



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JASTRZĘBSKI Paweł	469	YULO RUN TEAM SIEDLCE	M40	1	00:00:06	00:18:39.65	00:18:46.10		3:43	16.1 (100%)
2	KANDER Leszek	369	YULU RUN TEAM SIEDLCE	M40	2	00:00:07	00:20:37.30	00:20:44.60	+00:01:57 (9.5%)	4:07	14.6 (90.7%)
3	KŁOSIŃSKI Rafał	319	WIELKIE	M40	3	00:00:07	00:20:54.80	00:21:02.50	+00:02:15 (10.8%)	4:10	14.4 (89.4%)
4	WYSOKIŃSKI Marcin	202		M40	4	00:00:08	00:20:57.10	00:21:05.15	+00:02:17 (10.9%)	4:11	14.3 (88.8%)
5	WAROWNY Robert	205		M40	5	00:00:08	00:21:50.95	00:21:59.10	+00:03:11 (14.6%)	4:22	13.7 (85.1%)
6	KMIECIK Arkadiusz	407		M40	6	00:00:08	00:21:51.75	00:21:59.95	+00:03:12 (14.6%)	4:22	13.7 (85.1%)
7	CHRÓST Marcin	355	KS-ZIELONO CZARNI	M40	7	00:00:09	00:21:54.65	00:22:04.30	+00:03:15 (14.8%)	4:22	13.7 (85.1%)
8	PIEKARSKI Piotr	343		M40	8	00:00:08	00:22:37.80	00:22:46.15	+00:03:58 (17.5%)	4:31	13.3 (82.6%)
9	KUBAŚ Arkadiusz	443	KLUB AKTYWNYCH PARKRUN SKÓRZEC	M40	9	00:00:09	00:22:50.10	00:22:59.90	+00:04:10 (18.3%)	4:34	13.1 (81.4%)
10	ROZBICKI Zbigniew	495		M40	10	00:00:12	00:23:12.65	00:23:25.20	+00:04:33 (19.6%)	4:38	12.9 (80.1%)
11	WYSOKIŃSKI Mariusz	439		M40	11	00:00:10	00:23:24.00	00:23:34.55	+00:04:44 (20.3%)	4:40	12.8 (79.5%)
12	CHOMA Marek	417	PĘDZĄCE LENIWCE	M40	12	00:00:09	00:23:41.65	00:23:51.15	+00:05:02 (21.2%)	4:44	12.7 (78.9%)
13	HOŁUBIEC Paweł	339	YULO RUN TEAM SIEDLCE	M40	13	00:00:09	00:24:13.45	00:24:22.85	+00:05:33 (23.0%)	4:50	12.4 (77.0%)
14	KRUPA Marek	220		M40	14	00:00:10	00:24:19.55	00:24:30.10	+00:05:39 (23.3%)	4:51	12.3 (76.4%)
15	SIEROCIŃSKI Robert	453	DZIKI GOŁOБОRZY	M40	15	00:00:09	00:24:39.90	00:24:49.30	+00:06:00 (24.3%)	4:55	12.2 (75.8%)
16	KOĆ Karol	207		M40	16	00:00:11	00:24:45.40	00:24:56.55	+00:06:05 (24.6%)	4:57	12.1 (75.2%)
17	OLSZEWSKI Piotr	447	TEAM1431	M40	17	00:00:09	00:24:47.40	00:24:56.65	+00:06:07 (24.7%)	4:57	12.1 (75.2%)
18	DUDA Jacek	304		M40	18	00:00:10	00:24:59.25	00:25:09.60	+00:06:19 (25.3%)	4:59	12 (74.5%)
19	GOTOWICKI Seweryn	455		M40	19	00:00:08	00:25:11.10	00:25:19.55	+00:06:31 (25.9%)	5:02	11.9 (73.9%)
20	KRÓL Dariusz	214		M40	20	00:00:11	00:25:13.55	00:25:25.00	+00:06:33 (26.0%)	5:02	11.9 (73.9%)
21	KULIK Karol	414	GRUPA BIEGACZY SKÓRZEC BIEGA	M40	21	00:00:09	00:26:06.10	00:26:15.65	+00:07:26 (28.5%)	5:13	11.5 (71.4%)
22	MATŁACZ Łukasz	225		M40	22	00:00:11	00:26:21.05	00:26:32.25	+00:07:41 (29.2%)	5:16	11.4 (70.8%)
23	MISZTA Grzegorz	494		M40	23	00:00:10	00:26:25.40	00:26:35.70	+00:07:45 (29.4%)	5:17	11.4 (70.8%)
24	KRAKOWSKI Karol	458	PĘDZĄCE LENIWCE	M40	24	00:00:11	00:26:40.25	00:26:51.80	+00:08:00 (30.0%)	5:20	11.3 (70.2%)
25	KANIA Arkadiusz	260		M40	25	00:00:00	00:26:50.00	00:26:50.00	+00:08:10 (30.5%)	5:22	11.2 (69.6%)
26	OKUNIEWSKI Grzegorz	433	ALIOR RUNNING TEAM	M40	26	00:00:09	00:26:58.55	00:27:07.65	+00:08:18 (30.8%)	5:23	11.1 (68.9%)
27	KARPIŃSKI Marian	268	KLUB AKTYWNYCH PARKRUN SKÓRZEC	M40	27	00:00:12	00:27:12.60	00:27:25.15	+00:08:32 (31.4%)	5:26	11 (68.3%)
28	LIPIŃSKI Marek	375		M40	28	00:00:09	00:27:21.80	00:27:30.85	+00:08:42 (31.8%)	5:28	11 (68.3%)
29	BASZKIEWICZ Paweł	456	ZBUCKI RUCH	M40	29	00:00:13	00:27:22.75	00:27:36.05	+00:08:43 (31.8%)	5:28	11 (68.3%)

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30	MLONEK Paweł	383		M40	30	00:00:15	00:28:10.60	00:28:26.10	+00:09:30 (33.8%)	5:38	10.7 (66.5%)
31	KOWALEWSKI Mariusz	356		M40	31	00:00:12	00:28:22.20	00:28:34.95	+00:09:42 (34.2%)	5:40	10.6 (65.8%)
32	WĘGŁOWSKI Witold	364		M40	32	00:00:11	00:28:28.90	00:28:40.15	+00:09:49 (34.5%)	5:41	10.5 (65.2%)
33	NICEWICZ Jacek	477	BK	M40	33	00:00:17	00:28:43.15	00:29:00.70	+00:10:03 (35.0%)	5:44	10.4 (64.6%)
34	KULIK Maciej	283		M40	34	00:00:08	00:29:08.65	00:29:16.85	+00:10:29 (36.0%)	5:49	10.3 (64.0%)
35	CEGIEŁKA Rafał	357		M40	35	00:00:13	00:29:57.85	00:30:11.15	+00:11:18 (37.7%)	5:59	10 (62.1%)
36	KĘDZIERSKI Jacek	234		M40	36	00:00:11	00:30:07.15	00:30:18.50	+00:11:27 (38.0%)	6:01	10 (62.1%)
37	SOWIŃSKI Michał	503		M40	37	00:00:18	00:31:07.20	00:31:25.70	+00:12:27 (40.0%)	6:13	9.6 (59.6%)
38	DRABIO Maciej	335		M40	38	00:00:16	00:31:54.50	00:32:10.75	+00:13:14 (41.5%)	6:22	9.4 (58.4%)
39	MACIOŁEK Szymon	506		M40	39	00:00:17	00:33:13.35	00:33:30.60	+00:14:33 (43.8%)	6:38	9 (55.9%)
40	SZKOP Piotr	489		M40	40	00:00:15	00:33:25.05	00:33:40.85	+00:14:45 (44.2%)	6:41	9 (55.9%)
41	WASILUK Ireneusz	303		M40	41	00:00:16	00:34:00.10	00:34:16.95	+00:15:20 (45.1%)	6:48	8.8 (54.7%)
42	RYŚ Andrzej	211	JUDO MASTERS SIEDLCE	M40	42	00:00:11	00:36:42.95	00:36:54.10	+00:18:03 (49.2%)	7:20	8.2 (50.9%)
43	KUKLA Dariusz	273		M40	43	00:00:00	00:37:08.30	00:37:08.30	+00:18:28 (49.8%)	7:25	8.1 (50.3%)
44	SKÓRA Tomek	411	SKÓRZEC BIEGA	M40	44	00:00:19	00:39:21.95	00:39:41.75	+00:20:42 (52.6%)	7:52	7.6 (47.2%)
45	KONDRACIUK Karol	249		M40	45	00:00:16	00:41:28.05	00:41:44.50	+00:22:48 (55.0%)	8:17	7.2 (44.7%)
46	BIAŁY Jacek	479	JKB	M40	46	00:00:19					(0.0%)

Znaleziono 46 wynik(ów)