



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIEG NIEPODLEGŁOŚCI - OKONEK - 5 KM

Bieg Niepodległości Okonek - 03.11.2018r
Gmina Okonek
2018-11-03
Okonek
5 km

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKI Mariusz	396	HERKULES RUN TEAM	M-Open	1	00:08:03	00:16:01.48		3:12	18.7 (100%)
2	SIÓDIAK Igor	364	7PRO - SIÓDIAK TRIATHLON TEAM / MKP SZCZECINEK	M-Open	2	00:08:04	00:16:32.72	+00:00:31 (3.1%)	3:18	18.1 (96.8%)
3	ORZECOWSKI Kamil	395		M-Open	3	00:08:50	00:17:42.51	+00:01:41 (9.5%)	3:32	16.9 (90.4%)
4	WARDEGA Mateusz	374	ULKS BARWICE	M-Open	4	00:08:59	00:18:42.98	+00:02:41 (14.4%)	3:44	16 (85.6%)
5	OPIELA Paweł	347	7PRO - SIÓDIAK TRIATHLON TEAM	M-Open	5	00:09:15	00:18:56.98	+00:02:55 (15.4%)	3:47	15.8 (84.5%)
6	CENTKA Michał	307	MAM TĘ MOC	M-Open	6	00:09:25	00:19:11.09	+00:03:09 (16.4%)	3:50	15.6 (83.4%)
7	BORYS Antoni	304	7PRO - SIÓDIAK TRIATHLON TEAM / MKP SZCZECINEK	M-Open	7	00:09:25	00:19:19.03	+00:03:17 (17.0%)	3:51	15.5 (82.9%)
8	DĄBKOWSKI Maciek	309	7PRO - SIÓDIAK TRIATHLON TEAM / MKP SZCZECINEK	M-Open	8	00:09:17	00:19:27.09	+00:03:25 (17.6%)	3:53	15.4 (82.4%)
9	CUBER Wojciech	369	#ZABIEGANINOCA	M-Open	9	00:09:48	00:20:09.86	+00:04:10 (20.6%)	4:02	14.9 (79.7%)
10	PRZEMYSŁAW Jarosz	354	JW 1223/BLOG	M-Open	10	00:09:44	00:20:12.57	+00:04:11 (20.7%)	4:02	14.9 (79.7%)
11	PODŁYSKA Tadeusz	351	ZA:SAPA:NI	M-Open	11	00:10:19	00:20:21.47	+00:04:20 (21.3%)	4:04	14.7 (78.6%)
12	KUBIAK Daniel	325	PRECON POLSKA JASTROWIE	M-Open	12	00:10:12	00:20:47.19	+00:04:48 (23.0%)	4:09	14.4 (77.0%)
13	KUBIŚ Paweł	182	RUNDORFINA	M-Open	13	00:10:46	00:21:06.22	+00:05:06 (24.1%)	4:13	14.2 (75.9%)
14	PRZYBYSZ Łukasz	355	#ZABIEGANINOCA	M-Open	14	00:10:15	00:21:10.25	+00:05:09 (24.3%)	4:14	14.2 (75.9%)
15	PIETRZAK Michał	348		M-Open	15	00:10:48	00:21:16.43	+00:05:15 (24.7%)	4:15	14.1 (75.4%)
16	SYDORENKO Aleksander	392		M-Open	16	00:10:34	00:21:37.75	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
17	MIKIETYŃSKI Michał	338	ZABIEGANI NOCĄ	M-Open	17	00:11:02	00:22:06.64	+00:06:08 (27.7%)	4:25	13.6 (72.7%)
18	TOWSTOKORY Marek	391		M-Open	18	00:11:04	00:22:30.18	+00:06:30 (28.8%)	4:30	13.3 (71.1%)
19	ROKITA Michał	359		M-Open	19	00:10:23	00:22:10.59	+00:07:02 (30.5%)	4:26	13.5 (72.2%)
20	SEPIOTEK Kamil	363	RUNDORFINA	M-Open	20	00:11:56	00:23:10.88	+00:07:15 (31.1%)	4:38	12.9 (69.0%)
21	NOSAL Mariusz	340		M-Open	21	00:11:39	00:23:20.65	+00:07:20 (31.4%)	4:40	12.9 (69.0%)
22	FIECEK Łukasz	311		M-Open	22	00:12:08	00:23:18.97	+00:07:22 (31.5%)	4:39	12.9 (69.0%)
23	NOWAK Emil	343		M-Open	23	00:11:56	00:23:26.02	+00:07:29 (31.8%)	4:41	12.8 (68.4%)
24	NOWICKI Marcin	399		M-Open	24	00:11:06	00:22:42.56	+00:07:34 (32.0%)	4:32	13.2 (70.6%)
25	GLISZCZYŃSKI Łukasz	385	ŚWIAT PŁYTEK U KRYSPINA	M-Open	25	00:12:10	00:23:37.96	+00:07:42 (32.4%)	4:43	12.7 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
26	MASTYŁA Radosław	334	HUSARIA RACE TEAM	M-Open	26	00:11:38	00:24:00.70	+00:08:02 (33.4%)	4:48	12.5 (66.8%)
27	SKUZA Piotr	367	COS OPO WAŁCZ BUKOWINA	M-Open	27	00:12:21	00:24:28.63	+00:08:31 (34.7%)	4:53	12.3 (65.8%)
28	PIĘTOSA Daniel	349	RUNDORFINA	M-Open	28	00:12:16	00:24:39.29	+00:08:40 (35.1%)	4:55	12.2 (65.2%)
29	GRZELAK Sebastian	393		M-Open	29	00:12:41	00:25:29.51	+00:09:29 (37.1%)	5:05	11.8 (63.1%)
30	KOZŁOWSKI Krzysztof	324		M-Open	30	00:12:12	00:25:38.96	+00:09:39 (37.5%)	5:07	11.7 (62.6%)
31	SATYŁA Tomasz	361	OSP CZARNE	M-Open	31	00:13:32	00:26:28.55	+00:10:33 (39.6%)	5:17	11.3 (60.4%)
32	DĘGA Piotr	310		M-Open	32	00:13:31	00:26:29.42	+00:10:33 (39.6%)	5:17	11.3 (60.4%)
33	ZARBOCK Krzysztof	378	SPORTY WALKI PILA	M-Open	33	00:13:33	00:26:53.02	+00:10:55 (40.5%)	5:22	11.2 (59.9%)
34	POKUSA Adam	352		M-Open	34	00:13:02	00:26:30.59	+00:11:22 (41.4%)	5:18	11.3 (60.4%)
35	BARTOSIAK Tomasz	301		M-Open	35	00:14:06	00:27:28.55	+00:11:31 (41.8%)	5:29	10.9 (58.3%)
36	NOWAK Hubert	342	BOHATER NIEZALEŻNY	M-Open	36	00:14:11	00:27:49.57	+00:11:51 (42.5%)	5:33	10.8 (57.8%)
37	MARSZAŁEK Sławomir	331		M-Open	37	00:13:04	00:27:08.70	+00:12:01 (42.8%)	5:25	11.1 (59.4%)
38	PROCAK Mateusz	353	OSP BIŃCZE	M-Open	38	00:13:50	00:28:06.84	+00:12:11 (43.1%)	5:37	10.7 (57.2%)
39	NOWAK Waldemar	344	TRIAMATOR EWELINA NOWAK	M-Open	39	00:14:15	00:28:14.46	+00:12:19 (43.4%)	5:39	10.6 (56.7%)
40	BUCHOWSKI Marek	306	PARKRUN	M-Open	40	00:13:37	00:27:56.08	+00:12:46 (44.3%)	5:35	10.7 (57.2%)
41	SAWCZUK Bogdan	362	#ZABIEGANINOCA	M-Open	41	00:13:36	00:28:01.41	+00:12:54 (44.5%)	5:36	10.7 (57.2%)
42	SMUKOWSKI Krzysztof	368	OSP SZCZECINEK	M-Open	42	00:14:27	00:28:52.26	+00:12:56 (44.6%)	5:46	10.4 (55.6%)
43	KOPERSKI Jan	323		M-Open	43	00:14:24	00:29:01.56	+00:13:04 (44.9%)	5:48	10.3 (55.1%)
44	JASIEK Paweł	319		M-Open	44	00:13:46	00:29:03.77	+00:13:04 (44.9%)	5:48	10.3 (55.1%)
45	SATOR Alan	287		M-Open	45	00:14:09	00:29:10.88	+00:13:12 (45.1%)	5:50	10.3 (55.1%)
46	KISIEL Marcin	321	#ZABIEGANINOCA	M-Open	46	00:14:22	00:29:15.69	+00:13:17 (45.3%)	5:51	10.3 (55.1%)
47	BIERNAT Tomasz	302	RUNDORFINA	M-Open	47	00:14:41	00:30:56.06	+00:15:00 (48.3%)	6:11	9.7 (51.9%)
48	PINDRAL Piotr	394		M-Open	48	00:17:26	00:36:04.91	+00:22:02 (57.8%)	7:13	8.3 (44.4%)
49	SZCZEBLEWSKI Józef	382		M-Open	49	00:20:55	00:42:55.00	+00:26:53 (62.6%)	8:35	7 (37.4%)
50	BARTNIAK Marian	387		M-Open	50	00:21:38	00:44:18.35	+00:28:17 (63.8%)	8:51	6.8 (36.4%)

Znaleziono 50 wynik(ów)