

42.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: 42. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2021-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	KUCZMA Jerzy	319		M 20	1	00:00:00	21,1 KM	+00:00:00	4:09	14.4 (100%)
2	PODGÓRSKI Michał	389		M 40	1	00:00:00	21,1 KM	+00:01:18	4:13	14.2 (98.6%)
3	ŻYWICKI Janusz	393	KB PIONIER SZCZECIN	M 50	1	00:00:00	21,1 KM	+00:02:03	4:15	14.1 (97.9%)
4	SULOWSKI Marcin	368		M 40	2	00:00:00	21,1 KM	+00:04:20	4:22	13.7 (95.1%)
5	KRÓLEWIAK Rafał	392		M 30	1	00:00:00	21,1 KM	+00:04:46	4:23	13.7 (95.1%)
6	NIEDOBA Oliwier	271	ALCHEMICZNA GILDIA BIEGOWA	M 20	2	00:00:00	21,1 KM	+00:05:51	4:26	13.5 (93.8%)
7	KRIEDEMANN Guido	151	KNACK RUNNERS	M 30	2	00:00:00	21,1 KM	+00:07:29	4:30	13.3 (92.4%)
8	NADROWSKI Kamil	266		M 30	3	00:00:00	21,1 KM	+00:07:36	4:31	13.3 (92.4%)
9	SMOLIŃSKI Tomasz	326		M 40	3	00:00:00	21,1 KM	+00:07:52	4:32	13.2 (91.7%)
10	LASKOWSKI Mariusz	390	NIGHT RUNNERS WRZEŚNIA	M 40	4	00:00:00	21,1 KM	+00:07:53	4:32	13.2 (91.7%)
11	BZURA Jacek	221	ENDUHUB RUNNING TEAM	M 40	5	00:00:00	21,1 KM	+00:09:06	4:35	13.1 (91.0%)
12	WITKOWSKI Jarosław	91	RUN INVESTMENT LIFE	M 40	6	00:00:00	21,1 KM	+00:10:53	4:40	12.8 (88.9%)
13	SHMYHOVSKYI Volodymyr	255		M 20	3	00:00:00	21,1 KM	+00:11:01	4:41	12.8 (88.9%)
14	KOZINIEC Krystian	335	DRUŻYNA FILIPA	M 40	7	00:00:00	21,1 KM	+00:11:58	4:43	12.7 (88.2%)
15	GONTARCZYK Michał	365		M 20	4	00:00:00	21,1 KM	+00:12:02	4:43	12.7 (88.2%)
16	KOPCZYŃSKI Marcin	279	SYCOWICE BIEGIEM...	M 40	8	00:00:00	21,1 KM	+00:12:02	4:43	12.7 (88.2%)
17	PACEK Tomasz	11	PERFECT GLOSS	M 30	4	00:00:00	21,1 KM	+00:12:46	4:46	12.6 (87.5%)
18	PODLECKI Andrzej	341		M 40	9	00:00:00	21,1 KM	+00:12:59	4:46	12.6 (87.5%)
19	TRONIARZ Marcin	218	TEAMOCHAL	M 40	10	00:00:00	21,1 KM	+00:13:14	4:47	12.5 (86.8%)
20	WÓJTOWICZ Przemysław	241	OSP WZGÓRZE	M 30	5	00:00:00	21,1 KM	+00:13:33	4:48	12.5 (86.8%)
21	PISKORSKI Bartosz	206		M 20	5	00:00:00	21,1 KM	+00:14:02	4:49	12.4 (86.1%)
22	JASIK Wiktor	150		M 20	6	00:00:00	21,1 KM	+00:14:18	4:50	12.4 (86.1%)
23	GRUDOWSKI Konrad	254	PUSZCZYK BUKOWY	M 30	6	00:00:00	21,1 KM	+00:15:05	4:52	12.3 (85.4%)
24	ZAJĄC Łukasz	351	KS KROTOSZ KROTOSZYN	M 40	11	00:00:00	21,1 KM	+00:15:22	4:53	12.3 (85.4%)
25	SALAK Tomasz	242		M 30	7	00:00:00	21,1 KM	+00:15:41	4:54	12.2 (84.7%)
26	BOJKO Marek	63		M 40	12	00:00:00	21,1 KM	+00:15:48	4:54	12.2 (84.7%)
27	ZIELIŃSKI Bartosz	245		M 30	8	00:00:00	21,1 KM	+00:16:09	4:55	12.2 (84.7%)
28	PAUKA Marek	360	UE WROCŁAW KATFIN	M 40	13	00:00:00	21,1 KM	+00:16:45	4:57	12.1 (84.0%)
29	CZYŻ Adam	95		M 40	14	00:00:00	21,1 KM	+00:17:04	4:58	12.1 (84.0%)
30	STALMACH Damian	274	LECZYMY DURŚ	M 40	15	00:00:00	21,1 KM	+00:17:18	4:58	12 (83.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	ROBACZEWSKI Marcin	345	PKO BP SA	M 40	16	00:00:00	21,1 KM	+00:17:36	4:59	12 (83.3%)
32	BANAŚ Kamil	249	EGIS BIOVITALNI	M 30	9	00:00:00	21,1 KM	+00:17:42	5:00	12 (83.3%)
33	RYMER Wojciech	382	WŁASNY JEDNOOSOBOWY	M 40	17	00:00:00	21,1 KM	+00:18:04	5:01	12 (83.3%)
34	SAFIN Staszek	265	WATAHA ŁĄCZY NAS BIEGANIE	M 40	18	00:00:00	21,1 KM	+00:18:09	5:01	11.9 (82.6%)
35	MAŁECKI Grzegorz	133	CRIK FCA POLAND	M 40	19	00:00:00	21,1 KM	+00:18:24	5:02	11.9 (82.6%)
36	URBAN Łukasz	396	SPODENKI NISKO OPUSZCZONE	M 40	20	00:00:00	21,1 KM	+00:18:24	5:02	11.9 (82.6%)
37	DĘBOWSKI Krzysztof	340	POLONIA ŚRODA	M 40	21	00:00:00	21,1 KM	+00:18:36	5:02	11.9 (82.6%)
38	WAWRZYNIAK Damian	295	AKTYWNI KAMIENSK / RR	M 30	10	00:00:00	21,1 KM	+00:18:39	5:02	11.9 (82.6%)
39	JAMROZY Ryszard	290	TRUCHT	M 50	2	00:00:00	21,1 KM	+00:18:43	5:02	11.9 (82.6%)
40	UTECHT Sławomir	122	BIEGAJĄCE KREJZOLE	M 30	11	00:00:00	21,1 KM	+00:18:55	5:03	11.9 (82.6%)
41	PIEGZA Tomasz	6		M 40	22	00:00:00	21,1 KM	+00:18:56	5:03	11.9 (82.6%)
42	TUMIEL Daniel	173	CALCATERRA SPORT ASD	M 40	23	00:00:00	21,1 KM	+00:19:10	5:04	11.8 (81.9%)
43	BEBAK Roman	42	ZEMBRZYCE TEAM	M 60	1	00:00:00	21,1 KM	+00:19:12	5:04	11.8 (81.9%)
44	POLACKI Rafał	286	POZNAŃ	M 50	3	00:00:00	21,1 KM	+00:19:27	5:05	11.8 (81.9%)
45	CHYŁA Dawid	268	CSAIU TORUŃ	M 30	12	00:00:00	21,1 KM	+00:19:31	5:05	11.8 (81.9%)
46	WOLSKI Tomasz	388	WIECZORNE BIEGANIE W SZCZECINIE	M 40	24	00:00:00	21,1 KM	+00:19:31	5:05	11.8 (81.9%)
47	FURMANIUK Jaromir	357	SAMOTNY BIAŁY ŻAGIEL	M 40	25	00:00:00	21,1 KM	+00:19:40	5:05	11.8 (81.9%)
48	BENSZ Dariusz	316		M 40	26	00:00:00	21,1 KM	+00:20:03	5:06	11.7 (81.3%)
49	WOLLNY Kamil	349		M 20	7	00:00:00	21,1 KM	+00:20:06	5:06	11.7 (81.3%)
50	MELNYK Sergii	171		M 30	13	00:00:00	21,1 KM	+00:20:08	5:06	11.7 (81.3%)
51	KOWALSKI Artur	154	ZTPL.CC	M 40	27	00:00:00	21,1 KM	+00:21:01	5:09	11.6 (80.6%)
52	ŁUBIŃSKI Krzysztof	253		M 40	28	00:00:00	21,1 KM	+00:21:03	5:09	11.6 (80.6%)
53	SAŃKA Paweł	238		M 40	29	00:00:00	21,1 KM	+00:21:16	5:10	11.6 (80.6%)
54	PAŁKA Tomasz	356		M 30	14	00:00:00	21,1 KM	+00:21:18	5:10	11.6 (80.6%)
55	KORBANEK Zbigniew	145		M 50	4	00:00:00	21,1 KM	+00:22:02	5:12	11.5 (79.9%)
56	NOWAK Karol	256		M 20	8	00:00:00	21,1 KM	+00:22:02	5:12	11.5 (79.9%)
57	RUSZCZAK Tomasz	36	LEVEL X TEAM	M 40	30	00:00:00	21,1 KM	+00:23:04	5:15	11.4 (79.2%)
58	DZIEDZIC Józef	121	ZABIEGANY WOŁOMIN	M 50	5	00:00:00	21,1 KM	+00:23:05	5:15	11.4 (79.2%)
59	SZACH Andrzej	17	22KBPG	M 40	31	00:00:00	21,1 KM	+00:23:05	5:15	11.4 (79.2%)
60	SOŁTYSEK Marcin	208	JUSTFEELFIT TEAM	M 40	32	00:00:00	21,1 KM	+00:23:19	5:16	11.4 (79.2%)
61	DUDA Jacek	194		M 50	6	00:00:00	21,1 KM	+00:23:20	5:16	11.4 (79.2%)
62	DUDZIAK DOBICONNECT Adam	399	DOBICONNECT	M 40	33	00:00:00	21,1 KM	+00:23:42	5:17	11.4 (79.2%)
63	GIDELSKI Rafał	273		M 40	34	00:00:00	21,1 KM	+00:23:54	5:17	11.3 (78.5%)
64	SOBECKI Tomasz	387		M 20	9	00:00:00	21,1 KM	+00:23:57	5:17	11.3 (78.5%)
65	KĘDZIORA Piotr	20		M 30	15	00:00:00	21,1 KM	+00:24:10	5:18	11.3 (78.5%)
66	SĘDROWSKI Adam	191		M 20	10	00:00:00	21,1 KM	+00:24:25	5:19	11.3 (78.5%)
67	KOPER Adam	3		M 40	35	00:00:00	21,1 KM	+00:24:53	5:20	11.2 (77.8%)
68	JANASZEK Grzegorz	130		M 40	36	00:00:00	21,1 KM	+00:25:30	5:22	11.2 (77.8%)
69	PRZYBYSZ Paweł	163		M 30	16	00:00:00	21,1 KM	+00:25:30	5:22	11.2 (77.8%)
70	RUTKOWSKI Marek	52	KLUB BIEGACZA 100 JEZIOR	M 60	2	00:00:00	21,1 KM	+00:25:32	5:22	11.2 (77.8%)
71	FRĄCKOWIAK Cezariusz	239		M 50	7	00:00:00	21,1 KM	+00:25:56	5:23	11.1 (77.1%)
72	SIKORSKI Marcin	313	KMC	M 30	17	00:00:00	21,1 KM	+00:26:11	5:24	11.1 (77.1%)
73	WALIGÓRSKI Tomasz	312		M 40	37	00:00:00	21,1 KM	+00:26:18	5:24	11.1 (77.1%)
74	ADAMIAK Marcin	285		M 40	38	00:00:00	21,1 KM	+00:26:40	5:25	11.1 (77.1%)
75	PYSZCZEK Jacek	297	BIEGIEM RADOM!	M 50	8	00:00:00	21,1 KM	+00:26:42	5:25	11.1 (77.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	ERAZMUS Michał	300	TOTALSHINE	M 20	11	00:00:00	21,1 KM	+00:26:58	5:26	11 (76.4%)
77	LIPSKI Wojciech	311		M 30	18	00:00:00	21,1 KM	+00:27:02	5:26	11 (76.4%)
78	PRZYBYSZEWSKI Radosław	306		M 40	39	00:00:00	21,1 KM	+00:27:06	5:26	11 (76.4%)
79	ŻURAWSKI Michał	235	NIGHT RUNNERS WRZEŚNIA	M 30	19	00:00:00	21,1 KM	+00:27:17	5:27	11 (76.4%)
80	KOSIŃSKI Mateusz	69		M 30	20	00:00:00	21,1 KM	+00:27:26	5:27	11 (76.4%)
81	KOŁODZIEJCZAK Artur	352		M 40	40	00:00:00	21,1 KM	+00:27:31	5:27	11 (76.4%)
82	GRABOWICZ Paweł	229	SKRAJ BAGNA	M 40	41	00:00:00	21,1 KM	+00:27:47	5:28	11 (76.4%)
83	ZAJAC Przemysław	58		M 30	21	00:00:00	21,1 KM	+00:27:52	5:28	10.9 (75.7%)
84	MOLENDOWSKI Artur	27		M 30	22	00:00:00	21,1 KM	+00:27:57	5:29	10.9 (75.7%)
85	MARTYNIUK Ryszard	278	TROCHĘ JUŻ BIEGAM ,)	M 30	23	00:00:00	21,1 KM	+00:28:05	5:29	10.9 (75.7%)
86	SOWA Krzysztof	318		M 30	24	00:00:00	21,1 KM	+00:28:31	5:30	10.9 (75.7%)
87	RATAJCZAK Konrad	55		M 40	42	00:00:00	21,1 KM	+00:28:35	5:30	10.9 (75.7%)
88	RUDZIEWICZ Michał	344	SKRAJ BAGNA	M 40	43	00:00:00	21,1 KM	+00:28:58	5:32	10.8 (75.0%)
89	ŻURAWSKI Łukasz	394		M 30	25	00:00:00	21,1 KM	+00:29:01	5:32	10.8 (75.0%)
90	PISZCZEK Sławomir	54		M 40	44	00:00:00	21,1 KM	+00:29:09	5:32	10.8 (75.0%)
91	PACZKOWSKI Jarek	110	STABILNY GRUNT RUNNING TEAM	M 40	45	00:00:00	21,1 KM	+00:29:12	5:32	10.8 (75.0%)
92	KOWAL Łukasz	367		M 20	12	00:00:00	21,1 KM	+00:29:15	5:32	10.8 (75.0%)
93	GÓRALCZYK Artur	93		M 20	13	00:00:00	21,1 KM	+00:29:22	5:33	10.8 (75.0%)
94	WAJDZIAK Marcin	384	NIEZRZESZONY	M 40	46	00:00:00	21,1 KM	+00:29:27	5:33	10.8 (75.0%)
95	WASIELEWSKI Piotr	1		M 20	14	00:00:00	21,1 KM	+00:29:31	5:33	10.8 (75.0%)
96	WRÓBLEWSKI Tomasz	106		M 40	47	00:00:00	21,1 KM	+00:29:49	5:34	10.8 (75.0%)
97	NOWAK Michał	228	YULO RUN TEAM SIEDLCE	M 30	26	00:00:00	21,1 KM	+00:30:09	5:35	10.7 (74.3%)
98	FIDECKI Wiesław	259		M 70+	1	00:00:00	21,1 KM	+00:30:21	5:36	10.7 (74.3%)
99	BAŃKA Mariusz	264		M 40	48	00:00:00	21,1 KM	+00:30:22	5:36	10.7 (74.3%)
100	RODAK Szymon	166	OLKUSZBIEGA	M 20	15	00:00:00	21,1 KM	+00:30:28	5:36	10.7 (74.3%)
101	STRÓŻYK Piotrek	291		M 40	49	00:00:00	21,1 KM	+00:30:42	5:37	10.7 (74.3%)
102	KUŻMA Krzysiek	74		M 40	50	00:00:00	21,1 KM	+00:30:46	5:37	10.7 (74.3%)
103	SOKOŁOWSKI Michał	113	DOBICONNECT	M 20	16	00:00:00	21,1 KM	+00:30:51	5:37	10.7 (74.3%)
104	JURECZKO Rafał	160		M 40	51	00:00:00	21,1 KM	+00:30:58	5:37	10.7 (74.3%)
105	SOBCZAK Marek	327		M 40	52	00:00:00	21,1 KM	+00:31:01	5:37	10.7 (74.3%)
106	STANEK Paweł	134	PŁOCK BIEGA NO AGE LIMIT	M 50	9	00:00:00	21,1 KM	+00:31:10	5:38	10.6 (73.6%)
107	DUBIAK Jakub	220		M 20	17	00:00:00	21,1 KM	+00:31:11	5:38	10.6 (73.6%)
108	CIESIOŁKIEWICZ Mariusz	283		M 40	53	00:00:00	21,1 KM	+00:31:36	5:39	10.6 (73.6%)
109	FIGIEL Mariusz	23	GRLTEAM	M 50	10	00:00:00	21,1 KM	+00:31:44	5:39	10.6 (73.6%)
110	SZARMACH Andrzej	40		M 40	54	00:00:00	21,1 KM	+00:31:51	5:40	10.6 (73.6%)
111	BRODAKCI Paweł	24		M 30	27	00:00:00	21,1 KM	+00:32:01	5:40	10.6 (73.6%)
112	URBAŃCZAK Szymon	83	EGIS-POLSKA	M 40	55	00:00:00	21,1 KM	+00:32:08	5:41	10.6 (73.6%)
113	BERENDA Jan	232		M 30	28	00:00:00	21,1 KM	+00:32:13	5:41	10.5 (72.9%)
114	ZABOROWSKI Tomasz	108		M 30	29	00:00:00	21,1 KM	+00:32:23	5:41	10.5 (72.9%)
115	GAŁKA Robert	143	EGIS-POLSKA	M 40	56	00:00:00	21,1 KM	+00:32:31	5:42	10.5 (72.9%)
116	WODORACKI Dariusz	192		M 60	3	00:00:00	21,1 KM	+00:33:07	5:43	10.5 (72.9%)
117	WOLFRAM Dawid	175		M 30	30	00:00:00	21,1 KM	+00:33:13	5:44	10.5 (72.9%)
118	KOWALCZUK Dariusz	247	EGIS-POLSKA	M 30	31	00:00:00	21,1 KM	+00:33:13	5:44	10.5 (72.9%)
119	KNAPIK Tomasz	248		M 30	32	00:00:00	21,1 KM	+00:33:19	5:44	10.5 (72.9%)
120	RUDZKO Wojciech	216		M 50	11	00:00:00	21,1 KM	+00:33:34	5:45	10.4 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
121	STRUŻYK Adam	186		M 40	57	00:00:00	21,1 KM	+00:33:34	5:45	10.4 (72.2%)
122	MATUSZAK Krzysztof	211	TRIGYM SZCZECIN	M 40	58	00:00:00	21,1 KM	+00:33:43	5:45	10.4 (72.2%)
123	KOROWIEC Michał	101		M 30	33	00:00:00	21,1 KM	+00:34:23	5:47	10.4 (72.2%)
124	ŻYŁOWSKI Filip	272		M 30	34	00:00:00	21,1 KM	+00:34:23	5:47	10.4 (72.2%)
125	ADAMCZYK Grzegorz	217	DXC TECHNOLOGY	M 50	12	00:00:00	21,1 KM	+00:35:05	5:49	10.3 (71.5%)
126	CZAJA Maciej	346	MINICLASSIC.PL	M 40	59	00:00:00	21,1 KM	+00:35:10	5:49	10.3 (71.5%)
127	BASZUN Michał	39	PERSONAS	M 40	60	00:00:00	21,1 KM	+00:35:21	5:50	10.3 (71.5%)
128	WICKI Karol	214	GREG TEAM	M 20	18	00:00:00	21,1 KM	+00:35:22	5:50	10.3 (71.5%)
129	HUDEREK Łukasz	282		M 40	61	00:00:00	21,1 KM	+00:35:31	5:50	10.3 (71.5%)
130	CEGLAREK Marcin	302	CEGŁA TEAM	M 30	35	00:00:00	21,1 KM	+00:35:43	5:51	10.2 (70.8%)
131	BLÄSSE Detlef	118	RWO ENDURANCE TEAM	M 50	13	00:00:00	21,1 KM	+00:36:03	5:52	10.2 (70.8%)
132	SIKORA Dawid	141		M 40	62	00:00:00	21,1 KM	+00:36:13	5:52	10.2 (70.8%)
133	BYCZKOWSKI Jan	362		M 40	63	00:00:00	21,1 KM	+00:36:14	5:52	10.2 (70.8%)
134	KRYSIAK Kamil	296	KB PENTO STRZELCE KRAJ.	M 30	36	00:00:00	21,1 KM	+00:36:19	5:52	10.2 (70.8%)
135	DYCHTO Michał	132	ŻYWCEM ZABIEGANI 2.0	M 40	64	00:00:00	21,1 KM	+00:36:24	5:53	10.2 (70.8%)
136	WALKIEWICZ Łukasz	43		M 30	37	00:00:00	21,1 KM	+00:36:25	5:53	10.2 (70.8%)
137	DOLATA Marcin	25		M 40	65	00:00:00	21,1 KM	+00:36:44	5:54	10.2 (70.8%)
138	MIKOŁAJCZYK Michał	355	UNIVERSITY OF WARSAW	M 30	38	00:00:00	21,1 KM	+00:36:57	5:54	10.1 (70.1%)
139	JUSZCZYK Grzegorz	299		M 40	66	00:00:00	21,1 KM	+00:36:59	5:54	10.1 (70.1%)
140	LIJEWSKI Tomasz	139	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	67	00:00:00	21,1 KM	+00:37:02	5:55	10.1 (70.1%)
141	SPYCHAŁA Miłosz	125		M 30	39	00:00:00	21,1 KM	+00:37:16	5:55	10.1 (70.1%)
142	SCHMIDT Janusz	301	BIEGAM Z ŻONĄ	M 40	68	00:00:00	21,1 KM	+00:37:19	5:55	10.1 (70.1%)
143	ŻUCHOWSKI Łukasz	383	TROCHĘ RURZYCA	M 40	69	00:00:00	21,1 KM	+00:37:43	5:56	10.1 (70.1%)
144	RYCZKOWSKI Adrian	148		M 20	19	00:00:00	21,1 KM	+00:37:51	5:57	10.1 (70.1%)
145	BIELAK Michał	320		M 20	20	00:00:00	21,1 KM	+00:38:03	5:57	10.1 (70.1%)
146	LAMENT Karol	4		M 40	70	00:00:00	21,1 KM	+00:38:28	5:59	10 (69.4%)
147	GÓRALSKI Michał	164		M 30	40	00:00:00	21,1 KM	+00:38:37	5:59	10 (69.4%)
148	MICHALIK Dawid	200	WIECZORNE BIEGANIE W OPOLU	M 30	41	00:00:00	21,1 KM	+00:39:03	6:00	10 (69.4%)
149	GODZIUK Roman	188		M 60	4	00:00:00	21,1 KM	+00:39:18	6:01	10 (69.4%)
150	MICHALAK Mateusz	59		M 30	42	00:00:00	21,1 KM	+00:39:23	6:01	10 (69.4%)
151	HASIAK Michał	201	LZS WÓJCICE	M 30	43	00:00:00	21,1 KM	+00:39:37	6:02	9.9 (68.8%)
152	GAB Marcin	195		M 30	44	00:00:00	21,1 KM	+00:39:37	6:02	9.9 (68.8%)
153	CIESIELSKI Krzysztof	158	FAST WALKER	M 60	5	00:00:00	21,1 KM	+00:40:12	6:04	9.9 (68.8%)
154	KAPRUZIAK Waldemar	87		M 40	71	00:00:00	21,1 KM	+00:40:18	6:04	9.9 (68.8%)
155	BARSZCZEWSKI Pawel	289		M 40	72	00:00:00	21,1 KM	+00:40:34	6:05	9.9 (68.8%)
156	MICHALEWICZ Tomasz	230		M 50	14	00:00:00	21,1 KM	+00:41:06	6:06	9.8 (68.1%)
157	WOJTULEWSKI Dariusz	71		M 40	73	00:00:00	21,1 KM	+00:41:08	6:06	9.8 (68.1%)
158	JÓZEF Marek	31		M 40	74	00:00:00	21,1 KM	+00:41:13	6:06	9.8 (68.1%)
159	CHĄDZYŃSKI Marcin	189		M 30	45	00:00:00	21,1 KM	+00:41:14	6:06	9.8 (68.1%)
160	ŚNIEGOWSKI Sebastian	180	RAWLPLUG	M 30	46	00:00:00	21,1 KM	+00:41:17	6:07	9.8 (68.1%)
161	KWAŚNIEWSKI Mariusz	81	ZIELONA GÓRO ZACZNIJ BIEGAĆ	M 50	15	00:00:00	21,1 KM	+00:41:20	6:07	9.8 (68.1%)
162	ROŻEK Marcin	57	CSWL POZNAŃ	M 30	47	00:00:00	21,1 KM	+00:41:26	6:07	9.8 (68.1%)
163	ZDOLSKI Tomasz	293		M 40	75	00:00:00	21,1 KM	+00:41:46	6:08	9.8 (68.1%)
164	WAŚKIEWICZ Konrad	226		M 30	48	00:00:00	21,1 KM	+00:42:14	6:09	9.7 (67.4%)
165	KURAS Damian	45	DOMDATA RUNTEAM	M 30	49	00:00:00	21,1 KM	+00:43:04	6:12	9.7 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	AUGUSTYNIAK Jakub	64		M 30	50	00:00:00	21,1 KM	+00:43:15	6:12	9.7 (67.4%)
167	LIZAKOWSKI Piotr	331	ISPL ELIZA KACZMAREK-LIZAKOWSKA	M 40	76	00:00:00	21,1 KM	+00:43:23	6:13	9.6 (66.7%)
168	GUDALEWSKI Tomasz	111	PODLASKI KLUB SPORTOWY "NA SZCZYT"	M 50	16	00:00:00	21,1 KM	+00:43:38	6:13	9.6 (66.7%)
169	OKOŃSKI Jarosław	35	MEELOGIC	M 30	51	00:00:00	21,1 KM	+00:44:12	6:15	9.6 (66.7%)
170	URBAŃSKI Tomasz	332	BIAŁOGARD BIEGA	M 40	77	00:00:00	21,1 KM	+00:44:43	6:16	9.6 (66.7%)
171	MALINOWSKI Bartek	65		M 40	78	00:00:00	21,1 KM	+00:45:04	6:17	9.5 (66.0%)
172	WITASZEK Wojciech	380	OZO OZORKÓW	M 40	79	00:00:00	21,1 KM	+00:45:08	6:18	9.5 (66.0%)
173	MAJCHRZAK Bogusław	223		M 40	80	00:00:00	21,1 KM	+00:45:25	6:18	9.5 (66.0%)
174	LIS Karol	333	BORSUKI	M 40	81	00:00:00	21,1 KM	+00:45:55	6:20	9.5 (66.0%)
175	TYLKE Jerzy	381	OZO OZORKÓW	M 50	17	00:00:00	21,1 KM	+00:45:57	6:20	9.5 (66.0%)
176	WILIŃSKI Marek	361	TRENUJE BO DOBRZE SIĘ Z TYM CZUJE	M 60	6	00:00:00	21,1 KM	+00:46:04	6:20	9.5 (66.0%)
177	KAWCZYŃSKI Maciej	66	RAZ SZCZECIN	M 40	82	00:00:00	21,1 KM	+00:46:09	6:20	9.5 (66.0%)
178	ADAMUS Janusz	177		M 40	83	00:00:00	21,1 KM	+00:46:11	6:21	9.4 (65.3%)
179	ŁASZCZUK Andrzej	85	RUN ANDREW RUN	M 50	18	00:00:00	21,1 KM	+00:46:16	6:21	9.4 (65.3%)
180	DUDZIAK Tadeusz	185		M 50	19	00:00:00	21,1 KM	+00:47:02	6:23	9.4 (65.3%)
181	FANDRYCH Krzysztof	88		M 40	84	00:00:00	21,1 KM	+00:47:21	6:24	9.4 (65.3%)
182	WIĘCKOWSKI Sebastian	34		M 40	85	00:00:00	21,1 KM	+00:47:29	6:24	9.4 (65.3%)
183	SCHWANN Mirosław	183	WEJHEROWSKIE ŁABĘDZIE	M 50	20	00:00:00	21,1 KM	+00:47:34	6:24	9.4 (65.3%)
184	WIKTORSKI Sebastian	483		M 40	86	00:00:00	21,1 KM	+00:48:01	6:26	9.3 (64.6%)
185	CIEŚLA Arkadiusz	252	BIEGAMY Z SERCEM	M 40	87	00:00:00	21,1 KM	+00:48:12	6:26	9.3 (64.6%)
186	WAŚKOWSKI Krzysztof	342		M 30	52	00:00:00	21,1 KM	+00:48:25	6:27	9.3 (64.6%)
187	GRABNER Johann	21		M 50	21	00:00:00	21,1 KM	+00:48:43	6:28	9.3 (64.6%)
188	KUCHARSKI Jakub	126	JKU1979	M 40	88	00:00:00	21,1 KM	+00:48:51	6:28	9.3 (64.6%)
189	WUJEK Marcin	149		M 40	89	00:00:00	21,1 KM	+00:49:09	6:29	9.2 (63.9%)
190	WIŚNIEWSKI Rafał	298		M 40	90	00:00:00	21,1 KM	+00:49:19	6:29	9.2 (63.9%)
191	FALKIEWICZ Mateusz	156		M 20	21	00:00:00	21,1 KM	+00:49:37	6:30	9.2 (63.9%)
192	KRUCZEK Grzegorz	162		M 30	53	00:00:00	21,1 KM	+00:49:37	6:30	9.2 (63.9%)
193	KOWALSKI Marek	395		M 30	54	00:00:00	21,1 KM	+00:50:06	6:32	9.2 (63.9%)
194	KRAJEWSKI Radosław	161	--	M 40	91	00:00:00	21,1 KM	+00:50:08	6:32	9.2 (63.9%)
195	KUBIAK Marcin	128		M 40	92	00:00:00	21,1 KM	+00:50:15	6:32	9.2 (63.9%)
196	MARKOWICZ Robert	46		M 40	93	00:00:00	21,1 KM	+00:50:30	6:33	9.2 (63.9%)
197	PIATKOWSKI Grzegorz	305		M 30	55	00:00:00	21,1 KM	+00:51:21	6:35	9.1 (63.2%)
198	DWÓŹNIK Robert	44	DAM RADĘ	M 50	22	00:00:00	21,1 KM	+00:51:40	6:36	9.1 (63.2%)
199	AUGUŚCIK Marcin	288		M 20	22	00:00:00	21,1 KM	+00:51:56	6:37	9.1 (63.2%)
200	KUCZYŃSKI Rafał	270	26 2/WKURW_TEAM	M 50	23	00:00:00	21,1 KM	+00:52:06	6:37	9 (62.5%)
201	KROTOS Krzysztof	219		M 40	94	00:00:00	21,1 KM	+00:52:09	6:38	9 (62.5%)
202	STANIEK Sławomir	328	BST	M 40	95	00:00:00	21,1 KM	+00:52:58	6:40	9 (62.5%)
203	GALOR Piotr	359		M 30	56	00:00:00	21,1 KM	+00:53:00	6:40	9 (62.5%)
204	MANIKOWSKI Maks	336	WATAHA - ŁĄCZY NAS BIEGANIE	M 20	23	00:00:00	21,1 KM	+00:53:11	6:40	9 (62.5%)
205	PISZAK Michał	213		M 20	24	00:00:00	21,1 KM	+00:53:58	6:43	8.9 (61.8%)
206	POKORNY Tomasz	323		M 40	96	00:00:00	21,1 KM	+00:54:28	6:44	8.9 (61.8%)
207	LACHOWSKI Karol	90	FILIP RUNNING TEAM	M 30	57	00:00:00	21,1 KM	+00:54:29	6:44	8.9 (61.8%)
208	LOTKO Jeremiasz	347		M 20	25	00:00:00	21,1 KM	+00:54:50	6:45	8.9 (61.8%)
209	PIWOWAR Grzegorz	10	EASYRUN RACIBÓRZ	M 40	97	00:00:00	21,1 KM	+00:55:09	6:46	8.9 (61.8%)
210	MICHAŁSKI Janusz	329		M 50	24	00:00:00	21,1 KM	+00:55:38	6:47	8.8 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
211	BIELAK Piotr	354		M 30	58	00:00:00	21,1 KM	+00:55:49	6:48	8.8 (61.1%)
212	POPOWSKI Dariusz	80		M 50	25	00:00:00	21,1 KM	+00:56:20	6:49	8.8 (61.1%)
213	BOJKOWSKI Łukasz	187		M 30	59	00:00:00	21,1 KM	+00:56:22	6:50	8.8 (61.1%)
214	SHPAK Nazar	127		M 20	26	00:00:00	21,1 KM	+00:56:42	6:50	8.8 (61.1%)
215	DOPIERAŁA Sławomir	155	KARBUD- W DRODZE DO CELU	M 40	98	00:00:00	21,1 KM	+00:57:06	6:52	8.7 (60.4%)
216	IWANOWSKI Piotr	309	TIME SKRZESZEW	M 50	26	00:00:00	21,1 KM	+00:57:38	6:53	8.7 (60.4%)
217	HASIAK Aleksander	72		M 50	27	00:00:00	21,1 KM	+00:58:05	6:54	8.7 (60.4%)
218	CZYŻ Stanisław	280		M 30	60	00:00:00	21,1 KM	+00:58:06	6:54	8.7 (60.4%)
219	SWARBULA Robert	170		M 40	99	00:00:00	21,1 KM	+00:58:41	6:56	8.6 (59.7%)
220	LIGOCKI Paweł	310	VF	M 20	27	00:00:00	21,1 KM	+00:58:54	6:57	8.6 (59.7%)
221	TOBOLA Michał	174	SZYBKI SKŁAD	M 40	100	00:00:00	21,1 KM	+00:59:14	6:58	8.6 (59.7%)
222	ZYBULA Maciej Leonard	244	BEES & HONEY	M 30	61	00:00:00	21,1 KM	+01:00:04	7:00	8.6 (59.7%)
223	BANASIK Paweł	369		M 50	28	00:00:00	21,1 KM	+01:00:09	7:00	8.6 (59.7%)
224	ROMAN Krzysztof	136		M 40	101	00:00:00	21,1 KM	+01:01:53	7:05	8.5 (59.0%)
225	HAMERSKI Artur	377		M 40	102	00:00:00	21,1 KM	+01:03:40	7:10	8.4 (58.3%)
226	HAJDUKIEWICZ Jarosław	7	SH549	M 50	29	00:00:00	21,1 KM	+01:04:11	7:12	8.3 (57.6%)
227	HYLLA Mateusz	225		M 30	62	00:00:00	21,1 KM	+01:06:41	7:19	8.2 (56.9%)
228	KĘDZIERSKI Mieczysław	19	WIECZORNE BIEGANIE W SZCZECINIE	M 60	7	00:00:00	21,1 KM	+01:06:50	7:19	8.2 (56.9%)
229	PIETRUSZKA Sławomir	119	RAZ SZCZECIN	M 50	30	00:00:00	21,1 KM	+01:07:11	7:20	8.2 (56.9%)
230	KOLIBCYNSKI Dariusz	16	PŁOCK BIEGA NO AGE LIMIT	M 50	31	00:00:00	21,1 KM	+01:10:11	7:29	8 (55.6%)
231	KROK Krzysztof	339	NIEZRZESZONY	M 50	32	00:00:00	21,1 KM	+01:10:29	7:30	8 (55.6%)
232	MATYSIAK Waldemar	38	ŻYRAFA ŻYRARDÓW	M 60	8	00:00:00	21,1 KM	+01:11:29	7:32	7.9 (54.9%)
233	SZOSTAKOWSKI Jarosław	276	BIEGAMY Z OCHOTĄ	M 50	33	00:00:00	21,1 KM	+01:11:39	7:33	7.9 (54.9%)
234	BAŁA Wiktor	243	CASIO BROTHERS	M 20	28	00:00:00	21,1 KM	+01:11:47	7:33	7.9 (54.9%)
235	WIELIŃSKI Krzysztof	209	KB HERMES GRYFINO	M 70+	2	00:00:00	21,1 KM	+01:12:06	7:34	7.9 (54.9%)
236	WRĘCZYCKI Łukasz	33		M 30	63	00:00:00	21,1 KM	+01:12:42	7:36	7.9 (54.9%)
237	JARZYNA Michał	98		M 20	29	00:00:00	21,1 KM	+01:12:48	7:36	7.9 (54.9%)
238	MAKAREWICZ Rafał	303		M 40	103	00:00:00	21,1 KM	+01:14:39	7:41	7.8 (54.2%)
239	TOMCZYK Tomek	379		M 30	64	00:00:00	21,1 KM	+01:15:00	7:42	7.8 (54.2%)
240	STRADOMSKI Maciej	275	CASIO BROTHERS	M 20	30	00:00:00	21,1 KM	+01:16:26	7:47	7.7 (53.5%)
241	JĘDRZEJEK Marek	371		M 30	65	00:00:00	21,1 KM	+01:19:13	7:57	7.5 (52.1%)
242	RESZKA Andrzej	373	KLUB LENIWYCH BIEGACZY	M 50	34	00:00:00	21,1 KM	+01:20:15	7:57	7.5 (52.1%)
243	BAĆ Wiesław	397		M 40	104	00:00:00	21,1 KM	+01:20:25	7:58	7.5 (52.1%)
244	FRANKOWSKI Mariusz	22		M 30	66	00:00:00	21,1 KM	+01:21:33	8:01	7.5 (52.1%)
245	HELLER Zdzisław	112	HERBMARATONOW.PL	M 60	9	00:00:00	21,1 KM	+01:23:38	8:07	7.4 (51.4%)
246	ŻURAWSKI Jakub	99		M 40	105	00:00:00	21,1 KM	+01:24:00	8:08	7.4 (51.4%)
247	KREŻEL Tomasz	364		M 40	106	00:00:00	21,1 KM	+01:24:31	8:10	7.3 (50.7%)
248	SŁAWSKI Arkadiusz	263	MORSY KONIN	M 40	107	00:00:00	21,1 KM	+01:26:11	8:14	7.3 (50.7%)
249	PAJKOWSKI Mirosław	82		M 50	35	00:00:00	21,1 KM	+01:26:26	8:15	7.3 (50.7%)
250	WIĄCEK Jakub	100	DUMNE RYSIE	M 30	67	00:00:00	21,1 KM	+01:27:26	8:18	7.2 (50.0%)
251	TOMASZKIEWICZ Marek	165		M 50	36	00:00:00	21,1 KM	+01:29:16	8:23	7.1 (49.3%)
252	PRZERYWACZ Michał	233	KONGSBERG K-RUNNERS	M 20	31	00:00:00	21,1 KM	+01:31:20	8:29	7.1 (49.3%)
253	STEMPIŃSKI Paweł	308	GRYFUS SZCZECIN	M 30	68	00:00:00	21,1 KM	+01:36:00	8:42	6.9 (47.9%)
254	STOLARSKI Adam	48		M 30	69	00:00:00	21,1 KM	+01:37:06	8:45	6.8 (47.2%)
255	FLORKIEWICZ Michał	109		M 30	70	00:00:00	21,1 KM	+01:37:12	8:46	6.8 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
256	STUŻYŃSKI Tomasz	159	SPIE SPORT TEAM	M 40	108	00:00:00	21,1 KM	+01:37:39	8:47	6.8 (47.2%)
257	OSIŃSKI Jacek	231		M 40	109	00:00:00	21,1 KM	+01:38:40	8:50	6.8 (47.2%)
258	MIKOŁAJCZAK Rafał	258		M 40	110	00:00:00	21,1 KM	+01:38:51	8:50	6.8 (47.2%)
259	ANTOSIEWICZ Robert	147	LULATEAM	M 50	37	00:00:00	21,1 KM	+01:44:00	9:05	6.6 (45.8%)
260	TORNBY Kim	199	BENEFITUS TOMASZ PELC	M 30	71	00:00:00	21,1 KM	+01:45:01	9:08	6.6 (45.8%)
261	PELC Tomasz	338		M 40	111	00:00:00	21,1 KM	+01:46:06	9:11	6.5 (45.1%)
262	STEFANICKI Marek	28		M 60	10	00:00:00	21,1 KM	+02:02:41	9:58	6 (41.7%)
263	KUROWSKI Aleksander	182	ZABIEGANY WOŁOMIN	M 40	112	00:00:00	21,1 KM	+02:37:14	11:36	5.2 (36.1%)
264	ZIMNY Ireneusz	260		M 40	113	00:00:00	21,1 KM	+02:44:12	11:56	5 (34.7%)
265	SZYMANOWICZ Marcin	104		M 30	72	00:00:00	21,1 KM	+02:44:23	11:57	5 (34.7%)
266	SAMOLAK Maciek	184	ZABIEGANY WOŁOMIN	M 40	114	00:00:00	21,1 KM	+02:44:28	11:57	5 (34.7%)
267	BARTNIK Rafał	257		M 40	115	00:00:00	21,1 KM	+09:19:19	30:40	2 (13.9%)
268	GRZYWACZ Karol	261		M 30	73	00:00:00	21,1 KM	+12:13:43	38:56	1.5 (10.4%)
269	URBANOWICZ Marcin	37		M 30	74	00:00:00	10,0 KM	+	4:47	12.5 (86.8%)

Znaleziono 269 wynik(ów)