

BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XII Ćwierćmaraton Bielika
Gmina Kołbaskowo
2023-05-27
Kołbaskowo
10.5 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MIESZKANIEC GMINY	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	GRZEGÓRZEK Paulina	60	RAZ SZCZECIN	K-30	1		00:46:14.37	00:46:15.22		4:24	13.6 (100%)
2	BACHTA Katarzyna	8		K-30	2	Tak	00:55:35.35	00:55:43.99	+00:09:28 (17.0%)	5:17	11.3 (83.1%)
3	WILK Anna	239	DECATHLON	K-30	3		00:56:56.01	00:57:07.60	+00:10:52 (19.0%)	5:25	11.1 (81.6%)
4	SZCZEPANIAK Iwona	206		K-30	4		00:57:42.20	00:57:54.54	+00:11:39 (20.1%)	5:29	10.9 (80.1%)
5	DROŹDZIEL Magdalena	45	KB HERMES GRYFINO	K-30	5		00:58:15.95	00:58:22.51	+00:12:07 (20.8%)	5:32	10.8 (79.4%)
6	NIEDBALA Aleksandra	141		K-30	6		01:00:43.86	01:00:58.25	+00:14:43 (24.1%)	5:46	10.4 (76.5%)
7	SZULC Helena	211	DGS DIAGNOSTICS	K-30	7		01:01:19.72	01:01:27.30	+00:15:12 (24.7%)	5:50	10.3 (75.7%)
8	ŁAGOWNIK Nina	1		K-30	8		01:01:17.39	01:01:43.51	+00:15:28 (25.1%)	5:50	10.3 (75.7%)
9	KŁACZKIEWICZ Alicja	84	WY-BIEGANI SZCZECIN	K-30	9		01:02:56.70	01:03:07.91	+00:16:52 (26.7%)	5:59	10 (73.5%)
10	HANDSCHKE Iwona	64		K-30	10		01:03:36.76	01:03:44.66	+00:17:29 (27.4%)	6:03	9.9 (72.8%)
11	BARANOWSKA Anna	13	SAVAGES	K-30	11		01:04:37.02	01:04:57.55	+00:18:42 (28.8%)	6:09	9.7 (71.3%)
12	MAŚLANKA Klaudia	126		K-30	12		01:04:55.01	01:05:04.60	+00:18:49 (28.9%)	6:10	9.7 (71.3%)
13	ROBAK Aleksandra	179	DECATHLON	K-30	13		01:05:38.02	01:05:50.25	+00:19:35 (29.7%)	6:15	9.6 (70.6%)
14	MAJEWSKA Agnieszka	123	WIECZORNE BIEGANIE W SZCZECINIE	K-30	14		01:05:54.64	01:05:59.88	+00:19:44 (29.9%)	6:16	9.6 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MIESZKANIEC GMINY	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
15	LESIECKA Joanna	115		K-30	15		01:06:26.08	01:06:29.21	+00:20:13 (30.4%)	6:19	9.5 (69.9%)
16	SULINSKA Ewelina	202	MAZDA	K-30	16		01:06:38.14	01:06:49.16	+00:20:33 (30.8%)	6:20	9.5 (69.9%)
17	WARACHOWSKA Sylwia	227		K-30	17		01:09:17.37	01:09:17.37	+00:23:02 (33.2%)	6:35	9.1 (66.9%)
18	PLEWKA-PARUSZEWSKA Wioletta	166		K-30	18		01:09:38.27	01:09:44.46	+00:23:29 (33.7%)	6:37	9 (66.2%)
19	MAZUR Karolina	129		K-30	19		01:11:33.64	01:11:47.69	+00:25:32 (35.6%)	6:48	8.8 (64.7%)
20	WEBER Eunika	234		K-30	20		01:11:33.94	01:11:47.74	+00:25:32 (35.6%)	6:48	8.8 (64.7%)
21	MICHALIK-CAŁY Kasia	130	KOBIECE BIEGANIE	K-30	21	Tak	01:13:17.65	01:13:27.52	+00:27:12 (37.0%)	6:58	8.6 (63.2%)
22	SZYMCZAK Magdalena	216	GRUPA AZOTY	K-30	22		01:20:09.30	01:20:19.27	+00:34:04 (42.4%)	7:38	7.9 (58.1%)
23	PAŹDZIOR Paulina	160		K-30	23		01:21:04.09	01:21:25.26	+00:35:10 (43.2%)	7:43	7.8 (57.4%)
24	ROZYCKA Kamila	182		K-30	24		01:22:07.82	01:22:22.70	+00:36:07 (43.9%)	7:49	7.7 (56.6%)
25	JAWORSKA Katarzyna	72		K-30	25		01:22:59.99	01:23:21.80	+00:37:06 (44.5%)	7:54	7.6 (55.9%)
26	GOTKOWSKA Magdalena	56		K-30	26		01:23:15.41	01:23:25.67	+00:37:10 (44.6%)	7:55	7.6 (55.9%)
27	GRZEGORZEWSKA Milena	59		K-30	27		01:23:43.96	01:23:57.74	+00:37:42 (44.9%)	7:58	7.5 (55.1%)
28	STRANC Klaudia	199		K-30	28		01:25:33.82	01:25:44.08	+00:39:28 (46.1%)	8:08	7.4 (54.4%)
29	ADAMCZYK Kamila	271		K-30	29		01:32:45.67	01:33:10.77	+00:46:55 (50.4%)	8:50	6.8 (50.0%)

Znaleziono 29 wynik(ów)