

42.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: 42. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2021-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M - wózki aktywne

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	KUCZMA Jerzy	319		M 20	1	00:00:00	21,1 KM	+00:00:00	4:09	14.4 (100%)
2	PODGÓRSKI Michał	389		M 40	1	00:00:00	21,1 KM	+00:01:18	4:13	14.2 (98.6%)
3	KRÓLEWIAK Rafał	392		M 30	1	00:00:00	21,1 KM	+00:04:46	4:23	13.7 (95.1%)
4	NIEDOBA Oliwier	271	ALCHEMICZNA GILDIA BIEGOWA	M 20	2	00:00:00	21,1 KM	+00:05:51	4:26	13.5 (93.8%)
5	KRIEDEMANN Guido	151	KNACK RUNNERS	M 30	2	00:00:00	21,1 KM	+00:07:29	4:30	13.3 (92.4%)
6	LASKOWSKI Mariusz	390	NIGHT RUNNERS WRZEŚNIA	M 40	4	00:00:00	21,1 KM	+00:07:53	4:32	13.2 (91.7%)
7	WITKOWSKI Jarosław	91	RUN INVESTMENT LIFE	M 40	6	00:00:00	21,1 KM	+00:10:53	4:40	12.8 (88.9%)
8	KOZINIEC Krystian	335	DRUŻYNA FILIPA	M 40	7	00:00:00	21,1 KM	+00:11:58	4:43	12.7 (88.2%)
9	GONTARCZYK Michał	365		M 20	4	00:00:00	21,1 KM	+00:12:02	4:43	12.7 (88.2%)
10	KOPCZYŃSKI Marcin	279	SYCOWICE BIEGIEM...	M 40	8	00:00:00	21,1 KM	+00:12:02	4:43	12.7 (88.2%)
11	PACEK Tomasz	11	PERFECT GLOSS	M 30	4	00:00:00	21,1 KM	+00:12:46	4:46	12.6 (87.5%)
12	TRONIAK Marcin	218	TEAMOCHAL	M 40	10	00:00:00	21,1 KM	+00:13:14	4:47	12.5 (86.8%)
13	PISKORSKI Bartosz	206		M 20	5	00:00:00	21,1 KM	+00:14:02	4:49	12.4 (86.1%)
14	JASIK Wiktor	150		M 20	6	00:00:00	21,1 KM	+00:14:18	4:50	12.4 (86.1%)
15	ZAJĄC Łukasz	351	KS KROTOSZ KROTOSZYN	M 40	11	00:00:00	21,1 KM	+00:15:22	4:53	12.3 (85.4%)
16	SALAK Tomasz	242		M 30	7	00:00:00	21,1 KM	+00:15:41	4:54	12.2 (84.7%)
17	BOJKO Marek	63		M 40	12	00:00:00	21,1 KM	+00:15:48	4:54	12.2 (84.7%)
18	ZIELIŃSKI Bartosz	245		M 30	8	00:00:00	21,1 KM	+00:16:09	4:55	12.2 (84.7%)
19	PAUKA Marek	360	UE WROCŁAW KATFIN	M 40	13	00:00:00	21,1 KM	+00:16:45	4:57	12.1 (84.0%)
20	STALMACH Damian	274	LECZYMY DURŚ	M 40	15	00:00:00	21,1 KM	+00:17:18	4:58	12 (83.3%)
21	BANAŚ Kamil	249	EGIS BIOVITALNI	M 30	9	00:00:00	21,1 KM	+00:17:42	5:00	12 (83.3%)
22	RYMER Wojciech	382	WŁASNY JEDNOOSOBOWY	M 40	17	00:00:00	21,1 KM	+00:18:04	5:01	12 (83.3%)
23	SAFIN Staszek	265	WATAHA ŁĄCZY NAS BIEGANIE	M 40	18	00:00:00	21,1 KM	+00:18:09	5:01	11.9 (82.6%)
24	MAŁECKI Grzegorz	133	CRICK FCA POLAND	M 40	19	00:00:00	21,1 KM	+00:18:24	5:02	11.9 (82.6%)
25	URBAN Łukasz	396	SPODENKI NISKO OPUSZCZONE	M 40	20	00:00:00	21,1 KM	+00:18:24	5:02	11.9 (82.6%)
26	DĘBOWSKI Krzysztof	340	POLONIA ŚRODA	M 40	21	00:00:00	21,1 KM	+00:18:36	5:02	11.9 (82.6%)
27	WAWRZYNIAK Damian	295	AKTYWNI KAMIENSK / RR	M 30	10	00:00:00	21,1 KM	+00:18:39	5:02	11.9 (82.6%)
28	JAMROZY Ryszard	290	TRUCHT	M 50	2	00:00:00	21,1 KM	+00:18:43	5:02	11.9 (82.6%)
29	UTECHT Sławomir	122	BIEGAJĄCE KREJZOLE	M 30	11	00:00:00	21,1 KM	+00:18:55	5:03	11.9 (82.6%)
30	PIEGZA Tomasz	6		M 40	22	00:00:00	21,1 KM	+00:18:56	5:03	11.9 (82.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	TUMIEL Daniel	173	CALCATERRA SPORT ASD	M 40	23	00:00:00	21,1 KM	+00:19:10	5:04	11.8 (81.9%)
32	POLACKI Rafał	286	POZNAŃ	M 50	3	00:00:00	21,1 KM	+00:19:27	5:05	11.8 (81.9%)
33	CHYŁA Dawid	268	CSAIU TORUŃ	M 30	12	00:00:00	21,1 KM	+00:19:31	5:05	11.8 (81.9%)
34	WOLSKI Tomasz	388	WIECZORNE BIEGANIE W SZCZECINIE	M 40	24	00:00:00	21,1 KM	+00:19:31	5:05	11.8 (81.9%)
35	WOLLNY Kamil	349		M 20	7	00:00:00	21,1 KM	+00:20:06	5:06	11.7 (81.3%)
36	MELNYK Sergii	171		M 30	13	00:00:00	21,1 KM	+00:20:08	5:06	11.7 (81.3%)
37	KOWALSKI Artur	154	ZTPL.CC	M 40	27	00:00:00	21,1 KM	+00:21:01	5:09	11.6 (80.6%)
38	ŁUBIŃSKI Krzysztof	253		M 40	28	00:00:00	21,1 KM	+00:21:03	5:09	11.6 (80.6%)
39	SAŃKA Paweł	238		M 40	29	00:00:00	21,1 KM	+00:21:16	5:10	11.6 (80.6%)
40	PAŁKA Tomasz	356		M 30	14	00:00:00	21,1 KM	+00:21:18	5:10	11.6 (80.6%)
41	KORBANEK Zbigniew	145		M 50	4	00:00:00	21,1 KM	+00:22:02	5:12	11.5 (79.9%)
42	NOWAK Karol	256		M 20	8	00:00:00	21,1 KM	+00:22:02	5:12	11.5 (79.9%)
43	RUSZCZAK Tomasz	36	LEVEL X TEAM	M 40	30	00:00:00	21,1 KM	+00:23:04	5:15	11.4 (79.2%)
44	SOŁTYSEK Marcin	208	JUSTFEELFIT TEAM	M 40	32	00:00:00	21,1 KM	+00:23:19	5:16	11.4 (79.2%)
45	DUDA Jacek	194		M 50	6	00:00:00	21,1 KM	+00:23:20	5:16	11.4 (79.2%)
46	DUDZIAK DOBICONNECT Adam	399	DOBICONNECT	M 40	33	00:00:00	21,1 KM	+00:23:42	5:17	11.4 (79.2%)
47	SOBECKI Tomasz	387		M 20	9	00:00:00	21,1 KM	+00:23:57	5:17	11.3 (78.5%)
48	KĘDZIORA Piotr	20		M 30	15	00:00:00	21,1 KM	+00:24:10	5:18	11.3 (78.5%)
49	SĘDROWSKI Adam	191		M 20	10	00:00:00	21,1 KM	+00:24:25	5:19	11.3 (78.5%)
50	KOPER Adam	3		M 40	35	00:00:00	21,1 KM	+00:24:53	5:20	11.2 (77.8%)
51	PRZYBYSZ Paweł	163		M 30	16	00:00:00	21,1 KM	+00:25:30	5:22	11.2 (77.8%)
52	SIKORSKI Marcin	313	KMC	M 30	17	00:00:00	21,1 KM	+00:26:11	5:24	11.1 (77.1%)
53	ADAMIAK Marcin	285		M 40	38	00:00:00	21,1 KM	+00:26:40	5:25	11.1 (77.1%)
54	PYSZCZEK Jacek	297	BIEGIEM RADOM!	M 50	8	00:00:00	21,1 KM	+00:26:42	5:25	11.1 (77.1%)
55	ERAZMUS Michał	300		M 20	11	00:00:00	21,1 KM	+00:26:58	5:26	11 (76.4%)
56	LIPSKI Wojciech	311		M 30	18	00:00:00	21,1 KM	+00:27:02	5:26	11 (76.4%)
57	PRZYBYSZEWSKI Radosław	306		M 40	39	00:00:00	21,1 KM	+00:27:06	5:26	11 (76.4%)
58	ŻURAWSKI Michał	235	TOTALSHINE	M 30	19	00:00:00	21,1 KM	+00:27:17	5:27	11 (76.4%)
59	KOSIŃSKI Mateusz	69		M 30	20	00:00:00	21,1 KM	+00:27:26	5:27	11 (76.4%)
60	KOŁODZIEJCZAK Artur	352	NIGHT RUNNERS WRZEŚNIA	M 40	40	00:00:00	21,1 KM	+00:27:31	5:27	11 (76.4%)
61	GRABOWICZ Paweł	229		M 40	41	00:00:00	21,1 KM	+00:27:47	5:28	11 (76.4%)
62	ZAJAC Przemysław	58		M 30	21	00:00:00	21,1 KM	+00:27:52	5:28	10.9 (75.7%)
63	MARTYNIUK Ryszard	278		M 30	23	00:00:00	21,1 KM	+00:28:05	5:29	10.9 (75.7%)
64	SOWA Krzysztof	318		M 30	24	00:00:00	21,1 KM	+00:28:31	5:30	10.9 (75.7%)
65	RATAJCZAK Konrad	55	TROCHĘ JUŻ BIEGAM ,)	M 40	42	00:00:00	21,1 KM	+00:28:35	5:30	10.9 (75.7%)
66	PISZCZEK Sławomir	54		M 40	44	00:00:00	21,1 KM	+00:29:09	5:32	10.8 (75.0%)
67	KOWAL Łukasz	367		M 20	12	00:00:00	21,1 KM	+00:29:15	5:32	10.8 (75.0%)
68	GÓRALCZYK Artur	93		M 20	13	00:00:00	21,1 KM	+00:29:22	5:33	10.8 (75.0%)
69	WAJDZIAK Marcin	384		M 40	46	00:00:00	21,1 KM	+00:29:27	5:33	10.8 (75.0%)
70	WASIELEWSKI Piotr	1		M 20	14	00:00:00	21,1 KM	+00:29:31	5:33	10.8 (75.0%)
71	WRÓBLEWSKI Tomasz	106		M 40	47	00:00:00	21,1 KM	+00:29:49	5:34	10.8 (75.0%)
72	NOWAK Michał	228	STABILNY GRUNT RUNNING TEAM	M 30	26	00:00:00	21,1 KM	+00:30:09	5:35	10.7 (74.3%)
73	FIDECKI Wiesław	259	NIEZRZESZONY	M 70+	1	00:00:00	21,1 KM	+00:30:21	5:36	10.7 (74.3%)
74	BAŃKA Mariusz	264		M 40	48	00:00:00	21,1 KM	+00:30:22	5:36	10.7 (74.3%)
75	RODAK Szymon	166		M 20	15	00:00:00	21,1 KM	+00:30:28	5:36	10.7 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	KUŹMA Krzysiek	74	YULO RUN TEAM SIEDLCE	M 40	50	00:00:00	21,1 KM	+00:30:46	5:37	10.7 (74.3%)
77	SOKOŁOWSKI Michał	113		M 20	16	00:00:00	21,1 KM	+00:30:51	5:37	10.7 (74.3%)
78	JURECZKO Rafal	160	OLKUSZBIEGA	M 40	51	00:00:00	21,1 KM	+00:30:58	5:37	10.7 (74.3%)
79	SOBCZAK Marek	327		M 40	52	00:00:00	21,1 KM	+00:31:01	5:37	10.7 (74.3%)
80	STANEK Paweł	134		M 50	9	00:00:00	21,1 KM	+00:31:10	5:38	10.6 (73.6%)
81	DUBIAK Jakub	220		M 20	17	00:00:00	21,1 KM	+00:31:11	5:38	10.6 (73.6%)
82	CIESIOŁKIEWICZ Mariusz	283		M 40	53	00:00:00	21,1 KM	+00:31:36	5:39	10.6 (73.6%)
83	FIGIEL Mariusz	23		M 50	10	00:00:00	21,1 KM	+00:31:44	5:39	10.6 (73.6%)
84	SZARMACH Andrzej	40	PŁOCK BIEGA NO AGE LIMIT	M 40	54	00:00:00	21,1 KM	+00:31:51	5:40	10.6 (73.6%)
85	BRODAKCI Paweł	24		M 30	27	00:00:00	21,1 KM	+00:32:01	5:40	10.6 (73.6%)
86	URBAŃCZAK Szymon	83	DOBICONNECT	M 40	55	00:00:00	21,1 KM	+00:32:08	5:41	10.6 (73.6%)
87	BERENDA Jan	232		M 30	28	00:00:00	21,1 KM	+00:32:13	5:41	10.5 (72.9%)
88	ZABOROWSKI Tomasz	108		M 30	29	00:00:00	21,1 KM	+00:32:23	5:41	10.5 (72.9%)
89	KOWALCZUK Dariusz	247		M 30	31	00:00:00	21,1 KM	+00:33:13	5:44	10.5 (72.9%)
90	KNAPIK Tomasz	248	EGIS-POLSKA	M 30	32	00:00:00	21,1 KM	+00:33:19	5:44	10.5 (72.9%)
91	RUDZKO Wojciech	216		M 50	11	00:00:00	21,1 KM	+00:33:34	5:45	10.4 (72.2%)
92	STRUŻYK Adam	186		M 40	57	00:00:00	21,1 KM	+00:33:34	5:45	10.4 (72.2%)
93	ŻYŁOWSKI Filip	272		M 30	34	00:00:00	21,1 KM	+00:34:23	5:47	10.4 (72.2%)
94	CZAJA Maciej	346	MINICLASSIC.PL	M 40	59	00:00:00	21,1 KM	+00:35:10	5:49	10.3 (71.5%)
95	WICKI Karol	214	GREG TEAM	M 20	18	00:00:00	21,1 KM	+00:35:22	5:50	10.3 (71.5%)
96	BLÄSSE Detlef	118	RWO ENDURANCE TEAM	M 50	13	00:00:00	21,1 KM	+00:36:03	5:52	10.2 (70.8%)
97	SIKORA Dawid	141		M 40	62	00:00:00	21,1 KM	+00:36:13	5:52	10.2 (70.8%)
98	KRYSIAK Kamil	296	KB PENTO STRZELCE KRAJ.	M 30	36	00:00:00	21,1 KM	+00:36:19	5:52	10.2 (70.8%)
99	WALKIEWICZ Łukasz	43		M 30	37	00:00:00	21,1 KM	+00:36:25	5:53	10.2 (70.8%)
100	DOLATA Marcin	25		M 40	65	00:00:00	21,1 KM	+00:36:44	5:54	10.2 (70.8%)
101	MIKOŁAJCZYK Michał	355	UNIVERSITY OF WARSAW	M 30	38	00:00:00	21,1 KM	+00:36:57	5:54	10.1 (70.1%)
102	LIJEWSKI Tomasz	139	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	67	00:00:00	21,1 KM	+00:37:02	5:55	10.1 (70.1%)
103	SPYCHAŁA Miłosz	125		M 30	39	00:00:00	21,1 KM	+00:37:16	5:55	10.1 (70.1%)
104	SCHMIDT Janusz	301	BIEGAM Z ŻONĄ	M 40	68	00:00:00	21,1 KM	+00:37:19	5:55	10.1 (70.1%)
105	ŻUCHOWSKI Łukasz	383	TROCHĘ RURZYCA	M 40	69	00:00:00	21,1 KM	+00:37:43	5:56	10.1 (70.1%)
106	BIELAK Michał	320		M 20	20	00:00:00	21,1 KM	+00:38:03	5:57	10.1 (70.1%)
107	GÓRALSKI Michał	164		M 30	40	00:00:00	21,1 KM	+00:38:37	5:59	10 (69.4%)
108	MICHALIK Dawid	200	WIECZORNE BIEGANIE W OPOLU	M 30	41	00:00:00	21,1 KM	+00:39:03	6:00	10 (69.4%)
109	MICHALAK Mateusz	59		M 30	42	00:00:00	21,1 KM	+00:39:23	6:01	10 (69.4%)
110	GAB Marcin	195		M 30	44	00:00:00	21,1 KM	+00:39:37	6:02	9.9 (68.8%)
111	CIESIELSKI Krzysztof	158	FAST WALKER	M 60	5	00:00:00	21,1 KM	+00:40:12	6:04	9.9 (68.8%)
112	KAPRUZIAK Waldemar	87		M 40	71	00:00:00	21,1 KM	+00:40:18	6:04	9.9 (68.8%)
113	BARSZCZEWSKI Pawel	289		M 40	72	00:00:00	21,1 KM	+00:40:34	6:05	9.9 (68.8%)
114	WOJTULEWSKI Dariusz	71		M 40	73	00:00:00	21,1 KM	+00:41:08	6:06	9.8 (68.1%)
115	JÓZEF Marek	31		M 40	74	00:00:00	21,1 KM	+00:41:13	6:06	9.8 (68.1%)
116	CHĄDZYŃSKI Marcin	189		M 30	45	00:00:00	21,1 KM	+00:41:14	6:06	9.8 (68.1%)
117	ŚNIEGOWSKI Sebastian	180	RAWLPLUG	M 30	46	00:00:00	21,1 KM	+00:41:17	6:07	9.8 (68.1%)
118	KWAŚNIEWSKI Mariusz	81	ZIELONA GÓRO ZACZNIJ BIEGAĆ	M 50	15	00:00:00	21,1 KM	+00:41:20	6:07	9.8 (68.1%)
119	ROŻEK Marcin	57	CSWL POZNAŃ	M 30	47	00:00:00	21,1 KM	+00:41:26	6:07	9.8 (68.1%)
120	ZDOLSKI Tomasz	293		M 40	75	00:00:00	21,1 KM	+00:41:46	6:08	9.8 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
121	WĄSIKIEWICZ Konrad	226		M 30	48	00:00:00	21,1 KM	+00:42:14	6:09	9.7 (67.4%)
122	KURAS Damian	45	DOMDATA RUNTEAM	M 30	49	00:00:00	21,1 KM	+00:43:04	6:12	9.7 (67.4%)
123	AUGUSTYNIAK Jakub	64		M 30	50	00:00:00	21,1 KM	+00:43:15	6:12	9.7 (67.4%)
124	LIZAKOWSKI Piotr	331	ISPL ELIZA KACZMAREK-LIZAKOWSKA	M 40	76	00:00:00	21,1 KM	+00:43:23	6:13	9.6 (66.7%)
125	GUDALEWSKI Tomasz	111	PODLASKI KLUB SPORTOWY "NA SZCZYT"	M 50	16	00:00:00	21,1 KM	+00:43:38	6:13	9.6 (66.7%)
126	URBAŃSKI Tomasz	332	BIAŁOGARD BIEGA	M 40	77	00:00:00	21,1 KM	+00:44:43	6:16	9.6 (66.7%)
127	MALINOWSKI Bartek	65		M 40	78	00:00:00	21,1 KM	+00:45:04	6:17	9.5 (66.0%)
128	WITASZEK Wojciech	380	OZO OZORKÓW	M 40	79	00:00:00	21,1 KM	+00:45:08	6:18	9.5 (66.0%)
129	MAJCHRZAK Bogusław	223		M 40	80	00:00:00	21,1 KM	+00:45:25	6:18	9.5 (66.0%)
130	TYLKE Jerzy	381	OZO OZORKÓW	M 50	17	00:00:00	21,1 KM	+00:45:57	6:20	9.5 (66.0%)
131	WILIŃSKI Marek	361	TRENUJE BO DOBRZE SIĘ Z TYM CZUJE	M 60	6	00:00:00	21,1 KM	+00:46:04	6:20	9.5 (66.0%)
132	KAWCZYŃSKI Maciej	66	RAZ SZCZECIN	M 40	82	00:00:00	21,1 KM	+00:46:09	6:20	9.5 (66.0%)
133	ADAMUS Janusz	177		M 40	83	00:00:00	21,1 KM	+00:46:11	6:21	9.4 (65.3%)
134	DUDZIAK Tadeusz	185		M 50	19	00:00:00	21,1 KM	+00:47:02	6:23	9.4 (65.3%)
135	FANDRYCH Krzysztof	88		M 40	84	00:00:00	21,1 KM	+00:47:21	6:24	9.4 (65.3%)
136	WIĘCKOWSKI Sebastian	34		M 40	85	00:00:00	21,1 KM	+00:47:29	6:24	9.4 (65.3%)
137	SCHWANN Mirosław	183	WEJHEROWSKIE ŁABĘDZIE	M 50	20	00:00:00	21,1 KM	+00:47:34	6:24	9.4 (65.3%)
138	WIKTORSKI Sebastian	483		M 40	86	00:00:00	21,1 KM	+00:48:01	6:26	9.3 (64.6%)
139	CIEŚLA Arkadiusz	252	BIEGAMY Z SERCEM	M 40	87	00:00:00	21,1 KM	+00:48:12	6:26	9.3 (64.6%)
140	WAŚKOWSKI Krzysztof	342		M 30	52	00:00:00	21,1 KM	+00:48:25	6:27	9.3 (64.6%)
141	GRABNER Johann	21		M 50	21	00:00:00	21,1 KM	+00:48:43	6:28	9.3 (64.6%)
142	KUCHARSKI Jakub	126	JKU1979	M 40	88	00:00:00	21,1 KM	+00:48:51	6:28	9.3 (64.6%)
143	WUJEK Marcin	149		M 40	89	00:00:00	21,1 KM	+00:49:09	6:29	9.2 (63.9%)
144	FALKIEWICZ Mateusz	156		M 20	21	00:00:00	21,1 KM	+00:49:37	6:30	9.2 (63.9%)
145	KRUCZEK Grzegorz	162		M 30	53	00:00:00	21,1 KM	+00:49:37	6:30	9.2 (63.9%)
146	KRAJEWSKI Radosław	161	--	M 40	91	00:00:00	21,1 KM	+00:50:08	6:32	9.2 (63.9%)
147	MARKOWICZ Robert	46		M 40	93	00:00:00	21,1 KM	+00:50:30	6:33	9.2 (63.9%)
148	PIATKOWSKI Grzegorz	305		M 30	55	00:00:00	21,1 KM	+00:51:21	6:35	9.1 (63.2%)
149	DWÓŹNIK Robert	44	DAM RADĘ	M 50	22	00:00:00	21,1 KM	+00:51:40	6:36	9.1 (63.2%)
150	AUGUŚCIK Marcin	288		M 20	22	00:00:00	21,1 KM	+00:51:56	6:37	9.1 (63.2%)
151	KUCZYŃSKI Rafał	270	26 2/WKURW_TEAM	M 50	23	00:00:00	21,1 KM	+00:52:06	6:37	9 (62.5%)
152	STANIEK Sławomir	328	BST	M 40	95	00:00:00	21,1 KM	+00:52:58	6:40	9 (62.5%)
153	GALOR Piotr	359		M 30	56	00:00:00	21,1 KM	+00:53:00	6:40	9 (62.5%)
154	MANIKOWSKI Maks	336	WATAHA - ŁĄCZY NAS BIEGANIE	M 20	23	00:00:00	21,1 KM	+00:53:11	6:40	9 (62.5%)
155	PISZAK Michał	213		M 20	24	00:00:00	21,1 KM	+00:53:58	6:43	8.9 (61.8%)
156	POKORNY Tomasz	323		M 40	96	00:00:00	21,1 KM	+00:54:28	6:44	8.9 (61.8%)
157	LACHOWSKI Karol	90	FILIP RUNNING TEAM	M 30	57	00:00:00	21,1 KM	+00:54:29	6:44	8.9 (61.8%)
158	LOTKO Jeremiasz	347		M 20	25	00:00:00	21,1 KM	+00:54:50	6:45	8.9 (61.8%)
159	PIWOWAR Grzegorz	10	EASYRUN RACIBÓRZ	M 40	97	00:00:00	21,1 KM	+00:55:09	6:46	8.9 (61.8%)
160	BIELAK Piotr	354		M 30	58	00:00:00	21,1 KM	+00:55:49	6:48	8.8 (61.1%)
161	BOJKOWSKI Łukasz	187		M 30	59	00:00:00	21,1 KM	+00:56:22	6:50	8.8 (61.1%)
162	SHPAK Nazar	127		M 20	26	00:00:00	21,1 KM	+00:56:42	6:50	8.8 (61.1%)
163	DOPIERAŁA Sławomir	155	KARBUD- W DRODZE DO CELU	M 40	98	00:00:00	21,1 KM	+00:57:06	6:52	8.7 (60.4%)
164	HASIAK Aleksander	72		M 50	27	00:00:00	21,1 KM	+00:58:05	6:54	8.7 (60.4%)
165	CZYŻ Stanisław	280		M 30	60	00:00:00	21,1 KM	+00:58:06	6:54	8.7 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	SWARBULA Robert	170		M 40	99	00:00:00	21,1 KM	+00:58:41	6:56	8.6 (59.7%)
167	LIGOCKI Paweł	310	VF	M 20	27	00:00:00	21,1 KM	+00:58:54	6:57	8.6 (59.7%)
168	TOBOŁA Michał	174	SZYBKI SKŁAD	M 40	100	00:00:00	21,1 KM	+00:59:14	6:58	8.6 (59.7%)
169	ZYBULA Maciej Leonard	244	BEES & HONEY	M 30	61	00:00:00	21,1 KM	+01:00:04	7:00	8.6 (59.7%)
170	BANASIK Paweł	369		M 50	28	00:00:00	21,1 KM	+01:00:09	7:00	8.6 (59.7%)
171	HAMERSKI Artur	377		M 40	102	00:00:00	21,1 KM	+01:03:40	7:10	8.4 (58.3%)
172	HAJDUKIEWICZ Jarosław	7	SH549	M 50	29	00:00:00	21,1 KM	+01:04:11	7:12	8.3 (57.6%)
173	KOLIB CZYNSKI Dariusz	16	PŁOCK BIEGA NO AGE LIMIT	M 50	31	00:00:00	21,1 KM	+01:10:11	7:29	8 (55.6%)
174	KROK Krzysztof	339	NIEZRZESZONY	M 50	32	00:00:00	21,1 KM	+01:10:29	7:30	8 (55.6%)
175	MATYSIAK Waldemar	38	ŻYRAFA ŻYRARDÓW	M 60	8	00:00:00	21,1 KM	+01:11:29	7:32	7.9 (54.9%)
176	SZOSTAKOWSKI Jarosław	276	BIEGAMY Z OCHOTĄ	M 50	33	00:00:00	21,1 KM	+01:11:39	7:33	7.9 (54.9%)
177	WIELIŃSKI Krzysztof	209	KB HERMES GRYFINO	M 70+	2	00:00:00	21,1 KM	+01:12:06	7:34	7.9 (54.9%)
178	WRĘCZYCKI Łukasz	33		M 30	63	00:00:00	21,1 KM	+01:12:42	7:36	7.9 (54.9%)
179	JARZYNA Michał	98		M 20	29	00:00:00	21,1 KM	+01:12:48	7:36	7.9 (54.9%)
180	MAKAREWICZ Rafał	303		M 40	103	00:00:00	21,1 KM	+01:14:39	7:41	7.8 (54.2%)
181	STRADOMSKI Maciej	275	CASIO BROTHERS	M 20	30	00:00:00	21,1 KM	+01:16:26	7:47	7.7 (53.5%)
182	JĘDRZEJEK Marek	371		M 30	65	00:00:00	21,1 KM	+01:19:13	7:57	7.5 (52.1%)
183	RESZKA Andrzej	373	KLUB LENIWYCH BIEGACZY	M 50	34	00:00:00	21,1 KM	+01:20:15	7:57	7.5 (52.1%)
184	BAĆ Wiesław	397		M 40	104	00:00:00	21,1 KM	+01:20:25	7:58	7.5 (52.1%)
185	FRANKOWSKI Mariusz	22		M 30	66	00:00:00	21,1 KM	+01:21:33	8:01	7.5 (52.1%)
186	HELLER Zdzisław	112	HERB MARATONOW.PL	M 60	9	00:00:00	21,1 KM	+01:23:38	8:07	7.4 (51.4%)
187	ŻURAWSKI Jakub	99		M 40	105	00:00:00	21,1 KM	+01:24:00	8:08	7.4 (51.4%)
188	KREŻEL Tomasz	364		M 40	106	00:00:00	21,1 KM	+01:24:31	8:10	7.3 (50.7%)
189	SŁAWSKI Arkadiusz	263	MORSY KONIN	M 40	107	00:00:00	21,1 KM	+01:26:11	8:14	7.3 (50.7%)
190	WIĄCEK Jakub	100	DUMNE RYSIE	M 30	67	00:00:00	21,1 KM	+01:27:26	8:18	7.2 (50.0%)
191	TOMASZKIEWICZ Marek	165		M 50	36	00:00:00	21,1 KM	+01:29:16	8:23	7.1 (49.3%)
192	PRZERYWACZ Michał	233	KONGSBERG K-RUNNERS	M 20	31	00:00:00	21,1 KM	+01:31:20	8:29	7.1 (49.3%)
193	STEMPIŃSKI Paweł	308	GRYFUS SZCZECIN	M 30	68	00:00:00	21,1 KM	+01:36:00	8:42	6.9 (47.9%)
194	STOLARSKI Adam	48		M 30	69	00:00:00	21,1 KM	+01:37:06	8:45	6.8 (47.2%)
195	FLORKIEWICZ Michał	109		M 30	70	00:00:00	21,1 KM	+01:37:12	8:46	6.8 (47.2%)
196	STUŻYŃSKI Tomasz	159	SPIE SPORT TEAM	M 40	108	00:00:00	21,1 KM	+01:37:39	8:47	6.8 (47.2%)
197	ANTOSIEWICZ Robert	147	LULATEAM	M 50	37	00:00:00	21,1 KM	+01:44:00	9:05	6.6 (45.8%)
198	PELC Tomasz	338	BENEFITUS TOMASZ PELC	M 40	111	00:00:00	21,1 KM	+01:46:06	9:11	6.5 (45.1%)
199	STEFANICKI Marek	28		M 60	10	00:00:00	21,1 KM	+02:02:41	9:58	6 (41.7%)
200	SAMOLAK Maciek	184		M 40	114	00:00:00	21,1 KM	+02:44:28	11:57	5 (34.7%)
201	GRZYWACZ Karol	261		M 30	73	00:00:00	21,1 KM	+12:13:43	38:56	1.5 (10.4%)
202	URBANOWICZ Marcin	37		M 30	74	00:00:00	10,0 KM	+	4:47	12.5 (86.8%)

Znaleziono 202 wynik(ów)