



# ЗИМНИЙ КУБОК ПО БЕГУ "АВГУСТОВСКИЙ КАНАЛ 2018"

B4SPORT

Organizator/  
Organizer: BFNW  
Data/ Date: 2018-02-03  
Miejsce/ Place: Grodno  
Dystans/ Distance: 10 km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja/ Classification: Wszyscy/ Open

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	2.5km	5km	7.5km	Czas netto 10km	Różn/ Gap	Tempo min/km	Tempo km/h
1	КОШУР Александр	136	'ЛОКОМОТИВ'	M20-35	1	00:09:37	00:19:03	00:28:22	<b>00:37:42.20</b>		3:46	15.9
2	ВАСЮКОВИЧ Сергей	126	ВИКТОРИЯ	M20-35	2	00:09:40	00:19:28	00:29:15	<b>00:38:57.80</b>	+00:01:15	3:53	15.4
3	YARAVY Baryslau	110	RUN4FUN.BY	M20-35	3	00:09:37	00:19:27	00:29:13	<b>00:39:07.85</b>	+00:01:25	3:54	15.3
4	ЛЕОНОВ Иван	141	БОДРОСТЬ	M20-35	4	00:09:45	00:19:40	00:29:36	<b>00:39:38.20</b>	+00:01:56	3:57	15.1
5	KOZAK Arkadiusz	100	TKKF KOSZALIN	M36-49	1	00:09:37	00:19:28	00:29:37	<b>00:40:01.70</b>	+00:02:19	4:00	15
6	KATOLIKAU Ramon	124	XTRAIL_TEAM	M20-35	5	00:10:24	00:20:50	00:31:20	<b>00:41:39.40</b>	+00:03:57	4:10	14.4
7	ЛЯНГА Александр	102	RUN4FUN.BY	M20-35	6	00:10:11	00:20:57	00:31:47	<b>00:42:18.30</b>	+00:04:36	4:13	14.2
8	СHEMODANOV Alexey	111	RUN4FUN.BY	M20-35	7	00:10:10	00:20:57	00:31:48	<b>00:42:30.50</b>	+00:04:48	4:15	14.1
9	SHYLA Aliaksandr	120	RUN4FUN.BY	M20-35	8	00:10:35	00:21:17	00:32:00	<b>00:42:33.45</b>	+00:04:51	4:15	14.1
10	ВОЛОКОЛОВСКИЙ Антон	135	'ЛОКОМОТИВ'	M20-35	9	00:10:45	00:21:59	00:33:34	<b>00:44:30.40</b>	+00:06:48	4:27	13.5
11	KULESH Pawel	122		M20-35	10	00:10:44	00:21:44	00:33:07	<b>00:44:48.10</b>	+00:07:05	4:28	13.4
12	БУРАК Павел	103		M20-35	11	00:11:37	00:23:18	00:34:23	<b>00:45:05.55</b>	+00:07:23	4:30	13.3
13	ГОРОВОЙ Андрей	118	SKIDELRUN :)	M36-49	2	00:11:05	00:22:36	00:34:21	<b>00:45:34.95</b>	+00:07:52	4:33	13.2
14	ВИНЕНКО Александр	115	RUN4FUN.BY	M36-49	3	00:11:21	00:23:15	00:35:10	<b>00:46:41.15</b>	+00:08:58	4:40	12.8
15	ШОТ Дмитрий	117	SKIDELRUN :)	M20-35	12	00:11:48	00:23:34	00:35:16	<b>00:46:54.30</b>	+00:09:12	4:41	12.8
16	МОТОРНЫЙ Владимир	133	RUN4FUN.BY	M36-49	4	00:11:31	00:23:28	00:35:26	<b>00:47:00.05</b>	+00:09:17	4:42	12.8
17	ОСКИРКО Святослав	134	RUN4FUN.BY	M20-35	13	00:11:37	00:23:18	00:35:32	<b>00:47:33.40</b>	+00:09:51	4:45	12.6
18	ВЫБОРНЫЙ Александр	140	АМАТАР	M20-35	14	00:11:06	00:23:21	00:36:05	<b>00:48:27.40</b>	+00:10:45	4:50	12.4
19	ПАВЛЕНКО Юрий	121		M20-35	15	00:11:43	00:23:53	00:36:33	<b>00:48:36.75</b>	+00:10:54	4:51	12.3
20	РАСНКОВСКИJ Sergej	142		M20-35	16	00:12:05	00:25:04	00:38:04	<b>00:50:48.55</b>	+00:13:06	5:04	11.8
21	МОРОЗОВА Наталья	105	ГРОДНООБЛСПОРТ	K50+	1	00:12:11	00:25:05	00:38:13	<b>00:51:26.15</b>	+00:13:43	5:08	11.7
22	МАКАС Aleksander	181		M20-35	17	00:12:21	00:25:38	00:39:09	<b>00:51:39.75</b>	+00:13:57	5:10	11.6

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	2.5km	5km	7.5km	Czas netto 10km	Różn/ Gap	Tempo min/km	Tempo km/h
23	<b>КУЛИК Ольга</b>	<b>108</b>	HEMIGA-HOPD	K36-49	1	00:12:27	00:25:30	00:38:42	<b>00:51:57.20</b>	+00:14:15	5:11	11.5
24	<b>FEDIOV Kirill</b>	<b>128</b>	RUN4FUN.BY	M20-35	18	00:12:14	00:25:08	00:38:30	<b>00:52:06.90</b>	+00:14:24	5:12	11.5
25	<b>ГЕРАСИМОВ Денис</b>	<b>139</b>	RUN4FUN.BY	M36-49	5	00:12:06	00:25:19	00:38:48	<b>00:52:33.90</b>	+00:14:51	5:15	11.4
26	<b>ВІЕЛАЕВ Aleksander</b>	<b>144</b>		M19	1	00:12:32	00:25:52	00:39:18	<b>00:52:41.75</b>	+00:14:59	5:16	11.4
27	<b>СТУПАКЕВИЧ Анна</b>	<b>113</b>	RUN4FUN.BY	K36-49	2	00:12:58	00:26:07	00:39:41	<b>00:53:10.25</b>	+00:15:28	5:19	11.3
28	<b>KRUS Viktor</b>	<b>123</b>		M36-49	6	00:12:43	00:26:21	00:40:24	<b>00:53:36.35</b>	+00:15:54	5:21	11.2
29	<b>БОГАН Александр</b>	<b>119</b>	RUN4FUN.BY	M20-35	19	00:13:03	00:26:39	00:40:10	<b>00:53:48.20</b>	+00:16:06	5:22	11.2
30	<b>КУСНУСКАЯ Katsiaryna</b>	<b>112</b>	RUN4FUN.BY	K20-35	1	00:13:19	00:27:01	00:40:29	<b>00:53:49.40</b>	+00:16:07	5:22	11.1
31	<b>ОШУРКО Антон</b>	<b>125</b>	RUN4FUN.BY	M36-49	7	00:12:31	00:25:51	00:40:19	<b>00:54:29.40</b>	+00:16:47	5:26	11
32	<b>МАТВЕЙЧИК Валентин</b>	<b>138</b>	MIKKELLER RUNNING CLUB MINSK	M20-35	20	00:13:19	00:27:14	00:41:24	<b>00:55:45.25</b>	+00:18:03	5:34	10.8
33	<b>ВІЕЛАЕВ Aleksej</b>	<b>143</b>		M19	2	00:13:11	00:26:55	00:41:02	<b>00:56:16.10</b>	+00:18:33	5:37	10.7
34	<b>БЕЛЯЕВ Вячеслав</b>	<b>132</b>		M50+	1	00:13:17	00:27:13	00:41:50	<b>00:56:24.15</b>	+00:18:41	5:38	10.6
35	<b>KULIK Tatsiana</b>	<b>107</b>		K20-35	2	00:13:39	00:28:40	00:44:04	<b>00:59:18.00</b>	+00:21:35	5:55	10.1
36	<b>КОВАЛЬЧУК Наталия</b>	<b>116</b>	RUN4FUN.BY	K20-35	3	00:17:17	00:34:48	00:53:12	<b>01:11:08.80</b>	+00:33:26	7:06	8.4
37		<b>146</b>		M-OPEN	1							
38		<b>190</b>		M-OPEN	2							
39		<b>151</b>		M-OPEN	3							
40		<b>194</b>		M-OPEN	4							
41		<b>191</b>		M-OPEN	5							
42	<b>ЛИВЕНЦЕВ Игорь</b>	<b>114</b>		M36-49	8							
43		<b>159</b>		M-OPEN	6							
44		<b>195</b>		M-OPEN	7							
45		<b>193</b>		M-OPEN	8							
46		<b>148</b>		M-OPEN	9							
47	<b>ХОХРЯКОВ Дмитрий</b>	<b>129</b>	TRISTYLE	M36-49	9							
48		<b>196</b>		M-OPEN	10							
49		<b>199</b>		M-OPEN	11							
50		<b>165</b>		M-OPEN	12							
51		<b>163</b>		M-OPEN	13							
52		<b>145</b>		M-OPEN	14							
53		<b>164</b>		M-OPEN	15							
54		<b>161</b>		M-OPEN	16							
55		<b>178</b>		M-OPEN	17							
56	<b>ЛЕНКОВЕЦ Светлана</b>	<b>130</b>	ГРОДНООБЛСПОРТ	K36-49	3							
57		<b>192</b>		M-OPEN	18							
58		<b>200</b>		M-OPEN	19							
59		<b>187</b>		M-OPEN	20							
60		<b>173</b>		M-OPEN	21							
61		<b>176</b>		M-OPEN	22							
62		<b>183</b>		M-OPEN	23							
63	<b>ЯКШЕВИЧ Инна</b>	<b>127</b>	ГРОДНООБЛСПОРТ	K20-35	4							
64		<b>179</b>		M-OPEN	24							
65		<b>180</b>		M-OPEN	25							

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	2.5km	5km	7.5km	Czas netto 10km	Różn/ Gap	Tempo min/km	Tempo km/h
66	<b>САМОЙЛИК Надя</b>	<b>106</b>	ГРОДНООБЛСПОРТ	K20-35	5							
67		<b>182</b>		M-OPEN	26							
68		<b>149</b>		M-OPEN	27							
69		<b>167</b>		M-OPEN	28							
70		<b>177</b>		M-OPEN	29							
71		<b>175</b>		M-OPEN	30							
72		<b>150</b>		M-OPEN	31							
73		<b>171</b>		M-OPEN	32							
74		<b>157</b>		M-OPEN	33							
75		<b>170</b>		M-OPEN	34							
76		<b>156</b>		M-OPEN	35							
77		<b>162</b>		M-OPEN	36							
78		<b>155</b>		M-OPEN	37							
79		<b>172</b>		M-OPEN	38							
80		<b>186</b>		M-OPEN	39							
81		<b>166</b>		M-OPEN	40							
82		<b>189</b>		M-OPEN	41							
83		<b>188</b>		M-OPEN	42							
84		<b>168</b>		M-OPEN	43							
85		<b>197</b>		M-OPEN	44							
86		<b>158</b>		M-OPEN	45							
87		<b>152</b>		M-OPEN	46							
88		<b>185</b>		M-OPEN	47							
89		<b>198</b>		M-OPEN	48							
90	<b>БАСАЛАЕВ Александр</b>	<b>109</b>		M36-49	10							

Znaleziono 90 wynik(ów)