

# BIEG SUPER TRAIL - 130 KM

B4SPORT

**Event:** Dolnośląski Festiwal Biegów Górskich  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2020-07-16  
**Place:** Łądek-Zdrój  
**Distance:** 130 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN

Split point: 81,0 km

| Place | Participant               | Number | Club                          | Category         | A1<br>10km      | A2<br>32km      | A3<br>47km      | A4<br>64km      | A5<br>81km      |
|-------|---------------------------|--------|-------------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 1     | MAŁYGA Grzegorz           | 2055   |                               | Senior II M - 30 | 00:59:28        | 03:45:12        | 05:33:38        | 07:16:48        | 09:29:00        |
| 2     | WAWRZYNIAK Łukasz         | 2116   | RONAL RUN POLSKA              | Senior II M - 30 | 00:59:36        | 03:51:28        | 05:43:56        | 07:33:07        | 09:29:39        |
| 3     | KOCIOŁOWICZ Piotr         | 2058   | BIEGAM W GÓRACH BARDZKICH     | Senior II M - 30 | 01:00:07        | 03:50:08        | 05:45:14        | 07:41:09        | 09:42:54        |
| 4     | KUPCZAK Mariusz           | 2085   | MPK WROCŁAW                   | Masters M - 40   | 01:03:08        | 03:54:25        | 05:52:28        | 07:59:40        | 09:56:30        |
| 5     | FRAŃCZ Tomasz             | 2177   | INEE INDUSTRY TEAM            | Senior II M - 30 | 01:08:56        | 04:17:31        | 06:14:56        | 08:05:34        | 10:02:56        |
| 6     | WŁOCHAL Robert            | 2039   |                               | Senior II M - 30 | 01:05:15        | 04:03:26        | 06:09:10        | 08:12:44        | 10:14:25        |
| 7     | PAZDA-POZORSKA Małgorzata | 2124   | POLTAREX                      | Senior II K - 30 | 01:05:38        | 04:06:01        | 06:18:42        | 08:15:13        | 10:20:28        |
| 8     | MARZEC Grzegorz           | 2093   | GMINA STRZELCE OPOLSKIE       | Masters M - 40   | 01:04:06        | 04:03:55        | 05:57:28        | 07:56:59        | 10:23:04        |
| 9     | KRAKOWCZYK Marta          | 2016   | PIERUNSKIE CANGÓRY            | Senior I K - 20  | 01:07:32        | 04:06:07        | 06:14:52        | 08:10:16        | 10:27:21        |
|       | MILCZAREK Paweł           | 2169   | ROAD TO UTMB                  | Senior II M - 30 | 01:00:32<br>DNF | 03:51:29<br>DNF | 05:46:15<br>DNF | 07:38:41<br>DNF | 10:40:15<br>DNF |
| 11    | GAŁUSZKA Rafał            | 2149   |                               | Masters M - 40   | 01:08:19        | 04:13:19        | 06:31:14        | 08:38:45        | 10:53:26        |
| 12    | KOTARBA Wojciech          | 2131   | TAKEDA FIT                    | Senior II M - 30 | 01:11:42        | 04:26:12        | 06:40:56        | 08:42:05        | 10:59:08        |
| 13    | SPRENGER Mirosław         | 2067   | TRAWERS TEAM NAKŁO            | Masters M - 40   | 01:03:52        | 04:20:23        | 06:33:23        | 08:27:29        | 10:59:26        |
| 14    | FURMAN Sławomir           | 2022   |                               | Masters M - 40   | 01:11:38        | 04:23:49        | 06:40:54        | 08:40:23        | 11:00:48        |
| 15    | KLUSEK Mateusz            | 2036   | SKLEP BIEGACZA KRAKÓW         | Senior II M - 30 | 01:06:49        | 04:08:41        | 06:20:33        | 08:38:59        | 11:06:13        |
| 16    | ŻYŻA Piotr                | 2150   | MAAGNUS TEAM SKOKOWA          | Masters M - 40   | 01:07:51        | 04:22:23        | 06:44:35        | 08:47:54        | 11:07:08        |
| 17    | TWARDOWSKI Tomasz         | 2166   |                               | Masters M - 40   | 01:11:48        | 04:28:56        | 06:41:37        | 08:56:37        | 11:14:33        |
| 18    | ZAGÓRSKI Mariusz          | 2125   |                               | Masters M - 40   | 01:10:40        | 04:33:53        | 06:57:24        | 09:03:30        | 11:17:21        |
| 19    | NESTOROWICZ Marek         | 2064   | KLUB BIEGACZA JURUND SZCZYTNO | Masters M - 40   | 01:11:38        | 04:31:59        | 06:49:04        | 09:00:18        | 11:22:01        |
| 20    | ADLER Łukasz              | 2121   | LESZ NO LIMITS RUNNERS        | Senior II M - 30 | 01:11:57        | 04:28:27        | 06:46:50        | 08:55:23        | 11:25:07        |
| 21    | CIURASZKIEWICZ Andrzej    | 2174   |                               | Masters M - 40   | 01:09:32        | 04:20:50        | 06:39:35        | 08:55:19        | 11:31:32        |
| 22    | REJ Mirosław              | 2010   | BARTOSZ GORCZYCA TEAM         | Senior II M - 30 | 01:26:08        | 04:43:37        | 06:57:24        | 09:05:13        | 11:32:42        |
| 23    | DĄBKOWSKI Wojciech        | 2021   | RAFAKO E-BUS                  | Masters M - 40   | 01:13:36        | 04:29:04        | 06:54:13        | 09:11:29        | 11:35:56        |
| 24    | TRZASKA Marcin            | 2068   |                               | Senior II M - 30 | 01:13:05        | 04:42:34        | 07:06:47        | 09:19:13        | 11:40:15        |
| 25    | ZAWOJAK Aleksander        | 2023   | RONAL POLSKA RUN              | Senior II M - 30 | 01:18:10        | 04:47:59        | 07:07:53        | 09:34:46        | 11:55:50        |
| 26    | CAŁY Patryk               | 2126   | #KFD FALLOUT TEAM             | Masters M - 40   | 01:17:05        | 04:40:26        | 06:59:05        | 09:17:05        | 11:56:10        |
| 27    | LEŚNIAK Anna              | 2143   | SALT RUNNERS BOCHNIA          | Senior II K - 30 | 01:16:19        | 04:56:55        | 07:26:34        | 09:41:58        | 12:05:03        |
| 28    | JAZŁOCKI Łukasz           | 2042   | TWDW                          | Senior II M - 30 | 01:13:22        | 04:38:59        | 07:06:22        | 09:31:08        | 12:06:24        |
| 29    | KAŻMIERCZAK Krzysztof     | 2051   |                               | Senior II M - 30 | 01:11:20        | 04:37:56        | 07:06:01        | 09:31:53        | 12:13:08        |

| Place | Participant                 | Number      | Club                                        | Category         | A1<br>10km      | A2<br>32km      | A3<br>47km      | A4<br>64km      | A5<br>81km      |
|-------|-----------------------------|-------------|---------------------------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 30    | <b>HRYCAJ Marcin</b>        | <b>2063</b> | KB ODRA OPOLE                               | Masters M - 40   | 01:14:02        | 04:49:39        | 07:13:40        | 09:39:53        | 12:14:40        |
| 31    | <b>JAGIELA Rafał</b>        | <b>2013</b> | KB ODRA OPOLE                               | Senior II M - 30 | 01:14:17        | 04:49:30        | 07:13:28        | 09:39:44        | 12:14:53        |
| 32    | <b>POMAGRUK Katarzyna</b>   | <b>2137</b> | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ.            | Masters K - 40   | 01:12:28        | 04:46:01        | 07:12:58        | 09:35:57        | 12:15:51        |
| 33    | <b>TARGIEL Damian</b>       | <b>2113</b> | INVICTUS 3CITY                              | Senior II M - 30 | 01:15:01        | 04:45:48        | 07:13:44        | 09:30:55        | 12:18:49        |
|       | <b>DABKOWSKI Kamil</b>      | <b>2179</b> | BLACK HAT TEAM                              | Masters M - 40   | 01:14:08<br>DNF | 04:40:32<br>DNF | 07:12:17<br>DNF | 09:37:07<br>DNF | 12:21:45<br>DNF |
| 35    | <b>POCHYLSKI Przemysław</b> | <b>2112</b> | ZGRUPKA TEAM                                | Masters M - 40   | 01:17:12        | 04:58:36        | 07:35:36        | 09:52:15        | 12:23:18        |
| 36    | <b>LATAK Michał</b>         | <b>2048</b> | JACEKBIEGA RUNNING TEAM                     | Masters M - 40   | 01:16:43        | 04:53:27        | 07:23:05        | 09:59:17        | 12:33:56        |
| 37    | <b>DARMETKO Rafał</b>       | <b>2118</b> |                                             | Senior II M - 30 | 01:15:05        | 04:46:31        | 07:04:02        | 09:33:12        | 12:38:08        |
| 38    | <b>ŁAMPIKA Kinga</b>        | <b>2035</b> | NIGHT RUNNERS WROCŁAW                       | Masters K - 40   | 01:17:47        | 04:59:09        | 07:33:35        | 10:09:36        | 12:45:30        |
| 39    | <b>KOCIUMBAS Bartosz</b>    | <b>2099</b> | KB SOBÓTKA                                  | Masters M - 40   | 01:19:35        | 05:02:57        | 07:30:52        | 09:50:36        | 12:47:04        |
| 40    | <b>BAR Stanisław</b>        | <b>2087</b> | GMINA STRZELCE OPOLSKIE                     | Masters M - 40   | 01:17:02        | 04:52:45        | 07:23:07        | 09:50:40        | 12:48:57        |
| 41    | <b>IWANOWICZ Anna</b>       | <b>2163</b> |                                             | Masters K - 40   | 01:18:52        | 05:05:09        | 07:43:19        | 10:19:57        | 12:50:05        |
| 42    | <b>PIECUCH Marcin</b>       | <b>2070</b> |                                             | Senior II M - 30 | 01:13:25        | 04:54:25        | 07:24:53        | 09:40:19        | 12:51:37        |
| 43    | <b>SIWEK Jarek</b>          | <b>2025</b> |                                             | Masters M - 40   | 01:18:35        | 04:53:58        | 07:26:54        | 09:57:50        | 12:53:24        |
| 44    | <b>JARUS Andrzej</b>        | <b>2018</b> | WKURW_TEAM                                  | Masters M - 40   | 01:20:02        | 04:58:26        | 07:25:03        | 09:52:36        | 12:54:30        |
| 45    | <b>SZCZEPANIK Robert</b>    | <b>2092</b> |                                             | Masters M - 40   | 01:20:11        | 04:58:32        | 07:25:13        | 09:52:43        | 12:54:36        |
| 46    | <b>PLOCH Sebastian</b>      | <b>2180</b> |                                             | Masters M - 40   | 01:18:52        | 05:04:09        | 07:42:01        | 10:16:34        | 12:59:55        |
| 47    | <b>KLIMCZAK Jacek</b>       | <b>2006</b> | FIZJOTERAPIA „DLA CIEBIE I RODZINY "ŻERKÓW  | Senior II M - 30 | 01:10:01        | 04:34:24        | 07:10:42        | 09:39:41        | 13:02:06        |
| 48    | <b>BEŚ Marcin</b>           | <b>2098</b> |                                             | Masters M - 40   | 01:15:41        | 05:08:27        | 07:38:46        | 10:03:24        | 13:04:07        |
| 49    | <b>CIEMBOROWICZ Karol</b>   | <b>2071</b> | #KFD                                        | Senior II M - 30 | 01:22:59        | 05:19:39        | 07:51:58        | 10:24:07        | 13:04:11        |
| 50    | <b>SIKORA Michał</b>        | <b>2127</b> | BLUSZCZA                                    | Masters M - 40   | 01:17:50        | 04:59:19        | 07:35:07        | 10:04:51        | 13:07:49        |
| 51    | <b>BOGDANOWICZ Beata</b>    | <b>2059</b> | ULTRAKREW                                   | Masters K - 40   | 01:21:01        | 05:07:20        | 07:51:28        | 10:20:12        | 13:13:07        |
|       | <b>KUPCZYK Jacek</b>        | <b>2076</b> | MOL RUNNERS                                 | Masters M - 40   | 01:24:14<br>DNF | 05:23:34<br>DNF | 07:56:59<br>DNF | 10:35:03<br>DNF | 13:17:39<br>DNF |
| 53    | <b>DUDEK Remigiusz</b>      | <b>2033</b> | KALINKA ULTRA TEAM                          | Senior II M - 30 | 01:19:39        | 05:23:32        | 08:02:43        | 10:34:27        | 13:18:02        |
| 54    | <b>ZAWORSKI Tomasz</b>      | <b>2084</b> |                                             | Senior II M - 30 | 01:14:02        | 05:03:10        | 07:40:08        | 10:25:05        | 13:18:07        |
| 55    | <b>ŚWIST Joanna</b>         | <b>2009</b> | NESSI TEAM                                  | Senior II K - 30 | 01:22:35        | 05:28:04        | 08:06:52        | 10:32:07        | 13:18:50        |
| 56    | <b>GOLA Radosław</b>        | <b>2104</b> |                                             | Masters M - 40   | 01:14:41        | 04:44:52        | 07:57:17        | 10:41:15        | 13:19:49        |
| 57    | <b>KOWALEWSKI Krzysztof</b> | <b>2147</b> |                                             | Senior II M - 30 | 01:20:38        | 05:14:20        | 07:47:23        | 10:25:20        | 13:33:39        |
| 58    | <b>KOWAL Wiesław</b>        | <b>2159</b> |                                             | Masters M - 40   | 01:18:43        | 05:13:39        | 07:49:06        | 10:34:18        | 13:34:56        |
| 59    | <b>PATYK Mirek</b>          | <b>2038</b> |                                             | Masters M - 40   | 01:14:32        | 05:01:43        | 07:39:25        | 10:22:12        | 13:38:59        |
| 60    | <b>ZGAGACZ Pawel</b>        | <b>2080</b> |                                             | Weteran I M - 50 | 01:21:41        | 05:13:29        | 07:58:39        | 10:33:09        | 13:39:05        |
| 61    | <b>CHRZANOWSKI Piotr</b>    | <b>2052</b> | SPELEOKLUB WARSZAWSKI                       | Masters M - 40   | 01:23:41        | 05:19:14        | 07:57:29        | 10:37:38        | 13:43:44        |
| 62    | <b>JURZYSTA Grzegorz</b>    | <b>2053</b> |                                             | Masters M - 40   | 01:23:26        | 05:19:48        | 08:00:13        | 10:44:10        | 13:43:53        |
| 63    | <b>DERMINE Nicolas</b>      | <b>2040</b> |                                             | Masters M - 40   | 01:20:16        | 05:15:34        | 08:11:03        | 10:36:21        | 13:45:29        |
| 64    | <b>PRZERWA Andrzej</b>      | <b>2134</b> | KOCHAM IZE, MAJE I BORYSIAKA SUPER CHŁOPAKA | Masters M - 40   | 01:17:33        | 05:09:32        | 07:56:21        | 10:29:47        | 13:45:43        |
| 65    | <b>GIERADA Mateusz</b>      | <b>2004</b> |                                             | Senior I M - 20  | 01:14:33        | 05:07:32        | 07:55:06        | 10:32:22        | 13:46:43        |
| 66    | <b>KRÓL Marcin</b>          | <b>2181</b> |                                             | Masters M - 40   | 01:19:48        | 05:10:18        | 07:55:10        | 10:37:40        | 13:47:10        |
| 67    | <b>MICHALSKI Dawid</b>      | <b>2003</b> | KLUB PRZYJACIÓŁ MYSZKI MIKI                 | Senior II M - 30 | 01:25:40        | 05:23:36        | 08:04:17        | 10:47:32        | 13:49:37        |
| 68    | <b>GÓRE CZNY Rafał</b>      | <b>2002</b> |                                             | Masters M - 40   | 01:17:08        | 05:38:40        | 08:07:49        | 10:37:57        | 13:51:54        |
| 69    | <b>PRZYBYŁ Piotr</b>        | <b>2108</b> | EASY RUNNERS                                | Masters M - 40   | 01:21:20        | 05:29:30        | 08:15:56        | 10:54:52        | 13:54:29        |
| 70    | <b>POTOCKI Maciej</b>       | <b>2097</b> | ORANGE POLSKA                               | Weteran I M - 50 | 01:19:15        | 05:11:52        | 08:10:58        | 11:00:15        | 13:57:18        |
| 71    | <b>HOFS TRA Tsjeard</b>     | <b>2151</b> | FRYSMAN                                     | Senior II M - 30 | 01:23:12        | 05:10:39        | 08:03:36        | 10:47:25        | 14:00:59        |

| Place | Participant             | Number | Club                                            | Category          | A1<br>10km      | A2<br>32km      | A3<br>47km      | A4<br>64km      | A5<br>81km      |
|-------|-------------------------|--------|-------------------------------------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 72    | POSMAN Rafał            | 2129   | WKS B WYZNAWCY KOŃCA SEZONU BIEGOWEGO           | Masters M - 40    | 01:26:24        | 05:35:21        | 08:25:11        | 11:14:35        | 14:02:14        |
| 73    | KRUSZEWSKI Filip        | 2027   |                                                 | Senior II M - 30  | 01:24:24        | 05:27:43        | 08:14:41        | 10:55:17        | 14:02:52        |
| 74    | WESOŁOWSKI Maciej       | 2132   | TRUCHT ŁOBEZ                                    | Masters M - 40    | 01:24:38        | 05:33:17        | 08:20:30        | 10:59:35        | 14:07:22        |
| 75    | SZUBA Tadeusz           | 2107   |                                                 | Weteran II M - 60 | 01:22:39        | 05:40:12        | 08:30:11        | 11:09:14        | 14:08:25        |
| 76    | SZUBA Teofil            | 2175   | MARATOŃCZYK SZCZECIN                            | Masters M - 40    | 01:22:47        | 05:40:22        | 08:28:57        | 11:09:22        | 14:08:29        |
| 77    | KOWALCZYK Marcin        | 2171   |                                                 | Senior II M - 30  | 01:13:00        | 05:00:35        | 07:46:22        | 10:35:04        | 14:10:49        |
| 78    | STODOLNY Krzysztof      | 2032   | KP PSP WADOWICE                                 | Weteran I M - 50  | 01:26:17        | 05:44:10        | 08:39:30        | 11:20:52        | 14:11:29        |
| 79    | NIEMAS Mariusz          | 2154   |                                                 | Weteran I M - 50  | 01:23:39        | 05:29:38        | 08:18:02        | 11:04:45        | 14:11:46        |
| 80    | GIBAŁA Marcin           | 2095   | BIEGAM POMAGAM                                  | Masters M - 40    | 01:17:44        | 05:35:43        | 08:23:55        | 11:20:54        | 14:12:30        |
| 81    | PROZOROWSKI Wiesław     | 2024   | MARATON LESZNO                                  | Weteran I M - 50  | 01:22:50        | 05:47:10        | 08:33:43        | 11:09:02        | 14:15:49        |
| 82    | HETMAŃSKI Filip         | 2008   | KUDWIANKA RUN                                   | Masters M - 40    | 01:21:36        | 05:39:12        | 08:24:19        | 11:16:44        | 14:20:41        |
| 83    | JANUSZ Tomasz           | 2065   |                                                 | Masters M - 40    | 01:22:13        | 05:23:25        | 08:12:30        | 11:05:02        | 14:21:00        |
| 84    | PAWELEC Mariusz         | 2005   | KUDOWIANKA RUN                                  | Masters M - 40    | 01:21:57        | 05:39:33        | 08:24:40        | 11:17:04        | 14:21:01        |
| 85    | BORECKI Daniel          | 2158   |                                                 | Masters M - 40    | 01:22:23        | 05:23:35        | 08:12:39        | 11:05:12        | 14:21:08        |
| 86    | GABRYSIAK Grzegorz      | 2062   | 2 KROKI DO METY                                 | Masters M - 40    | 01:23:15        | 05:39:07        | 08:31:48        | 11:13:11        | 14:25:01        |
| 87    | ZIEMKIEWICZ Jarek       | 2049   |                                                 | Masters M - 40    | 01:20:02        | 05:36:26        | 08:15:18        | 11:06:08        | 14:28:05        |
| 88    | MARCELA Marcin          | 2088   | FAT MAMA'S SPORT CLUB                           | Masters M - 40    | 01:21:49        | 05:14:26        | 07:56:29        | 10:52:29        | 14:28:41        |
| 89    | LANGE Szymon            | 2043   |                                                 | Masters M - 40    | 01:14:12        | 05:18:23        | 07:58:06        | 10:49:56        | 14:28:46        |
| 90    | KOSMOWSKI Wiesław       | 2030   | RUNNER'S POWER                                  | Senior II M - 30  | 01:19:59        | 05:41:50        | 08:28:02        | 11:14:28        | 14:30:20        |
| 91    | MARGASIŃSKI Michał      | 2028   |                                                 | Senior II M - 30  | 01:20:35        | 05:31:13        | 08:18:19        | 11:11:09        | 14:33:10        |
| 92    | NIEDŹWIECKI Marek       | 2091   | SKIPARK- WYSOWA                                 | Weteran II M - 60 | 01:17:10        | 05:25:48        | 08:22:31        | 11:17:39        | 14:36:32        |
| 93    | BAKOWICZ Kamil          | 2075   | AKTYWNI KAMIEŃSK                                | Senior II M - 30  | 01:18:37        | 05:21:54        | 08:02:04        | 11:17:54        | 14:36:46        |
| 94    | JAWORSKI Przemysław     | 2109   |                                                 | Masters M - 40    | 01:15:57        | 05:47:33        | 08:46:09        | 11:38:09        | 14:39:51        |
| 95    | PIETRZYKOWSKI Katarzyna | 2153   | WILKI:)                                         | Senior II K - 30  | 01:33:54        | 06:05:54        | 09:03:33        | 11:50:08        | 14:41:50        |
| 96    | WILK Wiktoria           | 2072   |                                                 | Senior II K - 30  | 01:20:20        | 05:21:58        | 08:09:42        | 11:02:53        | 14:47:11        |
| 97    | KUGLARZ Szymon          | 2145   | ZAŁOGA GÓRSKA                                   | Masters M - 40    | 01:26:16        | 05:45:12        | 08:39:21        | 11:32:48        | 14:47:17        |
| 98    | WILK Krzysztof          | 2069   |                                                 | Senior II M - 30  | 01:21:12        | 05:22:08        | 08:09:53        | 11:03:03        | 14:47:22        |
|       | SZARF Paweł             | 2050   | RZESZOWSKIE GAZELE I GEPARDY/CZARNECKI RUN TEAM | Senior II M - 30  | 01:17:09<br>DNF | 05:48:18<br>DNF | 08:54:55<br>DNF | 11:42:28<br>DNF | 14:49:47<br>DNF |
| 100   | SOWA Dariusz            | 2066   |                                                 | Weteran I M - 50  | 01:28:49        | 05:54:55        | 08:50:51        | 11:54:43        | 14:53:19        |
| 101   | MROZIAK Maciek          | 2007   | RUNPASSION. PL TEAM                             | Weteran I M - 50  | 01:22:10        | 05:59:07        | 09:02:14        | 11:56:30        | 14:55:46        |
| 102   | GOLON Marlena           | 2164   |                                                 | Masters K - 40    | 01:22:23        | 05:59:04        | 09:02:23        | 11:56:42        | 14:55:58        |
|       | BERNERT Stefan          | 2100   | MLB SUPPORT TEAM                                | Senior I M - 20   | 01:27:04<br>DNF | 05:39:04<br>DNF | 08:17:57<br>DNF | 11:31:25<br>DNF | 14:56:40<br>DNF |
| 104   | SZPYT Andrzej           | 2115   |                                                 | Masters M - 40    | 01:20:41        | 05:39:03        | 08:42:46        | 11:33:30        | 15:00:33        |
| 105   | STRUSIŃSKA Katarzyna    | 2156   |                                                 | Senior II K - 30  | 01:24:46        | 05:58:38        | 09:02:21        | 12:01:02        | 15:02:16        |
| 106   | SMOLAK Agata            | 2102   |                                                 | Senior II K - 30  | 01:33:11        | 06:11:30        | 09:20:56        | 12:11:36        | 15:03:02        |
| 107   | GAŁEK Wojciech          | 2140   |                                                 | Masters M - 40    | 01:29:59        | 05:58:12        | 08:51:05        | 11:49:15        | 15:08:30        |
| 108   | KOZIOŁ Krzysztof        | 2161   |                                                 | Senior II M - 30  | 01:24:40        | 05:53:10        | 08:54:45        | 12:02:42        | 15:11:06        |

| Place | Participant                    | Number | Club                                        | Category          | A1<br>10km      | A2<br>32km      | A3<br>47km      | A4<br>64km      | A5<br>81km      |
|-------|--------------------------------|--------|---------------------------------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 109   | POTERSKI Mateusz               | 2135   | MJP DRUKARNIA                               | Masters M - 40    | 01:22:04        | 05:38:47        | 08:37:25        | 11:32:22        | 15:17:47        |
| 110   | SERAFIN Robert                 | 2136   |                                             | Senior II M - 30  | 01:22:17        | 05:38:36        | 08:37:39        | 11:32:34        | 15:17:54        |
| 111   | FILIPIAK Sebastian             | 2031   | LZS LIPA                                    | Masters M - 40    | 01:26:22        | 06:01:05        | 08:52:57        | 11:50:00        | 15:21:19        |
| 112   | BRUSZEWSKA- GŁOMBIOWSKA Monika | 2178   | RUNPASSION.PL TEAM / ULTRAŻÓŁWIK            | Masters K - 40    | 01:36:28        | 06:11:49        | 09:30:05        | 12:31:06        | 15:21:25        |
| 113   | GONCHAROV Andrei               | 2111   |                                             | Masters M - 40    | 01:31:10        | 06:15:55        | 09:21:21        | 12:28:47        | 15:29:46        |
| 114   | MOREVA Daria                   | 2110   |                                             | Senior II K - 30  | 01:31:03        | 06:16:04        | 09:21:29        | 12:29:03        | 15:30:01        |
| 115   | BAŁAGA Marcin                  | 2001   | KTO DOGONI PSA?                             | Masters M - 40    | 01:25:00        | 05:56:12        | 09:12:49        | 12:28:53        | 15:31:29        |
| 116   | MACHALICA Agnieszka            | 2047   | ULTRAKREW                                   | Masters K - 40    | 01:26:00        | 05:59:18        | 09:12:10        | 12:20:11        | 15:33:27        |
| 117   | BAREJKA Rafał                  | 2157   |                                             | Masters M - 40    | 01:34:57        | 06:12:16        | 09:23:51        | 12:20:03        | 15:36:45        |
| 118   | JASKULA Bartosz                | 2182   |                                             | Senior II M - 30  | 01:28:06        | 05:34:34        | 09:01:28        | 12:03:30        | 15:39:32        |
| 119   | LUBOCH Krzysztof               | 2073   | KW OPOLE                                    | Masters M - 40    | 01:28:21        | 06:08:19        | 09:02:13        | 12:10:43        | 15:40:29        |
| 120   | GUZIK Robert                   | 2105   | PEDRAFORCA                                  | Masters M - 40    | 01:26:20        | 05:41:56        | 08:42:21        | 11:54:52        | 15:40:52        |
| 121   | SZANDAŁA Jacek                 | 2165   | CAŁA OLEŚNICA BIEGA                         | Masters M - 40    | 01:25:37        | 05:59:26        | 09:27:25        | 12:37:09        | 15:57:20        |
| 122   | DEC Rafał                      | 2074   | BIERUTOWSKA GRUPA BIEGOWA                   | Masters M - 40    | 01:26:15        | 05:59:33        | 09:27:31        | 12:37:19        | 15:57:32        |
| 123   | RYCZYŃSKI Jacek                | 2026   |                                             | Masters M - 40    | 01:27:38        | 06:08:10        | 09:18:21        | 12:21:56        | 15:58:21        |
| 124   | KRAWIETZ Tomasz                | 2114   | IZERSKI NIEDŹWIEDŹ                          | Masters M - 40    | 01:25:54        | 06:19:56        | 09:32:13        | 12:41:17        | 16:00:42        |
| 125   | ŁUCHNIAK Kuba                  | 2122   | DROGA DO ULTRA                              | Senior I M - 20   | 01:36:09        | 06:21:50        | 09:13:58        | 12:32:00        | 16:02:05        |
| 126   | BAKOWSKI Marcin                | 2120   | KLUB ŚLIMAKA TORPEDY                        | Masters M - 40    | 01:37:50        | 06:34:27        | 09:54:28        | 13:05:39        | 16:04:07        |
| 127   | SOBCZAK Katarzyna              | 2123   |                                             | Weteran K - 50    | 01:37:50        | 06:34:36        | 09:54:48        | 13:05:47        | 16:04:18        |
| 128   | JADACH Grzegorz                | 2142   | VEGE RUNNERS                                | Senior II M - 30  | 01:27:55        | 06:09:39        | 09:17:15        | 12:33:28        | 16:25:33        |
| 129   | NIZIOŁEK Marek                 | 2106   | PEDRAFORCA                                  | Masters M - 40    | 01:34:41        | 06:26:56        | 09:48:47        | 12:57:50        | 16:28:53        |
| 130   | WOLF Weronika                  | 2044   | POZYTYWNIIE ZABIEGANI SANOK/3PBOT           | Masters K - 40    | 01:39:51        | 06:43:32        | 10:14:45        | 13:24:19        | 16:42:02        |
| 131   | SIENICKI Piotr                 | 2130   |                                             | Masters M - 40    | 01:40:13        | 06:44:07        | 10:14:51        | 13:24:23        | 16:45:39        |
| 132   | ŁĄCKA Ilona                    | 2128   | EKOBIEGI                                    | Masters K - 40    | 01:38:45        | 06:46:11        | 10:13:23        | 13:20:33        | 16:50:22        |
| 133   | SŁAWIŃSKI Kazimierz            | 2167   |                                             | Masters M - 40    | 01:27:35        | 06:16:30        | 09:44:29        | 14:07:24        | 17:06:52        |
|       | KUJAWA Marek                   | 2014   | SZCZYTNA BIEGA                              | Masters M - 40    | 01:30:00<br>DNF | 06:42:09<br>DNF | 10:38:17<br>DNF | 14:04:07<br>DNF | 17:19:38<br>DNF |
|       | WAŁEK Piotr                    | 2017   | RUNNERS TEAM QUIBL                          | Masters M - 40    | 01:31:26<br>DNF | 06:35:04<br>DNF | 10:24:30<br>DNF | 13:50:26<br>DNF | 17:21:10<br>DNF |
|       | GĄSIOROWSKA Dorota             | 2012   | VELO ŁOSIE NA SZOSIE                        | Weteran K - 50    | 01:31:57<br>DNF | 06:35:15<br>DNF | 10:24:38<br>DNF | 13:50:35<br>DNF | 17:21:16<br>DNF |
|       | SZURKOWSKI Michał              | 2103   | GRUNWALD TEAM POZNAŃ                        | Senior II M - 30  | 01:32:29<br>DNF | 06:21:01<br>DNF | 09:46:59<br>DNF | 13:11:39<br>DNF | 17:21:32<br>DNF |
| 138   | POCHYLSKI Dominik              | 2141   | TEAM GUTO / WLKP MOUNTAINS ULTRA / FREE RUN | Masters M - 40    | 01:31:16        | 07:25:35        | 10:57:11        | 14:15:35        | 17:28:41        |
|       | JAROSŁAWSKI Marcin             | 2011   |                                             | Senior II M - 30  | 01:14:18<br>DNF | 04:49:30<br>DNF | 08:30:24<br>DNF | DNF             | DNF             |
|       | KOZIEŁ Tomasz                  | 2015   | KUDOWIANKA RUN                              | Masters M - 40    | 01:05:13<br>DNF | 04:11:35<br>DNF | 06:16:04<br>DNF | 08:21:41<br>DNF | DNF             |
|       | MAJKA Leszek                   | 2019   | X-TEAM SPECIAL FORCES                       | Senior II M - 30  | 01:53:03<br>DNF | DNF             | DNF             | DNF             | DNF             |
|       | BOKSA Małgorzata               | 2020   | NIE                                         | Weteran II K - 60 | 01:45:29<br>DNF | 07:41:20<br>DNF | 11:42:25<br>DNF | DNF             | DNF             |
|       | KLATKA Arleta                  | 2034   | BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI       | Masters K - 40    | 01:31:29<br>DNF | 06:22:00<br>DNF | 09:37:48<br>DNF | DNF             | DNF             |

| Place | Participant          | Number | Club                            | Category          | A1<br>10km      | A2<br>32km      | A3<br>47km      | A4<br>64km      | A5<br>81km |
|-------|----------------------|--------|---------------------------------|-------------------|-----------------|-----------------|-----------------|-----------------|------------|
|       | PYSZKA Remigiusz     | 2037   |                                 | Masters M - 40    | 01:21:39<br>DNF | 05:49:26<br>DNF | 09:13:54<br>DNF | 13:04:31<br>DNF | DNF        |
|       | DĄBROWSKI Jacek      | 2056   |                                 | Senior II M - 30  | 01:17:23<br>DNF | 05:35:16<br>DNF | 08:48:18<br>DNF | 12:24:54<br>DNF | DNF        |
|       | BOCHENEK Janusz      | 2060   | WKURW-TEAM                      | Weteran II M - 60 | 01:36:51<br>DNF | DNF             | DNF             | DNF             | DNF        |
|       | BUBEL Sebastian      | 2061   | JW 3390                         | Masters M - 40    | 01:41:29<br>DNF | DNF             | DNF             | DNF             | DNF        |
|       | SŁOWIŃSKI Grzegorz   | 2079   |                                 | Senior II M - 30  | 01:33:07<br>DNF | 06:07:01<br>DNF | 09:15:45<br>DNF | 12:05:11<br>DNF | DNF        |
|       | MYRCIK Paweł         | 2081   |                                 | Senior II M - 30  | 01:37:25<br>DNF | 06:48:20<br>DNF | 10:21:47<br>DNF | 13:48:06<br>DNF | DNF        |
|       | ZIEMBA Damian        | 2117   | HRT/ANTONTEAM                   | Masters M - 40    | 01:21:25<br>DNF | DNF             | DNF             | DNF             | DNF        |
|       | LECHOWSKI Bartłomiej | 2133   | WKURW_TEAM                      | Senior II M - 30  | 01:34:28<br>DNF | DNF             | DNF             | DNF             | DNF        |
|       | GAIK Andrzej         | 2139   | PODGÓRZ TORUŃ - DŁUGOPOLE ZDRÓJ | Weteran I M - 50  | 01:13:02<br>DNF | 04:32:30<br>DNF | 07:00:41<br>DNF | 09:18:58<br>DNF | DNF        |
|       | NAWROT Artur         | 2146   | DTR BIEGA/MARIO TEAM            | Senior II M - 30  | 01:23:21<br>DNF | 06:01:52<br>DNF | 09:23:23<br>DNF | 12:30:29<br>DNF | DNF        |
|       | GRZELAK Justyna      | 2162   | MARATON LESZNO                  | Masters K - 40    | 01:34:24<br>DNF | 06:25:13<br>DNF | 09:43:31<br>DNF | 12:47:05<br>DNF | DNF        |
|       | CINCIO Robert        | 2148   | TKKF TRIATHLON KOSZALIN         | Masters M - 40    | 01:34:16<br>DNF | 07:54:25<br>DNF | 11:46:02<br>DNF | DNF             | DNF        |
|       | ARENDT Michał        | 2170   |                                 | Senior II M - 30  | 01:26:42<br>DNF | 05:49:16<br>DNF | 08:52:53<br>DNF | 12:29:57<br>DNF | DNF        |
|       | GRZELAK Daniel       | 2172   | MARATON LESZNO                  | Masters M - 40    | 01:34:16<br>DNF | 06:25:05<br>DNF | 09:43:23<br>DNF | 12:46:56<br>DNF | DNF        |
|       | GRZYBOWSKA Karolina  | 2173   |                                 | Masters K - 40    | 01:15:10<br>DNF | 04:50:37<br>DNF | 08:01:24<br>DNF | DNF             | DNF        |
|       | WOJNO Małgorzata     | 2176   | DROGA DO ULTRA                  | Senior II K - 30  | 01:35:51<br>DNF | 06:48:28<br>DNF | 10:21:48<br>DNF | 13:47:06<br>DNF | DNF        |
|       | WOŹNIAK Ryszard      | 2078   | BIERUTOWSKA GRUPA BIEGOWA       | Weteran I M - 50  | 01:26:12<br>DNF | 05:59:43<br>DNF | 09:27:43<br>DNF | DNF             | DNF        |

Total 160 results.