

BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2020-07-16
Łądek-Zdrój
68 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
1	ZIĘBA Tomek	4264	JACEKBIEGA RUNNING TEAM	Masters M - 40	1	01:16:38	03:07:23	04:17:53	05:45:34	07:04:40	08:16:28.65		7:18	8.2 (100%)
2	GALA Grzegorz	4244	STC RUNNERS	Masters M - 40	2	01:10:22	02:54:09	04:05:50	05:45:53	07:03:24	08:21:49.15	+00:05:20 (1.1%)	7:22	8.1 (98.8%)
3	KRZESZOWSKI Marcin	4341		Masters M - 40	3	01:10:05	03:02:38	04:21:39	05:58:06	07:15:28	08:29:39.30	+00:13:10 (2.6%)	7:29	8 (97.6%)
4	WARWAS Radosław	4199		Masters M - 40	4	01:14:43	03:03:45	04:17:29	05:50:35	07:12:46	08:29:50.20	+00:13:21 (2.6%)	7:29	8 (97.6%)
5	PASTERNOK Marian	4280	ZABRZAŃSKIE PARKOWE BIEGANIE	Masters M - 40	5	01:13:57	03:02:52	04:22:08	06:01:41	07:28:56	08:51:28.70	+00:35:00 (6.6%)	7:48	7.7 (93.9%)
6	KOCEMBA Askaniusz	4254		Masters M - 40	6	01:13:10	03:08:53	04:34:49	06:15:28	07:39:29	08:58:34.75	+00:42:06 (7.8%)	7:55	7.6 (92.7%)
7	BONIKOWSKI Tomasz	4207		Masters M - 40	7	01:22:06	03:19:14	04:38:17	06:15:44	07:39:15	09:00:50.20	+00:44:21 (8.2%)	7:57	7.5 (91.5%)
8	PIOTROWSKI Paweł	4282	PROTON	Masters M - 40	8	01:17:25	03:18:28	04:38:42	06:16:01	07:44:04	09:04:30.85	+00:48:02 (8.8%)	8:00	7.5 (91.5%)
9	ŚLEZIAK Jarosław	4332	MATNER RUNNING TEAM	Masters M - 40	9	01:15:24	02:59:41	04:18:55	06:06:49	07:41:44	09:07:46.70	+00:51:18 (9.4%)	8:03	7.4 (90.2%)
10	POMAGRUK Piotr	4216	DZIKI ZE ŚLICHOWIC	Masters M - 40	10	01:17:03	03:13:42	04:33:50	06:18:13	07:47:08	09:10:24.50	+00:53:55 (9.8%)	8:05	7.4 (90.2%)
11	WYSMOLINSKI Rafał	4243		Masters M - 40	11	01:17:30	03:14:30	04:49:05	06:32:49	07:56:08	09:14:36.65	+00:58:08 (10.5%)	8:09	7.4 (90.2%)
12	SCHRODER Patryk	4315	ULTRAFUN	Masters M - 40	12	01:16:55	03:13:23	04:33:32	06:22:30	07:54:41	09:20:23.95	+01:03:55 (11.4%)	8:14	7.3 (89.0%)
13	PROSZAK Sebastian	4235	TEAM KURORT ŁĄDEK-ZDRÓJ	Masters M - 40	13	01:16:37	03:10:46	04:35:22	06:26:50	07:58:27	09:27:22.85	+01:10:54 (12.5%)	8:20	7.2 (87.8%)
14	CHOLEWA Tomasz	4285		Masters M - 40	14	01:22:55	03:25:21	04:46:57	06:29:05	08:00:11	09:31:28.30	+01:14:59 (13.1%)	8:24	7.1 (86.6%)
15	WOSZEK Tomasz	4084	BBL OPOLE	Masters M - 40	15	01:16:22	03:16:13	04:38:48	06:25:21	08:00:19	09:32:15.80	+01:15:47 (13.2%)	8:24	7.1 (86.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
16	WALCZYŃSKI Robert	4112		Masters M - 40	16	01:15:48	03:18:45	04:47:18	06:36:15	08:09:51	09:33:11.00	+01:16:42 (13.4%)	8:25	7.1 (86.6%)
17	ŁUCZYŃSKI Maciej	4227		Masters M - 40	17	01:15:03	03:04:46	04:25:12	06:18:32	08:01:08	09:34:54.45	+01:18:25 (13.6%)	8:27	7.1 (86.6%)
18	WYSOCZAŃSKI Adrian	4317		Masters M - 40	18	01:21:03	03:21:42	04:50:28	06:33:01	08:09:58	09:35:09.80	+01:18:41 (13.7%)	8:27	7.1 (86.6%)
19	KĄSIEL Paweł	4205	MATNER RUNNING TEAM	Masters M - 40	19	01:16:27	03:12:33	04:29:58	06:21:28	08:02:54	09:38:47.25	+01:22:18 (14.2%)	8:30	7 (85.4%)
20	DORNIAK Jarosław	4037	PZU SPORT TEAM	Masters M - 40	20	01:22:12	03:12:02	04:45:44	06:38:33	08:13:48	09:39:24.85	+01:22:56 (14.3%)	8:31	7 (85.4%)
21	GRACZ Krzysztof	4174	1978	Masters M - 40	21	01:23:39	03:26:35	04:57:48	06:42:45	08:13:25	09:40:23.20	+01:23:54 (14.5%)	8:32	7 (85.4%)
22	HAJDUK Bartłomiej	4095	SBG PODBIEG	Masters M - 40	22	01:23:45	03:26:46	04:54:17	06:48:28	08:19:23	09:42:35.00	+01:26:06 (14.8%)	8:34	7 (85.4%)
23	ŁUKOWIAK Karol	4075	KILIŃSKIEGO TEAM	Masters M - 40	23	01:20:11	03:11:25	04:41:22	06:38:41	08:15:27	09:44:07.35	+01:27:38 (15.0%)	8:35	7 (85.4%)
24	KARPOWICZ Rafał	4085		Masters M - 40	24	01:15:52	03:15:33	04:47:35	06:44:08	08:19:24	09:46:43.20	+01:30:14 (15.4%)	8:37	7 (85.4%)
25	LEŚNIAK Marcin	4219	SALT RUNNERS BOCHNIA	Masters M - 40	25	01:17:28	03:15:47	04:41:52	06:32:30	08:10:47	09:47:24.70	+01:30:56 (15.5%)	8:38	6.9 (84.1%)
26	LASKOWSKI Radosław	4106	KS PIDRINA GDYNIA	Masters M - 40	26	01:19:50	03:17:59	04:46:47	06:41:02	08:14:18	09:47:27.25	+01:30:58 (15.5%)	8:38	6.9 (84.1%)
27	OBRZUD Krzysztof	4080		Masters M - 40	27	01:19:42	03:20:48	04:50:44	06:36:40	08:14:10	09:48:41.50	+01:32:12 (15.7%)	8:39	6.9 (84.1%)
28	KOTLAREK Dawid	4067	VEGE RUNNERS	Masters M - 40	28	01:18:40	03:18:53	04:49:42	06:43:07	08:16:56	09:53:40.15	+01:37:11 (16.4%)	8:43	6.9 (84.1%)
29	TABIŚ-HUBKA Rafał	4265	ZABRZAŃSKIE PARKOWE BIEGANIE	Masters M - 40	29	01:17:46	03:20:58	04:47:06	06:45:56	08:24:25	09:54:19.85	+01:37:51 (16.5%)	8:44	6.9 (84.1%)
30	PIETRZAK Paweł	4308	DOGOŃ GRODZISK MAZOWIECKI	Masters M - 40	30	01:26:31	03:27:26	04:55:55	06:43:37	08:24:57	09:55:33.00	+01:39:04 (16.6%)	8:45	6.9 (84.1%)
31	SKRZYNIARZ Marek	4177	C.K.MARUDERZY	Masters M - 40	31	01:20:21	03:28:43	04:55:21	06:56:12	08:32:59	09:57:40.70	+01:41:12 (16.9%)	8:47	6.8 (82.9%)
32	TOMASZEWSKI Michał	4164		Masters M - 40	32	01:20:27	03:18:49	04:41:54	06:43:24	08:23:08	10:02:20.55	+01:45:51 (17.6%)	8:51	6.8 (82.9%)
33	PAWLAK Maciej	4261		Masters M - 40	33	01:25:55	03:24:51	04:56:13	06:52:44	08:33:04	10:03:37.65	+01:47:09 (17.8%)	8:52	6.8 (82.9%)
34	PURA Robert	4192		Masters M - 40	34	01:20:10	03:23:30	04:53:05	06:51:33	08:40:23	10:10:34.15	+01:54:05 (18.7%)	8:58	6.7 (81.7%)
35	ZGRAJ Leszek	4316		Masters M - 40	35	01:20:49	03:26:17	05:02:24	07:02:09	08:41:38	10:12:49.20	+01:56:20 (19.0%)	9:00	6.7 (81.7%)
36	SZYMCZYK Michał	4318	DRUŻYNA CHROBREGO	Masters M - 40	36	01:27:27	03:35:41	05:10:43	07:06:34	08:47:55	10:16:25.70	+01:59:57 (19.5%)	9:03	6.6 (80.5%)
37	KŁODZIŃSKI Karol	4231	TAZDEVIL TEAM	Masters M - 40	37	01:25:28	03:39:03	05:14:51	07:10:11	08:51:12	10:23:27.75	+02:06:59 (20.4%)	9:10	6.5 (79.3%)
38	KOŁKOWSKI Przemysław	4338	KIERUNEK HORYZONT	Masters M - 40	38	01:29:49	03:44:00	05:19:04	07:18:39	08:58:34	10:26:33.95	+02:10:05 (20.8%)	9:12	6.5 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
39	STAROŃ Tomasz	4291		Masters M - 40	39	01:20:34	03:32:50	05:00:41	07:01:25	08:48:22	10:26:52.60	+02:10:23 (20.8%)	9:13	6.5 (79.3%)
40	MARCINKOWSKI Przemysław	4283	PROTON/LESZ NO LIMITS RUNNERS	Masters M - 40	40	01:30:34	03:46:53	05:25:29	07:26:36	09:02:17	10:30:08.35	+02:13:39 (21.2%)	9:16	6.5 (79.3%)
41	KONOPKA Bartosz	4262	BIEGAMBOLUBIĘ	Masters M - 40	41	01:26:10	03:31:00	05:01:32	07:07:39	08:50:32	10:31:04.60	+02:14:35 (21.3%)	9:16	6.5 (79.3%)
42	BOK Rafał	4286		Masters M - 40	42	01:24:50	03:29:45	05:17:31	07:19:21	09:02:31	10:32:33.30	+02:16:04 (21.5%)	9:18	6.4 (78.0%)
43	KONIECZNY Marcin	4292		Masters M - 40	43	01:19:17	03:26:18	04:56:33	07:03:27	08:51:51	10:34:51.50	+02:18:22 (21.8%)	9:20	6.4 (78.0%)
44	FUKS Szymon	4141	MCBIEGACZE	Masters M - 40	44	01:21:35	03:24:14	04:57:03	06:59:37	08:53:29	10:35:26.70	+02:18:58 (21.9%)	9:20	6.4 (78.0%)
45	BADOWSKI Rafał	4073	WSZYSTKO JEST W GŁOWIE!	Masters M - 40	45	01:14:46	03:18:08	04:46:29	06:44:41	08:41:40	10:35:35.25	+02:19:06 (21.9%)	9:20	6.4 (78.0%)
46	ROSOŁOWSKI Grzegorz	4096	DRUŻYNA SZPIKU SITECH	Masters M - 40	46	01:28:05	03:38:29	05:17:27	07:17:16	09:00:32	10:35:49.80	+02:19:21 (21.9%)	9:21	6.4 (78.0%)
47	KUNECKI Norbert	4226	KB HARCOWNIK JELCZ-LASKOWICE	Masters M - 40	47	01:29:13	03:43:28	05:18:16	07:20:50	09:10:24	10:44:17.10	+02:27:48 (22.9%)	9:28	6.3 (76.8%)
48	JURA Mariusz	4272	ZŁOWIESZCZE ZGRZYTNIĘCIE ZWIERACZA	Masters M - 40	48	01:24:34	03:37:47	05:18:17	07:19:38	09:06:21	10:45:59.40	+02:29:30 (23.1%)	9:29	6.3 (76.8%)
49	ZAMBRZYCKI Maciej	4289	SAP LABS POLAND TEAM	Masters M - 40	49	01:24:39	03:29:28	05:17:20	07:30:03	09:13:14	10:48:38.20	+02:32:09 (23.5%)	9:32	6.3 (76.8%)
50	KUBICA Bartosz	4258		Masters M - 40	50	01:27:23	03:37:55	05:14:22	07:23:01	09:11:24	10:48:44.75	+02:32:16 (23.5%)	9:32	6.3 (76.8%)
51	JUCHA Jacek	4246	CARBO ASECURA/ CA AKTYWNI	Masters M - 40	51	01:27:32	03:38:04	05:14:30	07:23:10	09:10:17	10:48:54.40	+02:32:25 (23.5%)	9:32	6.3 (76.8%)
52	GAWRON Bartłomiej	4279		Masters M - 40	52	01:20:33	03:29:46	05:07:43	07:19:29	09:09:44	10:49:28.95	+02:33:00 (23.6%)	9:33	6.3 (76.8%)
53	KOŁODZIEJ Paweł	4214		Masters M - 40	53	01:30:53	03:48:20	05:32:40	07:35:24	09:12:59	10:53:40.65	+02:37:12 (24.0%)	9:36	6.2 (75.6%)
54	STRONIKOWSKI Kamil	4134		Masters M - 40	54	01:30:38	03:44:21	05:13:37	07:22:40	09:12:44	11:00:10.15	+02:43:41 (24.8%)	9:42	6.2 (75.6%)
55	KULA Sebastian	4230	SYCOWSKA POGOŃ	Masters M - 40	55	01:22:50	03:36:09	05:14:26	07:23:50	09:18:26	11:02:39.60	+02:46:10 (25.1%)	9:44	6.2 (75.6%)
56	KOWALSKI Rafał	4217	RADIO RODZINA WROCŁAW	Masters M - 40	56	01:25:58	03:41:42	05:23:38	07:31:01	09:24:48	11:04:06.85	+02:47:38 (25.2%)	9:45	6.1 (74.4%)
57	SIENNICKI Leszek	4251		Masters M - 40	57	01:25:42	03:39:21	05:21:11	07:33:11	09:22:39	11:09:39.95	+02:53:11 (25.9%)	9:50	6.1 (74.4%)
58	HOLDCRAFT Nicholas	4185		Masters M - 40	58	01:29:37	03:26:01	05:04:23	07:19:12	09:09:01	11:11:06.35	+02:54:37 (26.0%)	9:52	6.1 (74.4%)
59	RADZIWOŃ Krzysztof	4142	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	59	01:30:37	03:49:59	05:32:19	07:44:53	09:34:15	11:16:05.70	+02:59:37 (26.6%)	9:56	6 (73.2%)
60	RENKIEL Tomasz	4099	COMPAÑEROS ASFALT ATEAM	Masters M - 40	60	01:33:22	03:48:43	05:28:16	07:44:33	09:37:26	11:16:53.30	+03:00:24 (26.7%)	9:57	6 (73.2%)
61	KRZYŻOSTANIAK Marcin	4325	ZGRUBKA TEAM / MARCIN ŚWIERC TEAM	Masters M - 40	61	01:32:41	03:56:37	05:41:21	07:55:53	09:44:09	11:18:59.45	+03:02:30 (26.9%)	9:59	6 (73.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	D1	B1	B2	A15	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	24km	34km	46km	57km	68km			
62	PARZONKA Paweł	4139	KS LENIWIEC	Masters M - 40	62	01:25:56	03:35:52	05:15:12	07:26:21	09:23:29	11:19:40.05	+03:03:11 (27.0%)	9:59	6 (73.2%)
63	KRUK Jacek	4119		Masters M - 40	63	01:31:35	04:02:53	05:41:17	07:52:20	09:52:03	11:36:58.65	+03:20:30 (28.8%)	10:14	5.9 (72.0%)
64	ŻABIEREK Tomek	4257		Masters M - 40	64	01:32:10	03:50:53	05:33:14	07:58:49	10:00:25	11:37:17.45	+03:20:48 (28.8%)	10:15	5.9 (72.0%)
65	BLIŻNIEWSKI Marek	4213	SNG WILD DUCK	Masters M - 40	65	01:40:25	03:47:54	05:50:44	08:00:55	09:57:09	11:37:34.15	+03:21:05 (28.8%)	10:15	5.8 (70.7%)
66	DELONG Sebastian	4069	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	Masters M - 40	66	01:26:11	03:47:27	05:50:20	08:09:08	10:06:09	11:42:22.15	+03:25:53 (29.3%)	10:19	5.8 (70.7%)
67	GIERSZEWSKI Marek	4086		Masters M - 40	67	01:21:46	03:25:02	05:10:46	07:18:31	09:17:17	11:42:51.55	+03:26:22 (29.4%)	10:20	5.8 (70.7%)
68	PÓŁGRABIA Dawid	4033		Masters M - 40	68	01:28:05	03:54:24	05:53:02	08:09:02	10:03:12	11:44:30.45	+03:28:01 (29.5%)	10:21	5.8 (70.7%)
69	AZAREWICZ Grzegorz	4322		Masters M - 40	69	01:37:17	03:55:17	06:07:41	08:13:33	10:02:32	11:45:32.85	+03:29:04 (29.6%)	10:22	5.8 (70.7%)
70	RACZKIEWICZ Jarosław	4234	NATURAL BORN RUNNERS	Masters M - 40	70	01:32:38	03:51:27	05:37:09	07:56:33	09:52:17	11:47:22.40	+03:30:53 (29.8%)	10:24	5.8 (70.7%)
71	PURA Paweł	4114		Masters M - 40	71	01:30:50	03:52:25	05:33:08	07:59:51	09:59:27	11:48:55.05	+03:32:26 (30.0%)	10:25	5.8 (70.7%)
72	RYCHTYK Dawid	4169		Masters M - 40	72	01:29:05	03:54:53	06:05:23	08:22:18	10:11:15	11:51:00.45	+03:34:31 (30.2%)	10:27	5.7 (69.5%)
73	ZUBERT Marcin	4307	PRESSGLASS-BIEGAMY I WSPIERAMY	Masters M - 40	73	01:26:42	04:04:07	05:48:44	08:10:19	10:12:50	11:57:07.55	+03:40:38 (30.8%)	10:32	5.7 (69.5%)
74	ROŻKO Krzysztof	4163	4ROŻKI	Masters M - 40	74	01:31:07	03:56:25	05:48:20	08:07:16	10:14:29	12:00:53.90	+03:44:25 (31.1%)	10:36	5.7 (69.5%)
75	SYNOWIEC Grzegorz	4118	1975	Masters M - 40	75	01:30:23	03:59:11	05:52:54	08:14:38	10:12:59	12:03:26.95	+03:46:58 (31.4%)	10:38	5.6 (68.3%)
76	JAMRÓZ Wojciech	4222	KW GLIWICE	Masters M - 40	76	01:26:01	03:55:30	05:44:40	08:17:29	10:23:28	12:06:48.75	+03:50:20 (31.7%)	10:41	5.6 (68.3%)
77	ZYZAŃSKI Andrzej	4194	ZIZU	Masters M - 40	77	01:28:25	04:07:23	06:02:49	08:25:04	10:25:08	12:07:31.85	+03:51:03 (31.8%)	10:41	5.6 (68.3%)
78	SZMYT Piotr	4193	WLKP MOUNTAINS ULTRA	Masters M - 40	78	01:28:34	04:07:45	06:02:58	08:25:15	10:25:15	12:07:37.45	+03:51:08 (31.8%)	10:42	5.6 (68.3%)
79	MARKOWSKI Marek	4268	KS LENIWIEC	Masters M - 40	79	01:27:46	03:43:26	05:35:21	08:10:20	10:21:33	12:10:33.80	+03:54:05 (32.0%)	10:44	5.6 (68.3%)
80	GĄSZCZAK Mariusz	4138	KS LENIWIEC	Masters M - 40	80	01:28:59	03:44:12	05:37:27	08:12:39	10:17:03	12:10:41.05	+03:54:12 (32.1%)	10:44	5.6 (68.3%)
81	KUCZYŃSKI Grzegorz	4200	BIAŁYSTOK BIEGA TEAM	Masters M - 40	81	01:37:01	04:14:38	06:13:00	08:17:40	10:25:35	12:12:33.30	+03:56:04 (32.2%)	10:46	5.6 (68.3%)
82	OZIMINA Hubert	4065	OBORYGENI	Masters M - 40	82	01:28:42	03:54:38	05:50:46	08:17:34	10:21:13	12:13:31.95	+03:57:03 (32.3%)	10:47	5.6 (68.3%)
83	FIREK Rafał	4072	LACHO TEAM	Masters M - 40	83	01:35:50	03:55:21	05:26:44	07:35:40	09:41:18	12:15:15.70	+03:58:47 (32.5%)	10:48	5.5 (67.1%)
84	WOZNIAK Damian	4121	CHOMIKI Z KOPYTEM	Masters M - 40	84	01:34:49	04:14:11	06:10:43	08:36:45	10:37:22	12:20:06.95	+04:03:38 (32.9%)	10:53	5.5 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
85	MISIAK Patryk	4124		Masters M - 40	85	01:35:08	04:14:29	06:11:02	08:36:59	10:37:37	12:23:41.55	+04:07:12 (33.2%)	10:56	5.5 (67.1%)
86	KOŁODZIEJ Jacek	4056	COMPÑEROS ASFALT TEAM	Masters M - 40	86	01:32:58	03:53:05	05:48:03	08:20:59	10:28:07	12:32:08.50	+04:15:39 (34.0%)	11:03	5.4 (65.9%)
87	BOCIAGA Paweł	4017	RODZINNA GRUPA ROWEROWA Z MIASTA ŁODZI	Masters M - 40	87	01:29:56	03:50:56	06:01:42	08:57:56	10:54:07	12:38:57.60	+04:22:28 (34.6%)	11:09	5.4 (65.9%)
88	GOZDAN Dariusz	4237		Masters M - 40	88	01:36:12	04:05:17	06:20:03	08:56:54	10:56:50	12:41:45.30	+04:25:16 (34.8%)	11:12	5.4 (65.9%)
89	ZGOŁA Przemysław	4092	TARNOWO PODGÓRNE BIEGA	Masters M - 40	89	01:38:13	04:17:14	06:08:59	08:38:18	10:41:58	12:44:33.75	+04:28:05 (35.1%)	11:14	5.3 (64.6%)
90	MASŁO Andrzej	4006		Masters M - 40	90	01:41:55	04:19:44	06:13:37	08:43:22	10:44:55	12:46:10.75	+04:29:42 (35.2%)	11:16	5.3 (64.6%)
91	GÓRCZYŃSKI Rafał	4105		Masters M - 40	91	01:40:30	04:16:26	06:22:37	08:53:10	11:04:48	12:52:13.10	+04:35:44 (35.7%)	11:21	5.3 (64.6%)
92	PIĄTEK Tomasz	4297	WILD BUCHAYS	Masters M - 40	92	01:33:42	04:04:55	06:04:00	08:41:16	11:03:47	12:56:28.50	+04:39:59 (36.1%)	11:25	5.3 (64.6%)
93	KORNAŚ Marcin	4001	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	Masters M - 40	93	01:37:21	04:32:14	06:29:08	09:13:44	11:06:02	12:57:01.55	+04:40:32 (36.1%)	11:25	5.3 (64.6%)
94	SULIGA Paweł	4010		Masters M - 40	94	01:38:39	04:18:47	06:18:08	09:06:07	11:15:00	12:59:53.85	+04:43:25 (36.3%)	11:28	5.2 (63.4%)
95	HALINIAK Marek	4053	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	95	01:39:19	04:07:50	06:15:18	08:45:08	11:03:33	13:03:52.55	+04:47:23 (36.7%)	11:31	5.2 (63.4%)
96	KLAWIKOWSKI Maciej	4184		Masters M - 40	96	01:52:47	04:28:30	06:40:05	09:25:56	11:44:28	13:40:43.15	+05:24:14 (39.5%)	12:04	5 (61.0%)
97	MIĘTEK Dariusz	4049		Masters M - 40	97	01:59:22	05:03:43	07:11:24	09:56:30	12:11:01	14:01:12.05	+05:44:43 (41.0%)	12:22	4.9 (59.8%)
Przekroczony limit czasu: 14:30:00														
98	MUCHAJER Dawid	4152	CSWLĄD	Masters M - 40	98	01:33:12	04:20:37	06:25:52	09:18:29	12:01:41	14:39:24.85	+06:22:56 (43.5%)	12:55	4.6 (56.1%)
	BUJLIS Eugeniusz	4151	DZIARALNIA WROCŁAW	Masters M - 40		01:26:56 DNF	04:07:17 DNF	06:24:03 DNF	DNF	DNF	DNF		-	- (0.0%)
	FALISZEWSKI Sebastian	4003		Masters M - 40		01:30:05 DNF	03:51:00 DNF	06:01:52 DNF	08:58:05 DNF	11:10:15 DNF	DNF		-	- (0.0%)
	ZDZIARSKI Tomasz	4249		Masters M - 40		01:35:59 DNF	04:14:08 DNF	06:07:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KINDRA Marek	4011	FC KACZOR LUBIN	Masters M - 40		01:33:48 DNF	04:08:58 DNF	06:46:09 DNF	DNF	DNF	DNF		-	- (0.0%)
	JANKOWSKI Tom	4062	QCE SPARTY	Masters M - 40		01:40:28 DNF	04:40:51 DNF	06:52:51 DNF	DNF	DNF	DNF		-	- (0.0%)
	PRZYBYŁAK Michał	4208	WLKP MOUNTAINS ULTRA	Masters M - 40		DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ASŁANOWICZ Marcin	4093		Masters M - 40		DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)