



Organizator: OTK Rzeźnik
Data: 2015-10-18
Miejsce: Gliwice
Dystans: 10 km

10 KM ATEST PZLA GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	OGRODNICZEK Adam	1448	AKMB PĘDZIWIATR GLIWICE	M-40	2	00:00:13	00:40:53.25	00:41:06.50		4:05	14.7
2	WAJDA Grzegorz	1430	KW GLIWICE	M-30	7	00:00:05	00:41:29.60	00:41:34.95	+00:00:36	4:08	14.5
3	CZARNOŻYŃSKI Aleksander	1529	GTT-INTER PROJEKT	M-50	3	00:00:09	00:42:07.20	00:42:16.80	+00:01:13	4:12	14.2
4	WAWRZAK Ryszard	1413		M-40	6	00:00:49	00:44:07.10	00:44:56.85	+00:03:13	4:24	13.6
5	BESSA Ricardo	1375	TEAM DOUBLE TROUBLE	M-30	8	00:02:14	00:45:35.70	00:47:49.70	+00:04:42	4:33	13.2
6	CESARZ Maciej	1487	TYLKO CURLING!	M-30	10	00:00:41	00:46:19.35	00:47:00.85	+00:05:26	4:37	13
7	WYCIŚLIK Marcin	1318	HIRSCHVOGEL	M-30	12	00:00:11	00:46:47.25	00:46:58.80	+00:05:54	4:40	12.8
8	ŻEROMSKI Stefan	1517	JASNA GLIWICE	M-50	4	00:00:18	00:47:12.40	00:47:31.25	+00:06:19	4:43	12.7
9	CZAUDERNA Adrian	1350	ETERUN	M-40	8	00:01:45	00:47:23.80	00:49:09.20	+00:06:30	4:44	12.7
10	LEGUTKO Piotr	1499	-	M-20	6	00:01:51	00:47:30.20	00:49:21.85	+00:06:36	4:45	12.6
11	MERMON Artur	1543		M-50	5	00:00:07	00:47:41.45	00:47:49.10	+00:06:48	4:46	12.6
12	BAŃBUŁA Grzegorz	1300		M-30	13	00:00:11	00:48:10.65	00:48:21.80	+00:07:17	4:49	12.5
13	OSSOWSKI Dariusz	1340	HIRSCHVOGEL	M-20	8	00:00:19	00:48:34.40	00:48:54.30	+00:07:41	4:51	12.3
14	SOKOŁOWSKI Łukasz	1351		M-20	10	00:01:57	00:49:10.20	00:51:07.40	+00:08:16	4:55	12.2
15	WĘŻYK Wojciech	1460		M-40	10	00:00:10	00:49:48.00	00:49:58.25	+00:08:54	4:58	12
16	ZARUDZKI Łukasz	1357	NOTHING TO FEAR	M-30	15	00:01:12	00:49:54.70	00:51:07.50	+00:09:01	4:59	12
17	BIOLIK Piotr	1419	--	M-40	11	00:01:57	00:49:58.35	00:51:55.95	+00:09:05	4:59	12
18	BRODEK Andrzej	1474		M-40	12	00:01:13	00:50:16.35	00:51:30.25	+00:09:23	5:01	11.9
19	BUGAJSKI Mariusz	1556		M-40	13	00:00:07	00:50:32.05	00:50:39.50	+00:09:38	5:03	11.9
20	OPIOŁA Tomasz	1598	HARNAŚ	M-30	19	00:00:17	00:50:37.85	00:50:55.45	+00:09:44	5:03	11.8
21	PIKTAS Paweł	1535		M-40	14	00:01:22	00:51:13.80	00:52:35.85	+00:10:20	5:07	11.7
22	GOŁĘBIEWSKI Marek	1370		M-30	21	00:01:37	00:51:58.80	00:53:35.95	+00:11:05	5:11	11.5
23	ROŻEK Michał	1345		M-40	15	00:01:47	00:52:13.70	00:54:00.85	+00:11:20	5:13	11.5
24	BAŃKOWSKI Sebastian	1393		M-20	15	00:02:03	00:52:15.05	00:54:19.00	+00:11:21	5:13	11.5
25	PIKOŃ Krzysztof	1595		M-40	16	00:01:33	00:53:06.40	00:54:40.30	+00:12:13	5:18	11.3
26	KRZEMIŃSKI Mirosław	1424		M-40	18	00:02:07	00:53:32.25	00:55:39.90	+00:12:39	5:21	11.2
27	SZMYD Wojciech	1507		M-30	26	00:01:17	00:53:37.65	00:54:54.75	+00:12:44	5:21	11.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	MĘDRALA Jacek	1389		M-40	19	00:00:10	00:53:39.85	00:53:50.45	+00:12:46	5:22	11.2
29	KRYNICKI Paweł	1511		M-20	16	00:02:02	00:53:55.60	00:55:57.75	+00:13:02	5:23	11.1
30	LENTZY Grzegorz	1422		M-30	29	00:00:14	00:54:02.90	00:54:17.05	+00:13:09	5:24	11.1
31	HAJDUKIEWICZ Michał	1475		M-20	17	00:01:14	00:54:14.80	00:55:29.20	+00:13:21	5:25	11.1
32	HAJDUGA Rafał	1502	GLIWICE	M-40	20	00:00:45	00:54:33.30	00:55:18.40	+00:13:40	5:27	11
33	BOBEŁ Krzysztof	1440		M-30	31	00:01:35	00:54:41.30	00:56:16.75	+00:13:48	5:28	11
34	TURCZYN Mateusz	1555	HIRSCHVOGEL	M-20	18	00:00:33	00:54:46.70	00:55:20.65	+00:13:53	5:28	11
35	CYBA Marek	1454		M-40	23	00:01:39	00:54:56.35	00:56:36.25	+00:14:03	5:29	10.9
36	MYŚLAK Mariusz	1557		M-30	33	00:02:21	00:55:20.10	00:57:41.40	+00:14:26	5:32	10.8
37	CZOGALA Piotr	1542		M-40	25	00:00:51	00:56:25.55	00:57:16.95	+00:15:32	5:38	10.6
38	PROTAS Tomasz	1463	ZSO5 GLIWICE	M-30	36	00:00:51	00:56:26.10	00:57:17.35	+00:15:32	5:38	10.6
39	RYBAK Piotr	1391		M-20	21	00:01:58	00:56:27.75	00:58:25.80	+00:15:34	5:38	10.6
40	PIOTR Witulski	1504		M-30	37	00:02:07	00:56:39.95	00:58:47.75	+00:15:46	5:40	10.6
41	CYBAŁA Piotr	1366		M-30	38	00:01:34	00:56:54.95	00:58:29.90	+00:16:01	5:41	10.5
42	ROCHOWSKI Paweł	1541		M-20	22	00:01:07	00:57:08.90	00:58:16.00	+00:16:15	5:42	10.5
43	LIPOWSKI Grzegorz	1411		M-30	39	00:01:08	00:57:09.40	00:58:17.75	+00:16:16	5:42	10.5
44	BEDNARZ Arkadiusz	1472		M-40	26	00:01:37	00:57:24.30	00:59:02.00	+00:16:31	5:44	10.4
45	MALEC Marek	1331		M-20	23	00:02:16	00:57:27.95	00:59:44.20	+00:16:34	5:44	10.4
46	ROJEK Michał	1320		M-30	42	00:02:14	00:58:07.05	01:00:21.65	+00:17:13	5:48	10.3
47	LEGIEŻYŃSKI Krzysztof	1534		M-30	45	00:00:55	00:58:37.90	00:59:33.35	+00:17:44	5:51	10.2
48	KARASIŃSKI Jacek	1464		M-30	46	00:01:41	00:59:02.80	01:00:44.40	+00:18:09	5:54	10.2
49	RAKINT Bogdan	1401		M-30	47	00:01:54	00:59:13.90	01:01:08.25	+00:18:20	5:55	10.1
50	KONICZEK Marek	1390		M-50	9	00:02:10	00:59:24.10	01:01:34.85	+00:18:30	5:56	10.1
51	DĄBROWSKI Jacek	1347	HIRSCHVOGEL	M-30	49	00:00:36	00:59:28.35	01:00:04.95	+00:18:35	5:56	10.1
52	DĘBSKI Mariusz	1520	NIGHT RUNNERS GLIWICE	M-40	28	00:00:47	01:01:40.35	01:02:27.75	+00:20:47	6:10	9.7
53	PIOTROWSKI Jarosław	1445		M-40	29	00:02:07	01:01:43.15	01:03:51.05	+00:20:49	6:10	9.7
54	ZACZEK Adam	1360	OPEL ACTIVE TEAM	M-30	51	00:01:27	01:02:15.35	01:03:42.75	+00:21:22	6:13	9.6
55	AUGUSTYNIAK Adam	1494		M-50	10	00:00:50	01:02:28.25	01:03:18.50	+00:21:35	6:14	9.6
56	TRZEMŻALSKI Kamil	1508		M-20	28	00:01:04	01:02:49.65	01:03:53.95	+00:21:56	6:16	9.6
57	DOMAGALSKI Mirosław	1381		M-30	52	00:01:04	01:04:09.90	01:05:14.05	+00:23:16	6:25	9.4
58	KUŚ Michał	1521		M-30	54	00:01:59	01:04:30.30	01:06:30.25	+00:23:37	6:27	9.3
59	ŁUSZCZ Oliwier	1525		M-20	29	00:00:09	01:04:35.95	01:04:45.00	+00:23:42	6:27	9.3
60	SOKOŁOWSKI Mateusz	1352		M-20	30	00:01:57	01:06:27.70	01:08:25.30	+00:25:34	6:38	9
61	SŁODKIEWICZ Grzegorz	1442		M-40	34	00:02:25	01:08:56.30	01:11:21.55	+00:28:03	6:53	8.7
62	GĄSZCZAK Tadeusz	1341		M-70	1	00:00:11	01:31:34.75	01:31:46.50	+00:50:41	9:09	6.6

Znaleziono 62 wynik(ów)