



# BIEG WEGAŃSKI 5 KM

B4SPORT

**Event:** Bieg Wegański  
**Organiser:** Fundacja Run Vegan  
**Date:** 2019-05-19  
**Place:** Warszawa  
**Distance:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: M1-29

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	SŁUPIK Tomasz	305	-	M1-29	1	00:03:16	00:17:52.30	00:21:08.30		3:34	16.8 (100%)
2	ROSIŃSKI Patryk	282		M1-29	2	00:03:16	00:21:33.50	00:24:49.80	+00:03:41 (17.1%)	4:18	13.9 (82.7%)
3	ZIĘBAKOWSKI Mikołaj	396		M1-29	3	00:03:16	00:22:13.15	00:25:29.45	+00:04:20 (19.6%)	4:26	13.5 (80.4%)
4	KAŻUCH Olaf	144		M1-29	4	00:03:19	00:22:58.90	00:26:18.65	+00:05:06 (22.2%)	4:35	13.1 (78.0%)
5	PIWNICKI Mateusz	254		M1-29	5	00:03:21	00:24:58.65	00:28:19.75	+00:07:06 (28.4%)	4:59	12 (71.4%)
6	MATYSIAK Juliusz	194		M1-29	6	00:03:16	00:25:22.25	00:28:39.10	+00:07:29 (29.6%)	5:04	11.8 (70.2%)
7	OSIAK Jan	225		M1-29	7	00:03:18	00:25:35.30	00:28:53.80	+00:07:43 (30.2%)	5:07	11.7 (69.6%)
8	SADOWSKI Mateusz	288		M1-29	8	00:03:21	00:25:51.85	00:29:13.05	+00:07:59 (30.9%)	5:10	11.6 (69.0%)
9	KŁOK Emil	149		M1-29	9	00:03:21	00:26:19.80	00:29:41.30	+00:08:27 (32.1%)	5:16	11.4 (67.9%)
10	DZIEMBA Tomasz	66		M1-29	10	00:03:44	00:27:21.20	00:31:05.25	+00:09:28 (34.7%)	5:28	11 (65.5%)
11	PIEJAK Tomasz	418		M1-29	11	00:03:44	00:28:08.00	00:31:52.35	+00:10:15 (36.5%)	5:37	10.7 (63.7%)
12	AKERMAN Adrian	4		M1-29	12	00:03:39	00:28:25.20	00:32:04.45	+00:10:32 (37.1%)	5:41	10.6 (63.1%)
13	SENKOWSKI Gustaw	292	TRAWOŻERCY	M1-29	13	00:03:52	00:28:27.55	00:32:20.25	+00:10:35 (37.2%)	5:41	10.5 (62.5%)
14	CZERNIAWSKI Bartosz	49		M1-29	14	00:03:52	00:28:31.95	00:32:24.40	+00:10:39 (37.4%)	5:42	10.5 (62.5%)
15	BARTCZAK Maciej	426		M1-29	15	00:03:22	00:28:50.25	00:32:12.75	+00:10:57 (38.0%)	5:46	10.4 (61.9%)
16	MŁOCEK Piotr	201		M1-29	16	00:03:25	00:29:41.65	00:33:07.20	+00:11:49 (39.8%)	5:56	10.1 (60.1%)
17	BASIŃSKI Dawid	15		M1-29	17	00:03:24	00:31:42.65	00:35:07.05	+00:13:50 (43.6%)	6:20	9.5 (56.5%)
18	MRÓZ Mateusz	207		M1-29	18	00:03:20	00:31:52.10	00:35:12.65	+00:13:59 (43.9%)	6:22	9.4 (56.0%)
19	IMIELA Maciel	108	-	M1-29	19	00:03:19	00:33:07.35	00:36:26.80	+00:15:15 (46.0%)	6:37	9.1 (54.2%)
20	MAKOSA Daniel	196		M1-29	20	00:03:24	00:34:00.65	00:37:25.40	+00:16:08 (47.5%)	6:48	8.8 (52.4%)
21	KRZESZOWSKI Piotr	169		M1-29	21	00:03:30	00:37:16.75	00:40:47.15	+00:19:24 (52.1%)	7:27	8 (47.6%)
22	CYGAN Dariusz	48		M1-29	22	00:04:15	00:43:19.05	00:47:34.40	+00:25:26 (58.7%)	8:39	6.9 (41.1%)

Total 22 results.