

BIEG K-B-L - 110 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2019-07-18
Łądek-Zdrój
110 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I K - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A9 15km	A11 40km	A12 61km	A13 70km	A14 85km	A15 98km	Czas netto 110km	Czas brutto 110km	Różn	Tempo min/km	Tempo km/h
1	GRZELAK Kamila	3249	TEAM ALTRA RED	Senior I K - 20	1	01:38:16	04:19:10	06:54:27	08:21:48	10:13:30	11:59:35	13:22:11.30	13:22:16.75		7:17	8.2 (100%)
2	KRAKOWCZYK Marta	3234		Senior I K - 20	2	01:43:49	04:34:11	07:25:25	08:49:27	11:05:20	13:03:11	14:29:43.60	14:29:58.20	+01:07:41 (7.8%)	7:54	7.6 (92.7%)
3	HUEBNER Maria	3008		Senior I K - 20	3	01:50:32	05:04:18	07:52:43	09:34:10	12:05:44	14:12:45	15:41:08.60	15:41:22.40	+02:19:05 (14.8%)	8:33	7 (85.4%)
4	BANACH Magda	3236		Senior I K - 20	4	01:45:40	04:46:06	07:51:57	09:39:12	12:24:48	14:46:34	16:20:38.85	16:20:46.20	+02:58:29 (18.2%)	8:54	6.7 (81.7%)
5	SUSMARSKA Ewa	3299	MUAY RUNNING TEAM	Senior I K - 20	5	02:03:56	06:03:56	09:44:25	11:32:25	13:52:18	16:02:36	17:41:39.15	17:41:59.15	+04:19:42 (24.5%)	9:39	6.2 (75.6%)
6	KWIATKOWSKA Aleksandra	3069	WIECZORNE BIEGANIE W SZCZECINIE	Senior I K - 20	6	01:59:01	05:22:37	08:54:36	10:45:50	13:50:54	16:20:07	19:50:40.20	19:50:56.15	+06:28:39 (32.6%)	10:49	5.5 (67.1%)
7	BUDA Marzena	3231	ALPACA TEAM	Senior I K - 20	7	02:01:10	06:05:33	09:53:22	12:00:13	15:39:38	18:43:11	20:28:49.45	20:29:06.80	+07:06:50 (34.7%)	11:10	5.4 (65.9%)
8	KARCZ Anna	3222		Senior I K - 20	8	02:09:17	06:48:44	10:52:42	13:23:37	16:27:27	18:59:44	20:47:07.80	20:47:37.10	+07:25:20 (35.7%)	11:20	5.3 (64.6%)
9	KAPA Patrycja	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	Senior I K - 20	9	02:15:36	07:04:24	12:03:03	14:56:28	18:43:23	21:56:53	24:36:59.75	24:37:14.95	+11:14:58 (45.7%)	13:25	4.5 (54.9%)
10	BOHDZIEWICZ Izabela	3283	WKURW_TEAM	Senior I K - 20	10	02:38:59	09:14:00	13:34:33	16:43:56	20:49:04	23:54:02	25:22:14.55	25:22:36.55	+12:00:19 (47.3%)	13:50	4.3 (52.4%)
	MULARCZYK Marta	3165	WKURW_TEAM	Senior I K - 20		02:23:35 DNF	06:25:00 DNF	10:16:39 DNF	13:07:45 DNF	16:49:14 DNF	21:46:23 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 11 wynik(ów)