



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Gorce Ultra Trail – Winter  
Fundacja Run Vegan  
2021-02-20  
Ochoznica Górna  
38.4 km

## 42KM ŚNIEŻNE WYZWANIE - GUT WINTER

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-OPEN

| Msc | Zawodnik             | Numer | Klub                                                        | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Wdźar<br>16km | Lubań<br>20km | Ochoznica<br>26km | Czas<br>netto<br>38.4km | Czas<br>brutto<br>38.4km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|-------------------------------------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1   | ŚCIESZKA Wojciech    | 1     | 13 ELT KRAKÓW-BALICE                                        | M-OPEN    | 1    |                                      | 00:02:29       | 01:48:39      | 02:30:24      | 03:05:10          | 04:56:42.35             | 04:59:11.50              |                      | 7:43            | 7.8<br>(100%)  |
| 2   | LILLA Piotr          | 11    | KLUB BIEGACZA FARTLEK, KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ | M-OPEN    | 2    |                                      | 00:04:14       | 01:50:02      | 02:30:34      | 03:03:26          | 04:58:25.50             | 05:02:39.60              | +00:01:43<br>(0.6%)  | 7:46            | 7.7<br>(98.7%) |
| 3   | STRUMNIK Sebastian   | 148   | ACTIVE RUN NOWY DWÓR MAZOWIECKI                             | M-OPEN    | 3    |                                      | 00:06:02       | 01:48:40      | 02:28:52      | 03:01:38          | 04:58:41.15             | 05:04:43.65              | +00:01:58<br>(0.7%)  | 7:46            | 7.7<br>(98.7%) |
| 4   | LASOCKI Marcin       | 19    | 12TRI.PL / TEAM ZABIEGANEDNI                                | M-OPEN    | 4    |                                      | 00:02:50       | 01:48:16      | 02:30:59      | 03:07:39          | 05:05:32.60             | 05:08:23.55              | +00:08:50<br>(2.9%)  | 7:57            | 7.5<br>(96.2%) |
| 5   | FLĄDRO Daniel        | 10    |                                                             | M-OPEN    | 5    |                                      | 00:03:16       | 01:51:03      | 02:34:24      | 03:12:02          | 05:09:55.90             | 05:13:12.65              | +00:13:13<br>(4.3%)  | 8:04            | 7.4<br>(94.9%) |
| 6   | ZAKARYAN Armen       | 18    |                                                             | M-OPEN    | 6    |                                      | 00:30:10       | 01:47:23      | 02:31:00      | 03:16:41          | 05:12:32.20             | 05:42:42.50              | +00:15:49<br>(5.1%)  | 8:08            | 7.4<br>(94.9%) |
| 7   | BARNOWSKI Przemysław | 8     | FORZA TEAM ACTIV                                            | M-OPEN    | 7    |                                      | 00:02:26       | 01:53:43      | 02:38:18      | 03:16:06          | 05:17:09.45             | 05:19:36.35              | +00:20:27<br>(6.4%)  | 8:15            | 7.3<br>(93.6%) |
| 8   | SIWIECKI Tomasz      | 6     | MUAY RUNNING TEAM                                           | M-OPEN    | 8    |                                      | 00:02:36       | 01:58:30      | 02:43:38      | 03:22:12          | 05:17:57.90             | 05:20:34.75              | +00:21:15<br>(6.7%)  | 8:16            | 7.2<br>(92.3%) |
| 9   | PŁOSKONKA Jakub      | 17    |                                                             | M-OPEN    | 9    |                                      | 00:02:37       | 02:00:10      | 02:43:48      | 03:23:54          | 05:18:17.65             | 05:20:55.15              | +00:21:35<br>(6.8%)  | 8:17            | 7.2<br>(92.3%) |
| 10  | TWARDOWSKI Tomasz    | 13    |                                                             | M-OPEN    | 10   |                                      | 00:02:42       | 01:53:01      | 02:38:18      | 03:16:01          | 05:18:45.80             | 05:21:28.65              | +00:22:03<br>(6.9%)  | 8:18            | 7.2<br>(92.3%) |
| 11  | TOKARSKI Szymon      | 36    |                                                             | M-OPEN    | 11   |                                      | 00:02:45       | 01:51:55      | 02:34:34      | 03:15:21          | 05:23:59.50             | 05:26:44.85              | +00:27:17<br>(8.4%)  | 8:26            | 7.1<br>(91.0%) |
| 12  | KALIN Władysław      | 12    |                                                             | M-OPEN    | 12   |                                      | 00:02:41       | 02:03:00      | 02:48:36      | 03:27:20          | 05:25:11.85             | 05:27:52.85              | +00:28:29<br>(8.8%)  | 8:28            | 7.1<br>(91.0%) |
| 13  | MAJOREK Krzysztof    | 83    |                                                             | M-OPEN    | 13   |                                      | 00:20:07       | 01:55:03      | 02:40:43      | 03:18:59          | 05:25:50.35             | 05:45:58.00              | +00:29:08<br>(8.9%)  | 8:29            | 7.1<br>(91.0%) |
| 14  | ZABRZEWSKI Patryk    | 32    |                                                             | M-OPEN    | 14   |                                      | 00:04:15       | 01:58:26      | 02:45:45      | 03:25:43          | 05:26:19.60             | 05:30:35.35              | +00:29:37<br>(9.1%)  | 8:29            | 7.1<br>(91.0%) |
| 15  | CHOWANIEC Sebastian  | 21    | ROMET FACTORY TEAM                                          | M-OPEN    | 15   |                                      | 00:05:57       | 01:59:28      | 02:43:28      | 03:28:21          | 05:27:27.95             | 05:33:25.50              | +00:30:45<br>(9.4%)  | 8:31            | 7<br>(89.7%)   |
| 16  | KRAWCZYK Karol       | 23    | LENIWY INACZEJ                                              | M-OPEN    | 16   |                                      | 00:15:47       | 01:53:25      | 02:43:46      | 03:21:40          | 05:28:06.20             | 05:43:54.15              | +00:31:23<br>(9.6%)  | 8:32            | 7<br>(89.7%)   |
| 17  | KOSECKI Krzysztof    | 25    | NSZZ FSG                                                    | M-OPEN    | 17   |                                      | 00:07:26       | 02:00:20      | 02:46:24      | 03:26:59          | 05:30:24.85             | 05:37:51.05              | +00:33:42<br>(10.2%) | 8:36            | 7<br>(89.7%)   |
| 18  | MARSZAŁKOWSKI Łukasz | 35    | GET ACTIVE                                                  | M-OPEN    | 18   |                                      | 00:02:43       | 02:01:24      | 02:48:36      | 03:28:35          | 05:32:42.40             | 05:35:26.25              | +00:36:00<br>(10.8%) | 8:39            | 6.9<br>(88.5%) |
| 19  | LAZAR Damian         | 39    | BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW/NESSI ŻORY                 | M-OPEN    | 19   |                                      | 00:11:14       | 02:05:40      | 02:51:55      | 03:38:26          | 05:34:02.50             | 05:45:17.05              | +00:37:20<br>(11.2%) | 8:41            | 6.9<br>(88.5%) |
| 20  | LADRA Ryszard        | 31    | KKM KALORYFER                                               | M-OPEN    | 20   |                                      | 00:02:49       | 02:04:14      | 02:49:09      | 03:27:55          | 05:34:14.25             | 05:37:03.80              | +00:37:31<br>(11.2%) | 8:42            | 6.9<br>(88.5%) |

| Msc | Zawodnik               | Numer | Klub                                 | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Wdźar<br>16km | Lubań<br>20km | Ochotnica<br>26km | Czas<br>netto<br>38.4km | Czas<br>brutto<br>38.4km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------|-------|--------------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                        |       |                                      |           |      |                                      |                |               |               |                   |                         |                          |                      |                 |                |
| 21  | KARPIŃSKI Tomasz       | 16    |                                      | M-OPEN    | 21   |                                      | 00:02:57       | 02:03:16      | 02:47:52      | 03:30:13          | 05:34:17.90             | 05:37:15.10              | +00:37:35<br>(11.2%) | 8:42            | 6.9<br>(88.5%) |
| 22  | MIKRUT Remigiusz       | 24    |                                      | M-OPEN    | 22   |                                      | 00:09:56       | 02:03:43      | 02:51:22      | 03:33:10          | 05:35:14.90             | 05:45:11.20              | +00:38:32<br>(11.5%) | 8:43            | 6.9<br>(88.5%) |
| 23  | BOREK Robert           | 58    | THE RUNNERS ŚWIECIE                  | M-OPEN    | 23   |                                      | 00:09:58       | 02:04:29      | 02:52:13      | 03:33:07          | 05:36:00.30             | 05:45:59.00              | +00:39:17<br>(11.7%) | 8:45            | 6.9<br>(88.5%) |
| 24  | JACHIMOWSKI Jarosław   | 28    | POZYTYWNIIE ZABIEGANI SANOK          | M-OPEN    | 24   |                                      | 00:02:41       | 01:59:22      | 02:47:35      | 03:30:27          | 05:36:08.60             | 05:38:50.35              | +00:39:26<br>(11.7%) | 8:45            | 6.9<br>(88.5%) |
| 25  | MIELCZAREK Daniel      | 62    | ROZBIEGAJMY RADOMSKO                 | M-OPEN    | 25   |                                      | 00:31:14       | 02:01:41      | 02:47:47      | 03:28:53          | 05:36:29.10             | 06:07:43.10              | +00:39:46<br>(11.8%) | 8:45            | 6.8<br>(87.2%) |
| 26  | KOWALCZYK Marek        | 34    |                                      | M-OPEN    | 26   |                                      | 00:31:13       | 02:01:45      | 02:47:57      | 03:28:50          | 05:36:29.70             | 06:07:43.40              | +00:39:47<br>(11.8%) | 8:45            | 6.8<br>(87.2%) |
| 27  | NOWACKI Paweł          | 65    | GOLENIE                              | M-OPEN    | 27   |                                      | 00:03:07       | 02:16:30      | 02:59:32      | 03:39:56          | 05:38:53.00             | 05:42:00.35              | +00:42:10<br>(12.4%) | 8:49            | 6.8<br>(87.2%) |
| 28  | KRASZEWSKI Mateusz     | 40    | MPK RUNNERS                          | M-OPEN    | 28   |                                      | 00:03:03       | 02:04:37      | 02:50:36      | 03:33:59          | 05:41:13.00             | 05:44:16.90              | +00:44:30<br>(13.0%) | 8:53            | 6.8<br>(87.2%) |
| 29  | KRZYŻAN Jakub          | 49    | KW KRAKÓW                            | M-OPEN    | 29   |                                      | 00:10:29       | 02:02:47      | 02:52:32      | 03:34:09          | 05:44:40.85             | 05:55:10.75              | +00:47:58<br>(13.9%) | 8:58            | 6.7<br>(85.9%) |
| 30  | GODYŃ Jan              | 53    | DELOITTE ADVENTURE CLUB              | M-OPEN    | 30   |                                      | 00:18:35       | 02:05:48      | 02:53:36      | 03:34:26          | 05:45:17.70             | 06:03:53.65              | +00:48:35<br>(14.1%) | 8:59            | 6.7<br>(85.9%) |
| 31  | CIENIAWSKI Piotr       | 22    |                                      | M-OPEN    | 31   |                                      | 00:02:43       | 02:05:32      | 02:54:33      | 03:39:19          | 05:47:30.00             | 05:50:13.00              | +00:50:47<br>(14.6%) | 9:02            | 6.6<br>(84.6%) |
| 32  | RUDNICKI Paweł         | 73    |                                      | M-OPEN    | 32   |                                      | 00:19:01       | 02:09:03      | 02:58:14      | 03:42:15          | 05:49:44.15             | 06:08:45.85              | +00:53:01<br>(15.2%) | 9:06            | 6.6<br>(84.6%) |
| 33  | SEKMAN Tomasz          | 26    |                                      | M-OPEN    | 33   |                                      | 00:10:26       | 02:00:12      | 02:50:12      | 03:36:44          | 05:50:00.35             | 06:00:27.00              | +00:53:18<br>(15.2%) | 9:06            | 6.6<br>(84.6%) |
| 34  | DELEŻUCH Wojciech      | 33    | NIE MA LETKO                         | M-OPEN    | 34   |                                      | 00:15:41       | 02:10:44      | 02:57:46      | 03:44:19          | 05:50:01.25             | 06:05:43.00              | +00:53:18<br>(15.2%) | 9:06            | 6.6<br>(84.6%) |
| 35  | MODLIŃSKI Marcin       | 37    | KLUB BIEGACZA WARTA                  | M-OPEN    | 35   |                                      | 00:05:43       | 02:04:23      | 02:49:05      | 03:35:24          | 05:50:32.50             | 05:56:15.50              | +00:53:50<br>(15.4%) | 9:07            | 6.6<br>(84.6%) |
| 36  | MRUSZCZYK Jacek        | 106   | KLUB BIEGACZA WARTA                  | M-OPEN    | 36   |                                      | 00:05:42       | 02:03:43      | 02:48:36      | 03:35:22          | 05:50:34.40             | 05:56:16.45              | +00:53:52<br>(15.4%) | 9:07            | 6.6<br>(84.6%) |
| 37  | KUBAJEWSKI Paweł       | 144   | STEELBOY89                           | M-OPEN    | 37   |                                      | 00:08:40       | 02:01:04      | 02:49:12      | 03:35:18          | 05:50:36.10             | 05:59:16.90              | +00:53:53<br>(15.4%) | 9:07            | 6.6<br>(84.6%) |
| 38  | GOŁĘBIEWSKI Robert     | 90    |                                      | M-OPEN    | 38   |                                      | 00:31:12       | 02:04:49      | 02:54:31      | 03:45:37          | 05:52:33.70             | 06:23:46.55              | +00:55:51<br>(15.8%) | 9:10            | 6.5<br>(83.3%) |
| 39  | KOŁODZIEJ Mateusz      | 43    |                                      | M-OPEN    | 39   |                                      | 00:09:38       | 02:04:23      | 02:53:27      | 03:32:43          | 05:54:49.65             | 06:04:28.40              | +00:58:07<br>(16.4%) | 9:14            | 6.5<br>(83.3%) |
| 40  | TARANTA Daniel         | 29    |                                      | M-OPEN    | 40   |                                      | 00:23:54       | 02:02:11      | 02:49:08      | 03:32:55          | 05:55:21.85             | 06:19:16.60              | +00:58:39<br>(16.5%) | 9:15            | 6.5<br>(83.3%) |
| 41  | VISENTIN Eric Visentin | 149   | NOA                                  | M-OPEN    | 41   |                                      | 00:04:08       | 02:07:40      | 02:55:21      | 03:41:14          | 05:56:26.45             | 06:00:34.70              | +00:59:44<br>(16.8%) | 9:16            | 6.5<br>(83.3%) |
| 42  | TOMASZEWSKI Mirosław   | 14    |                                      | M-OPEN    | 42   |                                      | 00:02:43       | 02:06:13      | 02:55:14      | 03:34:13          | 05:57:57.65             | 06:00:41.45              | +01:01:15<br>(17.1%) | 9:19            | 6.4<br>(82.1%) |
| 43  | URACZ Łukasz           | 51    |                                      | M-OPEN    | 43   |                                      | 00:02:33       | 02:07:16      | 02:57:44      | 03:45:21          | 06:00:12.55             | 06:02:46.50              | +01:03:30<br>(17.6%) | 9:22            | 6.4<br>(82.1%) |
| 44  | KACZOROWSKI Michał     | 46    | KWIDZYN BIEGA                        | M-OPEN    | 44   |                                      | 00:13:31       | 02:17:08      | 03:07:48      | 03:56:12          | 06:00:54.95             | 06:14:26.55              | +01:04:12<br>(17.8%) | 9:23            | 6.4<br>(82.1%) |
| 45  | KROSNY Sebastian       | 2     | STS BIEGATON MIKOŁÓW / ZAŁOGA GÓRSKA | M-OPEN    | 45   |                                      | 00:44:22       | 03:00:16      | 03:52:30      |                   | 06:05:14.05             | 06:49:36.80              | +01:08:31<br>(18.8%) | 9:30            | 6.3<br>(80.8%) |
| 46  | KOWALCZYK Adam         | 61    | STS BIEGATON                         | M-OPEN    | 46   |                                      | 00:43:56       | 02:59:47      | 03:58:17      |                   | 06:05:40.25             | 06:49:36.50              | +01:08:57<br>(18.9%) | 9:31            | 6.3<br>(80.8%) |
| 47  | KUSZKA Michał          | 15    | STS BIEGATON MIKOŁÓW                 | M-OPEN    | 47   |                                      | 00:44:38       | 02:12:48      | 02:57:01      | 03:53:10          | 06:06:27.60             | 06:51:05.65              | +01:09:45<br>(19.0%) | 9:32            | 6.3<br>(80.8%) |

| Msc | Zawodnik              | Numer | Klub                           | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Wdźar<br>16km | Lubań<br>20km | Ochotnica<br>26km | Czas<br>netto<br>38.4km | Czas<br>brutto<br>38.4km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|--------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 48  | KARCZMIT Daniel       | 117   | GT RAT                         | M-OPEN    | 48   |                                      | 00:29:41       | 02:14:32      | 03:04:07      | 03:56:53          | 06:06:46.60             | 06:36:27.75              | +01:10:04<br>(19.1%) | 9:33            | 6.3<br>(80.8%) |
| 49  | MITURA Wojtek         | 87    |                                | M-OPEN    | 49   |                                      | 00:15:42       | 02:10:25      | 03:00:31      | 03:50:49          | 06:08:39.20             | 06:24:21.80              | +01:11:56<br>(19.5%) | 9:36            | 6.2<br>(79.5%) |
| 50  | DUDZIK Damian         | 48    | STS BIEGATON MIKOŁÓW           | M-OPEN    | 50   |                                      | 00:44:41       | 02:12:55      | 02:59:56      | 03:53:22          | 06:08:40.55             | 06:53:21.90              | +01:11:58<br>(19.5%) | 9:36            | 6.2<br>(79.5%) |
| 51  | KAGOŃ Damian          | 145   | LEADER FOX MTB TEAM            | M-OPEN    | 51   |                                      | 00:44:46       | 02:12:42      | 02:58:30      | 03:53:15          | 06:10:22.25             | 06:55:08.75              | +01:13:39<br>(19.9%) | 9:38            | 6.2<br>(79.5%) |
| 52  | AZAREWICZ Grzegorz    | 80    |                                | M-OPEN    | 52   |                                      | 00:29:57       | 02:19:07      | 03:08:18      | 03:56:31          | 06:10:25.35             | 06:40:22.50              | +01:13:43<br>(19.9%) | 9:38            | 6.2<br>(79.5%) |
| 53  | GRUBICH Damian        | 155   | LASRUN GRUDZIĄDZ               | M-OPEN    | 53   |                                      | 00:05:09       | 02:13:18      | 03:03:01      | 03:53:38          | 06:11:17.35             | 06:16:27.00              | +01:14:35<br>(20.1%) | 9:40            | 6.2<br>(79.5%) |
| 54  | KUŚMIERCZYK Piotr     | 98    | UTRARADOMSKO / WKURW_TEAM      | M-OPEN    | 54   |                                      | 00:31:10       | 02:04:53      | 02:55:14      | 03:48:21          | 06:13:48.40             | 06:44:59.05              | +01:17:06<br>(20.6%) | 9:44            | 6.2<br>(79.5%) |
| 55  | MARIANOWSKI Krzysztof | 84    | KWIDZYN BIEGA                  | M-OPEN    | 55   |                                      | 00:13:23       | 02:16:35      | 03:08:20      | 03:57:33          | 06:18:06.20             | 06:31:30.05              | +01:21:23<br>(21.5%) | 9:50            | 6.1<br>(78.2%) |
| 56  | SMAGA Krzysztof       | 59    |                                | M-OPEN    | 56   |                                      | 00:13:33       | 02:19:07      | 03:10:46      | 03:59:07          | 06:18:38.75             | 06:32:12.45              | +01:21:56<br>(21.6%) | 9:51            | 6.1<br>(78.2%) |
| 57  | SADY Sebastian        | 47    | OBY2                           | M-OPEN    | 57   |                                      | 00:14:56       | 02:15:24      | 03:13:18      | 03:59:13          | 06:20:24.35             | 06:35:20.50              | +01:23:42<br>(22.0%) | 9:54            | 6.1<br>(78.2%) |
| 58  | CIASTOŃ Łukasz        | 122   | CFO RUNNING TEAM               | M-OPEN    | 58   |                                      | 00:44:46       | 02:12:32      | 03:04:56      | 03:57:12          | 06:21:56.15             | 07:06:42.65              | +01:25:13<br>(22.3%) | 9:56            | 6<br>(76.9%)   |
| 59  | MĘDRAŁA Ireneusz      | 76    |                                | M-OPEN    | 59   |                                      | 00:28:13       | 02:20:08      | 03:01:29      | 04:06:19          | 06:25:36.40             | 06:53:49.75              | +01:28:54<br>(23.1%) | 10:02           | 6<br>(76.9%)   |
| 59  | GNIADKOWSKI Paweł     | 109   |                                | M-OPEN    | 59   |                                      | 00:28:13       | 02:20:02      | 03:12:01      | 04:06:33          | 06:25:36.40             | 06:53:49.90              | +01:28:54<br>(23.1%) | 10:02           | 6<br>(76.9%)   |
| 61  | JAWORSKI Piotr        | 104   |                                | M-OPEN    | 61   |                                      | 00:14:52       | 02:15:16      | 03:05:36      | 03:58:55          | 06:28:58.90             | 06:43:51.20              | +01:32:16<br>(23.7%) | 10:07           | 5.9<br>(75.6%) |
| 62  | WÓJCICKI Kamil        | 119   | EX TEAM                        | M-OPEN    | 62   |                                      | 00:03:03       | 02:08:09      | 03:04:12      | 03:56:52          | 06:29:00.20             | 06:32:03.80              | +01:32:17<br>(23.7%) | 10:07           | 5.9<br>(75.6%) |
| 63  | DZIUBA Emilian        | 75    | STS BIEGATON MIKOŁÓW           | M-OPEN    | 63   |                                      | 00:44:42       | 02:12:56      | 03:04:13      | 04:00:53          | 06:29:12.05             | 07:13:54.55              | +01:32:29<br>(23.8%) | 10:08           | 5.9<br>(75.6%) |
| 64  | NOWICKI Artur         | 93    | SPORTCZESNA BIEGAMY DLA FRANKA | M-OPEN    | 64   |                                      | 00:18:40       | 02:17:28      | 03:10:29      | 04:01:42          | 06:29:26.15             | 06:48:06.75              | +01:32:43<br>(23.8%) | 10:08           | 5.9<br>(75.6%) |
| 65  | BIEL Tomasz           | 63    |                                | M-OPEN    | 65   |                                      | 00:21:21       | 02:21:38      | 03:12:06      | 04:04:20          | 06:29:27.95             | 06:50:48.95              | +01:32:45<br>(23.8%) | 10:08           | 5.9<br>(75.6%) |
| 66  | GINTER Grzegorz       | 82    | AZS COLLEGIUM MEDICUM UJ       | M-OPEN    | 66   |                                      | 00:56:37       | 02:21:07      | 03:19:17      | 04:03:57          | 06:29:30.30             | 07:26:07.50              | +01:32:47<br>(23.8%) | 10:08           | 5.9<br>(75.6%) |
| 67  | RATAJCZAK Dariusz     | 97    | HERNIK TEAM                    | M-OPEN    | 67   |                                      | 00:23:03       | 02:23:13      | 03:17:20      | 04:09:31          | 06:30:34.15             | 06:53:37.25              | +01:33:51<br>(24.0%) | 10:10           | 5.9<br>(75.6%) |
| 68  | PTAK Tomasz           | 69    | KLUB BIEGACZA WARTA            | M-OPEN    | 68   |                                      | 00:06:07       | 02:26:46      | 03:17:22      | 04:13:16          | 06:30:45.90             | 06:36:53.30              | +01:34:03<br>(24.1%) | 10:10           | 5.9<br>(75.6%) |
| 69  | BIEL Łukasz           | 44    | VEGAN SUPER TEAM               | M-OPEN    | 69   |                                      | 00:21:21       | 02:21:31      | 03:11:54      | 04:04:24          | 06:31:10.80             | 06:52:32.55              | +01:34:28<br>(24.2%) | 10:11           | 5.9<br>(75.6%) |
| 70  | DZIDECZEK Marcin      | 116   | TEAM ZABIEGANEDNI              | M-OPEN    | 70   |                                      | 00:34:31       | 02:21:31      | 03:09:29      | 03:59:44          | 06:32:32.60             | 07:07:03.80              | +01:35:50<br>(24.4%) | 10:13           | 5.9<br>(75.6%) |
| 71  | BĘBEN Robert          | 151   | OSTROBIEC                      | M-OPEN    | 71   |                                      | 00:32:43       | 02:19:33      | 03:12:02      | 04:09:18          | 06:32:59.10             | 07:05:42.35              | +01:36:16<br>(24.5%) | 10:14           | 5.9<br>(75.6%) |
| 72  | IDZIOR Tomasz         | 95    |                                | M-OPEN    | 72   |                                      | 00:03:15       | 02:20:04      | 03:16:55      | 04:07:39          | 06:35:47.90             | 06:39:03.70              | +01:39:05<br>(25.0%) | 10:18           | 5.8<br>(74.4%) |
| 73  | ROJEK Maciej          | 81    |                                | M-OPEN    | 73   |                                      | 00:03:11       | 02:20:22      | 03:17:21      | 04:07:49          | 06:35:55.65             | 06:39:07.50              | +01:39:13<br>(25.1%) | 10:18           | 5.8<br>(74.4%) |
| 74  | GADOMSKI Darek        | 141   |                                | M-OPEN    | 74   |                                      | 00:18:57       | 02:17:44      | 03:15:45      | 04:08:51          | 06:37:00.30             | 06:55:58.25              | +01:40:17<br>(25.3%) | 10:20           | 5.8<br>(74.4%) |
| 75  | WĘDRYCHOWICZ Grzegorz | 60    | JASZCZUR RUN 4 FUN             | M-OPEN    | 75   |                                      | 00:08:12       | 02:19:37      | 03:13:39      | 04:09:39          | 06:37:05.85             | 06:45:18.50              | +01:40:23<br>(25.3%) | 10:20           | 5.8<br>(74.4%) |

| Msc | Zawodnik                | Numer | Klub                            | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Wdźar<br>16km | Lubań<br>20km | Ochotnica<br>26km | Czas<br>netto<br>38.4km | Czas<br>brutto<br>38.4km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------------|-------|---------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 76  | GIBAŁA Marcin           | 64    | BIEGAM I POMAGAM                | M-OPEN    | 76   |                                      | 00:05:57       | 02:21:51      | 03:17:15      | 04:12:09          | 06:38:59.75             | 06:44:56.80              | +01:42:17<br>(25.6%) | 10:23           | 5.8<br>(74.4%) |
| 77  | KRAUZE Tomasz           | 30    | GRUPA BIEGOWA WROCŁAWSKIE MORSY | M-OPEN    | 77   |                                      | 00:02:58       | 02:27:14      | 03:23:00      | 04:13:30          | 06:39:39.90             | 06:42:38.80              | +01:42:57<br>(25.8%) | 10:24           | 5.8<br>(74.4%) |
| 78  | FLASIŃSKI Michał        | 99    |                                 | M-OPEN    | 78   |                                      | 00:02:45       | 02:28:09      | 03:22:26      | 04:14:25          | 06:41:24.90             | 06:44:10.55              | +01:44:42<br>(26.1%) | 10:27           | 5.7<br>(73.1%) |
| 79  | BIAŁEK Rafał            | 56    |                                 | M-OPEN    | 79   |                                      | 00:15:20       | 02:23:49      | 03:20:42      | 04:10:34          | 06:41:35.40             | 06:56:56.15              | +01:44:53<br>(26.1%) | 10:27           | 5.7<br>(73.1%) |
| 80  | PASZKIEWICZ Maciej      | 71    |                                 | M-OPEN    | 80   |                                      | 00:13:47       | 02:24:48      | 03:22:57      | 04:13:59          | 06:42:23.15             | 06:56:10.35              | +01:45:40<br>(26.3%) | 10:28           | 5.7<br>(73.1%) |
| 81  | BĘDŹKOWSKI Marek        | 86    | SIWY ULTRA MORS                 | M-OPEN    | 81   |                                      | 00:11:03       | 02:24:27      | 03:18:41      | 04:12:35          | 06:44:06.30             | 06:55:09.55              | +01:47:23<br>(26.6%) | 10:31           | 5.7<br>(73.1%) |
| 82  | BALCERZAK Robert        | 100   | KLUB BIEGACZA WARTA             | M-OPEN    | 82   |                                      | 00:05:36       | 02:24:37      | 03:20:41      | 04:18:50          | 06:47:45.85             | 06:53:22.75              | +01:51:03<br>(27.2%) | 10:37           | 5.7<br>(73.1%) |
| 83  | ZAMYŚLEWSKI Krzysztof   | 103   | KWIDZYN BIEGA                   | M-OPEN    | 83   |                                      | 00:13:36       | 02:27:37      | 03:24:36      | 04:22:22          | 06:51:47.35             | 07:05:24.15              | +01:55:05<br>(27.9%) | 10:43           | 5.6<br>(71.8%) |
| 84  | CZAPLA Arkadiusz        | 79    |                                 | M-OPEN    | 84   |                                      | 00:11:09       | 02:30:08      | 03:25:46      | 04:20:21          | 06:53:01.30             | 07:04:10.65              | +01:56:18<br>(28.2%) | 10:45           | 5.6<br>(71.8%) |
| 85  | MARCELA Marcin          | 72    | FAT MAMA'S SPORT CLUB           | M-OPEN    | 85   |                                      | 00:11:07       | 02:29:23      | 03:24:24      | 04:20:26          | 06:53:01.95             | 07:04:09.45              | +01:56:19<br>(28.2%) | 10:45           | 5.6<br>(71.8%) |
| 86  | GĘSIAREK Grzegorz       | 67    |                                 | M-OPEN    | 86   |                                      | 00:16:14       | 02:28:22      | 03:23:47      | 04:21:57          | 06:59:32.55             | 07:15:47.45              | +02:02:50<br>(29.3%) | 10:55           | 5.5<br>(70.5%) |
| 87  | GRYZ Jacek              | 70    |                                 | M-OPEN    | 87   |                                      | 00:06:29       | 02:28:55      | 03:23:48      | 04:33:41          | 07:02:01.10             | 07:08:30.30              | +02:05:18<br>(29.7%) | 10:59           | 5.5<br>(70.5%) |
| 88  | FALKOWSKI Michał        | 120   | ZA_LINIĄ_METY                   | M-OPEN    | 88   |                                      | 00:42:17       | 02:27:58      | 03:33:12      | 04:24:21          | 07:02:33.75             | 07:44:51.70              | +02:05:51<br>(29.8%) | 11:00           | 5.5<br>(70.5%) |
| 89  | MICHALEC Marcin         | 5     | KKB MOSIR KROSNO                | M-OPEN    | 89   |                                      | 00:02:41       | 02:36:50      | 03:36:33      | 04:35:17          | 07:06:06.20             | 07:08:47.35              | +02:09:23<br>(30.4%) | 11:05           | 5.4<br>(69.2%) |
| 90  | ODWROT Hubert           | 132   | 3:33 TEAM                       | M-OPEN    | 90   |                                      | 00:17:17       | 02:36:06      | 03:30:29      | 04:32:32          | 07:08:11.60             | 07:25:29.30              | +02:11:29<br>(30.7%) | 11:09           | 5.4<br>(69.2%) |
| 91  | GRABARCZYK Mateusz      | 102   | RADLINIOKI W BIEGU              | M-OPEN    | 91   |                                      | 00:27:37       | 02:28:05      | 03:20:41      | 04:27:23          | 07:11:44.00             | 07:39:21.35              | +02:15:01<br>(31.3%) | 11:14           | 5.3<br>(67.9%) |
| 92  | ZAWADZKI Karol          | 66    | RADLINIOKI W BIEGU              | M-OPEN    | 92   |                                      | 00:27:32       | 02:28:02      | 03:19:55      | 04:27:06          | 07:11:47.70             | 07:39:20.30              | +02:15:05<br>(31.3%) | 11:14           | 5.3<br>(67.9%) |
| 93  | WOJCIECHOWSKI Krzysztof | 52    | RADLINIOKI W BIEGU              | M-OPEN    | 93   |                                      | 00:27:29       | 02:28:09      | 03:19:53      | 04:27:07          | 07:11:51.35             | 07:39:21.10              | +02:15:09<br>(31.3%) | 11:14           | 5.3<br>(67.9%) |
| 94  | PUZA Adam               | 136   |                                 | M-OPEN    | 94   |                                      | 00:46:17       | 02:13:41      | 03:10:45      | 04:21:59          | 07:15:33.50             | 08:01:51.25              | +02:18:51<br>(31.9%) | 11:20           | 5.3<br>(67.9%) |
| 95  | BISKUP Rafał            | 114   | RUN DZIADU RUN                  | M-OPEN    | 95   |                                      | 00:27:51       | 02:24:13      | 03:27:48      | 04:29:17          | 07:16:20.90             | 07:44:12.05              | +02:19:38<br>(32.0%) | 11:21           | 5.3<br>(67.9%) |
| 96  | PODLEWSKI Wojciech      | 130   | KS SPORTIVA                     | M-OPEN    | 96   |                                      | 00:22:45       | 02:36:26      | 03:33:33      | 04:43:17          | 07:20:30.80             | 07:43:16.55              | +02:23:48<br>(32.6%) | 11:28           | 5.2<br>(66.7%) |
| 97  | BLICHARZ Artur          | 105   |                                 | M-OPEN    | 97   |                                      | 00:22:41       | 02:36:35      | 03:32:00      | 04:43:24          | 07:20:34.55             | 07:43:15.95              | +02:23:52<br>(32.7%) | 11:28           | 5.2<br>(66.7%) |
| 98  | MIKSA Sławomir          | 91    |                                 | M-OPEN    | 98   |                                      | 01:01:13       | 02:41:30      | 03:37:20      | 04:34:57          | 07:21:39.80             | 08:22:53.70              | +02:24:57<br>(32.8%) | 11:30           | 5.2<br>(66.7%) |
| 99  | RASZTABIGA Sylwester    | 125   | JURA PL                         | M-OPEN    | 99   |                                      | 00:28:28       | 02:27:24      | 03:34:15      | 04:39:34          | 07:23:18.40             | 07:51:47.05              | +02:26:36<br>(33.1%) | 11:32           | 5.2<br>(66.7%) |
| 100 | GOŁĘBIEWSKI Andrzej     | 57    | WOODRUN                         | M-OPEN    | 100  |                                      | 00:13:27       | 02:19:18      | 03:25:03      | 04:28:44          | 07:25:58.00             | 07:39:25.25              | +02:29:15<br>(33.5%) | 11:36           | 5.2<br>(66.7%) |
| 101 | WURMAŃSKI Wiktor        | 135   |                                 | M-OPEN    | 101  |                                      | 00:24:54       | 02:26:18      | 03:27:26      | 04:29:00          | 07:27:04.15             | 07:51:58.30              | +02:30:21<br>(33.6%) | 11:38           | 5.2<br>(66.7%) |
| 102 | MATYJASIAK Konrad       | 111   |                                 | M-OPEN    | 102  |                                      | 00:13:38       | 02:04:40      | 03:02:57      | 03:59:30          | 07:28:00.60             | 07:41:39.50              | +02:31:18<br>(33.8%) | 11:40           | 5.1<br>(65.4%) |
| 103 | DOMINIAK Sławomir       | 138   |                                 | M-OPEN    | 103  |                                      | 00:21:12       | 02:36:39      | 03:34:46      | 04:42:53          | 07:32:04.75             | 07:53:16.95              | +02:35:22<br>(34.4%) | 11:46           | 5.1<br>(65.4%) |

| Msc | Zawodnik                | Numer | Klub                               | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Wdżar<br>16km | Lubań<br>20km | Ochotnica<br>26km | Czas<br>netto<br>38.4km | Czas<br>brutto<br>38.4km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------------|-------|------------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 104 | CELIŃSKI Tomasz         | 147   | TUPTUŚ OTWOCK / ESJA TEAM          | M-OPEN    | 104  |                                      | 01:25:35       | 02:46:47      | 03:38:34      | 04:43:38          | 07:41:56.80             | 09:07:32.70              | +02:45:14<br>(35.8%) | 12:01           | 5<br>(64.1%)   |
| 105 | PYTLARCZYK Piotr        | 129   | KLUB BIEGACZA WARTA                | M-OPEN    | 105  |                                      | 00:05:40       | 02:38:52      | 03:43:32      | 04:56:03          | 07:45:37.35             | 07:51:17.95              | +02:48:55<br>(36.3%) | 12:07           | 4.9<br>(62.8%) |
| 106 | ŻABIEREK Tomasz         | 107   |                                    | M-OPEN    | 106  |                                      | 00:41:55       | 02:35:59      | 03:41:32      | 04:59:21          | 07:59:29.95             | 08:41:25.65              | +03:02:47<br>(38.1%) | 12:29           | 4.8<br>(61.5%) |
| 107 | DOMAGAŁA Mariusz        | 113   | TUPTUŚOTWOCK                       | M-OPEN    | 107  |                                      | 00:56:38       | 02:43:14      | 03:45:46      | 05:01:07          | 08:00:26.70             | 08:57:04.80              | +03:03:44<br>(38.2%) | 12:30           | 4.8<br>(61.5%) |
| 108 | MAŁKOWSKI Bogdan        | 77    | SPARTANIE DZIECIOM                 | M-OPEN    | 108  |                                      | 00:21:00       | 02:41:22      | 03:47:31      | 04:56:40          | 08:03:55.20             | 08:24:56.10              | +03:07:12<br>(38.7%) | 12:36           | 4.8<br>(61.5%) |
| 109 | WICHEREK Maciej         | 150   |                                    | M-OPEN    | 109  |                                      | 01:59:59       | 02:52:47      | 04:10:29      | 05:22:39          | 08:06:42.40             | 10:06:42.05              | +03:10:00<br>(39.0%) | 12:40           | 4.7<br>(60.3%) |
| 110 | PAWEŁ Sienkiewicz       | 168   |                                    | M-OPEN    | 110  |                                      | 00:34:32       | 02:56:34      | 03:58:43      | 05:12:35          | 08:09:24.35             | 08:43:56.80              | +03:12:42<br>(39.4%) | 12:44           | 4.7<br>(60.3%) |
| 111 | BOROWIK Tomasz          | 166   |                                    | M-OPEN    | 111  |                                      | 00:39:01       | 02:58:48      | 04:02:52      | 05:16:51          | 08:16:53.05             | 08:55:54.15              | +03:20:10<br>(40.3%) | 12:56           | 4.6<br>(59.0%) |
| 112 | DWORNIKOWSKI Zbigniew   | 146   |                                    | M-OPEN    | 112  |                                      | 00:34:15       | 02:59:56      | 04:11:21      | 05:21:21          | 08:28:38.65             | 09:02:53.95              | +03:31:56<br>(41.7%) | 13:14           | 4.5<br>(57.7%) |
| 113 | SZYSZKOWSKI Włodzimierz | 112   | DUKE NUKEM PRINCE OF WARSAW        | M-OPEN    | 113  |                                      | 00:22:32       | 03:07:17      | 04:10:55      | 05:35:04          | 08:50:30.40             | 09:13:03.25              | +03:53:48<br>(44.1%) | 13:48           | 4.3<br>(55.1%) |
| 114 | JEŻEWSKI Adam           | 126   | PATO TEAM                          | M-OPEN    | 114  |                                      | 01:06:32       | 02:56:28      | 04:05:16      | 05:20:37          | 08:52:41.30             | 09:59:13.95              | +03:55:58<br>(44.3%) | 13:52           | 4.3<br>(55.1%) |
| 115 | WARA-WĄSOWSKI Maciej    | 133   |                                    | M-OPEN    | 115  |                                      | 00:42:11       | 03:02:43      | 04:15:23      | 05:42:48          | 08:53:54.80             | 09:36:06.00              | +03:57:12<br>(44.4%) | 13:54           | 4.3<br>(55.1%) |
| 116 | DĄBROWSKI Michał        | 154   | ULTRAPOŚŁADACH / TEAM ZABIEGANEDNI | M-OPEN    | 116  |                                      | 00:34:04       | 03:07:31      | 04:21:46      | 05:40:17          | 08:54:03.90             | 09:28:08.50              | +03:57:21<br>(44.4%) | 13:54           | 4.3<br>(55.1%) |
| 117 | SOKOŁOWSKI Artur        | 127   | TEAM ZABIEGANEDNI                  | M-OPEN    | 117  |                                      | 00:34:31       | 02:55:41      | 04:17:27      | 05:42:20          | 09:13:33.35             | 09:48:04.55              | +04:16:51<br>(46.4%) | 14:24           | 4.2<br>(53.8%) |

Znaleziono 117 wynik(ów)