



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

2. BIEG STARGARD DLA NIEPODLEGŁEJ - 5 KM

2. Bieg STARGARD DLA NIEPODLEGŁEJ
OSiR Stargard Sp. z o.o.
2019-11-09
Stargard
5 km

B4SPORT



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KABAT Damian	61	WMLKS POMORZE STARGARD	M-Open	1	00:08:13	00:16:19.54		3:15	18.4 (100%)
2	MAJDZIŃSKI Konrad	112	WMLKS POMORZE STARGARD	M-Open	2	00:08:40	00:17:48.05	+00:01:28 (8.3%)	3:33	16.9 (91.8%)
3	DZIDECZEK Michał	34	WMLKS POMORZE STARGARD	M-Open	3	00:09:05	00:18:30.69	+00:02:11 (11.8%)	3:42	16.2 (88.0%)
4	SZYMAŃSKI Paweł	179	PACZOCZIKAJOS	M-Open	4	00:09:28	00:19:47.50	+00:03:30 (17.6%)	3:57	15.2 (82.6%)
5	ŁUKASZEWSKI Sebastian	103	SZWLA STARGARD	M-Open	5	00:09:51	00:20:00.80	+00:03:41 (18.4%)	4:00	15 (81.5%)
6	MALEC Mariusz	113	NIEZDIAGNOZOWANI W SZALE	M-Open	6	00:10:03	00:20:35.32	+00:04:15 (20.7%)	4:07	14.6 (79.3%)
7	PELO Kacper	141		M-Open	7	00:10:03	00:20:37.58	+00:04:18 (20.9%)	4:07	14.5 (78.8%)
8	KRZEŚNIEWSKI Marcin	82	ROWEROWY ZAŁOM	M-Open	8	00:10:12	00:20:41.60	+00:04:22 (21.1%)	4:08	14.5 (78.8%)
9	PANASIUK Krzysztof	139		M-Open	9	00:10:24	00:20:48.65	+00:04:31 (21.7%)	4:09	14.4 (78.3%)
10	ANDRUSZKIEWICZ Damian	2	TEAM	M-Open	10	00:10:01	00:21:06.12	+00:04:46 (22.6%)	4:13	14.2 (77.2%)
11	ANDRUSZKIEWICZ Adrian	1	RUNNER TEAM	M-Open	11	00:10:22	00:21:14.10	+00:04:55 (23.1%)	4:15	14.1 (76.6%)
12	WINIARSKI Mariusz	196	STARGARD, JA SIĘ NIE ŚCIGAM	M-Open	12	00:10:26	00:21:25.09	+00:05:06 (23.8%)	4:17	14 (76.1%)
13	SOBAŃSKI Łukasz	165		M-Open	13	00:09:52	00:21:30.60	+00:05:13 (24.2%)	4:18	13.9 (75.5%)
14	KUNIKOWSKI Patryk	90	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	14	00:10:49	00:21:37.49	+00:05:20 (24.6%)	4:19	13.9 (75.5%)
15	KUSTRA Tomek	92	KERMI POLSKS	M-Open	15	00:10:47	00:21:57.75	+00:05:40 (25.7%)	4:23	13.7 (74.5%)
16	FIEŃKO Dariusz	39		M-Open	16	00:10:58	00:22:12.73	+00:05:54 (26.5%)	4:26	13.5 (73.4%)
17	STAŃCZYK Sławomir	167	OSIR STARGARD	M-Open	17	00:10:50	00:22:13.46	+00:05:59 (26.8%)	4:26	13.5 (73.4%)
18	KIRILOW Piotr	67		M-Open	18	00:11:05	00:22:20.39	+00:06:04 (27.1%)	4:28	13.4 (72.8%)
19	CHLEWIŃSKI Łukasz	26		M-Open	19	00:10:55	00:22:29.55	+00:06:11 (27.5%)	4:30	13.3 (72.3%)
20	SABAŁOWICZ Michał	261		M-Open	20	00:10:52	00:22:40.94	+00:06:24 (28.1%)	4:32	13.2 (71.7%)
21	PAWŁOWSKI Andrzej	140		M-Open	21	00:11:02	00:23:01.94	+00:06:43 (29.1%)	4:36	13 (70.7%)
22	JACKOWSKI Kacper	273		M-Open	22	00:11:20	00:23:01.42	+00:06:44 (29.2%)	4:36	13 (70.7%)
23	BAGIŃSKI Marcin	5	MUSTANGI KOBYLANKA	M-Open	23	00:11:17	00:23:09.01	+00:06:49 (29.5%)	4:37	13 (70.7%)
24	KANICKI Marcin	65		M-Open	24	00:11:54	00:23:11.63	+00:06:56 (29.8%)	4:38	12.9 (70.1%)
25	GOŁUCH Mateusz	47		M-Open	25	00:11:49	00:23:16.03	+00:07:01 (30.0%)	4:39	12.9 (70.1%)
26	ZYGOŃ Artur	283		M-Open	26	00:11:47	00:23:32.99	+00:07:17 (30.8%)	4:42	12.7 (69.0%)
27	SOBCZAK Robert	272		M-Open	27	00:11:42	00:23:46.87	+00:07:29 (31.4%)	4:45	12.6 (68.5%)

							Czas netto		Tempo	Tempo
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	5km	Różn	min/km	km/h
28	NADOLNY Przemek	127	PARKRUN SZCZECIN	M-Open	28	00:11:43	00:23:55.87	+00:07:39 (31.9%)	4:47	12.5 (67.9%)
29	MICHALAK Jacek	122		M-Open	29	00:11:47	00:23:54.34	+00:07:39 (31.9%)	4:47	12.5 (67.9%)
30	WASZAK Krzysztof	190		M-Open	30	00:11:50	00:23:53.64	+00:07:42 (32.0%)	4:46	12.6 (68.5%)
31	BARWIŃSKI Sebastian	10	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	31	00:11:45	00:23:50.29	+00:07:42 (32.0%)	4:46	12.6 (68.5%)
32	ŁABĘDZKI Mariusz	101		M-Open	32	00:11:58	00:24:03.40	+00:07:48 (32.3%)	4:48	12.5 (67.9%)
33	BIERNACIK Michał	16		M-Open	33	00:11:54	00:24:15.05	+00:07:59 (32.8%)	4:51	12.4 (67.4%)
34	GULBINOWICZ Paweł	52	K.B. SPRINT ŚWIDWIN	M-Open	34	00:12:12	00:24:20.88	+00:08:04 (33.0%)	4:52	12.3 (66.8%)
35	GOLIŃSKI Krzysztof	44		M-Open	35	00:12:06	00:24:28.30	+00:08:12 (33.4%)	4:53	12.3 (66.8%)
36	GĘBSKI Łukasz	41		M-Open	36	00:12:23	00:24:40.51	+00:08:24 (33.9%)	4:56	12.2 (66.3%)
37	KRÓL Marcin	75	14BUJ	M-Open	37	00:12:16	00:24:36.42	+00:08:25 (34.0%)	4:55	12.2 (66.3%)
38	LUBASIŃSKI Tomasz	99	ELEKTROBIM TEAM	M-Open	38	00:11:59	00:25:02.66	+00:08:46 (34.9%)	5:00	12 (65.2%)
39	WÓJCIK Damian	201		M-Open	39	00:12:44	00:25:01.26	+00:08:51 (35.1%)	5:00	12 (65.2%)
40	ŁYSOŃ Piotr	105		M-Open	40	00:12:42	00:25:08.93	+00:08:55 (35.3%)	5:01	11.9 (64.7%)
41	BEJM Artur	12	EMKA STARGARD	M-Open	41	00:12:43	00:25:48.19	+00:09:31 (36.8%)	5:09	11.6 (63.0%)
42	MAZURSKI Paweł	119		M-Open	42	00:12:38	00:25:50.34	+00:09:34 (36.9%)	5:10	11.6 (63.0%)
43	GUTOWSKI Paweł	53		M-Open	43	00:12:24	00:25:53.70	+00:09:37 (37.0%)	5:10	11.6 (63.0%)
44	CZYNSZAK Krystian	28	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	44	00:13:19	00:25:54.09	+00:09:41 (37.2%)	5:10	11.6 (63.0%)
45	STRZYGA Mariusz	173	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	45	00:13:23	00:25:57.30	+00:09:41 (37.2%)	5:11	11.6 (63.0%)
46	OLESEK Krzysztof	134		M-Open	46	00:13:23	00:26:04.64	+00:09:48 (37.5%)	5:13	11.5 (62.5%)
47	SZCZYGIEŁ Marcin	177		M-Open	47	00:13:30	00:25:56.05	+00:09:49 (37.5%)	5:11	11.6 (63.0%)
48	KOSZEWSKI Karol	74		M-Open	48	00:13:31	00:25:59.02	+00:09:49 (37.5%)	5:11	11.5 (62.5%)
49	KSIĄDZ Paweł	291		M-Open	49	00:12:48	00:26:06.63	+00:09:51 (37.6%)	5:13	11.5 (62.5%)
50	BUDZOWSKI Roman	22		M-Open	50	00:13:16	00:26:05.49	+00:09:54 (37.7%)	5:13	11.5 (62.5%)
51	TRZECIAK Jakub	183	KALMAR RUNNERS	M-Open	51	00:13:28	00:26:07.01	+00:09:57 (37.9%)	5:13	11.5 (62.5%)
52	KUCHTA Piotr	85	KB PIONIER SZCZECIN	M-Open	52	00:13:40	00:26:19.86	+00:10:02 (38.0%)	5:16	11.4 (62.0%)
53	ZIEMIĘCKI Daniel	204	OSIR STARGARD	M-Open	53	00:13:27	00:26:19.14	+00:10:11 (38.4%)	5:15	11.4 (62.0%)
54	CHUDZIK Grzegorz	27	OSIR STARGARD	M-Open	54	00:13:25	00:26:17.88	+00:10:11 (38.4%)	5:15	11.4 (62.0%)
55	GMITROWICZ Marcin	43	BEZ	M-Open	55	00:13:15	00:26:56.58	+00:10:46 (39.7%)	5:23	11.1 (60.3%)
56	RYBICKI Marcin	155		M-Open	56	00:13:06	00:27:17.60	+00:10:59 (40.2%)	5:27	11 (59.8%)
57	WALCZAK Darek	187		M-Open	57	00:14:01	00:27:24.02	+00:11:11 (40.6%)	5:28	10.9 (59.2%)
58	BOROWSKI Jan	19	ELEKTROBIM TEAM	M-Open	58	00:13:31	00:27:34.02	+00:11:24 (41.1%)	5:30	10.9 (59.2%)
59	WICHNIAREK Maciej	191		M-Open	59	00:13:30	00:27:34.03	+00:11:25 (41.1%)	5:30	10.9 (59.2%)
60	BOROWSKI Arkadiusz	20		M-Open	60	00:13:31	00:27:34.23	+00:11:25 (41.1%)	5:30	10.9 (59.2%)
61	NOWAK Wiesław	131		M-Open	61	00:14:02	00:27:51.12	+00:11:33 (41.4%)	5:34	10.8 (58.7%)
62	GRODZIŃSKI Arkadiusz	50	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M-Open	62	00:14:01	00:27:56.29	+00:11:42 (41.7%)	5:35	10.7 (58.2%)
63	MACIEJEWSKI Zenon	108	SJSNŚ	M-Open	63	00:13:38	00:28:12.27	+00:11:59 (42.3%)	5:38	10.6 (57.6%)
64	KULAŻIŃSKI Tomasz	88	STARGARDZKI KLUB MORSÓWMIEDWIANIE '	M-Open	64	00:13:48	00:28:11.49	+00:12:03 (42.4%)	5:38	10.6 (57.6%)
65	MAŁODOBRY Krzysztof	116	WKURW_TEAM	M-Open	65	00:14:04	00:28:16.24	+00:12:03 (42.4%)	5:39	10.6 (57.6%)
66	ZABROCKI Karol	202	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	66	00:13:53	00:28:27.13	+00:12:12 (42.7%)	5:41	10.5 (57.1%)
67	SOLECKI Łukasz	166		M-Open	67	00:14:45	00:28:36.82	+00:12:24 (43.1%)	5:43	10.5 (57.1%)
68	KRÓL Marcin	76		M-Open	68	00:13:32	00:28:41.40	+00:12:25 (43.2%)	5:44	10.5 (57.1%)
69	KACPRZYK Piotr	63	TOMASZ BIDAS	M-Open	69	00:13:47	00:28:36.55	+00:12:27 (43.2%)	5:43	10.5 (57.1%)
70	MAZANOWSKI Tomasz	118		M-Open	70	00:14:45	00:28:41.56	+00:12:29 (43.3%)	5:44	10.5 (57.1%)
71	BIDAS Tomasz	13		M-Open	71	00:14:22	00:28:50.31	+00:12:39 (43.6%)	5:46	10.4 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	BODEK Damiab	17	HIAB SPORTS TEAM	M-Open	72	00:14:47	00:28:57.48	+00:12:47 (43.9%)	5:47	10.4 (56.5%)
73	HERBA Zbigniew	54	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	73	00:14:15	00:29:05.81	+00:12:53 (44.1%)	5:49	10.3 (56.0%)
74	SENDEREK Wiktor	159		M-Open	74	00:14:25	00:29:09.43	+00:12:56 (44.2%)	5:49	10.3 (56.0%)
75	WITKOWSKI Radosław	197	KOSZEWO	M-Open	75	00:14:21	00:29:15.04	+00:13:08 (44.5%)	5:51	10.3 (56.0%)
76	ŁYSOŃ Andrzej	106		M-Open	76	00:15:13	00:29:29.14	+00:13:16 (44.8%)	5:53	10.2 (55.4%)
77	SZLĘK Kamil	178		M-Open	77	00:14:32	00:29:36.88	+00:13:26 (45.1%)	5:55	10.1 (54.9%)
78	KACZMARCZYK Stanisław	295		M-Open	78	00:14:50	00:29:42.75	+00:13:28 (45.2%)	5:56	10.1 (54.9%)
79	ŻOCHOWSKI Marek	206		M-Open	79	00:14:49	00:29:36.58	+00:13:29 (45.2%)	5:55	10.1 (54.9%)
80	SKOWROŃSKI Bogdan	296		M-Open	80	00:14:50	00:29:44.07	+00:13:29 (45.2%)	5:56	10.1 (54.9%)
81	WOŁOWCZYK Emanuel	200		M-Open	81	00:15:06	00:29:36.16	+00:13:30 (45.2%)	5:55	10.1 (54.9%)
82	BADOWSKI Marcin	3	STOWARZYSZENIE NASZ STARGARD	M-Open	82	00:14:13	00:30:11.14	+00:13:57 (46.0%)	6:02	9.9 (53.8%)
83	MISIAK Tomasz	125		M-Open	83	00:14:43	00:30:43.67	+00:14:26 (46.9%)	6:08	9.8 (53.3%)
84	BORKOWSKI Andrzej	18	BS FAMILY TEAM	M-Open	84	00:14:52	00:30:47.29	+00:14:33 (47.1%)	6:09	9.7 (52.7%)
85	PŁUCIENNIK Patryk	148		M-Open	85	00:16:13	00:32:29.14	+00:16:21 (50.0%)	6:29	9.2 (50.0%)
86	MAŁECKI Artur	115		M-Open	86	00:16:10	00:33:02.15	+00:16:49 (50.7%)	6:36	9.1 (49.5%)
87	BIELAŃSKI Krzysztof	14	PACZOCZIKEJKOS	M-Open	87	00:16:26	00:33:04.72	+00:16:57 (50.9%)	6:37	9.1 (49.5%)
88	STRZEMIŃSKI Bartłomiej	172		M-Open	88	00:16:13	00:33:16.65	+00:17:07 (51.1%)	6:39	9 (48.9%)
89	PŁUCIENNIK Andrzej	147		M-Open	89	00:16:06	00:33:16.60	+00:17:07 (51.1%)	6:39	9 (48.9%)
90	RYBICKI Zbigniew	156	BRAK	M-Open	90	00:16:19	00:33:29.65	+00:17:13 (51.3%)	6:42	9 (48.9%)
91	GRUŻEWSKI Wacław	51	STARGARD JA SIĘ NIE ŚCIGAM.	M-Open	91	00:16:20	00:33:30.66	+00:17:13 (51.3%)	6:42	9 (48.9%)
92	KUNKA Konrad	91	ELEKTROBIM TEAM	M-Open	92	00:16:23	00:33:24.87	+00:17:16 (51.3%)	6:40	9 (48.9%)
93	STELMACH Artur	171	GORĄCE CZAJNIKI	M-Open	93	00:16:38	00:34:04.10	+00:17:56 (52.3%)	6:48	8.8 (47.8%)
94	MEDZIŃSKI Dariusz	121		M-Open	94	00:17:01	00:35:42.57	+00:19:27 (54.3%)	7:08	8.4 (45.7%)
95	WIECZORKIEWICZ Ryszard	192	RYŚ BANDA	M-Open	95	00:18:11	00:36:35.24	+00:20:28 (55.6%)	7:19	8.2 (44.6%)
96	MACUDZIŃSKI Adam	111	PYRZYCE BIEGAJĄ	M-Open	96	00:18:22	00:37:12.63	+00:21:07 (56.4%)	7:26	8.1 (44.0%)
97	ZARĘBSKI Mirosław	203	PYRZYCE BIEGAJĄ	M-Open	97	00:18:17	00:37:11.09	+00:21:07 (56.4%)	7:26	8.1 (44.0%)
98	HUSZCZA Piotr	56	PYRZYCE BIEGAJĄ	M-Open	98	00:18:00	00:37:10.19	+00:21:08 (56.4%)	7:26	8.1 (44.0%)
99	NIEKOREK Sebastian	130	PYRZYCE BIEGAJĄ	M-Open	99	00:18:00	00:37:12.35	+00:21:09 (56.4%)	7:26	8.1 (44.0%)
100	WILKOWSKI Tomasz	195	PYRZYCE BIEGAJĄ	M-Open	100	00:18:03	00:37:12.45	+00:21:09 (56.4%)	7:26	8.1 (44.0%)
101	KACPRZAK Ireneusz	62	PYRZYCE BIEGAJĄ	M-Open	101	00:18:18	00:37:13.20	+00:21:10 (56.4%)	7:26	8.1 (44.0%)
102	BULSA Marcin	23	PYRZYCE BIEGAJĄ	M-Open	102	00:18:24	00:37:14.30	+00:21:10 (56.4%)	7:27	8.1 (44.0%)
103	GOLUCH Adam	45	PYRZYCE BIEGAJĄ	M-Open	103	00:18:04	00:37:14.69	+00:21:11 (56.4%)	7:26	8.1 (44.0%)

Znalezione 103 wynik(ów)