

BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-07-18
Miejsce: Łądek-Zdrój
Dystans: 110 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Punkt pomiarowy: 98,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
1	KOMZA Radosław	3210		Masters M - 40	01:31:53	04:04:57	06:30:51	07:55:46	09:48:21	11:32:16
2	KUŹNIAK Marcin	3261		Masters M - 40	01:33:54	04:11:09	06:37:42	07:58:33	09:51:28	11:32:42
3	GOŚCINIEWICZ Paweł	3282	ZIEMOWIT TEAM	Masters M - 40	01:33:52	04:12:27	06:41:38	08:01:42	09:57:21	11:41:29
4	BŁACHUT Radosław	3280	ML TEAM	Masters M - 40	01:32:23	04:13:44	06:43:47	08:08:02	10:04:54	11:56:55
5	MARZEC Grzegorz	3276	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:33:58	04:18:12	07:07:04	08:44:05	10:39:18	12:38:36
6	FURMAN Sławomir	3088		Masters M - 40	01:32:12	04:31:36	07:25:43	09:04:31	11:14:56	13:03:39
7	KOWALIK Andrzej	3219	BIEG OPOLSKI	Masters M - 40	01:27:06	04:03:53	06:59:32	08:51:45	11:02:33	13:04:13
8	BORÓWKA Ryszard	3082		Masters M - 40	01:36:10	04:34:26	07:22:01	08:54:00	11:02:30	13:04:13
9	GAJDA Sebastian	3139	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	01:42:35	04:37:12	07:48:04	09:22:06	11:19:52	13:09:28
10	WYLEGAŁA Michał	3017	PCH_RUN	Masters M - 40	01:42:01	04:34:55	07:33:24	09:01:56	11:13:57	13:09:50
11	LONC Tomasz	3078		Masters M - 40	01:41:15	04:37:10	07:42:07	09:12:13	11:20:59	13:09:52
12	SIKORA Michał	3207	BLUSZCZA	Masters M - 40	01:43:37	04:40:26	07:39:54	09:14:56	11:26:31	13:22:47
13	BAR Stanisław	3275	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:40:25	04:42:04	07:39:13	09:36:30	11:39:10	13:27:33
14	POBORSKI Dariusz	3026		Masters M - 40	01:42:28	04:41:30	07:46:54	09:24:19	11:40:18	13:39:52
15	SCHWITALLA Adrian	3130	MKS SIECHNICE	Masters M - 40	01:47:37	04:53:22	07:56:50	09:37:12	11:51:53	13:40:13
16	MILEWSKI Maciek	3208	SAMOTNY WILK	Masters M - 40	01:32:51	04:19:35	07:35:34	09:33:28	11:55:51	13:52:36
17	SOINSKI Przemysław	3131	KB MANIAC POZNAŃ	Masters M - 40	01:50:23	05:09:24	08:28:57	09:55:31	11:58:01	13:52:57
18	KUPCZYK Jacek	3181	MOL RUNNERS	Masters M - 40	01:53:39	05:01:35	08:03:44	09:44:22	11:59:46	13:56:57
19	SIKORSKI Marcin	3116	TT SZCZECIN	Masters M - 40	01:49:03	04:58:05	08:02:25	09:42:15	12:04:46	13:56:59
20	KOWALSKI Maciej	3216	LOTOS RUNNING TEAM	Masters M - 40	01:50:11	04:57:13	07:51:57	09:35:08	11:54:22	13:59:09
21	JĘDRZEJEWSKI Łukasz	3039	WATAHA	Masters M - 40	01:49:58	04:56:28	07:57:01	09:44:01	11:59:31	14:02:24
22	PANEK Krzysztof	3296	RZYĆ CHYŻA GŻEGŻÓŁKI I CZYŻA	Masters M - 40	01:43:04	04:45:52	07:49:52	09:36:58	12:01:35	14:07:43
23	FRĄCKOWIAK Michał	3179	CZERWONAK BIEGA	Masters M - 40	01:49:24	05:13:42	08:47:05	10:14:40	12:21:55	14:10:41
24	KRUPA Piotr	3030	PCH-RUN	Masters M - 40	02:00:32	05:13:50	08:23:45	09:59:19	12:13:27	14:16:03
25	KNAPIK Piotr	3217	KURORT ŁĄDEK ZDRÓJ TEAM	Masters M - 40	01:55:31	05:15:44	08:19:42	09:59:15	12:22:24	14:20:47
26	BOROWCZYK Marcin	3037		Masters M - 40	01:51:26	05:04:26	08:19:03	09:59:39	12:19:49	14:20:51
27	ZGRAJ Leszek	3266	STS BIEGATON MIKOŁÓW	Masters M - 40	01:48:59	05:03:17	08:13:40	09:52:33	12:17:26	14:29:24
28	KUBICA Bartosz	3149		Masters M - 40	01:50:36	05:03:09	08:07:52	10:04:27	12:20:29	14:30:26
29	KOSTRZEWSKI Sławomir	3065		Masters M - 40	01:37:17	04:55:03		09:47:34	12:15:37	14:30:47
30	LIPIŃSKI Marek	3098		Masters M - 40	01:48:44	05:01:15	08:09:52	10:00:24	12:20:49	14:51:08

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km						
31	JACKOWICZ Rafał	3157	JACKOWICZ TEAM	Masters M - 40	01:58:50	05:31:47	08:48:24	10:40:29	12:54:46	14:58:34						
32	MARCINIAK Janusz	3046	NIGHT RUNNERS	Masters M - 40	01:59:25	05:24:57	08:56:28	10:35:44	13:09:19	15:14:16						
33	NOWICKI Zbigniew	3145		Masters M - 40	01:53:39	04:53:38	08:25:19	10:15:57	12:59:32	15:24:35						
34	MROZIAK Maciek	3230	RUNPASSION.PLTEAM	Masters M - 40	01:47:00	05:05:13	08:39:07	10:30:18	13:08:07	15:27:05						
35	MACKIEWICZ Artur	3042	DŁUGOBIEGANIE	Masters M - 40	01:47:02	05:05:13	08:39:16	10:30:18	13:08:11	15:27:17						
36	DYDUCH Maciej	3232	KB ORANGE	Masters M - 40	01:52:58	05:06:52	08:45:57	10:35:24	13:09:11	15:29:18						
37	SIWEK Jarek	3060	RAZ SZCZECIN	Masters M - 40	01:50:33	05:29:37	08:56:10	10:42:26	13:38:34	15:56:16						
38	ROSA Jarosław	3075	NATURAL BORN RUNNERS	Masters M - 40	02:04:06	05:57:47	09:21:53	11:04:32	13:50:18	15:57:46						
39	SZUBA Teofil	3290	MARATOŃCZYK SZCZECIN	Masters M - 40	02:01:41	05:44:38	09:15:49	11:03:20	13:45:24	16:02:52						
40	DADAŚ Janusz	3083	NIGHT RUNNERS GLIWICE	Masters M - 40	01:46:34	05:19:25	08:45:49	10:44:04	13:28:09	16:11:34						
41	POTOCKI Maciej	3265	ORANGE POLSKA	Masters M - 40	02:09:53	05:55:11	09:29:31	11:19:25	13:56:49	16:22:41						
42	ZAKRZEWSKI Marek	3248	EKOBIEGI	Masters M - 40	02:01:23	05:28:51	08:54:38	10:49:55	13:45:32	16:24:12						
43	KRAWISZ Maciej	3221	LP500	Masters M - 40	01:45:54	04:50:21	08:09:54	10:10:49	13:15:27	16:30:43						
44	SULIN Marek	3100	SPARTANIE DZIECIOM	Masters M - 40	02:01:48	05:55:21	09:22:04	11:05:31	13:56:55	16:32:11						
45	BRZOZOWSKI Rafał	3313		Masters M - 40	02:10:10	05:54:57	09:21:57	11:06:05	13:56:49	16:32:24						
46	PAŚ Tomasz	3183	PASIOŁ TEAM WROCŁAW	Masters M - 40	02:01:07	05:49:46	09:18:31	11:09:00	14:06:24	16:32:48						
47	KUNKE Tomasz	3156	13WOG GRUDZIĄDZ	Masters M - 40	01:46:01	05:16:17	08:48:28	10:56:18	13:54:25	16:38:37						
48	KŁOPOTEK Marcin	3144	EXTREME FAMILY	Masters M - 40	01:45:44	05:04:54	08:31:23	10:56:15	14:10:34	16:54:55						
49	SMOLEŃ Tomasz	3260	TMTEAM	Masters M - 40	02:04:38	05:48:35	09:18:26	11:17:42	14:11:38	16:55:49						
50	GAWŁAS Przemysław	3315		Masters M - 40	01:56:43	05:41:10	09:18:41	11:17:41	14:12:00	16:55:58						
51	PRZYBYŁ Tomasz	3070		Masters M - 40	02:03:48	05:41:07	09:17:55	11:17:39	14:11:46	16:56:19						
52	DEC Rafał	3003	BIERUTOWSKA GRUPA BIEGOWA	Masters M - 40	02:10:56	05:58:25	09:33:52	11:32:28	14:11:15	17:00:26						
52	SZANDAŁA Jacek	3089	CAŁA OLEŚNICA BIEGA	Masters M - 40	02:09:45	05:58:29	09:38:36	11:37:33	14:33:02	17:00:36						
54	ANDRZEJEWSKI Paweł	3093		Masters M - 40	02:04:28	05:55:19	09:36:48	11:28:08	14:37:01	17:01:59						
55	PAWŁOWSKI Robert	3023	VEGE RUNNERS	Masters M - 40	02:11:33	06:11:24	09:48:33	11:42:41	14:33:42	17:08:10						
56	PIŁAT Jarosław	3153	CH10	Masters M - 40	02:12:20	05:55:16	09:26:54	11:23:13	14:22:32	17:13:33						
57	NARECKI Jarosław	3272		Masters M - 40	02:06:22	05:41:45	09:22:26	11:17:06	14:18:28	17:15:45						
58	PĘKALA Paweł	3072	AMATOR RYTWIANY	Masters M - 40	02:13:48	06:08:12	09:44:16	11:46:45	14:46:16	17:15:46						
59	CZAJKOWSKI Rafał	3180	EKOBIEGI	Masters M - 40	02:11:04	06:05:25	09:53:09	11:52:16	14:48:29	17:19:37						
60	SIECZKOWSKI Artur	3058	NATURAL BORN RUNNERS TEAM	Masters M - 40	02:16:27	06:17:33	09:51:35	11:56:03	14:47:06	17:20:01						
61	KLATE Łukasz	3068	DROGA DO ULTRA	Masters M - 40	02:02:57	06:03:15	09:54:58	11:53:05	14:45:38	17:30:05						
62	BAK Andrzej	3117	SPC	Masters M - 40	02:16:51	06:32:40	10:06:30	12:01:47	14:58:06	17:35:42						
63	FILIPIAK Sebastian	3056	LZS LIPA	Masters M - 40	02:03:35	05:53:19	09:48:53	11:46:37	14:51:54	17:37:54						
64	LIPSKI Krzysztof	3091		Masters M - 40	02:05:10	06:04:38	09:46:17	11:48:20	15:03:07	17:39:46						
65	KOCIOŁEK Zbigniew	3239		Masters M - 40	02:03:52	05:41:26	09:20:39	11:46:14	14:51:01	17:39:58						
66	ZIEMKIEWICZ Jarek	3033	UKS RUNNING TEAM	Masters M - 40	02:10:15	05:56:10	09:47:55	11:54:00	14:58:43	17:41:49						
67	ŁĄTKOWSKI Maciej	3032	KB MANIAC POZNAŃ	Masters M - 40	02:13:32	06:27:21	10:03:19	12:05:48	15:04:41	17:42:32						
68	LASZCZYŃSKI Tomasz	3188	TATA. NATALKI	Masters M - 40	02:22:10	06:43:26	10:34:21	12:31:59	15:28:01	17:49:15						
69	TOMCZAK Mariusz	3292		Masters M - 40	02:03:37	06:08:16	09:56:12	12:00:47	15:02:40	17:49:39						
70	RELEWICZ Maciej	3168	WOLNE ŚLIMAKI	Masters M - 40	02:03:34	06:08:13	09:56:07	12:00:45	15:02:21	17:50:15						
71	KONIECZNY Andrzej Konieczny	3034		Masters M - 40	02:12:31	06:39:48	10:18:35	12:12:13	15:11:53	17:51:51						
	KAMIŃSKI Bartosz	3204		Masters M - 40	02:09:13	DNF	06:00:25	DNF	09:47:34	DNF	12:19:17	DNF	15:13:14	DNF	18:21:31	DNF
73	JĘDRYCHA Artur	3085		Masters M - 40	02:08:45	06:08:43	10:07:42	12:36:39	15:52:24	18:40:34						
74	SAMOLAK Maciek	3141	PREDATORS WAŁBRZYCH	Masters M - 40	02:13:47	06:49:47	10:52:24	13:05:05	16:13:32	19:08:35						
75	KOREK Krystian	3213		Masters M - 40	02:15:35	06:50:13	11:06:24	13:26:17	16:44:48	19:24:46						

Msc	Zawodnik	Numer	Klub	Kategoria	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km
75	KRANZ Grzegorz	3212		Masters M - 40	02:15:34	06:52:05	11:05:02	13:26:17	16:45:12	19:24:54
77	KÓZKA Przemó	3133	BIEGAM, BO NIE LUBIĘ	Masters M - 40	02:04:06	06:18:37	10:43:55	13:15:10	16:22:11	19:32:12
78	MARKOWSKI Piotr	3087	MARKOTNYSKOWRONEK	Masters M - 40	02:11:55	06:25:14	10:28:55	12:53:10	16:28:05	19:35:14
79	GRUSZCZYŃSKI Marcin	3287	GRUSZKOWYTEAM	Masters M - 40	02:06:07	06:18:05	10:58:03	13:25:21	16:38:04	19:43:21
80	SKOWRONEK Artur	3132	MARKOTNYSKOWRONEK	Masters M - 40	02:11:57	06:25:17	10:29:21	12:59:16	16:36:41	19:43:21
81	RECZUCH Adam	3194		Masters M - 40	02:27:59	06:18:18		12:10:28		19:45:35
82	FRAĆKOWIAK Jacek	3136	RUNNER'S POWER ŚREM	Masters M - 40	02:11:58	06:15:53	10:15:22	12:36:38	16:17:09	19:47:34
83	DĘBEK Piotr	3064	PRZEDWOJEWSKI MOUNTAIN TEAM	Masters M - 40	02:11:58	06:15:55	10:15:28	12:36:39	16:17:00	19:53:14
84	WAŁEK Piotr	3020	RUNNERS TEAM QUIBL	Masters M - 40	02:32:10	07:12:27	11:23:20	13:45:06		19:56:51
85	HOFFMANN Grzegorz	3036		Masters M - 40	02:21:42	07:00:12	11:04:39	13:35:21	17:07:05	20:06:43
86	CIECIELĄG Piotr	3006		Masters M - 40	02:04:05	05:53:44	09:49:32	12:10:27	16:10:07	20:21:36
87	SZACHEWICZ Sławek	3143	JEŻOZWIERZE GROUP	Masters M - 40	02:16:13	06:25:18	10:38:18	13:16:28	17:13:16	20:23:48
88	GRZESIAK Rafał	3081		Masters M - 40	02:09:37	07:31:40	12:02:59	14:41:31	17:35:36	20:41:07
89	KOSMIDER Tomasz	3209	SPARTANIE DZIECIOM	Masters M - 40	02:19:35	06:47:58	11:02:40	13:58:31	17:37:19	20:56:39
90	MADAJ Paweł	3118	BIEGAM, BO NIE LUBIĘ	Masters M - 40	02:06:13	06:18:41	10:51:02	13:42:42	17:41:29	21:14:30
91	TALARCZYK Mikołaj	3254		Masters M - 40	02:10:39	06:25:10	10:19:09	12:57:13	17:01:37	21:46:09
92	STEFANOWSKI Marcin	3019	ŻARÓW BIEGA	Masters M - 40	02:41:02	07:50:28	12:38:40	15:15:02	18:42:40	21:56:02
	JANIK Rafał	3167	GMINA STRZELCE OPOLSKIE	Masters M - 40	01:30:47 DNF	04:51:21 DNF	DNF	DNF	DNF	DNF
	GÓRA Marcin	3244	TWM-TERMO MARCIN GÓRA, JANUSZ SZUBA SP.J.	Masters M - 40	01:59:08 DNF	DNF	DNF	DNF	DNF	DNF
	PIETRASZEWSKI Robert	3106	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	Masters M - 40	02:04:05 DNF	06:04:57 DNF	09:57:46 DNF	12:01:29 DNF	15:41:41 DNF	DNF
	RUTKOWSKI Łukasz	3051		Masters M - 40	01:46:57 DNF	DNF	DNF	DNF	DNF	DNF
	LIEBCHEN Piotr	3187		Masters M - 40	02:11:10 DNF	06:17:07 DNF	DNF	DNF	DNF	DNF
	KOZŁOWSKI Bartłomiej	3320		Masters M - 40	02:11:07 DNF	06:17:03 DNF	DNF	DNF	DNF	DNF

Znaleziono 98 wynik(ów)