



BIEG PO ZDROWIE DLA ANGELIKI SAGANOWSKIEJ

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Gminno Ludowy Klub Sportowy
2018-05-26
Borówno
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOŻUCHOWSKA Natalia	193	LASER FIGHT	K-Open	1	00:00:00	00:20:42.35	00:20:43.15		4:08	14.5 (100%)
2	RUDOL Magdalena	189	RUN PASJA	K-Open	2	00:00:01	00:24:13.25	00:24:14.60	+00:03:30 (14.5%)	4:50	12.4 (85.5%)
3	LAMPARSKA Kasia	54		K-Open	3	00:00:27	00:24:23.45	00:24:50.45	+00:03:41 (15.1%)	4:52	12.3 (84.8%)
4	POTRZEBOWSKA Agata	78	DEAF	K-Open	4	00:00:04	00:24:25.00	00:24:29.20	+00:03:42 (15.2%)	4:53	12.3 (84.8%)
5	GROBELNA Angelika	25	BYDGOSZCZ NA START	K-Open	5	00:00:06	00:24:45.85	00:24:51.90	+00:04:03 (16.4%)	4:57	12.1 (83.4%)
6	ULOWSKA Katarzyna	82		K-Open	6	00:00:00	00:24:51.20	00:24:51.20	+00:04:08 (16.7%)	4:58	12.1 (83.4%)
7	SKUCIŃSKA Karolina	164		K-Open	7	00:00:04	00:24:56.25	00:25:01.20	+00:04:13 (17.0%)	4:59	12 (82.8%)
8	NIEMCZEWSKA Ewa	257		K-Open	8	00:00:04	00:25:48.05	00:25:52.05	+00:05:05 (19.7%)	5:09	11.6 (80.0%)
9	MATUSIAK Aneta	171		K-Open	9	00:00:00	00:25:52.65	00:25:52.65	+00:05:10 (20.0%)	5:10	11.6 (80.0%)
10	AFELT Luiza	96		K-Open	10	00:00:04	00:25:56.85	00:26:01.35	+00:05:14 (20.2%)	5:11	11.6 (80.0%)
11	ROBACZEWSKA Kinga	41		K-Open	11	00:00:03	00:26:01.10	00:26:04.40	+00:05:18 (20.4%)	5:12	11.5 (79.3%)
12	REJOWSKA Karolina	207		K-Open	12	00:00:00	00:26:47.85	00:26:47.85	+00:06:05 (22.7%)	5:21	11.2 (77.2%)
13	SZYNWELSKA Marlena	159	SKIRUN	K-Open	13	00:00:00	00:26:56.55	00:26:56.55	+00:06:14 (23.1%)	5:23	11.1 (76.6%)
14	KURDYNOWSKA Marlena	29		K-Open	14	00:00:00	00:27:10.15	00:27:10.15	+00:06:27 (23.8%)	5:26	11 (75.9%)
15	SZEWS Agnieszka	297		K-Open	15	00:00:24	00:27:15.80	00:27:40.25	+00:06:33 (24.1%)	5:27	11 (75.9%)
16	JAKUBOSZ Iza	128		K-Open	16	00:00:12	00:27:26.40	00:27:38.85	+00:06:44 (24.5%)	5:29	10.9 (75.2%)
17	EISERT Edyta	58		K-Open	17	00:00:03	00:27:27.25	00:27:30.95	+00:06:44 (24.6%)	5:29	10.9 (75.2%)
18	LORENC-KRUSZYŃSKA Sylwia	19		K-Open	18	00:00:00	00:27:27.60	00:27:27.60	+00:06:45 (24.6%)	5:29	10.9 (75.2%)
19	KACZOROWSKA Agnieszka	67	TASTY & HEALTHY	K-Open	19	00:00:14	00:27:46.20	00:28:00.30	+00:07:03 (25.4%)	5:33	10.8 (74.5%)
20	KLETT Patrycja	188		K-Open	20	00:00:06	00:27:46.55	00:27:53.20	+00:07:04 (25.5%)	5:33	10.8 (74.5%)
21	MONDRA Marlena	179		K-Open	21	00:00:04	00:27:49.40	00:27:54.35	+00:07:07 (25.6%)	5:34	10.8 (74.5%)
22	KUJAWA Karolina	101	INTER SOLUTIONS	K-Open	22	00:00:00	00:27:49.80	00:27:49.80	+00:07:07 (25.6%)	5:33	10.8 (74.5%)
23	STĘPIEŃ Monika	103	CZARNE STOPY	K-Open	23	00:00:11	00:27:56.50	00:28:08.35	+00:07:14 (25.9%)	5:35	10.7 (73.8%)
24	DRZEWIECKA Maria	69		K-Open	24	00:00:10	00:28:33.30	00:28:43.30	+00:07:50 (27.5%)	5:42	10.5 (72.4%)

							Czas netto	Czas brutto		Tempo	Tempo
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	5km	Różn	min/km	km/h
25	FIDURA Aleksandra	160		K-Open	25	00:00:09	00:28:34.15	00:28:43.30	+00:07:51 (27.5%)	5:42	10.5 (72.4%)
26	KOZŁOWSKA Magdalena	204		K-Open	26	00:00:06	00:28:56.70	00:29:03.40	+00:08:14 (28.5%)	5:47	10.4 (71.7%)
27	SCHMIDT Małgorzata	132		K-Open	27	00:00:21	00:29:05.05	00:29:26.80	+00:08:22 (28.8%)	5:49	10.3 (71.0%)
28	OŻGA Agnieszka	106	NOKIA BYDGOSZCZ	K-Open	28	00:00:11	00:29:39.95	00:29:50.95	+00:08:57 (30.2%)	5:55	10.1 (69.7%)
29	BRZOZOWSKA Iwona	93		K-Open	29	00:00:12	00:29:51.00	00:30:03.50	+00:09:08 (30.6%)	5:58	10.1 (69.7%)
30	WIŚNIEWSKA Dominika	66	BIEGAJ Z DĘBAMI	K-Open	30	00:00:18	00:29:57.50	00:30:15.65	+00:09:15 (30.9%)	5:59	10 (69.0%)
31	SZABO-MOSKAL Jadwiga	75		K-Open	31	00:00:00	00:29:59.90	00:30:00.55	+00:09:17 (31.0%)	6:00	10 (69.0%)
32	JAWORSKA Grażyna	284		K-Open	32	00:00:05	00:30:00.45	00:30:05.45	+00:09:18 (31.0%)	6:00	10 (69.0%)
33	STOSIK Karolina	196		K-Open	33	00:00:00	00:30:02.70	00:30:02.70	+00:09:20 (31.1%)	6:00	10 (69.0%)
34	GRODZKA Ewelina	2		K-Open	34	00:00:12	00:30:20.95	00:30:33.70	+00:09:38 (31.8%)	6:04	9.9 (68.3%)
35	SZCZYGIELSKA-GRZYBOWSKA Violetta	38		K-Open	35	00:00:03	00:30:27.25	00:30:30.40	+00:09:44 (32.0%)	6:05	9.9 (68.3%)
36	KALINOWSKA Patrycja	223	SOLECCY BIEGACZE	K-Open	36	00:00:20	00:30:31.65	00:30:52.55	+00:09:49 (32.2%)	6:06	9.8 (67.6%)
37	POCZWARDOWSKA Wioletta	13		K-Open	37	00:00:00	00:30:55.25	00:30:55.25	+00:10:12 (33.0%)	6:11	9.7 (66.9%)
38	GLAZIK Anna	161		K-Open	38	00:00:13	00:30:58.75	00:31:11.95	+00:10:16 (33.2%)	6:11	9.7 (66.9%)
39	LEWANDOWSKA Patrycja	80		K-Open	39	00:00:00	00:31:24.50	00:31:24.50	+00:10:42 (34.1%)	6:16	9.6 (66.2%)
40	ZIELIŃSKA Dorota	110		K-Open	40	00:00:00	00:31:26.85	00:31:27.45	+00:10:44 (34.2%)	6:17	9.5 (65.5%)
41	DROŻNIEWSKA Ada	21		K-Open	41	00:00:10	00:31:34.30	00:31:44.45	+00:10:51 (34.4%)	6:18	9.5 (65.5%)
42	MAJORKOWSKA Anna	113		K-Open	42	00:00:06	00:31:34.45	00:31:40.80	+00:10:52 (34.4%)	6:18	9.5 (65.5%)
43	JENDRUSZEWSKA Joanna	266		K-Open	43	00:00:00	00:31:45.10	00:31:45.10	+00:11:02 (34.8%)	6:21	9.4 (64.8%)
44	MALCHERCZYK Estera	44		K-Open	44	00:00:00	00:31:53.70	00:31:53.70	+00:11:11 (35.1%)	6:22	9.4 (64.8%)
45	MŁYNARCZYK Monika	152		K-Open	45	00:00:16	00:32:03.90	00:32:20.85	+00:11:21 (35.4%)	6:24	9.4 (64.8%)
46	TOBOLEWSKA Anna	254	ULKS ZRYW DOBRCZ	K-Open	46	00:00:07	00:32:28.45	00:32:35.80	+00:11:46 (36.2%)	6:29	9.2 (63.4%)
47	ZIELIŃSKA Justyna	3		K-Open	47	00:00:21	00:32:30.85	00:32:52.15	+00:11:48 (36.3%)	6:30	9.2 (63.4%)
48	NOSKOWIAK-BAJNO Alicja	14		K-Open	48	00:00:19	00:32:32.55	00:32:52.15	+00:11:50 (36.4%)	6:30	9.2 (63.4%)
49	PALUCH Magdalena	180	KATALOG MARZEŃ	K-Open	49	00:00:12	00:32:33.95	00:32:46.90	+00:11:51 (36.4%)	6:30	9.2 (63.4%)
50	LEŚNIEWICZ Justyna	98		K-Open	50	00:00:02	00:32:35.70	00:32:38.45	+00:11:53 (36.5%)	6:31	9.2 (63.4%)
51	JARMOŁOWICZ Aleksandra	108		K-Open	51	00:00:00	00:32:55.10	00:32:55.10	+00:12:12 (37.1%)	6:35	9.1 (62.8%)
52	NOWAKOWSKA Sylwia	130		K-Open	52	00:00:25	00:32:59.55	00:33:24.60	+00:12:17 (37.2%)	6:35	9.1 (62.8%)
53	OSAK Anna	62		K-Open	53	00:00:00	00:33:09.20	00:33:09.20	+00:12:26 (37.5%)	6:37	9 (62.1%)
54	SZATKOWSKA Beata	174		K-Open	54	00:00:00	00:33:13.00	00:33:13.00	+00:12:30 (37.7%)	6:38	9 (62.1%)
55	PIÓRKOWSKA Aga	20	BRB BYDGOSZCZ	K-Open	55	00:00:00	00:33:22.15	00:33:22.15	+00:12:39 (37.9%)	6:40	9 (62.1%)
56	KONCZAL Natalia	172		K-Open	56	00:00:00	00:33:25.40	00:33:25.40	+00:12:43 (38.0%)	6:41	9 (62.1%)
57	KOZŁOWSKA Natalia	100	INTER SOLUTIONS	K-Open	57	00:00:13	00:33:35.65	00:33:49.30	+00:12:53 (38.4%)	6:43	8.9 (61.4%)
58	BONIN Aleksandra	279		K-Open	58	00:00:03	00:34:11.55	00:34:14.85	+00:13:29 (39.4%)	6:50	8.8 (60.7%)
59	NOWAKOWSKA Marta	287		K-Open	59	00:00:05	00:34:19.05	00:34:24.05	+00:13:36 (39.7%)	6:51	8.7 (60.0%)
60	BOGDANÓW Karolina	22	BYDGOSZCZ NA START	K-Open	60	00:00:05	00:34:22.00	00:34:27.80	+00:13:39 (39.8%)	6:52	8.7 (60.0%)
61	MATUSZEWSKA Agnieszka	24	BYDGOSZCZ NA START	K-Open	61	00:00:05	00:34:22.90	00:34:28.35	+00:13:40 (39.8%)	6:52	8.7 (60.0%)
62	ŚLĄSKA Angelika	64	HASHTAG TEAM	K-Open	62	00:00:00	00:34:34.85	00:34:34.85	+00:13:52 (40.1%)	6:54	8.7 (60.0%)
63	MISUN Mariola	12	AMS	K-Open	63	00:00:00	00:35:00.20	00:35:00.20	+00:14:17 (40.8%)	7:00	8.6 (59.3%)
64	LAMPARSKA Beata	31		K-Open	64	00:00:02	00:35:20.25	00:35:22.75	+00:14:37 (41.4%)	7:04	8.5 (58.6%)
65	TOBOLEWSKA Elżbieta	195		K-Open	65	00:00:00	00:35:26.35	00:35:26.35	+00:14:44 (41.6%)	7:05	8.5 (58.6%)
66	SZELIGA Jowita	286		K-Open	66	00:00:06	00:35:26.95	00:35:33.10	+00:14:44 (41.6%)	7:05	8.5 (58.6%)
67	JASIŃSKA Dorota	270		K-Open	67	00:00:18	00:35:32.60	00:35:51.45	+00:14:50 (41.7%)	7:06	8.4 (57.9%)
68	BARTCZAK Kazimiera	201	TEAMOCHAL	K-Open	68	00:00:02	00:35:34.35	00:35:36.55	+00:14:52 (41.8%)	7:06	8.4 (57.9%)

						Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu				
69	SZAŁAŃSKA Patrycja	191		K-Open	69	00:00:12	00:35:41.30	00:35:54.20	+00:14:58 (42.0%)	7:08 8.4 (57.9%)
70	KORALEWSKA Milena	208		K-Open	70	00:00:16	00:35:49.05	00:36:05.35	+00:15:06 (42.2%)	7:09 8.4 (57.9%)
71	ASTUKIEWICZ Agnieszka	170		K-Open	71	00:00:16	00:35:55.40	00:36:11.60	+00:15:13 (42.4%)	7:11 8.4 (57.9%)
72	SLESIŃSKA Angelika	84		K-Open	72	00:00:07	00:36:03.05	00:36:10.10	+00:15:20 (42.6%)	7:12 8.3 (57.2%)
73	BETKA Marta	6		K-Open	73	00:00:00	00:36:05.55	00:36:05.55	+00:15:23 (42.6%)	7:13 8.3 (57.2%)
74	JAGOS Olimpia	7		K-Open	74	00:00:00	00:36:05.65	00:36:05.65	+00:15:23 (42.6%)	7:13 8.3 (57.2%)
75	CZAJKOWSKA Karolina	165	BIEGAJ Z DĘBAMI	K-Open	75	00:00:00	00:36:24.75	00:36:24.75	+00:15:42 (43.1%)	7:16 8.2 (56.6%)
76	GAWLIK Karolina	290		K-Open	76	00:00:00	00:36:29.95	00:36:29.95	+00:15:47 (43.3%)	7:17 8.2 (56.6%)
77	HARKOT Katarzyna	125		K-Open	77	00:00:14	00:36:45.55	00:37:00.25	+00:16:03 (43.7%)	7:21 8.2 (56.6%)
78	WOŹNIAK Alina	183		K-Open	78	00:00:00	00:36:48.30	00:36:48.30	+00:16:05 (43.7%)	7:21 8.2 (56.6%)
79	KUCIŃSKA Edyta	280		K-Open	79	00:00:00	00:36:59.35	00:36:59.35	+00:16:17 (44.0%)	7:23 8.1 (55.9%)
80	JADACH Monika	200		K-Open	80	00:00:03	00:37:15.75	00:37:19.35	+00:16:33 (44.4%)	7:27 8.1 (55.9%)
81	ZGRZEBA Patrycja	4		K-Open	81	00:00:17	00:37:34.65	00:37:51.70	+00:16:52 (44.9%)	7:30 8 (55.2%)
82	MARKOWSKA-BAUMGART Aneta	89	BIEGAJ Z DĘBAMI	K-Open	82	00:00:17	00:37:36.45	00:37:53.70	+00:16:54 (44.9%)	7:31 8 (55.2%)
83	SILKOWSKA Kinga	177		K-Open	83	00:00:20	00:37:46.25	00:38:06.85	+00:17:03 (45.2%)	7:33 7.9 (54.5%)
84	SZMUDANOWSKA Klaudia	131		K-Open	84	00:00:21	00:37:46.80	00:38:07.80	+00:17:04 (45.2%)	7:33 7.9 (54.5%)
85	TOBOLSKA Natalia	47		K-Open	85	00:00:08	00:38:14.85	00:38:23.00	+00:17:32 (45.9%)	7:39 7.8 (53.8%)
86	MAĆKOWIAK Kamila	46		K-Open	86	00:00:07	00:38:15.10	00:38:22.45	+00:17:32 (45.9%)	7:39 7.8 (53.8%)
87	OSIŃSKA Justyna	124	PRZYCHODNIA ROMET	K-Open	87	00:00:00	00:38:19.50	00:38:19.50	+00:17:37 (46.0%)	7:39 7.8 (53.8%)
88	SITEK Monika	37		K-Open	88	00:00:10	00:38:34.90	00:38:45.65	+00:17:52 (46.3%)	7:43 7.8 (53.8%)
89	KLÓSKA Patrycja	15		K-Open	89	00:00:17	00:39:22.55	00:39:40.50	+00:18:40 (47.4%)	7:52 7.6 (52.4%)
90	TRELLA Aleksandra	60	BIEGAJ Z DĘBAMI	K-Open	90	00:00:00	00:39:29.50	00:39:29.50	+00:18:47 (47.6%)	7:53 7.6 (52.4%)
91	KRUTUL Agnieszka	294		K-Open	91	00:00:23	00:39:30.55	00:39:53.90	+00:18:48 (47.6%)	7:54 7.6 (52.4%)
92	KAWIŃSKA Agnieszka	105		K-Open	92	00:00:00	00:39:41.00	00:39:41.00	+00:18:58 (47.8%)	7:56 7.6 (52.4%)
93	KAŹMIERCZAK Żanetta	226	GOSIR OSIELSKO	K-Open	93	00:00:16	00:39:44.15	00:40:00.45	+00:19:01 (47.9%)	7:56 7.6 (52.4%)
94	KRULUT Katarzyna	293		K-Open	94	00:00:00	00:39:53.85	00:39:53.85	+00:19:11 (48.1%)	7:58 7.5 (51.7%)
95	STENCEL Anna	275		K-Open	95	00:00:02	00:40:06.80	00:40:09.55	+00:19:24 (48.4%)	8:01 7.5 (51.7%)
96	NAWROCKA Jowita	288		K-Open	96	00:00:01	00:40:14.95	00:40:16.40	+00:19:32 (48.6%)	8:03 7.5 (51.7%)
97	NAWROCKA Ewa	222		K-Open	97	00:00:01	00:40:24.40	00:40:25.65	+00:19:42 (48.8%)	8:04 7.4 (51.0%)
98	ŚLIWA Kamila	283		K-Open	98	00:00:00	00:43:25.95	00:43:25.95	+00:22:43 (52.3%)	8:41 6.9 (47.6%)
99	DONART Paulina	167	MVM LOGISTICS	K-Open	99	00:00:03	00:44:53.70	00:44:57.65	+00:24:11 (53.9%)	8:58 6.7 (46.2%)
100	CHUDZIŃSKA Magdalena	168	MVM LOGISTICS	K-Open	100	00:00:03	00:45:13.00	00:45:16.60	+00:24:30 (54.2%)	9:02 6.6 (45.5%)
101	GNIOT Jadzia	211		K-Open	101	00:00:24	00:47:17.70	00:47:41.95	+00:26:35 (56.2%)	9:27 6.3 (43.4%)
102	GNIOT Agnieszka	50		K-Open	102	00:00:22	00:47:18.60	00:47:41.15	+00:26:36 (56.2%)	9:27 6.3 (43.4%)
103	SOLIS Patrycja	136		K-Open	103	00:00:22	00:47:18.70	00:47:41.15	+00:26:36 (56.2%)	9:27 6.3 (43.4%)
104	SOLIS Małgorzata	137		K-Open	104	00:00:21	00:47:23.55	00:47:45.20	+00:26:41 (56.3%)	9:28 6.3 (43.4%)
105	GAWLIK Pola	291		K-Open	105	00:00:25	00:47:55.95	00:48:21.85	+00:27:13 (56.8%)	9:35 6.3 (43.4%)
106	ŚLIWA Renata	256		K-Open	106	00:00:00	00:48:20.30	00:48:20.30	+00:27:37 (57.2%)	9:40 6.2 (42.8%)
107	BIZON Ewa	277		K-Open	107	00:00:00	00:48:22.60	00:48:22.60	+00:27:40 (57.2%)	9:40 6.2 (42.8%)
108	MIGOLSKA Barbara	278		K-Open	108	00:00:00	00:48:23.75	00:48:23.75	+00:27:41 (57.2%)	9:40 6.2 (42.8%)
109	ŚLIWA Katarzyna	282		K-Open	109	00:00:00	00:48:23.95	00:48:23.95	+00:27:41 (57.2%)	9:40 6.2 (42.8%)
110	NAKIELSKA Andzelika	229		K-Open	110	00:00:01				(0.0%)
111	ALZANOWSKA Danuta	117		K-Open	111	00:00:03				(0.0%)
112	WOJTYSIAK Dorota	26		K-Open	112	00:00:07				(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
113	GIERSZEWSKA Grażyna	186		K-Open	113	00:00:08					(0.0%)
114	LISZEWSKA Adrianna	245		K-Open	114	00:00:09					(0.0%)
115	POLACKA Jadwiga	43	BIEGAJ Z DĘBAMI	K-Open	115	00:00:15					(0.0%)

Znaleziono 115 wynik(ów)