

# 41.PKO PÓLMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

**Wydarzenie:** WIRTUALNY 41. PKO PÓLMARATON SZCZECIN  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2020-08-01  
**Miejsce:** Polska  
**Dystans:** 21.1 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-OPEN

| Msc | Zawodnik            | Numer | Klub                             | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|----------------------------------|-----------|------|-------------|---------|-----------|--------------|------------|
| 1   | SARBAK Grzegorz     | 813   | MUKS JEDYNKA MIĘDZYCHÓD          | M 20      | 1    | 00:00:00    | 21,1 KM | +00:00:00 | 3:46         | 15.9       |
| 2   | GODLEWSKI Krzysztof | 96    | LOVE LIFE                        | M 30      | 1    | 00:00:00    | 21,1 KM | +00:01:09 | 3:50         | 15.6       |
| 3   | FIGA Ryszard        | 541   | MARATON GORLICE                  | M 60      | 1    | 00:00:00    | 21,1 KM | +00:10:26 | 4:16         | 14         |
| 4   | SZYMANOWICZ Mariusz | 330   | CHARTY CHARTOWO/KB MANIAC POZNAŃ | M 40      | 1    | 00:00:00    | 21,1 KM | +00:10:26 | 4:16         | 14         |
| 5   | KLEPARSKI Krzysztof | 335   | ZAZBIEGANI                       | M 30      | 2    | 00:00:00    | 21,1 KM | +00:10:37 | 4:17         | 14         |
| 6   | SKWARYŁO Dariusz    | 573   | STOCZNIOWEC POZNAŃ               | M 30      | 3    | 00:00:00    | 21,1 KM | +00:11:26 | 4:19         | 13.9       |
| 7   | IGLESIAS Javier     | 447   |                                  | M 20      | 2    | 00:00:00    | 21,1 KM | +00:12:53 | 4:23         | 13.7       |
| 8   | KOPEĆ Mirosław      | 145   | WATAHA                           | M 40      | 2    | 00:00:00    | 21,1 KM | +00:13:28 | 4:25         | 13.6       |
| 9   | WOLLNY Kamil        | 1028  | EKO- OKNA RUNNERS                | M 20      | 3    | 00:00:00    | 21,1 KM | +00:16:01 | 4:32         | 13.2       |
| 10  | ILCEWICZ Wojciech   | 924   |                                  | M 30      | 4    | 00:00:00    | 21,1 KM | +00:16:08 | 4:32         | 13.2       |
| 11  | ŁOŚ Jarosław        | 64    | #RUSZ4LITERY                     | M 30      | 5    | 00:00:00    | 21,1 KM | +00:16:09 | 4:32         | 13.2       |
| 12  | SKWARYŁO Kamil      | 546   | STOCZNIOWEC POZNAŃ               | M 20      | 4    | 00:00:00    | 21,1 KM | +00:18:08 | 4:38         | 12.9       |
| 13  | BIELATKO Marcin     | 463   | DRAWNO                           | M 30      | 6    | 00:00:00    | 21,1 KM | +00:18:34 | 4:39         | 12.9       |
| 14  | BOGUCKI Tomasz      | 1017  | GOSIR OSIELSKO                   | M 40      | 3    | 00:00:00    | 21,1 KM | +00:18:51 | 4:40         | 12.8       |
| 15  | MINOROWICZ Paweł    | 65    |                                  | M 30      | 7    | 00:00:00    | 21,1 KM | +00:21:51 | 4:48         | 12.5       |
| 16  | SKOWRONSKI Tomasz   | 350   | TOMASZ SKOWRONSKI                | M 30      | 8    | 00:00:00    | 21,1 KM | +00:22:10 | 4:49         | 12.4       |
| 17  | DORNIAC Karol       | 1139  |                                  | M 30      | 9    | 00:00:00    | 21,1 KM | +00:22:22 | 4:50         | 12.4       |
| 18  | LER Łukasz          | 357   |                                  | M 20      | 5    | 00:00:00    | 21,1 KM | +00:22:51 | 4:51         | 12.3       |
| 19  | SZCZEPANIAK Paweł   | 1123  |                                  | M 30      | 10   | 00:00:00    | 21,1 KM | +00:22:56 | 4:52         | 12.3       |
| 20  | BOBOWSKI Wojciech   | 757   | WKKW                             | M 30      | 11   | 00:00:00    | 21,1 KM | +00:23:02 | 4:52         | 12.3       |
| 21  | AUGUSTYNIAC Jakub   | 1006  |                                  | M 30      | 12   | 00:00:00    | 21,1 KM | +00:23:08 | 4:52         | 12.3       |
| 22  | MELNYK Sergii       | 737   | AMATOR                           | M 20      | 6    | 00:00:00    | 21,1 KM | +00:23:15 | 4:52         | 12.3       |
| 23  | TRONIARZ Marcin     | 173   |                                  | M 40      | 4    | 00:00:00    | 21,1 KM | +00:23:37 | 4:53         | 12.2       |
| 24  | MARCHACZ Grzegorz   | 107   |                                  | M 30      | 13   | 00:00:00    | 21,1 KM | +00:23:45 | 4:54         | 12.2       |
| 25  | WAWRZYNIAC Bartosz  | 555   |                                  | M 30      | 14   | 00:00:00    | 21,1 KM | +00:24:24 | 4:56         | 12.2       |
| 26  | KOWALAK Robert      | 951   |                                  | M 30      | 15   | 00:00:00    | 21,1 KM | +00:25:01 | 4:57         | 12.1       |
| 27  | COELHO Tulio        | 30    |                                  | M 50      | 1    | 00:00:00    | 21,1 KM | +00:25:03 | 4:58         | 12.1       |
| 28  | DEMBIŃSKI Maciej    | 164   |                                  | M 50      | 2    | 00:00:00    | 21,1 KM | +00:25:41 | 4:59         | 12         |
| 29  | JARCZYŃSKI Adam     | 511   |                                  | M 20      | 7    | 00:00:00    | 21,1 KM | +00:26:32 | 5:02         | 11.9       |

| Msc | Zawodnik                    | Numer       | Klub                           | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--------------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 30  | <b>BRODOWSKI Grzegorz</b>   | <b>1023</b> |                                | M 40      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:26:37 | 5:02         | 11.9       |
| 31  | <b>KOŁACKI Paweł</b>        | <b>154</b>  |                                | M 30      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:27:26 | 5:04         | 11.8       |
| 32  | <b>HEDA Paweł</b>           | <b>1084</b> | KSRG OSP NIETULISKO DUŻE       | M 40      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:27:33 | 5:05         | 11.8       |
| 33  | <b>BARTNIK Rafał</b>        | <b>33</b>   | ZABIEGANY WOŁOMIN              | M 40      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:27:45 | 5:05         | 11.8       |
| 34  | <b>CHARĘZA Marcin</b>       | <b>1036</b> |                                | M 30      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:27:51 | 5:06         | 11.8       |
| 35  | <b>SOLARZ Szymon</b>        | <b>950</b>  |                                | M 30      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:28:33 | 5:08         | 11.7       |
| 36  | <b>BANASIEWICZ Zbigniew</b> | <b>1106</b> | WECZORNE BIEGANIE W SZCZECINIE | M 30      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:28:38 | 5:08         | 11.7       |
| 37  | <b>JAMROZY Ryszard</b>      | <b>961</b>  | TRUCHT                         | M 50      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:28:40 | 5:08         | 11.7       |
| 38  | <b>DUDEK Marcin</b>         | <b>278</b>  |                                | M 40      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:28:48 | 5:08         | 11.7       |
| 39  | <b>DURKOWSKI Marek</b>      | <b>246</b>  |                                | M 30      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:28:50 | 5:08         | 11.7       |
| 40  | <b>SZLESZYŃSKI Andrzej</b>  | <b>719</b>  |                                | M 50      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:29:18 | 5:10         | 11.6       |
| 41  | <b>KRUPIŃSKI Mikołaj</b>    | <b>755</b>  |                                | M 20      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:29:34 | 5:10         | 11.6       |
| 42  | <b>BOROWSKI Rafał</b>       | <b>615</b>  |                                | M 20      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:29:45 | 5:11         | 11.6       |
| 43  | <b>RETECKI Tomasz</b>       | <b>704</b>  |                                | M 40      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:29:51 | 5:11         | 11.5       |
| 44  | <b>ZARYCZAŃSKI Michał</b>   | <b>786</b>  |                                | M 30      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:29:52 | 5:11         | 11.5       |
| 45  | <b>KONIECZNY Piotr</b>      | <b>609</b>  | NKB CHYŻY NOWY TOMYŚL          | M 30      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:30:25 | 5:13         | 11.5       |
| 46  | <b>DAMOISEAUX Philippe</b>  | <b>262</b>  |                                | M 20      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:30:30 | 5:13         | 11.5       |
| 47  | <b>NURKIEWICZ Jarosław</b>  | <b>862</b>  | KUNG FU PANDY 3                | M 40      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:30:34 | 5:13         | 11.5       |
| 48  | <b>WINIARZ Łukasz</b>       | <b>758</b>  |                                | M 30      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:30:36 | 5:13         | 11.5       |
| 49  | <b>KONDELA Paweł</b>        | <b>60</b>   | AKTYWNE CHOSZCZNO              | M 40      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:30:37 | 5:13         | 11.5       |
| 50  | <b>KULIBERDA Dariusz</b>    | <b>768</b>  |                                | M 40      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:30:59 | 5:14         | 11.4       |
| 51  | <b>GAZDOWICZ Michał</b>     | <b>465</b>  | BRZOZOWSKI KLUB BIEGACZA       | M 20      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:31:11 | 5:15         | 11.4       |
| 52  | <b>ZAJĄC Patryk</b>         | <b>805</b>  |                                | M 20      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:31:16 | 5:15         | 11.4       |
| 53  | <b>ŻYŁOWSKI Filip</b>       | <b>1046</b> |                                | M 20      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:31:20 | 5:15         | 11.4       |
| 54  | <b>MIKOŁAJCZYK Jakub</b>    | <b>110</b>  | -                              | M 20      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:31:26 | 5:16         | 11.4       |
| 55  | <b>BIENIEK Piotr</b>        | <b>296</b>  | AMATOR                         | M 50      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:31:28 | 5:16         | 11.4       |
| 56  | <b>SIKORA Łukasz</b>        | <b>214</b>  |                                | M 30      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:31:37 | 5:16         | 11.4       |
| 57  | <b>KLAMKA Rafał</b>         | <b>1154</b> |                                | M 30      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:31:42 | 5:16         | 11.4       |
| 58  | <b>REIM Sebastian</b>       | <b>343</b>  |                                | M 30      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:32:37 | 5:19         | 11.3       |
| 59  | <b>SURAŻYŃSKI Bartosz</b>   | <b>1061</b> |                                | M 30      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:32:56 | 5:20         | 11.2       |
| 60  | <b>LIS Tomasz</b>           | <b>789</b>  |                                | M 30      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:33:14 | 5:21         | 11.2       |
| 61  | <b>KUSIAK Dariusz</b>       | <b>643</b>  |                                | M 30      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:33:15 | 5:21         | 11.2       |
| 62  | <b>NASŁOWSKI Marcin</b>     | <b>1119</b> |                                | M 40      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:33:21 | 5:21         | 11.2       |
| 63  | <b>GBYL Łukasz</b>          | <b>917</b>  |                                | M 30      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:33:22 | 5:21         | 11.2       |
| 64  | <b>PELC Tomasz</b>          | <b>581</b>  | BENEFITUS TOMASZ PELC          | M 40      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:33:41 | 5:22         | 11.2       |
| 65  | <b>KIEŁBASA Łukasz</b>      | <b>711</b>  |                                | M 30      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:34:06 | 5:23         | 11.1       |
| 66  | <b>KORTUS Jarosław</b>      | <b>686</b>  | 12 BZ                          | M 30      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:34:23 | 5:24         | 11.1       |
| 67  | <b>JARONIAK Tomasz</b>      | <b>783</b>  |                                | M 40      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:34:27 | 5:25         | 11.1       |
| 68  | <b>KRZYWIEC Marcin</b>      | <b>129</b>  |                                | M 30      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:34:29 | 5:24         | 11.1       |
| 69  | <b>RUBINOWSKI Jarek</b>     | <b>886</b>  |                                | M 40      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:34:29 | 5:24         | 11.1       |
| 70  | <b>LEP Łukasz</b>           | <b>431</b>  |                                | M 30      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:34:51 | 5:25         | 11         |
| 71  | <b>ZBICIAK Adam</b>         | <b>1056</b> |                                | M 50      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:35:02 | 5:26         | 11         |
| 72  | <b>OSTASZEWSKI Marcin</b>   | <b>642</b>  |                                | M 40      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:35:09 | 5:26         | 11         |
| 73  | <b>KAŻMIERCZAK Norbert</b>  | <b>429</b>  | TUP TUP TEAM                   | M 40      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:35:10 | 5:26         | 11         |
| 74  | <b>OSTASZEWSKI Paweł</b>    | <b>727</b>  |                                | M 20      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:35:11 | 5:26         | 11         |

| Msc | Zawodnik              | Numer | Klub                                | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|-------------------------------------|-----------|------|-------------|---------|-----------|--------------|------------|
| 75  | MACIEJOWICZ Michał    | 706   |                                     | M 30      | 35   | 00:00:00    | 21,1 KM | +00:35:24 | 5:27         | 11         |
| 76  | WAŻNY Wojciech        | 543   |                                     | M 30      | 36   | 00:00:00    | 21,1 KM | +00:35:26 | 5:27         | 11         |
| 77  | ANTKOWIAK Sebastian   | 1079  | DB - ACTIVE                         | M 40      | 19   | 00:00:00    | 21,1 KM | +00:35:27 | 5:27         | 11         |
| 78  | BARCKI Mariusz        | 814   | WWW.VISTA.SZCZECIN.PL               | M 30      | 37   | 00:00:00    | 21,1 KM | +00:35:38 | 5:28         | 11         |
| 79  | UCHER Loniek          | 1093  | FINISZ MORĄG                        | M 50      | 7    | 00:00:00    | 21,1 KM | +00:35:39 | 5:28         | 11         |
| 80  | BACZYŃSKI Maciej      | 466   | RODZINAPL                           | M 40      | 20   | 00:00:00    | 21,1 KM | +00:35:53 | 5:28         | 10.9       |
| 81  | ZAJAS Krzysztof       | 49    |                                     | M 30      | 38   | 00:00:00    | 21,1 KM | +00:36:08 | 5:29         | 10.9       |
| 82  | ŚLIWA Jerzy           | 724   |                                     | M 50      | 8    | 00:00:00    | 21,1 KM | +00:36:08 | 5:29         | 10.9       |
| 83  | KUPCZYŃSKI Piotr      | 100   |                                     | M 40      | 21   | 00:00:00    | 21,1 KM | +00:36:10 | 5:29         | 10.9       |
| 84  | SINECKI Krystian      | 245   | SYCOWSKIAMATOR                      | M 30      | 39   | 00:00:00    | 21,1 KM | +00:36:14 | 5:29         | 10.9       |
| 85  | JUSZCZYK Tomasz       | 412   |                                     | M 30      | 40   | 00:00:00    | 21,1 KM | +00:36:26 | 5:30         | 10.9       |
| 86  | KWIATEK Rafał         | 180   |                                     | M 30      | 41   | 00:00:00    | 21,1 KM | +00:36:35 | 5:30         | 10.9       |
| 87  | MIELNIK Michał        | 382   |                                     | M 20      | 16   | 00:00:00    | 21,1 KM | +00:36:35 | 5:30         | 10.9       |
| 88  | WOJTYNIAK Roman       | 631   |                                     | M 50      | 9    | 00:00:00    | 21,1 KM | +00:36:43 | 5:31         | 10.9       |
| 89  | SADKOWSKI Wojciech    | 1127  |                                     | M 30      | 42   | 00:00:00    | 21,1 KM | +00:36:51 | 5:31         | 10.9       |
| 90  | PRZYBYSZEWSKI Marcin  | 186   | 12BZ                                | M 20      | 17   | 00:00:00    | 21,1 KM | +00:36:52 | 5:31         | 10.9       |
| 91  | REJNOWICZ Dawid       | 922   |                                     | M 20      | 18   | 00:00:00    | 21,1 KM | +00:36:58 | 5:31         | 10.8       |
| 92  | DZYRUK Maciej         | 746   |                                     | M 30      | 43   | 00:00:00    | 21,1 KM | +00:37:08 | 5:32         | 10.8       |
| 93  | NAWROCKI Michał       | 392   | 12BZ                                | M 30      | 44   | 00:00:00    | 21,1 KM | +00:37:12 | 5:32         | 10.8       |
| 94  | UMIŃSKI Piotr         | 665   |                                     | M 30      | 45   | 00:00:00    | 21,1 KM | +00:37:28 | 5:33         | 10.8       |
| 95  | WOJCIECHOWSKI Karol   | 188   |                                     | M 30      | 46   | 00:00:00    | 21,1 KM | +00:37:32 | 5:33         | 10.8       |
| 96  | NOWAK Kamil           | 1078  | BIEGANIE USKRZYDLA                  | M 30      | 47   | 00:00:00    | 21,1 KM | +00:37:34 | 5:33         | 10.8       |
| 97  | MICHAŁOWSKI Maciej    | 1113  | PŁYŃ POD PRĄD                       | M 40      | 22   | 00:00:00    | 21,1 KM | +00:37:35 | 5:33         | 10.8       |
| 98  | WASIELEWSKI Sylwester | 133   |                                     | M 40      | 23   | 00:00:00    | 21,1 KM | +00:37:45 | 5:34         | 10.8       |
| 99  | SZULŻYCKI Krzysztof   | 1021  |                                     | M 20      | 19   | 00:00:00    | 21,1 KM | +00:37:53 | 5:34         | 10.8       |
| 100 | PIECHOWICZ Dariusz    | 1027  |                                     | M 40      | 24   | 00:00:00    | 21,1 KM | +00:37:54 | 5:34         | 10.8       |
| 101 | DERBISZEWSKI Robert   | 775   |                                     | M 20      | 20   | 00:00:00    | 21,1 KM | +00:37:56 | 5:34         | 10.8       |
| 102 | KACZMAREK Jarosław    | 1088  | TRITON KONIN                        | M 30      | 48   | 00:00:00    | 21,1 KM | +00:37:56 | 5:34         | 10.8       |
| 103 | NASTAŃSKI Jerzy       | 853   |                                     | M 60      | 2    | 00:00:00    | 21,1 KM | +00:38:07 | 5:35         | 10.7       |
| 104 | LITWIŃSKI Michał      | 552   |                                     | M 30      | 49   | 00:00:00    | 21,1 KM | +00:38:08 | 5:35         | 10.7       |
| 105 | TUZIMEK Piotr         | 1244  |                                     | M 40      | 25   | 00:00:00    | 21,1 KM | +00:38:20 | 5:35         | 10.7       |
| 106 | NOWAK Rafał           | 2000  | BODAIKAN                            | M 40      | 26   | 00:00:00    | 21,1 KM | +00:38:29 | 5:36         | 10.7       |
| 107 | PIERSA Jakub          | 1099  |                                     | M 20      | 21   | 00:00:00    | 21,1 KM | +00:38:34 | 5:36         | 10.7       |
| 108 | GABRYŚ Dominik        | 74    |                                     | M 40      | 27   | 00:00:00    | 21,1 KM | +00:38:39 | 5:36         | 10.7       |
| 109 | ANUSZKIEWICZ Marek    | 223   |                                     | M 50      | 10   | 00:00:00    | 21,1 KM | +00:38:42 | 5:36         | 10.7       |
| 110 | PIECHOTA Artur        | 836   | WOJSKOWY KLUB HONOROWYCH DAWCÓW KRM | M 30      | 50   | 00:00:00    | 21,1 KM | +00:38:48 | 5:37         | 10.7       |
| 111 | SYC Piotr             | 657   |                                     | M 30      | 51   | 00:00:00    | 21,1 KM | +00:39:04 | 5:37         | 10.7       |
| 112 | URBANIAK Remigiusz    | 829   |                                     | M 30      | 52   | 00:00:00    | 21,1 KM | +00:39:19 | 5:38         | 10.6       |
| 113 | KOT Arkadiusz         | 76    |                                     | M 50      | 11   | 00:00:00    | 21,1 KM | +00:39:19 | 5:38         | 10.6       |
| 114 | KOWALCZYK Krzysztof   | 367   |                                     | M 50      | 12   | 00:00:00    | 21,1 KM | +00:39:23 | 5:38         | 10.6       |
| 115 | NAWOJOWSKI Adam       | 80    | BRAK                                | M 50      | 13   | 00:00:00    | 21,1 KM | +00:39:36 | 5:39         | 10.6       |
| 116 | MICHOŃ Marcin         | 753   |                                     | M 20      | 22   | 00:00:00    | 21,1 KM | +00:39:37 | 5:39         | 10.6       |
| 117 | KONIECKI Tomasz       | 317   |                                     | M 40      | 28   | 00:00:00    | 21,1 KM | +00:39:48 | 5:40         | 10.6       |
| 118 | PISKORSKI Radosław    | 779   |                                     | M 20      | 23   | 00:00:00    | 21,1 KM | +00:39:50 | 5:40         | 10.6       |
| 119 | BRYŁA Grzegorz        | 1121  |                                     | M 40      | 29   | 00:00:00    | 21,1 KM | +00:40:11 | 5:41         | 10.6       |

| Msc | Zawodnik                    | Numer       | Klub                     | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 120 | <b>CZERWONKA Maciej</b>     | <b>670</b>  |                          | M 30      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:40:38 | 5:42         | 10.5       |
| 121 | <b>CZAJKOWSKI Sebastian</b> | <b>419</b>  |                          | M 30      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:40:44 | 5:42         | 10.5       |
| 122 | <b>PRZEKLASA Wojciech</b>   | <b>472</b>  | WWW.ROWEREMPOPODLASIU.PL | M 50      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:40:47 | 5:42         | 10.5       |
| 123 | <b>SAFAREWICZ Tomasz</b>    | <b>557</b>  |                          | M 40      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:40:48 | 5:42         | 10.5       |
| 124 | <b>SUSZEK Jacek</b>         | <b>423</b>  |                          | M 30      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:40:52 | 5:43         | 10.5       |
| 125 | <b>GŁADYSZ Łukasz</b>       | <b>7</b>    | TT SZCZECIN              | M 30      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:40:58 | 5:43         | 10.5       |
| 126 | <b>MARZEC Kamil</b>         | <b>769</b>  |                          | M 20      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:41:07 | 5:43         | 10.5       |
| 127 | <b>OKRĘGLICKI Antoni</b>    | <b>370</b>  | RUN PASJA                | M 70+     | 1    | 00:00:00    | <b>21,1 KM</b> | +00:41:17 | 5:44         | 10.5       |
| 128 | <b>TROJNAR Jarosław</b>     | <b>1090</b> | BANDA ŁYSEGO             | M 30      | 57   | 00:00:00    | <b>21,1 KM</b> | +00:41:30 | 5:44         | 10.4       |
| 129 | <b>MURAWSKI Arkadiusz</b>   | <b>683</b>  |                          | M 20      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:41:38 | 5:45         | 10.4       |
| 130 | <b>HAŁKA Justyna</b>        | <b>966</b>  | TRUCHT ŁOBEZ             | M 40      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:41:46 | 5:45         | 10.4       |
| 131 | <b>NYKOLAJCZUK Robert</b>   | <b>1120</b> |                          | M 40      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:41:49 | 5:45         | 10.4       |
| 132 | <b>JANISZEWSKI Jakub</b>    | <b>879</b>  | SII RUNNING TEAM         | M 30      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:41:59 | 5:46         | 10.4       |
| 133 | <b>KRÓL Arkadiusz</b>       | <b>576</b>  |                          | M 40      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:42:00 | 5:46         | 10.4       |
| 134 | <b>PILAWSKI Piotr</b>       | <b>268</b>  |                          | M 20      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:42:05 | 5:46         | 10.4       |
| 135 | <b>DATA Krystian</b>        | <b>266</b>  | K.A. TEAM BYSTRA         | M 20      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:42:11 | 5:46         | 10.4       |
| 136 | <b>RUMIŃSKI Patryk</b>      | <b>1138</b> |                          | M 30      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:42:12 | 5:46         | 10.4       |
| 137 | <b>KRUMPLEWSKI Mariusz</b>  | <b>135</b>  |                          | M 40      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:42:22 | 5:47         | 10.4       |
| 138 | <b>TEŚLUK Marcin</b>        | <b>6</b>    |                          | M 30      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:42:49 | 5:48         | 10.3       |
| 139 | <b>SIECZKOWSKI Marcin</b>   | <b>81</b>   |                          | M 40      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:42:53 | 5:48         | 10.3       |
| 140 | <b>DOLATA Marcin</b>        | <b>187</b>  |                          | M 40      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:43:00 | 5:49         | 10.3       |
| 141 | <b>SERAFIN Michał</b>       | <b>403</b>  | HWBC                     | M 30      | 61   | 00:00:00    | <b>21,1 KM</b> | +00:43:08 | 5:49         | 10.3       |
| 142 | <b>JÓSEWICZ Grzegorz</b>    | <b>453</b>  |                          | M 30      | 62   | 00:00:00    | <b>21,1 KM</b> | +00:43:15 | 5:49         | 10.3       |
| 143 | <b>OTKAŁA Karol</b>         | <b>41</b>   |                          | M 30      | 63   | 00:00:00    | <b>21,1 KM</b> | +00:43:22 | 5:50         | 10.3       |
| 144 | <b>STEFANIUK Tomasz</b>     | <b>792</b>  | PGB                      | M 40      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:43:26 | 5:50         | 10.3       |
| 145 | <b>MISZCZYK Sebastian</b>   | <b>47</b>   |                          | M 20      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:43:30 | 5:50         | 10.3       |
| 146 | <b>KLIMONTOWICZ Kuba</b>    | <b>1073</b> |                          | M 40      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:43:42 | 5:51         | 10.3       |
| 147 | <b>SMOLIŃSKI Piotr</b>      | <b>702</b>  |                          | M 50      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:43:42 | 5:51         | 10.3       |
| 148 | <b>KOCHANOWICZ Marek</b>    | <b>565</b>  | KB WIKON NOWA SÓL        | M 40      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:43:44 | 5:51         | 10.3       |
| 149 | <b>HUDECKI Dominik</b>      | <b>73</b>   |                          | M 30      | 64   | 00:00:00    | <b>21,1 KM</b> | +00:43:52 | 5:51         | 10.2       |
| 150 | <b>SOBOL Dominik</b>        | <b>292</b>  |                          | M 20      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:44:11 | 5:52         | 10.2       |
| 151 | <b>KAMIŃSKI Kamil</b>       | <b>342</b>  |                          | M 30      | 65   | 00:00:00    | <b>21,1 KM</b> | +00:44:11 | 5:52         | 10.2       |
| 152 | <b>MIŚ Paweł</b>            | <b>969</b>  |                          | M 30      | 66   | 00:00:00    | <b>21,1 KM</b> | +00:44:17 | 5:52         | 10.2       |
| 153 | <b>SIERZPUTOWSKI Piotr</b>  | <b>1110</b> |                          | M 20      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:44:20 | 5:52         | 10.2       |
| 154 | <b>MARCINEK Marcin</b>      | <b>868</b>  |                          | M 30      | 67   | 00:00:00    | <b>21,1 KM</b> | +00:44:20 | 5:52         | 10.2       |
| 155 | <b>KNAP Leszek</b>          | <b>89</b>   | WŁĄSNY                   | M 30      | 68   | 00:00:00    | <b>21,1 KM</b> | +00:44:21 | 5:52         | 10.2       |
| 156 | <b>GOYKE Sebastian</b>      | <b>614</b>  |                          | M 20      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:44:23 | 5:53         | 10.2       |
| 157 | <b>SIENKIEWICZ Robert</b>   | <b>522</b>  |                          | M 50      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:44:24 | 5:53         | 10.2       |
| 158 | <b>KNOP Damian</b>          | <b>363</b>  | GEBERIT TEAM             | M 30      | 69   | 00:00:00    | <b>21,1 KM</b> | +00:44:33 | 5:53         | 10.2       |
| 159 | <b>GĘBSKI Mieczysław</b>    | <b>1082</b> |                          | M 60      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:44:35 | 5:53         | 10.2       |
| 160 | <b>KRYSIĄK Kamil</b>        | <b>928</b>  | KB PENTO STRZELCE KRAJ.  | M 30      | 70   | 00:00:00    | <b>21,1 KM</b> | +00:44:36 | 5:53         | 10.2       |
| 161 | <b>RYBICKI Kamil</b>        | <b>443</b>  | 12 BZ                    | M 20      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:44:40 | 5:53         | 10.2       |
| 162 | <b>CIESIELSKI Krzysztof</b> | <b>51</b>   | FAST WALKER              | M 60      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:44:41 | 5:53         | 10.2       |
| 163 | <b>LOBA Arkadiusz</b>       | <b>1243</b> |                          | M 20      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:44:42 | 5:53         | 10.2       |
| 164 | <b>KOWALCZUK Tomasz</b>     | <b>866</b>  |                          | M 40      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:44:43 | 5:53         | 10.2       |

| Msc | Zawodnik               | Numer | Klub                           | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|--------------------------------|-----------|------|-------------|---------|-----------|--------------|------------|
| 165 | JANCZYNSKI Karol       | 953   | JK84                           | M 30      | 71   | 00:00:00    | 21,1 KM | +00:44:57 | 5:54         | 10.2       |
| 166 | ZIELIŃSKI Marcin       | 693   |                                | M 30      | 72   | 00:00:00    | 21,1 KM | +00:45:10 | 5:55         | 10.1       |
| 167 | KILKOWSKI Jarosław     | 366   |                                | M 50      | 17   | 00:00:00    | 21,1 KM | +00:45:12 | 5:55         | 10.1       |
| 168 | ZATOŃSKI Robert        | 640   |                                | M 20      | 34   | 00:00:00    | 21,1 KM | +00:45:20 | 5:55         | 10.1       |
| 169 | FRANKÓW Mirosław       | 881   |                                | M 40      | 41   | 00:00:00    | 21,1 KM | +00:45:23 | 5:55         | 10.1       |
| 170 | KOLBER Karol           | 858   |                                | M 20      | 35   | 00:00:00    | 21,1 KM | +00:45:29 | 5:56         | 10.1       |
| 171 | SURDAKCI Jerzy         | 63    | DRUŻYNA SZPIKU                 | M 20      | 36   | 00:00:00    | 21,1 KM | +00:45:30 | 5:56         | 10.1       |
| 172 | POPIOŁEK Przemysław    | 1026  |                                | M 40      | 42   | 00:00:00    | 21,1 KM | +00:45:39 | 5:56         | 10.1       |
| 173 | SZCZYGIELSKI Krzysztof | 1048  |                                | M 30      | 73   | 00:00:00    | 21,1 KM | +00:45:42 | 5:56         | 10.1       |
| 174 | KACIUPA Arkadiusz      | 495   |                                | M 20      | 37   | 00:00:00    | 21,1 KM | +00:45:42 | 5:56         | 10.1       |
| 175 | SĘK Marcin             | 908   |                                | M 30      | 74   | 00:00:00    | 21,1 KM | +00:45:47 | 5:57         | 10.1       |
| 176 | CHRUL Tomasz           | 975   |                                | M 30      | 75   | 00:00:00    | 21,1 KM | +00:45:50 | 5:57         | 10.1       |
| 177 | GRZELAK Jakub          | 812   | ENEA BIEGAMY ZBIERAMY PAMAGAMY | M 20      | 38   | 00:00:00    | 21,1 KM | +00:45:58 | 5:57         | 10.1       |
| 178 | JANKOWSKI Maciej       | 647   | FAURECIA RUN                   | M 50      | 18   | 00:00:00    | 21,1 KM | +00:46:07 | 5:57         | 10.1       |
| 179 | SZAKOŁA Paweł          | 226   |                                | M 30      | 76   | 00:00:00    | 21,1 KM | +00:46:07 | 5:57         | 10.1       |
| 180 | ZATOŃSKI Michał        | 799   |                                | M 20      | 39   | 00:00:00    | 21,1 KM | +00:46:14 | 5:58         | 10         |
| 181 | ŚLACHCIAK Jacek        | 499   |                                | M 50      | 19   | 00:00:00    | 21,1 KM | +00:46:15 | 5:58         | 10         |
| 182 | WAKUŁA Aleksander      | 716   |                                | M 20      | 40   | 00:00:00    | 21,1 KM | +00:46:35 | 5:59         | 10         |
| 183 | SIU Artur              | 791   |                                | M 30      | 77   | 00:00:00    | 21,1 KM | +00:46:39 | 5:59         | 10         |
| 184 | KUBIAK Tomasz          | 1031  | KW PSP SZCZECIN                | M 30      | 78   | 00:00:00    | 21,1 KM | +00:46:42 | 5:59         | 10         |
| 185 | KALINOWSKI Łukasz      | 460   |                                | M 30      | 79   | 00:00:00    | 21,1 KM | +00:46:57 | 6:00         | 10         |
| 186 | LEWANDOWSKI Maciej     | 882   | FCBPOLSKA                      | M 20      | 41   | 00:00:00    | 21,1 KM | +00:46:58 | 6:00         | 10         |
| 187 | SZCZESZEK Marcin       | 679   | BIEGANIE USKRZYDLA             | M 30      | 80   | 00:00:00    | 21,1 KM | +00:47:02 | 6:00         | 10         |
| 188 | JACHYM Jakub           | 561   |                                | M 30      | 81   | 00:00:00    | 21,1 KM | +00:47:21 | 6:01         | 10         |
| 189 | BANACH Andrzej         | 247   |                                | M 30      | 82   | 00:00:00    | 21,1 KM | +00:47:21 | 6:01         | 10         |
| 190 | BIEDRZYŃSKI Roman      | 410   |                                | M 30      | 83   | 00:00:00    | 21,1 KM | +00:47:27 | 6:01         | 10         |
| 191 | OSOWSKI Dominik        | 586   |                                | M 20      | 42   | 00:00:00    | 21,1 KM | +00:47:51 | 6:02         | 9.9        |
| 192 | WYSZOMIRSKI Marek      | 1086  |                                | M 40      | 43   | 00:00:00    | 21,1 KM | +00:47:58 | 6:03         | 9.9        |
| 193 | KOŃCZAL Artur          | 699   |                                | M 40      | 44   | 00:00:00    | 21,1 KM | +00:47:59 | 6:03         | 9.9        |
| 194 | SURDAKCI Jerzy         | 42    | DRUŻYNA SZPIKU                 | M 40      | 45   | 00:00:00    | 21,1 KM | +00:48:00 | 6:03         | 9.9        |
| 195 | MORAWIAK Krzysztof     | 1826  |                                | M 30      | 84   | 00:00:00    | 21,1 KM | +00:48:05 | 6:03         | 9.9        |
| 196 | KOCOŃ Przemysław       | 290   |                                | M 40      | 46   | 00:00:00    | 21,1 KM | +00:48:10 | 6:03         | 9.9        |
| 197 | GIERMAKOWSKI Maciej    | 963   |                                | M 30      | 85   | 00:00:00    | 21,1 KM | +00:48:11 | 6:03         | 9.9        |
| 198 | RÓŻALSKI Piotr         | 990   | PSG                            | M 40      | 47   | 00:00:00    | 21,1 KM | +00:48:23 | 6:05         | 9.8        |
| 199 | SAWKA Sylwester        | 898   |                                | M 30      | 86   | 00:00:00    | 21,1 KM | +00:48:35 | 6:04         | 9.9        |
| 200 | ROSOŁOWSKI Krystian    | 1072  |                                | M 30      | 87   | 00:00:00    | 21,1 KM | +00:48:41 | 6:05         | 9.9        |
| 201 | BAJOREK Jacek          | 254   |                                | M 40      | 48   | 00:00:00    | 21,1 KM | +00:48:54 | 6:05         | 9.8        |
| 202 | DRĄG Rafał             | 801   |                                | M 30      | 88   | 00:00:00    | 21,1 KM | +00:49:03 | 6:06         | 9.8        |
| 203 | MINER Artur            | 75    |                                | M 40      | 49   | 00:00:00    | 21,1 KM | +00:49:20 | 6:07         | 9.8        |
| 204 | GRĘBICKI Sławomir      | 413   | WKU STARGARD                   | M 40      | 50   | 00:00:00    | 21,1 KM | +00:49:41 | 6:08         | 9.8        |
| 205 | MATLUCH Jacek          | 945   |                                | M 40      | 51   | 00:00:00    | 21,1 KM | +00:49:43 | 6:08         | 9.8        |
| 206 | PISZCZEK Sławomir      | 623   |                                | M 40      | 52   | 00:00:00    | 21,1 KM | +00:50:10 | 6:09         | 9.7        |
| 207 | ROSZATYCKI Łukasz      | 1128  |                                | M 30      | 89   | 00:00:00    | 21,1 KM | +00:50:11 | 6:09         | 9.7        |
| 208 | TOWIAŃSKI Patryk       | 578   |                                | M 30      | 90   | 00:00:00    | 21,1 KM | +00:50:25 | 6:10         | 9.7        |
| 209 | WOSZCZYŃSKI Adrian     | 161   |                                | M 20      | 43   | 00:00:00    | 21,1 KM | +00:50:27 | 6:10         | 9.7        |

| Msc | Zawodnik                   | Numer       | Klub                      | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 210 | <b>RADWAN Jakub</b>        | <b>700</b>  |                           | M 30      | 91   | 00:00:00    | <b>21,1 KM</b> | +00:50:27 | 6:10         | 9.7        |
| 211 | <b>WOŹNIAK Sebastian</b>   | <b>653</b>  |                           | M 20      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:50:29 | 6:10         | 9.7        |
| 212 | <b>LEŃ Grzegorz</b>        | <b>598</b>  | ŻARY RUNNERS TEAM         | M 40      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:50:31 | 6:10         | 9.7        |
| 213 | <b>HADRO Sławek</b>        | <b>823</b>  | AKTYWNY DYNÓW             | M 30      | 92   | 00:00:00    | <b>21,1 KM</b> | +00:50:41 | 6:10         | 9.7        |
| 214 | <b>KACZMAREK Krystian</b>  | <b>489</b>  |                           | M 20      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:50:45 | 6:11         | 9.7        |
| 215 | <b>NIEDŹWIECKI Robert</b>  | <b>197</b>  |                           | M 40      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:51:04 | 6:12         | 9.7        |
| 216 | <b>RYBSKI Mariusz</b>      | <b>921</b>  |                           | M 40      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:51:04 | 6:12         | 9.7        |
| 217 | <b>TYTONIK Marek</b>       | <b>117</b>  | UKS-47 JUDO BUSHIDO-MORUS | M 40      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:51:07 | 6:12         | 9.7        |
| 218 | <b>NIEDŹWIECKI Bastian</b> | <b>123</b>  |                           | M 20      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:51:10 | 6:12         | 9.7        |
| 219 | <b>DOTKA Ryszard</b>       | <b>566</b>  |                           | M 20      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:51:17 | 6:12         | 9.7        |
| 220 | <b>BILIŃSKI Zbigniew</b>   | <b>818</b>  |                           | M 50      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:51:20 | 6:12         | 9.7        |
| 221 | <b>KADUSHKA Leanid</b>     | <b>326</b>  |                           | M 30      | 93   | 00:00:00    | <b>21,1 KM</b> | +00:51:31 | 6:13         | 9.6        |
| 222 | <b>PONCYLIUSZ Rafał</b>    | <b>1087</b> | NEW BALANCE RUN CLUB      | M 30      | 94   | 00:00:00    | <b>21,1 KM</b> | +00:51:33 | 6:13         | 9.6        |
| 223 | <b>ŚLUSARCZYK Roman</b>    | <b>827</b>  |                           | M 30      | 95   | 00:00:00    | <b>21,1 KM</b> | +00:51:34 | 6:13         | 9.6        |
| 224 | <b>PASTERNAK Zbigniew</b>  | <b>959</b>  | OPEL ACTIVE TEAM          | M 40      | 57   | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:13         | 9.6        |
| 225 | <b>HOŁOWACZ Tomasz</b>     | <b>754</b>  | KONDYCJA                  | M 70+     | 2    | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:13         | 9.6        |
| 226 | <b>ROGIEN Arkadiusz</b>    | <b>636</b>  | 12BZ KU CZCI I PAMIĘCI    | M 40      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:51:38 | 6:13         | 9.6        |
| 227 | <b>ANTOSIK Nataniel</b>    | <b>299</b>  |                           | M 20      | 48   | 00:00:00    | <b>21,1 KM</b> | +00:51:39 | 6:13         | 9.6        |
| 228 | <b>ŁOPATA Marcin</b>       | <b>893</b>  |                           | M 40      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:51:51 | 6:14         | 9.6        |
| 229 | <b>GARBACKI Igor</b>       | <b>797</b>  |                           | M 20      | 49   | 00:00:00    | <b>21,1 KM</b> | +00:51:53 | 6:14         | 9.6        |
| 230 | <b>MADERA Marcin</b>       | <b>914</b>  |                           | M 30      | 96   | 00:00:00    | <b>21,1 KM</b> | +00:52:11 | 6:15         | 9.6        |
| 231 | <b>MECHLIŃSKI Tomasz</b>   | <b>1145</b> |                           | M 40      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:52:26 | 6:15         | 9.6        |
| 232 | <b>KOZŁOWSKI Paweł</b>     | <b>1107</b> |                           | M 30      | 97   | 00:00:00    | <b>21,1 KM</b> | +00:52:27 | 6:22         | 9.4        |
| 233 | <b>DUNAJ Przemysław</b>    | <b>509</b>  |                           | M 40      | 61   | 00:00:00    | <b>21,1 KM</b> | +00:52:36 | 6:16         | 9.6        |
| 234 | <b>KRYMOWSKI Rafał</b>     | <b>219</b>  |                           | M 30      | 98   | 00:00:00    | <b>21,1 KM</b> | +00:52:49 | 6:17         | 9.5        |
| 235 | <b>GADOMSKI Piotr</b>      | <b>605</b>  |                           | M 40      | 62   | 00:00:00    | <b>21,1 KM</b> | +00:53:06 | 6:17         | 9.5        |
| 236 | <b>MOŃ Bartłomiej</b>      | <b>1108</b> |                           | M 30      | 99   | 00:00:00    | <b>21,1 KM</b> | +00:53:09 | 6:17         | 9.5        |
| 237 | <b>PENTEŁA Mariusz</b>     | <b>446</b>  |                           | M 40      | 63   | 00:00:00    | <b>21,1 KM</b> | +00:53:15 | 6:18         | 9.5        |
| 238 | <b>GRZESIAK Ryś</b>        | <b>778</b>  |                           | M 50      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:53:16 | 6:18         | 9.5        |
| 239 | <b>JANKOWSKI Piotr</b>     | <b>751</b>  | 12BZ KU CZCI PAMIĘCI      | M 30      | 100  | 00:00:00    | <b>21,1 KM</b> | +00:53:16 | 6:18         | 9.5        |
| 240 | <b>ŚWINCZYK Tomasz</b>     | <b>514</b>  |                           | M 30      | 101  | 00:00:00    | <b>21,1 KM</b> | +00:53:24 | 6:18         | 9.5        |
| 241 | <b>PUCZEL Piotr</b>        | <b>200</b>  |                           | M 30      | 102  | 00:00:00    | <b>21,1 KM</b> | +00:53:25 | 6:18         | 9.5        |
| 242 | <b>DREWNIAK Artur</b>      | <b>1029</b> |                           | M 30      | 103  | 00:00:00    | <b>21,1 KM</b> | +00:53:28 | 6:18         | 9.5        |
| 243 | <b>WOCHOWSKI Jarosław</b>  | <b>341</b>  | WTUNIA WEEKEND MARATON    | M 40      | 64   | 00:00:00    | <b>21,1 KM</b> | +00:53:36 | 6:19         | 9.5        |
| 244 | <b>CZYŻYK Przemysław</b>   | <b>458</b>  |                           | M 30      | 104  | 00:00:00    | <b>21,1 KM</b> | +00:53:42 | 6:19         | 9.5        |
| 245 | <b>CHMIELUK Arkadiusz</b>  | <b>479</b>  |                           | M 20      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:53:44 | 6:20         | 9.5        |
| 246 | <b>ZALEJSKI Tomasz</b>     | <b>491</b>  |                           | M 40      | 65   | 00:00:00    | <b>21,1 KM</b> | +00:54:06 | 6:20         | 9.5        |
| 247 | <b>ŁĘCKI Krzysztof</b>     | <b>18</b>   | K(R)OPKA TEAM             | M 20      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:54:06 | 6:20         | 9.5        |
| 248 | <b>MARENDZIAK Wiktor</b>   | <b>796</b>  |                           | M 20      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:54:15 | 6:21         | 9.4        |
| 249 | <b>BARTKOWSKI Dawid</b>    | <b>740</b>  |                           | M 30      | 105  | 00:00:00    | <b>21,1 KM</b> | +00:54:16 | 6:21         | 9.4        |
| 250 | <b>KAP Michał</b>          | <b>705</b>  |                           | M 30      | 106  | 00:00:00    | <b>21,1 KM</b> | +00:54:20 | 6:21         | 9.4        |
| 251 | <b>PIASECKI Krzysztof</b>  | <b>1133</b> |                           | M 30      | 107  | 00:00:00    | <b>21,1 KM</b> | +00:54:20 | 6:21         | 9.4        |
| 252 | <b>PATYNOWSKI Maciej</b>   | <b>503</b>  |                           | M 30      | 108  | 00:00:00    | <b>21,1 KM</b> | +00:54:23 | 6:21         | 9.4        |
| 253 | <b>BYRA Marek</b>          | <b>1100</b> |                           | M 40      | 66   | 00:00:00    | <b>21,1 KM</b> | +00:54:28 | 6:21         | 9.4        |
| 254 | <b>KAPCIA Michał</b>       | <b>289</b>  |                           | M 30      | 109  | 00:00:00    | <b>21,1 KM</b> | +00:54:28 | 6:21         | 9.4        |

| Msc | Zawodnik                 | Numer | Klub                           | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------|--------------------------------|-----------|------|-------------|---------|-----------|--------------|------------|
| 255 | STRUŚ Krzysztof          | 590   |                                | M 30      | 110  | 00:00:00    | 21,1 KM | +00:54:49 | 6:22         | 9.4        |
| 256 | STRZĘPKA Adam            | 167   |                                | M 30      | 111  | 00:00:00    | 21,1 KM | +00:54:50 | 6:22         | 9.4        |
| 257 | SZMYT Tomasz             | 57    |                                | M 20      | 53   | 00:00:00    | 21,1 KM | +00:54:51 | 6:22         | 9.4        |
| 258 | KONOPACKI Piotr          | 356   |                                | M 40      | 67   | 00:00:00    | 21,1 KM | +00:55:16 | 6:23         | 9.4        |
| 259 | SUSZCZYK Monika          | 542   |                                | M 40      | 68   | 00:00:00    | 21,1 KM | +00:55:18 | 6:24         | 9.4        |
| 260 | KOZAK Mariusz            | 729   |                                | M 30      | 112  | 00:00:00    | 21,1 KM | +00:55:19 | 6:24         | 9.4        |
| 261 | PASZEK Sebastian         | 738   |                                | M 30      | 113  | 00:00:00    | 21,1 KM | +00:55:26 | 6:24         | 9.4        |
| 262 | WILCZEK Tomasz           | 611   |                                | M 20      | 54   | 00:00:00    | 21,1 KM | +00:55:37 | 6:24         | 9.4        |
| 263 | SIKORSKI Paweł           | 689   |                                | M 30      | 114  | 00:00:00    | 21,1 KM | +00:55:42 | 6:25         | 9.3        |
| 264 | LIPKO Adam               | 998   | DZIK SŁAWATYCZE                | M 40      | 69   | 00:00:00    | 21,1 KM | +00:55:49 | 6:27         | 9.3        |
| 265 | MOKICKI Piotr            | 526   | CERSANIT RUNING TEAM           | M 40      | 70   | 00:00:00    | 21,1 KM | +00:56:00 | 6:26         | 9.3        |
| 266 | MOGILEWSKI Krzysztof     | 209   |                                | M 50      | 22   | 00:00:00    | 21,1 KM | +00:56:00 | 6:26         | 9.3        |
| 267 | LITWIC Dariusz           | 190   |                                | M 50      | 23   | 00:00:00    | 21,1 KM | +00:56:02 | 6:26         | 9.3        |
| 268 | SZYRWIŃSKI Andrzej       | 276   |                                | M 60      | 5    | 00:00:00    | 21,1 KM | +00:56:04 | 6:26         | 9.3        |
| 269 | KUŚNIERZ Mateusz         | 593   |                                | M 20      | 55   | 00:00:00    | 21,1 KM | +00:56:13 | 6:26         | 9.3        |
| 270 | SZCZUREK Michał          | 4     |                                | M 20      | 56   | 00:00:00    | 21,1 KM | +00:56:20 | 6:27         | 9.3        |
| 271 | WOŹNIAK Piotr            | 422   | WECZORNE BIEGANIE W SZCZECINIE | M 30      | 115  | 00:00:00    | 21,1 KM | +00:56:25 | 6:27         | 9.3        |
| 272 | KOLATOR Witold           | 976   |                                | M 30      | 116  | 00:00:00    | 21,1 KM | +00:56:47 | 6:28         | 9.3        |
| 273 | JEDNACZ Bartosz          | 582   |                                | M 30      | 117  | 00:00:00    | 21,1 KM | +00:56:50 | 6:28         | 9.3        |
| 274 | EMIELJANIUK Adam         | 835   |                                | M 30      | 118  | 00:00:00    | 21,1 KM | +00:56:58 | 6:28         | 9.3        |
| 275 | GRABOWSKI Michał         | 760   |                                | M 30      | 119  | 00:00:00    | 21,1 KM | +00:57:01 | 6:28         | 9.3        |
| 276 | ADAMIAK Andrzej          | 434   |                                | M 50      | 24   | 00:00:00    | 21,1 KM | +00:57:12 | 6:29         | 9.2        |
| 277 | ŚCIBIOREK Arkadiusz      | 692   |                                | M 30      | 120  | 00:00:00    | 21,1 KM | +00:57:13 | 6:29         | 9.2        |
| 278 | PIECHOTA Wojciech        | 547   |                                | M 40      | 71   | 00:00:00    | 21,1 KM | +00:57:17 | 6:29         | 9.2        |
| 279 | STENBOROWSKI Włodzimierz | 516   | AIRFORCE                       | M 40      | 72   | 00:00:00    | 21,1 KM | +00:57:18 | 6:29         | 9.2        |
| 280 | GARUS Wiktor             | 663   |                                | M 40      | 73   | 00:00:00    | 21,1 KM | +00:57:32 | 6:30         | 9.2        |
| 281 | WIKLIK Piotr             | 750   | WATAHA TEAM                    | M 50      | 25   | 00:00:00    | 21,1 KM | +00:58:19 | 6:32         | 9.2        |
| 282 | KALICKI Paweł            | 544   |                                | M 20      | 57   | 00:00:00    | 21,1 KM | +00:58:25 | 6:33         | 9.2        |
| 283 | MICHALSKI Cezary         | 149   |                                | M 60      | 6    | 00:00:00    | 21,1 KM | +00:58:37 | 6:33         | 9.1        |
| 284 | LISIŃSKI Andrzej         | 185   |                                | M 30      | 121  | 00:00:00    | 21,1 KM | +00:58:47 | 6:33         | 9.1        |
| 285 | POLARCZYK Tomasz         | 1135  |                                | M 40      | 74   | 00:00:00    | 21,1 KM | +00:59:00 | 6:34         | 9.1        |
| 286 | PYTEL Rafał              | 23    |                                | M 20      | 58   | 00:00:00    | 21,1 KM | +00:59:00 | 6:34         | 9.1        |
| 287 | BIAŁKOWSKI Mateusz       | 895   |                                | M 30      | 122  | 00:00:00    | 21,1 KM | +00:59:06 | 6:34         | 9.1        |
| 288 | MICHAŚ Gerard            | 617   |                                | M 40      | 75   | 00:00:00    | 21,1 KM | +00:59:08 | 6:34         | 9.1        |
| 289 | KĘDZIERSKI Mieczysław    | 338   |                                | M 60      | 7    | 00:00:00    | 21,1 KM | +00:59:22 | 6:35         | 9.1        |
| 290 | STACHOWIAK Witold        | 828   |                                | M 20      | 59   | 00:00:00    | 21,1 KM | +00:59:28 | 6:35         | 9.1        |
| 291 | PILŚNIAK Tomasz          | 1025  |                                | M 40      | 76   | 00:00:00    | 21,1 KM | +00:59:37 | 6:36         | 9.1        |
| 292 | RZESZUT Stanisław        | 621   |                                | M 20      | 60   | 00:00:00    | 21,1 KM | +00:59:38 | 6:36         | 9.1        |
| 293 | BUKOWICKI Przemek        | 608   |                                | M 30      | 123  | 00:00:00    | 21,1 KM | +00:59:45 | 6:36         | 9.1        |
| 294 | KOS Roman                | 473   |                                | M 40      | 77   | 00:00:00    | 21,1 KM | +00:59:46 | 6:36         | 9.1        |
| 295 | RATAJCZAK Krzysztof      | 765   |                                | M 50      | 26   | 00:00:00    | 21,1 KM | +00:59:47 | 6:36         | 9.1        |
| 296 | DOBROWOLSKI Piotr        | 1149  |                                | M 40      | 78   | 00:00:00    | 21,1 KM | +00:59:49 | 6:36         | 9.1        |
| 297 | CZAJKA Daniel            | 294   |                                | M 30      | 124  | 00:00:00    | 21,1 KM | +01:00:14 | 6:38         | 9          |
| 298 | PAWELEC Artur            | 1001  | 12 DYWIZJA                     | M 40      | 79   | 00:00:00    | 21,1 KM | +01:00:15 | 6:38         | 9          |
| 299 | WIĄCEK Piotr             | 761   |                                | M 50      | 27   | 00:00:00    | 21,1 KM | +01:00:16 | 6:38         | 9          |

| Msc | Zawodnik                   | Numer       | Klub  | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---|-----------|------|-------------|----------------|-----------|--------------|------------|
| 300 | <b>BUCHERT Krzysztof</b>   | <b>1126</b> |   | M 40      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:00:28 | 6:38         | 9          |
| 301 | <b>ILICZ Łukasz</b>        | <b>837</b>  | BIAŁYSTOK BIEGA TEAM                            | M 20      | 61   | 00:00:00    | <b>21,1 KM</b> | +01:00:50 | 6:39         | 9          |
| 302 | <b>ADAMIAK Marcin</b>      | <b>872</b>  |   | M 30      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:01:11 | 6:40         | 9          |
| 303 | <b>ŁUCZAK Arkadiusz</b>    | <b>232</b>  | SMOK WAWELSKI                                   | M 30      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:01:11 | 6:40         | 9          |
| 304 | <b>WAJDA Bartosz</b>       | <b>849</b>  | AKTYWNE LISEWO                                  | M 40      | 81   | 00:00:00    | <b>21,1 KM</b> | +01:01:15 | 6:40         | 9          |
| 305 | <b>ULLRICH Klaus</b>       | <b>504</b>  | FAJNY   | M 50      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:01:34 | 6:41         | 9          |
| 306 | <b>KUCHARSKI Jacek</b>     | <b>1101</b> | FIRMA USŁUGOWO-HANDLOWA "JESSE" JACEK KUCHARSKI | M 40      | 82   | 00:00:00    | <b>21,1 KM</b> | +01:01:46 | 6:42         | 8.9        |
| 307 | <b>NAREWSKI Hubert</b>     | <b>298</b>  |   | M 50      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:01:49 | 6:42         | 8.9        |
| 308 | <b>KRAWCZYK Michał</b>     | <b>1144</b> |   | M 40      | 83   | 00:00:00    | <b>21,1 KM</b> | +01:01:51 | 6:42         | 8.9        |
| 309 | <b>WIELIŃSKI Krzysztof</b> | <b>688</b>  | KB HERMES GRYFINO                               | M 60      | 8    | 00:00:00    | <b>21,1 KM</b> | +01:01:58 | 6:43         | 8.9        |
| 310 | <b>TROFIMCZYK Paweł</b>    | <b>748</b>  |   | M 40      | 84   | 00:00:00    | <b>21,1 KM</b> | +01:02:03 | 6:43         | 8.9        |
| 311 | <b>KOSIŃSKI Mateusz</b>    | <b>36</b>   | CORREADORES                                     | M 20      | 62   | 00:00:00    | <b>21,1 KM</b> | +01:02:04 | 6:43         | 8.9        |
| 312 | <b>RZESZUT Robert</b>      | <b>620</b>  |   | M 40      | 85   | 00:00:00    | <b>21,1 KM</b> | +01:02:14 | 6:43         | 8.9        |
| 313 | <b>MISZKIEŁO Adrian</b>    | <b>1033</b> | LIPA PIOTROWSKA                                 | M 40      | 86   | 00:00:00    | <b>21,1 KM</b> | +01:02:20 | 6:44         | 8.9        |
| 314 | <b>TANONA Paweł</b>        | <b>548</b>  |   | M 20      | 63   | 00:00:00    | <b>21,1 KM</b> | +01:02:24 | 6:44         | 8.9        |
| 315 | <b>ŻURAWIŃSKI Łukasz</b>   | <b>158</b>  |   | M 30      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:02:24 | 6:44         | 8.9        |
| 316 | <b>STALMACH Krzysztof</b>  | <b>1118</b> |   | M 30      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:02:37 | 6:44         | 8.9        |
| 317 | <b>LUDEW Tomasz</b>        | <b>194</b>  |   | M 20      | 64   | 00:00:00    | <b>21,1 KM</b> | +01:02:50 | 6:45         | 8.9        |
| 318 | <b>GAJEWSKI Mateusz</b>    | <b>830</b>  |   | M 30      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:02:53 | 6:45         | 8.9        |
| 319 | <b>SKONIECZKA Marek</b>    | <b>1116</b> |   | M 40      | 87   | 00:00:00    | <b>21,1 KM</b> | +01:03:07 | 6:46         | 8.9        |
| 320 | <b>KREFT Szymon</b>        | <b>1004</b> | ZMOTYWOWANI                                     | M 40      | 88   | 00:00:00    | <b>21,1 KM</b> | +01:03:08 | 6:46         | 8.9        |
| 321 | <b>OLEJARZ Grzegorz</b>    | <b>255</b>  |   | M 40      | 89   | 00:00:00    | <b>21,1 KM</b> | +01:03:16 | 6:46         | 8.9        |
| 322 | <b>SOSNA Arkadiusz</b>     | <b>206</b>  |   | M 30      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:03:20 | 6:46         | 8.8        |
| 323 | <b>WIŚNIEWSKI Wojciech</b> | <b>907</b>  |   | M 20      | 65   | 00:00:00    | <b>21,1 KM</b> | +01:03:26 | 6:47         | 8.8        |
| 324 | <b>MENDRYGAŁ Marcin</b>    | <b>1044</b> |   | M 30      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:03:30 | 6:47         | 8.8        |
| 325 | <b>PAŁAMAR Krzysztof</b>   | <b>38</b>   |   | M 50      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:03:31 | 6:47         | 8.8        |
| 326 | <b>BOGUSZ Damian</b>       | <b>1050</b> |   | M 30      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:03:41 | 6:47         | 8.8        |
| 327 | <b>STEMPNIAK Zbigniew</b>  | <b>492</b>  | REBELS LEGION TEAM                              | M 40      | 90   | 00:00:00    | <b>21,1 KM</b> | +01:03:43 | 6:48         | 8.8        |
| 328 | <b>BEDNARCZYK Wojciech</b> | <b>564</b>  |   | M 40      | 91   | 00:00:00    | <b>21,1 KM</b> | +01:03:45 | 6:48         | 8.8        |
| 329 | <b>PIOTROWICZ Piotr</b>    | <b>942</b>  | COMSECO.EU                                      | M 40      | 92   | 00:00:00    | <b>21,1 KM</b> | +01:03:59 | 6:48         | 8.8        |
| 330 | <b>KOCZARA Marcin</b>      | <b>345</b>  |   | M 30      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:04:04 | 6:49         | 8.8        |
| 331 | <b>BUJALSKI Konrad</b>     | <b>967</b>  | FARMACJA TARCHOMIN                              | M 20      | 66   | 00:00:00    | <b>21,1 KM</b> | +01:04:12 | 6:49         | 8.8        |
| 332 | <b>CHKHABERIDZE Giorgi</b> | <b>163</b>  |   | M 30      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:04:14 | 6:49         | 8.8        |
| 333 | <b>WYSKIEL Maciej</b>      | <b>887</b>  |   | M 30      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:04:17 | 6:49         | 8.8        |
| 334 | <b>NASKRĘT Mariusz</b>     | <b>627</b>  |   | M 40      | 93   | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8        |
| 335 | <b>TRAWIŃSKI Andrzej</b>   | <b>708</b>  |   | M 30      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8        |
| 336 | <b>BAŃCZYK Dariusz</b>     | <b>1060</b> |   | M 40      | 94   | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8        |
| 337 | <b>NABAKOWSKI Maciej</b>   | <b>684</b>  |   | M 40      | 95   | 00:00:00    | <b>21,1 KM</b> | +01:04:24 | 6:49         | 8.8        |
| 338 | <b>GRZESIAK Maciej</b>     | <b>308</b>  |   | M 40      | 96   | 00:00:00    | <b>21,1 KM</b> | +01:04:42 | 6:50         | 8.8        |
| 339 | <b>PACIOREK Marek</b>      | <b>1142</b> | 26 WOG  | M 60      | 9    | 00:00:00    | <b>21,1 KM</b> | +01:04:47 | 6:51         | 8.8        |
| 340 | <b>TERA Michał</b>         | <b>497</b>  |   | M 30      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:04:59 | 6:51         | 8.7        |
| 341 | <b>TROJNAR Krzysztof</b>   | <b>502</b>  | BANDA ŁYSEGO                                    | M 60      | 10   | 00:00:00    | <b>21,1 KM</b> | +01:05:09 | 6:52         | 8.7        |
| 342 | <b>KWIATKOWSKI Paweł</b>   | <b>373</b>  |   | M 50      | 31   | 00:00:00    | <b>21,1 KM</b> | +01:05:19 | 6:52         | 8.7        |
| 343 | <b>BOJANOWSKI Marcin</b>   | <b>496</b>  | NORDIC WALKING KIEKRZ POLAND                    | M 30      | 138  | 00:00:00    | <b>21,1 KM</b> | +01:05:43 | 6:56         | 8.7        |
| 344 | <b>FAJFER Jacek</b>        | <b>982</b>  |   | M 50      | 32   | 00:00:00    | <b>21,1 KM</b> | +01:05:43 | 6:53         | 8.7        |

| Msc | Zawodnik                     | Numer       | Klub                    | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|-------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 345 | <b>BIEGAŃSKI Piotr</b>       | <b>656</b>  |                         | M 30      | 139  | 00:00:00    | <b>21,1 KM</b> | +01:06:14 | 6:55         | 8.7        |
| 346 | <b>MEDZIŃSKI Dariusz</b>     | <b>956</b>  |                         | M 40      | 97   | 00:00:00    | <b>21,1 KM</b> | +01:06:15 | 6:55         | 8.7        |
| 347 | <b>JABŁOŃSKI Ryszard</b>     | <b>280</b>  | FITNESSFITBACK          | M 50      | 33   | 00:00:00    | <b>21,1 KM</b> | +01:06:23 | 6:55         | 8.7        |
| 348 | <b>SKOWRON Tomasz</b>        | <b>256</b>  |                         | M 40      | 98   | 00:00:00    | <b>21,1 KM</b> | +01:06:31 | 6:55         | 8.7        |
| 349 | <b>MICHALSKI Piter</b>       | <b>3</b>    | LIDER PITER             | M 20      | 67   | 00:00:00    | <b>21,1 KM</b> | +01:06:35 | 6:56         | 8.7        |
| 350 | <b>KRZYCZMONIK Bartosz</b>   | <b>493</b>  |                         | M 40      | 99   | 00:00:00    | <b>21,1 KM</b> | +01:06:42 | 6:57         | 8.6        |
| 351 | <b>ZWOLIŃSKI Bartłomiej</b>  | <b>630</b>  |                         | M 20      | 68   | 00:00:00    | <b>21,1 KM</b> | +01:06:49 | 6:56         | 8.6        |
| 352 | <b>MAZURKIEWICZ Łukasz</b>   | <b>610</b>  |                         | M 20      | 69   | 00:00:00    | <b>21,1 KM</b> | +01:07:04 | 6:57         | 8.6        |
| 353 | <b>ZAKRZEWSKI Tomasz</b>     | <b>310</b>  |                         | M 40      | 100  | 00:00:00    | <b>21,1 KM</b> | +01:07:11 | 6:57         | 8.6        |
| 354 | <b>ROŻKOWSKI Roman</b>       | <b>126</b>  | 1958                    | M 60      | 11   | 00:00:00    | <b>21,1 KM</b> | +01:07:35 | 6:59         | 8.6        |
| 355 | <b>FLORKIEWICZ Michał</b>    | <b>507</b>  |                         | M 30      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:07:47 | 6:59         | 8.6        |
| 356 | <b>SZNAJDER Mirosław</b>     | <b>635</b>  |                         | M 40      | 101  | 00:00:00    | <b>21,1 KM</b> | +01:07:47 | 6:59         | 8.6        |
| 357 | <b>PESTKA Paweł</b>          | <b>1020</b> | KOŹMINBIEGA             | M 30      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:07:55 | 6:59         | 8.6        |
| 358 | <b>WRONA Zdzisław</b>        | <b>652</b>  |                         | M 50      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:07:59 | 7:00         | 8.6        |
| 359 | <b>NOWAK Marcin</b>          | <b>1105</b> |                         | M 20      | 70   | 00:00:00    | <b>21,1 KM</b> | +01:08:02 | 7:00         | 8.6        |
| 360 | <b>SIKORA Krzysztof</b>      | <b>66</b>   | PYRZYCE BIEGAJĄ         | M 60      | 12   | 00:00:00    | <b>21,1 KM</b> | +01:08:18 | 7:01         | 8.6        |
| 361 | <b>KACZOROWSKI Krzysztof</b> | <b>101</b>  |                         | M 40      | 102  | 00:00:00    | <b>21,1 KM</b> | +01:08:31 | 7:01         | 8.5        |
| 362 | <b>ŁOWIŃSKI Łukasz</b>       | <b>384</b>  | INTELLIGENTNAFARMA.PL   | M 30      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:08:45 | 7:02         | 8.5        |
| 363 | <b>SGCK Mick</b>             | <b>616</b>  |                         | M 30      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:09:03 | 7:03         | 8.5        |
| 364 | <b>MATYJA Mariusz</b>        | <b>1002</b> |                         | M 40      | 103  | 00:00:00    | <b>21,1 KM</b> | +01:09:06 | 7:03         | 8.5        |
| 365 | <b>KOWAL Jakub</b>           | <b>731</b>  | 12 BZ "KU CZCI PAMIĘCI" | M 30      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:09:28 | 7:04         | 8.5        |
| 366 | <b>CABEL Marcin</b>          | <b>651</b>  | KS AMATOR WROCŁAW       | M 30      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:09:39 | 7:04         | 8.5        |
| 367 | <b>POLNIK Mariusz</b>        | <b>973</b>  |                         | M 40      | 104  | 00:00:00    | <b>21,1 KM</b> | +01:09:42 | 7:05         | 8.5        |
| 368 | <b>DZIURLA Bartosz</b>       | <b>619</b>  | GRODZISKI KLUB BIEGACZA | M 20      | 71   | 00:00:00    | <b>21,1 KM</b> | +01:10:03 | 7:06         | 8.5        |
| 369 | <b>TELAKOWSKI Marcin</b>     | <b>86</b>   |                         | M 40      | 105  | 00:00:00    | <b>21,1 KM</b> | +01:10:14 | 7:06         | 8.4        |
| 370 | <b>ŁOCHOWSKI Radosław</b>    | <b>192</b>  | IUVO SMART HOME         | M 30      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:10:25 | 7:07         | 8.4        |
| 371 | <b>KACZMAREK Artur</b>       | <b>468</b>  | TORPEDY                 | M 40      | 106  | 00:00:00    | <b>21,1 KM</b> | +01:10:26 | 7:07         | 8.4        |
| 372 | <b>BUCZYNSKI Adrian</b>      | <b>97</b>   |                         | M 40      | 107  | 00:00:00    | <b>21,1 KM</b> | +01:10:45 | 7:08         | 8.4        |
| 373 | <b>MALISZEWSKI Dariusz</b>   | <b>986</b>  |                         | M 30      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:11:04 | 7:08         | 8.4        |
| 374 | <b>WOŹNIAK Maciej</b>        | <b>707</b>  |                         | M 40      | 108  | 00:00:00    | <b>21,1 KM</b> | +01:11:05 | 7:08         | 8.4        |
| 375 | <b>ZDANOWICZ Paweł</b>       | <b>500</b>  |                         | M 30      | 148  | 00:00:00    | <b>21,1 KM</b> | +01:11:06 | 7:09         | 8.4        |
| 376 | <b>WÓJTOWICZ Janusz</b>      | <b>362</b>  |                         | M 50      | 35   | 00:00:00    | <b>21,1 KM</b> | +01:11:34 | 7:10         | 8.4        |
| 377 | <b>ZUBEL Michał</b>          | <b>220</b>  | ZADYSZKA OŚWIĘCIM       | M 40      | 109  | 00:00:00    | <b>21,1 KM</b> | +01:11:37 | 7:10         | 8.4        |
| 378 | <b>SZMELING Grzegorz</b>     | <b>974</b>  |                         | M 30      | 149  | 00:00:00    | <b>21,1 KM</b> | +01:11:50 | 7:11         | 8.4        |
| 379 | <b>GNIEDZIEJKO Piotr</b>     | <b>29</b>   |                         | M 50      | 36   | 00:00:00    | <b>21,1 KM</b> | +01:12:22 | 7:12         | 8.3        |
| 380 | <b>SOCHA Marian</b>          | <b>874</b>  |                         | M 60      | 13   | 00:00:00    | <b>21,1 KM</b> | +01:12:36 | 7:13         | 8.3        |
| 381 | <b>HŁADKULIK Krzysztof</b>   | <b>1038</b> |                         | M 60      | 14   | 00:00:00    | <b>21,1 KM</b> | +01:12:57 | 7:14         | 8.3        |
| 382 | <b>GAWLIK Jacek</b>          | <b>9</b>    |                         | M 30      | 150  | 00:00:00    | <b>21,1 KM</b> | +01:13:04 | 7:14         | 8.3        |
| 383 | <b>KWIECIEN Marcin</b>       | <b>571</b>  |                         | M 40      | 110  | 00:00:00    | <b>21,1 KM</b> | +01:13:12 | 7:14         | 8.3        |
| 384 | <b>TOMASZUK Mariusz</b>      | <b>324</b>  | APN HATTRICK            | M 30      | 151  | 00:00:00    | <b>21,1 KM</b> | +01:13:22 | 7:15         | 8.3        |
| 385 | <b>RACHUTA Piotr</b>         | <b>333</b>  | ZAZBIEGANI              | M 40      | 111  | 00:00:00    | <b>21,1 KM</b> | +01:13:27 | 7:15         | 8.3        |
| 386 | <b>SUROWIEC Piotr</b>        | <b>936</b>  |                         | M 20      | 72   | 00:00:00    | <b>21,1 KM</b> | +01:13:41 | 7:16         | 8.3        |
| 387 | <b>CIEŚLAK Adam</b>          | <b>415</b>  |                         | M 50      | 37   | 00:00:00    | <b>21,1 KM</b> | +01:13:46 | 7:16         | 8.2        |
| 388 | <b>PAWLIK Marcin</b>         | <b>243</b>  |                         | M 30      | 152  | 00:00:00    | <b>21,1 KM</b> | +01:13:48 | 7:16         | 8.2        |
| 389 | <b>KNAPIK Jerzy</b>          | <b>1240</b> |                         | M 70+     | 3    | 00:00:00    | <b>21,1 KM</b> | +01:14:05 | 7:17         | 8.2        |

| Msc | Zawodnik                                    | Numer       | Klub                              | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|---|-------------|-----------------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 390 | <b>MAŁODOBRY Krzysztof</b>                  | <b>58</b>   |                                   | M 50      | 38   | 00:00:00    | <b>21,1 KM</b> | +01:14:10 | 7:17         | 8.2        |
| 391 | <b>RADZIWIŁŁOWICZ Nesajem</b>               | <b>1103</b> |                                   | M 40      | 112  | 00:00:00    | <b>21,1 KM</b> | +01:14:20 | 7:18         | 8.2        |
| 392 | <b>KOP-OSTROWSKI Paweł</b>                  | <b>659</b>  |                                   | M 40      | 113  | 00:00:00    | <b>21,1 KM</b> | +01:14:31 | 7:18         | 8.2        |
| 393 | <b>KOZICKI Sławomir</b>                     | <b>28</b>   |                                   | M 30      | 153  | 00:00:00    | <b>21,1 KM</b> | +01:14:50 | 7:19         | 8.2        |
| 394 | <b>JAWORSKI Adam</b>                        | <b>971</b>  | SZCZECIŃSKI KLUB SPORTOWY HUSARIA | M 30      | 154  | 00:00:00    | <b>21,1 KM</b> | +01:15:11 | 7:20         | 8.2        |
| 395 | <b>RYBICKI Marcin</b>                       | <b>842</b>  |                                   | M 40      | 114  | 00:00:00    | <b>21,1 KM</b> | +01:15:37 | 7:21         | 8.1        |
| 396 | <b>SOCHA Marek</b>                          | <b>250</b>  |                                   | M 30      | 155  | 00:00:00    | <b>21,1 KM</b> | +01:15:42 | 7:22         | 8.1        |
| 397 | <b>LEDZION Robert</b>                       | <b>774</b>  |                                   | M 40      | 115  | 00:00:00    | <b>21,1 KM</b> | +01:15:50 | 7:22         | 8.1        |
| 398 | <b>KOŚCIŃSKI Jacek</b>                      | <b>364</b>  |                                   | M 40      | 116  | 00:00:00    | <b>21,1 KM</b> | +01:15:53 | 7:22         | 8.1        |
| 399 | <b>WOJTKOWIAK Robert</b>                    | <b>305</b>  | SZYBKIE ŚLIMAKI                   | M 30      | 156  | 00:00:00    | <b>21,1 KM</b> | +01:16:49 | 7:25         | 8.1        |
| 400 | <b>SOBOLEWSKI Oskar</b>                     | <b>553</b>  |                                   | M 20      | 73   | 00:00:00    | <b>21,1 KM</b> | +01:16:57 | 7:25         | 8.1        |
| 401 | <b>KĘDZIERSKI Mieczysław</b>                | <b>319</b>  |                                   | M 60      | 15   | 00:00:00    | <b>21,1 KM</b> | +01:17:29 | 7:27         | 8.1        |
| 402 | <b>WĘGRZYN Damian</b>                       | <b>549</b>  |                                   | M 30      | 157  | 00:00:00    | <b>21,1 KM</b> | +01:17:29 | 7:27         | 8.1        |
| 403 | <b>MACHOWSKI Maciej</b>                     | <b>870</b>  |                                   | M 30      | 158  | 00:00:00    | <b>21,1 KM</b> | +01:17:54 | 7:28         | 8          |
| 404 | <b>CZEKAŁSKI Marcin</b>                     | <b>407</b>  |                                   | M 40      | 117  | 00:00:00    | <b>21,1 KM</b> | +01:18:01 | 7:28         | 8          |
| 405 | <b>PETERSBURSKI Robert</b>                  | <b>978</b>  | K2 PARTNERS / TYMTRITEAM          | M 40      | 118  | 00:00:00    | <b>21,1 KM</b> | +01:18:02 | 7:28         | 8          |
| 406 | <b>BRETSZNAJDER Paweł</b>                   | <b>506</b>  |                                   | M 30      | 159  | 00:00:00    | <b>21,1 KM</b> | +01:18:11 | 7:29         | 8          |
| 407 | <b>ZIÓŁKOWSKI Marek</b>                     | <b>1136</b> |                                   | M 30      | 160  | 00:00:00    | <b>21,1 KM</b> | +01:18:14 | 7:29         | 8          |
| 408 | <b>FIEDOROWICZ Damian</b>                   | <b>948</b>  |                                   | M 40      | 119  | 00:00:00    | <b>21,1 KM</b> | +01:18:16 | 7:29         | 8          |
| 409 | <b>POL Krzysztof</b>                        | <b>923</b>  |                                   | M 40      | 120  | 00:00:00    | <b>21,1 KM</b> | +01:18:18 | 7:29         | 8          |
| 410 | <b>GIERBA Grzegorz</b>                      | <b>400</b>  |                                   | M 40      | 121  | 00:00:00    | <b>21,1 KM</b> | +01:18:28 | 7:29         | 8          |
| 411 | <b>PACUDA Arkadiusz</b>                     | <b>517</b>  |                                   | M 40      | 122  | 00:00:00    | <b>21,1 KM</b> | +01:18:37 | 7:30         | 8          |
| 412 | <b>SAMBORSKI Artur</b>                      | <b>433</b>  | RUN FOR FUN TEAM                  | M 20      | 74   | 00:00:00    | <b>21,1 KM</b> | +01:18:51 | 7:31         | 8          |
| 413 | <b>ZOMERFELD Kacper</b>                     | <b>143</b>  | KB KROKUS KWATKOWICE              | M 20      | 75   | 00:00:00    | <b>21,1 KM</b> | +01:18:53 | 7:31         | 8          |
| 414 | <b>CHOCHOŁ Daniel</b>                       | <b>44</b>   |                                   | M 20      | 76   | 00:00:00    | <b>21,1 KM</b> | +01:18:54 | 7:31         | 8          |
| 415 | <b>GINIEWSKI Piotr</b>                      | <b>329</b>  |                                   | M 40      | 123  | 00:00:00    | <b>21,1 KM</b> | +01:19:45 | 7:33         | 7.9        |
| 416 | <b>TOMASZEWICZ Bogdan</b>                   | <b>1005</b> |                                   | M 50      | 39   | 00:00:00    | <b>21,1 KM</b> | +01:19:46 | 7:33         | 7.9        |
| 417 | <b>MALINOWSKI Sebastian</b>                 | <b>404</b>  |                                   | M 40      | 124  | 00:00:00    | <b>21,1 KM</b> | +01:19:49 | 7:33         | 7.9        |
| 418 | <b>DAKOWICZ Maciej</b>                      | <b>697</b>  |                                   | M 30      | 161  | 00:00:00    | <b>21,1 KM</b> | +01:20:16 | 7:35         | 7.9        |
| 419 | <b>KRASOWSKI Tomasz</b>                     | <b>82</b>   |                                   | M 40      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:20:24 | 7:35         | 7.9        |
| 420 | <b>ZIELIŃSKI Filip</b>                      | <b>374</b>  |                                   | M 20      | 77   | 00:00:00    | <b>21,1 KM</b> | +01:20:28 | 7:35         | 7.9        |
| 421 | <b>KAWULAK Kazimierz</b>                    | <b>448</b>  | KB MCKIS JAWORZNO                 | M 50      | 40   | 00:00:00    | <b>21,1 KM</b> | +01:20:29 | 7:36         | 7.9        |
| 422 | <b>GRUŻEWSKI Wacław</b>                     | <b>150</b>  | STARGARD JA SIĘ NIE ŚCIGAM        | M 60      | 16   | 00:00:00    | <b>21,1 KM</b> | +01:20:32 | 7:35         | 7.9        |
| 423 | <b>CHOLEWA Łukasz</b>                       | <b>139</b>  |                                   | M 40      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:20:48 | 7:40         | 7.8        |
| 424 | <b>CHOSZCZ Piotr</b>                        | <b>871</b>  |                                   | M 50      | 41   | 00:00:00    | <b>21,1 KM</b> | +01:21:01 | 7:37         | 7.9        |
| 425 | <b>RYBICKI Zbigniew</b>                     | <b>840</b>  |                                   | M 60      | 17   | 00:00:00    | <b>21,1 KM</b> | +01:21:34 | 7:38         | 7.8        |
| 426 | <b>WIERZBICKI Adrian</b>                    | <b>601</b>  |                                   | M 30      | 162  | 00:00:00    | <b>21,1 KM</b> | +01:21:35 | 7:47         | 7.7        |
| 427 | <b>MARENDZIAK Wimar Production Jarosław</b> | <b>795</b>  |                                   | M 40      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:21:41 | 7:39         | 7.8        |
| 428 | <b>BOUTIN Peter</b>                         | <b>878</b>  |                                   | M 50      | 42   | 00:00:00    | <b>21,1 KM</b> | +01:22:00 | 7:39         | 7.8        |
| 429 | <b>PRUSIŃSKI Arkadiusz</b>                  | <b>494</b>  |                                   | M 30      | 163  | 00:00:00    | <b>21,1 KM</b> | +01:22:03 | 7:40         | 7.8        |
| 430 | <b>NONAS Michał</b>                         | <b>165</b>  |                                   | M 40      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:22:11 | 7:40         | 7.8        |
| 431 | <b>BOHM Radoslaw</b>                        | <b>985</b>  |                                   | M 40      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:22:34 | 7:41         | 7.8        |
| 432 | <b>KARPIAK Daniel</b>                       | <b>1068</b> | ZG RUN                            | M 40      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:22:57 | 7:42         | 7.8        |
| 433 | <b>KIELANOWSKI Michał</b>                   | <b>1077</b> |                                   | M 40      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:22:59 | 7:42         | 7.8        |
| 434 | <b>MASTERNAK Oskar</b>                      | <b>424</b>  |                                   | M 30      | 164  | 00:00:00    | <b>21,1 KM</b> | +01:23:10 | 7:43         | 7.8        |

| Msc | Zawodnik                                | Numer       | Klub                               | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|---|-------------|------------------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 435 | <b>SIWY Robert</b>                      | <b>55</b>   |                                    | M 40      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:23:16 | 7:43         | 7.8        |
| 436 | <b>GRABARA Adam</b>                     | <b>632</b>  |                                    | M 40      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:23:23 | 7:43         | 7.8        |
| 437 | <b>KASOWSKI Bogusz</b>                  | <b>822</b>  |                                    | M 30      | 165  | 00:00:00    | <b>21,1 KM</b> | +01:23:25 | 7:44         | 7.8        |
| 438 | <b>ŻURAWSKI Jakub</b>                   | <b>703</b>  |                                    | M 40      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:23:49 | 7:45         | 7.7        |
| 439 | <b>WOJTOWICZ Krzysztof</b>              | <b>1129</b> | DELOITTE ADVENTURE TEAM            | M 40      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:24:01 | 7:45         | 7.7        |
| 440 | <b>KOŚCIUSZKIEWICZ Jakub</b>            | <b>545</b>  |                                    | M 30      | 166  | 00:00:00    | <b>21,1 KM</b> | +01:24:43 | 7:47         | 7.7        |
| 441 | <b>KURZYŃSKI Ryszard</b>                | <b>207</b>  |                                    | M 40      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:25:53 | 7:51         | 7.6        |
| 442 | <b>BORTNOWSKI Michał</b>                | <b>1085</b> |                                    | M 30      | 167  | 00:00:00    | <b>21,1 KM</b> | +01:25:58 | 7:51         | 7.6        |
| 443 | <b>ANTOŃCZAK Łukasz</b>                 | <b>19</b>   | BORSUKI                            | M 30      | 168  | 00:00:00    | <b>21,1 KM</b> | +01:26:21 | 7:52         | 7.6        |
| 444 | <b>JAKUBIAK Mariusz</b>                 | <b>952</b>  |                                    | M 40      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:26:28 | 7:52         | 7.6        |
| 445 | <b>SZUSTAK Krzysztof</b>                | <b>321</b>  |                                    | M 40      | 138  | 00:00:00    | <b>21,1 KM</b> | +01:26:34 | 7:52         | 7.6        |
| 446 | <b>SARNOWSKI Dariusz</b>                | <b>231</b>  |                                    | M 20      | 78   | 00:00:00    | <b>21,1 KM</b> | +01:26:40 | 7:53         | 7.6        |
| 447 | <b>PANKOWSKI Jerzy</b>                  | <b>784</b>  |                                    | M 30      | 169  | 00:00:00    | <b>21,1 KM</b> | +01:27:12 | 7:54         | 7.6        |
| 448 | <b>FUŁCZYŃSKI - OSTAPOWICZ Wojciech</b> | <b>229</b>  |                                    | M 30      | 170  | 00:00:00    | <b>21,1 KM</b> | +01:28:36 | 7:58         | 7.5        |
| 449 | <b>WOLNICKI Tomasz</b>                  | <b>947</b>  |                                    | M 30      | 171  | 00:00:00    | <b>21,1 KM</b> | +01:29:14 | 8:00         | 7.5        |
| 450 | <b>MAKSIMOWICZ Paweł</b>                | <b>208</b>  |                                    | M 30      | 172  | 00:00:00    | <b>21,1 KM</b> | +01:29:26 | 8:01         | 7.5        |
| 451 | <b>KUGIEL Grzegorz</b>                  | <b>320</b>  | DRUŻYNAMOJACUKRZYCA.PL&BATORY LOTO | M 30      | 173  | 00:00:00    | <b>21,1 KM</b> | +01:29:30 | 8:01         | 7.5        |
| 452 | <b>GRZEGORCZYK Michał</b>               | <b>809</b>  |                                    | M 30      | 174  | 00:00:00    | <b>21,1 KM</b> | +01:29:31 | 8:01         | 7.5        |
| 453 | <b>DZIAŁOWSKI Dariusz</b>               | <b>31</b>   |                                    | M 40      | 139  | 00:00:00    | <b>21,1 KM</b> | +01:30:08 | 8:03         | 7.5        |
| 454 | <b>GRYCKOWSKI Piotr</b>                 | <b>695</b>  |                                    | M 30      | 175  | 00:00:00    | <b>21,1 KM</b> | +01:30:54 | 8:05         | 7.4        |
| 455 | <b>URBAN Henryk</b>                     | <b>159</b>  | ROCK&)RUNNER                       | M 60      | 18   | 00:00:00    | <b>21,1 KM</b> | +01:31:04 | 8:05         | 7.4        |
| 456 | <b>POSIECZEK Mariusz</b>                | <b>535</b>  | GMINA GOLENIÓW                     | M 50      | 43   | 00:00:00    | <b>21,1 KM</b> | +01:31:05 | 8:05         | 7.4        |
| 457 | <b>KUŁAKOWSKI Robert</b>                | <b>10</b>   | KIBICE POMORKA TEAM #BIEGACZE      | M 40      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:31:31 | 8:07         | 7.4        |
| 458 | <b>KAZUBEK Maciej</b>                   | <b>227</b>  |                                    | M 40      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:32:23 | 8:09         | 7.4        |
| 459 | <b>WIECZOREK Piotr</b>                  | <b>709</b>  |                                    | M 40      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:32:28 | 8:09         | 7.4        |
| 460 | <b>RATUSZYŃSKI Artur</b>                | <b>113</b>  |                                    | M 40      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:32:53 | 8:10         | 7.3        |
| 461 | <b>GRODOŃ Piotr</b>                     | <b>394</b>  | CARBON SILESIA SPORT               | M 30      | 176  | 00:00:00    | <b>21,1 KM</b> | +01:34:41 | 8:16         | 7.3        |
| 462 | <b>SZEPKE Robert</b>                    | <b>151</b>  | SOBOTNI BIEGACZE ŚWMNOUJCIE        | M 40      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:35:21 | 8:17         | 7.2        |
| 463 | <b>KRAWCZYK Roman</b>                   | <b>937</b>  | R-O KRA                            | M 50      | 44   | 00:00:00    | <b>21,1 KM</b> | +01:35:46 | 8:19         | 7.2        |
| 464 | <b>BIEŃKOWSKI Mariusz</b>               | <b>666</b>  |                                    | M 40      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:36:17 | 8:30         | 7          |
| 465 | <b>HADZIK Tomasz</b>                    | <b>604</b>  | DZIKI LIGOTA                       | M 20      | 79   | 00:00:00    | <b>21,1 KM</b> | +01:36:50 | 8:22         | 7.2        |
| 466 | <b>JANKOWSKI Remigiusz</b>              | <b>140</b>  |                                    | M 30      | 177  | 00:00:00    | <b>21,1 KM</b> | +01:37:27 | 8:23         | 7.1        |
| 467 | <b>WALATEK Piotr</b>                    | <b>1034</b> |                                    | M 50      | 45   | 00:00:00    | <b>21,1 KM</b> | +01:37:51 | 8:25         | 7.1        |
| 468 | <b>BORKOWSKI Leszek</b>                 | <b>445</b>  | NOWI SIEDLCE - NW WSCHÓD           | M 50      | 46   | 00:00:00    | <b>21,1 KM</b> | +01:37:57 | 8:25         | 7.1        |
| 469 | <b>BIEGANSKI Tomasz</b>                 | <b>891</b>  |                                    | M 30      | 178  | 00:00:00    | <b>21,1 KM</b> | +01:38:03 | 8:25         | 7.1        |
| 470 | <b>WAŁĘZA Marcel</b>                    | <b>131</b>  |                                    | M 30      | 179  | 00:00:00    | <b>21,1 KM</b> | +01:38:46 | 8:27         | 7.1        |
| 471 | <b>WRUCIŃSKI Adam</b>                   | <b>168</b>  | WATAHA TEAM                        | M 50      | 47   | 00:00:00    | <b>21,1 KM</b> | +01:38:46 | 8:27         | 7.1        |
| 472 | <b>ADAMSKI Adam</b>                     | <b>776</b>  |                                    | M 40      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:38:49 | 8:27         | 7.1        |
| 473 | <b>HÄNSCH Uwe</b>                       | <b>603</b>  | TRAMPE                             | M 50      | 48   | 00:00:00    | <b>21,1 KM</b> | +01:43:14 | 8:40         | 6.9        |
| 474 | <b>GAPINSKI Rafal</b>                   | <b>62</b>   | PROGDAR MARATHON TEAM              | M 40      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:43:41 | 8:41         | 6.9        |
| 475 | <b>BODNAR Zbigniew</b>                  | <b>48</b>   | BIEG KORCZAKA                      | M 70+     | 4    | 00:00:00    | <b>21,1 KM</b> | +01:43:54 | 8:42         | 6.9        |
| 476 | <b>ŚWIĄTKOWSKI Adam</b>                 | <b>287</b>  | FUTSAL LEGIA WARSZAWA              | M 30      | 180  | 00:00:00    | <b>21,1 KM</b> | +01:44:04 | 8:42         | 6.9        |
| 477 | <b>SAWICKI Michał</b>                   | <b>848</b>  |                                    | M 20      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:44:13 | 8:43         | 6.9        |
| 478 | <b>TLAŁKA Jakub</b>                     | <b>892</b>  |                                    | M 30      | 181  | 00:00:00    | <b>21,1 KM</b> | +01:44:24 | 8:43         | 6.9        |
| 479 | <b>SZ Krystian</b>                      | <b>916</b>  |                                    | M 30      | 182  | 00:00:00    | <b>21,1 KM</b> | +01:44:47 | 8:44         | 6.9        |

| Msc | Zawodnik                   | Numer       | Klub   | Kategoria         | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|--|-------------------|------|-------------|----------------|-----------|--------------|------------|
| 480 | <b>ŻEBIEŁOWICZ Dariusz</b> | <b>696</b>  |  | M 50              | 49   | 00:00:00    | <b>21,1 KM</b> | +01:44:56 | 8:45         | 6.9        |
| 481 | <b>SZEWCZYK Łukasz</b>     | <b>13</b>   |  | M 30              | 183  | 00:00:00    | <b>21,1 KM</b> | +01:46:26 | 8:49         | 6.8        |
| 482 | <b>DOLICHER Robert</b>     | <b>174</b>  |  | M 40              | 148  | 00:00:00    | <b>21,1 KM</b> | +01:46:27 | 8:49         | 6.8        |
| 483 | <b>STWORA Arkadiusz</b>    | <b>906</b>  | 1995   | M 40              | 149  | 00:00:00    | <b>21,1 KM</b> | +01:48:16 | 8:54         | 6.7        |
| 484 | <b>KOWALSKI Bartosz</b>    | <b>1131</b> |  | M 20              | 81   | 00:00:00    | <b>21,1 KM</b> | +01:48:25 | 8:55         | 6.7        |
| 485 | <b>MICHON Radosław</b>     | <b>141</b>  |  | M 30              | 184  | 00:00:00    | <b>21,1 KM</b> | +01:48:37 | 8:55         | 6.7        |
| 486 | <b>SZEWCZAK Wiesław</b>    | <b>69</b>   |  | M 40              | 150  | 00:00:00    | <b>21,1 KM</b> | +01:50:39 | 9:01         | 6.6        |
| 487 | <b>WAWRZOS Rafał</b>       | <b>843</b>  | OSNOWA RUN   | M 30              | 185  | 00:00:00    | <b>21,1 KM</b> | +01:52:04 | 9:10         | 6.5        |
| 488 | <b>TUPAJ Łukasz</b>        | <b>372</b>  |  | M 20              | 82   | 00:00:00    | <b>21,1 KM</b> | +01:52:12 | 9:05         | 6.6        |
| 489 | <b>PIKULSKI Tomasz</b>     | <b>233</b>  |  | M 20              | 83   | 00:00:00    | <b>21,1 KM</b> | +01:57:01 | 9:19         | 6.4        |
| 490 | <b>KULCZYCKI Jan</b>       | <b>660</b>  |  | M 60              | 19   | 00:00:00    | <b>21,1 KM</b> | +02:01:37 | 9:32         | 6.3        |
| 491 | <b>KOROLUK Sławomir</b>    | <b>189</b>  |  | M 40              | 151  | 00:00:00    | <b>21,1 KM</b> | +02:02:38 | 9:35         | 6.3        |
| 492 | <b>PARCHIMOWICZ Janusz</b> | <b>215</b>  |  | M 60              | 20   | 00:00:00    | <b>21,1 KM</b> | +02:08:12 | 9:51         | 6.1        |
| 493 | <b>PARUSEL Marcin</b>      | <b>1080</b> | KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO | M 20              | 84   | 00:00:00    | <b>21,1 KM</b> | +02:11:29 | 10:00        | 6          |
| 494 | <b>PIÓRO Grzegorz</b>      | <b>1000</b> | GP2Z   | M 20              | 85   | 00:00:00    | <b>21,1 KM</b> | +02:12:59 | 10:05        | 5.9        |
| 495 | <b>BARAN Seweryn</b>       | <b>92</b>   | ŚWIAT PŁYTEK U KRYSPIŃA                            | M 20              | 86   | 00:00:00    | <b>21,1 KM</b> | +02:13:43 | 10:07        | 5.9        |
| 496 | <b>JANKOWSKI Michał</b>    | <b>381</b>  |  | M 30              | 186  | 00:00:00    | <b>21,1 KM</b> | +02:14:14 | 10:08        | 5.9        |
| 497 | <b>JADASZ Mirosław</b>     | <b>810</b>  |  | M 30              | 187  | 00:00:00    | <b>21,1 KM</b> | +02:15:15 | 10:11        | 5.9        |
| 498 | <b>JEZIERSKI Grzegorz</b>  | <b>572</b>  |  | M 20              | 87   | 00:00:00    | <b>21,1 KM</b> | +02:23:41 | 10:35        | 5.7        |
| 499 | <b>CETERA Janusz</b>       | <b>905</b>  |  | M 60              | 21   | 00:00:00    | <b>21,1 KM</b> | +02:25:15 | 10:39        | 5.6        |
| 500 | <b>TOPOLEWICZ Jerzy</b>    | <b>931</b>  |  | M 50              | 50   | 00:00:00    | <b>21,1 KM</b> | +02:29:17 | 10:51        | 5.5        |
| 501 | <b>BOJARSKI Kamil</b>      | <b>1140</b> |  | M 20              | 88   | 00:00:00    | <b>21,1 KM</b> | +02:33:15 | 11:02        | 5.4        |
| 502 | <b>KLICH Artur</b>         | <b>54</b>   |  | M 40              | 152  | 00:00:00    | <b>21,1 KM</b> | +02:42:14 | 11:28        | 5.2        |
| 503 | <b>PNIEWSKI Mariusz</b>    | <b>1096</b> |  | M 30              | 188  | 00:00:00    | <b>21,1 KM</b> | +02:50:32 | 11:51        | 5.1        |
| 504 | <b>TARASIUK Bartosz</b>    | <b>513</b>  |  | M 30              | 189  | 00:00:00    | <b>21,1 KM</b> | +02:59:14 | 12:16        | 4.9        |
| 505 | <b>CHABIŃSKI Artur</b>     | <b>1040</b> |  | M 30              | 190  | 00:00:00    | <b>21,1 KM</b> | +03:00:00 | 12:18        | 4.9        |
| 506 | <b>MARCHLIK Krzysztof</b>  | <b>261</b>  |  | M 20              | 89   | 00:00:00    | <b>21,1 KM</b> | +03:06:24 | 12:36        | 4.8        |
| 507 | <b>GÓRECKI Marek</b>       | <b>771</b>  |  | M 30              | 191  | 00:00:00    | <b>21,1 KM</b> | +03:15:50 | 13:03        | 4.6        |
| 508 | <b>SKOCZYL Wojtek</b>      | <b>1003</b> |  | M 30              | 192  | 00:00:00    | <b>21,1 KM</b> | +03:17:56 | 13:13        | 4.5        |
| 509 | <b>CZARNECKI Adrian</b>    | <b>1098</b> | BRAK   | M 40              | 153  | 00:00:00    | <b>21,1 KM</b> | +03:26:51 | 13:35        | 4.4        |
| 510 | <b>KWIECIEN Jan</b>        | <b>579</b>  |  | M 60              | 22   | 00:00:00    | <b>21,1 KM</b> | +03:49:35 | 14:39        | 4.1        |
| 511 | <b>JUSIŃSKI Michał</b>     | <b>1242</b> |  | M 30              | 193  | 00:00:00    | <b>21,1 KM</b> | +03:59:53 | 15:08        | 4          |
| 512 | <b>DZIADECKI Grzegorz</b>  | <b>847</b>  | WECZORNE BIEGANIE W SZCZECINIE                     | M 50              | 51   | 00:00:00    | <b>21,1 KM</b> | +04:00:44 | 15:11        | 4          |
| 513 | <b>GAPIŃSKI Wojciech</b>   | <b>991</b>  | WECZORNE BIEGANIE W SZCZECINIE                     | M 30              | 194  | 00:00:00    | <b>21,1 KM</b> | +05:17:31 | 18:49        | 3.2        |
| 514 | <b>SERĘGA Tomasz</b>       | <b>560</b>  | WKURW_TEAM   | M 40              | 154  | 00:00:00    | <b>21,1 KM</b> | +06:35:50 | 22:32        | 2.7        |
| 515 | <b>SCHMIDT Franek</b>      | <b>1035</b> |  | M - wózki aktywne | 1    | 00:00:00    | <b>21,1 KM</b> | +24:52:54 | 74:32        | 0.8        |
| 516 | <b>SOKÓŁ Mariola</b>       | <b>521</b>  |  | M 40              | 155  | 00:00:00    | <b>20,2 KM</b> | +01:34:44 | 8:39         | 6.9        |
| 517 | <b>ONYSZK Michał</b>       | <b>528</b>  |  | M 30              | 195  | 00:00:00    | <b>18,2 KM</b> | +00:58:41 | 7:37         | 7.9        |
| 518 | <b>STUDZIŃSKI Michał</b>   | <b>314</b>  |  | M 30              | 196  | 00:00:00    | <b>16,2 KM</b> | +00:27:47 | 6:39         | 9          |
| 519 | <b>KOZIOŁ Adam</b>         | <b>204</b>  |  | M 40              | 156  | 00:00:00    | <b>14,0 KM</b> | +00:20:08 | 7:09         | 8.4        |
| 520 | <b>HADRYŚ Grzegorz</b>     | <b>323</b>  |  | M 30              | 197  | 00:00:00    | <b>13,0 KM</b> | +00:13:19 | 7:08         | 8.4        |

Znaleziono 520 wynik(ów)