

BIEG RZEŹNICZEK

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-06-06
Miejsce: Solinka - Cisna
Dystans: 27 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
1	WINIARSKA Katarzyna	777	PRZEMYSKI KLUB BIEGACZA	K30	1	01:25:06	02:45:22.10	02:45:22.10		6:07	9.8 (100%)
2	PRZEŹDZIECKA Katarzyna	148	SMASHING PĄPKINS	K30	2	01:33:26	02:59:18.00	02:59:18.00	+00:13:55 (7.8%)	6:38	9 (91.8%)
3	MĄDZIK Aleksandra	92	ALBATROSY	K30	3	01:33:36	03:03:56.00	03:03:56.00	+00:18:33 (10.1%)	6:48	8.8 (89.8%)
4	ZWIERZYŃSKA Małgorzata	125	ORTOREH	K30	4	01:37:47	03:09:57.15	03:09:57.15	+00:24:35 (12.9%)	7:02	8.5 (86.7%)
5	PICHETA Magdalena	170	DISNEY VOLUNTEARS	K30	5	01:35:40	03:12:09.45	03:12:09.45	+00:26:47 (13.9%)	7:07	8.4 (85.7%)
6	MOSIOŁEK Monika	126	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	K30	6	01:38:54	03:12:15.05	03:12:15.05	+00:26:52 (14.0%)	7:07	8.4 (85.7%)
7	MORAWSKA Kinga	146	ORTOREH TEAM	K30	7	01:40:25	03:17:24.50	03:17:24.50	+00:32:02 (16.2%)	7:18	8.2 (83.7%)
8	MIŚKIEWICZ Magdalena	159	RUN EXPERT LEJDIS	K30	8	01:37:14	03:17:29.60	03:17:29.60	+00:32:07 (16.3%)	7:18	8.2 (83.7%)
9	MARCINKOWSKA Eliza	177	SZWLA/TRIRUN	K30	9	01:40:02	03:18:17.30	03:18:17.30	+00:32:55 (16.6%)	7:20	8.2 (83.7%)
10	DEMSKA Żaneta	814	KAPAP GDAŃSK	K30	10	01:47:04	03:18:26.70	03:18:26.70	+00:33:04 (16.7%)	7:20	8.2 (83.7%)
11	TUSIŃSKA Aleksandra	769	RADOM	K30	11	01:47:11	03:21:09.30	03:21:09.30	+00:35:47 (17.8%)	7:27	8.1 (82.7%)
12	MASALSKA-PAWLAK Agata	794		K30	12	01:48:36	03:23:51.30	03:23:51.30	+00:38:29 (18.9%)	7:33	7.9 (80.6%)
13	GIMZICKA Ewa	206	POZNAŃ	K30	13	01:43:46	03:26:24.10	03:26:24.10	+00:41:02 (19.9%)	7:38	7.8 (79.6%)
14	SZUMIGAJ Alicja	257	SĘPÓLNO KRAJEŃSKIE	K30	14	01:48:50	03:27:53.00	03:27:53.00	+00:42:30 (20.5%)	7:41	7.8 (79.6%)
15	KURZEJA Ewelina	842	NORAFSPORT	K30	15	01:48:42	03:27:55.80	03:27:55.80	+00:42:33 (20.5%)	7:42	7.8 (79.6%)
16	GÓRECKA Katarzyna	823	PKO BANK POLSKI	K30	16	01:49:24	03:28:37.90	03:28:37.90	+00:43:15 (20.7%)	7:43	7.8 (79.6%)
17	CIEŚLAK Dominika	862		K30	17	01:51:49	03:29:31.05	03:29:31.05	+00:44:08 (21.1%)	7:45	7.7 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 27km	brutto 27km			
18	WŁODARSKA Marta	127	MAJATEAM	K30	18	01:46:18	03:30:10.90	03:30:10.90	+00:44:48 (21.3%)	7:47	7.7 (78.6%)
19	KONARZEWSKA Marta	503	OLSZTYŃSKIE I STAWKI BIEGOWE	K30	19	01:50:27	03:32:08.00	03:32:08.00	+00:46:45 (22.0%)	7:51	7.6 (77.6%)
20	PAPIEWSKA Marzena	388		K30	20	01:51:50	03:32:59.20	03:32:59.20	+00:47:37 (22.4%)	7:53	7.6 (77.6%)
21	GAŁACKA Joanna	239		K30	21	01:53:01	03:34:35.00	03:34:35.00	+00:49:12 (22.9%)	7:56	7.5 (76.5%)
22	KAZANECKA Joanna	878	WARSZAWA	K30	22	01:49:22	03:34:41.45	03:34:41.45	+00:49:19 (23.0%)	7:57	7.5 (76.5%)
23	KWIATKOWSKA-SITEK Ewa	791	OPTIMTRAVEL	K30	23	01:52:14	03:36:07.75	03:36:07.75	+00:50:45 (23.5%)	8:00	7.5 (76.5%)
24	SZAROWAR Alicja	825	RUNPLANET TEAM	K30	24	01:52:24	03:37:58.75	03:37:58.75	+00:52:36 (24.1%)	8:04	7.4 (75.5%)
25	DOBIES Agnieszka	789	LUBLIN	K30	25	01:50:28	03:38:00.50	03:38:00.50	+00:52:38 (24.1%)	8:04	7.4 (75.5%)
26	SOBIESKA Aleksandra	361		K30	26	01:52:10	03:38:04.65	03:38:04.65	+00:52:42 (24.2%)	8:04	7.4 (75.5%)
27	KOKOSZKA Magdalena	755	ZABIEGANI MIELEC	K30	27	01:50:49	03:38:14.45	03:38:14.45	+00:52:52 (24.2%)	8:04	7.4 (75.5%)
28	MAŃKOWSKA Anna	752	12 TRI.PL DRUŻYNA WILKA OLSZTYN	K30	28	01:57:06	03:39:30.65	03:39:30.65	+00:54:08 (24.7%)	8:07	7.4 (75.5%)
29	RÓŻYCKA Małgorzata	249	WARSZAWA	K30	29	01:50:52	03:39:34.55	03:39:34.55	+00:54:12 (24.7%)	8:07	7.4 (75.5%)
30	KARMOLIŃSKA-PETA Iwona	754		K30	30	01:50:53	03:40:38.85	03:40:38.85	+00:55:16 (25.1%)	8:10	7.3 (74.5%)
31	PLAZE Olga	289	NIGHT RUNNERS	K30	31	01:53:03	03:41:03.95	03:41:03.95	+00:55:41 (25.2%)	8:11	7.3 (74.5%)
32	GAJEWSKA Izabella	230	PRUSZKÓW	K30	32	01:53:31	03:42:09.85	03:42:09.85	+00:56:47 (25.6%)	8:13	7.3 (74.5%)
33	OSIŃSKA Dominika	304	VRC	K30	33	01:58:36	03:42:47.00	03:42:47.00	+00:57:24 (25.8%)	8:15	7.3 (74.5%)
34	CAŁKA Agnieszka	247		K30	34	02:01:17	03:42:52.70	03:42:52.70	+00:57:30 (25.8%)	8:15	7.3 (74.5%)
35	SZCZEPANIAK Sylwia	322	MIDNIGHTRUN.PL	K30	35	01:51:53	03:43:47.90	03:43:47.90	+00:58:25 (26.1%)	8:17	7.2 (73.5%)
36	FISZER Agnieszka	382	12TRI.PL	K30	36	01:52:38	03:44:41.80	03:44:41.80	+00:59:19 (26.4%)	8:19	7.2 (73.5%)
37	LASKOWSKA Katarzyna	403		K30	37	01:55:50	03:45:10.90	03:45:10.90	+00:59:48 (26.6%)	8:20	7.2 (73.5%)
38	JĘDRZEJCZYK Agnieszka	881	RZESZOWSKIE GAZELE I GEPARDY	K30	38	01:53:57	03:46:00.25	03:46:00.25	+01:00:38 (26.8%)	8:22	7.2 (73.5%)
39	BRZOZOWSKA Aneta	811	TRIABLOS	K30	39	01:52:57	03:46:54.85	03:46:54.85	+01:01:32 (27.1%)	8:24	7.1 (72.4%)
40	ZARZYCKA Ewa	362	ZABIEGANI PO USZY	K30	40	01:55:24	03:47:01.10	03:47:01.10	+01:01:39 (27.2%)	8:24	7.1 (72.4%)

							Czas netto 27km	Czas brutto 27km		Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km			Różn		
41	STARZYŃSKA Katarzyna	855	CALYPSO PIŁA	K30	41	02:03:34	03:47:31.85	03:47:31.85	+01:02:09 (27.3%)	8:25	7.1 (72.4%)
42	BEDNARCZYK Paulina	207	JOZEFOSLAW	K30	42	01:53:11	03:47:34.60	03:47:34.60	+01:02:12 (27.3%)	8:25	7.1 (72.4%)
43	JANOWSKA Anna	296		K30	43	02:02:57	03:48:25.30	03:48:25.30	+01:03:03 (27.6%)	8:27	7.1 (72.4%)
44	KOZŁOWSKA Joanna	252	AKM OLIMP OLSZTYN/12TRI DRUŻYNA WILKA	K30	44	02:02:59	03:48:25.60	03:48:25.60	+01:03:03 (27.6%)	8:27	7.1 (72.4%)
45	PALEWICZ Renata	773		K30	45	01:56:58	03:50:02.80	03:50:02.80	+01:04:40 (28.1%)	8:31	7 (71.4%)
46	MASZEWSKA Agata	241		K30	46	01:58:30	03:50:16.90	03:50:16.90	+01:04:54 (28.2%)	8:31	7 (71.4%)
47	ŚMIETANA Katarzyna	864	GÓRSKIEGIRY	K30	47	02:00:48	03:51:06.35	03:51:06.35	+01:05:44 (28.4%)	8:33	7 (71.4%)
48	JAGIELSKA Magdalena	292	NGB KŁOBUCK	K30	48	02:01:08	03:51:10.70	03:51:10.70	+01:05:48 (28.5%)	8:33	7 (71.4%)
49	BICKA Anna	340	WARSZAWA	K30	49	01:57:20	03:51:44.65	03:51:44.65	+01:06:22 (28.6%)	8:34	7 (71.4%)
50	BYLICA Paulina	768	KRAKÓW	K30	50	01:59:24	03:52:15.40	03:52:15.40	+01:06:53 (28.8%)	8:36	7 (71.4%)
51	DĘBICKA Brygida	790	KRAKÓW	K30	51	01:59:29	03:52:15.60	03:52:15.60	+01:06:53 (28.8%)	8:36	7 (71.4%)
52	ŁUŻYŃSKA Katarzyna	338	BBL TEAM POLICE	K30	52	01:58:47	03:52:45.40	03:52:45.40	+01:07:23 (29.0%)	8:37	7 (71.4%)
53	DUDEK Małgorzata	813	PORANNY PATROL	K30	53	02:03:08	03:53:27.25	03:53:27.25	+01:08:05 (29.2%)	8:38	6.9 (70.4%)
54	BURAKOWSKA Patrycja	396		K30	54	01:52:01	03:53:54.95	03:53:54.95	+01:08:32 (29.3%)	8:39	6.9 (70.4%)
55	PIETYRA Karolina	339	LOŻA SZYDERCÓW	K30	55	02:00:37	03:54:15.55	03:54:15.55	+01:08:53 (29.4%)	8:40	6.9 (70.4%)
56	BAZIUK Aneta	854	CALYPSO PIŁA	K30	56	02:03:34	03:54:41.00	03:54:41.00	+01:09:18 (29.5%)	8:41	6.9 (70.4%)
57	BUDNY Kinga	243	MTB4FUN	K30	57	02:10:07	03:54:47.65	03:54:47.65	+01:09:25 (29.6%)	8:41	6.9 (70.4%)
58	SKARŻEŃSKA Jagoda	807		K30	58	02:01:49	03:55:08.40	03:55:08.40	+01:09:46 (29.7%)	8:42	6.9 (70.4%)
59	KOTŁOWSKA Katarzyna	258	NOWOMIESZCZANIE	K30	59	01:58:56	03:56:31.50	03:56:31.50	+01:11:09 (30.1%)	8:45	6.8 (69.4%)
60	SIWIEC Karolina	737		K30	60	02:04:21	03:56:44.35	03:56:44.35	+01:11:22 (30.1%)	8:46	6.8 (69.4%)
61	ŁUKAWSKA-MATUSZEWSKA Katarzyna	783	GDYNIA	K30	61	02:05:57	03:58:07.20	03:58:07.20	+01:12:45 (30.6%)	8:49	6.8 (69.4%)
62	KORZENIOWSKA-DĘBOWSKA Magdalena	342	NIEPOŁOMICE BIEGAJĄ	K30	62	01:56:25	04:00:20.05	04:00:20.05	+01:14:57 (31.2%)	8:54	6.7 (68.4%)
63	KRUPIŃSKA Joanna	870	ROCHE	K30	63	02:03:16	04:00:23.20	04:00:23.20	+01:15:01 (31.2%)	8:54	6.7 (68.4%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km			Różn		
64	ŚMIESZEK Małgorzata	780	GLIWICE	K30	64	01:58:13	04:00:29.15	04:00:29.15	+01:15:07 (31.2%)	8:54	6.7 (68.4%)
65	BANASZEK Urszula	229	WROCŁAW	K30	65	02:04:56	04:00:42.65	04:00:42.65	+01:15:20 (31.3%)	8:54	6.7 (68.4%)
66	NIEMCYK Katarzyna	4		K30	66	02:04:22	04:00:44.20	04:00:44.20	+01:15:22 (31.3%)	8:54	6.7 (68.4%)
67	GORCZYCA Aneta	317	JASŁO	K30	67	02:00:47	04:01:39.00	04:01:39.00	+01:16:16 (31.6%)	8:57	6.7 (68.4%)
68	LIĆWINKO Magdalena	468	KRAKÓW	K30	68	02:07:42	04:01:47.75	04:01:47.75	+01:16:25 (31.6%)	8:57	6.7 (68.4%)
69	WÓJCICKA Dorota	463	GDAŃSK	K30	69	02:02:04	04:02:11.10	04:02:11.10	+01:16:49 (31.7%)	8:58	6.7 (68.4%)
70	DROZD Ola	316		K30	70	02:01:31	04:02:13.35	04:02:13.35	+01:16:51 (31.7%)	8:58	6.7 (68.4%)
71	KAMYK Karolina	765	HI FITNESS NOWY TARG	K30	71	01:57:23	04:02:17.10	04:02:17.10	+01:16:55 (31.7%)	8:58	6.7 (68.4%)
72	SZYMAŃSKA Anna	460	12TRI.PL	K30	72	02:03:43	04:02:39.30	04:02:39.30	+01:17:17 (31.9%)	8:59	6.7 (68.4%)
73	LEU Windy	838	WITC	K30	73	02:03:17	04:03:17.10	04:03:17.10	+01:17:55 (32.0%)	9:00	6.7 (68.4%)
74	REDŁOWSKA Bożena	868	LADIES RUN	K30	74	02:04:54	04:03:22.35	04:03:22.35	+01:18:00 (32.1%)	9:00	6.7 (68.4%)
75	SŁOBODA Elżbieta	801	USTRZYKI DOLNE	K30	75	01:59:29	04:03:40.50	04:03:40.50	+01:18:18 (32.1%)	9:01	6.6 (67.3%)
76	STAFIEJ Anna	214	ŚWINOUJSIE	K30	76	01:55:50	04:04:08.20	04:04:08.20	+01:18:46 (32.3%)	9:02	6.6 (67.3%)
77	KARAPUDA Natalia	321	OLSZTYŃSKIE USTAWKI BIEGOWE	K30	77	02:04:40	04:04:30.70	04:04:30.70	+01:19:08 (32.4%)	9:03	6.6 (67.3%)
78	GWAREK Marzena	788		K30	78	02:06:59	04:04:43.30	04:04:43.30	+01:19:21 (32.4%)	9:03	6.6 (67.3%)
79	ŻOŁĄDEK Anna	784		K30	79	02:07:08	04:04:43.40	04:04:43.40	+01:19:21 (32.4%)	9:03	6.6 (67.3%)
80	JARZĘBOWSKA Marlena	318	W POGONI ZA DUCHEM	K30	80	01:57:52	04:05:08.75	04:05:08.75	+01:19:46 (32.5%)	9:04	6.6 (67.3%)
81	MADEJ Ewa	167	DEUTSCHE BANK MARATHON TEAM	K30	81	02:01:51	04:05:16.80	04:05:16.80	+01:19:54 (32.6%)	9:05	6.6 (67.3%)
82	FIGUŁA Wioleta	424		K30	82	02:01:55	04:06:03.15	04:06:03.15	+01:20:41 (32.8%)	9:06	6.6 (67.3%)
83	DZIAŁO Agnieszka	762	ZABIEGANI MIELEC	K30	83	02:08:17	04:06:38.40	04:06:38.40	+01:21:16 (33.0%)	9:08	6.6 (67.3%)
84	LASOTA Edyta	475	ULTRA TEAM RADOM	K30	84	02:12:42	04:07:15.75	04:07:15.75	+01:21:53 (33.1%)	9:09	6.6 (67.3%)
85	CZECHOSKA Magdalena	373	BOOT CAMP POLSKA	K30	85	02:07:20	04:07:23.05	04:07:23.05	+01:22:00 (33.2%)	9:09	6.5 (66.3%)
86	CHUDZIK Magda	459	NIGHT RUNNERS PŁOCK	K30	86	01:58:35	04:07:40.80	04:07:40.80	+01:22:18 (33.2%)	9:10	6.5 (66.3%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km			Różn		
87	ZIENTEK Iwona	407	PZU SPORT TEAM	K30	87	02:10:08	04:08:00.60	04:08:00.60	+01:22:38 (33.3%)	9:11	6.5 (66.3%)
88	SYGUŁA Joanna	802	WITC	K30	88	02:17:53	04:08:03.80	04:08:03.80	+01:22:41 (33.3%)	9:11	6.5 (66.3%)
89	BALIŃSKA Maria	804	CISNA	K30	89	02:06:06	04:09:24.20	04:09:24.20	+01:24:02 (33.7%)	9:14	6.5 (66.3%)
90	BIEŃKOWSKA Agnieszka	792	PŁOCK	K30	90	02:10:43	04:10:10.30	04:10:10.30	+01:24:48 (33.9%)	9:15	6.5 (66.3%)
91	DREWNIK Małgorzata	12	OBOZYBIEGOWE.PL	K30	91	02:06:35	04:11:20.75	04:11:20.75	+01:25:58 (34.2%)	9:18	6.4 (65.3%)
92	KUŁAKOWSKA Monika	370	W POGONI ZA DUCHEM	K30	92	01:57:52	04:12:24.80	04:12:24.80	+01:27:02 (34.5%)	9:20	6.4 (65.3%)
93	BANASZEK Katarzyna	785		K30	93	02:12:41	04:12:39.70	04:12:39.70	+01:27:17 (34.5%)	9:21	6.4 (65.3%)
94	MAĆKOWIAK Katarzyna	742	SOLEC KUJAWSKI	K30	94	02:06:01	04:12:49.90	04:12:49.90	+01:27:27 (34.6%)	9:21	6.4 (65.3%)
95	GRESZTA Monika	380	ALBATROSY	K30	95	01:59:49	04:12:59.50	04:12:59.50	+01:27:37 (34.6%)	9:22	6.4 (65.3%)
96	RÓŻOWICZ Eliza	434	SPARTANIE DZIECIOM	K30	96	01:58:32	04:13:13.70	04:13:13.70	+01:27:51 (34.7%)	9:22	6.4 (65.3%)
97	OKAPIEC Aleksandra	810	AXA RUNNING TEAM	K30	97	02:12:12	04:13:15.40	04:13:15.40	+01:27:53 (34.7%)	9:22	6.4 (65.3%)
98	WARMIŃSKA Anna	835		K30	98	02:08:40	04:14:01.70	04:14:01.70	+01:28:39 (34.9%)	9:24	6.4 (65.3%)
99	BYLINIAK Monika	409	ORTOREH TEAM	K30	99	02:04:14	04:14:33.30	04:14:33.30	+01:29:11 (35.0%)	9:25	6.4 (65.3%)
100	SOŁKOWSKA Joanna	285	NIEPOŁOMICE BIEGAJĄ	K30	100	02:03:58	04:14:43.70	04:14:43.70	+01:29:21 (35.1%)	9:26	6.4 (65.3%)
101	SUCHOWIECKA Anna	747	OUB	K30	101	02:06:17	04:15:15.05	04:15:15.05	+01:29:52 (35.2%)	9:27	6.3 (64.3%)
102	KSIAZEK Anna	776		K30	102	02:11:45	04:15:46.75	04:15:46.75	+01:30:24 (35.3%)	9:28	6.3 (64.3%)
103	GAJDA Ewa	383	WARSZAWA	K30	103	02:11:14	04:16:05.05	04:16:05.05	+01:30:42 (35.4%)	9:29	6.3 (64.3%)
104	BOCIARSKA Magdalena	352		K30	104	02:09:10	04:19:30.95	04:19:30.95	+01:34:08 (36.3%)	9:36	6.2 (63.3%)
105	KOŚKA Katarzyna	169	PLAMAS	K30	105	02:08:18	04:19:56.10	04:19:56.10	+01:34:34 (36.4%)	9:37	6.2 (63.3%)
106	RĘBISZ Aneta	378	KRAKÓW	K30	106	02:10:36	04:20:15.70	04:20:15.70	+01:34:53 (36.5%)	9:38	6.2 (63.3%)
107	TOMASZEWSKA Alicja	413	#WERUNTOGETHER	K30	107	02:16:46	04:21:11.70	04:21:11.70	+01:35:49 (36.7%)	9:40	6.2 (63.3%)
108	UCIŃSKA Agnieszka	435		K30	108	02:11:44	04:21:49.10	04:21:49.10	+01:36:27 (36.8%)	9:41	6.2 (63.3%)
109	ROGOWSKA-ROSZCZYK Magdalena	779	OLSZTYŃKIE USTAWKI BIEGOWE	K30	109	02:13:31	04:22:26.00	04:22:26.00	+01:37:03 (37.0%)	9:43	6.2 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 27km	brutto 27km			
110	BARTOSZEWICZ Marta	445	OLSZTYŃSKIE USTAWKI BIEGOWE	K30	110	02:13:28	04:22:26.15	04:22:26.15	+01:37:04 (37.0%)	9:43	6.2 (63.3%)
111	KORZENIOWSKA Sylwia	490	YULO RUN TEAM SIEDLCE	K30	111	02:08:43	04:26:18.40	04:26:18.40	+01:40:56 (37.9%)	9:51	6.1 (62.2%)
112	BARTŁOMIEJSKA Urszula	872	ROCHE	K30	112	02:07:35	04:26:54.70	04:26:54.70	+01:41:32 (38.0%)	9:53	6.1 (62.2%)
113	FARBICKA-ŻYWICA Paulina	415	BRZOZA BIEGA	K30	113	02:16:09	04:26:57.60	04:26:57.60	+01:41:35 (38.1%)	9:53	6.1 (62.2%)
114	FRAĆKOWIAK Magdalena	771	POZNAŃ	K30	114	02:14:05	04:28:22.40	04:28:22.40	+01:43:00 (38.4%)	9:56	6 (61.2%)
115	BARTECKA Kalina	3	NORD CITY	K30	115	02:13:32	04:29:57.70	04:29:57.70	+01:44:35 (38.7%)	9:59	6 (61.2%)
116	ZAJĄC Daria	419	RUN EXPERT LEJDIS	K30	116	02:13:18	04:31:08.50	04:31:08.50	+01:45:46 (39.0%)	10:02	6 (61.2%)
117	SNARSKA Katarzyna	399	ALBATROSY	K30	117	02:17:45	04:35:11.25	04:35:11.25	+01:49:49 (39.9%)	10:11	5.9 (60.2%)
118	LEŚNIAK Urszula	218	WARSZAWA	K30	118	02:09:54	04:35:17.30	04:35:17.30	+01:49:55 (39.9%)	10:11	5.9 (60.2%)
119	ZHULKOWSKA-SHCHYPA Nataliya	451	WARSZAWA	K30	119	02:14:26	04:35:33.00	04:35:33.00	+01:50:10 (40.0%)	10:12	5.9 (60.2%)
120	NOSAL Hanna	743	BIESZCZADZKIE ANIOŁY	K30	120	02:18:12	04:36:07.40	04:36:07.40	+01:50:45 (40.1%)	10:13	5.9 (60.2%)
121	LACHTERA Karolina	843	KB SOBÓTKA	K30	121	02:16:45	04:38:48.80	04:38:48.80	+01:53:26 (40.7%)	10:19	5.8 (59.2%)
122	KUCAB-KLICH Katarzyna	13	REHASPORTIVA	K30	122	02:14:36	04:40:11.40	04:40:11.40	+01:54:49 (41.0%)	10:22	5.8 (59.2%)
123	POSIŁA Joanna	461	POWERADE	K30	123	02:15:55	04:41:15.25	04:41:15.25	+01:55:53 (41.2%)	10:25	5.8 (59.2%)
124	ŁABĘCKA Iwona	840		K30	124	02:19:15	04:41:30.50	04:41:30.50	+01:56:08 (41.3%)	10:25	5.8 (59.2%)
125	ŁOŚ Anna	454	TURLAM SIĘ TEAM	K30	125	02:20:04	04:42:21.80	04:42:21.80	+01:56:59 (41.4%)	10:27	5.7 (58.2%)
126	CHRULSKA Zuzanna	803	OBOZYBIEGOWE.PL	K30	126	02:20:44	04:43:03.50	04:43:03.50	+01:57:41 (41.6%)	10:29	5.7 (58.2%)
127	KOWNACKA Joanna	758		K30	127	02:23:58	04:43:52.40	04:43:52.40	+01:58:30 (41.7%)	10:30	5.7 (58.2%)
128	ORCZYK Magdalena	476	W POGONI ZA DUCHEM	K30	128	02:25:28	04:45:00.55	04:45:00.55	+01:59:38 (42.0%)	10:33	5.7 (58.2%)
129	GMAJ Karolina	464		K30	129	02:18:41	04:51:57.90	04:51:57.90	+02:06:35 (43.4%)	10:48	5.5 (56.1%)
130	LACHCIK Iwona	9		K30	130	02:09:23	04:52:51.75	04:52:51.75	+02:07:29 (43.5%)	10:50	5.5 (56.1%)
131	RZESZUTKO Aleksandra	320	MBANK	K30	131	02:14:10	04:52:55.60	04:52:55.60	+02:07:33 (43.5%)	10:50	5.5 (56.1%)
132	JENDRYSIK Kinga	841	NIGHT RUNNERS GLIWICE	K30	132	02:24:21	05:00:23.50	05:00:23.50	+02:15:01 (44.9%)	11:07	5.4 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	14km	Czas netto 27km	Czas brutto 27km	Różn	Tempo min/km	Tempo km/h
133	SKUBIS Barbara	198	NIGHT RUNNERS GLIWICE	K30	133	02:24:13	05:00:23.65	05:00:23.65	+02:15:01 (44.9%)	11:07	5.4 (55.1%)
134	PIOTROWSKA Urszula	797	TRUCHTACZ	K30	134	02:32:16	05:04:05.90	05:04:05.90	+02:18:43 (45.6%)	11:15	5.3 (54.1%)
135	GOS Renata	817	WITC	K30	135	02:36:12	05:04:07.65	05:04:07.65	+02:18:45 (45.6%)	11:15	5.3 (54.1%)
136	WITKOWSKA Marta	483	BĘDZIN	K30	136	02:31:37	05:04:52.65	05:04:52.65	+02:19:30 (45.8%)	11:17	5.3 (54.1%)
137	ZAWAL Patrycja	427	GOLDEN TEAM	K30	137	02:25:56	05:05:41.55	05:05:41.55	+02:20:19 (45.9%)	11:19	5.3 (54.1%)
138	ŁOŚ Jagoda	748	TURLAM SIĘ TEAM	K30	138	02:34:53	05:11:10.30	05:11:10.30	+02:25:48 (46.9%)	11:31	5.2 (53.1%)
139	MOTYL Mirosława	488	NIEPOŁOMICE BIEGAJĄ	K30	139	02:35:02	05:11:33.20	05:11:33.20	+02:26:11 (46.9%)	11:32	5.2 (53.1%)
140	KLISZ Agnieszka	480	LUBLIN	K30	140	02:30:05	05:15:33.60	05:15:33.60	+02:30:11 (47.6%)	11:41	5.1 (52.0%)
141	JAKUBASZEK Anna	850	WARSZAWA	K30	141	02:39:26	05:17:42.25	05:17:42.25	+02:32:20 (47.9%)	11:46	5.1 (52.0%)
142	SZACHNOWSKA Justyna	482	ALBATROSY	K30	142	02:35:39	05:19:38.95	05:19:38.95	+02:34:16 (48.3%)	11:50	5.1 (52.0%)
143	SZELEST Alicja	760	RUN VEGAN TEAM	K30	143	02:58:47	06:03:08.95	06:03:08.95	+03:17:46 (54.5%)	13:26	4.5 (45.9%)
144	PŁUCIENNIK Aleksandra	796	WARSZAWA	K30	144	02:56:16	06:23:45.45	06:23:45.45	+03:38:23 (56.9%)	14:12	4.2 (42.9%)
145	WOŁCZAK Sylwia	793	WARSZAWA	K30	145	02:56:13	06:23:45.65	06:23:45.65	+03:38:23 (56.9%)	14:12	4.2 (42.9%)

Znaleziono 145 wynik(ów)