

BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

Dolnośląski Festiwal Biegów Górskich

Stowarzyszenie TKKF Kompas

2017-07-20

Łądek Zdrój

68 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	STARPEK Jan	4274		Masters M - 40	1	00:57:13	02:16:35	03:22:07	04:39:47	05:58:13	07:13:18.15	07:13:20.05		6:22	9.4 (100%)
2	BOSIANEK Rafał	4124	4RUN TEAM PIŁA	Masters M - 40	2	01:02:57	02:25:10	03:37:08	05:06:52	06:33:36	07:47:51.20	07:47:53.90	+00:34:33 (7.4%)	6:52	8.7 (92.6%)
3	BORÓWKA Ryszard	4131		Masters M - 40	3	01:06:12	02:33:19	03:50:10	05:21:12	06:56:22	08:21:37.85	08:21:42.90	+01:08:22 (13.6%)	7:22	8.1 (86.2%)
4	JĘDRZEJEWSKI Łukasz	4254	WATAHA	Masters M - 40	4	01:06:12	02:35:57	03:56:28	05:33:44	07:09:40	08:35:15.70	08:35:23.00	+01:22:02 (15.9%)	7:34	7.9 (84.0%)
5	KARCZYŃSKI Dariusz	4275	CAŁA OLEŚNICA BIEGA	Masters M - 40	5	01:09:04	02:38:52	04:00:57	05:36:09	07:10:29	08:35:17.10	08:35:23.20	+01:22:03 (15.9%)	7:34	7.9 (84.0%)
6	URAMEK Grzegorz	4280		Masters M - 40	6	01:06:31	02:37:46	03:59:42	05:40:57	07:16:33	08:45:15.70	08:45:19.45	+01:31:59 (17.5%)	7:43	7.8 (83.0%)
7	SITEK Andrzej	4008		Masters M - 40	7	01:09:17	02:39:03	04:05:23	05:43:55	07:16:24	08:45:51.60	08:45:55.20	+01:32:35 (17.6%)	7:44	7.8 (83.0%)
8	BUCHLA Marcin	4082	GT RAT	Masters M - 40	8	01:12:38	02:50:07	04:10:46	05:45:42	07:19:31	08:50:45.20	08:51:00.90	+01:37:40 (18.4%)	7:48	7.7 (81.9%)
9	WOŹNIAK Marcin	4152	KW P(OZNAŃ)	Masters M - 40	9	01:07:45	02:39:00	04:12:43	05:51:04	07:28:59	08:55:17.85	08:55:25.45	+01:42:05 (19.1%)	7:52	7.6 (80.9%)
10	OBRADOVIĆ Paweł	4070		Masters M - 40	10	01:08:31	02:44:59	04:08:40	05:48:18	07:27:36	08:56:35.05	08:56:59.05	+01:43:39 (19.3%)	7:53	7.6 (80.9%)
11	WILK Jacek	4239		Masters M - 40	11	01:09:05	02:44:32	04:08:13	05:56:39	07:33:06	08:56:53.60	08:57:23.30	+01:44:03 (19.4%)	7:53	7.6 (80.9%)
12	KLATKA Michał	4007	BBL TOMASZÓW MAZOWIECKI	Masters M - 40	12	01:09:36	02:50:14	04:19:07	05:55:05	07:37:21	08:58:47.10	08:58:56.90	+01:45:36 (19.6%)	7:55	7.6 (80.9%)
13	BUDNIOK Rafał	4123	POCZTOWA GRUPA BIEGOWA/4RUN TEAM PIŁA	Masters M - 40	13	01:07:13	02:40:20	04:08:08	05:53:43	07:31:05	09:00:20.95	09:00:24.05	+01:47:04 (19.8%)	7:56	7.6 (80.9%)
14	WUJEK Marcin	4183	AKANTREH-GOSTYŃ	Masters M - 40	14	01:09:45	02:49:53	04:20:36	05:56:06	07:34:02	09:00:48.15	09:00:57.45	+01:47:37 (19.9%)	7:57	7.5 (79.8%)
15	BARTOSIŃSKI Mariusz	4005		Masters M - 40	15	01:13:14	02:51:30	04:22:49	06:01:58	07:43:20	09:09:03.10	09:09:14.80	+01:55:54 (21.1%)	8:04	7.4 (78.7%)
16	SZCZEPAŃSKI Andrzej	4234	WILD SKUNKS	Masters M - 40	16	01:06:35	02:37:24	04:16:58	06:01:30	07:42:17	09:11:48.50	09:12:07.40	+01:58:47 (21.5%)	8:06	7.4 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
17	LACHOWICZ Jacek	4068		Masters M - 40	17	01:14:18	02:54:57	04:24:38	06:03:25	07:40:21	09:12:28.15	09:12:37.15	+01:59:17 (21.6%)	8:07	7.4 (78.7%)
18	BANDUROWSKI Andrzej	4084	KB SPOCENI NOWA SÓL	Masters M - 40	18	01:17:03	02:54:39	04:27:36	06:02:29	07:40:05	09:12:46.15	09:13:12.55	+01:59:52 (21.7%)	8:07	7.4 (78.7%)
19	KRAMER Rafał	4164	LUG TEAM	Masters M - 40	19	01:15:45	02:55:38	04:25:02	06:05:14	07:45:53	09:20:54.80	09:21:14.40	+02:07:54 (22.8%)	8:14	7.3 (77.7%)
20	FOĆ Grzegorz	4216	VOLKSWAGEN POZNAŃ	Masters M - 40	20	01:06:06	02:35:45	04:09:40	05:55:02	07:46:10	09:24:48.30	09:24:59.30	+02:11:39 (23.3%)	8:18	7.2 (76.6%)
21	ZYDRÓŃ Tymoteusz	4012	VISEGRAD MARATON RYTRO	Masters M - 40	21	01:21:31	03:10:43	04:42:48	06:22:50	07:59:47	09:28:24.85	09:28:41.00	+02:15:20 (23.8%)	8:21	7.2 (76.6%)
22	PABICH Krzysztof	4116	4 RUN TEAM PIŁA	Masters M - 40	22	01:14:24	02:55:48	04:26:22	06:01:34	07:53:09	09:30:36.70	09:30:43.50	+02:17:23 (24.1%)	8:23	7.2 (76.6%)
23	KŁOSOWSKI Piotr	4266	STRZEGOMSKA DWUNASTKA	Masters M - 40	23	01:12:45	02:53:35	04:28:01	06:07:46	07:55:29	09:32:44.20	09:32:51.90	+02:19:31 (24.4%)	8:25	7.1 (75.5%)
24	MEDEJSZO Mariusz	4110	NOWOSOLSKA GRUPA BIEGOWA	Masters M - 40	24	01:17:01	02:54:39	04:37:36	06:22:30	08:01:34	09:39:01.25	09:39:27.80	+02:26:07 (25.2%)	8:30	7 (74.5%)
25	GRYSKA Piotr	4049	BRAK	Masters M - 40	25	01:20:47	03:02:48	04:36:51	06:18:25	08:01:19	09:39:14.25	09:39:53.15	+02:26:33 (25.3%)	8:31	7 (74.5%)
26	HOROWSKI Tomasz	4022	URODZENI BIEGACZE WWW.BORNRUNNERS.PL	Masters M - 40	26	01:26:24	03:13:00	04:41:37	06:27:24	08:12:04	09:41:27.25	09:41:53.30	+02:28:33 (25.5%)	8:33	7 (74.5%)
27	KAYSIEWICZ Maciej	4004	NATURAL BORN RUNNERS	Masters M - 40	27	01:24:01	03:10:41	04:39:47	06:27:32	08:13:13	09:45:23.10	09:45:45.10	+02:32:25 (26.0%)	8:36	7 (74.5%)
28	FERCHMIN Aleksander	4122	JESUS IS MY LEADER	Masters M - 40	28	01:09:26	02:40:12	04:09:43	06:02:16	08:01:27	09:46:12.55	09:46:19.65	+02:32:59 (26.1%)	8:37	7 (74.5%)
29	GŁOWACKI Artur	4118	ZZPPM O/ZG RUDNA	Masters M - 40	29	01:15:57	02:53:12	04:26:24	06:14:39	08:12:17	09:57:54.90	09:58:21.20	+02:45:01 (27.6%)	8:47	6.8 (72.3%)
30	CZAJKOWSKI Rafał	4039	EKOBIEGI	Masters M - 40	30	01:20:56	03:09:28	04:44:04	06:33:56	08:29:59	10:07:51.00	10:08:04.15	+02:54:44 (28.7%)	8:56	6.7 (71.3%)
31	KOZA Rafał	4046	ARA	Masters M - 40	31	01:20:25	03:15:40	04:56:03	06:46:19	08:34:40	10:14:55.40	10:15:30.50	+03:02:10 (29.6%)	9:02	6.6 (70.2%)
32	KUCHARSKI Waldemar	4220		Masters M - 40	32	01:25:41	03:17:57	05:00:46	06:50:24	08:39:42	10:19:43.25	10:20:20.80	+03:07:00 (30.1%)	9:06	6.6 (70.2%)
33	SKÓRA Mirosław	4051	SPARTAUSTRATEAM	Masters M - 40	33	01:14:05	02:59:45	04:41:15	06:29:49	08:33:37	10:20:47.05	10:21:04.75	+03:07:44 (30.2%)	9:07	6.6 (70.2%)
34	PARZONKA Paweł	4053	K.S. LENIWIEC	Masters M - 40	34	01:14:01	02:56:23	04:32:56	06:26:08	08:24:58	10:20:43.70	10:21:05.20	+03:07:45 (30.2%)	9:07	6.6 (70.2%)
35	KOŁODZIEJSKI Michał	4252		Masters M - 40	35	01:17:56	03:03:20	04:49:11	06:40:35	08:38:27	10:29:05.40	10:29:22.45	+03:16:02 (31.1%)	9:15	6.5 (69.1%)
36	BAUGÄRTNER Marcin	4182	KLUBSILESIA.PL	Masters M - 40	36	01:27:25	03:19:12	04:57:08	06:51:15	08:42:17	10:29:24.75	10:29:57.90	+03:16:37 (31.2%)	9:15	6.5 (69.1%)
37	ROWIŃSKI Marek	4228		Masters M - 40	37	01:21:47	03:12:32	04:56:16	06:49:25	08:41:30	10:31:21.10	10:31:30.55	+03:18:10 (31.4%)	9:17	6.5 (69.1%)
38	KADECKI Marek	4196		Masters M - 40	38	01:26:07	03:19:24	05:05:42	06:58:00	08:44:27	10:33:01.65	10:33:18.75	+03:19:58 (31.6%)	9:18	6.4 (68.1%)
39	ORDON Zbigniew	4193	KM TRUCHCIK ŁUBIANKA	Masters M - 40	39	01:20:07	03:04:22	04:45:37	06:43:15	08:39:18	10:36:17.15	10:36:26.90	+03:23:06 (31.9%)	9:21	6.4 (68.1%)
40	WYSMOLIŃSKI Rafał	4139		Masters M - 40	40	01:17:25	03:03:34	04:47:39	06:45:14	08:44:23	10:40:37.90	10:41:12.45	+03:27:52 (32.4%)	9:25	6.4 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
						A1 10km	D1 24km	B1 34km	B2 46km	A15 56km					
41	PLEWA Tomasz	4091		Masters M - 40	41	01:08:41	02:46:11	04:25:18	06:24:44	08:38:07	10:44:51.40	10:45:01.90	+03:31:41 (32.8%)	9:28	6.3 (67.0%)
42	KOWALEWSKI Grzegorz	4047		Masters M - 40	42	01:23:33	03:17:39	04:56:15	06:52:42	08:54:53	10:44:39.85	10:45:13.40	+03:31:53 (32.8%)	9:28	6.3 (67.0%)
43	SZCZEPANIAK Karol	4125	CROSS STRACÉŃCÓW TEAM	Masters M - 40	43	01:21:38	03:16:20	05:04:36	06:59:01	08:51:41	10:45:54.40	10:45:59.85	+03:32:39 (32.9%)	9:29	6.3 (67.0%)
44	TOMCZAK Mariusz	4048	FIGHTERS MOSINA	Masters M - 40	44	01:18:11	03:11:37	04:51:19	06:51:11	08:55:55	10:45:52.50	10:46:01.00	+03:32:40 (32.9%)	9:29	6.3 (67.0%)
45	NUŻ Jacek	4221	STRASZYN ULTRA TEAM	Masters M - 40	45	01:25:40	03:17:33	05:06:07	07:07:07	09:07:59	10:50:30.45	10:50:51.50	+03:37:31 (33.4%)	9:33	6.3 (67.0%)
46	PORĘBA Tomasz	4055	MTS DRUŻYNA SZPIKU KGHM	Masters M - 40	46	01:24:40	03:17:26	04:59:54	06:58:14	09:07:24	10:54:58.90	10:55:30.40	+03:42:10 (33.9%)	9:37	6.2 (66.0%)
47	RYBACKI Dariusz	4029	NAUCZYCIEL	Masters M - 40	47	01:19:57	03:12:19	05:07:09	07:09:32	09:08:19	10:55:45.70	10:56:08.90	+03:42:48 (34.0%)	9:38	6.2 (66.0%)
48	SZUMLEWICZ Sebastian	4083		Masters M - 40	48	01:26:10	03:18:13	05:04:52	07:03:06	09:04:46	10:59:40.30	10:59:58.00	+03:46:37 (34.3%)	9:42	6.2 (66.0%)
49	KARBOWSKI Jarosław	4043	K.S.LENIWIEC	Masters M - 40	49	01:14:52	03:03:04	04:49:04	06:51:07	09:07:26	11:04:11.55	11:04:30.75	+03:51:10 (34.8%)	9:46	6.1 (64.9%)
50	JUCHA Michał	4170	RYSIOTEAM	Masters M - 40	50	01:15:55	03:02:11	04:48:40	06:57:11	08:57:18	11:05:00.95	11:05:07.60	+03:51:47 (34.8%)	9:46	6.1 (64.9%)
51	SZYMAŁA Marcin	4258		Masters M - 40	51	01:21:48	03:19:34	05:12:18	07:08:25	09:10:18	11:08:48.65	11:09:01.45	+03:55:41 (35.2%)	9:50	6.1 (64.9%)
52	ZAWADA Maciej	4235	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	52	01:22:47	03:19:40	05:12:18	07:08:25	09:11:44	11:08:50.05	11:09:01.80	+03:55:41 (35.2%)	9:50	6.1 (64.9%)
53	KACZYŃSKI Artur	4145	NC+	Masters M - 40	53	01:24:09	03:18:55	05:13:13	07:15:04	09:18:34	11:10:23.70	11:10:57.40	+03:57:37 (35.4%)	9:51	6.1 (64.9%)
54	PACANOWSKI Robert	4186	WEŁNICA BIEGA	Masters M - 40	54	01:24:14	03:19:26	05:10:26	07:13:57	09:14:50	11:15:21.15	11:15:35.05	+04:02:15 (35.9%)	9:55	6 (63.8%)
55	MAZEPA Tomasz	4115	OŁAWSKA GRUPA BIEGOWA	Masters M - 40	55	01:29:04	03:23:11	05:24:53	07:26:39	09:24:26	11:17:00.60	11:17:23.20	+04:04:03 (36.0%)	9:57	6 (63.8%)
56	KIRKIEWICZ Ireneusz	4108	KOLEGA MAĆKA OŁAWA	Masters M - 40	56	01:29:00	03:23:08	05:24:51	07:26:36	09:24:21	11:16:58.25	11:17:23.40	+04:04:03 (36.0%)	9:57	6 (63.8%)
57	KOWALSKI Maciej	4194	LOTOS RUNNING TEAM	Masters M - 40	57	01:26:01	03:19:28	05:01:50	07:11:38	09:22:19	11:27:21.95	11:27:37.30	+04:14:17 (37.0%)	10:06	5.9 (62.8%)
58	FRANEK Sebastian	4020	WLKP MOUNTAINS ULTRA	Masters M - 40	58	01:24:01	03:21:21	05:25:52	07:33:03	09:42:23	11:31:11.70	11:31:44.05	+04:18:24 (37.4%)	10:09	5.9 (62.8%)
59	KOŁODZIEJ Mariusz	4031	TRIATHLON MIETKÓW TEAM	Masters M - 40	59	01:24:25	03:21:15	05:24:52	07:37:56	09:42:46	11:33:24.60	11:33:49.00	+04:20:28 (37.5%)	10:11	5.9 (62.8%)
60	DZIDEK Marcin	4109	MK-TEAM	Masters M - 40	60	01:28:46	03:26:58	05:21:49	07:28:19	09:42:40	11:36:02.90	11:36:39.35	+04:23:19 (37.8%)	10:14	5.9 (62.8%)
61	POLAKOWSKI Tomasz	4143	BIEGIEM RADOM!	Masters M - 40	61	01:24:04	03:15:25	05:14:17	07:30:47	09:35:35	11:39:07.95	11:39:29.60	+04:26:09 (38.1%)	10:16	5.8 (61.7%)
62	KRYZA Grzegorz	4036	ŻYCIE JEST PIĘKNE	Masters M - 40	62	01:27:32	03:35:43	05:43:35	07:50:43	09:50:02	11:46:59.85	11:47:26.90	+04:34:06 (38.7%)	10:23	5.8 (61.7%)
63	GALIŃSKI Rafał	4250		Masters M - 40	63	01:28:01	03:34:56	05:39:06	07:50:32	10:07:54	11:56:58.40	11:57:26.50	+04:44:06 (39.6%)	10:32	5.7 (60.6%)
64	SPYCHAŁA Marek	4066	NIE ZA DALEKO	Masters M - 40	64	01:27:45	03:33:33	05:23:38	07:45:02	10:00:04	12:59:14.30	12:59:31.75	+05:46:11 (44.4%)	11:27	5.2 (55.3%)

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65	CAPY Thierry	4161		Masters M - 40	65	01:27:57	03:40:49	05:51:47	08:08:10	10:38:39	13:06:36.60	13:06:54.40	+05:53:34 (44.9%)	11:34	5.2 (55.3%)
	AGOSTINI Juan Gustavo	4270		Masters M - 40		01:34:36 DNF	03:43:48 DNF	05:28:57 DNF	07:55:27 DNF	DNF	DNF	DNF		-	- (0.0%)
	MORAWSKI Filip	4166	MARCINŚWIERCTEAM	Masters M - 40		01:07:34 DNF	02:42:15 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PŁÓCIENNICZAK Jakub	4261	DREAM RUN	Masters M - 40		01:08:36 DNF	02:42:42 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BANERT Adam	4045	ARA	Masters M - 40		01:21:47 DNF	03:29:29 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STROIŃSKI Wojciech	4278		Masters M - 40		01:31:32 DNF	03:42:36 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 70 wynik(ów)