



Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2021-07-15
Lądek-Zdrój
240 km

B4SP6R



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Różn	Tempo min/km	Tempo km/h
1	BEREZNOWSKA Patrycja	1374	WIELISZEW HERON TEAM HOKA	Masters K - 40	1	01:13:48	04:30:30	06:47:57	08:53:03	10:54:40	13:25:41	14:52:41	17:29:14	19:59:47	24:08:44	30:12:43	33:17:19	36:44:02	38:44:24.25		9:41	6.2 (100%)
2	GOLAS Grażyna	1178	DUDYCZRUN	Masters K - 40	2	01:23:37	05:20:15	07:57:25	10:26:20	13:21:45	16:16:59	18:02:19	21:20:20	24:10:32	29:22:36	34:37:14	36:51:45	38:44:46	40:10:53.30	+01:26:29 (3.6%)	10:02	6 (96.8%)
3	CIEŚLAK Dominika	1147		Masters K - 40	3	01:25:50	05:27:17	08:14:38	10:43:30	13:02:59	15:54:27	17:34:10	20:57:50	24:00:03	28:38:18	34:30:51	37:01:15	39:15:40	41:03:59.20	+02:19:34 (5.7%)	10:15	5.8 (93.5%)
4	KURPIEWSKA Anna	1154	GT RAT	Masters K - 40	4	01:20:22	05:14:11	07:46:11	10:11:58	12:56:49	15:57:09	17:28:28	20:35:08	24:04:11	28:43:35	36:12:06	39:16:59	41:51:12	43:38:42.70	+04:54:18 (11.2%)	10:54	5.5 (88.7%)
5	EFEMBERG Joanna	1005	STAJNIA BALONA	Masters K - 40	5	01:27:10	05:53:02	08:38:17	11:35:48	14:33:40	17:46:26	19:26:30	22:53:09	26:17:16	31:50:33	39:19:36	42:28:47	45:10:38	46:53:11.90	+08:08:47 (17.4%)	11:43	5.1 (82.3%)
6	DORSZ Beata	1138		Masters K - 40	6	01:26:19	05:38:21	08:30:15	11:18:18	14:23:18	17:46:05	19:41:27	23:12:49	27:05:20	32:48:16	40:00:24	43:27:05	46:46:47	48:52:28.20	+10:08:03 (20.7%)	12:13	4.9 (79.0%)
7	WITCZAK Jolanta	1200	TARNOWO PODGÓRNE POZIOM BLIŻEJ	Weteran K - 50	1	01:26:50	05:59:01	09:10:12	11:54:45	14:52:07	18:18:37	20:14:52	23:40:50	27:44:10	34:51:58	41:58:55	45:24:59	47:51:04	49:30:18.45	+10:45:54 (21.7%)	12:22	4.8 (77.4%)
8	FICNER Iwona	1102	FSD RUN DREZDENKO	Masters K - 40	7	01:26:02	05:31:06	08:25:55	11:11:48	14:18:48	18:03:30	19:56:08	23:41:55	27:47:11	35:04:37	42:11:37	45:40:54	48:26:38	50:23:30.55	+11:39:06 (23.1%)	12:35	4.8 (77.4%)
9	JANASIK Aleksandra	1281		Masters K - 40	8	01:30:59	06:06:13	09:19:36	12:26:03	15:36:12	19:39:51	21:28:26	25:36:49	29:00:13	35:05:12	42:01:41	45:34:09	48:19:28	50:44:03.10	+11:59:38 (23.6%)	12:41	4.7 (75.8%)
10	KUCZEK Katarzyna	1017	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters K - 40	9	01:32:51	06:19:39	09:20:02	12:20:09	15:40:40	19:33:22	21:49:33	25:32:02	29:19:26	36:06:54	43:31:46	46:52:03	49:09:58	51:13:12.35	+12:28:48 (24.4%)	12:48	4.7 (75.8%)
11	CZICHY Barbara	1108	WKB META LUBLINIEC	Weteran K - 50	2	01:34:06	06:18:49	09:25:24	12:17:19	15:14:15	18:53:10	21:02:41	24:50:44	28:49:18	35:22:14	43:05:03	46:27:59	49:26:41	51:46:53.65	+13:02:29 (25.2%)	12:56	4.6 (74.2%)
12	KROL Aneta	1373		Masters K - 40	10	01:24:42	05:52:53	09:24:26	12:39:53	15:48:18	19:14:47	21:21:58	25:01:27	28:32:37	37:21:44	44:18:32	47:29:58	50:04:36	52:03:19.30	+13:18:55 (25.6%)	13:00	4.6 (74.2%)
13	CHYLŃSKA Agnieszka	1371	CHODZIMISIE	Senior II K - 30	1	01:28:17	05:38:11	08:37:42	11:31:15	14:58:50	18:50:47	20:46:42	24:57:00	29:25:22	36:48:47	44:29:45	47:30:40	50:16:17	52:04:03.95	+13:19:39 (25.6%)	13:01	4.6 (74.2%)
14	MATUSZEWSKA Małgorzata	1014	RUNNER'S POWER ŚREM	Masters K - 40	11	01:34:29	06:24:49	09:43:38	13:13:50	16:04:21	19:46:14	21:59:55	25:50:54	30:05:20	37:39:42	44:27:14	47:40:39	50:17:36	52:13:55.15	+13:29:30 (25.8%)	13:03	4.6 (74.2%)
15	WRÓBLEWSKA Katarzyna	1047	GIT EKIPA!	Senior II K - 30	2	01:37:35	06:19:20	09:40:20	13:12:18	16:43:14	20:39:39	22:33:04	26:22:41	30:18:43	37:33:10	45:00:33	48:53:31		52:54:26.45	+14:10:02 (26.8%)	13:13	4.5 (72.6%)
	KOŚCIELNIAK Wioletta	1189	RUNNERS TEAM NYSA	Masters K - 40		01:14:52 DNF	04:34:56 DNF	06:53:27 DNF	09:02:45 DNF	11:23:44 DNF	14:08:38 DNF	15:41:21 DNF	18:31:51 DNF	21:44:18 DNF	26:15:32 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZLENDAK Anna	1027	WYBIEGAJ SIEBIE/MAM WYBIEGANE	Senior II K - 30		01:15:21 DNF	04:58:21 DNF	07:40:43 DNF	10:15:17 DNF	12:52:52 DNF	15:59:34 DNF	17:32:41 DNF	20:16:14 DNF	23:47:23 DNF	28:32:45 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KĄDUŁA Klaudia	1086	LION GROUP / NEST TEAM	Masters K - 40		01:26:14 DNF	05:52:55 DNF	08:56:21 DNF	11:53:39 DNF	15:03:04 DNF	18:42:02 DNF	20:42:38 DNF	24:23:16 DNF	28:26:28 DNF	35:13:13 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	IWANOWICZ Anna	1273		Masters K - 40		01:21:26 DNF	05:20:23 DNF	07:59:04 DNF	10:43:46 DNF	13:17:58 DNF	16:39:30 DNF	18:29:41 DNF	21:52:59 DNF	27:26:52 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŁAMPIKA Kinga	1060	NIGHT RUNNERS WROCŁAW	Masters K - 40		01:22:12 DNF	05:59:17 DNF	08:45:12 DNF	11:49:52 DNF	14:26:47 DNF	17:55:44 DNF	20:02:50 DNF	23:44:23 DNF	27:40:15 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRYM Katarzyna	1249	HERCOG RUNNING TEAM/NIGHT RUNNERS WROCŁAW	Masters K - 40		01:22:12 DNF	05:59:18 DNF	08:45:12 DNF	11:49:52 DNF	14:25:22 DNF	17:54:50 DNF	20:02:51 DNF	23:44:23 DNF	27:40:16 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BOGDANOWICZ Beata	1137	ULTRAKREW	Masters K - 40		01:26:28 DNF	05:41:42 DNF	08:32:48 DNF	11:22:08 DNF	14:18:54 DNF	17:45:56 DNF	19:45:15 DNF	23:27:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WUJDA Marta	1180	ŻARY RUNNERS TEAM	Masters K - 40		01:19:28 DNF	05:17:46 DNF	08:01:05 DNF	10:53:00 DNF	14:30:43 DNF	18:08:56 DNF	20:05:51 DNF	23:37:55 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MARCHEWKA Joanna	1251		Masters K - 40		01:29:24 DNF	05:49:57 DNF	08:39:32 DNF	11:37:58 DNF	14:41:21 DNF	18:36:00 DNF	20:24:34 DNF	24:00:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MACHALICA Agnieszka	1311	ULTRAKREW	Masters K - 40		01:29:04 DNF	05:51:34 DNF	08:53:00 DNF	11:53:36 DNF	15:08:00 DNF	18:42:41 DNF	21:02:29 DNF	25:13:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A13 203km	A14 215km	A15 228km	Czas netto 240km	Różn	Tempo min/km	Tempo km/h
	OLESEK Magdalena	1015	BIEGOWA KUŹNIA	Senior II K - 30		01:26:14 DNF	05:42:09 DNF	08:22:41 DNF	11:08:27 DNF	14:07:10 DNF	18:20:15 DNF	21:59:20 DNF	25:57:11 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	KRZYŻIŃSKA Sylwia	1052	DOGOŃ GRODZISK MAZOWIECKI	Masters K - 40		01:31:18 DNF	05:59:09 DNF	09:10:58 DNF	12:32:30 DNF	16:01:29 DNF	20:14:42 DNF	22:31:19 DNF	26:06:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ODWAŻNY Magdalena	1046	ODWAŻNYTEAM.PL	Masters K - 40		01:25:43 DNF	06:15:10 DNF	09:34:30 DNF	12:33:53 DNF	15:27:46 DNF	19:09:06 DNF	21:49:50 DNF	26:24:41 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	MASZEWSKA-WACH Mariola	1117	ZBIEG OKOLICZNOŚCI	Senior II K - 30		01:37:31 DNF	06:32:56 DNF	09:56:44 DNF	13:02:59 DNF	16:28:22 DNF	20:20:43 DNF	22:28:03 DNF	26:40:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	WIERUSZEWSKA Agata	1313	BBBGK	Masters K - 40		01:31:28 DNF	06:35:31 DNF	10:07:28 DNF	13:22:27 DNF	16:40:10 DNF	20:41:15 DNF	22:53:11 DNF	27:05:48 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	GLÓRA Aleksandra	1034	ŻARY RUNNERS TEAM	Masters K - 40		01:30:03 DNF	05:55:28 DNF	08:51:10 DNF	11:41:53 DNF	15:07:39 DNF	18:27:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	NOWAK Natalia	1040	BIEGOWA KUŹNIA	Senior II K - 30		01:29:19 DNF	06:02:17 DNF	08:50:26 DNF	13:18:38 DNF	16:15:10 DNF	20:11:41 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	KARCZ Anna	1352		Senior I K - 20		01:31:03 DNF	06:08:53 DNF	09:34:41 DNF	13:21:47 DNF	16:38:11 DNF	20:59:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	SYPNIEWSKA Hanna	1075	SPARTANIE DZIECIOM	Weteran II K - 60		01:40:45 DNF	06:56:33 DNF	10:46:41 DNF	14:04:53 DNF	17:30:23 DNF	21:36:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	GORZUCH Justyna	1288	KLUB WYSOKOGÓRSKI WARSZAWA	Senior II K - 30		01:35:34 DNF	06:50:31 DNF	10:12:29 DNF	13:49:09 DNF	17:21:42 DNF	21:49:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	MIKOŁAJCZYK-SOWA Monika	1064	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40		01:25:39 DNF	06:15:09 DNF	09:34:30 DNF	12:33:51 DNF	15:37:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PRUSIEWICZ Beata	1145		Weteran K - 50		01:34:00 DNF	06:54:19 DNF	10:31:46 DNF	13:27:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PALKIJ Aleksandra	1166	KS FORREST LIMANOWA	Senior II K - 30		01:32:23 DNF	06:39:20 DNF	10:14:18 DNF	14:30:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BAASTRUP Lue Tornbo	1361		Senior I K - 20		01:15:56 DNF	04:58:46 DNF	08:06:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	DZIERGAS Teresa	1274	ULTRA KSP	Senior II K - 30		01:32:31 DNF	06:50:53 DNF	10:43:51 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BEZAK Magdalena	1044		Senior II K - 30		01:40:50 DNF	07:08:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	LANGE Beata	1041	BP RUNNING TEAM GLIWICE	Masters K - 40		01:22:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	MASIULANIEC Agata	1068	BIEGOWYSWIAT/ SBRT	Senior II K - 30		01:35:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	

Znaleziono 43 wynik(ów)