



BIEG WEGAŃSKI 5 KM

B4SPORT

Event: Bieg Wegański
Organiser: Fundacja Run Vegan
Date: 2019-05-19
Place: Warszawa
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K50+

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WEJTKO Ela	363		K50+	1	00:03:22	00:30:59.70	00:34:22.40		6:12	9.7 (100%)
2	KWACZYŃSKA Marzena	417		K50+	2	00:03:29	00:31:26.00	00:34:55.40	+00:00:26 (1.4%)	6:17	9.5 (97.9%)
3	POLIŃSKA Ania	259	VEGE RUNNERS	K50+	3	00:03:28	00:31:26.50	00:34:55.15	+00:00:26 (1.4%)	6:17	9.5 (97.9%)
4	ŻAK Anna	402		K50+	4	00:03:24	00:33:46.25	00:37:10.35	+00:02:46 (8.2%)	6:45	8.9 (91.8%)
5	SŁONIEWSKA Monika	304		K50+	5	00:03:20	00:35:40.55	00:39:00.80	+00:04:40 (13.1%)	7:08	8.4 (86.6%)
6	FIJAŁKOWSKA Jolanta	74	FITBODY24	K50+	6	00:03:33	00:36:44.80	00:40:18.55	+00:05:45 (15.7%)	7:21	8.2 (84.5%)
7	ADAMCZYK Elżbieta	1	AMATORKA BIEGANIA	K50+	7	00:03:25	00:37:06.85	00:40:32.65	+00:06:07 (16.5%)	7:25	8.1 (83.5%)
8	BARTOSIK Krystyna	12		K50+	8	00:03:33	00:40:29.60	00:44:03.30	+00:09:29 (23.5%)	8:06	7.4 (76.3%)
9	ZAWALSKA Anna	391		K50+	9	00:03:50	00:43:39.10	00:47:29.65	+00:12:39 (29.0%)	8:43	6.9 (71.1%)
10	JOB Iwona	126		K50+	10	00:03:20	00:44:51.50	00:48:11.55	+00:13:51 (30.9%)	8:58	6.7 (69.1%)
11	KOWALSKA-NOWAK Joanna	162	NUTRILITE TEEM	K50+	11	00:03:46	00:44:55.20	00:48:41.85	+00:13:55 (31.0%)	8:59	6.7 (69.1%)
12	KASIERSKA Ewa Katarzyna	138	WKB META LUBLINIEC	K50+	12	00:03:44	00:44:56.10	00:48:40.80	+00:13:56 (31.0%)	8:59	6.7 (69.1%)
13	MROCZKOWSKA Teresa	204		K50+	13	00:03:56	00:50:13.20	00:54:09.70	+00:19:13 (38.3%)	10:02	6 (61.9%)
14	WUS Beata	382	SLOW JOGGING WARSZAWA	K50+	14	00:04:07	00:56:27.20	01:00:34.85	+00:25:27 (45.1%)	11:17	5.3 (54.6%)
15	BRZEJWAK Iwona	431		K50+	15	00:04:08	00:56:28.05	01:00:36.65	+00:25:28 (45.1%)	11:17	5.3 (54.6%)
16	SKRZYDŁOWSKA-KALUKIN Katarzyna	302	SLOW JOGGING BIAŁOŁĘKA	K50+	16	00:04:04	00:56:33.20	01:00:37.55	+00:25:33 (45.2%)	11:18	5.3 (54.6%)

Total 16 results.