



BIEG WEGAŃSKI 5 KM

B4SPORT

Wydarzenie: Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2019-05-19
Miejsce: Warszawa
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K1-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NOWACKA Oktawia	211	ON WŁĄCZ SIEBIE	K1-29	1	00:03:16	00:20:29.15	00:23:45.30		4:05	14.6 (100%)
2	IDSARDI Jasmine	107		K1-29	2	00:03:17	00:24:02.15	00:27:19.50	+00:03:33 (14.8%)	4:48	12.5 (85.6%)
3	KALINOWSKA Ula	132		K1-29	3	00:03:24	00:25:55.65	00:29:19.75	+00:05:26 (21.0%)	5:11	11.6 (79.5%)
4	MOKRZANOWSKA Anna	202		K1-29	4	00:03:25	00:27:43.65	00:31:09.45	+00:07:14 (26.1%)	5:32	10.8 (74.0%)
5	KOT Aleksandra	160		K1-29	5	00:03:20	00:28:17.80	00:31:38.40	+00:07:48 (27.6%)	5:39	10.6 (72.6%)
6	PARTYKA Justyna	238		K1-29	6	00:03:18	00:28:28.15	00:31:46.25	+00:07:59 (28.0%)	5:41	10.5 (71.9%)
7	CZAPLEWSKA Weronika	423		K1-29	7	00:03:23	00:28:46.20	00:32:09.25	+00:08:17 (28.8%)	5:45	10.4 (71.2%)
8	KOBUS Karina	150	SRS KONDYCJA	K1-29	8	00:03:38	00:29:04.95	00:32:43.35	+00:08:35 (29.6%)	5:49	10.3 (70.5%)
9	CIERLAK Patrycja	46		K1-29	9	00:03:37	00:29:30.30	00:33:07.65	+00:09:01 (30.6%)	5:54	10.2 (69.9%)
10	BOCIAN Katarzyna	28	COMPASSION POLSKA	K1-29	10	00:03:19	00:29:51.40	00:33:11.10	+00:09:22 (31.4%)	5:58	10 (68.5%)
11	ZALEWSKA Adrianna	386		K1-29	11	00:03:21	00:30:17.05	00:33:38.95	+00:09:47 (32.4%)	6:03	9.9 (67.8%)
12	PIWOWARCZYK Agata	255		K1-29	12	00:05:04	00:30:18.75	00:35:23.20	+00:09:49 (32.4%)	6:03	9.9 (67.8%)
13	ŻUŁAWIŃSKA Magdalena	405		K1-29	13	00:05:04	00:30:35.30	00:35:40.25	+00:10:06 (33.0%)	6:07	9.8 (67.1%)
14	STĘPIEŃ Lena	322		K1-29	14	00:03:28	00:30:35.55	00:34:03.75	+00:10:06 (33.0%)	6:07	9.8 (67.1%)
15	SIKORSKA Marysia	296		K1-29	15	00:03:17	00:31:23.15	00:34:40.30	+00:10:54 (34.7%)	6:16	9.6 (65.8%)
16	ORZECHOWSKA Aleksandra	223		K1-29	16	00:03:25	00:31:33.65	00:34:58.70	+00:11:04 (35.1%)	6:18	9.5 (65.1%)
17	ORZECHOWSKA Alicja	222		K1-29	17	00:03:24	00:31:34.15	00:34:59.05	+00:11:05 (35.1%)	6:19	9.5 (65.1%)
18	STANISZEWSKA Paulina	319	NESSI TEAM	K1-29	18	00:03:20	00:31:37.65	00:34:58.25	+00:11:08 (35.2%)	6:19	9.5 (65.1%)
19	WDOWIAK Pola	362		K1-29	19	00:03:27	00:31:38.20	00:35:05.55	+00:11:09 (35.2%)	6:19	9.5 (65.1%)
20	DICKHARDT Jagoda	55		K1-29	20	00:03:24	00:31:42.65	00:35:06.75	+00:11:13 (35.4%)	6:20	9.5 (65.1%)
21	BIELEC Zuzanna Magdalena	808		K1-29	21	00:04:18	00:31:44.10	00:36:02.65	+00:11:14 (35.4%)	6:20	9.5 (65.1%)
22	GAJDA Maja	80		K1-29	22	00:03:34	00:32:00.50	00:35:35.00	+00:11:31 (36.0%)	6:24	9.4 (64.4%)
23	KOZIK Joanna	422		K1-29	23	00:03:34	00:32:00.80	00:35:35.05	+00:11:31 (36.0%)	6:24	9.4 (64.4%)
24	SIWEK Aleksandra	300		K1-29	24	00:03:48	00:32:04.70	00:35:53.65	+00:11:35 (36.1%)	6:25	9.4 (64.4%)
25	ZIOŁO Julia	398		K1-29	25	00:03:39	00:32:17.50	00:35:56.75	+00:11:48 (36.6%)	6:27	9.3 (63.7%)
26	GOŁAŚ Magdalena	92		K1-29	26	00:03:19	00:32:47.80	00:36:07.10	+00:12:18 (37.5%)	6:33	9.1 (62.3%)
27	PAŁAMAR Anna	233		K1-29	27	00:03:21	00:33:06.25	00:36:27.70	+00:12:37 (38.1%)	6:37	9.1 (62.3%)
28	ZAPAŚNIK Katarzyna	389		K1-29	28	00:03:28	00:33:08.35	00:36:37.00	+00:12:39 (38.2%)	6:37	9 (61.6%)
29	TYRYŁO Karla	357		K1-29	29	00:03:23	00:33:17.60	00:36:40.90	+00:12:48 (38.5%)	6:39	9 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	MAGNOWSKA Karolina	188		K1-29	30	00:03:38	00:33:24.75	00:37:03.15	+00:12:55 (38.7%)	6:41	9 (61.6%)
31	KWIATKOWSKA Maja	175		K1-29	31	00:03:20	00:33:30.95	00:36:51.60	+00:13:01 (38.9%)	6:42	9 (61.6%)
32	SHPAK Maryia	293		K1-29	32	00:04:05	00:33:52.80	00:37:58.20	+00:13:23 (39.5%)	6:46	8.9 (61.0%)
33	BURCZ Karolina	410	DANONE	K1-29	33	00:03:25	00:33:55.60	00:37:20.85	+00:13:26 (39.6%)	6:47	8.8 (60.3%)
34	SZUSTAK Małgorzata	334		K1-29	34	00:03:35	00:34:05.90	00:37:41.00	+00:13:36 (39.9%)	6:49	8.8 (60.3%)
35	PANEK Dominika	237		K1-29	35	00:03:18	00:34:10.80	00:37:29.20	+00:13:41 (40.1%)	6:50	8.8 (60.3%)
36	GROMADA Karolina	98		K1-29	36	00:03:34	00:34:37.70	00:38:12.05	+00:14:08 (40.8%)	6:55	8.7 (59.6%)
37	PISKORZ Izabela	253		K1-29	37	00:03:30	00:35:01.90	00:38:32.00	+00:14:32 (41.5%)	7:00	8.6 (58.9%)
38	GAGATEK Marita	78	NAJGORSZY SORT BIEGOWY	K1-29	38	00:03:39	00:35:04.30	00:38:43.55	+00:14:35 (41.6%)	7:00	8.6 (58.9%)
39	BRONISZEWSKA Marta	36		K1-29	39	00:03:33	00:35:09.70	00:38:43.40	+00:14:40 (41.7%)	7:02	8.5 (58.2%)
40	JAKIMOWICZ Ewa	411	DANONE	K1-29	40	00:03:26	00:35:27.60	00:38:53.70	+00:14:58 (42.2%)	7:05	8.5 (58.2%)
41	STELMASZCZYK Martyna	413		K1-29	41	00:03:26	00:35:41.30	00:39:07.95	+00:15:12 (42.6%)	7:08	8.4 (57.5%)
42	WITON Ola	370		K1-29	42	00:03:26	00:35:55.10	00:39:21.40	+00:15:25 (43.0%)	7:11	8.4 (57.5%)
43	LLKA Jadziu	184		K1-29	43	00:03:17	00:36:17.05	00:39:34.60	+00:15:47 (43.5%)	7:15	8.3 (56.8%)
44	JANUSZEWSKA Ola	115		K1-29	44	00:03:40	00:36:31.65	00:40:12.55	+00:16:02 (43.9%)	7:18	8.2 (56.2%)
45	KRZESZOWSKA Jagoda	167		K1-29	45	00:03:29	00:37:18.80	00:40:48.20	+00:16:49 (45.1%)	7:27	8 (54.8%)
46	GOŁASZEWSKA Karina	90		K1-29	46	00:03:31	00:38:01.75	00:41:32.95	+00:17:32 (46.1%)	7:36	7.9 (54.1%)
47	KIEŁBASIŃSKA Olga	146	BIEGI GRODZISK MAZOWIECKI	K1-29	47	00:03:31	00:38:05.25	00:41:36.70	+00:17:36 (46.2%)	7:37	7.9 (54.1%)
48	KOCHAŃCZYK Ania	152		K1-29	48	00:03:26	00:38:08.60	00:41:35.45	+00:17:39 (46.3%)	7:37	7.9 (54.1%)
49	AKIDA Miriam	5		K1-29	49	00:03:28	00:38:34.00	00:42:02.35	+00:18:04 (46.9%)	7:42	7.8 (53.4%)
50	NOWAKOWSKA Natalia	213		K1-29	50	00:03:50	00:40:00.40	00:43:50.40	+00:19:31 (48.8%)	8:00	7.5 (51.4%)
51	ROGINSKI Melissa	277		K1-29	51	00:03:38	00:40:15.65	00:43:53.85	+00:19:46 (49.1%)	8:03	7.5 (51.4%)
52	WOJCIECHOWSKA Natalia	373		K1-29	52	00:03:52	00:41:35.95	00:45:28.65	+00:21:06 (50.8%)	8:19	7.2 (49.3%)
53	OGOŃCZYK Donata	217		K1-29	53	00:03:44	00:42:05.75	00:45:50.30	+00:21:36 (51.3%)	8:25	7.1 (48.6%)
54	BOGUSZ Honorata	30		K1-29	54	00:03:33	00:42:14.00	00:45:47.50	+00:21:44 (51.5%)	8:26	7.1 (48.6%)
55	LIPOV Marina	180		K1-29	55	00:04:10	00:48:39.45	00:52:50.25	+00:28:10 (57.9%)	9:44	6.2 (42.5%)
56	LIPOV Kalina	181		K1-29	56	00:04:10	00:48:40.10	00:52:50.15	+00:28:10 (57.9%)	9:44	6.2 (42.5%)
57	LIPOV Lubka	183		K1-29	57	00:04:11	00:55:09.70	00:59:20.70	+00:34:40 (62.9%)	11:01	5.4 (37.0%)
58	CIOK Katarzyna	412		K1-29	58	00:05:58					(0.0%)

Znaleziono 58 wynik(ów)