

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	ŁUC Andrzej	1000	POLSKA RUNNING TEAM	M 40	1	00:00:00	21,1 KM	+00:00:00	3:39	16.4 (100%)
2	NIEPOKÓJ Patryk	384	PATRYK NIEPOKÓJ	M 40	2	00:00:00	21,1 KM	+00:05:40	3:56	15.3 (93.3%)
3	PALT Tomasz	398		M 40	3	00:00:00	21,1 KM	+00:08:42	4:04	14.7 (89.6%)
4	SKRZYPKOWIAK Marcin	780	(ZLDR)	M 40	4	00:00:00	21,1 KM	+00:10:27	4:09	14.4 (87.8%)
5	KUSZCZYK Edwin	16	KEAM KOPEĆ	M 40	5	00:00:00	21,1 KM	+00:11:51	4:13	14.2 (86.6%)
6	WOLANT Sylwester	967	SPEEDTEAM BRZESZCZE	M 40	6	00:00:00	21,1 KM	+00:11:56	4:13	14.2 (86.6%)
7	SZYMCZAK Jacek	368	KB GMINA CZARNKÓW	M 40	7	00:00:00	21,1 KM	+00:14:16	4:20	13.8 (84.1%)
8	TUMIEL Daniel	1671	CALCATERRA SPORT	M 40	8	00:00:00	21,1 KM	+00:14:33	4:21	13.8 (84.1%)
9	BŁASZCZYK Robert	1817	BIEGAM SOBIE	M 40	9	00:00:00	21,1 KM	+00:15:28	4:23	13.6 (82.9%)
10	KONIOR Artur	194		M 40	10	00:00:00	21,1 KM	+00:15:37	4:24	13.6 (82.9%)
11	BZURA Jacek	734		M 40	11	00:00:00	21,1 KM	+00:15:48	4:24	13.6 (82.9%)
12	GAJEK Ireneusz	1245	ASFALTLOVE DZIKI	M 40	12	00:00:00	21,1 KM	+00:16:00	4:25	13.5 (82.3%)
13	CHRAPCZYŃSKI Krystian	1248	GRUPA BIEGOWA TRISTONE WAŁBRZYCH	M 40	13	00:00:00	21,1 KM	+00:16:11	4:28	13.4 (81.7%)
14	ZALEWSKI Maciej	926		M 40	14	00:00:00	21,1 KM	+00:16:52	4:27	13.4 (81.7%)
15	STRÓŻYŃSKI Daniel	795	WOŁÓW BIEGA	M 40	15	00:00:00	21,1 KM	+00:17:31	4:31	13.2 (80.5%)
16	BULSA Dariusz	916		M 40	16	00:00:00	21,1 KM	+00:18:06	4:31	13.3 (81.1%)
17	KALINOWSKI Daniel	1518		M 40	17	00:00:00	21,1 KM	+00:18:54	4:33	13.2 (80.5%)
18	PROBIERZ Paweł	930	1LIGATRITTEAM	M 40	18	00:00:00	21,1 KM	+00:18:56	4:33	13.2 (80.5%)
19	KUBIAK Piotr	1397	MARYSIKTEAM	M 40	19	00:00:00	21,1 KM	+00:19:13	4:34	13.1 (79.9%)
20	HEYKA Jarosław	464		M 40	20	00:00:00	21,1 KM	+00:19:22	4:34	13.1 (79.9%)
21	SUŁOWSKI Marcin	833		M 40	21	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
22	WILK Dariusz	699	MIEJSCE KŁODNICKIE	M 40	22	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
23	POLLAK Dusan	257	HQ MNC NE	M 40	23	00:00:00	21,1 KM	+00:19:38	4:36	13 (79.3%)
24	ZWIRUK Karol	293		M 40	24	00:00:00	21,1 KM	+00:20:16	4:37	13 (79.3%)
25	OLEJNIK Rafał	337	WATAHA TEAM	M 40	25	00:00:00	21,1 KM	+00:20:30	4:38	12.9 (78.7%)
26	MAŚLANY Mariusz	1513	ELEKTROMETAL ENERGETYKA	M 40	26	00:00:00	21,1 KM	+00:22:16	4:43	12.7 (77.4%)
27	SITEK Dariusz	1299	PUSZCZYKOWO/KGB MOSINA	M 40	27	00:00:00	21,1 KM	+00:22:23	4:44	12.6 (76.8%)
28	KOPEĆ Mirosław	313	WATAHA	M 40	28	00:00:00	21,1 KM	+00:22:27	4:43	12.7 (77.4%)
29	STYPUŁA Krystian	1240		M 40	29	00:00:00	21,1 KM	+00:22:35	4:44	12.7 (77.4%)
30	SANTAREK Wojciech	1698		M 40	30	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	CZEPIELEWSKI Sławomir	163	WAŁEKTEAMSZCZECIN	M 40	31	00:00:00	21,1 KM	+00:23:07	4:45	12.6 (76.8%)
32	KRASICKI Michał	1252	RUNNIN_GYM	M 40	32	00:00:00	21,1 KM	+00:23:23	4:46	12.6 (76.8%)
33	ROMSKI ORZECH Romek	1859	FUNDACJA GENERACJA - DAWCY ŻYCIA	M 40	33	00:00:00	21,1 KM	+00:23:34	4:46	12.5 (76.2%)
34	WIERBIŁOWICZ Dariusz	949		M 40	34	00:00:00	21,1 KM	+00:23:41	4:49	12.5 (76.2%)
35	WOJCIECHOWSKI Dariusz	1429	KRAKOWIAK ULTRA TEAM / I-SPORT	M 40	35	00:00:00	21,1 KM	+00:24:04	4:48	12.5 (76.2%)
36	WANATOWSKI Dariusz	1692	ZRYW RADZIEJÓW	M 40	36	00:00:00	21,1 KM	+00:24:17	4:48	12.5 (76.2%)
37	PIETRAS Piotr	773		M 40	37	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
38	MARCINKOWSKI Jacek	75	SSK ORZEŁ ŚWIESZYNO	M 40	38	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
39	PODBIELSKI Mariusz	542		M 40	39	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)
40	WEBER Paweł	1410	REHAU CROSSACTIVE	M 40	40	00:00:00	21,1 KM	+00:24:34	4:49	12.4 (75.6%)
41	CZAJKA Bartosz	1172		M 40	41	00:00:00	21,1 KM	+00:24:49	4:50	12.4 (75.6%)
42	PRZYTARSKI Łukasz	1798		M 40	42	00:00:00	21,1 KM	+00:24:56	4:50	12.4 (75.6%)
43	BURZYŃSKI Przemysław	694		M 40	43	00:00:00	21,1 KM	+00:25:11	4:51	12.3 (75.0%)
44	PTAK Marcin	1347		M 40	44	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
45	PĘKAŁA Piotr	89	SP MANOWO	M 40	45	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
46	MAJEK Krzysztof	1017	AUGUSTEAM	M 40	46	00:00:00	21,1 KM	+00:25:34	4:52	12.3 (75.0%)
47	ROMANOWICZ Piotr	579	OLD SPARTAN	M 40	47	00:00:00	21,1 KM	+00:25:37	4:52	12.3 (75.0%)
48	SOCHOŃ Zbigniew	1267	ŻARY RUNNERS TEAM	M 40	48	00:00:00	21,1 KM	+00:25:41	4:52	12.3 (75.0%)
49	WOJAKOWSKI Krzysztof	1415	K&K RUN	M 40	49	00:00:00	21,1 KM	+00:25:48	4:53	12.3 (75.0%)
50	STALKA Przemek	242	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	50	00:00:00	21,1 KM	+00:25:56	4:53	12.3 (75.0%)
51	NADOLNY Przemysław	497	PARKRUN SZCZECIN / HOŻA TEAM	M 40	51	00:00:00	21,1 KM	+00:26:03	5:02	11.9 (72.6%)
52	BREWINSKI Sylwester	569		M 40	52	00:00:00	21,1 KM	+00:26:05	4:54	12.2 (74.4%)
53	KOLENDA Krzysztof	1589	220V/KALMAR RUNNERS	M 40	53	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
54	IGNASIAK Krzysztof	655		M 40	54	00:00:00	21,1 KM	+00:26:07	4:54	12.2 (74.4%)
55	GAJEWSKI Mariusz	338	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	55	00:00:00	21,1 KM	+00:26:38	4:56	12.2 (74.4%)
56	ROSIECKI Marcin	740		M 40	56	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)
57	KACPRZAK Sławek	206	RAZEM TRENUJEMY SPORT	M 40	57	00:00:00	21,1 KM	+00:26:55	4:56	12.1 (73.8%)
58	LNIAŃY Beniamin	554	POBIEGA(L)NIAŃY	M 40	58	00:00:00	21,1 KM	+00:26:59	4:56	12.1 (73.8%)
59	FURMANIUK Jaromir	481	SAMOTNY BIAŁY ŻAGIEL	M 40	59	00:00:00	21,1 KM	+00:27:01	4:56	12.1 (73.8%)
60	PTAK Dariusz	1556	PKO BP	M 40	60	00:00:00	21,1 KM	+00:27:23	4:57	12.1 (73.8%)
61	PANUS Peter	1467		M 40	61	00:00:00	21,1 KM	+00:27:34	4:58	12.1 (73.8%)
62	HARNIK Mirek	1028	HAJIME RUN TEAM	M 40	62	00:00:00	21,1 KM	+00:27:39	4:58	12.1 (73.8%)
63	KĄDYS Marcin	1793	TRIGYM	M 40	63	00:00:00	21,1 KM	+00:27:45	4:58	12 (73.2%)
64	ŻBIKOWSKI Tomasz	1034		M 40	64	00:00:00	21,1 KM	+00:27:46	4:58	12 (73.2%)
65	BOŃCZEK Michał	705		M 40	65	00:00:00	21,1 KM	+00:28:00	4:59	12 (73.2%)
66	BYSTRY Grzegorz	484	KS LENIWIEC	M 40	66	00:00:00	21,1 KM	+00:28:18	5:00	12 (73.2%)
67	MARIN Dmytro	1690	FAMILYRUNCLUB	M 40	67	00:00:00	21,1 KM	+00:28:27	5:00	12 (73.2%)
68	SKRZYPCZYŃSKI Marcin	986		M 40	68	00:00:00	21,1 KM	+00:28:50	5:01	11.9 (72.6%)
69	MURYN Bartłomiej	1082	SBG PODBIEG	M 40	69	00:00:00	21,1 KM	+00:28:53	5:02	11.9 (72.6%)
70	STRÓŻYK Piotrek	1398		M 40	70	00:00:00	21,1 KM	+00:29:02	5:02	11.9 (72.6%)
71	ZIELONKA Witold	1330	TUP TUP POZNAŃ	M 40	71	00:00:00	21,1 KM	+00:29:09	5:02	11.9 (72.6%)
72	MARKS Maciej	516	STOWARZYSZENIE DOŁUJE KOŚCINO	M 40	72	00:00:00	21,1 KM	+00:29:14	5:03	11.9 (72.6%)
73	KAMIŃSKI Marcin	94	WQRW_TEAM POMORZE	M 40	73	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
74	SPYCHALSKI Artur	353		M 40	74	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
75	TOMALAK Marcin	314	WIECZORNE BIEGANIE W SZCZECINIE	M 40	75	00:00:00	21,1 KM	+00:29:35	5:04	11.8 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	KANICKI Marcin	1514		M 40	76	00:00:00	21,1 KM	+00:29:35	5:05	11.8 (72.0%)
77	SZMAJDOWICZ Paweł	881	FACHDOM TEAM	M 40	77	00:00:00	21,1 KM	+00:29:38	5:04	11.8 (72.0%)
78	GUZ Artur	1428	LIVE LOVE RUN	M 40	78	00:00:00	21,1 KM	+00:29:50	5:04	11.8 (72.0%)
79	CHMIELEWSKI Paweł	821		M 40	79	00:00:00	21,1 KM	+00:29:59	5:05	11.8 (72.0%)
80	SZEWCZYK Rafał	1156	VISEGRAD MARATON RYTRO	M 40	80	00:00:00	21,1 KM	+00:30:05	5:05	11.8 (72.0%)
81	KUNKA Andrzej	687		M 40	81	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
82	POLSKA Irek	496		M 40	82	00:00:00	21,1 KM	+00:30:09	5:05	11.8 (72.0%)
83	WŁODARCZYK Piotr	1719		M 40	83	00:00:00	21,1 KM	+00:30:24	5:09	11.6 (70.7%)
84	BIAŁEK Jarosław	416	ZABIEGANI OLSZTYN	M 40	84	00:00:00	21,1 KM	+00:30:28	5:06	11.7 (71.3%)
85	KITA Leszek	1495	PROGDAR MARATHON TEAM	M 40	85	00:00:00	21,1 KM	+00:30:30	5:07	11.7 (71.3%)
86	JÓZEFOWSKI Tomasz	733		M 40	86	00:00:00	21,1 KM	+00:30:32	5:06	11.7 (71.3%)
87	CHAŃKO Roman	1393		M 40	87	00:00:00	21,1 KM	+00:30:36	5:06	11.7 (71.3%)
88	JUDKIEWICZ Piotr	627	1972	M 40	88	00:00:00	21,1 KM	+00:30:46	5:07	11.7 (71.3%)
89	MYSLIWIEC Pawel	1400	POLSKA RUNNING TEAM	M 40	89	00:00:00	21,1 KM	+00:30:56	5:07	11.7 (71.3%)
90	RACHMACIEJ Krzysztof	702	KB PIONIER SZCZECIN	M 40	90	00:00:00	21,1 KM	+00:31:04	5:08	11.7 (71.3%)
91	STALMACH Damian	803	LECYMY DURŚ	M 40	91	00:00:00	21,1 KM	+00:31:05	5:08	11.7 (71.3%)
92	NIEDZIELA Rafał	1041		M 40	92	00:00:00	21,1 KM	+00:31:13	5:09	11.6 (70.7%)
93	KAŁAMUCKI Grzegorz	737	ANKA	M 40	93	00:00:00	21,1 KM	+00:31:21	5:09	11.6 (70.7%)
94	KUŻMA Krzysztof	1274		M 40	94	00:00:00	21,1 KM	+00:31:28	5:09	11.6 (70.7%)
95	JANUSZEWSKI Grzegorz	638	DHL RUN CLUB	M 40	95	00:00:00	21,1 KM	+00:31:29	5:09	11.6 (70.7%)
96	ZIOBRO Tomasz	887	KROSNO MIASTO SZKŁA	M 40	96	00:00:00	21,1 KM	+00:31:33	5:09	11.6 (70.7%)
97	SZYMAŃSKI Robert	340		M 40	97	00:00:00	21,1 KM	+00:31:36	5:09	11.6 (70.7%)
98	SZYMAŃSKI Piotr	385		M 40	98	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
99	SZYMAŃSKI Adam	1858	WOSIR WYSZKÓW	M 40	99	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
100	KUFEL Marcin	870	BREL II	M 40	100	00:00:00	21,1 KM	+00:31:57	5:12	11.5 (70.1%)
101	CEGLARZ Radek	1370		M 40	101	00:00:00	21,1 KM	+00:31:58	5:10	11.6 (70.7%)
102	WITKOWSKI Jarosław	1278	RUN INVESTMENT LIFE	M 40	102	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
103	MOSUREK Grzegorz	250	SMOK WAWELSKI	M 40	103	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
104	MARCINKOWSKI Andrzej	701		M 40	104	00:00:00	21,1 KM	+00:32:21	5:12	11.5 (70.1%)
105	WOŹNIAK Grzegorz	879		M 40	105	00:00:00	21,1 KM	+00:32:38	5:12	11.5 (70.1%)
106	OŁUB Sławek	1721	LEPSI NIŻ W CZORAJ	M 40	106	00:00:00	21,1 KM	+00:32:48	5:13	11.5 (70.1%)
107	WIADERNY Tomasz	1724		M 40	107	00:00:00	21,1 KM	+00:33:02	5:13	11.5 (70.1%)
108	JASTRZĘBSKI Daniel	1648	SOPURE MILLINERY	M 40	108	00:00:00	21,1 KM	+00:33:07	5:14	11.5 (70.1%)
109	FUMINKOWSKI Arkadiusz	426	GRUPA BIEGOWA ALEKSANDRÓW KUJAWSKI	M 40	109	00:00:00	21,1 KM	+00:33:08	5:14	11.5 (70.1%)
110	KOŁTUN Wojtek	76		M 40	110	00:00:00	21,1 KM	+00:33:09	5:14	11.5 (70.1%)
111	PRAWDA Sebastian	1820	WIECZORNE BIEGANIE W SZCZECINIE	M 40	111	00:00:00	21,1 KM	+00:33:17	5:14	11.4 (69.5%)
112	PAŃCZYSZYN Mariusz	436		M 40	112	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
113	OSTROWSKI Sylwester	407	STARGARD JA SIĘ NIE ŚCIGAM	M 40	113	00:00:00	21,1 KM	+00:33:24	5:14	11.4 (69.5%)
114	KUBASIK Tomasz	814	KUBASIK TEAM	M 40	114	00:00:00	21,1 KM	+00:33:28	5:16	11.4 (69.5%)
115	KOWALSKI Artur	1743		M 40	115	00:00:00	21,1 KM	+00:33:47	5:15	11.4 (69.5%)
116	STRĄCZEK Grzegorz	1304		M 40	116	00:00:00	21,1 KM	+00:33:50	5:16	11.4 (69.5%)
117	DUDA Jacek	690		M 40	117	00:00:00	21,1 KM	+00:33:53	5:16	11.4 (69.5%)
118	KORSAKOV Kostiantyn	1636	-	M 40	118	00:00:00	21,1 KM	+00:33:59	5:16	11.4 (69.5%)
119	WOJTULEWSKI Dariusz	1396		M 40	119	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
120	KOZIARA Dionizy	1079		M 40	120	00:00:00	21,1 KM	+00:34:10	5:17	11.4 (69.5%)

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121	SZKUDLAREK Michał	1010	RUN-LOG.COM	M 40	121	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
122	PASZKO Daniel	1834	WIECZORNE BIEGANIE W SZCZECINIE / KOMPAS TEAM POLICE	M 40	122	00:00:00	21,1 KM	+00:34:13	5:17	11.3 (68.9%)
123	HANARZ Jacek	1388	DRUŻYNA SZPIKU	M 40	123	00:00:00	21,1 KM	+00:34:16	5:17	11.3 (68.9%)
124	KRASIŃSKI Witold	1728		M 40	124	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
125	KAROLKIEWICZ Ryszard	1051		M 40	125	00:00:00	21,1 KM	+00:34:37	5:18	11.3 (68.9%)
126	LASKOWSKI Przemysław	1123	PKB KMP KALISZ	M 40	126	00:00:00	21,1 KM	+00:34:47	5:18	11.3 (68.9%)
127	ŁUBIŃSKI Krzysztof	432		M 40	127	00:00:00	21,1 KM	+00:34:53	5:19	11.3 (68.9%)
128	WIŚNIEWSKI Marcin	218		M 40	128	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
129	KRAJEWSKI Wojciech	1121		M 40	129	00:00:00	21,1 KM	+00:35:06	5:19	11.3 (68.9%)
130	PREJS Kamil	39		M 40	130	00:00:00	21,1 KM	+00:35:14	5:20	11.2 (68.3%)
131	ZYCH Dawid	1631	SPARTANIE DZIECIOM	M 40	131	00:00:00	21,1 KM	+00:35:16	5:20	11.2 (68.3%)
132	SOŚNIAK Jacek	683		M 40	132	00:00:00	21,1 KM	+00:35:27	5:20	11.2 (68.3%)
133	CHMIELEWSKI Paweł	599		M 40	133	00:00:00	21,1 KM	+00:35:28	5:20	11.2 (68.3%)
134	ZIELINSKI Marcin	1563	FIZJOBIEGACZE	M 40	134	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
135	BIERNACKI Aleksander	1197		M 40	135	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
136	ADAMOWICZ Paweł	1607	B/S/H/ RUNNING TEAM	M 40	136	00:00:00	21,1 KM	+00:35:38	5:21	11.2 (68.3%)
137	WACEWICZ Rafał	304	AIKIRUNNERS	M 40	137	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
138	GABRYELEWICZ Rafał	647		M 40	138	00:00:00	21,1 KM	+00:36:03	5:22	11.2 (68.3%)
139	KOWALSKI Roman	1437		M 40	139	00:00:00	21,1 KM	+00:36:24	5:23	11.1 (67.7%)
140	BESZCZYŃSKI Kornel	1560	PARKRUN TORUŃ	M 40	140	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
141	KOPER Adam	322	KB SKÓRKA	M 40	141	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
142	RAKOCZY Paweł	1761		M 40	142	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
143	RUSZCZAK Tomasz	571		M 40	143	00:00:00	21,1 KM	+00:36:35	5:23	11.1 (67.7%)
144	STAROSTKA Jacek	1550	PKO BANK POLSKI BIEGAJMY RAZEM	M 40	144	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
145	KAFEL Mariusz	1126	PKO BP SA	M 40	145	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)
146	SZACH Andrzej	390	22KBPG	M 40	146	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
147	KACPROWSKI Filip	1591	WKURW_TEAM	M 40	147	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
148	SZUMIŁOWSKI Przemysław	1293	1975	M 40	148	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
149	SOŁTYSEK Marcin	626		M 40	149	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
150	SKRZYPCZAK Jędrzej	529		M 40	150	00:00:00	21,1 KM	+00:37:04	5:25	11.1 (67.7%)
151	GOŁĘBIEWSKI Daniel	563	KOSZULKOWYCONCEPT	M 40	151	00:00:00	21,1 KM	+00:37:09	5:26	11 (67.1%)
152	DYCHTO Michał	203	MICHAŁ, JOLA, JANEK, CECYLKA	M 40	152	00:00:00	21,1 KM	+00:37:20	5:26	11 (67.1%)
153	SIKORA Tomasz	156	WICHER SIENIAWA	M 40	153	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
154	FEREK Maciej	1762		M 40	154	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
155	GRZESZCZAK Piotr	1499	DELL TECHNOLOGIES	M 40	155	00:00:00	21,1 KM	+00:37:32	5:26	11 (67.1%)
156	ŚWIEJKOWSKI Rafał	1381		M 40	156	00:00:00	21,1 KM	+00:37:34	5:26	11 (67.1%)
157	KIEŁTYKA Robert	2		M 40	157	00:00:00	21,1 KM	+00:37:40	5:27	11 (67.1%)
158	ŚWIERZKO Artur	514	1975	M 40	158	00:00:00	21,1 KM	+00:37:44	5:27	11 (67.1%)
159	ENGEL Jan	1767		M 40	159	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
160	KOŁODZIEJCZAK Artur	144	NIGHT RUNNERS WRZEŚNIA	M 40	160	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
161	MALINOWSKI Marcin	1151	MY LIFE MY WAY	M 40	161	00:00:00	21,1 KM	+00:37:59	5:27	11 (67.1%)
162	BURAWSKI Piotr	1327	DĄBROWSKI TEAM	M 40	162	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
163	FREDRICH Maik	499	ITAX	M 40	163	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
164	PIPCZYŃSKI Sławomir	715		M 40	164	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
165	PACZKOWSKI Jarosław	1646	OLD RASCALS	M 40	165	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	KASZOWSKI Marcin	1181	KASZKI TEAM	M 40	166	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
167	MARKOWICZ Robert	330	RAWA TIM ZAWSZE SLIM	M 40	167	00:00:00	21,1 KM	+00:38:15	5:28	11 (67.1%)
168	BAŁAMĄCEK Tomasz	1792	PROGDAR MARATHON TEAM	M 40	168	00:00:00	21,1 KM	+00:38:17	5:28	10.9 (66.5%)
169	MROWIEC Piotr	1295	MPK RUNNERS	M 40	169	00:00:00	21,1 KM	+00:38:17	5:29	10.9 (66.5%)
170	CHWIŁKA Mariusz	1237	KLUB BIEGACZA JYSK	M 40	170	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
171	KRÓL Hubert	906		M 40	171	00:00:00	21,1 KM	+00:38:31	5:32	10.8 (65.9%)
172	KIERA Szymon	812		M 40	172	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)
173	KOZINIEC Krystian	809	DRUŻYNA FILIPA	M 40	173	00:00:00	21,1 KM	+00:38:42	5:29	10.9 (66.5%)
174	RYMER Wojciech	1796	WŁASNY JEDNOOSOBOWY	M 40	174	00:00:00	21,1 KM	+00:38:43	5:30	10.9 (66.5%)
175	SZUBERT Rafał	326	SPEEDBROTHERS	M 40	175	00:00:00	21,1 KM	+00:38:47	5:30	10.9 (66.5%)
176	POMORSKI Sławomir	1158	KB WIKON NOWA SÓL	M 40	176	00:00:00	21,1 KM	+00:38:48	5:30	10.9 (66.5%)
177	CYRAN Tadeusz	471	BOHARY PALETA RUNNERS	M 40	177	00:00:00	21,1 KM	+00:38:49	5:30	10.9 (66.5%)
178	GOŹDZIEWSKI Adam	955		M 40	178	00:00:00	21,1 KM	+00:38:52	5:30	10.9 (66.5%)
179	MALINOWSKI Bartek	152		M 40	179	00:00:00	21,1 KM	+00:38:54	5:30	10.9 (66.5%)
180	WAJDZIAK Marcin	1195		M 40	180	00:00:00	21,1 KM	+00:39:03	5:30	10.9 (66.5%)
181	MICHAŁOWSKI Tomasz	1686		M 40	181	00:00:00	21,1 KM	+00:39:18	5:31	10.9 (66.5%)
182	ISZCZAK Kazimierz	1682		M 40	182	00:00:00	21,1 KM	+00:39:20	5:31	10.9 (66.5%)
183	BANASIAK Andrzej	352		M 40	183	00:00:00	21,1 KM	+00:39:39	5:32	10.8 (65.9%)
184	MAKOWSKI Mariusz	848	MAFIA TEAM LUBLINIEC	M 40	184	00:00:00	21,1 KM	+00:39:40	5:32	10.8 (65.9%)
185	ROGOWSKI Arek	135	BG PROJECT	M 40	185	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
186	RATAJCZAK Konrad	765	TROCHĘ JUŻ BIEGAM ,)	M 40	186	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
187	SURDAKCI Piotr	248		M 40	187	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
188	GĘBSKI Mariusz	1707		M 40	188	00:00:00	21,1 KM	+00:39:49	5:33	10.8 (65.9%)
189	WOLSKI Tomasz	1509	WIECZORNE BIEGANIE W SZCZECINIE	M 40	189	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
190	STRZYGA Mariusz	1223		M 40	190	00:00:00	21,1 KM	+00:39:58	5:33	10.8 (65.9%)
191	KUBIAK Marcin	1741	ZJEDNOCZONE SŁUŻBY MUNDUROWE KĄTY WROCŁAWSKIE	M 40	191	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
192	JARZĄBEK Robert	1153		M 40	192	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
193	MAŁECKI Grzegorz	165		M 40	193	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
194	CHMIELEWSKI Tomasz	1470	RACEHARD/GBBO	M 40	194	00:00:00	21,1 KM	+00:40:09	5:34	10.8 (65.9%)
195	GIBAS Jacek	1595		M 40	195	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
196	JAROSZEWICZ Grzegorz	1399	KB PIONIER SZCZECIN	M 40	196	00:00:00	21,1 KM	+00:40:30	5:35	10.7 (65.2%)
197	MOL Rafał	283	GRUPA BIEGOWA ENERGY KACZORY	M 40	197	00:00:00	21,1 KM	+00:40:32	5:35	10.7 (65.2%)
198	KOMENZA Marcin	1684		M 40	198	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
199	DUPLA Konrad	1127		M 40	199	00:00:00	21,1 KM	+00:40:39	5:35	10.7 (65.2%)
200	SIWIEC Robert	1228	PLIK TEAM	M 40	200	00:00:00	21,1 KM	+00:40:42	5:35	10.7 (65.2%)
201	LIJEWSKI Tomasz	1266	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	201	00:00:00	21,1 KM	+00:40:44	5:37	10.7 (65.2%)
202	BEREZOWSKI Marcin	1286		M 40	202	00:00:00	21,1 KM	+00:40:47	5:35	10.7 (65.2%)
203	KRZEŚNIEWSKI Marcin	1294	ROWEROWY ZAŁOM	M 40	203	00:00:00	21,1 KM	+00:40:56	5:36	10.7 (65.2%)
204	MACIĄG Krzysztof	575		M 40	204	00:00:00	21,1 KM	+00:40:57	5:36	10.7 (65.2%)
205	ADAMCZYK Bernard	245		M 40	205	00:00:00	21,1 KM	+00:40:58	5:36	10.7 (65.2%)
206	PRUSZKOWSKI Szymon	1803	ZALASEWO	M 40	206	00:00:00	21,1 KM	+00:41:02	5:36	10.7 (65.2%)
207	NIEKOREK Sebastian	1276	PYRZYCE BIEGAJĄ	M 40	207	00:00:00	21,1 KM	+00:41:06	5:36	10.7 (65.2%)
208	MUMOT Dariusz	1854	RADZYMIN RUN TEAM	M 40	208	00:00:00	21,1 KM	+00:41:12	5:37	10.7 (65.2%)
209	KITA Piotr	1076	351 KLP	M 40	209	00:00:00	21,1 KM	+00:41:32	5:38	10.7 (65.2%)
210	MACIEJEWSKI Krystian	1734	POLSKA RUNNING TEAM	M 40	210	00:00:00	21,1 KM	+00:41:37	5:38	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
211	HUSZCZA Piotr	1114	PYRZYCE BIEGAJĄ	M 40	211	00:00:00	21,1 KM	+00:41:43	5:38	10.6 (64.6%)
212	ROLLA Dorian	429		M 40	212	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
213	RACINOWSKI Marcin	311		M 40	213	00:00:00	21,1 KM	+00:41:47	5:38	10.6 (64.6%)
214	JÓŹWIAK Arkadiusz	1352		M 40	214	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
215	TCHÓRZ Dariusz	1853		M 40	215	00:00:00	21,1 KM	+00:42:00	5:39	10.6 (64.6%)
216	DOMINIAK Tomasz	1633		M 40	216	00:00:00	21,1 KM	+00:42:06	5:39	10.6 (64.6%)
217	BABIŃSKI Sławek	1873	HANMON.PL	M 40	217	00:00:00	21,1 KM	+00:42:10	5:39	10.6 (64.6%)
218	SCHMIDT Mariusz	587	ORANGE POLSKA	M 40	218	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
219	CIENIUCH Krzysztof	620	OSTRY CIEŃ MGLY	M 40	219	00:00:00	21,1 KM	+00:42:17	5:40	10.6 (64.6%)
220	LESZCZYŃSKI Artur	813	BBL	M 40	220	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
221	TOBJASZ Maciej	1265		M 40	221	00:00:00	21,1 KM	+00:42:24	5:41	10.5 (64.0%)
222	BOROWSKI Marcin	1087	MIND GROUP	M 40	222	00:00:00	21,1 KM	+00:42:27	5:40	10.6 (64.6%)
223	STANEK Paweł	605		M 40	223	00:00:00	21,1 KM	+00:42:33	5:40	10.6 (64.6%)
224	KALISZAN Damian	934		M 40	224	00:00:00	21,1 KM	+00:42:36	5:41	10.6 (64.6%)
225	KAZMIERCZAK Grzegorz	1229		M 40	225	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
226	CHWEDORCZUK Robert	1476		M 40	226	00:00:00	21,1 KM	+00:42:38	5:41	10.6 (64.6%)
227	WALKOWIAK Jacek	1074		M 40	227	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
228	GABOR Krzysztof	1634		M 40	228	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
229	MATUSZAK Krzysztof	768	MATUSZAK TEAM	M 40	229	00:00:00	21,1 KM	+00:42:47	5:41	10.5 (64.0%)
230	ROSZAK Tomasz	1460	NIGHT RUNNERS WRZEŚNIA	M 40	230	00:00:00	21,1 KM	+00:42:48	5:42	10.5 (64.0%)
231	TABISZ Marcin	834		M 40	231	00:00:00	21,1 KM	+00:42:49	5:42	10.5 (64.0%)
232	PIETRZAK Krzysztof	1139		M 40	232	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
233	PUSTUŁKA Adam	249		M 40	233	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
234	RYCHEL Radosław	391	E-DZIEWIARKA.PL	M 40	234	00:00:00	21,1 KM	+00:42:51	5:41	10.5 (64.0%)
235	GIDELSKI Rafał	1105		M 40	235	00:00:00	21,1 KM	+00:42:59	5:42	10.5 (64.0%)
236	STRELCOW Krzysztof	837		M 40	236	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
237	WEYNA Rafał	1318	RUCHAWE MISIE Z BIAŁEGO DOMKU	M 40	237	00:00:00	21,1 KM	+00:43:08	5:42	10.5 (64.0%)
238	POTOCZNIK Tomasz	1085		M 40	238	00:00:00	21,1 KM	+00:43:10	5:42	10.5 (64.0%)
239	ROGOZIŃSKI Artur	1748	BIEGAM BO LUBIĘ	M 40	239	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
240	PYZIK Grzegorz	228		M 40	240	00:00:00	21,1 KM	+00:43:13	5:42	10.5 (64.0%)
241	ZĄBCZYK Jakub	124		M 40	241	00:00:00	21,1 KM	+00:43:18	5:43	10.5 (64.0%)
242	TOBOŁA Robert	306		M 40	242	00:00:00	21,1 KM	+00:43:31	5:43	10.5 (64.0%)
243	GAWRON Andrzej	483		M 40	243	00:00:00	21,1 KM	+00:43:36	5:43	10.5 (64.0%)
244	. Sasza44	963	LECHICI ZIELONKA	M 40	244	00:00:00	21,1 KM	+00:43:41	5:44	10.5 (64.0%)
245	KAPRUZIAK Waldemar	1210		M 40	245	00:00:00	21,1 KM	+00:43:45	5:44	10.5 (64.0%)
246	LESZCZ Jarosław	557		M 40	246	00:00:00	21,1 KM	+00:44:32	5:46	10.4 (63.4%)
247	ROMAN Krzysztof	154		M 40	247	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
248	CIEŚLA Arkadiusz	1346	BIEGAMY Z SERCEM.PL	M 40	248	00:00:00	21,1 KM	+00:44:43	5:47	10.4 (63.4%)
249	SUTULA Krzysztof	502		M 40	249	00:00:00	21,1 KM	+00:44:59	5:47	10.4 (63.4%)
250	ZAWLIK Tomasz	739	KAŻDA KROPLA POTU MA SENS	M 40	250	00:00:00	21,1 KM	+00:45:13	5:48	10.3 (62.8%)
251	PRUSZANOW Marcin	622	KB HERMES GRYFINO	M 40	251	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
252	BORKOWSKI Marek	1366		M 40	252	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
253	KOZŁOWSKI Adam	1848	WIECZORNE BIEGANIE W SZCZECINIE	M 40	253	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
254	MARCINOWSKI Krzysztof	1765	RUN4FUN	M 40	254	00:00:00	21,1 KM	+00:45:19	5:48	10.3 (62.8%)
255	MAŁECKI Artur	662		M 40	255	00:00:00	21,1 KM	+00:45:26	5:49	10.3 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
256	PERLEGA Marcin	1490	BAKPAK.PL	M 40	256	00:00:00	21,1 KM	+00:45:40	5:49	10.3 (62.8%)
257	SYCAN Krzysztof	1887	PKO BANK POLSKI / BIEGAM NA TARCHOMINIE	M 40	257	00:00:00	21,1 KM	+00:45:44	5:49	10.3 (62.8%)
258	JARMUŻEWSKI Adam	1242	TIA	M 40	258	00:00:00	21,1 KM	+00:45:52	5:50	10.3 (62.8%)
259	BOJKO Marek	58		M 40	259	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
260	ZIMNY Ireneusz	288		M 40	260	00:00:00	21,1 KM	+00:46:09	5:51	10.3 (62.8%)
261	HUDEREK Łukasz	1766		M 40	261	00:00:00	21,1 KM	+00:46:35	5:52	10.2 (62.2%)
262	BENTKOWSKI Tomasz	1055	POBIEDZISKA RUNNING TEAM	M 40	262	00:00:00	21,1 KM	+00:46:37	5:52	10.2 (62.2%)
263	FORMAS Łukasz	592		M 40	263	00:00:00	21,1 KM	+00:47:13	5:54	10.2 (62.2%)
264	GRULKOWSKI Damian	1008		M 40	264	00:00:00	21,1 KM	+00:47:14	5:54	10.2 (62.2%)
265	M Michał	1003		M 40	265	00:00:00	21,1 KM	+00:47:29	5:54	10.1 (61.6%)
266	WENGER Oliver	789	HAJ BOTSCHAFTER	M 40	266	00:00:00	21,1 KM	+00:47:37	5:57	10.1 (61.6%)
267	ŁODYGOWSKI Hubert	977		M 40	267	00:00:00	21,1 KM	+00:47:40	5:55	10.1 (61.6%)
268	JOB Piotr	403		M 40	268	00:00:00	21,1 KM	+00:47:43	5:55	10.1 (61.6%)
269	BARANOWSKI Marcin	1384		M 40	269	00:00:00	21,1 KM	+00:47:56	5:56	10.1 (61.6%)
270	KOZERA Sławek	187		M 40	270	00:00:00	21,1 KM	+00:48:08	5:56	10.1 (61.6%)
271	SŁAWSKI Arkadiusz	30	MORSY KONIN	M 40	271	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
272	MATUSZCZYK Krzysztof	1411		M 40	272	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
273	BLIZNIAK Duży	1863		M 40	273	00:00:00	21,1 KM	+00:48:17	5:57	10.1 (61.6%)
274	FILOCHOWSKI Daniel	1350	AKTYWNAPSZCZYNA	M 40	274	00:00:00	21,1 KM	+00:48:31	5:57	10.1 (61.6%)
275	STĘPNIAK Lesław	280		M 40	275	00:00:00	21,1 KM	+00:48:37	5:58	10.1 (61.6%)
276	BOROWIEC Arkadiusz	1369	CHEŁM BIEGA	M 40	276	00:00:00	21,1 KM	+00:48:42	5:59	10 (61.0%)
277	GARBACZ Zbigniew	591		M 40	277	00:00:00	21,1 KM	+00:48:58	5:59	10 (61.0%)
278	CIESZKIEWICZ Jarosław	990		M 40	278	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
279	GRABOWSKI Grzegorz	1169	ASTMA GDAŃSK	M 40	279	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
280	CHMARA Sebastian	1753	ZAWISZA	M 40	280	00:00:00	21,1 KM	+00:49:21	6:00	10 (61.0%)
281	PRZĄDKA Michał	441	OPALENICKI KLUB BIEGACZA	M 40	281	00:00:00	21,1 KM	+00:49:23	6:00	10 (61.0%)
282	BUSS Jakub	897	KUDOWIANKA RUN	M 40	282	00:00:00	21,1 KM	+00:49:44	6:01	10 (61.0%)
283	BIELECKI Tadeusz	749	UKS SIÓDEMKĄ RUMIA	M 40	283	00:00:00	21,1 KM	+00:49:46	6:01	10 (61.0%)
284	ŻBEL Michał	1231	HRMAX ŻORY	M 40	284	00:00:00	21,1 KM	+00:49:50	6:01	10 (61.0%)
285	SZARZEC Przemysław	728		M 40	285	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
286	OSZUST Marcin	1427	CHEŁMSKA GRUPA TRIATHLONU	M 40	286	00:00:00	21,1 KM	+00:50:06	6:02	9.9 (60.4%)
287	RZEŹNICZAK Przemysław	1168	ŻAGAŃSKIE DZIKI	M 40	287	00:00:00	21,1 KM	+00:50:09	6:02	9.9 (60.4%)
288	ŻUCHOWSKI Łukasz	1106	TROCHĘ RURZYCA	M 40	288	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
289	WRÓBLEWSKI Michał	1657		M 40	289	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
290	MARCINEK Rafał	446	MARCINEK TEAM	M 40	290	00:00:00	21,1 KM	+00:50:16	6:02	9.9 (60.4%)
291	CHYBIŃSKI Marcin	532		M 40	291	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
292	RĘPAŁSKI Marcin	911	BRYGADA RR	M 40	292	00:00:00	21,1 KM	+00:50:35	6:03	9.9 (60.4%)
293	SZMYT Mariusz	1491		M 40	293	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
294	JANASZ Andrzej	1497		M 40	294	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
295	KOWNACKI Bartłomiej	251		M 40	295	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
296	KALINOWSKI Krzysztof	1810	GOGGLE PAE TEAM	M 40	296	00:00:00	21,1 KM	+00:50:44	6:05	9.8 (59.8%)
297	KRZEMIONKA Daniel	1426		M 40	297	00:00:00	21,1 KM	+00:50:50	6:04	9.9 (60.4%)
298	IWAŃSKI Arkadiusz	1679		M 40	298	00:00:00	21,1 KM	+00:50:55	6:04	9.9 (60.4%)
299	GURAK Tomasz	1613	STARGARD	M 40	299	00:00:00	21,1 KM	+00:50:56	6:04	9.9 (60.4%)
300	ANIOŁA-KUSZ Dominik	513		M 40	300	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
301	KOZIMOR Mariusz	1380	USB USTKA	M 40	301	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
302	PUCH Tomasz	1722		M 40	302	00:00:00	21,1 KM	+00:51:02	6:05	9.9 (60.4%)
303	ZAWADZKI Klaudiusz	1332		M 40	303	00:00:00	21,1 KM	+00:51:27	6:06	9.8 (59.8%)
304	KUŚ Marcin Tomasz	875	AKTYWNA BYDGOSZCZ	M 40	304	00:00:00	21,1 KM	+00:51:28	6:06	9.8 (59.8%)
305	CUDNOWSKI Leszek	1292	GDAŃSK POŁUDNIE / BIEGAMBOWARTO.PL	M 40	305	00:00:00	21,1 KM	+00:51:31	6:06	9.8 (59.8%)
306	KURKOWSKI Jarosław	1806	RUNNERB	M 40	306	00:00:00	21,1 KM	+00:51:40	6:06	9.8 (59.8%)
307	CZERNIACHOWSKI Artur	37	BOHAR PALETY RUNNERS	M 40	307	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
308	GOŁĘBIEWSKI Łukasz	1365	RUNTEAM NASIELSK	M 40	308	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
309	GRABNER Johann	237		M 40	309	00:00:00	21,1 KM	+00:51:54	6:07	9.8 (59.8%)
310	GÓRSKI Grzegorz	1608		M 40	310	00:00:00	21,1 KM	+00:51:55	6:07	9.8 (59.8%)
311	FRITZ Karol	730		M 40	311	00:00:00	21,1 KM	+00:52:13	6:08	9.8 (59.8%)
312	WRÓBEL Wojtek	370	SZCZYTKOWICE W BIEGU	M 40	312	00:00:00	21,1 KM	+00:52:27	6:09	9.8 (59.8%)
313	WINKEL Jerzy	239		M 40	313	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
314	PONCYLIUSZ Artur	277		M 40	314	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
315	JAGIELSKI Łukasz	1512		M 40	315	00:00:00	21,1 KM	+00:52:57	6:10	9.7 (59.1%)
316	KOWALSKI Jarosław	645	RAZ	M 40	316	00:00:00	21,1 KM	+00:53:11	6:11	9.7 (59.1%)
317	LIDZBARSKI Adam	402		M 40	317	00:00:00	21,1 KM	+00:53:19	6:11	9.7 (59.1%)
318	WRĘBIAK Dariusz	689		M 40	318	00:00:00	21,1 KM	+00:53:26	6:11	9.7 (59.1%)
319	WÓJCIK Jacek	1663	KARBUD - W DRODZE DO CELU	M 40	319	00:00:00	21,1 KM	+00:53:29	6:11	9.7 (59.1%)
320	DOPIERAŁA Sławomir	1517		M 40	320	00:00:00	21,1 KM	+00:53:30	6:12	9.7 (59.1%)
321	KOHLMAN Wojciech	1672		M 40	321	00:00:00	21,1 KM	+00:53:49	6:12	9.7 (59.1%)
322	ADAMUS Janusz	559	AKTYWNA BYDGOSZCZ	M 40	322	00:00:00	21,1 KM	+00:53:51	6:13	9.7 (59.1%)
323	KARPIŃSKI Łukasz	861		M 40	323	00:00:00	21,1 KM	+00:53:54	6:13	9.6 (58.5%)
324	KUTNIK Roman	1458		M 40	324	00:00:00	21,1 KM	+00:54:01	6:15	9.6 (58.5%)
325	HOFFMANN Rafał	621	KLUB BIEGACZY JYSK	M 40	325	00:00:00	21,1 KM	+00:54:03	6:13	9.6 (58.5%)
326	HILLEMANN Andreas	1666		M 40	326	00:00:00	21,1 KM	+00:54:10	6:13	9.6 (58.5%)
327	PASZKIEWICZ Paweł	1407		M 40	327	00:00:00	21,1 KM	+00:54:30	6:14	9.6 (58.5%)
328	RÓG Krzysztof	455	ZDYSZAAANI	M 40	328	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
329	GRABOWICZ Paweł	950	TEAM UJŚCIE	M 40	329	00:00:00	21,1 KM	+00:54:35	6:15	9.6 (58.5%)
330	PONICKI Tomasz	1447		M 40	330	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
331	SZEWCZYK Mariusz	1395		M 40	331	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
332	BŁĄDEK Rafał	6		M 40	332	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
333	WĄTOR Marcin	67		M 40	333	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
334	WRÓBEL Artur	1052		M 40	334	00:00:00	21,1 KM	+00:55:01	6:16	9.6 (58.5%)
335	ADAMCZUK Feliks	1221	KROS GÓRSKI IM. JERZEGO KORTZA	M 40	335	00:00:00	21,1 KM	+00:55:12	6:16	9.6 (58.5%)
336	DĄBROWSKI Marcin	1300	TEAM KORNEL	M 40	336	00:00:00	21,1 KM	+00:55:21	6:17	9.5 (57.9%)
337	BORKOWSKI Robert	920		M 40	337	00:00:00	21,1 KM	+00:55:36	6:18	9.5 (57.9%)
338	GAŁKA Grzegorz	517		M 40	338	00:00:00	21,1 KM	+00:55:45	6:18	9.5 (57.9%)
339	JAWOREK Rafał	255	WSPÓLNA TEAM	M 40	339	00:00:00	21,1 KM	+00:55:57	6:19	9.5 (57.9%)
340	CISLAK Roman	584		M 40	340	00:00:00	21,1 KM	+00:56:17	6:19	9.5 (57.9%)
341	ZOMERFELD Tomasz	309		M 40	341	00:00:00	21,1 KM	+00:56:25	6:21	9.4 (57.3%)
342	POKORNY Tomasz	1717	KB KROKUS KWIATKOWICE	M 40	342	00:00:00	21,1 KM	+00:56:37	6:20	9.5 (57.9%)
343	WOŹNIAK Mariusz	1002		M 40	343	00:00:00	21,1 KM	+00:56:49	6:21	9.4 (57.3%)
344	WUJDA Mirosław	1822		M 40	344	00:00:00	21,1 KM	+00:57:02	6:22	9.4 (57.3%)
345	SADOWSKI Daniel	1324	WIECZORNE BIEGANIE W SZCZECINE	M 40	345	00:00:00	21,1 KM	+00:57:33	6:23	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
346	DEMCZAR Jacek	793		M 40	346	00:00:00	21,1 KM	+00:57:38	6:25	9.3 (56.7%)
347	BORUSZEWSKI Maciej	1658		M 40	347	00:00:00	21,1 KM	+00:57:46	6:24	9.4 (57.3%)
348	ZAROBIAK Piotr	831		M 40	348	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
349	MELZER Arkadiusz	741		M 40	349	00:00:00	21,1 KM	+00:57:50	6:24	9.4 (57.3%)
350	BZDUN Jacek	876		M 40	350	00:00:00	21,1 KM	+00:58:11	6:26	9.3 (56.7%)
351	OSSIG Krzysztof	996	NO EXCUSES TEAM	M 40	351	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
352	MROZIŃSKI Albert	335		M 40	352	00:00:00	21,1 KM	+00:59:10	6:28	9.3 (56.7%)
353	PIETRZAK Radosław	519		M 40	353	00:00:00	21,1 KM	+00:59:12	6:28	9.3 (56.7%)
354	ŚMIECH Mariusz	1066		M 40	354	00:00:00	21,1 KM	+00:59:27	6:30	9.2 (56.1%)
355	NOWAK Artur	1344	A&G CARP TEAM	M 40	355	00:00:00	21,1 KM	+00:59:34	6:29	9.2 (56.1%)
356	LICHACZEWSKI Konrad	1857		M 40	356	00:00:00	21,1 KM	+00:59:46	6:29	9.2 (56.1%)
357	BUDZIŃSKI Zbigniew	970		M 40	357	00:00:00	21,1 KM	+00:59:48	6:29	9.2 (56.1%)
358	GĘBALA Paweł	1567		M 40	358	00:00:00	21,1 KM	+00:59:50	6:30	9.2 (56.1%)
359	PLUSKOTA Przemysław	1621		M 40	359	00:00:00	21,1 KM	+01:00:20	6:31	9.2 (56.1%)
360	URBANIAK Marek	268		M 40	360	00:00:00	21,1 KM	+01:00:21	6:31	9.2 (56.1%)
361	JAROSZ Tomasz	1310		M 40	361	00:00:00	21,1 KM	+01:00:41	6:32	9.2 (56.1%)
362	JERZY Jarosław	1628		M 40	362	00:00:00	21,1 KM	+01:00:43	6:32	9.2 (56.1%)
363	BYCZKOWSKI Jan	1077		M 40	363	00:00:00	21,1 KM	+01:00:50	6:32	9.2 (56.1%)
364	KUBIŚ Kamil	105	5K	M 40	364	00:00:00	21,1 KM	+01:00:57	6:34	9.1 (55.5%)
365	TOMCZYK Krzysztof	1271		M 40	365	00:00:00	21,1 KM	+01:00:59	6:33	9.2 (56.1%)
366	FANDRYCH Krzysztof	1154		M 40	366	00:00:00	21,1 KM	+01:01:16	6:34	9.1 (55.5%)
367	ODZINKOWSKI Łukasz	1786	TRINEGU	M 40	367	00:00:00	21,1 KM	+01:01:40	6:35	9.1 (55.5%)
368	DUDENKO Jerzy	685		M 40	368	00:00:00	21,1 KM	+01:01:45	6:35	9.1 (55.5%)
369	BUDNY Tomasz	355		M 40	369	00:00:00	21,1 KM	+01:02:32	6:37	9.1 (55.5%)
370	KONTAKIEWICZ Daniel	1626		M 40	370	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
371	WŁODARCZYK Wojciech	1875		M 40	371	00:00:00	21,1 KM	+01:02:40	6:38	9 (54.9%)
372	GOLKA Sebastian	1184		M 40	372	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
373	FILIP Bartosz	1819		M 40	373	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
374	SKORUPIŃSKI Paweł	1758	BARLINEK RUN FOREST TEAM	M 40	374	00:00:00	21,1 KM	+01:03:01	6:39	9 (54.9%)
375	WU WU Maciej	1652		M 40	375	00:00:00	21,1 KM	+01:03:10	6:39	9 (54.9%)
376	CZASAK Grzegorz	1696	WITKOWO BIEGA	M 40	376	00:00:00	21,1 KM	+01:03:11	6:39	9 (54.9%)
377	KRZYSZTOFIAK Robert	954		M 40	377	00:00:00	21,1 KM	+01:03:18	6:41	9 (54.9%)
378	BIELECKI Krzysztof	965		M 40	378	00:00:00	21,1 KM	+01:03:43	6:41	9 (54.9%)
379	ŁUKACKI Daniel	1439		M 40	379	00:00:00	21,1 KM	+01:03:54	6:41	9 (54.9%)
380	MAŁEK Paweł	1780	DECARUN RZESZÓW	M 40	380	00:00:00	21,1 KM	+01:03:56	6:41	9 (54.9%)
381	OWSIANOWSKI Szymon	503	ŽADEN	M 40	381	00:00:00	21,1 KM	+01:04:09	6:42	8.9 (54.3%)
382	FIGIEL Mariusz	763		M 40	382	00:00:00	21,1 KM	+01:04:15	6:42	8.9 (54.3%)
383	PACYNA Wojciech	1094	#BYLEDOMETY	M 40	383	00:00:00	21,1 KM	+01:04:34	6:43	8.9 (54.3%)
384	KUCHARSKI Jakub	473	JKU1979	M 40	384	00:00:00	21,1 KM	+01:04:41	6:43	8.9 (54.3%)
385	JÓZEF Marek	122		M 40	385	00:00:00	21,1 KM	+01:04:47	6:44	8.9 (54.3%)
386	BANASIAK Piotr	1655		M 40	386	00:00:00	21,1 KM	+01:04:54	6:44	8.9 (54.3%)
387	BUDZIAREK Adam	61	#BBKTS	M 40	387	00:00:00	21,1 KM	+01:05:07	6:45	8.9 (54.3%)
388	KOWALCZYK Jan	1831	WIECZORNE BIEGANIE W SZCZECINIE	M 40	388	00:00:00	21,1 KM	+01:05:45	6:46	8.8 (53.7%)
389	KOZIATEK Mariusz	5		M 40	389	00:00:00	21,1 KM	+01:06:00	6:47	8.8 (53.7%)
390	MAGRYTA Robert	1482		M 40	390	00:00:00	21,1 KM	+01:06:07	6:48	8.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
391	PINTOWSKI Piotr	1777		M 40	391	00:00:00	21,1 KM	+01:06:08	6:47	8.8 (53.7%)
392	ROJEWSKI Piotr	1664		M 40	392	00:00:00	21,1 KM	+01:06:18	6:48	8.8 (53.7%)
393	MISIOR Michał	393		M 40	393	00:00:00	21,1 KM	+01:06:21	6:48	8.8 (53.7%)
394	WARMUZ Krzysztof	940	BYTOM	M 40	394	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
395	KĄŁWIŃSKI Mariusz	1647	WATAHA TEAM POZNAŃ	M 40	395	00:00:00	21,1 KM	+01:06:52	6:50	8.8 (53.7%)
396	PUJSZO Sławomir	401	CHWASZCZYNO BIEGA	M 40	396	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
397	KAWCZYŃSKI Maciej	521	RAZ SZCZECIN	M 40	397	00:00:00	21,1 KM	+01:07:07	6:50	8.8 (53.7%)
398	PAJĄK Paweł	1784		M 40	398	00:00:00	21,1 KM	+01:07:08	6:50	8.8 (53.7%)
399	CICHOCKI Jakub	217	DRUŻYNA SZPIKU	M 40	399	00:00:00	21,1 KM	+01:07:23	6:51	8.7 (53.0%)
400	PUŁAWSKI Rafał	1408		M 40	400	00:00:00	21,1 KM	+01:07:26	6:51	8.7 (53.0%)
401	PAWLAK Piotr	757		M 40	401	00:00:00	21,1 KM	+01:07:30	6:56	8.7 (53.0%)
402	KOWALSKI Bartosz	710	ŁĄCZKA TEAM LEGNICA	M 40	402	00:00:00	21,1 KM	+01:07:40	6:52	8.7 (53.0%)
403	PAWŁOWSKI Marcin	1881		M 40	403	00:00:00	21,1 KM	+01:07:44	6:52	8.7 (53.0%)
404	HILLEMANN Andreas	1459	TEAM ERDINGER ALKOHOLFREI	M 40	404	00:00:00	21,1 KM	+01:07:50	6:52	8.7 (53.0%)
405	GĄSIOREK Janusz	1261	1971	M 40	405	00:00:00	21,1 KM	+01:07:59	6:53	8.7 (53.0%)
406	PASZKOWSKI Cezary	1251	LEŚNE SZYCHY	M 40	406	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
407	RADOŻYCKI Radek	438		M 40	407	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
408	ADAMCZAK Grzegorz	726		M 40	408	00:00:00	21,1 KM	+01:08:38	6:55	8.7 (53.0%)
409	DUDZIAK Adam	1129	DOBICONNECT	M 40	409	00:00:00	21,1 KM	+01:08:50	6:55	8.7 (53.0%)
410	JANKOWIAK Bartosz	1845	26,2	M 40	410	00:00:00	21,1 KM	+01:09:24	6:57	8.6 (52.4%)
411	ROGAŁA Adrian	123	WKURW_TEAM	M 40	411	00:00:00	21,1 KM	+01:09:43	6:58	8.6 (52.4%)
412	FIEBICH Zbigniew	230	LUCKY LUKI	M 40	412	00:00:00	21,1 KM	+01:09:52	6:58	8.6 (52.4%)
413	MALINOWSKI Przemek	453	BODAIKAN	M 40	413	00:00:00	21,1 KM	+01:09:58	6:58	8.6 (52.4%)
414	BAJOR Rafał	1357	REBELLION OF FREE RUNNERS	M 40	414	00:00:00	21,1 KM	+01:10:43	7:00	8.6 (52.4%)
415	KUCZYŃSKI Rafał	1545	26 2	M 40	415	00:00:00	21,1 KM	+01:10:54	7:01	8.5 (51.8%)
416	PADEWSKI Zenon	1566	ORANGE POLSKA	M 40	416	00:00:00	21,1 KM	+01:11:10	7:02	8.5 (51.8%)
417	FRYT Marcin	641	ROZBIEGANE MYSŁOWICE	M 40	417	00:00:00	21,1 KM	+01:11:43	7:03	8.5 (51.8%)
418	SZCZEPANOWSKI Andrzej	1368		M 40	418	00:00:00	21,1 KM	+01:11:58	7:04	8.5 (51.8%)
419	MAZUREK Rafał	924	KIRU	M 40	419	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
420	KAPUŚCIŃSKI Wojciech	1367		M 40	420	00:00:00	21,1 KM	+01:12:17	7:06	8.4 (51.2%)
421	MATWIEJCZYK Krzysztof	266	KB WYSZKÓW	M 40	421	00:00:00	21,1 KM	+01:12:21	7:05	8.5 (51.8%)
422	SKRODZKI Tomasz	358	BACZYNA BULLS	M 40	422	00:00:00	21,1 KM	+01:12:41	7:06	8.4 (51.2%)
423	PRZEWOŻNY Grzegorz	1133	DOBICONNECT	M 40	423	00:00:00	21,1 KM	+01:13:07	7:07	8.4 (51.2%)
424	KACZMAREK Adam	1485		M 40	424	00:00:00	21,1 KM	+01:13:10	7:07	8.4 (51.2%)
425	BASIAK Przemysław	1838		M 40	425	00:00:00	21,1 KM	+01:15:03	7:13	8.3 (50.6%)
426	GĄSKA Maciej	598	PĘDZĄCE ŚLIMAKI	M 40	426	00:00:00	21,1 KM	+01:15:25	7:14	8.3 (50.6%)
427	JASTRZĘBSKI Adam	1540		M 40	427	00:00:00	21,1 KM	+01:16:08	7:16	8.2 (50.0%)
428	WÓJTOWICZ Marcin	1570	LG	M 40	428	00:00:00	21,1 KM	+01:16:12	7:16	8.2 (50.0%)
429	BALON Marcin	935		M 40	429	00:00:00	21,1 KM	+01:16:17	7:17	8.2 (50.0%)
430	SAŃKA Paweł	192		M 40	430	00:00:00	21,1 KM	+01:16:20	7:16	8.2 (50.0%)
431	CZOŁHAN Damian	143		M 40	431	00:00:00	21,1 KM	+01:16:32	7:17	8.2 (50.0%)
432	RACIBORSKI Marek	1576	TRUCHTOWO 42.195 / DRUŻYNA SZPIKU	M 40	432	00:00:00	21,1 KM	+01:16:55	7:18	8.2 (50.0%)
433	ŻYCKI Tomasz	1851	TOMASZ ŻYCKI	M 40	433	00:00:00	21,1 KM	+01:17:52	7:21	8.2 (50.0%)
434	MODRZEJEWSKI Wojciech	553	WT CHOJNICE	M 40	434	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
435	SYDORUK Michał	1057	CZERWONAK BIEGA	M 40	435	00:00:00	21,1 KM	+01:19:30	7:25	8.1 (49.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
436	STOSZ Bartosz	1316		M 40	436	00:00:00	21,1 KM	+01:20:24	7:28	8 (48.8%)
437	TOMOLIK Adam	570		M 40	437	00:00:00	21,1 KM	+01:20:32	7:28	8 (48.8%)
438	BLUSZCZ Dariusz	138		M 40	438	00:00:00	21,1 KM	+01:20:41	7:29	8 (48.8%)
439	KACZMAREK Krzysztof	1345	K2	M 40	439	00:00:00	21,1 KM	+01:20:56	7:30	8 (48.8%)
440	KOZŁOWSKI Marcin	65	#KOZIOŁKI_TEAM	M 40	440	00:00:00	21,1 KM	+01:23:03	7:36	7.9 (48.2%)
441	KROTOS Krzysztof	651	OQS	M 40	441	00:00:00	21,1 KM	+01:25:00	7:41	7.8 (47.6%)
442	KOLIBCZYNSKI Dariusz	142	PŁOCK BIEGA NO AGE LIMIT	M 40	442	00:00:00	21,1 KM	+01:25:43	7:43	7.8 (47.6%)
443	CIOSEK Marcin	816		M 40	443	00:00:00	21,1 KM	+01:26:20	7:45	7.7 (47.0%)
444	MOTYKA Ernest	1353		M 40	444	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
445	WASILEWSKI Michał	162	WATAHA - ŁĄCZY NAS BIEGANIE	M 40	445	00:00:00	21,1 KM	+01:28:31	7:51	7.6 (46.3%)
446	KURASIŃSKI Robert	1401		M 40	446	00:00:00	21,1 KM	+01:28:47	7:54	7.6 (46.3%)
447	KRUPA Marek	1275		M 40	447	00:00:00	21,1 KM	+01:29:03	7:53	7.6 (46.3%)
448	BĘGOWSKI Marek	1226	WŁOCHATE GRUBASKI	M 40	448	00:00:00	21,1 KM	+01:30:28	7:57	7.5 (45.7%)
449	KRÓL Grzegorz	1307		M 40	449	00:00:00	21,1 KM	+01:30:29	7:57	7.5 (45.7%)
450	BARAN Przemysław	382		M 40	450	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
451	LUDYGA Krystian	1007		M 40	451	00:00:00	21,1 KM	+01:33:19	8:05	7.4 (45.1%)
452	KRUPA Daniel	1024	STARGARD JA SIĘ NIE ŚCIIGAM.	M 40	452	00:00:00	21,1 KM	+01:34:38	8:09	7.4 (45.1%)
453	KOMUDA Mariusz	1455	SARTORI SPORT KLUB	M 40	453	00:00:00	21,1 KM	+01:35:15	8:10	7.3 (44.5%)
454	KASPRZAK Tomasz	137		M 40	454	00:00:00	21,1 KM	+01:38:40	8:20	7.2 (43.9%)
455	FRĄTCZAK Ireneusz	141	GMINA GRĘBOCICE	M 40	455	00:00:00	21,1 KM	+01:40:08	8:24	7.1 (43.3%)
456	ZIELIŃSKI Wojciech	753		M 40	456	00:00:00	21,1 KM	+01:40:19	8:25	7.1 (43.3%)
457	CIUPA Wojciech	952	MULTIMEDIA RUNNERS PUŁAWY	M 40	457	00:00:00	21,1 KM	+01:40:49	8:26	7.1 (43.3%)
458	JESSA Andrzej	1244	BIEGACZE JÓZEFA NOJI	M 40	458	00:00:00	21,1 KM	+01:42:24	8:31	7 (42.7%)
459	BIGOS Grzegorz	467	GRAMMI	M 40	459	00:00:00	21,1 KM	+01:43:59	8:35	7 (42.7%)
460	FARSCHTSCHIYAN Jens	19	BGFT	M 40	460	00:00:00	21,1 KM	+02:07:07	9:41	6.2 (37.8%)
461	BAĆ Wiesław	1860		M 40	461	00:00:00	21,1 KM	+02:08:47	9:46	6.1 (37.2%)
462	CEMPLA Bartek	1709	QUEST PRO	M 40	462	00:00:00	21,1 KM	+02:19:09	10:15	5.8 (35.4%)
463	LUBAŚ Bartłomiej	28	ONS - ODCHUDZANIE NA SPORTOWO	M 40	463	00:00:00	21,1 KM	+02:20:09	10:18	5.8 (35.4%)
464	WARNIEŁŁO Rafał	1216		M 40	464	00:00:00	21,1 KM	+02:40:55	11:17	5.3 (32.3%)
465	STOLARCZYK Daniel	1726	ZABIEGANY SKARYSZEW	M 40	465	00:00:00	21,1 KM	+02:43:50	11:25	5.2 (31.7%)
466	WIDEROWSKI Mariusz	966		M 40	466	00:00:00	20,4 KM	+00:59:14	6:41	9 (54.9%)
467	BIELECKI Tadeusz	750	UKS SIÓDEMKA RUMIA	M 40	467	00:00:00	20,2 KM	+00:49:46	6:18	9.5 (57.9%)
468	KRAWCZAK Krzysztof	975	TT SZCZECIN	M 40	468	00:00:00	19,4 KM	+00:35:56	5:51	10.3 (62.8%)
469	WARZAŁA Tomasz	1713	OLUSIARUN	M 40	469	00:00:00	15,4 KM	+00:11:33	5:46	10.4 (63.4%)

Znaleziono 469 wynik(ów)