

BIEG RZEŹNIKA ULTRA 105 2019

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2019-06-20
Cisna
106.9 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
1	FICEK Roman	2317	MUAY RUNNING TEAM	M30	1	01:10:10	03:52:00	06:39:15	06:42:34	09:10:01	09:13:51	11:45:14	12:52:23		13:34:28.00	13:34:31.00		7:41	7.8 (100%)
2	SKRZYSIŃSKI Gniewomir	2304	TEAMLTRARED/MONKSANDALSTEAM	M30	2	01:10:14	04:09:45	07:01:43	07:06:54	09:37:39	09:43:51	12:28:48	13:48:02		14:34:29.45	14:34:31.30	+01:00:00 (6.9%)	8:15	7.3 (93.6%)
3	CZARNY Jarosław	2307	CZARNI	M30	3	01:14:02	04:22:04	07:27:18	07:32:31	09:55:36	09:58:23	12:38:42	13:48:20		14:42:20.85	14:42:21.85	+01:07:50 (7.7%)	8:19	7.2 (92.3%)
4	ŚCIESZKA Wojciech	2195	13 ELT KRAKÓW-BALICE	M40	1	01:11:50	04:22:07	07:16:35	07:19:35	09:56:35	09:58:39	12:40:31	13:53:56		14:44:10.40	14:44:12.05	+01:09:41 (7.9%)	8:20	7.2 (92.3%)
5	KUBASIK Łukasz	2098		M30	4	01:25:23	04:46:21	07:58:39	08:07:35	10:44:20	10:52:27	13:33:14	14:54:06		15:46:53.80	15:46:56.00	+02:12:25 (14.0%)	8:55	6.7 (85.9%)
6	SOWA Łukasz	2090		M30	5	01:17:04	04:43:43	07:59:11	08:07:37	11:00:56	11:05:49	14:00:29	15:21:30		16:17:33.55	16:17:36.65	+02:43:05 (16.7%)	9:13	6.5 (83.3%)
7	POLAK Stanisław	2205	STOWARZYSZENIE BIEGACZY GÓRSKICH 'PODBIEG'	M40	2	01:20:00	04:36:11	07:53:22	08:04:14	10:45:23	10:52:09	13:59:52	15:23:49		16:23:27.10	16:23:41.00	+02:49:10 (17.2%)	9:16	6.5 (83.3%)
8	MILCZAREK Paweł	2311	WOZ-TRANS	M30	6	01:17:51	04:36:30	07:58:39	08:10:34	11:12:14	11:20:35	14:17:45	15:39:50		16:31:08.55	16:31:11.65	+02:56:40 (17.8%)	9:21	6.4 (82.1%)
9	ŻARECKI Łukasz	2174		M30	7	01:17:52	04:36:36	07:58:38	08:07:32	11:03:12	11:06:25	14:17:46	15:44:51		16:42:48.45	16:42:51.85	+03:08:20 (18.8%)	9:27	6.3 (80.8%)
10	GOTFRYD Adam	2289		M40	3	01:27:34	05:03:45	08:39:20	08:39:57	11:20:28	11:25:54	14:28:35	15:50:45		16:49:42.55	16:49:45.35	+03:15:14 (19.3%)	9:31	6.3 (80.8%)
11	SNARSKI Dariusz	2128		M40	4	01:15:32	04:42:41	08:11:56	08:20:28	11:04:47	11:09:39	14:17:45	15:47:29		16:51:21.05	16:51:26.65	+03:16:55 (19.5%)	9:32	6.3 (80.8%)
12	PRUCNAL Zbigniew	2093	ELKO24.PL	M40	5	01:27:35	05:03:39	08:39:21	08:40:00	11:18:15	11:25:52	14:18:42	15:50:40		16:51:49.35	16:51:51.55	+03:17:20 (19.5%)	9:32	6.3 (80.8%)
13	MEISSNER Paweł	2268	TIGERS TEAM / REEBOKRUNCREWLDZ	M30	8	01:17:49	04:46:10	08:19:05	08:29:29	11:15:33	11:23:08	14:48:40	16:33:53		17:37:22.60	17:37:24.80	+04:02:53 (23.0%)	9:58	6 (76.9%)
14	SZAŁ Tomasz	2161	ETA UPS TEAM	M40	6	01:25:12	05:17:20	08:58:58	09:19:28	12:04:00	12:11:16	15:13:42	16:46:45		17:39:51.25	17:40:01.75	+04:05:30 (23.2%)	9:59	6 (76.9%)
15	STEFAŃSKI Krzystian	2270	KS KANAŁEK	M30	9	01:18:27	04:41:25	08:07:58	08:25:06	11:24:23	11:40:15	14:56:47	16:49:05		17:53:54.65	17:53:56.70	+04:19:25 (24.2%)	10:07	5.9 (75.6%)
16	MOSKALIK Tomasz	2041	TG SOKÓŁ ZAKOPANE	M40	7	01:29:03	05:01:33	08:31:05	08:32:14	11:38:50	11:44:02	15:04:37	16:47:33		18:05:41.05	18:05:45.45	+04:31:14 (25.0%)	10:14	5.9 (75.6%)
17	SZCZYPEK Mariusz	2180	3.PBOT	M40	8	01:23:41	05:03:38	08:30:12	08:46:37	11:52:05	12:01:59	15:13:49	17:06:52		18:23:16.75	18:23:20.95	+04:48:49 (26.2%)	10:24	5.8 (74.4%)
18	GÓRAJ Janusz	2261	KOPALNIA MOCY	M40	9	01:38:09	05:57:00	09:46:33	09:59:57	12:50:10	13:10:37	15:57:41	17:24:16		18:25:43.60	18:25:54.95	+04:51:23 (26.3%)	10:25	5.8 (74.4%)
19	STEFANIAK Maciej	2222	GRUNWALD TEAM POZNAŃ	M30	10	01:35:57	05:21:37	09:05:16	09:12:47	12:17:00	12:24:43	15:46:19	17:18:10		18:34:07.60	18:34:20.70	+04:59:49 (26.9%)	10:30	5.7 (73.1%)
20	GRONDYS Paweł	2029		M30	11	01:25:31	05:10:44	08:59:18	09:14:53	12:24:14	12:30:59	16:00:34	17:41:32		18:42:40.65	18:42:48.05	+05:08:17 (27.5%)	10:35	5.7 (73.1%)
21	NIEDZIELA Marcin	2163		M30	12	01:27:38	05:14:51	08:59:21	09:02:06	12:23:47	12:36:59	16:09:10	17:45:36		18:45:17.85	18:45:20.75	+05:10:49 (27.6%)	10:36	5.7 (73.1%)
22	KUPIŃSKI Cezary	2032	MKS SIECHNICE/SKLEP BIEGACZA RUNNING TEAM	M50	1	01:26:26	05:04:45	08:42:11	09:03:51	12:06:36	12:13:27	16:00:06	17:44:02		18:48:02.85	18:48:08.40	+05:13:37 (27.8%)	10:38	5.6 (71.8%)
23	NALAZEK Marcin	2083	KALENJI BY DECATHLON - PIASECZNO RUNNING	M30	13	01:17:16	05:13:09	08:50:17	09:14:32	12:06:24	12:14:59	15:45:19	17:38:20		18:48:37.80	18:48:40.65	+05:14:09 (27.8%)	10:38	5.6 (71.8%)
24	TYCZKA Wojciech	2280	CIDRY LOTAJOM	M20	1	01:35:26	05:14:59	08:42:27	09:07:22	12:11:39	12:21:24	16:04:34	17:45:24		18:51:19.95	18:51:41.55	+05:17:10 (28.0%)	10:40	5.6 (71.8%)
25	MAJEWSKI Arkadiusz	2263		M40	10	01:27:38	05:20:55	09:06:47	09:24:47	12:26:01	12:35:21	16:10:49	18:00:24		18:58:11.50	18:58:34.20	+05:24:03 (28.5%)	10:44	5.6 (71.8%)
26	JANECKA Artur	2119	BIEGING TEAM ZELÓW	M30	14	01:18:10	05:07:49	08:52:47	09:14:32	12:14:57	12:26:46	16:07:20	17:57:11		19:07:42.30	19:08:12.30	+05:33:41 (29.1%)	10:49	5.5 (70.5%)
27	SZKLARSKI Jacek	2308	ASTRAL BROTHERS	M40	11	01:34:12	05:22:22	08:59:38	09:19:18	12:31:24	12:53:19	16:20:02	18:10:01		19:08:32.00	19:08:51.10	+05:34:20 (29.1%)	10:50	5.5 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
28	TUŁAZA Jan	2158	KLUB BIEGACZA T2/4	M50	2	01:39:12	05:33:44	09:25:52	09:49:00	12:58:28	13:04:21	16:14:51	17:58:15		19:10:08.75	19:10:31.75	+05:36:00 (29.2%)	10:51	5.5 (70.5%)
29	KOBIERSKI Piotr	273 X	HUBI I PIOTREK	M40	12	01:21:54	04:58:43	08:59:34	09:15:11	12:45:58	12:56:59	16:23:11	18:06:04		19:10:34.05	19:10:37.65	+05:36:06 (29.2%)	10:51	5.5 (70.5%)
30	MATUSIAK Michał	2006	ROWERY MAŁGOŚKA	M30	15	01:38:35	05:31:45	09:18:52	09:34:36	12:38:04	13:02:58	16:22:47	18:05:18		19:11:49.35	19:12:02.25	+05:37:31 (29.3%)	10:51	5.5 (70.5%)
31	RĘBILAS Adam	2229		M20	2	01:33:47	05:28:30	09:17:00	10:04:07	12:49:52	13:12:11	16:26:15	18:14:38		19:12:04.05	19:12:33.05	+05:38:02 (29.3%)	10:52	5.5 (70.5%)
32	TOMASZ Twardowski	2224		M30	16	01:27:33	05:22:09	09:15:12	09:36:31	12:30:11	12:37:19	16:08:58	18:01:46		19:12:56.40	19:13:01.50	+05:38:30 (29.4%)	10:52	5.5 (70.5%)
33	PAWLIKOWSKI Andrzej	2086		M30	17	01:26:02	05:11:02	09:15:00	09:34:37	12:26:34	12:31:33	16:07:25	18:00:36		19:27:20.85	19:27:39.05	+05:53:08 (30.2%)	11:00	5.4 (69.2%)
34	BRYNDZA Krzysztof	2055	HAPPYFIT	M40	13	01:33:18	05:32:31	09:18:57	09:34:48	12:47:51	13:01:56	16:31:13	18:22:13		19:31:39.10	19:31:45.25	+05:57:14 (30.5%)	11:03	5.4 (69.2%)
35	KOWALCZYK Rafał	2300		M40	14	01:21:16	05:22:42	09:21:19	09:30:18	12:32:44	12:42:04	16:23:45	18:26:30		19:41:49.20	19:41:52.40	+06:07:21 (31.1%)	11:08	5.4 (69.2%)
36	LANGE Zbigniew	2209		M40	15	01:40:01	05:35:50	09:21:30	09:36:55	12:46:24	12:58:00	16:33:27	18:34:46		19:50:58.35	19:51:12.45	+06:16:41 (31.6%)	11:14	5.3 (67.9%)
37	KURASZKIEWICZ Robert	2241		M50	3	01:36:52	05:46:27	09:50:22	10:09:36	13:15:27	13:29:42	16:55:36	18:47:05		19:58:48.55	19:58:58.15	+06:24:27 (32.1%)	11:18	5.3 (67.9%)
38	KOCHAJ Wojciech	2286		M40	16	01:31:03	05:30:39	09:23:10	09:44:05	12:53:16	13:07:27	16:55:58	18:55:37		20:02:27.05	20:02:44.60	+06:28:13 (32.3%)	11:20	5.3 (67.9%)
39	SZYMAŁA Marcin	2008	KLUCZBORSKA GRUPA BIEGOWA	M40	17	01:26:29	05:36:09	09:42:35	10:05:58	13:18:21	13:25:17	17:11:01	18:57:43		20:05:03.90	20:05:12.10	+06:30:41 (32.4%)	11:22	5.3 (67.9%)
40	OLEŚ Daniel	2182		M30	18	01:34:05	05:21:47	09:14:58	09:34:40	12:47:30	13:04:12	16:48:27	18:45:08		20:07:43.80	20:08:13.50	+06:33:42 (32.6%)	11:23	5.3 (67.9%)
41	ZBOŹNIAK Łukasz	2260	ABOVE2000	M30	19	01:17:59	05:02:33	08:59:07	09:19:07	12:45:33	13:01:02	16:56:19	19:11:50		20:21:56.40	20:21:59.80	+06:47:28 (33.3%)	11:31	5.2 (66.7%)
42	CAŁY Patryk	2272		M30	20	01:34:26	05:35:17	09:28:07	10:02:13	13:10:52	13:20:17	17:13:51	19:13:01		20:22:20.10	20:22:35.30	+06:48:04 (33.4%)	11:31	5.2 (66.7%)
43	JANGAS Andrzej	2097	NADLEŚNICTWO KALISZ	M50	4	01:29:36	05:22:25	09:17:52	09:36:58	12:49:33	13:10:50	16:53:48	18:58:24		20:25:14.10	20:25:29.95	+06:50:58 (33.5%)	11:33	5.2 (66.7%)
44	STACHURSKI Piotr	2201	STALGAST RADOM	M30	21	01:20:55	05:20:07	09:23:12	09:29:33	13:13:18	13:20:08	17:25:15	19:12:58		20:31:37.60	20:31:48.65	+06:57:17 (33.9%)	11:37	5.2 (66.7%)
45	MILEWSKI Maciek	2175	SAMOTNY WILK	M40	18	01:35:00	05:36:50	09:43:59	10:10:12	13:25:13	13:37:33	17:21:26	19:12:45		20:31:33.85	20:31:49.55	+06:57:18 (33.9%)	11:37	5.2 (66.7%)
46	JAZŁOCKI Łukasz	2045	TWDW	M30	22	01:33:48	05:13:44	08:54:18	09:06:06	12:11:37	12:20:18	16:09:20	18:28:42		20:34:09.25	20:34:31.45	+07:00:00 (34.0%)	11:38	5.2 (66.7%)
47	BOJAŃSKI Zbigniew	2190		M30	23	01:40:02	05:53:55	09:59:53	10:23:17	13:46:39	13:56:56	17:46:07	19:34:43		20:46:10.20	20:46:20.35	+07:11:49 (34.6%)	11:45	5.1 (65.4%)
48	NAGIEL Andrzej	2249	ZABIEGANI CZĘSTOCHOWA	M40	19	01:20:08	05:29:05	09:47:19	10:20:36	13:26:00	13:37:03	17:45:05	19:42:38		20:47:09.80	20:47:16.60	+07:12:45 (34.7%)	11:45	5.1 (65.4%)
49	FRĄCZEK Maciej	2279		M40	20	01:33:49	05:37:08	09:44:30	10:11:21	13:38:47	13:52:26	17:57:17	19:44:42		20:48:32.35	20:48:37.60	+07:14:06 (34.8%)	11:46	5.1 (65.4%)
50	WOJTANOWICZ Jacek	2267		M30	24	01:40:25	05:57:06	09:59:55	10:23:19	13:44:38	13:53:59	17:34:57	19:35:58		20:51:24.75	20:51:51.25	+07:17:20 (34.9%)	11:48	5.1 (65.4%)
51	RUTKOWSKI Konrad	2143		M30	25	01:35:36	05:46:15	09:57:52	10:04:29	13:36:16	13:57:06	17:36:33	19:36:11		20:52:46.65	20:52:58.65	+07:18:27 (35.0%)	11:49	5.1 (65.4%)
52	KRUSZEWSKI Filip	2154		M30	26	01:36:41	05:47:53	09:55:01	10:10:46	13:39:29	13:51:05	17:40:21	19:38:29		20:55:59.20	20:56:18.90	+07:21:47 (35.2%)	11:50	5.1 (65.4%)
53	RÓŻYCKI Konrad	2271	BIEGNIJ Z PROSERVICE	M50	5	01:31:02	05:42:00	09:44:31	09:47:33	13:33:57	13:37:51	17:14:02	19:36:03		21:00:41.60	21:00:46.85	+07:26:15 (35.4%)	11:53	5 (64.1%)
54	JĘŻEWSKI Sławomir	2214	GRZMOT KOMORNIKI	M40	21	01:40:02	05:53:54	09:59:55	10:23:18	13:46:40	13:57:00	17:51:37	19:45:30		21:02:41.60	21:02:51.55	+07:28:20 (35.5%)	11:54	5 (64.1%)
55	MATUSZEWSKI Marek	2114	RUNNER'S POWER	M40	22	01:41:54	05:59:37	10:07:53	10:17:50	13:28:31	13:35:04	17:31:27	19:45:19		21:03:24.55	21:03:34.05	+07:29:03 (35.5%)	11:55	5 (64.1%)
56	SIEROCIUK Adrian	2166		M20	3	01:32:42	05:58:02	10:16:21	10:26:15	14:01:13	14:13:44	18:21:04	20:01:51		21:09:19.00	21:09:28.05	+07:34:57 (35.8%)	11:58	5 (64.1%)
57	ŁYSIAK Michał	2031	SZWAGRY DWA	M40	23	01:34:13	05:48:56	09:48:11	10:01:15	13:24:15	13:33:15	17:44:53	19:46:15		21:10:13.70	21:10:31.50	+07:36:00 (35.9%)	11:59	5 (64.1%)
58	POTOCKI Konrad	2313		M30	27	01:24:13	04:58:42	08:50:30	09:13:02	12:51:14	13:09:56	16:54:53	19:33:20		21:14:32.65	21:14:41.70	+07:40:10 (36.1%)	12:01	5 (64.1%)
59	SMÓŁKOWSKI Marcin	2024	RUMIARUNNER	M30	28	01:32:54	05:18:43	09:07:18	09:31:26	12:45:29	13:00:52	16:59:45	19:22:47		21:14:53.65	21:15:07.15	+07:40:36 (36.1%)	12:01	5 (64.1%)
60	KUBERA Paweł	2179		M30	29	01:41:12	05:49:42	09:47:47	10:11:48	13:24:29	13:36:45	17:46:10	19:57:24		21:19:37.70	21:20:05.55	+07:45:34 (36.4%)	12:04	5 (64.1%)
61	NIEDŹWIEDŹ Maciej	2231	KOCHAM ŻYCIE	M30	30	01:20:13	05:41:20	09:58:01	10:04:36	13:46:47	13:57:15	17:53:39	20:06:06		21:25:26.10	21:25:28.60	+07:50:57 (36.6%)	12:07	4.9 (62.8%)
62	KUBAT Michał	2007	GDÓW PROUD RUNNERS	M40	24	01:39:13	05:59:37	10:24:53	10:58:52	14:10:14		18:15:10	20:09:58		21:28:31.25	21:28:44.80	+07:54:13 (36.8%)	12:09	4.9 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
63	ŻYRA Grzegorz	2116	BEZNAPINY	M40	25	01:44:02	06:10:07	10:32:37	10:51:40	13:55:09	14:06:35	18:02:49	20:08:12		21:28:27.30	21:28:50.20	+07:54:19 (36.8%)	12:09	4.9 (62.8%)
64	STODOLNY Krzysztof	2169		M50	6	01:35:44	06:16:57	10:33:14	10:42:39	14:06:11	14:14:49	18:03:47	20:22:48		21:46:23.60	21:46:27.60	+08:11:56 (37.7%)	12:19	4.9 (62.8%)
65	CHWAŁA Artur	2073		M40	26	01:38:20	05:42:53	09:45:37	10:08:39	13:52:26	14:22:34	18:20:43	20:31:48		21:48:27.05	21:48:45.65	+08:14:14 (37.8%)	12:20	4.9 (62.8%)
66	SOKÓŁ Marcin	2312		M30	31	01:40:45	05:57:00	10:25:00	10:32:57	13:52:40	14:13:49	18:00:47	20:23:15		21:53:15.35	21:53:23.85	+08:18:52 (38.0%)	12:23	4.8 (61.5%)
67	KINCER Rafał	2141	MARVIPOL DEVELOPMENT	M40	27	01:37:12	05:58:57	10:15:47	10:34:35	14:16:04	14:30:31	18:26:20	20:22:20		21:54:01.10	21:54:20.70	+08:19:49 (38.0%)	12:23	4.8 (61.5%)
68	PRZERWA Andrzej	2130	KOCHAM IZE, MAJE I BORYSIAKA SUPER CHŁOPAKA	M40	28	01:26:16	05:43:07	09:59:22	10:25:15	13:53:34	14:03:53	18:19:25	20:37:21		21:55:02.60	21:55:04.75	+08:20:33 (38.1%)	12:24	4.8 (61.5%)
69	KORBUT Radosław	2264	CROSSFIT MGW	M30	32	01:41:04	06:19:56	10:44:33	11:16:25	14:34:25	14:49:37	18:37:12	20:41:29		21:55:08.05	21:55:35.45	+08:21:04 (38.1%)	12:24	4.8 (61.5%)
70	MORYC Maciej	2035	MAKABI WARSZAWA	M40	29	01:31:13	05:43:45	09:51:22	10:16:44	13:33:39	13:51:16	17:58:35	20:27:34		22:01:35.15	22:01:41.30	+08:27:10 (38.4%)	12:28	4.8 (61.5%)
71	GARDZIEL Jerzy	2276	WW TEAM / AR WARSZAWA	M40	30	01:20:34	05:41:27	10:24:11	10:58:16	14:03:47	14:31:52	18:08:54	20:11:42	00:30:00	22:01:59.00	22:02:02.00	+08:27:31 (38.4%)	12:11	4.9 (62.8%)
72	TRUSZCZYŃSKI Maciej	2262		M40	31	01:39:13	06:06:14	10:15:56	10:29:12	13:55:03	14:14:57	18:23:24	20:38:25		22:02:30.20	22:02:40.35	+08:28:09 (38.4%)	12:28	4.8 (61.5%)
73	JANKOWIAK Przemysław	2144		M40	32	01:33:03	06:00:51	10:27:02	10:29:46	14:22:21	14:41:40	18:37:16	20:46:05		22:03:20.20	22:03:26.10	+08:28:55 (38.5%)	12:29	4.8 (61.5%)
74	TROJNAR Damian	2275	KS JANUSZE	M30	33	01:39:12	05:54:31	10:14:08	10:26:40	14:13:00	14:28:24	18:46:39	20:55:43		22:04:01.70	22:04:26.90	+08:29:55 (38.5%)	12:29	4.8 (61.5%)
75	TECZA Dariusz	2211	BIEGAJ W JEDLINIE	M50	7	01:28:31	05:41:11	10:06:28	10:30:38	14:13:03	14:24:59	18:25:43	20:49:00		22:04:58.60	22:05:09.10	+08:30:38 (38.5%)	12:29	4.8 (61.5%)
76	PASTUŁA Łukasz	2125		M30	34	01:35:39	05:54:46	10:14:19	10:27:22	14:13:13	14:28:40	18:46:53	20:55:59		22:06:32.90	22:06:43.95	+08:32:12 (38.6%)	12:30	4.8 (61.5%)
77	ĆWIRKO Łukasz	2291		M30	35	01:36:41	05:45:35	10:09:55	10:23:02	14:12:52	14:25:12	18:25:32	20:48:52		22:08:47.45	22:09:08.90	+08:34:37 (38.7%)	12:32	4.8 (61.5%)
78	GANC Marcin	2221		M40	33	01:44:50	06:18:26	10:43:05	11:09:09	14:40:36	14:56:02	18:49:37	20:59:08		22:20:45.95	22:21:08.85	+08:46:37 (39.3%)	12:38	4.7 (60.3%)
79	FURMAŃCZYK Michał	2194	TRAMINEL	M40	34	01:47:32	06:30:57	10:50:01	11:25:19	14:47:13	14:56:25	19:02:36	21:05:19		22:21:42.95	22:22:01.65	+08:47:30 (39.3%)	12:39	4.7 (60.3%)
80	KOŹMIŃSKI Piotr	2113	ROZBIEGANE DZIAŁDOWO	M40	35	01:37:21	05:56:28	10:32:53	10:41:41	14:10:19		18:37:09	20:55:50		22:21:55.55	22:22:05.40	+08:47:34 (39.3%)	12:39	4.7 (60.3%)
81	KWASNIEWSKI Krzysztof	2187	ŻYWCEM ZABIEGANI	M40	36	01:37:08	06:01:06	10:28:24	11:06:15	14:24:44	14:42:34	18:35:59	20:58:08		22:23:21.65	22:23:30.70	+08:48:59 (39.4%)	12:40	4.7 (60.3%)
82	STROCZYŃSKI Paweł	2188		M30	36	01:37:10	06:01:10	10:29:10	11:06:14	14:24:52	14:42:36	18:38:29	20:57:35		22:23:23.45	22:23:32.20	+08:49:01 (39.4%)	12:40	4.7 (60.3%)
83	MAGDIJ Krzysztof	2002	MEGKURSY.PL	M40	37	01:43:27	06:07:11	10:26:38	10:28:20	15:00:47	15:24:09	19:08:17	21:13:32		22:25:29.85	22:25:43.25	+08:51:12 (39.5%)	12:41	4.7 (60.3%)
84	CIUK Piotr	2037	YULO RUN TEAM SIEDLCE	M40	38	01:43:35	06:19:53	10:42:54	11:20:06	15:11:41	15:21:08	19:30:38	21:14:47		22:25:18.45	22:25:47.85	+08:51:16 (39.5%)	12:41	4.7 (60.3%)
85	MAGDZIAK Łukasz	2040	ŁOWCY WRAŻEŃ	M30	37	01:35:34	05:54:45	10:13:20	10:21:28	13:55:46	14:08:13	18:36:25	20:52:14		22:27:10.20	22:27:25.65	+08:52:54 (39.6%)	12:42	4.7 (60.3%)
86	MORYŃ Piotr	2078		M40	39	01:40:26	06:36:15	11:05:27	11:35:55	15:04:54	15:22:36	19:18:57	21:17:05		22:28:06.90	22:28:25.60	+08:53:54 (39.6%)	12:43	4.7 (60.3%)
87	BALAWEJDER Marcin	2293		M40	40	01:41:17	06:28:00	10:55:23	11:29:59	14:56:52	15:13:45	19:21:28	21:23:20		22:33:24.65	22:33:46.60	+08:59:15 (39.8%)	12:46	4.7 (60.3%)
88	OCZOŚ Hubert	311 X	WOJOWNICZE NIEDŹWIADKI	M30	38	01:56:10	06:50:49	11:24:44	11:40:34	14:57:04	15:11:30	18:59:59	21:13:23		22:34:28.05	22:34:54.90	+09:00:23 (39.9%)	12:46	4.7 (60.3%)
89	OCHOTA Rafał	2047	STARGARD. JA SIĘ NIE ŚCIGAM.	M40	41	01:42:07	06:15:51	10:43:45	11:08:59	14:37:41	14:52:11	18:55:48	21:05:02		22:38:27.35	22:38:51.15	+09:04:20 (40.1%)	12:48	4.7 (60.3%)
90	KRAKOWIAK Łukasz	2046		M30	39	01:42:06	06:15:55	10:43:46	11:08:57	14:37:43	14:52:11	18:55:50	21:05:09		22:38:27.85	22:38:51.25	+09:04:20 (40.1%)	12:48	4.7 (60.3%)
91	WIERZBA Jacek	2021	BIEGACZA SUKCES ŻMIGRÓD	M40	42	01:33:53	05:57:00	10:24:28	11:08:43	14:26:21	14:48:07	18:53:25	21:11:41		22:42:39.60	22:42:54.15	+09:08:23 (40.2%)	12:51	4.7 (60.3%)
92	SZYMKIEWICZ Robert	2104	MIEDZYRZECZ REAKTYWACJA	M50	8	01:38:14	06:15:12	10:34:59	10:49:33	14:40:37	14:51:46	19:10:24	21:19:32		22:43:00.05	22:43:22.25	+09:08:51 (40.3%)	12:51	4.7 (60.3%)
93	ENGLERT Grzegorz	2084		M40	43	01:41:54	06:27:49	10:42:53	11:10:41	14:26:45	14:48:11	18:51:45	21:22:50		22:43:35.40	22:43:55.95	+09:09:24 (40.3%)	12:51	4.7 (60.3%)
94	GRINIG Arkadiusz	2178		M40	44	01:44:55	06:35:42	10:58:24	11:23:38	14:56:48	15:13:19	19:21:22	21:24:51		22:43:33.50	22:43:56.80	+09:09:25 (40.3%)	12:51	4.7 (60.3%)
95	ŻMUDKA Bartek	2023	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	45	01:41:49	06:24:54	10:59:10	11:41:24	15:05:23	15:26:03	19:24:47	21:25:50		22:46:16.55	22:46:32.20	+09:12:01 (40.4%)	12:53	4.7 (60.3%)
96	KORBELA Bartosz	2212	MBANK	M30	40	01:35:58	05:57:09	10:43:14	11:09:20	14:38:17	14:57:05	19:07:51	21:12:17		22:46:36.05	22:46:47.25	+09:12:16 (40.4%)	12:53	4.7 (60.3%)
97	MARCELA Marcin	2026	FAT MAMA'S SPORT CLUB	M40	46	01:39:32	06:15:29	10:34:22	10:49:01	14:40:31	14:52:05	19:10:41	21:19:29		22:47:08.40	22:47:13.35	+09:12:42 (40.4%)	12:53	4.7 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
98	NIEDZIELA Marcin	2030	FAT MAMA'S SPORT CLUB	M40	47	01:39:36	06:41:33	10:59:48	11:22:43	14:56:01	15:12:15	19:13:16	21:19:30		22:47:08.20	22:47:13.45	+09:12:42 (40.4%)	12:53	4.7 (60.3%)
99	WIDZIAK Piotr	2025	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	48	01:41:50	06:25:01	10:59:10	11:41:25						22:46:59.35	22:47:15.00	+09:12:44 (40.4%)	12:53	4.7 (60.3%)
100	WYRWAŁ Sebastian	2256		M30	41	01:27:29	05:41:21	09:57:27	10:18:34	14:18:19	14:30:21	18:50:26	21:13:43		22:47:26.00	22:47:32.90	+09:13:01 (40.4%)	12:54	4.7 (60.3%)
101	KUŚ Sławomir	2150		M30	42	01:36:46	05:57:11	10:30:12	10:32:10	14:49:36	14:59:52	19:14:16	21:25:22		22:57:15.35	22:57:30.15	+09:22:59 (40.9%)	12:59	4.6 (59.0%)
102	MILKA Mirosław	2258		M40	49	01:27:32	05:33:08	10:06:33	10:19:05	14:16:59	14:29:19	19:16:11	21:24:29		23:00:54.80	23:00:56.05	+09:26:25 (41.0%)	13:01	4.6 (59.0%)
103	MAMLA Zbigniew	2185	TRUCHT TARCHOMIN TEAM / ULTRA PASTERZE	M40	50	01:36:46	06:25:01	10:59:04	11:13:25	15:11:57	15:21:57	19:32:04	21:47:24		23:04:37.75	23:04:51.00	+09:30:20 (41.2%)	13:03	4.6 (59.0%)
103	BIENIAK Krzysztof	2288	KLINIKA STOMATOLOGICZNA SOLDENT BSC TOMASZ DUKAT	M40	50	01:36:41	06:24:58	10:58:57	11:13:21	15:12:00	15:21:20	19:32:04	21:47:20		23:04:37.90	23:04:51.00	+09:30:20 (41.2%)	13:03	4.6 (59.0%)
105	KAJA Robert	2247	WIELUŃ BIEGA	M50	9	01:37:58	06:41:26	11:33:54	11:48:34	15:23:21	15:32:44	19:38:50	21:48:23		23:07:21.90	23:07:32.10	+09:33:01 (41.3%)	13:05	4.6 (59.0%)
106	BĘDŹKOWSKI Marek	2197	MORSY OSTROŁĘKA	M50	10	01:49:20	06:24:54	10:55:46	11:29:54	14:56:51	15:13:46	19:34:49	22:05:08		23:15:14.95	23:15:34.90	+09:41:03 (41.6%)	13:09	4.6 (59.0%)
107	DŹUGAN Witold	2075		M50	11	01:38:30	06:07:44	10:49:29	11:39:55	15:07:35	15:20:14	19:39:04	21:58:23		23:19:51.70	23:20:03.45	+09:45:32 (41.8%)	13:12	4.5 (57.7%)
108	KOSIŃSKI Marcin	2198	PETUNIE	M30	43	02:02:09	07:14:49	11:58:04	12:11:04	15:44:49		19:56:21	22:01:18		23:24:54.00	23:25:15.65	+09:50:44 (42.0%)	13:15	4.5 (57.7%)
109	ŁUKASIAK Sylwester	2134		M40	52	01:36:54	05:58:31	10:24:39	10:27:09	14:33:26	14:52:14	19:03:46	21:31:38		23:25:47.65	23:25:55.65	+09:51:24 (42.1%)	13:15	4.5 (57.7%)
110	JASKULA Bartosz	2076		M30	44	01:41:39	06:07:41	10:47:14	11:19:22	15:07:36	15:25:13	19:37:41	22:05:16		23:30:32.65	23:30:35.15	+09:56:04 (42.3%)	13:18	4.5 (57.7%)
111	KLUCZ Błażej	2049		M20	4	01:37:52	06:18:18	10:43:54	11:09:53	14:57:52	15:15:14	19:27:27	21:53:20		23:30:19.80	23:30:37.10	+09:56:06 (42.3%)	13:18	4.5 (57.7%)
112	SZYMAJDA Adam	2052	EQUINIX	M40	53	01:39:12	06:06:14	10:38:57	10:58:01	14:36:20		19:16:51	21:52:52		23:34:21.85	23:34:47.35	+10:00:16 (42.4%)	13:20	4.5 (57.7%)
113	BIAŁECKI Zbigniew	2152	ŁÓDŹ RUNNING TEAM	M50	12	01:46:01	06:40:37	11:28:48	11:50:29	15:26:14	15:39:28	20:10:41	22:19:39		23:35:36.50	23:35:52.35	+10:01:21 (42.5%)	13:21	4.5 (57.7%)
114	RUTYNA Paweł	2273	CRAZY DRIVER	M40	54	01:43:44	06:19:16	10:54:49	11:26:04	14:56:58	15:13:24	19:42:22	22:09:27		23:37:43.05	23:38:00.50	+10:03:29 (42.6%)	13:22	4.5 (57.7%)
115	WOLSKI Dariusz	2171	DAKOS TEAM	M30	45	01:40:23	05:59:56	10:42:58	11:25:25	15:03:02	15:32:20	19:32:45	21:47:24		23:38:08.45	23:38:26.05	+10:03:55 (42.6%)	13:22	4.5 (57.7%)
116	POZNAŃSKI Szymon	2071	BYDGOSKIE DZIKI'POWALISZA'	M20	5	01:40:32	05:59:56	10:42:56	11:25:24	15:02:59	15:32:18	19:32:43	21:47:24		23:38:08.10	23:38:26.40	+10:03:55 (42.6%)	13:22	4.5 (57.7%)
117	CEGLEWSKI Marcin	2106	HARPAGANY RUNNING TEAM	M40	55	01:40:56	06:35:38	11:09:14	11:45:35	15:34:22	15:50:52	19:56:22	22:12:30		23:38:29.25	23:38:45.95	+10:04:14 (42.6%)	13:22	4.5 (57.7%)
118	STELMACHER Dominik	2107	HARPAGANY RUNNING TEAM	M20	6	01:40:56	06:35:39	11:09:16	11:45:47	15:34:23	15:51:09	19:56:14	22:12:34		23:38:29.95	23:38:46.25	+10:04:15 (42.6%)	13:22	4.5 (57.7%)
119	BAJGERT Robert	2296	VOLTAIX.PL	M40	56	01:26:33	06:03:39	10:38:55	11:08:57	15:06:59	15:20:14	19:38:58	21:57:58		23:39:44.00	23:39:45.75	+10:05:14 (42.6%)	13:23	4.5 (57.7%)
120	KORECKI Andrzej	2217		M40	57	01:40:23	06:08:50	11:10:55	12:07:16	15:38:42	16:01:38	20:04:03	22:16:07		23:39:34.15	23:40:01.20	+10:05:30 (42.6%)	13:23	4.5 (57.7%)
121	WOLSKI Konrad	2290		M20	7	01:28:01	05:41:22	11:48:14	13:01:52	16:07:50	16:45:24	20:14:57	22:17:38		23:40:59.90	23:41:14.30	+10:06:43 (42.7%)	13:24	4.5 (57.7%)
122	BURBLIS Łukasz	2124	BIEGING TEAM ZELÓW	M30	46	01:30:11	06:46:17	10:51:01	11:13:06	14:56:03	15:06:23	19:35:08	22:04:55		23:42:17.05	23:42:46.85	+10:08:15 (42.8%)	13:25	4.5 (57.7%)
123	SIUDAK Marek	2306		M60	1	01:45:38	06:34:31	11:11:01	12:07:22	15:38:48	16:01:05	20:19:32	22:18:47		23:46:41.55	23:47:03.30	+10:12:32 (42.9%)	13:27	4.5 (57.7%)
124	GORSKI Mateusz	2012	BIGYELLOWFOOT ADVENTURE TEAM	M30	47	01:34:24	06:05:28	10:28:15	11:02:49	15:11:31	15:19:10	19:40:38	22:06:40		23:48:31.45	23:48:47.60	+10:14:16 (43.0%)	13:28	4.5 (57.7%)
125	POLAKOWSKI Tomasz	2092	STREET RUN RADOM	M40	58	01:47:17	06:35:50	11:10:56	11:30:44	15:19:03	15:38:07	19:59:37	22:20:21		23:48:50.60	23:49:18.15	+10:14:47 (43.0%)	13:28	4.5 (57.7%)
126	KOCOT Sebastian	2013		M40	59	01:34:03	05:54:00	10:39:57	10:58:43	15:07:32	15:23:59	19:44:29	22:14:41		23:49:25.50	23:49:46.25	+10:15:15 (43.0%)	13:29	4.4 (56.4%)
127	KOWALEWSKI Krzysztof	2277	12TRI.PL	M30	48	01:43:57	06:41:28	11:05:15	11:37:34	15:21:20	15:43:44	19:56:50	22:17:34		23:53:19.60	23:53:25.75	+10:18:54 (43.2%)	13:31	4.4 (56.4%)
128	MISIĄGIEWICZ Paweł	2240		M40	60	01:41:21	06:17:10	11:04:18	11:45:07	15:18:20	15:48:41	19:56:21	22:16:35		23:54:31.60	23:54:51.85	+10:20:20 (43.2%)	13:31	4.4 (56.4%)
129	HOŁYSZ Daniel	2103		M50	13	01:47:33	06:37:54	11:27:12	11:57:01	15:38:02	16:04:52	20:23:23	22:16:25		23:58:05.85	23:58:15.05	+10:23:44 (43.4%)	13:34	4.4 (56.4%)
130	GAUDYN Hubert	2028	TEAM 4	M40	61	01:39:47	06:19:28	11:02:56	11:52:44	15:38:08	16:09:11	20:20:08	22:28:24		23:58:36.15	23:58:44.05	+10:24:13 (43.4%)	13:34	4.4 (56.4%)
131	CYNIAK Marek	2181	EVERRUN	M40	62	01:30:28	05:57:40	10:29:40	11:11:22	15:20:39	15:42:52	20:18:29	22:26:52		23:58:48.60	23:58:55.95	+10:24:24 (43.4%)	13:34	4.4 (56.4%)
132	CIEŹKI Konrad	2189	EVERRUN	M30	49	01:28:04	05:52:03	10:29:17	10:31:20	15:20:40	15:44:02	20:18:29	22:25:59		23:58:49.75	23:58:56.50	+10:24:25 (43.4%)	13:34	4.4 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 57.9km	Smerek 74.95km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
133	JEZIORNY Ryszard	2246	WIELUŃ BIEGA	M50	14	01:51:19	07:10:11	11:58:44	12:19:55	15:58:54	16:16:11	20:30:13	22:30:33		24:04:02.20	24:04:12.95	+10:29:41 (43.6%)	13:37	4.4 (56.4%)
134	AL-JEABORY Mahdi	2102		M30	50	01:47:31	06:37:58	11:27:34	11:57:02	15:38:03	16:04:51	20:23:28	22:17:58		24:04:36.45	24:04:45.95	+10:30:14 (43.6%)	13:37	4.4 (56.4%)
135	RUBIN Andrzej	2014	TRAIL RUNNERS JAWORZNO	M40	63	01:42:30	06:30:00	10:56:05	11:28:35	14:58:06	15:18:16	19:47:32	22:29:08		24:05:03.15	24:05:24.00	+10:30:53 (43.6%)	13:37	4.4 (56.4%)
136	MROZIŃSKI Leszek	2068	RUNEDA	M30	51	01:38:38	06:51:09	11:48:02	12:23:37	16:01:54	16:24:44	20:23:11	22:43:25		24:05:54.80	24:06:19.15	+10:31:48 (43.7%)	13:38	4.4 (56.4%)
137	CINCIO Robert	2147	TKKF TRIATHLON KOSZALIN	M40	64	01:47:19	07:10:03	11:54:37	12:20:02	16:14:09	16:39:15	20:33:52	22:39:29		24:11:26.30	24:11:46.55	+10:37:15 (43.9%)	13:41	4.4 (56.4%)
138	OWCZARSKI Marcin	2146	BORYTEAM	M40	65	01:42:38	06:28:38	11:02:59	11:24:42	15:38:34	15:53:03	20:40:50	23:00:41		24:18:39.10	24:18:54.00	+10:44:23 (44.2%)	13:45	4.4 (56.4%)
139	MORAWSKI Grzegorz	2057	KONIUCHY OCR	M30	52	01:36:49	06:26:58	11:32:05	12:09:54	15:59:25	16:15:34	20:53:56	22:59:24		24:19:48.00	24:19:59.95	+10:45:28 (44.2%)	13:46	4.4 (56.4%)
140	ZIELIŃSKI Damian	2301	NOVA	M30	53	01:44:54	06:32:22	11:25:23	11:54:51	15:45:52	16:11:18	20:34:25	22:58:51		24:21:22.30	24:21:42.85	+10:47:11 (44.3%)	13:47	4.4 (56.4%)
141	SOBIECH Marcin	2176		M30	54	01:44:53	06:32:16	11:25:22	11:54:50	15:45:53	16:11:24	20:34:26	22:59:25		24:21:23.95	24:21:44.50	+10:47:13 (44.3%)	13:47	4.4 (56.4%)
Przekroczony limit czasu: 24:30:00																			
142	KOLECKI Jakub	2042	PRZELAMANIENOGIARTROZGUBBRZUCH	M40	66	02:09:30	07:05:34	12:00:49	12:42:27	16:26:39	17:07:41	21:05:36	23:15:10		24:30:07.20	24:30:37.40	+10:56:06 (44.6%)	13:52	4.3 (55.1%)
143	SOBOCIŃSKI Karol	2120	PIĘKNI I BESTIE	M20	8	01:32:43	06:17:49	10:39:16	11:20:55	15:12:07	15:23:35	20:09:32	22:55:24		24:31:32.05	24:31:41.25	+10:57:10 (44.7%)	13:52	4.3 (55.1%)
144	ROMERO GARCIA Juan	2170	WITC	M30	55	01:26:43	05:40:06	10:33:51	10:53:38	15:42:12	16:06:53	20:33:32	23:00:00		24:47:44.55	24:47:56.60	+11:13:25 (45.3%)	14:02	4.3 (55.1%)
145	MAKOS Adam	2064		M40	67	01:53:12	07:23:00	12:06:23	12:24:03	16:10:59	16:24:38	20:39:06	23:22:19		25:16:05.20	25:16:32.55	+11:42:01 (46.3%)	14:18	4.2 (53.8%)
146	ZIEMBA Jeremi	2157	-	M40	68	01:49:09	07:28:15	12:30:45	12:46:39	16:52:10	17:06:47	21:38:18	23:46:26		25:27:39.65	25:27:51.90	+11:53:20 (46.7%)	14:24	4.2 (53.8%)
147	STĘPIEŃ Janusz	2216		M40	69	02:04:38	07:56:10	12:45:18	13:25:41	17:00:18	17:21:52	21:43:11	23:49:28		25:30:38.40	25:31:06.90	+11:56:35 (46.8%)	14:26	4.2 (53.8%)
148	BURZYŃSKI Tomasz	2208		M40	70	01:48:01	06:31:33	11:30:00	11:53:25	16:12:49	16:53:21	22:05:44			25:32:08.55	25:32:26.95	+11:57:55 (46.8%)	14:27	4.2 (53.8%)
149	PAPROCKI Wiesław	2310	KB MCKIS JAWORZNO	M50	15	01:42:31	07:03:35	12:32:09	13:20:48	17:22:34	17:49:59	22:14:35			25:38:57.70	25:39:18.60	+12:04:47 (47.1%)	14:31	4.1 (52.6%)
150	DOMIŃCZYK Rafał	2126		M40	71	01:55:37	07:32:41	12:59:49	13:46:13	17:15:12		22:10:38			26:02:49.95	26:03:15.40	+12:28:44 (47.9%)	14:44	4.1 (52.6%)
151	MĘCZYKOWSKI Ireneusz	2009	GRUNWALD TEAM POZNAŃ	M30	56	01:52:43	07:30:54	12:52:42	13:17:47	17:20:31	17:36:23	21:51:06			26:06:38.95	26:06:53.50	+12:32:22 (48.0%)	14:46	4.1 (52.6%)
	JAWOREK Jacek	2139		M40		01:40:11 DNF	06:26:31 DNF	11:29:38 DNF	12:03:37 DNF	15:34:42 DNF	16:17:16 DNF	20:53:24 DNF	23:16:11 DNF		DNF	DNF	-	-	(0.0%)
	KACZYŃSKI Artur	2285		M40		01:40:11 DNF	06:51:59 DNF	11:49:57 DNF	12:05:45 DNF	16:14:22 DNF	16:29:51 DNF	20:49:08 DNF	23:28:40 DNF		DNF	DNF	-	-	(0.0%)
	PIETRUCHA Maciej	2151	KARKONOSZ RUNNING TEAM	M40		01:24:02 DNF	05:22:45 DNF	09:15:12 DNF	09:36:55 DNF	12:47:48 DNF	13:12:59 DNF	17:05:16 DNF	DNF		DNF	DNF	-	-	(0.0%)
	WIŚNIEWSKI Dawid	2069	ANIELSKI ORSZAK	M30		01:40:34 DNF	06:08:57 DNF	10:42:58 DNF	11:25:24 DNF	15:06:22 DNF	15:32:22 DNF	21:36:07 DNF	DNF		DNF	DNF	-	-	(0.0%)
	MIERZEJEWSKI Sylwester	2172	OSNIP WP ACTIVE TEAM	M40		01:38:39 DNF	06:51:11 DNF	11:48:05 DNF	12:23:36 DNF	16:04:56 DNF	16:24:43 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	ZALEWSKI Mateusz	2050	PAINKILLER	M30		01:39:11 DNF	07:33:37 DNF	12:45:10 DNF	13:23:26 DNF	17:13:48 DNF	17:40:50 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZTYK Grzegorz	2016	DOGOŃ GRODZISK MAZOWIECKI	M30		01:43:02 DNF	06:39:45 DNF	12:20:54 DNF	13:32:01 DNF	16:50:59 DNF	17:46:33 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	FALKOWSKI Michał	2027	KOWALEWO BIEGA	M30		01:59:40 DNF	07:32:39 DNF	12:59:14 DNF	13:46:21 DNF	17:48:03 DNF	18:00:46 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZABLA Marcin	2233	SAINT-GOBAIN SQUAD	M40		01:52:19 DNF	07:32:09 DNF	12:58:55 DNF	13:46:14 DNF	17:48:12 DNF	18:01:24 DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BOGUS Piotr	2299	KRAJOZNAWCZE WYCIECZKI DZIKIEGO MISIA KONTEMPLUJĄCE PRZYRODĘ Z OJCEM BOGUSEM	M30		01:41:51 DNF	06:22:19 DNF	11:03:59 DNF	11:31:55 DNF	15:39:59 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZCZUKA Paweł	2230	LOGWIN TEAM SPORT	M30		01:38:22 DNF	06:00:37 DNF	10:56:08 DNF	11:35:53 DNF	16:04:57 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	DWORNICKI Tomasz	2298	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40		01:41:50 DNF	06:25:03 DNF	10:58:17 DNF	11:33:05 DNF	16:08:25 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	FRYSIAK Artur	2061	WIELUŃ ULTRA I NIE TYLKO	M50		01:29:47 DNF	05:34:39 DNF	09:42:36 DNF	10:05:10 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BARTOSIŃSKI Bartłomiej	2020	ŁOWCY WRAŻEŃ	M20		01:35:53 DNF	05:43:54 DNF	10:13:21 DNF	10:25:27 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	ZIMNY Piotr	2100	SAINT GOBAIN SQUAD	M30		01:35:54 DNF	05:57:04 DNF	10:27:49 DNF	10:30:32 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
	KAMIŃSKI Piotr	2133		M40		01:39:12 DNF	06:03:34 DNF	10:00:14 DNF	10:32:17 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZYDŁOWSKI Jacek	2058		M40		01:21:54 DNF	05:47:42 DNF	10:07:12 DNF	10:34:33 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ŚCIBOR Marcin	2137		M30		01:33:24 DNF	06:16:25 DNF	11:09:17 DNF	11:14:38 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SOFUŁ Tomasz	2112		M40		01:40:41 DNF	05:59:07 DNF	10:57:28 DNF	11:39:44 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KRZYWDA Wojciech	2274		M20		02:02:10 DNF	07:14:52 DNF	12:28:33 DNF	13:09:49 DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WOJCIECHOWSKI Krzysztof	2191	STARGARG,JA SIĘ NIE ŚCIGAM	M50		01:42:07 DNF	06:35:33 DNF	07:15:59 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PARECKI Wojciech	2242		M30		01:38:01 DNF	06:43:47 DNF	07:16:13 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZURKOWSKI Michał	2067	GRUNWALD TEAM POZNAŃ	M30		01:52:44 DNF	07:31:17 DNF	08:01:02 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MAZUR Sebastian	2236		M40		01:42:12 DNF	DNF	08:18:18 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DUKATA Grzegorz	2060	MGGW	M40		01:29:21 DNF	05:11:29 DNF	08:45:39 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZCZEPKOWSKI Bartłomiej	2145		M30		01:28:13 DNF	05:15:34 DNF	08:58:15 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WILK Daniel	2167	KLUB BIEGACZA AKTYWNI KRZYŻ WLKP	M40		01:23:01 DNF	05:14:20 DNF	09:18:46 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WÓJCIK Michał	2091		M30		01:43:14 DNF	05:46:15 DNF	09:28:31 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KRZYŻAN Jakub	2184	KW KRAKÓW	M40		01:29:16 DNF	05:25:59 DNF	09:33:22 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	NIEDŹWIEDŹ Tomasz	2316		M30		01:23:33 DNF	05:22:04 DNF	09:43:49 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KARNICKI Paweł	2111	NZN	M40		01:24:20 DNF	05:18:45 DNF	09:51:12 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ŚWIDZIŃSKI Tomasz	2302	VEGE RUNNERS HAJIME RUN TEAM	M40		01:34:13 DNF	05:52:36 DNF	10:17:30 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	FRANK Dariusz	2259		M30		01:34:43 DNF	05:54:46 DNF	10:33:52 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SCHWITALLA Adrian	2034	MKS SIECHNICE	M40		01:38:17 DNF	05:59:15 DNF	10:37:02 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GAWLIK Marcin	2044	MKS SIECHNICE	M40		01:38:16 DNF	05:59:16 DNF	10:37:03 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BURZYŃSKI Tomasz	2206	GETRESPONSE	M30		01:41:11 DNF	06:06:10 DNF	10:43:41 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ZBIERAŃSKI Dariusz	2096		M30		01:35:57 DNF	05:57:13 DNF	10:48:07 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SUDER Michał	2115	BEZNAPINY	M40		01:44:04 DNF	06:10:11 DNF	10:48:20 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MAJEWSKI Krystian	2226	#K	M30		01:42:03 DNF	06:15:07 DNF	10:58:52 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BUCIOR Łukasz	2282	NAJWIĘKSZA ARMIA ŚWIATA	M20		01:38:22 DNF	05:56:58 DNF	11:00:55 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	JANIK Piotr	2238		M40		01:36:17 DNF	05:49:42 DNF	11:01:24 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KONIK Tomasz	2140	KOKI TEAM	M40		01:41:16 DNF	06:26:31 DNF	11:19:59 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	FALKOWSKI Piotr	297 X	JAGÓDKI	M50		01:37:18 DNF	06:32:14 DNF	11:24:49 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MAŁECKI Sebastian	2160	KLUB BIEGACZA T2/4	M40		01:42:08 DNF	06:30:36 DNF	11:29:53 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WEREMJEWICZ Marcin Wiktor	2284	BIEGAMINA	M40		01:55:29 DNF	07:04:00 DNF	11:47:37 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PODCZARSKI Tomek	2056		M40		01:56:07 DNF	07:09:19 DNF	11:50:26 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ZAŁUCKI Maciej	2239		M50		01:42:30 DNF	06:39:11 DNF	11:52:25 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DUDA Tomek	2070	RADIO RODZINA	M50		01:59:45 DNF	07:12:18 DNF	12:07:45 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PORĘBSKI Zbigniew	2088	QUATTRO	M50		01:40:26 DNF	07:01:49 DNF	12:16:55 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	FIJAŁKOWSKI Radosław	2283	ACADEMY GCW	M40		01:38:26 DNF	06:36:54 DNF	12:23:05 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Cisna 11.88km	Maniow 35.5km	Orlik1 57.9km	Orlik2 58km	Smerek 74.9km	Smerek 74.95km	Roztoki 93.5km	Liszna 100.8km	Kara/ bonifikata	Czas netto 106km	Czas brutto 106km	Różn	Tempo min/km	Tempo km/h
	CHODOROWSKI Arkadiusz	2228	IPA PAŁAC MOSTOSKICH KOMENDA STOLECZNA POLICJI	M30		01:54:07 DNF	08:06:52 DNF	13:49:28 DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	KOKOCIŃSKI Dariusz	2278		M40		01:27:18 DNF	05:02:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	ROZLAZLY Rozlazly	2159		M30		01:24:27 DNF	05:08:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	MIKOŁAJCZYK Łukasz	2059		M30		01:24:33 DNF	05:28:52 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	UBYCH Mariusz	2043	FIZJO PLUS ACTIVE	M30		01:28:15 DNF	05:52:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	WEISSENSTEINER Dawid	2269		M30		01:28:48 DNF	06:06:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	JURCZAK Roman	2072		M60		01:28:34 DNF	06:09:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	JĄŁOWSKI Andrzej	2244	POLSKI24	M50		01:27:06 DNF	06:13:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	MONICA Mateusz	2077	APARTAMENTY ŁEMKO RUNNING TEAM	M40		01:41:11 DNF	06:17:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	FURS Teodor	2219	PIERDZACE ZAJACE	M40		01:36:42 DNF	06:25:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	GLONEK Marcin	2082	FUNDACJA ORANGE	M30		01:41:59 DNF	06:27:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	KRĘGIELEWSKI Mirosław	2085		M50		01:32:28 DNF	06:40:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	PTAK Patryk	2177	BIEGNĘ, ŻEBY BARTEK MÓGLE BIEGAĆ	M30		01:38:40 DNF	06:43:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	WOJT CZAK Krzysztof	2015	WKB PIAST WROCŁAW	M40		01:39:05 DNF	06:59:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	KOLASA Andrzej	2022	KLUB J.ŚŁOWACKIEGO	M60		01:56:13 DNF	08:07:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	UBYCH Marcin	2297		M40		01:49:06 DNF	08:07:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	SROMEK Piotr	2232	BRAK, BIEGAM BO LUBIĘ	M50		01:27:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	FILIPEK Paweł	2018	BIEGUSIEM.PL	M30		01:28:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	BASHFORD Marcus	2237		M30		01:28:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	ŻŁOBECKI Piotr	2156		M40		01:30:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	MIROCHA Łukasz	2199	WICHRY BESKIDU	M40		01:33:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	NOWAK Arkadiusz	2257	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	M30		01:36:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	POPEK Arkadiusz	2148		M20		01:42:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	BEDNAREK Remigiusz	2118	XRUNNERS	M30		01:44:57 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	WYRWAŁ Krzysztof	2255		M40		01:46:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	SIENICKI Piotr	2164	FOR-REST-RUN	M40		01:47:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	WOJTASZEK Marcin	2038	MUCHY NA ZĘBACH	M30		01:53:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	WIRKUS Zbigniew	2094		M60		01:59:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	NALEPA Tomasz	2314		M20		02:04:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	
	MROZIŃSKI Andrzej	2315		M50		02:16:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)	

Znaleziono 231 wynik(ów)