58.80              | +00:41:54<br>(46.1%) | 8:31            | 7<br>(53.8%)   |
| 155 | KLIMCZAK Joanna           | 394   | FUNDACJA SPORTU WYCZYNOWEGO | K30       | 17   |         | 00:25:24                             | 01:30:56.85             | 01:30:59.30              | +00:41:55<br>(46.1%) | 8:34            | 7<br>(53.8%)   |
| 156 | KURCZ Anna                | 247   |                             | K20       | 22   |         | 00:25:13                             | 01:30:28.70             | 01:31:00.15              | +00:41:56<br>(46.1%) | 8:32            | 7<br>(53.8%)   |
| 157 | NYKA Iga                  | 389   | DIUSIA TEAM                 | K20       | 23   |         | 00:28:04                             | 01:31:02.95             | 01:31:07.65              | +00:42:03<br>(46.2%) | 8:35            | 7<br>(53.8%)   |
| 158 | PERLIŃSKA Paulina         | 282   |                             | K30       | 18   |         | 00:25:21                             | 01:30:47.50             | 01:31:07.80              | +00:42:03<br>(46.2%) | 8:33            | 7<br>(53.8%)   |
| 159 | CHILIMONIUK Diana         | 128   |                             | K20       | 24   |         | 00:25:59                             | 01:31:04.25             | 01:31:09.00              | +00:42:05<br>(46.2%) | 8:35            | 7<br>(53.8%)   |
| 160 | CISAK Adrianna            | 212   |                             | K20       | 25   |         | 00:27:32                             | 01:31:12.05             | 01:31:20.75              | +00:42:16<br>(46.3%) | 8:36            | 7<br>(53.8%)   |
| 161 | METRYKA Oliwia            | 287   |                             | K20       | 26   |         | 00:27:12                             | 01:30:54.05             | 01:31:21.10              | +00:42:17<br>(46.3%) | 8:34            | 7<br>(53.8%)   |
| 162 | GRZESZCZAK-ROŚLANIEC Anna | 4008  | STOPKA                      | K30       | 19   |         | 00:26:31                             | 01:32:01.75             | 01:32:09.50              | +00:43:05<br>(46.8%) | 8:40            | 6.9<br>(53.1%) |
| 163 | ANTOLEC Dominika          | 288   |                             | K20       | 27   |         | 00:26:51                             | 01:33:10.75             | 01:33:18.35              | +00:44:14<br>(47.4%) | 8:47            | 6.8<br>(52.3%) |
| 164 | DURCZAK Dominik           | 1247  |                             | M20       | 30   |         | 00:24:48                             | 01:33:16.50             | 01:33:23.55              | +00:44:19<br>(47.5%) | 8:47            | 6.8<br>(52.3%) |
| 165 | LELEK Piotr               | 193   |                             | M30       | 49   |         | 00:27:15                             | 01:33:40.45             | 01:33:56.80              | +00:44:52<br>(47.8%) | 8:50            | 6.8<br>(52.3%) |
| 166 | TIUKŠA Vilma              | 192   |                             | K30       | 20   |         | 00:25:24                             | 01:34:31.70             | 01:34:45.10              | +00:45:41<br>(48.2%) | 8:55            | 6.7<br>(51.5%) |
| 167 | HOROVA Halyna             | 274   |                             | K30       | 21   |         | 00:26:45                             | 01:34:37.45             | 01:34:47.40              | +00:45:43<br>(48.2%) | 8:55            | 6.7<br>(51.5%) |
| 168 | WERLE Nelly               | 151   |                             | K30       | 22   |         | 00:26:28                             | 01:34:42.35             | 01:34:51.70              | +00:45:47<br>(48.3%) | 8:56            | 6.7<br>(51.5%) |
| 169 | SOBOCIŃSKI Jakub          | 273   |                             | M30       | 50   |         | 00:26:53                             | 01:36:19.10             | 01:36:29.45              | +00:47:25<br>(49.1%) | 9:05            | 6.6<br>(50.8%) |
| 170 | ŁESEJKO Edyta             | 106   |                             | K40       | 7    |         | 00:23:36                             | 01:36:07.90             | 01:36:34.50              | +00:47:30<br>(49.2%) | 9:04            | 6.6<br>(50.8%) |
| 171 | WILCZYNSKA Kamila         | 4015  |                             | K20       | 28   |         | 00:27:33                             | 01:36:00.25             | 01:36:34.60              | +00:47:30<br>(49.2%) | 9:03            | 6.6<br>(50.8%) |
| 172 | WILCZYNSKA Kaja           | 4016  |                             | K20       | 29   |         | 00:27:34                             | 01:36:01.40             | 01:36:34.85              | +00:47:30<br>(49.2%) | 9:03            | 6.6<br>(50.8%) |
| 173 | CIEŚLAK-SAWICKA Katarzyna | 4076  | BIEGAM GDZIE POPADNIE       | K40       | 8    |         | 00:29:05                             | 01:36:11.25             | 01:36:36.25              | +00:47:32<br>(49.2%) | 9:04            | 6.6<br>(50.8%) |
| 174 | GOŁĄB Agnieszka           | 341   | ING BANK ŚLĄSKI             | K30       | 23   |         | 00:26:06                             | 01:37:01.00             | 01:37:16.10              | +00:48:12<br>(49.6%) | 9:09            | 6.6<br>(50.8%) |
| 175 | DĘBIŃSKA-WITEK Angelika   | 314   |                             | K20       | 30   |         | 00:27:19                             | 01:37:13.50             | 01:37:29.70              | +00:48:25<br>(49.7%) | 9:10            | 6.5<br>(50.0%) |
| 176 | WITEK Tomasz              | 125   |                             | M30       | 51   |         | 00:27:19                             | 01:37:14.25             | 01:37:30.45              | +00:48:26<br>(49.7%) | 9:10            | 6.5<br>(50.0%) |



| Msc | Zawodnik                      | Numer | Klub               | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------------------|-------|--------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 177 | MATYJASZCZYK Barbara          | 195   | ŁĘCZNA BIEGA       | K30       | 24   |         | 00:27:11                             | 01:37:20.20             | 01:37:46.95              | +00:48:42<br>(49.8%) | 9:10            | 6.5<br>(50.0%) |
| 178 | GEŁDON Michał                 | 4045  |                    | M30       | 52   |         | 00:28:56                             | 01:38:00.60             | 01:38:10.80              | +00:49:06<br>(50.0%) | 9:14            | 6.5<br>(50.0%) |
| 179 | SAŁEK Radosław                | 283   |                    | M50       | 9    |         | 00:26:54                             | 01:38:06.65             | 01:38:27.60              | +00:49:23<br>(50.2%) | 9:15            | 6.5<br>(50.0%) |
| 180 | KUBAREK Agnieszka             | 222   |                    | K40       | 9    |         | 00:28:30                             | 01:38:15.55             | 01:38:27.90              | +00:49:23<br>(50.2%) | 9:16            | 6.5<br>(50.0%) |
| 181 | RYBARCZYK DOMBKA<br>Agnieszka | 449   |                    | K40       | 10   |         | 00:26:24                             | 01:38:03.55             | 01:38:28.20              | +00:49:24<br>(50.2%) | 9:15            | 6.5<br>(50.0%) |
| 182 | BARCIKOWSKI Maciej            | 152   |                    | M30       | 53   |         | 00:27:07                             | 01:37:57.20             | 01:38:39.40              | +00:49:35<br>(50.3%) | 9:14            | 6.5<br>(50.0%) |
| 183 | KOPKA Magdalena               | 142   |                    | K30       | 25   |         | 00:28:56                             | 01:38:45.55             | 01:38:51.90              | +00:49:47<br>(50.4%) | 9:18            | 6.4<br>(49.2%) |
| 184 | KORPAK Marta                  | 111   |                    | K30       | 26   |         | 00:26:32                             | 01:38:55.80             | 01:39:08.55              | +00:50:04<br>(50.5%) | 9:19            | 6.4<br>(49.2%) |
| 185 | STRĄCAŁA Paweł                | 422   | STROXWARE          | M30       | 54   |         | 00:26:32                             | 01:38:55.85             | 01:39:08.70              | +00:50:04<br>(50.5%) | 9:19            | 6.4<br>(49.2%) |
| 186 | CENDRZAK Maria                | 263   |                    | K50       | 1    |         | 00:29:40                             | 01:38:42.40             | 01:39:15.90              | +00:50:11<br>(50.6%) | 9:18            | 6.4<br>(49.2%) |
| 187 | MARTINEZ JIMENEZ Daniela      | 388   |                    | K30       | 27   |         | 00:28:44                             | 01:39:27.30             | 01:39:32.60              | +00:50:28<br>(50.7%) | 9:22            | 6.4<br>(49.2%) |
| 188 | BYLICA Michał                 | 404   |                    | M30       | 55   |         | 00:27:07                             | 01:39:02.00             | 01:39:41.55              | +00:50:37<br>(50.8%) | 9:20            | 6.4<br>(49.2%) |
| 189 | PRZETAK Anna                  | 405   |                    | K20       | 31   |         | 00:27:06                             | 01:39:02.20             | 01:39:41.65              | +00:50:37<br>(50.8%) | 9:20            | 6.4<br>(49.2%) |
| 190 | DZIAGACZ Maciej               | 4044  |                    | M30       | 56   |         | 00:26:42                             | 01:39:25.00             | 01:39:44.15              | +00:50:40<br>(50.8%) | 9:22            | 6.4<br>(49.2%) |
| 191 | PIETRZAK Laura                | 413   | STOPKA PILAWA      | K30       | 28   |         | 00:28:06                             | 01:39:52.30             | 01:39:57.30              | +00:50:53<br>(50.9%) | 9:25            | 6.4<br>(49.2%) |
| 192 | DROŹDZIEL Agnieszka           | 431   |                    | K40       | 11   |         | 00:28:48                             | 01:39:55.55             | 01:40:09.10              | +00:51:05<br>(51.0%) | 9:25            | 6.4<br>(49.2%) |
| 193 | GUT Roman                     | 346   |                    | M50       | 10   |         | 00:27:15                             | 01:39:47.05             | 01:40:10.80              | +00:51:06<br>(51.0%) | 9:24            | 6.4<br>(49.2%) |
| 194 | PABIS Kinga                   | 207   | BIEGAM BO LUBIE    | K30       | 29   |         |                                      | 01:40:05.90             | 01:40:16.90              | +00:51:12<br>(51.1%) | 9:26            | 6.4<br>(49.2%) |
| 195 | MAZUR Alicja                  | 232   | NOWA HUTA TEAM     | K20       | 32   |         | 00:26:53                             | 01:40:00.50             | 01:40:20.80              | +00:51:16<br>(51.1%) | 9:26            | 6.4<br>(49.2%) |
| 196 | TRZCIŃSKI Mateusz             | 428   | TTT                | M30       | 57   |         | 00:27:06                             | 01:39:52.75             | 01:40:22.70              | +00:51:18<br>(51.1%) | 9:25            | 6.4<br>(49.2%) |
| 197 | SOJA Tomek                    | 324   |                    | M50       | 11   |         | 00:28:46                             | 01:40:19.30             | 01:40:42.80              | +00:51:38<br>(51.3%) | 9:27            | 6.3<br>(48.5%) |
| 198 | KONTENYTÉ Rima                | 398   | SALIUTO            | K30       | 30   |         | 00:27:19                             | 01:40:46.30             | 01:41:00.20              | +00:51:56<br>(51.4%) | 9:30            | 6.3<br>(48.5%) |
| 199 | SINGER Wojciech               | 423   | AKTYWNI KOCIEWIACY | M50       | 12   |         |                                      | 01:41:08.00             | 01:41:11.80              | +00:52:07<br>(51.5%) | 9:32            | 6.3<br>(48.5%) |

| Msc | Zawodnik             | Numer | Klub                  | Kategoria | Mkat | Drużyna | Schronisko pod | Czas        | Czas        | Różn                 | Tempo  | Tempo          |
|-----|----------------------|-------|-----------------------|-----------|------|---------|----------------|-------------|-------------|----------------------|--------|----------------|
|     |                      |       |                       |           |      |         | Durbaszką      | netto       | brutto      |                      |        |                |
|     |                      |       |                       |           |      |         | 2.4km          | 10.6km      | 10.6km      |                      | min/km | km/h           |
| 200 | JAKOWICKA Katarzyna  | 46    |                       | K30       | 31   |         | 00:30:43       | 01:41:00.25 | 01:41:21.20 | +00:52:17<br>(51.6%) | 9:31   | 6.3<br>(48.5%) |
| 201 | DYCKOWSKA Zuzanna    | 214   |                       | K30       | 32   |         | 00:27:27       | 01:40:45.40 | 01:41:27.40 | +00:52:23<br>(51.6%) | 9:30   | 6.3<br>(48.5%) |
| 202 | LORENC Michał        | 266   |                       | M20       | 31   |         | 00:27:40       | 01:41:29.95 | 01:41:36.20 | +00:52:32<br>(51.7%) | 9:34   | 6.3<br>(48.5%) |
| 203 | ŻBIK Adrianna        | 434   |                       | K30       | 33   |         | 00:28:20       | 01:41:19.00 | 01:41:37.30 | +00:52:33<br>(51.7%) | 9:33   | 6.3<br>(48.5%) |
| 204 | BŁASZCZYK Aleksandra | 187   |                       | K30       | 34   |         | 00:26:27       | 01:41:18.55 | 01:41:39.15 | +00:52:35<br>(51.7%) | 9:33   | 6.3<br>(48.5%) |
| 205 | PIOTROWSKI Damian    | 191   |                       | M30       | 58   |         | 00:26:40       | 01:41:04.95 | 01:41:42.05 | +00:52:38<br>(51.8%) | 9:32   | 6.3<br>(48.5%) |
| 206 | DANIELAK Alicja      | 119   |                       | K20       | 33   |         | 00:30:37       | 01:41:21.55 | 01:41:45.20 | +00:52:41<br>(51.8%) | 9:33   | 6.3<br>(48.5%) |
| 207 | ŻAK Monika           | 285   |                       | K30       | 35   |         | 00:27:15       | 01:41:43.05 | 01:41:55.80 | +00:52:51<br>(51.9%) | 9:35   | 6.3<br>(48.5%) |
| 208 | BECHTA Katarzyna     | 322   | BRACTWO BIEGOWE BGK   | K20       | 34   |         | 00:30:04       | 01:42:00.25 | 01:42:12.10 | +00:53:08<br>(52.0%) | 9:37   | 6.2<br>(47.7%) |
| 209 | KIES Iwona           | 169   |                       | K30       | 36   |         | 00:26:12       | 01:42:14.95 | 01:42:24.55 | +00:53:20<br>(52.1%) | 9:38   | 6.2<br>(47.7%) |
| 210 | SITKO Krzysztof      | 166   | SKPB KATOWICE         | M30       | 59   |         | 00:26:11       | 01:42:15.60 | 01:42:24.60 | +00:53:20<br>(52.1%) | 9:38   | 6.2<br>(47.7%) |
| 211 | TYCZYŃSKA Ewelina    | 113   | AKTYWNI KOCIEWIACY    | K30       | 37   |         | 00:28:25       | 01:42:52.05 | 01:42:57.85 | +00:53:53<br>(52.3%) | 9:42   | 6.2<br>(47.7%) |
| 212 | BAK-LITWA Ewa Maria  | 4006  | FOREVER TEAM          | K40       | 12   |         |                | 01:42:53.80 | 01:43:09.20 | +00:54:05<br>(52.4%) | 9:42   | 6.2<br>(47.7%) |
| 213 | LITWA Łukasz         | 4007  | FOREVER TEAM          | M40       | 26   |         | 00:28:38       | 01:42:53.00 | 01:43:09.40 | +00:54:05<br>(52.4%) | 9:42   | 6.2<br>(47.7%) |
| 214 | KADŁUBICKI Bartosz   | 213   |                       | M30       | 60   |         | 00:27:49       | 01:42:57.95 | 01:43:14.90 | +00:54:10<br>(52.5%) | 9:42   | 6.2<br>(47.7%) |
| 215 | DZIKOWSKA Jolanta    | 165   |                       | K50       | 2    |         | 00:29:22       | 01:42:51.25 | 01:43:17.50 | +00:54:13<br>(52.5%) | 9:42   | 6.2<br>(47.7%) |
| 216 | BADURA Sławomir      | 234   | BIEGAM GDZIE POPADNIE | M40       | 27   |         | 00:27:04       | 01:43:35.80 | 01:44:05.35 | +00:55:01<br>(52.9%) | 9:46   | 6.1<br>(46.9%) |
| 217 | MYTNIK Monika        | 118   |                       | K30       | 38   |         | 00:30:16       | 01:44:39.65 | 01:44:55.55 | +00:55:51<br>(53.2%) | 9:52   | 6.1<br>(46.9%) |
| 218 | CZARNECKA Paulina    | 313   |                       | K20       | 35   |         |                | 01:44:32.25 | 01:45:05.10 | +00:56:01<br>(53.3%) | 9:51   | 6.1<br>(46.9%) |
| 219 | BACZA Agnieszka      | 435   | ŁĘCZNA BIEGA          | K30       | 39   |         | 00:32:11       | 01:44:44.55 | 01:45:11.75 | +00:56:07<br>(53.4%) | 9:52   | 6.1<br>(46.9%) |
| 220 | SZCZEPKOWSKI Paweł   | 1901  | ARTEQUIPMENT          | M60       | 2    |         | 00:30:24       | 01:45:01.80 | 01:45:15.80 | +00:56:11<br>(53.4%) | 9:54   | 6.1<br>(46.9%) |
| 221 | WŁODARCZYK Jan       | 220   | AKTYWNI KOCIEWIACY    | M60       | 3    |         | 00:30:59       | 01:45:32.35 | 01:45:36.95 | +00:56:32<br>(53.5%) | 9:57   | 6<br>(46.2%)   |
| 222 | KAJFASZ Nicholas     | 264   |                       | M30       | 61   |         | 00:28:38       | 01:45:08.90 | 01:45:39.10 | +00:56:35<br>(53.6%) | 9:55   | 6<br>(46.2%)   |

| Msc | Zawodnik                        | Numer | Klub              | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------------|-------|-------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                                 |       |                   |           |      |         |                                      |                         |                          |                      |                 |                |
| 223 | RUSEK Jolanta                   | 4001  | ZABIEGANI MIELEC  | K30       | 40   |         | 00:33:09                             | 01:45:31.90             | 01:45:56.60              | +00:56:52<br>(53.7%) | 9:57            | 6<br>(46.2%)   |
| 224 | SUMIEC Krystyna                 | 430   | ZABIEGANI MIELEC  | K50       | 3    |         | 00:33:09                             | 01:45:31.95             | 01:45:56.90              | +00:56:52<br>(53.7%) | 9:57            | 6<br>(46.2%)   |
| 225 | KATONA Éva                      | 352   | HEGYIKECSKEK SE   | K30       | 41   |         | 00:24:10                             | 01:46:20.90             | 01:46:29.45              | +00:57:25<br>(53.9%) | 10:01           | 6<br>(46.2%)   |
| 226 | PAWELEC Magdalena               | 134   | RAKNROLL          | K40       | 13   |         | 00:29:31                             | 01:46:25.45             | 01:46:33.05              | +00:57:29<br>(53.9%) | 10:02           | 6<br>(46.2%)   |
| 227 | PALAO Nacho                     | 143   |                   | M30       | 62   |         | 00:24:29                             | 01:46:56.10             | 01:47:02.95              | +00:57:58<br>(54.2%) | 10:05           | 5.9<br>(45.4%) |
| 228 | BIENIEK Bartłomiej              | 300   |                   | M20       | 32   |         | 00:29:42                             | 01:46:47.50             | 01:47:13.20              | +00:58:09<br>(54.2%) | 10:04           | 6<br>(46.2%)   |
| 229 | SONDEJ-URBAŃSKA<br>Agnieszka    | 343   |                   | K30       | 42   |         | 00:30:52                             | 01:47:24.15             | 01:47:30.50              | +00:58:26<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 230 | SOBEK Mariusz                   | 131   | ATOM ZDROWIA      | M20       | 33   |         | 00:30:50                             | 01:47:24.80             | 01:47:30.60              | +00:58:26<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 231 | SZEWCZUK Barbara                | 351   | NH TEAM           | K30       | 43   |         | 00:30:51                             | 01:47:14.30             | 01:47:36.25              | +00:58:32<br>(54.4%) | 10:06           | 5.9<br>(45.4%) |
| 232 | POLOCZEK Marcin                 | 256   | NIYWYSPORTOWANI   | M40       | 28   |         | 00:29:41                             | 01:47:16.70             | 01:47:39.20              | +00:58:35<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 233 | PŁACZEK Hanna                   | 255   |                   | K30       | 44   |         | 00:29:47                             | 01:47:17.65             | 01:47:39.30              | +00:58:35<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 234 | MALCZYK Marek                   | 261   |                   | M30       | 63   |         | 00:29:43                             | 01:47:17.75             | 01:47:39.45              | +00:58:35<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 235 | BABCZYŃSKA Ewa                  | 257   |                   | K50       | 4    |         | 00:29:57                             | 01:47:18.10             | 01:47:39.75              | +00:58:35<br>(54.4%) | 10:07           | 5.9<br>(45.4%) |
| 236 | NOWOGRODZKA Katarzyna           | 348   | PORUNNE FURGANIE  | K40       | 14   |         | 00:33:07                             | 01:48:01.40             | 01:48:23.50              | +00:59:19<br>(54.7%) | 10:11           | 5.9<br>(45.4%) |
| 237 | STAŃCZAK Igor                   | 158   | TEAM ZABIEGANEDNI | M20       | 34   |         | 00:33:32                             | 01:48:33.90             | 01:49:00.45              | +00:59:56<br>(55.0%) | 10:14           | 5.9<br>(45.4%) |
| 238 | SIWADŁO Augustyn                | 391   |                   | M40       | 29   |         | 00:33:41                             | 01:48:35.40             | 01:49:10.05              | +01:00:06<br>(55.1%) | 10:14           | 5.9<br>(45.4%) |
| 239 | SUSZCZYŃSKA Marcelina           | 295   |                   | K30       | 45   |         | 00:31:14                             | 01:48:48.10             | 01:49:11.75              | +01:00:07<br>(55.1%) | 10:15           | 5.8<br>(44.6%) |
| 240 | NOWAK Filip                     | 275   |                   | M20       | 35   |         | 00:31:51                             | 01:49:01.70             | 01:49:22.60              | +01:00:18<br>(55.1%) | 10:17           | 5.8<br>(44.6%) |
| 241 | GRZĄBA Magdalena                | 329   |                   | K20       | 36   |         | 00:28:18                             | 01:49:24.80             | 01:49:32.85              | +01:00:28<br>(55.2%) | 10:19           | 5.8<br>(44.6%) |
| 242 | GRZĄBA Szymon                   | 328   |                   | M50       | 13   |         | 00:28:19                             | 01:49:23.90             | 01:49:32.90              | +01:00:28<br>(55.2%) | 10:19           | 5.8<br>(44.6%) |
| 243 | ORZECHOWSKA-<br>MAĆKOWIAK Maria | 357   |                   | K30       | 46   |         | 00:29:04                             | 01:49:20.40             | 01:49:45.30              | +01:00:41<br>(55.3%) | 10:18           | 5.8<br>(44.6%) |
| 244 | KASICA Joanna                   | 284   |                   | K40       | 15   |         | 00:29:18                             | 01:49:20.55             | 01:49:49.30              | +01:00:45<br>(55.3%) | 10:18           | 5.8<br>(44.6%) |
| 245 | WĘGLEWSKI Piotr                 | 330   |                   | M40       | 30   |         | 00:29:19                             | 01:49:20.80             | 01:49:49.40              | +01:00:45<br>(55.3%) | 10:18           | 5.8<br>(44.6%) |

| Msc | Zawodnik              | Numer | Klub                 | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|----------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 246 | ROJEK Agnieszka       | 270   | ŁĘCZNA BIEGA         | K40       | 16   |         | 00:32:13                             | 01:49:25.00             | 01:49:51.40              | +01:00:47<br>(55.3%) | 10:19           | 5.8<br>(44.6%) |
| 247 | STAŃCZAK Dominika     | 157   | TEAM ZABIEGANEDNI    | K40       | 17   |         | 00:33:30                             | 01:50:05.85             | 01:50:34.20              | +01:01:30<br>(55.6%) | 10:23           | 5.8<br>(44.6%) |
| 248 | LASOTA Marcin         | 140   | KENKO/MASADA         | M50       | 14   |         | 00:29:42                             | 01:50:45.70             | 01:51:00.85              | +01:01:56<br>(55.8%) | 10:26           | 5.7<br>(43.8%) |
| 249 | MATUSZEWSKA Renata    | 141   | KENKO/MASADA         | K40       | 18   |         | 00:30:21                             | 01:50:46.20             | 01:51:01.05              | +01:01:57<br>(55.8%) | 10:26           | 5.7<br>(43.8%) |
| 250 | MAREK Damian          | 107   |                      | M20       | 36   |         | 00:31:09                             | 01:50:55.45             | 01:51:02.60              | +01:01:58<br>(55.8%) | 10:27           | 5.7<br>(43.8%) |
| 251 | WŁODARCZYK Anna       | 296   |                      | K40       | 19   |         | 00:31:17                             | 01:50:56.50             | 01:51:23.50              | +01:02:19<br>(56.0%) | 10:27           | 5.7<br>(43.8%) |
| 252 | MAZURKIEWICZ Wojciech | 344   | GRUBOALBOWCALE       | M30       | 64   |         | 00:29:47                             | 01:51:45.25             | 01:52:10.75              | +01:03:06<br>(56.3%) | 10:32           | 5.7<br>(43.8%) |
| 253 | PAWLIK Agnieszka      | 253   |                      | K40       | 20   |         | 00:33:41                             | 01:51:37.90             | 01:52:12.95              | +01:03:08<br>(56.3%) | 10:31           | 5.7<br>(43.8%) |
| 254 | MILEWSKA Magda        | 229   |                      | K30       | 47   |         | 00:29:03                             | 01:52:01.15             | 01:52:23.90              | +01:03:19<br>(56.3%) | 10:34           | 5.7<br>(43.8%) |
| 255 | PODKANOWICZ Kamil     | 392   |                      | M30       | 65   |         | 00:29:00                             | 01:52:00.80             | 01:52:25.40              | +01:03:21<br>(56.4%) | 10:33           | 5.7<br>(43.8%) |
| 256 | WAŻNY Wojciech        | 338   | ING BANK ŚLĄSKI      | M40       | 31   |         | 00:31:29                             | 01:52:13.95             | 01:52:28.15              | +01:03:24<br>(56.4%) | 10:35           | 5.7<br>(43.8%) |
| 257 | WĘGRZECKA Zuzanna     | 164   | CIAPKI & KLAPKI TEAM | K20       | 37   |         | 00:32:11                             | 01:52:01.35             | 01:52:30.50              | +01:03:26<br>(56.4%) | 10:34           | 5.7<br>(43.8%) |
| 258 | JABŁOŃSKA Anna        | 162   | CIAPKI & KLAPKI TEAM | K20       | 38   |         | 00:32:10                             | 01:52:01.75             | 01:52:30.60              | +01:03:26<br>(56.4%) | 10:34           | 5.7<br>(43.8%) |
| 259 | SIDOR Sabina          | 325   | POSMAKUJ RUN TEAM    | K40       | 21   |         | 00:30:22                             | 01:52:02.30             | 01:52:35.50              | +01:03:31<br>(56.4%) | 10:34           | 5.7<br>(43.8%) |
| 260 | CZUCHRYTA Iwona       | 429   |                      | K40       | 22   |         | 00:31:29                             | 01:53:05.65             | 01:53:26.55              | +01:04:22<br>(56.7%) | 10:40           | 5.6<br>(43.1%) |
| 261 | MIKOŁAJCZUK Agnieszka | 196   | PĘDZĄCE LENIWCE      | K40       | 23   |         | 00:33:34                             | 01:53:09.15             | 01:53:38.45              | +01:04:34<br>(56.8%) | 10:40           | 5.6<br>(43.1%) |
| 262 | JADZIEWICZ Janina     | 400   |                      | K30       | 48   |         | 00:30:59                             | 01:53:30.15             | 01:53:58.00              | +01:04:54<br>(56.9%) | 10:42           | 5.6<br>(43.1%) |
| 263 | TOKARZ Paweł          | 4019  |                      | M40       | 32   |         | 00:30:48                             | 01:54:05.45             | 01:54:36.35              | +01:05:32<br>(57.2%) | 10:45           | 5.6<br>(43.1%) |
| 264 | MARCINKOWSKA Renata   | 406   |                      | K50       | 5    |         | 00:31:09                             | 01:54:34.05             | 01:54:41.70              | +01:05:37<br>(57.2%) | 10:48           | 5.6<br>(43.1%) |
| 265 | NAWOJ Jakub           | 148   |                      | M30       | 66   |         | 00:31:10                             | 01:54:35.00             | 01:54:42.20              | +01:05:38<br>(57.2%) | 10:48           | 5.6<br>(43.1%) |
| 266 | DERDA Radosław        | 4075  |                      | M30       | 67   |         | 00:29:13                             | 01:56:08.55             | 01:56:31.35              | +01:07:27<br>(57.9%) | 10:57           | 5.5<br>(42.3%) |
| 266 | DERDA Magdalena       | 4077  |                      | K30       | 49   |         | 00:29:13                             | 01:56:08.10             | 01:56:31.35              | +01:07:27<br>(57.9%) | 10:57           | 5.5<br>(42.3%) |
| 268 | MADEJ Leszek          | 426   |                      | M50       | 15   |         | 00:31:03                             | 01:56:22.05             | 01:56:40.95              | +01:07:36<br>(57.9%) | 10:58           | 5.5<br>(42.3%) |

| Msc | Zawodnik                | Numer | Klub                    | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------------|-------|-------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                         |       |                         |           |      |         |                                      |                         |                          |                      |                 |                |
| 269 | RZYSZKIEWICZ Małgorzata | 226   | PĘDZĄCE LENIWCE         | K50       | 6    |         | 00:29:03                             | 01:56:30.25             | 01:57:05.55              | +01:08:01<br>(58.1%) | 10:59           | 5.5<br>(42.3%) |
| 270 | KUBALA Agata            | 186   |                         | K40       | 24   |         | 00:28:43                             | 01:57:04.60             | 01:57:15.85              | +01:08:11<br>(58.2%) | 11:02           | 5.4<br>(41.5%) |
| 271 | GUT Bogumiła            | 347   |                         | K50       | 7    |         | 00:33:23                             | 01:56:54.05             | 01:57:18.20              | +01:08:14<br>(58.2%) | 11:01           | 5.4<br>(41.5%) |
| 271 | KOTARBA Katarzyna       | 4013  | ULTRAWAY.PL             | K40       | 25   |         | 00:33:55                             | 01:56:54.25             | 01:57:18.20              | +01:08:14<br>(58.2%) | 11:01           | 5.4<br>(41.5%) |
| 273 | KOTARBA Wojciech        | 401   | ULTRAWAY.PL             | M40       | 33   |         | 00:37:19                             | 01:56:56.95             | 01:57:21.30              | +01:08:17<br>(58.2%) | 11:01           | 5.4<br>(41.5%) |
| 274 | PISKOWSKA Aleksandra    | 120   |                         | K20       | 39   |         | 00:31:52                             | 01:57:05.60             | 01:57:26.20              | +01:08:22<br>(58.2%) | 11:02           | 5.4<br>(41.5%) |
| 275 | SAMUL Karolina          | 2998  |                         | K40       | 26   |         | 00:30:39                             | 01:57:05.35             | 01:57:33.50              | +01:08:29<br>(58.3%) | 11:02           | 5.4<br>(41.5%) |
| 276 | SMERECKA Małgorzata     | 293   | POSMAKUJ RUN TEAM       | K30       | 50   |         | 00:35:52                             | 01:57:31.65             | 01:58:03.45              | +01:08:59<br>(58.4%) | 11:05           | 5.4<br>(41.5%) |
| 277 | ŚLIWA Maciej            | 432   |                         | M60       | 4    |         | 00:31:32                             | 01:58:01.60             | 01:58:18.30              | +01:09:14<br>(58.5%) | 11:08           | 5.4<br>(41.5%) |
| 278 | OLEŚ Konrad             | 286   |                         | M30       | 68   |         | 00:31:49                             | 01:58:26.10             | 01:58:47.80              | +01:09:43<br>(58.7%) | 11:10           | 5.4<br>(41.5%) |
| 279 | RADZIEJOWSKI Bogusław   | 311   | NORDIC TEAM CZĘSTOCHOWA | M60       | 5    |         | 00:30:11                             | 01:58:52.40             | 01:59:03.95              | +01:09:59<br>(58.8%) | 11:12           | 5.4<br>(41.5%) |
| 280 | KŁĘCZAR Małgorzata      | 224   |                         | K40       | 27   |         | 00:34:15                             | 01:59:07.75             | 01:59:38.30              | +01:10:34<br>(59.0%) | 11:14           | 5.3<br>(40.8%) |
| 280 | WASILEWSKI Piotr        | 225   |                         | M40       | 34   |         | 00:34:14                             | 01:59:07.55             | 01:59:38.30              | +01:10:34<br>(59.0%) | 11:14           | 5.3<br>(40.8%) |
| 282 | STRZĘPKA - PADŁO Anna   | 4086  | RAK'N'ROLL              | K40       | 28   |         | 00:35:25                             | 02:00:46.05             | 02:01:15.50              | +01:12:11<br>(59.5%) | 11:23           | 5.3<br>(40.8%) |
| 283 | KALINOWSKA Aneta        | 258   |                         | K40       | 29   |         |                                      | 02:02:04.00             | 02:02:04.00              | +01:13:00<br>(59.8%) | 11:30           | 5.2<br>(40.0%) |
| 284 | PODLEWSKI Wojciech      | 182   | KS SPORTIVA             | M50       | 16   |         | 00:30:58                             | 02:01:59.60             | 02:02:19.60              | +01:13:15<br>(59.9%) | 11:30           | 5.2<br>(40.0%) |
| 285 | OGRODNIK Anna           | 384   |                         | K40       | 30   |         | 00:33:10                             | 02:02:08.35             | 02:02:25.50              | +01:13:21<br>(59.9%) | 11:31           | 5.2<br>(40.0%) |
| 286 | ZIMNICKI Dariusz        | 355   | TREKKING TEAM OSTROWIEC | M40       | 35   |         | 00:30:49                             | 02:02:42.40             | 02:02:53.05              | +01:13:49<br>(60.1%) | 11:34           | 5.2<br>(40.0%) |
| 286 | ZIMNICKA Agnieszka      | 356   | TREKKING TEAM OSTROWIEC | K40       | 31   |         | 00:30:48                             | 02:02:42.05             | 02:02:53.05              | +01:13:49<br>(60.1%) | 11:34           | 5.2<br>(40.0%) |
| 288 | ZWOLIŃSKA Katarzyna     | 4090  |                         | K40       | 32   |         | 00:31:50                             | 02:03:46.65             | 02:04:14.50              | +01:15:10<br>(60.5%) | 11:40           | 5.1<br>(39.2%) |
| 289 | KORYCIŃSKA Mariola      | 272   |                         | K40       | 33   |         | 00:32:59                             | 02:04:43.95             | 02:05:01.20              | +01:15:57<br>(60.8%) | 11:45           | 5.1<br>(39.2%) |
| 290 | CYBULSKA Dorota         | 320   |                         | K30       | 51   |         | 00:30:48                             | 02:04:58.20             | 02:05:31.10              | +01:16:27<br>(60.9%) | 11:47           | 5.1<br>(39.2%) |
| 291 | KUŁACH Lesław           | 442   |                         | M50       | 17   |         | 00:35:34                             | 02:05:10.15             | 02:05:37.80              | +01:16:33<br>(60.9%) | 11:48           | 5.1<br>(39.2%) |

| Msc | Zawodnik             | Numer | Klub                         | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|------------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 292 | BORKOWSKA Monika     | 228   |                              | K30       | 52   |         | 00:33:00                             | 02:06:47.70             | 02:07:02.20              | +01:17:58<br>(61.4%) | 11:57           | 5<br>(38.5%)   |
| 293 | STELMACH Krzysztof   | 4072  |                              | M40       | 36   |         | 00:33:18                             | 02:06:59.45             | 02:07:15.65              | +01:18:11<br>(61.4%) | 11:58           | 5<br>(38.5%)   |
| 294 | MARKISZ Martyna      | 251   | JELENI JAR APARTAMENTY       | K30       | 53   |         | 00:32:59                             | 02:07:27.05             | 02:07:38.50              | +01:18:34<br>(61.6%) | 12:01           | 5<br>(38.5%)   |
| 295 | MARKISZ Kazimierz    | 250   | JELENI JAR APARTAMENTY       | M30       | 69   |         | 00:33:00                             | 02:07:26.65             | 02:07:38.70              | +01:18:34<br>(61.6%) | 12:01           | 5<br>(38.5%)   |
| 296 | MACIĄG Klaudia       | 298   |                              | K30       | 54   |         | 00:35:21                             | 02:07:52.95             | 02:08:04.25              | +01:19:00<br>(61.7%) | 12:03           | 5<br>(38.5%)   |
| 297 | ŁAMEK Nadia          | 297   |                              | K30       | 55   |         | 00:35:21                             | 02:07:52.10             | 02:08:04.35              | +01:19:00<br>(61.7%) | 12:03           | 5<br>(38.5%)   |
| 298 | SURLEJ Maciej        | 403   | NIENAŻARTE MISIE             | M30       | 70   |         | 00:35:20                             | 02:07:51.80             | 02:08:04.45              | +01:19:00<br>(61.7%) | 12:03           | 5<br>(38.5%)   |
| 299 | WALAWSKI Andrzej     | 278   |                              | M60       | 6    |         | 00:33:12                             | 02:07:54.55             | 02:08:20.10              | +01:19:16<br>(61.8%) | 12:03           | 5<br>(38.5%)   |
| 300 | BADURA Magdalena     | 233   | BIEGAM GDZIE POPADNIE        | K40       | 34   |         | 00:33:44                             | 02:07:57.45             | 02:08:27.00              | +01:19:23<br>(61.8%) | 12:04           | 5<br>(38.5%)   |
| 301 | OULEDCHARF Jihad     | 393   |                              | K20       | 40   |         | 00:35:30                             | 02:09:28.60             | 02:09:33.00              | +01:20:29<br>(62.1%) | 12:12           | 4.9<br>(37.7%) |
| 302 | NOWOWIEJSKA Anita    | 4094  |                              | K40       | 35   |         | 00:33:58                             | 02:09:11.50             | 02:09:36.70              | +01:20:32<br>(62.1%) | 12:11           | 4.9<br>(37.7%) |
| 303 | KUCHNO Tadeusz       | 310   | KW KRAKÓW                    | M50       | 18   |         | 00:34:39                             | 02:09:48.60             | 02:10:26.20              | +01:21:22<br>(62.4%) | 12:14           | 4.9<br>(37.7%) |
| 304 | MYSIŃSKA Agnieszka   | 309   | KW KRAKÓW                    | K30       | 56   |         | 00:34:40                             | 02:09:49.50             | 02:10:26.30              | +01:21:22<br>(62.4%) | 12:14           | 4.9<br>(37.7%) |
| 305 | DUBAN Elżbieta       | 238   |                              | K50       | 8    |         | 00:28:43                             | 02:11:02.00             | 02:11:05.65              | +01:22:01<br>(62.6%) | 12:21           | 4.9<br>(37.7%) |
| 306 | PUCHALSKA Joanna     | 204   | PĘDZĄCE LENIWCE              | K60       | 1    |         | 00:38:08                             | 02:11:30.70             | 02:12:06.15              | +01:23:02<br>(62.9%) | 12:24           | 4.8<br>(36.9%) |
| 307 | PAJĄK Anna           | 369   |                              | K40       | 36   |         | 00:33:12                             | 02:11:48.65             | 02:12:06.20              | +01:23:02<br>(62.9%) | 12:26           | 4.8<br>(36.9%) |
| 307 | MAŃKA Paulina        | 136   |                              | K40       | 36   |         | 00:33:11                             | 02:11:47.75             | 02:12:06.20              | +01:23:02<br>(62.9%) | 12:25           | 4.8<br>(36.9%) |
| 309 | ROZLACH Paulina      | 323   |                              | K30       | 57   |         | 00:35:41                             | 02:12:22.25             | 02:12:32.15              | +01:23:28<br>(63.0%) | 12:29           | 4.8<br>(36.9%) |
| 310 | KONDRACKA Emilia     | 340   | ING BANK ŚLĄSKI              | K30       | 58   |         | 00:35:42                             | 02:12:22.95             | 02:12:32.25              | +01:23:28<br>(63.0%) | 12:29           | 4.8<br>(36.9%) |
| 311 | CHOJNA Wioleta       | 326   | SOCIOS SILESIA               | K30       | 59   |         | 00:35:13                             | 02:12:37.50             | 02:13:12.30              | +01:24:08<br>(63.2%) | 12:30           | 4.8<br>(36.9%) |
| 312 | PARTYKA Agnieszka    | 719   | KB HARCOWNIK JELCZ-LASKOWICE | K40       | 38   |         | 00:33:27                             | 02:13:01.00             | 02:13:28.95              | +01:24:24<br>(63.2%) | 12:32           | 4.8<br>(36.9%) |
| 313 | MAKUCHOWSKI Grzegorz | 440   |                              | M40       | 37   |         | 00:33:30                             | 02:13:27.50             | 02:14:08.30              | +01:25:04<br>(63.4%) | 12:35           | 4.8<br>(36.9%) |
| 314 | REIJMERS Agnieszka   | 3420  | LEIDEN ATLETIEK OEGSTGEEST   | K40       | 39   |         | 00:28:28                             | 02:14:55.50             | 02:15:28.00              | +01:26:24<br>(63.8%) | 12:43           | 4.7<br>(36.2%) |

| Msc | Zawodnik              | Numer | Klub                      | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|---------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                       |       |                           |           |      |         |                                      |                         |                          |                      |                 |                |
| 315 | HOŁDA-WYDRZYŃSKA Anna | 150   | SOCIOS SILESIA            | K40       | 40   |         | 00:35:10                             | 02:15:04.90             | 02:15:39.55              | +01:26:35<br>(63.8%) | 12:44           | 4.7<br>(36.2%) |
| 316 | POLAKOWICZ Aleksandra | 339   | ING BANK ŚLĄSKI           | K40       | 41   |         | 00:37:11                             | 02:16:54.85             | 02:17:12.40              | +01:28:08<br>(64.2%) | 12:54           | 4.6<br>(35.4%) |
| 317 | KOWALEWSKA Katarzyna  | 262   |                           | K50       | 9    |         | 00:34:31                             | 02:17:15.00             | 02:17:35.45              | +01:28:31<br>(64.3%) | 12:56           | 4.6<br>(35.4%) |
| 318 | LADA Paweł            | 170   | UKS FREE SPORTS           | M40       | 38   |         | 00:35:30                             | 02:19:21.05             | 02:19:50.50              | +01:30:46<br>(64.9%) | 13:08           | 4.6<br>(35.4%) |
| 319 | CABRERA Luis          | 144   | PG                        | M30       | 71   |         | 00:33:48                             | 02:20:08.85             | 02:20:17.20              | +01:31:13<br>(65.0%) | 13:13           | 4.5<br>(34.6%) |
| 320 | ZAJĄC Franciszek      | 358   | DREAM TRI TEAM            | M20       | 37   |         | 00:32:45                             | 02:20:43.90             | 02:21:15.90              | +01:32:11<br>(65.3%) | 13:16           | 4.5<br>(34.6%) |
| 321 | FEDE-ZAJĄC Anita      | 359   | DREAM TRI TEAM            | K40       | 42   |         | 00:32:46                             | 02:20:44.40             | 02:21:16.00              | +01:32:12<br>(65.3%) | 13:16           | 4.5<br>(34.6%) |
| 322 | PASIK Aleksandra      | 4009  |                           | K20       | 41   |         | 00:34:57                             | 02:20:41.15             | 02:21:20.90              | +01:32:16<br>(65.3%) | 13:16           | 4.5<br>(34.6%) |
| 323 | DĄBROWSKA Monika      | 147   | RAK'N'ROLL                | K40       | 43   |         | 00:58:58                             | 02:20:53.55             | 02:21:32.20              | +01:32:28<br>(65.3%) | 13:17           | 4.5<br>(34.6%) |
| 324 | MOCHEL Kinga          | 361   |                           | K50       | 10   |         | 00:35:24                             | 02:22:20.90             | 02:22:53.30              | +01:33:49<br>(65.7%) | 13:25           | 4.5<br>(34.6%) |
| 325 | WNUK Emil             | 366   |                           | M20       | 38   |         | 00:40:25                             | 02:25:33.25             | 02:26:00.25              | +01:36:56<br>(66.4%) | 13:43           | 4.4<br>(33.8%) |
| 326 | URBAN Szymon          | 368   |                           | M20       | 39   |         | 00:40:26                             | 02:25:41.70             | 02:26:09.10              | +01:37:05<br>(66.4%) | 13:44           | 4.4<br>(33.8%) |
| 327 | NOWICKA Dorota        | 215   |                           | K30       | 60   |         | 00:35:43                             | 02:26:12.05             | 02:26:30.90              | +01:37:26<br>(66.5%) | 13:47           | 4.4<br>(33.8%) |
| 328 | NOWICKI Michał        | 216   |                           | M50       | 19   |         | 00:35:40                             | 02:26:09.80             | 02:26:31.00              | +01:37:27<br>(66.5%) | 13:47           | 4.4<br>(33.8%) |
| 329 | WNUK Maja             | 367   |                           | K20       | 42   |         | 00:40:27                             | 02:26:20.60             | 02:26:46.15              | +01:37:42<br>(66.6%) | 13:48           | 4.3<br>(33.1%) |
| 330 | URBAN Oliwia          | 375   |                           | K20       | 43   |         | 00:40:30                             | 02:26:20.30             | 02:26:46.25              | +01:37:42<br>(66.6%) | 13:48           | 4.3<br>(33.1%) |
| 331 | SOWA Sara             | 137   | NH TEAM                   | K20       | 44   |         | 00:39:00                             | 02:27:02.50             | 02:27:25.55              | +01:38:21<br>(66.7%) | 13:52           | 4.3<br>(33.1%) |
| 332 | SZCZECHURA Adrian     | 327   | VIRTUAL DON               | M20       | 40   |         | 00:32:48                             | 02:28:18.15             | 02:28:55.40              | +01:39:51<br>(67.1%) | 13:59           | 4.3<br>(33.1%) |
| 333 | SOWIŃSKI Jakub        | 172   |                           | M30       | 72   |         | 00:32:45                             | 02:28:16.95             | 02:28:55.50              | +01:39:51<br>(67.1%) | 13:59           | 4.3<br>(33.1%) |
| 334 | PUCHNAREWICZ Daria    | 171   |                           | K40       | 44   |         | 00:32:48                             | 02:28:17.25             | 02:28:55.60              | +01:39:51<br>(67.1%) | 13:59           | 4.3<br>(33.1%) |
| 335 | NASTAŁA Magdalena     | 240   | AKTYWNI KOCIEWIACY SKÓRCZ | K40       | 45   |         | 00:36:02                             | 02:29:35.00             | 02:29:40.65              | +01:40:36<br>(67.2%) | 14:06           | 4.3<br>(33.1%) |
| 336 | GOLACIK Anna          | 268   |                           | K30       | 61   |         | 00:43:59                             | 02:31:00.80             | 02:31:36.50              | +01:42:32<br>(67.6%) | 14:14           | 4.2<br>(32.3%) |
| 337 | MARCZYK Arleta        | 4005  |                           | K30       | 62   |         | 00:41:33                             | 02:32:24.95             | 02:33:00.55              | +01:43:56<br>(67.9%) | 14:22           | 4.2<br>(32.3%) |

| Msc                                | Zawodnik                 | Numer | Klub                              | Kategoria | Mkat | Drużyna | Schronisko pod<br>Durbaszką<br>2.4km | Czas<br>netto<br>10.6km | Czas<br>brutto<br>10.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|------------------------------------|--------------------------|-------|-----------------------------------|-----------|------|---------|--------------------------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 338                                | MATYSZCZAK Monika        | 374   | KENKO/MASADA                      | K40       | 46   |         | 00:39:17                             | 02:33:35.05             | 02:33:52.30              | +01:44:48<br>(68.1%) | 14:29           | 4.1<br>(31.5%) |
| 339                                | SZCZELASZCZYK Joanna     | 242   |                                   | K30       | 63   |         | 00:40:03                             | 02:35:32.15             | 02:36:12.50              | +01:47:08<br>(68.6%) | 14:40           | 4.1<br>(31.5%) |
| 340                                | SZCZELASZCZYK Kinga      | 241   |                                   | K20       | 45   |         | 00:40:03                             | 02:35:32.80             | 02:36:12.65              | +01:47:08<br>(68.6%) | 14:40           | 4.1<br>(31.5%) |
| 341                                | SEKUŁA Martyna           | 376   |                                   | K20       | 46   |         | 00:41:57                             | 02:45:36.70             | 02:46:12.30              | +01:57:08<br>(70.5%) | 15:37           | 3.8<br>(29.2%) |
| 342                                | MIKLAS Anna              | 198   | PĘDZĄCE LENIWCE                   | K50       | 11   |         | 00:46:22                             | 02:56:21.30             | 02:56:51.40              | +02:07:47<br>(72.3%) | 16:38           | 3.6<br>(27.7%) |
| 343                                | ZAJADACZ Edyta           | 197   | PĘDZĄCE LENIWCE                   | K50       | 12   |         | 00:46:21                             | 02:56:20.75             | 02:56:51.60              | +02:07:47<br>(72.3%) | 16:38           | 3.6<br>(27.7%) |
| 344                                | CHUDY Urszula            | 132   | FUNDACJA RAK'N'ROLL. WYGRAJ ŻYCIE | K50       | 13   |         | 00:58:33                             | 02:57:40.90             | 02:58:14.85              | +02:09:10<br>(72.5%) | 16:45           | 3.6<br>(27.7%) |
| 345                                | MACIEJEWSKA Anna         | 135   |                                   | K50       | 14   |         | 00:58:34                             | 02:57:47.70             | 02:58:21.15              | +02:09:17<br>(72.5%) | 16:46           | 3.6<br>(27.7%) |
| Przekroczony limit czasu: 03:00:00 |                          |       |                                   |           |      |         |                                      |                         |                          |                      |                 |                |
| 346                                | NIWALD-GROTOWSKA Martyna | 360   | FUNDACJA RAK N ROLL               | K30       | 64   |         | 00:50:27                             | 03:12:16.40             | 03:12:48.15              | +02:23:44<br>(74.6%) | 18:08           | 3.3<br>(25.4%) |
| 347                                | JANCEWICZ Patrycja       | 408   | RAK'N'ROLL                        | K50       | 15   |         | 00:50:43                             | 03:13:49.15             | 03:14:24.75              | +02:25:20<br>(74.8%) | 18:17           | 3.3<br>(25.4%) |
| 348                                | REDA Alicja              | 178   | TEAM ZABIEGANEDNI                 | K60       | 2    |         | 00:46:33                             | 03:29:32.70             | 03:29:48.00              | +02:40:44<br>(76.6%) | 19:46           | 3<br>(23.1%)   |
| 349                                | NOWICKA Agnieszka        | 4059  |                                   | K40       | 47   |         |                                      |                         |                          |                      |                 | (0.0%)         |
|                                    | ŻYCHOWSKI Waldemar       | 139   |                                   | M50       |      |         | DNF                                  | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|                                    | ŻYCHOWSKA Małgorzata     | 138   | FUNDACJA RACK'AND'ROLL            | K50       |      |         | DNF                                  | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|                                    | MATYJASZEK Aneta         | 363   |                                   | K50       |      |         | DNF                                  | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|                                    | MATYSEK Magdalena        | 446   | ROLLING                           | K40       |      |         | DNF                                  | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |

Znaleziono 353 wynik(ów)