



BIEG MORSKIEGO KOMANDOSA 2019 - SPRINT 11KM

B4SPORT

Wydarzenie: X Bieg Morskiego Komandosa
Organizator: OCR Events
Data: 2019-08-31
Miejsce: Gdynia
Dystans: 11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 14:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	BAK Dainel	A039		Sprint - M	1		01:22:42.15	01:22:42.15		7:31	8 (100%)
2	POWAŻNY Marek	S005		Sprint - M	2		01:30:49.80	01:30:49.80	+00:08:07 (8.9%)	8:15	7.3 (91.3%)
3	DZIÓBEK Lech	S066		Sprint - M	3		01:31:46.90	01:31:46.90	+00:09:04 (9.9%)	8:20	7.2 (90.0%)
4	JÓŻWIK Grzegorz	S017		Sprint - M	4		01:42:44.25	01:42:44.25	+00:20:02 (19.5%)	9:20	6.4 (80.0%)
5	KAFARSKI Mariusz	S045		Sprint - M	5		01:44:24.85	01:44:24.85	+00:21:42 (20.8%)	9:29	6.3 (78.8%)
6	JAKUBCZYK Adam	S029		Sprint - M	6		01:45:46.30	01:45:46.30	+00:23:04 (21.8%)	9:36	6.2 (77.5%)
7	MERK Mariusz	S044		Sprint - M	7		01:51:09.25	01:51:09.25	+00:28:27 (25.6%)	10:06	5.9 (73.8%)
8	PISAREK Adam	S069		Sprint - M	8		01:51:40.40	01:51:40.40	+00:28:58 (25.9%)	10:09	5.9 (73.8%)
9	PIEC Bartłomiej	S028	WOJOWNICY WÓDY	Sprint - M	9		01:52:56.60	01:52:56.60	+00:30:14 (26.8%)	10:16	5.8 (72.5%)
10	OPELT Paweł	S068		Sprint - M	10		01:55:08.75	01:55:08.75	+00:32:26 (28.2%)	10:28	5.7 (71.3%)
11	KOWALSKA Natalia	S075		Sprint - K	1		01:56:19.90	01:56:19.90	+00:33:37 (28.9%)	10:34	5.7 (71.3%)
12	MUŁKOWSKI Jakub	H017		Sprint - M	11		01:57:34.40	01:57:34.40	+00:34:52 (29.7%)	10:41	5.6 (70.0%)
13	TATAREWICZ Arkadiusz Tatarewicz	S009	BIGYELLOWFOOT	Sprint - M	12		01:57:49.40	01:57:49.40	+00:35:07 (29.8%)	10:42	5.6 (70.0%)
14	KAPICA Damian	S039	BIGYELLOWFOOT	Sprint - M	13		01:57:50.20	01:57:50.20	+00:35:08 (29.8%)	10:42	5.6 (70.0%)
15	FOKS Jarek	S023		Sprint - M	14	00:20:00	01:57:53.00	01:57:53.00	+00:35:10 (29.8%)	8:53	6.7 (83.8%)
16	GAJEWSKI Jacek	S027	DOGOŃ GRODZISK MAZOWIECKI	Sprint - M	15		01:58:25.15	01:58:25.15	+00:35:43 (30.2%)	10:45	5.6 (70.0%)
17	JOACHIMIAK Jarosław	S033		Sprint - M	16		01:58:29.10	01:58:29.10	+00:35:46 (30.2%)	10:46	5.6 (70.0%)
18	BUDNIK Bartosz	S022		Sprint - M	17		01:59:43.90	01:59:43.90	+00:37:01 (30.9%)	10:53	5.5 (68.8%)
19	GOSZCZYŃSKA Wioleta	S011	HUSARIA RACE TEAM	Sprint - K	2		02:01:42.95	02:01:42.95	+00:39:00 (32.1%)	11:03	5.4 (67.5%)
20	KOSMOWSKI Artur	S071		Sprint - M	18		02:02:22.00	02:02:22.00	+00:39:39 (32.4%)	11:07	5.4 (67.5%)
21	SZADEJKO Adam	S065		Sprint - M	19		02:06:35.20	02:06:35.20	+00:43:53 (34.7%)	11:30	5.2 (65.0%)
22	CICHAŃSKI Bartosz	S016		Sprint - M	20		02:07:10.15	02:07:10.15	+00:44:28 (35.0%)	11:33	5.2 (65.0%)
23	BARTECKA Ewelina	S050	WIARUS OBORNIKI	Sprint - K	3		02:09:10.80	02:09:10.80	+00:46:28 (36.0%)	11:44	5.1 (63.8%)
24	DOLATA Krzysztof	S049	WIARUS OBORNIKI	Sprint - M	21		02:09:11.25	02:09:11.25	+00:46:29 (36.0%)	11:44	5.1 (63.8%)
25	ROŚ Jakub	A089		Sprint - M	22		02:09:20.15	02:09:20.15	+00:46:38 (36.1%)	11:45	5.1 (63.8%)
26	- -	A094					02:09:51.55	02:09:51.55	+00:47:09 (36.3%)	11:48	5.1 (63.8%)
27	DUSZEŃKO Dawid	S060	DEVIL'S GHOST	Sprint - M	23		02:10:35.05	02:10:35.05	+00:47:52 (36.7%)	11:52	5.1 (63.8%)
28	PRUSAK Bartosz	S025	WOJOWNICY WÓDY	Sprint - M	24		02:11:13.15	02:11:13.15	+00:48:31 (37.0%)	11:55	5 (62.5%)
29	RYCHERT Seweryn	A091		Sprint - M	25		02:13:25.15	02:13:25.15	+00:50:43 (38.0%)	12:07	4.9 (61.3%)

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30	TOMASZEWSKA Kinga	S063		Sprint - K	4		02:13:50.65	02:13:50.65	+00:51:08 (38.2%)	12:10	4.9 (61.3%)
31	DUSZEŃKO Wojciech	S059	DEVIL'S GHOST	Sprint - M	26		02:14:10.75	02:14:10.75	+00:51:28 (38.4%)	12:11	4.9 (61.3%)
32	SZULC Szymon	S046		Sprint - M	27		02:16:23.90	02:16:23.90	+00:53:41 (39.4%)	12:23	4.8 (60.0%)
33	ZABRONI Rafał	S010	21 PRZEMYSKA DRUŻYNA HARCERSKA	Sprint - M	28		02:17:02.65	02:17:02.65	+00:54:20 (39.7%)	12:27	4.8 (60.0%)
34	KUBIK Karol	S040		Sprint - M	29		02:17:08.55	02:17:08.55	+00:54:26 (39.7%)	12:28	4.8 (60.0%)
35	FURMANIAK Mateusz	S032	HUSARIA RACE TEAM	Sprint - M	30	00:20:00	02:18:02.00	02:18:02.00	+00:55:19 (40.1%)	10:43	5.6 (70.0%)
36	KULCZAK Paweł	S003	DECORA RUNNING TEAM	Sprint - M	31		02:19:32.30	02:19:32.30	+00:56:50 (40.7%)	12:41	4.7 (58.8%)
37	SIPIORA Szymon	S064		Sprint - M	32		02:19:33.25	02:19:33.25	+00:56:51 (40.7%)	12:41	4.7 (58.8%)
38	LITZAU Michał	S002		Sprint - M	33		02:19:49.75	02:19:49.75	+00:57:07 (40.9%)	12:42	4.7 (58.8%)
39	KOWALSKI Tomasz	S001		Sprint - M	34		02:21:31.45	02:21:31.45	+00:58:49 (41.6%)	12:51	4.7 (58.8%)
40	WĘGIEL Andrzej	S036		Sprint - M	35		02:21:45.45	02:21:45.45	+00:59:03 (41.7%)	12:53	4.7 (58.8%)
41	KRASOŃ Jan	S074		Sprint - M	36		02:22:51.75	02:22:51.75	+01:00:09 (42.1%)	12:59	4.6 (57.5%)
42	POŁOMSKI Marcin	S055		Sprint - M	37		02:25:31.30	02:25:31.30	+01:02:49 (43.2%)	13:13	4.5 (56.3%)
43	KNITTER Marek	S052		Sprint - M	38		02:25:31.80	02:25:31.80	+01:02:49 (43.2%)	13:13	4.5 (56.3%)
44	DATTA Dawid	S073		Sprint - M	39		02:26:30.00	02:26:30.00	+01:03:47 (43.5%)	13:19	4.5 (56.3%)
45	JONDA Michał	S035		Sprint - M	40		02:26:53.70	02:26:53.70	+01:04:11 (43.7%)	13:21	4.5 (56.3%)
46	KOŚKA Aleksandra	S030	HUSARIA RACE TEAM	Sprint - K	5		02:27:53.80	02:27:53.80	+01:05:11 (44.1%)	13:26	4.5 (56.3%)
47	GURBIEL Tomasz	H019		Sprint - M	41		02:30:21.15	02:30:21.15	+01:07:39 (45.0%)	13:40	4.4 (55.0%)
48	HEIDAK Piotr	S026		Sprint - M	42		02:35:06.05	02:35:06.05	+01:12:23 (46.7%)	14:06	4.3 (53.8%)
49	KAMIŃSKI Adam Kaminski	S007		Sprint - M	43		02:35:20.70	02:35:20.70	+01:12:38 (46.8%)	14:07	4.2 (52.5%)
50	ADAMCZYK Natalia	S043	AKADEMIA WOJSK LĄDOWYCH	Sprint - K	6	00:40:00	02:43:31.00	02:43:31.00	+01:20:48 (49.4%)	11:13	5.3 (66.3%)
51	- -	A093		Sprint - M	44		02:47:55.50	02:47:55.50	+01:25:13 (50.8%)	15:15	3.9 (48.8%)
52	JUREKO Robert	S012		Sprint - M	45		02:48:10.25	02:48:10.25	+01:25:28 (50.8%)	15:17	3.9 (48.8%)
53	KOZŁOWSKI Mikołaj	S057		Sprint - M	46		02:49:44.75	02:49:44.75	+01:27:02 (51.3%)	15:25	3.9 (48.8%)
54	S Tom	S053	FTW	Sprint - M	47		02:51:05.10	02:51:05.10	+01:28:22 (51.7%)	15:33	3.9 (48.8%)
55	CYGERT Magdalena	S072		Sprint - K	7		02:52:55.10	02:52:55.10	+01:30:12 (52.2%)	15:43	3.8 (47.5%)
56	NARKUN Agnieszka	S067		Sprint - K	8		02:53:14.30	02:53:14.30	+01:30:32 (52.3%)	15:44	3.8 (47.5%)
57	DOMOSŁAWSKA Joanna	S061		Sprint - K	9		02:53:49.85	02:53:49.85	+01:31:07 (52.4%)	15:48	3.8 (47.5%)
58	DOMOSŁAWSKI Paweł	S062		Sprint - M	48		02:53:50.75	02:53:50.75	+01:31:08 (52.4%)	15:48	3.8 (47.5%)
59	GRABOWSKI Zbigniew	S013		Sprint - M	49		02:53:58.10	02:53:58.10	+01:31:15 (52.5%)	15:48	3.8 (47.5%)
60	PĘCZKOWSKI Jarosław	S051		Sprint - M	50		02:55:46.85	02:55:46.85	+01:33:04 (53.0%)	15:58	3.8 (47.5%)
61	GÓRECKI Wojtek	S058		Sprint - M	51		02:55:57.55	02:55:57.55	+01:33:15 (53.0%)	15:59	3.8 (47.5%)
62	DUSSEL Marcin	S034		Sprint - M	52		02:58:54.25	02:58:54.25	+01:36:12 (53.8%)	16:15	3.7 (46.3%)
63	KARWASZ Krzysztof	S031		Sprint - M	53		03:04:22.65	03:04:22.65	+01:41:40 (55.1%)	16:45	3.6 (45.0%)
64	BAK Sybilla	H010		Sprint - K	10		03:06:28.50	03:06:28.50	+01:43:46 (55.6%)	16:57	3.5 (43.8%)
65	WYSOCKA Edyta	S070		Sprint - K	11		03:06:28.80	03:06:28.80	+01:43:46 (55.7%)	16:57	3.5 (43.8%)
66	JACYNA Emilia	S047		Sprint - K	12		03:11:22.90	03:11:22.90	+01:48:40 (56.8%)	17:23	3.4 (42.5%)
67	AFTYKA Joanna	S048		Sprint - K	13		03:11:23.20	03:11:23.20	+01:48:41 (56.8%)	17:23	3.4 (42.5%)
68	ANDRZEJEWSKI Miłosz 'Rambo'	S019	BODY ART WARRIORS	Sprint - M	54		03:14:04.40	03:14:04.40	+01:51:22 (57.4%)	17:38	3.4 (42.5%)
69	SELIGA Ania 'Czaki'	S020	BODY ART WARRIORS	Sprint - K	14		03:14:05.10	03:14:05.10	+01:51:22 (57.4%)	17:38	3.4 (42.5%)
70	ZAJEZIERSKI Kamil	S008		Sprint - M	55		03:17:55.70	03:17:55.70	+01:55:13 (58.2%)	17:59	3.3 (41.3%)
71	JĘDYCZOWSKI Maciej	S015	21PDH	Sprint - M	56		03:21:19.50	03:21:19.50	+01:58:37 (58.9%)	18:18	3.3 (41.3%)
72	WILAMOWSKI Michał	S037		Sprint - M	57		03:25:21.30	03:25:21.30	+02:02:39 (59.7%)	18:40	3.2 (40.0%)
73	SZLACHCIC Aleksander , MRÓZ Beniamin	T123		Team Sprint	23	00:20:00	03:50:20.00	03:50:20.00	+02:27:37 (64.1%)	19:07	3.1 (38.8%)

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74	ZAWADZKI Arkadiusz	S042		Sprint - M	58		04:08:14.75	04:08:14.75	+02:45:32 (66.7%)	22:34	2.7 (33.8%)
75	ZAWADZKI Tomasz	S041		Sprint - M	59		04:08:14.90	04:08:14.90	+02:45:32 (66.7%)	22:34	2.7 (33.8%)
	SOSNOWSKI Piotr	H003		Sprint - M			02:04:37.00	02:04:37.00		0:00	5.3 (66.3%)

Znaleziono 76 wynik(ów)