

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M - wózki aktywne

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	ŁUC Andrzej	1000	POLSKA RUNNING TEAM	M 40	1	00:00:00	21,1 KM	+00:00:00	3:39	16.4 (100%)
2	VOLKOV Viktor	1735	O CO BIEGA	M 30	1	00:00:00	21,1 KM	+00:01:47	3:44	16 (97.6%)
3	TOKAREK Przemysław	1876	BIEGAMBOLUBIĘ GUBIN	M 30	2	00:00:00	21,1 KM	+00:02:47	3:47	15.8 (96.3%)
4	NIEPOKÓJ Patryk	384	PATRYK NIEPOKÓJ	M 40	2	00:00:00	21,1 KM	+00:05:40	3:56	15.3 (93.3%)
5	LEŚNIAK Mateusz	1855		M 20	1	00:00:00	21,1 KM	+00:05:42	3:56	15.2 (92.7%)
6	STUBIEDA Robert	115	KARLINOBIEGAJ	M 30	4	00:00:00	21,1 KM	+00:08:12	4:03	14.8 (90.2%)
7	KOMOROWSKI Tomasz	858		M 30	5	00:00:00	21,1 KM	+00:08:40	4:04	14.7 (89.6%)
8	PALT Tomasz	398		M 40	3	00:00:00	21,1 KM	+00:08:42	4:04	14.7 (89.6%)
9	POŁCZYŃSKI Mateusz	849		M 20	2	00:00:00	21,1 KM	+00:09:07	4:05	14.6 (89.0%)
10	STACHOWIAK Łukasz	818		M 30	6	00:00:00	21,1 KM	+00:09:51	4:09	14.4 (87.8%)
11	SZEWCZYK Łukasz	1405	REHAU CROSSACTIVE	M 30	7	00:00:00	21,1 KM	+00:09:54	4:08	14.5 (88.4%)
12	VOJAK Tamas	979		M 30	8	00:00:00	21,1 KM	+00:10:20	4:09	14.4 (87.8%)
13	ŁOJKO Michał Esteban	1035	MISIA:* - KOCHAM CIE CORECZKO (R DKA)	M 30	9	00:00:00	21,1 KM	+00:10:21	4:09	14.4 (87.8%)
14	KOŚMIDER Mateusz	721		M 20	3	00:00:00	21,1 KM	+00:11:22	4:12	14.3 (87.2%)
15	KUSZCZYK Edwin	16	KEAM KOPEĆ	M 40	5	00:00:00	21,1 KM	+00:11:51	4:13	14.2 (86.6%)
16	WOLANT Sylwester	967	SPEEDTEAM BRZESZCZE	M 40	6	00:00:00	21,1 KM	+00:11:56	4:13	14.2 (86.6%)
17	DYCZYŃSKI Leszek	452	KU PAMIĘCI POLEGŁYCH ŻOŁNIERZY 12 BZ	M 30	10	00:00:00	21,1 KM	+00:13:37	4:18	13.9 (84.8%)
18	KOBYŁECKI Mateusz	427	DOKĄD NOCĄ TUPTA JEŻ?	M 20	4	00:00:00	21,1 KM	+00:14:08	4:20	13.8 (84.1%)
19	CZABAJ Jacek	775	KWIDZYN BIEGA	M 50	1	00:00:00	21,1 KM	+00:14:13	4:20	13.8 (84.1%)
20	SZYMCZAK Jacek	368	KB GMINA CZARNKÓW	M 40	7	00:00:00	21,1 KM	+00:14:16	4:20	13.8 (84.1%)
21	SROKA Adam	378	KB GMINA CZARNKÓW	M 30	13	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
22	MARKOWSKI Dariusz	1206	BBL GUBIN	M 20	5	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
23	TUMIEL Daniel	1671	CALCATERRA SPORT	M 40	8	00:00:00	21,1 KM	+00:14:33	4:21	13.8 (84.1%)
24	FURMAŃSKI Marcin	41	ZIELONAESENCJA.PL	M 30	14	00:00:00	21,1 KM	+00:14:36	4:21	13.8 (84.1%)
25	GÓRNIAK Przemek	1586	12 BZ „KU CZCI PAMIĘCI”	M 20	6	00:00:00	21,1 KM	+00:15:10	4:23	13.7 (83.5%)
26	BŁASZCZYK Robert	1817	BIEGAM SOBIE	M 40	9	00:00:00	21,1 KM	+00:15:28	4:23	13.6 (82.9%)
27	PIĘTKA Maciej	1808		M 30	15	00:00:00	21,1 KM	+00:15:34	4:24	13.6 (82.9%)
28	KRENN Peter	523	DIE KOCHANILES	M 30	16	00:00:00	21,1 KM	+00:15:39	4:24	13.6 (82.9%)
29	GAJEK Ireneusz	1245	ASFALTLOVE DZIKI	M 40	12	00:00:00	21,1 KM	+00:16:00	4:25	13.5 (82.3%)
30	CHRAPCZYŃSKI Krystian	1248	GRUPA BIEGOWA TRISTONE WAŁBRZYCH	M 40	13	00:00:00	21,1 KM	+00:16:11	4:28	13.4 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	KOWALSKI Tomasz	735	12BZ "KU CZCI PAMIĘCI"	M 30	18	00:00:00	21,1 KM	+00:16:12	4:26	13.5 (82.3%)
32	ZYCHLA Grzegorz	1813	SU 07	M 30	19	00:00:00	21,1 KM	+00:16:15	4:28	13.4 (81.7%)
33	STRÓŻYŃSKI Daniel	795	WOŁÓW BIEGA	M 40	15	00:00:00	21,1 KM	+00:17:31	4:31	13.2 (80.5%)
34	BULSA Dariusz	916		M 40	16	00:00:00	21,1 KM	+00:18:06	4:31	13.3 (81.1%)
35	KALINOWSKI Daniel	1518		M 40	17	00:00:00	21,1 KM	+00:18:54	4:33	13.2 (80.5%)
36	PROBIERZ Paweł	930	1LIGATRITEAM	M 40	18	00:00:00	21,1 KM	+00:18:56	4:33	13.2 (80.5%)
37	RUSIN Adrian	603		M 20	8	00:00:00	21,1 KM	+00:19:04	4:34	13.1 (79.9%)
38	KUBIAK Piotr	1397	MARYSIATEAM	M 40	19	00:00:00	21,1 KM	+00:19:13	4:34	13.1 (79.9%)
39	HEYKA Jarosław	464		M 40	20	00:00:00	21,1 KM	+00:19:22	4:34	13.1 (79.9%)
40	MICHLEWICZ Krzysiek	1297		M 30	22	00:00:00	21,1 KM	+00:19:28	4:35	13.1 (79.9%)
41	SULOWSKI Marcin	833		M 40	21	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
42	POLLAK Dusan	257	HQ MNC NE	M 40	23	00:00:00	21,1 KM	+00:19:38	4:36	13 (79.3%)
43	ANDRZEJCZAK Roman	871		M 50	3	00:00:00	21,1 KM	+00:19:45	4:36	13 (79.3%)
44	ZWIRUK Karol	293		M 40	24	00:00:00	21,1 KM	+00:20:16	4:37	13 (79.3%)
45	OLEJNIK Rafał	337	WATAHA TEAM	M 40	25	00:00:00	21,1 KM	+00:20:30	4:38	12.9 (78.7%)
46	SMOLIŃSKI Marek	1053		M 30	24	00:00:00	21,1 KM	+00:21:09	4:42	12.7 (77.4%)
47	ŻYTOWIECKI Dawid	1342		M 30	25	00:00:00	21,1 KM	+00:21:39	4:41	12.8 (78.0%)
48	UTECHT Sławomir	574		M 30	26	00:00:00	21,1 KM	+00:21:43	4:41	12.8 (78.0%)
49	STADNIK Maciej	653		M 20	10	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
50	PASIERSKI Mateusz	423	ZAKWAS KOLKA SKURCZ TEAM	M 30	27	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
51	URBAŃSKI Paweł	1506	KERK PALM IS TEAM	M 50	6	00:00:00	21,1 KM	+00:21:57	4:42	12.7 (77.4%)
52	KONIOR Michał	1466		M 30	28	00:00:00	21,1 KM	+00:21:58	4:42	12.7 (77.4%)
53	LASKOWSKI Marcin	1457	MAD RUNNERS	M 30	29	00:00:00	21,1 KM	+00:21:59	4:42	12.7 (77.4%)
54	NADROWSKI Kamil	60		M 30	30	00:00:00	21,1 KM	+00:22:05	4:42	12.7 (77.4%)
55	NIEWĘGŁOWSKI Arkadiusz	1166		M 20	11	00:00:00	21,1 KM	+00:22:08	4:42	12.7 (77.4%)
56	NIEWIADOMSKI Paweł	43		M 30	31	00:00:00	21,1 KM	+00:22:11	4:42	12.7 (77.4%)
57	MAŚLANY Mariusz	1513	ELEKTROMETAL ENERGETYKA	M 40	26	00:00:00	21,1 KM	+00:22:16	4:43	12.7 (77.4%)
58	SITEK Dariusz	1299	PUSZCZYKOWO/KGB MOSINA	M 40	27	00:00:00	21,1 KM	+00:22:23	4:44	12.6 (76.8%)
59	KOPEĆ Mirosław	313	WATAHA	M 40	28	00:00:00	21,1 KM	+00:22:27	4:43	12.7 (77.4%)
60	STYPUŁA Krystian	1240		M 40	29	00:00:00	21,1 KM	+00:22:35	4:44	12.7 (77.4%)
61	BUDA Krzysztof	1088		M 50	7	00:00:00	21,1 KM	+00:22:42	4:44	12.7 (77.4%)
62	KOZAK Krzysztof	267		M 50	8	00:00:00	21,1 KM	+00:22:54	4:45	12.6 (76.8%)
63	SANTAREK Wojciech	1698		M 40	30	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)
64	DRYGAS Rafal	474		M 30	35	00:00:00	21,1 KM	+00:23:17	4:46	12.6 (76.8%)
65	WAIS Mariusz	1520		M 30	36	00:00:00	21,1 KM	+00:23:20	4:46	12.5 (76.2%)
66	KRASICKI Michał	1252	RUNNIN_GYM	M 40	32	00:00:00	21,1 KM	+00:23:23	4:46	12.6 (76.8%)
67	LARSEN Jack	1479		M 30	37	00:00:00	21,1 KM	+00:23:24	4:46	12.6 (76.8%)
68	BAŁACHOWSKI Tomasz	443	UKS-T VICTORIA CHOJNA	M 50	9	00:00:00	21,1 KM	+00:23:31	4:46	12.6 (76.8%)
69	ROMSKI ORZECH Romek	1859	FUNDACJA GENERACJA - DAWCY ŻYCIA	M 40	33	00:00:00	21,1 KM	+00:23:34	4:46	12.5 (76.2%)
70	FILIPIAK Adam	631	ŁÓDŹ KOCHA SPORT	M 30	38	00:00:00	21,1 KM	+00:23:37	4:47	12.5 (76.2%)
71	PIOTROWSKI Bogdan	600		M 30	39	00:00:00	21,1 KM	+00:23:40	4:47	12.5 (76.2%)
72	WIERBIŁOWICZ Dariusz	949		M 40	34	00:00:00	21,1 KM	+00:23:41	4:49	12.5 (76.2%)
73	SEIFERT Mariusz	346	ROZBIEGANE MYSŁOWICE	M 30	40	00:00:00	21,1 KM	+00:23:53	4:47	12.5 (76.2%)
74	GRZESIK Paweł	828	1993	M 20	15	00:00:00	21,1 KM	+00:24:00	4:48	12.5 (76.2%)
75	CHWARŚCIANEK Bolesław	1529	KB GMINA CZARNKOW	M 60	1	00:00:00	21,1 KM	+00:24:07	4:48	12.5 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	DROBYSZEWSKI Krzysztof	1090		M 30	42	00:00:00	21,1 KM	+00:24:08	4:48	12.5 (76.2%)
77	MARCZAK Krzysztof	1632	STARE BABICE BIEGAJĄ	M 20	16	00:00:00	21,1 KM	+00:24:09	4:48	12.5 (76.2%)
78	BIELAK Tomasz	480		M 30	43	00:00:00	21,1 KM	+00:24:11	4:48	12.5 (76.2%)
79	WANATOWSKI Dariusz	1692	ZRYW RADZIEJÓW	M 40	36	00:00:00	21,1 KM	+00:24:17	4:48	12.5 (76.2%)
80	URBASIK Mariusz	305	AKTYWNI RYDUŁTOWY	M 50	10	00:00:00	21,1 KM	+00:24:23	4:49	12.4 (75.6%)
81	MARCINKOWSKI Jacek	75	SSK ORZEŁ ŚWIESZYNO	M 40	38	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
82	PAWLAK Marek	1687		M 30	44	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)
83	WEBER Paweł	1410	REHAU CROSSACTIVE	M 40	40	00:00:00	21,1 KM	+00:24:34	4:49	12.4 (75.6%)
84	SKUMIAŁ Oskar	1619	USB USTKA	M 30	45	00:00:00	21,1 KM	+00:24:46	4:50	12.4 (75.6%)
85	TYSZUK Artur	907	POLSKA RUNNING TEAM	M 30	46	00:00:00	21,1 KM	+00:24:47	4:51	12.3 (75.0%)
86	DORNIAK Karol	1868		M 30	47	00:00:00	21,1 KM	+00:24:48	4:52	12.3 (75.0%)
87	CZAJKA Bartosz	1172		M 40	41	00:00:00	21,1 KM	+00:24:49	4:50	12.4 (75.6%)
88	KUCHTA Piotr	1198	KB PIONIER SZCZECIN	M 30	48	00:00:00	21,1 KM	+00:24:51	4:50	12.4 (75.6%)
89	PRZYTARSKI Łukasz	1798		M 40	42	00:00:00	21,1 KM	+00:24:56	4:50	12.4 (75.6%)
90	BARTELA Łukasz	1598	TEAMOCHAL	M 30	49	00:00:00	21,1 KM	+00:25:04	4:51	12.4 (75.6%)
91	MACHERA Rafał	404		M 20	17	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
92	ROJEWSKI Wojciech	1694	MOJE BIEGOWE HIMALAJE	M 30	51	00:00:00	21,1 KM	+00:25:23	4:52	12.3 (75.0%)
93	PĘKAŁA Piotr	89	SP MANOWO	M 40	45	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
94	MIROWSKI Zbigniew	1068		M 50	11	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
95	KOŁODZIEJCZYK Marcin	604		M 30	52	00:00:00	21,1 KM	+00:25:27	4:52	12.3 (75.0%)
96	ROMANOWICZ Piotr	579	OLD SPARTAN	M 40	47	00:00:00	21,1 KM	+00:25:37	4:52	12.3 (75.0%)
97	SOCHOŃ Zbigniew	1267	ŻARY RUNNERS TEAM	M 40	48	00:00:00	21,1 KM	+00:25:41	4:52	12.3 (75.0%)
98	DAWIDOWICZ Tomasz	1049	TODA MEBLE	M 30	54	00:00:00	21,1 KM	+00:25:44	4:53	12.3 (75.0%)
99	PACHULSKI Dariusz	1309	AMATOR	M 50	12	00:00:00	21,1 KM	+00:25:47	4:53	12.3 (75.0%)
100	WOJAKOWSKI Krzysztof	1415	K&K RUN	M 40	49	00:00:00	21,1 KM	+00:25:48	4:53	12.3 (75.0%)
101	BLIZNA Rafał	1656		M 30	55	00:00:00	21,1 KM	+00:25:49	4:53	12.3 (75.0%)
102	KRZEMIŃSKI Mariusz	882	ZG RUN	M 30	56	00:00:00	21,1 KM	+00:25:50	4:53	12.3 (75.0%)
103	STALKA Przemek	242	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	50	00:00:00	21,1 KM	+00:25:56	4:53	12.3 (75.0%)
104	NADOLNY Przemysław	497	PARKRUN SZCZECIN / HOŻA TEAM	M 40	51	00:00:00	21,1 KM	+00:26:03	5:02	11.9 (72.6%)
105	SIKORA Szymon	1565	1990	M 20	20	00:00:00	21,1 KM	+00:26:04	4:54	12.2 (74.4%)
106	BREWINSKI Sylwester	569		M 40	52	00:00:00	21,1 KM	+00:26:05	4:54	12.2 (74.4%)
107	ZBĄSKI Krzesimir	1116		M 30	57	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
108	KOLENDA Krzysztof	1589	220V/KALMAR RUNNERS	M 40	53	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
109	IGNASIAK Krzysztof	655		M 40	54	00:00:00	21,1 KM	+00:26:07	4:54	12.2 (74.4%)
110	MASEWICZ Grzegorz	359	KB ZOFANNA GORZÓW WLKP.	M 30	58	00:00:00	21,1 KM	+00:26:19	4:54	12.2 (74.4%)
111	ROGAŁSKI Marcin	80	VOCALIS SZCZECIN	M 50	14	00:00:00	21,1 KM	+00:26:21	4:56	12.2 (74.4%)
112	POLACKI Rafał	329	POZNAŃ	M 50	16	00:00:00	21,1 KM	+00:26:29	4:55	12.2 (74.4%)
113	WOLFRAM Dawid	999	KAS	M 30	59	00:00:00	21,1 KM	+00:26:35	4:55	12.2 (74.4%)
114	PROKOPIUK Jarosław	1219	PROCAR GDYNIA	M 50	17	00:00:00	21,1 KM	+00:26:36	4:55	12.2 (74.4%)
115	WAWRZYNIAK Paweł	396	RUNNER'S POWER	M 30	60	00:00:00	21,1 KM	+00:26:39	4:55	12.2 (74.4%)
116	ROSIECKI Marcin	740		M 40	56	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)
117	SAWIŃSKI Łukasz	914	TRAWERS TEAM NAKŁO	M 20	21	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
118	BYLINA Piotr	220	WWW.BOKSWPOLSC.PL	M 30	62	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
119	KACPRZAK Sławek	206	RAZEM TRENUJEMY SPORT	M 40	57	00:00:00	21,1 KM	+00:26:55	4:56	12.1 (73.8%)
120	SAWICKI Oskar	1009		M 20	22	00:00:00	21,1 KM	+00:26:56	4:56	12.1 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
121	LANGIEWICZ Jacek	475	MKJ POLICE	M 60	2	00:00:00	21,1 KM	+00:27:22	4:57	12.1 (73.8%)
122	PANUS Peter	1467		M 40	61	00:00:00	21,1 KM	+00:27:34	4:58	12.1 (73.8%)
123	HARNIK Mirek	1028	HAJIME RUN TEAM	M 40	62	00:00:00	21,1 KM	+00:27:39	4:58	12.1 (73.8%)
124	LASOTA Mateusz	1789	FEEL THE GRAVEL	M 30	63	00:00:00	21,1 KM	+00:27:58	4:59	12 (73.2%)
125	BOŃCZEK Michał	705		M 40	65	00:00:00	21,1 KM	+00:28:00	4:59	12 (73.2%)
126	ŻYŁA Bartłomiej	415		M 30	64	00:00:00	21,1 KM	+00:28:01	4:59	12 (73.2%)
127	BYSTRY Grzegorz	484	KS LENIWIEC	M 40	66	00:00:00	21,1 KM	+00:28:18	5:00	12 (73.2%)
128	ZAJĄC Adam	613		M 30	66	00:00:00	21,1 KM	+00:28:22	5:00	12 (73.2%)
129	MARIN Dmytro	1690	FAMILYRUNCLUB	M 40	67	00:00:00	21,1 KM	+00:28:27	5:00	12 (73.2%)
130	MUCHARSKI Tomasz	1160		M 20	25	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
131	KĄDZIOŁKA Artur	1364	DOCHODZIMY W 2H :-)	M 30	67	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
132	DUDZIŃSKI Piotr	1689		M 30	69	00:00:00	21,1 KM	+00:28:39	5:01	11.9 (72.6%)
133	KAWUCHA Mirosław	1203	KRS FORMOZA	M 50	20	00:00:00	21,1 KM	+00:28:40	5:01	11.9 (72.6%)
134	PARUSZEWSKI Robert	1270	BOJANO BIEGA	M 30	70	00:00:00	21,1 KM	+00:28:41	5:01	11.9 (72.6%)
135	DRAŻKOWSKI Piotr	903		M 50	21	00:00:00	21,1 KM	+00:28:41	5:02	11.9 (72.6%)
136	SKRZYPCZYŃSKI Marcin	986		M 40	68	00:00:00	21,1 KM	+00:28:50	5:01	11.9 (72.6%)
137	RYBANIEC Marcin	1091		M 30	71	00:00:00	21,1 KM	+00:28:51	5:01	11.9 (72.6%)
138	ZDUN Grzegorz	1782	#RUNNINGTEAM83	M 30	73	00:00:00	21,1 KM	+00:28:52	5:01	11.9 (72.6%)
139	MURYN Bartłomiej	1082	SBG PODBIEG	M 40	69	00:00:00	21,1 KM	+00:28:53	5:02	11.9 (72.6%)
140	STRÓŻYK Piotrek	1398		M 40	70	00:00:00	21,1 KM	+00:29:02	5:02	11.9 (72.6%)
141	FELIKSIAK Sławomir	801		M 50	22	00:00:00	21,1 KM	+00:29:03	5:02	11.9 (72.6%)
142	ZIELONKA Witold	1330	TUP TUP POZNAŃ	M 40	71	00:00:00	21,1 KM	+00:29:09	5:02	11.9 (72.6%)
143	KAMIŃSKI Marcin	94	WQRW_TEAM POMORZE	M 40	73	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
144	WALCZAK Tadeusz	447		M 50	23	00:00:00	21,1 KM	+00:29:19	5:03	11.9 (72.6%)
145	GRZONKA Maciej	1884		M 30	74	00:00:00	21,1 KM	+00:29:23	5:03	11.9 (72.6%)
146	TORZECKI Jarosław	151	KROTOSZYŃSKA GRUPA BIEGOWA	M 30	75	00:00:00	21,1 KM	+00:29:31	5:03	11.8 (72.0%)
147	SZYMAREK Bartosz	1029	SMASHING PĄPKINS	M 30	76	00:00:00	21,1 KM	+00:29:33	5:03	11.8 (72.0%)
148	TOMALAK Marcin	314	WIECZORNE BIEGANIE W SZCZECINIE	M 40	75	00:00:00	21,1 KM	+00:29:35	5:04	11.8 (72.0%)
149	KANICKI Marcin	1514		M 40	76	00:00:00	21,1 KM	+00:29:35	5:05	11.8 (72.0%)
150	SZMAJDOWICZ Paweł	881	FACHDOM TEAM	M 40	77	00:00:00	21,1 KM	+00:29:38	5:04	11.8 (72.0%)
151	WAPINSKI Maciej	1326	PSE	M 30	77	00:00:00	21,1 KM	+00:29:44	5:04	11.8 (72.0%)
152	GUZ Artur	1428	LIVE LOVE RUN	M 40	78	00:00:00	21,1 KM	+00:29:50	5:04	11.8 (72.0%)
153	SZEWCZYK Rafał	1156	VISEGRAD MARATON RYTRO	M 40	80	00:00:00	21,1 KM	+00:30:05	5:05	11.8 (72.0%)
154	MAJDA Bogusław	1590		M 50	24	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
155	KUNKA Andrzej	687		M 40	81	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
156	POLSKA Irek	496		M 40	82	00:00:00	21,1 KM	+00:30:09	5:05	11.8 (72.0%)
157	SADOWSKI Marek	1124	MUKS SZOK BOJANOWO	M 50	25	00:00:00	21,1 KM	+00:30:13	5:05	11.8 (72.0%)
158	SOWA Mateusz	388	JW4531	M 30	79	00:00:00	21,1 KM	+00:30:22	5:07	11.7 (71.3%)
159	ZYBER Maciej	1688	PEEK TEAM	M 30	80	00:00:00	21,1 KM	+00:30:23	5:06	11.8 (72.0%)
160	WŁODARCZYK Piotr	1719		M 40	83	00:00:00	21,1 KM	+00:30:24	5:09	11.6 (70.7%)
161	TOMALA Szymon	706	JERZY FRANEK	M 30	81	00:00:00	21,1 KM	+00:30:27	5:06	11.7 (71.3%)
162	BIAŁEK Jarosław	416	ZABIEGANI OLSZTYN	M 40	84	00:00:00	21,1 KM	+00:30:28	5:06	11.7 (71.3%)
163	JÓZEFOWSKI Tomasz	733		M 40	86	00:00:00	21,1 KM	+00:30:32	5:06	11.7 (71.3%)
164	JUDKIEWICZ Piotr	627	1972	M 40	88	00:00:00	21,1 KM	+00:30:46	5:07	11.7 (71.3%)
165	KRIEDEMANN Guido	1135	KNAK - RUNNERS	M 30	83	00:00:00	21,1 KM	+00:30:47	5:07	11.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	PAWLOWSKI Tomasz	491		M 30	84	00:00:00	21,1 KM	+00:30:54	5:09	11.6 (70.7%)
167	MYSLIWIEC Paweł	1400	POLSKA RUNNING TEAM	M 40	89	00:00:00	21,1 KM	+00:30:56	5:07	11.7 (71.3%)
168	STALMACH Damian	803	LECZMY DURŚ	M 40	91	00:00:00	21,1 KM	+00:31:05	5:08	11.7 (71.3%)
169	BARTOSIK Maciej	1412		M 30	85	00:00:00	21,1 KM	+00:31:06	5:08	11.7 (71.3%)
170	RYNDAK Łukasz	1794	POLSKA RUNNING TEAM	M 30	86	00:00:00	21,1 KM	+00:31:11	5:08	11.7 (71.3%)
171	NIEDZIELA Rafał	1041		M 40	92	00:00:00	21,1 KM	+00:31:13	5:09	11.6 (70.7%)
172	RUDŹKO Wojciech	457		M 50	26	00:00:00	21,1 KM	+00:31:16	5:08	11.7 (71.3%)
173	KLASSA Mateusz	1776	MEYN TEAM	M 20	27	00:00:00	21,1 KM	+00:31:17	5:08	11.7 (71.3%)
174	KĄLAMUCKI Grzegorz	737	ANKA	M 40	93	00:00:00	21,1 KM	+00:31:21	5:09	11.6 (70.7%)
175	PACZKA Michał	619	GLIWICE	M 50	27	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
176	TARCZOŃ Antoni	1224	AMATOR BIEGANIA	M 50	28	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
177	BIELECKI Wojciech	132	OSP WZGÓRZE	M 30	88	00:00:00	21,1 KM	+00:31:27	5:11	11.6 (70.7%)
178	KUŹMA Krzysztof	1274		M 40	94	00:00:00	21,1 KM	+00:31:28	5:09	11.6 (70.7%)
179	JANUSZEWSKI Grzegorz	638	DHL RUN CLUB	M 40	95	00:00:00	21,1 KM	+00:31:29	5:09	11.6 (70.7%)
180	SZYMAŃSKI Robert	340		M 40	97	00:00:00	21,1 KM	+00:31:36	5:09	11.6 (70.7%)
181	PODLECKI Andrzej	686		M 30	89	00:00:00	21,1 KM	+00:31:44	5:10	11.6 (70.7%)
182	SZYMAŃSKI Piotr	385		M 40	98	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
183	TARASIEWICZ Mateusz	1867	WIR	M 30	91	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
184	KOZŁOWSKI Grzegorz	373	NIGHT RUNNERS WRZEŚNIA	M 30	92	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
185	WIECHA Sebastian	1378		M 30	94	00:00:00	21,1 KM	+00:31:53	5:10	11.6 (70.7%)
186	WARDZIAK Mateusz	704		M 20	28	00:00:00	21,1 KM	+00:31:55	5:10	11.6 (70.7%)
187	KUFEL Marcin	870	BREL II	M 40	100	00:00:00	21,1 KM	+00:31:57	5:12	11.5 (70.1%)
188	MOSUREK Grzegorz	250	SMOK WAWELSKI	M 40	103	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
189	KUBIAK Kacper	1606	ALMARK LESZNO	M 20	29	00:00:00	21,1 KM	+00:32:06	5:11	11.6 (70.7%)
190	PTAK Michał	1239	J3 TRIATHLON TEAM	M 30	97	00:00:00	21,1 KM	+00:32:10	5:11	11.6 (70.7%)
191	WAWRZYNIAK Damian	1708	ROZBIEGAJMY RADOMSKO	M 30	98	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
192	KOZA Karol	901		M 20	30	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
193	BUKOWIECKI Krzysztof	279	KB MARATON TUREK	M 30	100	00:00:00	21,1 KM	+00:32:17	5:11	11.5 (70.1%)
194	KUŹNIARSKI Paweł	1225	T-MOBILE SPORT TEAM	M 30	101	00:00:00	21,1 KM	+00:32:20	5:11	11.5 (70.1%)
195	MARCINKOWSKI Andrzej	701		M 40	104	00:00:00	21,1 KM	+00:32:21	5:12	11.5 (70.1%)
196	GMIŃSKI Dariusz	1553	PKO BP S.A.	M 30	103	00:00:00	21,1 KM	+00:32:28	5:12	11.5 (70.1%)
197	KORNILUK Paweł	1622	USB	M 30	104	00:00:00	21,1 KM	+00:32:39	5:12	11.5 (70.1%)
198	OŁUB Sławek	1721	LEPSI NIŻ W CZORAJ	M 40	106	00:00:00	21,1 KM	+00:32:48	5:13	11.5 (70.1%)
199	FUMINKOWSKI Arkadiusz	426	GRUPA BIEGOWA ALEKSANDRÓW KUJAWSKI	M 40	109	00:00:00	21,1 KM	+00:33:08	5:14	11.5 (70.1%)
200	KOŁTUN Wojtek	76		M 40	110	00:00:00	21,1 KM	+00:33:09	5:14	11.5 (70.1%)
201	PRAWDA Sebastian	1820	WIECZORNE BIEGANIE W SZCZECINIE	M 40	111	00:00:00	21,1 KM	+00:33:17	5:14	11.4 (69.5%)
202	PAŃCZYSZYN Mariusz	436		M 40	112	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
203	NOWAK Paweł	1333		M 30	105	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
204	SZKUDLAREK Krzysztof	328		M 50	33	00:00:00	21,1 KM	+00:33:21	5:16	11.4 (69.5%)
205	KUBASIK Tomasz	814	KUBASIK TEAM	M 40	114	00:00:00	21,1 KM	+00:33:28	5:16	11.4 (69.5%)
206	PAWLAK Kamil	842		M 30	109	00:00:00	21,1 KM	+00:33:33	5:15	11.4 (69.5%)
207	KLEŚTA Krzysztof	27		M 20	31	00:00:00	21,1 KM	+00:33:36	5:15	11.4 (69.5%)
208	KĘDZIORA Piotr	145		M 30	110	00:00:00	21,1 KM	+00:33:36	5:16	11.4 (69.5%)
209	RUDZINSKI Józef	1452		M 50	34	00:00:00	21,1 KM	+00:33:37	5:15	11.4 (69.5%)
210	KOWALSKI Artur	1743		M 40	115	00:00:00	21,1 KM	+00:33:47	5:15	11.4 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
211	WOLNY Mariusz	1667		M 30	111	00:00:00	21,1 KM	+00:33:48	5:16	11.4 (69.5%)
212	PAŁETKO Marek	1095	NYSA BIEGA	M 30	112	00:00:00	21,1 KM	+00:33:49	5:24	11.1 (67.7%)
213	STRĄCZEK Grzegorz	1304		M 40	116	00:00:00	21,1 KM	+00:33:50	5:16	11.4 (69.5%)
214	TOMASZEWSKI Przemysław	956	WALKA CZARNÓW	M 20	33	00:00:00	21,1 KM	+00:33:54	5:16	11.4 (69.5%)
215	WOLFF Marcin	1402	MRUNNERS	M 50	35	00:00:00	21,1 KM	+00:33:57	5:16	11.4 (69.5%)
216	GRUCELSKI Michał	772		M 30	113	00:00:00	21,1 KM	+00:34:05	5:16	11.4 (69.5%)
217	FERNES Daniel	1508		M 20	34	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
218	WOJTULEWSKI Dariusz	1396		M 40	119	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
219	KOZIARA Dionizy	1079		M 40	120	00:00:00	21,1 KM	+00:34:10	5:17	11.4 (69.5%)
220	DEPTA Krzysztof	440		M 30	115	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
221	SZKUDLAREK Michał	1010	RUN-LOG.COM	M 40	121	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
222	PASZKO Daniel	1834	WIECZORNE BIEGANIE W SZCZECINIE / KOMPAS TEAM POLICE	M 40	122	00:00:00	21,1 KM	+00:34:13	5:17	11.3 (68.9%)
223	ŻUKOWSKI Marcin	1146		M 30	118	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
224	KAROLKIEWICZ Ryszard	1051		M 40	125	00:00:00	21,1 KM	+00:34:37	5:18	11.3 (68.9%)
225	BANDURA Bogdan	531	PRCI	M 30	119	00:00:00	21,1 KM	+00:34:40	5:18	11.3 (68.9%)
226	KLIMECKI Krzysztof	857		M 20	35	00:00:00	21,1 KM	+00:34:44	5:19	11.3 (68.9%)
227	LASKOWSKI Przemysław	1123	PKB KMP KALISZ	M 40	126	00:00:00	21,1 KM	+00:34:47	5:18	11.3 (68.9%)
228	ŁUBIŃSKI Krzysztof	432		M 40	127	00:00:00	21,1 KM	+00:34:53	5:19	11.3 (68.9%)
229	KISZKOWIAK Łukasz	1406	WAT	M 30	120	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
230	FILIPIAK Krzysztof	1757	T.CH.	M 30	121	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
231	SIKORSKI Marcin	1362	1982	M 30	122	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
232	KRAJEWSKI Wojciech	1121		M 40	129	00:00:00	21,1 KM	+00:35:06	5:19	11.3 (68.9%)
233	PREJS Kamil	39		M 40	130	00:00:00	21,1 KM	+00:35:14	5:20	11.2 (68.3%)
234	ZYCH Dawid	1631	SPARTANIE DZIECIOM	M 40	131	00:00:00	21,1 KM	+00:35:16	5:20	11.2 (68.3%)
235	WŁOSZCZYŃSKI Daniel	1795		M 20	37	00:00:00	21,1 KM	+00:35:17	5:20	11.2 (68.3%)
236	SOŚNIAK Jacek	683		M 40	132	00:00:00	21,1 KM	+00:35:27	5:20	11.2 (68.3%)
237	ZABOROWSKI Tomasz	1101		M 30	126	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
238	BIELAK Michał	1202		M 20	38	00:00:00	21,1 KM	+00:35:30	5:20	11.2 (68.3%)
239	GRUDOWSKI Konrad	395		M 30	127	00:00:00	21,1 KM	+00:35:33	5:20	11.2 (68.3%)
240	KARASIEWICZ Łukasz	20		M 30	128	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
241	ADAMOWICZ Paweł	1607	B/S/H/ RUNNING TEAM	M 40	136	00:00:00	21,1 KM	+00:35:38	5:21	11.2 (68.3%)
242	OLBRYCH Piotr	1403		M 50	37	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
243	JACOBY Jens	1841	HELENE FISCHER FANCLUB	M 30	129	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
244	WACEWICZ Rafał	304	AIKIRUNNERS	M 40	137	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
245	WIŚNIEWSKI Czesław	766	PARKRUN SZCZECIN	M 60	3	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
246	ZERZUT Jarosław	185	ŚRUNDUNIA SZCZECIN	M 50	38	00:00:00	21,1 KM	+00:35:49	5:21	11.2 (68.3%)
247	JAROS Marcin	1354	ODDZIAŁ PREWENCJI POLICJI W KATOWICACH	M 30	130	00:00:00	21,1 KM	+00:35:57	5:22	11.2 (68.3%)
248	HOŁYŃSKI Leszek	1847	KM PSP SZCZECIN	M 30	131	00:00:00	21,1 KM	+00:36:00	5:22	11.2 (68.3%)
249	KULESZA Damian	1298	ADIDAS RUNNERS WARSAW	M 30	133	00:00:00	21,1 KM	+00:36:07	5:22	11.2 (68.3%)
250	GOŁOS Jerzy	948		M 60	4	00:00:00	21,1 KM	+00:36:09	5:22	11.1 (67.7%)
251	SOKOŁOWSKI Rafał	755		M 20	39	00:00:00	21,1 KM	+00:36:14	5:22	11.1 (67.7%)
252	MACIEJEWSKI Maciej	1140		M 20	40	00:00:00	21,1 KM	+00:36:20	5:24	11.1 (67.7%)
253	BURA Krystian	1711	#KFC RUN	M 30	134	00:00:00	21,1 KM	+00:36:21	5:23	11.1 (67.7%)
254	LASKOWSKI Mariusz	1454	NIGHT RUNNERS WRZEŚNIA	M 30	136	00:00:00	21,1 KM	+00:36:26	5:23	11.1 (67.7%)
255	BESZCZYŃSKI Kornel	1560	PARKRUN TORUŃ	M 40	140	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
256	MRÓZ Tomasz	1338	WIOCHA BIEGA	M 30	137	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
257	KOPER Adam	322	KB SKÓRKA	M 40	141	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
258	RAKOCZY Paweł	1761		M 40	142	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
259	WIECZOREK Filip	1630		M 20	41	00:00:00	21,1 KM	+00:36:33	5:23	11.1 (67.7%)
260	JAWORSKI Tomasz	1110		M 30	139	00:00:00	21,1 KM	+00:36:37	5:24	11.1 (67.7%)
261	STAROSTKA Jacek	1550	PKO BANK POLSKI BIEGAJMY RAZEM	M 40	144	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
262	TRACZYK Przemek	860	ASFALTLOVE DZIKI	M 30	140	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
263	GÓRSKI Łukasz	510		M 20	42	00:00:00	21,1 KM	+00:36:41	5:24	11.1 (67.7%)
264	DANIELEWICZ Mateusz	830		M 20	43	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
265	JUREWICZ Jarosław	1204		M 30	141	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
266	KAFEL Mariusz	1126	PKO BP SA	M 40	145	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)
267	SZACH Andrzej	390	22KBPG	M 40	146	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
268	ŻURAWSKI Michał	504	TOTALSHINE	M 30	144	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
269	KACPROWSKI Filip	1591	WKURW_TEAM	M 40	147	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
270	PIETRZAK Tomasz	989	WILD TRAIL RUNNER	M 30	146	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
271	SZUMIŁOWSKI Przemysław	1293	1975	M 40	148	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
272	SOŁTYSEK Marcin	626		M 40	149	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
273	GOŁĘBIEWSKI Daniel	563	KOSZULKOWYCONCEPT	M 40	151	00:00:00	21,1 KM	+00:37:09	5:26	11 (67.1%)
274	ŁUSZCZKI Kamil	788		M 30	148	00:00:00	21,1 KM	+00:37:16	5:25	11 (67.1%)
275	DYCHTO Michał	203	MICHAŁ, JOLA, JANEK, CECYLKA	M 40	152	00:00:00	21,1 KM	+00:37:20	5:26	11 (67.1%)
276	SIKORA Tomasz	156	WICHER SIENIAWA	M 40	153	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
277	FEREK Maciej	1762		M 40	154	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
278	BRZUSZEK Mateusz	1432		M 30	149	00:00:00	21,1 KM	+00:37:31	5:26	11 (67.1%)
279	GRZESZCZAK Piotr	1499	DELL TECHNOLOGIES	M 40	155	00:00:00	21,1 KM	+00:37:32	5:26	11 (67.1%)
280	KOWALSKI Łukasz	610		M 30	151	00:00:00	21,1 KM	+00:37:36	5:26	11 (67.1%)
281	ŚWIERZKO Artur	514	1975	M 40	158	00:00:00	21,1 KM	+00:37:44	5:27	11 (67.1%)
282	ENGEL Jan	1767		M 40	159	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
283	TOKARSKI Marcin	770		M 30	152	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
284	GRYGIELEWICZ Leszek	394		M 50	39	00:00:00	21,1 KM	+00:37:48	5:27	11 (67.1%)
285	ZACH Paweł	951	PAN	M 30	155	00:00:00	21,1 KM	+00:37:55	5:27	11 (67.1%)
286	GOŁĘBIEWSKI Paweł	210		M 30	156	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
287	KOŁODZIEJCZAK Artur	144	NIGHT RUNNERS WRZEŚNIA	M 40	160	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
288	BARTOSZYŃSKI Dominik	1341	BASKET RYPIN	M 30	157	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
289	CYMANEK Andrzej	1465	E.K.TWARDZIEL WROCŁAW	M 50	40	00:00:00	21,1 KM	+00:37:57	5:27	11 (67.1%)
290	MALINOWSKI Marcin	1151	MY LIFE MY WAY	M 40	161	00:00:00	21,1 KM	+00:37:59	5:27	11 (67.1%)
291	KRAWCZYK Mateusz	703	KB PIONIER SZCZECIN/AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M 20	44	00:00:00	21,1 KM	+00:38:03	5:28	11 (67.1%)
292	BURAWSKI Piotr	1327	DĄBROWSKI TEAM	M 40	162	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
293	FREDRICH Maik	499	ITAX	M 40	163	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
294	PIKUŁA Jacek	601	BIEGNĘ BYLE DOBIEC	M 30	158	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
295	PIPCZYŃSKI Sławomir	715		M 40	164	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
296	RADWAŃSKI Marcin	1425		M 30	159	00:00:00	21,1 KM	+00:38:08	5:28	11 (67.1%)
297	PACZKOWSKI Jarosław	1646	OLD RASCALS	M 40	165	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
298	KASZOWSKI Marcin	1181	KASZKI TEAM	M 40	166	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
299	MARKOWICZ Robert	330	RAWA TIM ZAWSZE SLIM	M 40	167	00:00:00	21,1 KM	+00:38:15	5:28	11 (67.1%)
300	PŁUCIENNIK Jakub	1355	PRZECŁAW	M 20	46	00:00:00	21,1 KM	+00:38:16	5:28	11 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
301	SZEW C Włodzimierz	663	ROMUS	M 50	41	00:00:00	21,1 KM	+00:38:17	5:30	10.9 (66.5%)
302	BAŁAMĄCEK Tomasz	1792	PROGDAR MARATHON TEAM	M 40	168	00:00:00	21,1 KM	+00:38:17	5:28	10.9 (66.5%)
303	KLUCZYŃSKI Zbigniew	167	NIE	M 50	42	00:00:00	21,1 KM	+00:38:19	5:28	10.9 (66.5%)
304	KSIĄŻEK Kamil	893		M 30	160	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
305	CHWIŁKA Mariusz	1237	KLUB BIEGACZA JYSK	M 40	170	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
306	BORYCZKA Szymon	850	POWOLI DO CELU	M 30	161	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)
307	KRÓL Hubert	906		M 40	171	00:00:00	21,1 KM	+00:38:31	5:32	10.8 (65.9%)
308	JERUZOL Marcin	1167		M 30	162	00:00:00	21,1 KM	+00:38:41	5:29	10.9 (66.5%)
309	RYMER Wojciech	1796	WŁASNY JEDNOOSOBOWY	M 40	174	00:00:00	21,1 KM	+00:38:43	5:30	10.9 (66.5%)
310	POMORSKI Sławomir	1158	KB WIKON NOWA SÓL	M 40	176	00:00:00	21,1 KM	+00:38:48	5:30	10.9 (66.5%)
311	GOŹDZIEWSKI Adam	955		M 40	178	00:00:00	21,1 KM	+00:38:52	5:30	10.9 (66.5%)
312	MALINOWSKI Bartek	152		M 40	179	00:00:00	21,1 KM	+00:38:54	5:30	10.9 (66.5%)
313	STĘPNIK Robert	389	WIECZORNE BIEGANIE W SZCZECINIE	M 30	163	00:00:00	21,1 KM	+00:38:56	5:30	10.9 (66.5%)
314	KRUPIŃSKI Maciej	1250		M 30	164	00:00:00	21,1 KM	+00:39:01	5:32	10.8 (65.9%)
315	SIESS Jarosław	512		M 50	44	00:00:00	21,1 KM	+00:39:02	5:30	10.9 (66.5%)
316	WAJDZIAK Marcin	1195		M 40	180	00:00:00	21,1 KM	+00:39:03	5:30	10.9 (66.5%)
317	PAW Piotr	646		M 30	165	00:00:00	21,1 KM	+00:39:15	5:34	10.8 (65.9%)
318	MICHAŁOWSKI Tomasz	1686		M 40	181	00:00:00	21,1 KM	+00:39:18	5:31	10.9 (66.5%)
319	ISZCZAK Kazimierz	1682		M 40	182	00:00:00	21,1 KM	+00:39:20	5:31	10.9 (66.5%)
320	WOJCIECHOWSKI Krzysztof	419		M 50	45	00:00:00	21,1 KM	+00:39:23	5:31	10.8 (65.9%)
321	DOMBROWA Robert	451	NOWY ŚWIAT BIEGA	M 50	46	00:00:00	21,1 KM	+00:39:27	5:32	10.8 (65.9%)
322	JASTRZĘBSKI Jakub	1511		M 30	166	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
323	WRZOUCHOL Paweł	1623	TRIGYM	M 30	167	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
324	WRONA Karol	644	W-PETROL	M 20	50	00:00:00	21,1 KM	+00:39:37	5:32	10.8 (65.9%)
325	BANASIAK Andrzej	352		M 40	183	00:00:00	21,1 KM	+00:39:39	5:32	10.8 (65.9%)
326	MAKOWSKI Mariusz	848	MAFIA TEAM LUBLINIEC	M 40	184	00:00:00	21,1 KM	+00:39:40	5:32	10.8 (65.9%)
327	LACIAK Sebastian	1759	DOWIESZ SIĘ W SWOIM CZASIE	M 30	168	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
328	ROGOWSKI Arek	135	BG PROJECT	M 40	185	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
329	GRZYWACZ Karol	974	LOLO TEAM	M 30	169	00:00:00	21,1 KM	+00:39:42	5:32	10.8 (65.9%)
330	RATAJCZAK Konrad	765	TROCHĘ JUŻ BIEGAM ,)	M 40	186	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
331	GĘBSKI Mariusz	1707		M 40	188	00:00:00	21,1 KM	+00:39:49	5:33	10.8 (65.9%)
332	SKRZYŃSKI Rafał	1739	RUNONLINE	M 30	171	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
333	TROJANOWSKI Kamil	1391		M 30	172	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
334	BAJURA Kamil	1360		M 20	51	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
335	STRZYGA Mariusz	1223		M 40	190	00:00:00	21,1 KM	+00:39:58	5:33	10.8 (65.9%)
336	KUBIAK Marcin	1741	ZJEDNOCZONE SŁUŻBY MUNDUROWE KĄTY WROCŁAWSKIE	M 40	191	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
337	PAWLIK Krzysztof	725	POLISH RUNNERS CLUB IRELAND	M 30	173	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
338	JARZĄBEK Robert	1153		M 40	192	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
339	WÓJCIK Radosław	254		M 30	174	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
340	CHOJNACKI Bartosz	1448		M 30	175	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
341	PYSZCZEK Jacek	635	BIEGIEM RADOM !	M 50	47	00:00:00	21,1 KM	+00:40:05	5:33	10.8 (65.9%)
342	MAŁECKI Grzegorz	165		M 40	193	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
343	MOTŁOCH Piotr	1611		M 30	176	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
344	CHMIELEWSKI Tomasz	1470	RACEHARD/GBBO	M 40	194	00:00:00	21,1 KM	+00:40:09	5:34	10.8 (65.9%)
345	WODORACKI Dariusz	1461	KLUB SAMOTNYCH SERC	M 50	48	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
346	RACŁAWSKI Tomasz	1670		M 50	49	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)
347	GIBAS Jacek	1595		M 40	195	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
348	SZADKOWSKI Dawid	698	WICHER SIENIAWA	M 30	177	00:00:00	21,1 KM	+00:40:17	5:34	10.8 (65.9%)
349	JAROSZEWICZ Grzegorz	1399	KB PIONIER SZCZECIN	M 40	196	00:00:00	21,1 KM	+00:40:30	5:35	10.7 (65.2%)
350	MOL Rafał	283	GRUPA BIEGOWA ENERGY KACZORY	M 40	197	00:00:00	21,1 KM	+00:40:32	5:35	10.7 (65.2%)
351	WĘGLARZ Sławowir	962		M 30	181	00:00:00	21,1 KM	+00:40:37	5:35	10.7 (65.2%)
352	SIWAK Łukasz	212		M 30	182	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
353	DUPLA Konrad	1127		M 40	199	00:00:00	21,1 KM	+00:40:39	5:35	10.7 (65.2%)
354	SIWIEC Robert	1228	PLIK TEAM	M 40	200	00:00:00	21,1 KM	+00:40:42	5:35	10.7 (65.2%)
355	LIJEWSKI Tomasz	1266	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	201	00:00:00	21,1 KM	+00:40:44	5:37	10.7 (65.2%)
356	BEREZOWSKI Marcin	1286		M 40	202	00:00:00	21,1 KM	+00:40:47	5:35	10.7 (65.2%)
357	OJDOWSKI Leon	1668	WODOCIĄGI WAŁBRZYCH	M 50	50	00:00:00	21,1 KM	+00:40:55	5:36	10.7 (65.2%)
358	KRZEŚNIEWSKI Marcin	1294	ROWEROWY ZAŁOM	M 40	203	00:00:00	21,1 KM	+00:40:56	5:36	10.7 (65.2%)
359	MACIĄG Krzysztof	575		M 40	204	00:00:00	21,1 KM	+00:40:57	5:36	10.7 (65.2%)
360	ADAMCZYK Bernard	245		M 40	205	00:00:00	21,1 KM	+00:40:58	5:36	10.7 (65.2%)
361	STACHOWIAK Dawid	791		M 20	54	00:00:00	21,1 KM	+00:40:59	5:37	10.7 (65.2%)
362	MARTYNIUK Ryszard	130	GMINA STRZELCE OPOLSKIE	M 30	185	00:00:00	21,1 KM	+00:41:01	5:36	10.7 (65.2%)
363	PRUSZKOWSKI Szymon	1803	ZALASEWO	M 40	206	00:00:00	21,1 KM	+00:41:02	5:36	10.7 (65.2%)
364	NIEKOREK Sebastian	1276	PYRZYCE BIEGAJĄ	M 40	207	00:00:00	21,1 KM	+00:41:06	5:36	10.7 (65.2%)
365	MUMOT Dariusz	1854	RADZYMIN RUN TEAM	M 40	208	00:00:00	21,1 KM	+00:41:12	5:37	10.7 (65.2%)
366	ABRAHAMOWICZ Jakub	1308	QBA	M 30	187	00:00:00	21,1 KM	+00:41:13	5:37	10.7 (65.2%)
367	URBANIEC Wojciech	1771		M 50	51	00:00:00	21,1 KM	+00:41:24	5:37	10.7 (65.2%)
368	KUJACIŃSKI Łukasz	1044	GSK FIT PIORUNY	M 30	188	00:00:00	21,1 KM	+00:41:28	5:37	10.7 (65.2%)
369	RECLIK Łukasz	921	APRT	M 30	189	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
370	JAKUBOWICZ Dawid	1067		M 30	190	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
371	MACIEJEWSKI Krystian	1734	POLSKA RUNNING TEAM	M 40	210	00:00:00	21,1 KM	+00:41:37	5:38	10.6 (64.6%)
372	KONSEK Jacek	723		M 30	191	00:00:00	21,1 KM	+00:41:39	5:39	10.6 (64.6%)
373	ROLLA Dorian	429		M 40	212	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
374	MIADZIELEC Artur	1533		M 30	192	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
375	STRÓŻYK Artur	1445		M 30	195	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
376	JÓŹWIAK Arkadiusz	1352		M 40	214	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
377	IGRAS Mieczysław	805	RUNNERS TEAM NYSA	M 50	52	00:00:00	21,1 KM	+00:41:57	5:39	10.6 (64.6%)
378	FRAĆKOWIAK Cezariusz	1704		M 50	53	00:00:00	21,1 KM	+00:41:58	5:39	10.6 (64.6%)
379	BABIŃSKI Sławek	1873	HANMON.PL	M 40	217	00:00:00	21,1 KM	+00:42:10	5:39	10.6 (64.6%)
380	CZERWONKA Piotr	660		M 20	55	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
381	CIENIUCH Krzysztof	620	OSTRY CIEŃ MGŁY	M 40	219	00:00:00	21,1 KM	+00:42:17	5:40	10.6 (64.6%)
382	GROCKI Mirosław	1059	HAZOKI	M 30	196	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
383	LESZCZYŃSKI Artur	813	BBL	M 40	220	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
384	WASIELEWSKI Błażej	380	DRUŻYNA SZPIKU	M 30	197	00:00:00	21,1 KM	+00:42:19	5:41	10.6 (64.6%)
385	BECHTA Damian	851	ADIDAS RUNNERS WARSAW	M 20	56	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
386	SZUMSKI Zbigniew	1118	927-18-51-447	M 50	54	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
387	SACHARSKI Bartłomiej	222	WIECZORNE BIEGANIE W SZCZECINIE	M 30	198	00:00:00	21,1 KM	+00:42:23	5:40	10.6 (64.6%)
388	NYCZ Marcin	1375		M 30	199	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
389	MAZUR Kamil	671		M 30	200	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
390	TOBJASZ Maciej	1265		M 40	221	00:00:00	21,1 KM	+00:42:24	5:41	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
391	BOROWSKI Marcin	1087	MIND GROUP	M 40	222	00:00:00	21,1 KM	+00:42:27	5:40	10.6 (64.6%)
392	WAJDZIK Adam	713	CZWARTUNIO TEAM	M 20	57	00:00:00	21,1 KM	+00:42:31	5:40	10.6 (64.6%)
393	STANEK Paweł	605		M 40	223	00:00:00	21,1 KM	+00:42:33	5:40	10.6 (64.6%)
394	PIETRZAK Krzysztof	718	BIEGAMBOLUBIĘ GORZÓW	M 30	201	00:00:00	21,1 KM	+00:42:35	5:42	10.5 (64.0%)
395	KALISZAN Damian	934		M 40	224	00:00:00	21,1 KM	+00:42:36	5:41	10.6 (64.6%)
396	CZYŻEWSKI Mateusz	637	WKURW_TEAM PAPRYKARZE	M 30	202	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
397	KAZMIERCZAK Grzegorz	1229		M 40	225	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
398	CHWEDORCZUK Robert	1476		M 40	226	00:00:00	21,1 KM	+00:42:38	5:41	10.6 (64.6%)
399	WALKOWIAK Jacek	1074		M 40	227	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
400	ŁUSZCZEWSKI Kamil	348		M 20	58	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
401	CIEMCIOCH Damian	1190		M 30	203	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
402	TARGOŃSKI Sławomir	656	1980	M 30	204	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
403	URBAŃCZAK Szymon	1143	DOBICONNECT	M 30	205	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
404	GABOR Krzysztof	1634		M 40	228	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
405	HRYNIEWICZ Jacek	904	KONGSBERG K-RUNNERS	M 30	206	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
406	ROSZAK Tomasz	1460	NIGHT RUNNERS WRZEŚNIA	M 40	230	00:00:00	21,1 KM	+00:42:48	5:42	10.5 (64.0%)
407	TABISZ Marcin	834		M 40	231	00:00:00	21,1 KM	+00:42:49	5:42	10.5 (64.0%)
408	PIETRZAK Krzysztof	1139		M 40	232	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
409	RYCHEL Radosław	391	E-DZIEWIARKA.PL	M 40	234	00:00:00	21,1 KM	+00:42:51	5:41	10.5 (64.0%)
410	KACZMARZYK Bartłomiej	959		M 30	208	00:00:00	21,1 KM	+00:42:53	5:41	10.5 (64.0%)
411	JASTRZĘBSKI Maciej	323		M 30	210	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
412	DROZDEK Włodzimierz	264	CHARTY	M 50	57	00:00:00	21,1 KM	+00:43:04	5:42	10.5 (64.0%)
413	WEYNA Rafał	1318	RUCHAWIE MISIE Z BIAŁEGO DOMKU	M 40	237	00:00:00	21,1 KM	+00:43:08	5:42	10.5 (64.0%)
414	POTOCZNIK Tomasz	1085		M 40	238	00:00:00	21,1 KM	+00:43:10	5:42	10.5 (64.0%)
415	ROGOZIŃSKI Artur	1748	BIEGAM BO LUBIĘ	M 40	239	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
416	UMIŃSKI Robert	918		M 30	211	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
417	PYZIK Grzegorz	228		M 40	240	00:00:00	21,1 KM	+00:43:13	5:42	10.5 (64.0%)
418	SIKORA Dariusz	1361		M 50	58	00:00:00	21,1 KM	+00:43:19	5:43	10.5 (64.0%)
419	DUDEK Dariusz	32		M 20	59	00:00:00	21,1 KM	+00:43:24	5:43	10.5 (64.0%)
420	KRÓL Mateusz	1537		M 20	60	00:00:00	21,1 KM	+00:43:25	5:43	10.5 (64.0%)
421	SZUDEJKO Michał	869		M 30	212	00:00:00	21,1 KM	+00:43:31	5:49	10.3 (62.8%)
422	TOBOŁA Robert	306		M 40	242	00:00:00	21,1 KM	+00:43:31	5:43	10.5 (64.0%)
423	GAWRON Andrzej	483		M 40	243	00:00:00	21,1 KM	+00:43:36	5:43	10.5 (64.0%)
424	ŻMINKOWSKI Jarosław	256	ZAWARCIE	M 50	59	00:00:00	21,1 KM	+00:43:38	5:43	10.5 (64.0%)
425	ANTONISZYN Dariusz	434	SZCZYTROWICE W BIEGU	M 50	60	00:00:00	21,1 KM	+00:43:40	5:44	10.5 (64.0%)
426	. Sasza44	963	LECHICI ZIELONKA	M 40	244	00:00:00	21,1 KM	+00:43:41	5:44	10.5 (64.0%)
427	KAPRUZIAK Waldemar	1210		M 40	245	00:00:00	21,1 KM	+00:43:45	5:44	10.5 (64.0%)
428	GRZECHOWIAK Marek	1818		M 20	61	00:00:00	21,1 KM	+00:43:46	5:44	10.5 (64.0%)
429	ZIELIŃSKI Sławomir	1191		M 30	213	00:00:00	21,1 KM	+00:43:56	5:44	10.4 (63.4%)
430	BIWOJNO Paweł	844		M 30	214	00:00:00	21,1 KM	+00:44:02	5:45	10.4 (63.4%)
431	CHYŁA Dawid	751		M 30	215	00:00:00	21,1 KM	+00:44:05	5:45	10.4 (63.4%)
432	HORZELA Adam	1303	HURAGAN LIGOTA	M 30	216	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
433	WICKI Karol	477	GREG TEAM	M 20	62	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
434	STOLC Ireneusz	545	KASZUBSKI BIEGACZ	M 30	217	00:00:00	21,1 KM	+00:44:09	5:45	10.4 (63.4%)
435	PAJCHROWSKI Michał	988		M 30	220	00:00:00	21,1 KM	+00:44:31	5:46	10.4 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
436	LESZCZ Jarosław	557		M 40	246	00:00:00	21,1 KM	+00:44:32	5:46	10.4 (63.4%)
437	ROMAN Krzysztof	154		M 40	247	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
438	KALBARCZYK Maciej	696		M 30	222	00:00:00	21,1 KM	+00:44:35	5:46	10.4 (63.4%)
439	DZIEDZIC Dominik	1196		M 30	223	00:00:00	21,1 KM	+00:44:37	5:46	10.4 (63.4%)
440	KOWCZYK Marcin	1535		M 30	224	00:00:00	21,1 KM	+00:44:42	5:47	10.4 (63.4%)
441	CIEŚLA Arkadiusz	1346	BIEGAMY Z SERCEM.PL	M 40	248	00:00:00	21,1 KM	+00:44:43	5:47	10.4 (63.4%)
442	SAŁABON Mateusz	527		M 20	63	00:00:00	21,1 KM	+00:44:44	5:47	10.4 (63.4%)
443	UTRACKI Michał	1036		M 50	62	00:00:00	21,1 KM	+00:44:51	5:47	10.4 (63.4%)
444	WOJCIECHOWSKI Maks	421		M 20	64	00:00:00	21,1 KM	+00:44:57	5:48	10.3 (62.8%)
445	SUTULA Krzysztof	502		M 40	249	00:00:00	21,1 KM	+00:44:59	5:47	10.4 (63.4%)
446	BARANOWSKI Łukasz	724		M 30	226	00:00:00	21,1 KM	+00:45:07	5:48	10.3 (62.8%)
447	LELITO Piotr	1334		M 30	227	00:00:00	21,1 KM	+00:45:11	5:48	10.3 (62.8%)
448	ZAWLIK Tomasz	739	KAŻDA KROPLA POTU MA SENS	M 40	250	00:00:00	21,1 KM	+00:45:13	5:48	10.3 (62.8%)
449	PRUSZANOW Marcin	622	KB HERMES GRYFINO	M 40	251	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
450	BORKOWSKI Marek	1366		M 40	252	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
451	KOZŁOWSKI Adam	1848	WIECZORNE BIEGANIE W SZCZECINIE	M 40	253	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
452	FRANKOWSKI Mariusz	541		M 30	229	00:00:00	21,1 KM	+00:45:21	5:49	10.3 (62.8%)
453	TUROŃ Błażej	992	SAINT-GOBAIN SQUAD	M 20	65	00:00:00	21,1 KM	+00:45:28	5:49	10.3 (62.8%)
454	GACH Krzysztof	581	1987	M 30	230	00:00:00	21,1 KM	+00:45:32	5:49	10.3 (62.8%)
455	WYGODA Paweł	681	HERBALIFE	M 50	63	00:00:00	21,1 KM	+00:45:33	5:49	10.3 (62.8%)
456	KLOS Tomasz	1108		M 30	232	00:00:00	21,1 KM	+00:45:38	5:49	10.3 (62.8%)
457	JARZĄBEK Michał	1117	MICHAŁ JARZĄBEK	M 30	233	00:00:00	21,1 KM	+00:45:42	5:49	10.3 (62.8%)
458	SYCAN Krzysztof	1887	PKO BANK POLSKI / BIEGAM NA TARCHOMINIE	M 40	257	00:00:00	21,1 KM	+00:45:44	5:49	10.3 (62.8%)
459	WOŁYNIEC Szymon	66	WIECZORNE BIEGANIE W SZCZECINIE	M 20	66	00:00:00	21,1 KM	+00:45:47	5:50	10.3 (62.8%)
460	JARMUŻEWSKI Adam	1242	TIA	M 40	258	00:00:00	21,1 KM	+00:45:52	5:50	10.3 (62.8%)
461	SZABŁOWSKI Łukasz	1233		M 20	67	00:00:00	21,1 KM	+00:45:53	5:50	10.3 (62.8%)
462	PASZKOWSKI Michal	1144	SOLANIN FILM FESTIWAL	M 20	68	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
463	ZIMNY Ireneusz	288		M 40	260	00:00:00	21,1 KM	+00:46:09	5:51	10.3 (62.8%)
464	DOBOSZ Piotr	1725	1980	M 30	236	00:00:00	21,1 KM	+00:46:16	5:51	10.2 (62.2%)
465	KOWALSKI Piotr	1662	BMW P	M 30	237	00:00:00	21,1 KM	+00:46:17	5:55	10.1 (61.6%)
466	KOŁOMAŃSKI Hubert	1581		M 30	238	00:00:00	21,1 KM	+00:46:24	5:51	10.2 (62.2%)
467	POPIELA Krzysiek	1712		M 20	69	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
468	PYTEL Jarosław	365	PARKRUN CHRZANÓW	M 30	239	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
469	MANDAT Janek	465	KB LUPUS OLEŚNICA	M 60	5	00:00:00	21,1 KM	+00:46:28	5:52	10.2 (62.2%)
470	HUDEREK Łukasz	1766		M 40	261	00:00:00	21,1 KM	+00:46:35	5:52	10.2 (62.2%)
471	BENTKOWSKI Tomasz	1055	POBIEDZISKA RUNNING TEAM	M 40	262	00:00:00	21,1 KM	+00:46:37	5:52	10.2 (62.2%)
472	KOCHANIAK Andrzej	902	PODLASKI BIMBER	M 30	241	00:00:00	21,1 KM	+00:46:45	5:52	10.2 (62.2%)
473	ROŻEK Marcin	1568	CSWL POZNAŃ	M 30	243	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)
474	MIKOŁAJCZYK Łukasz	1778		M 30	244	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)
475	BOĆKOWSKI Marek	1802		M 50	64	00:00:00	21,1 KM	+00:47:01	5:53	10.2 (62.2%)
476	FORMAS Łukasz	592		M 40	263	00:00:00	21,1 KM	+00:47:13	5:54	10.2 (62.2%)
477	GRULKOWSKI Damian	1008		M 40	264	00:00:00	21,1 KM	+00:47:14	5:54	10.2 (62.2%)
478	ZGRZENDEK Maciej	1559		M 20	70	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
479	GÖDE Christopher	1258		M 20	71	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
480	TARASIEWICZ Ryszard	643		M 60	6	00:00:00	21,1 KM	+00:47:24	5:54	10.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
481	MUSIŃSKI Bartosz	1026		M 30	247	00:00:00	21,1 KM	+00:47:25	5:54	10.1 (61.6%)
482	M Michał	1003		M 40	265	00:00:00	21,1 KM	+00:47:29	5:54	10.1 (61.6%)
483	WENGER Oliver	789	Haj Botschafter	M 40	266	00:00:00	21,1 KM	+00:47:37	5:57	10.1 (61.6%)
484	ROSZAK Henryk	259	Kompania Piwowarska	M 50	67	00:00:00	21,1 KM	+00:47:37	5:55	10.1 (61.6%)
485	DZIEDZIC Józef	229	Zabiegany Wołomin	M 50	68	00:00:00	21,1 KM	+00:47:39	5:55	10.1 (61.6%)
486	JOB Piotr	403		M 40	268	00:00:00	21,1 KM	+00:47:43	5:55	10.1 (61.6%)
487	GABIS Krzysztof	1296		M 30	249	00:00:00	21,1 KM	+00:47:51	5:55	10.1 (61.6%)
488	LOTKO Jeremiasz	630		M 20	72	00:00:00	21,1 KM	+00:47:53	5:56	10.1 (61.6%)
489	BARANOWSKI Marcin	1384		M 40	269	00:00:00	21,1 KM	+00:47:56	5:56	10.1 (61.6%)
490	GRZELCZYK Dawid	984		M 20	73	00:00:00	21,1 KM	+00:48:02	5:56	10.1 (61.6%)
491	MATUSZCZYK Krzysztof	1411		M 40	272	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
492	GRECZUK Paweł	1575		M 30	251	00:00:00	21,1 KM	+00:48:16	5:57	10.1 (61.6%)
493	ZAJĄC Łukasz	1539	KS Krotosz Krotoszyn	M 30	252	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
494	GALOR Piotr	1488		M 20	74	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
495	FIŁOCHOWSKI Daniel	1350	Aktywnapszczyzna	M 40	274	00:00:00	21,1 KM	+00:48:31	5:57	10.1 (61.6%)
496	STĘPNIAK Lesław	280		M 40	275	00:00:00	21,1 KM	+00:48:37	5:58	10.1 (61.6%)
497	BOROWIEC Arkadiusz	1369	Chełm Biega	M 40	276	00:00:00	21,1 KM	+00:48:42	5:59	10 (61.0%)
498	MAMAJ Adam	1335	Warszawabiega	M 50	70	00:00:00	21,1 KM	+00:48:52	5:58	10 (61.0%)
499	BARTECKI Tomasz	1217		M 30	253	00:00:00	21,1 KM	+00:48:53	5:58	10 (61.0%)
500	GARBACZ Zbigniew	591		M 40	277	00:00:00	21,1 KM	+00:48:58	5:59	10 (61.0%)
501	CIESZKIEWICZ Jarosław	990		M 40	278	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
502	SYROKA Jan	722	1989	M 50	71	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
503	GRABOWSKI Grzegorz	1169	ASTMA Gdańsk	M 40	279	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
504	CIBOROWSKI Dawid	1702		M 30	254	00:00:00	21,1 KM	+00:49:18	6:00	10 (61.0%)
505	CHMARA Sebastian	1753	Zawisza	M 40	280	00:00:00	21,1 KM	+00:49:21	6:00	10 (61.0%)
506	SOLIŃSKI Adam	1282	Brak	M 20	76	00:00:00	21,1 KM	+00:49:25	6:01	10 (61.0%)
507	GRZYWACZ Marcin	910		M 30	255	00:00:00	21,1 KM	+00:49:34	6:00	10 (61.0%)
508	KONIKOWSKI Daniel	1879		M 30	256	00:00:00	21,1 KM	+00:49:36	6:00	10 (61.0%)
509	DOMAŃSKI Piotr	1883		M 30	257	00:00:00	21,1 KM	+00:49:40	6:01	10 (61.0%)
510	BUSS Jakub	897	Kudowianka Run	M 40	282	00:00:00	21,1 KM	+00:49:44	6:01	10 (61.0%)
511	BIELECKI Tadeusz	749	UKS Siódemka Rumia	M 40	283	00:00:00	21,1 KM	+00:49:46	6:01	10 (61.0%)
512	ŻBEL Michał	1231	HRMAX Żory	M 40	284	00:00:00	21,1 KM	+00:49:50	6:01	10 (61.0%)
513	BABAK Łukasz	1616		M 30	258	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
514	SZARZEC Przemysław	728		M 40	285	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
515	WALOTKA Filip	1752	GVT	M 30	259	00:00:00	21,1 KM	+00:49:55	6:01	9.9 (60.4%)
516	SŁAWIŃSKI Wojciech	133		M 20	77	00:00:00	21,1 KM	+00:49:57	6:01	9.9 (60.4%)
517	CIESIOLKIEWICZ Mariusz	1032		M 30	260	00:00:00	21,1 KM	+00:50:00	6:02	9.9 (60.4%)
518	KOWALCZYK Piotr	588		M 30	261	00:00:00	21,1 KM	+00:50:03	6:02	9.9 (60.4%)
519	OSZUST Marcin	1427	Chełmska Grupa Triathlonu	M 40	286	00:00:00	21,1 KM	+00:50:06	6:02	9.9 (60.4%)
520	RZEŹNICZAK Przemysław	1168	Żagańskie Dzikie	M 40	287	00:00:00	21,1 KM	+00:50:09	6:02	9.9 (60.4%)
521	ŻUCHOWSKI Łukasz	1106	Trochę Rurzyca	M 40	288	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
522	WRÓBLEWSKI Michał	1657		M 40	289	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
523	OGRODZIŃSKI Przemysław	697		M 30	262	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
524	JASIŃSKI Krzysztof	1363	Biegnę Był Dobiec	M 30	263	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
525	MARCINEK Rafał	446	Marcinek Team	M 40	290	00:00:00	21,1 KM	+00:50:16	6:02	9.9 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
526	JANOSZKA Piotr	534	PKO BANK POLSKI	M 30	264	00:00:00	21,1 KM	+00:50:16	6:06	9.8 (59.8%)
527	KOROWIEC Michał	1064		M 30	265	00:00:00	21,1 KM	+00:50:17	6:02	9.9 (60.4%)
528	BYCZYK Jacek	1277		M 50	72	00:00:00	21,1 KM	+00:50:27	6:03	9.9 (60.4%)
529	CHĄDZYŃSKI Marcin	233		M 30	266	00:00:00	21,1 KM	+00:50:29	6:03	9.9 (60.4%)
530	CHYBIŃSKI Marcin	532	BRYGADA RR	M 40	291	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
531	SZYMAŃSKI Sławomir	411		M 30	267	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
532	REPALSKI Marcin	911		M 40	292	00:00:00	21,1 KM	+00:50:35	6:03	9.9 (60.4%)
533	SZMYT Mariusz	1491		M 40	293	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
534	KOWNACKI Bartłomiej	251	GOGGLE PAE TEAM	M 40	295	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
535	PODWYSOCKI Adrian	1685		M 30	270	00:00:00	21,1 KM	+00:50:42	6:04	9.9 (60.4%)
536	SZADOWIAK Jakub	804		M 20	79	00:00:00	21,1 KM	+00:50:43	6:04	9.9 (60.4%)
537	KALINOWSKI Krzysztof	1810		M 40	296	00:00:00	21,1 KM	+00:50:44	6:05	9.8 (59.8%)
538	KRZEMIONKA Daniel	1426	BLACK RUNNING STRONIE ŚLĄSKIE	M 40	297	00:00:00	21,1 KM	+00:50:50	6:04	9.9 (60.4%)
539	KUZIEL Marcin	179		M 30	271	00:00:00	21,1 KM	+00:50:52	6:04	9.9 (60.4%)
540	IWAŃSKI Arkadiusz	1679		M 40	298	00:00:00	21,1 KM	+00:50:55	6:04	9.9 (60.4%)
541	GURAK Tomasz	1613		M 40	299	00:00:00	21,1 KM	+00:50:56	6:04	9.9 (60.4%)
542	KOZIMOR Mariusz	1380	USB USTKA	M 40	301	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
543	SOWA Krzysztof	189	ZWIEDZANIE PRZEZ BIEGANIE	M 30	274	00:00:00	21,1 KM	+00:51:01	6:04	9.9 (60.4%)
544	URZĘDOWSKI Piotr	1103	PYRZYCE BIEGAJĄ	M 30	276	00:00:00	21,1 KM	+00:51:06	6:05	9.9 (60.4%)
545	BARANSKI Krzysztof	1283	LEŚNA EKIPA	M 30	277	00:00:00	21,1 KM	+00:51:07	6:13	9.6 (58.5%)
546	ŁUCZAK Zbigniew	797	WRONIECKI KLUB BIEGACZA	M 30	278	00:00:00	21,1 KM	+00:51:07	6:05	9.9 (60.4%)
547	SPYCHAŁA Stanisław	1574		M 60	7	00:00:00	21,1 KM	+00:51:19	6:05	9.8 (59.8%)
548	ZAWADZKI Klaudiusz	1332		M 40	303	00:00:00	21,1 KM	+00:51:27	6:06	9.8 (59.8%)
549	KUŚ Marcin Tomasz	875		M 40	304	00:00:00	21,1 KM	+00:51:28	6:06	9.8 (59.8%)
550	SCHILLING Alexander	1078	FAHRENWALDE	M 30	279	00:00:00	21,1 KM	+00:51:30	6:06	9.8 (59.8%)
551	CUDNOWSKI Leszek	1292	GDAŃSK POŁUDNIE / BIEGAMBOWARTO.PL	M 40	305	00:00:00	21,1 KM	+00:51:31	6:06	9.8 (59.8%)
552	MURAWSKI Radosław	932	RUNNERB	M 30	280	00:00:00	21,1 KM	+00:51:32	6:06	9.8 (59.8%)
553	PETRUKOVYCH Maksym	1423		M 30	281	00:00:00	21,1 KM	+00:51:33	6:06	9.8 (59.8%)
554	KURKOWSKI Jarosław	1806		M 40	306	00:00:00	21,1 KM	+00:51:40	6:06	9.8 (59.8%)
555	GOŁĘBIEWSKI Łukasz	1365		M 40	308	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
556	GRABNER Johann	237	SPINER POLICE	M 40	309	00:00:00	21,1 KM	+00:51:54	6:07	9.8 (59.8%)
557	GÓRSKI Grzegorz	1608		M 40	310	00:00:00	21,1 KM	+00:51:55	6:07	9.8 (59.8%)
558	ZABORA Paweł	1869		M 30	282	00:00:00	21,1 KM	+00:51:59	6:07	9.8 (59.8%)
559	WIKTORSKI Sebastian	88		M 30	283	00:00:00	21,1 KM	+00:52:01	6:07	9.8 (59.8%)
560	BASZUN Michał	925	SZCZYTKOWICE W BIEGU	M 30	284	00:00:00	21,1 KM	+00:52:08	6:08	9.8 (59.8%)
561	GONET Marek	1234		M 50	74	00:00:00	21,1 KM	+00:52:12	6:08	9.8 (59.8%)
562	SOBECKI Tomasz	1577		M 20	82	00:00:00	21,1 KM	+00:52:14	6:08	9.8 (59.8%)
563	WRÓBEL Wojtek	370		M 40	312	00:00:00	21,1 KM	+00:52:27	6:09	9.8 (59.8%)
564	WINKEL Jerzy	239	PIOTROWICKIE BEBOKI	M 40	313	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
565	URBANKIEWICZ Marcin	56		M 30	286	00:00:00	21,1 KM	+00:52:36	6:09	9.7 (59.1%)
566	PONCYLIUSZ Artur	277		M 40	314	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
567	REKŚĆ Kacper	748		M 20	83	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
568	SAVCHUK Volodymyr	1102		M 20	84	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
569	RZĄSIK Łukasz	1336		M 30	287	00:00:00	21,1 KM	+00:52:42	6:09	9.7 (59.1%)
570	ZAMARIA Jerzy	657		M 60	8	00:00:00	21,1 KM	+00:52:44	6:09	9.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
571	CZERWIŃSKI Janusz	1528	DAMY RADE ZEGRZE	M 50	76	00:00:00	21,1 KM	+00:52:48	6:10	9.7 (59.1%)
572	JAGIELSKI Łukasz	1512		M 40	315	00:00:00	21,1 KM	+00:52:57	6:10	9.7 (59.1%)
573	MAJ Mariusz	790	KB WIKON NOWA SOL	M 30	288	00:00:00	21,1 KM	+00:53:02	6:10	9.7 (59.1%)
574	FORNAL Patryk	1562		M 30	289	00:00:00	21,1 KM	+00:53:06	6:10	9.7 (59.1%)
575	SAWICKI Krzysztof	1805		M 30	291	00:00:00	21,1 KM	+00:53:10	6:11	9.7 (59.1%)
576	KASPRZAK Adam	442	BIEGAJ Z PASJĄ	M 20	85	00:00:00	21,1 KM	+00:53:16	6:11	9.7 (59.1%)
577	KOMOROWSKI Michał	1031		M 30	292	00:00:00	21,1 KM	+00:53:18	6:11	9.7 (59.1%)
578	TANAJEWSKI Dariusz	827	GEORUNGERS	M 30	294	00:00:00	21,1 KM	+00:53:22	6:11	9.7 (59.1%)
579	WRĘBIAK Dariusz	689	RAZ	M 40	318	00:00:00	21,1 KM	+00:53:26	6:11	9.7 (59.1%)
580	DOPIERAŁA Sławomir	1517	KARBUD - W DRODZE DO CELU	M 40	320	00:00:00	21,1 KM	+00:53:30	6:12	9.7 (59.1%)
581	BUDNY Wojciech	1650		M 30	296	00:00:00	21,1 KM	+00:53:35	6:12	9.7 (59.1%)
582	WILGOCKI Radosław	1264		M 30	297	00:00:00	21,1 KM	+00:53:48	6:12	9.7 (59.1%)
583	OLEK Zbigniew	1516		M 30	298	00:00:00	21,1 KM	+00:53:50	6:12	9.7 (59.1%)
584	ADAMUS Janusz	559		M 40	322	00:00:00	21,1 KM	+00:53:51	6:13	9.7 (59.1%)
585	KARPIŃSKI Łukasz	861	AKTYWNA BYDGOSZCZ	M 40	323	00:00:00	21,1 KM	+00:53:54	6:13	9.6 (58.5%)
586	PILSKI Andrzej	96	BAREFOOT RUNNERS SOCIETY	M 70+	1	00:00:00	21,1 KM	+00:54:12	6:15	9.6 (58.5%)
587	SIWEK Tomasz	205		M 30	299	00:00:00	21,1 KM	+00:54:23	6:14	9.6 (58.5%)
588	PASZKIEWICZ Paweł	1407		M 40	327	00:00:00	21,1 KM	+00:54:30	6:14	9.6 (58.5%)
589	RÓG Krzysztof	455	ZDYSZAAANI	M 40	328	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
590	WILKOSZ Krystian	369	POLDKA HUSARIA	M 20	87	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
591	SUSEL Aleksander	21		M 30	300	00:00:00	21,1 KM	+00:54:33	6:15	9.6 (58.5%)
592	PONICKI Tomasz	1447	TEAM UJŚCIE	M 40	330	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
593	SZEWCZYK Mariusz	1395		M 40	331	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
594	POCZĄTEK Błażej	1772	POWER DOPPLER TEAM	M 30	301	00:00:00	21,1 KM	+00:54:39	6:15	9.6 (58.5%)
595	BAJEŃSKI Dariusz	912	PARKRUN TORUŃ	M 20	88	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
596	BŁĄDEK Rafał	6		M 40	332	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
597	KOŚCIUCZUK Bartosz	1200		M 30	302	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
598	WAŁTOR Marcin	67		M 40	333	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
599	GRABOWSKI Marcin	90	KOTY POZNAŃ	M 30	303	00:00:00	21,1 KM	+00:54:47	6:15	9.6 (58.5%)
600	GUDALEWSKI Tomasz	1746	PODLASKI KLUB SPORTOWY "NA SZCZYT"	M 50	79	00:00:00	21,1 KM	+00:54:48	6:15	9.6 (58.5%)
601	DURDA Paweł	1471		M 30	304	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
602	DUDKA Robert	1259	SZCZECIN	M 30	305	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
603	SOBUSIAK Iwo	1572	KLUB BIEGACZA PROVIDENT	M 20	89	00:00:00	21,1 KM	+00:55:16	6:17	9.5 (57.9%)
604	WILK Tomasz	1136		M 50	80	00:00:00	21,1 KM	+00:55:20	6:17	9.5 (57.9%)
605	DĄBROWSKI Marcin	1300	TEAM KORNEL	M 40	336	00:00:00	21,1 KM	+00:55:21	6:17	9.5 (57.9%)
606	KOLANKOWSKI Andrzej	1641	POZYTYWNI BIEGACZE	M 50	81	00:00:00	21,1 KM	+00:55:30	6:17	9.5 (57.9%)
607	BORKOWSKI Robert	920		M 40	337	00:00:00	21,1 KM	+00:55:36	6:18	9.5 (57.9%)
608	MRÓZEK Szymon	1162	SAINT GOBAIN SQUAD	M 20	91	00:00:00	21,1 KM	+00:55:40	6:18	9.5 (57.9%)
609	KRYSIAK Dawid	399	WIECZORNE BIEGANIE W SZCZECINIE	M 30	306	00:00:00	21,1 KM	+00:55:44	6:18	9.5 (57.9%)
610	GAŁKA Grzegorz	517		M 40	338	00:00:00	21,1 KM	+00:55:45	6:18	9.5 (57.9%)
611	HYJEK Karol	485	GIŻYCKI BIEGACZ	M 30	307	00:00:00	21,1 KM	+00:55:46	6:18	9.5 (57.9%)
612	ROJEWSKI Mateusz	1584		M 30	309	00:00:00	21,1 KM	+00:55:53	6:19	9.5 (57.9%)
613	JAWOREK Rafał	255	WSPÓLNA TEAM	M 40	339	00:00:00	21,1 KM	+00:55:57	6:19	9.5 (57.9%)
614	KISIECKI Marcin	929		M 30	310	00:00:00	21,1 KM	+00:55:59	6:19	9.5 (57.9%)
615	KRASOWSKI Leszek	1161	SAINT GOBAIN SQUAD	M 60	9	00:00:00	21,1 KM	+00:56:02	6:19	9.5 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
616	ZABORNY Łukasz	649		M 20	92	00:00:00	21,1 KM	+00:56:05	6:19	9.5 (57.9%)
617	CHMIELECKI Andrzej	1740	POLSKA RUNNING TEAM	M 50	82	00:00:00	21,1 KM	+00:56:06	6:19	9.5 (57.9%)
618	OKRÓJ Dawid	1171		M 30	311	00:00:00	21,1 KM	+00:56:22	6:20	9.5 (57.9%)
619	ZOMERFELD Tomasz	309	KB KROKUS KWIATKOWICE	M 40	341	00:00:00	21,1 KM	+00:56:25	6:21	9.4 (57.3%)
620	JAŚKIEWICZ Mateusz	34		M 20	93	00:00:00	21,1 KM	+00:56:30	6:20	9.5 (57.9%)
621	PŁOWENS Piotr	54		M 20	94	00:00:00	21,1 KM	+00:56:32	6:20	9.5 (57.9%)
622	POKORNY Tomasz	1717		M 40	342	00:00:00	21,1 KM	+00:56:37	6:20	9.5 (57.9%)
623	CHUDY Henryk	1697	K.S. OLSZEWSKI I SYNOWIE	M 60	10	00:00:00	21,1 KM	+00:56:39	6:20	9.4 (57.3%)
624	GIBIEC Wojciech	1122		M 30	312	00:00:00	21,1 KM	+00:56:40	6:21	9.4 (57.3%)
625	KOWALCZUK Dariusz	1404	ALIPLAST ALUMINIUM EXTRUSION	M 30	313	00:00:00	21,1 KM	+00:56:56	6:21	9.4 (57.3%)
626	CZYŻEWSKI Janusz	796	KOŁOBRZEG MARATON TEAM	M 50	84	00:00:00	21,1 KM	+00:56:57	6:22	9.4 (57.3%)
627	WUJDA Mirosław	1822	ERNI RULEZ	M 40	344	00:00:00	21,1 KM	+00:57:02	6:22	9.4 (57.3%)
628	ZAKRZEWSKI Tomasz	1840	RYPIN	M 30	314	00:00:00	21,1 KM	+00:57:03	6:22	9.4 (57.3%)
629	KWIECIEŃ Michał	331		M 20	95	00:00:00	21,1 KM	+00:57:09	6:22	9.4 (57.3%)
630	WASZKIEWICZ Jakub	1886		M 20	96	00:00:00	21,1 KM	+00:57:13	6:22	9.4 (57.3%)
631	MISZ Hubert	272	WSPÓLNA TEAM	M 30	315	00:00:00	21,1 KM	+00:57:19	6:22	9.4 (57.3%)
632	BLÄSSE Detlef	176	RWO ENDURANCE TEAM	M 50	85	00:00:00	21,1 KM	+00:57:21	6:22	9.4 (57.3%)
633	CZERWIŃSKI Janusz	1600	DAMY RADE ZEGRZE	M 50	86	00:00:00	21,1 KM	+00:57:23	6:23	9.4 (57.3%)
634	DUDZIAK Tadeusz	98		M 50	87	00:00:00	21,1 KM	+00:57:30	6:23	9.4 (57.3%)
635	BOŻEK Marcin	83		M 30	317	00:00:00	21,1 KM	+00:57:35	6:26	9.3 (56.7%)
636	DEMCZAR Jacek	793		M 40	346	00:00:00	21,1 KM	+00:57:38	6:25	9.3 (56.7%)
637	ZAROBIAK Piotr	831		M 40	348	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
638	KRUCZEK Grzegorz	1189		M 30	319	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
639	WESOŁOWSKI Łukasz	873		M 30	320	00:00:00	21,1 KM	+00:58:00	6:24	9.4 (57.3%)
640	ŚLIWCZYŃSKI Damian	802	BIEGANIE NA ŚNIADANIE	M 30	321	00:00:00	21,1 KM	+00:58:10	6:25	9.3 (56.7%)
641	BZDUN Jacek	876		M 40	350	00:00:00	21,1 KM	+00:58:11	6:26	9.3 (56.7%)
642	OTOK Arkadiusz	609		M 30	322	00:00:00	21,1 KM	+00:58:20	6:25	9.3 (56.7%)
643	GRZYWACZYK Przemysław	303	#BIEGACZE	M 20	97	00:00:00	21,1 KM	+00:58:21	6:25	9.3 (56.7%)
644	DWÓŹNIK Robert	136	DAM RADE	M 50	91	00:00:00	21,1 KM	+00:58:50	6:27	9.3 (56.7%)
645	MIŻOŁEMSKI Patryk	1289		M 20	98	00:00:00	21,1 KM	+00:59:05	6:27	9.3 (56.7%)
646	RUSINIAK Kostek	1699	NO EXCUSES TEAM	M 20	99	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
647	OSSIG Krzysztof	996	NO EXCUSES TEAM	M 40	351	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
648	POPCZYK Sebastian	1018		M 20	100	00:00:00	21,1 KM	+00:59:09	6:28	9.3 (56.7%)
649	MROZIŃSKI Albert	335		M 40	352	00:00:00	21,1 KM	+00:59:10	6:28	9.3 (56.7%)
650	PIETRZAK Radosław	519		M 40	353	00:00:00	21,1 KM	+00:59:12	6:28	9.3 (56.7%)
651	FLORCZAK Zdzisław	1236	WWW.FMC24.PL	M 60	12	00:00:00	21,1 KM	+00:59:15	6:28	9.3 (56.7%)
652	ŚMIECH Mariusz	1066		M 40	354	00:00:00	21,1 KM	+00:59:27	6:30	9.2 (56.1%)
653	NOWAK Artur	1344	A&G CARP TEAM	M 40	355	00:00:00	21,1 KM	+00:59:34	6:29	9.2 (56.1%)
654	ZBRZEŹNIAK Igor	103		M 20	101	00:00:00	21,1 KM	+00:59:41	6:29	9.2 (56.1%)
655	LICHACZEWSKI Konrad	1857		M 40	356	00:00:00	21,1 KM	+00:59:46	6:29	9.2 (56.1%)
656	GĘBALA Paweł	1567		M 40	358	00:00:00	21,1 KM	+00:59:50	6:30	9.2 (56.1%)
657	KASPRZAK Maciej	317		M 30	325	00:00:00	21,1 KM	+00:59:59	6:30	9.2 (56.1%)
658	JANKOWSKI Jerzy	526	POZYTYWNI BIEGACZE	M 60	13	00:00:00	21,1 KM	+01:00:02	6:30	9.2 (56.1%)
659	DERA Tomasz	1060	CZERWONAK BIEGA	M 30	327	00:00:00	21,1 KM	+01:00:03	6:30	9.2 (56.1%)
660	GOLONKA Piotr	1072		M 30	328	00:00:00	21,1 KM	+01:00:05	6:30	9.2 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
661	PLUSKOTA Przemysław	1621		M 40	359	00:00:00	21,1 KM	+01:00:20	6:31	9.2 (56.1%)
662	KUCIEL Robert	1775	RUNNING BOŁĘCIN	M 30	329	00:00:00	21,1 KM	+01:00:26	6:31	9.2 (56.1%)
663	JAROSZ Tomasz	1310		M 40	361	00:00:00	21,1 KM	+01:00:41	6:32	9.2 (56.1%)
664	ORYL Mariusz	386		M 30	331	00:00:00	21,1 KM	+01:00:46	6:32	9.2 (56.1%)
665	BYCZKOWSKI Jan	1077		M 40	363	00:00:00	21,1 KM	+01:00:50	6:32	9.2 (56.1%)
666	TOMCZYK Krzysztof	1271		M 40	365	00:00:00	21,1 KM	+01:00:59	6:33	9.2 (56.1%)
667	SZARMACH Andrzej	146	PŁOCK BIEGA NO AGE LIMIT	M 30	332	00:00:00	21,1 KM	+01:01:03	6:33	9.1 (55.5%)
668	PŁOCH Piotr	1737		M 30	333	00:00:00	21,1 KM	+01:01:08	6:37	9.1 (55.5%)
669	FANDRYCH Krzysztof	1154		M 40	366	00:00:00	21,1 KM	+01:01:16	6:34	9.1 (55.5%)
670	CZECHOWICZ Łukasz	1241		M 30	334	00:00:00	21,1 KM	+01:01:19	6:34	9.1 (55.5%)
671	LIS Mateusz	1182	HOLIDAY INN GDAŃSK - CITY CENTRE	M 30	335	00:00:00	21,1 KM	+01:01:22	6:34	9.1 (55.5%)
672	POLESZAK Adam	284		M 30	336	00:00:00	21,1 KM	+01:01:23	6:34	9.1 (55.5%)
673	ODZINKOWSKI Łukasz	1786		M 40	367	00:00:00	21,1 KM	+01:01:40	6:35	9.1 (55.5%)
674	DUDENKO Jerzy	685		M 40	368	00:00:00	21,1 KM	+01:01:45	6:35	9.1 (55.5%)
675	SEMENIUK Rafał	1487	24 BLP	M 30	339	00:00:00	21,1 KM	+01:01:52	6:35	9.1 (55.5%)
676	KOZŁOWSKI Grzegorz	1498		M 30	340	00:00:00	21,1 KM	+01:01:53	6:35	9.1 (55.5%)
677	TATERKA Michał	238		M 20	103	00:00:00	21,1 KM	+01:01:59	6:36	9.1 (55.5%)
678	KANIEWSKI Łukasz	1603	AKTYWNA KCYNIA	M 30	341	00:00:00	21,1 KM	+01:02:03	6:36	9.1 (55.5%)
679	KIMMIG Michael	629		M 50	96	00:00:00	21,1 KM	+01:02:09	6:36	9.1 (55.5%)
680	PTASZYŃSKI Krzysztof	1554		M 50	97	00:00:00	21,1 KM	+01:02:25	6:37	9.1 (55.5%)
681	SIEDLECKI Norbert	533		M 20	104	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
682	BRODAKCI Paweł	1675		M 30	342	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
683	BUDNY Tomasz	355		M 40	369	00:00:00	21,1 KM	+01:02:32	6:37	9.1 (55.5%)
684	KONTAKIEWICZ Daniel	1626		M 40	370	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
685	GÓRALCZYK Artur	1510		M 20	105	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
686	SOBIECH Karol	648	POBIEDZISKA RUNNING TEAM	M 30	343	00:00:00	21,1 KM	+01:02:36	6:37	9 (54.9%)
687	WŁODARCZYK Wojciech	1875		M 40	371	00:00:00	21,1 KM	+01:02:40	6:38	9 (54.9%)
688	MŁOSZ Bartłomiej	1749		M 50	99	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
689	GOLKA Sebastian	1184	KASZANKI	M 40	372	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
690	FILIP Bartosz	1819		M 40	373	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
691	SKORUPIŃSKI Paweł	1758		M 40	374	00:00:00	21,1 KM	+01:03:01	6:39	9 (54.9%)
692	FURMANEK Łukasz	501		M 30	344	00:00:00	21,1 KM	+01:03:07	6:39	9 (54.9%)
693	JAKUBOWSKI Jan	1418		M 60	14	00:00:00	21,1 KM	+01:03:09	6:39	9 (54.9%)
694	WU WU Maciej	1652		M 40	375	00:00:00	21,1 KM	+01:03:10	6:39	9 (54.9%)
695	CZASAK Grzegorz	1696	WITKOWO BIEGA	M 40	376	00:00:00	21,1 KM	+01:03:11	6:39	9 (54.9%)
696	KRZYSZTOFIAK Robert	954		M 40	377	00:00:00	21,1 KM	+01:03:18	6:41	9 (54.9%)
697	PIERNICKI Zbigniew	107		M 60	15	00:00:00	21,1 KM	+01:03:30	6:40	9 (54.9%)
698	GRZYWKA Kamil	1137		M 30	345	00:00:00	21,1 KM	+01:03:34	6:40	9 (54.9%)
699	BIELECKI Krzysztof	965		M 40	378	00:00:00	21,1 KM	+01:03:43	6:41	9 (54.9%)
700	HANKE Patryk	62		M 20	107	00:00:00	21,1 KM	+01:03:44	6:41	9 (54.9%)
701	ŁUKACKI Daniel	1439		M 40	379	00:00:00	21,1 KM	+01:03:54	6:41	9 (54.9%)
702	MAŁEK Paweł	1780	DECARUN RZESZÓW	M 40	380	00:00:00	21,1 KM	+01:03:56	6:41	9 (54.9%)
703	JASIŃSKI Kamil	1463		M 20	108	00:00:00	21,1 KM	+01:03:58	6:41	9 (54.9%)
704	***** Dominik	1618		M 20	109	00:00:00	21,1 KM	+01:04:05	6:42	9 (54.9%)
705	OWSIANOWSKI Szymon	503	ŻADEN	M 40	381	00:00:00	21,1 KM	+01:04:09	6:42	8.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
706	FIGIEL Mariusz	763		M 40	382	00:00:00	21,1 KM	+01:04:15	6:42	8.9 (54.3%)
707	KOCOT Maksymilian	1700		M 20	110	00:00:00	21,1 KM	+01:04:21	6:42	8.9 (54.3%)
708	KUMALA Sebastian	1379		M 30	346	00:00:00	21,1 KM	+01:04:24	6:43	8.9 (54.3%)
709	CHABROS Jacek	290	EXTREMEWOLF	M 50	100	00:00:00	21,1 KM	+01:04:26	6:43	8.9 (54.3%)
710	PACYNA Wojciech	1094	#BYLEDOMETY	M 40	383	00:00:00	21,1 KM	+01:04:34	6:43	8.9 (54.3%)
711	KILIAŃSKI Marcin	1456		M 20	111	00:00:00	21,1 KM	+01:04:39	6:43	8.9 (54.3%)
712	KUCHARSKI Jakub	473	JKU1979	M 40	384	00:00:00	21,1 KM	+01:04:41	6:43	8.9 (54.3%)
713	JÓZEF Marek	122		M 40	385	00:00:00	21,1 KM	+01:04:47	6:44	8.9 (54.3%)
714	BANASIAK Piotr	1655		M 40	386	00:00:00	21,1 KM	+01:04:54	6:44	8.9 (54.3%)
715	TYLKA Marcin	297		M 30	348	00:00:00	21,1 KM	+01:05:02	6:44	8.9 (54.3%)
716	SZAŁAŚNY Piotr	505	TESTYOUTDOOROWE.PL	M 30	349	00:00:00	21,1 KM	+01:05:09	6:45	8.9 (54.3%)
717	MICHALEWICZ Tomasz	35		M 50	102	00:00:00	21,1 KM	+01:05:10	6:45	8.9 (54.3%)
718	KACZMAREK Mariusz	1502	ICHTHYS	M 60	16	00:00:00	21,1 KM	+01:05:11	6:45	8.9 (54.3%)
719	AUGUŚCIK Marcin	1131	WIELGOWO NA BIEGOWO	M 20	112	00:00:00	21,1 KM	+01:05:26	6:45	8.9 (54.3%)
720	PRZYBYŁAK Paweł	166		M 50	103	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
721	LENKIEWICZ Andrzej	489	PIĘKNY	M 60	17	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
722	KOWALCZYK Bogdan	494		M 50	104	00:00:00	21,1 KM	+01:05:33	6:46	8.9 (54.3%)
723	DELALICZ DE LAVAL Rafał	1173		M 30	351	00:00:00	21,1 KM	+01:05:47	6:52	8.7 (53.0%)
724	DONNER Andreas	488	CITYRUNNER BERLIN	M 50	105	00:00:00	21,1 KM	+01:05:54	6:47	8.8 (53.7%)
725	MAGRYTA Robert	1482		M 40	390	00:00:00	21,1 KM	+01:06:07	6:48	8.8 (53.7%)
726	PINTOWSKI Piotr	1777		M 40	391	00:00:00	21,1 KM	+01:06:08	6:47	8.8 (53.7%)
727	MARCIN Marcin	756	VICTORIA JAWORZNO	M 30	355	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)
728	ROJEWSKI Piotr	1664		M 40	392	00:00:00	21,1 KM	+01:06:18	6:48	8.8 (53.7%)
729	KĘPKA Karol	51	AMPIO TEAM	M 20	114	00:00:00	21,1 KM	+01:06:25	6:48	8.8 (53.7%)
730	WARMUZ Krzysztof	940	BYTOM	M 40	394	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
731	PIGŁA Michał	1213	SPORTOWY KAŻMIERZ	M 30	356	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
732	KAŁWIŃSKI Mariusz	1647	WATAHA TEAM POZNAŃ	M 40	395	00:00:00	21,1 KM	+01:06:52	6:50	8.8 (53.7%)
733	PUJSZO Sławomir	401	CHWASZCZYNO BIEGA	M 40	396	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
734	KRÓLIKOWSKI Rafał	213		M 20	116	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
735	KUFEL Krzysztof	101	PATOBIEGANIE	M 30	357	00:00:00	21,1 KM	+01:07:00	6:50	8.8 (53.7%)
736	SYROKA Przemysław	684		M 30	358	00:00:00	21,1 KM	+01:07:04	6:50	8.8 (53.7%)
737	KAWCZYŃSKI Maciej	521	RAZ SZCZECIN	M 40	397	00:00:00	21,1 KM	+01:07:07	6:50	8.8 (53.7%)
738	PAJĄK Paweł	1784		M 40	398	00:00:00	21,1 KM	+01:07:08	6:50	8.8 (53.7%)
739	DZIEKONSKI Jacek	946		M 60	18	00:00:00	21,1 KM	+01:07:13	6:51	8.8 (53.7%)
740	CICHOCKI Jakub	217	DRUŻYNA SZPIKU	M 40	399	00:00:00	21,1 KM	+01:07:23	6:51	8.7 (53.0%)
741	PUŁAWSKI Rafał	1408		M 40	400	00:00:00	21,1 KM	+01:07:26	6:51	8.7 (53.0%)
742	PODKĘŚNY Piotr	1504		M 30	359	00:00:00	21,1 KM	+01:07:27	6:52	8.7 (53.0%)
743	KARWAT Dawid	376		M 20	117	00:00:00	21,1 KM	+01:07:32	6:51	8.7 (53.0%)
744	KOWALSKI Bartosz	710	ŁĄCZKA TEAM LEGNICA	M 40	402	00:00:00	21,1 KM	+01:07:40	6:52	8.7 (53.0%)
745	PAWŁOWSKI Marcin	1881		M 40	403	00:00:00	21,1 KM	+01:07:44	6:52	8.7 (53.0%)
746	HILLEMANN Andreas	1459	TEAM ERDINGER ALKOHOLFREI	M 40	404	00:00:00	21,1 KM	+01:07:50	6:52	8.7 (53.0%)
747	RADOŻYCKI Radek	438		M 40	407	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
748	SOKULSKI Marcin	1839	KASZANKI	M 30	360	00:00:00	21,1 KM	+01:08:43	6:55	8.7 (53.0%)
749	BARDZIŃSKI Robert	754		M 20	118	00:00:00	21,1 KM	+01:08:46	6:55	8.7 (53.0%)
750	DUDZIAK Adam	1129	DOBICONNECT	M 40	409	00:00:00	21,1 KM	+01:08:50	6:55	8.7 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
751	JANKOWIAK Bartosz	1845	26,2	M 40	410	00:00:00	21,1 KM	+01:09:24	6:57	8.6 (52.4%)
752	HAUBOLD Marcel	1480		M 30	361	00:00:00	21,1 KM	+01:09:26	6:57	8.6 (52.4%)
753	KOS Piotr	91	DRUŻYNA MOJACUKRZYCA.PL	M 60	19	00:00:00	21,1 KM	+01:09:42	6:58	8.6 (52.4%)
754	WALCZAK Adam	615		M 50	108	00:00:00	21,1 KM	+01:09:47	6:58	8.6 (52.4%)
755	FIEBICH Zbigniew	230	LUCKY LUKI	M 40	412	00:00:00	21,1 KM	+01:09:52	6:58	8.6 (52.4%)
756	MALINOWSKI Przemek	453	BODAIKAN	M 40	413	00:00:00	21,1 KM	+01:09:58	6:58	8.6 (52.4%)
757	ŁASZKIEWICZ Daniel	968	ZG RUN	M 20	120	00:00:00	21,1 KM	+01:10:10	6:59	8.6 (52.4%)
758	CHOJECKI Wojtek	252		M 50	110	00:00:00	21,1 KM	+01:10:12	6:59	8.6 (52.4%)
759	RAJKOWSKI Tomasz	170		M 30	362	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
760	PRZYBYLSKI Karol	169		M 20	121	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
761	PIWNICKI Mateusz	469	KS START PUŁASKI WARKA	M 20	122	00:00:00	21,1 KM	+01:10:22	7:00	8.6 (52.4%)
762	SZWAJKOWSKI Przemysław	1235		M 30	363	00:00:00	21,1 KM	+01:10:23	7:00	8.6 (52.4%)
763	KALITOWSKI Przemysław	82		M 20	123	00:00:00	21,1 KM	+01:10:24	7:00	8.6 (52.4%)
764	BAJOR Rafał	1357	REBELLION OF FREE RUNNERS	M 40	414	00:00:00	21,1 KM	+01:10:43	7:00	8.6 (52.4%)
765	JURCZYŃSKI Piotr	964	BEZIKI RULEZZZZ	M 30	364	00:00:00	21,1 KM	+01:10:44	7:01	8.6 (52.4%)
766	POPOWSKI Dariusz	889		M 50	112	00:00:00	21,1 KM	+01:10:45	7:01	8.5 (51.8%)
767	KUCZYŃSKI Rafał	1545	26 2	M 40	415	00:00:00	21,1 KM	+01:10:54	7:01	8.5 (51.8%)
768	PADEWSKI Zenon	1566	ORANGE POLSKA	M 40	416	00:00:00	21,1 KM	+01:11:10	7:02	8.5 (51.8%)
769	JEZIOR Bartosz	672	KUTOUAKI	M 30	366	00:00:00	21,1 KM	+01:11:11	7:02	8.5 (51.8%)
770	CZYŻEWSKI Łukasz	342	PATOBIEGANIE	M 30	367	00:00:00	21,1 KM	+01:11:22	7:02	8.5 (51.8%)
771	SZCZEPANOWSKI Andrzej	1368		M 40	418	00:00:00	21,1 KM	+01:11:58	7:04	8.5 (51.8%)
772	STEFAŃSKI Radosław	63		M 30	369	00:00:00	21,1 KM	+01:12:04	7:04	8.5 (51.8%)
773	MAZUREK Rafał	924	KIRU	M 40	419	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
774	GRACZYK Radek	1861		M 50	113	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
775	KAPUŚCIŃSKI Wojciech	1367		M 40	420	00:00:00	21,1 KM	+01:12:17	7:06	8.4 (51.2%)
776	ERDMANN Piotr	562	POMELO PIOTR ERDMANN	M 30	370	00:00:00	21,1 KM	+01:12:32	7:06	8.4 (51.2%)
777	KURAS Damian	714	DOMDATA RUNTEAM	M 20	126	00:00:00	21,1 KM	+01:12:35	7:06	8.4 (51.2%)
778	PAWELCZAK Cezary	364	WIECZORNE BIEGANIE W SZCZECINIE	M 50	115	00:00:00	21,1 KM	+01:12:36	7:06	8.4 (51.2%)
779	SODNOMGOMBO Alimaa	216		M 30	371	00:00:00	21,1 KM	+01:12:40	7:06	8.4 (51.2%)
780	SKRODZKI Tomasz	358	BACZYNA BULLS	M 40	422	00:00:00	21,1 KM	+01:12:41	7:06	8.4 (51.2%)
781	SOKALSKI Przemek	886		M 30	373	00:00:00	21,1 KM	+01:12:54	7:07	8.4 (51.2%)
782	PRZEWOŹNY Grzegorz	1133	DOBICONNECT	M 40	423	00:00:00	21,1 KM	+01:13:07	7:07	8.4 (51.2%)
783	KACZMAREK Adam	1485		M 40	424	00:00:00	21,1 KM	+01:13:10	7:07	8.4 (51.2%)
784	BOGUSKI Adam	1714		M 20	127	00:00:00	21,1 KM	+01:13:37	7:09	8.4 (51.2%)
785	GÓRNIAK Jarosław	566	JARBUD	M 30	374	00:00:00	21,1 KM	+01:13:40	7:09	8.4 (51.2%)
786	SCHABEK Łukasz	568	#CZELADZBIEGA	M 20	128	00:00:00	21,1 KM	+01:13:56	7:10	8.4 (51.2%)
787	BAKOWSKI Rafał	1515		M 30	375	00:00:00	21,1 KM	+01:14:30	7:11	8.3 (50.6%)
788	LIPSKI Łukasz	431	BIEGOHOLLICA	M 30	376	00:00:00	21,1 KM	+01:14:48	7:12	8.3 (50.6%)
789	KLATKOWSKI Michał	767		M 20	129	00:00:00	21,1 KM	+01:15:02	7:13	8.3 (50.6%)
790	BASIAK Przemysław	1838		M 40	425	00:00:00	21,1 KM	+01:15:03	7:13	8.3 (50.6%)
791	GĄSKA Maciej	598	PĘDZĄCE ŚLIMAKI	M 40	426	00:00:00	21,1 KM	+01:15:25	7:14	8.3 (50.6%)
792	BOŻEK Edward	1257		M 60	21	00:00:00	21,1 KM	+01:15:44	7:16	8.2 (50.0%)
793	WÓJCIK Robert	1022		M 30	377	00:00:00	21,1 KM	+01:15:49	7:15	8.3 (50.6%)
794	JASTRZĘBSKI Adam	1540		M 40	427	00:00:00	21,1 KM	+01:16:08	7:16	8.2 (50.0%)
795	PACZKA Robert	191	WAŻNE JEST TU I TERAZ	M 50	116	00:00:00	21,1 KM	+01:16:10	7:16	8.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
796	WÓJTOWICZ Marcin	1570	LG	M 40	428	00:00:00	21,1 KM	+01:16:12	7:16	8.2 (50.0%)
797	BALON Marcin	935		M 40	429	00:00:00	21,1 KM	+01:16:17	7:17	8.2 (50.0%)
798	KRUK Michał	1644	DOCHODZIMY W 2H :)	M 30	378	00:00:00	21,1 KM	+01:16:22	7:17	8.2 (50.0%)
799	CZOŁHAN Damian	143		M 40	431	00:00:00	21,1 KM	+01:16:32	7:17	8.2 (50.0%)
800	RACIBORSKI Marek	1576	TRUCHTOWO 42.195 / DRUŻYNA SZPIKU	M 40	432	00:00:00	21,1 KM	+01:16:55	7:18	8.2 (50.0%)
801	PAJKOWSKI Mirosław	81	SL SALOS SZCZECIN	M 50	117	00:00:00	21,1 KM	+01:16:58	7:18	8.2 (50.0%)
802	KALISZEWSKI Tomasz	377		M 50	118	00:00:00	21,1 KM	+01:17:29	7:20	8.2 (50.0%)
803	WRĘCZYCKI Łukasz	269		M 30	380	00:00:00	21,1 KM	+01:17:58	7:21	8.2 (50.0%)
804	MACIEJEWSKI Robert	1593	BIEGAM BO LUBIĘ	M 30	381	00:00:00	21,1 KM	+01:17:59	7:21	8.2 (50.0%)
805	MODRZEJEWSKI Wojciech	553	WT CHOJNICE	M 40	434	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
806	FRAK Wojciech	1268		M 30	384	00:00:00	21,1 KM	+01:18:21	7:22	8.1 (49.4%)
807	MIŚKIEWICZ Andrzej	36	WARTO BIEGAĆ ZAWIERCIE	M 50	119	00:00:00	21,1 KM	+01:18:28	7:23	8.1 (49.4%)
808	PIGUŁA Krzysztof	1827		M 50	120	00:00:00	21,1 KM	+01:19:19	7:25	8.1 (49.4%)
809	SYDORUK Michał	1057	CZERWONAK BIEGA	M 40	435	00:00:00	21,1 KM	+01:19:30	7:25	8.1 (49.4%)
810	SOSIŃSKI Paweł	1218		M 30	385	00:00:00	21,1 KM	+01:19:31	7:26	8.1 (49.4%)
811	SKOWROŃ Jakub	1651		M 30	386	00:00:00	21,1 KM	+01:20:08	7:27	8 (48.8%)
812	TOMOLIK Adam	570		M 40	437	00:00:00	21,1 KM	+01:20:32	7:28	8 (48.8%)
813	KONARCZAK Kacper	537		M 20	130	00:00:00	21,1 KM	+01:20:34	7:29	8 (48.8%)
814	SKIBA Michał	219	PRZYJACIÓŁ ZIMNEGO PIWA	M 30	388	00:00:00	21,1 KM	+01:20:39	7:29	8 (48.8%)
815	BLUSZCZ Dariusz	138		M 40	438	00:00:00	21,1 KM	+01:20:41	7:29	8 (48.8%)
816	KACZMAREK Krzysztof	1345	K2	M 40	439	00:00:00	21,1 KM	+01:20:56	7:30	8 (48.8%)
817	NOWACKI Michał	760		M 30	389	00:00:00	21,1 KM	+01:20:57	7:30	8 (48.8%)
818	DĘBEK Radosław	108		M 30	390	00:00:00	21,1 KM	+01:21:01	7:30	8 (48.8%)
819	KOWALCZYK Marcin	1157		M 30	391	00:00:00	21,1 KM	+01:21:22	7:31	8 (48.8%)
820	BĘGOWSKI Jakub	1521	BIEGÓRKI	M 20	131	00:00:00	21,1 KM	+01:21:42	7:32	8 (48.8%)
821	BILGOŃ Wojciech	347		M 30	392	00:00:00	21,1 KM	+01:22:52	7:35	7.9 (48.2%)
822	SZAŁAS Andrzej	1825		M 50	123	00:00:00	21,1 KM	+01:22:57	7:35	7.9 (48.2%)
823	KOZŁOWSKI Marcin	65	#KOZIOŁKI_TEAM	M 40	440	00:00:00	21,1 KM	+01:23:03	7:36	7.9 (48.2%)
824	AUGUSTYNIAK Michał	1214		M 30	393	00:00:00	21,1 KM	+01:23:18	7:36	7.9 (48.2%)
825	ROGAŁSKI Kamil	1673		M 30	394	00:00:00	21,1 KM	+01:23:57	7:38	7.8 (47.6%)
826	RUTKOWSKI Maciej	273	ULTRA DIABŁY TEAM LUBRZA	M 20	133	00:00:00	21,1 KM	+01:24:49	7:41	7.8 (47.6%)
827	LACHOWSKI Karol	1187	AEGONRUN	M 30	395	00:00:00	21,1 KM	+01:24:50	7:42	7.8 (47.6%)
828	KOLIBCZYNSKI Dariusz	142	PŁOCK BIEGA NO AGE LIMIT	M 40	442	00:00:00	21,1 KM	+01:25:43	7:43	7.8 (47.6%)
829	CIOSEK Marcin	816		M 40	443	00:00:00	21,1 KM	+01:26:20	7:45	7.7 (47.0%)
830	POGORZELSKI Andrzej	1474	MAZOVIA PROACTIV	M 50	125	00:00:00	21,1 KM	+01:27:31	7:48	7.7 (47.0%)
831	MICHALAK Mateusz	1033		M 30	397	00:00:00	21,1 KM	+01:27:36	7:49	7.7 (47.0%)
832	DUDA Łukasz	1489	MIRAZ RACE TEAM	M 30	398	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
833	MOTYKA Ernest	1353		M 40	444	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
834	ADAMCZEWSKI Miłosz	896		M 20	135	00:00:00	21,1 KM	+01:27:58	7:50	7.7 (47.0%)
835	FREJTAG Dawid	1638	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M 30	399	00:00:00	21,1 KM	+01:28:07	7:50	7.7 (47.0%)
836	KURASIŃSKI Robert	1401		M 40	446	00:00:00	21,1 KM	+01:28:47	7:54	7.6 (46.3%)
837	KRUPA Marek	1275		M 40	447	00:00:00	21,1 KM	+01:29:03	7:53	7.6 (46.3%)
838	ZABORSKI Mirosław	1279		M 30	400	00:00:00	21,1 KM	+01:29:06	7:53	7.6 (46.3%)
839	OSIŃSKI Jacek	1462	1981	M 30	401	00:00:00	21,1 KM	+01:29:10	7:53	7.6 (46.3%)
840	AGACIŃSKI Tadeusz	1073	SPORTOWY KAŻMIERZ	M 50	126	00:00:00	21,1 KM	+01:29:21	7:53	7.6 (46.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
841	KOWNACKI Arkadiusz	110	WATAHA - ŁĄCZY NAS BIEGANIE / DRUŻYNA SZPIKU	M 50	127	00:00:00	21,1 KM	+01:30:02	7:55	7.6 (46.3%)
842	HALEJCIO Stefan	344	MODLITWA BIEGANIA	M 50	128	00:00:00	21,1 KM	+01:30:13	7:56	7.6 (46.3%)
843	SURY Adam	363		M 30	402	00:00:00	21,1 KM	+01:30:15	7:56	7.6 (46.3%)
844	BĘGOWSKI Marek	1226	WŁOCHATE GRUBASKI	M 40	448	00:00:00	21,1 KM	+01:30:28	7:57	7.5 (45.7%)
845	KRÓL Grzegorz	1307		M 40	449	00:00:00	21,1 KM	+01:30:29	7:57	7.5 (45.7%)
846	BARAN Przemysław	382		M 40	450	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
847	KROK Krzysztof	1152	NIEZRZESZONY	M 50	130	00:00:00	21,1 KM	+01:30:55	7:58	7.5 (45.7%)
848	SAWICKI Przemysław	1348		M 50	131	00:00:00	21,1 KM	+01:32:40	8:03	7.4 (45.1%)
849	LUDYGA Krystian	1007		M 40	451	00:00:00	21,1 KM	+01:33:19	8:05	7.4 (45.1%)
850	SOJKA Marcin	1693	WKURW_TEAM	M 30	405	00:00:00	21,1 KM	+01:34:51	8:09	7.4 (45.1%)
851	HELLER Zdzisław	1468	HERBMARATONOW.PL	M 60	24	00:00:00	21,1 KM	+01:34:54	8:09	7.4 (45.1%)
852	KOMUDA Mariusz	1455	SARTORI SPORT KLUB	M 40	453	00:00:00	21,1 KM	+01:35:15	8:10	7.3 (44.5%)
853	KASPRZAK Tomasz	137		M 40	454	00:00:00	21,1 KM	+01:38:40	8:20	7.2 (43.9%)
854	POPIELA Sebastian	1440	OPTYK BARTKOWIAK TEAM	M 30	407	00:00:00	21,1 KM	+01:39:31	8:22	7.2 (43.9%)
855	HORWAT Krystian	112	KLUB ZIMNEGO PIWA	M 30	408	00:00:00	21,1 KM	+01:39:49	8:23	7.1 (43.3%)
856	KEMPA Jozef	1732		M 30	409	00:00:00	21,1 KM	+01:40:11	8:24	7.1 (43.3%)
857	PILECKI Gustaw	1472	BRZOZA BIEGA	M 70+	3	00:00:00	21,1 KM	+01:40:16	8:25	7.1 (43.3%)
858	WIĄCEK Jakub	1039		M 30	410	00:00:00	21,1 KM	+01:40:17	8:25	7.1 (43.3%)
859	ZIELIŃSKI Wojciech	753		M 40	456	00:00:00	21,1 KM	+01:40:19	8:25	7.1 (43.3%)
860	CIUPA Wojciech	952	MULTIMEDIA RUNNERS PUŁAWY	M 40	457	00:00:00	21,1 KM	+01:40:49	8:26	7.1 (43.3%)
861	ORLIKOWSKI Robert	1523	POŁCZYN BIEGA ♥	M 30	411	00:00:00	21,1 KM	+01:40:57	8:26	7.1 (43.3%)
862	TORNBY Kim	295		M 30	412	00:00:00	21,1 KM	+01:41:40	8:29	7.1 (43.3%)
863	JESSA Andrzej	1244	BIEGACZE JÓZEFA NOJI	M 40	458	00:00:00	21,1 KM	+01:42:24	8:31	7 (42.7%)
864	BIGOS Grzegorz	467	GRAMMI	M 40	459	00:00:00	21,1 KM	+01:43:59	8:35	7 (42.7%)
865	WOLFF Michał	747	AKTYWNA KCYNIA	M 30	414	00:00:00	21,1 KM	+01:48:01	8:47	6.8 (41.5%)
866	ANDREJCZUK Wiatek	1856		M 50	133	00:00:00	21,1 KM	+01:48:33	8:48	6.8 (41.5%)
867	KULCZAKIEWICZ Karol	1536		M 30	415	00:00:00	21,1 KM	+01:50:42	8:54	6.7 (40.9%)
868	BANDEL Adam	1478		M 30	416	00:00:00	21,1 KM	+01:50:48	8:54	6.7 (40.9%)
869	DANILEWICZ Wojciech	1005	WIECZORNE BIEGANIE W SZCZECINIE	M 50	134	00:00:00	21,1 KM	+01:51:21	8:56	6.7 (40.9%)
870	ŁOZICKI Krzysztof	1434	NOTODZIDA	M 30	417	00:00:00	21,1 KM	+01:52:08	8:59	6.7 (40.9%)
871	STEFANICKI Marek	77		M 60	27	00:00:00	21,1 KM	+01:52:21	8:59	6.7 (40.9%)
872	KORPALSKI Jacek	971	AR WARSAW	M 50	135	00:00:00	21,1 KM	+01:52:35	9:00	6.7 (40.9%)
873	STASZEWSKI Konrad	1579	PROFESSIONAL-FIGHTER WIKING TEAM	M 30	418	00:00:00	21,1 KM	+01:52:58	9:01	6.7 (40.9%)
874	NOWAK Patryk	1421		M 30	419	00:00:00	21,1 KM	+01:55:31	9:08	6.6 (40.2%)
875	APTOWICZ Damian	418		M 20	136	00:00:00	21,1 KM	+01:55:50	9:09	6.6 (40.2%)
876	NIEMIEC Jakub	634		M 30	420	00:00:00	21,1 KM	+01:57:24	9:13	6.5 (39.6%)
877	KOWALEWSKI Dariusz	953	DZIADZIA-RUN	M 50	136	00:00:00	21,1 KM	+02:01:35	9:25	6.4 (39.0%)
878	SEREDYŃSKI Grzegorz	840	PARKRUN GORZÓW WIELKOPOLSKI	M 30	421	00:00:00	21,1 KM	+02:02:14	9:27	6.3 (38.4%)
879	BAZYLEWICZ Paweł	819	TROCHE SIĘ BIEGA	M 50	137	00:00:00	21,1 KM	+02:07:00	9:41	6.2 (37.8%)
880	CHUPTYŚ Adrian	424	RUNDORFINA	M 30	422	00:00:00	21,1 KM	+02:19:42	10:17	5.8 (35.4%)
881	PACEK Cezary	1290		M 30	423	00:00:00	21,1 KM	+02:28:19	10:41	5.6 (34.1%)
882	MROCZKOWSKI Jan	147		M 20	137	00:00:00	21,1 KM	+02:37:13	11:10	5.4 (32.9%)
883	STOLARCZYK Daniel	1726	ZABIEGANY SKARYSZEW	M 40	465	00:00:00	21,1 KM	+02:43:50	11:25	5.2 (31.7%)
884	STACHOWSKI Andrzej	310	MONIAGYM	M 50	138	00:00:00	21,1 KM	+02:48:33	11:39	5.1 (31.1%)
885	MAHLOW Jens	1580	OSC BREMERHAVEN	M 50	139	00:00:00	21,1 KM	+02:50:51	11:45	5.1 (31.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
886	ZYGMUNT Patryk	1004		M 30	424	00:00:00	21,1 KM	+03:15:13	12:55	4.6 (28.0%)
887	KITALA Radosław	301	WILK TRENUJE FAMILY (WTF)	M 30	425	00:00:00	21,1 KM	+03:19:20	13:06	4.6 (28.0%)
888	LER Andrzej	1435		M 50	140	00:00:00	21,1 KM	+03:47:34	14:27	4.2 (25.6%)
889	ŁOWCZAK Jacek	664	TEAM ZABIEGANEDNI	M 30	427	00:00:00	21,1 KM	+05:04:01	18:04	3.3 (20.1%)
890	MISIAK Wiesław	1178	BEFIT24TEAM	M 50	141	00:00:00	21,1 KM	+16:13:13	50:07	1.2 (7.3%)
891	WIDEROWSKI Mariusz	966		M 40	466	00:00:00	20,4 KM	+00:59:14	6:41	9 (54.9%)
892	BIELECKI Tadeusz	750	UKS SIÓDEMKA RUMIA	M 40	467	00:00:00	20,2 KM	+00:49:46	6:18	9.5 (57.9%)
893	KRAWCZAK Krzysztof	975	TT SZCZECIN	M 40	468	00:00:00	19,4 KM	+00:35:56	5:51	10.3 (62.8%)
894	PIETRUSZKA Paweł	682	MKL SZCZECIN	M 20	141	00:00:00	12,0 KM	+	5:11	11.5 (70.1%)

Znaleziono 894 wynik(ów)