BIAŁOŁĘCKI BIEG WOLNOŚCI

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2021-12-12
Miejsce: Warszawa
Dystans: 13 km

Klasyfikacja: Pracownicy Służby Więziennej - mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	**FIEODOROW Tomasz**	**111**	ZK BARCZEWO	M2 30-39 lat	11	00:00:02	00:19:45	00:40:02	**01:00:36.25**	**01:00:39.15**		4:39	12.9 (100%)
2	**BIAŁEK Piotr**	**39**	3BRO - ZK BARCZEWO	M3 40-49 lat	12	00:00:03	00:20:15	00:40:37	**01:01:14.40**	**01:01:18.30**	+00:00:38 (1.0%)	4:42	12.7 (98.4%)
3	**ZELENT Arkadiusz**	**415**	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	M3 40-49 lat	16	00:00:05	00:21:10	00:42:06	**01:03:25.80**	**01:03:30.85**	+00:02:49 (4.5%)	4:52	12.3 (95.3%)
4	**WILMOWICZ Michał**	**393**	ZK BARCZEWO	M2 30-39 lat	14	00:00:04	00:21:12	00:43:03	**01:04:41.90**	**01:04:45.90**	+00:04:05 (6.3%)	4:58	12.1 (93.8%)
5	**TOMCZAK Marcin**	**375**		M3 40-49 lat	26	00:00:05	00:22:27	00:44:53	**01:07:31.70**	**01:07:36.75**	+00:06:55 (10.3%)	5:11	11.6 (89.9%)
6	**BIEDKA Robert**	**472**		M3 40-49 lat	29	00:00:27	00:23:43	00:46:16	**01:08:45.50**	**01:09:12.70**	+00:08:09 (11.9%)	5:17	11.3 (87.6%)
7	**GLINKA Karol**	**128**		M2 30-39 lat	19	00:00:45	00:24:10	00:47:20	**01:10:07.05**	**01:10:52.65**	+00:09:30 (13.6%)	5:23	11.1 (86.0%)
8	**BECZ Karol**	**36**	SW - AŚ GRÓJEC	M2 30-39 lat	20	00:00:18	00:22:58	00:46:27	**01:10:49.85**	**01:11:08.10**	+00:10:13 (14.4%)	5:26	11 (85.3%)
9	**PRZEPIÓRA Łukasz**	**296**	SW - AŚ GRÓJEC	M2 30-39 lat	22	00:00:00	00:23:16	00:46:53	**01:11:18.05**	**01:11:18.05**	+00:10:41 (15.0%)	5:29	10.9 (84.5%)
10	**BIESZCZAD Łukasz**	**43**	SĄD REJONOWY W ROPCZYCACH	M2 30-39 lat	27	00:00:27	00:24:28	00:48:41	**01:13:31.60**	**01:13:58.65**	+00:12:55 (17.6%)	5:39	10.6 (82.2%)
11	**GAJEWSKI Mariusz**	**119**		M3 40-49 lat	55	00:00:51	00:25:39	00:51:17	**01:16:24.65**	**01:17:16.25**	+00:15:48 (20.7%)	5:52	10.2 (79.1%)
12	**STANISZEWSKI Rafał**	**344**	TURBODZIKI	M3 40-49 lat	86	00:01:22	00:30:18	00:58:24	**01:24:59.30**	**01:26:21.90**	+00:24:23 (28.7%)	6:32	9.2 (71.3%)
13	**MYSLOWSKI Mieczysław**	**475**		M4 50-59	29	00:01:10	00:29:46	00:59:46	**01:29:24.05**	**01:30:34.70**	+00:28:47 (32.2%)	6:52	8.7 (67.4%)
14	**BASIŃSKI Paweł**	**76**		M3 40-49 lat	103	00:00:43	00:30:35	01:00:15	**01:32:40.80**	**01:33:24.40**	+00:32:04 (34.6%)	7:07	8.4 (65.1%)
15	**PIKULSKI Marek**	**454**	SW	M3 40-49 lat	108	00:00:20	00:30:53	01:03:25	**01:36:15.45**	**01:36:36.40**	+00:35:39 (37.0%)	7:24	8.1 (62.8%)
16	**NOWAK Jakub**	**71**	DOBRZYŃSKI KLUB ŻEGLARSKI	M4 50-59	43	00:00:40	00:33:11	01:09:24	**01:45:30.65**	**01:46:11.30**	+00:44:54 (42.6%)	8:06	7.4 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
17	**CYRUK Tomasz**	**79**		M3 40-49 lat	119	00:00:50	00:30:27	00:58:48			+00:18:46	6:45	8.9 (69.0%)

Znaleziono 17 wynik(ów)