



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KORZENIOWSKA Karolina	505	POWER TRAINING	K30	1	00:00:06	00:21:15.90	00:21:22.60		4:15	14.1 (100%)
2	GÓRSKA Angelika	466		K30	2	00:00:08	00:23:15.80	00:23:23.95	+00:01:59 (8.6%)	4:39	12.9 (91.5%)
3	BIERNACKA Agnieszka	315	YULO RUN TEAM SIEDLCE	K30	3	00:00:09	00:24:48.60	00:24:58.45	+00:03:32 (14.3%)	4:57	12.1 (85.8%)
4	HERTMAN Marzena	232		K30	4	00:00:08	00:24:52.00	00:25:00.70	+00:03:36 (14.5%)	4:58	12.1 (85.8%)
5	STAŃSKA Joanna	396		K30	5	00:00:15	00:25:43.10	00:25:58.75	+00:04:27 (17.3%)	5:08	11.7 (83.0%)
6	RING Urszula	293		K30	6	00:00:14	00:26:27.40	00:26:41.55	+00:05:11 (19.6%)	5:17	11.3 (80.1%)
7	NIEDZIÓŁKA Anna	402		K30	7	00:00:14	00:26:39.30	00:26:54.00	+00:05:23 (20.2%)	5:19	11.3 (80.1%)
8	OLEKSIAK Iwona	306	VICTUS RĘBKÓW	K30	8	00:00:15	00:26:45.25	00:27:00.70	+00:05:29 (20.5%)	5:21	11.2 (79.4%)
9	HYCKOWSKA Aleksandra	216		K30	9	00:00:07	00:27:01.25	00:27:08.75	+00:05:45 (21.3%)	5:24	11.1 (78.7%)
10	ROSA Kasia	332		K30	10	00:00:08	00:27:09.60	00:27:18.20	+00:05:53 (21.7%)	5:25	11 (78.0%)
11	KORZENIOWSKA Agnieszka	440		K30	11	00:00:00	00:27:25.00	00:27:25.00	+00:06:09 (22.4%)	5:29	10.9 (77.3%)
12	MOŹDŻONEK Beata	318		K30	12	00:00:08	00:27:53.65	00:28:02.25	+00:06:37 (23.8%)	5:34	10.8 (76.6%)
13	CHACINSKA Anna	475		K30	13	00:00:13	00:28:00.90	00:28:14.70	+00:06:45 (24.1%)	5:36	10.7 (75.9%)
14	ZYŚK Natalia	247		K30	14	00:00:08	00:28:39.95	00:28:48.70	+00:07:24 (25.8%)	5:43	10.5 (74.5%)
15	SOLNICA Alicja	282	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K30	15	00:00:11	00:28:56.95	00:29:08.00	+00:07:41 (26.5%)	5:47	10.4 (73.8%)
16	SIDOR-WYSZOMIERSKA Magdalena	428		K30	16	00:00:15	00:29:31.35	00:29:46.55	+00:08:15 (28.0%)	5:54	10.2 (72.3%)
17	GŁUCHOWSKA Agnieszka	490		K30	17	00:00:09	00:29:35.10	00:29:44.25	+00:08:19 (28.1%)	5:55	10.1 (71.6%)
18	KORYCIŃSKA Mariola	431		K30	18	00:00:13	00:29:47.05	00:30:00.55	+00:08:31 (28.6%)	5:57	10.1 (71.6%)
19	MRÓZ Magdalena	204		K30	19	00:00:09	00:29:57.30	00:30:06.85	+00:08:41 (29.0%)	5:59	10 (70.9%)
20	JUREK Dorota	385	PRYWATNY	K30	20	00:00:12	00:30:12.70	00:30:25.55	+00:08:56 (29.6%)	6:02	9.9 (70.2%)
21	CISZEWSKA Magda	498		K30	21	00:00:18	00:30:28.15	00:30:46.60	+00:09:12 (30.2%)	6:05	9.8 (69.5%)
22	SIKORSKA Wioleta	422	.	K30	22	00:00:16	00:30:52.95	00:31:08.95	+00:09:37 (31.1%)	6:10	9.7 (68.8%)
23	RAGO Monika	496		K30	23	00:00:17	00:31:12.45	00:31:30.15	+00:09:56 (31.9%)	6:14	9.6 (68.1%)
24	RACZYŃSKA Iza	499		K30	24	00:00:13	00:31:22.05	00:31:35.50	+00:10:06 (32.2%)	6:16	9.6 (68.1%)
25	KOSOWSKA Magdalena	399		K30	25	00:00:10	00:31:57.60	00:32:07.70	+00:10:41 (33.5%)	6:23	9.4 (66.7%)
26	SZYSZ Alina	379		K30	26	00:00:12	00:32:10.60	00:32:23.00	+00:10:54 (33.9%)	6:26	9.3 (66.0%)
27	SZEWCZAK Magdalena	298		K30	27	00:00:14	00:32:19.15	00:32:33.55	+00:11:03 (34.2%)	6:27	9.3 (66.0%)
28	ORYSZCZAK Justyna	324		K30	28	00:00:13	00:32:41.90	00:32:54.90	+00:11:26 (35.0%)	6:32	9.2 (65.2%)
29	JASTRZĘBSKA Barbara	484		K30	29	00:00:12	00:32:45.70	00:32:57.70	+00:11:29 (35.1%)	6:33	9.2 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	JAKUBAS Agnieszka	345		K30	30	00:00:13	00:32:54.20	00:33:07.25	+00:11:38 (35.4%)	6:34	9.1 (64.5%)
31	BOJANOWSKA Elwira	384		K30	31	00:00:12	00:32:59.10	00:33:11.95	+00:11:43 (35.5%)	6:35	9.1 (64.5%)
32	ADAMIEC Monika	426		K30	32	00:00:14	00:33:10.65	00:33:25.55	+00:11:54 (35.9%)	6:38	9 (63.8%)
33	DADUŃ Magdalena	462		K30	33	00:00:15	00:33:22.75	00:33:37.75	+00:12:06 (36.3%)	6:40	9 (63.8%)
34	ZYCH Monika	421		K30	34	00:00:11	00:33:50.85	00:34:02.55	+00:12:34 (37.2%)	6:46	8.9 (63.1%)
35	BALAS Agnieszka	208		K30	35	00:00:20	00:33:55.75	00:34:16.35	+00:12:39 (37.3%)	6:47	8.8 (62.4%)
36	JAGODZIŃSKA Edyta	266		K30	36	00:00:11	00:35:32.05	00:35:43.65	+00:14:16 (40.2%)	7:06	8.4 (59.6%)
37	SOSZYŃSKA Agnieszka	265		K30	37	00:00:00	00:35:44.10	00:35:44.10	+00:14:28 (40.5%)	7:08	8.4 (59.6%)
38	KOMOSA Ewa	393		K30	38	00:00:10	00:37:41.25	00:37:51.80	+00:16:25 (43.6%)	7:32	8 (56.7%)

Znaleziono 38 wynik(ów)