



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

CROSS CENTAURA
Gmina Biały Bór, Białoborskie Centrum Kultury i
Rekreacji, Fundacja Herkules All Sports
2019-10-06
Biały Bór
10 km

BIEG CENTAURA - 10 KM

B4SPORT



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	WITKIEWICZ Magda	114	KB DZIESIĄTKA BIAŁOGARD	K40-49	1	00:21:26	00:43:21.68		4:20	13.8 (100%)
2	KONKEL Agnieszka	47	KB DZIESIĄTKA BIAŁOGARD	K30-39	1	00:21:50	00:43:42.30	+00:00:24 (0.9%)	4:22	13.7 (99.3%)
3	ŁAWNICZAK Justyna	63	#ZABIEGANINOCA1	K30-39	2	00:21:59	00:44:24.30	+00:01:03 (2.4%)	4:26	13.5 (97.8%)
4	GÓRA Agnieszka	289	#ZABIEGANINOCA1	K40-49	2	00:23:15	00:47:00.57	+00:03:40 (7.8%)	4:42	12.8 (92.8%)
5	CYWIŃSKA Agnieszka	15	MTS HAMER MIASTKO	K30-39	3	00:23:41	00:47:15.21	+00:03:53 (8.2%)	4:43	12.7 (92.0%)
6	ZARĘBA Anna	122		K30-39	4	00:23:46	00:47:17.32	+00:03:57 (8.3%)	4:43	12.7 (92.0%)
7	KRASOWSKA Michalina	54	FIT FUN	K30-39	5	00:24:33	00:48:30.32	+00:05:11 (10.7%)	4:51	12.4 (89.9%)
8	PELA Olga	80	PELO-BORKI	K30-39	6	00:25:12	00:50:18.77	+00:07:06 (14.1%)	5:01	11.9 (86.2%)
9	PIASZCZYŃSKA Magdalena	81		K30-39	7	00:25:13	00:50:45.56	+00:07:33 (14.8%)	5:04	11.8 (85.5%)
10	BORDUN Barbara	5		K30-39	8	00:25:13	00:50:49.07	+00:07:36 (14.9%)	5:04	11.8 (85.5%)
11	DRULIK-HOŁUB Marta	20	TORNADO KOSZALIN	K40-49	3	00:25:20	00:51:06.60	+00:07:50 (15.3%)	5:06	11.7 (84.8%)
12	GUTOWSKA Dorota	30	TEAM BIEGOWY SZCZECINEK	K30-39	9	00:25:30	00:51:22.71	+00:08:02 (15.6%)	5:08	11.7 (84.8%)
13	PŁATOSZ Magda	84		K18-29	1	00:26:27	00:52:18.94	+00:08:56 (17.1%)	5:13	11.5 (83.3%)
14	KOLIGAT Anna	45		K30-39	10	00:26:08	00:53:07.03	+00:09:50 (18.5%)	5:18	11.3 (81.9%)
15	BOŻENA Skoczylas	9	BIEGAM BO LUBIĘ	K40-49	4	00:26:00	00:53:36.28	+00:10:21 (19.3%)	5:21	11.2 (81.2%)
16	MĄDRZYK Magda	67		K18-29	2	00:26:58	00:53:58.80	+00:10:37 (19.6%)	5:23	11.1 (80.4%)
17	JANKOWSKA Monika	35	TEAM BIEGOWY SZCZECINEK	K18-29	3	00:26:30	00:54:05.37	+00:10:45 (19.8%)	5:24	11.1 (80.4%)
18	LIPCZEWSKA Justyna	61		K30-39	11	00:27:15	00:54:36.28	+00:11:20 (20.7%)	5:27	11 (79.7%)
19	PACAN Mira	77	RUNTASTYCZNE PŁYTKI	K30-39	12	00:27:16	00:54:47.74	+00:11:30 (20.9%)	5:28	10.9 (79.0%)
20	CAŁA Małgorzata	12	RUNTASTYCZNE PŁYTKI	K40-49	5	00:27:16	00:54:52.61	+00:11:35 (21.1%)	5:29	10.9 (79.0%)
21	USTJANOWSKA Katarzyna	109		K30-39	13	00:27:15	00:55:30.71	+00:12:15 (22.0%)	5:33	10.8 (78.3%)
22	GAŁAN Joanna	24		K50+	1	00:27:35	00:55:43.57	+00:12:26 (22.2%)	5:34	10.8 (78.3%)
23	BORUC Barbara	8	PARKRUN SZCZECINEK	K50+	2	00:28:14	00:56:28.47	+00:13:15 (23.4%)	5:38	10.6 (76.8%)
24	WILK Jolanta	111	TOTALNIE BIEGNIĘCI	K40-49	6	00:28:30	00:56:49.66	+00:13:35 (23.8%)	5:41	10.6 (76.8%)
25	SZYC Krystyna	104	MTS HAMER	K50+	3	00:28:51	00:59:32.89	+00:16:15 (27.2%)	5:57	10.1 (73.2%)
26	MONGIAŁO Aleksandra	72	FAST FEET K-LIN	K30-39	14	00:29:35	00:59:46.10	+00:16:39 (27.7%)	5:58	10 (72.5%)
27	SUPROŃ Izabela	100		K30-39	15	00:29:32	01:00:40.44	+00:17:28 (28.7%)	6:04	9.9 (71.7%)

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28	MEGGER Agata	68		K40-49	7	00:30:48	01:01:07.30	+00:17:51 (29.1%)	6:06	9.8 (71.0%)
29	BOROWSKA Teresa	6	PELO-BORKI	K50+	4	00:31:06	01:01:30.85	+00:18:17 (29.6%)	6:09	9.8 (71.0%)
30	MARSCHAŁKOWSKA Dorota	64	TKKF KOSZALIN	K50+	5	00:31:34	01:04:56.91	+00:21:44 (33.3%)	6:29	9.2 (66.7%)
31	KARASIUK Renata	42		K30-39	16	00:32:58	01:06:33.23	+00:23:16 (34.9%)	6:39	9 (65.2%)
32	MUSIĆ Alicja	74		K30-39	17	00:33:34	01:09:10.51	+00:25:56 (37.4%)	6:55	8.7 (63.0%)

Znaleziono 32 wynik(ów)