

# BIEG RZEŹNICZEK 2016

B4SPORT

**Organizator:** Fundacja Rzeźnika  
**Data:** 2016-05-28  
**Miejsce:** Cisna  
**Dystans:** 27 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                    | Numer       | Klub   | Kategoria | Mkat | Czas startu | 14km     | Czas netto<br>27km | Czas brutto<br>27km | Różn      | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------|-------------|--|-----------|------|-------------|----------|--------------------|---------------------|-----------|-----------------|---------------|
| 1   | <b>GORCZYCA Bartosz</b>     | <b>4011</b> | SALCO SPORT TEAM                             | M20       | 1    | 00:00:00    | 01:13:08 | <b>02:13:19.30</b> | <b>02:13:19.30</b>  |           | 4:56            | 12.2          |
| 2   | <b>DOMISZEWSKI Ignacy</b>   | <b>3987</b> | MKS HALICZ PAMO-PLAST USTRZYKI DOLNE         | M20       | 2    | 00:00:00    | 01:13:47 | <b>02:18:40.70</b> | <b>02:18:40.70</b>  | +00:05:21 | 5:08            | 11.7          |
| 3   | <b>FARON Robert</b>         | <b>3981</b> | SALCO SPORT TEAM                             | M40       | 1    | 00:00:00    | 01:14:41 | <b>02:20:48.10</b> | <b>02:20:48.10</b>  | +00:07:28 | 5:12            | 11.5          |
| 4   | <b>KAROLKIEWICZ Daniel</b>  | <b>3766</b> | ENTRE.PL TEAM                                | M30       | 1    | 00:00:00    | 01:18:09 | <b>02:25:11.65</b> | <b>02:25:11.65</b>  | +00:11:52 | 5:22            | 11.2          |
| 5   | <b>BELCIK Paweł</b>         | <b>3353</b> |  | M20       | 3    | 00:00:06    | 01:17:59 | <b>02:28:44.65</b> | <b>02:28:51.55</b>  | +00:15:25 | 5:30            | 10.9          |
| 6   | <b>POLAŃSKI Tomasz</b>      | <b>3990</b> | B4SPORT                                      | M40       | 2    | 00:00:00    |          | <b>02:29:09.55</b> | <b>02:29:09.55</b>  | +00:15:50 | 5:31            | 10.9          |
| 7   | <b>LUBASZEWSKI Zbigniew</b> | <b>3055</b> |  | M30       | 2    | 00:00:00    | 01:22:42 | <b>02:32:50.70</b> | <b>02:32:50.70</b>  | +00:19:31 | 5:39            | 10.6          |
| 8   | <b>KRZYWANIA Bartłomiej</b> | <b>3781</b> | OBOZYBIEGOWE.PL                              | M30       | 3    | 00:00:13    | 01:24:58 | <b>02:36:02.10</b> | <b>02:36:15.70</b>  | +00:22:42 | 5:46            | 10.4          |
| 9   | <b>WACKO Marcin</b>         | <b>3217</b> |  | M30       | 4    | 00:00:00    | 01:23:38 | <b>02:36:04.15</b> | <b>02:36:04.15</b>  | +00:22:44 | 5:46            | 10.4          |
| 10  | <b>GRONEK Adrian</b>        | <b>3978</b> | ORTOREH TEAM                                 | M20       | 4    | 00:00:00    | 01:22:41 | <b>02:37:11.00</b> | <b>02:37:11.00</b>  | +00:23:51 | 5:49            | 10.3          |
| 11  | <b>MARCINIEC Damian</b>     | <b>3013</b> | SMASHING PĄPKINS                             | M30       | 5    | 00:00:08    | 01:26:19 | <b>02:38:19.35</b> | <b>02:38:28.10</b>  | +00:25:00 | 5:51            | 10.2          |
| 12  | <b>BAKALARZ Emil</b>        | <b>3877</b> |  | M20       | 5    | 00:00:00    | 01:27:50 | <b>02:39:01.70</b> | <b>02:39:01.70</b>  | +00:25:42 | 5:53            | 10.2          |
| 13  | <b>ZAJĄC Robert</b>         | <b>3602</b> | ORANGE POLSKA                                | M40       | 3    | 00:00:00    | 01:23:11 | <b>02:40:18.95</b> | <b>02:40:18.95</b>  | +00:26:59 | 5:56            | 10.1          |
| 14  | <b>MAJER Ewa</b>            | <b>4010</b> | SOLGAR.PL                                    | K30       | 1    | 00:00:00    | 01:30:02 | <b>02:47:30.70</b> | <b>02:47:30.70</b>  | +00:34:11 | 6:12            | 9.7           |
| 15  | <b>DĄBROWSKI Marcin</b>     | <b>3575</b> | OBOZYBIEGOWE.PL                              | M30       | 6    | 00:00:00    | 01:30:31 | <b>02:47:53.25</b> | <b>02:47:53.25</b>  | +00:34:33 | 6:13            | 9.6           |
| 16  | <b>KONOPIŃSKI Tomasz</b>    | <b>3476</b> |  | M30       | 7    | 00:00:08    | 01:29:58 | <b>02:47:58.70</b> | <b>02:48:06.75</b>  | +00:34:39 | 6:13            | 9.6           |
| 17  | <b>BŁASZYK Mateusz</b>      | <b>3998</b> | POCO LOCO AT                                 | M20       | 6    | 00:00:06    | 01:26:54 | <b>02:48:27.80</b> | <b>02:48:34.70</b>  | +00:35:08 | 6:14            | 9.6           |
| 18  | <b>JANUSZCZAK Tomasz</b>    | <b>4038</b> | SANOK  | M20       | 7    | 00:00:07    | 01:31:15 | <b>02:48:33.45</b> | <b>02:48:40.75</b>  | +00:35:14 | 6:14            | 9.6           |
| 19  | <b>CIUPIŃSKI Michał</b>     | <b>3983</b> |  | M20       | 8    | 00:00:04    | 01:27:56 | <b>02:48:54.35</b> | <b>02:48:59.05</b>  | +00:35:35 | 6:15            | 9.6           |
| 20  | <b>LIPA Wojciech</b>        | <b>3852</b> | RZESZOWSKIE GAZELE I GEPARDY                 | M30       | 8    | 00:00:00    | 01:27:46 | <b>02:48:58.45</b> | <b>02:48:58.45</b>  | +00:35:39 | 6:15            | 9.6           |
| 21  | <b>ZYCH Dariusz</b>         | <b>3018</b> | 4 RUN TEAM PIŁA                              | M40       | 4    | 00:00:07    | 01:30:58 | <b>02:49:11.30</b> | <b>02:49:18.40</b>  | +00:35:52 | 6:15            | 9.6           |
| 22  | <b>WIĘCH Piotr</b>          | <b>4019</b> |  | M30       | 9    | 00:00:12    | 01:30:21 | <b>02:49:26.25</b> | <b>02:49:38.45</b>  | +00:36:06 | 6:16            | 9.6           |
| 23  | <b>POŻAROWSZCZYK Adam</b>   | <b>3279</b> |  | M30       | 10   | 00:00:00    | 01:30:04 | <b>02:50:05.25</b> | <b>02:50:05.25</b>  | +00:36:45 | 6:17            | 9.5           |
| 24  | <b>DYBIŻBAŃSKI Wojciech</b> | <b>3967</b> | CITY TRAIL TEAM                              | M20       | 9    | 00:00:08    | 01:30:37 | <b>02:50:40.55</b> | <b>02:50:48.60</b>  | +00:37:21 | 6:19            | 9.5           |
| 25  | <b>NITKIEWICZ Marcin</b>    | <b>3930</b> | TASOWANIE                                    | M30       | 11   | 00:00:11    | 01:27:31 | <b>02:51:35.90</b> | <b>02:51:47.80</b>  | +00:38:16 | 6:21            | 9.4           |
| 26  | <b>MYŚLIŃSKI Jan</b>        | <b>3492</b> | BIESZCZADY                                   | M30       | 12   | 00:00:06    | 01:33:08 | <b>02:52:56.65</b> | <b>02:53:03.45</b>  | +00:39:37 | 6:24            | 9.4           |
| 27  | <b>SKARUZ Jarosław</b>      | <b>3036</b> |  | M30       | 13   | 00:00:26    | 01:37:55 | <b>02:53:15.55</b> | <b>02:53:42.50</b>  | +00:39:56 | 6:25            | 9.3           |
| 28  | <b>GRZYŚ Piotr</b>          | <b>3745</b> |  | M20       | 10   | 00:00:27    | 01:32:49 | <b>02:53:43.65</b> | <b>02:54:11.35</b>  | +00:40:24 | 6:26            | 9.3           |
| 29  | <b>WINIARSKA Katarzyna</b>  | <b>3484</b> | PRZEMYSKI KLUB BIEGACZA/SZAFKA BIEGACZA TEAM | K30       | 2    | 00:00:07    | 01:33:00 | <b>02:54:02.75</b> | <b>02:54:10.50</b>  | +00:40:43 | 6:26            | 9.3           |
| 30  | <b>CZARNY Tomasz</b>        | <b>3180</b> |  | M20       | 11   | 00:00:12    | 01:35:30 | <b>02:54:03.50</b> | <b>02:54:16.20</b>  | +00:40:44 | 6:26            | 9.3           |

| Msc | Zawodnik               | Numer | Klub                 | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|----------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 31  | WAŁCZYK Krzysztof      | 3674  |                      | M30       | 14   | 00:00:13    | 01:35:51 | 02:54:39.85     | 02:54:52.95      | +00:41:20 | 6:28         | 9.3        |
| 32  | PYTLOS Marcin          | 3099  |                      | M30       | 15   | 00:00:11    | 01:34:00 | 02:54:42.00     | 02:54:53.80      | +00:41:22 | 6:28         | 9.3        |
| 33  | NOWAKOWSKI Tobiasz     | 3037  | MKB DREPTAK          | M20       | 12   | 00:00:11    | 01:30:56 | 02:54:42.60     | 02:54:53.60      | +00:41:23 | 6:28         | 9.3        |
| 34  | BARAŃSKI Grzegorz      | 3802  | RAIFFEISEN POLBANK   | M30       | 16   | 00:00:00    | 01:29:51 | 02:55:00.05     | 02:55:00.05      | +00:41:40 | 6:28         | 9.3        |
| 35  | PUCZYŃSKI Damian       | 3705  |                      | M20       | 13   | 00:00:00    | 01:30:38 | 02:55:27.30     | 02:55:27.30      | +00:42:08 | 6:29         | 9.2        |
| 36  | MOSIOŁEK Monika        | 3139  |                      | K30       | 3    | 00:00:12    | 01:36:42 | 02:55:45.85     | 02:55:58.55      | +00:42:26 | 6:30         | 9.2        |
| 37  | ŚLĘCZKA Damian         | 3788  | DIT PRO              | M30       | 17   | 00:00:06    | 01:33:09 | 02:55:46.10     | 02:55:52.75      | +00:42:26 | 6:30         | 9.2        |
| 38  | KIBART Krzysztof       | 3532  | BUBBA GUMP RUN TEAM  | M30       | 18   | 00:00:13    | 01:33:58 | 02:56:01.40     | 02:56:15.20      | +00:42:42 | 6:31         | 9.2        |
| 39  | GRZYWACZEWSKA Justyna  | 3929  | CITY TRAIL TEAM      | K20       | 1    | 00:00:07    | 01:32:31 | 02:56:07.75     | 02:56:14.75      | +00:42:48 | 6:31         | 9.2        |
| 40  | SUROWIEC Grzegorz      | 3324  | BESTA SP. Z O.O.     | M30       | 19   | 00:00:00    | 01:33:12 | 02:56:27.25     | 02:56:27.25      | +00:43:07 | 6:32         | 9.2        |
| 41  | ŻEBROWSKI Jakub        | 3426  | PZU SPORT TEAM       | M20       | 14   | 00:00:09    | 01:38:49 | 02:57:20.40     | 02:57:30.30      | +00:44:01 | 6:34         | 9.1        |
| 42  | RODRIGO PEREIRA Oswald | 3259  | WILD FOR THE RUN     | M30       | 20   | 00:00:06    | 01:37:25 | 02:57:40.75     | 02:57:47.65      | +00:44:21 | 6:34         | 9.1        |
| 43  | KRAWCZYK Daniel        | 3649  | AZS UJK KIELCE       | M20       | 15   | 00:01:22    | 01:37:03 | 02:58:50.40     | 03:00:12.60      | +00:45:31 | 6:37         | 9.1        |
| 44  | MATEJCZUK Jarosław     | 3487  | KS ALASKA ŁÓDŹ       | M30       | 21   | 00:00:00    | 01:27:46 | 02:59:12.60     | 02:59:12.60      | +00:45:53 | 6:38         | 9          |
| 45  | DŁUGOSIELSKI Piotr     | 3875  | ENDOMONDO            | M30       | 22   | 00:00:24    | 01:37:10 | 03:00:31.70     | 03:00:56.00      | +00:47:12 | 6:41         | 9          |
| 46  | FABISIAK Andrzej       | 3144  | ROZBIEGANY SULEJÓWEK | M50       | 1    | 00:00:10    | 01:35:35 | 03:00:42.05     | 03:00:52.65      | +00:47:22 | 6:41         | 9          |
| 47  | RESZKA Marek           | 3349  | BANDA GRUDNIA        | M20       | 16   | 00:00:12    | 01:37:37 | 03:00:52.90     | 03:01:05.65      | +00:47:33 | 6:41         | 9          |
| 48  | MORAWSKI Filip         | 3174  | FILIP MORAWSKI       | M40       | 5    | 00:00:00    | 01:33:22 | 03:01:22.90     | 03:01:22.90      | +00:48:03 | 6:43         | 8.9        |
| 49  | GAPSKI Mateusz         | 3973  |                      | M20       | 17   | 00:00:00    | 01:30:01 | 03:01:40.15     | 03:01:40.15      | +00:48:20 | 6:43         | 8.9        |
| 50  | KAPAON Łazarz          | 3110  |                      | M20       | 18   | 00:00:12    | 01:33:53 | 03:01:55.25     | 03:02:07.45      | +00:48:35 | 6:44         | 8.9        |
| 51  | PIĄTEK Mateusz         | 3419  | WKURW_TEAM           | M20       | 19   | 00:00:07    | 01:34:14 | 03:02:06.20     | 03:02:13.50      | +00:48:46 | 6:44         | 8.9        |
| 52  | ILKIEWICZ Adam         | 3792  | 3BRO                 | M30       | 23   | 00:00:18    | 01:37:28 | 03:03:25.45     | 03:03:44.40      | +00:50:06 | 6:47         | 8.8        |
| 53  | MOSIOŁEK Przemysław    | 3156  |                      | M30       | 24   | 00:00:33    | 01:39:32 | 03:03:35.45     | 03:04:08.75      | +00:50:16 | 6:47         | 8.8        |
| 54  | BRUŚ Marcin            | 3299  | SASKA                | M30       | 25   | 00:00:00    | 01:34:37 | 03:03:45.65     | 03:03:45.65      | +00:50:26 | 6:48         | 8.8        |
| 55  | BIENIEK Damian         | 3129  | TRI AKTYWNY PIOTRKÓW | M30       | 26   | 00:00:12    | 01:37:08 | 03:03:54.65     | 03:04:07.35      | +00:50:35 | 6:48         | 8.8        |
| 56  | PIECUCH Tomasz         | 3057  | JEST MOC!            | M30       | 27   | 00:00:09    | 01:35:13 | 03:03:54.75     | 03:04:03.85      | +00:50:35 | 6:48         | 8.8        |
| 57  | MOĆKO Jacek            | 3138  |                      | M20       | 20   | 00:00:27    | 01:41:12 | 03:03:55.75     | 03:04:23.30      | +00:50:36 | 6:48         | 8.8        |
| 58  | PYSZ Grzegorz          | 3219  | HRMAX ŻORY           | M40       | 6    | 00:00:21    | 01:38:01 | 03:04:24.90     | 03:04:46.20      | +00:51:05 | 6:49         | 8.8        |
| 59  | DUCKI Piotr            | 3838  | OTK RZEŹNIK          | M30       | 28   | 00:00:14    | 01:41:00 | 03:05:32.35     | 03:05:46.80      | +00:52:13 | 6:52         | 8.7        |
| 60  | SOBORSKI Krzysztof     | 3901  |                      | M30       | 29   | 00:00:09    | 01:37:03 | 03:05:57.35     | 03:06:06.55      | +00:52:38 | 6:53         | 8.7        |
| 61  | ADAMSKI Maciej         | 3911  | OBOZYBIEGOWE.PL      | M30       | 30   | 00:00:10    | 01:37:21 | 03:06:45.10     | 03:06:55.35      | +00:53:25 | 6:55         | 8.7        |
| 62  | CHOŁKA Michał          | 3839  |                      | M30       | 31   | 00:00:31    | 01:42:06 | 03:06:58.20     | 03:07:29.20      | +00:53:38 | 6:55         | 8.7        |
| 63  | DOMISZEWSKA Maria      | 3846  |                      | K50       | 1    | 00:00:35    | 01:44:49 | 03:07:28.90     | 03:08:04.25      | +00:54:09 | 6:56         | 8.6        |
| 64  | SZCZEPANIAK Kuba       | 3256  | MIDNIGHTRUN.PL       | M30       | 32   | 00:00:12    | 01:36:26 | 03:07:36.50     | 03:07:49.20      | +00:54:17 | 6:56         | 8.6        |
| 65  | JARZĄB Marcin          | 3423  |                      | M30       | 33   | 00:00:15    | 01:40:37 | 03:07:38.10     | 03:07:53.10      | +00:54:18 | 6:56         | 8.6        |
| 66  | GOLBA Łukasz           | 3118  | ZABIEGANI MIELEC     | M30       | 34   | 00:00:11    | 01:42:38 | 03:07:40.85     | 03:07:52.75      | +00:54:21 | 6:57         | 8.6        |
| 67  | SALETRA Grzegorz       | 3380  | OLKUSZBIEGA.PL       | M30       | 35   | 00:00:08    | 01:38:13 | 03:07:52.25     | 03:08:01.00      | +00:54:32 | 6:57         | 8.6        |
| 68  | PAŁKA Robert           | 3620  | ZSL LESKO            | M40       | 7    | 00:00:09    | 01:39:12 | 03:08:34.60     | 03:08:44.00      | +00:55:15 | 6:59         | 8.6        |
| 69  | FILIPEK Wojciech       | 3851  |                      | M40       | 8    | 00:00:16    | 01:42:32 | 03:08:55.70     | 03:09:12.60      | +00:55:36 | 6:59         | 8.6        |
| 70  | NOWAK Piotr            | 3700  | BOOTCAMP POLSKA      | M30       | 36   | 00:00:09    | 01:34:28 | 03:08:59.50     | 03:09:08.70      | +00:55:40 | 6:59         | 8.6        |
| 71  | ŁOMIAK Piotr           | 3637  |                      | M40       | 9    | 00:00:08    | 01:38:49 | 03:09:04.35     | 03:09:12.55      | +00:55:45 | 7:00         | 8.6        |
| 72  | NOWAK Piotr            | 3765  | BIESZCZADY           | M40       | 10   | 00:00:10    | 01:41:43 | 03:09:43.00     | 03:09:53.45      | +00:56:23 | 7:01         | 8.5        |
| 73  | WNOROWSKI Stefan       | 3599  |                      | M30       | 37   | 00:00:22    | 01:40:36 | 03:10:08.60     | 03:10:31.40      | +00:56:49 | 7:02         | 8.5        |
| 74  | ROBAKOWSKI Michał      | 4057  |                      | M20       | 21   | 00:00:45    | 01:44:29 | 03:10:08.65     | 03:10:54.05      | +00:56:49 | 7:02         | 8.5        |

| Msc | Zawodnik                | Numer | Klub                            | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|---------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 75  | KOŁODZIEJ Andrzej       | 3577  | OBOZYBIEGOWE.PL                 | M20       | 22   | 00:00:10    | 01:40:43 | 03:10:36.20     | 03:10:46.90      | +00:57:16 | 7:03         | 8.5        |
| 76  | GOLEC Ireneusz          | 3309  | VEGE RUNNERS / KRASNYSTAW BIEGA | M30       | 38   | 00:00:09    | 01:39:20 | 03:10:41.05     | 03:10:50.45      | +00:57:21 | 7:03         | 8.5        |
| 77  | NIEMIRO Dominika        | 3512  | JAGODOWO-KALINOWY TEAM          | K30       | 4    | 00:00:35    | 01:45:49 | 03:10:41.90     | 03:11:17.05      | +00:57:22 | 7:03         | 8.5        |
| 78  | HUBNER Antoni           | 3334  | HUBNER TEAM                     | M30       | 39   | 00:00:33    | 01:40:46 | 03:10:42.60     | 03:11:16.30      | +00:57:23 | 7:03         | 8.5        |
| 79  | BUKIEL Justyna          | 3785  | MAPA-TURYSTYCZNA.PL             | K30       | 5    | 00:00:38    | 01:48:09 | 03:10:58.15     | 03:11:36.90      | +00:57:38 | 7:04         | 8.5        |
| 80  | MORAWSKI Filip          | 3304  |                                 | M20       | 23   | 00:00:44    | 01:50:51 | 03:11:01.80     | 03:11:46.40      | +00:57:42 | 7:04         | 8.5        |
| 81  | LATAROWSKI Grzegorz     | 3379  | RÜBEZAHL                        | M30       | 40   | 00:00:15    | 01:44:07 | 03:11:24.05     | 03:11:39.20      | +00:58:04 | 7:05         | 8.5        |
| 82  | PANEK Bartosz           | 3198  |                                 | M20       | 24   | 00:00:39    | 01:45:58 | 03:11:25.05     | 03:12:04.55      | +00:58:05 | 7:05         | 8.5        |
| 83  | STARZYK Michał          | 3634  | BĄBLE I ODCISKI                 | M30       | 41   | 00:00:43    | 01:42:29 | 03:12:07.70     | 03:12:51.35      | +00:58:48 | 7:06         | 8.4        |
| 84  | SZCZEPANIAK Michał      | 4054  | KSIĘŻYC                         | M40       | 11   | 00:01:27    | 01:43:57 | 03:12:18.30     | 03:13:45.50      | +00:58:59 | 7:07         | 8.4        |
| 85  | MUCKUS Filip            | 3417  | WACA                            | M20       | 25   | 00:00:21    | 01:45:53 | 03:12:29.45     | 03:12:51.25      | +00:59:10 | 7:07         | 8.4        |
| 86  | ŚWIĘCICKI Tomasz        | 3367  | ACCELERATING POLAND             | M30       | 42   | 00:00:08    | 01:38:52 | 03:12:42.00     | 03:12:50.65      | +00:59:22 | 7:08         | 8.4        |
| 87  | KOSZYK Daniel           | 3734  | VISEGRAD MARATON RYTRO          | M30       | 43   | 00:00:05    | 01:44:28 | 03:12:45.15     | 03:12:50.95      | +00:59:25 | 7:08         | 8.4        |
| 88  | NOWICKI Zbigniew        | 3712  | BLUETEAM                        | M40       | 12   | 00:00:17    | 01:39:21 | 03:13:25.20     | 03:13:42.80      | +01:00:05 | 7:09         | 8.4        |
| 89  | BADOWSKI Jerzy          | 3607  | PZU SPORT TEAM                  | M40       | 13   | 00:00:18    | 01:39:20 | 03:13:25.95     | 03:13:43.95      | +01:00:06 | 7:09         | 8.4        |
| 90  | BLAJCHERT Adam          | 3014  | 4 RUN TEAM PIŁA                 | M40       | 14   | 00:00:11    | 01:44:12 | 03:13:31.00     | 03:13:42.20      | +01:00:11 | 7:10         | 8.4        |
| 91  | DOMIN Tomasz            | 3593  | NIGHT RUNNERS                   | M40       | 15   | 00:00:33    | 01:45:02 | 03:13:37.65     | 03:14:10.95      | +01:00:18 | 7:10         | 8.4        |
| 92  | MALEC Bartosz           | 4030  |                                 | M30       | 44   | 00:00:00    | 01:37:02 | 03:13:42.40     | 03:13:42.40      | +01:00:23 | 7:10         | 8.4        |
| 93  | BURAŚ Bartek            | 3533  |                                 | M30       | 45   | 00:00:08    | 01:36:25 | 03:13:48.80     | 03:13:56.90      | +01:00:29 | 7:10         | 8.4        |
| 94  | PABICH Krzysztof        | 3015  | 4 RUN TEAM PIŁA                 | M40       | 16   | 00:00:10    | 01:42:21 | 03:14:05.15     | 03:14:15.60      | +01:00:45 | 7:11         | 8.3        |
| 95  | GRUPA Marcin            | 3490  | R2G                             | M30       | 46   | 00:00:22    | 01:48:57 | 03:14:08.05     | 03:14:30.80      | +01:00:48 | 7:11         | 8.3        |
| 96  | MIKULSKI Hubert         | 3729  | BLUE DOGS                       | M30       | 47   | 00:00:16    | 01:42:42 | 03:14:11.10     | 03:14:27.70      | +01:00:51 | 7:11         | 8.3        |
| 97  | MIKULSKI Artur          | 3093  | BLUE DOGS                       | M40       | 17   | 00:00:16    | 01:42:43 | 03:14:11.25     | 03:14:27.65      | +01:00:51 | 7:11         | 8.3        |
| 98  | RYWACKI Emil            | 3365  | BBL_PIONKI                      | M30       | 48   | 00:00:23    | 01:46:17 | 03:14:16.65     | 03:14:39.75      | +01:00:57 | 7:11         | 8.3        |
| 99  | KUŚMIDER Jakub          | 3896  |                                 | M30       | 49   | 00:01:07    | 01:50:55 | 03:14:30.15     | 03:15:37.40      | +01:01:10 | 7:12         | 8.3        |
| 100 | ŚMIŁOWSKA Marzena       | 3580  | OBOZYBIEGOWE.PL                 | K30       | 6    | 00:00:17    | 01:46:17 | 03:14:31.25     | 03:14:48.50      | +01:01:11 | 7:12         | 8.3        |
| 101 | SACEWICZ Marek          | 3090  | RUN EXPERT TEAM                 | M40       | 18   | 00:00:00    | 01:42:49 | 03:14:55.10     | 03:14:55.10      | +01:01:35 | 7:13         | 8.3        |
| 102 | PACZKA Michał           | 3538  | GLIWICE                         | M40       | 19   | 00:00:38    | 01:46:30 | 03:14:58.15     | 03:15:36.15      | +01:01:38 | 7:13         | 8.3        |
| 103 | GOLAS Grażyna           | 3520  | TRI LADIES                      | K40       | 1    | 00:00:27    | 01:46:11 | 03:15:09.30     | 03:15:36.75      | +01:01:50 | 7:13         | 8.3        |
| 104 | GROCHOWALSKI Tomasz     | 3009  | POGOTOWIE ENERGETYCZNE          | M40       | 20   | 00:00:42    | 01:41:48 | 03:15:15.20     | 03:15:58.05      | +01:01:55 | 7:13         | 8.3        |
| 105 | BARTKOWIAK Michał       | 3968  | CITY TRAIL TEAM                 | M20       | 26   | 00:00:08    | 01:46:44 | 03:15:20.55     | 03:15:28.65      | +01:02:01 | 7:14         | 8.3        |
| 106 | KOWALSKI Wojciech       | 3539  |                                 | M30       | 50   | 00:00:06    | 01:39:02 | 03:15:31.95     | 03:15:38.90      | +01:02:12 | 7:14         | 8.3        |
| 107 | BOROWSKI Marcin         | 3834  |                                 | M20       | 27   | 00:00:41    | 01:47:20 | 03:15:33.90     | 03:16:15.60      | +01:02:14 | 7:14         | 8.3        |
| 108 | GREŃ Wacław             | 3248  |                                 | M20       | 28   | 00:00:30    | 01:45:57 | 03:15:43.90     | 03:16:14.80      | +01:02:24 | 7:14         | 8.3        |
| 109 | REJ Mirosław            | 3376  | MT WYJADACZE PARÓWKÓW           | M30       | 51   | 00:00:27    | 01:48:33 | 03:15:48.95     | 03:16:16.50      | +01:02:29 | 7:15         | 8.3        |
| 110 | LONC Tomasz             | 3364  | MT WYJADACZE PARÓWKÓW           | M30       | 52   | 00:00:27    | 01:48:34 | 03:15:54.55     | 03:16:22.10      | +01:02:35 | 7:15         | 8.3        |
| 111 | ŚCIUBA Aneta            | 3537  |                                 | K20       | 2    | 00:00:18    | 01:45:32 | 03:15:58.80     | 03:16:16.80      | +01:02:39 | 7:15         | 8.3        |
| 112 | BUŁDAK Krzysztof        | 3862  |                                 | M30       | 53   | 00:00:10    | 01:41:45 | 03:16:04.80     | 03:16:15.05      | +01:02:45 | 7:15         | 8.3        |
| 113 | SZAKIEL Jerzy           | 3891  |                                 | M40       | 21   | 00:00:07    | 01:43:04 | 03:16:11.70     | 03:16:19.30      | +01:02:52 | 7:16         | 8.3        |
| 114 | SENK Aleksander         | 3448  | OBOZYBIEGOWE.PL                 | M30       | 54   | 00:00:13    |          | 03:16:13.45     | 03:16:26.60      | +01:02:54 | 7:16         | 8.3        |
| 115 | GAWRON Maciej           | 3813  |                                 | M30       | 55   | 00:00:18    | 01:40:31 | 03:16:15.10     | 03:16:33.10      | +01:02:55 | 7:16         | 8.3        |
| 116 | ĆWIKLIŃSKI Maciej       | 3579  |                                 | M40       | 22   | 00:00:15    | 01:45:45 | 03:16:16.00     | 03:16:31.20      | +01:02:56 | 7:16         | 8.3        |
| 117 | JARECKI Aleksander      | 3999  | RK ATHLETICS                    | M40       | 23   | 00:00:19    | 01:45:52 | 03:16:20.20     | 03:16:39.95      | +01:03:00 | 7:16         | 8.3        |
| 118 | WALKOSZ BEREDA Grzegorz | 3961  | BIEGAM Z ABS                    | M30       | 56   | 00:00:19    | 01:47:31 | 03:16:25.45     | 03:16:44.60      | +01:03:06 | 7:16         | 8.2        |

| Msc | Zawodnik                 | Numer | Klub  | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------|---|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 119 | KIEDROWSKI Bartosz       | 3969  | 87031205019                                       | M20       | 29   | 00:00:45    | 01:45:53 | 03:17:32.95     | 03:18:18.45      | +01:04:13 | 7:19         | 8.2        |
| 120 | SALACHNA-NOWAK Magdalena | 3964  | BIEGAM Z ABS                                      | K30       | 7    | 00:00:17    | 01:47:43 | 03:18:07.65     | 03:18:25.30      | +01:04:48 | 7:20         | 8.2        |
| 121 | FIUPIAK Mateusz          | 3618  | ORTOREH   | M30       | 57   | 00:00:00    |          | 03:18:13.00     | 03:18:13.00      | +01:04:53 | 7:20         | 8.2        |
| 122 | WYLEŻAŁEK Alina          | 3943  |   | K30       | 8    | 00:00:34    | 01:50:21 | 03:18:26.85     | 03:19:01.70      | +01:05:07 | 7:21         | 8.2        |
| 123 | SOSNOWSKI Rafał          | 3952  |   | M30       | 58   | 00:01:00    | 01:47:26 | 03:18:40.10     | 03:19:40.40      | +01:05:20 | 7:21         | 8.2        |
| 124 | ZASINA Sebastian         | 3386  | RÜBEZAHL  | M30       | 59   | 00:00:15    | 01:49:01 | 03:18:53.20     | 03:19:08.70      | +01:05:33 | 7:21         | 8.1        |
| 125 | BODZON Marcin            | 3079  | ŻÓŁWULTRAS TEAM WOŁOMIN                           | M30       | 60   | 00:00:33    | 01:52:38 | 03:19:44.10     | 03:20:17.35      | +01:06:24 | 7:23         | 8.1        |
| 126 | BINDER Piotr             | 3949  | OTK RZEŹNIK                                       | M30       | 61   | 00:00:14    | 01:45:54 | 03:20:03.95     | 03:20:17.95      | +01:06:44 | 7:24         | 8.1        |
| 127 | WÓJCIAK Wojtek           | 3640  | BIESZCZADZKIE WILKI                               | M40       | 24   | 00:00:08    | 01:40:15 | 03:20:07.25     | 03:20:15.75      | +01:06:47 | 7:24         | 8.1        |
| 128 | SZTOMBER Daniel          | 3350  | AXA RUNNING TEAM                                  | M30       | 62   | 00:00:45    | 01:51:09 | 03:20:30.15     | 03:21:15.55      | +01:07:10 | 7:25         | 8.1        |
| 129 | KĘCKI Sylwester          | 3133  | BBL   | M20       | 30   | 00:00:35    | 01:44:51 | 03:20:33.20     | 03:21:08.30      | +01:07:13 | 7:25         | 8.1        |
| 130 | ZASADA Edwin             | 3306  | ZABIJGRUBASA.PL                                   | M20       | 31   | 00:00:23    | 01:45:41 | 03:20:37.80     | 03:21:01.00      | +01:07:18 | 7:25         | 8.1        |
| 131 | TABER Konrad             | 3525  | STO-NOGI MILANÓWEK/ ACTIVE PROSPERIA RUNNING TEAM | M20       | 32   | 00:00:12    | 01:47:14 | 03:20:43.90     | 03:20:56.20      | +01:07:24 | 7:26         | 8.1        |
| 132 | PAJĄK Malwina            | 3024  | GOLDEN TEAM BIEGAJMY RAZEM                        | K30       | 9    | 00:00:17    | 01:47:38 | 03:20:50.55     | 03:21:08.15      | +01:07:31 | 7:26         | 8.1        |
| 133 | KĘCKI Marcin             | 3103  | BBL   | M20       | 33   | 00:00:34    | 01:40:55 | 03:20:51.55     | 03:21:26.25      | +01:07:32 | 7:26         | 8.1        |
| 134 | TABER Jerzy              | 3812  | STO-NOGI MILANÓWEK/ ACTIVE PROSPERIA RUNNING TEAM | M50       | 2    | 00:00:11    | 01:47:17 | 03:20:52.15     | 03:21:04.05      | +01:07:32 | 7:26         | 8.1        |
| 135 | SKOMRA Krzysztof         | 3414  | BANDA LULUSIA                                     | M30       | 63   | 00:00:23    | 01:46:16 | 03:21:08.80     | 03:21:32.00      | +01:07:49 | 7:27         | 8.1        |
| 136 | KAZIMIERSKI Michał       | 3148  |   | M40       | 25   | 00:00:00    | 01:41:07 | 03:21:20.60     | 03:21:20.60      | +01:08:01 | 7:27         | 8          |
| 137 | KSIĄŻKIEWICZ Jacek       | 3926  | CITY TRAIL TEAM                                   | M30       | 64   | 00:00:09    | 01:46:19 | 03:21:45.05     | 03:21:54.35      | +01:08:25 | 7:28         | 8          |
| 138 | PIĘTKA Marta             | 3278  |   | K30       | 10   | 00:00:34    | 01:50:14 | 03:21:46.85     | 03:22:21.15      | +01:08:27 | 7:28         | 8          |
| 139 | CHWAŁA Artur             | 3666  |   | M30       | 65   | 00:00:20    | 01:49:37 | 03:21:51.65     | 03:22:12.00      | +01:08:32 | 7:28         | 8          |
| 140 | BRÓG Wojciech            | 3581  |   | M30       | 66   | 00:00:19    | 01:43:39 | 03:22:10.15     | 03:22:29.55      | +01:08:50 | 7:29         | 8          |
| 141 | WRÓBEL Mateusz           | 3001  | UHERCE  | M20       | 34   | 00:00:08    | 01:51:29 | 03:22:10.45     | 03:22:19.30      | +01:08:51 | 7:29         | 8          |
| 142 | DERKOWSKI Dawid          | 3391  | NOWOMIESZCZANIELUBIĄBIEGANIE                      | M30       | 67   | 00:00:20    | 01:47:09 | 03:22:14.95     | 03:22:35.50      | +01:08:55 | 7:29         | 8          |
| 143 | SOŁTYS Jan               | 3679  | FMW RUNNERS                                       | M30       | 68   | 00:00:12    | 01:39:24 | 03:22:29.20     | 03:22:41.40      | +01:09:09 | 7:29         | 8          |
| 144 | PALEJ Piotr              | 3275  |   | M30       | 69   | 00:00:07    | 01:43:06 | 03:22:42.35     | 03:22:49.95      | +01:09:23 | 7:30         | 8          |
| 145 | KAWECZYŃSKI Krzysztof    | 3403  | TEAM KOPEĆ  | M30       | 70   | 00:00:23    | 01:54:25 | 03:22:43.50     | 03:23:07.30      | +01:09:24 | 7:30         | 8          |
| 146 | KOTŁOWSKA Katarzyna      | 3354  | NOWOMIESZCZANIE L.B.                              | K30       | 11   | 00:00:23    | 01:54:24 | 03:22:43.95     | 03:23:07.25      | +01:09:24 | 7:30         | 8          |
| 147 | HARATYNOWICZ Tomasz      | 3962  | BIEGAM Z ABS                                      | M30       | 71   | 00:00:18    | 01:46:24 | 03:22:55.85     | 03:23:14.30      | +01:09:36 | 7:30         | 8          |
| 148 | JURKIEWICZ Jakub         | 3768  |   | M30       | 72   | 00:00:36    | 01:46:08 | 03:23:00.05     | 03:23:36.20      | +01:09:40 | 7:31         | 8          |
| 149 | SAWA Piotr               | 3631  | WW TEAM   | M20       | 35   | 00:00:11    | 01:39:29 | 03:23:30.35     | 03:23:41.95      | +01:10:11 | 7:32         | 8          |
| 150 | ZASĘPA Sebastian         | 3906  |   | M30       | 73   | 00:00:25    | 01:37:10 | 03:23:34.45     | 03:23:59.90      | +01:10:15 | 7:32         | 8          |
| 151 | PAWŁOWSKI Rafał          | 3171  | KB DLUGOSIODLO                                    | M30       | 74   | 00:00:25    | 01:48:58 | 03:23:38.50     | 03:24:03.75      | +01:10:19 | 7:32         | 8          |
| 152 | KRUPIŃSKI Maciej         | 3821  |   | M30       | 75   | 00:00:30    | 01:45:00 | 03:24:03.20     | 03:24:33.80      | +01:10:43 | 7:33         | 7.9        |
| 153 | SZAPIEL Łukasz           | 3845  | MAD RABBIT  | M30       | 76   | 00:00:26    | 01:46:26 | 03:24:06.20     | 03:24:32.60      | +01:10:46 | 7:33         | 7.9        |
| 154 | WÓJCIK Robert            | 3855  | OTK RZEŹNIK                                       | M20       | 36   | 00:00:22    | 01:36:39 | 03:24:22.25     | 03:24:45.05      | +01:11:02 | 7:34         | 7.9        |
| 155 | LENGIEWICZ Jakub         | 2042  | OTK RZEŹNIK                                       | M30       | 77   | 00:00:13    | 01:44:25 | 03:24:31.05     | 03:24:44.80      | +01:11:11 | 7:34         | 7.9        |
| 156 | ROMEJ Aleksandra         | 3925  | CITY TRAIL TEAM                                   | K20       | 3    | 00:00:09    | 01:49:58 | 03:24:43.90     | 03:24:53.75      | +01:11:24 | 7:34         | 7.9        |
| 157 | MIKLAS Piotr             | 3878  |   | M30       | 78   | 00:00:11    | 01:52:36 | 03:24:48.90     | 03:25:00.25      | +01:11:29 | 7:35         | 7.9        |
| 158 | FOLTA Sławomir           | 3101  | ORANGE POLSKA                                     | M40       | 26   | 00:00:12    | 01:46:28 | 03:25:07.25     | 03:25:19.30      | +01:11:47 | 7:35         | 7.9        |
| 159 | KUDŁACZ Grzegorz         | 3526  | RZESZOWSKI KLUB WYSOKOGÓRSKI                      | M30       | 79   | 00:00:24    | 01:44:59 | 03:25:11.45     | 03:25:35.90      | +01:11:52 | 7:35         | 7.9        |
| 160 | ŁUKASIAK Bartek          | 3984  |   | M30       | 80   | 00:00:28    | 02:01:38 | 03:25:15.25     | 03:25:43.25      | +01:11:55 | 7:36         | 7.9        |
| 161 | BIELAWSKI Leszek         | 3108  | ROZBIEGANY SULEJÓWEK                              | M40       | 27   | 00:00:34    | 01:45:18 | 03:25:23.25     | 03:25:57.55      | +01:12:03 | 7:36         | 7.9        |
| 162 | PIRÓG Krzysztof          | 3521  |   | M40       | 28   | 00:00:48    | 01:47:36 | 03:25:27.95     | 03:26:16.20      | +01:12:08 | 7:36         | 7.9        |

| Msc | Zawodnik                      | Numer       | Klub                                 | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km    | Czas brutto 27km   | Różn      | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|--------------------------------------|-----------|------|-------------|----------|--------------------|--------------------|-----------|--------------|------------|
| 163 | <b>PORĘBA</b> Jacek           | <b>3594</b> | MS UBEZPIECZENIA SP. Z O.O.          | M40       | 29   | 00:00:06    | 01:48:53 | <b>03:25:33.00</b> | <b>03:25:39.05</b> | +01:12:13 | 7:36         | 7.9        |
| 164 | <b>CZARNECKI</b> Karol        | <b>3874</b> | POWERADE                             | M30       | 81   | 00:00:52    | 01:50:03 | <b>03:25:54.75</b> | <b>03:26:47.45</b> | +01:12:35 | 7:37         | 7.9        |
| 165 | <b>PIETRAS</b> Ryszard        | <b>3960</b> | BIEGAM Z ABS                         | M40       | 30   | 00:00:00    | 01:45:17 | <b>03:25:57.10</b> | <b>03:25:57.10</b> | +01:12:37 | 7:37         | 7.9        |
| 166 | <b>BRZEZIŃSKI</b> Paweł       | <b>3491</b> | R2G                                  | M30       | 82   | 00:00:22    | 01:49:00 | <b>03:25:57.15</b> | <b>03:26:20.05</b> | +01:12:37 | 7:37         | 7.9        |
| 167 | <b>KAWALEC</b> Jacek          | <b>3302</b> | AMASON - BIEGAM SERCEM               | M30       | 83   | 00:00:11    | 01:51:19 | <b>03:26:07.65</b> | <b>03:26:18.95</b> | +01:12:48 | 7:38         | 7.9        |
| 168 | <b>WOJCIECHOWSKI</b> Jarosław | <b>3698</b> | CZASEM BIEGAM                        | M50       | 3    | 00:00:30    | 01:50:10 | <b>03:26:09.60</b> | <b>03:26:40.05</b> | +01:12:50 | 7:38         | 7.9        |
| 169 | <b>SOCHA</b> Katarzyna        | <b>3710</b> | CZASEM BIEGAM                        | K30       | 12   | 00:00:29    | 01:50:29 | <b>03:26:11.05</b> | <b>03:26:40.20</b> | +01:12:51 | 7:38         | 7.9        |
| 170 | <b>ZARZYŃSKI</b> Artur        | <b>4029</b> | FUNFLY                               | M40       | 31   | 00:00:16    | 01:49:14 | <b>03:26:42.60</b> | <b>03:26:59.50</b> | +01:13:23 | 7:39         | 7.8        |
| 171 | <b>MAREK</b> Wojciech         | <b>3772</b> |                                      | M40       | 32   | 00:00:13    | 01:46:03 | <b>03:26:49.65</b> | <b>03:27:03.35</b> | +01:13:30 | 7:39         | 7.8        |
| 172 | <b>CZAPLICKI</b> Piotr        | <b>3630</b> | PZU SPORT TEAM                       | M20       | 37   | 00:00:20    | 01:46:28 | <b>03:26:51.80</b> | <b>03:27:12.45</b> | +01:13:32 | 7:39         | 7.8        |
| 173 | <b>PASZEK</b> Jacek           | <b>3114</b> |                                      | M30       | 84   | 00:00:00    |          | <b>03:26:58.65</b> | <b>03:26:58.65</b> | +01:13:39 | 7:39         | 7.8        |
| 174 | <b>PALLACH</b> Lech           | <b>3216</b> | BIEGAMYRAZEM.PL                      | M30       | 85   | 00:00:27    | 01:51:47 | <b>03:27:07.30</b> | <b>03:27:34.30</b> | +01:13:48 | 7:40         | 7.8        |
| 175 | <b>BOSEK</b> Robert           | <b>3815</b> | ORANGE POLSKA                        | M30       | 86   | 00:00:08    | 01:48:57 | <b>03:27:08.55</b> | <b>03:27:17.20</b> | +01:13:49 | 7:40         | 7.8        |
| 176 | <b>KALINOWSKI</b> Piotr       | <b>3578</b> |                                      | M30       | 87   | 00:00:54    | 01:49:26 | <b>03:27:10.40</b> | <b>03:28:05.20</b> | +01:13:51 | 7:40         | 7.8        |
| 177 | <b>GIMZICKA</b> Ewa           | <b>3774</b> | BANDA I WANDA                        | K30       | 13   | 00:00:18    | 01:53:02 | <b>03:27:14.20</b> | <b>03:27:33.15</b> | +01:13:54 | 7:40         | 7.8        |
| 178 | <b>GRYMUZA</b> Zbigniew       | <b>3994</b> | POLSKA                               | M50       | 4    | 00:00:20    | 01:52:11 | <b>03:27:21.80</b> | <b>03:27:42.50</b> | +01:14:02 | 7:40         | 7.8        |
| 179 | <b>KACZOREK</b> Dominik       | <b>3743</b> | NAPIERAJ.PL                          | M30       | 88   | 00:00:10    | 01:39:33 | <b>03:27:36.70</b> | <b>03:27:46.95</b> | +01:14:17 | 7:41         | 7.8        |
| 180 | <b>MYSZKOWSKI</b> Sebastian   | <b>3435</b> | KALIŃSKATEAM                         | M30       | 89   | 00:00:25    | 01:51:22 | <b>03:27:50.60</b> | <b>03:28:16.05</b> | +01:14:31 | 7:41         | 7.8        |
| 181 | <b>GAJDOWSKI</b> Tomasz       | <b>3318</b> |                                      | M20       | 38   | 00:01:00    | 01:56:38 | <b>03:27:53.20</b> | <b>03:28:54.15</b> | +01:14:33 | 7:42         | 7.8        |
| 182 | <b>GRZEGORCZYK</b> Wojciech   | <b>3861</b> | KONDYCJA                             | M40       | 33   | 00:00:35    | 01:58:07 | <b>03:28:45.35</b> | <b>03:29:21.30</b> | +01:15:26 | 7:43         | 7.8        |
| 183 | <b>DZIADOWIEC</b> Krzysztof   | <b>3583</b> | KROK ZA GROSZ                        | M40       | 34   | 00:00:15    | 01:49:30 | <b>03:29:22.80</b> | <b>03:29:38.00</b> | +01:16:03 | 7:45         | 7.7        |
| 184 | <b>JASTER</b> Anna            | <b>3783</b> | BOOT CAMP POLSKA                     | K30       | 14   | 00:00:13    | 01:48:49 | <b>03:29:23.45</b> | <b>03:29:37.05</b> | +01:16:04 | 7:45         | 7.7        |
| 185 | <b>ŚWITALSKA</b> Jowita       | <b>3892</b> | NIGHT RUNNERS                        | K30       | 15   | 00:01:04    | 01:56:53 | <b>03:29:37.35</b> | <b>03:30:41.55</b> | +01:16:18 | 7:45         | 7.7        |
| 186 | <b>SIDOROWICZ</b> Grzegorz    | <b>3711</b> | AXA RUNNING TEAM                     | M40       | 35   | 00:00:43    | 01:51:56 | <b>03:29:38.60</b> | <b>03:30:22.10</b> | +01:16:19 | 7:45         | 7.7        |
| 186 | <b>STRZELECKI</b> Michał      | <b>3647</b> | PZSF                                 | M30       | 90   | 00:01:38    | 01:56:53 | <b>03:29:38.60</b> | <b>03:31:16.60</b> | +01:16:19 | 7:45         | 7.7        |
| 188 | <b>BIELAWIEC</b> Bartłomiej   | <b>3796</b> | BIAŁOSTOCKA SEKTA BIEGACZY           | M30       | 91   | 00:01:11    | 01:56:44 | <b>03:29:40.00</b> | <b>03:30:51.60</b> | +01:16:20 | 7:45         | 7.7        |
| 189 | <b>SZUMIGAJ</b> Alicja        | <b>3518</b> |                                      | K30       | 16   | 00:00:36    | 01:52:41 | <b>03:30:05.55</b> | <b>03:30:41.75</b> | +01:16:46 | 7:46         | 7.7        |
| 190 | <b>SZEREMETA</b> Andrzej      | <b>3069</b> | PZU SPORT TEAM                       | M40       | 36   | 00:00:21    | 01:49:25 | <b>03:30:19.60</b> | <b>03:30:41.20</b> | +01:17:00 | 7:47         | 7.7        |
| 191 | <b>DĄBKOWSKI</b> Andrzej      | <b>3136</b> |                                      | M40       | 37   | 00:00:21    | 01:42:33 | <b>03:30:21.00</b> | <b>03:30:42.40</b> | +01:17:01 | 7:47         | 7.7        |
| 192 | <b>KUC</b> Wojciech           | <b>3820</b> |                                      | M30       | 92   | 00:00:40    | 01:45:13 | <b>03:30:32.10</b> | <b>03:31:13.00</b> | +01:17:12 | 7:47         | 7.7        |
| 193 | <b>WOŁOWSKI</b> Filip         | <b>3567</b> |                                      | M40       | 38   | 00:00:00    | 01:47:19 | <b>03:30:49.85</b> | <b>03:30:49.85</b> | +01:17:30 | 7:48         | 7.7        |
| 194 | <b>KOZIARSKI</b> Piotr        | <b>3806</b> | PO LINIE                             | M30       | 93   | 00:00:28    | 01:51:31 | <b>03:32:01.75</b> | <b>03:32:30.30</b> | +01:18:42 | 7:51         | 7.6        |
| 195 | <b>ZAWIŚLAK</b> Kazimierz     | <b>3540</b> |                                      | M30       | 94   | 00:00:14    | 01:47:50 | <b>03:32:03.20</b> | <b>03:32:17.45</b> | +01:18:43 | 7:51         | 7.6        |
| 196 | <b>KAMIŃSKA</b> Jolanta       | <b>3777</b> | 12TRI.PL                             | K20       | 4    | 00:01:06    | 01:50:22 | <b>03:32:03.35</b> | <b>03:33:09.35</b> | +01:18:44 | 7:51         | 7.6        |
| 197 | <b>JANKOWIAK</b> Marta        | <b>3513</b> | RAJSPORT ACTIVE ANTON TEAM           | K20       | 5    | 00:00:17    | 01:49:43 | <b>03:32:17.65</b> | <b>03:32:35.00</b> | +01:18:58 | 7:51         | 7.6        |
| 198 | <b>LECH</b> Marek             | <b>3330</b> |                                      | M30       | 95   | 00:00:39    | 01:55:20 | <b>03:32:18.00</b> | <b>03:32:57.20</b> | +01:18:58 | 7:51         | 7.6        |
| 199 | <b>MIECH</b> Szymon           | <b>3254</b> |                                      | M30       | 96   | 00:00:31    | 01:49:18 | <b>03:32:33.65</b> | <b>03:33:04.70</b> | +01:19:14 | 7:52         | 7.6        |
| 200 | <b>MACIASZCZYK</b> Magda      | <b>3238</b> | UKL ÓSEMKA POLICE                    | K40       | 2    | 00:00:17    | 01:54:31 | <b>03:32:37.95</b> | <b>03:32:54.95</b> | +01:19:18 | 7:52         | 7.6        |
| 201 | <b>BOBROWICZ</b> Mateusz      | <b>3724</b> |                                      | M30       | 97   | 00:00:24    | 01:51:02 | <b>03:32:55.85</b> | <b>03:33:20.75</b> | +01:19:36 | 7:53         | 7.6        |
| 202 | <b>STAŚKIEWICZ</b> Marcin     | <b>3328</b> | OLSZTYŃSKIE USTAWKI BIEGOWE/TRI NEGU | M30       | 98   | 00:00:28    | 01:58:42 | <b>03:33:12.90</b> | <b>03:33:41.25</b> | +01:19:53 | 7:53         | 7.6        |
| 203 | <b>TOMCZAK</b> Agnieszka      | <b>3374</b> |                                      | K40       | 3    | 00:00:14    | 01:52:38 | <b>03:33:21.30</b> | <b>03:33:35.80</b> | +01:20:02 | 7:54         | 7.6        |
| 204 | <b>KŁĘBEK</b> Arkadiusz       | <b>3819</b> | KB WYSZKÓW                           | M30       | 99   | 00:00:57    | 01:52:42 | <b>03:33:26.00</b> | <b>03:34:23.50</b> | +01:20:06 | 7:54         | 7.6        |
| 205 | <b>RONKOWSKA</b> Małgorzata   | <b>3660</b> |                                      | K20       | 6    | 00:00:39    | 01:55:30 | <b>03:33:37.15</b> | <b>03:34:16.30</b> | +01:20:17 | 7:54         | 7.6        |
| 206 | <b>DY CZKOWSKI</b> Andrzej    | <b>3084</b> | TYGRYSKI KUBUSIA PUCHATKA            | M50       | 5    | 00:00:32    | 01:53:42 | <b>03:33:43.85</b> | <b>03:34:16.15</b> | +01:20:24 | 7:54         | 7.6        |

| Msc | Zawodnik                    | Numer | Klub                            | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------|---------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 207 | PLEWA Tomasz                | 3314  |                                 | M40       | 39   | 00:00:34    | 01:46:00 | 03:33:51.15     | 03:34:25.95      | +01:20:31 | 7:55         | 7.6        |
| 208 | KULIGA Sławomir             | 3762  | POSMAKUJ RUN TEAM               | M30       | 100  | 00:00:17    | 01:51:57 | 03:34:03.95     | 03:34:21.10      | +01:20:44 | 7:55         | 7.6        |
| 209 | WOJTKIEWICZ Jarosław        | 4045  |                                 | M40       | 40   | 00:00:19    | 01:53:45 | 03:34:16.35     | 03:34:35.85      | +01:20:57 | 7:56         | 7.6        |
| 210 | JĘDRZEJCZAK Artur           | 3511  | SOLEC WLKP                      | M30       | 101  | 00:01:00    | 01:52:59 | 03:34:31.45     | 03:35:31.50      | +01:21:12 | 7:56         | 7.6        |
| 211 | SZOPIŃSKA Agnieszka         | 3389  |                                 | K30       | 17   | 00:00:15    | 01:52:36 | 03:34:40.35     | 03:34:55.45      | +01:21:21 | 7:57         | 7.5        |
| 212 | PAJĄK Andrzej               | 3966  | BIEGAM Z ABS                    | M40       | 41   | 00:00:18    | 01:47:37 | 03:34:55.40     | 03:35:14.15      | +01:21:36 | 7:57         | 7.5        |
| 213 | TUCHOŁKA Marta              | 3997  | POCO LOCO AT                    | K30       | 18   | 00:00:11    | 01:51:55 | 03:35:07.30     | 03:35:18.60      | +01:21:48 | 7:58         | 7.5        |
| 214 | CHAŁUPA Daniel              | 3165  | KLUB BIEGACZA GOCH              | M40       | 42   | 00:00:06    | 01:47:41 | 03:35:11.90     | 03:35:18.85      | +01:21:52 | 7:58         | 7.5        |
| 215 | MIODUSZEWSKI Paweł          | 4055  | ARPWAVE                         | M40       | 43   | 00:01:26    | 01:46:34 | 03:35:15.25     | 03:36:41.90      | +01:21:55 | 7:58         | 7.5        |
| 216 | ZAŁUCKI Maciej              | 3709  | 1000 MILES                      | M40       | 44   | 00:00:21    | 01:54:39 | 03:35:48.00     | 03:36:09.80      | +01:22:28 | 7:59         | 7.5        |
| 217 | KOLANKO Michał              | 3284  | INFOSOFTWARE POLSKA             | M30       | 102  | 00:00:18    | 01:47:33 | 03:35:55.35     | 03:36:13.35      | +01:22:36 | 7:59         | 7.5        |
| 218 | DOMISZEWSKI Wojciech        | 3847  |                                 | M50       | 6    | 00:00:35    | 01:53:44 | 03:35:57.90     | 03:36:33.65      | +01:22:38 | 7:59         | 7.5        |
| 219 | MAŁYSIAK Julian             | 3194  |                                 | M20       | 39   | 00:00:39    | 01:57:22 | 03:35:58.25     | 03:36:38.10      | +01:22:38 | 7:59         | 7.5        |
| 220 | PLACHA Piotr                | 3446  |                                 | M40       | 45   | 00:00:28    | 01:50:30 | 03:36:09.90     | 03:36:38.85      | +01:22:50 | 8:00         | 7.5        |
| 221 | CZERNIAK Anna               | 3317  | VEGE RUNNERS / KRASNYSTAW BIEGA | K20       | 7    | 00:00:29    | 02:02:12 | 03:36:18.05     | 03:36:47.95      | +01:22:58 | 8:00         | 7.5        |
| 222 | MAJOR Zby                   | 3699  | NIGHT RUNNERS                   | M40       | 46   | 00:01:01    | 01:54:03 | 03:36:38.20     | 03:37:39.85      | +01:23:18 | 8:01         | 7.5        |
| 223 | ZAJDEL Karolina             | 4056  | AZS KRAKÓW                      | K20       | 8    | 00:00:24    | 01:53:30 | 03:37:01.85     | 03:37:26.65      | +01:23:42 | 8:02         | 7.5        |
| 224 | GŁOGOWSKI Adam              | 3776  | NBP / NIGHT RUNNERS KABATY      | M30       | 103  | 00:00:22    | 01:49:40 | 03:37:11.25     | 03:37:33.70      | +01:23:51 | 8:02         | 7.5        |
| 225 | ŁOPIAN Wojciech             | 3944  |                                 | M30       | 104  | 00:01:23    | 02:14:05 | 03:37:13.00     | 03:38:36.10      | +01:23:53 | 8:02         | 7.5        |
| 226 | PODOLSKI Marek              | 3215  | BIEGAMYRAZEM.PL                 | M30       | 105  | 00:00:27    | 01:49:11 | 03:37:29.75     | 03:37:57.70      | +01:24:10 | 8:03         | 7.4        |
| 227 | MATUSIAK Arkadiusz          | 3185  |                                 | M40       | 47   | 00:00:15    | 01:47:43 | 03:37:37.00     | 03:37:52.60      | +01:24:17 | 8:03         | 7.4        |
| 228 | CHUDY Michał                | 3899  |                                 | M30       | 106  | 00:01:18    | 01:56:38 | 03:37:51.95     | 03:39:10.60      | +01:24:32 | 8:04         | 7.4        |
| 229 | SZULC Sebastian             | 3040  |                                 | M20       | 40   | 00:00:30    | 01:50:54 | 03:37:57.50     | 03:38:27.75      | +01:24:38 | 8:04         | 7.4        |
| 230 | POLANOWSKI Daniel           | 3264  |                                 | M30       | 107  | 00:00:35    | 01:52:14 | 03:38:03.15     | 03:38:39.05      | +01:24:43 | 8:04         | 7.4        |
| 231 | BEKIER Paweł                | 3368  | BUBBA GUMP RUN TEAM             | M30       | 108  | 00:00:14    | 01:53:19 | 03:38:40.25     | 03:38:55.00      | +01:25:20 | 8:05         | 7.4        |
| 232 | GODYŃ Jan                   | 3465  | DELOITTE ADVENTURE CLUB         | M30       | 109  | 00:00:42    | 01:54:28 | 03:38:45.35     | 03:39:27.35      | +01:25:26 | 8:06         | 7.4        |
| 233 | ADAMCZYK Julia              | 3075  | 12TRI.PL                        | K20       | 9    | 00:00:35    | 01:58:41 | 03:38:50.65     | 03:39:26.55      | +01:25:31 | 8:06         | 7.4        |
| 234 | IDZIAK Marcin               | 3659  | NOWOMIESZCZANIE LUBIĄ BIEGANIE  | M30       | 110  | 00:00:20    | 01:52:02 | 03:39:06.70     | 03:39:26.75      | +01:25:47 | 8:06         | 7.4        |
| 235 | MAŁECKI Piotr               | 3190  | NAPRZÓD MŁOCINY                 | M20       | 41   | 00:01:10    | 01:50:39 | 03:39:10.30     | 03:40:20.80      | +01:25:51 | 8:07         | 7.4        |
| 236 | SMERECKI Maciej             | 3274  | POSMAKUJ RUN TEAM               | M30       | 111  | 00:00:16    | 01:56:35 | 03:39:23.10     | 03:39:39.40      | +01:26:03 | 8:07         | 7.4        |
| 237 | ANDRUSZKIEWICZ-ĆWIK Natalia | 3370  | 12TRI.PL DRUŻYNA WILKA          | K30       | 19   | 00:00:25    | 01:59:50 | 03:39:38.80     | 03:40:04.20      | +01:26:19 | 8:08         | 7.4        |
| 238 | KASZYCKA Renata             | 3519  |                                 | K40       | 4    | 00:00:51    | 02:03:18 | 03:39:43.50     | 03:40:34.80      | +01:26:24 | 8:08         | 7.4        |
| 239 | KRAMER Rafał                | 3957  | NAUCZYCIEL                      | M40       | 48   | 00:00:31    | 02:00:13 | 03:39:45.75     | 03:40:17.45      | +01:26:26 | 8:08         | 7.4        |
| 240 | WIECZOREK Ola               | 3615  |                                 | K20       | 10   | 00:00:07    | 01:55:01 | 03:40:05.00     | 03:40:12.95      | +01:26:45 | 8:09         | 7.4        |
| 241 | MIŁUŃSKI Filip              | 3732  |                                 | M30       | 112  | 00:00:30    | 02:01:24 | 03:40:28.15     | 03:40:58.60      | +01:27:08 | 8:09         | 7.3        |
| 242 | WRÓBEL Bartłomiej           | 3002  | CISNA GÓRY                      | M40       | 49   | 00:00:09    | 01:51:30 | 03:40:59.65     | 03:41:08.70      | +01:27:40 | 8:11         | 7.3        |
| 243 | BRZOZOWSKI Andrzej          | 3588  | WKZ                             | M60       | 1    | 00:00:32    | 01:57:43 | 03:41:01.10     | 03:41:33.70      | +01:27:41 | 8:11         | 7.3        |
| 244 | PAWLUS Piotr                | 3805  | GRUNWALD TEAM POZNAŃ            | M30       | 113  | 00:00:32    | 02:02:21 | 03:41:04.80     | 03:41:37.50      | +01:27:45 | 8:11         | 7.3        |
| 245 | BEDNARCZYK Paulina          | 3832  | MADRABBIT                       | K30       | 20   | 00:00:28    | 01:56:25 | 03:41:05.35     | 03:41:34.25      | +01:27:46 | 8:11         | 7.3        |
| 246 | BEDNARCZYK Maciej           | 3835  | MADRABBIT                       | M30       | 114  | 00:00:28    | 01:51:49 | 03:41:06.00     | 03:41:34.30      | +01:27:46 | 8:11         | 7.3        |
| 247 | WALASZCZYK Anna             | 3995  |                                 | K30       | 21   | 00:00:34    | 01:55:09 | 03:41:11.40     | 03:41:45.90      | +01:27:52 | 8:11         | 7.3        |
| 248 | DZIEDZINA Tomasz            | 3844  | NIGHT RUNNERS                   | M30       | 115  | 00:00:30    | 01:58:29 | 03:41:23.55     | 03:41:54.00      | +01:28:04 | 8:12         | 7.3        |
| 249 | KAWALEC Krystian            | 3143  |                                 | M40       | 50   | 00:00:11    | 01:50:49 | 03:41:25.10     | 03:41:36.40      | +01:28:05 | 8:12         | 7.3        |
| 250 | JĘDRASZEK Maciej            | 3439  | KORONA PABIANICE                | M30       | 116  | 00:00:10    | 01:54:51 | 03:41:28.00     | 03:41:38.80      | +01:28:08 | 8:12         | 7.3        |

| Msc | Zawodnik               | Numer | Klub                                 | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|--------------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 251 | MICHALSKA Agnieszka    | 3557  |                                      | K30       | 22   | 00:01:31    | 02:04:41 | 03:41:31.35     | 03:43:02.55      | +01:28:12 | 8:12         | 7.3        |
| 252 | JAZŁOCKI Łukasz        | 3696  |                                      | M30       | 117  | 00:00:09    | 01:47:48 | 03:41:40.70     | 03:41:50.20      | +01:28:21 | 8:12         | 7.3        |
| 253 | KRACZKOWSKI Przemysław | 3474  |                                      | M30       | 118  | 00:00:47    | 01:57:52 | 03:41:50.60     | 03:42:38.50      | +01:28:31 | 8:13         | 7.3        |
| 254 | DYLEWSKI Paweł         | 3400  | FIZJO-SPORT ŁĘCZNA                   | M30       | 119  | 00:00:23    | 01:56:11 | 03:41:59.05     | 03:42:22.90      | +01:28:39 | 8:13         | 7.3        |
| 255 | SZYMKOWIAK Tomasz      | 3271  |                                      | M20       | 42   | 00:00:29    | 01:48:13 | 03:42:03.25     | 03:42:32.65      | +01:28:43 | 8:13         | 7.3        |
| 256 | PECIAK Robert          | 3266  | WW TEAM                              | M50       | 7    | 00:00:25    | 01:55:55 | 03:42:05.65     | 03:42:30.70      | +01:28:46 | 8:13         | 7.3        |
| 257 | CZAPIEWSKI Paweł       | 3910  |                                      | M30       | 120  | 00:00:26    | 01:49:15 | 03:42:08.45     | 03:42:34.60      | +01:28:49 | 8:13         | 7.3        |
| 258 | MANEL Mariusz          | 3475  | NETBOX BIEGA                         | M40       | 51   | 00:00:48    | 01:54:15 | 03:42:13.70     | 03:43:02.40      | +01:28:54 | 8:13         | 7.3        |
| 259 | LESIEWICZ Jarosław     | 3207  | ORANGE POLSKA                        | M40       | 52   | 00:00:40    | 01:55:29 | 03:42:18.75     | 03:42:59.70      | +01:28:59 | 8:14         | 7.3        |
| 260 | MAJCHRZAK Jakub        | 3644  |                                      | M30       | 121  | 00:00:21    | 01:58:08 | 03:42:23.65     | 03:42:45.45      | +01:29:04 | 8:14         | 7.3        |
| 261 | WASYLÓW Jacek          | 3881  | KLUB BIEGOWY IC PRZEMYSŁ             | M30       | 122  | 00:00:14    | 01:47:25 | 03:42:33.25     | 03:42:47.30      | +01:29:13 | 8:14         | 7.3        |
| 262 | ZALEWSKA Marta         | 3416  | ŻÓRAWSKI TEAM                        | K20       | 11   | 00:00:27    | 02:02:08 | 03:42:39.30     | 03:43:06.30      | +01:29:20 | 8:14         | 7.3        |
| 263 | GŁODOWSKI Michał       | 3424  | ŻÓRAWSKI TEAM                        | M20       | 43   | 00:00:26    | 02:02:09 | 03:42:39.40     | 03:43:06.20      | +01:29:20 | 8:14         | 7.3        |
| 264 | NOWICKI Bartosz        | 4052  | PODROZNICZY.EU TEAM                  | M30       | 123  | 00:01:00    | 01:56:03 | 03:42:40.00     | 03:43:40.70      | +01:29:20 | 8:14         | 7.3        |
| 265 | PITEK Grzegorz         | 3965  | BIEGAM Z ABS                         | M40       | 53   | 00:00:18    | 01:49:25 | 03:42:43.55     | 03:43:01.70      | +01:29:24 | 8:14         | 7.3        |
| 266 | NERKOWSKI Paweł        | 3116  |                                      | M30       | 124  | 00:00:14    | 01:47:48 | 03:42:46.85     | 03:43:01.50      | +01:29:27 | 8:15         | 7.3        |
| 266 | CHMIELEWSKI Marcin     | 3121  |                                      | M40       | 54   | 00:00:14    | 01:47:49 | 03:42:46.85     | 03:43:01.70      | +01:29:27 | 8:15         | 7.3        |
| 268 | JĘDRZEJCZYK Agnieszka  | 3200  | RZESZOWSKIE GAZELE I GEPARDY         | K40       | 5    | 00:00:15    | 02:02:02 | 03:42:51.85     | 03:43:07.30      | +01:29:32 | 8:15         | 7.3        |
| 269 | PĘKALA Magda           | 3652  | NIGHT RUNNERS                        | K20       | 12   | 00:01:08    | 01:58:44 | 03:42:51.90     | 03:44:00.25      | +01:29:32 | 8:15         | 7.3        |
| 270 | THIER Dominik          | 3172  | PZSF                                 | M30       | 125  | 00:01:39    | 01:56:55 | 03:43:00.40     | 03:44:39.70      | +01:29:41 | 8:15         | 7.3        |
| 271 | JAGIELSKI Damian       | 3565  | NGB KŁOBUCK                          | M30       | 126  | 00:00:18    | 01:49:25 | 03:43:05.45     | 03:43:23.95      | +01:29:46 | 8:15         | 7.3        |
| 272 | WAŚ Marcin             | 3132  |                                      | M20       | 44   | 00:00:49    | 02:01:23 | 03:43:26.90     | 03:44:16.15      | +01:30:07 | 8:16         | 7.2        |
| 273 | SZYDŁOWSKI Mateusz     | 3690  |                                      | M20       | 45   | 00:00:49    | 02:01:22 | 03:43:27.05     | 03:44:16.35      | +01:30:07 | 8:16         | 7.2        |
| 274 | DZIERWA Sylwia         | 4009  |                                      | K20       | 13   | 00:00:54    | 02:01:10 | 03:43:38.50     | 03:44:33.30      | +01:30:19 | 8:17         | 7.2        |
| 275 | ULATOWSKI Rafał        | 3912  | 360GYM.DK                            | M30       | 127  | 00:00:55    | 02:00:14 | 03:43:38.55     | 03:44:33.60      | +01:30:19 | 8:16         | 7.2        |
| 276 | KOBYŁKA Rafał          | 3452  |                                      | M30       | 128  | 00:00:26    | 01:51:26 | 03:43:39.25     | 03:44:06.10      | +01:30:19 | 8:17         | 7.2        |
| 277 | KOTLIŃSKI Janusz       | 3731  |                                      | M50       | 8    | 00:00:48    | 01:58:56 | 03:43:50.95     | 03:44:39.45      | +01:30:31 | 8:17         | 7.2        |
| 278 | BEDNARSKI Tomasz       | 4001  | COCA-COLA RUNNERS CLUB               | M40       | 55   | 00:00:19    | 01:55:04 | 03:43:57.95     | 03:44:17.50      | +01:30:38 | 8:17         | 7.2        |
| 279 | SZAFRAŃSKI Mateusz     | 3907  | ALSTAR                               | M20       | 46   | 00:01:06    | 02:01:53 | 03:43:58.15     | 03:45:04.15      | +01:30:38 | 8:17         | 7.2        |
| 280 | ŚLIWIŃSKI Piotr        | 4047  | YOUNG SHUFFLERS TEAM                 | M50       | 9    | 00:01:05    | 02:03:52 | 03:44:04.85     | 03:45:10.35      | +01:30:45 | 8:17         | 7.2        |
| 281 | HEMMERLING Roman       | 3193  |                                      | M20       | 47   | 00:00:31    | 01:59:09 | 03:44:06.50     | 03:44:37.80      | +01:30:47 | 8:18         | 7.2        |
| 282 | KOCHMAN Karol          | 3422  |                                      | M20       | 48   | 00:00:31    | 01:59:09 | 03:44:06.60     | 03:44:37.95      | +01:30:47 | 8:18         | 7.2        |
| 283 | KASPRZYK Szymon        | 3548  | IDŹ SOBIE                            | M30       | 129  | 00:01:09    | 01:52:16 | 03:44:08.35     | 03:45:18.00      | +01:30:49 | 8:18         | 7.2        |
| 284 | WIELECHOWSKA Magdalena | 3272  | NAPRZÓD MŁOCINY                      | K30       | 23   | 00:01:10    | 02:05:27 | 03:44:08.45     | 03:45:18.80      | +01:30:49 | 8:18         | 7.2        |
| 285 | SZYMANEK Anna          | 3472  | NAPRZÓD MŁOCINY                      | K30       | 24   | 00:01:09    | 02:05:28 | 03:44:09.15     | 03:45:18.80      | +01:30:49 | 8:18         | 7.2        |
| 286 | ZATORSKI Paweł         | 3059  |                                      | M30       | 130  | 00:01:03    | 02:03:13 | 03:44:14.20     | 03:45:18.00      | +01:30:54 | 8:18         | 7.2        |
| 287 | MARCHUT Rafał          | 3823  |                                      | M40       | 56   | 00:00:50    | 01:58:02 | 03:44:19.15     | 03:45:09.30      | +01:30:59 | 8:18         | 7.2        |
| 288 | JANOWSKI Tomasz        | 3822  |                                      | M30       | 131  | 00:00:49    | 01:58:04 | 03:44:19.45     | 03:45:09.40      | +01:31:00 | 8:18         | 7.2        |
| 289 | KORPAK Marta           | 3246  | TEAM MOTIVATO                        | K30       | 25   | 00:00:29    | 02:06:17 | 03:44:20.00     | 03:44:49.55      | +01:31:00 | 8:18         | 7.2        |
| 290 | GAWĘDA Arek            | 3902  |                                      | M20       | 49   | 00:00:53    | 01:59:19 | 03:44:25.15     | 03:45:18.90      | +01:31:05 | 8:18         | 7.2        |
| 291 | DZIAMSKI Ryszard       | 3624  | FUNDACJA ISKIERKA - BIEGAM DLA MIRKI | M40       | 57   | 00:01:00    | 02:01:22 | 03:44:25.90     | 03:45:26.55      | +01:31:06 | 8:18         | 7.2        |
| 292 | LIGĘZA - CHYŁEK Irmina | 3905  |                                      | K30       | 26   | 00:00:00    | 01:57:47 | 03:44:31.50     | 03:44:31.50      | +01:31:12 | 8:18         | 7.2        |
| 293 | PIECUCH Tomasz         | 3460  |                                      | M30       | 132  | 00:00:35    | 01:57:26 | 03:44:34.55     | 03:45:10.20      | +01:31:15 | 8:19         | 7.2        |
| 294 | SZANIAWSKI Marcin      | 3800  |                                      | M30       | 133  | 00:00:13    | 01:46:48 | 03:44:39.10     | 03:44:52.85      | +01:31:19 | 8:19         | 7.2        |

| Msc | Zawodnik             | Numer | Klub                            | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|----------------------|-------|---------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 295 | KOWALCZYK Rafał      | 3642  | ELEKTROMOC                      | M20       | 50   | 00:00:20    | 01:50:32 | 03:44:48.15     | 03:45:08.95      | +01:31:28 | 8:19         | 7.2        |
| 296 | LIS Anna             | 3658  | OD GRUBASA DO ULTRASA           | K30       | 27   | 00:00:24    | 02:01:20 | 03:44:49.60     | 03:45:14.25      | +01:31:30 | 8:19         | 7.2        |
| 297 | PAŚNIEWSKI Piotr     | 3189  | CHIIR.PL                        | M20       | 51   | 00:00:22    | 01:57:35 | 03:44:54.45     | 03:45:16.90      | +01:31:35 | 8:19         | 7.2        |
| 298 | NOWACKI Michał       | 3829  | NOWORKTEAM                      | M40       | 58   | 00:00:21    | 02:00:41 | 03:44:54.50     | 03:45:16.30      | +01:31:35 | 8:19         | 7.2        |
| 299 | FAJDEK Anna          | 3582  | PEŁZACZ NIZINNY                 | K30       | 28   | 00:00:17    | 02:01:45 | 03:44:55.20     | 03:45:12.50      | +01:31:35 | 8:19         | 7.2        |
| 300 | GRUSZCZYŃSKA Sandra  | 3262  | WILD FOR THE RUN                | K30       | 29   | 00:00:13    | 01:57:48 | 03:44:56.80     | 03:45:09.90      | +01:31:37 | 8:19         | 7.2        |
| 301 | SZUMSKA Anna         | 3974  |                                 | K20       | 14   | 00:00:25    | 02:01:28 | 03:44:59.05     | 03:45:24.60      | +01:31:39 | 8:19         | 7.2        |
| 302 | KAPUŚCIK Jakub       | 3827  | CHŁOPAKI OD MARIANA             | M20       | 52   | 00:00:08    | 02:01:56 | 03:45:03.00     | 03:45:11.50      | +01:31:43 | 8:20         | 7.2        |
| 303 | BOROWSKI Roman       | 3063  |                                 | M40       | 59   | 00:01:41    | 02:00:39 | 03:45:05.80     | 03:46:47.50      | +01:31:46 | 8:20         | 7.2        |
| 304 | ARUSZTOWICZ Bartek   | 3176  |                                 | M30       | 134  | 00:01:24    | 02:06:24 | 03:45:06.10     | 03:46:30.20      | +01:31:46 | 8:20         | 7.2        |
| 305 | KALARUS Jacek        | 3733  | PĘDZĄCE MISIE                   | M30       | 135  | 00:00:06    | 02:03:19 | 03:45:06.25     | 03:45:12.60      | +01:31:46 | 8:20         | 7.2        |
| 306 | AUGUST Ryszard       | 3810  |                                 | M40       | 60   | 00:00:18    | 01:56:56 | 03:45:08.70     | 03:45:27.15      | +01:31:49 | 8:20         | 7.2        |
| 307 | WRÓBLEWSKA Katarzyna | 3909  |                                 | K30       | 30   | 00:00:19    | 02:01:50 | 03:45:11.95     | 03:45:31.00      | +01:31:52 | 8:20         | 7.2        |
| 308 | ZEDELSKI Michał      | 3868  | SZWLA STARGARD                  | M40       | 61   | 00:00:12    | 01:56:51 | 03:45:25.90     | 03:45:38.60      | +01:32:06 | 8:20         | 7.2        |
| 309 | SEREDYN Aldona       | 3329  |                                 | K30       | 31   | 00:00:36    | 01:57:41 | 03:45:27.75     | 03:46:03.90      | +01:32:08 | 8:21         | 7.2        |
| 310 | RENKEL-BUCHA Ewa     | 3719  | NOWOMIESZCZANIE LUBIĄ BIEGANIE  | K30       | 32   | 00:00:21    | 01:54:17 | 03:45:36.75     | 03:45:58.05      | +01:32:17 | 8:21         | 7.2        |
| 311 | GOSTKOWSKI Wiesław   | 3352  |                                 | M50       | 10   | 00:00:20    | 01:54:19 | 03:45:39.60     | 03:45:59.70      | +01:32:20 | 8:21         | 7.2        |
| 312 | SŁOBODA Elżbieta     | 3032  |                                 | K30       | 33   | 00:00:49    | 02:03:39 | 03:45:42.65     | 03:46:32.60      | +01:32:23 | 8:21         | 7.2        |
| 313 | MARCINIAK Wojciech   | 3430  |                                 | M40       | 62   | 00:00:41    | 02:09:14 | 03:45:47.50     | 03:46:29.10      | +01:32:28 | 8:21         | 7.2        |
| 314 | GESZPRYCH Marek      | 3635  |                                 | M40       | 63   | 00:00:35    | 02:04:26 | 03:45:51.20     | 03:46:26.25      | +01:32:31 | 8:21         | 7.2        |
| 315 | BUZALSKI Robert      | 3623  | ORANGE POLSKA                   | M40       | 64   | 00:00:33    | 01:57:38 | 03:45:52.45     | 03:46:26.15      | +01:32:33 | 8:21         | 7.2        |
| 316 | MALEC Piotr          | 3277  |                                 | M20       | 53   | 00:00:53    | 01:59:21 | 03:45:58.65     | 03:46:52.25      | +01:32:39 | 8:22         | 7.2        |
| 317 | INDYKA Kornelia      | 3331  | NIGHT RUNNERS                   | K20       | 15   | 00:01:07    | 02:12:06 | 03:46:05.60     | 03:47:12.60      | +01:32:46 | 8:22         | 7.2        |
| 318 | KIBART Robert        | 3070  | BUBBA GUMP RUN TEAM             | M40       | 65   | 00:00:17    | 01:53:58 | 03:46:06.70     | 03:46:24.25      | +01:32:47 | 8:22         | 7.2        |
| 319 | KONDZIOŁA Krzysztof  | 4026  | PERFECT RUNNER LUBLIN           | M30       | 136  | 00:00:18    | 01:55:20 | 03:46:22.00     | 03:46:40.15      | +01:33:02 | 8:23         | 7.2        |
| 320 | LEŚNIAK-POPEI Marta  | 3848  |                                 | K40       | 6    | 00:00:59    | 02:03:48 | 03:46:30.95     | 03:47:30.20      | +01:33:11 | 8:23         | 7.2        |
| 321 | SACHARUK Robert      | 3837  |                                 | M40       | 66   | 00:00:57    | 01:53:09 | 03:46:33.30     | 03:47:30.55      | +01:33:14 | 8:23         | 7.2        |
| 322 | PYTA Krzysiek        | 3942  | WELNOWIETZ                      | M30       | 137  | 00:00:56    | 01:56:09 | 03:46:36.00     | 03:47:32.85      | +01:33:16 | 8:23         | 7.1        |
| 323 | KURASZKIEWICZ Robert | 3471  |                                 | M40       | 67   | 00:00:54    | 02:03:23 | 03:46:37.40     | 03:47:31.65      | +01:33:18 | 8:23         | 7.1        |
| 324 | ZIĘBA Witold         | 3753  | MKS BŁĘKITNI ROPCZYCE           | M40       | 68   | 00:00:53    | 02:03:24 | 03:46:38.20     | 03:47:31.80      | +01:33:18 | 8:23         | 7.1        |
| 325 | MATUSIAK Małgorzata  | 3342  |                                 | K20       | 16   | 00:00:24    | 02:06:43 | 03:46:40.75     | 03:47:05.50      | +01:33:21 | 8:23         | 7.1        |
| 326 | PASZEK Tomasz        | 3042  |                                 | M40       | 69   | 00:00:46    | 02:01:04 | 03:46:41.20     | 03:47:27.90      | +01:33:21 | 8:23         | 7.1        |
| 327 | ZIÓŁEK Mirosław      | 4049  | PERFEKT RUNNER                  | M50       | 11   | 00:01:12    | 02:01:30 | 03:46:44.40     | 03:47:56.45      | +01:33:25 | 8:23         | 7.1        |
| 328 | LENKOWSKA Adrianna   | 3164  | BIEGAM BO NIE LUBIĘ             | K20       | 17   | 00:00:26    | 02:03:36 | 03:47:00.45     | 03:47:26.90      | +01:33:41 | 8:24         | 7.1        |
| 329 | WAWRZYŃIAK Zofia     | 3091  | KOBIETY BIEGAJĄ                 | K30       | 34   | 00:00:26    | 02:03:35 | 03:47:00.55     | 03:47:27.00      | +01:33:41 | 8:24         | 7.1        |
| 330 | JANKOWSKI Rafał      | 3043  |                                 | M30       | 138  | 00:00:33    | 01:55:12 | 03:47:02.95     | 03:47:36.75      | +01:33:43 | 8:24         | 7.1        |
| 331 | SZABELAK Witold      | 4008  |                                 | M30       | 139  | 00:01:20    | 02:06:18 | 03:47:03.50     | 03:48:23.80      | +01:33:44 | 8:24         | 7.1        |
| 332 | KĘCKI Karol          | 3791  |                                 | M30       | 140  | 00:00:34    | 01:54:38 | 03:47:04.15     | 03:47:38.55      | +01:33:44 | 8:24         | 7.1        |
| 333 | ZIEMBLA Jakub        | 3233  | NIGHT RUNNERS                   | M30       | 141  | 00:01:07    | 02:06:17 | 03:47:16.90     | 03:48:24.20      | +01:33:57 | 8:25         | 7.1        |
| 334 | APOSTOLSKI Wojciech  | 3718  | HARPAGAN SOSNOWIEC              | M30       | 142  | 00:00:20    | 01:56:56 | 03:47:18.15     | 03:47:38.80      | +01:33:58 | 8:25         | 7.1        |
| 335 | MARCIAK Karol        | 3880  | OLSZTYŃSKIE USTAWKI BIEGOWE OUB | M30       | 143  | 00:00:23    | 01:58:49 | 03:47:23.25     | 03:47:47.10      | +01:34:03 | 8:25         | 7.1        |
| 336 | SKIBA Daniel         | 3535  | KB DŁUGOSIODŁO                  | M20       | 54   | 00:00:26    | 02:01:44 | 03:47:33.55     | 03:47:59.70      | +01:34:14 | 8:25         | 7.1        |
| 337 | DREWNIK Piotr        | 3348  | OBOZYBIEGOWE.PL                 | M30       | 144  | 00:00:17    | 01:57:55 | 03:47:37.30     | 03:47:54.60      | +01:34:18 | 8:25         | 7.1        |
| 338 | CIESZKO Marek        | 3939  | KW WARSZAWA                     | M30       | 145  | 00:00:16    | 01:59:56 | 03:47:39.75     | 03:47:56.00      | +01:34:20 | 8:25         | 7.1        |



| Msc | Zawodnik              | Numer | Klub                           | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|--------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 339 | MAZURCZAK Anna        | 3938  | KW WARSZAWA                    | K20       | 18   | 00:00:15    | 01:59:54 | 03:47:42.65     | 03:47:58.40      | +01:34:23 | 8:26         | 7.1        |
| 340 | SKORCZYK Adrian       | 3670  | TGV RUNNING TEAM               | M30       | 146  | 00:01:17    | 02:01:26 | 03:47:53.05     | 03:49:10.85      | +01:34:33 | 8:26         | 7.1        |
| 341 | DAWID-SAWICKA Monika  | 3459  |                                | K30       | 35   | 00:00:15    | 02:01:28 | 03:48:08.20     | 03:48:23.20      | +01:34:48 | 8:26         | 7.1        |
| 342 | BAUER Artur           | 3807  | SM RYKI                        | M30       | 147  | 00:00:57    | 02:12:51 | 03:48:15.65     | 03:49:13.50      | +01:34:56 | 8:27         | 7.1        |
| 343 | LEMIESZKA Marta       | 3097  | ROZBIEGANY SULEJÓWEK           | K20       | 19   | 00:01:13    | 02:02:00 | 03:48:20.80     | 03:49:33.90      | +01:35:01 | 8:27         | 7.1        |
| 344 | FURS Teodor           | 3953  | PIERDZĄCE ZAJĄCE               | M40       | 70   | 00:01:08    | 02:00:48 | 03:48:25.05     | 03:49:33.30      | +01:35:05 | 8:27         | 7.1        |
| 345 | KUFEL Magdalena       | 3191  |                                | K20       | 20   | 00:00:25    | 01:59:50 | 03:48:26.25     | 03:48:51.85      | +01:35:06 | 8:27         | 7.1        |
| 346 | JAKUBOWSKA Natalia    | 3958  |                                | K30       | 36   | 00:01:00    | 02:04:35 | 03:48:36.60     | 03:49:36.90      | +01:35:17 | 8:28         | 7.1        |
| 347 | KUBICKI Mikołaj       | 3970  |                                | M30       | 148  | 00:00:40    | 01:57:29 | 03:48:51.25     | 03:49:31.80      | +01:35:31 | 8:28         | 7.1        |
| 348 | KANIA Przemysław      | 3843  |                                | M30       | 149  | 00:00:40    | 01:57:27 | 03:48:51.65     | 03:49:32.00      | +01:35:32 | 8:28         | 7.1        |
| 349 | MAŁKOWSKI Witold      | 3316  |                                | M30       | 150  | 00:00:14    | 01:57:56 | 03:48:52.75     | 03:49:06.85      | +01:35:33 | 8:28         | 7.1        |
| 350 | WOCH Ewelina          | 3541  |                                | K20       | 21   | 00:00:30    | 02:17:09 | 03:48:54.75     | 03:49:25.20      | +01:35:35 | 8:28         | 7.1        |
| 351 | PRUSACZYK Michał      | 3884  | POWERADE TEAM                  | M20       | 55   | 00:00:19    | 02:02:20 | 03:48:59.75     | 03:49:19.55      | +01:35:40 | 8:28         | 7.1        |
| 352 | PETRUSEWICZ Paweł     | 3959  | BIEGAM Z ABS                   | M40       | 71   | 00:00:20    | 02:00:58 | 03:49:02.80     | 03:49:22.90      | +01:35:43 | 8:28         | 7.1        |
| 353 | SERWIŃSKI Włodzimierz | 3584  | MYŚLI W BIEGU                  | M40       | 72   | 00:01:07    | 02:01:31 | 03:49:05.40     | 03:50:12.40      | +01:35:46 | 8:29         | 7.1        |
| 354 | ULICZNY Paweł         | 3895  | REMBERTÓW TEAM                 | M40       | 73   | 00:00:38    | 02:02:31 | 03:49:10.70     | 03:49:49.45      | +01:35:51 | 8:29         | 7.1        |
| 355 | IWANIEC Marcin        | 3784  | PRO-RUN WROCŁAW                | M20       | 56   | 00:00:24    | 01:58:15 | 03:49:12.25     | 03:49:36.85      | +01:35:52 | 8:29         | 7.1        |
| 356 | ODOLIŃSKI Jacek       | 4033  | BRZOWSKI TEAM                  | M40       | 74   | 00:00:58    | 02:15:17 | 03:49:17.25     | 03:50:15.45      | +01:35:57 | 8:29         | 7.1        |
| 357 | KRUPCZYŃSKI Mariusz   | 3188  | KRUPOLS TEAM                   | M50       | 12   | 00:00:55    | 02:03:40 | 03:49:19.45     | 03:50:14.50      | +01:36:00 | 8:29         | 7.1        |
| 358 | ADAMCZAK Grzegorz     | 3359  |                                | M30       | 151  | 00:00:57    | 02:08:14 | 03:49:21.85     | 03:50:19.45      | +01:36:02 | 8:29         | 7.1        |
| 359 | BOROWSKI Robert       | 3479  | TEAM KOPEĆ                     | M30       | 152  | 00:00:23    | 02:01:15 | 03:49:28.25     | 03:49:51.75      | +01:36:08 | 8:29         | 7.1        |
| 360 | KAWAŁKO Patrycja      | 3457  | TEAM KOPEĆ                     | K40       | 7    | 00:00:22    | 02:01:16 | 03:49:28.70     | 03:49:51.45      | +01:36:09 | 8:29         | 7.1        |
| 361 | GŁĘBOCKA Marta        | 4018  | E-PRZEMEK.PL                   | K40       | 8    | 00:01:17    | 02:01:15 | 03:49:34.70     | 03:50:52.45      | +01:36:15 | 8:30         | 7.1        |
| 362 | DUCH Emil             | 3613  |                                | Mężczyźni | 1    | 00:01:07    | 02:12:25 | 03:49:37.80     | 03:50:45.10      | +01:36:18 | 8:30         | 7.1        |
| 363 | KRUPCZYŃSKI Szymon    | 4058  | KRUPOLS TEAM                   | M20       | 57   | 00:01:06    | 02:02:10 | 03:49:41.15     | 03:50:48.05      | +01:36:21 | 8:30         | 7.1        |
| 364 | MORAWSKI Artur        | 3033  | BIEGNĘ                         | M30       | 153  | 00:00:30    | 01:59:43 | 03:49:53.55     | 03:50:24.00      | +01:36:34 | 8:30         | 7          |
| 365 | RESIAK Maciej         | 3728  |                                | M30       | 154  | 00:00:19    | 02:02:35 | 03:49:55.40     | 03:50:15.20      | +01:36:36 | 8:30         | 7          |
| 366 | KAMIŃSKI Mateusz      | 3897  | TUP TEAM                       | M20       | 58   | 00:00:37    | 02:05:12 | 03:49:56.25     | 03:50:34.20      | +01:36:36 | 8:31         | 7          |
| 367 | STARCZYNOWSKI Dariusz | 3954  |                                | M40       | 75   | 00:00:31    | 01:58:12 | 03:50:08.90     | 03:50:40.10      | +01:36:49 | 8:31         | 7          |
| 368 | KADŁUBICKA Dorota     | 3339  |                                | K30       | 37   | 00:00:58    | 02:08:26 | 03:50:09.20     | 03:51:07.40      | +01:36:49 | 8:31         | 7          |
| 369 | KACZMARCZYK Urszula   | 3632  | PRO RUN WROCŁAW                | K30       | 38   | 00:00:23    | 02:01:45 | 03:50:09.45     | 03:50:33.30      | +01:36:50 | 8:31         | 7          |
| 370 | SZYMAŃSKA Edyta       | 3199  | 12TRI.PL DRUŻYNA WILKA         | K20       | 22   | 00:00:24    | 02:01:19 | 03:50:23.70     | 03:50:48.50      | +01:37:04 | 8:32         | 7          |
| 371 | MARUSIAK Piotr        | 3344  | JAROSŁAWSKA GRUPA BIEGOWA      | M30       | 155  | 00:00:18    | 01:59:14 | 03:50:34.90     | 03:50:53.30      | +01:37:15 | 8:32         | 7          |
| 372 | URBAŃSKA Agnieszka    | 3671  | LUBAWA KOCHA BIEGAĆ            | K20       | 23   | 00:00:19    | 01:54:21 | 03:50:36.05     | 03:50:55.90      | +01:37:16 | 8:32         | 7          |
| 373 | PROKOP Jacek          | 3253  | BIEGAM U KOLESI                | M40       | 76   | 00:00:19    | 01:54:55 | 03:50:36.15     | 03:50:56.00      | +01:37:16 | 8:32         | 7          |
| 374 | DEC Piotr             | 3523  | OLESZYCE                       | M40       | 77   | 00:00:47    | 02:05:26 | 03:50:43.70     | 03:51:31.60      | +01:37:24 | 8:32         | 7          |
| 375 | SADY Sebastian        | 3047  |                                | M30       | 156  | 00:00:10    | 01:58:40 | 03:50:48.20     | 03:50:58.20      | +01:37:28 | 8:32         | 7          |
| 376 | GAJDA Piotr           | 3586  | ORANGE POLSKA                  | M50       | 13   | 00:00:40    | 02:01:20 | 03:50:50.10     | 03:51:30.90      | +01:37:30 | 8:32         | 7          |
| 377 | ŻYWICKI Maciej        | 3481  |                                | M30       | 157  | 00:00:35    | 02:02:01 | 03:50:57.55     | 03:51:32.70      | +01:37:38 | 8:33         | 7          |
| 378 | OBŁĄK Agnieszka       | 3735  | BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ | K30       | 39   | 00:00:20    | 01:58:09 | 03:51:09.75     | 03:51:30.45      | +01:37:50 | 8:33         | 7          |
| 379 | ROWIŃSKI Tomasz       | 3502  |                                | M40       | 78   | 00:00:39    | 02:09:22 | 03:51:11.40     | 03:51:50.85      | +01:37:52 | 8:33         | 7          |
| 380 | WÓJCIK Renata         | 3879  |                                | K30       | 40   | 00:01:12    | 02:07:48 | 03:51:22.05     | 03:52:34.20      | +01:38:02 | 8:34         | 7          |
| 381 | RESZYTYŁO Grzegorz    | 3857  |                                | M40       | 79   | 00:00:18    | 01:57:14 | 03:51:34.40     | 03:51:53.00      | +01:38:15 | 8:34         | 7          |
| 382 | CIUBA Patrycja        | 3458  | NAPRZÓD MŁOCINY                | K20       | 24   | 00:01:10    | 02:09:09 | 03:51:35.85     | 03:52:46.05      | +01:38:16 | 8:34         | 7          |

| Msc | Zawodnik                       | Numer | Klub                       | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------|----------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 383 | ŻURAWSKI Patryk                | 3789  |                            | M20       | 59   | 00:00:11    | 02:06:28 | 03:51:40.40     | 03:51:52.30      | +01:38:21 | 8:34         | 7          |
| 384 | MATICH Karolina                | 3245  |                            | K30       | 41   | 00:00:30    | 02:06:17 | 03:51:46.65     | 03:52:17.15      | +01:38:27 | 8:35         | 7          |
| 385 | KULIS Aleksandra               | 3394  |                            | K30       | 42   | 00:00:31    | 02:03:33 | 03:52:06.65     | 03:52:38.25      | +01:38:47 | 8:35         | 7          |
| 386 | KOT Klaudia                    | 3661  | NIGHT RUNNERS              | K20       | 25   | 00:01:07    | 01:58:23 | 03:52:14.20     | 03:53:21.40      | +01:38:54 | 8:36         | 7          |
| 387 | BARCZEWSKA Agnieszka           | 3919  |                            | K20       | 26   | 00:00:20    | 02:04:05 | 03:52:19.55     | 03:52:40.40      | +01:39:00 | 8:36         | 7          |
| 388 | JENDRYSIK Kinga                | 3988  | NIGHT RUNNERS GLIWICE      | K30       | 43   | 00:01:08    | 02:07:20 | 03:52:30.80     | 03:53:39.20      | +01:39:11 | 8:36         | 7          |
| 389 | RYBCZYŃSKI Przemysław          | 3775  | NIGHT RUNNERS KRAKÓW       | M50       | 14   | 00:00:50    |          | 03:52:31.00     | 03:53:21.00      | +01:39:11 | 8:36         | 7          |
| 390 | RYSZ Tomasz                    | 3437  |                            | M30       | 158  | 00:01:34    | 02:00:38 | 03:52:36.30     | 03:54:11.20      | +01:39:17 | 8:36         | 7          |
| 391 | SARZAŁA Artur                  | 3197  | TORUŃSKIE WIEPRZE          | M30       | 159  | 00:00:37    | 01:58:32 | 03:52:53.05     | 03:53:30.70      | +01:39:33 | 8:37         | 7          |
| 392 | DURKIEWICZ Tomasz              | 3071  | DOM KULTURY JOGI           | M40       | 80   | 00:01:12    | 02:03:54 | 03:53:05.50     | 03:54:17.55      | +01:39:46 | 8:37         | 7          |
| 393 | NAWROT Bartłomiej              | 3888  |                            | M30       | 160  | 00:00:47    | 02:05:00 | 03:53:07.20     | 03:53:54.30      | +01:39:47 | 8:38         | 6.9        |
| 394 | GAŁKA Marcin                   | 3406  |                            | M30       | 161  | 00:00:22    | 02:09:50 | 03:53:36.30     | 03:53:58.90      | +01:40:17 | 8:39         | 6.9        |
| 395 | KRET Michał                    | 3864  |                            | M40       | 81   | 00:01:10    | 02:08:50 | 03:53:42.15     | 03:54:52.35      | +01:40:22 | 8:39         | 6.9        |
| 396 | PASECKA Sylwia                 | 3920  |                            | K40       | 9    | 00:01:09    | 02:01:28 | 03:53:48.65     | 03:54:58.55      | +01:40:29 | 8:39         | 6.9        |
| 397 | STOLARCZYK Robert              | 3089  | NIGHT RUNNERS GLIWICE      | M30       | 162  | 00:01:10    | 02:08:14 | 03:53:49.00     | 03:54:59.45      | +01:40:29 | 8:39         | 6.9        |
| 398 | ROGULSKA - SŁOMIŃSKA Agnieszka | 3945  | AGIZ/ PSZCZ?ŁKOWSKI TEAM   | K30       | 44   | 00:00:09    | 02:02:00 | 03:53:55.05     | 03:54:05.00      | +01:40:35 | 8:39         | 6.9        |
| 399 | KRASOWSKI Jakub                | 3065  | ATAK KRETA                 | M30       | 163  | 00:00:23    | 01:59:37 | 03:53:56.95     | 03:54:20.60      | +01:40:37 | 8:39         | 6.9        |
| 400 | KUROWSKI Michał                | 3225  | NIGHT RUNNERS GLIWICE      | M20       | 60   | 00:01:14    | 02:06:50 | 03:54:00.20     | 03:55:14.75      | +01:40:40 | 8:40         | 6.9        |
| 401 | GRĘZIAK Magdalena              | 3799  | BIAŁOSTOCKA SEKTA BIEGACZY | K20       | 27   | 00:01:11    | 02:05:58 | 03:54:09.80     | 03:55:20.80      | +01:40:50 | 8:40         | 6.9        |
| 402 | HANDERMANDER Agnieszka         | 3573  |                            | K30       | 45   | 00:00:52    | 02:07:05 | 03:54:13.25     | 03:55:05.40      | +01:40:53 | 8:40         | 6.9        |
| 403 | NYCZ Sławomir                  | 3569  |                            | M20       | 61   | 00:00:33    | 02:01:28 | 03:54:29.40     | 03:55:02.40      | +01:41:10 | 8:41         | 6.9        |
| 404 | PIETRZAK Maciej                | 3052  |                            | M40       | 82   | 00:00:42    | 02:07:54 | 03:54:31.40     | 03:55:13.95      | +01:41:12 | 8:41         | 6.9        |
| 405 | LIPIŃSKI Hubert                | 3780  |                            | M30       | 164  | 00:00:21    | 01:50:53 | 03:54:36.70     | 03:54:58.60      | +01:41:17 | 8:41         | 6.9        |
| 406 | SIWIŃSKI Jerzy                 | 3134  | 12TRI.PL DRUŻYNA WILKA     | M50       | 15   | 00:00:26    | 02:04:45 | 03:54:41.10     | 03:55:07.40      | +01:41:21 | 8:41         | 6.9        |
| 407 | ZARĘBA Beata                   | 3760  | ORANGE POLSKA              | K30       | 46   | 00:00:18    | 02:01:22 | 03:54:46.15     | 03:55:04.50      | +01:41:26 | 8:41         | 6.9        |
| 408 | WRÓBEL Radosław                | 3721  |                            | M30       | 165  | 00:00:44    | 02:04:24 | 03:55:03.80     | 03:55:48.50      | +01:41:44 | 8:42         | 6.9        |
| 409 | BUNK Daria                     | 3713  |                            | K30       | 47   | 00:00:26    | 02:04:11 | 03:55:09.90     | 03:55:35.95      | +01:41:50 | 8:42         | 6.9        |
| 410 | KASZYCKA Dorota                | 4004  | WKURW_TEAM                 | K20       | 28   | 00:01:00    | 02:05:44 | 03:55:19.60     | 03:56:20.55      | +01:42:00 | 8:42         | 6.9        |
| 411 | BARTŁOMIEJSKA Urszula          | 3918  |                            | K30       | 48   | 00:00:36    | 02:04:35 | 03:55:20.00     | 03:55:56.60      | +01:42:00 | 8:42         | 6.9        |
| 412 | DOMAGAŁA Joanna                | 3867  | KB SOBÓTKA                 | K30       | 49   | 00:01:22    | 02:14:35 | 03:55:50.50     | 03:57:13.35      | +01:42:31 | 8:44         | 6.9        |
| 413 | KRÓLICKI Konrad                | 3371  | AXA RUNNING TEAM           | M30       | 166  | 00:02:52    | 02:12:07 | 03:56:22.45     | 03:59:14.80      | +01:43:03 | 8:45         | 6.9        |
| 414 | FABISIAK Ewa                   | 3131  | ROZBIEGANY SULEJÓWEK       | K40       | 10   | 00:00:35    | 02:06:26 | 03:56:30.60     | 03:57:05.75      | +01:43:11 | 8:45         | 6.8        |
| 415 | GRUMBANIN Paulina              | 3948  |                            | K40       | 11   | 00:00:32    | 02:09:15 | 03:56:40.25     | 03:57:12.95      | +01:43:20 | 8:45         | 6.8        |
| 416 | ZARUDZKI Łukasz                | 3104  | NOTHING TO FEAR            | M40       | 83   | 00:00:58    | 02:08:44 | 03:56:40.55     | 03:57:39.30      | +01:43:21 | 8:45         | 6.8        |
| 417 | KWIECIŃSKA Izabela             | 3928  |                            | K20       | 29   | 00:00:50    | 02:04:02 | 03:56:44.70     | 03:57:34.90      | +01:43:25 | 8:46         | 6.8        |
| 418 | HARNIK Michał                  | 3531  | HARNIK RUNNER              | M30       | 167  | 00:00:28    | 02:02:21 | 03:56:44.90     | 03:57:13.35      | +01:43:25 | 8:46         | 6.8        |
| 419 | ŚLUSARCZYK-BARAN Magdalena     | 3937  |                            | K30       | 50   | 00:00:28    | 02:00:53 | 03:57:08.65     | 03:57:36.95      | +01:43:49 | 8:46         | 6.8        |
| 420 | KIELAR Marcin                  | 3654  | IDEO.PL                    | M20       | 62   | 00:00:22    | 01:58:13 | 03:57:12.75     | 03:57:35.50      | +01:43:53 | 8:47         | 6.8        |
| 421 | TRENTOWSKI Wojciech            | 3203  | KB DLUGOSIODLO             | M40       | 84   | 00:00:25    | 01:56:02 | 03:57:18.15     | 03:57:43.75      | +01:43:58 | 8:47         | 6.8        |
| 422 | PISARCZYK Grzegorz             | 3676  | NAPRZÓD MŁOCINY            | M30       | 168  | 00:01:11    | 02:05:05 | 03:57:21.05     | 03:58:32.10      | +01:44:01 | 8:47         | 6.8        |
| 423 | PAJĄCZEK Dominika              | 3853  |                            | K30       | 51   | 00:00:30    | 02:11:07 | 03:57:21.40     | 03:57:52.30      | +01:44:02 | 8:47         | 6.8        |
| 424 | ZDUNEK Maciej                  | 3951  | CALYPSO PIŁA               | M20       | 63   | 00:01:16    | 02:07:19 | 03:57:26.90     | 03:58:43.80      | +01:44:07 | 8:47         | 6.8        |
| 425 | MILCZAREK Jacek                | 3341  | PEŁZACZ NIZINNY            | M30       | 169  | 00:00:15    | 02:00:47 | 03:57:40.50     | 03:57:56.40      | +01:44:21 | 8:48         | 6.8        |
| 426 | DOBRZENIECKI Adrian            | 3756  |                            | M20       | 64   | 00:00:28    | 01:55:13 | 03:57:45.50     | 03:58:14.05      | +01:44:26 | 8:48         | 6.8        |

| Msc | Zawodnik                | Numer | Klub                               | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|------------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 427 | PALEWICZ Renata         | 3451  |                                    | K30       | 52   | 00:00:35    | 02:06:49 | 03:58:32.85     | 03:59:07.90      | +01:45:13 | 8:50         | 6.8        |
| 428 | JACH-BALICKA Aleksandra | 4027  |                                    | K30       | 53   | 00:00:31    | 02:11:24 | 03:58:35.40     | 03:59:06.75      | +01:45:16 | 8:50         | 6.8        |
| 429 | GĄTARCZYK Mariusz       | 3717  | DZIKIE GRUBASY SZATANA             | M30       | 170  | 00:01:37    | 02:14:34 | 03:58:36.35     | 04:00:14.20      | +01:45:17 | 8:50         | 6.8        |
| 430 | KRZEMIŃSKI Leszek       | 3633  |                                    | M30       | 171  | 00:00:32    | 02:00:33 | 03:58:38.30     | 03:59:10.60      | +01:45:19 | 8:50         | 6.8        |
| 431 | SOŁKIEWICZ Robert       | 4016  | BIEGNĘ                             | M40       | 85   | 00:00:30    | 02:02:21 | 03:58:39.05     | 03:59:09.80      | +01:45:19 | 8:50         | 6.8        |
| 432 | PIKIEWICZ Bartłomiej    | 3508  | PZSF                               | M30       | 172  | 00:01:39    | 02:10:12 | 03:58:39.30     | 04:00:18.40      | +01:45:20 | 8:50         | 6.8        |
| 433 | AURZECKI Michał         | 3173  |                                    | M30       | 173  | 00:01:33    | 02:02:19 | 03:58:40.60     | 04:00:14.45      | +01:45:21 | 8:50         | 6.8        |
| 434 | MROZOWSKA Magdalena     | 3247  | MARŻĘ O RZEŹNIKU                   | K40       | 12   | 00:00:46    | 02:08:03 | 03:58:44.55     | 03:59:31.20      | +01:45:25 | 8:50         | 6.8        |
| 435 | HOLEWA Rafał            | 3286  | CABALLO BLANCO TEAM                | M40       | 86   | 00:00:39    | 02:02:59 | 03:59:06.50     | 03:59:45.85      | +01:45:47 | 8:51         | 6.8        |
| 436 | KUJAWSKA Małgorzata     | 3787  |                                    | K30       | 54   | 00:00:47    | 02:11:13 | 03:59:07.10     | 03:59:54.90      | +01:45:47 | 8:51         | 6.8        |
| 437 | KOBIERSKI Szymon        | 3751  |                                    | M40       | 87   | 00:00:45    | 02:05:44 | 03:59:09.25     | 03:59:55.05      | +01:45:49 | 8:51         | 6.8        |
| 438 | KOSEDOWSKI Krzysztof    | 3935  |                                    | M50       | 16   | 00:00:00    | 01:47:16 | 03:59:17.05     | 03:59:17.05      | +01:45:57 | 8:51         | 6.8        |
| 438 | RYZIŃSKI Ryszard        | 3934  |                                    | M40       | 88   | 00:00:00    | 01:48:45 | 03:59:17.05     | 03:59:17.05      | +01:45:57 | 8:51         | 6.8        |
| 440 | SZLOSER Anna            | 3680  | MAMY RUSZAMY                       | K30       | 55   | 00:01:29    | 02:13:41 | 03:59:18.35     | 04:00:48.25      | +01:45:59 | 8:51         | 6.8        |
| 441 | PASTERZ Piotr           | 3026  |                                    | M30       | 174  | 00:00:24    | 02:01:20 | 03:59:24.80     | 03:59:49.30      | +01:46:05 | 8:52         | 6.8        |
| 442 | BAKA Mateusz            | 3128  | GTS TRADYCJA                       | M20       | 65   | 00:00:47    | 02:08:59 | 03:59:27.55     | 04:00:14.55      | +01:46:08 | 8:52         | 6.8        |
| 443 | DULIK Arkadiusz         | 3727  |                                    | M30       | 175  | 00:01:40    | 02:19:34 | 03:59:33.55     | 04:01:14.20      | +01:46:14 | 8:52         | 6.8        |
| 444 | STRZELECKI Jakub        | 3462  | RYSIOTEAM                          | M50       | 17   | 00:00:21    | 02:08:48 | 03:59:37.15     | 03:59:58.65      | +01:46:17 | 8:52         | 6.8        |
| 445 | KWIECIEŃ Kamila         | 3478  | AMBITNE TYGRYSICE                  | K40       | 13   | 00:00:20    | 02:08:47 | 03:59:37.35     | 03:59:58.30      | +01:46:18 | 8:52         | 6.8        |
| 446 | BAKA` Marcin            | 3096  | GTS TRADYCJA                       | M40       | 89   | 00:00:47    | 02:08:59 | 03:59:40.70     | 04:00:27.70      | +01:46:21 | 8:52         | 6.8        |
| 447 | SENCZENKO Waldemar      | 3142  | NOTHING TO FEAR                    | M30       | 176  | 00:00:58    | 02:08:41 | 03:59:43.00     | 04:00:41.30      | +01:46:23 | 8:52         | 6.8        |
| 448 | PARTYKA Maja            | 3016  | 4 RUN TEAM PIŁA                    | K30       | 56   | 00:00:11    | 02:06:28 | 03:59:46.55     | 03:59:58.15      | +01:46:27 | 8:52         | 6.8        |
| 449 | STRĘPEK Bartosz         | 3603  |                                    | M20       | 66   | 00:00:00    |          | 03:59:47.00     | 03:59:47.00      | +01:46:27 | 8:52         | 6.8        |
| 450 | ODOLIŃSKA Agnieszka     | 3050  | BRZOZOWSKI TEAM                    | K40       | 14   | 00:00:58    | 02:16:19 | 03:59:49.20     | 04:00:48.15      | +01:46:29 | 8:52         | 6.8        |
| 451 | WITKOWSKI Krzysztof     | 3617  |                                    | M40       | 90   | 00:00:28    | 02:13:48 | 03:59:49.35     | 04:00:18.00      | +01:46:30 | 8:52         | 6.8        |
| 452 | ZIEMLEWSKA Ewa          | 3667  |                                    | K30       | 57   | 00:01:15    | 02:06:51 | 03:59:50.55     | 04:01:05.85      | +01:46:31 | 8:52         | 6.8        |
| 453 | BRUDNICKA Kamila        | 3596  |                                    | K20       | 30   | 00:00:32    | 02:09:25 | 03:59:51.20     | 04:00:23.25      | +01:46:31 | 8:53         | 6.8        |
| 454 | RÓŻOWICZ Maciej         | 3917  | SPARTANIE DZIECIOM                 | M30       | 177  | 00:00:53    | 02:16:26 | 03:59:54.20     | 04:00:47.50      | +01:46:34 | 8:53         | 6.8        |
| 455 | JAWORSKI Łukasz         | 3750  |                                    | M30       | 178  | 00:00:19    | 02:04:21 | 03:59:58.70     | 04:00:18.25      | +01:46:39 | 8:53         | 6.8        |
| 456 | DYKTYŃSKA Agnieszka     | 4046  |                                    | K30       | 58   | 00:00:40    | 02:10:54 | 04:00:02.90     | 04:00:42.95      | +01:46:43 | 8:53         | 6.7        |
| 457 | KACZOREK Beata          | 3332  |                                    | K40       | 15   | 00:00:14    | 02:03:56 | 04:00:06.95     | 04:00:21.30      | +01:46:47 | 8:53         | 6.7        |
| 458 | LEŚNIAK Marcin          | 3088  | ROZBIEGANY SULEJÓWEK               | M30       | 179  | 00:00:34    | 01:50:20 | 04:00:14.50     | 04:00:49.20      | +01:46:55 | 8:53         | 6.7        |
| 459 | CHARKOT Sławomir        | 3976  | BIEGUSIEM.PL                       | M40       | 91   | 00:00:26    | 02:11:07 | 04:00:22.55     | 04:00:49.50      | +01:47:03 | 8:54         | 6.7        |
| 460 | SOSZYŃSKI Wojtek        | 3195  | PZU SPORT TEAM/PRALINY Z PONURZYCY | M40       | 92   | 00:00:37    | 02:06:35 | 04:00:30.70     | 04:01:08.05      | +01:47:11 | 8:54         | 6.7        |
| 461 | TYMOSIEWICZ Piotr       | 3797  | YULO RUN TEAM SIEDLCE              | M30       | 180  | 00:00:36    | 02:00:38 | 04:00:39.55     | 04:01:16.00      | +01:47:20 | 8:54         | 6.7        |
| 462 | BIELSKI Bartłomiej      | 3313  | WW TEAM                            | M30       | 181  | 00:00:24    | 02:03:54 | 04:00:44.15     | 04:01:08.35      | +01:47:24 | 8:54         | 6.7        |
| 463 | AUGUSTYNIAK Marek       | 3816  |                                    | M50       | 18   | 00:00:20    | 02:08:42 | 04:00:50.35     | 04:01:10.50      | +01:47:31 | 8:55         | 6.7        |
| 464 | PALUCH Andrzej          | 3149  | ZABIEGANI MIELEC                   | M40       | 93   | 00:00:12    | 01:54:55 | 04:00:59.30     | 04:01:11.40      | +01:47:40 | 8:55         | 6.7        |
| 465 | FUKS Wiktoria           | 3749  |                                    | K20       | 31   | 00:01:07    | 02:12:29 | 04:01:07.80     | 04:02:15.60      | +01:47:48 | 8:55         | 6.7        |
| 466 | SIUDA Krzysztof         | 3871  |                                    | M20       | 67   | 00:00:29    | 02:06:18 | 04:01:07.90     | 04:01:37.80      | +01:47:48 | 8:55         | 6.7        |
| 467 | POTYKANOWICZ Aleksandra | 3996  | SMASHING PĄPKINS                   | K30       | 59   | 00:00:29    | 02:15:52 | 04:01:14.70     | 04:01:44.40      | +01:47:55 | 8:56         | 6.7        |
| 468 | NOWOTARSKA Anita        | 3498  | USTRZYKI DOLNE                     | K40       | 16   | 00:00:52    | 02:08:54 | 04:01:27.00     | 04:02:19.00      | +01:48:07 | 8:56         | 6.7        |
| 469 | KALINOWSKA Dorota       | 3638  |                                    | K30       | 60   | 00:01:39    | 02:10:13 | 04:01:41.70     | 04:03:21.50      | +01:48:22 | 8:57         | 6.7        |
| 470 | ROSA Bartosz            | 4006  | WKURW_TEAM                         | M30       | 182  | 00:01:02    | 02:04:39 | 04:01:55.15     | 04:02:57.60      | +01:48:35 | 8:57         | 6.7        |

| Msc | Zawodnik                | Numer | Klub                        | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|-----------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 471 | JODEŁKA Andrzej         | 3086  |                             | M30       | 183  | 00:00:34    | 01:57:09 | 04:01:57.20     | 04:02:31.50      | +01:48:37 | 8:57         | 6.7        |
| 472 | PODLASIŃSKA Paulina     | 3346  |                             | K30       | 61   | 00:00:22    | 02:06:16 | 04:01:57.65     | 04:02:20.10      | +01:48:38 | 8:57         | 6.7        |
| 473 | KUZIOR Tomasz           | 3883  | MYSZKÓW                     | M40       | 94   | 00:00:11    | 01:52:36 | 04:02:04.85     | 04:02:16.35      | +01:48:45 | 8:57         | 6.7        |
| 474 | WASAŹNIK Marcin         | 3412  |                             | M30       | 184  | 00:01:35    | 02:14:36 | 04:02:06.00     | 04:03:41.05      | +01:48:46 | 8:58         | 6.7        |
| 475 | BRYŁKA Sebastian        | 3522  |                             | M30       | 185  | 00:00:37    | 02:08:00 | 04:02:07.55     | 04:02:44.65      | +01:48:48 | 8:58         | 6.7        |
| 476 | CAŁKA Agnieszka         | 3793  | RADZYMIN RUN TEAM           | K30       | 62   | 00:00:37    | 02:12:44 | 04:02:07.85     | 04:02:45.80      | +01:48:48 | 8:58         | 6.7        |
| 477 | CAŁKA Grzegorz          | 3794  | RADZYMIN RUN TEAM           | M40       | 95   | 00:00:38    | 02:12:44 | 04:02:08.45     | 04:02:46.65      | +01:48:49 | 8:58         | 6.7        |
| 478 | BAI Jozsef              | 4000  | RK ATHLETICS                | M40       | 96   | 00:00:20    | 02:04:18 | 04:02:18.05     | 04:02:38.85      | +01:48:58 | 8:58         | 6.7        |
| 479 | KOŁODZIEJCZYK Maciej    | 3384  | FIZJO-SPORT ŁĘCZNA          | M30       | 186  | 00:00:23    | 01:56:06 | 04:02:23.25     | 04:02:46.65      | +01:49:03 | 8:58         | 6.7        |
| 480 | HOŁYSZ Daniel           | 3141  |                             | M40       | 97   | 00:00:37    | 02:15:16 | 04:02:27.10     | 04:03:04.95      | +01:49:07 | 8:58         | 6.7        |
| 481 | JAZ Małgorzata          | 3048  | KM TEAM                     | K40       | 17   | 00:00:27    | 02:10:07 | 04:02:37.15     | 04:03:04.70      | +01:49:17 | 8:59         | 6.7        |
| 482 | TROCIŃSKI Marcin        | 3564  | KB DŁUGOSIODŁO              | M30       | 187  | 00:01:10    | 02:09:35 | 04:02:41.30     | 04:03:51.70      | +01:49:22 | 8:59         | 6.7        |
| 483 | GARGAS-MARUT Małgorzata | 3288  | PZU SPORT TEAM              | K40       | 18   | 00:00:47    | 02:17:30 | 04:02:42.90     | 04:03:30.80      | +01:49:23 | 8:59         | 6.7        |
| 484 | MURAS Michał            | 3029  |                             | M40       | 98   | 00:00:15    | 02:00:46 | 04:02:45.50     | 04:03:01.20      | +01:49:26 | 8:59         | 6.7        |
| 485 | JAGIELSKA Magdalena     | 3551  | NBG KŁOBUCK                 | K30       | 63   | 00:00:36    | 02:06:23 | 04:02:50.50     | 04:03:27.25      | +01:49:31 | 8:59         | 6.7        |
| 486 | ZALEŚKIEWICZ Krzysztof  | 3068  | TORUŃSKIE WIEPRZE           | M40       | 99   | 00:00:38    | 02:13:06 | 04:02:54.65     | 04:03:33.15      | +01:49:35 | 8:59         | 6.7        |
| 487 | DOMARADZKA Violetta     | 3831  |                             | K30       | 64   | 00:00:29    | 02:00:32 | 04:02:58.65     | 04:03:28.45      | +01:49:39 | 8:59         | 6.7        |
| 488 | ARTOWICZ Jacek          | 3159  | TORUŃSKIE WIEPRZE           | M30       | 188  | 00:00:38    | 02:13:05 | 04:03:01.75     | 04:03:40.25      | +01:49:42 | 9:00         | 6.7        |
| 489 | CHOJNOWSKI Łukasz       | 3023  |                             | M20       | 68   | 00:00:13    | 01:47:58 | 04:03:18.70     | 04:03:31.80      | +01:49:59 | 9:00         | 6.7        |
| 490 | SZYMOT Adrian           | 3900  |                             | M20       | 69   | 00:00:56    | 02:04:14 | 04:03:30.00     | 04:04:26.45      | +01:50:10 | 9:01         | 6.7        |
| 491 | BANASZEK Dominika       | 3924  | BIEGUSIEM.PL                | K30       | 65   | 00:01:24    | 02:13:04 | 04:03:37.90     | 04:05:02.05      | +01:50:18 | 9:01         | 6.6        |
| 492 | GOGÓŁ-IŻOWSKA Edyta     | 3381  |                             | K20       | 32   | 00:00:18    | 02:08:26 | 04:03:49.80     | 04:04:08.50      | +01:50:30 | 9:01         | 6.6        |
| 493 | BEZKOROWAJNY Mateusz    | 3415  |                             | M20       | 70   | 00:01:16    | 02:08:34 | 04:04:02.80     | 04:05:19.25      | +01:50:43 | 9:02         | 6.6        |
| 494 | CYBULA Dominik          | 3922  |                             | M20       | 71   | 00:00:43    | 02:12:16 | 04:04:10.75     | 04:04:54.70      | +01:50:51 | 9:02         | 6.6        |
| 495 | KONIK Sylwia            | 3591  | KONIK TEAM                  | K40       | 19   | 00:00:57    | 02:14:14 | 04:04:17.30     | 04:05:15.20      | +01:50:58 | 9:02         | 6.6        |
| 496 | KACZMARSKI Wojciech     | 3355  |                             | M50       | 19   | 00:00:31    | 02:14:36 | 04:04:26.90     | 04:04:58.15      | +01:51:07 | 9:03         | 6.6        |
| 497 | MOSOŃ Sławek            | 3527  |                             | M30       | 189  | 00:01:05    | 02:13:21 | 04:04:33.50     | 04:05:38.85      | +01:51:14 | 9:03         | 6.6        |
| 498 | WÓJCICKI Bartosz        | 3265  |                             | M30       | 190  | 00:01:23    | 02:10:06 | 04:04:35.95     | 04:05:59.35      | +01:51:16 | 9:03         | 6.6        |
| 499 | ANI OŁ Mateusz          | 3915  | TERNOL TEAM                 | M30       | 191  | 00:00:56    | 02:12:53 | 04:04:59.65     | 04:05:55.75      | +01:51:40 | 9:04         | 6.6        |
| 500 | PYZEL Agnieszka         | 3923  |                             | K40       | 20   | 00:01:36    | 02:14:29 | 04:05:13.10     | 04:06:49.30      | +01:51:53 | 9:04         | 6.6        |
| 501 | JANICZEK Maciej         | 3682  |                             | M30       | 192  | 00:01:01    | 02:14:11 | 04:05:30.15     | 04:06:32.05      | +01:52:10 | 9:05         | 6.6        |
| 502 | JANICZEK Martyna        | 3685  |                             | K30       | 66   | 00:01:02    | 02:14:10 | 04:05:32.65     | 04:06:34.95      | +01:52:13 | 9:05         | 6.6        |
| 503 | BOGUTA Cezary           | 3963  | BIEGAM Z ABS                | M30       | 193  | 00:00:18    | 01:57:51 | 04:06:02.05     | 04:06:21.00      | +01:52:42 | 9:06         | 6.6        |
| 504 | KRASOWSKI Marek         | 3808  |                             | M30       | 194  | 00:01:34    | 02:09:34 | 04:06:12.15     | 04:07:46.45      | +01:52:52 | 9:07         | 6.6        |
| 505 | DROZD Sławomir          | 3655  | JAK NIE MY TO KTO? ROPCZYCE | M30       | 195  | 00:00:51    | 02:07:05 | 04:06:23.60     | 04:07:14.90      | +01:53:04 | 9:07         | 6.6        |
| 506 | GÓRA Marek              | 3663  | JAK NIE MY TO KTO?          | M40       | 100  | 00:00:51    | 02:07:05 | 04:06:23.70     | 04:07:14.70      | +01:53:04 | 9:07         | 6.6        |
| 507 | ZYMRÓZ Tomek            | 3737  | JAK NIE MY TO KTO?          | M20       | 72   | 00:00:50    | 02:07:05 | 04:06:24.15     | 04:07:14.85      | +01:53:04 | 9:07         | 6.6        |
| 508 | KIELEK Jakub            | 3122  |                             | M20       | 73   | 00:00:49    | 02:18:10 | 04:06:25.75     | 04:07:15.15      | +01:53:06 | 9:07         | 6.6        |
| 509 | ZAWADA Mateusz          | 3081  | ROZBIEGANY SULEJÓWEK        | M20       | 74   | 00:00:34    | 01:58:32 | 04:06:29.25     | 04:07:04.05      | +01:53:09 | 9:07         | 6.6        |
| 510 | SZYSZ Łukasz            | 3669  | METRO WARSZAWSKIE           | M30       | 196  | 00:00:38    | 02:10:12 | 04:06:30.95     | 04:07:09.55      | +01:53:11 | 9:07         | 6.6        |
| 511 | GULBINOWICZ Ewelina     | 3604  |                             | K30       | 67   | 00:01:19    | 02:13:52 | 04:06:39.70     | 04:07:59.60      | +01:53:20 | 9:08         | 6.6        |
| 512 | SKARUZ Anna             | 3031  |                             | K30       | 68   | 00:01:17    | 02:14:42 | 04:06:47.15     | 04:08:04.15      | +01:53:27 | 9:08         | 6.6        |
| 513 | MAJ Anna                | 3251  |                             | K40       | 21   | 00:00:29    | 02:13:06 | 04:07:06.40     | 04:07:36.30      | +01:53:47 | 9:09         | 6.6        |
| 514 | TARASIEWICZ Ryszard     | 3543  |                             | M60       | 2    | 00:00:55    | 02:14:35 | 04:07:06.50     | 04:08:01.95      | +01:53:47 | 9:09         | 6.6        |

| Msc | Zawodnik                   | Numer | Klub                       | Kategoria | Mkat | Czas startu | 14km     | Czas        |             | Różn      | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|----------------------------|-----------|------|-------------|----------|-------------|-------------|-----------|--------------|------------|
|     |                            |       |                            |           |      |             |          | netto 27km  | brutto 27km |           |              |            |
| 515 | PARYS Michał               | 3183  |                            | M30       | 197  | 00:00:33    | 02:07:46 | 04:07:09.35 | 04:07:43.10 | +01:53:50 | 9:09         | 6.6        |
| 516 | RACZKOWSKI Jacek           | 3382  |                            | M50       | 20   | 00:00:29    | 02:17:14 | 04:07:09.40 | 04:07:39.30 | +01:53:50 | 9:09         | 6.6        |
| 517 | RACZKOWSKA Beata           | 3375  | KIELCE                     | K40       | 22   | 00:00:29    | 02:17:13 | 04:07:10.00 | 04:07:39.00 | +01:53:50 | 9:09         | 6.6        |
| 518 | CHABROWSKA Anita           | 3684  | MUVMENT MARKETING          | K30       | 69   | 00:01:33    | 02:16:46 | 04:07:16.60 | 04:08:50.05 | +01:53:57 | 9:09         | 6.6        |
| 519 | KONOPKA Anna               | 3322  |                            | K30       | 70   | 00:00:25    | 02:14:36 | 04:07:32.75 | 04:07:58.00 | +01:54:13 | 9:10         | 6.5        |
| 520 | SYGIET Andrzej             | 3505  |                            | M40       | 101  | 00:00:17    | 02:08:05 | 04:07:37.40 | 04:07:54.90 | +01:54:18 | 9:10         | 6.5        |
| 521 | SOKOŁOWSKI Krzysztof       | 3688  |                            | M30       | 198  | 00:00:07    | 02:04:15 | 04:07:40.95 | 04:07:48.40 | +01:54:21 | 9:10         | 6.5        |
| 522 | LEWANDOWSKI Stefan         | 3817  |                            | M30       | 199  | 00:00:28    | 02:08:54 | 04:07:50.05 | 04:08:18.60 | +01:54:30 | 9:10         | 6.5        |
| 523 | LEPCZAK Michał             | 3392  | NAPRZÓD MŁOCINY            | M40       | 102  | 00:01:10    | 02:12:50 | 04:08:13.90 | 04:09:24.45 | +01:54:54 | 9:11         | 6.5        |
| 524 | WITKOWSKA Anna             | 3407  |                            | K30       | 71   | 00:00:51    | 02:12:45 | 04:08:28.55 | 04:09:20.40 | +01:55:09 | 9:12         | 6.5        |
| 525 | KORDYS Krzysztof           | 3115  | ZABIERZÓW BIEGA            | M30       | 200  | 00:00:31    | 02:12:55 | 04:08:40.05 | 04:09:11.70 | +01:55:20 | 9:12         | 6.5        |
| 526 | MILER Lidia                | 3135  | ZABIERZÓW BIEGA            | K30       | 72   | 00:00:19    |          | 04:08:54.00 | 04:09:13.00 | +01:55:34 | 9:13         | 6.5        |
| 527 | SALA Edyta                 | 3979  |                            | K40       | 23   | 00:00:26    | 02:11:33 | 04:08:55.25 | 04:09:21.60 | +01:55:35 | 9:13         | 6.5        |
| 528 | RADECKA Alicja             | 3393  |                            | K30       | 73   | 00:01:01    | 02:14:42 | 04:08:55.75 | 04:09:56.85 | +01:55:36 | 9:13         | 6.5        |
| 529 | KACZMAREK Norbert          | 3035  |                            | M30       | 201  | 00:00:23    | 02:05:12 | 04:09:02.55 | 04:09:26.25 | +01:55:43 | 9:13         | 6.5        |
| 530 | BASIŃSKA Anna              | 3552  | NIGHT RUNNERS              | K20       | 33   | 00:01:06    | 02:15:11 | 04:09:11.90 | 04:10:18.75 | +01:55:52 | 9:13         | 6.5        |
| 531 | NORKOWSKA Aleksandra       | 3106  | ORANGE                     | K30       | 74   | 00:01:11    | 02:15:26 | 04:09:14.40 | 04:10:26.25 | +01:55:55 | 9:13         | 6.5        |
| 532 | ELTANBOULI-JABŁOŃSKA Iwona | 3004  | NATIONAL GEOGRAPHIC POLSKA | K40       | 24   | 00:00:55    | 02:15:21 | 04:09:15.00 | 04:10:10.35 | +01:55:55 | 9:13         | 6.5        |
| 533 | PREJS Beata Marta          | 3544  | NIGHT RUNNERS              | K30       | 75   | 00:01:09    | 02:18:01 | 04:09:15.90 | 04:10:25.75 | +01:55:56 | 9:13         | 6.5        |
| 534 | TROJNAR Tomek              | 3833  |                            | M30       | 202  | 00:01:34    | 02:11:33 | 04:09:16.90 | 04:10:51.00 | +01:55:57 | 9:13         | 6.5        |
| 535 | KOWALCZUK Jakub            | 3425  |                            | M30       | 203  | 00:01:06    | 02:10:10 | 04:09:18.70 | 04:10:25.40 | +01:55:59 | 9:14         | 6.5        |
| 536 | WASILEWSKA Iwona           | 3840  | NA MAXA TEAM               | K30       | 76   | 00:00:56    | 02:02:19 | 04:09:23.20 | 04:10:19.80 | +01:56:03 | 9:14         | 6.5        |
| 537 | GÓRSKA Justyna             | 3841  | NA MAXA TEAM               | K30       | 77   | 00:00:56    | 02:02:19 | 04:09:23.25 | 04:10:19.80 | +01:56:03 | 9:14         | 6.5        |
| 538 | SIERAKOWSKI Igor           | 3066  |                            | M40       | 103  | 00:01:17    | 02:29:00 | 04:09:24.50 | 04:10:42.45 | +01:56:05 | 9:14         | 6.5        |
| 539 | ZARUDZKI Paweł             | 3127  | NOTHING TO FEAR            | M30       | 204  | 00:00:59    | 02:08:43 | 04:09:26.95 | 04:10:25.95 | +01:56:07 | 9:14         | 6.5        |
| 540 | KOZŁOWSKI Bartłomiej       | 3616  | KKL/BBM                    | M40       | 104  | 00:01:21    | 02:07:20 | 04:09:28.65 | 04:10:50.00 | +01:56:09 | 9:14         | 6.5        |
| 541 | WĄSOWSKA Jagoda            | 4039  |                            | K50       | 2    | 00:01:36    | 02:21:45 | 04:09:29.55 | 04:11:05.70 | +01:56:10 | 9:14         | 6.5        |
| 542 | MAZIAKOWSKI Adam           | 3039  |                            | M20       | 75   | 00:00:54    | 01:58:09 | 04:09:40.85 | 04:10:35.40 | +01:56:21 | 9:14         | 6.5        |
| 543 | KLADZIŃSKA Anna            | 3619  |                            | K20       | 34   | 00:00:36    | 02:12:11 | 04:09:50.25 | 04:10:26.40 | +01:56:30 | 9:15         | 6.5        |
| 544 | PUCHLIK Paweł              | 3869  |                            | M30       | 205  | 00:01:34    | 02:23:20 | 04:09:51.25 | 04:11:25.45 | +01:56:31 | 9:15         | 6.5        |
| 545 | ARKUSZYŃSKA Beata          | 3335  | TIME4RUNNING               | K40       | 25   | 00:00:43    | 02:08:26 | 04:10:05.25 | 04:10:49.20 | +01:56:45 | 9:15         | 6.5        |
| 546 | SZCZEPKOWSKI Paweł         | 3209  | ARTEQUIPMENT               | M60       | 3    | 00:01:16    | 02:14:35 | 04:10:05.65 | 04:11:21.65 | +01:56:46 | 9:15         | 6.5        |
| 547 | SZADKOWSKI Paweł           | 3321  | NIGHT RUNNERS GLIWICE      | M30       | 206  | 00:01:10    | 02:08:16 | 04:10:06.65 | 04:11:17.55 | +01:56:47 | 9:15         | 6.5        |
| 548 | PYTKA Konrad               | 3366  | NAPRZÓD MŁOCINY            | M30       | 207  | 00:01:10    | 02:05:06 | 04:10:09.30 | 04:11:19.65 | +01:56:50 | 9:15         | 6.5        |
| 549 | KUBAŃSKI Rafał             | 3946  | INTERRISK TEAM             | M40       | 105  | 00:00:58    | 02:11:25 | 04:10:23.05 | 04:11:21.90 | +01:57:03 | 9:16         | 6.5        |
| 550 | WRÓBLEWSKA Katarzyna       | 3467  |                            | K30       | 78   | 00:00:54    | 02:09:30 | 04:10:33.15 | 04:11:27.45 | +01:57:13 | 9:16         | 6.5        |
| 551 | KUCIŃSKA Magdalena         | 3694  |                            | K30       | 79   | 00:00:23    | 02:09:17 | 04:10:40.15 | 04:11:03.70 | +01:57:20 | 9:17         | 6.5        |
| 552 | MOŹDŻONEK Michał           | 3296  |                            | M30       | 208  | 00:01:30    | 02:29:57 | 04:10:45.50 | 04:12:15.60 | +01:57:26 | 9:17         | 6.5        |
| 553 | HYCZKO Paweł               | 3125  | CSWIICH                    | M20       | 76   | 00:01:12    | 02:17:47 | 04:10:50.75 | 04:12:02.80 | +01:57:31 | 9:17         | 6.5        |
| 554 | DOPIERAŁA Kinga            | 3113  |                            | K20       | 35   | 00:01:11    | 02:17:48 | 04:10:51.30 | 04:12:02.80 | +01:57:32 | 9:17         | 6.5        |
| 555 | ŻURAWSKI Arkadiusz         | 3461  |                            | M40       | 106  | 00:01:03    | 02:05:52 | 04:10:51.55 | 04:11:55.45 | +01:57:32 | 9:17         | 6.5        |
| 556 | KOCÓJ Dominika             | 3163  | NIGHT RUNNER'S GLIWICE     | K20       | 36   | 00:01:15    | 02:18:23 | 04:10:57.60 | 04:12:13.20 | +01:57:38 | 9:17         | 6.5        |
| 557 | GRYLEWICZ Tomasz           | 3686  | RUN BYDGOSZCZ              | M30       | 209  | 00:00:16    | 02:14:06 | 04:11:11.20 | 04:11:27.80 | +01:57:51 | 9:18         | 6.4        |
| 558 | FUNKA Andrzej              | 3235  | NKB CHYŻY NOWY TOMYŚL      | M50       | 21   | 00:01:01    | 02:19:18 | 04:11:12.00 | 04:12:13.50 | +01:57:52 | 9:18         | 6.4        |

| Msc | Zawodnik                          | Numer       | Klub                               | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km    | Czas brutto 27km   | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|-------------|------------------------------------|-----------|------|-------------|----------|--------------------|--------------------|-----------|--------------|------------|
| 559 | <b>BARTECKI Tomasz</b>            | <b>3323</b> |                                    | M30       | 210  | 00:01:11    | 02:15:13 | <b>04:11:21.75</b> | <b>04:12:33.10</b> | +01:58:02 | 9:18         | 6.4        |
| 560 | <b>SZPAIDEL Paweł</b>             | <b>3534</b> | NIGHT RUNNERS                      | M30       | 211  | 00:01:28    | 02:07:35 | <b>04:11:23.60</b> | <b>04:12:51.80</b> | +01:58:04 | 9:18         | 6.4        |
| 561 | <b>WNUK Dominik</b>               | <b>3627</b> |                                    | M20       | 77   | 00:00:49    | 02:18:12 | <b>04:11:24.40</b> | <b>04:12:13.65</b> | +01:58:05 | 9:18         | 6.4        |
| 562 | <b>RAUER Maciej</b>               | <b>3297</b> | REAL PASSION KRAKÓW                | M20       | 78   | 00:00:32    | 02:11:24 | <b>04:11:31.60</b> | <b>04:12:03.80</b> | +01:58:12 | 9:18         | 6.4        |
| 563 | <b>DĄBROWSKI Łukasz</b>           | <b>3536</b> |                                    | M30       | 212  | 00:00:58    | 02:13:25 | <b>04:11:32.75</b> | <b>04:12:31.50</b> | +01:58:13 | 9:19         | 6.4        |
| 564 | <b>CZYŻEWSKI Krzysztof</b>        | <b>3798</b> |                                    | M40       | 107  | 00:01:40    | 02:14:24 | <b>04:11:34.20</b> | <b>04:13:14.65</b> | +01:58:14 | 9:19         | 6.4        |
| 565 | <b>ODYA Marian</b>                | <b>3109</b> |                                    | M40       | 108  | 00:00:58    | 02:08:46 | <b>04:11:36.50</b> | <b>04:12:35.10</b> | +01:58:17 | 9:19         | 6.4        |
| 566 | <b>SZAFRUGA Piotr</b>             | <b>3420</b> |                                    | M30       | 213  | 00:00:41    | 02:05:15 | <b>04:11:38.10</b> | <b>04:12:19.30</b> | +01:58:18 | 9:19         | 6.4        |
| 567 | <b>DOBRZYŃSKA Daria</b>           | <b>3849</b> | BBL                                | K30       | 80   | 00:01:19    | 02:18:03 | <b>04:11:41.95</b> | <b>04:13:00.95</b> | +01:58:22 | 9:19         | 6.4        |
| 568 | <b>BAZYDŁO Dariusz</b>            | <b>3117</b> |                                    | M40       | 109  | 00:00:34    | 02:14:42 | <b>04:11:42.60</b> | <b>04:12:16.80</b> | +01:58:23 | 9:19         | 6.4        |
| 569 | <b>PLAZE Olga</b>                 | <b>3205</b> | NIGHT RUNNERS                      | K30       | 81   | 00:01:03    | 02:16:31 | <b>04:11:43.60</b> | <b>04:12:47.55</b> | +01:58:24 | 9:19         | 6.4        |
| 570 | <b>TOMKIEWICZ Przemysław</b>      | <b>3730</b> |                                    | M40       | 110  | 00:01:04    | 02:20:06 | <b>04:11:49.10</b> | <b>04:12:53.70</b> | +01:58:29 | 9:19         | 6.4        |
| 571 | <b>TKACZYK Przemysław</b>         | <b>3463</b> |                                    | M40       | 111  | 00:00:49    | 02:17:12 | <b>04:12:03.45</b> | <b>04:12:52.80</b> | +01:58:44 | 9:20         | 6.4        |
| 572 | <b>TKACZYK Jolanta</b>            | <b>3456</b> |                                    | K40       | 26   | 00:00:48    | 02:17:28 | <b>04:12:04.10</b> | <b>04:12:52.85</b> | +01:58:44 | 9:20         | 6.4        |
| 573 | <b>PLICHTA Karolina</b>           | <b>4035</b> | WARSZAWA                           | K20       | 37   | 00:00:44    | 02:15:28 | <b>04:12:08.00</b> | <b>04:12:52.15</b> | +01:58:48 | 9:20         | 6.4        |
| 574 | <b>ZIELIŃSKI Adam</b>             | <b>4036</b> | WARSZAWA                           | M20       | 79   | 00:00:43    | 02:15:31 | <b>04:12:08.90</b> | <b>04:12:51.95</b> | +01:58:49 | 9:20         | 6.4        |
| 575 | <b>SŁOMIŃSKI Piotr</b>            | <b>3270</b> | AGIZ TEAM                          | M30       | 214  | 00:00:48    | 02:03:12 | <b>04:12:12.50</b> | <b>04:13:01.40</b> | +01:58:53 | 9:20         | 6.4        |
| 576 | <b>LASOTA Edyta</b>               | <b>3692</b> |                                    | K30       | 82   | 00:00:21    | 02:14:30 | <b>04:12:39.55</b> | <b>04:13:00.65</b> | +01:59:20 | 9:21         | 6.4        |
| 577 | <b>BARTKOWIAK Anna</b>            | <b>3495</b> |                                    | K20       | 38   | 00:01:14    | 02:19:15 | <b>04:12:50.40</b> | <b>04:14:05.10</b> | +01:59:31 | 9:21         | 6.4        |
| 578 | <b>PARUZEL Ireneusz</b>           | <b>3243</b> |                                    | M40       | 112  | 00:04:04    | 02:16:51 | <b>04:13:22.85</b> | <b>04:17:27.40</b> | +02:00:03 | 9:23         | 6.4        |
| 579 | <b>KASPRZAK Radek</b>             | <b>3589</b> | BUFF                               | M30       | 215  | 00:01:21    | 02:20:25 | <b>04:13:33.05</b> | <b>04:14:54.25</b> | +02:00:13 | 9:23         | 6.4        |
| 580 | <b>HORBACZ Hanna</b>              | <b>3702</b> |                                    | K30       | 83   | 00:01:19    | 02:18:36 | <b>04:13:33.50</b> | <b>04:14:53.05</b> | +02:00:14 | 9:23         | 6.4        |
| 581 | <b>PYŻYŃSKA-WÓJTOWICZ Marta</b>   | <b>4031</b> | DRUŻYNA SZPIKU / KOBIETYBIEGAJA.PL | K30       | 84   | 00:01:19    | 02:18:36 | <b>04:13:33.65</b> | <b>04:14:53.35</b> | +02:00:14 | 9:23         | 6.4        |
| 582 | <b>TRZCIŃSKI Sebastian</b>        | <b>3192</b> | PEŁZACZ NIZINNY                    | M30       | 216  | 00:00:15    | 02:00:56 | <b>04:13:50.10</b> | <b>04:14:05.55</b> | +02:00:30 | 9:24         | 6.4        |
| 583 | <b>ZDANOWICZ Michał</b>           | <b>3155</b> | NOTHING TO FEAR                    | M30       | 217  | 00:00:58    | 02:11:08 | <b>04:13:54.40</b> | <b>04:14:52.85</b> | +02:00:35 | 9:24         | 6.4        |
| 584 | <b>KOWALSKA Justyna</b>           | <b>3863</b> | STOWARZYSZENIE MORSY OŚNO LUBUSKIE | K30       | 85   | 00:01:17    | 02:21:00 | <b>04:13:59.70</b> | <b>04:15:17.25</b> | +02:00:40 | 9:24         | 6.4        |
| 585 | <b>BIL Janusz</b>                 | <b>3372</b> | NEAPCO PRASZKA                     | M50       | 22   | 00:00:37    | 02:15:16 | <b>04:14:00.35</b> | <b>04:14:38.25</b> | +02:00:41 | 9:24         | 6.4        |
| 586 | <b>LITWORA Sebastian</b>          | <b>3742</b> | CROSS SPOT                         | M30       | 218  | 00:00:53    | 02:16:00 | <b>04:14:00.55</b> | <b>04:14:53.70</b> | +02:00:41 | 9:24         | 6.4        |
| 587 | <b>WOJTOWICZ Daniel</b>           | <b>3267</b> |                                    | M40       | 113  | 00:00:22    | 02:02:46 | <b>04:14:02.40</b> | <b>04:14:24.85</b> | +02:00:43 | 9:24         | 6.4        |
| 588 | <b>SAMBORSKA Anna</b>             | <b>3250</b> | ULKS LIPINKI                       | K40       | 27   | 00:01:30    | 02:12:57 | <b>04:14:03.10</b> | <b>04:15:33.55</b> | +02:00:43 | 9:24         | 6.4        |
| 589 | <b>KOZUBAŁA Piotr</b>             | <b>3828</b> | ŻÓŁW ULTRAS TEAM                   | M30       | 219  | 00:00:33    | 02:08:18 | <b>04:14:10.95</b> | <b>04:14:44.70</b> | +02:00:51 | 9:24         | 6.4        |
| 590 | <b>KASPRZYK-KUŻŃIAK Michalina</b> | <b>3592</b> |                                    | K30       | 86   | 00:00:53    | 02:15:33 | <b>04:14:11.25</b> | <b>04:15:05.00</b> | +02:00:51 | 9:24         | 6.4        |
| 591 | <b>LUDWIKOWSKI Adam</b>           | <b>3668</b> |                                    | M30       | 220  | 00:00:50    | 02:04:18 | <b>04:14:35.80</b> | <b>04:15:26.20</b> | +02:01:16 | 9:25         | 6.4        |
| 592 | <b>JAŁOWIEC Agnieszka</b>         | <b>4020</b> |                                    | K30       | 87   | 00:00:35    | 02:19:51 | <b>04:14:44.70</b> | <b>04:15:20.35</b> | +02:01:25 | 9:26         | 6.4        |
| 593 | <b>DRWIĘGA Beata</b>              | <b>3704</b> |                                    | K40       | 28   | 00:01:45    | 02:14:38 | <b>04:15:09.50</b> | <b>04:16:54.85</b> | +02:01:50 | 9:27         | 6.3        |
| 594 | <b>BUJAKIEWICZ Marta</b>          | <b>3547</b> | OBOZYBIEGOWE.PL                    | K30       | 88   | 00:00:49    | 02:17:45 | <b>04:15:21.40</b> | <b>04:16:11.10</b> | +02:02:02 | 9:27         | 6.3        |
| 595 | <b>ADAMCZUK Jarosław</b>          | <b>3980</b> | PGNIG SANOK                        | M40       | 114  | 00:01:15    | 02:19:12 | <b>04:15:39.30</b> | <b>04:16:55.00</b> | +02:02:20 | 9:28         | 6.3        |
| 596 | <b>WNUCZYŃSKI Andrzej</b>         | <b>3646</b> | ORANGE POLSKA                      | M40       | 115  | 00:00:33    | 02:04:00 | <b>04:15:41.05</b> | <b>04:16:14.65</b> | +02:02:21 | 9:28         | 6.3        |
| 597 | <b>DARMOCHWAŁ Jerzy</b>           | <b>3517</b> | SAMOTNY WILK GANIA PO KASZUBACH    | M60       | 4    | 00:00:21    | 02:11:17 | <b>04:15:54.95</b> | <b>04:16:16.55</b> | +02:02:35 | 9:28         | 6.3        |
| 598 | <b>BEZKOROWAJNY Joanna</b>        | <b>3413</b> |                                    | K20       | 39   | 00:01:16    | 02:16:24 | <b>04:16:17.00</b> | <b>04:17:33.40</b> | +02:02:57 | 9:29         | 6.3        |
| 599 | <b>MICHALSKI Marek</b>            | <b>3542</b> |                                    | M30       | 221  | 00:01:31    | 02:04:56 | <b>04:16:29.45</b> | <b>04:18:01.00</b> | +02:03:10 | 9:30         | 6.3        |
| 600 | <b>KRUZEL Rafał</b>               | <b>3795</b> | BIEGOWE MISIE                      | M40       | 116  | 00:00:37    | 02:18:20 | <b>04:16:38.50</b> | <b>04:17:16.35</b> | +02:03:19 | 9:30         | 6.3        |
| 601 | <b>BOGACZEWICZ Dawid</b>          | <b>3187</b> |                                    | M20       | 80   | 00:01:05    | 02:18:10 | <b>04:16:41.65</b> | <b>04:17:47.00</b> | +02:03:22 | 9:30         | 6.3        |
| 602 | <b>LACHOWICZ Julia</b>            | <b>3005</b> | NATIONAL GEOGRAPHIC POLSKA         | Kobiety   | 1    | 00:00:55    | 02:13:55 | <b>04:16:46.00</b> | <b>04:17:41.40</b> | +02:03:26 | 9:30         | 6.3        |

| Msc | Zawodnik              | Numer | Klub                            | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|---------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 603 | RACZYŃSKA Małgorzata  | 3885  | POWERADE TEAM                   | K40       | 29   | 00:01:03    | 02:16:01 | 04:16:55.55     | 04:17:58.60      | +02:03:36 | 9:30         | 6.3        |
| 604 | GOŁĘBIEWSKA Barbara   | 3598  | CHEŁM BIEGA                     | K40       | 30   | 00:00:52    | 02:15:13 | 04:16:59.85     | 04:17:51.95      | +02:03:40 | 9:31         | 6.3        |
| 605 | GOŁĘBIEWSKI Krzysztof | 3601  | CHEŁM BIEGA                     | M40       | 117  | 00:00:51    | 02:15:14 | 04:17:00.05     | 04:17:51.70      | +02:03:40 | 9:31         | 6.3        |
| 606 | DUDEK Michał          | 3405  | RGR ŁÓDŹ                        | M40       | 118  | 00:00:42    | 02:08:55 | 04:17:01.55     | 04:17:44.00      | +02:03:42 | 9:31         | 6.3        |
| 607 | PUCHALA Mariusz       | 3916  | TERNOL TEAM                     | M30       | 222  | 00:00:55    | 02:12:54 | 04:17:01.65     | 04:17:57.40      | +02:03:42 | 9:31         | 6.3        |
| 608 | POŚNIK Michał         | 3046  | CROSSFIT ELEKTROMOC             | M30       | 223  | 00:00:49    | 02:13:24 | 04:17:11.80     | 04:18:01.50      | +02:03:52 | 9:31         | 6.3        |
| 609 | ŻBIKOWSKI Artur       | 3082  |                                 | M40       | 119  | 00:00:21    | 02:09:37 | 04:17:18.60     | 04:17:40.20      | +02:03:59 | 9:31         | 6.3        |
| 610 | BICZKOWSKA Magdalena  | 3175  | RUN BYDGOSZCZ                   | K30       | 89   | 00:00:27    | 02:16:50 | 04:17:33.05     | 04:18:00.60      | +02:04:13 | 9:32         | 6.3        |
| 611 | POPŁAWSKA Katarzyna   | 3483  | PĘDZIWIATR HIPOLITÓW            | K40       | 31   | 00:01:04    | 02:10:27 | 04:17:33.55     | 04:18:37.75      | +02:04:14 | 9:32         | 6.3        |
| 612 | POPŁAWSKI Arkadiusz   | 3347  | PĘDZIWIATR HIPOLITÓW            | M40       | 120  | 00:01:03    | 02:11:38 | 04:17:34.00     | 04:18:37.90      | +02:04:14 | 9:32         | 6.3        |
| 613 | SPRAWKA Marcin        | 3184  | SKLEP BIEGACZA LUBLIN / WW TEAM | M30       | 224  | 00:00:27    | 02:13:08 | 04:17:35.95     | 04:18:03.50      | +02:04:16 | 9:32         | 6.3        |
| 614 | ŁUKASZEWSKA Anna      | 3992  |                                 | K40       | 32   | 00:01:21    | 02:26:48 | 04:17:53.25     | 04:19:14.55      | +02:04:33 | 9:33         | 6.3        |
| 615 | GAŃKIEWICZ Paweł      | 3626  |                                 | M30       | 225  | 00:01:22    | 02:20:12 | 04:18:02.35     | 04:19:24.85      | +02:04:43 | 9:33         | 6.3        |
| 616 | MIKUŁA Paweł          | 3556  | RISE&SHINE                      | M30       | 226  | 00:00:41    | 02:08:10 | 04:18:26.35     | 04:19:08.10      | +02:05:07 | 9:34         | 6.3        |
| 617 | WINIARZ Witold        | 3105  | PRZEMYSKI KLUB BIEGACZA         | M30       | 227  | 00:00:23    | 02:12:01 | 04:18:38.20     | 04:19:02.05      | +02:05:18 | 9:34         | 6.3        |
| 618 | BALICKI Marcin        | 4022  |                                 | M30       | 228  | 00:00:31    | 02:11:34 | 04:18:41.50     | 04:19:13.20      | +02:05:22 | 9:34         | 6.3        |
| 619 | SMOŁA Angelina        | 3072  |                                 | K30       | 90   | 00:00:19    | 02:13:27 | 04:18:47.60     | 04:19:06.75      | +02:05:28 | 9:35         | 6.3        |
| 620 | MERCIK Marta          | 3252  |                                 | K30       | 91   | 00:00:29    | 02:10:14 | 04:18:48.40     | 04:19:18.35      | +02:05:29 | 9:35         | 6.3        |
| 621 | KORBA Michał          | 3570  |                                 | M40       | 121  | 00:00:54    | 02:11:44 | 04:19:07.60     | 04:20:01.95      | +02:05:48 | 9:35         | 6.3        |
| 622 | STAWIŃSKA Zuzanna     | 3161  |                                 | K30       | 92   | 00:01:06    | 02:21:18 | 04:19:16.95     | 04:20:23.55      | +02:05:57 | 9:36         | 6.2        |
| 623 | STAWIŃSKI Piotr       | 3162  |                                 | M30       | 229  | 00:01:05    | 02:22:18 | 04:19:18.60     | 04:20:24.50      | +02:05:59 | 9:36         | 6.2        |
| 624 | SZYL Marek            | 3814  |                                 | M30       | 230  | 00:00:40    | 02:17:01 | 04:19:18.95     | 04:19:59.90      | +02:05:59 | 9:36         | 6.2        |
| 625 | MIKRUT Małgorzata     | 3450  |                                 | K40       | 33   | 00:00:26    | 02:17:55 | 04:19:30.50     | 04:19:56.50      | +02:06:11 | 9:36         | 6.2        |
| 626 | SIENIAWSKA Karolina   | 3645  |                                 | K30       | 93   | 00:01:29    | 02:22:15 | 04:19:57.25     | 04:21:27.15      | +02:06:37 | 9:37         | 6.2        |
| 627 | MIARA Maciej          | 3590  | TSH                             | M20       | 81   | 00:01:42    | 02:20:30 | 04:20:19.15     | 04:22:01.40      | +02:06:59 | 9:38         | 6.2        |
| 628 | POŁCZYŃSKA Zuzanna    | 3440  | TAKBIEGAMY                      | K20       | 40   | 00:00:44    | 02:13:18 | 04:20:22.90     | 04:21:07.50      | +02:07:03 | 9:38         | 6.2        |
| 629 | STANOSZEK Agnieszka   | 3886  | POWERADE TEAM                   | K40       | 34   | 00:01:02    | 02:15:28 | 04:20:35.90     | 04:21:38.65      | +02:07:16 | 9:39         | 6.2        |
| 630 | KOTWA Arkadiusz       | 3236  |                                 | M30       | 231  | 00:01:05    | 02:14:27 | 04:20:36.55     | 04:21:42.20      | +02:07:17 | 9:39         | 6.2        |
| 631 | LUKOWIEC Dagmara      | 3237  | KRZYWDA TEAM                    | K30       | 94   | 00:01:05    | 02:14:25 | 04:20:37.00     | 04:21:42.30      | +02:07:17 | 9:39         | 6.2        |
| 632 | JATCZAK Michał        | 3608  | BĄBLE I ODCISKI                 | M30       | 232  | 00:00:44    | 02:06:37 | 04:20:47.90     | 04:21:32.20      | +02:07:28 | 9:39         | 6.2        |
| 633 | PAWŁOWICZ Dorota      | 3767  | KUŹNIA TRIATHLONU               | K30       | 95   | 00:01:34    | 02:23:20 | 04:20:50.90     | 04:22:25.00      | +02:07:31 | 9:39         | 6.2        |
| 634 | SOŁTYSIK Anna         | 3643  | NIGHT RUNNERS                   | K20       | 41   | 00:00:32    | 02:10:15 | 04:20:52.55     | 04:21:25.45      | +02:07:33 | 9:39         | 6.2        |
| 635 | BĄK Maciej            | 3157  | ORANGE POLSKA / NIGHT RUNNERS   | M40       | 122  | 00:01:03    | 02:15:30 | 04:20:59.50     | 04:22:03.05      | +02:07:40 | 9:40         | 6.2        |
| 636 | OKAPIEC Aleksandra    | 3708  | AXA RUNNING TEAM                | K30       | 96   | 00:01:19    | 02:25:49 | 04:21:07.20     | 04:22:27.10      | +02:07:47 | 9:40         | 6.2        |
| 637 | MAREK Magdalena       | 3769  |                                 | K40       | 35   | 00:01:22    | 02:23:58 | 04:21:13.85     | 04:22:35.85      | +02:07:54 | 9:40         | 6.2        |
| 638 | ROBAK Marlena         | 3433  | ALBATROSY                       | K20       | 42   | 00:00:33    | 02:18:42 | 04:21:16.55     | 04:21:50.00      | +02:07:57 | 9:40         | 6.2        |
| 639 | PŁOTEK Tomasz         | 3418  |                                 | M30       | 233  | 00:00:38    | 02:20:01 | 04:21:22.35     | 04:22:00.75      | +02:08:03 | 9:40         | 6.2        |
| 640 | BODZIOCH Grzegorz     | 4014  |                                 | M40       | 123  | 00:13:26    | 02:16:03 | 04:21:23.60     | 04:34:49.60      | +02:08:04 | 9:40         | 6.2        |
| 641 | BIELECKI Karol        | 4007  |                                 | M30       | 234  | 00:00:55    | 02:12:54 | 04:21:28.40     | 04:22:24.10      | +02:08:09 | 9:41         | 6.2        |
| 642 | SIECZKOWSKI Artur     | 3169  | POLISHBHOYS                     | M40       | 124  | 00:00:22    | 02:05:21 | 04:21:28.90     | 04:21:51.00      | +02:08:09 | 9:41         | 6.2        |
| 643 | GUCWA Jarosław        | 3842  | JAREK GUCWA                     | M40       | 125  | 00:00:49    | 02:11:41 | 04:21:30.50     | 04:22:19.90      | +02:08:11 | 9:41         | 6.2        |
| 644 | ŚWISTAK Piotr         | 3285  |                                 | M30       | 235  | 00:00:47    | 02:15:28 | 04:21:38.50     | 04:22:26.40      | +02:08:19 | 9:41         | 6.2        |
| 645 | KUŁAKOWSKI Piotr      | 3244  | CZŁAPACZE                       | M50       | 23   | 00:01:50    | 02:28:09 | 04:22:01.00     | 04:23:51.20      | +02:08:41 | 9:42         | 6.2        |
| 646 | TRZCIŃSKA Jolanta     | 3914  | TUP TUŚ                         | K30       | 97   | 00:00:40    | 02:24:18 | 04:22:27.35     | 04:23:07.60      | +02:09:08 | 9:43         | 6.2        |

| Msc | Zawodnik                     | Numer | Klub                         | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------|------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 647 | PRZYBYŚLAWSKI Miłosz         | 3320  | SŁYNNI KENIJCZYCY            | M30       | 236  | 00:01:09    | 02:22:38 | 04:22:27.90     | 04:23:37.20      | +02:09:08 | 9:43         | 6.2        |
| 648 | KIEŁBOWICZ Aneta             | 3326  | SŁYNNI KENIJCZYCY            | K30       | 98   | 00:01:09    | 02:22:38 | 04:22:28.20     | 04:23:37.30      | +02:09:08 | 9:43         | 6.2        |
| 649 | ZABOROWSKA-SOŁTYS Małgorzata | 4015  |                              | K40       | 36   | 00:01:01    | 02:18:40 | 04:22:59.20     | 04:24:01.15      | +02:09:39 | 9:44         | 6.2        |
| 650 | ZAJĄC Daria                  | 3020  | RUN EXPERT LEJDIS            | K30       | 99   | 00:00:23    | 02:22:26 | 04:22:59.35     | 04:23:23.15      | +02:09:40 | 9:44         | 6.2        |
| 651 | JANUSZ Grzegorz              | 3363  | BIBA TEAM                    | M40       | 126  | 00:01:07    | 02:08:48 | 04:23:04.70     | 04:24:12.45      | +02:09:45 | 9:44         | 6.2        |
| 652 | JAWOROWICZ Dobrochna         | 3378  | KALIŃSKA TEAM                | K40       | 37   | 00:01:35    | 02:21:47 | 04:23:11.20     | 04:24:47.10      | +02:09:51 | 9:44         | 6.2        |
| 653 | SAMOJLUK ŚLUSARSKA Bożena    | 3714  |                              | K50       | 3    | 00:01:23    | 02:17:08 | 04:23:14.45     | 04:24:37.95      | +02:09:55 | 9:44         | 6.2        |
| 654 | PRANDZIOCH Karolina          | 3908  |                              | K30       | 100  | 00:01:00    | 02:23:51 | 04:23:14.70     | 04:24:15.05      | +02:09:55 | 9:45         | 6.2        |
| 655 | ŻAK Bartosz                  | 4043  | WKURW_TEAM                   | M20       | 82   | 00:01:02    | 02:23:58 | 04:23:17.45     | 04:24:19.95      | +02:09:58 | 9:45         | 6.2        |
| 656 | OLEWNIK Łukasz               | 3325  |                              | M20       | 83   | 00:00:14    | 02:16:09 | 04:23:20.95     | 04:23:35.85      | +02:10:01 | 9:45         | 6.2        |
| 657 | ROGÓŻ Elżbieta               | 3449  | PRORUNNING.PL                | K30       | 101  | 00:01:17    | 02:22:27 | 04:23:24.65     | 04:24:41.90      | +02:10:05 | 9:45         | 6.2        |
| 658 | KOWALSKI Przemysław          | 3305  |                              | M30       | 237  | 00:00:28    | 02:09:03 | 04:23:32.05     | 04:24:00.85      | +02:10:12 | 9:45         | 6.1        |
| 659 | WASILEWSKI Marcin            | 3087  | WW TEAM                      | M30       | 238  | 00:00:25    | 02:08:24 | 04:23:32.80     | 04:23:58.05      | +02:10:13 | 9:45         | 6.1        |
| 660 | BORC Marzanna                | 3754  | AKADEMIA BIEGANIA GRUDZIĄDZ  | K40       | 38   | 00:00:20    | 02:12:59 | 04:23:41.55     | 04:24:01.90      | +02:10:22 | 9:45         | 6.1        |
| 661 | NAPIERAŁA Katarzyna          | 3150  |                              | K40       | 39   | 00:00:15    | 02:23:55 | 04:23:43.35     | 04:23:59.15      | +02:10:24 | 9:46         | 6.1        |
| 662 | KMIEC Cezary                 | 3146  | NAPRZÓD MŁOCINY              | M40       | 127  | 00:01:10    | 02:09:12 | 04:23:45.95     | 04:24:56.05      | +02:10:26 | 9:46         | 6.1        |
| 663 | JATA Marta                   | 3746  | WW TEAM                      | K30       | 102  | 00:00:26    | 02:21:15 | 04:23:47.90     | 04:24:14.30      | +02:10:28 | 9:46         | 6.1        |
| 664 | ADAMCZYK Edyta               | 3500  |                              | K30       | 103  | 00:00:40    | 02:15:14 | 04:24:03.15     | 04:24:43.60      | +02:10:43 | 9:46         | 6.1        |
| 665 | ADAMCZYK Daniel              | 3514  |                              | M40       | 128  | 00:00:40    | 02:15:15 | 04:24:04.20     | 04:24:45.05      | +02:10:44 | 9:46         | 6.1        |
| 666 | STĘPKOWSKA Berta             | 3307  |                              | K30       | 104  | 00:01:26    | 02:27:23 | 04:24:05.90     | 04:25:31.95      | +02:10:46 | 9:46         | 6.1        |
| 667 | OGÓREK Monika                | 3234  |                              | K20       | 43   | 00:01:13    | 02:26:38 | 04:24:08.40     | 04:25:22.10      | +02:10:49 | 9:47         | 6.1        |
| 668 | NIERADKA Katarzyna           | 3858  |                              | K30       | 105  | 00:01:37    | 02:23:07 | 04:24:09.40     | 04:25:46.40      | +02:10:50 | 9:47         | 6.1        |
| 669 | KOSMALA Iwona                | 3298  |                              | K20       | 44   | 00:01:14    | 02:26:37 | 04:24:17.50     | 04:25:31.60      | +02:10:58 | 9:47         | 6.1        |
| 670 | SMOŁA Ilona                  | 3206  |                              | K30       | 106  | 00:00:19    | 02:18:11 | 04:24:24.15     | 04:24:43.55      | +02:11:04 | 9:47         | 6.1        |
| 671 | KONIECZNY Piotr              | 3232  | NKB CHYŻY NOWY TOMYŚL        | M30       | 239  | 00:01:01    | 02:29:45 | 04:24:30.75     | 04:25:32.50      | +02:11:11 | 9:47         | 6.1        |
| 672 | SOSZYŃSKA Małgorzata         | 3242  | CZŁAPACZE                    | K50       | 4    | 00:01:44    | 02:28:16 | 04:24:37.70     | 04:26:21.70      | +02:11:18 | 9:48         | 6.1        |
| 673 | KUKAWSKA Joanna              | 3893  | RK ATHLETICS                 | K50       | 5    | 00:01:05    | 02:24:56 | 04:24:41.90     | 04:25:47.85      | +02:11:22 | 9:48         | 6.1        |
| 674 | MISZEWSKI Jan                | 3213  | GTW GEDANIA GDAŃSK           | M50       | 24   | 00:01:21    | 02:20:04 | 04:24:42.60     | 04:26:03.60      | +02:11:23 | 9:48         | 6.1        |
| 674 | MISZEWSKA-URBAŃSKA Emilia    | 3208  | SMARUJ NA TRENING TEAM       | K30       | 107  | 00:01:20    | 02:21:11 | 04:24:42.60     | 04:26:03.50      | +02:11:23 | 9:48         | 6.1        |
| 676 | ZYCH Anna                    | 3098  |                              | K40       | 40   | 00:00:26    | 02:21:16 | 04:25:05.45     | 04:25:31.65      | +02:11:46 | 9:49         | 6.1        |
| 677 | PIECYK Artur                 | 3614  | BLUE DOGS                    | M40       | 129  | 00:00:31    | 02:17:24 | 04:25:05.75     | 04:25:37.40      | +02:11:46 | 9:49         | 6.1        |
| 678 | MAZUREK Katarzyna            | 3054  | SKLEP BIEGACZA LUBLIN / LSB  | K40       | 41   | 00:00:25    | 02:21:16 | 04:25:06.75     | 04:25:31.80      | +02:11:47 | 9:49         | 6.1        |
| 679 | SKRZYNIARZ Jarek             | 4034  |                              | M50       | 25   | 00:01:40    | 02:25:43 | 04:25:11.45     | 04:26:51.60      | +02:11:52 | 9:49         | 6.1        |
| 680 | JURAŚ-KMIEĆ Marzena          | 3741  |                              | K40       | 42   | 00:00:49    | 02:16:32 | 04:25:16.15     | 04:26:06.00      | +02:11:56 | 9:49         | 6.1        |
| 681 | BOBROWICZ Małgorzata         | 3782  | ACCEWTURE                    | K30       | 108  | 00:01:27    | 02:16:32 | 04:25:20.60     | 04:26:48.10      | +02:12:01 | 9:49         | 6.1        |
| 682 | WOLAREK Marzena              | 4048  |                              | K40       | 43   | 00:00:16    | 02:24:47 | 04:25:48.05     | 04:26:04.60      | +02:12:28 | 9:50         | 6.1        |
| 683 | JEGER Wojtek                 | 3010  | SKLEPBIEGOWY.PL/JEGERMAJSTER | M40       | 130  | 00:01:20    | 02:23:28 | 04:26:03.70     | 04:27:24.10      | +02:12:44 | 9:51         | 6.1        |
| 684 | KOZŁOWSKA Joanna             | 3153  | 12TRI.PL DRUŻYNA WILKA       | K30       | 109  | 00:01:19    | 02:23:30 | 04:26:04.40     | 04:27:24.10      | +02:12:45 | 9:51         | 6.1        |
| 685 | KRAUZA-DERKOWSKA Joanna      | 3385  | NOWOMIESZCZANIELUBIĄBIEGANIE | K40       | 44   | 00:00:37    | 02:14:42 | 04:26:12.75     | 04:26:50.60      | +02:12:53 | 9:51         | 6.1        |
| 686 | FIRAZA Łukasz                | 3073  |                              | M30       | 240  | 00:01:28    | 02:14:44 | 04:26:19.40     | 04:27:47.80      | +02:13:00 | 9:51         | 6.1        |
| 687 | KAWCZYŃSKI Piotr             | 3025  |                              | M30       | 241  | 00:01:29    | 02:14:43 | 04:26:30.20     | 04:27:59.30      | +02:13:10 | 9:52         | 6.1        |
| 688 | STANOSZEK Robert             | 3887  | POWERADE TEAM                | M40       | 131  | 00:01:03    | 02:16:18 | 04:26:48.90     | 04:27:52.25      | +02:13:29 | 9:52         | 6.1        |
| 689 | ŻAKIEWICZ Magdalena          | 3482  |                              | K20       | 45   | 00:00:35    | 02:15:44 | 04:26:50.05     | 04:27:25.40      | +02:13:30 | 9:52         | 6.1        |
| 690 | KIEŁTYKA Karolina            | 3672  | HUSARIA RACE TEAM            | K30       | 110  | 00:00:37    | 02:16:34 | 04:27:00.45     | 04:27:38.40      | +02:13:41 | 9:53         | 6.1        |



| Msc | Zawodnik                  | Numer | Klub                        | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|-----------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 691 | HADUCH Tomasz             | 3625  | DIGITAL_WARSZAWA            | M50       | 26   | 00:01:25    | 02:21:32 | 04:27:08.50     | 04:28:34.35      | +02:13:49 | 9:53         | 6.1        |
| 692 | KISIEL Mateusz            | 3012  | SMASHING PĄPKINS            | M30       | 242  | 00:00:18    | 02:09:57 | 04:27:24.65     | 04:27:43.40      | +02:14:05 | 9:54         | 6.1        |
| 693 | BARTOSIEWICZ Daria        | 3336  | DZIKIE GRUBASY SZATANA      | K20       | 46   | 00:01:37    | 02:28:33 | 04:27:31.20     | 04:29:08.50      | +02:14:11 | 9:54         | 6.1        |
| 694 | GAJEWSKA Katarzyna        | 3657  | ALBATROSY                   | K30       | 111  | 00:01:11    | 02:26:15 | 04:27:31.50     | 04:28:43.00      | +02:14:12 | 9:54         | 6.1        |
| 694 | NOWAK Katarzyna           | 3610  | DZIKIE GRUBASY SZATANA      | K20       | 47   | 00:01:37    | 02:28:33 | 04:27:31.50     | 04:29:08.60      | +02:14:12 | 9:54         | 6.1        |
| 696 | SUDOL Damian              | 3628  | ONEKOTAN                    | M20       | 84   | 00:01:07    | 02:26:06 | 04:27:33.95     | 04:28:41.10      | +02:14:14 | 9:54         | 6.1        |
| 697 | GÓRSKA-KORBA Ewa          | 4059  | 4RUN TEAM PIŁA              | K40       | 45   | 00:01:04    | 02:31:47 | 04:27:37.90     | 04:28:42.80      | +02:14:18 | 9:54         | 6.1        |
| 698 | PYTLARZ Waldemar          | 3017  | 4 RUN TEAM PIŁA             | M50       | 27   | 00:01:04    | 02:31:46 | 04:27:38.20     | 04:28:42.60      | +02:14:18 | 9:54         | 6.1        |
| 699 | SZNABEL Alina             | 3019  | 4 RUN TEAM PIŁA             | K60       | 1    | 00:01:04    | 02:31:46 | 04:27:38.50     | 04:28:42.70      | +02:14:19 | 9:54         | 6.1        |
| 700 | MAZUR Katarzyna           | 3224  | NIGHT RUNNERS               | K30       | 112  | 00:01:29    | 02:23:27 | 04:27:39.95     | 04:29:09.20      | +02:14:20 | 9:54         | 6.1        |
| 701 | ŚPIEWAK Aleksander        | 3434  |                             | M30       | 243  | 00:00:42    | 02:17:01 | 04:28:01.50     | 04:28:44.05      | +02:14:42 | 9:55         | 6          |
| 702 | BIELICKA Daria            | 3477  | NIGHT RUNNERS               | K20       | 48   | 00:01:28    | 02:23:29 | 04:28:03.25     | 04:29:32.10      | +02:14:43 | 9:55         | 6          |
| 703 | RORAT Artur               | 3404  | SKLEP BIEGACZA LUBLIN TEAM  | M20       | 85   | 00:00:40    | 02:17:21 | 04:28:03.45     | 04:28:43.60      | +02:14:44 | 9:55         | 6          |
| 704 | KALUŻNA Aneta             | 3362  |                             | K30       | 113  | 00:00:38    | 02:16:38 | 04:28:24.50     | 04:29:02.65      | +02:15:05 | 9:56         | 6          |
| 705 | PINTSCHER Paulina         | 3008  | RUNMAGEDDON                 | K30       | 114  | 00:00:09    | 02:25:31 | 04:28:35.05     | 04:28:44.90      | +02:15:15 | 9:56         | 6          |
| 706 | SALA Paweł                | 3007  | RUNMAGEDDON                 | M30       | 244  | 00:00:10    | 02:25:24 | 04:28:35.40     | 04:28:45.55      | +02:15:16 | 9:56         | 6          |
| 707 | GAJOS Anna                | 3606  |                             | K40       | 46   | 00:00:29    | 02:24:27 | 04:28:39.25     | 04:29:08.40      | +02:15:19 | 9:57         | 6          |
| 708 | KOWALEWSKA Katarzyna      | 3600  |                             | K30       | 115  | 00:00:29    | 02:24:27 | 04:28:39.70     | 04:29:08.70      | +02:15:20 | 9:57         | 6          |
| 709 | SALONI-SADOWSKA Maria     | 3553  | OBOZYBIEGOWE.PL             | K40       | 47   | 00:01:25    | 02:25:43 | 04:28:47.25     | 04:30:13.05      | +02:15:27 | 9:57         | 6          |
| 710 | MICHALSKA Anna            | 3687  |                             | K50       | 6    | 00:01:26    | 02:25:45 | 04:28:50.30     | 04:30:16.80      | +02:15:31 | 9:57         | 6          |
| 711 | KOLASA Andrzej            | 3447  | KLUB J.SŁOWACKIEGO          | M60       | 5    | 00:00:13    | 02:11:35 | 04:28:53.25     | 04:29:06.55      | +02:15:33 | 9:57         | 6          |
| 712 | DZIUŁA Marcin             | 3126  | IM                          | M30       | 245  | 00:00:52    | 02:24:40 | 04:29:27.60     | 04:30:19.60      | +02:16:08 | 9:58         | 6          |
| 713 | SZCZEPANIUK Dawid         | 3656  |                             | M20       | 86   | 00:00:44    | 02:12:15 | 04:29:34.55     | 04:30:18.65      | +02:16:15 | 9:59         | 6          |
| 714 | WALASZEK Paweł            | 3120  | AGB TORFY                   | M30       | 246  | 00:01:21    | 02:24:56 | 04:29:40.20     | 04:31:02.00      | +02:16:20 | 9:59         | 6          |
| 714 | BIAŁECKI Gabriel          | 3263  |                             | M30       | 247  | 00:01:03    | 02:29:04 | 04:29:40.20     | 04:30:43.40      | +02:16:20 | 9:59         | 6          |
| 716 | CZAWA Aneta               | 3859  |                             | K40       | 48   | 00:01:15    | 02:26:24 | 04:29:44.10     | 04:30:59.50      | +02:16:24 | 9:59         | 6          |
| 717 | WOJCIECHOWSKI Rafał       | 3707  | PEŁZACZ NIZINNY             | M40       | 132  | 00:00:17    | 02:04:51 | 04:30:01.80     | 04:30:18.85      | +02:16:42 | 10:00        | 6          |
| 718 | KULIG Robert              | 3636  | NIGHT RUNNERS               | M30       | 248  | 00:01:01    | 02:16:20 | 04:30:04.50     | 04:31:06.30      | +02:16:45 | 10:00        | 6          |
| 719 | NARLOCH Piotr             | 3000  | INTERRISK                   | M40       | 133  | 00:01:30    | 02:14:01 | 04:30:11.90     | 04:31:42.85      | +02:16:52 | 10:00        | 6          |
| 720 | SUCHOWIECKA Anna          | 3308  | OLSZTYŃSKIE USTAWKI BIEGOWE | K30       | 116  | 00:00:23    | 02:18:10 | 04:30:13.45     | 04:30:37.00      | +02:16:54 | 10:00        | 6          |
| 721 | GÓRSKI Robert             | 4003  |                             | M50       | 28   | 00:01:25    | 02:16:11 | 04:30:23.25     | 04:31:48.80      | +02:17:03 | 10:00        | 6          |
| 722 | ARMATYS Grzegorz          | 3473  | ORANGE POLSKA               | M40       | 134  | 00:01:12    | 02:19:21 | 04:30:23.80     | 04:31:36.30      | +02:17:04 | 10:00        | 6          |
| 723 | KALBARCZYK Beata          | 3124  | ORANGE                      | K40       | 49   | 00:01:11    | 02:19:22 | 04:30:24.45     | 04:31:36.10      | +02:17:05 | 10:00        | 6          |
| 724 | KRÓL Grażyna              | 3488  |                             | K40       | 50   | 00:00:17    | 02:17:53 | 04:30:29.80     | 04:30:47.30      | +02:17:10 | 10:01        | 6          |
| 725 | FIDALI Beata              | 3986  | ŚRÓDZIEMIE                  | K30       | 117  | 00:00:34    | 02:19:45 | 04:30:29.85     | 04:31:04.65      | +02:17:10 | 10:01        | 6          |
| 726 | HRYŃ Agata                | 3611  | NIGHT RUNNERS               | K30       | 118  | 00:01:08    | 02:22:59 | 04:30:33.75     | 04:31:42.15      | +02:17:14 | 10:01        | 6          |
| 727 | BŁACHOWICZ Rafał          | 3239  | ZABIEGANI MIELEC            | M40       | 135  | 00:01:26    | 02:20:52 | 04:30:42.70     | 04:32:09.55      | +02:17:23 | 10:01        | 6          |
| 728 | MAROSZYŃSKI Maciej        | 3076  | IM                          | M20       | 87   | 00:00:51    | 02:25:31 | 04:30:56.20     | 04:31:47.60      | +02:17:36 | 10:02        | 6          |
| 729 | MAJCHROWICZ Patrycjusz    | 3683  | SM RYKI                     | M40       | 136  | 00:00:43    | 02:18:20 | 04:31:00.20     | 04:31:43.20      | +02:17:40 | 10:02        | 6          |
| 730 | BYKOWSKI Andrzej          | 3077  |                             | M40       | 137  | 00:00:53    | 02:15:22 | 04:31:20.85     | 04:32:14.10      | +02:18:01 | 10:03        | 6          |
| 731 | WACOWSKI-JASTRZĘBSKI Adam | 3361  |                             | M30       | 249  | 00:00:30    | 02:22:59 | 04:31:39.85     | 04:32:10.80      | +02:18:20 | 10:03        | 6          |
| 732 | SACZUK Joanna             | 3218  |                             | K20       | 49   | 00:01:31    | 02:37:49 | 04:31:44.80     | 04:33:15.85      | +02:18:25 | 10:03        | 6          |
| 733 | GAWRON Tomasz             | 4053  | ARPWAVE                     | M50       | 29   | 00:01:27    | 02:10:55 | 04:31:47.55     | 04:33:14.95      | +02:18:28 | 10:03        | 6          |
| 734 | DYCKOWSKI Adam            | 3083  |                             | M20       | 88   | 00:00:32    | 02:14:15 | 04:32:06.05     | 04:32:38.45      | +02:18:46 | 10:04        | 6          |

| Msc | Zawodnik                 | Numer | Klub                                 | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------|--------------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 735 | KAŻMIERSKI Janusz        | 3612  | DA ŚIĘ                               | M60       | 6    | 00:01:26    | 02:24:49 | 04:32:19.15     | 04:33:45.25      | +02:18:59 | 10:05        | 5.9        |
| 736 | JANIŃ Tomasz             | 3107  | ORANGE POLSKA                        | M40       | 138  | 00:00:46    | 02:37:16 | 04:32:28.55     | 04:33:15.20      | +02:19:09 | 10:05        | 5.9        |
| 737 | KORNICKA Dorota          | 3044  | ORANGE POLSKA                        | K30       | 119  | 00:00:46    | 02:37:14 | 04:32:29.00     | 04:33:15.20      | +02:19:09 | 10:05        | 5.9        |
| 738 | RYNKOWSKA Katarzyna      | 3506  |                                      | K40       | 51   | 00:00:45    | 02:27:59 | 04:32:31.40     | 04:33:16.50      | +02:19:12 | 10:05        | 5.9        |
| 739 | KUCHKO Irena             | 3809  |                                      | K40       | 52   | 00:00:36    | 02:11:29 | 04:32:33.40     | 04:33:09.90      | +02:19:14 | 10:05        | 5.9        |
| 740 | WAŚOWICZ Olgierd         | 3665  | ALBATROSY                            | M40       | 139  | 00:01:11    | 02:26:16 | 04:32:38.60     | 04:33:50.10      | +02:19:19 | 10:05        | 5.9        |
| 741 | GAJEWSKI Piotr           | 3693  |                                      | M30       | 250  | 00:01:19    | 02:21:28 | 04:32:38.65     | 04:33:57.90      | +02:19:19 | 10:05        | 5.9        |
| 742 | KISIELEWSKI Konrad       | 3276  | CK                                   | M30       | 251  | 00:00:59    | 02:08:29 | 04:32:50.95     | 04:33:50.80      | +02:19:31 | 10:06        | 5.9        |
| 743 | WIECZOREK Aleksandra     | 3186  | MOKOBIEGACZE                         | K20       | 50   | 00:01:25    | 02:26:16 | 04:32:58.00     | 04:34:23.80      | +02:19:38 | 10:06        | 5.9        |
| 744 | KWIATKOWSKI Michał       | 3931  |                                      | M30       | 252  | 00:00:51    | 02:17:27 | 04:33:03.15     | 04:33:55.05      | +02:19:43 | 10:06        | 5.9        |
| 745 | KUREK Aleksandra         | 3095  | IM                                   | K20       | 51   | 00:00:51    | 02:25:29 | 04:33:05.20     | 04:33:56.25      | +02:19:45 | 10:06        | 5.9        |
| 746 | NAWROCKA Natalia         | 3528  |                                      | K30       | 120  | 00:01:04    | 02:27:55 | 04:33:16.40     | 04:34:21.20      | +02:19:57 | 10:07        | 5.9        |
| 747 | KOŁODZIEJ Jacek          | 3258  | NIGHT RUNNERS GLIWICE                | M40       | 140  | 00:01:11    | 02:08:16 | 04:33:30.05     | 04:34:41.25      | +02:20:10 | 10:07        | 5.9        |
| 748 | RYŁKO Mariola            | 3650  | SOLINA TEAM                          | K40       | 53   | 00:00:19    | 02:17:26 | 04:33:36.55     | 04:33:55.95      | +02:20:17 | 10:08        | 5.9        |
| 749 | PAUL Violetta            | 4024  | NIGHT RUNNERS GLIWICE                | K40       | 54   | 00:01:14    | 02:29:14 | 04:33:45.75     | 04:35:00.35      | +02:20:26 | 10:08        | 5.9        |
| 749 | BRZEZIŃSKA Teresa        | 3049  | NIGHT RUNNERS GLIWICE                | K40       | 55   | 00:01:14    | 02:33:30 | 04:33:45.75     | 04:35:00.65      | +02:20:26 | 10:08        | 5.9        |
| 749 | GABRYŚ Jolanta           | 3102  | NIGHT RUNNERS GLIWICE                | K40       | 56   | 00:01:14    | 02:33:31 | 04:33:45.75     | 04:35:00.60      | +02:20:26 | 10:08        | 5.9        |
| 752 | GIEDROJC Iwona           | 3629  | PZU SPORT TEAM                       | K30       | 121  | 00:00:48    | 02:24:58 | 04:33:47.95     | 04:34:36.25      | +02:20:28 | 10:08        | 5.9        |
| 753 | MAJOR Sandra             | 3725  |                                      | K20       | 52   | 00:01:14    | 02:29:40 | 04:33:51.40     | 04:35:05.50      | +02:20:32 | 10:08        | 5.9        |
| 754 | PASIK Jacek              | 3678  |                                      | M30       | 253  | 00:00:38    | 02:12:05 | 04:34:04.65     | 04:34:43.60      | +02:20:45 | 10:09        | 5.9        |
| 755 | MILDNER Jolanta          | 3387  | BANK SPÓŁDZIELCZY JASTRZĘBIE ZDRÓJ   | K40       | 57   | 00:01:05    | 02:26:08 | 04:34:10.80     | 04:35:16.20      | +02:20:51 | 10:09        | 5.9        |
| 756 | LIS Marcin               | 3752  | OUTSIDERS KRAKÓW                     | M40       | 141  | 00:01:04    | 02:26:09 | 04:34:12.05     | 04:35:16.75      | +02:20:52 | 10:09        | 5.9        |
| 757 | SARNOWSKA Martyna        | 3503  | NOWOMIESZCZANIE LUBIĄ BIEGANIE       | K20       | 53   | 00:00:37    | 02:24:12 | 04:34:34.00     | 04:35:11.20      | +02:21:14 | 10:10        | 5.9        |
| 757 | IDZIAK Magdalena         | 3675  | NOWOMIESZCZANIE LUBIĄ BIEGANIE       | K30       | 122  | 00:00:37    | 02:24:13 | 04:34:34.00     | 04:35:11.20      | +02:21:14 | 10:10        | 5.9        |
| 759 | KOSTRZEWA Dariusz        | 3431  |                                      | M20       | 89   | 00:00:34    | 02:21:41 | 04:34:40.50     | 04:35:14.60      | +02:21:21 | 10:10        | 5.9        |
| 760 | SOWA Jacek               | 3860  | RKM SOPELEK                          | M30       | 254  | 00:00:37    | 02:11:39 | 04:34:41.80     | 04:35:19.20      | +02:21:22 | 10:10        | 5.9        |
| 761 | KOJAT Bartosz            | 3428  |                                      | M30       | 255  | 00:00:20    | 02:21:25 | 04:34:43.75     | 04:35:04.55      | +02:21:24 | 10:10        | 5.9        |
| 762 | KIJOWSKA Małgorzata      | 3493  | NIGHT RUNNERS                        | K30       | 123  | 00:01:09    | 02:31:03 | 04:34:45.30     | 04:35:54.45      | +02:21:26 | 10:10        | 5.9        |
| 763 | CIURZYŃSKA Zuzanna       | 3409  | RK ATHLETICS                         | K30       | 124  | 00:00:49    | 02:25:21 | 04:34:53.60     | 04:35:43.30      | +02:21:34 | 10:10        | 5.9        |
| 764 | KURAS- SMOLNIK Magdalena | 3597  | SIERADZBIEGA.PL                      | K30       | 125  | 00:00:44    | 02:25:19 | 04:34:58.85     | 04:35:43.00      | +02:21:39 | 10:11        | 5.9        |
| 765 | KRASOŃ Janusz            | 3971  | RKM SOPELEK                          | M30       | 256  | 00:00:37    | 02:11:39 | 04:35:04.75     | 04:35:42.40      | +02:21:45 | 10:11        | 5.9        |
| 766 | GOMÓLKA Wiesław          | 3972  | RKM SOPELEK                          | M50       | 30   | 00:00:37    | 02:11:39 | 04:35:04.90     | 04:35:42.40      | +02:21:45 | 10:11        | 5.9        |
| 767 | MARKIEWICZ Tomasz        | 3444  | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | M40       | 142  | 00:01:32    | 02:28:03 | 04:35:19.75     | 04:36:52.25      | +02:22:00 | 10:11        | 5.9        |
| 768 | MARCOL Dominika          | 3716  | RYBNICKA GRUPA BIEGOWA               | K20       | 54   | 00:01:31    | 02:28:04 | 04:35:20.10     | 04:36:51.90      | +02:22:00 | 10:11        | 5.9        |
| 769 | ZIEMECKI Piotr           | 3703  | HAPPY WIFE HAPPY LIFE                | M30       | 257  | 00:01:18    | 02:21:30 | 04:35:24.40     | 04:36:43.35      | +02:22:05 | 10:12        | 5.9        |
| 770 | ZABŁOCKA Magdalena       | 3720  | PAMIĘTNIK BIEGAJĄCEJ DZIEWCZYNY      | K30       | 126  | 00:01:41    | 02:29:21 | 04:35:55.95     | 04:37:37.35      | +02:22:36 | 10:13        | 5.9        |
| 771 | PIECUCH Kinga            | 3160  | JEST MOC!                            | K30       | 127  | 00:00:11    | 02:23:17 | 04:36:21.65     | 04:36:32.70      | +02:23:02 | 10:14        | 5.9        |
| 772 | GAC-KARELUS Katarzyna    | 3850  | NOWOSARZYŃSKA GRUPA BIEGOWA          | K30       | 128  | 00:01:19    | 02:31:13 | 04:37:28.10     | 04:38:47.10      | +02:24:08 | 10:16        | 5.8        |
| 773 | MICHALCZYK Marcin        | 3021  | MONSTON SPORT TEAM                   | M40       | 143  | 00:00:47    | 02:17:31 | 04:37:32.55     | 04:38:20.05      | +02:24:13 | 10:16        | 5.8        |
| 774 | GADOMSKA Anna            | 3034  | PZU SPORT TEAM                       | K30       | 129  | 00:00:47    | 02:17:31 | 04:37:32.60     | 04:38:20.20      | +02:24:13 | 10:16        | 5.8        |
| 775 | BALCERZAK Michał         | 3818  |                                      | M30       | 258  | 00:01:42    | 02:24:55 | 04:37:50.85     | 04:39:33.60      | +02:24:31 | 10:17        | 5.8        |
| 776 | GĘBALA Leszek            | 3151  |                                      | M60       | 7    | 00:01:20    | 02:23:29 | 04:38:10.55     | 04:39:30.95      | +02:24:51 | 10:18        | 5.8        |
| 777 | GŁADYSZ Urszula          | 3836  |                                      | K20       | 55   | 00:01:28    | 02:31:08 | 04:38:29.40     | 04:39:57.80      | +02:25:10 | 10:18        | 5.8        |
| 778 | GŁADYSZ Agnieszka        | 3947  |                                      | K20       | 56   | 00:01:28    | 02:31:08 | 04:38:29.60     | 04:39:57.80      | +02:25:10 | 10:18        | 5.8        |

| Msc | Zawodnik                | Numer | Klub                     | Kategoria | Mkat | Czas startu | 14km     | Czas        |             | Różn      | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|--------------------------|-----------|------|-------------|----------|-------------|-------------|-----------|--------------|------------|
|     |                         |       |                          |           |      |             |          | netto 27km  | brutto 27km |           |              |            |
| 779 | ŚNIATAŁA Natalia        | 3494  |                          | K20       | 57   | 00:01:14    | 02:19:16 | 04:38:33.65 | 04:39:48.50 | +02:25:14 | 10:19        | 5.8        |
| 780 | MATOGA Lucyna           | 3429  |                          | K40       | 58   | 00:01:21    | 02:31:41 | 04:38:34.15 | 04:39:55.60 | +02:25:14 | 10:19        | 5.8        |
| 781 | MATUZIK Mateusz         | 3758  | NIGHT RUNNERS            | M20       | 90   | 00:01:08    | 02:24:38 | 04:38:42.20 | 04:39:50.25 | +02:25:22 | 10:19        | 5.8        |
| 782 | GÓRZYŃSKI Paweł         | 3524  |                          | M30       | 259  | 00:00:56    | 02:29:18 | 04:38:44.10 | 04:39:40.55 | +02:25:24 | 10:19        | 5.8        |
| 783 | GNIOT Joanna            | 3563  | DIABEŁKOWA AŚ            | K40       | 59   | 00:00:25    | 02:27:07 | 04:39:17.85 | 04:39:43.55 | +02:25:58 | 10:20        | 5.8        |
| 784 | ŁAGOWSKA Magdalena      | 3028  | PRALINY Z PONURZYCY      | K20       | 58   | 00:00:40    | 02:24:17 | 04:39:57.40 | 04:40:37.70 | +02:26:38 | 10:22        | 5.8        |
| 785 | KOZERA Marcin           | 3064  | CALYPSO PIŁA             | M30       | 260  | 00:01:17    | 02:38:19 | 04:40:00.50 | 04:41:18.15 | +02:26:41 | 10:22        | 5.8        |
| 786 | SOKULSKI Marcin         | 3094  | RED TIGER                | M30       | 261  | 00:00:38    | 02:09:14 | 04:40:13.00 | 04:40:51.35 | +02:26:53 | 10:22        | 5.8        |
| 787 | SZPORNIA Darek          | 3196  |                          | M40       | 144  | 00:01:41    | 02:42:26 | 04:41:17.45 | 04:42:58.95 | +02:27:58 | 10:25        | 5.8        |
| 788 | SOŻYŃSKI Maciej         | 3408  |                          | M50       | 31   | 00:01:39    | 02:42:16 | 04:41:19.65 | 04:42:59.15 | +02:28:00 | 10:25        | 5.8        |
| 789 | TANJGA Konstancja       | 3691  | PLL LOT                  | K30       | 130  | 00:01:13    | 02:32:07 | 04:41:25.50 | 04:42:38.65 | +02:28:06 | 10:25        | 5.8        |
| 790 | LISSEWSKA Konstancja    | 3722  | REWOR.WORDPRESS.COM      | K30       | 131  | 00:01:41    | 02:29:23 | 04:41:27.90 | 04:43:09.85 | +02:28:08 | 10:25        | 5.8        |
| 791 | LASKOWSKA Maja          | 3231  | RUNNERSCLUB.PL           | K30       | 132  | 00:00:45    | 02:30:50 | 04:41:48.10 | 04:42:33.85 | +02:28:28 | 10:26        | 5.7        |
| 792 | DREWNIAK Małgorzata     | 3343  | OBOZYBIEGOWE.PL          | K30       | 133  | 00:00:50    | 02:22:23 | 04:41:57.40 | 04:42:47.75 | +02:28:38 | 10:26        | 5.7        |
| 793 | KORWIN-MIKKE Kacper     | 3761  | BLUE DOGS                | M40       | 145  | 00:00:29    | 02:15:59 | 04:41:59.65 | 04:42:29.55 | +02:28:40 | 10:26        | 5.7        |
| 794 | KUBIAK Dariusz          | 3402  | BIEGACZ NOWOSOLNA        | M30       | 262  | 00:00:56    | 02:20:25 | 04:42:04.00 | 04:43:00.00 | +02:28:44 | 10:26        | 5.7        |
| 795 | ROGAŁA Magdalena        | 3993  |                          | K30       | 134  | 00:00:16    | 02:25:11 | 04:42:04.20 | 04:42:20.30 | +02:28:44 | 10:26        | 5.7        |
| 796 | WALENTYNOWICZ Marzena   | 3178  |                          | K30       | 135  | 00:00:46    | 02:30:00 | 04:42:14.50 | 04:43:00.55 | +02:28:55 | 10:27        | 5.7        |
| 797 | RZEŹNICZEK Krzysztof    | 3950  |                          | M30       | 263  | 00:00:20    | 02:08:50 | 04:42:29.65 | 04:42:50.45 | +02:29:10 | 10:27        | 5.7        |
| 798 | ROSIEK Anna             | 3921  | USTRYKI DOLNE            | K30       | 136  | 00:00:51    | 02:32:26 | 04:42:52.45 | 04:43:44.35 | +02:29:33 | 10:28        | 5.7        |
| 799 | SZKUTA Adrianna         | 3221  | NKB CHYŻY NOWY TOMYŚL    | K30       | 137  | 00:01:01    | 02:29:43 | 04:43:02.05 | 04:44:03.80 | +02:29:42 | 10:28        | 5.7        |
| 800 | AURZECKI Mateusz        | 3166  |                          | M20       | 91   | 00:01:33    | 02:23:20 | 04:43:09.60 | 04:44:43.10 | +02:29:50 | 10:29        | 5.7        |
| 801 | POLAK Michalina         | 3051  |                          | K20       | 59   | 00:01:32    | 02:25:22 | 04:44:24.80 | 04:45:57.00 | +02:31:05 | 10:32        | 5.7        |
| 802 | DOMINIĄK Waldemar       | 3337  | SŁYNNI KENIJCZYCY        | M40       | 146  | 00:01:09    | 02:32:39 | 04:44:25.65 | 04:45:34.85 | +02:31:06 | 10:32        | 5.7        |
| 803 | JAŚKIEWICZ Szymon       | 3622  | SŁYNNI KENIJCZYCY        | M20       | 92   | 00:01:09    | 02:32:36 | 04:44:27.35 | 04:45:36.55 | +02:31:08 | 10:32        | 5.7        |
| 804 | MALCZEWSKA Anna         | 3621  | SŁYNNI KENIJCZYCY        | K30       | 138  | 00:01:09    | 02:32:35 | 04:44:27.50 | 04:45:36.80 | +02:31:08 | 10:32        | 5.7        |
| 805 | ZACHARZYŃSKA Katarzyna  | 3080  | ORANGE POLSKA            | K30       | 139  | 00:00:45    | 02:38:53 | 04:44:33.70 | 04:45:19.00 | +02:31:14 | 10:32        | 5.7        |
| 806 | MAZIEC Dariusz          | 3220  | NKB CHYŻY NOWY TOMYŚL    | M30       | 264  | 00:01:03    | 02:31:14 | 04:44:41.15 | 04:45:44.15 | +02:31:21 | 10:32        | 5.7        |
| 807 | MAZIAKOWSKI Krzysztof   | 4025  | MAZIAKOWSKI RUNNING TEAM | M40       | 147  | 00:01:32    | 02:26:59 | 04:44:44.25 | 04:46:16.25 | +02:31:24 | 10:32        | 5.7        |
| 808 | WYSOKIŃSKI Jerzy        | 3111  | ORANGE POLSKA            | M50       | 32   | 00:00:47    | 02:38:54 | 04:44:45.80 | 04:45:33.30 | +02:31:26 | 10:32        | 5.7        |
| 809 | RYNKOWSKA Magdalena     | 3469  |                          | K40       | 60   | 00:00:46    | 02:27:58 | 04:44:50.50 | 04:45:37.10 | +02:31:31 | 10:33        | 5.7        |
| 810 | GRZYBOWSKA Wiktoria     | 3605  |                          | K20       | 60   | 00:00:57    | 02:27:02 | 04:44:55.40 | 04:45:52.80 | +02:31:36 | 10:33        | 5.7        |
| 811 | DĄBROWSKI Sławomir      | 3639  |                          | M40       | 148  | 00:00:57    | 02:27:03 | 04:44:55.75 | 04:45:53.30 | +02:31:36 | 10:33        | 5.7        |
| 812 | KWIECIŃSKI Łukasz       | 3555  |                          | M30       | 265  | 00:00:34    | 02:23:30 | 04:45:09.85 | 04:45:44.75 | +02:31:50 | 10:33        | 5.7        |
| 813 | CICHECKA Anna           | 3421  |                          | K40       | 61   | 00:00:26    | 02:30:49 | 04:45:16.45 | 04:45:42.80 | +02:31:57 | 10:33        | 5.7        |
| 814 | JĘDRYS Marta            | 3554  | BBM KIELCE/ ZABIEGANI    | K30       | 140  | 00:01:21    | 02:30:34 | 04:46:15.40 | 04:47:36.75 | +02:32:56 | 10:36        | 5.7        |
| 815 | CZEPIEC Agata           | 3292  |                          | K30       | 141  | 00:01:07    | 02:34:55 | 04:46:31.60 | 04:47:39.40 | +02:33:12 | 10:36        | 5.7        |
| 816 | KUCAB - KLICH Katarzyna | 3653  |                          | K30       | 142  | 00:01:23    | 02:26:58 | 04:47:17.80 | 04:48:41.65 | +02:33:58 | 10:38        | 5.6        |
| 817 | KARAŚ Robert            | 3395  | AXA RUNNING TEAM         | M30       | 266  | 00:01:28    | 02:40:33 | 04:47:18.35 | 04:48:46.75 | +02:33:59 | 10:38        | 5.6        |
| 818 | MIKULAK Jakub           | 3936  |                          | M30       | 267  | 00:00:27    | 02:19:31 | 04:47:40.85 | 04:48:08.40 | +02:34:21 | 10:39        | 5.6        |
| 819 | FABIANOWICZ Przemysław  | 3041  |                          | M30       | 268  | 00:01:04    | 02:22:40 | 04:48:00.60 | 04:49:05.20 | +02:34:41 | 10:40        | 5.6        |
| 820 | TOMASZEWSKA Magda       | 3398  |                          | K30       | 143  | 00:00:40    | 02:34:30 | 04:48:07.45 | 04:48:47.75 | +02:34:48 | 10:40        | 5.6        |
| 821 | WEŁPA Katarzyna         | 3786  |                          | K40       | 62   | 00:00:47    | 02:28:33 | 04:48:08.45 | 04:48:56.40 | +02:34:49 | 10:40        | 5.6        |
| 822 | STARZYŃSKA Marta        | 3509  | PERFECT RUNNER LUBLIN    | K40       | 63   | 00:00:41    | 02:30:31 | 04:48:16.90 | 04:48:58.80 | +02:34:57 | 10:40        | 5.6        |

| Msc | Zawodnik                        | Numer | Klub                   | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|---------------------------------|-------|------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 823 | MATAREWICZ-WIAK Maryna          | 3223  | TASOWANIE              | K30       | 144  | 00:01:20    | 02:21:15 | 04:48:31.90     | 04:49:52.10      | +02:35:12 | 10:41        | 5.6        |
| 824 | DEJA Andrzej                    | 3061  |                        | M50       | 33   | 00:00:58    | 02:14:49 | 04:48:52.10     | 04:49:50.85      | +02:35:32 | 10:41        | 5.6        |
| 825 | KOPICZKO Mariusz                | 4021  |                        | M20       | 93   | 00:00:25    | 02:20:18 | 04:48:58.85     | 04:49:23.90      | +02:35:39 | 10:42        | 5.6        |
| 826 | POLISHCHUK Mariya               | 3045  |                        | K20       | 61   | 00:00:24    | 02:20:17 | 04:48:59.55     | 04:49:24.05      | +02:35:40 | 10:42        | 5.6        |
| 827 | KOTLIŃSKI Łukasz                | 3739  |                        | M20       | 94   | 00:00:48    | 02:21:44 | 04:49:32.45     | 04:50:21.00      | +02:36:13 | 10:43        | 5.6        |
| 828 | ŁUKASZEWSKI Szymon              | 3228  | RUN EXPERT LEJDIS      | M40       | 149  | 00:01:20    | 02:26:49 | 04:49:43.65     | 04:51:04.20      | +02:36:24 | 10:43        | 5.6        |
| 829 | DOWLASZEWICZ Małgorzata         | 3764  |                        | K30       | 145  | 00:01:24    | 02:32:00 | 04:49:58.20     | 04:51:22.35      | +02:36:38 | 10:44        | 5.6        |
| 830 | KOZŁOWSKA Anna                  | 3571  | VEGE RUNNERS           | K20       | 62   | 00:01:17    | 02:33:03 | 04:50:10.75     | 04:51:27.90      | +02:36:51 | 10:44        | 5.6        |
| 831 | MATRASZEK Jakub                 | 3562  | VEGE RUNNERS           | M30       | 269  | 00:01:16    | 02:33:05 | 04:50:11.00     | 04:51:27.90      | +02:36:51 | 10:44        | 5.6        |
| 832 | MINIUR Małgorzata               | 3152  | BIEGNĘ                 | K40       | 64   | 00:01:01    | 02:30:39 | 04:50:13.40     | 04:51:14.95      | +02:36:54 | 10:44        | 5.6        |
| 833 | NOSAL Hanna                     | 3214  | BIEGNĘ                 | K30       | 146  | 00:01:01    | 02:30:39 | 04:50:13.90     | 04:51:15.55      | +02:36:54 | 10:44        | 5.6        |
| 834 | GIURG Grzegorz                  | 3454  |                        | M30       | 270  | 00:01:13    | 02:30:59 | 04:50:32.05     | 04:51:45.10      | +02:37:12 | 10:45        | 5.6        |
| 835 | ZAWADZKA Marzena                | 4060  | 4RUN TEAM PIŁA         | K40       | 65   | 00:01:04    | 02:32:32 | 04:50:42.95     | 04:51:47.85      | +02:37:23 | 10:46        | 5.6        |
| 836 | MAGER Bartosz                   | 3438  |                        | M40       | 150  | 00:01:26    | 02:21:33 | 04:50:49.55     | 04:52:15.60      | +02:37:30 | 10:46        | 5.6        |
| 837 | KARBARZ Filip                   | 3255  |                        | M40       | 151  | 00:01:26    | 02:21:35 | 04:50:49.75     | 04:52:16.15      | +02:37:30 | 10:46        | 5.6        |
| 838 | PAJĄK Karolina                  | 3865  | PUSZCZYK BUKOWY        | K30       | 147  | 00:00:22    | 02:43:41 | 04:50:52.45     | 04:51:14.75      | +02:37:33 | 10:46        | 5.6        |
| 839 | MOŹDŻONEK Anna                  | 3294  |                        | K30       | 148  | 00:01:30    | 02:30:26 | 04:50:54.00     | 04:52:24.00      | +02:37:34 | 10:46        | 5.6        |
| 840 | KLISZ Agnieszka                 | 3595  | CROSSFIT LUBLIN        | K30       | 149  | 00:01:24    | 02:31:55 | 04:51:05.55     | 04:52:30.50      | +02:37:46 | 10:46        | 5.6        |
| 841 | BARCZAK Sylwia                  | 4032  | PERFECT RUNNER LUBLIN  | K30       | 150  | 00:00:59    | 02:36:44 | 04:51:28.15     | 04:52:28.05      | +02:38:08 | 10:47        | 5.6        |
| 842 | KAPUSTA Grzegorz                | 3715  | SM RYKI                | M50       | 34   | 00:00:43    | 02:25:09 | 04:52:30.65     | 04:53:14.30      | +02:39:11 | 10:50        | 5.5        |
| 843 | KĘPKA Robert                    | 3201  | BIEGUSIEM.PL           | M30       | 271  | 00:00:42    | 02:25:11 | 04:52:31.80     | 04:53:14.30      | +02:39:12 | 10:50        | 5.5        |
| 844 | SZWEDA-LEWANDOWSKA Zofia        | 3770  |                        | K30       | 151  | 00:00:35    | 02:30:21 | 04:52:38.60     | 04:53:14.35      | +02:39:19 | 10:50        | 5.5        |
| 845 | JAWOROWICZ Tomasz               | 3397  | KALIŃSKA TEAM          | M30       | 272  | 00:01:36    | 02:32:20 | 04:53:41.50     | 04:55:18.00      | +02:40:22 | 10:52        | 5.5        |
| 846 | JABŁKIEWICZ Rafał               | 4051  |                        | M30       | 273  | 00:01:32    | 02:44:50 | 04:53:49.25     | 04:55:22.05      | +02:40:29 | 10:52        | 5.5        |
| 847 | AURZECKI Łukasz                 | 3182  |                        | M30       | 274  | 00:01:35    | 02:39:24 | 04:54:22.80     | 04:55:58.75      | +02:41:03 | 10:54        | 5.5        |
| 848 | KRAKOWSKA - TWORZYDŁO Katarzyna | 3529  | NIGHT RUNNERS KRAKÓW   | K40       | 66   | 00:00:53    | 02:40:22 | 04:54:27.30     | 04:55:20.30      | +02:41:08 | 10:54        | 5.5        |
| 849 | TWORZYDŁO Paweł                 | 3560  |                        | M40       | 152  | 00:00:52    | 02:40:37 | 04:54:27.55     | 04:55:20.50      | +02:41:08 | 10:54        | 5.5        |
| 850 | WIKTOREK Jadwiga                | 3873  | ŁÓDŹ RUNNING TEAM      | K60       | 2    | 00:00:37    | 02:28:58 | 04:54:28.20     | 04:55:05.60      | +02:41:08 | 10:54        | 5.5        |
| 851 | JAKUBOWSKI Piotr                | 3287  | DZIKIE GRUBASY SZATANA | M20       | 95   | 00:01:37    | 02:39:22 | 04:54:28.75     | 04:56:05.75      | +02:41:09 | 10:54        | 5.5        |
| 852 | PAWELEC Andrzej                 | 3872  | NIEZRZESZONY           | M50       | 35   | 00:00:37    | 02:28:59 | 04:54:30.20     | 04:55:07.75      | +02:41:10 | 10:54        | 5.5        |
| 853 | DYKMAN Małgorzata               | 3804  | PILATES POWER          | K20       | 63   | 00:01:17    | 02:36:41 | 04:55:09.50     | 04:56:26.85      | +02:41:50 | 10:55        | 5.5        |
| 854 | KOSTRZEWA Elwira                | 3401  | PZU SPORT TEAM         | K40       | 67   | 00:00:48    | 02:33:41 | 04:55:24.50     | 04:56:13.20      | +02:42:05 | 10:56        | 5.5        |
| 855 | BAK Andrzej                     | 3576  | BOOT CAMP POLSKA       | M40       | 153  | 00:00:55    | 02:30:46 | 04:55:31.00     | 04:56:26.90      | +02:42:11 | 10:56        | 5.5        |
| 856 | ŚLUSARSKA Włodzimierz           | 3773  |                        | M50       | 36   | 00:01:23    | 02:11:44 | 04:55:37.80     | 04:57:01.50      | +02:42:18 | 10:56        | 5.5        |
| 857 | POSIŁA Joanna                   | 3856  | POLSKA                 | K30       | 152  | 00:01:06    | 02:35:08 | 04:55:53.30     | 04:56:59.65      | +02:42:34 | 10:57        | 5.5        |
| 858 | BORKOWSKI Mariusz               | 3677  |                        | M40       | 154  | 00:00:36    | 02:19:20 | 04:55:54.05     | 04:56:30.80      | +02:42:34 | 10:57        | 5.5        |
| 859 | SZOŁTYSEK Beata                 | 3546  |                        | K40       | 68   | 00:02:26    | 02:40:23 | 04:56:02.30     | 04:58:29.15      | +02:42:43 | 10:57        | 5.5        |
| 860 | ŻYWIECKI Szymon                 | 3803  |                        | M30       | 275  | 00:00:32    | 02:35:40 | 04:56:03.60     | 04:56:36.10      | +02:42:44 | 10:57        | 5.5        |
| 861 | SZOŁTYSEK Wojciech              | 3558  |                        | M40       | 155  | 00:02:23    | 02:40:26 | 04:56:05.80     | 04:58:28.90      | +02:42:46 | 10:57        | 5.5        |
| 862 | NIZIOŁEK Marek                  | 3747  | DAMY RADE              | M40       | 156  | 00:01:16    | 02:36:38 | 04:56:06.80     | 04:57:23.20      | +02:42:47 | 10:58        | 5.5        |
| 863 | NIZIOŁEK Gabriela               | 3744  | DAMY RADE              | K30       | 153  | 00:01:16    | 02:36:56 | 04:56:06.95     | 04:57:23.05      | +02:42:47 | 10:58        | 5.5        |
| 864 | GRANICA Dani                    | 3303  | VIRTUAL RUNNER CLUB    | K40       | 69   | 00:00:24    | 02:35:11 | 04:56:10.10     | 04:56:34.70      | +02:42:50 | 10:58        | 5.5        |
| 865 | JODKO Magda                     | 3158  |                        | K40       | 70   | 00:00:24    | 02:39:01 | 04:56:10.55     | 04:56:35.00      | +02:42:51 | 10:58        | 5.5        |
| 866 | IGNASZEWSKI Przemysław          | 3568  |                        | M30       | 276  | 00:00:24    | 02:39:09 | 04:56:10.60     | 04:56:34.80      | +02:42:51 | 10:58        | 5.5        |

| Msc | Zawodnik                  | Numer | Klub                   | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 867 | MAŃKOWSKI Krzysztof       | 3241  | 12TRI.PL MAKERUNEASIER | M30       | 277  | 00:00:23    | 02:39:01 | 04:56:11.10     | 04:56:35.00      | +02:42:51 | 10:58        | 5.5        |
| 868 | HEJMAN Maciej             | 4005  | WKURW_TEAM             | M40       | 157  | 00:01:02    | 02:23:59 | 04:56:45.30     | 04:57:47.90      | +02:43:26 | 10:59        | 5.5        |
| 869 | FIUK Krzysztof            | 3436  | BIJ                    | M50       | 37   | 00:01:21    | 02:36:38 | 04:56:55.95     | 04:58:17.40      | +02:43:36 | 10:59        | 5.5        |
| 870 | SADZA Adrianna            | 3689  |                        | K30       | 154  | 00:01:21    | 02:35:23 | 04:56:56.15     | 04:58:17.50      | +02:43:36 | 10:59        | 5.5        |
| 871 | ZIÓŁEK Teresa             | 4042  | BANDA GRUDNIA          | K50       | 7    | 00:01:24    | 02:38:36 | 04:57:53.15     | 04:59:17.75      | +02:44:33 | 11:01        | 5.4        |
| 872 | NAGAŃSKA-PILAK Małgorzata | 3293  |                        | K50       | 8    | 00:01:13    | 02:40:21 | 04:58:06.00     | 04:59:19.60      | +02:44:46 | 11:02        | 5.4        |
| 872 | PILAK Zbigniew            | 3291  |                        | M50       | 38   | 00:01:13    | 02:40:22 | 04:58:06.00     | 04:59:19.75      | +02:44:46 | 11:02        | 5.4        |
| 874 | KAYYALI Mira              | 4028  |                        | K20       | 64   | 00:00:59    | 02:29:50 | 04:58:20.50     | 04:59:19.50      | +02:45:01 | 11:02        | 5.4        |
| 875 | MAJOS Małgorzata          | 3991  |                        | K40       | 71   | 00:01:20    | 02:28:49 | 04:58:29.65     | 04:59:50.20      | +02:45:10 | 11:03        | 5.4        |
| 876 | WRÓBLEWSKA Joanna         | 3904  | OTK RZEŹNIK            | K60       | 3    | 00:01:42    | 02:39:38 | 04:58:40.45     | 05:00:23.35      | +02:45:21 | 11:03        | 5.4        |
| 877 | FURMAN Agnieszka          | 3053  |                        | K30       | 155  | 00:01:13    | 02:41:38 | 04:59:10.00     | 05:00:23.80      | +02:45:50 | 11:04        | 5.4        |
| 878 | JANICKA Aneta             | 3486  | PRO-RUN WROCŁAW        | K40       | 72   | 00:01:40    | 02:36:58 | 04:59:16.10     | 05:00:57.05      | +02:45:56 | 11:05        | 5.4        |
| 879 | MIROCHA Michał            | 3351  | NIGHT RUNNERS          | M30       | 278  | 00:01:09    | 02:31:04 | 04:59:26.25     | 05:00:35.45      | +02:46:06 | 11:05        | 5.4        |
| 880 | KARPIŃSKI Paweł           | 3755  |                        | M30       | 279  | 00:01:38    | 02:39:21 | 05:00:11.30     | 05:01:49.80      | +02:46:52 | 11:07        | 5.4        |
| 881 | GAŚIOROWSKA Dorota        | 3078  | WARSZAWA               | K40       | 73   | 00:01:24    | 02:40:21 | 05:00:25.85     | 05:01:50.55      | +02:47:06 | 11:07        | 5.4        |
| 882 | MĄCZKA Krystyna           | 3003  | OTK RZEŹNIK            | K60       | 4    | 00:00:46    | 02:39:27 | 05:01:03.20     | 05:01:49.65      | +02:47:43 | 11:09        | 5.4        |
| 883 | CYWIŃSKI Bartłomiej       | 3396  | PRO-RUN WROCŁAW        | M30       | 280  | 00:01:41    | 02:36:58 | 05:01:43.30     | 05:03:24.45      | +02:48:24 | 11:10        | 5.4        |
| 884 | TURCZANIK Aneta           | 3411  |                        | K40       | 74   | 00:01:26    | 02:33:23 | 05:01:48.95     | 05:03:15.90      | +02:48:29 | 11:10        | 5.4        |
| 885 | PIKOR Agata               | 3427  | POLSKA                 | K40       | 75   | 00:01:26    | 02:33:21 | 05:01:49.05     | 05:03:15.90      | +02:48:29 | 11:10        | 5.4        |
| 886 | TWARDOSZ Maja             | 3566  |                        | K40       | 76   | 00:01:03    | 02:39:29 | 05:02:12.05     | 05:03:15.25      | +02:48:52 | 11:11        | 5.4        |
| 887 | BAUMANN-POPCZYK Anna      | 3311  |                        | K30       | 156  | 00:01:00    | 02:39:08 | 05:02:23.45     | 05:03:23.65      | +02:49:04 | 11:11        | 5.4        |
| 888 | TABAT Leszek              | 3222  |                        | M30       | 281  | 00:00:59    | 02:38:19 | 05:02:27.15     | 05:03:26.75      | +02:49:07 | 11:12        | 5.4        |
| 889 | KOZICKI Paweł             | 3179  |                        | M30       | 282  | 00:01:35    | 02:39:03 | 05:03:04.65     | 05:04:40.10      | +02:49:45 | 11:13        | 5.3        |
| 890 | JAWORSKI Bartłomiej       | 3559  | BOOT CAMP POLSKA       | M20       | 96   | 00:00:55    | 02:31:13 | 05:03:51.95     | 05:04:47.45      | +02:50:32 | 11:15        | 5.3        |
| 891 | BINIAŚ -PASTUSIAK Anna    | 3067  |                        | K30       | 157  | 00:00:42    | 02:39:22 | 05:04:01.70     | 05:04:43.80      | +02:50:42 | 11:15        | 5.3        |
| 892 | BRONOWICKA Dorota         | 3510  |                        | K20       | 65   | 00:00:31    | 02:20:18 | 05:04:14.40     | 05:04:45.40      | +02:50:55 | 11:16        | 5.3        |
| 893 | DECZKOWSKI Dariusz        | 3530  | METRO WARSZAWSKIE      | M40       | 158  | 00:01:19    | 02:43:30 | 05:04:29.10     | 05:05:48.80      | +02:51:09 | 11:16        | 5.3        |
| 894 | PIOTROWSKA Urszula        | 3726  |                        | K30       | 158  | 00:01:26    | 02:44:41 | 05:04:41.70     | 05:06:08.15      | +02:51:22 | 11:17        | 5.3        |
| 895 | SZYSZKA Monika            | 3975  | TRUCHTACZ.PL           | K40       | 77   | 00:01:26    | 02:44:41 | 05:04:45.80     | 05:06:12.00      | +02:51:26 | 11:17        | 5.3        |
| 896 | ŁOSIEWICZ Anna            | 3662  | MORENKA TEAM           | K30       | 159  | 00:00:53    | 02:32:28 | 05:04:59.05     | 05:05:52.90      | +02:51:39 | 11:17        | 5.3        |
| 897 | KASPRZAK Beata            | 3123  | RUN EXPERT LEJDIS      | K40       | 78   | 00:00:22    | 02:43:37 | 05:05:03.85     | 05:05:26.45      | +02:51:44 | 11:17        | 5.3        |
| 898 | MZYK Fabian               | 3312  | BBL MIKOŁÓW            | M40       | 159  | 00:00:53    | 02:31:49 | 05:05:05.75     | 05:05:59.65      | +02:51:46 | 11:18        | 5.3        |
| 899 | MIERZEJEWSKI Jacek        | 4023  | AMATOR                 | M40       | 160  | 00:00:39    | 02:38:58 | 05:06:18.50     | 05:06:58.05      | +02:52:59 | 11:20        | 5.3        |
| 900 | GORGOL Renata             | 3515  | RUN BYDGOSZCZ          | K40       | 79   | 00:00:56    | 02:36:35 | 05:06:35.60     | 05:07:31.70      | +02:53:16 | 11:21        | 5.3        |
| 901 | CIECIERA Paweł            | 3011  | PRZELAJOWIEC.PL        | M40       | 161  | 00:01:29    | 02:37:26 | 05:07:17.55     | 05:08:46.95      | +02:53:58 | 11:22        | 5.3        |
| 902 | CIECIERA Aneta            | 3955  | PRZELAJOWIEC.PL        | K40       | 80   | 00:01:29    | 02:37:25 | 05:07:17.75     | 05:08:47.15      | +02:53:58 | 11:22        | 5.3        |
| 903 | ŚWIECZKOWSKI Wiesław      | 3757  |                        | M30       | 283  | 00:00:57    | 02:37:11 | 05:07:27.10     | 05:08:25.00      | +02:54:07 | 11:23        | 5.3        |
| 904 | BALCERZAK Krysia          | 3202  |                        | K50       | 9    | 00:01:41    | 02:42:20 | 05:07:36.40     | 05:09:17.60      | +02:54:17 | 11:23        | 5.3        |
| 905 | SOZYNSKA Edyta            | 3399  |                        | K40       | 81   | 00:01:38    | 02:42:19 | 05:07:38.40     | 05:09:17.30      | +02:54:19 | 11:23        | 5.3        |
| 906 | WIŚNIEWSKI Paweł          | 3240  | NIGHT RUNNERS GLIWICE  | M20       | 97   | 00:01:15    | 02:20:08 | 05:08:20.20     | 05:09:35.40      | +02:55:00 | 11:25        | 5.3        |
| 907 | CABAJ Rafał               | 3736  | BIEGUSIEM.PL           | M30       | 284  | 00:01:32    | 02:29:11 | 05:08:39.05     | 05:10:11.10      | +02:55:19 | 11:25        | 5.2        |
| 908 | ZAMIATOWSKA Kinga         | 3585  | RUN BYDGOSZCZ          | K30       | 160  | 00:00:16    | 02:34:22 | 05:08:56.40     | 05:09:12.80      | +02:55:37 | 11:26        | 5.2        |
| 909 | KONOPIŃSKA Agnieszka      | 3466  | RUN BYDGOSZCZ          | K30       | 161  | 00:00:16    | 02:34:32 | 05:08:56.70     | 05:09:12.70      | +02:55:37 | 11:26        | 5.2        |
| 910 | BASARAB Grzegorz          | 3496  |                        | M40       | 162  | 00:00:17    | 02:18:53 | 05:08:57.80     | 05:09:15.45      | +02:55:38 | 11:26        | 5.2        |

| Msc | Zawodnik                    | Numer | Klub                            | Kategoria | Mkat | Czas startu | 14km     | Czas netto 27km | Czas brutto 27km | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------|---------------------------------|-----------|------|-------------|----------|-----------------|------------------|-----------|--------------|------------|
| 911 | GADOMSKA Martyna            | 3058  | BRAK                            | K30       | 162  | 00:00:46    | 02:43:23 | 05:09:28.55     | 05:10:14.65      | +02:56:09 | 11:27        | 5.2        |
| 912 | SANKOWSKA Anna              | 3181  |                                 | K20       | 66   | 00:00:45    | 02:43:25 | 05:09:31.80     | 05:10:17.70      | +02:56:12 | 11:27        | 5.2        |
| 913 | SZACHNOWSKA Justyna         | 3210  | ALBATROSY                       | K30       | 163  | 00:01:11    | 02:39:06 | 05:11:12.35     | 05:12:23.75      | +02:57:53 | 11:31        | 5.2        |
| 914 | GURECZNY Krzysztof          | 3283  | ALBATROSY                       | M30       | 285  | 00:01:11    | 02:39:06 | 05:11:12.45     | 05:12:24.05      | +02:57:53 | 11:31        | 5.2        |
| 915 | MIKOŁAJCZEWSKI Krzysztof    | 3211  |                                 | M30       | 286  | 00:00:57    | 02:43:54 | 05:11:35.85     | 05:12:33.15      | +02:58:16 | 11:32        | 5.2        |
| 916 | SKOCZYLAS Artur             | 4037  | WIĄZOWNA                        | M40       | 163  | 00:01:31    | 02:37:48 | 05:11:42.35     | 05:13:14.00      | +02:58:23 | 11:32        | 5.2        |
| 917 | RATKA Roma                  | 3056  | CALYPSO PIŁA                    | K30       | 164  | 00:01:18    | 02:38:19 | 05:11:45.75     | 05:13:04.25      | +02:58:26 | 11:32        | 5.2        |
| 918 | MALEC Barbara               | 3373  |                                 | K50       | 10   | 00:01:24    | 02:31:05 | 05:12:33.00     | 05:13:57.65      | +02:59:13 | 11:34        | 5.2        |
| 919 | LIPIŃSKA Żaneta             | 3748  | AKADEMIA BIEGANIA GRUDZIĄDZ     | K40       | 82   | 00:01:12    | 02:39:11 | 05:12:56.35     | 05:14:09.25      | +02:59:37 | 11:35        | 5.2        |
| 920 | KUCHARCZYK Radosław         | 3549  |                                 | M30       | 287  | 00:01:06    | 02:45:13 | 05:13:05.10     | 05:14:11.15      | +02:59:45 | 11:35        | 5.2        |
| 921 | REJENT Bartosz              | 3545  |                                 | M30       | 288  | 00:01:06    | 02:45:12 | 05:13:11.70     | 05:14:17.85      | +02:59:52 | 11:35        | 5.2        |
| 922 | BALCEWICZ Marcin            | 3212  | CALYPSO PIŁA                    | M30       | 289  | 00:01:17    | 02:43:20 | 05:13:24.40     | 05:14:42.15      | +03:00:05 | 11:36        | 5.2        |
| 923 | SIERAKOWSKA Małgorzata      | 3085  | CALYPSO                         | K50       | 11   | 00:01:18    | 02:38:19 | 05:14:27.60     | 05:15:45.90      | +03:01:08 | 11:38        | 5.2        |
| 924 | WYSZYŃSKA Małgorzata        | 4017  |                                 | K50       | 12   | 00:01:03    | 02:47:04 | 05:16:19.10     | 05:17:22.30      | +03:02:59 | 11:42        | 5.1        |
| 925 | SADOWIŃSKA Adriana          | 3167  | POKOJOWY PATROL                 | K40       | 83   | 00:00:33    | 02:46:34 | 05:16:27.55     | 05:17:01.15      | +03:03:08 | 11:43        | 5.1        |
| 926 | STASIAK Waldemar            | 3092  |                                 | M40       | 164  | 00:00:59    | 02:47:04 | 05:16:36.25     | 05:17:35.50      | +03:03:16 | 11:43        | 5.1        |
| 927 | MIŁOSZ Maria                | 3170  |                                 | K20       | 67   | 00:00:39    | 02:49:50 | 05:16:55.75     | 05:17:34.95      | +03:03:36 | 11:44        | 5.1        |
| 928 | BAZIUK Aneta                | 3204  | CALYPSO PIŁA                    | K30       | 165  | 00:01:18    | 02:31:50 | 05:19:10.75     | 05:20:29.25      | +03:05:51 | 11:49        | 5.1        |
| 929 | SABATOWSKA Magda            | 3410  |                                 | K40       | 84   | 00:00:40    | 02:42:11 | 05:19:48.60     | 05:20:29.55      | +03:06:29 | 11:50        | 5.1        |
| 930 | RYMON Paweł                 | 3168  | CALYPSO PIŁA                    | M30       | 290  | 00:01:18    | 02:52:25 | 05:21:14.60     | 05:22:33.00      | +03:07:55 | 11:53        | 5          |
| 931 | ROZMARYNOWSKI Przemek       | 3177  | CALYPSO                         | M20       | 98   | 00:01:18    | 02:44:53 | 05:21:21.80     | 05:22:39.95      | +03:08:02 | 11:54        | 5          |
| 932 | LECH Lesław                 | 3876  | DALEKO PONAD SOLINĄ             | M30       | 291  | 00:01:22    | 02:34:55 | 05:21:32.05     | 05:22:54.60      | +03:08:12 | 11:54        | 5          |
| 933 | ROKITA Marek                | 3140  | PARKRUN CHRZANÓW                | M50       | 39   | 00:01:39    | 02:53:57 | 05:24:09.65     | 05:25:49.55      | +03:10:50 | 12:00        | 5          |
| 934 | SKRZYNIARZ Luiza            | 3074  |                                 | K50       | 13   | 00:01:39    | 02:54:02 | 05:24:10.25     | 05:25:49.30      | +03:10:50 | 12:00        | 5          |
| 935 | SĘKOWSKA Dorota             | 4041  | STOWARZYSZENIE MARATON LUBELSKI | K30       | 166  | 00:01:15    | 02:48:23 | 05:26:18.45     | 05:27:34.15      | +03:12:59 | 12:05        | 5          |
| 936 | ZAREMBA Andrzej             | 3369  | AXA RUNNING TEAM                | M20       | 99   | 00:01:28    | 02:49:44 | 05:26:21.05     | 05:27:49.45      | +03:13:01 | 12:05        | 5          |
| 937 | JANAS Edyta                 | 3112  | IM                              | K40       | 85   | 00:00:51    | 02:59:23 | 05:26:31.60     | 05:27:22.95      | +03:13:12 | 12:05        | 5          |
| 938 | SŁOWIŃSKA Karolina          | 3022  | IM                              | K30       | 167  | 00:00:51    | 02:51:07 | 05:26:31.80     | 05:27:23.00      | +03:13:12 | 12:05        | 5          |
| 939 | ZAWAL Patrycja              | 3038  |                                 | K30       | 168  | 00:00:33    | 02:40:32 | 05:27:02.10     | 05:27:35.25      | +03:13:42 | 12:06        | 5          |
| 940 | ROGOWSKA-ROSZCZYK Magdalena | 3310  | OLSZTYŃSKIE USTAWKI BIEGOWE     | K30       | 169  | 00:00:23    | 02:45:35 | 05:27:14.95     | 05:27:38.90      | +03:13:55 | 12:07        | 5          |
| 941 | SZCZEPANIAK Lucyna          | 3100  | CALYPSO PIŁA                    | K40       | 86   | 00:01:18    | 02:49:16 | 05:27:44.45     | 05:29:03.20      | +03:14:25 | 12:08        | 4.9        |
| 942 | POWIERŻA Adrian             | 3137  | KOTEŁ TEAM                      | M20       | 100  | 00:00:48    | 02:17:37 | 05:28:10.65     | 05:28:59.20      | +03:14:51 | 12:09        | 4.9        |
| 943 | JASIŃSKA Justyna            | 3147  | KOTEŁ TEAM                      | K20       | 68   | 00:00:48    | 02:17:38 | 05:28:11.10     | 05:28:59.35      | +03:14:51 | 12:09        | 4.9        |
| 944 | SNARSKA Katarzyna           | 4012  | SPARTANIE DZIECIOM              | K30       | 170  | 00:00:14    | 02:47:59 | 05:28:18.15     | 05:28:32.80      | +03:14:58 | 12:09        | 4.9        |
| 945 | RYBAŁTOWSKI Mirosław        | 3982  |                                 | Mężczyźni | 2    | 00:00:15    | 02:48:06 | 05:28:18.45     | 05:28:34.05      | +03:14:59 | 12:09        | 4.9        |
| 946 | KARPIŃSKI Robert            | 3898  | SPARTANIE DZIECIOM              | M40       | 165  | 00:00:16    | 02:49:28 | 05:28:18.65     | 05:28:34.90      | +03:14:59 | 12:09        | 4.9        |
| 947 | KOWALEWSKA Dorota           | 3825  | SPARTANIE DZIECIOM              | K40       | 87   | 00:00:14    | 02:49:10 | 05:28:18.75     | 05:28:33.45      | +03:14:59 | 12:09        | 4.9        |
| 948 | LEŚNIEWSKI Michał           | 3989  | SPARTANIE DZIECIOM              | M40       | 166  | 00:00:11    | 02:49:11 | 05:28:19.25     | 05:28:31.00      | +03:14:59 | 12:09        | 4.9        |
| 949 | SYPNIEWSKA Hanna            | 3282  | SPARTANIE DZIECIOM              | K60       | 5    | 00:00:12    | 02:44:30 | 05:28:19.60     | 05:28:32.30      | +03:15:00 | 12:09        | 4.9        |
| 950 | KĘCIK Janusz                | 3889  | SPARTANIE DZIECIOM              | M60       | 8    | 00:00:13    | 02:49:21 | 05:28:22.20     | 05:28:35.60      | +03:15:02 | 12:09        | 4.9        |
| 951 | POBŁOCKI Jan                | 3281  | SPARTANIE DZIECIOM              | M50       | 40   | 00:00:17    | 02:45:55 | 05:28:22.85     | 05:28:40.10      | +03:15:03 | 12:09        | 4.9        |
| 952 | GAŁĘZIAK Grzegorz           | 3890  | SPARTANIE DZIECIOM              | M40       | 167  | 00:00:10    |          | 05:28:30.15     | 05:28:40.85      | +03:15:10 | 12:10        | 4.9        |
| 953 | WOJCIECHOWSKI Michał        | 3956  | SPARTANIE DZIECIOM              | M40       | 168  | 00:00:11    |          | 05:28:30.25     | 05:28:41.45      | +03:15:10 | 12:10        | 4.9        |
| 954 | KAJAK Anna                  | 3738  | TRUCHTACZ.PL                    | K20       | 69   | 00:00:52    | 02:47:16 | 05:28:40.00     | 05:29:32.50      | +03:15:20 | 12:10        | 4.9        |

| Msc | Zawodnik                       | Numer       | Klub  | Kategoria | Mkat | Czas startu | 14km         | Czas netto 27km    | Czas brutto 27km   | Różn      | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|---|-----------|------|-------------|--------------|--------------------|--------------------|-----------|--------------|------------|
| 955 | <b>G Maciej</b>                | <b>3830</b> | SPARTANIE DZIECIOM                              | M30       | 292  | 00:00:13    | 02:51:18     | <b>05:28:52.75</b> | <b>05:29:06.70</b> | +03:15:33 | 12:10        | 4.9        |
| 956 | <b>MARONOEEL Katarzyna</b>     | <b>3230</b> | SILESIA RUNNING TEAM / FESTIWAL BIEGÓW          | K30       | 171  | 00:00:33    | 02:44:31     | <b>05:28:59.20</b> | <b>05:29:32.95</b> | +03:15:39 | 12:11        | 4.9        |
| 957 | <b>CHOJNOWSKA Monika</b>       | <b>3338</b> | RUNNERSCLUB WARSZAWA/BIEGAM BO LUBIĘ ZĄBKI TEAM | K20       | 70   | 00:00:47    | 02:49:02     | <b>05:30:40.65</b> | <b>05:31:28.05</b> | +03:17:21 | 12:14        | 4.9        |
| 958 | <b>MAZUR Klaudia</b>           | <b>3507</b> | MAZUR FAMILY                                    | K20       | 71   | 00:00:28    | 02:51:16     | <b>05:31:58.00</b> | <b>05:32:26.80</b> | +03:18:38 | 12:17        | 4.9        |
| 959 | <b>MAZUR Beata</b>             | <b>3501</b> | MAZUR FAMILY                                    | K40       | 88   | 00:00:29    | 02:51:15     | <b>05:32:49.05</b> | <b>05:33:18.45</b> | +03:19:29 | 12:19        | 4.9        |
| 960 | <b>KUKLIŃSKA Joanna</b>        | <b>3985</b> |   | K40       | 89   | 00:00:39    | 02:46:00     | <b>05:33:12.45</b> | <b>05:33:52.35</b> | +03:19:53 | 12:20        | 4.9        |
| 961 | <b>CHACIŃSKA Marta</b>         | <b>3261</b> | DZIKIE GRUBASY                                  | K30       | 172  | 00:01:37    | 02:39:20     | <b>05:33:54.95</b> | <b>05:35:32.60</b> | +03:20:35 | 12:22        | 4.9        |
| 962 | <b>CHACIŃSKI Marcin</b>        | <b>3260</b> | DZIKIE GRUBASY                                  | M30       | 293  | 00:01:37    | 02:39:20     | <b>05:33:55.55</b> | <b>05:35:32.65</b> | +03:20:36 | 12:22        | 4.9        |
| 963 | <b>WIŚNIEWSKA Ewela</b>        | <b>3327</b> | TRENERBIEGANIA.PL                               | K30       | 173  | 00:01:24    | 02:51:57     | <b>05:43:54.35</b> | <b>05:45:19.30</b> | +03:30:35 | 12:44        | 4.7        |
| 964 | <b>MAKOSA Konrad</b>           | <b>3790</b> | CROSSFIT ELEKTROMOC                             | M40       | 169  | 00:00:49    | 02:50:20     | <b>05:45:36.65</b> | <b>05:46:25.85</b> | +03:32:17 | 12:48        | 4.7        |
| 965 | <b>KUŻMA Maciej</b>            | <b>3550</b> |   | M40       | 170  | 00:01:01    | 02:45:03     | <b>05:48:31.10</b> | <b>05:49:32.35</b> | +03:35:11 | 12:54        | 4.6        |
| 966 | <b>BARANOWSKA-KUŻMA Monika</b> | <b>3561</b> |   | K40       | 90   | 00:01:00    | 02:45:03     | <b>05:48:31.45</b> | <b>05:49:32.40</b> | +03:35:12 | 12:54        | 4.6        |
| 967 | <b>WAŁEK Piotr</b>             | <b>3811</b> |   | M40       | 171  | 00:00:41    | 02:47:54     | <b>05:49:04.50</b> | <b>05:49:46.15</b> | +03:35:45 | 12:55        | 4.6        |
| 968 | <b>LABA Anna</b>               | <b>3932</b> | IM  | M30       | 294  | 00:00:52    | 02:59:26     | <b>05:55:14.55</b> | <b>05:56:07.00</b> | +03:41:55 | 13:09        | 4.6        |
| 969 | <b>ROSIĄK Agnieszka</b>        | <b>3697</b> | IM  | K30       | 174  | 00:00:50    | 02:59:25     | <b>05:55:16.45</b> | <b>05:56:07.15</b> | +03:41:57 | 13:09        | 4.6        |
| 970 | <b>ZAGROBELNA Magdalena</b>    | <b>3826</b> | DRUŻYNA SZPIKU                                  | K30       | 175  | 00:01:02    | 03:18:14     | <b>06:00:48.00</b> | <b>06:01:50.40</b> | +03:47:28 | 13:21        | 4.5        |
| 971 | <b>BORKOWSKA Ewa</b>           | <b>3681</b> |   | K60       | 6    | 00:01:33    | 03:17:43     | <b>06:01:16.90</b> | <b>06:02:50.35</b> | +03:47:57 | 13:22        | 4.5        |
| 972 | <b>SOT Lucjan</b>              | <b>3249</b> |   | M50       | 41   | 00:00:05    | 02:59:55     | <b>06:05:48.70</b> | <b>06:05:54.25</b> | +03:52:29 | 13:32        | 4.4        |
| 973 | <b>KUNA Katarzyna</b>          | <b>3641</b> | ROZBIEGANY SULEJÓWEK                            | K40       | 91   | 00:01:13    | 02:53:35     | <b>06:06:57.55</b> | <b>06:08:11.30</b> | +03:53:38 | 13:35        | 4.4        |
| 974 | <b>HILLER Jerzy</b>            | <b>3445</b> | PERFECT RUNNER LUBLIN                           | M60       | 9    | 00:01:25    | 02:48:55     | <b>06:10:27.90</b> | <b>06:11:53.65</b> | +03:57:08 | 13:43        | 4.4        |
| 975 | <b>PANCZENKO Kamil</b>         | <b>3609</b> |   | M20       | 101  | 00:00:57    | 03:08:16     | <b>06:19:21.60</b> | <b>06:20:19.20</b> | +04:06:02 | 14:03        | 4.3        |
| 976 | <b>CHAŁUPA Ola</b>             | <b>3060</b> | KLUB BIEGACZA GOCH                              | K40       | 92   | 00:01:27    | 03:02:28     | <b>06:20:41.15</b> | <b>06:22:08.95</b> | +04:07:21 | 14:05        | 4.3        |
| 977 | <b>CHAŁUPA Włodzimierz</b>     | <b>3130</b> | KLUB BIEGACZA GOCH                              | M30       | 295  | 00:01:27    | 03:02:29     | <b>06:20:41.55</b> | <b>06:22:08.75</b> | +04:07:22 | 14:05        | 4.3        |
| 978 | <b>LACHTERA Karolina</b>       | <b>3866</b> | KB SOBÓTKA                                      | K30       | 176  | 00:01:22    | 02:27:05     | <b>06:24:41.85</b> | <b>06:26:04.75</b> | +04:11:22 | 14:14        | 4.2        |
| 979 | <b>SKRZYPCZAK Marta</b>        | <b>3227</b> | RUN EXPERT LEJDIS                               | K30       | 177  | 00:00:28    | 03:19:55     | <b>06:27:50.50</b> | <b>06:28:19.10</b> | +04:14:31 | 14:21        | 4.2        |
| 980 | <b>KASPRZAK Magdalena</b>      | <b>3226</b> | RUN EXPERT LEJDIS                               | K40       | 93   | 00:00:27    | 03:19:41     | <b>06:27:51.50</b> | <b>06:28:19.20</b> | +04:14:32 | 14:21        | 4.2        |
|     | <b>MARCOL Wojciech</b>         | <b>4050</b> |   | M40       |      | DNF         | 02:44:50 DNF | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>ŁUBKOWSKI Adam</b>          | <b>4002</b> | POWERADE/KB WYSZKÓW                             | M40       |      | DNF         | 02:59:32 DNF | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>CZARNECKA Jolanta</b>       | <b>3648</b> |   | K40       |      | DNF         | 03:06:52 DNF | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>SKOCZYŁAS Małgorzata</b>    | <b>3229</b> |   | K40       |      | DNF         | 03:07:14 DNF | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>JANIĆKA Katarzyna</b>       | <b>3801</b> |   | K30       |      | DNF         | 03:16:11 DNF | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>KOZAR Wojciech</b>          | <b>3763</b> |   | M40       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>FABIŃSKI Maciej</b>         | <b>4044</b> | VRC   | M20       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>MIŚKIEWICZ Magdalena</b>    | <b>3499</b> | CITYRULERS SZCZECIN                             | K30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>ADAMI Gabriele</b>          | <b>3771</b> |   | M30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>KOCZUŁA Justyna</b>         | <b>3273</b> |   | K30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>HYDZIK Łukasz</b>           | <b>3516</b> |   | M30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>STRZELECKI Artur</b>        | <b>3651</b> |   | M50       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>PĘKACKI Robert</b>          | <b>3356</b> |   | M30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>WOŹNY Łukasz</b>            | <b>3913</b> |   | M30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>MARCINIAK Anna</b>          | <b>3333</b> |   | K30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>KWIATKOWSKI Marek</b>       | <b>4040</b> |   | M40       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>PÓŁTORAK Katarzyna</b>      | <b>3497</b> |   | K30       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |
|     | <b>HOLOVIN Hanna</b>           | <b>3290</b> |   | K40       |      | DNF         | DNF          | <b>DNF</b>         | <b>DNF</b>         | -         | -            | -          |

| Msc | Zawodnik                         | Numer       | Klub            | Kategoria | Mkat | Czas startu | 14km | Czas netto 27km | Czas brutto 27km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|-------------|-----------------|-----------|------|-------------|------|-----------------|------------------|------|--------------|------------|
|     | <b>WIATER Krzysztof</b>          | <b>3870</b> |                 | M40       |      | DNF         | DNF  | <b>DNF</b>      | <b>DNF</b>       |      | -            | -          |
|     | <b>ORNATOWSKI Michał</b>         | <b>3388</b> |                 | M30       |      | DNF         | DNF  | <b>DNF</b>      | <b>DNF</b>       |      | -            | -          |
|     | <b>KRUSZEWSKA-SENK Agnieszka</b> | <b>3464</b> | OBOZYBIEGOWE.PL | K30       |      | DNF         | DNF  | <b>DNF</b>      | <b>DNF</b>       |      | -            | -          |
|     | <b>MICHALSKA Anna</b>            | <b>3778</b> |                 | K30       |      | DNF         | DNF  | <b>DNF</b>      | <b>DNF</b>       |      | -            | -          |

Znaleziono 1002 wynik(ów)