



Wydarzenie: Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2019-05-19
Miejsce: Warszawa
Dystans: 5 km

BIEG WEGAŃSKI 5 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	GREGORCZYK Łukasz	97	COMPASSION POLSKA	M30-49	1	00:03:16	00:17:38.00	00:20:54.35		3:31	17 (100%)
2	SKORY Wojciech	301	KRÓLEWSKI KLUB BIEGOWY	M30-49	2	00:03:16	00:18:00.35	00:21:16.40	+00:00:22 (2.1%)	3:36	16.7 (98.2%)
3	SUCHY Robert	326	ADIDAS RUNNERS WARSAW	M30-49	3	00:03:16	00:19:34.45	00:22:51.05	+00:01:56 (9.9%)	3:55	15.3 (90.0%)
4	ZYCH Łukasz	401	GRZYBK I TEAM	M30-49	4	00:03:16	00:19:41.30	00:22:57.80	+00:02:03 (10.4%)	3:56	15.2 (89.4%)
5	BORAWSKI Juliusz	32	COMPASSION POLSKA	M30-49	5	00:03:16	00:20:21.40	00:23:37.90	+00:02:43 (13.4%)	4:04	14.7 (86.5%)
6	BUBEL Robert	40		M30-49	6	00:03:16	00:20:28.80	00:23:45.45	+00:02:50 (13.9%)	4:05	14.6 (85.9%)
7	KORDASIEWICZ Stanisław	156		M30-49	7	00:03:17	00:20:47.90	00:24:05.45	+00:03:09 (15.2%)	4:09	14.4 (84.7%)
8	ZDANOWSKI Dariusz	392	KOSTRZYŃSKA GRUPA BIEGOWA	M30-49	8	00:03:15	00:21:04.75	00:24:20.65	+00:03:26 (16.3%)	4:13	14.2 (83.5%)
9	PANASIUK Artur	234		M30-49	9	00:03:20	00:21:08.25	00:24:29.05	+00:03:30 (16.6%)	4:13	14.2 (83.5%)
10	JARMOSZKO Marian	117	TRIWAWA	M30-49	10	00:03:20	00:21:10.20	00:24:31.10	+00:03:32 (16.7%)	4:14	14.2 (83.5%)
11	KORSAKOV Konstantyn	433		M30-49	11	00:03:23	00:21:37.15	00:25:00.25	+00:03:59 (18.4%)	4:19	13.9 (81.8%)
12	KOŚLA Arkadiusz	429		M30-49	12	00:03:30	00:22:35.75	00:26:06.55	+00:04:57 (22.0%)	4:31	13.3 (78.2%)
13	BORKOWSKI Mariusz	33		M30-49	13	00:03:20	00:22:43.80	00:26:03.85	+00:05:05 (22.4%)	4:32	13.2 (77.6%)
14	KRZESZOWSKI Dariusz	170	VEGE RUNNERS	M30-49	14	00:03:16	00:22:58.55	00:26:15.20	+00:05:20 (23.3%)	4:35	13.1 (77.1%)
15	SWORSKI Roman	327	VEGAN & VEGE RUNNERS / KASTYO	M30-49	15	00:03:16	00:24:00.20	00:27:16.95	+00:06:22 (26.5%)	4:48	12.5 (73.5%)
16	CZAPIEWSKI Krzysztof	414		M30-49	16	00:03:19	00:24:03.15	00:27:22.40	+00:06:25 (26.7%)	4:48	12.5 (73.5%)
17	IWAŃCZYK Grzegorz	109		M30-49	17	00:03:16	00:24:05.05	00:27:21.05	+00:06:27 (26.8%)	4:49	12.5 (73.5%)
18	BIENIECKI Mirek	407		M30-49	18	00:03:17	00:24:41.70	00:27:59.15	+00:07:03 (28.6%)	4:56	12.1 (71.2%)
19	PAKULSKI Piotr	230	HARD BOX	M30-49	19	00:03:17	00:24:51.30	00:28:08.30	+00:07:13 (29.1%)	4:58	12.1 (71.2%)
20	ROSIAK Jacek	280		M30-49	20	00:03:20	00:25:22.50	00:28:42.85	+00:07:44 (30.5%)	5:04	11.8 (69.4%)
21	PALMER Sean	231		M30-49	21	00:03:40	00:25:27.60	00:29:08.50	+00:07:49 (30.7%)	5:05	11.8 (69.4%)
22	KAŻUCH Sławomir	143		M30-49	22	00:03:19	00:25:33.35	00:28:52.55	+00:07:55 (31.0%)	5:06	11.7 (68.8%)
23	GESZPRYCH Marek	86	DRUŻYNA BLANECZKI	M30-49	23	00:03:38	00:25:36.45	00:29:15.40	+00:07:58 (31.1%)	5:07	11.7 (68.8%)
24	BERNAT Paweł	19		M30-49	24	00:03:17	00:25:38.60	00:28:56.15	+00:08:00 (31.2%)	5:07	11.7 (68.8%)
25	MIEDŹWIEDŹ Łukasz	199		M30-49	25	00:03:28	00:25:52.45	00:29:21.30	+00:08:14 (31.8%)	5:10	11.6 (68.2%)
26	PTAK Marcin	267		M30-49	26	00:03:36	00:28:03.55	00:31:40.40	+00:10:25 (37.2%)	5:36	10.7 (62.9%)
27	ANIOŁKOWSKI Krzysztof	6		M30-49	27	00:03:27	00:28:06.65	00:31:34.10	+00:10:28 (37.3%)	5:37	10.7 (62.9%)
28	GÓRECKI Michał	94		M30-49	28	00:03:21	00:28:42.80	00:32:04.65	+00:11:04 (38.6%)	5:44	10.4 (61.2%)
29	ZIELIŃSKI Piotr	394		M30-49	29	00:03:55	00:28:57.80	00:32:53.35	+00:11:19 (39.1%)	5:47	10.4 (61.2%)

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30	STACHURSKI Przemysław	317	BIEGNIJ Z PROSERVICE	M30-49	30	00:03:32	00:29:11.25	00:32:43.30	+00:11:33 (39.6%)	5:50	10.3 (60.6%)
31	NAPIERSKI Łukasz	209		M30-49	31	00:03:22	00:29:20.35	00:32:42.90	+00:11:42 (39.9%)	5:52	10.2 (60.0%)
32	WYRWICZ Marek	383		M30-49	32	00:03:48	00:29:38.70	00:33:27.45	+00:12:00 (40.5%)	5:55	10.1 (59.4%)
33	OLSZOWSKI Michał	219		M30-49	33	00:03:22	00:29:40.20	00:33:02.75	+00:12:02 (40.6%)	5:56	10.1 (59.4%)
34	SZTYLKO Michał	333		M30-49	34	00:03:49	00:29:43.55	00:33:33.45	+00:12:05 (40.7%)	5:56	10.1 (59.4%)
35	BIEŃKOWSKI Mateusz	22		M30-49	35	00:03:18	00:29:48.60	00:33:07.15	+00:12:10 (40.8%)	5:57	10.1 (59.4%)
36	LIBERA Paweł	179	GRUPA BIEGOWA UM-WWA	M30-49	36	00:03:49	00:30:38.90	00:34:28.85	+00:13:00 (42.5%)	6:07	9.8 (57.6%)
37	SZŁOSER Piotr	330		M30-49	37	00:00:11	00:30:53.90	00:31:05.05	+00:13:15 (42.9%)	6:10	9.7 (57.1%)
38	WÓJCIK Rafał	377		M30-49	38	00:03:30	00:31:07.35	00:34:38.05	+00:13:29 (43.3%)	6:13	9.6 (56.5%)
39	MRÓZ Sebastian	206		M30-49	39	00:03:20	00:31:08.40	00:34:28.50	+00:13:30 (43.4%)	6:13	9.6 (56.5%)
40	PAC Bartosz	228		M30-49	40	00:03:32	00:31:27.60	00:35:00.30	+00:13:49 (43.9%)	6:17	9.5 (55.9%)
41	BARTOSIK Wojtek	13		M30-49	41	00:03:47	00:34:31.20	00:38:18.65	+00:16:53 (48.9%)	6:54	8.7 (51.2%)
42	KOCHAŃCZYK Paweł	151		M30-49	42	00:03:28	00:34:43.05	00:38:11.05	+00:17:05 (49.2%)	6:56	8.6 (50.6%)
43	MATYSIAK Krzysztof	193	POLSOJA	M30-49	43	00:03:27	00:34:44.00	00:38:11.55	+00:17:06 (49.2%)	6:56	8.6 (50.6%)
44	KALINOWSKI Adam	134	1976	M30-49	44	00:03:37	00:34:45.10	00:38:22.85	+00:17:07 (49.3%)	6:57	8.6 (50.6%)
45	POTEMPSKI Paweł	265		M30-49	45	00:04:04	00:34:59.90	00:39:04.15	+00:17:21 (49.6%)	7:00	8.6 (50.6%)
46	PIOŁUNOWICZ Maciej	250	BRACTWO BIEGOWE BGK	M30-49	46	00:03:32	00:35:31.25	00:39:03.55	+00:17:53 (50.4%)	7:06	8.4 (49.4%)
47	SZTEJNERT Jakub	331		M30-49	47	00:03:51	00:35:54.10	00:39:45.90	+00:18:16 (50.9%)	7:10	8.4 (49.4%)
48	PLUTA Daniel	256		M30-49	48	00:03:17	00:36:21.35	00:39:38.90	+00:18:43 (51.5%)	7:16	8.3 (48.8%)
49	DUCZYŃSKI Maciej	61	VEGE RUNNERS	M30-49	49	00:03:55	00:37:40.65	00:41:35.85	+00:20:02 (53.2%)	7:32	8 (47.1%)
50	FIGIEL Wojciech	73		M30-49	50	00:03:47	00:39:35.95	00:43:23.20	+00:21:57 (55.5%)	7:55	7.6 (44.7%)
	BIRSKI Piotr	26		M30-49		DNF	DNF	DNF		-	- (0.0%)
	SIENKIEWICZ Piotr	295		M30-49		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 52 wynik(ów)