41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K - wózki aktywne

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	**HAWRON Agnieszka**	**10**		K 40	1	00:00:00	**21,1 KM**	+00:00:00	4:48	12.5 (100%)
2	**SURDACKA Ewa**	**164**	KRAŚNIK BIEGA	K 50	1	00:00:00	**21,1 KM**	+00:00:14	4:50	12.4 (99.2%)
3	**GORZKIEWICZ Patrycja**	**535**		K 40	2	00:00:00	**21,1 KM**	+00:00:35	4:49	12.4 (99.2%)
4	**MŁYNARCZYK Tatiana**	**1882**		K 30	1	00:00:00	**21,1 KM**	+00:01:04	4:51	12.4 (99.2%)
5	**NIEDZIELSKA Karolina**	**1416**		K 20	1	00:00:00	**21,1 KM**	+00:03:54	4:59	12 (96.0%)
6	**WILCZEWSKA Agnieszka**	**498**	KKP SŁUPCZANKA	K 30	3	00:00:00	**21,1 KM**	+00:05:06	5:02	11.9 (95.2%)
7	**SWAT-BODAK Agnieszka**	**149**		K 40	5	00:00:00	**21,1 KM**	+00:07:30	5:09	11.6 (92.8%)
8	**WIERDAK Joanna**	**1768**	POLSKA RUNNING TEAM	K 40	6	00:00:00	**21,1 KM**	+00:07:38	5:09	11.6 (92.8%)
9	**TRZEŚNIEWSKA Grażyna**	**1695**		K 40	7	00:00:00	**21,1 KM**	+00:07:39	5:10	11.6 (92.8%)
10	**PAŁASZEWSKA Karolina**	**321**		K 20	3	00:00:00	**21,1 KM**	+00:07:47	5:10	11.6 (92.8%)
11	**KALINOWSKA Justyna**	**1287**		K 30	4	00:00:00	**21,1 KM**	+00:08:02	5:11	11.6 (92.8%)
12	**WOŹNIECKA Karolina**	**810**	FALE LOKI KOKI	K 30	5	00:00:00	**21,1 KM**	+00:09:08	5:14	11.5 (92.0%)
13	**GÓRECKA-PAWLAK Edyta**	**18**		K 30	6	00:00:00	**21,1 KM**	+00:09:26	5:15	11.4 (91.2%)
14	**OKORSKA-BOMBIŃSKA Basia**	**1547**	PKO BP SA	K 30	8	00:00:00	**21,1 KM**	+00:09:35	5:15	11.4 (91.2%)
15	**PALUSZAK Anna**	**1519**	700STKA SIŁOWNIA BUK	K 20	4	00:00:00	**21,1 KM**	+00:10:27	5:17	11.3 (90.4%)
16	**SOŚNIAK Iwona**	**454**		K 40	8	00:00:00	**21,1 KM**	+00:10:37	5:18	11.3 (90.4%)
17	**BYRA Magdalena**	**1769**	POLSKA RUNNING TEAM	K 30	9	00:00:00	**21,1 KM**	+00:11:05	5:19	11.3 (90.4%)
18	**KLIMKO Alicja**	**243**		K 50	2	00:00:00	**21,1 KM**	+00:11:18	5:20	11.2 (89.6%)
19	**PACZKOWSKA Katarzyna**	**855**		K 30	11	00:00:00	**21,1 KM**	+00:11:26	5:20	11.2 (89.6%)
20	**DZIEKOŃSKA Agnieszka**	**361**	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 30	12	00:00:00	**21,1 KM**	+00:11:40	5:21	11.2 (89.6%)
21	**TROJGA Karolina**	**97**	INNERIUMKAROLINA TROJGA	K 30	13	00:00:00	**21,1 KM**	+00:11:49	5:21	11.2 (89.6%)
22	**KIEDROWSKA Daria**	**551**		K 30	14	00:00:00	**21,1 KM**	+00:13:09	5:25	11.1 (88.8%)
23	**BĘBEN Wioleta**	**507**	KB WIKON NOWA SÓL	K 40	10	00:00:00	**21,1 KM**	+00:13:13	5:25	11 (88.0%)
24	**CZYŻEWSKA Mirosława**	**636**	WKURW_TEAM PAPRYKARZE	K 30	15	00:00:00	**21,1 KM**	+00:13:37	5:26	11 (88.0%)
25	**KRZYSIAK Anna**	**1764**		K 40	11	00:00:00	**21,1 KM**	+00:13:38	5:27	11 (88.0%)
26	**LEPOROWSKA Anna**	**792**	2015	K 40	12	00:00:00	**21,1 KM**	+00:13:41	5:27	11 (88.0%)
27	**MAJ Ewa**	**1222**		K 30	16	00:00:00	**21,1 KM**	+00:13:44	5:27	11 (88.0%)
28	**DROZDEK Iwona**	**263**	CHARTY	K 50	3	00:00:00	**21,1 KM**	+00:13:54	5:27	11 (88.0%)
29	**HORDEJUK Dorota**	**1492**	USTECKA SZKOŁA BIEGANIA USB	K 30	18	00:00:00	**21,1 KM**	+00:13:55	5:27	11 (88.0%)
30	**MOLIŃSKA Marlena**	**1030**		K 40	13	00:00:00	**21,1 KM**	+00:13:55	5:27	11 (88.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	**PAPIERAK Monika**	**1720**		K 40	14	00:00:00	**21,1 KM**	+00:14:19	5:28	10.9 (87.2%)
32	**JAROCKA Agata**	**583**	BESTIE OCR LEGIONOWO	K 30	19	00:00:00	**21,1 KM**	+00:14:39	5:29	10.9 (87.2%)
33	**GOLUSIŃSKA Alicja**	**1098**	HERBUD	K 30	20	00:00:00	**21,1 KM**	+00:14:57	5:30	10.9 (87.2%)
34	**SZYMAŃSKA Kasia**	**633**		K 20	7	00:00:00	**21,1 KM**	+00:15:18	5:31	10.9 (87.2%)
35	**PRZYBYŁ Monika**	**976**		K 30	21	00:00:00	**21,1 KM**	+00:15:25	5:32	10.8 (86.4%)
36	**SABANOWSKA Aneta**	**1773**	POLSKA RUNNING TEAM	K 40	16	00:00:00	**21,1 KM**	+00:16:13	5:34	10.8 (86.4%)
37	**RĘPALSKA Agata**	**905**		K 30	22	00:00:00	**21,1 KM**	+00:16:13	5:34	10.8 (86.4%)
38	**PRZESÓR Barbara**	**859**	ZADYSZKA OŚWIĘCIM	K 30	23	00:00:00	**21,1 KM**	+00:16:54	5:36	10.7 (85.6%)
39	**GARBOWSKA Anna**	**1394**		K 30	24	00:00:00	**21,1 KM**	+00:16:59	5:36	10.7 (85.6%)
40	**ZBOROWSKA Daria**	**307**	AKTYWNY OSTRZESZÓW	K 20	8	00:00:00	**21,1 KM**	+00:17:08	5:36	10.7 (85.6%)
41	**DRYMEL Agata**	**530**		K 40	17	00:00:00	**21,1 KM**	+00:17:31	5:38	10.6 (84.8%)
42	**KUCZMIERCZYK Justyna**	**1680**		K 30	25	00:00:00	**21,1 KM**	+00:17:33	5:38	10.6 (84.8%)
43	**KORDELA Dominika**	**1056**		K 30	26	00:00:00	**21,1 KM**	+00:17:34	5:38	10.6 (84.8%)
44	**ROZEN Agnieszka**	**319**		K 40	18	00:00:00	**21,1 KM**	+00:17:45	5:38	10.6 (84.8%)
45	**WALKOWIAK Justyna**	**1763**	WALKOŁAJAK TEAM	K 20	9	00:00:00	**21,1 KM**	+00:17:54	5:39	10.6 (84.8%)
46	**NIEWIADOMSKA Patrycja**	**1469**	HAJIME RUN TEAM	K 30	28	00:00:00	**21,1 KM**	+00:18:17	5:40	10.6 (84.8%)
47	**DUDEK Barbara**	**898**	ROSSBIEGANI	K 40	19	00:00:00	**21,1 KM**	+00:18:22	5:40	10.6 (84.8%)
48	**WIŚNIEWSKA Marta**	**286**	WIECZORNE BIEGANIE W SZCZECINIE	K 40	20	00:00:00	**21,1 KM**	+00:18:24	5:40	10.6 (84.8%)
49	**TERETYKA Dorota**	**14**		K 40	21	00:00:00	**21,1 KM**	+00:18:32	5:40	10.6 (84.8%)
50	**SKORSTAD Izabela**	**1627**	IZABELA SYLWIA SKORSTAD	K 40	22	00:00:00	**21,1 KM**	+00:18:34	5:41	10.5 (84.0%)
51	**RAKOWSKA Agnieszka**	**1011**		K 30	29	00:00:00	**21,1 KM**	+00:18:47	5:41	10.5 (84.0%)
52	**SZUMLAS Monika**	**241**		K 50	5	00:00:00	**21,1 KM**	+00:18:58	5:42	10.5 (84.0%)
53	**GRAJ Ewa**	**1500**	KB KATORŻNIK MUROWANA GOŚLINA	K 40	23	00:00:00	**21,1 KM**	+00:19:12	5:44	10.5 (84.0%)
54	**LESZCZYŃSKA Joasia**	**923**	WKZ-BBL KOZIENICE	K 40	24	00:00:00	**21,1 KM**	+00:20:01	5:45	10.4 (83.2%)
55	**DZIEWICKA Ewa**	**1745**		K 50	6	00:00:00	**21,1 KM**	+00:20:32	5:46	10.4 (83.2%)
56	**MROŻEK Aleksandra**	**1176**	ŻAGAŃSKIE DZIKI	K 30	30	00:00:00	**21,1 KM**	+00:20:40	5:48	10.3 (82.4%)
57	**DRYMEL Sylwia**	**400**		K 40	26	00:00:00	**21,1 KM**	+00:20:47	5:47	10.4 (83.2%)
58	**ŻYLUK Bożena**	**1837**	WIECZORNE BIEGANIE W SZCZECINIE	K 40	28	00:00:00	**21,1 KM**	+00:21:09	5:48	10.3 (82.4%)
59	**RAWICKA-POLNIK Magdalena**	**1614**		K 30	33	00:00:00	**21,1 KM**	+00:21:14	5:48	10.3 (82.4%)
60	**SYS Ewa**	**936**		K 40	30	00:00:00	**21,1 KM**	+00:22:07	5:51	10.3 (82.4%)
61	**JARMUŻEWSKA Teresa**	**1272**	TIA	K 40	31	00:00:00	**21,1 KM**	+00:22:08	5:51	10.3 (82.4%)
62	**LĄCZAK Justyna**	**12**	ASSECO ACTIVE TEAM	K 40	32	00:00:00	**21,1 KM**	+00:22:11	5:51	10.2 (81.6%)
63	**SOBOTA Natalia**	**1071**		K 20	13	00:00:00	**21,1 KM**	+00:22:20	5:51	10.2 (81.6%)
64	**KOZAK Katarzyna**	**202**		K 20	14	00:00:00	**21,1 KM**	+00:22:21	5:51	10.2 (81.6%)
65	**MALICKA Małgorzata**	**177**	BOHAR PALETY RUNNERS	K 40	34	00:00:00	**21,1 KM**	+00:22:28	5:52	10.2 (81.6%)
66	**RZYMSKA Marta**	**693**		K 30	37	00:00:00	**21,1 KM**	+00:22:36	5:52	10.2 (81.6%)
67	**LEWANIAK Elżbieta**	**731**		K 40	35	00:00:00	**21,1 KM**	+00:22:40	5:52	10.2 (81.6%)
68	**RASZEWSKA-NOLBERT Grażyna**	**868**		K 30	38	00:00:00	**21,1 KM**	+00:22:42	5:52	10.2 (81.6%)
69	**WOJTCZAK Justyna**	**354**	FSD RUN DREZDENKO	K 20	15	00:00:00	**21,1 KM**	+00:22:54	5:53	10.2 (81.6%)
70	**KOWALCZYK Dorota**	**1494**		K 40	36	00:00:00	**21,1 KM**	+00:23:00	5:53	10.2 (81.6%)
71	**KOWALSKA Agata**	**148**		K 20	16	00:00:00	**21,1 KM**	+00:23:00	5:53	10.2 (81.6%)
72	**CHRZANOWSKA Anna**	**1524**		K 30	39	00:00:00	**21,1 KM**	+00:23:02	5:53	10.2 (81.6%)
73	**LISKE Dorota**	**991**		K 40	37	00:00:00	**21,1 KM**	+00:23:08	5:56	10.1 (80.8%)
74	**BOŻKO Katarzyna**	**1653**		K 20	17	00:00:00	**21,1 KM**	+00:23:17	5:54	10.2 (81.6%)
75	**DROBYSZEWSKA Anna**	**1089**		K 30	40	00:00:00	**21,1 KM**	+00:23:17	5:54	10.2 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	**MURAWSKA Monika**	**900**	BIEGACZE ŚWINOUJŚCIE	K 40	39	00:00:00	**21,1 KM**	+00:23:50	5:56	10.1 (80.8%)
77	**NIEDLICH Anna**	**375**	KWS TEAM POLICE	K 30	43	00:00:00	**21,1 KM**	+00:23:58	5:56	10.1 (80.8%)
78	**WITKOWSKA Karolina**	**25**		K 30	44	00:00:00	**21,1 KM**	+00:24:11	5:57	10.1 (80.8%)
79	**GRUCHAŁA-FURMANIUK Aldona**	**1193**	SPEED FREAKS	K 30	45	00:00:00	**21,1 KM**	+00:25:10	6:01	10 (80.0%)
80	**ŻBEL Ania**	**1230**	HRMAX ŻORY	K 30	46	00:00:00	**21,1 KM**	+00:25:17	6:00	10 (80.0%)
81	**KARLIKOWSKA-ANTOSIAK Małgorzata**	**558**	KOBIETY W BIEGU	K 40	42	00:00:00	**21,1 KM**	+00:25:35	6:00	10 (80.0%)
82	**BĄK Natalia**	**500**		K 30	49	00:00:00	**21,1 KM**	+00:25:49	6:01	10 (80.0%)
83	**ZOWCZAK Dorota**	**555**	RAWA TEAM	K 30	50	00:00:00	**21,1 KM**	+00:25:50	6:01	10 (80.0%)
84	**WIĄCEK Anna**	**674**	KOBIECE BIEGANIE	K 40	43	00:00:00	**21,1 KM**	+00:25:50	6:01	10 (80.0%)
85	**NOWAK Barbara**	**561**		K 40	44	00:00:00	**21,1 KM**	+00:25:53	6:01	9.9 (79.2%)
86	**MICHALSKA Katarzyna**	**1199**		K 30	51	00:00:00	**21,1 KM**	+00:26:23	6:03	9.9 (79.2%)
87	**WIERZBICKA Joanna**	**938**	KB GEPARD MUROWANA GOŚLINA	K 40	45	00:00:00	**21,1 KM**	+00:26:27	6:03	9.9 (79.2%)
88	**PAWLACZYK Natalia**	**1754**		K 20	18	00:00:00	**21,1 KM**	+00:26:29	6:03	9.9 (79.2%)
89	**KILANOWSKA Agnieszka**	**178**	ROZBIEGAJMY RADOMSKO	K 30	52	00:00:00	**21,1 KM**	+00:26:33	6:03	9.9 (79.2%)
90	**WOSZ Kinga**	**838**		K 30	53	00:00:00	**21,1 KM**	+00:26:45	6:04	9.9 (79.2%)
91	**MADEJ Anna**	**324**	UKL ÓSEMKA POLICE	K 30	54	00:00:00	**21,1 KM**	+00:26:50	6:04	9.9 (79.2%)
92	**KUKLA-KOWALSKA Alicja**	**927**	BIEGAM BO NIE LUBIĘ	K 40	46	00:00:00	**21,1 KM**	+00:26:50	6:04	9.9 (79.2%)
93	**KRUPA Iwona**	**845**	KB MOSTKOWO	K 40	48	00:00:00	**21,1 KM**	+00:27:06	6:05	9.9 (79.2%)
94	**GANDZIAROWSKA Anna**	**877**		K 20	21	00:00:00	**21,1 KM**	+00:27:20	6:05	9.8 (78.4%)
95	**WALCZAK Magdalena**	**616**		K 40	49	00:00:00	**21,1 KM**	+00:27:20	6:05	9.8 (78.4%)
96	**MUŻ Katarzyna**	**1451**		K 40	50	00:00:00	**21,1 KM**	+00:27:37	6:06	9.8 (78.4%)
97	**KAWCZYŃSKA Magdalena**	**522**	RAZ SZCZECIN	K 40	51	00:00:00	**21,1 KM**	+00:27:44	6:07	9.8 (78.4%)
98	**KURKOWIAK Agnieszka**	**580**		K 40	52	00:00:00	**21,1 KM**	+00:27:59	6:07	9.8 (78.4%)
99	**RYNDAK Magdalena**	**1532**	POLSKA RUNNING TEAM	K 30	56	00:00:00	**21,1 KM**	+00:28:04	6:08	9.8 (78.4%)
100	**BUDNA Anna**	**1649**		K 40	53	00:00:00	**21,1 KM**	+00:28:05	6:08	9.8 (78.4%)
101	**KAMILA Olszewska**	**1669**		K 30	57	00:00:00	**21,1 KM**	+00:28:12	6:08	9.8 (78.4%)
102	**SZYDŁOWSKA Joanna**	**29**		K 20	22	00:00:00	**21,1 KM**	+00:28:16	6:08	9.8 (78.4%)
103	**LANGBECKER Yvonne**	**1833**	ESV ANGERMÜNDE	K 50	7	00:00:00	**21,1 KM**	+00:28:24	6:09	9.8 (78.4%)
104	**MIERZWIŃSKA Agnieszka**	**1569**	WATAHA-ŁĄCZY NAS BIEGANIE	K 20	23	00:00:00	**21,1 KM**	+00:28:26	6:09	9.8 (78.4%)
105	**JABŁOŃSKA Katarzyna**	**1727**		K 40	54	00:00:00	**21,1 KM**	+00:28:31	6:09	9.7 (77.6%)
106	**KĘSKA Katarzyna**	**318**	LOVELASY	K 40	55	00:00:00	**21,1 KM**	+00:28:31	6:09	9.7 (77.6%)
107	**KOZŁOWSKA Karolina**	**45**	#KOZIOŁKI_TEAM	K 30	58	00:00:00	**21,1 KM**	+00:28:39	6:09	9.7 (77.6%)
108	**KACZOR Darek**	**232**	KB KATORŻNIK MUROWANA GOŚLINA	K 40	56	00:00:00	**21,1 KM**	+00:28:47	6:10	9.7 (77.6%)
109	**JAKUBIAK Magdalena**	**493**	BOHAR PALETY RUNNERS	K 40	57	00:00:00	**21,1 KM**	+00:28:49	6:10	9.7 (77.6%)
110	**JAWORSKA Justyna**	**666**		K 40	58	00:00:00	**21,1 KM**	+00:28:59	6:10	9.7 (77.6%)
111	**GAPIŃSKA Agnieszka**	**863**		K 30	59	00:00:00	**21,1 KM**	+00:29:01	6:10	9.7 (77.6%)
112	**JURASZ Aleksandra**	**84**		K 30	60	00:00:00	**21,1 KM**	+00:29:02	6:10	9.7 (77.6%)
113	**STYCZ Katarzyna**	**853**		K 30	61	00:00:00	**21,1 KM**	+00:29:04	6:10	9.7 (77.6%)
114	**JANAS Estera**	**118**		K 30	62	00:00:00	**21,1 KM**	+00:29:12	6:11	9.7 (77.6%)
115	**ŚWITAŁA Gabriela**	**942**		K 40	59	00:00:00	**21,1 KM**	+00:29:20	6:11	9.7 (77.6%)
116	**ALBRECHT Manon**	**1832**	ESV 49 ANGERMÜNDE	K 40	60	00:00:00	**21,1 KM**	+00:29:29	6:12	9.7 (77.6%)
117	**KĘDRA-SULEJ Agnieszka**	**109**	WAT / AKS-SOFT TEAM	K 40	61	00:00:00	**21,1 KM**	+00:29:33	6:12	9.7 (77.6%)
118	**GAWLIK Kinga**	**46**		K 30	65	00:00:00	**21,1 KM**	+00:29:44	6:12	9.7 (77.6%)
119	**MROZIŃSKA Renata**	**334**		K 40	62	00:00:00	**21,1 KM**	+00:29:44	6:12	9.7 (77.6%)
120	**CHRONOWSKA Justyna**	**1596**		K 20	26	00:00:00	**21,1 KM**	+00:29:53	6:13	9.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
121	**CELEK Katarzyna**	**1843**	ART&RUN	K 30	69	00:00:00	**21,1 KM**	+00:30:15	6:14	9.6 (76.8%)
122	**JAWÓR Magdalena**	**866**		K 30	70	00:00:00	**21,1 KM**	+00:30:21	6:14	9.6 (76.8%)
123	**PISZCZEK Marzena**	**720**		K 30	71	00:00:00	**21,1 KM**	+00:30:22	6:14	9.6 (76.8%)
124	**REKOWSKA Danuta**	**316**		K 50	8	00:00:00	**21,1 KM**	+00:30:29	6:15	9.6 (76.8%)
125	**KASPERSKA Sylwia**	**470**	KB ZDYSZAAANI CHOCIANÓW	K 40	63	00:00:00	**21,1 KM**	+00:30:41	6:15	9.6 (76.8%)
126	**RACŁAWSKA Iwona**	**1779**		K 50	9	00:00:00	**21,1 KM**	+00:31:00	6:17	9.5 (76.0%)
127	**RÓŻAŃSKA Magdalena**	**972**		K 40	65	00:00:00	**21,1 KM**	+00:31:18	6:17	9.5 (76.0%)
128	**PILARSKA Iwona**	**1285**	PYRZYCE BIEGAJĄ	K 30	73	00:00:00	**21,1 KM**	+00:31:23	6:17	9.5 (76.0%)
129	**SZYMECZKO Jola**	**383**	RUNONLINE.PL	K 40	67	00:00:00	**21,1 KM**	+00:31:23	6:18	9.5 (76.0%)
130	**ZAROBIAK Katarzyna**	**832**		K 40	68	00:00:00	**21,1 KM**	+00:31:55	6:19	9.5 (76.0%)
131	**LISSEWSKA Konstancja**	**883**		K 30	74	00:00:00	**21,1 KM**	+00:32:02	6:19	9.5 (76.0%)
132	**NURSKA Emilia**	**1643**		K 60	1	00:00:00	**21,1 KM**	+00:32:12	6:19	9.5 (76.0%)
133	**DANKOWSKA Urszula**	**414**		K 30	75	00:00:00	**21,1 KM**	+00:32:23	6:20	9.5 (76.0%)
134	**ROZICKA Adriana**	**1742**		K 20	27	00:00:00	**21,1 KM**	+00:32:39	6:21	9.4 (75.2%)
135	**SIDOR Anna**	**1659**		K 40	70	00:00:00	**21,1 KM**	+00:32:46	6:21	9.4 (75.2%)
136	**MACIEJEWSKA Jolanta**	**466**		K 30	76	00:00:00	**21,1 KM**	+00:32:48	6:21	9.4 (75.2%)
137	**DAMASZKE Aleksandra**	**435**		K 30	77	00:00:00	**21,1 KM**	+00:32:49	6:21	9.4 (75.2%)
138	**KLEIN Patrycja**	**1263**		K 20	28	00:00:00	**21,1 KM**	+00:32:49	6:21	9.4 (75.2%)
139	**RASIŃSKA Ewelina**	**345**	#BBKTS	K 30	78	00:00:00	**21,1 KM**	+00:32:58	6:21	9.4 (75.2%)
140	**HNAT Patrycja**	**1075**		K 20	29	00:00:00	**21,1 KM**	+00:33:02	6:22	9.4 (75.2%)
141	**MOC Marzena**	**593**		K 20	30	00:00:00	**21,1 KM**	+00:33:08	6:22	9.4 (75.2%)
142	**ADAMCZAK Jolanta**	**381**	OD PONIEDZIAŁKU	K 50	11	00:00:00	**21,1 KM**	+00:33:16	6:22	9.4 (75.2%)
143	**MRULA Ewa**	**928**		K 40	73	00:00:00	**21,1 KM**	+00:33:30	6:23	9.4 (75.2%)
144	**CYRAN Katarzyna**	**476**		K 40	74	00:00:00	**21,1 KM**	+00:33:31	6:23	9.4 (75.2%)
145	**WÓJCIK Anna**	**1284**	ŻYTNIA TEAM	K 30	79	00:00:00	**21,1 KM**	+00:33:32	6:23	9.4 (75.2%)
146	**RAKOCZY Dorota**	**1760**		K 40	75	00:00:00	**21,1 KM**	+00:33:35	6:23	9.4 (75.2%)
147	**JĘDRZEJCZYK Katarzyna**	**1729**		K 20	31	00:00:00	**21,1 KM**	+00:34:13	6:25	9.3 (74.4%)
148	**SOLARZ Monika**	**688**		K 30	81	00:00:00	**21,1 KM**	+00:34:22	6:25	9.3 (74.4%)
149	**POPIELARSKA Sabina**	**271**		K 40	76	00:00:00	**21,1 KM**	+00:34:23	6:26	9.3 (74.4%)
150	**KWIATKOWSKA Martyna**	**560**	MIRAZ RACE TEAM	K 30	82	00:00:00	**21,1 KM**	+00:34:42	6:26	9.3 (74.4%)
151	**GUŁA Iwona**	**1473**		K 50	12	00:00:00	**21,1 KM**	+00:35:13	6:28	9.3 (74.4%)
152	**LUBAŃSKA Alicja**	**157**		K 50	13	00:00:00	**21,1 KM**	+00:35:28	6:29	9.3 (74.4%)
153	**PRZĄDO-KUDAS Małgorzata**	**1054**		K 40	78	00:00:00	**21,1 KM**	+00:35:33	6:29	9.2 (73.6%)
154	**KONIKOWSKA Julia**	**1880**		K 30	83	00:00:00	**21,1 KM**	+00:35:38	6:29	9.2 (73.6%)
155	**KLECZKOWSKA Ewa**	**1610**		K 40	79	00:00:00	**21,1 KM**	+00:35:49	6:30	9.2 (73.6%)
156	**MATUSZAK Anita**	**769**	MATUSZAK TEAM	K 40	80	00:00:00	**21,1 KM**	+00:35:55	6:30	9.2 (73.6%)
157	**BRZUSZEK Katarzyna**	**1430**		K 30	85	00:00:00	**21,1 KM**	+00:36:02	6:30	9.2 (73.6%)
158	**MICHALAK Karolina**	**1750**		K 30	86	00:00:00	**21,1 KM**	+00:36:23	6:31	9.2 (73.6%)
159	**MICHALAK Mariola**	**367**		K 30	87	00:00:00	**21,1 KM**	+00:36:24	6:31	9.2 (73.6%)
160	**MARCHEWKA Justyna**	**895**	URZĄD BIEGA	K 30	88	00:00:00	**21,1 KM**	+00:36:28	6:31	9.2 (73.6%)
161	**CHYBIŃSKA Katarzyna**	**31**		K 30	89	00:00:00	**21,1 KM**	+00:36:33	6:32	9.2 (73.6%)
162	**TOCHA Marzena**	**1419**	1977	K 40	81	00:00:00	**21,1 KM**	+00:36:48	6:32	9.2 (73.6%)
163	**CHODKIEWICZ Anna**	**1842**		K 30	91	00:00:00	**21,1 KM**	+00:37:14	6:34	9.1 (72.8%)
164	**CIEŚLIK Sonia**	**716**	BRAK	K 20	34	00:00:00	**21,1 KM**	+00:37:38	6:35	9.1 (72.8%)
165	**DUDA Jadwiga**	**520**		K 60	2	00:00:00	**21,1 KM**	+00:37:51	6:35	9.1 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	**MACHALICA Adriana**	**1100**		K 30	92	00:00:00	**21,1 KM**	+00:38:04	6:36	9.1 (72.8%)
167	**TAYLOR Ania**	**985**		K 20	36	00:00:00	**21,1 KM**	+00:38:14	6:36	9.1 (72.8%)
168	**PIETRZAK Anna**	**362**		K 40	82	00:00:00	**21,1 KM**	+00:38:24	6:37	9.1 (72.8%)
169	**RÓŻYCKA-FRYT Katarzyna**	**639**	ROZBIEGANE MYSŁOWICE	K 40	83	00:00:00	**21,1 KM**	+00:38:25	6:37	9.1 (72.8%)
170	**WYGLĄDACZ Alicja**	**1142**	WIELGOWO NA BIEGOWO	K 40	84	00:00:00	**21,1 KM**	+00:38:33	6:37	9 (72.0%)
171	**GURMIŃSKA Katarzyna**	**7**		K 20	37	00:00:00	**21,1 KM**	+00:38:39	6:38	9 (72.0%)
172	**KRZEMIŃSKA Joanna**	**913**		K 30	94	00:00:00	**21,1 KM**	+00:38:50	6:38	9 (72.0%)
173	**KOPIENIAK Agnieszka**	**1107**	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K 30	95	00:00:00	**21,1 KM**	+00:39:07	6:39	9 (72.0%)
174	**PURCZYŃSKA Edyta**	**878**		K 40	85	00:00:00	**21,1 KM**	+00:39:10	6:39	9 (72.0%)
175	**KOZAKOWSKA Małgorzata**	**1443**		K 40	86	00:00:00	**21,1 KM**	+00:39:10	6:39	9 (72.0%)
176	**LENCZEWSKA-MACIĄG Dorota**	**57**		K 40	88	00:00:00	**21,1 KM**	+00:39:34	6:40	9 (72.0%)
177	**WIŚLICKA Sandra**	**1710**	PKO BANK POLSKI	K 30	97	00:00:00	**21,1 KM**	+00:40:03	6:42	9 (72.0%)
178	**WARMUZ Dorota**	**937**	BYTOM	K 30	98	00:00:00	**21,1 KM**	+00:40:17	6:42	8.9 (71.2%)
179	**TABAS Anna**	**11**	WIECZORNE BIEGANIE W SZCZECINIE	K 30	99	00:00:00	**21,1 KM**	+00:40:21	6:42	8.9 (71.2%)
180	**KLUCZYŃSKA Honorata**	**540**		K 40	91	00:00:00	**21,1 KM**	+00:40:29	6:43	8.9 (71.2%)
181	**MAŃKE Karolina**	**509**		K 30	101	00:00:00	**21,1 KM**	+00:41:18	6:45	8.9 (71.2%)
182	**DRELICHOWSKA Anna**	**1084**		K 40	95	00:00:00	**21,1 KM**	+00:41:30	6:46	8.9 (71.2%)
183	**WIŚNIEWSKA Małgorzata**	**852**		K 30	103	00:00:00	**21,1 KM**	+00:41:37	6:46	8.9 (71.2%)
184	**MOLSKA Małgorzata**	**341**	OSP KŁODAWA	K 50	15	00:00:00	**21,1 KM**	+00:41:43	6:46	8.8 (70.4%)
185	**JERZYK-SZAMAŁEK Bogusława**	**265**	ŚRUNDUNIA	K 50	16	00:00:00	**21,1 KM**	+00:41:48	6:47	8.8 (70.4%)
186	**CIERNIAK Agata**	**47**	KOTLACTIVE TEAM	K 40	96	00:00:00	**21,1 KM**	+00:41:49	6:47	8.8 (70.4%)
187	**GRZESZKOWIAK Bogumiła**	**1207**	NIE MA	K 50	17	00:00:00	**21,1 KM**	+00:42:06	6:47	8.8 (70.4%)
188	**KOWALSKA Anna**	**1444**		K 30	104	00:00:00	**21,1 KM**	+00:42:35	6:49	8.8 (70.4%)
189	**BŁAUT Agata**	**665**	BEZ KLUBU	K 40	99	00:00:00	**21,1 KM**	+00:43:02	6:52	8.7 (69.6%)
190	**KALISZ Irena**	**183**		K 30	106	00:00:00	**21,1 KM**	+00:43:14	6:51	8.8 (70.4%)
191	**NOWAK Magdalena**	**1081**	AEGONRUN	K 30	107	00:00:00	**21,1 KM**	+00:43:15	6:51	8.8 (70.4%)
192	**KUBICA Ula**	**1544**		K 40	102	00:00:00	**21,1 KM**	+00:43:16	6:51	8.8 (70.4%)
193	**ROSTRYGIN Katarzyna**	**548**		K 30	108	00:00:00	**21,1 KM**	+00:43:22	6:51	8.7 (69.6%)
194	**WIĘSEK Ewelina**	**1551**	PKO BANK POLSKI SA	K 40	103	00:00:00	**21,1 KM**	+00:43:25	6:51	8.7 (69.6%)
195	**OLSZAK Anna**	**539**	ROZBIEGANE MYSŁOWICE	K 30	109	00:00:00	**21,1 KM**	+00:43:45	6:52	8.7 (69.6%)
196	**GRIMM-SPERLING Anja**	**409**		K 40	104	00:00:00	**21,1 KM**	+00:43:56	6:53	8.7 (69.6%)
197	**TYRAN Joanna**	**1527**	OSIEK BIEGA	K 30	111	00:00:00	**21,1 KM**	+00:44:05	6:53	8.7 (69.6%)
198	**ZALEWSKA Joanna**	**387**		K 40	105	00:00:00	**21,1 KM**	+00:44:08	6:53	8.7 (69.6%)
199	**WIZA Marta**	**49**		K 20	39	00:00:00	**21,1 KM**	+00:44:28	6:54	8.7 (69.6%)
200	**MARCZAK Małgorzata**	**44**	NIGHT RUNNERS SŁUPSK	K 50	18	00:00:00	**21,1 KM**	+00:44:32	6:54	8.7 (69.6%)
201	**JANELT Wioletta**	**405**		K 40	106	00:00:00	**21,1 KM**	+00:44:34	6:54	8.7 (69.6%)
202	**MAJ Diana**	**738**	KB WIKON NOWA SÓL	K 30	112	00:00:00	**21,1 KM**	+00:44:49	6:55	8.7 (69.6%)
203	**MĄDZIK Aleksandra**	**822**		K 30	113	00:00:00	**21,1 KM**	+00:44:51	6:55	8.7 (69.6%)
204	**WOŁOCH Ola**	**1373**		K 20	40	00:00:00	**21,1 KM**	+00:44:56	6:56	8.7 (69.6%)
205	**OWCZARCZAK Monika**	**1215**		K 30	114	00:00:00	**21,1 KM**	+00:44:56	6:56	8.7 (69.6%)
206	**KRÓLIKOWSKA Anna**	**1138**	HUSARIA RACE TEAM	K 20	41	00:00:00	**21,1 KM**	+00:45:05	6:56	8.6 (68.8%)
207	**REINHOLZ Elżbieta**	**456**		K 40	107	00:00:00	**21,1 KM**	+00:45:06	6:56	8.6 (68.8%)
208	**KAMSKA Małgorzata**	**589**		K 30	115	00:00:00	**21,1 KM**	+00:45:36	6:57	8.6 (68.8%)
209	**ORLON Barbara**	**171**	FIOLKA RUN HAPPY	K 40	109	00:00:00	**21,1 KM**	+00:45:43	6:58	8.6 (68.8%)
210	**KOPKA Elżbieta**	**260**	WIECZORNE BIEGANIE W SZCZECINIE	K 50	20	00:00:00	**21,1 KM**	+00:45:44	6:58	8.6 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
211	**SUPERCZYŃSKA Aneta**	**771**		K 40	110	00:00:00	**21,1 KM**	+00:45:46	6:58	8.6 (68.8%)
212	**GRAJEWSKA Monika**	**333**		K 20	42	00:00:00	**21,1 KM**	+00:45:54	6:58	8.6 (68.8%)
213	**GOLKA Beata**	**1185**		K 30	116	00:00:00	**21,1 KM**	+00:46:23	7:00	8.6 (68.8%)
214	**KACZMAREK Anna**	**1484**		K 30	117	00:00:00	**21,1 KM**	+00:46:26	7:00	8.6 (68.8%)
215	**KRĘPA Gosia**	**1383**	EKSTEREME WOLF	K 40	112	00:00:00	**21,1 KM**	+00:46:32	7:02	8.5 (68.0%)
216	**SZAMBELAN Katarzyna**	**226**		K 30	118	00:00:00	**21,1 KM**	+00:46:37	7:00	8.6 (68.8%)
217	**KUSZKA-BRZYCHCY Natalia**	**197**		K 30	119	00:00:00	**21,1 KM**	+00:46:59	7:01	8.5 (68.0%)
218	**OFFMAN Aneta**	**274**		K 40	114	00:00:00	**21,1 KM**	+00:47:13	7:02	8.5 (68.0%)
219	**BIAŁKOWSKA Katarzyna**	**198**	PRZYSTAŃ NA KAWĘ	K 40	115	00:00:00	**21,1 KM**	+00:47:21	7:02	8.5 (68.0%)
220	**JABŁONOWSKA Aleksandra**	**1433**		K 30	120	00:00:00	**21,1 KM**	+00:47:32	7:03	8.5 (68.0%)
221	**LEWANDOWSKA Katarzyna**	**695**	PCH_RUN	K 40	116	00:00:00	**21,1 KM**	+00:47:32	7:03	8.5 (68.0%)
222	**PLUSKOTA Olga**	**1637**		K 20	43	00:00:00	**21,1 KM**	+00:47:50	7:04	8.5 (68.0%)
223	**WILIŃSKA-CHRASTEK Edyta**	**1723**		K 40	117	00:00:00	**21,1 KM**	+00:48:01	7:04	8.5 (68.0%)
224	**RAWA Donata**	**1830**		K 40	119	00:00:00	**21,1 KM**	+00:48:16	7:05	8.5 (68.0%)
225	**OLBRICH Barbara**	**1681**	MIRAZ RACE TEAM	K 40	120	00:00:00	**21,1 KM**	+00:48:16	7:05	8.5 (68.0%)
226	**ADRIAN-CZABORYK Monika**	**1823**		K 40	122	00:00:00	**21,1 KM**	+00:48:16	7:05	8.5 (68.0%)
227	**KIERMACZ Kaja**	**1322**		K 30	123	00:00:00	**21,1 KM**	+00:48:19	7:05	8.5 (68.0%)
228	**ZARCZUK Anna**	**1323**		K 40	125	00:00:00	**21,1 KM**	+00:48:34	7:06	8.4 (67.2%)
229	**SOKALSKA Marta**	**885**		K 30	124	00:00:00	**21,1 KM**	+00:48:38	7:06	8.4 (67.2%)
230	**BĄK Ilona**	**680**	OD PONIEDZIAŁKU	K 40	126	00:00:00	**21,1 KM**	+00:48:51	7:07	8.4 (67.2%)
231	**NOWACKA Ewa**	**360**		K 40	127	00:00:00	**21,1 KM**	+00:48:51	7:07	8.4 (67.2%)
232	**MERKLINGHAUS-KOBER Monika**	**867**	SPEED FEET '16/PARKRUN KOŚCIAN/12WBOT	K 40	128	00:00:00	**21,1 KM**	+00:49:07	7:07	8.4 (67.2%)
233	**KUKLA Agata**	**922**	POWOLI DO CELU	K 30	125	00:00:00	**21,1 KM**	+00:49:18	7:08	8.4 (67.2%)
234	**MARCZEWSKA Marta**	**119**	GALLOWAY TEAM ZIELONA GÓRA	K 30	127	00:00:00	**21,1 KM**	+00:49:33	7:09	8.4 (67.2%)
235	**DUDZIAK-PRZEWOŹNA Izabela**	**1134**	DOBICONNECT	K 40	129	00:00:00	**21,1 KM**	+00:49:33	7:09	8.4 (67.2%)
236	**HUNIA Karolina**	**1132**		K 30	128	00:00:00	**21,1 KM**	+00:49:36	7:09	8.4 (67.2%)
237	**POSTAWA Renata**	**38**		K 40	130	00:00:00	**21,1 KM**	+00:49:38	7:09	8.4 (67.2%)
238	**KUTYŁA Marta**	**746**		K 30	129	00:00:00	**21,1 KM**	+00:49:46	7:09	8.4 (67.2%)
239	**PIĄTKOWSKA Izabela**	**1417**		K 30	130	00:00:00	**21,1 KM**	+00:49:49	7:09	8.4 (67.2%)
240	**KĘSICKA-BLOCH Aneta**	**224**		K 30	131	00:00:00	**21,1 KM**	+00:49:51	7:09	8.4 (67.2%)
241	**ZIĘTA Katarzyna**	**661**	ORKI Z...	K 50	21	00:00:00	**21,1 KM**	+00:50:03	7:10	8.4 (67.2%)
242	**BŁAŻYŃSKA Ilona**	**865**	KATORŻNIK MUROWANA GOŚLINA	K 30	132	00:00:00	**21,1 KM**	+00:50:10	7:10	8.4 (67.2%)
243	**KĘDZIOR Natalia**	**1503**	NOWA HUTA TEAM	K 30	133	00:00:00	**21,1 KM**	+00:50:39	7:12	8.3 (66.4%)
244	**CELER Kinga**	**1716**	NOWA HUTA TEAM	K 30	134	00:00:00	**21,1 KM**	+00:50:50	7:12	8.3 (66.4%)
245	**MROCZEK Kasia**	**1450**		K 40	132	00:00:00	**21,1 KM**	+00:50:54	7:12	8.3 (66.4%)
246	**BRABAŃSKA Agata**	**1683**	KORBOLE TEAM	K 40	133	00:00:00	**21,1 KM**	+00:51:11	7:15	8.3 (66.4%)
247	**WOJTYSIAK Małgorzata**	**511**		K 30	135	00:00:00	**21,1 KM**	+00:51:21	7:14	8.3 (66.4%)
248	**BASARA Agnieszka**	**1238**		K 40	134	00:00:00	**21,1 KM**	+00:51:27	7:14	8.3 (66.4%)
249	**REIMAN Agnieszka**	**1409**		K 30	136	00:00:00	**21,1 KM**	+00:51:28	7:14	8.3 (66.4%)
250	**PONICKA Izabela**	**1446**	TEAM UJŚCIE	K 40	135	00:00:00	**21,1 KM**	+00:51:38	7:15	8.3 (66.4%)
251	**ŻARKOWSKA Dominika**	**276**		K 40	136	00:00:00	**21,1 KM**	+00:51:43	7:15	8.3 (66.4%)
252	**KUPNIEWSKA Patrycja**	**1449**		K 20	45	00:00:00	**21,1 KM**	+00:51:44	7:15	8.3 (66.4%)
253	**ŚWITAŁA Natalia**	**944**		K 20	46	00:00:00	**21,1 KM**	+00:51:48	7:15	8.3 (66.4%)
254	**PĄCZEK Weronika**	**287**	WATAHA - ŁĄCZY NAS BIEGANIE	K 20	47	00:00:00	**21,1 KM**	+00:52:04	7:16	8.3 (66.4%)
255	**SOBCZAK-KUFEL Ilona**	**99**	PATOBIEGANIE	K 30	138	00:00:00	**21,1 KM**	+00:52:07	7:16	8.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
256	**KŁACZKIEWICZ Magdalena**	**602**		K 20	48	00:00:00	**21,1 KM**	+00:52:38	7:17	8.2 (65.6%)
257	**SZWARC Karina**	**22**		K 30	139	00:00:00	**21,1 KM**	+00:52:46	7:18	8.2 (65.6%)
258	**WÓJCIK Agnieszka**	**1023**		K 30	140	00:00:00	**21,1 KM**	+00:52:49	7:18	8.2 (65.6%)
259	**PYREK Dorota**	**1542**	TROCHĘ SIĘ BIEGA	K 40	139	00:00:00	**21,1 KM**	+00:53:11	7:19	8.2 (65.6%)
260	**SZYSZKO Ewa**	**1115**	MARKOWI BIEGACZE	K 30	142	00:00:00	**21,1 KM**	+00:53:26	7:20	8.2 (65.6%)
261	**ROZPŁOCH Katarzyna**	**201**		K 30	144	00:00:00	**21,1 KM**	+00:53:38	7:20	8.2 (65.6%)
262	**MIŁOSZ Maria**	**1755**	KASZANKI	K 20	49	00:00:00	**21,1 KM**	+00:54:03	7:21	8.1 (64.8%)
263	**ZUBA Lucyna**	**413**	EKO- OKNA RUNNERS	K 50	23	00:00:00	**21,1 KM**	+00:54:22	7:22	8.1 (64.8%)
264	**MIŚKIEWICZ Lucyna**	**33**	WARTO BIEGAĆ ZAWIERCIE	K 50	24	00:00:00	**21,1 KM**	+00:54:26	7:23	8.1 (64.8%)
265	**PTASZYŃSKA Agnieszka**	**1564**		K 40	143	00:00:00	**21,1 KM**	+00:55:27	7:25	8.1 (64.8%)
266	**PORĘBSKA Wioletta**	**1483**	SALA TEAM	K 40	144	00:00:00	**21,1 KM**	+00:55:33	7:26	8.1 (64.8%)
267	**PTASZKIEWICZ Ewa**	**158**	GALLOWAY TEAM ZIELONA GÓRA	K 40	145	00:00:00	**21,1 KM**	+00:55:37	7:26	8.1 (64.8%)
268	**JANOWICZ Renata**	**679**	BIEGANIE USKRZYDLA	K 40	146	00:00:00	**21,1 KM**	+00:55:39	7:26	8.1 (64.8%)
269	**PAPKA Danuta**	**549**	ŁÓDŹ KOCHA SPORT	K 30	146	00:00:00	**21,1 KM**	+00:55:49	7:26	8.1 (64.8%)
270	**LATA Beata**	**1083**	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	K 40	147	00:00:00	**21,1 KM**	+00:56:12	7:28	8 (64.0%)
271	**RYMARZ Paulina**	**640**		K 30	147	00:00:00	**21,1 KM**	+00:56:27	7:28	8 (64.0%)
272	**POPIELARZ Renata**	**113**	GALLOWAY TEAM	K 40	148	00:00:00	**21,1 KM**	+00:57:23	7:31	8 (64.0%)
273	**OWSIANIK Sylwia**	**134**		K 40	149	00:00:00	**21,1 KM**	+00:58:02	7:33	7.9 (63.2%)
274	**TYLISZCZAK Bożena**	**1069**		K 30	148	00:00:00	**21,1 KM**	+00:58:36	7:34	7.9 (63.2%)
275	**KLUSEK Jolanta**	**1814**	YOLA YOLANDA	K 40	151	00:00:00	**21,1 KM**	+00:58:42	7:35	7.9 (63.2%)
276	**SAJEWSKA Karolina**	**450**		K 30	149	00:00:00	**21,1 KM**	+00:58:47	7:35	7.9 (63.2%)
277	**JANCZARSKA-BERGEL Katarzyna**	**874**		K 30	150	00:00:00	**21,1 KM**	+00:59:14	7:36	7.9 (63.2%)
278	**TAUDUL Urszula**	**1211**	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA	K 40	153	00:00:00	**21,1 KM**	+00:59:38	7:37	7.9 (63.2%)
279	**CIOSEK Marta**	**854**		K 30	152	00:00:00	**21,1 KM**	+01:00:03	7:39	7.8 (62.4%)
280	**CYGANEK Agnieszka**	**1177**	BEFIT24TEAM	K 40	154	00:00:00	**21,1 KM**	+01:00:13	7:39	7.8 (62.4%)
281	**SOMSKA Małgorzata**	**1319**		K 30	153	00:00:00	**21,1 KM**	+01:01:00	7:41	7.8 (62.4%)
282	**STĘPIEŃ Maria**	**508**	AKTYWNIE W PNIEWACH	K 50	25	00:00:00	**21,1 KM**	+01:01:03	7:41	7.8 (62.4%)
283	**NOWACKA Marta**	**1431**	FABRYKA NAWYKÓW	K 20	50	00:00:00	**21,1 KM**	+01:01:29	7:43	7.8 (62.4%)
284	**NADRAJKOWSKA Joanna**	**980**	DZIKIE KUNY	K 30	154	00:00:00	**21,1 KM**	+01:01:37	7:43	7.8 (62.4%)
285	**CIEŚLA Beata**	**1862**	ZABIEGAMI GOLENIÓW	K 50	26	00:00:00	**21,1 KM**	+01:02:38	7:46	7.7 (61.6%)
286	**MATUSIK Kazimiera**	**1552**	WIECZORNE BIEGANIE W SZCZECINIE	K 50	27	00:00:00	**21,1 KM**	+01:02:39	7:46	7.7 (61.6%)
287	**WOJCIECHOWSKA Wioletta**	**420**		K 50	28	00:00:00	**21,1 KM**	+01:02:53	7:47	7.7 (61.6%)
288	**MOTOWIDŁO-ZAWADZKA Izabella**	**1080**	3 FALE	K 40	158	00:00:00	**21,1 KM**	+01:03:09	7:47	7.7 (61.6%)
289	**OSUCHOWSKA Wioletta**	**296**	PKOBP	K 40	159	00:00:00	**21,1 KM**	+01:03:10	7:47	7.7 (61.6%)
290	**PRZYSTUPA Edyta**	**1615**	ŚRUNDUNIA SZCZECIN	K 30	157	00:00:00	**21,1 KM**	+01:03:31	7:48	7.7 (61.6%)
291	**ORLIŃSKA Joanna**	**1147**	SKAWINA BIEGA	K 40	161	00:00:00	**21,1 KM**	+01:03:47	7:50	7.6 (60.8%)
292	**POPŁAWSKA Małgorzata**	**315**	WIECZORNE BIEGANIE W SZCZECINIE	K 30	158	00:00:00	**21,1 KM**	+01:04:14	7:50	7.6 (60.8%)
293	**PANEK Agnieszka**	**1534**		K 40	162	00:00:00	**21,1 KM**	+01:04:17	7:51	7.6 (60.8%)
294	**KONDZIOŁA Monika**	**235**		K 30	159	00:00:00	**21,1 KM**	+01:04:54	7:52	7.6 (60.8%)
295	**WARSZEWSKA Wioletta**	**1601**		K 40	165	00:00:00	**21,1 KM**	+01:05:21	7:54	7.6 (60.8%)
296	**KIELCZYK Katarzyna**	**9**	WIECZORNE BIEGANIE W SZCZECINIE	K 40	166	00:00:00	**21,1 KM**	+01:07:24	7:59	7.5 (60.0%)
297	**KAJDAN Hanna**	**412**	KOBIETY W BIEGU	K 50	29	00:00:00	**21,1 KM**	+01:07:50	8:01	7.5 (60.0%)
298	**SZNAJDER Agnieszka**	**1376**	BIELAWSKA AKADEMIA BIEGANIA	K 40	167	00:00:00	**21,1 KM**	+01:08:03	8:01	7.5 (60.0%)
299	**KRAWCZYK Małgorzata**	**159**	BIELAWSKA AKADEMIA BIEGANIA	K 30	160	00:00:00	**21,1 KM**	+01:08:03	8:01	7.5 (60.0%)
300	**KRUPA Aleksandra**	**843**	KB MOSTKOWO	K 20	52	00:00:00	**21,1 KM**	+01:08:24	8:02	7.5 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
301	**KÜCHLER Małgorzata**	**128**	JARBUD	K 40	168	00:00:00	**21,1 KM**	+01:08:42	8:03	7.4 (59.2%)
302	**TWARDOWSKA Karolina**	**48**		K 30	161	00:00:00	**21,1 KM**	+01:09:13	8:05	7.4 (59.2%)
303	**GROCHOWSKA Joanna**	**995**	BIEGAMY Z OCHOTĄ	K 50	30	00:00:00	**21,1 KM**	+01:09:38	8:06	7.4 (59.2%)
304	**BALCERAK Aleksandra**	**351**		K 30	162	00:00:00	**21,1 KM**	+01:11:38	8:11	7.3 (58.4%)
305	**SZYDEŁKO Mariola**	**1665**	AKTYWNA KCYNIA	K 40	171	00:00:00	**21,1 KM**	+01:11:58	8:12	7.3 (58.4%)
306	**FIJAŁKOWSKA Karolina**	**909**		K 30	164	00:00:00	**21,1 KM**	+01:12:46	8:15	7.3 (58.4%)
307	**KARPIŃSKA Magdalena**	**941**	MAMY BIEGAMY/ LOCO SPORT	K 30	165	00:00:00	**21,1 KM**	+01:13:15	8:16	7.3 (58.4%)
308	**SALA-TLAŁKA Magdalena**	**1481**	SALA TEAM	K 30	168	00:00:00	**21,1 KM**	+01:13:18	8:16	7.2 (57.6%)
309	**DRABKOWSKA Agnieszka**	**1599**	CUDAKI ❤	K 40	172	00:00:00	**21,1 KM**	+01:13:32	8:17	7.2 (57.6%)
310	**RYCHEL Mariola**	**392**	E-DZIEWIARKA.PL	K 50	32	00:00:00	**21,1 KM**	+01:13:32	8:17	7.2 (57.6%)
311	**HALEJCIO Małgorzata**	**343**	MODLITWA BIEGANIA	K 40	173	00:00:00	**21,1 KM**	+01:13:53	8:18	7.2 (57.6%)
312	**TYS Małgorzata**	**1014**	WATAHA-ŁĄCZY NAS BIEGANIE	K 50	34	00:00:00	**21,1 KM**	+01:14:12	8:19	7.2 (57.6%)
313	**SEIFERT Sylwia**	**161**	SERIKON TEAM	K 40	174	00:00:00	**21,1 KM**	+01:15:50	8:23	7.1 (56.8%)
314	**BACHORSKA Monika**	**981**		K 30	171	00:00:00	**21,1 KM**	+01:15:55	8:24	7.1 (56.8%)
315	**WESOŁOWSKA Dorota**	**982**		K 30	172	00:00:00	**21,1 KM**	+01:15:55	8:24	7.1 (56.8%)
316	**MACIUKANIS Izabela**	**114**	KLUB	K 50	36	00:00:00	**21,1 KM**	+01:16:09	8:24	7.1 (56.8%)
317	**ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena**	**1120**		K 30	173	00:00:00	**21,1 KM**	+01:16:38	8:26	7.1 (56.8%)
318	**BUCHTA Kinga**	**1453**	BBKTS	K 20	54	00:00:00	**21,1 KM**	+01:17:01	8:27	7.1 (56.8%)
319	**WNUK - KEMPA Karolina**	**1733**		K 30	174	00:00:00	**21,1 KM**	+01:17:52	8:29	7.1 (56.8%)
320	**MYŚLIWIEC Monika**	**931**	POWOLI DO CELU	K 30	175	00:00:00	**21,1 KM**	+01:18:18	8:30	7 (56.0%)
321	**POGODA-BLAZIAK Katarzyna**	**1836**		K 30	176	00:00:00	**21,1 KM**	+01:18:21	8:31	7 (56.0%)
322	**SWIDEREK Sylwia**	**1201**		K 40	176	00:00:00	**21,1 KM**	+01:21:21	8:39	6.9 (55.2%)
323	**PIREK Natalia**	**87**		K 30	178	00:00:00	**21,1 KM**	+01:21:49	8:40	6.9 (55.2%)
324	**PRYBIŃSKA-MARCINIAK Anna**	**1635**	AKTYWNA KCYNIA	K 30	179	00:00:00	**21,1 KM**	+01:21:51	8:40	6.9 (55.2%)
325	**KANIEWSKA Alicja**	**1602**	AKTYWNA KCYNIA	K 30	180	00:00:00	**21,1 KM**	+01:22:58	8:44	6.9 (55.2%)
326	**WOJDAK Żaneta**	**899**		K 30	181	00:00:00	**21,1 KM**	+01:23:25	8:45	6.9 (55.2%)
327	**CIUPA-SINGAMSHETTY Anna**	**1180**	MULTIMEDIA RUNNERS PUŁAWY	K 30	182	00:00:00	**21,1 KM**	+01:23:47	8:46	6.8 (54.4%)
328	**KWIATKOWSKA Emilia**	**55**		K 30	183	00:00:00	**21,1 KM**	+01:24:45	8:49	6.8 (54.4%)
329	**JABŁOŃSKA Wiktoria**	**642**	ŚWIDNICKA GRUPA BIEGOWA	K 20	56	00:00:00	**21,1 KM**	+01:25:01	8:50	6.8 (54.4%)
330	**LOREK Marcelina**	**1045**		K 20	57	00:00:00	**21,1 KM**	+01:26:07	8:53	6.8 (54.4%)
331	**MAJCHEREK Paulina**	**53**		K 30	184	00:00:00	**21,1 KM**	+01:27:38	8:57	6.7 (53.6%)
332	**KOŁODZIEJ Elżbieta**	**1730**		K 40	177	00:00:00	**21,1 KM**	+01:28:26	8:59	6.7 (53.6%)
333	**TRUCHAN Marta**	**1788**		K 40	178	00:00:00	**21,1 KM**	+01:29:25	9:03	6.6 (52.8%)
334	**BOROWY Anna**	**1385**	HURAGAN LIGOTA	K 40	179	00:00:00	**21,1 KM**	+01:29:51	9:03	6.6 (52.8%)
335	**KOŁODZIEJ Joanna**	**1731**		K 20	58	00:00:00	**21,1 KM**	+01:30:07	9:04	6.6 (52.8%)
336	**DRECHSLER-NOWAK Magdalena**	**1422**		K 20	59	00:00:00	**21,1 KM**	+01:31:56	9:10	6.5 (52.0%)
337	**URBANSKA-KRAWCZYK Izabela**	**1249**		K 60	5	00:00:00	**21,1 KM**	+01:34:41	9:17	6.5 (52.0%)
338	**SEREDYŃSKA Magdalena**	**839**	PARKRUN GORZÓW WIELKOPOLSKI	K 30	185	00:00:00	**21,1 KM**	+01:37:50	9:26	6.4 (51.2%)
339	**BARDZIK Marzena**	**1062**	PIEKIELNIE ZGRANI	K 40	181	00:00:00	**21,1 KM**	+01:50:57	10:03	6 (48.0%)
340	**DYRDA Justyna**	**312**		K 40	182	00:00:00	**21,1 KM**	+01:51:41	10:07	5.9 (47.2%)
341	**KASPERCZAK Emilia**	**1243**	PIEKIELNIE ZGRANI	K 40	183	00:00:00	**21,1 KM**	+01:51:45	10:06	5.9 (47.2%)
342	**KLIMKOWSKA Monika**	**40**	SPORTY CZARNIECKI - CHEŁM BIEGA	K 40	184	00:00:00	**21,1 KM**	+01:53:47	10:27	5.7 (45.6%)
343	**KOWALCZYK Klaudia**	**92**	TEAM ZABIEGANEDNI	K 30	187	00:00:00	**21,1 KM**	+01:56:04	10:18	5.8 (46.4%)
344	**ANTOLIK Iwona**	**200**	MIRAZ RACE TEAM	K 50	39	00:00:00	**21,1 KM**	+01:57:42	10:22	5.8 (46.4%)
345	**KOWALCZYK Anna**	**820**	DOGOŃ GRODZISK MAZOWIECKI	K 40	186	00:00:00	**21,1 KM**	+01:58:52	10:26	5.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
346	**MOSZKA Wioletta**	**1705**		K 40	188	00:00:00	**21,1 KM**	+02:22:46	11:34	5.2 (41.6%)
347	**LER Maria**	**1436**		K 40	190	00:00:00	**21,1 KM**	+02:59:22	13:18	4.5 (36.0%)
348	**STRZELECKA Agnieszka**	**1099**		K 30	191	00:00:00	**21,1 KM**	+04:02:38	16:18	3.7 (29.6%)
349	**WIEDRO Katarzyna**	**1835**		K 30	193	00:00:00	**19,4 KM**	+00:31:42	6:51	8.7 (69.6%)
350	**SKRODZKA Aśka**	**350**	VEGE RUNNERS	K 40	191	00:00:00	**11,2 KM**	+	6:35	9.1 (72.8%)

Znaleziono 350 wynik(ów)