



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

Cross Centaura
Gmina Białý Bór, Białoborskie Centrum Kultury i
Rekreacji, Fundacja Herkules All Sports
2020-10-03
Białý Bór
10 km

BIEG CENTAURA - 10 KM

B4SPORT



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Sylwester	93	TUPACZE ZE SZCZECINKA	M40-49	1	00:19:19	00:38:39.30		3:51	15.5 (100%)
2	WOJTAS Stefan	105	TRIPAKA PRZECHELEWO	M40-49	2	00:20:20	00:41:10.01	+00:02:30 (6.1%)	4:07	14.6 (94.2%)
3	TRĘBSKI Krzysztof	97	#ZABIEGANINOCA	M40-49	3	00:21:00	00:42:02.69	+00:03:23 (8.1%)	4:12	14.3 (92.3%)
4	HERMAN Arkadiusz	30		M40-49	4	00:21:03	00:42:13.93	+00:03:34 (8.5%)	4:13	14.2 (91.6%)
5	MAZUR Emilusz	61	PĘDZĄCY OGR	M40-49	5	00:21:45	00:44:07.46	+00:05:28 (12.4%)	4:24	13.6 (87.7%)
6	DOMAŃSKI Andrzej	298		M40-49	6	00:21:52	00:44:50.49	+00:06:11 (13.8%)	4:29	13.4 (86.5%)
7	PĘKAŁA Piotr	71		M40-49	7	00:23:15	00:45:48.63	+00:07:09 (15.6%)	4:34	13.1 (84.5%)
8	JANKOWSKI Mariusz	34	TEAM BIEGOWY SZCZECINEK	M40-49	8	00:22:46	00:46:05.11	+00:07:25 (16.1%)	4:36	13 (83.9%)
9	URBAŃSKI Tomasz	100		M40-49	9	00:23:02	00:47:14.95	+00:08:35 (18.2%)	4:43	12.7 (81.9%)
10	CIERPICKI Marcin	8	AFRO-FIT WATAHA	M40-49	10	00:23:08	00:47:39.71	+00:09:00 (18.9%)	4:45	12.6 (81.3%)
11	MAZUR Tomasz	59	I LO SZCZECINEK	M40-49	11	00:23:17	00:47:59.14	+00:09:19 (19.4%)	4:47	12.5 (80.6%)
12	HAŁKA Arkadiusz	27	TRUCHT ŁOBEZ	M40-49	12	00:24:20	00:48:50.79	+00:10:11 (20.9%)	4:53	12.3 (79.4%)
13	ŁYCZYWEK Jan	57		M40-49	13	00:23:59	00:48:54.13	+00:10:14 (21.0%)	4:53	12.3 (79.4%)
14	PAWŁOWSKI Michał	68	PRECON - POLSKA	M40-49	14	00:25:02	00:50:57.25	+00:12:17 (24.1%)	5:05	11.8 (76.1%)
15	MONGIAŁO Marcin	64	KĘPKA-NA-TRASIE	M40-49	15	00:25:14	00:51:14.48	+00:12:35 (24.6%)	5:07	11.7 (75.5%)
16	GRONKOWSKI Sebastian	22	WIKING POWER	M40-49	16	00:26:34	00:54:04.31	+00:15:25 (28.5%)	5:24	11.1 (71.6%)
17	JABŁOŃSKI Andrzej	33		M40-49	17	00:25:34	00:54:52.99	+00:16:13 (29.6%)	5:29	10.9 (70.3%)
18	GALICKI Robert	18		M40-49	18	00:26:50	00:55:23.34	+00:16:44 (30.2%)	5:32	10.8 (69.7%)
19	POTOCKI Hubert	77	BEST BEASTS	M40-49	19	00:26:04	00:55:37.92	+00:16:58 (30.5%)	5:33	10.8 (69.7%)
20	KASPRZYK Bogdan	40	KM PSP KOSZALIN	M40-49	20	00:27:32	00:56:39.80	+00:18:00 (31.8%)	5:39	10.6 (68.4%)
21	KĘSIK Michał	41	ZDARTE PODESZWY	M40-49	21	00:30:47	01:02:29.26	+00:23:49 (38.1%)	6:14	9.6 (61.9%)
22	HRYNIEWICZ Rafał	32	CHAMPION	M40-49	22	00:30:49	01:03:20.49	+00:24:41 (39.0%)	6:20	9.5 (61.3%)

Znaleziono 22 wynik(ów)