

BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-07-18
Miejsce: Łądek-Zdrój
Dystans: 68 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
1	KUPCZAK Mariusz	4389	KB SOBÓTKA	Masters M - 40	00:58:02	02:16:08	03:20:56	04:45:52	06:00:59
2	ZIEJEWSKI Grzegorz	4384		Masters M - 40	00:54:33	02:09:03	03:09:43	04:32:42	05:46:04
3	GAWLIK Sławek	4067	MARCINŚWIERCTEAM	Senior II M - 30	00:56:20		03:11:23	04:35:27	05:49:21
4	STANISŁAWSKI Jacek	4123	DOOKOLASWIATA.CO	Senior II M - 30	01:09:57	02:41:15	04:00:42	05:55:50	07:39:25
5	SOCHA Seweryn	4345	DZIKIE BOBRY/STR POZNAŃ	Senior II M - 30	00:59:52	02:22:08	03:33:24	05:02:57	06:22:55
6	PIĘTA Marcin	4025	GRUPA PANA TOLKA / #SOBASTEAM	Senior II M - 30	01:03:25	02:33:11	03:50:35	05:44:55	07:17:08
7	OSTÓJ Piotr	4295	ADSYSTEM	Senior I M - 20			05:03:38	07:25:17	09:17:30
8	DOMBROWSKI Maciej	4131	RUNNING.CHEF / WAY2CHAMP	Senior II M - 30	00:56:18	02:10:03	03:09:38	04:23:02	05:27:22
9	KASZUBA Michał	4333	GRUPA NOMAX	Masters M - 40	00:56:05	02:10:04	03:09:43	04:23:41	05:33:34
10	KUCHARCZYK Maciej	4363	MARCIN SWIERC TEAM	Masters M - 40	00:55:48	02:09:52	03:14:14	04:37:03	05:48:04
11	ŻARECKI Łukasz	4379		Senior II M - 30	00:56:09	02:10:41	03:15:09	04:42:44	06:03:03
12	DAUKSZO Maciej	4340	SBRT WARSZAWA	Senior I M - 20	01:11:11	02:44:09	04:06:49	06:05:54	07:45:44
13	MAJER Janusz	4401		Masters M - 40	00:57:57	02:15:53	03:20:53	04:45:45	06:03:50
14	PAWŁOWSKI Tomasz	4099	TEAM PLESZEW	Masters M - 40	01:05:35	02:29:26	03:38:18	05:11:44	06:35:20
15	RÓŻANOWSKI Szymon	4357		Senior II M - 30					09:02:38
16	PIETROSZEK Rafał	4410	BRUBECK TEAM	Senior I M - 20	01:04:12	02:38:29	04:14:25	06:15:57	07:54:08
17	PIECHA Artur	4267	HERCOG RUNNING TEAM	Masters M - 40	00:56:10	02:10:55	03:17:31	04:51:31	06:05:04
18	OLEKSIEWICZ Maurycy	4166		Senior II M - 30	00:54:27	02:09:04	03:10:04	04:53:43	06:09:42
19	POLAŃSKI Tomasz	4415	B4SPORT	Masters M - 40	01:01:04	02:20:24	03:26:54	04:55:32	06:00:48
20	RYCHTER Karol	4416	B4SPORT	Masters M - 40	01:00:24	02:22:15	03:33:21	05:09:42	06:30:43
21	GARNEK Piotr	4231	VEGE RUNNERS	Masters M - 40	01:03:52	02:29:37	03:40:36	05:10:13	06:26:00
22	RAZIM Mateusz	4117		Senior II M - 30	01:03:58	02:28:46	03:37:40	05:10:42	06:30:08
23	CICHOREK Dariusz	4375		Masters M - 40	01:01:12	02:21:03	03:29:08	05:15:24	06:43:13
24	SOLARSKI Sergiusz	4217	1981	Senior II M - 30	01:03:02	02:27:05	03:38:39	05:19:27	06:43:48
25	WOLEK Szymon	4334		Senior II M - 30	00:54:51	02:08:45	03:08:31	04:24:10	05:30:19
26	WALCZAK Patryk	4287	XRUNNERS	Senior II M - 30	01:06:15	02:39:11	04:10:19	06:09:00	07:47:07
27	ZAGUBIEŃ Wojtek	4176	EUFORIABIEGACZA TEAM	Masters M - 40	01:04:38	02:35:11	03:55:24	06:13:37	08:09:48
28	STANKIEWICZ Tomasz	4128		Senior II M - 30	01:07:20	02:40:57	04:07:34	06:18:40	08:08:22
29	BIELIŃSKI Maciek	4056		Senior II M - 30	00:55:45	02:09:35	03:13:06	04:44:42	06:05:46
30	MÜLLER Christoph	4314		Senior II M - 30	00:57:53	02:19:11	03:28:22	05:03:43	06:52:07

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
31	DĄBROWICZ Jakub	4059		Senior II M - 30	00:59:48	02:20:56	03:31:11	05:14:39	06:35:25
32	KYCIA Piotr	4161		Masters M - 40	01:04:39	02:33:25	03:49:49	05:26:08	06:52:50
33	ZUB Arkadiusz	4010	GRUPA BIEGOWA 'BEZ GRANIC'	Masters M - 40	01:20:34	03:02:18	04:32:07	06:29:31	08:02:29
34	JEŻAK Jakub	4347	SPARTANIE DZIECIOM	Senior II M - 30	01:19:38	03:06:42	04:40:32	06:48:17	08:32:01
35	STRASZKO Monika	4144		Masters K - 40	01:09:55	02:44:34	04:07:36	05:54:59	07:22:44
36	DOMAŃSKI Patryk	4227	#TEAMBIEGIWLKP	Senior I M - 20	01:01:43	02:24:29	03:33:55	05:09:05	06:30:35
37	PAWŁOWSKI Piotr	4322	REHMEDICA	Masters M - 40	01:04:53	02:28:40	03:39:12	05:16:15	06:55:00
38	SOBLIK Łukasz	4114		Senior II M - 30	01:01:48	02:26:45	03:39:24	05:16:17	06:40:11
39	ASPERSKI Michał	4403	SUPERMARATOŃCZYK	Masters M - 40	01:01:50	02:26:44	03:39:20	05:16:18	06:40:10
40	STAŃCO Paweł	4298	PRZEDWOJEWSKI MOUNTAIN TEAM	Senior I M - 20	00:57:56	02:19:56	03:34:31	05:18:28	06:48:18
41	BAROSZ Natalia	4371	MARCINŚWIERCTEAM/SPRINTEMDOULTRA	Senior II K - 30	01:09:30	02:41:01	04:00:31	05:43:09	07:03:52
42	KUCA Szymon	4208	OLAWS ZŁOTORYJA	Senior II M - 30	01:14:34	02:51:32	04:10:32	06:01:06	07:39:55
43	MOCZEK Tomasz	4167	CROSS STRACEŃCÓW TEAM	Masters M - 40	01:01:01	02:17:35	03:22:06	04:43:05	05:53:51
44	BARTOSIŃSKI Mariusz	4054	ZAŁOGA GÓRSKA	Masters M - 40	01:02:52	02:26:55	03:37:15	05:10:02	06:28:44
45	SZAŁ Tomasz	4163	ETA UPS TEAM	Masters M - 40	01:09:56	02:43:07	04:03:00	05:46:05	07:09:55
46	SZLOSER Anna	4134	MONTE KAZURA TEAM	Senior II K - 30	01:14:33	03:07:03	04:36:36	06:30:58	08:16:04
47	STUDNICKI Paweł	4135		Masters M - 40	01:16:54	03:04:30	04:55:42	07:30:51	09:32:38
48	HETMAŃSKI Arek	4069	LOVELASY	Senior II M - 30	01:17:01	03:06:05	04:42:15	07:01:31	08:54:53
49	SZULTK Magdalena	4021		Senior I K - 20	01:07:50	02:42:45	04:08:43	06:04:20	07:35:59
50	ROSOLSKI Dawid	4143		Senior II M - 30	01:06:03	02:37:34	04:11:46	06:07:43	07:40:58
51	PERYKASZA Paweł	4296	GRUPALUKTRANS.PL	Senior II M - 30	01:02:50	02:23:52	03:30:27	04:57:56	06:08:27
52	GEPPERT Jakub	4342	ADRUNALINE RUNNING TEAM	Senior II M - 30	01:01:55	02:23:12	03:31:42	05:05:52	06:19:54
53	ZAWADZKI Andrzej	4377	MKS SIECHNICE	Senior II M - 30	01:03:00	02:27:01	03:43:03	05:27:03	06:56:51
54	STANISŁAWSKI Karol	4022	RUNNER.PL	Senior II M - 30	01:07:40	02:38:10	03:54:11	05:44:49	07:17:01
55	FEODORÓW Wojtek	4399	SKURCZYBYKI	Weteran I M - 50	01:20:01	03:08:16	04:40:10	06:40:18	08:26:10
56	KUBACKA Anna	4317		Senior II K - 30	01:07:35	02:39:10	04:05:01	05:57:34	07:32:56
57	ZYDRÓŃ Tymoteusz	4034	VISEGRAD MARATON RYTRO	Masters M - 40	01:15:04	02:55:21	04:17:25	06:05:21	07:33:28
58	BRYSZ Michał	4040		Senior II M - 30	00:59:39	02:17:40	03:22:08	04:44:41	06:03:19
59	MATYSIAK Bartłomiej	4122	JACEKBIEGA RUNNING TEAM	Senior II M - 30	01:01:42	02:27:30	03:43:53	05:16:13	06:34:10
60	VALLEJO Eduardo	4386	JACEKBIEGA RUNNING TEAM	Senior II M - 30	01:01:18	02:28:37	03:51:17	05:40:39	07:08:08
61	NOWAK Mariusz	4358	HRT	Senior II M - 30	01:13:28	02:45:51	04:00:43	05:44:06	07:13:50
62	ZAWORSKI Tomasz	4257		Senior II M - 30	01:08:29	02:39:09	04:02:27	05:48:26	07:12:03
63	SIWIEC Stanisław	4005		Weteran II M - 60	01:16:11	03:00:23	04:34:08	06:43:16	08:23:59
64	ŁAZAROWICZ Mateusz	4016		Senior I M - 20	01:39:12	03:49:10		08:11:05	10:11:14
65	MAJCHRZAK Marcin	4116	HOLBOX RUNNERS	Masters M - 40	01:14:52	02:59:03	04:32:44		
66	BIALOBRZEWSKI Sławek	4318		Masters M - 40	01:07:34	02:39:10	04:05:00	06:00:24	07:32:55
67	MAJCHROWSKI Jacek	4000	NIEZALEŻNA TARNOBRZESKA GRUPA BIEGOWA 'RUN'S NOT DEAD'	Masters M - 40	01:10:38	02:50:04	04:14:32	06:05:13	07:41:21
68	WOSZEK Marzena	4084	STRUSIE	Masters K - 40	01:07:36	02:38:06	03:53:07	05:42:38	07:14:54
69	WOSZEK Tomasz	4083	STRUSIE	Masters M - 40	01:07:37	02:38:06	03:53:09	05:42:39	07:15:23
70	SKOLIMOWSKA Katarzyna	4350		Masters K - 40	01:39:36	04:01:18	05:59:17	08:33:43	10:30:44
71	KLABISZ Dawid	4372		Senior II M - 30	01:07:38	02:42:39	04:08:10	06:06:48	07:41:07
72	MAĆZKA Martyna	4348		Senior II K - 30	01:15:16	02:52:25	04:15:49	06:08:21	07:43:29
73	ŚMIGIELSKA Danuta	4094	CZERWONAK BIEGA	Senior I K - 20	01:14:25	02:53:58	04:20:58	06:14:21	07:49:10

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
74	DAWIDZIAK Arkadiusz	4205	DRUŻYNA SZPIKU	Senior II M - 30	01:09:57	02:45:37	04:12:59	06:19:11	07:54:30
75	SIERADZKI Krzysztof	4008		Senior II M - 30	01:01:00	02:23:03	03:34:02	05:13:41	06:40:18
76	SZEREMENT Tomasz	4204		Masters M - 40	01:19:40	03:08:56	04:57:01	07:36:03	09:36:54
77	REMLEIN Katarzyna	4400		Senior II K - 30	01:34:06	03:40:44	05:26:34	07:48:16	09:46:08
78	OSTROWSKI Paweł	4381	G.O.A.T. TEAM MICHAŁOWICE	Senior II M - 30	01:18:58	03:08:26	04:44:52	07:01:13	08:43:41
79	WITCZAK Jacek	4157		Masters M - 40	01:05:55	02:41:38	04:07:29	06:00:12	07:29:16
80	BANIAK Marcin	4042		Masters M - 40	00:57:24	02:17:49	03:31:31	05:13:46	06:42:18
81	GAWLIK Marcin	4066		Masters M - 40	01:17:00	03:01:04	04:32:41	06:49:33	08:28:35
82	WOZNIAK Wojciech	4392	BETTER THAN A THOUSAND	Weteran I M - 50	01:19:33	03:09:00	04:46:46	06:55:47	08:40:30
83	MYŚLIŃSKI Marcin	4168	MLG	Senior II M - 30	01:14:15	02:54:34	04:15:51	06:24:19	07:59:10
84	SZCZEPANIK Robert	4390		Masters M - 40	01:07:21	02:38:55	04:03:07	05:45:56	07:10:04
85	JARUS Andrzej	4101		Masters M - 40	01:14:25	02:54:42	04:29:13	06:36:58	08:21:57
86	JAŻNIEWICZ Artur	4219		Senior II M - 30	01:18:30	03:06:23	04:50:07	06:56:58	08:31:55
87	STACHURSKI Paweł	4279	DROGA DO ULTRA	Senior II M - 30	01:10:58	02:53:38	04:34:25	07:12:55	09:03:58
88	FRIEZE Tatiana	4293		Masters K - 40	01:26:56	03:45:53	05:40:05	08:27:03	10:22:29
89	FRIEZE Krzysztof	4294		Masters M - 40	01:26:54	03:44:17	05:38:39	08:27:04	10:22:28
90	ZAJĄC Leszek	4285		Masters M - 40	01:09:44	02:47:58	04:18:42	06:13:11	07:41:39
91	STACHURSKI Daniel	4319	L.O.T.A.ZWŁOSZAKOWICE	Masters M - 40	01:18:56	03:07:42	04:45:32	06:45:27	08:21:38
92	WALKOW Tomasz	4283		Senior II M - 30	01:10:33	02:49:28	04:22:13	06:48:57	08:29:54
93	GILEWICZ-RACHOWSKA Jagoda	4221		Senior II K - 30	01:18:48	03:05:04	04:34:36	06:43:29	08:29:23
94	WIŚNIEWSKI Dominik	4263		Senior II M - 30	01:20:56	03:09:11	04:47:14	07:13:18	09:04:16
95	KONIECZNY Maciej	4222	MK-CONNECT TEAM	Masters M - 40	01:08:39	02:39:02	04:06:44	06:14:44	07:48:05
96	BATOR Michał	4149	#SOBASTEAM	Senior II M - 30	01:10:57	02:48:05	04:14:54	06:20:46	07:59:42
97	OLSZEWSKI Michał	4159	Weteran I M - 50	Senior II M - 30	01:23:55	03:16:40	05:05:22	07:48:16	10:05:09
98	KIERSKI Dariusz	4304		Weteran I M - 50	01:26:52	03:26:40	05:11:11	07:38:49	09:26:22
99	GÓRECZNY Rafał	4362		Masters M - 40	01:10:00	02:47:13	04:13:57	06:43:19	08:15:31
100	KARBOWSKI Jarosław	4046		Masters M - 40	01:16:12	03:01:27	04:35:05	06:43:50	08:37:55
101	PARZONKA Paweł	4109	KS LENIWIEC	Masters M - 40	01:09:33	02:54:23	04:32:46	06:44:28	08:39:06
102	NOWACKI Michał	4002	MORSY POZNAŃ	Masters M - 40	01:18:12	03:06:06	04:41:09	07:04:29	08:40:17
103	SKOWROŃSKI Janusz	4237	WKURW_TEAM / WATAHA	Masters M - 40	01:25:47	03:29:51	05:35:20	08:27:09	10:22:26
104	LATOS Marcin	4127	EUROCLEAR RUNNING TEAM	Senior II M - 30	01:09:30	02:42:48	04:02:41	05:48:56	07:16:06
105	LENARTOWICZ Adam	4402	X ŁĄDEK SPECIAL FORCES	Weteran I M - 50	01:12:42	02:52:18	04:25:52	06:41:39	08:21:05
106	KOROBIJ Krzysztof	4405		Senior I M - 20	01:13:55	02:59:34	04:32:43	06:42:14	08:25:24
107	DYSARZ Jan	4382		Senior II M - 30	01:18:34	03:01:47	04:38:49	07:05:09	08:59:17
108	GRYGORUK Cezary	4186		Weteran I M - 50	01:23:50	03:27:33	05:18:24	07:49:12	09:49:58
109	PIETRZAK Monika	4224	ADIDAS RUNNER'S WARSAW	Masters K - 40	01:33:59	03:44:34	05:33:31	08:11:16	10:13:41
110	KŁOSOWSKI Kamil	4062		Senior II M - 30	01:09:34	02:43:55	04:06:52	06:01:50	07:42:24
111	POMASKI Paweł	4081		Weteran I M - 50	01:23:51	03:22:14	05:11:55	07:46:03	09:46:00
112	PIETRZAK Dariusz	4223		Masters M - 40	01:33:57	03:44:31	05:32:53	08:11:14	10:13:39
Przekroczony limit czasu: 13:00:00									
113	WALCZUK Paweł	4207		Senior II M - 30	01:27:49	03:40:36	05:47:41	08:40:15	10:34:46

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
114	KUSZTELAK Jacek	4315	ZIEMO&WIT TEAM	Senior II M - 30	01:07:45	02:38:52	03:58:29	05:44:35	07:09:40
115	KAWALEC Krystian	4152	MARCIN ŚWIERC TEAM	Masters M - 40	01:16:55	03:02:32	04:32:39	06:29:24	08:02:15
116	FRANASZCZYK Marcin	4154	BUCHARZEWO TEAM	Masters M - 40	01:22:35	03:10:47	04:51:24	07:19:51	09:15:09
117	ŚNIEGOCKA Magdalena	4104	TARNOWO PODGÓRNE BIEGA	Masters K - 40	01:30:49	03:34:22	05:18:33	07:34:45	09:26:28
118	RAK Cezary	4310	HARDCOROWE WYCHYLYBYMY	Senior II M - 30	01:21:10	03:19:33	05:13:26	07:51:54	10:04:03
119	SOBAŃSKA Paulina	4119	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	01:34:13	03:47:38	05:37:43	08:01:28	09:58:59
120	FLORCZAK Bartosz	4078	SIŁAOGRA	Senior I M - 20	01:16:14	03:01:03	04:32:39	06:40:07	08:17:43
121	SZAŁAŚNY Piotr	4007	TESTYOUTDOOROWE.PL	Senior II M - 30	01:20:06	03:09:06	04:44:20	07:18:07	09:06:15
122	KARKOWSKA Wiesława	4332	GIMNA TARNOWO PODGÓRNE	Weteran K - 50	01:27:44	03:26:26	05:11:00	07:29:31	09:23:45
123	GALASIŃSKI Andrzej	4239	GRUPA SIGMEO	Weteran I M - 50	01:19:20	03:15:05	04:56:59	07:15:56	09:04:27
124	SUT Iwona	4073	KS GŁOWNO W BIEGU	Masters K - 40	01:23:03	03:20:46	05:10:16	07:36:52	09:39:00
125	KILIMNIK Tomasz	4303	HARDCOROWE WYCHYLYBYMY	Senior II M - 30	01:17:02	03:19:37	05:07:54	07:51:51	09:48:03
126	KOLIBABSKI Radosław	4259	HARDCOROWE WYCHYLYBYMY	Senior II M - 30	01:17:01	03:13:21	05:03:34	07:51:53	09:45:32
127	ŚMICHURSKI Krzysztof	4039	FIZJOTERAPIA BIEGACZA/PRO 366	Senior II M - 30	01:13:56	02:46:27	04:11:29	06:08:02	07:42:30
128	DZIADOWIEC Łukasz	4162		Senior I M - 20	01:14:30	02:51:49	04:12:33	06:08:08	07:41:50
129	SEWERYN Grzegorz	4082	BIEGOWA KUŹNIA	Senior II M - 30	01:12:20	02:47:19	04:19:10	06:19:39	07:53:55
130	WYRWAS-ZYGARŁOWSKA Izabela	4240	KOBIETY BIEGAJĄ	Senior II K - 30	01:21:33	03:16:45	05:03:06	07:24:59	09:09:51
131	JAZY Szymon	4098	1984	Senior II M - 30	01:28:55	03:35:28	05:19:24	07:56:34	09:49:21
132	JASIŃSKI Mikołaj	4301	UKA WARSZAWA	Weteran I M - 50	01:31:33	03:54:13	06:01:11	08:44:57	11:12:24
133	AL-JEABORY Mahdi	4250		Senior II M - 30	01:21:47	03:12:07	04:47:38	06:51:49	08:47:20
134	SZEWCZYK Marek	4179	CYBINA TEAM	Weteran II M - 60	01:32:40	03:47:12	05:47:19	08:24:55	10:28:03
135	WITKOWSKA Jolanta	4305	ŽIMBAKI	Masters K - 40	01:39:38	03:56:24	06:02:11	08:44:49	10:48:01
136	JURASZ Wojciech	4346	MŁÓCKARNIA	Senior II M - 30	01:05:13	02:35:59	03:58:40	05:59:51	07:38:01
137	KUŁAKOWSKA Monika	4064		Senior II K - 30	01:23:45	03:13:33	04:48:53	06:59:05	08:34:55
138	CIESIELSKI Piotr	4151		Senior I M - 20	01:22:32	03:13:30	04:49:21	06:59:58	08:40:00
139	PALUCH Daniel	4092	BIEGOWA KUŹNIA	Masters M - 40	01:18:06	03:05:15	04:43:05	07:01:14	08:45:40
140	BALCERZAK Robert	4170	KLUB BIEGACZA WARTA	Masters M - 40	01:19:32	03:11:56	04:52:05	07:10:53	08:59:32
141	KOPKA Elżbieta	4028	AGB TORFY	Masters K - 40	01:32:31	03:43:35	05:35:39	08:13:42	10:17:51
142	KASPRZAK Jacek	4254		Weteran I M - 50	01:27:35	03:41:48	05:39:59	08:28:54	10:25:07
143	KASPRZAK Damian	4253		Senior II M - 30	01:25:29	03:41:48	05:39:56	08:28:59	10:24:30
144	DYREK Mateusz	4353		Senior II M - 30	01:05:53	02:36:45	03:50:20	05:38:43	07:04:02
145	MICHALAK Wojciech Michalak	4306	GIZDY PIEROŃSKIE	Senior II M - 30	01:18:04	03:02:49	04:36:28	07:01:59	08:47:27
146	KUŹMIŃSKI Piotr	4103	AGB TORFY	Senior II M - 30	01:26:51	03:13:24	04:50:43	07:10:46	08:55:07
147	BAK Oskar	4012	DRUŻYNA SZPIKU/ K(R)OPKA TEAM	Senior I M - 20	01:14:41	03:01:07	04:41:25	08:01:50	10:08:14
148	MARCINIAK Maciej	4365		Senior II M - 30	01:10:08	02:48:10	04:05:14	05:52:56	07:12:46
149	SIKORA Grzegorz	4404	MC BIEGACZE	Masters M - 40	01:26:54	03:13:25	04:48:57	06:45:52	08:19:23
150	KOPKA Tomasz	4029	AGB TORFY	Weteran I M - 50	01:32:31	03:43:32	05:35:40	08:13:41	10:17:35
151	WYSMOLIŃSKI Rafał	4385		Masters M - 40	01:16:01	02:55:52	04:22:49	06:25:50	07:56:01
152	GŁADYSZEWSKI Jacek	4302	MCBIEGACZE	Senior II M - 30	01:26:51	03:29:35	05:10:05	07:35:55	09:35:50
153	GADAMSKA-KABATA Paulina	4051	WKURW_TEAM	Senior II K - 30	01:26:47	03:33:14	05:22:59	07:44:56	09:50:47
154	PRZYBYLSKI Piotr	4203		Masters M - 40	01:23:15	03:10:55	04:41:22	06:46:25	08:25:20

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
155	PRZYBYLSKA Katarzyna	4202		Senior I K - 20	01:17:13	02:53:37	04:10:41	05:59:23	07:31:47
156	STĘPIEŃ Grzegorz	4195		Masters M - 40	01:18:10	03:02:49	04:28:18	06:30:05	08:06:43
157	FIELEK Piotr	4247	PRO-RUN WROCŁAW	Masters M - 40	01:07:24	02:39:58	04:15:22	06:30:27	08:15:34
158	KOŚCIELNIAK Marek	4396	MUAY RUNNING TEAM	Masters M - 40	01:13:37	02:51:44	04:25:11	06:31:59	08:11:51
159	DĄBROWSKI Roman	4037		Masters M - 40	01:21:29	03:13:24	04:55:18	07:19:48	09:13:31
160	PARWA Michał	4107	BIEGIEM NA ROWER	Senior II M - 30	01:17:29	02:57:33	04:33:17	06:47:45	08:21:35
161	SMARUJ Igor	4309		Senior I M - 20	01:23:00	03:13:24	04:50:30	07:09:14	08:58:15
162	STĘPIEŃ Kamila	4196		Senior II K - 30	01:18:09	03:01:52	04:28:38	06:30:04	08:06:42
163	KUCIŃSKA Magdalena	4011	BASSET ROLLING TEAM	Senior II K - 30	01:28:27	03:25:07	05:09:20	07:37:14	09:37:31
164	WASZYK Anita	4398	MUAY RUNNING TEAM	Senior II K - 30	01:25:37	03:22:36	05:05:14	07:15:38	09:03:22
165	BIELEŃ Agnieszka	4395	MUAY RUNNING TEAM	Senior II K - 30	01:27:20	03:34:27	05:24:59	08:01:04	09:59:02
166	ZABOROWSKA Halina	4273	MARATOŃCZYK DĘBICA	Weteran K - 50	01:36:14	03:51:32	05:44:05	08:18:55	10:25:29
167	KACZMAREK Magdalena	4052	NEST TEAM	Masters K - 40	01:39:25	03:51:31	05:50:07	08:33:58	10:29:04
168	MORCINEK Marcin	4397	BLUSZCZA	Masters M - 40	01:17:10	02:59:50	04:32:37	06:40:33	08:25:25
169	POGORZELSKA Katarzyna	4370		Senior II K - 30	01:19:23	03:01:30	04:35:35	06:49:46	08:29:36
170	LISZKA Piotr	4150		Weteran II M - 60	01:32:08	03:23:40	04:52:53	07:00:23	08:40:03
171	MOSKAL Izabella	4160	TKKF MPK POZNAŃ	Masters K - 40	01:25:38	03:17:22	04:56:34	07:17:20	09:05:55
172	DOWNAR-ZAPOLSKA Rita	4220	MOM&DAUGHTER RUN	Masters K - 40	01:33:30	03:46:26	05:43:50	08:25:29	10:25:28
173	DOBROWOLSKA Grażyna	4391	MARATOŃCZYK DĘBICA	Masters K - 40	01:39:37	04:01:18	05:57:35	08:32:59	10:42:10
174	BOCHEŃSKA Aleksandra	4407	PRO RUN WROCŁAW	Masters K - 40	01:18:27	03:00:23	04:27:35	06:15:35	07:44:11
175	GRABICKI Sebastian	4352		Masters M - 40	01:11:01	02:53:33	04:20:02	06:47:08	08:25:52
176	BORKOWSKI Łukasz	4095	RAKFAKJU	Senior II M - 30	01:26:09	03:25:03	05:09:20	07:36:48	09:43:50
177	MUSIELAK Marek	4206	KUPA WIARY TEJ	Senior II M - 30	01:24:55	03:06:59	04:29:29	06:18:58	07:50:41
178	WASIELEWSKI Oskar	4032		Masters M - 40	01:14:06	02:59:01	04:32:52	06:39:12	08:21:29
179	ZAWROTNIAK Arkadiusz	4058		Senior I M - 20	01:22:37	03:06:53	04:44:18	06:56:26	08:39:57
180	ANTOSZCZUK Arkadiusz	4289	PRO-RUN WROCŁAW	Masters M - 40	01:22:53	03:16:43	05:13:13	07:51:43	09:56:45
181	KUBISIAK Dariusz	4180		Weteran I M - 50	01:23:01	03:06:53	04:36:13	06:40:27	08:17:28
182	SZNAJDER Joanna	4246		Masters K - 40	01:23:09	03:18:55	05:05:47	07:35:47	09:34:22
183	PIECH Marzena	4147	BOOT CAMP JAWORZNO	Senior II K - 30	01:23:00	03:21:16	05:06:10	07:47:43	09:47:49
184	ZAWROTNIAK Paweł	4057		Senior I M - 20	01:22:36	03:06:53	04:44:17	06:56:25	08:40:40
185	KACZMAREK Zbigniew	4307	ROZBIEGANY KOSZALIN	Weteran II M - 60	01:23:39	03:14:19	04:52:20	07:00:37	08:45:25
186	TATARCZYK Patrycja	4001	SBRT WARSZAWA	Senior I K - 20	01:23:54	03:15:12	04:51:50	07:03:15	08:49:39
187	OSIURAK Łukasz	4249	1985	Senior II M - 30	01:05:47	02:33:02	03:49:19	05:31:46	07:02:48
188	RUSZCZEWSKI Andrzej	4068	VEGE RUNNERS	Senior II M - 30	01:14:34	02:46:57	04:05:26	05:51:35	07:14:31
189	BAREJKA Rafał	4142	NATALIA TOMASIAK GÓRSKI STYL	Masters M - 40	01:33:56	03:40:43	05:27:10	07:56:49	09:58:43
190	KRÓL Marcin	4383	OŚ RACING TEAM	Masters M - 40	01:14:43	02:51:44	04:14:44	06:17:25	07:57:32
191	DARSKI Rafał	4063	RECAMIERE	Weteran I M - 50	01:19:08	03:14:31	05:04:16	07:37:15	09:33:59
192	BACA Bartosz	4145	ZŁOTE KLOCKI NA SZNURKU	Senior II M - 30	01:27:19	03:32:12	05:36:34	07:58:23	09:47:54
193	DURĄŁEK Andrzej	4344		Masters M - 40	01:09:24	02:47:04	04:14:22	06:21:41	07:59:56
194	RADZIWOŃ Anna	4091	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40	01:25:20	03:23:14	05:06:09	07:22:28	09:06:02
195	SIENKIEWICZ Grzegorz	4055	NKB CHYŻY NOWY TOMYŚL	Senior II M - 30	01:26:53	03:16:45	04:43:54	06:46:58	08:30:51
196	KOWALCZYK Marcin	4184		Senior II M - 30	01:16:57	03:07:17	04:40:40	07:04:17	09:01:17

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
197	ŻMUDZIŃSKI Krzysztof	4261		Senior II M - 30	01:19:34	03:09:32	04:50:28	07:07:19	08:51:27
198	KOSEWSKI Marek	4338		Weteran I M - 50	01:31:04	03:32:18	05:25:21	08:00:56	10:01:07
199	KISIAŁA Filip	4193	LACHO TEAM	Masters M - 40	01:12:38	02:48:56	04:13:51	06:15:12	07:55:09
200	SKRZYPCZAK Radosław	4269	ROUNDSPACE.PL	Masters M - 40	01:27:20	03:19:23	04:58:37	07:23:54	09:07:59
201	BURCZYK Klaudiusz	4258		Senior II M - 30	01:20:49	03:11:35	04:48:55	07:14:00	09:09:12
202	WIŚNIEWSKI Jacek	4216	NOWA RUDA BIEGA	Masters M - 40	01:12:42	02:48:45	04:15:12	06:17:19	07:53:53
203	WALEŃSKI Maciej	4312	PROTON	Senior II M - 30	01:09:33	02:46:52	04:13:31	06:19:34	07:50:32
204	KADLICK Petr	4282		Senior I M - 20	01:12:32	02:53:04	04:20:32	06:23:48	08:05:57
205	SOSNOWSKI Roman	4291	LACHO TEAM	Masters M - 40	01:27:19	03:19:23	04:58:42	07:00:43	08:27:50
206	TYŚ Radek	4164		Senior II M - 30	01:17:46	03:06:07	04:46:09	07:03:52	08:44:31
207	ŁAGODA Łukasz	4343	AKTIV REHABILITACJA	Senior II M - 30	01:27:28	03:27:47	05:19:29	07:56:16	09:52:58
208	KOSMAŁA Szymon	4120		Senior II M - 30	01:22:11	03:14:12	04:55:17	07:37:34	09:29:20
209	WOJDAT Katarzyna	4194	DREAM RUN	Senior II K - 30	01:28:01	03:34:09	05:30:59	08:22:26	10:41:55
210	GÓRNICKI Tomasz	4183		Masters M - 40	01:14:26	02:50:36	04:18:34	06:21:28	07:57:28
211	BANKIEWICZ Damian	4038	ASSECO ACTIVE TEAM	Masters M - 40	01:14:37	02:56:31	04:22:21	06:33:41	08:06:21
212	NIEDZIELA Krzysztof	4300	GOSTYŃ	Masters M - 40	01:14:33	03:06:24	04:48:58	06:55:51	08:53:53
213	RUSOŁ Tomasz	4088		Senior II M - 30	01:09:42	02:48:32	04:23:53	06:56:54	08:40:31
214	PISKORSKI Krzysztof	4027		Masters M - 40	01:27:22	03:22:13	05:02:44	07:13:29	08:54:50
215	SZYMAŃSKI Mariusz	4197		Senior II M - 30	01:26:28	03:24:55	05:21:19	08:04:20	10:05:11
216	TOKARZ Jerzy	4316	BBL KRAKÓW	Weteran II M - 60	01:34:00	03:55:00	06:01:51	08:43:46	10:52:58
217	ODWAŻNY Magdalena	4003	ODWAŻNYTEAM.PL	Masters K - 40	01:23:15	03:21:58	05:09:08	07:37:24	09:31:32
218	DOMIŃCZYK Jakub	4229	LEGIONY WILKÓW	Senior II M - 30	01:17:50	03:04:46	04:51:45	07:46:05	09:43:17
219	MAĆZYŃSKI Wiktor	4124		Senior II M - 30	01:17:51	03:04:45	04:51:46	07:46:09	09:43:20
220	HADZICKA Sylwia	4230	VEGE RUNNERS	Senior II K - 30	01:19:52	03:07:23	04:50:17	07:01:20	08:48:58
221	PTAK Adam	4085	PIĄTKOWO NA BIEGOWO	Masters M - 40	01:22:35	03:12:15	04:50:18	07:01:25	08:40:23
222	WOJTKOWIAK Renata	4118	PIĄTKOWO NA BIEGOWO	Masters K - 40	01:23:14	03:19:21	04:51:42	07:01:28	08:41:29
223	ŻELAZOWSKA Ola	4049	PRO-RUN WROCŁAW	Senior II K - 30	01:23:13	03:15:42	05:09:05	08:10:22	09:58:04
224	KOŁODZIEJSKI Jarek	4076	PIĄTKOWO NA BIEGOWO	Masters M - 40	01:17:50	03:01:36	04:27:44	06:24:14	08:02:04
225	PLONKOWSKI Sebastian	4393	ST RUN TEAM	Masters M - 40	01:10:33	02:53:23	04:22:09	06:47:40	08:40:54
226	RATAJCZAK Joanna	4311	PIATKOWO NA BIEGOWO	Masters K - 40	01:22:33	03:12:08	04:50:17	07:01:27	08:40:13
227	BOROWIEC Bartek	4050	PRO-RUN WROCŁAW	Senior II M - 30	01:23:12	03:15:41	05:09:04	08:10:20	09:58:02
228	SERYŁAK Tadeusz	4367	ST RUN TEAM	Senior II M - 30	01:10:32	02:53:23	04:22:23	06:47:36	08:40:54
229	MOWNY Adam	4374	ORANGE POLSKA	Masters M - 40	01:13:03	02:55:18	04:24:30	06:47:40	08:38:44
230	DĘBICKI Mariusz	4215	ORANGE POLSKA	Masters M - 40	01:23:28	03:10:47	04:39:52	06:51:42	08:39:41
231	WAROWNY Dawid	4138		Masters M - 40	01:24:48	03:13:27	04:50:22	07:03:12	08:52:48
232	JĘDRZEJCZAK Wojciech	4248		Weteran I M - 50	01:17:57	03:02:51	04:44:14	07:10:55	08:57:36
233	MODLISZEWSKI Dariusz	4199	ORANGE POLSKA	Masters M - 40	01:23:29	03:19:33	05:15:31	07:59:55	10:05:30
234	KOBYŁECKI Bartosz	4411		Senior II M - 30	01:14:25	02:53:18	04:22:08	06:28:28	08:11:09
235	GIERLACH Jacek	4256	STOPA SŁUPSK	Senior II M - 30	01:26:05	03:22:29	04:59:50	07:40:37	10:04:35
236	GOŁEMBECKI Jakub	4053		Masters M - 40	01:26:26	03:13:13	04:48:23	07:00:23	08:36:54
237	WIĘCŁAWSKI Robert	4412		Masters M - 40	01:22:59	03:17:14	05:30:06	08:21:43	10:24:00
238	WYWROT Grzegorz	4060		Senior II M - 30	01:16:53	02:55:40	04:18:59	06:22:25	07:50:07
239	BLICHARSKA Marta	4278	WIECZORNE BIEGANIE W SZCZECINIE	Senior II K - 30	01:21:26	03:15:58	04:56:41	07:26:06	09:27:39

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
240	KĘDZIELEWSKI Łukasz	4277	WIECZORNE BIEGANIE W SZCZECINIE	Senior II M - 30	01:21:25	03:15:57	04:56:42	07:26:07	09:27:50
241	MIERZYŃSKI Rafał	4325	BIEGING TEAM ZELÓW	Senior II M - 30	01:22:06	03:19:01	05:05:13	07:45:40	09:31:17
242	KUK Urszula	4339		Masters K - 40	01:16:57	02:52:44	04:15:19	06:05:33	07:28:56
243	MIERZYŃSKI Rafał	4165	BIEGING TEAM ZELÓW	Senior II M - 30	01:22:05	03:19:01	05:05:12	07:46:26	09:47:16
244	IWASZCZYSZYN Joachim	4297	ADSYSTEM	Senior I M - 20	01:25:40	03:26:16	05:23:16	08:05:52	10:02:49
245	KLAR Marek	4336	BEZ	Weteran I M - 50	01:17:54	03:00:25	04:30:05	06:35:42	08:19:23
246	ŚRÓDKA Bartłomiej	4026	DŻĘDAJE WYKLĘCI	Senior II M - 30	01:22:26	03:09:24	04:46:03	07:14:16	09:20:04
247	JANASIK Aleksandra	4394		Masters K - 40	01:17:52	03:09:37	04:55:03	07:17:00	09:05:43
248	KOCHMAŃSKA Marta	4255		Senior II K - 30	01:27:48	03:37:09	05:48:34	08:22:37	10:24:38
249	WOJTCZAK Małgorzata	4174		Masters K - 40	01:34:09	03:47:04	05:54:19	08:34:23	10:25:49
250	LACHOWICZ Przemysław	4406		Masters M - 40	01:19:37	03:00:41	04:27:10	06:25:44	07:50:35
251	PŁAZA Artur	4148	PŁAZA TEAM	Masters M - 40	01:19:45	03:01:16	04:37:45	07:31:21	09:23:44
252	PILUJSKI Michał	4218		Senior II M - 30	01:27:49	03:25:51	05:22:36	08:14:03	10:22:25
253	GRĘZEL-GAWRON Jolanta	4023	RABBITTEAM	Masters K - 40	01:34:07	03:57:15	05:53:13	08:32:34	10:32:50
254	GAWRON Bartłomiej	4024	RABBITTEAM	Masters M - 40	01:33:57	03:57:15	05:52:52	08:32:24	10:32:38
255	ZIMNY Piotr	4360	SAINT-GOBAIN SQUAD	Senior II M - 30	01:17:02	02:59:30	04:30:14	06:34:41	08:22:32
256	WARZECHA Teresa	4323	TIGERS PRUDNIK/ RUNNERS TEAM NYSA	Weteran K - 50	01:20:36	03:05:25	04:49:06	06:55:36	08:36:53
257	JABŁOŃSKA Sylwia	4380	SBG PODBIEG	Senior II K - 30	01:12:15	02:51:57	04:20:01	06:18:48	07:53:22
258	PIETRUCHA Maciej	4079	KARKONOSZ RUNNING TEAM	Masters M - 40	01:16:00	02:53:06	04:20:50	06:20:29	07:49:17
259	ZIÓŁEK Mirosław	4226	STAY INSANE	Weteran I M - 50	01:20:45	03:11:45	04:49:07	07:02:09	08:47:38
260	DANOWSKI Jakub	4175		Senior II M - 30	01:27:40	03:26:23	05:20:08	08:13:02	10:15:54
261	SIKORA Arkadiusz	4141		Masters M - 40	01:41:34	04:22:17	06:20:51	08:40:51	10:32:40
262	UCIEKLAK Dominik	4185		Masters M - 40	01:08:51	02:42:10	04:09:22	06:08:49	07:47:22
263	TELEON Piotr	4075	JACEKBIEGA RUNNING TEAM	Masters M - 40	01:14:46	03:01:19	04:50:04	07:34:44	09:35:44
264	HAJDUK Bartłomiej	4192	FIZJOTEAM	Masters M - 40	01:21:47	03:12:46	04:46:07	06:54:22	08:34:54
265	TRZPIOLA Tycjan	4030	KURACJUSZE	Senior II M - 30	01:33:26	03:48:04	05:49:52	08:38:45	10:41:43
266	MITUS Wojtek	4271	WOJCIECH MITUŚ	Masters M - 40	01:11:36	02:51:38	04:15:43	06:23:54	08:04:04
267	MARIANOWSKI Krzysztof	4355	KWIDZYN BIEGA	Masters M - 40	01:27:34	03:23:10	05:04:06	07:27:56	09:19:57
268	GRZEGORZAK Michał	4327		Senior I M - 20	01:17:32	02:56:12	04:15:05	06:06:10	07:42:41
269	CHOJNACKI Przemysław	4409	BOX88	Masters M - 40	01:19:33	03:00:59	04:27:29	06:21:35	07:51:45
270	KRÓL Mieczysław	4366	POLSKA	Senior II M - 30	01:19:33	03:13:46	04:58:01	07:26:00	09:23:10
271	JANUSZ Tomasz	4413		Masters M - 40	01:22:33	03:13:07	04:41:45	06:49:49	08:36:32
272	KOTYSZ Waldemar	4234	BBL OPOLE	Weteran I M - 50	01:33:37	03:47:08	05:37:04	08:25:48	10:10:41
273	KOTYSZ Katarzyna	4233	BBL OPOLE	Weteran K - 50	01:33:38	03:47:08	05:37:04	08:25:49	10:10:38
274	TĘCZA Rafael	4074		Masters M - 40	01:13:21	02:51:46	04:17:01	06:25:37	08:10:54
275	TYRPA Jarosław	4018		Masters M - 40	01:23:20	03:14:44	05:02:35	07:28:17	09:16:47
276	POMIANOWSKI Szymon	4015	KURACJUSZE	Senior II M - 30	01:14:48	03:10:00	05:02:36	07:45:27	09:31:40
277	PISULA Paulina	4264	KLUCZBORSKA GRUPA BIEGOWA	Senior II K - 30	01:26:56	03:30:03	05:20:12	07:56:03	
278	MROTEK Katarzyna	4061	ON THE MOVE	Senior II K - 30	01:23:17	03:14:00	04:55:02	07:19:26	09:00:31
279	SZYGENDA Waldemar	4373		Weteran I M - 50	01:27:50	03:28:59	05:16:39	07:43:31	09:31:48
280	GAŁKA Marcin	4009		Senior II M - 30	01:33:26	03:36:44	05:17:53	07:46:38	09:47:32
281	GAJDECKI Tomek	4200	ACCENTURE	Masters M - 40	01:23:15	03:11:09	04:37:57	06:48:47	08:32:14

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
282	DŁUGOSZ-SAWICKA Marta	4290		Senior II K - 30	01:23:17	03:14:05	04:55:01	07:19:26	09:00:29
283	GŁUSZEK Tomasz	4129		Senior II M - 30	01:17:41	02:58:59	04:30:29	06:49:50	08:46:17
284	STALA-KONDRAKIEWICZ Katarzyna	4133	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	01:29:50	03:34:47	05:21:31	07:53:15	09:52:13
285	ARGIER Łukasz	4265	BIEGIEM PO MARZENIA	Senior II M - 30	01:30:05	03:33:33	05:26:26	08:16:13	10:15:23
286	SZWARC Paweł	4211	AKADEMIA MISTRZÓW SPORTU / RUN BYDGOSZCZ	Senior II M - 30	01:23:51	03:16:48	04:51:22	07:09:34	08:54:45
287	PELJAK Mariusz	4132		Senior II M - 30	01:29:48	03:34:46	05:21:03	07:53:03	09:48:48
288	KONOPIŃSKI Tomasz	4086	MEDIASYSTEM	Masters M - 40	01:23:52	03:07:55	04:27:48	06:21:25	07:47:22
289	SIKORSKI Jarek	4044	RUN BYDGOSZCZ	Masters M - 40	01:29:41	03:16:44	04:51:21	07:06:51	08:47:13
290	DUDZIŃSKA Aleksandra	4126	RUN BYDGOSZCZ	Weteran K - 50	01:29:43	03:16:47	04:51:20	07:07:07	08:47:13
291	KOZŁOWSKA Karolina	4171		Masters K - 40	01:23:48	03:17:03	04:59:36	07:18:01	09:08:33
292	WOJNAR Radek	4308	PUNK PARROT	Masters M - 40	01:32:53	03:41:12	05:30:52	08:08:24	10:18:30
293	DYMARSKI Mariusz	4228	CZERWONAK BIEGA	Masters M - 40	01:16:18	03:00:56	04:30:25	06:40:05	08:18:53
294	CHWIAŁKOWSKI Łukasz	4093		Senior II M - 30	01:23:15	03:11:22	04:54:40	07:31:57	09:30:15
295	BARANIECKI Zbigniew	4330	100 MARATHON CLUB POLAND	Weteran II M - 60	01:33:57	03:35:52	05:36:41	08:29:48	10:34:06
296	LIPIŃSKI Krzysztof	4326	KB MANIAC POZNAŃ	Weteran I M - 50	01:41:58	04:06:57	06:08:49	08:55:03	10:25:36
297	ŚLUZEK Mirosław	4077		Weteran I M - 50	01:21:02	03:19:12	05:03:09	07:35:49	09:33:48
298	SOBKOWIAK Ewa	4356	100 MARATHON CLUB POLAND	Weteran K - 50	01:32:16	03:34:40	05:36:39	08:21:45	10:19:04
299	MARKOWSKI Marek	4328	KS LENIWIEC	Masters M - 40	01:22:08	03:10:30	04:43:24	06:47:14	08:21:26
300	NOWAK Dorota	4136	WIECZORNE BIEGANIE W SZCZECINIE	Senior II K - 30	01:30:46	03:25:43	05:02:30	07:00:04	08:43:20
301	PERZ Marzenna	4299		Weteran K - 50	01:32:37	03:27:53	05:02:23	07:03:19	08:41:10
302	MILER Urszula	4213	KOLARSKO-BIEGOWY KLUB SPORTOWY RADOMSKO	Masters K - 40	01:31:26	03:40:36	05:33:03	08:07:03	09:56:29
303	JANIK Andrzej	4112	KOMPUTRONIK CHOJNICE	Senior II M - 30	01:17:30	02:49:00	04:11:26	06:14:57	07:46:52
304	KŁAKULAK Robert	4108	DZIKI ŻEGLARZ	Masters M - 40	01:17:29	02:48:40	04:17:21	06:37:49	08:10:59
305	SITAK Adam	4071		Senior II M - 30	01:08:33	02:46:28	04:25:29	07:20:12	09:11:24
306	LEWCZUK Norbert	4252	BIEGACZE POMAGACZE	Senior II M - 30	01:27:03	03:25:40	05:18:16	08:03:56	10:07:41
307	OLIVEIRA Magdalena	4236		Senior II K - 30	01:31:14	03:39:19	05:33:00	08:06:20	09:56:27
308	MILER Robert	4214	BIEGACZE W RADOMSKU PASSION LIFE JOY	Masters M - 40	01:31:24	03:40:32	05:33:01	08:07:02	09:56:28
309	NORWA Sylwester	4070	JET SET PATKÓW	Masters M - 40	01:27:42	03:29:52	05:34:50	08:23:13	10:35:16
310	NADULSKI Piotr	4359	GOODSPACE	Masters M - 40	01:30:19	03:40:43	05:46:37	08:32:09	10:33:28
311	BALCERZAK Mariusz	4172		Masters M - 40	01:23:16	03:14:24	04:51:24	07:07:56	08:58:18
312	BABIAK Bartosz	4139		Senior II M - 30	01:23:13	03:18:56	05:09:26	07:47:43	09:34:59
313	SILSKA Sylwia	4178		Masters K - 40	01:30:42	03:24:24	05:05:36	07:22:42	09:07:56
314	NOWICKI Marek	4089	PORANNI BIEGACZE	Masters M - 40	01:30:34	03:32:18	05:26:01	07:55:54	09:55:17
315	SILSKI Marek	4177		Weteran I M - 50	01:32:35	03:35:07	05:26:25	08:06:20	10:00:36
316	GUZERA Justyna	4341		Senior II K - 30	01:08:52	02:41:39	04:05:13	05:59:15	07:23:41
317	SAWICKI Leszek	4368		Weteran II M - 60	01:10:44	02:46:31	04:13:18	06:19:49	07:56:17
318	HACUŚ Tomasz	4155		Masters M - 40	01:32:50	03:44:51	05:42:05	08:34:03	10:25:21
319	KOWALEWSKI Grzegorz	4242		Weteran I M - 50	01:29:14	03:26:39	05:03:52	07:25:57	09:23:14
320	CHORAŻY Łukasz	4125	CAŁA OLEŚNICA BIEGA	Senior II M - 30	01:19:18		04:38:02	07:02:47	08:56:58

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
321	DOLIŃSKI Tomasz	4121	UMAWIANIENABIEGANIETEAM	Weteran I M - 50	01:46:51	04:20:18	06:17:05	08:49:25	10:46:29
322	MATUSZEWSKI Nikodem Matuszewski	4364		Senior II M - 30	01:25:03	03:08:31	04:42:02	06:42:46	08:16:04
323	JEDRZEJEK Lukasz	4324	DFDS POLSKA RUNNING TEAM	Senior II M - 30	01:22:21	03:12:54	04:45:10	06:47:14	08:46:12
324	BIAŁCZYK Marcin	4280	SKY IS THE LIMIT	Senior II M - 30	01:07:18	02:39:47	04:06:26	06:18:02	07:48:53
325	GĄSZCZAK Michał	4378	RUNHOGS TYCHY	Senior II M - 30	01:25:18	03:14:24	04:55:06	07:15:09	09:05:55
326	JAMRÓZ Wojciech	4047	KW GLIWICE	Masters M - 40	01:25:20	03:25:00	05:15:09	08:19:16	10:19:00
327	WAŚCIŃSKA Edyta	4188	PĘDZI - PARA	Masters K - 40	01:37:48	03:49:44	05:50:31	08:24:17	10:29:39
328	CZUB Piotr	4281	GRUPA BIEGOWA'BEZ GRANIC'	Senior I M - 20	01:14:05	02:51:05	04:19:04	06:17:05	08:03:46
329	PUZANOWSKI Piotr	4169		Senior II M - 30	01:12:47	02:52:50	04:27:07	06:45:16	08:28:49
330	PROSZAK Sebastian	4275	KURORT ŁĄDEK ZDRÓJ TEAM	Masters M - 40	01:19:11	03:04:18	04:29:20	07:01:47	08:45:17
331	WAŚCIŃSKI Roman	4187	PĘDZI - PARA	Masters M - 40	01:25:15	03:16:48	05:06:35	07:33:46	09:41:57
332	KRZOS Piotr	4158		Senior II M - 30	01:25:29	03:08:21	04:42:51	06:43:29	08:24:36
333	TOMAKA Maciej	4274	KURORT ŁĄDEK ZDRÓJ TEAM	Senior II M - 30	01:19:08	03:04:16	04:29:19	06:46:11	08:15:01
334	WILK Wiktoria	4105	WILKI	Senior II K - 30	01:26:27	03:26:39	05:09:29	07:25:47	09:11:36
335	ROGOCZ Maciej	4110	ROGAŚ Z DOLINY ROZTOKI	Masters M - 40	01:25:15	03:27:44	05:07:31	07:28:31	09:19:42
336	BAGIŃSKA Paulina	4190		Senior II K - 30	01:32:06	03:28:49	05:16:21	07:48:17	09:49:08
337	BARADZIEJ Bartłomiej	4072	TERMINAL LOGISTYCZNY PROMONT	Senior II M - 30	01:25:13	03:16:37	05:07:39	07:56:38	09:53:52
338	WILK Krzysztof	4106	WILKI	Senior II M - 30	01:26:26	03:18:32	05:09:30	07:25:46	09:11:36
339	KOSZAREK Andrzej	4102		Masters M - 40	01:33:58	03:33:58	05:15:27	07:30:42	09:15:55
340	DYRKA Krzysztof	4087	POLITECHNIKA POZNAŃSKA	Masters M - 40	01:15:45	02:52:22	04:13:11	05:57:42	07:25:55
341	MAZURCZAK Łukasz	4251		Senior II M - 30	01:15:46	02:52:37	04:15:02	06:14:11	07:47:57
342	GAJDOWSKI Przemysław	4284		Senior II M - 30	01:23:01	03:21:10	05:01:08	07:34:31	09:33:30
343	JĘDRASZEK Alicja	4408		Masters K - 40	01:21:49	03:07:40	04:37:49	06:33:00	08:10:20
344	JĘDRASZEK Maciej	4351		Masters M - 40	01:21:47	03:07:40	04:43:30	06:44:03	08:24:50
345	KUCHARSKI Jakub	4181	JKU1979	Masters M - 40	01:31:16	03:28:34	05:07:25	07:38:07	09:27:36
346	GRZELCZAK Barbara	4201		Senior II K - 30	01:39:30	04:00:51	05:58:12	08:45:49	10:53:03
347	SZCZAWINSKI Bartosz	4354		Senior II M - 30	01:29:29	03:40:40	05:56:11	08:42:47	11:11:42
348	KOTWA Paweł	4337	TUMBOTEAM	Senior I M - 20	01:34:50	03:24:11	05:05:19	07:44:11	09:51:57
349	PLEWA Sylwia	4241		Masters K - 40	01:20:06	03:04:52	04:47:57	06:44:49	08:21:40
350	LEBODA Katarzyna	4387	WILD DOGS TEAM	Senior II K - 30	01:21:20	03:10:09	04:51:01	07:09:04	08:59:51
351	KOZIOŁ Artur	4232	KOZIOŁKI	Masters M - 40	01:20:42	03:11:26	04:49:00	07:05:34	08:50:22
352	WYSOCKI Grzegorz	4198	MORSY TUREK	Masters M - 40	01:32:08	03:37:10	05:26:16	08:03:45	10:04:12
353	KOZIOŁ Paweł	4243		Senior II M - 30	01:32:12	03:40:26	05:36:57	08:25:19	10:17:27
354	BAUGÄRTNER Marcin	4335	KLUBSILESIA.PL	Masters M - 40	01:41:14	03:51:52	05:41:05	08:31:04	10:26:26
355	GMEREK Paweł	4245		Masters M - 40	01:47:21	04:23:57	06:32:21	09:34:51	11:59:04
356	KLIKS Adam	4244		Masters M - 40	01:47:31	04:23:58	06:32:29	09:34:56	11:59:05
357	ZEGARMISTRZ Grzegorz	4189		Senior II M - 30	01:25:11	03:12:21	04:45:01	07:20:05	09:23:56
358	DĄBROWSKI Michał	4153	TEAM ZABIEGANEDNI	Masters M - 40	01:25:18	03:18:01	04:54:34	07:28:07	09:23:43
359	WICHEREK Maciej	4331	ITMBW	Masters M - 40	01:33:11	03:49:44	06:06:20	08:42:07	10:31:59
360	WOLAŃSKI Witosław	4019	JESZCZE TROCHĘ - TRÓJMIASTO / KASZUBSKA PONIEWIERKA	Weteran I M - 50	01:22:54	03:10:01	04:38:02	06:48:11	08:24:40
361	STANGIERSKI Adam	4292		Senior II M - 30	01:26:48	03:07:15	04:34:46	06:41:35	08:06:42
362	SERAFIŃSKI Mirosław	4266		Masters M - 40	01:31:17	03:25:00	04:55:59	07:05:05	08:53:17
363	SAMBORSKI Bartosz	4361	WKURW_TEAM	Masters M - 40	01:25:15	03:17:49	04:51:22	07:04:33	08:54:34

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
	DUNIKOWSKA Olga Małgorzata	4013		Senior I K - 20	02:06:13 DNF	DNF	DNF	DNF	DNF
	HOSS Jan	4036		Senior II M - 30	01:18:03 DNF	DNF	DNF	DNF	DNF
	JABŁOŃSKA Agnieszka	4096	AGB NYGUS	Masters K - 40	01:27:24 DNF	04:06:47 DNF	DNF	DNF	DNF
	CZEKALSKI Tomasz	4097	AGB NYGUS	Senior II M - 30	01:27:23 DNF	04:06:47 DNF	DNF	DNF	DNF
	MENŻYK Urszula	4137	LUXTORPEDA CZERWIONKA	Weteran K - 50	01:51:41 DNF	04:30:03 DNF	07:12:10 DNF	DNF	DNF
	HOLONA Izabela	4140	LUXTORPEDA	Masters K - 40	01:41:42 DNF	04:22:21 DNF	06:46:58 DNF	DNF	DNF
	KACZOROWSKI Michał	4173		Senior II M - 30	01:12:39 DNF	02:57:51 DNF	04:49:36 DNF	DNF	DNF
	MARZEC Łukasz	4225	1982	Senior II M - 30	01:15:58 DNF	02:50:25 DNF	04:27:42 DNF	DNF	DNF
	SMOTER Wojciech	4238		Senior I M - 20	DNF	DNF	DNF	DNF	DNF
	KORDECKI Łukasz	4260	WCHSZT	Masters M - 40	DNF	DNF	DNF	DNF	DNF
	KOWALSKI Adam	4286		Senior II M - 30	01:27:19 DNF	03:32:26 DNF	05:36:41 DNF	DNF	DNF
	JAKUBAS Grzegorz	4320	BB RUNNERS	Senior II M - 30	01:04:36 DNF	02:46:37 DNF	DNF	DNF	DNF
	WŁODARSKA Magdalena	4376	1977	Masters K - 40	01:52:51 DNF	DNF	DNF	DNF	DNF
	PETRYNA Jagoda	4414		Senior II K - 30	01:09:50 DNF	02:42:25 DNF	04:00:39 DNF	DNF	DNF
	NETOLICKÝ Martin	4006		Senior II M - 30	01:36:39 DNF	03:49:57 DNF	05:53:25 DNF	DNF	DNF
	LUDWIKOWSKI Krzysztof	4045		Masters M - 40	01:36:26 DNF	04:02:22 DNF	06:22:10 DNF	DNF	DNF
	MATYJASIAK Konrad	4130	RRC WILANÓW	Masters M - 40	01:21:56 DNF	03:15:48 DNF	05:28:01 DNF	DNF	DNF
	MASIAREK Maciej	4031		Senior I M - 20	01:01:03 DNF	02:22:40 DNF	03:33:27 DNF	05:28:08 DNF	DNF
	BEDNARZ Jakub	4043	DRUŻYNA SZPIKU	Senior II M - 30	01:02:34 DNF	02:49:07 DNF	04:26:04 DNF	06:44:26 DNF	08:21:48 DNF
	KWAŚNIEWSKI Krzysztof	4288	ŻYWCEM ZABIEGANI	Masters M - 40	01:14:47 DNF	02:56:42 DNF	04:28:34 DNF	06:52:14 DNF	DNF
	KUŹNIAK Szymon	4210		Senior II M - 30	01:26:22 DNF	03:20:37 DNF	05:03:51 DNF	07:58:57 DNF	10:48:16 DNF
	MUSS Aleksander	4329	ACE OF SPADES	Masters M - 40	01:25:29 DNF	03:19:46 DNF	05:11:23 DNF	08:12:05 DNF	DNF
	CHRZAN Magdalena	4004		Senior I K - 20	01:47:45 DNF	04:00:42 DNF	05:52:08 DNF	08:45:55 DNF	DNF
	JEDYNAK- DOROSZ Izabela	4268	KB MANIAC	Masters K - 40	01:41:57 DNF	04:07:04 DNF	06:08:49 DNF	08:51:00 DNF	DNF

