

zaBIEGaj o FUNdusze

Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

BIEGU ZABIEGAJ O FUNDUSZE - 5,4 KM

Bieg „zaBIEGaj o FUNdusze”
Urząd Marszałkowski Województwa
Wielkopolskiego w Poznaniu
2019-09-28
Poznań
5.4 km

B4SPORT



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.4km	Różn	Tempo min/km	Tempo km/h
1	STEPANENKO Paweł	616		M16-29	1	00:17:14.50		3:11	18.8 (100%)
2	LIPIŃSKI Mateusz	346	MUAY RUNNING TEAM	M16-29	2	00:17:31.30	+00:00:16 (1.6%)	3:14	18.5 (98.4%)
3	JAŃCZAK Filip	620	POLONIA ŚRODA	M30-39	1	00:18:23.95	+00:01:09 (6.3%)	3:24	17.6 (93.6%)
4	SZYMAŃCZUK Jacek	198	NARAMOWICE BIEGAJĄ	M30-39	2	00:18:29.90	+00:01:15 (6.8%)	3:25	17.5 (93.1%)
5	ŚLEDŹ Adam	667	I-SPORT/BKB BAKCYL	M16-29	3	00:18:52.40	+00:01:37 (8.6%)	3:29	17.2 (91.5%)
6	PALICKI Marcin	682		M16-29	4	00:18:59.05	+00:01:44 (9.2%)	3:30	17.1 (91.0%)
7	ZAJĄC Mateusz	622	ALBANNERS	M16-29	5	00:19:25.65	+00:02:11 (11.3%)	3:35	16.7 (88.8%)
8	KIN Adrian	623	ALBANNERS	M30-39	3	00:19:27.70	+00:02:13 (11.4%)	3:36	16.6 (88.3%)
9	MAREK Daniel	630	CYBINA TEAM	M40-49	1	00:19:31.95	+00:02:17 (11.7%)	3:37	16.6 (88.3%)
10	HAREMZA Maciej	172	#BIEGACZE	M30-39	4	00:19:44.20	+00:02:29 (12.6%)	3:39	16.4 (87.2%)
11	NOWAK Marcin	419	UMWW	M16-29	6	00:19:53.20	+00:02:38 (13.3%)	3:41	16.3 (86.7%)
12	MICHAŁSKI Mikołaj	562		M40-49	2	00:20:00.45	+00:02:45 (13.8%)	3:42	16.2 (86.2%)
13	WINIARSKI Szymon	539		M16-29	7	00:20:31.55	+00:03:17 (16.0%)	3:48	15.8 (84.0%)
14	LEMAŃSKI Grzegorz	221	HERNIK TEAM	M50+	1	00:20:35.20	+00:03:20 (16.2%)	3:48	15.7 (83.5%)
15	GOLCZAK Krzysztof	45	TEAM KGB	M40-49	3	00:20:56.50	+00:03:42 (17.7%)	3:52	15.5 (82.4%)
16	SWORNOWSKI Krzysztof	199	NARAMOWICE BIEGAJĄ	M40-49	4	00:20:59.85	+00:03:45 (17.9%)	3:53	15.4 (81.9%)
17	KONARCZAK Dariusz	466	KS HADES	M30-39	5	00:21:13.55	+00:03:59 (18.8%)	3:55	15.3 (81.4%)
18	SARBAK Grzegorz	494	MUKS JEDYNKA MIĘDZYCHÓD	M16-29	8	00:21:27.25	+00:04:12 (19.6%)	3:58	15.1 (80.3%)
19	PIECHOWIAK Marek	460		M30-39	6	00:21:32.30	+00:04:17 (19.9%)	3:59	15 (79.8%)
20	ROSZYK Przemek	327	CZERWONAK BIEGA	M40-49	5	00:21:34.95	+00:04:20 (20.1%)	3:59	15 (79.8%)
21	GÓRNY Robert	394	WYBITE JEDYNKI	M30-39	7	00:21:40.10	+00:04:25 (20.4%)	4:00	15 (79.8%)
22	JESSA Łukasz	639	RUN TEAM LUBASZ	M30-39	8	00:21:42.55	+00:04:28 (20.6%)	4:01	14.9 (79.3%)
23	MROSZYŃSKI Wojciech	326	NIGHT RUNNERS	M30-39	9	00:21:44.05	+00:04:29 (20.7%)	4:01	14.9 (79.3%)
24	MICHAŁOWSKI Jakub	447	WIELKOPOLSKA AKADEMIA NAUKI I ROZWOJU	M30-39	10	00:21:47.70	+00:04:33 (20.9%)	4:02	14.9 (79.3%)
25	WASZAK Adrian	180		M16-29	9	00:21:53.75	+00:04:39 (21.3%)	4:03	14.8 (78.7%)
26	REWERS Irek	229		M40-49	6	00:21:55.95	+00:04:41 (21.4%)	4:03	14.8 (78.7%)
27	MALISZEWSKI Adam	52		M16-29	10	00:21:58.60	+00:04:44 (21.5%)	4:04	14.7 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5.4km			
28	PIASKOWSKI Dominik	231	HERNIK TEAM	M30-39	11	00:21:59.50	+00:04:45 (21.6%)	4:04	14.7 (78.2%)
29	KAMIŃSKI Daniel	185	RUN TEAM LUBASZ	M40-49	7	00:22:01.60	+00:04:47 (21.7%)	4:04	14.7 (78.2%)
30	FILODA Damian	344		M30-39	12	00:22:03.60	+00:04:49 (21.8%)	4:04	14.7 (78.2%)
31	MALON Bartosz	230		M16-29	11	00:22:08.85	+00:04:54 (22.2%)	4:06	14.6 (77.7%)
32	ROMANÓW Damian	159	BLOGOBIEGANIU.COM	M16-29	12	00:22:21.30	+00:05:06 (22.9%)	4:08	14.5 (77.1%)
33	GOS Piotr	362	NARAMOWICE BIEGAJĄ	M40-49	8	00:22:37.25	+00:05:22 (23.8%)	4:11	14.3 (76.1%)
34	SZYMANOWICZ Mariusz	74	CHARTY CHARTOWO/KB MANIAC	M40-49	9	00:22:44.50	+00:05:30 (24.2%)	4:12	14.2 (75.5%)
35	CZUB Łukasz	195		M40-49	10	00:22:47.95	+00:05:33 (24.4%)	4:13	14.2 (75.5%)
36	SCHULZ Paweł	133	SPP TEAM	M30-39	13	00:22:54.30	+00:05:39 (24.7%)	4:14	14.1 (75.0%)
37	SAFARYN Dariusz	82		M16-29	13	00:22:58.55	+00:05:44 (25.0%)	4:15	14.1 (75.0%)
38	GRZEGOCKI Piotr	586		M30-39	14	00:23:15.85	+00:06:01 (25.9%)	4:18	13.9 (73.9%)
39	SKRZYPKOWIAK Paweł	276		M40-49	11	00:23:21.25	+00:06:06 (26.2%)	4:19	13.9 (73.9%)
40	ROSÓŁ Roman	295	HERNIKTEAM	M40-49	12	00:23:22.25	+00:06:07 (26.2%)	4:19	13.9 (73.9%)
41	JASKÓLSKI Maksymilian	310	LUBASZ RUN TEAM	M16-29	14	00:23:27.15	+00:06:12 (26.5%)	4:20	13.8 (73.4%)
42	LIBERA Damian	282	LUCKY LUZERS	M30-39	15	00:23:27.25	+00:06:12 (26.5%)	4:20	13.8 (73.4%)
43	POLACKI Rafał	691	POZNAŃ	M50+	2	00:23:27.40	+00:06:12 (26.5%)	4:20	13.8 (73.4%)
44	GURAJDOWSKI Michał	156	DRUŻYNA JEZUSA	M30-39	16	00:23:30.75	+00:06:16 (26.7%)	4:21	13.8 (73.4%)
45	PLOTA Mateusz	615	KS FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M30-39	17	00:23:32.20	+00:06:17 (26.7%)	4:21	13.8 (73.4%)
46	MAĆZYŃSKI Dominik	651	E- FIZJO TEAM	M30-39	18	00:23:55.60	+00:06:41 (27.9%)	4:25	13.5 (71.8%)
47	SOBKOWIAK Robert	446	WIELKOPOLSKA	M30-39	19	00:23:58.10	+00:06:43 (28.1%)	4:26	13.5 (71.8%)
48	SKRZYPKOWIAK Marcin	277		M16-29	15	00:23:58.40	+00:06:43 (28.1%)	4:26	13.5 (71.8%)
49	GRUCHALSKI Wojciech	337		M30-39	20	00:24:01.85	+00:06:47 (28.3%)	4:27	13.5 (71.8%)
50	JARONI Tomasz	256		M40-49	13	00:24:02.50	+00:06:48 (28.3%)	4:27	13.5 (71.8%)
51	KWARTA Przemysław	699		M50+	3	00:24:09.50	+00:06:55 (28.6%)	4:28	13.4 (71.3%)
52	STARSZAK Kamil	79		M16-29	16	00:24:17.45	+00:07:02 (29.0%)	4:30	13.3 (70.7%)
53	KALINOWSKI Krzysztof	523	TW POLONIA	M40-49	14	00:24:23.00	+00:07:08 (29.3%)	4:30	13.3 (70.7%)
54	JANOWSKI Andrzej	400	WARP SP. Z O.O.	M30-39	21	00:24:37.15	+00:07:22 (30.0%)	4:33	13.2 (70.2%)
55	DUSZCZAK Marek	171		M30-39	22	00:24:44.50	+00:07:30 (30.3%)	4:35	13.1 (69.7%)
56	BŁASZAK 'Robin'robert	612	CZERWONAK BIEGA	M40-49	15	00:24:45.95	+00:07:31 (30.4%)	4:35	13.1 (69.7%)
57	KOCIMSKI Artur	232		M40-49	16	00:24:50.05	+00:07:35 (30.6%)	4:35	13 (69.1%)
58	GRACZYK Artur	461	NIGHT RUNNERS WRZEŚNIA	M50+	4	00:24:52.30	+00:07:37 (30.7%)	4:36	13 (69.1%)
59	KUBIAK Marcin	508		M30-39	23	00:24:58.70	+00:07:44 (31.0%)	4:37	13 (69.1%)
60	MALISZEWSKI Adrian	480		M30-39	24	00:25:02.20	+00:07:47 (31.1%)	4:38	12.9 (68.6%)
61	FILIPOWIAK Bartosz	681	PRO 366	M40-49	17	00:25:07.05	+00:07:52 (31.4%)	4:39	12.9 (68.6%)
62	JANKOWIAK Chrystian	645	SZARY TEAM	M16-29	17	00:25:08.05	+00:07:53 (31.4%)	4:39	12.9 (68.6%)
63	NOCHOWICZ Bartosz	40	PCH_RUN	M30-39	25	00:25:09.35	+00:07:54 (31.5%)	4:39	12.9 (68.6%)
64	KUJAWA Damian	218		M30-39	26	00:25:11.30	+00:07:56 (31.5%)	4:40	12.9 (68.6%)
65	SKORLIŃSKI Krzysztof	149	ECHOZIEMI KOSTRZYŃSKIEJ	M40-49	18	00:25:19.30	+00:08:04 (31.9%)	4:41	12.8 (68.1%)
66	JARYSZ Piotr	664	WATAHA - ŁĄCZY NAS BIEGANIE	M30-39	27	00:25:35.95	+00:08:21 (32.6%)	4:44	12.7 (67.6%)
67	BILSKI Marcin	433	GORUNNING TEAM	M30-39	28	00:25:39.80	+00:08:25 (32.8%)	4:45	12.6 (67.0%)
68	FÓRMAN Daniel	235	LODOŻERCY_CHODZIEŻ	M40-49	19	00:25:49.45	+00:08:34 (33.2%)	4:47	12.5 (66.5%)
69	STOIŃSKI Karol	501		M40-49	20	00:26:00.05	+00:08:45 (33.7%)	4:48	12.5 (66.5%)
70	MACIEJEWSKI Paweł	206		M30-39	29	00:26:00.30	+00:08:45 (33.7%)	4:48	12.5 (66.5%)
71	LEWANDOWSKI Marcin	648	GRUNWALD TEAM POZNAŃ	M40-49	21	00:26:14.80	+00:09:00 (34.3%)	4:51	12.3 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5.4km			
72	ANTKOWIAK Jacek	259		M16-29	18	00:26:20.60	+00:09:06 (34.6%)	4:52	12.3 (65.4%)
73	STANIEWSKI Jakub	338	PCH_RUN	M16-29	19	00:26:23.35	+00:09:08 (34.7%)	4:53	12.3 (65.4%)
74	SPYCHAŁA Sławomir	223	HERNIK TEAM	M50+	5	00:26:23.70	+00:09:09 (34.7%)	4:53	12.3 (65.4%)
75	TALAREK Maciej	668		M40-49	22	00:26:24.95	+00:09:10 (34.7%)	4:53	12.3 (65.4%)
76	SIBILA Tomasz	136	RADZIWOJAKI	M40-49	23	00:26:26.10	+00:09:11 (34.8%)	4:53	12.3 (65.4%)
77	SZEWczyk Krzysztof	534		M30-39	30	00:26:27.55	+00:09:13 (34.8%)	4:54	12.2 (64.9%)
78	KUPCZAK Robert	571	BUKOWSKI KLUB BIEGACZA	M50+	6	00:26:46.05	+00:09:31 (35.6%)	4:57	12.1 (64.4%)
79	BARANOWSKI Dawid	434	KUNG-FU MAŁPY OD CHLANIA DO BIEGANIA	M30-39	31	00:26:48.20	+00:09:33 (35.7%)	4:57	12.1 (64.4%)
80	SZARY Adrian	641	SZARY TEAM	M16-29	20	00:26:50.45	+00:09:35 (35.8%)	4:58	12.1 (64.4%)
81	JANKOWSKI Rafał	577		M16-29	21	00:26:55.10	+00:09:40 (35.9%)	4:59	12 (63.8%)
82	STAN Adrian	89	PARKRUN POZNAŃ	M40-49	24	00:27:24.00	+00:10:09 (37.1%)	5:04	11.8 (62.8%)
83	KLIMECKI Tomasz	227	PASSEROTTI	M16-29	22	00:27:27.45	+00:10:12 (37.2%)	5:05	11.8 (62.8%)
84	CICHOCKI Bartosz	360		M30-39	32	00:27:38.95	+00:10:24 (37.6%)	5:07	11.7 (62.2%)
85	CHOLEWIŃSKI Wojciech	115	HERNIK TEAM	M50+	7	00:27:47.25	+00:10:32 (38.0%)	5:08	11.7 (62.2%)
86	CIEŚLEWICZ Mateusz	165	NIGHT RUNNERS	M40-49	25	00:27:50.10	+00:10:35 (38.1%)	5:09	11.6 (61.7%)
87	JANKOWIAK Dawid	319	BADGETLEMANUNIVERSE	M16-29	23	00:27:50.40	+00:10:35 (38.1%)	5:09	11.6 (61.7%)
88	ŚWIATŁY Robert	214	LODOŻERCY CHODZIEŻ	M50+	8	00:27:51.75	+00:10:37 (38.1%)	5:09	11.6 (61.7%)
89	BORSUK Damian	680	BORSUCZA OSADA	M30-39	33	00:28:03.50	+00:10:49 (38.6%)	5:11	11.6 (61.7%)
90	ŁĄCZYŃSKI Tomasz	64	FC SZAMOTUŁY	M30-39	34	00:28:05.40	+00:10:50 (38.6%)	5:12	11.5 (61.2%)
91	GŁADYSZAK Bożysław	515		M50+	9	00:28:07.45	+00:10:52 (38.7%)	5:12	11.5 (61.2%)
92	WALKIEWICZ Marek	194		M30-39	35	00:28:17.00	+00:11:02 (39.0%)	5:14	11.5 (61.2%)
93	ROMANOWICZ Michał	425	KB PILNUJEMY TYŁÓW	M16-29	24	00:28:19.95	+00:11:05 (39.1%)	5:14	11.4 (60.6%)
94	KAWICKI Dariusz	589		M30-39	36	00:28:22.85	+00:11:08 (39.2%)	5:15	11.4 (60.6%)
95	SMYREK Przemysław	644		M30-39	37	00:28:36.00	+00:11:21 (39.7%)	5:17	11.3 (60.1%)
96	KIEŁCZ Michał	536		M30-39	38	00:28:38.05	+00:11:23 (39.8%)	5:18	11.3 (60.1%)
97	WOGA Andrzej	281	KB DĘBIEC	M50+	10	00:28:41.65	+00:11:27 (39.9%)	5:18	11.3 (60.1%)
98	GARGULIŃSKI Paweł	270	MUZEUM NARODOWE W POZNANIU	M40-49	26	00:28:45.70	+00:11:31 (40.1%)	5:19	11.3 (60.1%)
99	WASZKOWIAK Krzysztof	254		M30-39	39	00:28:50.00	+00:11:35 (40.2%)	5:20	11.2 (59.6%)
100	LEWANDOWSKI Paweł	253		M40-49	27	00:28:52.45	+00:11:37 (40.3%)	5:20	11.2 (59.6%)
101	KRZANOWSKI Przemysław	38	DRUŻYNA SZPIKU	M40-49	28	00:28:53.15	+00:11:38 (40.3%)	5:20	11.2 (59.6%)
102	ZAKIDALSKI Adam	389		M16-29	25	00:28:53.45	+00:11:38 (40.3%)	5:20	11.2 (59.6%)
103	KRUSZNIEWICZ Piotr	21	KRUCHY TEAM	M30-39	40	00:28:58.55	+00:11:44 (40.5%)	5:21	11.2 (59.6%)
104	BARŁÓG Przemysław	650		M16-29	26	00:29:03.00	+00:11:48 (40.6%)	5:22	11.2 (59.6%)
105	BILSKI Michał Hubert	432	GORUNNING TEAM	M16-29	27	00:29:04.35	+00:11:49 (40.7%)	5:22	11.1 (59.0%)
106	ZWIRBLIS Arkadiusz	698		M30-39	41	00:29:04.80	+00:11:50 (40.7%)	5:23	11.1 (59.0%)
107	CZAPLICKI Tomasz	528	SŁOWIK-TEAM	M50+	11	00:29:06.25	+00:11:51 (40.8%)	5:23	11.1 (59.0%)
108	KOŚCIELNIAK Szymon	261	CZERWONAK BIEGA	M40-49	29	00:29:07.75	+00:11:53 (40.8%)	5:23	11.1 (59.0%)
109	MATLAK Piotr	377	ZAWSZE W BIEGU	M40-49	30	00:29:09.35	+00:11:54 (40.9%)	5:24	11.1 (59.0%)
110	DEMBSKI Jacek	226		M50+	12	00:29:16.00	+00:12:01 (41.1%)	5:25	11.1 (59.0%)
111	LOTKA Krystian	588		M40-49	31	00:29:19.60	+00:12:05 (41.2%)	5:25	11.1 (59.0%)
111	SWOROWSKI Rafał	497	GOSTYŃ	M30-39	42	00:29:19.60	+00:12:05 (41.2%)	5:25	11.1 (59.0%)
113	ŚLIWIŃSKI Marek	629	PCH_RUN	M30-39	43	00:29:20.90	+00:12:06 (41.3%)	5:25	11 (58.5%)
114	KASPERCZAK Maciej	224	HERNIK TEAM	M40-49	32	00:29:22.95	+00:12:08 (41.3%)	5:26	11 (58.5%)
115	KOSIEDOWSKI Wojtek	490		M40-49	33	00:29:23.30	+00:12:08 (41.3%)	5:26	11 (58.5%)

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						5.4km			
116	WITKOWSKI Artur	507	WWW.EUROPROGRES.PL	M40-49	34	00:29:26.30	+00:12:11 (41.4%)	5:27	11 (58.5%)
117	HERNIK Piotr	459		M30-39	44	00:29:39.45	+00:12:24 (41.9%)	5:29	10.9 (58.0%)
118	SZMIDT Jacek	58		M50+	13	00:29:41.10	+00:12:26 (41.9%)	5:29	10.9 (58.0%)
119	KWAPICH Arkadiusz	395		M40-49	35	00:29:44.60	+00:12:30 (42.0%)	5:30	10.9 (58.0%)
120	SZMIDT Szymon	54		M16-29	28	00:29:45.65	+00:12:31 (42.1%)	5:30	10.9 (58.0%)
121	CHMIELEWSKI Piotr	538		M40-49	36	00:29:47.70	+00:12:33 (42.1%)	5:31	10.9 (58.0%)
122	WAWRYN Paweł	590		M30-39	45	00:29:50.60	+00:12:36 (42.2%)	5:31	10.9 (58.0%)
123	SZAJEK Krzysztof	401	ST RUNNERS	M30-39	46	00:29:56.10	+00:12:41 (42.4%)	5:32	10.8 (57.4%)
124	PAŃCZAK Patryk	697		M16-29	29	00:30:23.65	+00:13:09 (43.3%)	5:37	10.7 (56.9%)
125	WIŚNIEWSKI Sławomir	532	KUNY PATAGONSKIE	M40-49	37	00:30:44.45	+00:13:29 (43.9%)	5:41	10.5 (55.9%)
126	SCHRAUBE Jarosław	322		M50+	14	00:30:45.30	+00:13:30 (43.9%)	5:41	10.5 (55.9%)
127	OMIECZYŃSKI Adam	674		M30-39	47	00:30:54.25	+00:13:39 (44.2%)	5:43	10.5 (55.9%)
128	MATECKI Tomasz	260	CZERWONAK BIEGA	M40-49	38	00:30:54.95	+00:13:40 (44.2%)	5:43	10.5 (55.9%)
129	PERZ Dariusz	611		M30-39	48	00:30:55.00	+00:13:40 (44.2%)	5:43	10.5 (55.9%)
130	ZAKRZEWSKI Tomasz	376		M40-49	39	00:31:38.40	+00:14:23 (45.5%)	5:51	10.2 (54.3%)
131	CIESIELSKI Krzysztof	50	FAST WALKER	M50+	15	00:31:43.90	+00:14:29 (45.7%)	5:52	10.2 (54.3%)
132	PRZYBYŁAK Dariusz	151	PRZYBYŁAKTEAM	M40-49	40	00:31:53.35	+00:14:38 (45.9%)	5:54	10.2 (54.3%)
133	CIEŚLIŃSKI Telesfor	504		M50+	16	00:31:53.80	+00:14:39 (45.9%)	5:54	10.2 (54.3%)
134	SZYGENDA Radek	564	KUNY PATAGOŃSKIE	M30-39	49	00:32:00.35	+00:14:45 (46.1%)	5:55	10.1 (53.7%)
135	WYSZYŃSKI Mateusz	585		M16-29	30	00:32:03.15	+00:14:48 (46.2%)	5:56	10.1 (53.7%)
136	KOWALSKI Zbigniew	139	RADZIWOJAKI	M40-49	41	00:32:06.15	+00:14:51 (46.3%)	5:56	10.1 (53.7%)
137	KOŚCIELNY Dariusz	423		M30-39	50	00:32:07.45	+00:14:52 (46.3%)	5:56	10.1 (53.7%)
138	WILCZYŃSKI Krzysztof	359		M50+	17	00:32:08.05	+00:14:53 (46.3%)	5:57	10.1 (53.7%)
139	BAŁWAS Adam	317		M16-29	31	00:32:10.60	+00:14:56 (46.4%)	5:57	10.1 (53.7%)
140	KOŚCIELNIAK Maciej	576	CZERWONAK BIEGA	M16-29	32	00:32:28.55	+00:15:14 (46.9%)	6:00	10 (53.2%)
141	KOSIŃSKI Tomasz	10	HYCHYCHYC TEAM	M30-39	51	00:32:29.05	+00:15:14 (46.9%)	6:01	10 (53.2%)
142	PRZYBYLSKI Witold	66	MUAY RUNNING TEAM	M40-49	42	00:32:46.05	+00:15:31 (47.4%)	6:04	9.9 (52.7%)
143	STARKIEWICZ Łukasz	287	WATAHA WILKÓW	M16-29	33	00:32:52.80	+00:15:38 (47.6%)	6:05	9.9 (52.7%)
144	PIECHOWIAK Piotr	201	WOLF TEAM	M50+	18	00:33:21.95	+00:16:07 (48.3%)	6:10	9.7 (51.6%)
145	SKIBA Jakub	288	WATAHA WILKÓW	M16-29	34	00:33:25.70	+00:16:11 (48.4%)	6:11	9.7 (51.6%)
146	KAŁUŻNY Łukasz	315		M16-29	35	00:33:59.90	+00:16:45 (49.3%)	6:17	9.5 (50.5%)
147	MIELCAREK Andrzej	380		M40-49	43	00:34:24.00	+00:17:09 (49.9%)	6:22	9.4 (50.0%)
148	MAĆKOWIAK Marcin	324		M30-39	52	00:34:28.70	+00:17:14 (50.0%)	6:23	9.4 (50.0%)
149	JANAS-KASEJA Michał	268	SZKOŁA BRANŻOWA 1 STOPNIA 42	M16-29	36	00:34:30.90	+00:17:16 (50.0%)	6:23	9.4 (50.0%)
150	BUDNY Przemysław	661		M40-49	44	00:34:39.05	+00:17:24 (50.2%)	6:25	9.4 (50.0%)
151	HERNIK Krzysztof	297	HERNIK TEAM	M50+	19	00:35:23.30	+00:18:08 (51.3%)	6:33	9.2 (48.9%)
152	KAWKA Mateusz	16		M30-39	53	00:35:44.95	+00:18:30 (51.8%)	6:37	9.1 (48.4%)
153	KOWNACKI Arkadiusz	23	WATAHA ŁĄCZY NAS BIEGANIE	M50+	20	00:36:24.95	+00:19:10 (52.7%)	6:44	8.9 (47.3%)
154	ZAWŁOCKI Marek	583		M50+	21	00:36:27.20	+00:19:12 (52.7%)	6:45	8.9 (47.3%)
155	KOSZCZYŃSKI Maciej	307		M40-49	45	00:37:08.70	+00:19:54 (53.6%)	6:52	8.7 (46.3%)
156	WOJTKOWIAK Robert	6	SZYBKIE ŚLIMAKI	M30-39	54	00:37:42.30	+00:20:27 (54.3%)	6:58	8.6 (45.7%)
157	MIELCAREK Michał	291	LUCKY LUZERS	M30-39	55	00:38:26.95	+00:21:12 (55.2%)	7:07	8.4 (44.7%)
158	MALINOWSKI Marcin	57		M16-29	37	00:39:33.75	+00:22:19 (56.4%)	7:19	8.2 (43.6%)
159	PUTZ Łukasz	355		M30-39	56	00:41:19.30	+00:24:04 (58.3%)	7:39	7.8 (41.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.4km	Różn	Tempo min/km	Tempo km/h
160	SZARY Jacek	642	SZARY TEAM	M40-49	46	00:46:19.30	+00:29:04 (62.8%)	8:34	7 (37.2%)
161	KURKOWIAK Dariusz	248		M50+	22	00:47:01.20	+00:29:46 (63.3%)	8:42	6.9 (36.7%)
162	PIDUCH Jan	76	PRZYBYŁAK TEAM	M50+	23	00:48:06.95	+00:30:52 (64.2%)	8:54	6.7 (35.6%)
163	PRZYBYŁAK Stanisław	71	PRZYBYŁAK TEAM	M50+	24	00:48:14.25	+00:30:59 (64.3%)	8:55	6.7 (35.6%)
164	KULKA Maciej	25	FACE NORDIC WALKING TEAM/ DRUŻYNA SZPIKU	M50+	25	00:51:42.50	+00:34:28 (66.7%)	9:34	6.3 (33.5%)
DNC	HADAS Krzysztof	600		M16-29		00:16:50.50		0:00	19.2 (102.1%)

Znaleziono 165 wynik(ów)