



BIEG PRZEZ MOST 2019

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Urząd Dzielnicy Warszawa - Białoleka
2019-09-22
Warszawa
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K 1-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GRZEGORCZYK Natalia	995	WANDA PANFIL TEAM / AZS AWF WARSZAWA	K 1-29	1	00:00:02	00:25:12	00:34:54	00:39:39.50	00:39:42.00		3:58	15.1 (100%)
2	SZUBA Martyna	784	TEAM PARSZCZYŃSKICH	K 1-29	2	00:00:19	00:28:12	00:39:12	00:44:38.75	00:44:58.55	+00:04:59 (11.2%)	4:27	13.4 (88.7%)
3	SŁAWIŃSKA Ewa	719		K 1-29	3	00:00:09	00:28:52	00:39:29	00:44:45.70	00:44:55.30	+00:05:06 (11.4%)	4:28	13.4 (88.7%)
4	KOWERDA Sylwia	395		K 1-29	4	00:00:21	00:30:53	00:42:59	00:48:57.55	00:49:19.10	+00:09:18 (19.0%)	4:53	12.3 (81.5%)
5	OŁÓW Kamila	581		K 1-29	5	00:00:17	00:31:30	00:43:31	00:49:27.95	00:49:45.05	+00:09:48 (19.8%)	4:56	12.1 (80.1%)
6	MALMON Oliwia	489	KONDYCJA	K 1-29	6	00:00:03	00:36:01	00:44:53	00:51:41.30	00:51:44.90	+00:12:01 (23.3%)	5:10	11.6 (76.8%)
7	CHOSZCZ Dominika	97		K 1-29	7	00:00:49	00:32:31	00:45:50	00:51:47.15	00:52:36.40	+00:12:07 (23.4%)	5:10	11.6 (76.8%)
8	MISZCZAK Paulina	536		K 1-29	8	00:01:00	00:34:07	00:46:28	00:52:28.55	00:53:28.70	+00:12:49 (24.4%)	5:14	11.4 (75.5%)
9	KRUPIŃSKA Wiola	409	TRUCHT TEAM TARCHOMIN	K 1-29	9	00:00:15	00:34:08	00:46:50	00:52:51.55	00:53:07.10	+00:13:12 (25.0%)	5:17	11.3 (74.8%)
10	CHOTOMSKA Dorota	98		K 1-29	10	00:00:07	00:33:31	00:46:43	00:53:22.35	00:53:29.90	+00:13:42 (25.7%)	5:20	11.2 (74.2%)
11	MRUK Joanna	548		K 1-29	11	00:00:44	00:35:31	00:48:13	00:53:54.50	00:54:39.40	+00:14:15 (26.4%)	5:23	11.1 (73.5%)
12	ŁAZAREWICZ Katarzyna	460		K 1-29	12	00:00:54	00:33:49	00:47:26	00:54:00.35	00:54:54.75	+00:14:20 (26.6%)	5:24	11.1 (73.5%)
13	JONIK Justyna	296	AZS WAT	K 1-29	13	00:00:05	00:34:26	00:47:53	00:54:09.25	00:54:14.80	+00:14:29 (26.8%)	5:24	11.1 (73.5%)
14	KONOPKA Justyna	366	RUN 4FUN	K 1-29	14	00:00:36	00:34:41	00:47:51	00:54:11.70	00:54:48.50	+00:14:32 (26.8%)	5:25	11.1 (73.5%)
15	GZULA Agnieszka Karolina	240	ADIDAS RUNNERS WARSAW	K 1-29	15	00:00:34	00:34:30	00:47:42	00:54:42.00	00:55:16.10	+00:15:02 (27.5%)	5:28	11 (72.8%)
16	BYELKINA Kateryna	970	ANPHARM RUN TEAM	K 1-29	16	00:02:11	00:35:24	00:48:46	00:55:02.75	00:57:14.05	+00:15:23 (28.0%)	5:30	10.9 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	WASILUK Klaudia	838	DRUŻYNA SZPIKU	K 1-29	17	00:01:25	00:36:47	00:49:16	00:55:13.70	00:56:38.80	+00:15:34 (28.2%)	5:31	10.9 (72.2%)
18	OWCZAREK Beata	588	GO SPORT RUNNERS	K 1-29	18	00:01:07	00:35:37	00:49:15	00:55:49.25	00:56:57.15	+00:16:09 (29.0%)	5:35	10.7 (70.9%)
19	DRÓZD Sandra	998		K 1-29	19	00:01:38	00:35:58	00:49:30	00:55:57.60	00:57:35.70	+00:16:18 (29.1%)	5:35	10.7 (70.9%)
20	MAĆKOWIAK Weronika	480		K 1-29	20	00:01:54	00:35:56	00:49:39	00:56:06.00	00:58:00.70	+00:16:26 (29.3%)	5:36	10.7 (70.9%)
21	JAŚTAK Natalia	958		K 1-29	21	00:01:07	00:36:59	00:48:20	00:56:40.60	00:57:48.45	+00:17:01 (30.0%)	5:40	10.6 (70.2%)
22	SOCHACKA Karolina	727		K 1-29	22	00:01:02	00:36:21	00:50:07	00:56:45.85	00:57:48.60	+00:17:06 (30.1%)	5:40	10.6 (70.2%)
23	SIGAL Bogdana	706		K 1-29	23	00:01:01	00:36:28	00:50:22	00:57:14.00	00:58:15.40	+00:17:34 (30.7%)	5:43	10.5 (69.5%)
24	LEGAT Dorota	439		K 1-29	24	00:01:02	00:36:56	00:50:54	00:57:21.80	00:58:23.80	+00:17:42 (30.9%)	5:44	10.5 (69.5%)
25	KOWALSKA Paulina	391		K 1-29	25	00:01:25	00:36:49	00:50:41	00:57:30.15	00:58:55.75	+00:17:50 (31.0%)	5:45	10.4 (68.9%)
26	FILIPIAK Olga	171		K 1-29	26	00:01:13	00:36:58	00:51:07	00:57:55.50	00:59:08.55	+00:18:16 (31.5%)	5:47	10.4 (68.9%)
27	PASKA Sylwia	602		K 1-29	27	00:00:17	00:36:34	00:51:01	00:58:09.50	00:58:27.30	+00:18:30 (31.8%)	5:49	10.3 (68.2%)
28	KRAWCZYK Katarzyna	400		K 1-29	28	00:01:00	00:37:23	00:51:08	00:58:14.75	00:59:15.65	+00:18:35 (31.9%)	5:49	10.3 (68.2%)
29	GORCZYCA Joanna	213		K 1-29	29	00:01:31	00:36:49	00:51:09	00:58:26.20	00:59:58.00	+00:18:46 (32.1%)	5:50	10.3 (68.2%)
30	DEMBOWSKA Małgorzata	140		K 1-29	30	00:01:35	00:37:02	00:51:43	00:58:52.30	01:00:28.25	+00:19:12 (32.6%)	5:53	10.2 (67.5%)
31	ZIARKOWSKA Agnieszka	903		K 1-29	31	00:01:42	00:38:29	00:52:28	00:59:01.15	01:00:44.05	+00:19:21 (32.8%)	5:54	10.2 (67.5%)
32	GURMIŃSKA Katarzyna	238		K 1-29	32	00:01:44	00:38:26	00:52:30	00:59:16.70	01:01:00.90	+00:19:37 (33.1%)	5:55	10.1 (66.9%)
33	GIERS Klaudia	200		K 1-29	33	00:00:29	00:38:03	00:52:46	00:59:20.55	00:59:49.55	+00:19:41 (33.2%)	5:56	10.1 (66.9%)
34	BERNARDELLI Katarzyna	35		K 1-29	34	00:00:26	00:37:59	00:52:31	00:59:28.15	00:59:54.55	+00:19:48 (33.3%)	5:56	10.1 (66.9%)
35	BESSARABA Jagoda	37		K 1-29	35	00:01:03	00:37:01	00:52:10	00:59:49.10	01:00:52.80	+00:20:09 (33.7%)	5:58	10 (66.2%)
36	LELENIEWSKA Anna	440		K 1-29	36	00:01:35	00:38:12	00:53:10	01:00:07.40	01:01:43.25	+00:20:27 (34.0%)	6:00	10 (66.2%)
37	SIESS Małgorzata	705	UKS AZYMUT PABIANICE	K 1-29	37	00:01:17	00:38:48	00:53:12	01:00:09.45	01:01:27.05	+00:20:29 (34.1%)	6:01	10 (66.2%)
38	KOŚNIK Alicja	386		K 1-29	38	00:01:52	00:39:21	00:54:15	01:01:29.80	01:03:22.30	+00:21:50 (35.5%)	6:09	9.8 (64.9%)
39	STAŃCZYK Zofia	742		K 1-29	39	00:01:41	00:38:31	00:53:35	01:01:31.10	01:03:12.90	+00:21:51 (35.5%)	6:09	9.8 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
40	GŁÓDŹ Małgorzata	963	DO NOGI	K 1-29	40	00:01:05	00:39:28	00:54:38	01:02:10.85	01:03:16.05	+00:22:31 (36.2%)	6:13	9.6 (63.6%)
41	STANIOS Natalia	738		K 1-29	41	00:01:06	00:39:13	00:55:32	01:03:41.35	01:04:47.55	+00:24:01 (37.7%)	6:22	9.4 (62.3%)
42	HELDT Iwona	247		K 1-29	42	00:01:51	00:39:33	00:55:53	01:04:07.00	01:05:58.25	+00:24:27 (38.1%)	6:24	9.4 (62.3%)
43	KACPRZAK-ŚCISŁA Aleksandra	948		K 1-29	43	00:01:46	00:41:56	00:57:06	01:04:43.85	01:06:30.70	+00:25:04 (38.7%)	6:28	9.3 (61.6%)
44	HALASZ Justyna	242		K 1-29	44	00:01:58	00:43:37	00:58:29	01:05:43.65	01:07:42.55	+00:26:04 (39.7%)	6:34	9.1 (60.3%)
45	KORNACKA Agnieszka	372		K 1-29	45	00:01:24	00:42:07	00:58:06	01:06:14.40	01:07:39.05	+00:26:34 (40.1%)	6:37	9.1 (60.3%)
46	KOVALETS Olena	387		K 1-29	46	00:00:18	00:42:14	00:59:05	01:06:37.15	01:06:55.55	+00:26:57 (40.5%)	6:39	9 (59.6%)
47	SADŁOWSKA Aleksandra	688		K 1-29	47	00:02:00	00:43:13	00:59:21	01:07:03.80	01:09:04.05	+00:27:24 (40.9%)	6:42	8.9 (58.9%)
48	ZAYATS Darya	898		K 1-29	48	00:01:12	00:42:17	00:59:13	01:07:31.55	01:08:44.25	+00:27:52 (41.3%)	6:45	8.9 (58.9%)
49	JURECKA Justyna	302		K 1-29	49	00:01:55	00:43:36	01:00:23	01:07:54.15	01:09:50.00	+00:28:14 (41.6%)	6:47	8.8 (58.3%)
50	STAGŁOW Monika	737		K 1-29	50	00:01:41	00:43:31	01:00:33	01:08:46.25	01:10:27.70	+00:29:06 (42.3%)	6:52	8.7 (57.6%)
51	JASIŃSKA Alicja	282		K 1-29	51	00:02:04	00:45:54	01:02:49	01:10:26.45	01:12:30.90	+00:30:46 (43.7%)	7:02	8.5 (56.3%)
52	BÖGER Carolin	51		K 1-29	52	00:01:56	00:47:02	01:05:12	01:14:12.25	01:16:09.00	+00:34:32 (46.6%)	7:25	8.1 (53.6%)
53	OGOŃCZYK Donata	845		K 1-29	53	00:02:00	00:47:33	01:06:07	01:14:57.25	01:16:57.75	+00:35:17 (47.1%)	7:29	8 (53.0%)
54	MŁODZIŃSKA Nina	1013		K 1-29	54	00:00:00	00:51:24				+	7:47	7.7 (51.0%)
Przekroczony limit czasu: 01:30:00													
LIM	HAJDUK Monika	955		K 1-29		00:02:22	00:55:43	01:03:51	01:30:04.60	01:32:27.20		0:00	6.7 (44.4%)

Znaleziono 55 wynik(ów)