

BIEG 7 SZCZYTÓW - 240 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2019-07-18
Łądek-Zdrój
240 km

B4SPORT
INTELEIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIECI

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A12 191km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Czas brutto 240km	Różn	Tempo min/km	Tempo km/h
1	PAZDA-POZORSKA Malgorzata	1270	MUAY RUNNINGTEAM POLTAREX	Senior II K - 30	1	01:08:57	03:53:34	06:01:25	08:06:48	10:16:02	12:48:59	14:23:52	16:59:25	19:39:13	24:05:09	27:37:04	29:50:39	32:52:13	35:01:00	36:41:22.95	36:41:26.15		9:10	6.5 (100%)
2	GWIZDAK Justyna	1194	NO PAIN NO GAIN	Senior II K - 30	2	01:20:26	04:36:29	07:13:06	09:35:11	12:05:05	15:03:53	16:55:31	19:53:31	22:50:39	27:34:07	31:51:04	34:42:44	37:40:48	39:59:53	41:51:16.30	41:51:40.50	+05:10:14 (12.4%)	10:27	5.7 (87.7%)
3	CIEŚLAK Dominika	1083		Senior II K - 30	3	01:22:02	04:59:57	07:39:10	10:04:25	12:39:42	15:48:29	17:53:41	21:09:21	24:32:27	28:48:53	33:01:59	35:15:54	38:05:57	40:37:11	42:35:55.00	42:36:00.25	+05:54:34 (13.9%)	10:38	5.6 (86.2%)
4	KRYM Katarzyna	1117		Masters K - 40	1	01:17:07	04:16:33	06:32:50	08:42:13	11:11:47	14:11:01	16:01:57	19:34:57	23:14:26	29:14:47	33:17:18	35:33:22	38:30:10	41:11:16	43:09:37.55	43:10:13.10	+06:28:46 (15.0%)	10:47	5.6 (86.2%)
5	DETLAFF Patrycja	1276	DREAM RUN	Senior II K - 30	4	01:19:13	04:51:10	07:35:12	10:14:55	13:28:18	16:39:31	18:39:04	22:30:55	26:05:30	31:16:40	35:51:40	38:46:12	42:11:58	45:23:29	47:23:54.25	47:24:04.50	+10:42:38 (22.6%)	11:50	5.1 (78.5%)
6	CHRZĄŚCIK Anna	1216	PŁOMYK OLKUSZ	Masters K - 40	2	01:18:40	04:44:22	07:21:48	10:00:20	12:53:59	16:00:34	18:02:09	21:46:45	25:41:53	30:50:53	36:17:15	39:06:35		45:33:53	47:31:20.20	47:31:37.00	+10:50:10 (22.8%)	11:52	5.1 (78.5%)
7	WRÓBEL Kamila	1290	NIKOŚ I STAŚ	Senior II K - 30	5	01:22:36	04:41:40	07:27:13	10:12:34	13:05:18	16:04:02	18:04:25	21:17:02	24:29:43	29:26:27	34:55:05	38:19:47	42:05:17	45:20:33	47:33:38.90	47:34:03.95	+10:52:37 (22.9%)	11:53	5 (76.9%)
8	WYSTRYCHOWSKA Marzena	1123	BFAGENCJA.PL	Masters K - 40	3	01:26:21	05:21:34	08:19:00	11:27:19	14:34:59	18:23:37	20:49:16	24:14:56	28:02:55	33:59:38	39:06:11	41:23:40	45:23:34	48:20:39	50:55:20.40	50:56:02.70	+14:14:36 (28.0%)	12:43	4.7 (72.3%)
9	SYPNIEWSKA Hanna	1140	1954	Weteran II K - 60	1	01:31:51	05:39:42	08:52:38	11:42:42	14:43:31	18:14:03	20:22:24	23:58:30	27:40:00	34:18:11	39:01:36	41:33:51	45:05:27	48:15:30	51:17:49.90	51:18:31.20	+14:37:05 (28.5%)	12:49	4.7 (72.3%)
10	PALKIJ Aleksandra	1135	KS FORREST LIMANOWA	Senior II K - 30	6	01:34:49	05:47:45	08:40:56	11:33:59	14:48:55	18:47:23	21:10:44	24:54:42	28:48:27	35:29:32	39:55:43	42:42:05	46:11:03	49:04:46	51:18:22.70	51:19:11.05	+14:37:44 (28.5%)	12:49	4.7 (72.3%)
	TRZEJA ZDANOWSKA Dorota	1112	IMPERIUM SPORTU TEAM	Masters K - 40		01:18:26 DNF	04:53:49 DNF	07:12:36 DNF	09:26:19 DNF	11:52:03 DNF	14:29:37 DNF	16:13:54 DNF	19:18:35 DNF	22:57:53 DNF	27:32:34 DNF	32:14:46 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WARDAK Ewa	1065	IMPULS KOMORÓW	Masters K - 40		01:28:16 DNF	05:06:52 DNF	07:48:20 DNF	10:24:49 DNF	13:27:54 DNF	17:02:33 DNF	19:17:19 DNF	23:06:34 DNF	26:57:19 DNF	32:56:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	LORENC Joanna	1294	KS ENDORFINY WĄSOSZ	Senior II K - 30		01:15:58 DNF	04:27:10 DNF	07:04:45 DNF	09:34:49 DNF	12:25:24 DNF	15:38:50 DNF	17:51:53 DNF	21:05:27 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MARCHEWKA Joanna	1012		Masters K - 40		01:17:29 DNF	04:29:00 DNF	06:52:19 DNF	09:14:12 DNF	11:57:11 DNF	15:07:13 DNF	17:07:42 DNF	21:10:48 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WOŻNA Magdalena	1224	STOWARZYSZENIE NOWE GRANICE	Masters K - 40		01:30:42 DNF	05:27:28 DNF	08:29:51 DNF	11:25:15 DNF	14:31:42 DNF	18:10:37 DNF	20:13:21 DNF	24:01:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BORUSIŃSKA Aleksandra	1278		Senior II K - 30		01:32:12 DNF	05:32:01 DNF	09:43:05 DNF	12:27:33 DNF	15:21:59 DNF	18:37:40 DNF	20:45:01 DNF	24:18:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAJOCH Anna	1019	GVT	Masters K - 40		01:27:14 DNF	05:37:01 DNF	08:39:13 DNF	11:47:17 DNF	DNF	18:38:11 DNF	21:36:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WOLF Weronika	1039	3 PBOT	Masters K - 40		01:32:16 DNF	05:30:45 DNF	09:06:29 DNF	12:20:13 DNF	16:21:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ADAMCZYK ADAMCZYK- NOWAK Beata	1156	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40		01:18:27 DNF	04:57:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZARCZUK Aleksandra	1126	GORSKIEWYZWANIA.WORDPRESS.COM	Senior II K - 30		01:34:31 DNF	05:21:55 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIKOŁAJCZYK Agnieszka	1130	DROGA DO ULTRA	Senior II K - 30		01:23:40 DNF	05:29:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KRÓL Aneta	1226	NAVAL POLSKA	Senior II K - 30		01:36:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 22 wynik(ów)