



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2021-07-18
Lądek-Zdrój
10 km

BIEG TROJAK TRAIL - 10 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1 3.7km	C1 5.8km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KOKOT Daniel	8543	15	Senior I M - 20	1	00:21:02	00:31:43	00:50:29.90		5:02	11.9 (100%)
2	BACHLEDA Łukasz	8497	GORĄCY POTOK TEAM	Senior I M - 20	2	00:21:36	00:32:27	00:50:49.55	+00:00:19 (0.6%)	5:04	11.8 (99.2%)
3	SZYMCZAK Arkadiusz	8534		Senior I M - 20	3	00:22:22	00:33:41	00:52:43.15	+00:02:13 (4.2%)	5:16	11.4 (95.8%)
4	MIKULSKI Tomasz	8017	UKS FILIPIDES TERESIN	Senior I M - 20	4	00:21:45	00:33:36	00:53:06.25	+00:02:36 (4.9%)	5:18	11.3 (95.0%)
5	STREICH Tomasz	8487		Senior I M - 20	5	00:24:28	00:37:16	00:58:31.55	+00:08:01 (13.7%)	5:51	10.3 (86.6%)
6	JĘDRZEJEWSKI Dawid	8525	OLEJ RUNNING TEAM	Senior I M - 20	6	00:24:16	00:37:18	00:58:40.50	+00:08:10 (13.9%)	5:52	10.2 (85.7%)
7	GORCZYŃSKI Norbert	8376	KUDOWIANKA RUN	Senior I M - 20	7	00:25:07	00:38:03	00:59:53.50	+00:09:23 (15.7%)	5:59	10 (84.0%)
8	PAWŁOWSKI Mirosław	8532	FIGHT-GYM STRONIE ŚLĄSKIE	Senior I M - 20	8	00:25:15	00:39:25	01:02:06.00	+00:11:36 (18.7%)	6:12	9.7 (81.5%)
9	SZTURO Filip	8508	PODGÓRZYN-GMINA PRZYJAZNA Z NATURY	Senior I M - 20	9	00:27:43	00:42:35	01:06:08.40	+00:15:38 (23.6%)	6:36	9.1 (76.5%)
10	KONDRACIUK Paweł	8214	KONDRACIUK TEAM	Senior I M - 20	10	00:28:01	00:42:07	01:06:11.00	+00:15:41 (23.7%)	6:37	9.1 (76.5%)
11	ROGÓŻ Jan	8363		Senior I M - 20	11	00:27:38	00:43:47	01:08:27.00	+00:17:57 (26.2%)	6:50	8.8 (73.9%)
12	HAWRYŁAK Wojciech	8562	GMINNE STOWARZYSZENIE SPORTOWE KLUBU SPORTOWEGO DŁUGOŁĘKA 2000	Senior I M - 20	12	00:26:47	00:41:24	01:09:22.55	+00:18:52 (27.2%)	6:56	8.6 (72.3%)
13	KUSAL Tomasz	8018		Senior I M - 20	13	00:29:27	00:44:37	01:09:51.00	+00:19:21 (27.7%)	6:59	8.6 (72.3%)
14	NOWICKI Mateusz	8029		Senior I M - 20	14	00:29:28	00:44:39	01:09:51.30	+00:19:21 (27.7%)	6:59	8.6 (72.3%)
15	MAŁYJASIAK Jakub	8384		Senior I M - 20	15	00:32:50	00:47:35	01:10:31.25	+00:20:01 (28.4%)	7:03	8.5 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1	C1	Czas	Różn	Tempo	Tempo
						3.7km	5.8km	netto			
16	CIECIELĄG Adam	8468		Senior I M - 20	16	00:31:07	00:45:53	01:12:15.35	+00:21:45 (30.1%)	7:13	8.3 (69.7%)
17	SZYMAŃSKI Jarosław	8030		Senior I M - 20	17	00:31:20	00:46:53	01:12:30.80	+00:22:00 (30.4%)	7:15	8.3 (69.7%)
18	MIKOŁAJCZAK Bartek	8419	FRIENDS GOSTYŃ	Senior I M - 20	18	00:31:26	00:47:13	01:12:41.85	+00:22:11 (30.5%)	7:16	8.3 (69.7%)
19	ŚLADCZYK Seweryn	8277	MKST	Senior I M - 20	19	00:30:59	00:47:24	01:13:01.80	+00:22:31 (30.9%)	7:18	8.2 (68.9%)
20	WALCZAK Adrian	8076	WOJSKOWA AKADEMIA TECHNICZNA	Senior I M - 20	20	00:29:53	00:46:07	01:13:48.95	+00:23:19 (31.6%)	7:22	8.1 (68.1%)
21	SAŁDYKA Marcin	8519		Senior I M - 20	21	00:31:58	00:48:03	01:14:01.85	+00:23:31 (31.8%)	7:24	8.1 (68.1%)
22	RAKOCZY Krzysztof	8518		Senior I M - 20	22	00:31:59	00:48:04	01:14:02.90	+00:23:33 (31.8%)	7:24	8.1 (68.1%)
23	PODGÓRNY Mariusz	8122	TEAM OZIMEK	Senior I M - 20	23	00:31:18	00:47:37	01:15:25.90	+00:24:56 (33.1%)	7:32	8 (67.2%)
24	MUSIAŁ Rafał	8381		Senior I M - 20	24	00:33:10	00:49:48	01:16:47.10	+00:26:17 (34.2%)	7:40	7.8 (65.5%)
25	SKULIMA Szymon	8022		Senior I M - 20	25	00:32:59	00:50:26	01:18:48.95	+00:28:19 (35.9%)	7:52	7.6 (63.9%)
26	SZARSKI Jacek	8421		Senior I M - 20	26	00:33:09	00:49:43	01:19:00.35	+00:28:30 (36.1%)	7:54	7.6 (63.9%)
27	NAKRASZEWICZ Dawid	8097		Senior I M - 20	27	00:35:08	00:52:37	01:19:16.50	+00:28:46 (36.3%)	7:55	7.6 (63.9%)
28	ŻUROWSKI Mikołaj	8465	GVT	Senior I M - 20	28	00:33:47	00:50:49	01:21:39.15	+00:31:09 (38.2%)	8:09	7.3 (61.3%)
29	RACZKOWSKI Adrian	8516		Senior I M - 20	29	00:33:20	00:53:05	01:22:05.75	+00:31:35 (38.5%)	8:12	7.3 (61.3%)
30	GWÓŹDŹ Szymon	8544		Senior I M - 20	30	00:33:47	00:51:25	01:22:39.80	+00:32:09 (38.9%)	8:15	7.3 (61.3%)
31	HUSAK Mateusz	8116		Senior I M - 20	31	00:35:10	00:52:59	01:23:19.20	+00:32:49 (39.4%)	8:19	7.2 (60.5%)
32	PODJUK Patryk	8541	FRIENDS GOSTYŃ	Senior I M - 20	32	00:35:33	00:55:50	01:26:35.55	+00:36:05 (41.7%)	8:39	6.9 (58.0%)
33	NADOBNIK Bartek	8059	SPORTOWY KAŻMIERZ	Senior I M - 20	33	00:39:08	00:57:03	01:27:27.35	+00:36:57 (42.3%)	8:44	6.9 (58.0%)
34	PIGŁA Aleksander	8237	SPORTOWY KAŻMIERZ	Senior I M - 20	34	00:34:20	00:55:31	01:27:46.70	+00:37:16 (42.5%)	8:46	6.8 (57.1%)
35	WOLSKI Teodor	8476		Senior I M - 20	35	00:37:54	00:57:52	01:28:07.50	+00:37:37 (42.7%)	8:48	6.8 (57.1%)
36	JESIONKOWSKI Paweł	8388		Senior I M - 20	36	00:37:20	01:00:00	01:32:00.25	+00:41:30 (45.1%)	9:12	6.5 (54.6%)
37	KACZMAREK Michał	8445	TRUPOSZE	Senior I M - 20	37	00:38:18	00:58:47	01:32:57.15	+00:42:27 (45.7%)	9:17	6.5 (54.6%)
38	ŁATWIŃSKI Mateusz	8338		Senior I M - 20	38	00:39:57	01:01:44	01:34:01.95	+00:43:32 (46.3%)	9:24	6.4 (53.8%)

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39	KANDEFER Kacper	8578		Senior I M - 20	39	00:39:08	00:58:33	01:34:22.85	+00:43:52 (46.5%)	9:26	6.4 (53.8%)
40	BECHTA Damian	8298		Senior I M - 20	40	00:40:11	01:01:41	01:38:05.60	+00:47:35 (48.5%)	9:48	6.1 (51.3%)
41	URBAŃCZYK Krzysztof	8058	IZBICKO W BIEGU	Senior I M - 20	41	00:40:04	01:01:12	01:40:47.45	+00:50:17 (49.9%)	10:04	6 (50.4%)
42	KRZUŚ Michał	8305		Senior I M - 20	42	00:43:36	01:05:28	01:42:47.75	+00:52:17 (50.9%)	10:16	5.8 (48.7%)
43	VOGEL Kamil	8153	NOWY TOMYŚL	Senior I M - 20	43	00:43:39	01:09:14	01:54:22.55	+01:03:52 (55.8%)	11:26	5.2 (43.7%)
44	PRASAL Konrad	8594		Senior I M - 20	44	00:46:59	01:19:01	02:14:18.20	+01:23:48 (62.4%)	13:25	4.5 (37.8%)

Znaleziono 44 wynik(ów)