



Organiser:

Date:

Place:

Distance:

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

Fundacja Wolność i Demokracja, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
2017-02-26
Koszalin
10 km



B4SPORT

Classification: All

Split point: 7,4 km

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
1	KASZEWSKI Zbigniew	119	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:01	00:08:33	00:17:05	00:25:28
2	BEDNARZ Paweł	9	13-TY FUN CLUB ASI CHMIEL :*	M30-39	00:00:01	00:08:33	00:17:18	00:26:24
3	KRAUS Damian	142	CHROBRY GRYFICE	M18-29	00:00:01	00:08:55	00:18:01	00:27:13
4	HERING Mateusz	82	TALEX BORZYTUCHOM	M18-29	00:00:02	00:09:05	00:18:16	00:27:20
5	ORZECOWSKI Kamil	201		M18-29	00:00:01	00:08:53	00:17:56	00:27:24
6	POLAK Szymon	219	ROZBIEGANY KOSZALIN	M40-49	00:00:02	00:09:05	00:18:17	00:27:31
7	GOLECKI Mirosław	65	CSSP KOSZALIN	M40-49	00:00:03	00:09:20	00:18:33	00:27:47
8	KACZMAREK Tomasz	235		M30-39	00:00:03	00:09:21	00:18:34	00:27:48
9	RYBACZEK Sebastian	249	JW 1223/3DPLOT - FORMA ROSNOWO	M30-39	00:00:02	00:09:21	00:18:34	00:27:55
10	EMILIT Grzegorz	56	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:03	00:09:20	00:18:33	00:28:00
11	JAROSZ Wiesław	98	JW. 1223/BLOG	M40-49	00:00:02	00:09:14	00:18:38	00:28:19
12	BRAUN Grzegorz	21	GRYFICE	M18-29	00:00:01	00:08:53	00:18:28	00:28:28
13	WOJDASIEWICZ Tadeusz	316		M30-39	00:00:02	00:09:14	00:18:51	00:28:31
14	SZKOŁUDA Miłosz	279	DECATHLON KOSZALIN	M18-29	00:00:04	00:09:32	00:19:10	00:29:01
15	GOLIŃSKI Łukasz	66	K.B. SPRINT ŚWIDWIN	M30-39	00:00:02	00:09:30	00:19:19	00:29:08
16	WILCZEWSKI Krzysztof	405	MKS ŚWIĘC	M30-39	00:00:03	00:09:46	00:19:38	00:29:17
17	BUCZKO Krystian	26		M30-39	00:00:03	00:09:33	00:19:23	00:29:18
18	DURMAN Dawid	52		M18-29	00:00:03	00:09:27	00:19:22	00:29:20
19	RUDNIKOWSKI Maciej	244	BIEGUZDROWISKOWY.PL	M40-49	00:00:02	00:09:22	00:19:18	00:29:28
20	BIEDRZYCKI Adam	11	CW FANZA KOŁOBRZEG	M30-39	00:00:03	00:09:34	00:19:30	00:29:31
21	BURDA Robert	28	KOSPEL	M40-49	00:00:02	00:09:36	00:19:32	00:29:32
22	KRUKOWSKI Błażej	147		M30-39	00:00:03	00:09:48	00:19:43	00:29:36
23	WEGNER Przemysław	304		M30-39	00:00:06	00:09:42	00:19:39	00:29:39
24	PAKUŁSKI Marcin	207		M40-49	00:00:05	00:09:37	00:19:40	00:29:55
25	MOKSA Dariusz	184		M18-29	00:00:03	00:09:36	00:19:56	00:30:20
26	ROSZKOWSKI Damian	240	BAGNA IZBICKIE	M30-39	00:00:03	00:09:47	00:19:59	00:30:20
27	MŁYNARCZYK Zbigniew	418		M30-39	00:00:03	00:09:47	00:19:59	00:30:20
28	USTIANOWSKI Wojciech	297	JW1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:03	00:09:36	00:19:55	00:30:20

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
29	BIEDRZYCKI Krzysztof	12	CW FANZA KOŁOBRZEG	M40-49	00:00:02	00:10:00	00:20:19	00:30:21
30	GRZESIK Eugeniusz	75	TKKF KOSZALIN	M50-59	00:00:02	00:09:48	00:20:08	00:30:29
31	KOŚCIELNIAK Robert	135	TKKF KOSZALIN	M50-59	00:00:02	00:09:59	00:20:11	00:30:30
32	DZIEMIANKO Karol	53	ZAWISZA BORZYTUCHOM	M18-29	00:00:02	00:10:03	00:20:22	00:30:34
33	GIERLACH Jacek	63	STOPA SŁUPSK	M18-29	00:00:04	00:09:55	00:20:13	00:30:41
34	UZNAŃSKI Ryszard	299	KOŁOBRZEG BIEGA	M40-49	00:00:01	00:10:00	00:20:19	00:30:45
35	KALETA Sebastian	111	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M40-49	00:00:05	00:09:55	00:20:17	00:30:52
36	JAROSZEWICZ Grzegorz	99	PARKRUN SZCZECIN	M40-49	00:00:03	00:09:47	00:20:12	00:31:02
37	KROCZYŃSKI Sławomir	145		M50-59	00:00:10	00:10:05	00:20:26	00:31:02
38	TROŚNIAK Piotr	291	10 BIAŁOGARD	M40-49	00:00:03	00:10:08	00:20:34	00:31:14
39	MAZUR Emiliusz	174		M40-49	00:00:03	00:09:59	00:20:35	00:31:16
40	MURAWSKA Wioletta	190	PARKRUN SZCZECIN	K40-49	00:00:02	00:10:09	00:20:36	00:31:18
41	GRACHEL Darek	73	#BIEGOHOLIZM	M18-29	00:00:03	00:09:55	00:20:36	00:31:18
42	CHUDY Henryk	36	K SOLSZEWSKI I SYNOWIE	M60-69	00:00:04	00:10:08	00:20:35	00:31:28
43	PRZEWŁOCKI Michał	220	(L)	M30-39	00:00:03	00:09:45	00:20:33	00:31:45
44	GLAZER Piotr	64	TECHNIKUM LEŚNE W WARCINIE	M18-29	00:00:03	00:09:26	00:20:34	00:31:45
45	BRESZKA Tomek	22	CAPTAIN AMERICA VS THE FLASH	M30-39	00:00:04	00:10:21	00:20:59	00:31:51
46	CENIUCH Sylwester	30	BIKE TEAM ROLETKI.HOME.PL	M40-49	00:00:02	00:10:09	00:20:40	00:31:52
47	SMAGOWSKI Wojciech	259	K.B. SPRINT ŚWIDWIN	M30-39	00:00:08	00:10:19	00:21:02	00:32:04
48	BARANOWSKI Piotr	3		M40-49	00:00:03	00:10:45	00:21:28	00:32:06
49	BŁASZCZYK Tadeusz	15		M50-59	00:00:05	00:10:31	00:21:17	00:32:07
50	KALKOWSKI Paweł	112	JW 1223 KOSZALIN	M30-39	00:00:21	00:10:36	00:21:17	00:32:07
51	SURDACKI Piotr	272	MONIA TEAM	M40-49	00:00:08	00:10:07	00:21:04	00:32:14
52	MATYJASEK Zbigniew	173	TKKF KOSZALIN	M40-49	00:00:05	00:10:01	00:21:00	00:32:16
53	KONKEL Agnieszka	130		K30-39	00:00:05	00:10:10	00:21:05	00:32:17
54	KULIŚ Przemysław	153		M18-29	00:00:06	00:10:03	00:21:02	00:32:20
55	CZAPLIŃSKI Jacek	42		M30-39	00:00:21	00:10:42	00:21:28	00:32:22
56	SZULC Arek	281	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23
57	CHOŁUJ Jarek	34	ROZBIEGANY KOSZALIN	M40-49	00:00:06	00:10:50	00:21:31	00:32:23
58	RACZYŃSKI Kazimierz	225	ZESPÓŁ SZKÓŁ NR 1 IM. MIKOŁAJA KOPERNIKA W KOSZALINIE	M40-49	00:00:07	00:10:30	00:21:21	00:32:25
59	URBAŃSKI Tomasz	295		M40-49	00:00:09	00:10:48	00:21:40	00:32:31
60	GRZYTEK Adam	77	PARKRUN GDAŃSK POŁUDNIE	M18-29	00:00:09	00:10:47	00:21:41	00:32:33
61	KORZYSTKO Bartosz	133		M30-39	00:00:04	00:10:27	00:21:20	00:32:51
62	MATEBŁOWSKI Szymon	20	DECATHLON KOSZALIN	M18-29	00:00:04	00:10:34	00:21:42	00:32:53
63	KUKIEŁA Tomasz	152		M30-39	00:00:06	00:11:03	00:21:57	00:32:59
64	NOWAK Piotr	194	CZARNE BIEGA	M30-39	00:00:07	00:10:39	00:21:45	00:33:07
65	NOWICKI Michał	343		M30-39	00:00:08	00:10:29	00:21:48	00:33:08
66	ROMANOWSKI Piotr	238	BRAK	M30-39	00:00:09	00:10:52	00:21:54	00:33:11
67	PĘKAŁA Piotr	216	ROZBIEGANY KOSZALIN	M40-49	00:00:16	00:11:00	00:22:04	00:33:11
68	KRACZKOWSKI Przemysław	141		M30-39	00:00:12	00:11:06	00:22:11	00:33:13
69	FADDA Bruno-André	57		M30-39	00:00:11	00:10:35	00:21:51	00:33:21
69	WILKOWSKI Krzysztof	312		M30-39	00:00:05	00:10:33	00:21:47	00:33:25
71	WIERZBICKI Jakub	310	ŚWIDWIN	M30-39	00:00:04	00:10:38	00:21:48	00:33:26
72	ZWOLIŃSKI Jan	329	TKKF KOSZALIN	M40-49	00:00:04	00:11:05	00:22:15	00:33:34
73	CIUPA Marcin	188	H2 DESIGN	M40-49	00:00:11	00:10:52	00:22:03	00:33:35

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
74	KSZCZANOWICZ Jacek	151		M40-49	00:00:17	00:10:57	00:22:18	00:33:38
75	PERCZYŃSKI Jarosław	215	BEZ FORMY	M40-49	00:00:12	00:10:53	00:22:03	00:33:40
76	ŁOPIŃSKI Piotr	162		M30-39	00:00:07	00:11:03	00:22:21	00:33:47
77	CHODOR Martyna	334	TKKF KOSZALIN	K30-39	00:00:05	00:11:09	00:22:30	00:33:49
78	JĘDRASZCZYK Marek	103	WŁ SŁUPSK	M40-49	00:00:11	00:10:39	00:22:00	00:33:52
79	SZAŁKOWSKI Wojtek	275	TUPOT USTKA	M40-49	00:00:25	00:11:20	00:22:39	00:33:53
80	TESKA Bartosz	290	TKKF KOSZALIN	M40-49	00:00:07	00:11:06	00:22:24	00:33:54
81	JAKUBOWSKI Karol	92	2BZ	M18-29	00:00:09	00:10:50	00:22:23	00:33:57
82	SAŁABON Grzegorz	251	RWT BYDGOSZCZ-WŁ LĘBORK	M50-59	00:00:01	00:10:48	00:22:21	00:34:04
83	WILIŃSKI Marek	311	K.B. SPRINT ŚWIDWIN	M50-59	00:00:09	00:11:17	00:22:42	00:34:05
84	GOŁDYN Marek	67	TKKF KOSZALIN	M30-39	00:00:20	00:11:24	00:22:49	00:34:08
85	IWANIEC Dariusz	89	TKKF KOSZALIN	M40-49	00:00:06	00:11:17	00:22:47	00:34:11
86	MAJCHRZAK Dariusz	165		M50-59	00:00:32	00:10:56	00:22:21	00:34:11
87	SZYMAŃSKI Piotr	287		M40-49	00:00:12	00:11:05	00:22:27	00:34:15
88	JASICZEK Darek	101	CSSP KOSZALIN	M40-49	00:00:13	00:11:06	00:22:37	00:34:18
89	SZABLA Ewelina	273		K30-39	00:00:05	00:11:05	00:22:38	00:34:20
90	RATAJEWSKI Arkadiusz	231		M30-39	00:00:08	00:10:52	00:22:26	00:34:22
91	ŁABEJSZA Łukasz	160	WOJOWNICY WÓDY	M30-39	00:00:16	00:11:14	00:22:50	00:34:25
92	MISZCZYK Jan	183	ROZBIEGANY KOSZALIN	M18-29	00:00:19	00:11:02	00:22:35	00:34:27
93	JANKOWSKI Piotr	94		M40-49	00:00:10	00:11:39	00:23:07	00:34:30
94	MISZEWSKA Aleksandra	500		K18-29	00:00:06	00:11:08	00:22:41	00:34:35
95	DUDA Andrzej	50		M50-59	00:00:10	00:11:13	00:22:47	00:34:37
96	MALINOWSKI Mariusz	170		M30-39	00:00:17	00:11:17	00:22:59	00:34:38
97	CYBULSKI Robert	39	MTS HAMER	M40-49	00:00:08	00:11:20	00:22:58	00:34:49
98	MICERSKI Tomasz	178	TKKF KOSZALIN	M40-49	00:00:07	00:11:16	00:22:51	00:34:50
99	MELLER Paweł	331	17 WOG	M50-59	00:00:05	00:11:24	00:23:07	00:34:52
100	JARZYNA Roman	100	SZWLA STARGARD	M40-49	00:00:06	00:11:14	00:22:50	00:34:53
101	KUŁAKOWSKI Dawid	154	TKKF KOSZALIN	M40-49	00:00:07	00:11:15	00:22:50	00:34:53
102	CHUDZINSKI Dariusz	37		M50-59	00:00:22	00:11:48	00:23:13	00:34:54
103	NIEMCZUK Darek	348		M50-59	00:00:22	00:11:07	00:22:50	00:34:54
104	SKONECZNY Kacper	257	KONTRA DARŁOWO	M18-29	00:00:12	00:10:48	00:22:28	00:35:02
105	OTTO Michał	206		M30-39	00:00:06	00:11:11	00:22:54	00:35:03
106	MUCHA Krzysztof	189	KOSZALIN	M30-39	00:00:06	00:11:11	00:22:54	00:35:03
107	ALABA Jerzy	497		M50-59	00:00:16	00:11:43	00:23:22	00:35:09
108	JABŁOŃSKI Arkadiusz	90	KOSZALIN	M30-39	00:00:26	00:11:29	00:23:08	00:35:11
109	BURKIET Marek	29	JW 1223	M40-49	00:00:10	00:11:32	00:23:20	00:35:17
110	WOJCIECHOWSKI Marcin	315		M18-29	00:00:20	00:11:22	00:23:15	00:35:20
111	GUDANIEC Radosław	337	TKKF TRIATHLON KOSZALIN	M50-59	00:00:05	00:11:11	00:23:13	00:35:23
112	KASPROWICZ Małgorzata	118	STOPA SŁUPSK	K30-39	00:00:10	00:11:27	00:23:19	00:35:23
113	KRAWCZUK Szymon	143	GEPARD GLEŻNOWO	M30-39	00:00:19	00:12:17	00:23:59	00:35:27
114	ŚWIETLIK Tomasz	289		M50-59	00:00:23	00:11:48	00:23:40	00:35:28
115	WYGANOWSKI Andrzej	342		M70+	00:00:09	00:11:42	00:23:37	00:35:29
116	UTTKE Kamil	298	DZIADOSTWOOOOO	M18-29	00:00:08	00:11:32	00:23:26	00:35:32
117	SZAREK Arkadiusz	277		M18-29	00:00:04	00:11:16	00:23:07	00:35:33
118	NOWAK Piotr	196		M18-29	00:00:04	00:11:19	00:23:08	00:35:34

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
119	STRUŚ Artur	271	KB BRYZA POSTOMINO	M50-59	00:00:10	00:11:36	00:23:37	00:35:36
120	WALERIAŃCZYK Roman	301	GMINA KOŁOBRZEG	M40-49	00:00:11	00:11:35	00:23:34	00:35:36
121	NACHYŁA Paweł	192	DZIKI KOSZALIN	M30-39	00:00:13	00:11:25	00:23:24	00:35:37
122	OSTAFI Robert	202		M30-39	00:00:02	00:11:14	00:23:20	00:35:44
123	WICHER Krzysztof	308	ADWOKATURA	M30-39	00:00:07	00:11:32	00:23:37	00:35:45
124	ZAWADA Andrzej	321	ZESPÓŁ SZKÓŁ SAMORZĄDOWYCH W OBJEŹDZIE	M50-59	00:00:28	00:11:38	00:23:29	00:35:45
125	PIETRZYCKI Adrian	217		M40-49	00:00:32	00:11:53	00:23:51	00:35:45
126	KRZEWIŃSKA Małgorzata	150	TKKF KOSZALIN	K50-59	00:00:05	00:11:40	00:23:42	00:35:46
127	MICHALCZYK Mariusz	180	JW 1223	M40-49	00:00:11	00:11:32	00:23:23	00:35:48
128	OTOKA Kasia	205	MONIA TEAM	K40-49	00:00:15	00:11:21	00:23:30	00:35:48
129	METERA Piotr	177	RUNNERSWALDE	M30-39	00:00:16	00:11:44	00:23:31	00:35:53
130	DIDŁUCH Jacek	48	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:00:24	00:11:46	00:23:45	00:35:53
131	GRZYTEK Marcin	76	PARKRUN SZCZECINEK	M30-39	00:00:10	00:11:36	00:23:38	00:35:58
132	LITWINOWICZ Renata	159	KB WYGAN	K40-49	00:00:15	00:11:52	00:23:52	00:35:59
133	BOBER Jakub	16	AKADEMIA POMORSKA	M18-29	00:00:04	00:11:08	00:23:22	00:36:02
134	KAŃDUŁA Mariusz	114	WŁ SŁUPSK	M40-49	00:00:12	00:11:43	00:23:47	00:36:03
135	CHOŁUJ Karol	35	ZAWSZE DO PRZODU	M30-39	00:00:08	00:11:17	00:23:29	00:36:05
136	SIKORSKI Adam	344		M30-39	00:00:10	00:11:11	00:23:27	00:36:05
137	SOROKA Piotr	264		M30-39	00:00:08	00:11:21	00:23:22	00:36:06
138	MIKIETYŃSKI Michał	182	OKONEK	M30-39	00:00:12	00:11:42	00:23:50	00:36:07
139	SZAREK Paweł	276	7 BRYGADA OBRONY WYBRZEŻA	M30-39	00:00:04	00:11:32	00:23:50	00:36:18
140	JANUSZEK Adam	335		M30-39	00:00:23	00:11:31	00:23:39	00:36:26
141	CZEPUKOJĆ Wojciech	43		M18-29	00:00:25	00:12:21	00:24:28	00:36:33
142	RÓG Michał	241	JW 1223	M30-39	00:00:09	00:11:31	00:23:37	00:36:35
143	RUSINEK Artur	246		M30-39	00:00:07	00:11:31	00:23:47	00:36:37
144	BUCZYŃSKI Eugeniusz	27	JW 1696	M40-49	00:00:08	00:11:22	00:23:48	00:36:37
145	RUTKOWSKA Anna	247		K40-49	00:00:10	00:11:33	00:23:57	00:36:42
146	DZIESZUK Dariusz	54	TKKF KOSZALIN	M40-49	00:00:20	00:12:24	00:24:38	00:36:45
147	CHODOR Izabela	33	TKKF KOSZALIN	K30-39	00:00:20	00:12:24	00:24:38	00:36:46
148	ZADROŻNY Szymon	320	RUNNER'S OF WAŁCZ	M30-39	00:00:05	00:11:38	00:24:02	00:36:47
149	ZDROWIECKI Artur	322		M30-39	00:00:05	00:11:31	00:24:03	00:36:48
150	PUŚCIAN Krzysztof	224	GIMNAZJUM W MANOWIE	M40-49	00:00:05	00:11:40	00:24:34	00:36:51
151	RUDZIEWICZ Urszula	245	FIZJOBIEGACZE SZCZECIN	K30-39	00:00:11	00:12:03	00:24:25	00:36:57
152	GWIAZDA Jarosław	78		M40-49	00:00:12	00:12:09	00:24:38	00:36:59
153	CZYŻ Izabella	44	STOPA SŁUPSK	K40-49	00:00:11	00:12:09	00:24:35	00:37:00
154	URBAŃSKI Arkadiusz	296		M40-49	00:00:09	00:12:04	00:24:33	00:37:03
155	NAPIERAŁA Bogumił	193	KORA KOSZALIN	M50-59	00:00:19	00:12:12	00:24:37	00:37:04
156	TUCHORSKA Julita	293		K30-39	00:00:09	00:11:52	00:24:22	00:37:06
157	WACHOLC Michał	300		M18-29	00:00:09	00:12:08	00:24:46	00:37:19
158	DĄBROWSKI Grzegorz	47		M40-49	00:00:13	00:11:54	00:24:29	00:37:20
159	ORŁOWSKA Beata	199	KĄPIELE NA SPONTANIE	K40-49	00:00:11	00:11:53	00:24:32	00:37:22
160	ROGAŁSKI Roberto	236	TKKF KOSZALIN	M30-39	00:00:16	00:11:43	00:24:17	00:37:22
161	GIL Remigiusz	498	LYCONET TRIATHLON TEAM	M40-49	00:00:13	00:12:11	00:24:47	00:37:26
162	KOSECKA Katarzyna	134	KB WYGAN	K30-39	00:00:09	00:11:35	00:24:30	00:37:27
163	ZIÓŁKOWSKA Małgorzata	327		K30-39	00:00:06	00:12:18	00:24:56	00:37:29

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
164	ROGANOWSKA Danuta	237	ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:02	00:25:27	00:37:40
165	JUSZCZAK Krzysztof	107		M60-69	00:00:34	00:12:02	00:24:38	00:37:40
166	RUDNIK Tomasz	243	LUB WYBIERZ Z LISTY	M30-39	00:00:22	00:12:18	00:24:37	00:37:41
167	HOC Dariusz	84		M40-49	00:00:25	00:12:30	00:25:03	00:37:45
168	DUDZIAK Piotr	51	KOSZALIN	M40-49	00:00:06	00:11:39	00:24:36	00:37:46
169	GONTARZ Wojciech	69	HONEY STINGER RUNNERS	M18-29	00:00:09	00:12:04	00:24:43	00:37:46
170	RATAJCZYK Monika	229		K30-39	00:00:18	00:12:28	00:24:59	00:37:46
171	JANUSZEWSKI Jacek	96	17 WOK KOSZALIN	M50-59	00:00:15	00:12:11	00:24:54	00:37:49
172	HUDASZEK Grzegorz	88		M30-39	00:00:20	00:12:20	00:25:00	00:37:49
173	MORDACZ Tomasz	185	PORZECZE BIEGA :)	M30-39	00:00:13	00:12:24	00:25:07	00:37:50
174	MAZURKIEWICZ Jolanta	176		K30-39	00:00:14	00:12:25	00:25:00	00:37:50
175	MRÓZ Dawid	187		M40-49	00:00:03	00:11:45	00:24:39	00:37:53
176	KRZANOWSKI Marcin	149	MARCINBIEGA	M30-39	00:00:11	00:11:46	00:24:46	00:37:55
177	RAWSKI Jarosław	232		M50-59	00:00:11	00:12:47	00:25:33	00:37:55
178	ZIENCINA Marcin	324		M30-39	00:00:18	00:11:53	00:24:44	00:38:03
179	KISIELIŃSKI Igor	122	TKKF KOSZALIN	M50-59	00:00:11	00:12:08	00:24:30	00:38:04
180	BĄCZYK Monika	5	MONIA TEAM	K30-39	00:00:22	00:12:19	00:24:57	00:38:04
181	RASZPLA Radosław	227		M40-49	00:00:07	00:11:51	00:24:41	00:38:05
182	KARCZEWSKI Krzysztof	115	AT - AKTYWNY TRZEBIATÓW	M50-59	00:00:14	00:12:10	00:24:50	00:38:05
183	KONKEL Łukasz	131		M30-39	00:00:08	00:11:43	00:24:33	00:38:06
184	MAJCHRZAK Paweł	166	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:04	00:11:38	00:24:22	00:38:11
185	STOKROCKI Wojciech	270		M30-39	00:00:29	00:12:47	00:25:28	00:38:13
186	KOZŁOWIECKI Waldemar	140	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:13	00:38:14
187	CZOS Łukasz	336		M30-39	00:00:08	00:11:20	00:24:36	00:38:14
188	FAJGIER Tomasz	58		M40-49	00:00:11	00:12:07	00:25:00	00:38:14
189	LICA Krzysztof	346		M30-39	00:00:16	00:12:29	00:25:19	00:38:16
190	NACHYŁA Piotr	191	STOPA SŁUPSK	M40-49	00:00:15	00:12:43	00:25:29	00:38:17
191	KOWALCZYK Mariusz	138	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:13	00:12:05	00:25:03	00:38:18
192	MODRZEJEWSKI Mateusz	339	KOCHAM ASIE	M30-39	00:00:16	00:12:29	00:25:19	00:38:18
193	WICENS Jacek	95	JACEK – BIEGAM BO LUBIE	M30-39	00:00:17	00:12:29	00:25:19	00:38:18
194	WOJTALIK Jacek	317		M30-39	00:00:17	00:12:28	00:25:18	00:38:18
195	BORKOWSKA-KOWALCZYK Daria	17	WOMENS FIGHT CLUB KOSZALIN	K30-39	00:00:12	00:12:12	00:25:04	00:38:19
196	FELSKI Łukasz	60		M30-39	00:00:32	00:12:42	00:25:27	00:38:29
197	PRZYMORSKI Waldemar	221	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:15	00:12:08	00:24:58	00:38:32
198	PUSZ Kuba	223	JS1373	M18-29	00:00:10	00:11:41	00:24:26	00:38:43
199	BRYGAŁA Tomasz	25		M30-39	00:00:19	00:12:50	00:25:49	00:38:45
200	ZWIRDOWSKI Andrzej	328		M30-39	00:00:20	00:12:20	00:25:14	00:38:50
201	HRYCIÓW Paweł	87	BIAŁOGARD	M30-39	00:00:26	00:12:50	00:25:40	00:38:51
202	GRABOWSKA-LESISZ Aneta	72		K30-39	00:00:07	00:12:13	00:25:24	00:38:58
203	KLUPŚ Monika	124		K40-49	00:00:32	00:12:55	00:25:54	00:38:59
204	RYBARCZYK Ireneusz	492		M30-39	00:00:20	00:13:15	00:26:10	00:39:00
205	PEŁKA Janusz	214	TKKF KOSZALIN	M50-59	00:00:23	00:12:11	00:25:50	00:39:06
206	BORYS Przemysław	19	BIEGNIJMY.PL	M30-39	00:00:28	00:12:49	00:25:34	00:39:06
207	SZUBERT Agnieszka	280		K30-39	00:00:16	00:12:54	00:26:04	00:39:13
DQ	KRÓL Marcin	146		M40-49	DQ	00:12:13 DQ	00:25:26 DQ	00:39:13 DQ

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
209	KOTULSKI Piotr	136	KLUB BIEGACZY JYSK	M40-49	00:00:09	00:12:19	00:25:41	00:39:14
210	BĄCZYK Adam	6	MONIA TEAM	M40-49	00:00:22	00:12:37	00:25:47	00:39:14
211	SOBOLEWSKI Marcin	262		M30-39	00:00:14	00:11:54	00:25:05	00:39:19
212	PODAWCA Łukasz	218	JW 1223	M30-39	00:00:22	00:12:50	00:25:58	00:39:29
213	LASKOWSKI Grzegorz	158		M30-39	00:00:21	00:12:53	00:26:01	00:39:30
214	WOJTANOWSKI Michał	350		M30-39	00:00:18	00:14:34	00:26:49	00:39:33
215	KOWALCZYK Piotr	137		M30-39	00:00:15	00:12:20	00:25:35	00:39:35
216	MARKOWSKI Andrzej	172	TKKF KOSZALIN	M60-69	00:00:01	00:12:34	00:25:52	00:39:38
217	KACZMAREK Łukasz	109	WOJOWNICY WÓDY	M30-39	00:00:16	00:12:22	00:25:38	00:39:39
218	GUDANIEC Dorota	338	TKKF TRIATHLON KOSZALIN	K50-59	00:00:06	00:12:57	00:26:17	00:39:41
219	CZAPLICKI Paweł	41	TKKF KOSZALIN	M40-49	00:00:21	00:12:56	00:26:15	00:39:41
220	BERNACKI Adam	10	EB BERNACKI	M40-49	00:00:07	00:12:32	00:25:59	00:39:42
221	SPICA Łukasz	265		M18-29	00:00:25	00:13:04	00:26:05	00:39:44
222	OSTROWSKI Artur	204		M30-39	00:00:13	00:12:10	00:25:25	00:39:45
223	ORYSZCZYN Arkadiusz	200		M30-39	00:00:25	00:13:04	00:26:05	00:39:45
224	ŁUCZEJKO Sławomir	163	TEAM BIEGOWY SZCZECINEK	M50-59	00:00:26	00:12:57	00:26:15	00:39:45
225	ATALSKI Damian	1		M30-39	00:00:22	00:13:04	00:26:18	00:39:47
226	KRYGIER Ireneusz	148	W.P.K. SŁOŃ TEAM USTKA	M30-39	00:00:14	00:12:29	00:26:01	00:39:51
227	SEKUŁA Mariusz	252		M40-49	00:00:15	00:12:25	00:25:51	00:39:51
228	KARNICKI Zygmunt	116	TKKF KOSZALIN	M60-69	00:00:07	00:12:29	00:26:00	00:39:53
229	HAŁKA Ola	80		K18-29	00:00:24	00:13:06	00:26:19	00:39:55
230	HRYCAJ Tomasz	86		M30-39	00:00:26	00:12:47	00:26:11	00:39:55
231	KUROWSKA Izabela	157	FITOSKA	K30-39	00:00:12	00:13:18	00:26:44	00:39:56
232	SZULTKA Mariusz	283		M30-39	00:00:18	00:12:54	00:26:20	00:39:56
233	DANOWSKI Maciej	45	FITNESS CLUB FORMA	M40-49	00:00:10	00:13:00	00:26:28	00:40:03
234	JURA Kazimierz	106	MTS HAMER	M60-69	00:00:20	00:12:57	00:26:35	00:40:13
235	MACHŁAJ Sonia	164		K18-29	00:00:16	00:12:59	00:26:28	00:40:14
236	DĄBROWSKA Alicja	46	TKKF KOSZALIN	K50-59	00:00:19	00:13:04	00:26:42	00:40:14
237	BOROWIEC Mariusz	18		M40-49	00:00:26	00:13:26	00:26:57	00:40:14
238	ZIELIŃSKI Grzegorz	323	BRIDGESTONE	M40-49	00:00:15	00:13:14	00:26:49	00:40:16
239	MICHALAK Kamila	179	KLUB BIEGACZY JYSK	K30-39	00:00:08	00:12:22	00:26:16	00:40:18
240	MALINOWSKA Małgorzata	167		K50-59	00:00:08	00:13:05	00:26:33	00:40:33
241	SIKORA Tomasz	254		M50-59	00:00:08	00:13:05	00:26:33	00:40:33
242	SKIBA Artur	255		M40-49	00:00:08	00:13:06	00:26:33	00:40:33
243	ZIĘBA Paweł	325	TKKF KOSZALIN	M40-49	00:00:07	00:12:10	00:25:49	00:40:34
244	KOBUS Maciej	126		M30-39	00:00:09	00:12:13	00:25:51	00:40:37
245	BRYGAŁA Magdalena	24		K30-39	00:00:18	00:12:53	00:26:37	00:40:37
246	KRASIŃSKI Witold	341		M40-49	00:00:09	00:12:14	00:25:51	00:40:38
247	WASZEK Marzena	302		K30-39	00:00:11	00:13:19	00:27:10	00:40:49
248	CUDZICH Piotr	38		M30-39	00:00:28	00:13:06	00:26:49	00:40:49
249	PSTRĄGOWSKA Marlena	222	BABECZKI KOSZALIN	K30-39	00:00:15	00:13:21	00:27:04	00:40:53
250	MAZUREK Barbara	175	BABECZKI KOSZALIN	K30-39	00:00:21	00:13:11	00:26:54	00:40:53
251	PANEK Urszula	208		K30-39	00:00:22	00:13:19	00:26:59	00:40:53
252	BĄK Halszka	7		K30-39	00:00:14	00:13:19	00:27:15	00:41:02
253	GRAJ Joanna	74		K18-29	00:00:24	00:13:18	00:27:11	00:41:02

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
254	TRZEŚNIEWSKI Zbigniew	292		M50-59	00:00:07	00:13:12	00:26:59	00:41:03
255	RUTKOWSKI Lucjan	248	ARCAN TEAM	M50-59	00:00:07	00:13:30	00:27:23	00:41:14
256	NOWAK Sylwia	195	CZARNE BIEGA	K30-39	00:00:07	00:13:18	00:27:17	00:41:19
257	ŚLEDŹ Andrzej	288	WŁ SŁUPSK	M40-49	00:00:12	00:12:56	00:27:07	00:41:20
258	GZELA Olga	79	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K30-39	00:00:18	00:13:08	00:26:58	00:41:40
259	KĘPKA Karolina	121	STOPA SŁUPSK	K40-49	00:00:15	00:13:18	00:27:21	00:41:41
260	PIÓRO Ewa	345		K40-49	00:00:15	00:13:13	00:27:06	00:41:51
261	KOWALSKI Kamil	347		M30-39	00:00:23	00:13:06	00:26:53	00:41:51
262	JASIENIECKI Piotr	102		M40-49	00:00:16	00:12:55	00:26:52	00:41:59
263	SZAFIRSKI Marek	274	CAMINO SŁUPSK	M50-59	00:00:24	00:13:27	00:27:38	00:42:04
264	HNATOWSKI Artur	83	SZYBKIE STOPY	M40-49	00:00:19	00:12:54	00:26:54	00:42:08
265	KLUPŚ Janusz	123		M40-49	00:00:30	00:13:23	00:27:40	00:42:08
266	RADECKI Jacek	226	CSSP KOSZALIN	M40-49	00:00:13	00:13:12	00:27:29	00:42:16
267	WOCH Małgorzata	313		K50-59	00:00:21	00:13:36	00:27:48	00:42:16
268	MALINOWSKA-BURDA Aleksandra	169		K18-29	00:00:15	00:13:41	00:28:04	00:42:17
269	KACZMAREK Agnieszka	108		K40-49	00:00:21	00:13:36	00:27:48	00:42:17
270	GÓRNIAK Stanisław	71	WŁ SŁUPSK	M50-59	00:00:11	00:13:28	00:27:34	00:42:18
271	OGRODOWCZYK Jagoda	197		K30-39	00:00:23	00:13:11	00:27:27	00:42:20
272	KARPIŃSKI Mateusz	117		M18-29	00:00:23	00:13:11	00:27:27	00:42:20
273	BASIAK Krystian	4	KOSZALIN	M30-39	00:00:25	00:12:58	00:27:13	00:42:26
274	SOBALA Anna	261		K30-39	00:00:11	00:13:09	00:27:08	00:42:35
275	REMPŁAKOWSKI Krzysztof	234	WE RUN	M40-49	00:00:19	00:13:44	00:27:59	00:42:37
276	WOLF Beata	333	TKKF KOSZALIN	K30-39	00:00:19	00:13:36	00:28:04	00:42:38
277	SMARSZCZ Wiesław	260	TEAM RWT BYDGOSZCZ-WŁ ŁĘBORK	M50-59	00:00:04	00:13:04	00:27:28	00:42:39
278	REMPŁAKOWSKA Małgorzata	233	WE RUN	K30-39	00:00:18	00:13:49	00:28:01	00:42:39
279	KUPREWICZ Grzegorz	155	JW 1223	M30-39	00:00:13	00:13:35	00:28:34	00:42:44
280	HELLER Zdzisław	81	NIEZRZESZONY	M60-69	00:00:23	00:13:42	00:28:14	00:42:48
281	WOJTANOWSKI Tomasz	318	K.B. SPRINT ŚWIDWIN	M30-39	00:00:17	00:13:20	00:27:56	00:42:51
282	SZYMAŃSKA Agnieszka	284		K40-49	00:00:24	00:14:19	00:28:36	00:42:53
283	JAROSZ Marzena	97		K50-59	00:00:24	00:14:19	00:28:36	00:42:53
284	BEDNARZ Katarzyna	8		K40-49	00:00:29	00:13:49	00:28:16	00:43:03
285	FRASZKIEWICZ Jarosław	62		M40-49	00:00:06	00:13:13	00:27:48	00:43:07
286	PAWLAK Ewelina	212		K30-39	00:00:17	00:13:22	00:28:13	00:43:10
287	SZKATULSKI Tomasz	278	DARŁOWO	M18-29	00:00:18	00:12:53	00:27:37	00:43:13
288	ZAREMBA Tomasz	340		M30-39	00:00:22	00:13:00	00:28:21	00:43:22
289	KACZMAREK Zenon	110	MORSY KOŁOBRZEG	M60-69	00:00:02	00:14:01	00:28:43	00:43:27
290	WIERZBICKI Kacper	309		M18-29	00:00:04	00:13:24	00:27:42	00:43:30
291	KOMODA Mariusz	128		M40-49	00:00:17	00:13:51	00:28:36	00:43:45
292	STANULA Matylda	267		K18-29	00:00:14	00:13:52	00:28:38	00:43:58
293	BARA Monika	2	JW 1223/3DPLOT	K18-29	00:00:15	00:13:51	00:28:37	00:44:02
294	SZULTKA Sylwia	282		K30-39	00:00:18	00:14:24	00:29:07	00:44:24
295	CYRKLEWICZ Weronika	40		K30-39	00:00:17	00:14:25	00:29:08	00:44:25
296	BRESZKA Paweł	23	DARŁOWO	M40-49	00:00:17	00:13:58	00:29:16	00:44:40
297	BŁACH Piotr	14		M30-39	00:00:16	00:13:59	00:29:16	00:44:41
298	PAWLAK Marek	213		M30-39	00:00:24	00:13:40	00:28:48	00:44:48

Place	Participant	Number	Club	Category	Start time	Start_All 2.45km	Start_All 4.9km	Start_All 7.35km
299	RATAJEWSKA Agnieszka	230	PANI	K30-39	00:00:12	00:14:10	00:29:31	00:45:18
300	JANKOWSKI Remigiusz	93		M30-39	00:00:21	00:14:23	00:29:39	00:45:30
301	ZIELIŃSKI Andrzej	349		M30-39	00:00:18	00:14:35	00:29:44	00:45:31
302	URBAŃSKA Anetta	294		K40-49	00:00:25	00:14:27	00:29:38	00:45:32
303	BINKIEWICZ Marcin	13		M30-39	00:00:27	00:13:50	00:29:11	00:45:33
304	MALINOWSKA Agnieszka	168	CIOTECZKI.PL	K30-39	00:00:15	00:14:35	00:30:04	00:45:53
305	RASZPLA Ilona	228		K40-49	00:00:14	00:14:36	00:30:05	00:45:54
306	SCHMIDT Dariusz	499		M50-59	00:00:22	00:14:35	00:29:58	00:46:04
307	FALGOWSKI Paweł	59		M30-39	00:00:13	00:12:49	00:29:07	00:46:05
308	PASEK Paula	209		K30-39	00:00:20	00:14:11	00:29:42	00:46:07
309	KURCZ Barbara	156	BABECZKI KOSZALIN	K40-49	00:00:22	00:14:59	00:30:37	00:46:22
310	FILIPCZYK Mieczysław	61	NIEZRZESZONY	M50-59	00:00:04	00:14:09	00:29:59	00:46:31
311	SOBOLEWSKI Marek	332	17 WOG	M40-49	00:00:04	00:14:26	00:30:24	00:46:54
312	SZYMAŃSKI Marcin	285	TEAM BIEGOWY SZCZECINEK	M30-39	00:00:27	00:14:40	00:30:28	00:47:29
313	ZIĘTARA Ryszard	326		M60-69	00:00:13	00:14:36	00:30:45	00:48:35
314	STASZYŃSKA Marianna	268	BTC,,ORZEŁ'	K60+	00:00:24	00:15:52	00:32:23	00:49:18
315	STACHOWSKI Michał	266		M30-39	00:00:19	00:15:01	00:31:44	00:50:02
315	KONDRATOWICZ Agnieszka	129		K30-39	00:00:19	00:15:01	00:31:44	00:50:02
317	KRAWCZUK-KIEŁB Anna	144	ŻYJ Z ENERGIA	K40-49	00:00:20	00:16:14	00:33:46	00:51:33
318	PASEK Jan	210		M60-69	00:00:21	00:15:46	00:33:23	00:51:45
	WAWRZY尼亚K Karolina	303		K18-29	DNF	00:14:27 DNF	DNF	DNF
	KĘPKA Adrian	120		M18-29	DNF	00:09:10 DNF	00:18:52 DNF	DNF

Total 320 results.