

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	ŁUC Andrzej	1000	POLSKA RUNNING TEAM	M 40	1	00:00:00	21,1 KM	+00:00:00	3:39	16.4 (100%)
2	VOLKOV Viktor	1735	O CO BIEGA	M 30	1	00:00:00	21,1 KM	+00:01:47	3:44	16 (97.6%)
3	TOKAREK Przemysław	1876	BIEGAMBOLUBIĘ GUBIN	M 30	2	00:00:00	21,1 KM	+00:02:47	3:47	15.8 (96.3%)
4	KUCKI Kamil	1247	ASFALTLOVE DZIKI	M 30	3	00:00:00	21,1 KM	+00:04:08	3:51	15.5 (94.5%)
5	NIEPOKÓJ Patryk	384	PATRYK NIEPOKÓJ	M 40	2	00:00:00	21,1 KM	+00:05:40	3:56	15.3 (93.3%)
6	LEŚNIAK Mateusz	1855		M 20	1	00:00:00	21,1 KM	+00:05:42	3:56	15.2 (92.7%)
7	STUBIEDA Robert	115	KARLINOBIEGAJ	M 30	4	00:00:00	21,1 KM	+00:08:12	4:03	14.8 (90.2%)
8	KOMOROWSKI Tomasz	858		M 30	5	00:00:00	21,1 KM	+00:08:40	4:04	14.7 (89.6%)
9	PALT Tomasz	398		M 40	3	00:00:00	21,1 KM	+00:08:42	4:04	14.7 (89.6%)
10	POŁCZYŃSKI Mateusz	849		M 20	2	00:00:00	21,1 KM	+00:09:07	4:05	14.6 (89.0%)
11	STACHOWIAK Łukasz	818		M 30	6	00:00:00	21,1 KM	+00:09:51	4:09	14.4 (87.8%)
12	SZEWCZYK Łukasz	1405	REHAU CROSSACTIVE	M 30	7	00:00:00	21,1 KM	+00:09:54	4:08	14.5 (88.4%)
13	VOJAK Tamas	979		M 30	8	00:00:00	21,1 KM	+00:10:20	4:09	14.4 (87.8%)
14	ŁOJKO Michał Esteban	1035	MISIA:* - KOCHAM CIE CORECZKO (R DKA)	M 30	9	00:00:00	21,1 KM	+00:10:21	4:09	14.4 (87.8%)
15	SKRZYPKOWIAK Marcin	780	(ZLDR)	M 40	4	00:00:00	21,1 KM	+00:10:27	4:09	14.4 (87.8%)
16	KOŚMIDER Mateusz	721		M 20	3	00:00:00	21,1 KM	+00:11:22	4:12	14.3 (87.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
17	KUSZCZYK Edwin	16	KEAM KOPEĆ	M 40	5	00:00:00	21,1 KM	+00:11:51	4:13	14.2 (86.6%)
18	WOLANT Sylwester	967	SPEEDTEAM BRZESZCZE	M 40	6	00:00:00	21,1 KM	+00:11:56	4:13	14.2 (86.6%)
19	DYCZYŃSKI Leszek	452	KU PAMIĘCI POLEGŁYCH ŻOŁNIERZY 12 BZ	M 30	10	00:00:00	21,1 KM	+00:13:37	4:18	13.9 (84.8%)
20	KOBYŁECKI Mateusz	427	DOKĄD NOCĄ TUPTA JEŻ?	M 20	4	00:00:00	21,1 KM	+00:14:08	4:20	13.8 (84.1%)
21	KIDA Rafał	433	SOKOŁÓW TEAM	M 30	11	00:00:00	21,1 KM	+00:14:09	4:20	13.8 (84.1%)
22	CZABAJ Jacek	775	KWIDZYN BIEGA	M 50	1	00:00:00	21,1 KM	+00:14:13	4:20	13.8 (84.1%)
23	WÓJTOWICZ Przemysław	430	OSP WZGÓRZE	M 30	12	00:00:00	21,1 KM	+00:14:15	4:21	13.8 (84.1%)
24	SZYMCZAK Jacek	368	KB GMINA CZARNKÓW	M 40	7	00:00:00	21,1 KM	+00:14:16	4:20	13.8 (84.1%)
25	SROKA Adam	378	KB GMINA CZARNKÓW	M 30	13	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
26	MARKOWSKI Dariusz	1206	BBL GUBIN	M 20	5	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
27	TUMIEL Daniel	1671	CALCATERRA SPORT	M 40	8	00:00:00	21,1 KM	+00:14:33	4:21	13.8 (84.1%)
28	FURMAŃSKI Marcin	41	ZIELONAESENCJA.PL	M 30	14	00:00:00	21,1 KM	+00:14:36	4:21	13.8 (84.1%)
29	GÓRNIAK Przemek	1586	12 BZ „KU CZCI PAMIĘCI”	M 20	6	00:00:00	21,1 KM	+00:15:10	4:23	13.7 (83.5%)
30	BŁASZCZYK Robert	1817	BIEGAM SOBIE	M 40	9	00:00:00	21,1 KM	+00:15:28	4:23	13.6 (82.9%)
31	PIĘTKA Maciej	1808		M 30	15	00:00:00	21,1 KM	+00:15:34	4:24	13.6 (82.9%)
32	KONIOR Artur	194		M 40	10	00:00:00	21,1 KM	+00:15:37	4:24	13.6 (82.9%)
33	KRENN Peter	523	DIE KOCHANILES	M 30	16	00:00:00	21,1 KM	+00:15:39	4:24	13.6 (82.9%)
34	BZURA Jacek	734		M 40	11	00:00:00	21,1 KM	+00:15:48	4:24	13.6 (82.9%)
35	GAJEK Ireneusz	1245	ASFALTLOVE DZIKI	M 40	12	00:00:00	21,1 KM	+00:16:00	4:25	13.5 (82.3%)
36	MANDZIEJ Marek	1414	DTR BIEGA / MARIO TEAM	M 30	17	00:00:00	21,1 KM	+00:16:06	4:25	13.5 (82.3%)
37	CHRAPCZYŃSKI Krystian	1248	GRUPA BIEGOWA TRISTONE WAŁBRZYCH	M 40	13	00:00:00	21,1 KM	+00:16:11	4:28	13.4 (81.7%)
38	KOWALSKI Tomasz	735	12BZ "KU CZCI PAMIĘCI"	M 30	18	00:00:00	21,1 KM	+00:16:12	4:26	13.5 (82.3%)
39	ZYCHLA Grzegorz	1813	SU 07	M 30	19	00:00:00	21,1 KM	+00:16:15	4:28	13.4 (81.7%)
40	MAJEWSKI Krystian	1340	RUNEDA	M 30	20	00:00:00	21,1 KM	+00:16:40	4:27	13.5 (82.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
41	ZALEWSKI Maciej	926		M 40	14	00:00:00	21,1 KM	+00:16:52	4:27	13.4 (81.7%)
42	PAPIERAK Wojciech	1620		M 50	2	00:00:00	21,1 KM	+00:17:07	4:28	13.4 (81.7%)
43	KRÓLEWIAK Rafał	1870		M 20	7	00:00:00	21,1 KM	+00:17:30	4:29	13.3 (81.1%)
44	STRÓŻYŃSKI Daniel	795	WOŁÓW BIEGA	M 40	15	00:00:00	21,1 KM	+00:17:31	4:31	13.2 (80.5%)
45	BULSA Dariusz	916		M 40	16	00:00:00	21,1 KM	+00:18:06	4:31	13.3 (81.1%)
46	JASTAK Paweł	669		M 30	21	00:00:00	21,1 KM	+00:18:47	4:33	13.2 (80.5%)
47	KALINOWSKI Daniel	1518		M 40	17	00:00:00	21,1 KM	+00:18:54	4:33	13.2 (80.5%)
48	PROBIERZ Paweł	930	1LIGATRITEAM	M 40	18	00:00:00	21,1 KM	+00:18:56	4:33	13.2 (80.5%)
49	RUSIN Adrian	603		M 20	8	00:00:00	21,1 KM	+00:19:04	4:34	13.1 (79.9%)
50	KUBIAK Piotr	1397	MARYSIKTEAM	M 40	19	00:00:00	21,1 KM	+00:19:13	4:34	13.1 (79.9%)
51	HEYKA Jarosław	464		M 40	20	00:00:00	21,1 KM	+00:19:22	4:34	13.1 (79.9%)
52	MICHLEWICZ Krzysiek	1297		M 30	22	00:00:00	21,1 KM	+00:19:28	4:35	13.1 (79.9%)
53	SULOWSKI Marcin	833		M 40	21	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
54	WILK Dariusz	699	MIEJSCE KŁODNICKIE	M 40	22	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
55	POLLAK Dusan	257	HQ MNC NE	M 40	23	00:00:00	21,1 KM	+00:19:38	4:36	13 (79.3%)
56	ANDRZEJCZAK Roman	871		M 50	3	00:00:00	21,1 KM	+00:19:45	4:36	13 (79.3%)
57	ZWIRUK Karol	293		M 40	24	00:00:00	21,1 KM	+00:20:16	4:37	13 (79.3%)
58	OLEJNIK Rafał	337	WATAHA TEAM	M 40	25	00:00:00	21,1 KM	+00:20:30	4:38	12.9 (78.7%)
59	SZCZEPAŃSKI Adam	1220	KB PIONIER SZCZECIN	M 30	23	00:00:00	21,1 KM	+00:20:48	4:39	12.9 (78.7%)
60	DUCHIŃSKI Wojciech	1372	OSIELSKO	M 50	4	00:00:00	21,1 KM	+00:21:03	4:39	12.9 (78.7%)
61	SMOLIŃSKI Marek	1053		M 30	24	00:00:00	21,1 KM	+00:21:09	4:42	12.7 (77.4%)
62	ŻYTOWIECKI Dawid	1342		M 30	25	00:00:00	21,1 KM	+00:21:39	4:41	12.8 (78.0%)
63	UTECHT Sławomir	574		M 30	26	00:00:00	21,1 KM	+00:21:43	4:41	12.8 (78.0%)
64	RÓZGA Grzegorz	829	TEAM TERMINATORUN	M 20	9	00:00:00	21,1 KM	+00:21:48	4:41	12.8 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
65	STADNIK Maciej	653		M 20	10	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
66	JANUSZ Żywicki	1349	KB PIONIER SZCZECIN	M 50	5	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
67	PASIERSKI Mateusz	423	ZAKWAS KOLKA SKURCZ TEAM	M 30	27	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
68	URBAŃSKI Paweł	1506	KERK PALM IS TEAM	M 50	6	00:00:00	21,1 KM	+00:21:57	4:42	12.7 (77.4%)
69	KONIOR Michał	1466		M 30	28	00:00:00	21,1 KM	+00:21:58	4:42	12.7 (77.4%)
70	LASKOWSKI Marcin	1457	MAD RUNNERS	M 30	29	00:00:00	21,1 KM	+00:21:59	4:42	12.7 (77.4%)
71	NADROWSKI Kamil	60		M 30	30	00:00:00	21,1 KM	+00:22:05	4:42	12.7 (77.4%)
72	NIEWĘGŁOWSKI Arkadiusz	1166		M 20	11	00:00:00	21,1 KM	+00:22:08	4:42	12.7 (77.4%)
73	NIEWIADOMSKI Paweł	43		M 30	31	00:00:00	21,1 KM	+00:22:11	4:42	12.7 (77.4%)
74	MAŚLANY Mariusz	1513	ELEKTROMETAL ENERGETYKA	M 40	26	00:00:00	21,1 KM	+00:22:16	4:43	12.7 (77.4%)
75	STOLORZ Wojciech	590	IMIELIN BIEGA	M 30	32	00:00:00	21,1 KM	+00:22:17	4:43	12.7 (77.4%)
76	SITEK Dariusz	1299	PUSZCZYKOWO/KGB MOSINA	M 40	27	00:00:00	21,1 KM	+00:22:23	4:44	12.6 (76.8%)
77	KOPEĆ Mirosław	313	WATAHA	M 40	28	00:00:00	21,1 KM	+00:22:27	4:43	12.7 (77.4%)
78	STYPUŁA Krystian	1240		M 40	29	00:00:00	21,1 KM	+00:22:35	4:44	12.7 (77.4%)
79	KOPCZYŃSKI Marcin	1058	SYCOWICE BIEGIEM	M 30	33	00:00:00	21,1 KM	+00:22:41	4:44	12.7 (77.4%)
80	BUDA Krzysztof	1088		M 50	7	00:00:00	21,1 KM	+00:22:42	4:44	12.7 (77.4%)
81	KOZAK Krzysztof	267		M 50	8	00:00:00	21,1 KM	+00:22:54	4:45	12.6 (76.8%)
82	MANTUR Paweł	173		M 30	34	00:00:00	21,1 KM	+00:22:58	4:46	12.6 (76.8%)
83	SANTAREK Wojciech	1698		M 40	30	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)
84	SKRZYPCZAK Jakub	1113		M 20	12	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)
85	CZEPIELEWSKI Sławomir	163	WAŁEKTEAMSZCZECIN	M 40	31	00:00:00	21,1 KM	+00:23:07	4:45	12.6 (76.8%)
86	DRYGAS Rafał	474		M 30	35	00:00:00	21,1 KM	+00:23:17	4:46	12.6 (76.8%)
87	WAIS Mariusz	1520		M 30	36	00:00:00	21,1 KM	+00:23:20	4:46	12.5 (76.2%)
88	KRASICKI Michał	1252	RUNNIN_GYM	M 40	32	00:00:00	21,1 KM	+00:23:23	4:46	12.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
89	LARSEN Jack	1479		M 30	37	00:00:00	21,1 KM	+00:23:24	4:46	12.6 (76.8%)
90	BAŁACHOWSKI Tomasz	443	UKS-T VICTORIA CHOJNA	M 50	9	00:00:00	21,1 KM	+00:23:31	4:46	12.6 (76.8%)
91	ROMSKI ORZECH Romek	1859	FUNDACJA GENERACJA - DAWCY ŻYCIA	M 40	33	00:00:00	21,1 KM	+00:23:34	4:46	12.5 (76.2%)
92	FILIPIAK Adam	631	ŁÓDŹ KOCHA SPORT	M 30	38	00:00:00	21,1 KM	+00:23:37	4:47	12.5 (76.2%)
93	PIOTROWSKI Bogdan	600		M 30	39	00:00:00	21,1 KM	+00:23:40	4:47	12.5 (76.2%)
94	KANDYBOWICZ Kamil	1109		M 20	13	00:00:00	21,1 KM	+00:23:40	4:47	12.5 (76.2%)
95	WIERBIŁOWICZ Dariusz	949		M 40	34	00:00:00	21,1 KM	+00:23:41	4:49	12.5 (76.2%)
96	SEIFERT Mariusz	346	ROZBIEGANE MYSŁOWICE	M 30	40	00:00:00	21,1 KM	+00:23:53	4:47	12.5 (76.2%)
97	NIEDOBA Oliwier	278		M 20	14	00:00:00	21,1 KM	+00:23:53	4:47	12.5 (76.2%)
98	GRZESIK Paweł	828	1993	M 20	15	00:00:00	21,1 KM	+00:24:00	4:48	12.5 (76.2%)
99	WOJCIECHOWSKI Dariusz	1429	KRAKOWIAK ULTRA TEAM / I-SPORT	M 40	35	00:00:00	21,1 KM	+00:24:04	4:48	12.5 (76.2%)
100	STWORA Robert	1382	ZUW DEL KOSZALIN	M 30	41	00:00:00	21,1 KM	+00:24:06	4:48	12.5 (76.2%)
101	CHWARŚCIANEK Bolesław	1529	KB GMINA CZARNKOW	M 60	1	00:00:00	21,1 KM	+00:24:07	4:48	12.5 (76.2%)
102	DROBYSZEWSKI Krzysztof	1090		M 30	42	00:00:00	21,1 KM	+00:24:08	4:48	12.5 (76.2%)
103	MARCZAK Krzysztof	1632	STARE BABICE BIEGAJĄ	M 20	16	00:00:00	21,1 KM	+00:24:09	4:48	12.5 (76.2%)
104	BIELAK Tomasz	480		M 30	43	00:00:00	21,1 KM	+00:24:11	4:48	12.5 (76.2%)
105	WANATOWSKI Dariusz	1692	ZRYW RADZIEJÓW	M 40	36	00:00:00	21,1 KM	+00:24:17	4:48	12.5 (76.2%)
106	URBASIK Mariusz	305	AKTYWNI RYDUŁTOWY	M 50	10	00:00:00	21,1 KM	+00:24:23	4:49	12.4 (75.6%)
107	PIETRAS Piotr	773		M 40	37	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
108	MARCINKOWSKI Jacek	75	SSK ORZEŁ ŚWIESZYNO	M 40	38	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
109	PAWLAK Marek	1687		M 30	44	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)
110	PODBIELSKI Mariusz	542		M 40	39	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)
111	WEBER Paweł	1410	REHAU CROSSACTIVE	M 40	40	00:00:00	21,1 KM	+00:24:34	4:49	12.4 (75.6%)
112	SKUMIAŁ Oskar	1619	USB USTKA	M 30	45	00:00:00	21,1 KM	+00:24:46	4:50	12.4 (75.6%)

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113	TYSZUK Artur	907	POLSKA RUNNING TEAM	M 30	46	00:00:00	21,1 KM	+00:24:47	4:51	12.3 (75.0%)
114	DORNIAK Karol	1868		M 30	47	00:00:00	21,1 KM	+00:24:48	4:52	12.3 (75.0%)
115	CZAJKA Bartosz	1172		M 40	41	00:00:00	21,1 KM	+00:24:49	4:50	12.4 (75.6%)
116	KUCHTA Piotr	1198	KB PIONIER SZCZECIN	M 30	48	00:00:00	21,1 KM	+00:24:51	4:50	12.4 (75.6%)
117	PRZYTARSKI Łukasz	1798		M 40	42	00:00:00	21,1 KM	+00:24:56	4:50	12.4 (75.6%)
118	BARTELA Łukasz	1598	TEAMOCHAL	M 30	49	00:00:00	21,1 KM	+00:25:04	4:51	12.4 (75.6%)
119	BURZYŃSKI Przemysław	694		M 40	43	00:00:00	21,1 KM	+00:25:11	4:51	12.3 (75.0%)
120	MACHERA Rafał	404		M 20	17	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
121	PTAK Marcin	1347		M 40	44	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
122	GRACZYK Tomasz	223		M 30	50	00:00:00	21,1 KM	+00:25:21	4:51	12.3 (75.0%)
123	ROJEWSKI Wojciech	1694	MOJE BIEGOWE HIMALAJE	M 30	51	00:00:00	21,1 KM	+00:25:23	4:52	12.3 (75.0%)
124	PĘKAŁA Piotr	89	SP MANOWO	M 40	45	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
125	MIROWSKI Zbigniew	1068		M 50	11	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
126	KOŁODZIEJCZYK Marcin	604		M 30	52	00:00:00	21,1 KM	+00:25:27	4:52	12.3 (75.0%)
127	MAJEK Krzysztof	1017	AUGUSTEAM	M 40	46	00:00:00	21,1 KM	+00:25:34	4:52	12.3 (75.0%)
128	ROMANOWICZ Piotr	579	OLD SPARTAN	M 40	47	00:00:00	21,1 KM	+00:25:37	4:52	12.3 (75.0%)
129	GWIAZDA Sebastian	811		M 20	18	00:00:00	21,1 KM	+00:25:40	4:52	12.3 (75.0%)
130	SOCHOŃ Zbigniew	1267	ŻARY RUNNERS TEAM	M 40	48	00:00:00	21,1 KM	+00:25:41	4:52	12.3 (75.0%)
131	BARTEL Piotr	1525		M 30	53	00:00:00	21,1 KM	+00:25:43	4:53	12.3 (75.0%)
132	TWAROGAL Kamil	215	WIECZORNE BIEGANIE W SZCZECINIE	M 20	19	00:00:00	21,1 KM	+00:25:44	4:53	12.3 (75.0%)
133	DAWIDOWICZ Tomasz	1049	TODA MEBLE	M 30	54	00:00:00	21,1 KM	+00:25:44	4:53	12.3 (75.0%)
134	PACHULSKI Dariusz	1309	AMATOR	M 50	12	00:00:00	21,1 KM	+00:25:47	4:53	12.3 (75.0%)
135	WOJAKOWSKI Krzysztof	1415	K&K RUN	M 40	49	00:00:00	21,1 KM	+00:25:48	4:53	12.3 (75.0%)
136	BLIZNA Rafał	1656		M 30	55	00:00:00	21,1 KM	+00:25:49	4:53	12.3 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
137	KRZEMIŃSKI Mariusz	882	ZG RUN	M 30	56	00:00:00	21,1 KM	+00:25:50	4:53	12.3 (75.0%)
138	STALKA Przemek	242	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	50	00:00:00	21,1 KM	+00:25:56	4:53	12.3 (75.0%)
139	PAWLAK Jarosław	1093		M 50	13	00:00:00	21,1 KM	+00:25:59	4:56	12.1 (73.8%)
140	NADOLNY Przemysław	497	PARKRUN SZCZECIN / HOŻA TEAM	M 40	51	00:00:00	21,1 KM	+00:26:03	5:02	11.9 (72.6%)
141	SIKORA Szymon	1565	1990	M 20	20	00:00:00	21,1 KM	+00:26:04	4:54	12.2 (74.4%)
142	BREWINSKI Sylwester	569		M 40	52	00:00:00	21,1 KM	+00:26:05	4:54	12.2 (74.4%)
143	ZBĄSKI Krzesimir	1116		M 30	57	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
144	KOLENDA Krzysztof	1589	220V/KALMAR RUNNERS	M 40	53	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
145	IGNASIAK Krzysztof	655		M 40	54	00:00:00	21,1 KM	+00:26:07	4:54	12.2 (74.4%)
146	MASEWICZ Grzegorz	359	KB ZOFANNA GORZÓW WLKP.	M 30	58	00:00:00	21,1 KM	+00:26:19	4:54	12.2 (74.4%)
147	ROGALSKI Marcin	80	VOCALIS SZCZECIN	M 50	14	00:00:00	21,1 KM	+00:26:21	4:56	12.2 (74.4%)
148	SCHMIDT Jacek	1828	ŻW- SZCZECIN	M 50	15	00:00:00	21,1 KM	+00:26:24	4:54	12.2 (74.4%)
149	POLACKI Rafał	329	POZNAŃ	M 50	16	00:00:00	21,1 KM	+00:26:29	4:55	12.2 (74.4%)
150	WOLFRAM Dawid	999	KAS	M 30	59	00:00:00	21,1 KM	+00:26:35	4:55	12.2 (74.4%)
151	PROKOPIUK Jarosław	1219	PROCAR GDYNIA	M 50	17	00:00:00	21,1 KM	+00:26:36	4:55	12.2 (74.4%)
152	GAJEWSKI Mariusz	338	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	55	00:00:00	21,1 KM	+00:26:38	4:56	12.2 (74.4%)
153	WAWRZYNIAK Paweł	396	RUNNER'S POWER	M 30	60	00:00:00	21,1 KM	+00:26:39	4:55	12.2 (74.4%)
154	KORDELA Marcin	712	SZCZECIŃSKI KLUB SPORTOWY TAEKWON-DO	M 30	61	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)
155	ROSIECKI Marcin	740		M 40	56	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)
156	SAWIŃSKI Łukasz	914	TRAWERS TEAM NAKŁO	M 20	21	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
157	BYLINA Piotr	220	WWW.BOKSWPOLSC.PL	M 30	62	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
158	KACPRZAK Sławek	206	RAZEM TRENUJEMY SPORT	M 40	57	00:00:00	21,1 KM	+00:26:55	4:56	12.1 (73.8%)
159	SAWICKI Oskar	1009		M 20	22	00:00:00	21,1 KM	+00:26:56	4:56	12.1 (73.8%)
160	ZIÓŁKOWSKI Grzegorz	1654		M 50	18	00:00:00	21,1 KM	+00:26:56	4:56	12.1 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
161	LNIANY Benjamin	554	POBIEGA(L)NIANY	M 40	58	00:00:00	21,1 KM	+00:26:59	4:56	12.1 (73.8%)
162	FURMANIUK Jaromir	481	SAMOTNY BIAŁY ŻAGIEL	M 40	59	00:00:00	21,1 KM	+00:27:01	4:56	12.1 (73.8%)
163	OLEJNICZAK Kamil	282		M 20	23	00:00:00	21,1 KM	+00:27:05	4:56	12.1 (73.8%)
164	OLEJNIK Wojciech	1642		M 20	24	00:00:00	21,1 KM	+00:27:13	4:57	12.1 (73.8%)
165	LANGIEWICZ Jacek	475	MKJ POLICE	M 60	2	00:00:00	21,1 KM	+00:27:22	4:57	12.1 (73.8%)
166	PTAK Dariusz	1556	PKO BP	M 40	60	00:00:00	21,1 KM	+00:27:23	4:57	12.1 (73.8%)
167	PANUS Peter	1467		M 40	61	00:00:00	21,1 KM	+00:27:34	4:58	12.1 (73.8%)
168	HARNIK Mirek	1028	HAJIME RUN TEAM	M 40	62	00:00:00	21,1 KM	+00:27:39	4:58	12.1 (73.8%)
169	KĄDYS Marcin	1793	TRIGYM	M 40	63	00:00:00	21,1 KM	+00:27:45	4:58	12 (73.2%)
170	ŻBIKOWSKI Tomasz	1034		M 40	64	00:00:00	21,1 KM	+00:27:46	4:58	12 (73.2%)
171	GÓRNIAK Dariusz	1585		M 50	19	00:00:00	21,1 KM	+00:27:48	4:58	12 (73.2%)
172	LASOTA Mateusz	1789	FEEL THE GRAVEL	M 30	63	00:00:00	21,1 KM	+00:27:58	4:59	12 (73.2%)
173	BOŃCZEK Michał	705		M 40	65	00:00:00	21,1 KM	+00:28:00	4:59	12 (73.2%)
174	ŻYŁA Bartłomiej	415		M 30	64	00:00:00	21,1 KM	+00:28:01	4:59	12 (73.2%)
175	BYSTRY Grzegorz	484	KS LENIWIEC	M 40	66	00:00:00	21,1 KM	+00:28:18	5:00	12 (73.2%)
176	PRZYBYLSKI Tomasz	546		M 30	65	00:00:00	21,1 KM	+00:28:19	5:01	12 (73.2%)
177	ZAJĄC Adam	613		M 30	66	00:00:00	21,1 KM	+00:28:22	5:00	12 (73.2%)
178	MARIN Dmytro	1690	FAMILYRUNCLUB	M 40	67	00:00:00	21,1 KM	+00:28:27	5:00	12 (73.2%)
179	MUCHARSKI Tomasz	1160		M 20	25	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
180	KĄDZIOŁKA Artur	1364	DOCHODZIMY W 2H :-)	M 30	67	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
181	GWIŹDŹ Grzegorz	1799		M 30	68	00:00:00	21,1 KM	+00:28:34	5:01	12 (73.2%)
182	DUDZIŃSKI Piotr	1689		M 30	69	00:00:00	21,1 KM	+00:28:39	5:01	11.9 (72.6%)
183	KAWUCHA Mirosław	1203	KRS FORMOZA	M 50	20	00:00:00	21,1 KM	+00:28:40	5:01	11.9 (72.6%)
184	PARUSZEWSKI Robert	1270	BOJANO BIEGA	M 30	70	00:00:00	21,1 KM	+00:28:41	5:01	11.9 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
185	DRAŻKOWSKI Piotr	903		M 50	21	00:00:00	21,1 KM	+00:28:41	5:02	11.9 (72.6%)
186	SKRZYPCZYŃSKI Marcin	986		M 40	68	00:00:00	21,1 KM	+00:28:50	5:01	11.9 (72.6%)
187	RYBANIEC Marcin	1091		M 30	71	00:00:00	21,1 KM	+00:28:51	5:01	11.9 (72.6%)
188	SŁODOWSKI Paweł	1208		M 30	72	00:00:00	21,1 KM	+00:28:51	5:01	11.9 (72.6%)
189	ZDUN Grzegorz	1782	#RUNNINGTEAM83	M 30	73	00:00:00	21,1 KM	+00:28:52	5:01	11.9 (72.6%)
190	MURYN Bartłomiej	1082	SBG PODBIEG	M 40	69	00:00:00	21,1 KM	+00:28:53	5:02	11.9 (72.6%)
191	STRÓŻYK Piotrek	1398		M 40	70	00:00:00	21,1 KM	+00:29:02	5:02	11.9 (72.6%)
192	FELIKSIAK Sławomir	801		M 50	22	00:00:00	21,1 KM	+00:29:03	5:02	11.9 (72.6%)
193	ZIELONKA Witold	1330	TUP TUP POZNAŃ	M 40	71	00:00:00	21,1 KM	+00:29:09	5:02	11.9 (72.6%)
194	MARKS Maciej	516	STOWARZYSZENIE DOŁUJE KOŚCINO	M 40	72	00:00:00	21,1 KM	+00:29:14	5:03	11.9 (72.6%)
195	KAMIŃSKI Marcin	94	WQRW_TEAM POMORZE	M 40	73	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
196	SPYCHALSKI Artur	353		M 40	74	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
197	WALCZAK Tadeusz	447		M 50	23	00:00:00	21,1 KM	+00:29:19	5:03	11.9 (72.6%)
198	GRZONKA Maciej	1884		M 30	74	00:00:00	21,1 KM	+00:29:23	5:03	11.9 (72.6%)
199	TORZECKI Jarosław	151	KROTOSZYŃSKA GRUPA BIEGOWA	M 30	75	00:00:00	21,1 KM	+00:29:31	5:03	11.8 (72.0%)
200	SZYMAREK Bartosz	1029	SMASHING PĄPKINS	M 30	76	00:00:00	21,1 KM	+00:29:33	5:03	11.8 (72.0%)
201	TOMALAK Marcin	314	WIECZORNE BIEGANIE W SZCZECINIE	M 40	75	00:00:00	21,1 KM	+00:29:35	5:04	11.8 (72.0%)
202	KANICKI Marcin	1514		M 40	76	00:00:00	21,1 KM	+00:29:35	5:05	11.8 (72.0%)
203	SZMAJDOWICZ Paweł	881	FACHDOM TEAM	M 40	77	00:00:00	21,1 KM	+00:29:38	5:04	11.8 (72.0%)
204	WAPINSKI Maciej	1326	PSE	M 30	77	00:00:00	21,1 KM	+00:29:44	5:04	11.8 (72.0%)
205	DĄBEK Kamil	917		M 20	26	00:00:00	21,1 KM	+00:29:49	5:04	11.8 (72.0%)
206	GUZ Artur	1428	LIVE LOVE RUN	M 40	78	00:00:00	21,1 KM	+00:29:50	5:04	11.8 (72.0%)
207	CHMIELEWSKI Paweł	821		M 40	79	00:00:00	21,1 KM	+00:29:59	5:05	11.8 (72.0%)
208	SZEWCZYK Rafał	1156	VISEGRAD MARATON RYTRO	M 40	80	00:00:00	21,1 KM	+00:30:05	5:05	11.8 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
209	MAJDA Bogusław	1590		M 50	24	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
210	KUNKA Andrzej	687		M 40	81	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
211	POLSKA Irek	496		M 40	82	00:00:00	21,1 KM	+00:30:09	5:05	11.8 (72.0%)
212	SADOWSKI Marek	1124	MUKS SZOK BOJANOWO	M 50	25	00:00:00	21,1 KM	+00:30:13	5:05	11.8 (72.0%)
213	SZYSZKA Konrad	437	WIECZORNE BIEGANIE W SZCZECINIE	M 30	78	00:00:00	21,1 KM	+00:30:22	5:06	11.8 (72.0%)
214	SOWA Mateusz	388	JW4531	M 30	79	00:00:00	21,1 KM	+00:30:22	5:07	11.7 (71.3%)
215	ZYBER Maciej	1688	PEEK TEAM	M 30	80	00:00:00	21,1 KM	+00:30:23	5:06	11.8 (72.0%)
216	WŁODARCZYK Piotr	1719		M 40	83	00:00:00	21,1 KM	+00:30:24	5:09	11.6 (70.7%)
217	TOMALA Szymon	706	JERZY FRANEK	M 30	81	00:00:00	21,1 KM	+00:30:27	5:06	11.7 (71.3%)
218	BIAŁEK Jarosław	416	ZABIEGANI OLSZTYN	M 40	84	00:00:00	21,1 KM	+00:30:28	5:06	11.7 (71.3%)
219	KITA Leszek	1495	PROGDAR MARATHON TEAM	M 40	85	00:00:00	21,1 KM	+00:30:30	5:07	11.7 (71.3%)
220	JÓZEFOWSKI Tomasz	733		M 40	86	00:00:00	21,1 KM	+00:30:32	5:06	11.7 (71.3%)
221	CHAŃKO Roman	1393		M 40	87	00:00:00	21,1 KM	+00:30:36	5:06	11.7 (71.3%)
222	TOPOREK Przemysław	371		M 30	82	00:00:00	21,1 KM	+00:30:41	5:07	11.7 (71.3%)
223	JUDKIEWICZ Piotr	627	1972	M 40	88	00:00:00	21,1 KM	+00:30:46	5:07	11.7 (71.3%)
224	KRIEDEMANN Guido	1135	KNAK - RUNNERS	M 30	83	00:00:00	21,1 KM	+00:30:47	5:07	11.7 (71.3%)
225	PAWLOWSKI Tomasz	491		M 30	84	00:00:00	21,1 KM	+00:30:54	5:09	11.6 (70.7%)
226	MYSLIWIEC Pawel	1400	POLSKA RUNNING TEAM	M 40	89	00:00:00	21,1 KM	+00:30:56	5:07	11.7 (71.3%)
227	RACHMACIEJ Krzysztof	702	KB PIONIER SZCZECIN	M 40	90	00:00:00	21,1 KM	+00:31:04	5:08	11.7 (71.3%)
228	STALMACH Damian	803	LECYMY DURŚ	M 40	91	00:00:00	21,1 KM	+00:31:05	5:08	11.7 (71.3%)
229	BARTOSIK Maciej	1412		M 30	85	00:00:00	21,1 KM	+00:31:06	5:08	11.7 (71.3%)
230	RYNDAK Lukasz	1794	POLSKA RUNNING TEAM	M 30	86	00:00:00	21,1 KM	+00:31:11	5:08	11.7 (71.3%)
231	NIEDZIELA Rafał	1041		M 40	92	00:00:00	21,1 KM	+00:31:13	5:09	11.6 (70.7%)
232	RUDŹKO Wojciech	457		M 50	26	00:00:00	21,1 KM	+00:31:16	5:08	11.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
233	KLASSA Mateusz	1776	MEYN TEAM	M 20	27	00:00:00	21,1 KM	+00:31:17	5:08	11.7 (71.3%)
234	NIPARKO Bartosz	678		M 30	87	00:00:00	21,1 KM	+00:31:18	5:08	11.7 (71.3%)
235	KAŁAMUCKI Grzegorz	737	ANKA	M 40	93	00:00:00	21,1 KM	+00:31:21	5:09	11.6 (70.7%)
236	PACZKA Michał	619	GLIWICE	M 50	27	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
237	TARCZOŃ Antoni	1224	AMATOR BIEGANIA	M 50	28	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
238	BIELECKI Wojciech	132	OSP WZGÓRZE	M 30	88	00:00:00	21,1 KM	+00:31:27	5:11	11.6 (70.7%)
239	KUŹMA Krzysztof	1274		M 40	94	00:00:00	21,1 KM	+00:31:28	5:09	11.6 (70.7%)
240	JANUSZEWSKI Grzegorz	638	DHL RUN CLUB	M 40	95	00:00:00	21,1 KM	+00:31:29	5:09	11.6 (70.7%)
241	ZIOBRO Tomasz	887	KROSNO MIASTO SZKŁA	M 40	96	00:00:00	21,1 KM	+00:31:33	5:09	11.6 (70.7%)
242	SZYMAŃSKI Robert	340		M 40	97	00:00:00	21,1 KM	+00:31:36	5:09	11.6 (70.7%)
243	PODLECKI Andrzej	686		M 30	89	00:00:00	21,1 KM	+00:31:44	5:10	11.6 (70.7%)
244	WESOŁOWSKI Marcin	939		M 30	90	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
245	SZYMAŃSKI Piotr	385		M 40	98	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
246	TARASIEWICZ Mateusz	1867	WIR	M 30	91	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
247	SZYMAŃSKI Adam	1858	WOSIR WYSZKÓW	M 40	99	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
248	KOZŁOWSKI Grzegorz	373	NIGHT RUNNERS WRZEŚNIA	M 30	92	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
249	JUSTYŃSKI Andrzej	1254		M 30	93	00:00:00	21,1 KM	+00:31:48	5:10	11.6 (70.7%)
250	WIECHA Sebastian	1378		M 30	94	00:00:00	21,1 KM	+00:31:53	5:10	11.6 (70.7%)
251	WARDZIAK Mateusz	704		M 20	28	00:00:00	21,1 KM	+00:31:55	5:10	11.6 (70.7%)
252	KUFEL Marcin	870	BREL II	M 40	100	00:00:00	21,1 KM	+00:31:57	5:12	11.5 (70.1%)
253	CEGLARZ Radek	1370		M 40	101	00:00:00	21,1 KM	+00:31:58	5:10	11.6 (70.7%)
254	WITKOWSKI Jarosław	1278	RUN INVESTMENT LIFE	M 40	102	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
255	MOSUREK Grzegorz	250	SMOK WAWELSKI	M 40	103	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
256	KOMSTA Rafał	783		M 30	95	00:00:00	21,1 KM	+00:32:01	5:10	11.6 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
257	KUBIAK Kacper	1606	ALMARK LESZNO	M 20	29	00:00:00	21,1 KM	+00:32:06	5:11	11.6 (70.7%)
258	WOŁOSIK Dominik	292	DOMINIK WOŁOSIK	M 30	96	00:00:00	21,1 KM	+00:32:07	5:11	11.6 (70.7%)
259	PTAK Michał	1239	J3 TRIATHLON TEAM	M 30	97	00:00:00	21,1 KM	+00:32:10	5:11	11.6 (70.7%)
260	WAWRZYNIAK Damian	1708	ROZBIEGAJMY RADOMSKO	M 30	98	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
261	KOZA Karol	901		M 20	30	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
262	MAJCHRZAK Bogusław	1128		M 30	99	00:00:00	21,1 KM	+00:32:14	5:11	11.6 (70.7%)
263	BUKOWIECKI Krzysztof	279	KB MARATON TUREK	M 30	100	00:00:00	21,1 KM	+00:32:17	5:11	11.5 (70.1%)
264	KUŹNIARSKI Paweł	1225	T-MOBILE SPORT TEAM	M 30	101	00:00:00	21,1 KM	+00:32:20	5:11	11.5 (70.1%)
265	KUBARKO Robert	291	STOLKO	M 50	29	00:00:00	21,1 KM	+00:32:21	5:11	11.5 (70.1%)
266	MARCINKOWSKI Andrzej	701		M 40	104	00:00:00	21,1 KM	+00:32:21	5:12	11.5 (70.1%)
267	NOWAKOWSKI Bogdan	174		M 50	30	00:00:00	21,1 KM	+00:32:21	5:11	11.5 (70.1%)
268	PAWLAK Krzysztof	1301		M 30	102	00:00:00	21,1 KM	+00:32:26	5:12	11.5 (70.1%)
269	GMIŃSKI Dariusz	1553	PKO BP S.A.	M 30	103	00:00:00	21,1 KM	+00:32:28	5:12	11.5 (70.1%)
270	NOWAK Waldemar	459	TRI-AMATOR	M 50	31	00:00:00	21,1 KM	+00:32:34	5:12	11.5 (70.1%)
271	WOŹNIAK Grzegorz	879		M 40	105	00:00:00	21,1 KM	+00:32:38	5:12	11.5 (70.1%)
272	KORNILUK Paweł	1622	USB	M 30	104	00:00:00	21,1 KM	+00:32:39	5:12	11.5 (70.1%)
273	OŁUB Sławek	1721	LEPSI NIŻ W CZORAJ	M 40	106	00:00:00	21,1 KM	+00:32:48	5:13	11.5 (70.1%)
274	SULARZ Wojciech	676	SOOLASHOWE TRUCHTANIE	M 50	32	00:00:00	21,1 KM	+00:32:56	5:13	11.5 (70.1%)
275	WIADERNY Tomasz	1724		M 40	107	00:00:00	21,1 KM	+00:33:02	5:13	11.5 (70.1%)
276	JASTRZĘBSKI Daniel	1648	SOPURE MILLINERY	M 40	108	00:00:00	21,1 KM	+00:33:07	5:14	11.5 (70.1%)
277	FUMINKOWSKI Arkadiusz	426	GRUPA BIEGOWA ALEKSANDRÓW KUJAWSKI	M 40	109	00:00:00	21,1 KM	+00:33:08	5:14	11.5 (70.1%)
278	KOŁTUN Wojtek	76		M 40	110	00:00:00	21,1 KM	+00:33:09	5:14	11.5 (70.1%)
279	PRAWDA Sebastian	1820	WIECZORNE BIEGANIE W SZCZECINIE	M 40	111	00:00:00	21,1 KM	+00:33:17	5:14	11.4 (69.5%)
280	PAŃCZYSZYN Mariusz	436		M 40	112	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
281	NOWAK Paweł	1333		M 30	105	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
282	ZIOMEK Paweł	1141		M 30	106	00:00:00	21,1 KM	+00:33:19	5:14	11.4 (69.5%)
283	SZKUDLAREK Krzysztof	328		M 50	33	00:00:00	21,1 KM	+00:33:21	5:16	11.4 (69.5%)
284	OSTROWSKI Sylwester	407	STARGARD JA SIĘ NIE ŚCIGAM	M 40	113	00:00:00	21,1 KM	+00:33:24	5:14	11.4 (69.5%)
285	BARTHA Adrian	1339		M 30	107	00:00:00	21,1 KM	+00:33:25	5:16	11.4 (69.5%)
286	SZYMAŃSKI Wojciech	1578		M 30	108	00:00:00	21,1 KM	+00:33:27	5:15	11.4 (69.5%)
287	KUBASIK Tomasz	814	KUBASIK TEAM	M 40	114	00:00:00	21,1 KM	+00:33:28	5:16	11.4 (69.5%)
288	PAWLAK Kamil	842		M 30	109	00:00:00	21,1 KM	+00:33:33	5:15	11.4 (69.5%)
289	KLEŚTA Krzysztof	27		M 20	31	00:00:00	21,1 KM	+00:33:36	5:15	11.4 (69.5%)
290	KĘDZIORA Piotr	145		M 30	110	00:00:00	21,1 KM	+00:33:36	5:16	11.4 (69.5%)
291	RUDZIŃSKI Józef	1452		M 50	34	00:00:00	21,1 KM	+00:33:37	5:15	11.4 (69.5%)
292	BIENIEK Dawid	410		M 20	32	00:00:00	21,1 KM	+00:33:40	5:15	11.4 (69.5%)
293	KOWALSKI Artur	1743		M 40	115	00:00:00	21,1 KM	+00:33:47	5:15	11.4 (69.5%)
294	WOLNY Mariusz	1667		M 30	111	00:00:00	21,1 KM	+00:33:48	5:16	11.4 (69.5%)
295	PAŁETKO Marek	1095	NYSA BIEGA	M 30	112	00:00:00	21,1 KM	+00:33:49	5:24	11.1 (67.7%)
296	STRĄCZEK Grzegorz	1304		M 40	116	00:00:00	21,1 KM	+00:33:50	5:16	11.4 (69.5%)
297	DUDA Jacek	690		M 40	117	00:00:00	21,1 KM	+00:33:53	5:16	11.4 (69.5%)
298	TOMASZEWSKI Przemysław	956	WALKA CZARNÓW	M 20	33	00:00:00	21,1 KM	+00:33:54	5:16	11.4 (69.5%)
299	WOLFF Marcin	1402	MRUNNERS	M 50	35	00:00:00	21,1 KM	+00:33:57	5:16	11.4 (69.5%)
300	KORSAKOV Kostiantyn	1636	-	M 40	118	00:00:00	21,1 KM	+00:33:59	5:16	11.4 (69.5%)
301	NOWOSAD Wojciech	1811	WIECZORNE BIEGANIE W SZCZECINIE	M 50	36	00:00:00	21,1 KM	+00:34:02	5:17	11.3 (68.9%)
302	GRUCELSKI Michał	772		M 30	113	00:00:00	21,1 KM	+00:34:05	5:16	11.4 (69.5%)
303	PAWŁOWSKI Piotr	1194		M 30	114	00:00:00	21,1 KM	+00:34:06	5:16	11.4 (69.5%)
304	FERNES Daniel	1508		M 20	34	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
305	WOJTULEWSKI Dariusz	1396		M 40	119	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
306	KOZIARA Dionizy	1079		M 40	120	00:00:00	21,1 KM	+00:34:10	5:17	11.4 (69.5%)
307	DEPTA Krzysztof	440		M 30	115	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
308	SZKUDLAREK Michał	1010	RUN-LOG.COM	M 40	121	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
309	PASZKO Daniel	1834	WIECZORNE BIEGANIE W SZCZECINIE / KOMPAS TEAM POLICE	M 40	122	00:00:00	21,1 KM	+00:34:13	5:17	11.3 (68.9%)
310	HANARZ Jacek	1388	DRUŻYNA SZPIKU	M 40	123	00:00:00	21,1 KM	+00:34:16	5:17	11.3 (68.9%)
311	BYŚ Mateusz	1624		M 30	116	00:00:00	21,1 KM	+00:34:30	5:18	11.3 (68.9%)
312	KRASIŃSKI Witold	1728		M 40	124	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
313	SOWA Michał	1629	PLANETA NISKO	M 30	117	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
314	ŻUKOWSKI Marcin	1146		M 30	118	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
315	KAROLKIEWICZ Ryszard	1051		M 40	125	00:00:00	21,1 KM	+00:34:37	5:18	11.3 (68.9%)
316	BANDURA Bogdan	531	PRCI	M 30	119	00:00:00	21,1 KM	+00:34:40	5:18	11.3 (68.9%)
317	KLIMECKI Krzysztof	857		M 20	35	00:00:00	21,1 KM	+00:34:44	5:19	11.3 (68.9%)
318	LASKOWSKI Przemysław	1123	PKB KMP KALISZ	M 40	126	00:00:00	21,1 KM	+00:34:47	5:18	11.3 (68.9%)
319	ŁUBIŃSKI Krzysztof	432		M 40	127	00:00:00	21,1 KM	+00:34:53	5:19	11.3 (68.9%)
320	KISZKOWIAK Łukasz	1406	WAT	M 30	120	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
321	WIŚNIEWSKI Marcin	218		M 40	128	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
322	FILIPIAK Krzysztof	1757	T.CH.	M 30	121	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
323	SIKORSKI Marcin	1362	1982	M 30	122	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
324	PYPEĆ Bartosz	408		M 30	123	00:00:00	21,1 KM	+00:35:03	5:19	11.3 (68.9%)
325	WYSZOWSKI Zbigniew	817		M 20	36	00:00:00	21,1 KM	+00:35:05	5:19	11.3 (68.9%)
326	KRAJEWSKI Wojciech	1121		M 40	129	00:00:00	21,1 KM	+00:35:06	5:19	11.3 (68.9%)
327	PREJS Kamil	39		M 40	130	00:00:00	21,1 KM	+00:35:14	5:20	11.2 (68.3%)
328	SZEŁEMEJ Łukasz	1		M 30	124	00:00:00	21,1 KM	+00:35:15	5:20	11.2 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
329	ZYCH Dawid	1631	SPARTANIE DZIECIOM	M 40	131	00:00:00	21,1 KM	+00:35:16	5:20	11.2 (68.3%)
330	WŁOSZCZYŃSKI Daniel	1795		M 20	37	00:00:00	21,1 KM	+00:35:17	5:20	11.2 (68.3%)
331	OKOŁO-KUŁAK Marek	1477		M 30	125	00:00:00	21,1 KM	+00:35:26	5:20	11.2 (68.3%)
332	SOŚNIAK Jacek	683		M 40	132	00:00:00	21,1 KM	+00:35:27	5:20	11.2 (68.3%)
333	CHMIELEWSKI Paweł	599		M 40	133	00:00:00	21,1 KM	+00:35:28	5:20	11.2 (68.3%)
334	ZIELINSKI Marcin	1563	FIZJOBIEGACZE	M 40	134	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
335	ZABOROWSKI Tomasz	1101		M 30	126	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
336	BIELAK Michał	1202		M 20	38	00:00:00	21,1 KM	+00:35:30	5:20	11.2 (68.3%)
337	GRUDOWSKI Konrad	395		M 30	127	00:00:00	21,1 KM	+00:35:33	5:20	11.2 (68.3%)
338	BIERNACKI Aleksander	1197		M 40	135	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
339	KARASIEWICZ Łukasz	20		M 30	128	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
340	ADAMOWICZ Paweł	1607	B/S/H/ RUNNING TEAM	M 40	136	00:00:00	21,1 KM	+00:35:38	5:21	11.2 (68.3%)
341	OLBRYCH Piotr	1403		M 50	37	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
342	JACOBY Jens	1841	HELENE FISCHER FANCLUB	M 30	129	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
343	WACEWICZ Rafał	304	AIKIRUNNERS	M 40	137	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
344	WIŚNIEWSKI Czesław	766	PARKRUN SZCZECIN	M 60	3	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
345	ZERZUT Jarosław	185	ŚRUNDUNIA SZCZECIN	M 50	38	00:00:00	21,1 KM	+00:35:49	5:21	11.2 (68.3%)
346	JAROS Marcin	1354	ODDZIAŁ PREWENCJI POLICJI W KATOWICACH	M 30	130	00:00:00	21,1 KM	+00:35:57	5:22	11.2 (68.3%)
347	HOŁYŃSKI Leszek	1847	KM PSP SZCZECIN	M 30	131	00:00:00	21,1 KM	+00:36:00	5:22	11.2 (68.3%)
348	GABRYELEWICZ Rafał	647		M 40	138	00:00:00	21,1 KM	+00:36:03	5:22	11.2 (68.3%)
349	LAMENT Karol	332		M 30	132	00:00:00	21,1 KM	+00:36:05	5:22	11.2 (68.3%)
350	KULESZA Damian	1298	ADIDAS RUNNERS WARSAW	M 30	133	00:00:00	21,1 KM	+00:36:07	5:22	11.2 (68.3%)
351	GOŁOS Jerzy	948		M 60	4	00:00:00	21,1 KM	+00:36:09	5:22	11.1 (67.7%)
352	SOKOŁOWSKI Rafał	755		M 20	39	00:00:00	21,1 KM	+00:36:14	5:22	11.1 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
353	MACIEJEWSKI Maciej	1140		M 20	40	00:00:00	21,1 KM	+00:36:20	5:24	11.1 (67.7%)
354	BURA Krystian	1711	#KFC RUN	M 30	134	00:00:00	21,1 KM	+00:36:21	5:23	11.1 (67.7%)
355	SKIRZYŃSKI Dariusz	919		M 30	135	00:00:00	21,1 KM	+00:36:21	5:23	11.1 (67.7%)
356	KOWALSKI Roman	1437		M 40	139	00:00:00	21,1 KM	+00:36:24	5:23	11.1 (67.7%)
357	LASKOWSKI Mariusz	1454	NIGHT RUNNERS WRZEŚNIA	M 30	136	00:00:00	21,1 KM	+00:36:26	5:23	11.1 (67.7%)
358	BESZCZYŃSKI Kornel	1560	PARKRUN TORUŃ	M 40	140	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
359	MRÓZ Tomasz	1338	WIOCHA BIEGA	M 30	137	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
360	KOPER Adam	322	KB SKÓRKA	M 40	141	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
361	RAKOCZY Paweł	1761		M 40	142	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
362	WIECZOREK Filip	1630		M 20	41	00:00:00	21,1 KM	+00:36:33	5:23	11.1 (67.7%)
363	URYCH Łukasz	1164	RUN AS ONE	M 30	138	00:00:00	21,1 KM	+00:36:34	5:23	11.1 (67.7%)
364	RUSZCZAK Tomasz	571		M 40	143	00:00:00	21,1 KM	+00:36:35	5:23	11.1 (67.7%)
365	JAWORSKI Tomasz	1110		M 30	139	00:00:00	21,1 KM	+00:36:37	5:24	11.1 (67.7%)
366	STAROSTKA Jacek	1550	PKO BANK POLSKI BIEGAJMY RAZEM	M 40	144	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
367	TRACZYK Przemek	860	ASFALTLOVE DZIKI	M 30	140	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
368	GÓRSKI Łukasz	510		M 20	42	00:00:00	21,1 KM	+00:36:41	5:24	11.1 (67.7%)
369	DANIELEWICZ Mateusz	830		M 20	43	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
370	JUREWICZ Jarosław	1204		M 30	141	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
371	NIEDZIELA Jakub	577		M 30	142	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)
372	KAFEL Mariusz	1126	PKO BP SA	M 40	145	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)
373	SZUBARTOWICZ Marek	547		M 30	143	00:00:00	21,1 KM	+00:36:57	5:26	11 (67.1%)
374	SZACH Andrzej	390	22KBPG	M 40	146	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
375	ŻURAWSKI Michał	504	TOTALSHINE	M 30	144	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
376	POTEREWICZ Mateusz	1678		M 30	145	00:00:00	21,1 KM	+00:36:58	5:25	11.1 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
377	KACPROWSKI Filip	1591	WKURW_TEAM	M 40	147	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
378	PIETRZAK Tomasz	989	WILD TRAIL RUNNER	M 30	146	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
379	SZUMIŁOWSKI Przemysław	1293	1975	M 40	148	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
380	SOŁTYSEK Marcin	626		M 40	149	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
381	SKRZYPCZAK Jędrzej	529		M 40	150	00:00:00	21,1 KM	+00:37:04	5:25	11.1 (67.7%)
382	GOŁĘBIEWSKI Daniel	563	KOSZULKOWYCONCEPT	M 40	151	00:00:00	21,1 KM	+00:37:09	5:26	11 (67.1%)
383	CZAJKA Bartosz	1356		M 30	147	00:00:00	21,1 KM	+00:37:14	5:25	11.1 (67.7%)
384	ŁUSZCZKI Kamil	788		M 30	148	00:00:00	21,1 KM	+00:37:16	5:25	11 (67.1%)
385	DYCHTO Michał	203	MICHAŁ, JOLA, JANEK, CECYLKA	M 40	152	00:00:00	21,1 KM	+00:37:20	5:26	11 (67.1%)
386	SIKORA Tomasz	156	WICHER SIENIAWA	M 40	153	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
387	FEREK Maciej	1762		M 40	154	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
388	BRZUSZEK Mateusz	1432		M 30	149	00:00:00	21,1 KM	+00:37:31	5:26	11 (67.1%)
389	GRZESZCZAK Piotr	1499	DELL TECHNOLOGIES	M 40	155	00:00:00	21,1 KM	+00:37:32	5:26	11 (67.1%)
390	STEPIEŃ Adrian	231		M 30	150	00:00:00	21,1 KM	+00:37:33	5:26	11 (67.1%)
391	ŚWIEJKOWSKI Rafał	1381		M 40	156	00:00:00	21,1 KM	+00:37:34	5:26	11 (67.1%)
392	KOWALSKI Łukasz	610		M 30	151	00:00:00	21,1 KM	+00:37:36	5:26	11 (67.1%)
393	KIEŁTYKA Robert	2		M 40	157	00:00:00	21,1 KM	+00:37:40	5:27	11 (67.1%)
394	ŚWIERZKO Artur	514	1975	M 40	158	00:00:00	21,1 KM	+00:37:44	5:27	11 (67.1%)
395	ENGEL Jan	1767		M 40	159	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
396	TOKARSKI Marcin	770		M 30	152	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
397	GRYGIELEWICZ Leszek	394		M 50	39	00:00:00	21,1 KM	+00:37:48	5:27	11 (67.1%)
398	CHMIELEWSKI Bartosz	1320		M 30	153	00:00:00	21,1 KM	+00:37:49	5:27	11 (67.1%)
399	GROBELNY Mariusz	1442		M 30	154	00:00:00	21,1 KM	+00:37:52	5:28	11 (67.1%)
400	ZACH Paweł	951	PAN	M 30	155	00:00:00	21,1 KM	+00:37:55	5:27	11 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
401	GOŁĘBIEWSKI Paweł	210		M 30	156	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
402	KOŁODZIEJCZAK Artur	144	NIGHT RUNNERS WRZEŚNIA	M 40	160	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
403	BARTOSZYŃSKI Dominik	1341	BASKET RYPIN	M 30	157	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
404	CYMANEK Andrzej	1465	E.K.TWARDZIEL WROCŁAW	M 50	40	00:00:00	21,1 KM	+00:37:57	5:27	11 (67.1%)
405	MALINOWSKI Marcin	1151	MY LIFE MY WAY	M 40	161	00:00:00	21,1 KM	+00:37:59	5:27	11 (67.1%)
406	KRAWCZYK Mateusz	703	KB PIONIER SZCZECIN/AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M 20	44	00:00:00	21,1 KM	+00:38:03	5:28	11 (67.1%)
407	KULON Aleksander	72		M 20	45	00:00:00	21,1 KM	+00:38:04	5:28	11 (67.1%)
408	BURAWSKI Piotr	1327	DĄBROWSKI TEAM	M 40	162	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
409	FREDRICH Maik	499	ITAX	M 40	163	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
410	PIKUŁA Jacek	601	BIEGNĘ BYLE DOBIEC	M 30	158	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
411	PIPCZYŃSKI Sławomir	715		M 40	164	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
412	RADWAŃSKI Marcin	1425		M 30	159	00:00:00	21,1 KM	+00:38:08	5:28	11 (67.1%)
413	PACZKOWSKI Jarosław	1646	OLD RASCALS	M 40	165	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
414	KASZOWSKI Marcin	1181	KASZKI TEAM	M 40	166	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
415	MARKOWICZ Robert	330	RAWA TIM ZAWSZE SLIM	M 40	167	00:00:00	21,1 KM	+00:38:15	5:28	11 (67.1%)
416	PŁUCIENNIK Jakub	1355	PRZECŁAW	M 20	46	00:00:00	21,1 KM	+00:38:16	5:28	11 (67.1%)
417	SZEWEC Włodzimierz	663	ROMUS	M 50	41	00:00:00	21,1 KM	+00:38:17	5:30	10.9 (66.5%)
418	BAŁAMĄCEK Tomasz	1792	PROGDAR MARATHON TEAM	M 40	168	00:00:00	21,1 KM	+00:38:17	5:28	10.9 (66.5%)
419	MROWIEC Piotr	1295	MPK RUNNERS	M 40	169	00:00:00	21,1 KM	+00:38:17	5:29	10.9 (66.5%)
420	KLUCZYŃSKI Zbigniew	167	NIE	M 50	42	00:00:00	21,1 KM	+00:38:19	5:28	10.9 (66.5%)
421	KSIĄŻEK Kamil	893		M 30	160	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
422	CHWIŁKA Mariusz	1237	KLUB BIEGACZA JYSK	M 40	170	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
423	ZIELENIEWSKI Łukasz	102		M 20	47	00:00:00	21,1 KM	+00:38:26	5:29	10.9 (66.5%)
424	BORYCZKA Szymon	850	POWOLI DO CELU	M 30	161	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
425	KRÓL Hubert	906		M 40	171	00:00:00	21,1 KM	+00:38:31	5:32	10.8 (65.9%)
426	KIERA Szymon	812		M 40	172	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)
427	SWATKOWSKI Stanisław	1785		M 20	48	00:00:00	21,1 KM	+00:38:40	5:29	10.9 (66.5%)
428	JERUZOL Marcin	1167		M 30	162	00:00:00	21,1 KM	+00:38:41	5:29	10.9 (66.5%)
429	KOZINIEC Krystian	809	DRUŻYNA FILIPA	M 40	173	00:00:00	21,1 KM	+00:38:42	5:29	10.9 (66.5%)
430	ŚWIETLIK Tomasz	207	LEO TEAM	M 50	43	00:00:00	21,1 KM	+00:38:42	5:29	10.9 (66.5%)
431	RYMER Wojciech	1796	WŁASNY JEDNOOSOBOWY	M 40	174	00:00:00	21,1 KM	+00:38:43	5:30	10.9 (66.5%)
432	SZUBERT Rafał	326	SPEEDBROTHERS	M 40	175	00:00:00	21,1 KM	+00:38:47	5:30	10.9 (66.5%)
433	POMORSKI Sławomir	1158	KB WIKON NOWA SÓL	M 40	176	00:00:00	21,1 KM	+00:38:48	5:30	10.9 (66.5%)
434	CYRAN Tadeusz	471	BOHARY PALETA RUNNERS	M 40	177	00:00:00	21,1 KM	+00:38:49	5:30	10.9 (66.5%)
435	GOŹDZIEWSKI Adam	955		M 40	178	00:00:00	21,1 KM	+00:38:52	5:30	10.9 (66.5%)
436	MALINOWSKI Bartek	152		M 40	179	00:00:00	21,1 KM	+00:38:54	5:30	10.9 (66.5%)
437	STĘPNIK Robert	389	WIECZORNE BIEGANIE W SZCZECINIE	M 30	163	00:00:00	21,1 KM	+00:38:56	5:30	10.9 (66.5%)
438	KRUPIŃSKI Maciej	1250		M 30	164	00:00:00	21,1 KM	+00:39:01	5:32	10.8 (65.9%)
439	SIESS Jarosław	512		M 50	44	00:00:00	21,1 KM	+00:39:02	5:30	10.9 (66.5%)
440	WAJDZIAK Marcin	1195		M 40	180	00:00:00	21,1 KM	+00:39:03	5:30	10.9 (66.5%)
441	PAW Piotr	646		M 30	165	00:00:00	21,1 KM	+00:39:15	5:34	10.8 (65.9%)
442	MICHAŁOWSKI Tomasz	1686		M 40	181	00:00:00	21,1 KM	+00:39:18	5:31	10.9 (66.5%)
443	ISZCZAK Kazimierz	1682		M 40	182	00:00:00	21,1 KM	+00:39:20	5:31	10.9 (66.5%)
444	WOJCIECHOWSKI Krzysztof	419		M 50	45	00:00:00	21,1 KM	+00:39:23	5:31	10.8 (65.9%)
445	DOMBROWA Robert	451	NOWY ŚWIAT BIEGA	M 50	46	00:00:00	21,1 KM	+00:39:27	5:32	10.8 (65.9%)
446	JASTRZĘBSKI Jakub	1511		M 30	166	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
447	WRZOCHOL Paweł	1623	TRIGYM	M 30	167	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
448	PIASKOWSKI Mateusz	1227	KLUB MARATOŃCZYKA V LO W POZNANIU	M 20	49	00:00:00	21,1 KM	+00:39:35	5:32	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
449	WRONA Karol	644	W-PETROL	M 20	50	00:00:00	21,1 KM	+00:39:37	5:32	10.8 (65.9%)
450	BANASIAK Andrzej	352		M 40	183	00:00:00	21,1 KM	+00:39:39	5:32	10.8 (65.9%)
451	MAKOWSKI Mariusz	848	MAFIA TEAM LUBLINIEC	M 40	184	00:00:00	21,1 KM	+00:39:40	5:32	10.8 (65.9%)
452	LACIAK Sebastian	1759	DOWIESZ SIĘ W SWOIM CZASIE	M 30	168	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
453	ROGOWSKI Arek	135	BG PROJECT	M 40	185	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
454	GRZYWACZ Karol	974	LOLO TEAM	M 30	169	00:00:00	21,1 KM	+00:39:42	5:32	10.8 (65.9%)
455	RATAJCZAK Konrad	765	TROCHĘ JUŻ BIEGAM ,)	M 40	186	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
456	SURDAKCI Piotr	248		M 40	187	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
457	GĘBSKI Mariusz	1707		M 40	188	00:00:00	21,1 KM	+00:39:49	5:33	10.8 (65.9%)
458	BEDNARZ Krzysztof	1816	SCB	M 30	170	00:00:00	21,1 KM	+00:39:54	5:33	10.8 (65.9%)
459	SKRZYŃSKI Rafał	1739	RUNONLINE	M 30	171	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
460	TROJANOWSKI Kamil	1391		M 30	172	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
461	BAJURA Kamil	1360		M 20	51	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
462	WOLSKI Tomasz	1509	WIECZORNE BIEGANIE W SZCZECINIE	M 40	189	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
463	STRZYGA Mariusz	1223		M 40	190	00:00:00	21,1 KM	+00:39:58	5:33	10.8 (65.9%)
464	KUBIAK Marcin	1741	ZJEDNOCZONE SŁUŻBY MUNDUROWE KĄTY WROCŁAWSKIE	M 40	191	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
465	PAWLIK Krzysztof	725	POLISH RUNNERS CLUB IRELAND	M 30	173	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
466	JARZĄBEK Robert	1153		M 40	192	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
467	WÓJCIK Radosław	254		M 30	174	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
468	CHOJNACKI Bartosz	1448		M 30	175	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
469	PYSZCZEK Jacek	635	BIEGIEM RADOM !	M 50	47	00:00:00	21,1 KM	+00:40:05	5:33	10.8 (65.9%)
470	MAŁECKI Grzegorz	165		M 40	193	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
471	MOTŁOCH Piotr	1611		M 30	176	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
472	CHMIELEWSKI Tomasz	1470	RACEHARD/GBBO	M 40	194	00:00:00	21,1 KM	+00:40:09	5:34	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
473	WODORACKI Dariusz	1461	KLUB SAMOTNYCH SERC	M 50	48	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)
474	RACŁAWSKI Tomasz	1670		M 50	49	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)
475	GIBAS Jacek	1595		M 40	195	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
476	SZADKOWSKI Dawid	698	WICHER SIENIAWA	M 30	177	00:00:00	21,1 KM	+00:40:17	5:34	10.8 (65.9%)
477	RZEMPOŁUCH Rafał	155		M 30	178	00:00:00	21,1 KM	+00:40:21	5:34	10.8 (65.9%)
478	ADAMSKI Marcin	1800		M 20	52	00:00:00	21,1 KM	+00:40:23	5:34	10.8 (65.9%)
479	DOMOŃ Grzegorz	709		M 30	179	00:00:00	21,1 KM	+00:40:26	5:35	10.7 (65.2%)
480	JAROSZEWICZ Grzegorz	1399	KB PIONIER SZCZECIN	M 40	196	00:00:00	21,1 KM	+00:40:30	5:35	10.7 (65.2%)
481	MOL Rafał	283	GRUPA BIEGOWA ENERGY KACZORY	M 40	197	00:00:00	21,1 KM	+00:40:32	5:35	10.7 (65.2%)
482	SALAMON Łukasz	1661		M 30	180	00:00:00	21,1 KM	+00:40:34	5:35	10.7 (65.2%)
483	WĘGLARZ Sławowir	962		M 30	181	00:00:00	21,1 KM	+00:40:37	5:35	10.7 (65.2%)
484	KOMENZA Marcin	1684		M 40	198	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
485	SIWAK Łukasz	212		M 30	182	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
486	DUPLA Konrad	1127		M 40	199	00:00:00	21,1 KM	+00:40:39	5:35	10.7 (65.2%)
487	SIWIEC Robert	1228	PLIK TEAM	M 40	200	00:00:00	21,1 KM	+00:40:42	5:35	10.7 (65.2%)
488	LIJEWSKI Tomasz	1266	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	201	00:00:00	21,1 KM	+00:40:44	5:37	10.7 (65.2%)
489	BEREZOWSKI Marcin	1286		M 40	202	00:00:00	21,1 KM	+00:40:47	5:35	10.7 (65.2%)
490	ŻURAWSKI Karol	1040		M 20	53	00:00:00	21,1 KM	+00:40:51	5:36	10.7 (65.2%)
491	OJDOWSKI Leon	1668	WODOCIĄGI WAŁBRZYCH	M 50	50	00:00:00	21,1 KM	+00:40:55	5:36	10.7 (65.2%)
492	KRZEŚNIEWSKI Marcin	1294	ROWEROWY ZAŁOM	M 40	203	00:00:00	21,1 KM	+00:40:56	5:36	10.7 (65.2%)
493	MACIĄG Krzysztof	575		M 40	204	00:00:00	21,1 KM	+00:40:57	5:36	10.7 (65.2%)
494	ADAMCZYK Bernard	245		M 40	205	00:00:00	21,1 KM	+00:40:58	5:36	10.7 (65.2%)
495	STACHOWIAK Dawid	791		M 20	54	00:00:00	21,1 KM	+00:40:59	5:37	10.7 (65.2%)
496	SUCHECKI Przemysław	1801	KS POMORSKA	M 30	183	00:00:00	21,1 KM	+00:41:00	5:40	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
497	SZEWC Tomek	208		M 30	184	00:00:00	21,1 KM	+00:41:00	5:37	10.7 (65.2%)
498	MARTYNIUK Ryszard	130	GMINA STRZELCE OPOLSKIE	M 30	185	00:00:00	21,1 KM	+00:41:01	5:36	10.7 (65.2%)
499	PRUSZKOWSKI Szymon	1803	ZALASEWO	M 40	206	00:00:00	21,1 KM	+00:41:02	5:36	10.7 (65.2%)
500	WIĘCKOWSKI Sebastian	565		M 30	186	00:00:00	21,1 KM	+00:41:05	5:36	10.7 (65.2%)
501	NIEKOREK Sebastian	1276	PYRZYCE BIEGAJĄ	M 40	207	00:00:00	21,1 KM	+00:41:06	5:36	10.7 (65.2%)
502	MUMOT Dariusz	1854	RADZYMIN RUN TEAM	M 40	208	00:00:00	21,1 KM	+00:41:12	5:37	10.7 (65.2%)
503	ABRAHAMOWICZ Jakub	1308	QBA	M 30	187	00:00:00	21,1 KM	+00:41:13	5:37	10.7 (65.2%)
504	URBANIEC Wojciech	1771		M 50	51	00:00:00	21,1 KM	+00:41:24	5:37	10.7 (65.2%)
505	KUJACIŃSKI Łukasz	1044	GSK FIT PIORUNY	M 30	188	00:00:00	21,1 KM	+00:41:28	5:37	10.7 (65.2%)
506	KITA Piotr	1076	351 KLP	M 40	209	00:00:00	21,1 KM	+00:41:32	5:38	10.7 (65.2%)
507	RECLIK Łukasz	921	APRT	M 30	189	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
508	JAKUBOWICZ Dawid	1067		M 30	190	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
509	MACIEJEWSKI Krystian	1734	POLSKA RUNNING TEAM	M 40	210	00:00:00	21,1 KM	+00:41:37	5:38	10.6 (64.6%)
510	KONSEK Jacek	723		M 30	191	00:00:00	21,1 KM	+00:41:39	5:39	10.6 (64.6%)
511	HUSZCZA Piotr	1114	PYRZYCE BIEGAJĄ	M 40	211	00:00:00	21,1 KM	+00:41:43	5:38	10.6 (64.6%)
512	ROLLA Dorian	429		M 40	212	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
513	MIADZIELEC Artur	1533		M 30	192	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
514	RACINOWSKI Marcin	311		M 40	213	00:00:00	21,1 KM	+00:41:47	5:38	10.6 (64.6%)
515	TYCZYŃSKI Krzysztof	1321	CZERWONAK BIEGA	M 30	193	00:00:00	21,1 KM	+00:41:48	5:38	10.6 (64.6%)
516	DENESZEWSKI Tomek	104		M 30	194	00:00:00	21,1 KM	+00:41:48	5:38	10.6 (64.6%)
517	STRÓŻYK Artur	1445		M 30	195	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
518	JÓŻWIAK Arkadiusz	1352		M 40	214	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
519	IGRAS Mieczysław	805	RUNNERS TEAM NYSA	M 50	52	00:00:00	21,1 KM	+00:41:57	5:39	10.6 (64.6%)
520	FRĄCKOWIAK Cezariusz	1704		M 50	53	00:00:00	21,1 KM	+00:41:58	5:39	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
521	TCHÓRZ Dariusz	1853		M 40	215	00:00:00	21,1 KM	+00:42:00	5:39	10.6 (64.6%)
522	DOMINIAK Tomasz	1633		M 40	216	00:00:00	21,1 KM	+00:42:06	5:39	10.6 (64.6%)
523	BABIŃSKI Sławek	1873	HANMON.PL	M 40	217	00:00:00	21,1 KM	+00:42:10	5:39	10.6 (64.6%)
524	SCHMIDT Mariusz	587	ORANGE POLSKA	M 40	218	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
525	CZERWONKA Piotr	660		M 20	55	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
526	CIENIUCH Krzysztof	620	OSTRY CIEŃ MGLY	M 40	219	00:00:00	21,1 KM	+00:42:17	5:40	10.6 (64.6%)
527	GROCKI Mirosław	1059	HAZOKI	M 30	196	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
528	LESZCZYŃSKI Artur	813	BBL	M 40	220	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
529	WASIELEWSKI Błażej	380	DRUŻYNA SZPIKU	M 30	197	00:00:00	21,1 KM	+00:42:19	5:41	10.6 (64.6%)
530	BECHTA Damian	851	ADIDAS RUNNERS WARSAW	M 20	56	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
531	SZUMSKI Zbigniew	1118	927-18-51-447	M 50	54	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
532	GÓRALSKI Jarosław	736	SMERFY BIEGAJĄ RAZEM PO 0.7	M 50	55	00:00:00	21,1 KM	+00:42:23	5:40	10.6 (64.6%)
533	SACHARSKI Bartłomiej	222	WIECZORNE BIEGANIE W SZCZECINIE	M 30	198	00:00:00	21,1 KM	+00:42:23	5:40	10.6 (64.6%)
534	NYCZ Marcin	1375		M 30	199	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
535	MAZUR Kamil	671		M 30	200	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
536	TOBJASZ Maciej	1265		M 40	221	00:00:00	21,1 KM	+00:42:24	5:41	10.5 (64.0%)
537	BOROWSKI Marcin	1087	MIND GROUP	M 40	222	00:00:00	21,1 KM	+00:42:27	5:40	10.6 (64.6%)
538	WAJDZIK Adam	713	CZWARTUNIO TEAM	M 20	57	00:00:00	21,1 KM	+00:42:31	5:40	10.6 (64.6%)
539	STANEK Paweł	605		M 40	223	00:00:00	21,1 KM	+00:42:33	5:40	10.6 (64.6%)
540	PIETRZAK Krzysztof	718	BIEGAMBOLUBIĘ GORZÓW	M 30	201	00:00:00	21,1 KM	+00:42:35	5:42	10.5 (64.0%)
541	KALISZAN Damian	934		M 40	224	00:00:00	21,1 KM	+00:42:36	5:41	10.6 (64.6%)
542	CZYŻEWSKI Mateusz	637	WKURW_TEAM PAPRYKARZE	M 30	202	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
543	KAZMIERCZAK Grzegorz	1229		M 40	225	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
544	SZMEICHEL Dariusz	1130		M 50	56	00:00:00	21,1 KM	+00:42:37	5:41	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
545	CHWEDORCZUK Robert	1476		M 40	226	00:00:00	21,1 KM	+00:42:38	5:41	10.6 (64.6%)
546	WALKOWIAK Jacek	1074		M 40	227	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
547	ŁUSZCZEWSKI Kamil	348		M 20	58	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
548	CIEMCIOCH Damian	1190		M 30	203	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
549	TARGOŃSKI Sławomir	656	1980	M 30	204	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
550	URBAŃCZAK Szymon	1143	DOBICONNECT	M 30	205	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
551	GABOR Krzysztof	1634		M 40	228	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
552	HRYNIEWICZ Jacek	904	KONGSBERG K-RUNNERS	M 30	206	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
553	MATUSZAK Krzysztof	768	MATUSZAK TEAM	M 40	229	00:00:00	21,1 KM	+00:42:47	5:41	10.5 (64.0%)
554	CIELOCH Krzysztof	1312		M 30	207	00:00:00	21,1 KM	+00:42:48	5:41	10.5 (64.0%)
555	ROSZAK Tomasz	1460	NIGHT RUNNERS WRZEŚNIA	M 40	230	00:00:00	21,1 KM	+00:42:48	5:42	10.5 (64.0%)
556	TABISZ Marcin	834		M 40	231	00:00:00	21,1 KM	+00:42:49	5:42	10.5 (64.0%)
557	PIETRZAK Krzysztof	1139		M 40	232	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
558	PUSTUŁKA Adam	249		M 40	233	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
559	RYCHEL Radosław	391	E-DZIEWIARKA.PL	M 40	234	00:00:00	21,1 KM	+00:42:51	5:41	10.5 (64.0%)
560	KACZMARZYK Bartłomiej	959		M 30	208	00:00:00	21,1 KM	+00:42:53	5:41	10.5 (64.0%)
561	WINKLER Sebastian	667	DOCHODZIMY W 2H :)	M 30	209	00:00:00	21,1 KM	+00:42:54	5:41	10.5 (64.0%)
562	GIDELSKI Rafał	1105		M 40	235	00:00:00	21,1 KM	+00:42:59	5:42	10.5 (64.0%)
563	JASTRZĘBSKI Maciej	323		M 30	210	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
564	STRELCOW Krzysztof	837		M 40	236	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
565	DROZDEK Włodzimierz	264	CHARTY	M 50	57	00:00:00	21,1 KM	+00:43:04	5:42	10.5 (64.0%)
566	WEYNA Rafał	1318	RUCHAWIE MISIE Z BIAŁEGO DOMKU	M 40	237	00:00:00	21,1 KM	+00:43:08	5:42	10.5 (64.0%)
567	POTOCZNIK Tomasz	1085		M 40	238	00:00:00	21,1 KM	+00:43:10	5:42	10.5 (64.0%)
568	ROGOZIŃSKI Artur	1748	BIEGAM BO LUBIĘ	M 40	239	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
569	UMIŃSKI Robert	918		M 30	211	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
570	PYZIK Grzegorz	228		M 40	240	00:00:00	21,1 KM	+00:43:13	5:42	10.5 (64.0%)
571	ZĄBCZYK Jakub	124		M 40	241	00:00:00	21,1 KM	+00:43:18	5:43	10.5 (64.0%)
572	SIKORA Dariusz	1361		M 50	58	00:00:00	21,1 KM	+00:43:19	5:43	10.5 (64.0%)
573	DUDEK Dariusz	32		M 20	59	00:00:00	21,1 KM	+00:43:24	5:43	10.5 (64.0%)
574	KRÓL Mateusz	1537		M 20	60	00:00:00	21,1 KM	+00:43:25	5:43	10.5 (64.0%)
575	SZUDEJKO Michał	869		M 30	212	00:00:00	21,1 KM	+00:43:31	5:49	10.3 (62.8%)
576	TOBOŁA Robert	306		M 40	242	00:00:00	21,1 KM	+00:43:31	5:43	10.5 (64.0%)
577	GAWRON Andrzej	483		M 40	243	00:00:00	21,1 KM	+00:43:36	5:43	10.5 (64.0%)
578	ŻMINKOWSKI Jarosław	256	ZAWARCIE	M 50	59	00:00:00	21,1 KM	+00:43:38	5:43	10.5 (64.0%)
579	ANTONISZYN Dariusz	434	SZCZYTKOWICE W BIEGU	M 50	60	00:00:00	21,1 KM	+00:43:40	5:44	10.5 (64.0%)
580	. Sasza44	963	LECHICI ZIELONKA	M 40	244	00:00:00	21,1 KM	+00:43:41	5:44	10.5 (64.0%)
581	KAPRUZIAK Waldemar	1210		M 40	245	00:00:00	21,1 KM	+00:43:45	5:44	10.5 (64.0%)
582	GRZECHOWIAK Marek	1818		M 20	61	00:00:00	21,1 KM	+00:43:46	5:44	10.5 (64.0%)
583	GODZIUK Roman	1645		M 50	61	00:00:00	21,1 KM	+00:43:51	5:44	10.4 (63.4%)
584	ZIELIŃSKI Sławomir	1191		M 30	213	00:00:00	21,1 KM	+00:43:56	5:44	10.4 (63.4%)
585	BIWOJNO Paweł	844		M 30	214	00:00:00	21,1 KM	+00:44:02	5:45	10.4 (63.4%)
586	CHYŁA Dawid	751		M 30	215	00:00:00	21,1 KM	+00:44:05	5:45	10.4 (63.4%)
587	HORZELA Adam	1303	HURAGAN LIGOTA	M 30	216	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
588	WICKI Karol	477	GREG TEAM	M 20	62	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
589	STOLC Ireneusz	545	KASZUBSKI BIEGACZ	M 30	217	00:00:00	21,1 KM	+00:44:09	5:45	10.4 (63.4%)
590	KULA Adam	808		M 30	218	00:00:00	21,1 KM	+00:44:10	5:45	10.4 (63.4%)
591	LELENIEWSKI Jacek	892		M 30	219	00:00:00	21,1 KM	+00:44:16	5:45	10.4 (63.4%)
592	PAJCHROWSKI Michał	988		M 30	220	00:00:00	21,1 KM	+00:44:31	5:46	10.4 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
593	LESZCZ Jarosław	557		M 40	246	00:00:00	21,1 KM	+00:44:32	5:46	10.4 (63.4%)
594	STEFANIAK Paweł	106	12BZ/14BUJ	M 30	221	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
595	ROMAN Krzysztof	154		M 40	247	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
596	KALBARCZYK Maciej	696		M 30	222	00:00:00	21,1 KM	+00:44:35	5:46	10.4 (63.4%)
597	DZIEDZIC Dominik	1196		M 30	223	00:00:00	21,1 KM	+00:44:37	5:46	10.4 (63.4%)
598	KOWCZYK Marcin	1535		M 30	224	00:00:00	21,1 KM	+00:44:42	5:47	10.4 (63.4%)
599	CIEŚLA Arkadiusz	1346	BIEGAMY Z SERCEM.PL	M 40	248	00:00:00	21,1 KM	+00:44:43	5:47	10.4 (63.4%)
600	SAŁABON Mateusz	527		M 20	63	00:00:00	21,1 KM	+00:44:44	5:47	10.4 (63.4%)
601	UTRACKI Michał	1036		M 50	62	00:00:00	21,1 KM	+00:44:51	5:47	10.4 (63.4%)
602	WOJCIECHOWSKI Maks	421		M 20	64	00:00:00	21,1 KM	+00:44:57	5:48	10.3 (62.8%)
603	SUTULA Krzysztof	502		M 40	249	00:00:00	21,1 KM	+00:44:59	5:47	10.4 (63.4%)
604	VLADYMYROV Dmytro	472	WATAHA	M 30	225	00:00:00	21,1 KM	+00:45:02	5:47	10.3 (62.8%)
605	BARANOWSKI Łukasz	724		M 30	226	00:00:00	21,1 KM	+00:45:07	5:48	10.3 (62.8%)
606	LELITO Piotr	1334		M 30	227	00:00:00	21,1 KM	+00:45:11	5:48	10.3 (62.8%)
607	ZAWLIK Tomasz	739	KAŻDA KROPLA POTU MA SENS	M 40	250	00:00:00	21,1 KM	+00:45:13	5:48	10.3 (62.8%)
608	PRUSZANOW Marcin	622	KB HERMES GRYFINO	M 40	251	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
609	BORKOWSKI Marek	1366		M 40	252	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
610	WŁOSZAK Marek	100		M 30	228	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
611	KOZŁOWSKI Adam	1848	WIECZORNE BIEGANIE W SZCZECINIE	M 40	253	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
612	MARCINOWSKI Krzysztof	1765	RUN4FUN	M 40	254	00:00:00	21,1 KM	+00:45:19	5:48	10.3 (62.8%)
613	FRANKOWSKI Mariusz	541		M 30	229	00:00:00	21,1 KM	+00:45:21	5:49	10.3 (62.8%)
614	MAŁECKI Artur	662		M 40	255	00:00:00	21,1 KM	+00:45:26	5:49	10.3 (62.8%)
615	TUROŃ Błażej	992	SAINT-GOBAIN SQUAD	M 20	65	00:00:00	21,1 KM	+00:45:28	5:49	10.3 (62.8%)
616	GACH Krzysztof	581	1987	M 30	230	00:00:00	21,1 KM	+00:45:32	5:49	10.3 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
617	WYGODA Paweł	681	HERBALIFE	M 50	63	00:00:00	21,1 KM	+00:45:33	5:49	10.3 (62.8%)
618	ZAJĄC Paweł	1111		M 30	231	00:00:00	21,1 KM	+00:45:36	5:51	10.3 (62.8%)
619	KLOS Tomasz	1108		M 30	232	00:00:00	21,1 KM	+00:45:38	5:49	10.3 (62.8%)
620	PERLEGA Marcin	1490	BAKPAK.PL	M 40	256	00:00:00	21,1 KM	+00:45:40	5:49	10.3 (62.8%)
621	JARZĄBEK Michał	1117	MICHAŁ JARZĄBEK	M 30	233	00:00:00	21,1 KM	+00:45:42	5:49	10.3 (62.8%)
622	SYCAN Krzysztof	1887	PKO BANK POLSKI / BIEGAM NA TARCHOMINIE	M 40	257	00:00:00	21,1 KM	+00:45:44	5:49	10.3 (62.8%)
623	WOŁYNIEC Szymon	66	WIECZORNE BIEGANIE W SZCZECINIE	M 20	66	00:00:00	21,1 KM	+00:45:47	5:50	10.3 (62.8%)
624	CZUBALA Michał	573		M 30	234	00:00:00	21,1 KM	+00:45:49	5:50	10.3 (62.8%)
625	JARMUŻEWSKI Adam	1242	TIA	M 40	258	00:00:00	21,1 KM	+00:45:52	5:50	10.3 (62.8%)
626	SZABŁOWSKI Łukasz	1233		M 20	67	00:00:00	21,1 KM	+00:45:53	5:50	10.3 (62.8%)
627	BOJKO Marek	58		M 40	259	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
628	PASZKOWSKI Michał	1144	SOLANIN FILM FESTIWAL	M 20	68	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
629	ZIMNY Ireneusz	288		M 40	260	00:00:00	21,1 KM	+00:46:09	5:51	10.3 (62.8%)
630	MARCULA Emil	1048		M 30	235	00:00:00	21,1 KM	+00:46:12	5:51	10.2 (62.2%)
631	DOBOSZ Piotr	1725	1980	M 30	236	00:00:00	21,1 KM	+00:46:16	5:51	10.2 (62.2%)
632	KOWALSKI Piotr	1662	BMW P	M 30	237	00:00:00	21,1 KM	+00:46:17	5:55	10.1 (61.6%)
633	KOŁOMAŃSKI Hubert	1581		M 30	238	00:00:00	21,1 KM	+00:46:24	5:51	10.2 (62.2%)
634	POPIELA Krzysiek	1712		M 20	69	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
635	PYTEL Jarosław	365	PARKRUN CHRZANÓW	M 30	239	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
636	MANDAT Janek	465	KB LUPUS OLEŚNICA	M 60	5	00:00:00	21,1 KM	+00:46:28	5:52	10.2 (62.2%)
637	USEWICZ Maciej	1165		M 30	240	00:00:00	21,1 KM	+00:46:28	5:52	10.2 (62.2%)
638	HUDEREK Łukasz	1766		M 40	261	00:00:00	21,1 KM	+00:46:35	5:52	10.2 (62.2%)
639	BENTKOWSKI Tomasz	1055	POBIEDZISKA RUNNING TEAM	M 40	262	00:00:00	21,1 KM	+00:46:37	5:52	10.2 (62.2%)
640	KOCHANIAK Andrzej	902	PODLASKI BIMBER	M 30	241	00:00:00	21,1 KM	+00:46:45	5:52	10.2 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
641	SMARZEK Tomasz	1866	MBANK	M 30	242	00:00:00	21,1 KM	+00:46:46	5:53	10.2 (62.2%)
642	ROŻEK Marcin	1568	CSWL POZNAŃ	M 30	243	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)
643	MIKOŁAJCZYK Łukasz	1778		M 30	244	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)
644	PAWLAK Krzysztof	246		M 30	245	00:00:00	21,1 KM	+00:46:49	5:53	10.2 (62.2%)
645	BOĆKOWSKI Marek	1802		M 50	64	00:00:00	21,1 KM	+00:47:01	5:53	10.2 (62.2%)
646	IWANOWSKI Piotr	139	BIEGAM PO SKRZESZEWIE	M 50	65	00:00:00	21,1 KM	+00:47:04	5:55	10.1 (61.6%)
647	FORMAS Łukasz	592		M 40	263	00:00:00	21,1 KM	+00:47:13	5:54	10.2 (62.2%)
648	GRULKOWSKI Damian	1008		M 40	264	00:00:00	21,1 KM	+00:47:14	5:54	10.2 (62.2%)
649	WOJTAT Adam	59		M 50	66	00:00:00	21,1 KM	+00:47:17	5:54	10.2 (62.2%)
650	ZGRZENDEK Maciej	1559		M 20	70	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
651	GÖDE Christopher	1258		M 20	71	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
652	SWIEZACZYNSKI Piotr	1015		M 30	246	00:00:00	21,1 KM	+00:47:20	5:54	10.2 (62.2%)
653	TARASIEWICZ Ryszard	643		M 60	6	00:00:00	21,1 KM	+00:47:24	5:54	10.1 (61.6%)
654	MUSIŃSKI Bartosz	1026		M 30	247	00:00:00	21,1 KM	+00:47:25	5:54	10.1 (61.6%)
655	M Michał	1003		M 40	265	00:00:00	21,1 KM	+00:47:29	5:54	10.1 (61.6%)
656	WENGER Oliver	789	HAI BOTSCHAFTER	M 40	266	00:00:00	21,1 KM	+00:47:37	5:57	10.1 (61.6%)
657	ROSZAK Henryk	259	KOMPANIA PIWOWARSKA	M 50	67	00:00:00	21,1 KM	+00:47:37	5:55	10.1 (61.6%)
658	DZIEDZIC Józef	229	ZABIEGANY WOŁOMIN	M 50	68	00:00:00	21,1 KM	+00:47:39	5:55	10.1 (61.6%)
659	ŁODYGOWSKI Hubert	977		M 40	267	00:00:00	21,1 KM	+00:47:40	5:55	10.1 (61.6%)
660	JOB Piotr	403		M 40	268	00:00:00	21,1 KM	+00:47:43	5:55	10.1 (61.6%)
661	PYRZAK Paweł	880		M 30	248	00:00:00	21,1 KM	+00:47:46	5:55	10.1 (61.6%)
662	GABIS Krzysztof	1296		M 30	249	00:00:00	21,1 KM	+00:47:51	5:55	10.1 (61.6%)
663	LOTKO Jeremiasz	630		M 20	72	00:00:00	21,1 KM	+00:47:53	5:56	10.1 (61.6%)
664	BARANOWSKI Marcin	1384		M 40	269	00:00:00	21,1 KM	+00:47:56	5:56	10.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
665	WÓDKOWSKI Rafał	42		M 50	69	00:00:00	21,1 KM	+00:47:57	5:56	10.1 (61.6%)
666	GRZELCZYK Dawid	984		M 20	73	00:00:00	21,1 KM	+00:48:02	5:56	10.1 (61.6%)
667	GAPYS Michał	1311		M 30	250	00:00:00	21,1 KM	+00:48:07	5:56	10.1 (61.6%)
668	KOZERA Sławek	187		M 40	270	00:00:00	21,1 KM	+00:48:08	5:56	10.1 (61.6%)
669	SŁAWSKI Arkadiusz	30	MORSY KONIN	M 40	271	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
670	MATUSZCZYK Krzysztof	1411		M 40	272	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
671	GRECZUK Paweł	1575		M 30	251	00:00:00	21,1 KM	+00:48:16	5:57	10.1 (61.6%)
672	BLIZNIAK Duży	1863		M 40	273	00:00:00	21,1 KM	+00:48:17	5:57	10.1 (61.6%)
673	ZAJĄC Łukasz	1539	KS KROTOSZ KROTOSZYN	M 30	252	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
674	GALOR Piotr	1488		M 20	74	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
675	FILOCHOWSKI Daniel	1350	AKTYWNAPSZCZYNA	M 40	274	00:00:00	21,1 KM	+00:48:31	5:57	10.1 (61.6%)
676	STĘPNIAK Lesław	280		M 40	275	00:00:00	21,1 KM	+00:48:37	5:58	10.1 (61.6%)
677	BOROWIEC Arkadiusz	1369	CHEŁM BIEGA	M 40	276	00:00:00	21,1 KM	+00:48:42	5:59	10 (61.0%)
678	MAMAJ Adam	1335	WARSZAWABIEGA	M 50	70	00:00:00	21,1 KM	+00:48:52	5:58	10 (61.0%)
679	BARTECKI Tomasz	1217		M 30	253	00:00:00	21,1 KM	+00:48:53	5:58	10 (61.0%)
680	GARBACZ Zbigniew	591		M 40	277	00:00:00	21,1 KM	+00:48:58	5:59	10 (61.0%)
681	CIESZKIEWICZ Jarosław	990		M 40	278	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
682	SYROKA Jan	722	1989	M 50	71	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
683	KORAL Jakub	1260		M 20	75	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
684	GRABOWSKI Grzegorz	1169	ASTMA GDAŃSK	M 40	279	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
685	CIBOROWSKI Dawid	1702		M 30	254	00:00:00	21,1 KM	+00:49:18	6:00	10 (61.0%)
686	CHMARA Sebastian	1753	ZAWISZA	M 40	280	00:00:00	21,1 KM	+00:49:21	6:00	10 (61.0%)
687	PRZĄDKA Michał	441	OPALENICKI KLUB BIEGACZA	M 40	281	00:00:00	21,1 KM	+00:49:23	6:00	10 (61.0%)
688	SOLIŃSKI Adam	1282	BRAK	M 20	76	00:00:00	21,1 KM	+00:49:25	6:01	10 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
689	GRZYWACZ Marcin	910		M 30	255	00:00:00	21,1 KM	+00:49:34	6:00	10 (61.0%)
690	KONIKOWSKI Daniel	1879		M 30	256	00:00:00	21,1 KM	+00:49:36	6:00	10 (61.0%)
691	DOMAŃSKI Piotr	1883		M 30	257	00:00:00	21,1 KM	+00:49:40	6:01	10 (61.0%)
692	BUSS Jakub	897	KUDOWIANKA RUN	M 40	282	00:00:00	21,1 KM	+00:49:44	6:01	10 (61.0%)
693	BIELECKI Tadeusz	749	UKS SIÓDEMKA RUMIA	M 40	283	00:00:00	21,1 KM	+00:49:46	6:01	10 (61.0%)
694	ŻBEL Michał	1231	HRMAX ŻORY	M 40	284	00:00:00	21,1 KM	+00:49:50	6:01	10 (61.0%)
695	BABAK Łukasz	1616		M 30	258	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
696	SZARZEC Przemysław	728		M 40	285	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
697	WALOTKA Filip	1752	GVT	M 30	259	00:00:00	21,1 KM	+00:49:55	6:01	9.9 (60.4%)
698	SŁAWIŃSKI Wojciech	133		M 20	77	00:00:00	21,1 KM	+00:49:57	6:01	9.9 (60.4%)
699	CIESIOLKIEWICZ Mariusz	1032		M 30	260	00:00:00	21,1 KM	+00:50:00	6:02	9.9 (60.4%)
700	KOWALCZYK Piotr	588		M 30	261	00:00:00	21,1 KM	+00:50:03	6:02	9.9 (60.4%)
701	OSZUST Marcin	1427	CHEŁMSKA GRUPA TRIATHLONU	M 40	286	00:00:00	21,1 KM	+00:50:06	6:02	9.9 (60.4%)
702	RZEŹNICZAK Przemysław	1168	ŻAGAŃSKIE DZIKI	M 40	287	00:00:00	21,1 KM	+00:50:09	6:02	9.9 (60.4%)
703	ŻUCHOWSKI Łukasz	1106	TROCHĘ RURZYCA	M 40	288	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
704	WRÓBLEWSKI Michał	1657		M 40	289	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
705	OGRODZIŃSKI Przemysław	697		M 30	262	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
706	JASIŃSKI Krzysztof	1363	BIEGNĘ BYLE DOBIEC	M 30	263	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
707	SZREK Krzysztof	186	GO VEGAN	M 20	78	00:00:00	21,1 KM	+00:50:15	6:02	9.9 (60.4%)
708	MARCINEK Rafał	446	MARCINEK TEAM	M 40	290	00:00:00	21,1 KM	+00:50:16	6:02	9.9 (60.4%)
709	JANOSZKA Piotr	534		M 30	264	00:00:00	21,1 KM	+00:50:16	6:06	9.8 (59.8%)
710	KOROWIEC Michał	1064		M 30	265	00:00:00	21,1 KM	+00:50:17	6:02	9.9 (60.4%)
711	BYCZYK Jacek	1277	PKO BANK POLSKI	M 50	72	00:00:00	21,1 KM	+00:50:27	6:03	9.9 (60.4%)
712	CHĄDZYŃSKI Marcin	233		M 30	266	00:00:00	21,1 KM	+00:50:29	6:03	9.9 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
713	CHYBIŃSKI Marcin	532		M 40	291	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
714	SZYMAŃSKI Sławomir	411		M 30	267	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
715	RĘPAŁSKI Marcin	911	BRYGADA RR	M 40	292	00:00:00	21,1 KM	+00:50:35	6:03	9.9 (60.4%)
716	WRÓBLEWSKI Tomasz	1660		M 30	268	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
717	SZMYT Mariusz	1491		M 40	293	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
718	JANASZ Andrzej	1497		M 40	294	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
719	KOWNACKI Bartłomiej	251		M 40	295	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
720	WOJDA Artur	71		M 30	269	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
721	PODWYSOCKI Adrian	1685		M 30	270	00:00:00	21,1 KM	+00:50:42	6:04	9.9 (60.4%)
722	SZADOWIAK Jakub	804		M 20	79	00:00:00	21,1 KM	+00:50:43	6:04	9.9 (60.4%)
723	KALINOWSKI Krzysztof	1810	GOGGLE PAE TEAM	M 40	296	00:00:00	21,1 KM	+00:50:44	6:05	9.8 (59.8%)
724	KRZEMIONKA Daniel	1426		M 40	297	00:00:00	21,1 KM	+00:50:50	6:04	9.9 (60.4%)
725	KUZIEL Marcin	179	BLACK RUNNING STRONIE ŚLĄSKIE	M 30	271	00:00:00	21,1 KM	+00:50:52	6:04	9.9 (60.4%)
726	WÓJCIK Łukasz	1273	WÓJCIKI	M 30	272	00:00:00	21,1 KM	+00:50:53	6:04	9.9 (60.4%)
727	IWAŃSKI Arkadiusz	1679		M 40	298	00:00:00	21,1 KM	+00:50:55	6:04	9.9 (60.4%)
728	GURAK Tomasz	1613	STARGARD	M 40	299	00:00:00	21,1 KM	+00:50:56	6:04	9.9 (60.4%)
729	ZIOBROWSKI Dawid	1592		M 30	273	00:00:00	21,1 KM	+00:50:59	6:04	9.9 (60.4%)
730	TOMASZEWSKI Michał	73	ORANGE POLSKA	M 20	80	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
731	ANIOŁA-KUSZ Dominik	513		M 40	300	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
732	KOZIMOR Mariusz	1380	USB USTKA	M 40	301	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
733	SOWA Krzysztof	189	ZWIEDZANIE PRZEZ BIEGANIE	M 30	274	00:00:00	21,1 KM	+00:51:01	6:04	9.9 (60.4%)
734	PUCH Tomasz	1722		M 40	302	00:00:00	21,1 KM	+00:51:02	6:05	9.9 (60.4%)
735	DUDZIŃSKI Kamil	175		M 30	275	00:00:00	21,1 KM	+00:51:04	6:05	9.9 (60.4%)
736	URZĘDOWSKI Piotr	1103	PYRZYCE BIEGAJĄ	M 30	276	00:00:00	21,1 KM	+00:51:06	6:05	9.9 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
737	BARANSKI Krzysztof	1283	LEŚNA EKIPA	M 30	277	00:00:00	21,1 KM	+00:51:07	6:13	9.6 (58.5%)
738	ŁUCZAK Zbigniew	797		M 30	278	00:00:00	21,1 KM	+00:51:07	6:05	9.9 (60.4%)
739	GNIADEK Dariusz	1159		M 50	73	00:00:00	21,1 KM	+00:51:12	6:05	9.8 (59.8%)
740	SPYCHAŁA Stanisław	1574	WRONIECKI KLUB BIEGACZA	M 60	7	00:00:00	21,1 KM	+00:51:19	6:05	9.8 (59.8%)
741	KOTYCZKA Cyriak	606	HURAGAN LIGOTA	M 20	81	00:00:00	21,1 KM	+00:51:20	6:05	9.8 (59.8%)
742	ZAWADZKI Klaudiusz	1332		M 40	303	00:00:00	21,1 KM	+00:51:27	6:06	9.8 (59.8%)
743	KUŚ Marcin Tomasz	875	AKTYWNA BYDGOSZCZ	M 40	304	00:00:00	21,1 KM	+00:51:28	6:06	9.8 (59.8%)
744	SCHILLING Alexander	1078	FAHRENWALDE	M 30	279	00:00:00	21,1 KM	+00:51:30	6:06	9.8 (59.8%)
745	CUDNOWSKI Leszek	1292	GDAŃSK POŁUDNIE / BIEGAMBOWARTO.PL	M 40	305	00:00:00	21,1 KM	+00:51:31	6:06	9.8 (59.8%)
746	MURAWSKI Radosław	932		M 30	280	00:00:00	21,1 KM	+00:51:32	6:06	9.8 (59.8%)
747	PETRUKOVYCH Maksym	1423		M 30	281	00:00:00	21,1 KM	+00:51:33	6:06	9.8 (59.8%)
748	KURKOWSKI Jarosław	1806	RUNNERB	M 40	306	00:00:00	21,1 KM	+00:51:40	6:06	9.8 (59.8%)
749	CZERNIACHOWSKI Artur	37	BOHAR PALETY RUNNERS	M 40	307	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
750	GOŁĘBIEWSKI Łukasz	1365	RUNTEAM NASIELSK	M 40	308	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
751	GRABNER Johann	237		M 40	309	00:00:00	21,1 KM	+00:51:54	6:07	9.8 (59.8%)
752	GÓRSKI Grzegorz	1608		M 40	310	00:00:00	21,1 KM	+00:51:55	6:07	9.8 (59.8%)
753	ZABORA Paweł	1869	SPINER POLICE	M 30	282	00:00:00	21,1 KM	+00:51:59	6:07	9.8 (59.8%)
754	WIKTORSKI Sebastian	88		M 30	283	00:00:00	21,1 KM	+00:52:01	6:07	9.8 (59.8%)
755	BASZUN Michał	925		M 30	284	00:00:00	21,1 KM	+00:52:08	6:08	9.8 (59.8%)
756	GONET Marek	1234		M 50	74	00:00:00	21,1 KM	+00:52:12	6:08	9.8 (59.8%)
757	BERNATOWICZ Karol	422		M 30	285	00:00:00	21,1 KM	+00:52:12	6:09	9.7 (59.1%)
758	FRITZ Karol	730		M 40	311	00:00:00	21,1 KM	+00:52:13	6:08	9.8 (59.8%)
759	SOBECKI Tomasz	1577		M 20	82	00:00:00	21,1 KM	+00:52:14	6:08	9.8 (59.8%)
760	WRÓBEL Wojtek	370	SZCZYTKOWICE W BIEGU	M 40	312	00:00:00	21,1 KM	+00:52:27	6:09	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
761	WINKEL Jerzy	239		M 40	313	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
762	URBANKIEWICZ Marcin	56	PIOTROWICKIE BEBOKI	M 30	286	00:00:00	21,1 KM	+00:52:36	6:09	9.7 (59.1%)
763	PONCYLIUSZ Artur	277		M 40	314	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
764	REKŚĆ Kacper	748		M 20	83	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
765	SAVCHUK Volodymyr	1102		M 20	84	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
766	RZĄSIK Łukasz	1336		M 30	287	00:00:00	21,1 KM	+00:52:42	6:09	9.7 (59.1%)
767	ZAMARIA Jerzy	657		M 60	8	00:00:00	21,1 KM	+00:52:44	6:09	9.7 (59.1%)
768	LEGEC Jerzy	374	RAZ SZCZECIN	M 50	75	00:00:00	21,1 KM	+00:52:47	6:10	9.7 (59.1%)
769	CZERWIŃSKI Janusz	1528	DAMY RADE ZEGRZE	M 50	76	00:00:00	21,1 KM	+00:52:48	6:10	9.7 (59.1%)
770	JAGIELSKI Łukasz	1512		M 40	315	00:00:00	21,1 KM	+00:52:57	6:10	9.7 (59.1%)
771	MAJ Mariusz	790	KB WIKON NOWA SOL	M 30	288	00:00:00	21,1 KM	+00:53:02	6:10	9.7 (59.1%)
772	FORNAL Patryk	1562		M 30	289	00:00:00	21,1 KM	+00:53:06	6:10	9.7 (59.1%)
773	GOLIŃSKI Krzysztof	1155		M 30	290	00:00:00	21,1 KM	+00:53:09	6:12	9.7 (59.1%)
774	SAWICKI Krzysztof	1805		M 30	291	00:00:00	21,1 KM	+00:53:10	6:11	9.7 (59.1%)
775	KOWALSKI Jarosław	645		M 40	316	00:00:00	21,1 KM	+00:53:11	6:11	9.7 (59.1%)
776	KASPRZAK Adam	442	BIEGAJ Z PASJĄ	M 20	85	00:00:00	21,1 KM	+00:53:16	6:11	9.7 (59.1%)
777	KOMOROWSKI Michał	1031		M 30	292	00:00:00	21,1 KM	+00:53:18	6:11	9.7 (59.1%)
778	LIDZBARSKI Adam	402		M 40	317	00:00:00	21,1 KM	+00:53:19	6:11	9.7 (59.1%)
779	WALKIEWICZ Łukasz	582		M 30	293	00:00:00	21,1 KM	+00:53:20	6:11	9.7 (59.1%)
780	TANAJEWSKI Dariusz	827	GEORUNGERS	M 30	294	00:00:00	21,1 KM	+00:53:22	6:11	9.7 (59.1%)
781	ADAMOWSKI Tomasz	1006		M 30	295	00:00:00	21,1 KM	+00:53:23	6:11	9.7 (59.1%)
782	WRĘBIAK Dariusz	689	RAZ	M 40	318	00:00:00	21,1 KM	+00:53:26	6:11	9.7 (59.1%)
783	WÓJCIK Jacek	1663		M 40	319	00:00:00	21,1 KM	+00:53:29	6:11	9.7 (59.1%)
784	DOPIERAŁA Sławomir	1517	KARBUD - W DRODZE DO CELU	M 40	320	00:00:00	21,1 KM	+00:53:30	6:12	9.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
785	MICHALSKI Mariusz	969		M 50	77	00:00:00	21,1 KM	+00:53:31	6:12	9.7 (59.1%)
786	BUDNY Wojciech	1650		M 30	296	00:00:00	21,1 KM	+00:53:35	6:12	9.7 (59.1%)
787	WILGOCKI Radosław	1264		M 30	297	00:00:00	21,1 KM	+00:53:48	6:12	9.7 (59.1%)
788	KOHLMAN Wojciech	1672		M 40	321	00:00:00	21,1 KM	+00:53:49	6:12	9.7 (59.1%)
789	OLEK Zbigniew	1516		M 30	298	00:00:00	21,1 KM	+00:53:50	6:12	9.7 (59.1%)
790	ADAMUS Janusz	559		M 40	322	00:00:00	21,1 KM	+00:53:51	6:13	9.7 (59.1%)
791	KARPIŃSKI Łukasz	861	AKTYWNA BYDGOSZCZ	M 40	323	00:00:00	21,1 KM	+00:53:54	6:13	9.6 (58.5%)
792	ŚWIDERSKI Wojciech	1358		M 20	86	00:00:00	21,1 KM	+00:53:58	6:19	9.5 (57.9%)
793	KUTNIK Roman	1458	KLUB BIEGACZY JYSK	M 40	324	00:00:00	21,1 KM	+00:54:01	6:15	9.6 (58.5%)
794	HOFFMANN Rafał	621		M 40	325	00:00:00	21,1 KM	+00:54:03	6:13	9.6 (58.5%)
795	HILLEMANN Andreas	1666	TEAM ERDINGER ALKOHOLFREI	M 40	326	00:00:00	21,1 KM	+00:54:10	6:13	9.6 (58.5%)
796	PILSKI Andrzej	96	BAREFOOT RUNNERS SOCIETY	M 70+	1	00:00:00	21,1 KM	+00:54:12	6:15	9.6 (58.5%)
797	BURNAGIEL Tomasz	658	HRMAX ŻORY	M 50	78	00:00:00	21,1 KM	+00:54:17	6:14	9.6 (58.5%)
798	SIWEK Tomasz	205		M 30	299	00:00:00	21,1 KM	+00:54:23	6:14	9.6 (58.5%)
799	PASZKIEWICZ Paweł	1407		M 40	327	00:00:00	21,1 KM	+00:54:30	6:14	9.6 (58.5%)
800	RÓG Krzysztof	455	ZDYSZAAANI	M 40	328	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
801	WILKOSZ Krystian	369	POLDKA HUSARIA	M 20	87	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
802	SUSEL Aleksander	21		M 30	300	00:00:00	21,1 KM	+00:54:33	6:15	9.6 (58.5%)
803	GRABOWICZ Paweł	950		M 40	329	00:00:00	21,1 KM	+00:54:35	6:15	9.6 (58.5%)
804	PONICKI Tomasz	1447	TEAM UJŚCIE	M 40	330	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
805	SZEWCZYK Mariusz	1395		M 40	331	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
806	POCZĄTEK Błażej	1772	POWER DOPPLER TEAM	M 30	301	00:00:00	21,1 KM	+00:54:39	6:15	9.6 (58.5%)
807	BAJEŃSKI Dariusz	912	PARKRUN TORUŃ	M 20	88	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
808	BŁĄDEK Rafał	6		M 40	332	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
809	KOŚCIUCZUK Bartosz	1200		M 30	302	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
810	WAȚTOR Marcin	67		M 40	333	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
811	GRABOWSKI Marcin	90	KOTY POZNAŃ	M 30	303	00:00:00	21,1 KM	+00:54:47	6:15	9.6 (58.5%)
812	GUDALEWSKI Tomasz	1746	PODLASKI KLUB SPORTOWY "NA SZCZYT"	M 50	79	00:00:00	21,1 KM	+00:54:48	6:15	9.6 (58.5%)
813	WRÓBEL Artur	1052		M 40	334	00:00:00	21,1 KM	+00:55:01	6:16	9.6 (58.5%)
814	ADAMCZUK Feliks	1221	KROS GÓRSKI IM. JERZEGO KORTZA	M 40	335	00:00:00	21,1 KM	+00:55:12	6:16	9.6 (58.5%)
815	DURDA Paweł	1471		M 30	304	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
816	DUDKA Robert	1259	SZCZECIN	M 30	305	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
817	SOBUSIAK Iwo	1572	KLUB BIEGACZA PROVIDENT	M 20	89	00:00:00	21,1 KM	+00:55:16	6:17	9.5 (57.9%)
818	BROŻYNA Miłosz	168		M 20	90	00:00:00	21,1 KM	+00:55:17	6:17	9.5 (57.9%)
819	WILK Tomasz	1136		M 50	80	00:00:00	21,1 KM	+00:55:20	6:17	9.5 (57.9%)
820	DĄBROWSKI Marcin	1300	TEAM KORNEL	M 40	336	00:00:00	21,1 KM	+00:55:21	6:17	9.5 (57.9%)
821	KOLANKOWSKI Andrzej	1641	POZYTYWNI BIEGACZE	M 50	81	00:00:00	21,1 KM	+00:55:30	6:17	9.5 (57.9%)
822	BORKOWSKI Robert	920		M 40	337	00:00:00	21,1 KM	+00:55:36	6:18	9.5 (57.9%)
823	MRÓZEK Szymon	1162	SAINT GOBAIN SQUAD	M 20	91	00:00:00	21,1 KM	+00:55:40	6:18	9.5 (57.9%)
824	KRYSIAK Dawid	399	WIECZORNE BIEGANIE W SZCZECINIE	M 30	306	00:00:00	21,1 KM	+00:55:44	6:18	9.5 (57.9%)
825	GAŁKA Grzegorz	517		M 40	338	00:00:00	21,1 KM	+00:55:45	6:18	9.5 (57.9%)
826	HYJEK Karol	485	GIŻYCKI BIEGACZ	M 30	307	00:00:00	21,1 KM	+00:55:46	6:18	9.5 (57.9%)
827	BENSZ Dariusz	1019		M 30	308	00:00:00	21,1 KM	+00:55:52	6:18	9.5 (57.9%)
828	ROJEWSKI Mateusz	1584		M 30	309	00:00:00	21,1 KM	+00:55:53	6:19	9.5 (57.9%)
829	JAWOREK Rafał	255	WSPÓLNA TEAM	M 40	339	00:00:00	21,1 KM	+00:55:57	6:19	9.5 (57.9%)
830	KISIECKI Marcin	929		M 30	310	00:00:00	21,1 KM	+00:55:59	6:19	9.5 (57.9%)
831	KRASOWSKI Leszek	1161	SAINT GOBAIN SQUAD	M 60	9	00:00:00	21,1 KM	+00:56:02	6:19	9.5 (57.9%)
832	ZABORNY Łukasz	649		M 20	92	00:00:00	21,1 KM	+00:56:05	6:19	9.5 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
833	CHMIELECKI Andrzej	1740	POLSKA RUNNING TEAM	M 50	82	00:00:00	21,1 KM	+00:56:06	6:19	9.5 (57.9%)
834	CISLAK Roman	584		M 40	340	00:00:00	21,1 KM	+00:56:17	6:19	9.5 (57.9%)
835	OKRÓJ Dawid	1171		M 30	311	00:00:00	21,1 KM	+00:56:22	6:20	9.5 (57.9%)
836	OPOLSKI Robert	800		M 50	83	00:00:00	21,1 KM	+00:56:22	6:20	9.5 (57.9%)
837	ZOMERFELD Tomasz	309	KB KROKUS KWIATKOWICE	M 40	341	00:00:00	21,1 KM	+00:56:25	6:21	9.4 (57.3%)
838	JAŚKIEWICZ Mateusz	34		M 20	93	00:00:00	21,1 KM	+00:56:30	6:20	9.5 (57.9%)
839	PŁOWENS Piotr	54		M 20	94	00:00:00	21,1 KM	+00:56:32	6:20	9.5 (57.9%)
840	POKORNY Tomasz	1717		M 40	342	00:00:00	21,1 KM	+00:56:37	6:20	9.5 (57.9%)
841	CHUDY Henryk	1697	K.S. OLSZEWSKI I SYNOWIE	M 60	10	00:00:00	21,1 KM	+00:56:39	6:20	9.4 (57.3%)
842	GIBIEC Wojciech	1122		M 30	312	00:00:00	21,1 KM	+00:56:40	6:21	9.4 (57.3%)
843	WOŹNIAK Mariusz	1002		M 40	343	00:00:00	21,1 KM	+00:56:49	6:21	9.4 (57.3%)
844	KOWALCZUK Dariusz	1404	ALIPLAST ALUMINIUM EXTRUSION	M 30	313	00:00:00	21,1 KM	+00:56:56	6:21	9.4 (57.3%)
845	CZYŻEWSKI Janusz	796	KOŁOBRZEG MARATON TEAM	M 50	84	00:00:00	21,1 KM	+00:56:57	6:22	9.4 (57.3%)
846	WUJDA Mirosław	1822	ERNI RULEZ	M 40	344	00:00:00	21,1 KM	+00:57:02	6:22	9.4 (57.3%)
847	ZAKRZEWSKI Tomasz	1840	RYPIN	M 30	314	00:00:00	21,1 KM	+00:57:03	6:22	9.4 (57.3%)
848	KWIECIEŃ Michał	331		M 20	95	00:00:00	21,1 KM	+00:57:09	6:22	9.4 (57.3%)
849	WASZKIEWICZ Jakub	1886		M 20	96	00:00:00	21,1 KM	+00:57:13	6:22	9.4 (57.3%)
850	BATOR Zbigniew	1541		M 60	11	00:00:00	21,1 KM	+00:57:17	6:22	9.4 (57.3%)
851	MISZ Hubert	272	WSPÓLNA TEAM	M 30	315	00:00:00	21,1 KM	+00:57:19	6:22	9.4 (57.3%)
852	BLÄSSE Detlef	176	RWO ENDURANCE TEAM	M 50	85	00:00:00	21,1 KM	+00:57:21	6:22	9.4 (57.3%)
853	WIŚNIEWSKI Adam	1526		M 30	316	00:00:00	21,1 KM	+00:57:22	6:23	9.4 (57.3%)
854	CZERWIŃSKI Janusz	1600	DAMY RADE ZEGRZE	M 50	86	00:00:00	21,1 KM	+00:57:23	6:23	9.4 (57.3%)
855	DUDZIAK Tadeusz	98		M 50	87	00:00:00	21,1 KM	+00:57:30	6:23	9.4 (57.3%)
856	SADOWSKI Daniel	1324	WIECZORNE BIEGANIE W SZCZECINE	M 40	345	00:00:00	21,1 KM	+00:57:33	6:23	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
857	BOŻEK Marcin	83		M 30	317	00:00:00	21,1 KM	+00:57:35	6:26	9.3 (56.7%)
858	DEMCZAR Jacek	793		M 40	346	00:00:00	21,1 KM	+00:57:38	6:25	9.3 (56.7%)
859	BORUSZEWSKI Maciej	1658		M 40	347	00:00:00	21,1 KM	+00:57:46	6:24	9.4 (57.3%)
860	ZAROBIAK Piotr	831		M 40	348	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
861	RUDZIEWICZ Michał	1640		M 30	318	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
862	KRUCZEK Grzegorz	1189		M 30	319	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
863	MELZER Arkadiusz	741		M 40	349	00:00:00	21,1 KM	+00:57:50	6:24	9.4 (57.3%)
864	WESOŁOWSKI Łukasz	873		M 30	320	00:00:00	21,1 KM	+00:58:00	6:24	9.4 (57.3%)
865	KARPIŃSKI Maciej	1674		M 50	88	00:00:00	21,1 KM	+00:58:08	6:25	9.3 (56.7%)
866	ŚLIWCZYŃSKI Damian	802	BIEGANIE NA ŚNIADANIE	M 30	321	00:00:00	21,1 KM	+00:58:10	6:25	9.3 (56.7%)
867	BZDUN Jacek	876		M 40	350	00:00:00	21,1 KM	+00:58:11	6:26	9.3 (56.7%)
868	OTOK Arkadiusz	609		M 30	322	00:00:00	21,1 KM	+00:58:20	6:25	9.3 (56.7%)
869	GRZYWACZYK Przemysław	303	#BIEGACZE	M 20	97	00:00:00	21,1 KM	+00:58:21	6:25	9.3 (56.7%)
870	STALICA Wiesław	486		M 50	89	00:00:00	21,1 KM	+00:58:28	6:26	9.3 (56.7%)
871	HAWRYLAK Marcin	947		M 50	90	00:00:00	21,1 KM	+00:58:45	6:26	9.3 (56.7%)
872	DWÓŹNIK Robert	136	DAM RADEĘ	M 50	91	00:00:00	21,1 KM	+00:58:50	6:27	9.3 (56.7%)
873	WARWAS Paweł	594	HARPAGAN SOSNOWIEC	M 50	92	00:00:00	21,1 KM	+00:59:04	6:27	9.3 (56.7%)
874	MIŻOŁEMSKI Patryk	1289		M 20	98	00:00:00	21,1 KM	+00:59:05	6:27	9.3 (56.7%)
875	RUSINIAK Kostek	1699	NO EXCUSES TEAM	M 20	99	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
876	OSSIG Krzysztof	996	NO EXCUSES TEAM	M 40	351	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
877	POPCZYK Sebastian	1018		M 20	100	00:00:00	21,1 KM	+00:59:09	6:28	9.3 (56.7%)
878	MROZIŃSKI Albert	335		M 40	352	00:00:00	21,1 KM	+00:59:10	6:28	9.3 (56.7%)
879	PIETRZAK Radosław	519		M 40	353	00:00:00	21,1 KM	+00:59:12	6:28	9.3 (56.7%)
880	FLORCZAK Zdzisław	1236	WWW.FMC24.PL	M 60	12	00:00:00	21,1 KM	+00:59:15	6:28	9.3 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
881	CZYŻ Stanisław	1232		M 30	323	00:00:00	21,1 KM	+00:59:27	6:28	9.3 (56.7%)
882	ŚMIECH Mariusz	1066		M 40	354	00:00:00	21,1 KM	+00:59:27	6:30	9.2 (56.1%)
883	NOWAK Artur	1344	A&G CARP TEAM	M 40	355	00:00:00	21,1 KM	+00:59:34	6:29	9.2 (56.1%)
884	BOGDANOWICZ Mirosław	1313	1969	M 50	93	00:00:00	21,1 KM	+00:59:35	6:31	9.2 (56.1%)
885	ZBRZEŹNIAK Igor	103		M 20	101	00:00:00	21,1 KM	+00:59:41	6:29	9.2 (56.1%)
886	LICHACZEWSKI Konrad	1857		M 40	356	00:00:00	21,1 KM	+00:59:46	6:29	9.2 (56.1%)
887	CISEK Michał	462		M 30	324	00:00:00	21,1 KM	+00:59:47	6:29	9.2 (56.1%)
888	BUDZIŃSKI Zbigniew	970		M 40	357	00:00:00	21,1 KM	+00:59:48	6:29	9.2 (56.1%)
889	GĘBALA Paweł	1567		M 40	358	00:00:00	21,1 KM	+00:59:50	6:30	9.2 (56.1%)
890	KASPRZAK Maciej	317		M 30	325	00:00:00	21,1 KM	+00:59:59	6:30	9.2 (56.1%)
891	ELERT Mariusz	1878		M 30	326	00:00:00	21,1 KM	+01:00:01	6:30	9.2 (56.1%)
892	JANKOWSKI Jerzy	526	POZYTYWNI BIEGACZE	M 60	13	00:00:00	21,1 KM	+01:00:02	6:30	9.2 (56.1%)
893	DERA Tomasz	1060	CZERWONAK BIEGA	M 30	327	00:00:00	21,1 KM	+01:00:03	6:30	9.2 (56.1%)
894	GOLONKA Piotr	1072		M 30	328	00:00:00	21,1 KM	+01:00:05	6:30	9.2 (56.1%)
895	SKÓRA Robert	1538		M 50	94	00:00:00	21,1 KM	+01:00:14	6:36	9.1 (55.5%)
896	PLUSKOTA Przemysław	1621		M 40	359	00:00:00	21,1 KM	+01:00:20	6:31	9.2 (56.1%)
897	URBANIAK Marek	268		M 40	360	00:00:00	21,1 KM	+01:00:21	6:31	9.2 (56.1%)
898	KUCIEL Robert	1775	RUNNING BOŁĘCIN	M 30	329	00:00:00	21,1 KM	+01:00:26	6:31	9.2 (56.1%)
899	SURMACZ Tomasz	618		M 30	330	00:00:00	21,1 KM	+01:00:36	6:32	9.2 (56.1%)
900	JAROSZ Tomasz	1310		M 40	361	00:00:00	21,1 KM	+01:00:41	6:32	9.2 (56.1%)
901	JERZY Jarosław	1628		M 40	362	00:00:00	21,1 KM	+01:00:43	6:32	9.2 (56.1%)
902	KAŹMIERCZAK Jarosław	1706	NYHA4	M 50	95	00:00:00	21,1 KM	+01:00:46	6:32	9.2 (56.1%)
903	ORYL Mariusz	386		M 30	331	00:00:00	21,1 KM	+01:00:46	6:32	9.2 (56.1%)
904	BYCHKOWSKI Jan	1077		M 40	363	00:00:00	21,1 KM	+01:00:50	6:32	9.2 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
905	KUBIŚ Kamil	105	5K	M 40	364	00:00:00	21,1 KM	+01:00:57	6:34	9.1 (55.5%)
906	TOMCZYK Krzysztof	1271		M 40	365	00:00:00	21,1 KM	+01:00:59	6:33	9.2 (56.1%)
907	SZARMACH Andrzej	146	PŁOCK BIEGA NO AGE LIMIT	M 30	332	00:00:00	21,1 KM	+01:01:03	6:33	9.1 (55.5%)
908	PLOCH Piotr	1737		M 30	333	00:00:00	21,1 KM	+01:01:08	6:37	9.1 (55.5%)
909	FANDRYCH Krzysztof	1154		M 40	366	00:00:00	21,1 KM	+01:01:16	6:34	9.1 (55.5%)
910	CZECHOWICZ Łukasz	1241		M 30	334	00:00:00	21,1 KM	+01:01:19	6:34	9.1 (55.5%)
911	LIS Mateusz	1182	HOLIDAY INN GDAŃSK - CITY CENTRE	M 30	335	00:00:00	21,1 KM	+01:01:22	6:34	9.1 (55.5%)
912	POLESZAK Adam	284		M 30	336	00:00:00	21,1 KM	+01:01:23	6:34	9.1 (55.5%)
913	PACHOLSKI Sławomir	943		M 30	337	00:00:00	21,1 KM	+01:01:33	6:34	9.1 (55.5%)
914	POPCZYK Mariusz	933		M 20	102	00:00:00	21,1 KM	+01:01:34	6:34	9.1 (55.5%)
915	ODZINKOWSKI Łukasz	1786	TRINEGU	M 40	367	00:00:00	21,1 KM	+01:01:40	6:35	9.1 (55.5%)
916	DUDENKO Jerzy	685		M 40	368	00:00:00	21,1 KM	+01:01:45	6:35	9.1 (55.5%)
917	DZBANUSZEK Mariusz	181		M 30	338	00:00:00	21,1 KM	+01:01:46	6:35	9.1 (55.5%)
918	SEMENIUK Rafał	1487	24 BLP	M 30	339	00:00:00	21,1 KM	+01:01:52	6:35	9.1 (55.5%)
919	KOZŁOWSKI Grzegorz	1498		M 30	340	00:00:00	21,1 KM	+01:01:53	6:35	9.1 (55.5%)
920	TATERKA Michał	238	CIDRY LOTAJOM	M 20	103	00:00:00	21,1 KM	+01:01:59	6:36	9.1 (55.5%)
921	KANIEWSKI Łukasz	1603	AKTYWNA KCYNIA	M 30	341	00:00:00	21,1 KM	+01:02:03	6:36	9.1 (55.5%)
922	KIMMIG Michael	629		M 50	96	00:00:00	21,1 KM	+01:02:09	6:36	9.1 (55.5%)
923	PTASZYŃSKI Krzysztof	1554	PKO BP SA	M 50	97	00:00:00	21,1 KM	+01:02:25	6:37	9.1 (55.5%)
924	SIEDLECKI Norbert	533		M 20	104	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
925	BRODACKI Paweł	1675		M 30	342	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
926	DOMAGAŁA Andrzej	281	BIEGAMDŁAZDROWIA.PL	M 50	98	00:00:00	21,1 KM	+01:02:31	6:37	9.1 (55.5%)
927	BUDNY Tomasz	355		M 40	369	00:00:00	21,1 KM	+01:02:32	6:37	9.1 (55.5%)
928	JANUCHOWSKI Jacek	1186	DAMY RADE ZEGRZE	M 70+	2	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
929	KONTAKIEWICZ Daniel	1626		M 40	370	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
930	GÓRALCZYK Artur	1510		M 20	105	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
931	SOBIECH Karol	648	POBIEDZISKA RUNNING TEAM	M 30	343	00:00:00	21,1 KM	+01:02:36	6:37	9 (54.9%)
932	WŁODARCZYK Wojciech	1875		M 40	371	00:00:00	21,1 KM	+01:02:40	6:38	9 (54.9%)
933	MŁOSZ Bartłomiej	1749	KASZANKI	M 50	99	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
934	GOLKA Sebastian	1184		M 40	372	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
935	FILIP Bartosz	1819		M 40	373	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
936	SKORUPIŃSKI Paweł	1758	BARLINEK RUN FOREST TEAM	M 40	374	00:00:00	21,1 KM	+01:03:01	6:39	9 (54.9%)
937	FURMANEK Łukasz	501		M 30	344	00:00:00	21,1 KM	+01:03:07	6:39	9 (54.9%)
938	JAKUBOWSKI Jan	1418		M 60	14	00:00:00	21,1 KM	+01:03:09	6:39	9 (54.9%)
939	WU WU Maciej	1652		M 40	375	00:00:00	21,1 KM	+01:03:10	6:39	9 (54.9%)
940	CZASAK Grzegorz	1696	WITKOWO BIEGA	M 40	376	00:00:00	21,1 KM	+01:03:11	6:39	9 (54.9%)
941	WAWRYNIUK Patryk	1464		M 20	106	00:00:00	21,1 KM	+01:03:14	6:39	9 (54.9%)
942	KRZYSZTOFIAK Robert	954		M 40	377	00:00:00	21,1 KM	+01:03:18	6:41	9 (54.9%)
943	PIERNICKI Zbigniew	107		M 60	15	00:00:00	21,1 KM	+01:03:30	6:40	9 (54.9%)
944	GRZYWKA Kamil	1137		M 30	345	00:00:00	21,1 KM	+01:03:34	6:40	9 (54.9%)
945	BIELECKI Krzysztof	965		M 40	378	00:00:00	21,1 KM	+01:03:43	6:41	9 (54.9%)
946	HANKE Patryk	62		M 20	107	00:00:00	21,1 KM	+01:03:44	6:41	9 (54.9%)
947	ŁUKACKI Daniel	1439		M 40	379	00:00:00	21,1 KM	+01:03:54	6:41	9 (54.9%)
948	MAŁEK Paweł	1780	DECARUN RZESZÓW	M 40	380	00:00:00	21,1 KM	+01:03:56	6:41	9 (54.9%)
949	JASIŃSKI Kamil	1463		M 20	108	00:00:00	21,1 KM	+01:03:58	6:41	9 (54.9%)
950	***** Dominik	1618		M 20	109	00:00:00	21,1 KM	+01:04:05	6:42	9 (54.9%)
951	OWSIANOWSKI Szymon	503	ŻADEN	M 40	381	00:00:00	21,1 KM	+01:04:09	6:42	8.9 (54.3%)
952	FIGIEL Mariusz	763		M 40	382	00:00:00	21,1 KM	+01:04:15	6:42	8.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
953	KOCOT Maksymilian	1700		M 20	110	00:00:00	21,1 KM	+01:04:21	6:42	8.9 (54.3%)
954	KUMALA Sebastian	1379		M 30	346	00:00:00	21,1 KM	+01:04:24	6:43	8.9 (54.3%)
955	CHABROS Jacek	290	EXTREMEWOLF	M 50	100	00:00:00	21,1 KM	+01:04:26	6:43	8.9 (54.3%)
956	PACYNA Wojciech	1094	#BYLEDOMETY	M 40	383	00:00:00	21,1 KM	+01:04:34	6:43	8.9 (54.3%)
957	KILIAŃSKI Marcin	1456		M 20	111	00:00:00	21,1 KM	+01:04:39	6:43	8.9 (54.3%)
958	GOLUSINSKI Krzysztof	1112		M 30	347	00:00:00	21,1 KM	+01:04:39	6:43	8.9 (54.3%)
959	KUCHARSKI Jakub	473	JKU1979	M 40	384	00:00:00	21,1 KM	+01:04:41	6:43	8.9 (54.3%)
960	JÓZEF Marek	122		M 40	385	00:00:00	21,1 KM	+01:04:47	6:44	8.9 (54.3%)
961	BANASIAK Piotr	1655		M 40	386	00:00:00	21,1 KM	+01:04:54	6:44	8.9 (54.3%)
962	KRYŚCIAK Edward	1096	DRUŻYNA BIEGU JOŃCA	M 50	101	00:00:00	21,1 KM	+01:04:56	6:44	8.9 (54.3%)
963	TYLKA Marcin	297		M 30	348	00:00:00	21,1 KM	+01:05:02	6:44	8.9 (54.3%)
964	BUDZIAREK Adam	61	#BBKTS	M 40	387	00:00:00	21,1 KM	+01:05:07	6:45	8.9 (54.3%)
965	SZAŁAŚNY Piotr	505	TESTYOUTDOOROWE.PL	M 30	349	00:00:00	21,1 KM	+01:05:09	6:45	8.9 (54.3%)
966	MICHALEWICZ Tomasz	35		M 50	102	00:00:00	21,1 KM	+01:05:10	6:45	8.9 (54.3%)
967	KACZMAREK Mariusz	1502	ICHTHYS	M 60	16	00:00:00	21,1 KM	+01:05:11	6:45	8.9 (54.3%)
968	AUGUŚCIK Marcin	1131	WIELGOWO NA BIEGOWO	M 20	112	00:00:00	21,1 KM	+01:05:26	6:45	8.9 (54.3%)
969	PRZYBYŁAK Paweł	166		M 50	103	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
970	LENKIEWICZ Andrzej	489	PIĘKNY	M 60	17	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
971	KOWALCZYK Bogdan	494		M 50	104	00:00:00	21,1 KM	+01:05:33	6:46	8.9 (54.3%)
972	KOZIOŁ Łukasz	1715		M 20	113	00:00:00	21,1 KM	+01:05:35	6:46	8.9 (54.3%)
973	MAJEWSKI Damian	1738		M 30	350	00:00:00	21,1 KM	+01:05:36	6:46	8.9 (54.3%)
974	KOWALCZYK Jan	1831	WIECZORNE BIEGANIE W SZCZECINIE	M 40	388	00:00:00	21,1 KM	+01:05:45	6:46	8.8 (53.7%)
975	DELALICZ DE LAVAL Rafał	1173		M 30	351	00:00:00	21,1 KM	+01:05:47	6:52	8.7 (53.0%)
976	SZYMAŃSKI Michał	997		M 30	352	00:00:00	21,1 KM	+01:05:53	6:47	8.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
977	DONNER Andreas	488	CITYRUNNER BERLIN	M 50	105	00:00:00	21,1 KM	+01:05:54	6:47	8.8 (53.7%)
978	KOZIATEK Mariusz	5		M 40	389	00:00:00	21,1 KM	+01:06:00	6:47	8.8 (53.7%)
979	RZESZÓTKO Tomasz	1329	T1000	M 30	353	00:00:00	21,1 KM	+01:06:01	6:47	8.8 (53.7%)
980	WITKOWSKI Artur	300		M 50	106	00:00:00	21,1 KM	+01:06:01	6:47	8.8 (53.7%)
981	MAGRYTA Robert	1482		M 40	390	00:00:00	21,1 KM	+01:06:07	6:48	8.8 (53.7%)
982	PINTOWSKI Piotr	1777		M 40	391	00:00:00	21,1 KM	+01:06:08	6:47	8.8 (53.7%)
983	MADEJ Aleksansder	460		M 30	354	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)
984	MARCIN Marcin	756	VICTORIA JAWORZNO	M 30	355	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)
985	ROJEWSKI Piotr	1664		M 40	392	00:00:00	21,1 KM	+01:06:18	6:48	8.8 (53.7%)
986	MISIOR Michał	393		M 40	393	00:00:00	21,1 KM	+01:06:21	6:48	8.8 (53.7%)
987	KĘPKA Karol	51	AMPIO TEAM	M 20	114	00:00:00	21,1 KM	+01:06:25	6:48	8.8 (53.7%)
988	WASIELEWSKI Piotr	299		M 20	115	00:00:00	21,1 KM	+01:06:40	6:49	8.8 (53.7%)
989	WARMUZ Krzysztof	940	BYTOM	M 40	394	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
990	PIGŁA Michał	1213	SPORTOWY KAŻMIERZ	M 30	356	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
991	KAŁWIŃSKI Mariusz	1647	WATAHA TEAM POZNAŃ	M 40	395	00:00:00	21,1 KM	+01:06:52	6:50	8.8 (53.7%)
992	PUJSZO Sławomir	401	CHWASZCZYNO BIEGA	M 40	396	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
993	KRÓLIKOWSKI Rafał	213		M 20	116	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
994	KUFEL Krzysztof	101	PATOBIEGANIE	M 30	357	00:00:00	21,1 KM	+01:07:00	6:50	8.8 (53.7%)
995	SYROKA Przemysław	684		M 30	358	00:00:00	21,1 KM	+01:07:04	6:50	8.8 (53.7%)
996	KAWCZYŃSKI Maciej	521	RAZ SZCZECIN	M 40	397	00:00:00	21,1 KM	+01:07:07	6:50	8.8 (53.7%)
997	PAJĄK Paweł	1784		M 40	398	00:00:00	21,1 KM	+01:07:08	6:50	8.8 (53.7%)
998	DZIEKONSKI Jacek	946		M 60	18	00:00:00	21,1 KM	+01:07:13	6:51	8.8 (53.7%)
999	CICHOCKI Jakub	217	DRUŻYNA SZPIKU	M 40	399	00:00:00	21,1 KM	+01:07:23	6:51	8.7 (53.0%)
1000	PUŁAWSKI Rafał	1408		M 40	400	00:00:00	21,1 KM	+01:07:26	6:51	8.7 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1001	PODKĘŚNY Piotr	1504		M 30	359	00:00:00	21,1 KM	+01:07:27	6:52	8.7 (53.0%)
1002	PAWLAK Piotr	757		M 40	401	00:00:00	21,1 KM	+01:07:30	6:56	8.7 (53.0%)
1003	KARWAT Dawid	376		M 20	117	00:00:00	21,1 KM	+01:07:32	6:51	8.7 (53.0%)
1004	KOWALSKI Bartosz	710	ŁĄCZKA TEAM LEGNICA	M 40	402	00:00:00	21,1 KM	+01:07:40	6:52	8.7 (53.0%)
1005	PAWŁOWSKI Marcin	1881		M 40	403	00:00:00	21,1 KM	+01:07:44	6:52	8.7 (53.0%)
1006	HILLEMANN Andreas	1459	TEAM ERDINGER ALKOHOLFREI	M 40	404	00:00:00	21,1 KM	+01:07:50	6:52	8.7 (53.0%)
1007	GĄSIOREK Janusz	1261	1971	M 40	405	00:00:00	21,1 KM	+01:07:59	6:53	8.7 (53.0%)
1008	PASZKOWSKI Cezary	1251	LEŚNE SZYCHY	M 40	406	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
1009	RADOŹYCKI Radek	438		M 40	407	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
1010	ADAMCZAK Grzegorz	726		M 40	408	00:00:00	21,1 KM	+01:08:38	6:55	8.7 (53.0%)
1011	SOKULSKI Marcin	1839	KASZANKI	M 30	360	00:00:00	21,1 KM	+01:08:43	6:55	8.7 (53.0%)
1012	BARDZIŃSKI Robert	754		M 20	118	00:00:00	21,1 KM	+01:08:46	6:55	8.7 (53.0%)
1013	DUDZIAK Adam	1129	DOBICONNECT	M 40	409	00:00:00	21,1 KM	+01:08:50	6:55	8.7 (53.0%)
1014	SIEGIEDA Mateusz	1050		M 20	119	00:00:00	21,1 KM	+01:09:05	6:56	8.6 (52.4%)
1015	JANKOWIAK Bartosz	1845	26,2	M 40	410	00:00:00	21,1 KM	+01:09:24	6:57	8.6 (52.4%)
1016	HAUBOLD Marcel	1480		M 30	361	00:00:00	21,1 KM	+01:09:26	6:57	8.6 (52.4%)
1017	KOS Piotr	91	DRUŻYNA MOJACUKRZYCA.PL	M 60	19	00:00:00	21,1 KM	+01:09:42	6:58	8.6 (52.4%)
1018	ROGAŁA Adrian	123	WKURW_TEAM	M 40	411	00:00:00	21,1 KM	+01:09:43	6:58	8.6 (52.4%)
1019	HASIAK Aleksander	129		M 50	107	00:00:00	21,1 KM	+01:09:47	6:58	8.6 (52.4%)
1020	WALCZAK Adam	615		M 50	108	00:00:00	21,1 KM	+01:09:47	6:58	8.6 (52.4%)
1021	FIEBICH Zbigniew	230	LUCKY LUKI	M 40	412	00:00:00	21,1 KM	+01:09:52	6:58	8.6 (52.4%)
1022	WIELGOSZ Włodzimierz	275	FSD RUN	M 50	109	00:00:00	21,1 KM	+01:09:54	6:58	8.6 (52.4%)
1023	MALINOWSKI Przemek	453	BODAIKAN	M 40	413	00:00:00	21,1 KM	+01:09:58	6:58	8.6 (52.4%)
1024	ŁASZKIEWICZ Daniel	968	ZG RUN	M 20	120	00:00:00	21,1 KM	+01:10:10	6:59	8.6 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1025	CHOJECKI Wojtek	252		M 50	110	00:00:00	21,1 KM	+01:10:12	6:59	8.6 (52.4%)
1026	RAJKOWSKI Tomasz	170		M 30	362	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1027	FAJGIER Tomasz	153		M 50	111	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1028	PRZYBYLSKI Karol	169		M 20	121	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1029	PIWNICKI Mateusz	469	KS START PUŁASKI WARKA	M 20	122	00:00:00	21,1 KM	+01:10:22	7:00	8.6 (52.4%)
1030	SZWAJKOWSKI Przemysław	1235		M 30	363	00:00:00	21,1 KM	+01:10:23	7:00	8.6 (52.4%)
1031	KALITOWSKI Przemysław	82		M 20	123	00:00:00	21,1 KM	+01:10:24	7:00	8.6 (52.4%)
1032	BAJOR Rafał	1357	REBELLION OF FREE RUNNERS	M 40	414	00:00:00	21,1 KM	+01:10:43	7:00	8.6 (52.4%)
1033	JURCZYŃSKI Piotr	964	BEZIKI RULEZZZZ	M 30	364	00:00:00	21,1 KM	+01:10:44	7:01	8.6 (52.4%)
1034	POPOWSKI Dariusz	889		M 50	112	00:00:00	21,1 KM	+01:10:45	7:01	8.5 (51.8%)
1035	KUCZYŃSKI Rafał	1545	26 2	M 40	415	00:00:00	21,1 KM	+01:10:54	7:01	8.5 (51.8%)
1036	WYSOCKI Michał	1756		M 20	124	00:00:00	21,1 KM	+01:10:57	7:01	8.5 (51.8%)
1037	MATUSIK Michał	1063		M 30	365	00:00:00	21,1 KM	+01:11:06	7:02	8.5 (51.8%)
1038	PADEWSKI Zenon	1566	ORANGE POLSKA	M 40	416	00:00:00	21,1 KM	+01:11:10	7:02	8.5 (51.8%)
1039	JEZIOR Bartosz	672	KUTOUAKI	M 30	366	00:00:00	21,1 KM	+01:11:11	7:02	8.5 (51.8%)
1040	CZYŻEWSKI Łukasz	342	PATOBIEGANIE	M 30	367	00:00:00	21,1 KM	+01:11:22	7:02	8.5 (51.8%)
1041	FRYT Marcin	641	ROZBIEGANE MYSŁOWICE	M 40	417	00:00:00	21,1 KM	+01:11:43	7:03	8.5 (51.8%)
1042	JĘDRZEJEK Marek	495		M 30	368	00:00:00	21,1 KM	+01:11:47	7:04	8.5 (51.8%)
1043	SZCZEPANOWSKI Andrzej	1368		M 40	418	00:00:00	21,1 KM	+01:11:58	7:04	8.5 (51.8%)
1044	STEFAŃSKI Radosław	63		M 30	369	00:00:00	21,1 KM	+01:12:04	7:04	8.5 (51.8%)
1045	MAZUREK Rafał	924	KIRU	M 40	419	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
1046	GRACZYK Radek	1861		M 50	113	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
1047	KAPUŚCIŃSKI Wojciech	1367		M 40	420	00:00:00	21,1 KM	+01:12:17	7:06	8.4 (51.2%)
1048	ŚWIĄTKOWSKI Marek	240		M 20	125	00:00:00	21,1 KM	+01:12:19	7:05	8.5 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1049	MATWIEJCZYK Krzysztof	266	KB WYSZKÓW	M 40	421	00:00:00	21,1 KM	+01:12:21	7:05	8.5 (51.8%)
1050	KLUPA Jerzy	339	URZĄD MIASTA SZCZECIN	M 60	20	00:00:00	21,1 KM	+01:12:25	7:06	8.4 (51.2%)
1051	ERDMANN Piotr	562	POMELO PIOTR ERDMANN	M 30	370	00:00:00	21,1 KM	+01:12:32	7:06	8.4 (51.2%)
1052	PIETRZYŃSKI Grzegorz	717		M 50	114	00:00:00	21,1 KM	+01:12:35	7:06	8.4 (51.2%)
1053	KURAS Damian	714	DOMDATA RUNTEAM	M 20	126	00:00:00	21,1 KM	+01:12:35	7:06	8.4 (51.2%)
1054	PAWELCZAK Cezary	364	WIECZORNE BIEGANIE W SZCZECINIE	M 50	115	00:00:00	21,1 KM	+01:12:36	7:06	8.4 (51.2%)
1055	SODNOMGOMBO Alimaa	216		M 30	371	00:00:00	21,1 KM	+01:12:40	7:06	8.4 (51.2%)
1056	SKRODZKI Tomasz	358	BACZYNA BULLS	M 40	422	00:00:00	21,1 KM	+01:12:41	7:06	8.4 (51.2%)
1057	GŁADZIK Aleksander	140	KOMPAS TEAM	M 30	372	00:00:00	21,1 KM	+01:12:53	7:07	8.4 (51.2%)
1058	SOKALSKI Przemek	886		M 30	373	00:00:00	21,1 KM	+01:12:54	7:07	8.4 (51.2%)
1059	PRZEWOŹNY Grzegorz	1133	DOBICONNECT	M 40	423	00:00:00	21,1 KM	+01:13:07	7:07	8.4 (51.2%)
1060	KACZMAREK Adam	1485		M 40	424	00:00:00	21,1 KM	+01:13:10	7:07	8.4 (51.2%)
1061	BOGUSKI Adam	1714		M 20	127	00:00:00	21,1 KM	+01:13:37	7:09	8.4 (51.2%)
1062	GÓRNIAK Jarosław	566	JARBUD	M 30	374	00:00:00	21,1 KM	+01:13:40	7:09	8.4 (51.2%)
1063	SCHABEK Łukasz	568	#CZELADZBIEGA	M 20	128	00:00:00	21,1 KM	+01:13:56	7:10	8.4 (51.2%)
1064	BAKOWSKI Rafał	1515		M 30	375	00:00:00	21,1 KM	+01:14:30	7:11	8.3 (50.6%)
1065	LIPSKI Łukasz	431	BIEGOHOLLICA	M 30	376	00:00:00	21,1 KM	+01:14:48	7:12	8.3 (50.6%)
1066	KLATKOWSKI Michał	767		M 20	129	00:00:00	21,1 KM	+01:15:02	7:13	8.3 (50.6%)
1067	BASIAK Przemysław	1838		M 40	425	00:00:00	21,1 KM	+01:15:03	7:13	8.3 (50.6%)
1068	GĄSKA Maciej	598	PĘDZĄCE ŚLIMAKI	M 40	426	00:00:00	21,1 KM	+01:15:25	7:14	8.3 (50.6%)
1069	BOŻEK Edward	1257		M 60	21	00:00:00	21,1 KM	+01:15:44	7:16	8.2 (50.0%)
1070	WÓJCIK Robert	1022		M 30	377	00:00:00	21,1 KM	+01:15:49	7:15	8.3 (50.6%)
1071	JASTRZĘBSKI Adam	1540		M 40	427	00:00:00	21,1 KM	+01:16:08	7:16	8.2 (50.0%)
1072	PACZKA Robert	191	WAŻNE JEST TU I TERAZ	M 50	116	00:00:00	21,1 KM	+01:16:10	7:16	8.2 (50.0%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1073	WÓJTOWICZ Marcin	1570	LG		M 40	428	00:00:00	21,1 KM	+01:16:12	7:16	8.2 (50.0%)
1074	BALON Marcin	935			M 40	429	00:00:00	21,1 KM	+01:16:17	7:17	8.2 (50.0%)
1075	SAŃKA Paweł	192			M 40	430	00:00:00	21,1 KM	+01:16:20	7:16	8.2 (50.0%)
1076	KRUK Michał	1644	DOCHODZIMY W 2H :)		M 30	378	00:00:00	21,1 KM	+01:16:22	7:17	8.2 (50.0%)
1077	CZOŁHAN Damian	143			M 40	431	00:00:00	21,1 KM	+01:16:32	7:17	8.2 (50.0%)
1078	RACIBORSKI Marek	1576	TRUCHTOWO 42.195 / DRUŻYNA SZPIKU		M 40	432	00:00:00	21,1 KM	+01:16:55	7:18	8.2 (50.0%)
1079	PAJKOWSKI Mirosław	81	SL SALOS SZCZECIN		M 50	117	00:00:00	21,1 KM	+01:16:58	7:18	8.2 (50.0%)
1080	KALISZEWSKI Tomasz	377			M 50	118	00:00:00	21,1 KM	+01:17:29	7:20	8.2 (50.0%)
1081	KUJAWA Michał	1790			M 30	379	00:00:00	21,1 KM	+01:17:32	7:20	8.2 (50.0%)
1082	ŻYCKI Tomasz	1851	TOMASZ ŻYCKI		M 40	433	00:00:00	21,1 KM	+01:17:52	7:21	8.2 (50.0%)
1083	WRĘCZYCKI Łukasz	269			M 30	380	00:00:00	21,1 KM	+01:17:58	7:21	8.2 (50.0%)
1084	MACIEJEWSKI Robert	1593	BIEGAM BO LUBIĘ		M 30	381	00:00:00	21,1 KM	+01:17:59	7:21	8.2 (50.0%)
1085	MODRZEJEWSKI Wojciech	553	WT CHOJNICE		M 40	434	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
1086	BONIECKI Dariusz	825			M 30	382	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
1087	DZIEPAK Piotr	193	1. BLTR / MROKOWSKA WOLA NA BIEGANIE		M 30	383	00:00:00	21,1 KM	+01:18:11	7:22	8.1 (49.4%)
1088	FRAK Wojciech	1268			M 30	384	00:00:00	21,1 KM	+01:18:21	7:22	8.1 (49.4%)
1089	MIŚKIEWICZ Andrzej	36	WARTO BIEGAĆ ZAWIERCIE		M 50	119	00:00:00	21,1 KM	+01:18:28	7:23	8.1 (49.4%)
1090	PIGUŁA Krzysztof	1827			M 50	120	00:00:00	21,1 KM	+01:19:19	7:25	8.1 (49.4%)
1091	SYDORUK Michał	1057	CZERWONAK BIEGA		M 40	435	00:00:00	21,1 KM	+01:19:30	7:25	8.1 (49.4%)
1092	SOSIŃSKI Paweł	1218			M 30	385	00:00:00	21,1 KM	+01:19:31	7:26	8.1 (49.4%)
1093	SKOWROŃ Jakub	1651			M 30	386	00:00:00	21,1 KM	+01:20:08	7:27	8 (48.8%)
1094	BAUMGART Grzegorz	211	STARGARD JA SIĘ NIE ŚCIGAM		M 30	387	00:00:00	21,1 KM	+01:20:11	7:27	8 (48.8%)
1095	STOSZ Bartosz	1316			M 40	436	00:00:00	21,1 KM	+01:20:24	7:28	8 (48.8%)
1096	TOMOLIK Adam	570			M 40	437	00:00:00	21,1 KM	+01:20:32	7:28	8 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1097	KONARCZAK Kacper	537		M 20	130	00:00:00	21,1 KM	+01:20:34	7:29	8 (48.8%)
1098	PIETRUSZKA Sławomir	628	BBL SZCZECIN	M 50	121	00:00:00	21,1 KM	+01:20:34	7:32	8 (48.8%)
1099	SKIBA Michał	219	PRZYJACIÓŁ ZIMNEGO PIWA	M 30	388	00:00:00	21,1 KM	+01:20:39	7:29	8 (48.8%)
1100	BLUSZCZ Dariusz	138		M 40	438	00:00:00	21,1 KM	+01:20:41	7:29	8 (48.8%)
1101	KACZMAREK Krzysztof	1345	K2	M 40	439	00:00:00	21,1 KM	+01:20:56	7:30	8 (48.8%)
1102	NOWACKI Michał	760		M 30	389	00:00:00	21,1 KM	+01:20:57	7:30	8 (48.8%)
1103	DĘBEK Radosław	108		M 30	390	00:00:00	21,1 KM	+01:21:01	7:30	8 (48.8%)
1104	RUTKOWSKI Marek	372	KLUB BIEGACZA 100 JEZIOR	M 60	22	00:00:00	21,1 KM	+01:21:06	7:30	8 (48.8%)
1105	KOWALCZYK Marcin	1157		M 30	391	00:00:00	21,1 KM	+01:21:22	7:31	8 (48.8%)
1106	BĘGOWSKI Jakub	1521	BIEGÓRKI	M 20	131	00:00:00	21,1 KM	+01:21:42	7:32	8 (48.8%)
1107	NOWAK Arkadiusz	479		M 50	122	00:00:00	21,1 KM	+01:22:40	7:34	7.9 (48.2%)
1108	BILGOŃ Wojciech	347		M 30	392	00:00:00	21,1 KM	+01:22:52	7:35	7.9 (48.2%)
1109	SZAŁAS Andrzej	1825		M 50	123	00:00:00	21,1 KM	+01:22:57	7:35	7.9 (48.2%)
1110	KOZŁOWSKI Marcin	65	#KOZIOŁKI_TEAM	M 40	440	00:00:00	21,1 KM	+01:23:03	7:36	7.9 (48.2%)
1111	AUGUSTYNIAK Michał	1214		M 30	393	00:00:00	21,1 KM	+01:23:18	7:36	7.9 (48.2%)
1112	OSAK Adam	172		M 20	132	00:00:00	21,1 KM	+01:23:21	7:36	7.9 (48.2%)
1113	ROGALSKI Kamil	1673		M 30	394	00:00:00	21,1 KM	+01:23:57	7:38	7.8 (47.6%)
1114	RUTKOWSKI Maciej	273	ULTRA DIABŁY TEAM LUBRZA	M 20	133	00:00:00	21,1 KM	+01:24:49	7:41	7.8 (47.6%)
1115	LACHOWSKI Karol	1187	AEGONRUN	M 30	395	00:00:00	21,1 KM	+01:24:50	7:42	7.8 (47.6%)
1116	KROTOS Krzysztof	651	OQS	M 40	441	00:00:00	21,1 KM	+01:25:00	7:41	7.8 (47.6%)
1117	KUZNETSOVA Maria	729		M 30	396	00:00:00	21,1 KM	+01:25:40	7:43	7.8 (47.6%)
1118	KOLIBCZYNSKI Dariusz	142	PŁOCK BIEGA NO AGE LIMIT	M 40	442	00:00:00	21,1 KM	+01:25:43	7:43	7.8 (47.6%)
1119	FRENKEL Marek	1676		M 50	124	00:00:00	21,1 KM	+01:25:59	7:44	7.8 (47.6%)
1120	CIOSEK Marcin	816		M 40	443	00:00:00	21,1 KM	+01:26:20	7:45	7.7 (47.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1121	BĄCZYK Filip	1812		M 20	134	00:00:00	21,1 KM	+01:27:19	7:48	7.7 (47.0%)
1122	POGORZELSKI Andrzej	1474	MAZOVIA PROACTIV	M 50	125	00:00:00	21,1 KM	+01:27:31	7:48	7.7 (47.0%)
1123	MICHALAK Mateusz	1033		M 30	397	00:00:00	21,1 KM	+01:27:36	7:49	7.7 (47.0%)
1124	DUDA Łukasz	1489	MIRAZ RACE TEAM	M 30	398	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
1125	MOTYKA Ernest	1353		M 40	444	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
1126	ADAMCZEWSKI Miłosz	896		M 20	135	00:00:00	21,1 KM	+01:27:58	7:50	7.7 (47.0%)
1127	FREJTAG Dawid	1638	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M 30	399	00:00:00	21,1 KM	+01:28:07	7:50	7.7 (47.0%)
1128	WASILEWSKI Michał	162	WATAHA - ŁĄCZY NAS BIEGANIE	M 40	445	00:00:00	21,1 KM	+01:28:31	7:51	7.6 (46.3%)
1129	KURASIŃSKI Robert	1401		M 40	446	00:00:00	21,1 KM	+01:28:47	7:54	7.6 (46.3%)
1130	KRUPA Marek	1275		M 40	447	00:00:00	21,1 KM	+01:29:03	7:53	7.6 (46.3%)
1131	ZABORSKI Mirosław	1279		M 30	400	00:00:00	21,1 KM	+01:29:06	7:53	7.6 (46.3%)
1132	OSIŃSKI Jacek	1462	1981	M 30	401	00:00:00	21,1 KM	+01:29:10	7:53	7.6 (46.3%)
1133	AGACIŃSKI Tadeusz	1073	SPORTOWY KAŻMIERZ	M 50	126	00:00:00	21,1 KM	+01:29:21	7:53	7.6 (46.3%)
1134	KOWNACKI Arkadiusz	110	WATAHA - ŁĄCZY NAS BIEGANIE / DRUŻYNA SZPIKU	M 50	127	00:00:00	21,1 KM	+01:30:02	7:55	7.6 (46.3%)
1135	HALEJCIO Stefan	344	MODLITWA BIEGANIA	M 50	128	00:00:00	21,1 KM	+01:30:13	7:56	7.6 (46.3%)
1136	SURY Adam	363		M 30	402	00:00:00	21,1 KM	+01:30:15	7:56	7.6 (46.3%)
1137	BĘGOWSKI Marek	1226	WŁOCHATE GRUBASKI	M 40	448	00:00:00	21,1 KM	+01:30:28	7:57	7.5 (45.7%)
1138	KRÓL Grzegorz	1307		M 40	449	00:00:00	21,1 KM	+01:30:29	7:57	7.5 (45.7%)
1139	BARAN Przemysław	382		M 40	450	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
1140	MACIBORSKI Mirosław	160	WIECZORNE BIEGANIE W SZCZECINIE	M 50	129	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
1141	KROK Krzysztof	1152	NIEZRZESZONY	M 50	130	00:00:00	21,1 KM	+01:30:55	7:58	7.5 (45.7%)
1142	HŁADKULIK Krzysztof	1844		M 60	23	00:00:00	21,1 KM	+01:32:21	8:02	7.5 (45.7%)
1143	SAWICKI Przemysław	1348		M 50	131	00:00:00	21,1 KM	+01:32:40	8:03	7.4 (45.1%)
1144	SZOSTAKOWSKI Jarosław	993	BIEGAMY Z OCHOTĄ	M 50	132	00:00:00	21,1 KM	+01:32:43	8:03	7.4 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1145	LUDYGA Krystian	1007		M 40	451	00:00:00	21,1 KM	+01:33:19	8:05	7.4 (45.1%)
1146	KRUPA Daniel	1024	STARGARD JA SIĘ NIE ŚCIIGAM.	M 40	452	00:00:00	21,1 KM	+01:34:38	8:09	7.4 (45.1%)
1147	SZUMLAS Marcin	1420	#SZUMITEAM	M 30	403	00:00:00	21,1 KM	+01:34:38	8:09	7.4 (45.1%)
1148	KOZIOŁ Paweł	1037		M 30	404	00:00:00	21,1 KM	+01:34:41	8:09	7.4 (45.1%)
1149	SOJKA Marcin	1693	WKURW_TEAM	M 30	405	00:00:00	21,1 KM	+01:34:51	8:09	7.4 (45.1%)
1150	HELLER Zdzisław	1468	HERBMARATONOW.PL	M 60	24	00:00:00	21,1 KM	+01:34:54	8:09	7.4 (45.1%)
1151	KOMUDA Mariusz	1455	SARTORI SPORT KLUB	M 40	453	00:00:00	21,1 KM	+01:35:15	8:10	7.3 (44.5%)
1152	LEWANDOWSKI Janusz	1783	WIECZORNE BIEGANIE W SZCZECINIE	M 60	25	00:00:00	21,1 KM	+01:36:12	8:13	7.3 (44.5%)
1153	BELKOWSKI Jakub	1797		M 30	406	00:00:00	21,1 KM	+01:38:29	8:19	7.2 (43.9%)
1154	KASPRZAK Tomasz	137		M 40	454	00:00:00	21,1 KM	+01:38:40	8:20	7.2 (43.9%)
1155	POPIELA Sebastian	1440	OPTYK BARTKOWIAK TEAM	M 30	407	00:00:00	21,1 KM	+01:39:31	8:22	7.2 (43.9%)
1156	HORWAT Krystian	112	KLUB ZIMNEGO PIWA	M 30	408	00:00:00	21,1 KM	+01:39:49	8:23	7.1 (43.3%)
1157	FRĄTCZAK Ireneusz	141	GMINA GRĘBOCICE	M 40	455	00:00:00	21,1 KM	+01:40:08	8:24	7.1 (43.3%)
1158	KEMPA Jozef	1732		M 30	409	00:00:00	21,1 KM	+01:40:11	8:24	7.1 (43.3%)
1159	PILECKI Gustaw	1472	BRZOZA BIEGA	M 70+	3	00:00:00	21,1 KM	+01:40:16	8:25	7.1 (43.3%)
1160	WIĄCEK Jakub	1039		M 30	410	00:00:00	21,1 KM	+01:40:17	8:25	7.1 (43.3%)
1161	ZIELIŃSKI Wojciech	753		M 40	456	00:00:00	21,1 KM	+01:40:19	8:25	7.1 (43.3%)
1162	CIUPA Wojciech	952	MULTIMEDIA RUNNERS PUŁAWY	M 40	457	00:00:00	21,1 KM	+01:40:49	8:26	7.1 (43.3%)
1163	ORLIKOWSKI Robert	1523	POŁCZYN BIEGA ♥	M 30	411	00:00:00	21,1 KM	+01:40:57	8:26	7.1 (43.3%)
1164	TORNBY Kim	295		M 30	412	00:00:00	21,1 KM	+01:41:40	8:29	7.1 (43.3%)
1165	JESSA Andrzej	1244	BIEGACZE JÓZEFA NOJI	M 40	458	00:00:00	21,1 KM	+01:42:24	8:31	7 (42.7%)
1166	SIDOR Jerzy	1609		M 60	26	00:00:00	21,1 KM	+01:43:23	8:47	6.8 (41.5%)
1167	ANIELSKI Michał	1192		M 30	413	00:00:00	21,1 KM	+01:43:29	8:34	7 (42.7%)
1168	BIGOS Grzegorz	467	GRAMMI	M 40	459	00:00:00	21,1 KM	+01:43:59	8:35	7 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1169	WOLFF Michał	747	AKTYWNA KCYNIA	M 30	414	00:00:00	21,1 KM	+01:48:01	8:47	6.8 (41.5%)
1170	ANDREJCZUK Wiatek	1856		M 50	133	00:00:00	21,1 KM	+01:48:33	8:48	6.8 (41.5%)
1171	KULCZAKIEWICZ Karol	1536		M 30	415	00:00:00	21,1 KM	+01:50:42	8:54	6.7 (40.9%)
1172	BANDEL Adam	1478		M 30	416	00:00:00	21,1 KM	+01:50:48	8:54	6.7 (40.9%)
1173	DANILEWICZ Wojciech	1005	WIECZORNE BIEGANIE W SZCZECINIE	M 50	134	00:00:00	21,1 KM	+01:51:21	8:56	6.7 (40.9%)
1174	ŁOZICKI Krzysztof	1434	NOTODZIDA	M 30	417	00:00:00	21,1 KM	+01:52:08	8:59	6.7 (40.9%)
1175	STEFANICKI Marek	77		M 60	27	00:00:00	21,1 KM	+01:52:21	8:59	6.7 (40.9%)
1176	KORPALSKI Jacek	971	AR WARSAW	M 50	135	00:00:00	21,1 KM	+01:52:35	9:00	6.7 (40.9%)
1177	STASZEWSKI Konrad	1579	PROFESSIONAL-FIGHTER WIKING TEAM	M 30	418	00:00:00	21,1 KM	+01:52:58	9:01	6.7 (40.9%)
1178	BARTNIK Paweł	406	RAZ	M 60	28	00:00:00	21,1 KM	+01:53:56	9:03	6.6 (40.2%)
1179	NOWAK Patryk	1421		M 30	419	00:00:00	21,1 KM	+01:55:31	9:08	6.6 (40.2%)
1180	APTOWICZ Damian	418		M 20	136	00:00:00	21,1 KM	+01:55:50	9:09	6.6 (40.2%)
1181	NIEMIEC Jakub	634		M 30	420	00:00:00	21,1 KM	+01:57:24	9:13	6.5 (39.6%)
1182	KOWALEWSKI Dariusz	953	DZIADZIA-RUN	M 50	136	00:00:00	21,1 KM	+02:01:35	9:25	6.4 (39.0%)
1183	SEREDYŃSKI Grzegorz	840	PARKRUN GORZÓW WIELKOPOLSKI	M 30	421	00:00:00	21,1 KM	+02:02:14	9:27	6.3 (38.4%)
1184	BAZYLEWICZ Paweł	819	TROCHE SIĘ BIEGA	M 50	137	00:00:00	21,1 KM	+02:07:00	9:41	6.2 (37.8%)
1185	FARSCHTSCHIYAN Jens	19	BGFT	M 40	460	00:00:00	21,1 KM	+02:07:07	9:41	6.2 (37.8%)
1186	BAĆ Wiesław	1860		M 40	461	00:00:00	21,1 KM	+02:08:47	9:46	6.1 (37.2%)
1187	CEMPLA Bartek	1709	QUEST PRO	M 40	462	00:00:00	21,1 KM	+02:19:09	10:15	5.8 (35.4%)
1188	CHUPTYŚ Adrian	424	RUNDORFINA	M 30	422	00:00:00	21,1 KM	+02:19:42	10:17	5.8 (35.4%)
1189	LUBAŚ Bartłomiej	28	ONS - ODCHUDZANIE NA SPORTOWO	M 40	463	00:00:00	21,1 KM	+02:20:09	10:18	5.8 (35.4%)
1190	PACEK Cezary	1290		M 30	423	00:00:00	21,1 KM	+02:28:19	10:41	5.6 (34.1%)
1191	MROCZKOWSKI Jan	147		M 20	137	00:00:00	21,1 KM	+02:37:13	11:10	5.4 (32.9%)
1192	WARNIEŁŁO Rafał	1216		M 40	464	00:00:00	21,1 KM	+02:40:55	11:17	5.3 (32.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1193	STOLARCZYK Daniel	1726	ZABIEGANY SKARYSZEW	M 40	465	00:00:00	21,1 KM	+02:43:50	11:25	5.2 (31.7%)
1194	SAJ Jakub	1718		M 20	138	00:00:00	21,1 KM	+02:46:28	11:33	5.2 (31.7%)
1195	STACHOWSKI Andrzej	310	MONIAGYM	M 50	138	00:00:00	21,1 KM	+02:48:33	11:39	5.1 (31.1%)
1196	MAHLOW Jens	1580	OSC BREMERHAVEN	M 50	139	00:00:00	21,1 KM	+02:50:51	11:45	5.1 (31.1%)
1197	ZYGMUNT Patryk	1004		M 30	424	00:00:00	21,1 KM	+03:15:13	12:55	4.6 (28.0%)
1198	KITALA Radosław	301	WILK TRENUJE FAMILY (WTF)	M 30	425	00:00:00	21,1 KM	+03:19:20	13:06	4.6 (28.0%)
1199	LER Andrzej	1435		M 50	140	00:00:00	21,1 KM	+03:47:34	14:27	4.2 (25.6%)
1200	SZYMANOWICZ Marcin	1097		M 30	426	00:00:00	21,1 KM	+04:31:22	16:31	3.6 (22.0%)
1201	ŁOWCZAK Jacek	664	TEAM ZABIEGANEDNI	M 30	427	00:00:00	21,1 KM	+05:04:01	18:04	3.3 (20.1%)
1202	MATUSZAK Mateusz	1501		M 20	139	00:00:00	21,1 KM	+10:42:40	34:07	1.8 (11.0%)
1203	MISIAK Wiesław	1178	BEFIT24TEAM	M 50	141	00:00:00	21,1 KM	+16:13:13	50:07	1.2 (7.3%)
1204	WIDEROWSKI Mariusz	966		M 40	466	00:00:00	20,4 KM	+00:59:14	6:41	9 (54.9%)
1205	BIELECKI Tadeusz	750	UKS SIÓDEMKA RUMIA	M 40	467	00:00:00	20,2 KM	+00:49:46	6:18	9.5 (57.9%)
1206	KRAWCZAK Krzysztof	975	TT SZCZECIN	M 40	468	00:00:00	19,4 KM	+00:35:56	5:51	10.3 (62.8%)
1207	PISKORSKI Bartek	1809		M 20	140	00:00:00	18,9 KM	+00:26:40	5:29	10.9 (66.5%)
1208	WARZAŁA Tomasz	1713	OLUSIARUN	M 40	469	00:00:00	15,4 KM	+00:11:33	5:46	10.4 (63.4%)
1209	PIETRUSZKA Paweł	682	MKL SZCZECIN	M 20	141	00:00:00	12,0 KM	+	5:11	11.5 (70.1%)

Znaleziono 1209 wynik(ów)