



BIEG ZAKOCHANYCH - 10.2KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-02-14
Miejsce: Jamno
Dystans: 10.2 km



Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.94km	Czas netto 10.2km	Czas brutto 10.2km	Różn	Tempo min/km	Tempo km/h
1	PLUTA Grzegorz	263	KB HERMES GRYFINO	M-50	1	00:00:01	00:15:48	00:40:31.75	00:40:33.15		3:58	15.1 (100%)
2	KOŚCIELNIAK Robert	154	TKKF KOSZALIN	M-50	2	00:00:03	00:16:21	00:41:51.80	00:41:55.60	+00:01:20 (3.2%)	4:06	14.6 (96.7%)
3	KATRYCZ Zbigniew	130		M-50	3	00:00:03	00:16:21	00:43:09.65	00:43:12.65	+00:02:37 (6.1%)	4:13	14.2 (94.0%)
4	CZYŻEWSKI Janusz	37	KOŁOBRZEG BIEGA MARATON TEAM	M-50	4	00:00:06	00:16:45	00:43:49.55	00:43:56.30	+00:03:17 (7.5%)	4:17	14 (92.7%)
5	BOGDANOWICZ Krzysztof	11	TKKF KOSZALIN	M-50	5	00:00:04	00:16:56	00:44:38.10	00:44:42.30	+00:04:06 (9.2%)	4:22	13.7 (90.7%)
6	KUBIŃSKI Rafał	174	ALLIANZ RUNNING TEAM	M-50	6	00:00:09	00:17:33	00:46:21.20	00:46:30.75	+00:05:49 (12.6%)	4:32	13.2 (87.4%)
7	WOCH Edward	378		M-50	7	00:00:25	00:18:10	00:46:26.35	00:46:51.40	+00:05:54 (12.7%)	4:33	13.2 (87.4%)
8	SKOWYRSKI Janusz	297	TKKF KOSZALIN/ROWERIA KOSZALIN	M-50	8	00:00:13	00:18:45	00:47:33.75	00:47:47.35	+00:07:02 (14.8%)	4:39	12.9 (85.4%)
9	BUTOWICZ Adam	23		M-50	9	00:00:18	00:18:42	00:47:42.85	00:48:01.50	+00:07:11 (15.1%)	4:40	12.8 (84.8%)
10	CHMIELOWIEC Władysław	26		M-50	10	00:00:07	00:18:19	00:47:46.95	00:47:54.05	+00:07:15 (15.2%)	4:41	12.8 (84.8%)
11	WILIŃSKI Marek	368		M-50	11	00:00:06	00:18:46	00:48:33.50	00:48:39.80	+00:08:01 (16.5%)	4:45	12.6 (83.4%)
12	JANUSZEWSKI Jacek	109	NIEZRZESZONY	M-50	12	00:00:11	00:18:25	00:48:48.70	00:48:59.95	+00:08:16 (17.0%)	4:47	12.5 (82.8%)
13	ŚWIETLIK Tomasz	344		M-50	13	00:00:26	00:18:54	00:48:49.40	00:49:15.45	+00:08:17 (17.0%)	4:47	12.5 (82.8%)
14	CHWALEBA Jan	35		M-50	14	00:00:34	00:19:14	00:49:09.35	00:49:44.15	+00:08:37 (17.5%)	4:49	12.4 (82.1%)
15	NIEMCZUK Dariusz	235		M-50	15	00:00:15	00:20:00	00:49:39.10	00:49:54.90	+00:09:07 (18.4%)	4:52	12.3 (81.5%)
16	PEŁKA Janusz	256		M-50	16	00:00:04	00:18:46	00:50:15.50	00:50:19.55	+00:09:43 (19.4%)	4:55	12.2 (80.8%)
17	WITKA Piotr	374	KLUB ŁEBA MORS POLAND	M-50	17	00:00:09	00:18:53	00:50:21.50	00:50:30.65	+00:09:49 (19.5%)	4:56	12.2 (80.8%)
18	STEFANIAK Piotr	311	KLUB ŁEBA MORS POLAND	M-50	18	00:00:09	00:21:20	00:53:10.80	00:53:19.85	+00:12:39 (23.8%)	5:12	11.5 (76.2%)
19	SZULC Marek	335	RUNNERS TEAM	M-50	19	00:00:23	00:21:25	00:54:24.05	00:54:47.75	+00:13:52 (25.5%)	5:20	11.3 (74.8%)
20	NAPIERAŁA Bogumił	417		M-50	20	00:00:06	00:20:11	00:54:26.10	00:54:33.05	+00:13:54 (25.5%)	5:20	11.2 (74.2%)
21	SZAFIRSKI Marek	324	CAMINO SŁUPSK	M-50	21	00:00:20	00:21:11	00:54:33.95	00:54:54.00	+00:14:02 (25.7%)	5:20	11.2 (74.2%)
22	KORPAL Cezary	152	ROZBIEGANY KOSZALIN	M-50	22	00:00:20	00:22:53	00:54:56.55	00:55:16.75	+00:14:24 (26.2%)	5:23	11.1 (73.5%)

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23	ŁUCZEJKO Sławomir	195	TAEM BIEGOWY SZCZECINEK	M-50	23	00:00:15	00:21:24	00:55:41.55	00:55:57.00	+00:15:09 (27.2%)	5:27	11 (72.8%)
24	WOJANOWSKI Zbigniew	380		M-50	24	00:00:04	00:21:20	00:55:45.10	00:55:49.15	+00:15:13 (27.3%)	5:27	11 (72.8%)
25	MARCZAK Andrzej	206		M-50	25	00:00:10	00:21:50	00:56:22.20	00:56:32.65	+00:15:50 (28.1%)	5:31	10.9 (72.2%)
26	BORUC Jacek	15		M-50	26	00:00:14	00:22:12	00:57:57.55	00:58:12.20	+00:17:25 (30.1%)	5:40	10.6 (70.2%)
27	WOLAŃSKI Mariusz	384	KLUB	M-50	27	00:00:07	00:22:30	00:58:35.80	00:58:43.65	+00:18:04 (30.8%)	5:44	10.4 (68.9%)
28	PIOR Mirosław	262	NIEZRZESZONY	M-50	28	00:00:30	00:24:30	01:03:24.70	01:03:55.00	+00:22:52 (36.1%)	6:13	9.7 (64.2%)
29	SCHMIDT Dariusz	290		M-50	29	00:00:32	00:24:48	01:05:08.60	01:05:41.10	+00:24:36 (37.8%)	6:23	9.4 (62.3%)

Znaleziono 29 wynik(ów)