



# BYDGOSKI BIEG NIEPODLEGŁOŚCI 2019

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Organizator:** Aktywna Bydgoszcz  
**Data:** 2019-11-11  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MICHALAK Grzegorz	1143	ŚWAT BIEGACZA FEHLAU RUN TEAM	M-20	1	00:00:01	00:15:50.50	00:15:52.45		3:10	18.9
2	FELCZAK Jakub	357		M-20	2	00:00:01	00:16:27.70	00:16:29.65	+00:00:37	3:17	18.2
3	SKIBA Łukasz	789	SZYMI TEAM	M-30	1	00:00:02	00:16:38.50	00:16:40.70	+00:00:48	3:19	18
4	PAWŁOWSKI Tomasz	1181		M-20	3	00:00:02	00:17:11.80	00:17:14.00	+00:01:21	3:26	17.4
5	GOŚCINIAK Michał	802	3GRAVITY	M-30	2	00:00:02	00:17:24.05	00:17:26.25	+00:01:33	3:28	17.2
6	MAĆKOWSKI Maciej	9	UPS BYDGOSZCZ/TEAMOCHAL	M-30	3	00:00:02	00:17:26.95	00:17:29.15	+00:01:36	3:29	17.2
7	TUCZYŃSKI Sylwester Leon	116	BYDGOSKIE OKONIE	M-20	4	00:00:01	00:17:36.25	00:17:37.40	+00:01:45	3:31	17
8	TUCHOLSKI Bartłomiej	267	BYDGOSKIE OKONIE	M-20	5	00:00:02	00:17:40.95	00:17:43.65	+00:01:50	3:32	17
9	WIWATOWSKI Michał	115		M-40	1	00:00:02	00:17:41.20	00:17:43.60	+00:01:50	3:32	17
10	ŚLUSARSKI Przemysław	373	RUN PASJA	M-30	4	00:00:04	00:18:03.90	00:18:07.90	+00:02:13	3:36	16.6
11	KUŁAKOWSKI Krzysztof	920	RUN PASJA	M-30	5	00:00:03	00:18:04.45	00:18:07.65	+00:02:13	3:36	16.6
12	BORUCH Łukasz	1069		M-30	6	00:00:02	00:18:17.90	00:18:20.35	+00:02:27	3:39	16.4
13	GRUSZKA Gracjan	846	CWZS ZAWSZA BYDGOSZCZ SL	M-20	6	00:00:01	00:18:26.70	00:18:28.65	+00:02:36	3:41	16.3
14	BAK Oskar	1089		M-30	7	00:00:09	00:18:38.85	00:18:48.15	+00:02:48	3:43	16.1
15	DURCZAK Jerzy	295	BYDGOSKIE OKONIE	M-30	8	00:00:06	00:18:40.15	00:18:46.65	+00:02:49	3:44	16.1
16	ZIELIŃSKI Nicolas	663	WWW.OLIMPIASPORT.PL	M-20	7	00:00:03	00:18:51.95	00:18:55.80	+00:03:01	3:46	15.9
17	SZENK Marta	754		K-30	1	00:00:02	00:18:57.00	00:18:59.55	+00:03:06	3:47	15.8
18	WILK Łukasz	43	RUNADDICTS	M-30	9	00:00:04	00:18:57.65	00:19:02.20	+00:03:07	3:47	15.8
19	JAŹDŹYK Konrad	1351	TKKF KUBUŚ SIERPC	M-20	8	00:00:04	00:19:05.10	00:19:09.15	+00:03:14	3:49	15.7
20	STANKIEWICZ Jacek	322		M-20	9	00:00:02	00:19:05.95	00:19:08.40	+00:03:15	3:49	15.7
21	KUROWSKI Kamil	105	3GRAVITY	M-30	10	00:00:03	00:19:07.00	00:19:10.75	+00:03:16	3:49	15.7
22	FLOREK Paweł	185	RUNADDICTS	M-30	11	00:00:04	00:19:09.25	00:19:13.70	+00:03:18	3:49	15.7
23	OKOŃSKI Jarosław	6	BIEGOWEZAPARCIE.PL	M-30	12	00:00:04	00:19:10.60	00:19:15.25	+00:03:20	3:50	15.6
24	KIEŁPIKOWSKI Patryk	613		M-30	13	00:00:09	00:19:12.45	00:19:21.75	+00:03:21	3:50	15.6
25	WARSZAWSKI Przemysław	1020	81BLP	M-30	14	00:00:03	00:19:15.35	00:19:19.05	+00:03:24	3:51	15.6
26	KILJAŃCZYK Piotr	1435		M-30	15	00:00:11	00:19:18.75	00:19:30.00	+00:03:28	3:51	15.5
27	KRUPA Piotr	785	WOODRUNNERS	M-30	16	00:00:02	00:19:23.35	00:19:26.10	+00:03:32	3:52	15.5
28	KOZŁOWSKI Rafał	52	RUN PASJA	M-40	2	00:00:03	00:19:25.25	00:19:28.50	+00:03:34	3:53	15.5
29	STARZYŃSKI Piotr	1085		M-40	3	00:00:06	00:19:26.50	00:19:33.20	+00:03:36	3:53	15.4
30	RZESZOTARSKI Daniel	801		M-30	17	00:00:04	00:19:27.00	00:19:31.25	+00:03:36	3:53	15.4
31	PIASECKI Radosław	230		M-20	10	00:00:08	00:19:28.50	00:19:36.85	+00:03:38	3:53	15.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
32	<b>BASIŃSKI Łukasz</b>	<b>470</b>	OLIMPIASPORT.PL	M-20	11	00:00:04	<b>00:19:30.90</b>	<b>00:19:35.10</b>	+00:03:40	3:54	15.4
33	<b>SZCZEPANIAK Cezary</b>	<b>678</b>		M-40	4	00:00:04	<b>00:19:32.20</b>	<b>00:19:36.80</b>	+00:03:41	3:54	15.4
34	<b>ZUŻYDŁO Radosław</b>	<b>193</b>		M-30	18	00:00:05	<b>00:19:40.45</b>	<b>00:19:45.90</b>	+00:03:49	3:56	15.3
35	<b>DUDZIŃSKI Paweł</b>	<b>459</b>	TEAM RUN GOŁAŃCZ	M-30	19	00:00:05	<b>00:19:41.95</b>	<b>00:19:47.15</b>	+00:03:51	3:56	15.2
36	<b>KAWIECKI Paweł</b>	<b>39</b>	AKADEMIAMUZYCZNABIEGA	M-20	12	00:00:03	<b>00:19:43.45</b>	<b>00:19:46.95</b>	+00:03:52	3:56	15.2
37	<b>OCCHIUZZO Ryan</b>	<b>531</b>	NONE	M-30	20	00:00:05	<b>00:19:45.40</b>	<b>00:19:50.80</b>	+00:03:54	3:57	15.2
38	<b>SIKORSKI Piotr</b>	<b>933</b>	LOTTO BYDGOSTIA	M-10	1	00:00:06	<b>00:19:46.25</b>	<b>00:19:53.05</b>	+00:03:55	3:57	15.2
39	<b>ADACH Paweł</b>	<b>1498</b>	WEEKENDOW BIEGACZE	M-30	21	00:00:03	<b>00:19:48.35</b>	<b>00:19:51.40</b>	+00:03:57	3:57	15.2
40	<b>CHODKIEWICZ Tomasz</b>	<b>1079</b>	GARDENFLORA MTB TEAM	M-40	5	00:00:03	<b>00:19:50.40</b>	<b>00:19:53.90</b>	+00:03:59	3:58	15.1
41	<b>KOTULA Sławomir</b>	<b>334</b>		M-30	22	00:00:03	<b>00:19:50.85</b>	<b>00:19:54.55</b>	+00:04:00	3:58	15.1
42	<b>KRUSZKA Łukasz</b>	<b>386</b>		M-40	6	00:00:04	<b>00:19:50.90</b>	<b>00:19:55.10</b>	+00:04:00	3:58	15.1
43	<b>KOWALSKI Jacek</b>	<b>304</b>		M-40	7	00:00:06	<b>00:19:51.70</b>	<b>00:19:57.90</b>	+00:04:01	3:58	15.1
44	<b>GUTKOWSKI Jakub</b>	<b>1167</b>		M-30	23	00:00:03	<b>00:19:54.90</b>	<b>00:19:58.60</b>	+00:04:04	3:59	15.1
45	<b>IGNACZAK Jarosław</b>	<b>32</b>		M-30	24	00:00:08	<b>00:19:56.05</b>	<b>00:20:04.90</b>	+00:04:05	3:59	15.1
46	<b>PIC Dawid</b>	<b>124</b>	KLINIKA TRIATHLONU	M-20	13	00:00:05	<b>00:19:56.10</b>	<b>00:20:01.20</b>	+00:04:05	3:59	15.1
47	<b>SORGER Patryk</b>	<b>1157</b>	ISKRA DULSK	M-20	14	00:00:08	<b>00:19:57.40</b>	<b>00:20:05.80</b>	+00:04:06	3:59	15
48	<b>BURDANOWSKI Adam</b>	<b>1163</b>		M-30	25	00:00:03	<b>00:19:58.85</b>	<b>00:20:01.90</b>	+00:04:08	3:59	15
49	<b>NIEMIR Tomasz</b>	<b>528</b>		M-20	15	00:00:02	<b>00:19:59.30</b>	<b>00:20:01.85</b>	+00:04:08	3:59	15
50	<b>MAŁAS Marcin</b>	<b>1466</b>	AZS POLITECHNIKA GDAŃSKA	M-20	16	00:00:04	<b>00:20:01.80</b>	<b>00:20:06.00</b>	+00:04:11	4:00	15
51	<b>HAIZE Tomek</b>	<b>221</b>	ARRK	M-40	8	00:00:04	<b>00:20:03.40</b>	<b>00:20:08.35</b>	+00:04:12	4:00	15
52	<b>SIWKOWSKI Roman</b>	<b>473</b>	BIEGAM, BAIEGAM	M-50	1	00:00:01	<b>00:20:07.95</b>	<b>00:20:09.75</b>	+00:04:17	4:01	14.9
53	<b>WENDA Dawid</b>	<b>903</b>	SZKOŁA JAZDY TOMAS	M-20	17	00:00:10	<b>00:20:09.55</b>	<b>00:20:20.35</b>	+00:04:19	4:02	14.9
54	<b>BŁĄŻEJCZYK Dawid</b>	<b>921</b>		M-30	26	00:00:11	<b>00:20:10.20</b>	<b>00:20:21.70</b>	+00:04:19	4:02	14.9
55	<b>CIĘSZKI Bartosz</b>	<b>879</b>		M-10	2	00:00:06	<b>00:20:11.25</b>	<b>00:20:17.75</b>	+00:04:20	4:02	14.9
56	<b>ADAMCZAK Filip</b>	<b>897</b>		M-10	3	00:00:08	<b>00:20:12.50</b>	<b>00:20:21.25</b>	+00:04:22	4:02	14.8
57	<b>WŁODARSKI Paweł</b>	<b>597</b>		M-30	27	00:00:29	<b>00:20:16.05</b>	<b>00:20:45.20</b>	+00:04:25	4:03	14.8
58	<b>RYDLEWSKI Marek</b>	<b>421</b>	RUN BYDGOSZCZ	M-40	9	00:00:05	<b>00:20:16.60</b>	<b>00:20:22.30</b>	+00:04:26	4:03	14.8
59	<b>KHADDOUR Alex</b>	<b>448</b>	ZIELONY PELIKAN	M-30	28	00:00:05	<b>00:20:20.55</b>	<b>00:20:25.65</b>	+00:04:30	4:04	14.8
60	<b>GRUBICH Kacper</b>	<b>714</b>		M-10	4	00:00:05	<b>00:20:21.35</b>	<b>00:20:27.25</b>	+00:04:30	4:04	14.7
61	<b>MAKOWSKI Sławomir</b>	<b>50</b>		M-50	2	00:00:22	<b>00:20:21.55</b>	<b>00:20:44.20</b>	+00:04:31	4:04	14.7
62	<b>SIUPKA Paweł</b>	<b>390</b>	ZDAŻYC Z POMOCĄ DLA MARCINA	M-20	18	00:00:15	<b>00:20:22.70</b>	<b>00:20:38.40</b>	+00:04:32	4:04	14.7
63	<b>MARCHEL Tomasz</b>	<b>1040</b>		M-30	29	00:00:07	<b>00:20:26.65</b>	<b>00:20:34.40</b>	+00:04:36	4:05	14.7
64	<b>JELIŃSKI Łukasz</b>	<b>1400</b>		M-20	19	00:00:40	<b>00:20:27.40</b>	<b>00:21:08.15</b>	+00:04:36	4:05	14.7
65	<b>GŁOGOWSKI Krzysztof</b>	<b>681</b>	KORONOWO NA BIEGOWO	M-40	10	00:00:04	<b>00:20:28.35</b>	<b>00:20:32.70</b>	+00:04:37	4:05	14.7
66	<b>ROMANOWSKI Michał</b>	<b>781</b>		M-30	30	00:00:08	<b>00:20:32.90</b>	<b>00:20:41.85</b>	+00:04:42	4:06	14.6
67	<b>WIECZOREK Waldemar</b>	<b>351</b>		M-30	31	00:01:21	<b>00:20:33.60</b>	<b>00:21:55.15</b>	+00:04:43	4:06	14.6
68	<b>KŁOSOWSKI Marcin</b>	<b>689</b>	GRUPA BANKIETOWA SPECJAL	M-40	11	00:00:04	<b>00:20:36.05</b>	<b>00:20:40.15</b>	+00:04:45	4:07	14.6
69	<b>STASZKIEWICZ Jakub</b>	<b>1056</b>	STASHKY TEAM	M-10	5	00:00:10	<b>00:20:36.35</b>	<b>00:20:46.90</b>	+00:04:45	4:07	14.6
70	<b>BOINSKI Rafał</b>	<b>887</b>		M-30	32	00:00:13	<b>00:20:38.05</b>	<b>00:20:51.55</b>	+00:04:47	4:07	14.5
71	<b>KOŁACKI Jarosław</b>	<b>822</b>		M-30	33	00:00:16	<b>00:20:38.20</b>	<b>00:20:54.55</b>	+00:04:47	4:07	14.5
72	<b>KLINOWSKI Radosław</b>	<b>237</b>		M-30	34	00:00:35	<b>00:20:42.85</b>	<b>00:21:18.25</b>	+00:04:52	4:08	14.5
73	<b>LORENC Michał</b>	<b>729</b>		M-20	20	00:00:10	<b>00:20:43.50</b>	<b>00:20:53.50</b>	+00:04:53	4:08	14.5
74	<b>PIEKARSKI Marek</b>	<b>1402</b>	RESTAURACJA KING FU BYDGOSZCZ	M-40	12	00:00:03	<b>00:20:46.90</b>	<b>00:20:49.95</b>	+00:04:56	4:09	14.4
75	<b>SENGER Robert</b>	<b>471</b>	TRIZARZ	M-30	35	00:00:05	<b>00:20:48.55</b>	<b>00:20:54.00</b>	+00:04:58	4:09	14.4
76	<b>WANKIEWICZ Łukasz</b>	<b>81</b>	SZURUSIE TEAM	M-20	21	00:00:05	<b>00:20:49.95</b>	<b>00:20:55.65</b>	+00:04:59	4:10	14.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
76	PIECHOWIAK Jacek	345		M-40	13	00:00:08	00:20:49.95	00:20:58.15	+00:04:59	4:10	14.4
78	HERMELIN Wojciech	154		M-40	14	00:00:04	00:20:53.00	00:20:57.45	+00:05:02	4:10	14.4
79	MENDEL Patryk	89	SLKB	M-20	22	00:00:05	00:20:53.90	00:20:59.35	+00:05:03	4:10	14.4
80	WARLIKOWSKI Łukasz	961		M-30	36	00:00:07	00:20:55.95	00:21:03.25	+00:05:05	4:11	14.3
81	MOMOT Mieczysław	1047		M-40	15	00:00:05	00:20:57.20	00:21:02.35	+00:05:06	4:11	14.3
82	DROCIAK Michał	997	OSOWA GÓRA TEAM	M-30	37	00:00:02	00:20:57.45	00:21:00.40	+00:05:06	4:11	14.3
83	SKORNIA Eliza	751	SBRT RUNNING TEAM BYDGOSZCZ	K-20	1	00:00:17	00:21:06.05	00:21:23.20	+00:05:15	4:13	14.2
84	JAGODZIŃSKA Magdalena	258	BYDGOSKIE OKONIE	K-20	2	00:00:09	00:21:07.15	00:21:16.30	+00:05:16	4:13	14.2
85	KRYGIER Tomasz	438		M-30	38	00:00:26	00:21:07.90	00:21:34.65	+00:05:17	4:13	14.2
86	JOPPEK Łukasz	259		M-30	39	00:00:07	00:21:08.35	00:21:15.50	+00:05:17	4:13	14.2
87	WUJEK Magdalena	575		K-30	2	00:00:09	00:21:08.60	00:21:18.55	+00:05:18	4:13	14.2
88	PAPROCKA Małgosia	164		K-50	1	00:00:06	00:21:09.60	00:21:15.80	+00:05:19	4:13	14.2
89	KOWALSKI Krzysztof	354	OCELOTY KRUSZYN KRAJEŃSKI	M-30	40	00:00:11	00:21:10.20	00:21:21.35	+00:05:19	4:14	14.2
90	MICHALAK Wojtek	893		M-50	3	00:00:34	00:21:15.80	00:21:50.40	+00:05:25	4:15	14.1
91	MEYER Marek	1036		M-50	4	00:00:13	00:21:18.15	00:21:31.75	+00:05:27	4:15	14.1
92	RENC Patryk	49	SERCE TYBETU	M-30	41	00:00:09	00:21:20.45	00:21:30.00	+00:05:29	4:16	14.1
93	WYSOCKI Patryk	1224		M-20	23	00:00:23	00:21:24.85	00:21:48.70	+00:05:34	4:17	14
94	SZYSZKA Radosław	79		M-30	42	00:00:04	00:21:25.50	00:21:30.35	+00:05:35	4:17	14
95	BANACH Marcin	207	3GRAVITY	M-30	43	00:00:20	00:21:25.60	00:21:46.15	+00:05:35	4:17	14
96	MUSIELAK Michał	191		M-30	44	00:00:15	00:21:31.85	00:21:47.30	+00:05:41	4:18	13.9
97	WŁODARCZYK Wojciech	1107	CZARNE STOPY	M-50	5	00:00:15	00:21:33.00	00:21:48.70	+00:05:42	4:18	13.9
98	WARCZAK Kuba	324	TEAMOCHAL	M-30	45	00:00:08	00:21:33.20	00:21:41.30	+00:05:42	4:18	13.9
99	FRONTCZAK Mikołaj	1319	LOTTO BYDGOSTIA	M-10	6	00:00:06	00:21:33.50	00:21:39.55	+00:05:43	4:18	13.9
100	KRAJNIAK Jarosław	82	RMF4RT GLADIATORS	M-20	24	00:00:04	00:21:34.00	00:21:38.95	+00:05:43	4:18	13.9
101	DEBNER Wojciech	1337		M-30	46	00:00:15	00:21:35.15	00:21:50.95	+00:05:44	4:19	13.9
102	LATOS Paweł	633		M-30	47	00:00:15	00:21:35.20	00:21:50.25	+00:05:44	4:19	13.9
103	PRZYBYLSKI Remigiusz	1445	RUN BYDGOSZCZ	M-40	16	00:00:05	00:21:37.50	00:21:42.90	+00:05:47	4:19	13.9
104	ŁYSZCZARZ Błażej	794		M-40	17	00:00:15	00:21:37.65	00:21:53.10	+00:05:47	4:19	13.9
105	MUSZYŃSKI Łukasz	1197	AMATOR OSOWA GÓRA	M-30	48	00:00:16	00:21:39.80	00:21:56.25	+00:05:49	4:20	13.8
106	JAŹDŻEWSKI Kacper	1371		M-20	25	00:00:12	00:21:41.95	00:21:54.20	+00:05:51	4:20	13.8
107	PUCHACZ Marcin	14		M-30	49	00:00:05	00:21:43.90	00:21:49.30	+00:05:53	4:20	13.8
108	KASPRZYK Adrianna	1123		K-20	3	00:00:10	00:21:44.50	00:21:55.35	+00:05:54	4:21	13.8
109	ŁABENDA Robert	45	SZURUSIE TEAM	M-30	50	00:00:06	00:21:47.65	00:21:53.70	+00:05:57	4:21	13.8
110	SKUBISZAK Mateusz	1229		M-10	7	00:00:08	00:21:48.00	00:21:56.95	+00:05:57	4:21	13.8
111	MACIŃSKI Waldemar	33		M-30	51	00:00:24	00:21:49.75	00:22:14.20	+00:05:59	4:22	13.7
112	SOŁTYSIUK Bartosz	1161		M-30	52	00:00:28	00:21:51.10	00:22:19.85	+00:06:00	4:22	13.7
113	BRAŹKIEWICZ Rafał	151		M-40	18	00:00:24	00:21:51.70	00:22:15.80	+00:06:01	4:22	13.7
114	BATKA Patryk	1142		M-20	26	00:00:43	00:21:52.65	00:22:35.75	+00:06:02	4:22	13.7
115	SKARWECKI Remigiusz	53	ŁABISZYN RUNNERS	M-30	53	00:00:28	00:21:52.95	00:22:21.60	+00:06:02	4:22	13.7
116	RATAJ Zuzanna	110	KS POLONIA BYDGOSZCZ SEKCJA LA	K-30	3	00:00:05	00:21:53.95	00:21:59.35	+00:06:03	4:22	13.7
117	MENDEL Mgdalena	91	TRIZARZA	K-20	4	00:00:05	00:21:54.10	00:21:59.95	+00:06:03	4:22	13.7
118	CIEMNY Tomasz	319		M-40	19	00:00:07	00:21:54.35	00:22:01.95	+00:06:03	4:22	13.7
119	WNUCZYŃSKI Jakub	389	GMAZDA BYDGOSZCZ	M-10	8	00:00:17	00:21:58.25	00:22:15.30	+00:06:07	4:23	13.7
120	WNUCZYŃSKI Andrzej	385	ORANGE POLSKA	M-40	20	00:00:16	00:21:59.45	00:22:16.35	+00:06:08	4:24	13.6
121	MUCHA Marcin	2		M-40	21	00:00:29	00:22:00.25	00:22:29.50	+00:06:09	4:24	13.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
122	<b>GĘDEK Krzysztof</b>	<b>1204</b>		M-30	54	00:00:10	<b>00:22:01.50</b>	<b>00:22:11.55</b>	+00:06:11	4:24	13.6
123	<b>ROSIAK Jarosław</b>	<b>1054</b>	3KR	M-40	22	00:00:15	<b>00:22:02.15</b>	<b>00:22:17.65</b>	+00:06:11	4:24	13.6
124	<b>PUZIAK Rafał</b>	<b>1250</b>		M-30	55	00:00:09	<b>00:22:02.20</b>	<b>00:22:11.65</b>	+00:06:11	4:24	13.6
125	<b>WŁOCH Sylwester</b>	<b>240</b>		M-50	6	00:00:07	<b>00:22:02.75</b>	<b>00:22:10.05</b>	+00:06:12	4:24	13.6
125	<b>PAPROCKI Rafał</b>	<b>1201</b>	SLK PB	M-30	56	00:00:10	<b>00:22:02.75</b>	<b>00:22:13.30</b>	+00:06:12	4:24	13.6
127	<b>KUTOWSKI Przemysław</b>	<b>824</b>	NIKI LAUDA	M-40	23	00:00:11	<b>00:22:03.30</b>	<b>00:22:14.80</b>	+00:06:12	4:24	13.6
128	<b>ZBORAŁA Dawid</b>	<b>991</b>		M-20	27	00:00:10	<b>00:22:04.10</b>	<b>00:22:14.95</b>	+00:06:13	4:24	13.6
129	<b>JURKOWSKI Paweł</b>	<b>1474</b>	PJKANCELARIA.PL	M-30	57	00:00:28	<b>00:22:04.40</b>	<b>00:22:32.55</b>	+00:06:13	4:24	13.6
130	<b>SKONIECZNY Marcin</b>	<b>166</b>	PUSZCZALSCY-BIEGACZE-NESSI KOLOROWA DRUŻYNA -FORDON RUNNERS	M-40	24	00:00:18	<b>00:22:05.25</b>	<b>00:22:23.65</b>	+00:06:14	4:25	13.6
131	<b>SKRZYNIARZ Hubert</b>	<b>912</b>	#CIĄGŁA_WALKA_Z_BMI	M-30	58	00:00:02	<b>00:22:05.50</b>	<b>00:22:08.10</b>	+00:06:15	4:25	13.6
132	<b>BIEL Marek</b>	<b>939</b>	1% DLA DARIU BIEL	M-40	25	00:00:08	<b>00:22:05.70</b>	<b>00:22:14.50</b>	+00:06:15	4:25	13.6
133	<b>SZYMCZAK Maciej</b>	<b>572</b>		M-40	26	00:00:06	<b>00:22:05.85</b>	<b>00:22:12.55</b>	+00:06:15	4:25	13.6
134	<b>GWIAZDOWSKI Krzysztof</b>	<b>75</b>		M-40	27	00:00:10	<b>00:22:07.80</b>	<b>00:22:18.35</b>	+00:06:17	4:25	13.6
135	<b>SZEWCZYKOWSKI Grzegorz</b>	<b>1174</b>	BYDGOSKIE ŻÓŁWE	M-30	59	00:00:04	<b>00:22:08.30</b>	<b>00:22:12.75</b>	+00:06:17	4:25	13.6
136	<b>SZARLEJ Marcin</b>	<b>215</b>	PKO BANK POLSKI SA	M-30	60	00:00:07	<b>00:22:10.45</b>	<b>00:22:18.15</b>	+00:06:19	4:26	13.5
137	<b>JAKUBCZAK Michał</b>	<b>1325</b>		M-30	61	00:00:13	<b>00:22:10.75</b>	<b>00:22:23.80</b>	+00:06:20	4:26	13.5
138	<b>GRZYWIŃSKI Grzegorz</b>	<b>190</b>	RUN BYDGOSZCZ	M-40	28	00:00:18	<b>00:22:11.10</b>	<b>00:22:29.60</b>	+00:06:20	4:26	13.5
139	<b>ORZECHOWSKI Zbigniew</b>	<b>605</b>	ORZECZ BIEGA	M-40	29	00:00:35	<b>00:22:12.50</b>	<b>00:22:48.10</b>	+00:06:22	4:26	13.5
140	<b>WOLSKI Tomasz</b>	<b>708</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	28	00:00:07	<b>00:22:12.60</b>	<b>00:22:20.00</b>	+00:06:22	4:26	13.5
141	<b>SOBAŃSKI Mariusz</b>	<b>784</b>		M-40	30	00:00:14	<b>00:22:13.15</b>	<b>00:22:28.05</b>	+00:06:22	4:26	13.5
142	<b>DYBOWSKI Dominik</b>	<b>1070</b>		M-20	29	00:00:09	<b>00:22:13.50</b>	<b>00:22:22.95</b>	+00:06:23	4:26	13.5
143	<b>TORCHALSKI Krzysztof</b>	<b>308</b>	RUN PASJA	M-60+	1	00:00:11	<b>00:22:14.35</b>	<b>00:22:25.70</b>	+00:06:23	4:26	13.5
144	<b>BERNACKI Andrzej</b>	<b>759</b>		M-40	31	00:00:05	<b>00:22:14.85</b>	<b>00:22:20.30</b>	+00:06:24	4:27	13.5
145	<b>SZULC Patryk</b>	<b>1139</b>		M-20	30	00:00:02	<b>00:22:15.50</b>	<b>00:22:17.75</b>	+00:06:25	4:27	13.5
146	<b>KABACIŃSKI Marcin</b>	<b>158</b>		M-20	31	00:00:05	<b>00:22:15.60</b>	<b>00:22:20.80</b>	+00:06:25	4:27	13.5
147	<b>BERNATAJTYS Daniel</b>	<b>186</b>	RUN LOTTO-BYDGOSTIA	M-40	32	00:01:36	<b>00:22:15.70</b>	<b>00:23:51.70</b>	+00:06:25	4:27	13.5
148	<b>GRUBICH Arkadiusz</b>	<b>715</b>		M-40	33	00:00:06	<b>00:22:19.15</b>	<b>00:22:25.95</b>	+00:06:28	4:27	13.4
149	<b>BARTOS Arkadiusz</b>	<b>1006</b>	WTORKOWY TRENING	M-50	7	00:00:12	<b>00:22:19.75</b>	<b>00:22:32.30</b>	+00:06:29	4:28	13.4
150	<b>WIDŹGOWSKI Przemysław</b>	<b>44</b>		M-40	34	00:00:29	<b>00:22:19.80</b>	<b>00:22:49.05</b>	+00:06:29	4:28	13.4
151	<b>ZIELIŃSKI Krystian</b>	<b>674</b>		M-30	62	00:00:16	<b>00:22:20.55</b>	<b>00:22:37.45</b>	+00:06:30	4:28	13.4
152	<b>BARSZCZ Tomasz</b>	<b>261</b>		M-30	63	00:00:06	<b>00:22:22.15</b>	<b>00:22:29.00</b>	+00:06:31	4:28	13.4
153	<b>STROKOWSKA Paulina</b>	<b>96</b>		K-20	5	00:00:10	<b>00:22:23.45</b>	<b>00:22:33.75</b>	+00:06:32	4:28	13.4
154	<b>NADOLNY Sebastian</b>	<b>1154</b>		M-40	35	00:00:19	<b>00:22:25.55</b>	<b>00:22:44.85</b>	+00:06:35	4:29	13.4
155	<b>CICHOWICZ Marcin</b>	<b>404</b>		M-40	36	00:00:08	<b>00:22:27.15</b>	<b>00:22:36.05</b>	+00:06:36	4:29	13.4
156	<b>KOLCZYŃSKI Paweł</b>	<b>1471</b>		M-20	32	00:00:14	<b>00:22:28.05</b>	<b>00:22:42.40</b>	+00:06:37	4:29	13.4
157	<b>CHMIELARZ Karina</b>	<b>47</b>		K-20	6	00:00:09	<b>00:22:28.20</b>	<b>00:22:37.80</b>	+00:06:37	4:29	13.4
158	<b>WŁOCH Mateusz</b>	<b>228</b>		M-10	9	00:00:08	<b>00:22:28.40</b>	<b>00:22:36.60</b>	+00:06:37	4:29	13.4
159	<b>MACHNIKOWSKI Rafał</b>	<b>1368</b>		M-40	37	00:00:43	<b>00:22:30.25</b>	<b>00:23:13.95</b>	+00:06:39	4:30	13.3
160	<b>STĘPSKI Marek</b>	<b>146</b>		M-40	38	00:00:08	<b>00:22:30.95</b>	<b>00:22:39.90</b>	+00:06:40	4:30	13.3
161	<b>CYL Dawid</b>	<b>340</b>	FORDONRUNNERS / ZIELONY PELIKAN	M-30	64	00:00:15	<b>00:22:31.00</b>	<b>00:22:46.20</b>	+00:06:40	4:30	13.3
162	<b>LIPIŃSKI Sebastian</b>	<b>450</b>	ENEA BYDGOSZCZ TRIATHLON	M-40	39	00:00:04	<b>00:22:31.85</b>	<b>00:22:36.70</b>	+00:06:41	4:30	13.3
163	<b>DĘBIEC Andrzej</b>	<b>752</b>		M-30	65	00:00:07	<b>00:22:32.25</b>	<b>00:22:39.25</b>	+00:06:41	4:30	13.3
164	<b>GRALAK Jacek</b>	<b>705</b>	TERYTORIALSI	M-40	40	00:00:24	<b>00:22:32.60</b>	<b>00:22:57.00</b>	+00:06:42	4:30	13.3
165	<b>GODEK Mateusz</b>	<b>1496</b>		M-20	33	00:00:06	<b>00:22:33.95</b>	<b>00:22:40.60</b>	+00:06:43	4:30	13.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
166	<b>REPCZYŃSKI Tomasz</b>	<b>1022</b>	TRISPACE/TREK	M-20	34	00:01:04	<b>00:22:34.70</b>	<b>00:23:39.50</b>	+00:06:44	4:31	13.3
167	<b>NADRATOWSKI Maciej</b>	<b>1116</b>	KABEL TEAM BYDGOSZCZ	M-40	41	00:00:07	<b>00:22:35.00</b>	<b>00:22:42.95</b>	+00:06:44	4:31	13.3
168	<b>SCHULZ Milena</b>	<b>302</b>		K-30	4	00:00:09	<b>00:22:35.45</b>	<b>00:22:44.55</b>	+00:06:44	4:31	13.3
168	<b>CIEPŁOWSKI Robert</b>	<b>1135</b>		M-40	42	00:00:13	<b>00:22:35.45</b>	<b>00:22:48.85</b>	+00:06:44	4:31	13.3
170	<b>JAKUBCZAK Łukasz</b>	<b>1230</b>		M-30	66	00:00:13	<b>00:22:35.85</b>	<b>00:22:49.05</b>	+00:06:45	4:31	13.3
171	<b>ROSÓŁ Jacek</b>	<b>145</b>		M-30	67	00:00:05	<b>00:22:37.90</b>	<b>00:22:43.60</b>	+00:06:47	4:31	13.3
172	<b>ZIELIŃSKI Marcin</b>	<b>667</b>		M-40	43	00:00:06	<b>00:22:38.95</b>	<b>00:22:45.80</b>	+00:06:48	4:31	13.2
173	<b>PERLINSKI Damian</b>	<b>880</b>	MOŻE I POWOLI ALE ZA TO BYLE JAK	M-30	68	00:00:12	<b>00:22:39.10</b>	<b>00:22:51.30</b>	+00:06:48	4:31	13.2
174	<b>CHEŁMINIAK Monika</b>	<b>196</b>		K-30	5	00:00:09	<b>00:22:40.30</b>	<b>00:22:49.85</b>	+00:06:49	4:32	13.2
175	<b>HŁAWNIAK Zbigniew</b>	<b>375</b>		M-50	8	00:00:14	<b>00:22:40.70</b>	<b>00:22:55.45</b>	+00:06:50	4:32	13.2
176	<b>GACKOWSKI Krzysztof</b>	<b>222</b>	IRON & ONE TEAM	M-40	44	00:00:08	<b>00:22:42.35</b>	<b>00:22:50.40</b>	+00:06:51	4:32	13.2
177	<b>ZAKRZEWSKI Krystian</b>	<b>337</b>		M-20	35	00:00:14	<b>00:22:44.50</b>	<b>00:22:59.20</b>	+00:06:54	4:33	13.2
178	<b>KITOWSKI Przemysław</b>	<b>51</b>	SZURUSIE TEAM	M-30	69	00:00:06	<b>00:22:45.85</b>	<b>00:22:52.10</b>	+00:06:55	4:33	13.2
179	<b>OLENDRZYŃSKI Mateusz</b>	<b>1375</b>		M-20	36	00:00:34	<b>00:22:45.95</b>	<b>00:23:20.75</b>	+00:06:55	4:33	13.2
180	<b>RAK Waldemar</b>	<b>1398</b>		M-40	45	00:00:28	<b>00:22:46.45</b>	<b>00:23:14.60</b>	+00:06:55	4:33	13.2
181	<b>SKORECKI Aleksander</b>	<b>707</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	37	00:00:07	<b>00:22:47.00</b>	<b>00:22:54.45</b>	+00:06:56	4:33	13.2
182	<b>BIAŁY Dawid</b>	<b>730</b>		M-20	38	00:00:41	<b>00:22:47.15</b>	<b>00:23:28.30</b>	+00:06:56	4:33	13.2
183	<b>PACEK Mirosław</b>	<b>600</b>		M-50	9	00:00:11	<b>00:22:48.00</b>	<b>00:22:59.15</b>	+00:06:57	4:33	13.2
184	<b>RUTKOWSKI Tomasz</b>	<b>318</b>		M-40	46	00:00:11	<b>00:22:50.05</b>	<b>00:23:01.75</b>	+00:06:59	4:34	13.1
185	<b>ŚLEFARSKI Marcin</b>	<b>580</b>		M-30	70	00:00:30	<b>00:22:50.65</b>	<b>00:23:21.15</b>	+00:07:00	4:34	13.1
186	<b>KLATECKI Adam</b>	<b>902</b>		M-30	71	00:01:29	<b>00:22:50.95</b>	<b>00:24:20.15</b>	+00:07:00	4:34	13.1
187	<b>WIKA Arkadiusz</b>	<b>1469</b>		M-20	39	00:00:45	<b>00:22:51.00</b>	<b>00:23:36.15</b>	+00:07:00	4:34	13.1
188	<b>LEWICKI Maciej</b>	<b>680</b>		M-40	47	00:00:39	<b>00:22:51.15</b>	<b>00:23:30.50</b>	+00:07:00	4:34	13.1
189	<b>JANCOWSKI Wojciech</b>	<b>262</b>		M-40	48	00:00:09	<b>00:22:51.50</b>	<b>00:23:01.10</b>	+00:07:01	4:34	13.1
190	<b>PALIGA Maciej</b>	<b>614</b>		M-30	72	00:00:22	<b>00:22:52.40</b>	<b>00:23:15.35</b>	+00:07:01	4:34	13.1
191	<b>ŁOBODA Maciej</b>	<b>195</b>		M-30	73	00:00:22	<b>00:22:53.30</b>	<b>00:23:15.95</b>	+00:07:02	4:34	13.1
192	<b>MIKLER Aleksandra</b>	<b>1472</b>	FOREST GANG	K-20	7	00:01:31	<b>00:22:54.95</b>	<b>00:24:26.60</b>	+00:07:04	4:35	13.1
193	<b>KLIMEK Paweł</b>	<b>1499</b>		M-20	40	00:00:18	<b>00:22:58.05</b>	<b>00:23:16.45</b>	+00:07:07	4:35	13.1
194	<b>LIPSKI Henryk</b>	<b>1346</b>		M-60+	2	00:00:10	<b>00:22:58.45</b>	<b>00:23:09.20</b>	+00:07:07	4:35	13.1
194	<b>DOMAN Patrycja</b>	<b>1377</b>		K-10	1	00:00:10	<b>00:22:58.45</b>	<b>00:23:09.30</b>	+00:07:07	4:35	13.1
196	<b>KORBEL Oskar</b>	<b>305</b>	KORBELKI	M-20	41	00:00:20	<b>00:22:59.55</b>	<b>00:23:20.10</b>	+00:07:09	4:36	13
197	<b>URBAŃSKI Dawid</b>	<b>88</b>		M-30	74	00:00:13	<b>00:22:59.65</b>	<b>00:23:12.65</b>	+00:07:09	4:35	13.1
198	<b>NOWOTNIK Mariusz</b>	<b>246</b>		M-30	75	00:00:13	<b>00:22:59.90</b>	<b>00:23:13.05</b>	+00:07:09	4:36	13
199	<b>CIEŚLEWICZ Karol</b>	<b>220</b>	OLAFCREW	M-40	49	00:00:27	<b>00:23:00.70</b>	<b>00:23:28.50</b>	+00:07:10	4:36	13
200	<b>BEDNAREK Waldemar</b>	<b>1211</b>		M-40	50	00:00:17	<b>00:23:01.00</b>	<b>00:23:18.10</b>	+00:07:10	4:36	13
201	<b>DROŻYŃSKI Maciej</b>	<b>338</b>	CB163	M-30	76	00:00:20	<b>00:23:01.10</b>	<b>00:23:22.05</b>	+00:07:10	4:36	13
201	<b>TUBAJA Albert</b>	<b>1121</b>	KABEL TEAM BYDGOSZCZ	M-40	51	00:00:00	<b>00:23:01.10</b>	<b>00:23:01.10</b>	+00:07:10	4:36	13
203	<b>BAK Łukasz</b>	<b>482</b>		M-30	77	00:00:06	<b>00:23:01.80</b>	<b>00:23:08.15</b>	+00:07:11	4:36	13
204	<b>WONS Rafał</b>	<b>865</b>		M-30	78	00:00:16	<b>00:23:03.70</b>	<b>00:23:20.30</b>	+00:07:13	4:36	13
205	<b>OSZUŚCIK Bartosz</b>	<b>413</b>		M-20	42	00:00:34	<b>00:23:04.20</b>	<b>00:23:38.30</b>	+00:07:13	4:36	13
205	<b>JARCZASZEK Krzysztof</b>	<b>945</b>		M-30	79	00:00:03	<b>00:23:04.20</b>	<b>00:23:08.00</b>	+00:07:13	4:37	13
207	<b>BRZEZIŃSKI Łukasz</b>	<b>1432</b>		M-20	43	00:00:25	<b>00:23:04.25</b>	<b>00:23:29.45</b>	+00:07:13	4:36	13
208	<b>BUTRYM Piotr</b>	<b>1095</b>	MZK	M-30	80	00:00:55	<b>00:23:06.00</b>	<b>00:24:01.90</b>	+00:07:15	4:37	13
209	<b>LEWANDOWSKI Bartosz</b>	<b>1403</b>		M-10	10	00:00:29	<b>00:23:07.75</b>	<b>00:23:37.35</b>	+00:07:17	4:37	13
210	<b>KOWALCZYK Tomasz</b>	<b>720</b>		M-40	52	00:00:30	<b>00:23:08.40</b>	<b>00:23:38.60</b>	+00:07:17	4:37	13

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
211	<b>GŁOWACKI Robert</b>	<b>42</b>		M-40	53	00:00:09	<b>00:23:09.10</b>	<b>00:23:18.90</b>	+00:07:18	4:37	13
212	<b>DOBRYŃSKA Ewa</b>	<b>376</b>		K-30	6	00:00:07	<b>00:23:12.95</b>	<b>00:23:20.90</b>	+00:07:22	4:38	12.9
213	<b>PIEKARSKI Paweł</b>	<b>638</b>		M-20	44	00:00:21	<b>00:23:14.10</b>	<b>00:23:35.30</b>	+00:07:23	4:38	12.9
214	<b>MUSZYŃSKI Wojtek</b>	<b>1218</b>		M-30	81	00:00:06	<b>00:23:14.30</b>	<b>00:23:20.45</b>	+00:07:23	4:38	12.9
215	<b>DOROSZ Grzegorz</b>	<b>734</b>	TKKF WODNIK WIĘCBORK	M-30	82	00:00:35	<b>00:23:15.85</b>	<b>00:23:51.10</b>	+00:07:25	4:39	12.9
216	<b>POLIWODZIŃSKI Mateusz</b>	<b>1343</b>	KS WSEŁKA BYDGOSZCZ-FORDON	M-10	11	00:00:25	<b>00:23:17.10</b>	<b>00:23:42.45</b>	+00:07:26	4:39	12.9
217	<b>WITEK Magdalena</b>	<b>642</b>		K-20	8	00:00:17	<b>00:23:17.55</b>	<b>00:23:35.25</b>	+00:07:27	4:39	12.9
218	<b>KAMIŃSKI Łukasz</b>	<b>95</b>	QBOWICZ RODZINNA MAFIA BIEGOWA	M-30	83	00:00:12	<b>00:23:19.10</b>	<b>00:23:31.85</b>	+00:07:28	4:39	12.9
218	<b>JANIC Dagmara</b>	<b>875</b>		K-10	2	00:00:40	<b>00:23:19.10</b>	<b>00:23:59.55</b>	+00:07:28	4:39	12.9
220	<b>SKUPSZ Jędrzej Kazmierz</b>	<b>977</b>	BYDGOSZCZ FORDON TEAM	M-30	84	00:00:17	<b>00:23:19.40</b>	<b>00:23:36.85</b>	+00:07:28	4:39	12.9
221	<b>WAŻYŃSKI Łukasz</b>	<b>1299</b>		M-30	85	00:00:25	<b>00:23:20.15</b>	<b>00:23:45.80</b>	+00:07:29	4:40	12.9
222	<b>KRETOWICZ Piotr</b>	<b>113</b>		M-20	45	00:00:16	<b>00:23:20.60</b>	<b>00:23:36.65</b>	+00:07:30	4:40	12.9
223	<b>DANIELEWICZ Bartosz</b>	<b>936</b>		M-30	86	00:00:10	<b>00:23:20.95</b>	<b>00:23:31.55</b>	+00:07:30	4:40	12.8
224	<b>KUCHCZYŃSKI Jakub</b>	<b>358</b>	BKS BYDGOSZCZ	M-10	12	00:00:47	<b>00:23:21.05</b>	<b>00:24:08.75</b>	+00:07:30	4:40	12.8
225	<b>BRZEZIŃSKI Sławomir</b>	<b>1165</b>	CZARNE STOPY.SM	M-40	54	00:00:23	<b>00:23:21.30</b>	<b>00:23:44.90</b>	+00:07:30	4:40	12.8
226	<b>PIOTROWSKA Katarzyna</b>	<b>405</b>		K-20	9	00:00:15	<b>00:23:21.75</b>	<b>00:23:37.65</b>	+00:07:31	4:40	12.8
227	<b>ZIELIŃSKI Maciej</b>	<b>1191</b>		M-30	87	00:00:08	<b>00:23:22.75</b>	<b>00:23:31.25</b>	+00:07:32	4:40	12.8
228	<b>KLAWIKOWSKA Julita</b>	<b>866</b>	TKKF KOLEJARZ BYDGOSZCZ	K-30	7	00:00:08	<b>00:23:23.05</b>	<b>00:23:31.45</b>	+00:07:32	4:40	12.8
229	<b>JASINIECKI Wojciech</b>	<b>128</b>	#LUBIEWPUSZCZY	M-40	55	00:00:15	<b>00:23:24.40</b>	<b>00:23:40.00</b>	+00:07:33	4:41	12.8
230	<b>MAZURKIEWICZ Piotr</b>	<b>25</b>		M-40	56	00:00:12	<b>00:23:25.25</b>	<b>00:23:37.25</b>	+00:07:34	4:41	12.8
231	<b>GRECHUTA Tomasz</b>	<b>1308</b>		M-30	88	00:00:07	<b>00:23:26.35</b>	<b>00:23:33.45</b>	+00:07:35	4:41	12.8
232	<b>WENDA Mateusz</b>	<b>906</b>	SZKOŁA JAZDY TOMAS	M-20	46	00:00:44	<b>00:23:29.05</b>	<b>00:24:13.65</b>	+00:07:38	4:41	12.8
233	<b>KIEŁCZYŃSKI Marek</b>	<b>181</b>		M-40	57	00:00:05	<b>00:23:29.20</b>	<b>00:23:34.60</b>	+00:07:38	4:41	12.8
234	<b>ANDRZEJEWSKA Sylwia</b>	<b>130</b>		K-30	8	00:00:00	<b>00:23:29.60</b>	<b>00:23:29.60</b>	+00:07:39	4:41	12.8
235	<b>JARMUŻ Adam</b>	<b>1018</b>		M-30	89	00:00:30	<b>00:23:30.05</b>	<b>00:24:00.30</b>	+00:07:39	4:42	12.8
236	<b>BORAKIEWICZ Agnieszka</b>	<b>68</b>	TEAM RUN GOŁAŃCZ	K-30	9	00:00:14	<b>00:23:31.00</b>	<b>00:23:45.65</b>	+00:07:40	4:42	12.8
237	<b>LUZAK Mirosław</b>	<b>727</b>	MWK BYDGOSZCZ	M-50	10	00:00:14	<b>00:23:31.80</b>	<b>00:23:46.75</b>	+00:07:41	4:42	12.7
238	<b>KUCHCZYŃSKI Adam</b>	<b>352</b>	BÓL TO ŚCIEMA	M-50	11	00:00:48	<b>00:23:32.95</b>	<b>00:24:21.10</b>	+00:07:42	4:42	12.7
239	<b>RÓŻAŃSKI Kamil</b>	<b>608</b>	3GRAVITY	M-30	90	00:00:31	<b>00:23:33.40</b>	<b>00:24:05.20</b>	+00:07:42	4:42	12.7
239	<b>RAUNEST Adam</b>	<b>835</b>		M-50	12	00:00:21	<b>00:23:33.40</b>	<b>00:23:54.80</b>	+00:07:42	4:42	12.7
241	<b>KĘDZIERSKI Wojtek</b>	<b>1312</b>		M-40	58	00:00:17	<b>00:23:36.00</b>	<b>00:23:53.55</b>	+00:07:45	4:43	12.7
242	<b>WIŚNIEWSKI Karol</b>	<b>1491</b>		M-20	47	00:00:43	<b>00:23:37.20</b>	<b>00:24:20.65</b>	+00:07:46	4:43	12.7
243	<b>ZYGADŁO Artur</b>	<b>387</b>		M-20	48	00:00:22	<b>00:23:37.50</b>	<b>00:24:00.10</b>	+00:07:47	4:43	12.7
244	<b>ZECH Izabela</b>	<b>1480</b>	FOREST GANG	K-40	1	00:01:33	<b>00:23:37.90</b>	<b>00:25:10.95</b>	+00:07:47	4:43	12.7
245	<b>JASIECKI Sebastian</b>	<b>731</b>	ARRK	M-20	49	00:00:10	<b>00:23:38.25</b>	<b>00:23:49.00</b>	+00:07:47	4:43	12.7
246	<b>MADEJ Adam</b>	<b>1200</b>		M-20	50	00:00:19	<b>00:23:41.35</b>	<b>00:24:00.45</b>	+00:07:50	4:44	12.7
247	<b>RZENTKOWSKI Grzegorz</b>	<b>1233</b>		M-40	59	00:00:32	<b>00:23:41.90</b>	<b>00:24:14.15</b>	+00:07:51	4:44	12.7
248	<b>ROSZCZYN Dawid</b>	<b>1415</b>	CB163	M-30	91	00:01:24	<b>00:23:43.00</b>	<b>00:25:07.45</b>	+00:07:52	4:44	12.6
249	<b>MATOWSKA - GULCZYŃSKA Monika</b>	<b>241</b>		K-30	10	00:00:22	<b>00:23:43.25</b>	<b>00:24:05.30</b>	+00:07:52	4:44	12.6
250	<b>KOLSKI Radek</b>	<b>219</b>	VAUPE TEAM	M-40	60	00:00:07	<b>00:23:44.95</b>	<b>00:23:52.35</b>	+00:07:54	4:45	12.6
251	<b>ŻYŁA Magdalena</b>	<b>309</b>		K-30	11	00:00:12	<b>00:23:47.00</b>	<b>00:23:59.35</b>	+00:07:56	4:45	12.6
252	<b>BEDNAREK Marta</b>	<b>1187</b>	CZARNE STOPY	K-40	2	00:00:16	<b>00:23:47.25</b>	<b>00:24:03.35</b>	+00:07:56	4:45	12.6
253	<b>KAMIŃSKI Marek</b>	<b>660</b>		M-20	51	00:01:06	<b>00:23:48.00</b>	<b>00:24:54.25</b>	+00:07:57	4:45	12.6
254	<b>PIERZGALSKI Damian</b>	<b>61</b>		M-10	13	00:00:29	<b>00:23:48.30</b>	<b>00:24:18.05</b>	+00:07:57	4:45	12.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
255	<b>GULCZYŃSKI Dawid</b>	<b>236</b>		M-30	92	00:00:22	<b>00:23:50.95</b>	<b>00:24:13.55</b>	+00:08:00	4:46	12.6
256	<b>KOSIARSKI Tomasz</b>	<b>837</b>		M-40	61	00:00:32	<b>00:23:51.15</b>	<b>00:24:23.55</b>	+00:08:00	4:46	12.6
257	<b>SIUDA Sebastian</b>	<b>109</b>		M-40	62	00:00:36	<b>00:23:51.35</b>	<b>00:24:27.85</b>	+00:08:00	4:46	12.6
257	<b>MACIEJCZAK Marcin</b>	<b>644</b>	3GRAVITY	M-40	62	00:00:30	<b>00:23:51.35</b>	<b>00:24:21.85</b>	+00:08:00	4:46	12.6
259	<b>KIJEWSKI Maciej</b>	<b>594</b>	KABEL TEAM BYDGOSZCZ	M-30	93	00:00:27	<b>00:23:51.50</b>	<b>00:24:19.45</b>	+00:08:01	4:46	12.6
260	<b>MROZIK Andrzej</b>	<b>1179</b>		M-40	64	00:01:10	<b>00:23:52.60</b>	<b>00:25:03.15</b>	+00:08:02	4:46	12.6
261	<b>RONALDOWSKI Kacper</b>	<b>153</b>		M-20	52	00:00:17	<b>00:23:53.55</b>	<b>00:24:10.70</b>	+00:08:03	4:46	12.6
262	<b>STAWCZYK Dariusz</b>	<b>296</b>		M-40	65	00:00:30	<b>00:23:54.50</b>	<b>00:24:24.55</b>	+00:08:04	4:46	12.6
263	<b>LUBERDA Łukasz</b>	<b>1270</b>		M-30	94	00:00:24	<b>00:23:54.75</b>	<b>00:24:18.85</b>	+00:08:04	4:46	12.6
264	<b>BIELICKI Waldemar</b>	<b>871</b>	TERTORIALSI	M-30	95	00:01:20	<b>00:23:57.90</b>	<b>00:25:18.85</b>	+00:08:07	4:47	12.5
265	<b>KRÓL Karol</b>	<b>869</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	66	00:00:09	<b>00:23:58.20</b>	<b>00:24:07.50</b>	+00:08:07	4:47	12.5
266	<b>KLAWIKOWSKI Dawid</b>	<b>867</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	96	00:00:08	<b>00:23:58.50</b>	<b>00:24:07.45</b>	+00:08:08	4:47	12.5
267	<b>SKONIECZNA Marlena</b>	<b>167</b>	BIEGACZE-NESSI KOLOROWA DRUŻYNA -FORDON RUNNER	K-40	3	00:00:17	<b>00:23:59.35</b>	<b>00:24:17.10</b>	+00:08:08	4:48	12.5
268	<b>ZDEB Bogumił</b>	<b>847</b>		M-50	13	00:01:06	<b>00:24:00.20</b>	<b>00:25:06.55</b>	+00:08:09	4:48	12.5
269	<b>ŁUDZIŃSKI Jakub</b>	<b>493</b>	CB163	M-30	97	00:01:15	<b>00:24:00.35</b>	<b>00:25:16.30</b>	+00:08:09	4:48	12.5
270	<b>LESZCZYŃSKI Tomasz</b>	<b>688</b>		M-40	67	00:00:31	<b>00:24:00.45</b>	<b>00:24:31.50</b>	+00:08:09	4:48	12.5
271	<b>DACH Łukasz</b>	<b>563</b>		M-30	98	00:00:11	<b>00:24:00.95</b>	<b>00:24:12.55</b>	+00:08:10	4:48	12.5
272	<b>STOKŁOSA Maciej</b>	<b>479</b>		M-30	99	00:00:09	<b>00:24:01.60</b>	<b>00:24:11.15</b>	+00:08:11	4:48	12.5
273	<b>KASPRZYK Miłosz</b>	<b>1124</b>		M-20	53	00:00:18	<b>00:24:02.05</b>	<b>00:24:20.45</b>	+00:08:11	4:48	12.5
274	<b>NITZ Miłosz</b>	<b>1212</b>		M-20	54	00:00:06	<b>00:24:03.10</b>	<b>00:24:09.65</b>	+00:08:12	4:48	12.5
275	<b>SZMELTER Michał</b>	<b>578</b>		M-40	68	00:00:25	<b>00:24:04.00</b>	<b>00:24:29.95</b>	+00:08:13	4:48	12.5
275	<b>ZAJĄKAŁA Wojciech</b>	<b>1048</b>		M-20	55	00:01:11	<b>00:24:04.00</b>	<b>00:25:15.10</b>	+00:08:13	4:48	12.5
277	<b>KULIKOWSKI Tomasz</b>	<b>1172</b>		M-20	56	00:00:06	<b>00:24:05.10</b>	<b>00:24:11.90</b>	+00:08:14	4:49	12.5
278	<b>KUCHCZYŃSKI Marcin</b>	<b>631</b>	OSP LIPINKI	M-20	57	00:00:09	<b>00:24:06.05</b>	<b>00:24:15.25</b>	+00:08:15	4:49	12.4
279	<b>DURAJEWSKI Mateusz</b>	<b>288</b>	SOFTMAKS.PL	M-30	100	00:00:45	<b>00:24:08.95</b>	<b>00:24:54.15</b>	+00:08:18	4:49	12.4
280	<b>GDANIEC Grzegorz</b>	<b>1267</b>	B28	M-20	58	00:00:33	<b>00:24:09.60</b>	<b>00:24:43.45</b>	+00:08:19	4:50	12.4
281	<b>GOŁĘBIEWSKI Paweł</b>	<b>445</b>		M-40	69	00:00:45	<b>00:24:09.80</b>	<b>00:24:55.30</b>	+00:08:19	4:50	12.4
282	<b>LICA Krzysztof</b>	<b>1280</b>	SISU OWB	M-50	14	00:00:37	<b>00:24:10.40</b>	<b>00:24:47.75</b>	+00:08:19	4:50	12.4
283	<b>WOLAN Magdalena</b>	<b>332</b>	AMOREK	K-40	4	00:00:18	<b>00:24:13.20</b>	<b>00:24:31.85</b>	+00:08:22	4:50	12.4
284	<b>ŻUCHELKOWSKI Rafał</b>	<b>440</b>	ŻUCHELKI	M-30	101	00:00:09	<b>00:24:13.30</b>	<b>00:24:22.60</b>	+00:08:22	4:50	12.4
285	<b>STRÓŻYK Grażyna</b>	<b>791</b>		K-20	10	00:00:08	<b>00:24:13.65</b>	<b>00:24:22.30</b>	+00:08:23	4:50	12.4
286	<b>ZABOROWSKA Beata</b>	<b>1117</b>	DIABELSKIE PIORUNY	K-40	5	00:00:18	<b>00:24:14.35</b>	<b>00:24:32.40</b>	+00:08:23	4:50	12.4
287	<b>KITOWSKA Agnieszka</b>	<b>1258</b>		K-30	12	00:00:21	<b>00:24:14.85</b>	<b>00:24:36.70</b>	+00:08:24	4:51	12.4
288	<b>GRZYWIŃSKI Łukasz</b>	<b>724</b>		M-30	102	00:00:11	<b>00:24:15.80</b>	<b>00:24:27.00</b>	+00:08:25	4:51	12.4
289	<b>SZAFRAŃSKI Maciej</b>	<b>223</b>		M-20	59	00:00:39	<b>00:24:16.95</b>	<b>00:24:56.85</b>	+00:08:26	4:51	12.4
290	<b>GAJDZIŃSKI Maciej</b>	<b>1314</b>		M-20	60	00:00:20	<b>00:24:17.05</b>	<b>00:24:37.60</b>	+00:08:26	4:51	12.4
291	<b>TUROWSKA Patrycja</b>	<b>1126</b>		K-30	13	00:00:40	<b>00:24:17.25</b>	<b>00:24:57.35</b>	+00:08:26	4:51	12.4
292	<b>GUŹDZIOŁ Jarek</b>	<b>11</b>	TBKM WILK SOLEC KUJAWSKI	M-40	70	00:00:36	<b>00:24:18.15</b>	<b>00:24:54.40</b>	+00:08:27	4:51	12.3
292	<b>LEWANDOWSKI Michał</b>	<b>790</b>		M-40	70	00:01:13	<b>00:24:18.15</b>	<b>00:25:31.60</b>	+00:08:27	4:51	12.3
294	<b>WIECZOREK Izabela</b>	<b>1326</b>		K-30	14	00:00:10	<b>00:24:18.45</b>	<b>00:24:29.10</b>	+00:08:27	4:51	12.3
294	<b>SIKORSKI Arkadiusz</b>	<b>717</b>	SP 57 BYDGOSZCZ	M-10	14	00:00:30	<b>00:24:18.45</b>	<b>00:24:48.65</b>	+00:08:27	4:51	12.3
296	<b>SURMACZ Marcin</b>	<b>951</b>		M-30	103	00:00:21	<b>00:24:18.60</b>	<b>00:24:40.35</b>	+00:08:28	4:51	12.3
297	<b>WIECZOREK Mateusz</b>	<b>1336</b>		M-30	104	00:00:10	<b>00:24:19.40</b>	<b>00:24:29.65</b>	+00:08:28	4:51	12.3
298	<b>ŻUCHOWSKI Dariusz</b>	<b>743</b>		M-50	15	00:00:31	<b>00:24:19.45</b>	<b>00:24:51.05</b>	+00:08:28	4:52	12.3
299	<b>MARTUNÓW Dominik</b>	<b>1243</b>		M-10	15	00:00:27	<b>00:24:19.85</b>	<b>00:24:46.85</b>	+00:08:29	4:51	12.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
300	<b>MIZIKOWSKI Tomasz</b>	<b>1441</b>	SP-65	M-10	16	00:00:19	<b>00:24:20.00</b>	<b>00:24:39.25</b>	+00:08:29	4:52	12.3
301	<b>SZUBERT Maciej</b>	<b>1414</b>		M-40	72	00:01:02	<b>00:24:20.30</b>	<b>00:25:23.05</b>	+00:08:29	4:52	12.3
302	<b>WAWRZYŃCZAK Grzegorz</b>	<b>265</b>		M-30	105	00:00:17	<b>00:24:20.65</b>	<b>00:24:38.50</b>	+00:08:30	4:52	12.3
303	<b>MIZIKOWSKI Wojciech</b>	<b>1440</b>	MIZIK-TEAM	M-40	73	00:00:18	<b>00:24:20.75</b>	<b>00:24:39.45</b>	+00:08:30	4:52	12.3
304	<b>WIŚNIEWSKA Aleksandra</b>	<b>293</b>		K-10	3	00:00:11	<b>00:24:21.85</b>	<b>00:24:33.70</b>	+00:08:31	4:52	12.3
305	<b>TARCZYŃSKA Marta</b>	<b>1193</b>	COOKIETEAMRUNNERS	K-30	15	00:01:01	<b>00:24:21.90</b>	<b>00:25:23.55</b>	+00:08:31	4:52	12.3
306	<b>BON Oliwier</b>	<b>464</b>	BYDGOSKA SEKCJA WKKK	M-10	17	00:00:03	<b>00:24:21.95</b>	<b>00:24:25.65</b>	+00:08:31	4:52	12.3
307	<b>ZDUNKIEWICZ Marcin</b>	<b>76</b>		M-30	106	00:00:25	<b>00:24:22.45</b>	<b>00:24:48.00</b>	+00:08:31	4:52	12.3
308	<b>WOJCIECHOWSKI Grzegorz</b>	<b>414</b>	ATOS BYDGOSZCZ	M-20	61	00:00:30	<b>00:24:23.45</b>	<b>00:24:54.00</b>	+00:08:32	4:52	12.3
309	<b>ARENT Dawid</b>	<b>1141</b>		M-20	62	00:00:16	<b>00:24:24.70</b>	<b>00:24:41.65</b>	+00:08:34	4:53	12.3
310	<b>RYBACKA Kamila</b>	<b>1144</b>		K-20	11	00:00:16	<b>00:24:25.15</b>	<b>00:24:41.90</b>	+00:08:34	4:53	12.3
311	<b>MALICKA Natasha</b>	<b>842</b>	LOTTO BYDGOSTIA	K-10	4	00:00:11	<b>00:24:25.70</b>	<b>00:24:36.80</b>	+00:08:35	4:53	12.3
312	<b>KRZESZEWSKA Agnieszka</b>	<b>1155</b>		K-40	6	00:00:14	<b>00:24:26.65</b>	<b>00:24:41.55</b>	+00:08:36	4:53	12.3
312	<b>WOLNY Ryszard</b>	<b>1175</b>		M-40	74	00:00:38	<b>00:24:26.65</b>	<b>00:25:05.10</b>	+00:08:36	4:53	12.3
314	<b>LEWANDOWSKI Arkadiusz</b>	<b>926</b>		M-30	107	00:00:23	<b>00:24:26.85</b>	<b>00:24:50.15</b>	+00:08:36	4:53	12.3
315	<b>MUSS Karolina</b>	<b>306</b>		K-40	7	00:00:20	<b>00:24:28.40</b>	<b>00:24:48.60</b>	+00:08:37	4:53	12.3
316	<b>GAWRYCH Adam</b>	<b>430</b>		M-20	63	00:00:23	<b>00:24:29.25</b>	<b>00:24:53.20</b>	+00:08:38	4:54	12.2
317	<b>WOJCIECHOWSKA Martyna</b>	<b>873</b>	LOTTO BYDGOSTIA	K-10	5	00:00:22	<b>00:24:29.45</b>	<b>00:24:52.05</b>	+00:08:38	4:54	12.2
318	<b>GRZEBYTA Daniel</b>	<b>850</b>		M-40	75	00:00:19	<b>00:24:29.70</b>	<b>00:24:48.95</b>	+00:08:39	4:53	12.3
319	<b>SZCZUKOWSKA Nicol</b>	<b>928</b>		K-10	6	00:00:24	<b>00:24:31.55</b>	<b>00:24:56.05</b>	+00:08:41	4:54	12.2
320	<b>NAGORZYSKI Arkadiusz</b>	<b>1205</b>		M-30	108	00:00:08	<b>00:24:32.35</b>	<b>00:24:41.05</b>	+00:08:41	4:54	12.2
321	<b>NAGORZYSKA Sylwia</b>	<b>1206</b>		K-30	16	00:00:08	<b>00:24:32.50</b>	<b>00:24:40.70</b>	+00:08:42	4:54	12.2
322	<b>ZUPA Wojciech</b>	<b>1394</b>	SISU-OWB TEAM	M-50	16	00:00:37	<b>00:24:32.85</b>	<b>00:25:10.00</b>	+00:08:42	4:54	12.2
323	<b>GANDZIAROWSKA Anna</b>	<b>156</b>		K-20	12	00:00:14	<b>00:24:34.00</b>	<b>00:24:48.10</b>	+00:08:43	4:54	12.2
324	<b>RASZEWSKI Sebastian</b>	<b>942</b>		M-30	109	00:00:22	<b>00:24:35.90</b>	<b>00:24:58.80</b>	+00:08:45	4:55	12.2
325	<b>UMIŃSKI Robert</b>	<b>20</b>		M-30	110	00:00:14	<b>00:24:36.45</b>	<b>00:24:50.75</b>	+00:08:45	4:55	12.2
326	<b>KIEDROWSKI Cezary</b>	<b>457</b>		M-10	18	00:00:25	<b>00:24:37.20</b>	<b>00:25:02.95</b>	+00:08:46	4:55	12.2
327	<b>PSZCZOLIŃSKI Adam</b>	<b>904</b>	ŚWSZCZAŃCE SZPRYCHY	M-40	76	00:01:30	<b>00:24:37.75</b>	<b>00:26:08.40</b>	+00:08:47	4:55	12.2
328	<b>STEJUK Jan</b>	<b>1011</b>	AMS TRIATHLON	M-10	19	00:00:16	<b>00:24:38.10</b>	<b>00:24:54.10</b>	+00:08:47	4:55	12.2
329	<b>BĄBOLEWSKI Łukasz</b>	<b>106</b>	WĘCEJSPRZĘTUNIŹTALENTU	M-30	111	00:00:25	<b>00:24:38.75</b>	<b>00:25:04.20</b>	+00:08:48	4:55	12.2
330	<b>WILCZYŃSKI Jacek</b>	<b>766</b>		M-40	77	00:00:13	<b>00:24:38.95</b>	<b>00:24:52.90</b>	+00:08:48	4:55	12.2
331	<b>POLIWODZIŃSKI Michał</b>	<b>1342</b>	KS WSEŁKA BYDGOSZCZ-FORDON	M-40	78	00:00:26	<b>00:24:39.65</b>	<b>00:25:05.85</b>	+00:08:49	4:55	12.2
332	<b>HAJNCE Michalina</b>	<b>429</b>		K-20	13	00:00:14	<b>00:24:40.60</b>	<b>00:24:55.05</b>	+00:08:50	4:56	12.2
333	<b>STASIEWSKI Mariusz</b>	<b>433</b>	TRISPACE / TRECK	M-40	79	00:00:33	<b>00:24:41.00</b>	<b>00:25:14.15</b>	+00:08:50	4:56	12.2
334	<b>BURCHARDT Remigiusz</b>	<b>612</b>	NIEZNISZCZALNI	M-30	112	00:00:55	<b>00:24:41.90</b>	<b>00:25:37.20</b>	+00:08:51	4:56	12.1
335	<b>SZYM CZAK Sandra</b>	<b>611</b>	NIEZNISZCZALNI	K-20	14	00:00:54	<b>00:24:42.40</b>	<b>00:25:37.20</b>	+00:08:51	4:56	12.1
336	<b>SIKORSKI Norbert</b>	<b>716</b>		M-40	80	00:00:29	<b>00:24:42.45</b>	<b>00:25:11.90</b>	+00:08:51	4:56	12.1
337	<b>ZABORNIAK Zbigniew</b>	<b>927</b>		M-30	113	00:01:09	<b>00:24:43.30</b>	<b>00:25:52.35</b>	+00:08:52	4:56	12.1
338	<b>KONDEK Jakub</b>	<b>10</b>		M-40	81	00:00:22	<b>00:24:44.25</b>	<b>00:25:06.65</b>	+00:08:53	4:56	12.1
339	<b>WAJER Marita</b>	<b>171</b>		K-20	15	00:00:18	<b>00:24:44.70</b>	<b>00:25:03.40</b>	+00:08:54	4:57	12.1
340	<b>ŁOBOCKI Krzysztof</b>	<b>428</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	114	00:00:31	<b>00:24:45.85</b>	<b>00:25:17.35</b>	+00:08:55	4:57	12.1
341	<b>HORYD Justyna</b>	<b>60</b>		K-40	8	00:00:11	<b>00:24:46.00</b>	<b>00:24:57.35</b>	+00:08:55	4:57	12.1
342	<b>POPIELARZ Robert</b>	<b>13</b>	WKURW_TEAM	M-50	17	00:00:09	<b>00:24:46.10</b>	<b>00:24:55.70</b>	+00:08:55	4:57	12.1
343	<b>AUGUSTYNI AK Adrian</b>	<b>1023</b>		M-20	64	00:00:28	<b>00:24:46.55</b>	<b>00:25:15.50</b>	+00:08:56	4:57	12.1
344	<b>KOPACZ Arkadiusz</b>	<b>962</b>		M-20	65	00:00:41	<b>00:24:47.15</b>	<b>00:25:28.40</b>	+00:08:56	4:57	12.1



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
345	<b>MAZIARCZYK Kasia</b>	<b>1021</b>		K-20	16	00:00:27	<b>00:24:47.50</b>	<b>00:25:15.20</b>	+00:08:57	4:57	12.1
346	<b>DAMBECKI Piotr</b>	<b>1084</b>		M-40	82	00:00:13	<b>00:24:48.10</b>	<b>00:25:01.95</b>	+00:08:57	4:57	12.1
347	<b>DUDEK Dawid</b>	<b>133</b>	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M-30	115	00:00:12	<b>00:24:48.25</b>	<b>00:25:00.40</b>	+00:08:57	4:57	12.1
347	<b>SZUBERSKI Michał</b>	<b>1046</b>		M-40	83	00:00:57	<b>00:24:48.25</b>	<b>00:25:45.75</b>	+00:08:57	4:57	12.1
349	<b>LEBIECKI Paweł</b>	<b>1393</b>		M-30	116	00:00:41	<b>00:24:48.70</b>	<b>00:25:29.85</b>	+00:08:58	4:57	12.1
350	<b>GLINKOWSKI Dariusz</b>	<b>535</b>		M-30	117	00:00:34	<b>00:24:49.15</b>	<b>00:25:23.45</b>	+00:08:58	4:57	12.1
351	<b>ANGLART Roman</b>	<b>292</b>	RUN PASJA	M-50	18	00:00:32	<b>00:24:49.40</b>	<b>00:25:21.95</b>	+00:08:58	4:57	12.1
352	<b>CHONCHERA Tomasz</b>	<b>416</b>		M-30	118	00:00:32	<b>00:24:49.50</b>	<b>00:25:21.70</b>	+00:08:59	4:57	12.1
353	<b>DEKOWSKA Anna</b>	<b>584</b>		K-30	17	00:00:13	<b>00:24:49.55</b>	<b>00:25:02.80</b>	+00:08:59	4:57	12.1
354	<b>ZBORAŁA Mateusz</b>	<b>388</b>	SZKOŁA JAZDY TOMAS	M-20	66	00:00:11	<b>00:24:50.30</b>	<b>00:25:01.65</b>	+00:08:59	4:58	12.1
355	<b>ZIMOSZ Wiktoria</b>	<b>1427</b>		K-20	17	00:00:33	<b>00:24:50.40</b>	<b>00:25:24.20</b>	+00:08:59	4:58	12.1
356	<b>KUJAWA Piotr</b>	<b>1310</b>		M-10	20	00:01:27	<b>00:24:50.55</b>	<b>00:26:18.45</b>	+00:09:00	4:58	12.1
357	<b>KUJAWA Piotr</b>	<b>1305</b>		M-40	84	00:01:27	<b>00:24:51.05</b>	<b>00:26:18.45</b>	+00:09:00	4:58	12.1
358	<b>ZNANIECKI Wojciech</b>	<b>300</b>	BYDGOSZCZ NA START	M-30	119	00:00:28	<b>00:24:51.45</b>	<b>00:25:20.20</b>	+00:09:00	4:58	12.1
359	<b>RATAJ Krzysztof</b>	<b>119</b>	KS POLONIA BYDGOSZCZ SEKCJA LA	M-30	120	00:00:15	<b>00:24:51.95</b>	<b>00:25:07.00</b>	+00:09:01	4:58	12.1
360	<b>BIAŁOUS Krzysztof</b>	<b>1024</b>	NIEZRZESZONY	M-50	19	00:00:18	<b>00:24:52.00</b>	<b>00:25:10.95</b>	+00:09:01	4:58	12.1
361	<b>KUNDE Tomasz</b>	<b>1465</b>		M-20	67	00:00:11	<b>00:24:52.35</b>	<b>00:25:04.20</b>	+00:09:01	4:58	12.1
362	<b>ŁUKASZEK Marek</b>	<b>73</b>	WATAHA BYDGOSZCZ	M-30	121	00:01:46	<b>00:24:52.70</b>	<b>00:26:38.75</b>	+00:09:02	4:58	12.1
362	<b>ZGÓRECKI Marcel</b>	<b>1035</b>		M-10	21	00:00:21	<b>00:24:52.70</b>	<b>00:25:14.35</b>	+00:09:02	4:58	12.1
364	<b>ŚWIETLIK Michalina</b>	<b>326</b>		K-30	18	00:00:21	<b>00:24:52.95</b>	<b>00:25:14.15</b>	+00:09:02	4:58	12.1
365	<b>STĘŻEWSKA Emilia</b>	<b>1322</b>		K-20	18	00:00:25	<b>00:24:53.70</b>	<b>00:25:19.25</b>	+00:09:03	4:58	12
366	<b>LEWANDOWSKI Adam</b>	<b>378</b>	COOKIETEAMRUNNERS	M-50	20	00:01:08	<b>00:24:53.75</b>	<b>00:26:01.95</b>	+00:09:03	4:58	12.1
367	<b>ŁUKASZEWICZ Dawid</b>	<b>1220</b>		M-30	122	00:01:17	<b>00:24:53.95</b>	<b>00:26:11.35</b>	+00:09:03	4:58	12
368	<b>WIELGOSZ Krzysztof</b>	<b>1321</b>		M-20	68	00:00:25	<b>00:24:54.40</b>	<b>00:25:19.85</b>	+00:09:03	4:58	12
369	<b>TWARDOWSKI Bartosz</b>	<b>665</b>		M-30	123	00:00:33	<b>00:24:54.55</b>	<b>00:25:28.35</b>	+00:09:04	4:59	12
370	<b>BAKOWSKI Dawid</b>	<b>833</b>		M-30	124	00:00:20	<b>00:24:56.05</b>	<b>00:25:16.15</b>	+00:09:05	4:59	12
371	<b>MAŁKIŃSKA-BIĘGA Dorota</b>	<b>834</b>		K-30	19	00:00:19	<b>00:24:56.20</b>	<b>00:25:15.70</b>	+00:09:05	4:59	12
372	<b>AFELT Jarosław</b>	<b>839</b>		M-30	125	00:01:07	<b>00:24:57.60</b>	<b>00:26:05.35</b>	+00:09:07	4:59	12
373	<b>GNIOT Henryk</b>	<b>954</b>		M-40	85	00:00:26	<b>00:24:58.35</b>	<b>00:25:25.00</b>	+00:09:07	4:59	12
374	<b>STEJUK Antoni</b>	<b>1012</b>	AMS TRIATHLON	M-10	22	00:00:16	<b>00:24:58.65</b>	<b>00:25:14.75</b>	+00:09:08	4:59	12
375	<b>MAJCHRZAK Michał</b>	<b>1369</b>		M-30	126	00:00:07	<b>00:24:58.75</b>	<b>00:25:06.15</b>	+00:09:08	4:59	12
376	<b>SOBCZYŃSKI Michał</b>	<b>851</b>		M-30	127	00:00:38	<b>00:24:59.00</b>	<b>00:25:37.70</b>	+00:09:08	4:59	12
377	<b>KRUCZKOWSKI Adam</b>	<b>1362</b>		M-40	86	00:00:07	<b>00:24:59.15</b>	<b>00:25:06.40</b>	+00:09:08	4:59	12
378	<b>GROBELNA Angelika</b>	<b>152</b>	BYDGOSZCZ NA START	K-40	9	00:01:07	<b>00:24:59.30</b>	<b>00:26:07.25</b>	+00:09:08	5:00	12
378	<b>CHOJNACKI Arkadiusz</b>	<b>1137</b>	NIGHT RUNNERS	M-20	69	00:00:43	<b>00:24:59.30</b>	<b>00:25:42.40</b>	+00:09:08	4:59	12
380	<b>GOŚCIŃSKI Cezary</b>	<b>1160</b>	FIZJOGO	M-20	70	00:01:07	<b>00:24:59.85</b>	<b>00:26:07.30</b>	+00:09:09	5:00	12
381	<b>ORZAŁKIEWICZ Agata</b>	<b>380</b>	ZIELONY PELIKAN	K-20	19	00:00:32	<b>00:25:00.60</b>	<b>00:25:33.05</b>	+00:09:10	5:00	12
382	<b>NALEWALSKA Justyna</b>	<b>3</b>	SERCE TYBETU/ WKURW_TEAM	K-30	20	00:00:21	<b>00:25:01.70</b>	<b>00:25:22.75</b>	+00:09:11	5:00	12
383	<b>KONWIŃSKI Daniel</b>	<b>349</b>	SELEKCJA NATURALNA	M-30	128	00:01:40	<b>00:25:01.80</b>	<b>00:26:42.20</b>	+00:09:11	5:00	12
384	<b>GRAJEWSKI Tomasz</b>	<b>1418</b>		M-30	129	00:01:45	<b>00:25:03.05</b>	<b>00:26:48.95</b>	+00:09:12	5:00	12
385	<b>ULATOWSKA Sylwia</b>	<b>1166</b>		K-30	21	00:00:34	<b>00:25:03.75</b>	<b>00:25:38.30</b>	+00:09:13	5:00	12
386	<b>JAŻWIŃSKI Janusz</b>	<b>682</b>		M-20	71	00:00:09	<b>00:25:04.70</b>	<b>00:25:14.00</b>	+00:09:14	5:01	12
387	<b>GŁOWIŃSKI Piotr</b>	<b>1037</b>		M-40	87	00:01:41	<b>00:25:06.55</b>	<b>00:26:48.10</b>	+00:09:16	5:01	11.9
388	<b>ŚWIETLIK Piotr</b>	<b>260</b>		M-50	21	00:00:36	<b>00:25:07.15</b>	<b>00:25:43.65</b>	+00:09:16	5:01	11.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
389	<b>JELEŃ-KOTLAREK Agnieszka</b>	<b>40</b>	VEGE RUNNERS	K-30	22	00:00:20	<b>00:25:08.40</b>	<b>00:25:28.85</b>	+00:09:17	5:01	11.9
390	<b>DANIELEK Piotr</b>	<b>27</b>	RUNŻÓŁWK	M-40	88	00:00:18	<b>00:25:08.75</b>	<b>00:25:27.70</b>	+00:09:18	5:01	11.9
390	<b>TADRZAK Michał</b>	<b>779</b>		M-30	130	00:01:11	<b>00:25:08.75</b>	<b>00:26:20.60</b>	+00:09:18	5:01	11.9
392	<b>BEBYN Aneta</b>	<b>1004</b>		K-40	10	00:00:40	<b>00:25:09.75</b>	<b>00:25:50.35</b>	+00:09:19	5:02	11.9
393	<b>RYDLICHOWSKI Hubert</b>	<b>763</b>		M-20	72	00:00:42	<b>00:25:10.30</b>	<b>00:25:52.85</b>	+00:09:19	5:02	11.9
394	<b>KALA Michał</b>	<b>1421</b>		M-30	131	00:00:58	<b>00:25:11.50</b>	<b>00:26:10.35</b>	+00:09:21	5:02	11.9
395	<b>BURNICKI Mariusz</b>	<b>1296</b>	BYDGOSKI KLUB MORSÓW	M-50	22	00:00:07	<b>00:25:11.95</b>	<b>00:25:19.50</b>	+00:09:21	5:02	11.9
396	<b>SUCHOMSKA Beata</b>	<b>1226</b>		K-40	11	00:00:41	<b>00:25:12.35</b>	<b>00:25:53.45</b>	+00:09:21	5:02	11.9
397	<b>WEYNA Piotr</b>	<b>1500</b>		M-30	132	00:01:12	<b>00:25:12.40</b>	<b>00:26:24.40</b>	+00:09:21	5:02	11.9
398	<b>KOZIŃSKA Agata</b>	<b>1492</b>	RUN PASJA	K-30	23	00:00:18	<b>00:25:12.45</b>	<b>00:25:30.50</b>	+00:09:21	5:02	11.9
399	<b>ANTONCZYK Piotr</b>	<b>629</b>	NFIU POL	M-30	133	00:00:28	<b>00:25:14.20</b>	<b>00:25:42.25</b>	+00:09:23	5:02	11.9
400	<b>SAWECKI Adrian</b>	<b>601</b>		M-40	89	00:00:27	<b>00:25:14.75</b>	<b>00:25:42.70</b>	+00:09:24	5:03	11.9
401	<b>GŁOWACKI Tomek</b>	<b>652</b>		M-40	90	00:00:10	<b>00:25:15.95</b>	<b>00:25:26.35</b>	+00:09:25	5:03	11.9
402	<b>BEJFUS Łukasz</b>	<b>944</b>	SKURCZ	M-20	73	00:00:48	<b>00:25:16.45</b>	<b>00:26:04.60</b>	+00:09:25	5:03	11.9
403	<b>FRANCIS Khalil</b>	<b>460</b>	ZIELONY PELIKAN	M-30	134	00:01:05	<b>00:25:16.65</b>	<b>00:26:22.45</b>	+00:09:26	5:03	11.9
404	<b>BEŁKA-SIEMION Aneta</b>	<b>1073</b>		K-40	12	00:00:22	<b>00:25:17.50</b>	<b>00:25:40.25</b>	+00:09:27	5:03	11.9
405	<b>KRAJNIK Wojciech</b>	<b>797</b>	PARKRUN GRUDZIĄDZ	M-30	135	00:01:17	<b>00:25:17.55</b>	<b>00:26:35.00</b>	+00:09:27	5:03	11.9
406	<b>POTRZEBOWSKA Agata</b>	<b>607</b>	#B3K I DEAF	K-30	24	00:00:29	<b>00:25:18.25</b>	<b>00:25:47.50</b>	+00:09:27	5:03	11.9
407	<b>GŁOWACKI Damian</b>	<b>986</b>	PETARDA TEAM	M-20	74	00:01:26	<b>00:25:18.80</b>	<b>00:26:44.85</b>	+00:09:28	5:03	11.9
408	<b>KONARSKA Svetlana</b>	<b>1439</b>		K-40	13	00:00:40	<b>00:25:20.70</b>	<b>00:26:01.25</b>	+00:09:30	5:04	11.8
409	<b>BIAŁOWAŚ Dariusz</b>	<b>1493</b>		M-40	91	00:01:03	<b>00:25:22.00</b>	<b>00:26:25.20</b>	+00:09:31	5:04	11.8
410	<b>CZAJA Jarosław</b>	<b>287</b>		M-40	92	00:00:46	<b>00:25:24.55</b>	<b>00:26:10.95</b>	+00:09:34	5:04	11.8
411	<b>MARCHEL Leszek</b>	<b>1041</b>	KMW	M-50	23	00:00:39	<b>00:25:24.70</b>	<b>00:26:04.40</b>	+00:09:34	5:05	11.8
412	<b>JAŻWIŃSKA Michalina</b>	<b>225</b>		K-20	20	00:00:16	<b>00:25:26.90</b>	<b>00:25:43.80</b>	+00:09:36	5:05	11.8
413	<b>LEWANDOWSKA Anna</b>	<b>937</b>		K-40	14	00:01:30	<b>00:25:28.05</b>	<b>00:26:59.00</b>	+00:09:37	5:05	11.8
414	<b>SZUMIŃSKI Jan</b>	<b>1291</b>		M-60+	3	00:00:06	<b>00:25:29.25</b>	<b>00:25:36.10</b>	+00:09:38	5:06	11.8
414	<b>JANKOWSKI Łukasz</b>	<b>1347</b>		M-20	75	00:00:53	<b>00:25:29.25</b>	<b>00:26:22.45</b>	+00:09:38	5:05	11.8
416	<b>SZYMCZAK Piotr</b>	<b>1380</b>		M-40	93	00:00:26	<b>00:25:30.75</b>	<b>00:25:57.20</b>	+00:09:40	5:06	11.8
417	<b>CHLEBOROWICZ Marcin</b>	<b>677</b>	3GRAVITY	M-30	136	00:00:30	<b>00:25:31.40</b>	<b>00:26:01.65</b>	+00:09:40	5:06	11.8
418	<b>KARPIŃSKI Łukasz</b>	<b>184</b>		M-40	94	00:00:25	<b>00:25:31.45</b>	<b>00:25:56.90</b>	+00:09:40	5:06	11.8
419	<b>ZDROJEWSKI Mirosław</b>	<b>362</b>		M-50	24	00:01:32	<b>00:25:32.00</b>	<b>00:27:04.30</b>	+00:09:41	5:06	11.7
420	<b>PACZKOWSKI Mirosław</b>	<b>1399</b>	CB163	M-40	95	00:01:13	<b>00:25:32.35</b>	<b>00:26:45.45</b>	+00:09:41	5:06	11.7
421	<b>WOJCIESZAK Dariusz</b>	<b>987</b>		M-50	25	00:00:30	<b>00:25:34.10</b>	<b>00:26:04.60</b>	+00:09:43	5:06	11.7
422	<b>KRYSTOFIŃSKA Aneta</b>	<b>441</b>		K-20	21	00:01:23	<b>00:25:35.10</b>	<b>00:26:58.55</b>	+00:09:44	5:07	11.7
423	<b>KARSKI Krzysztof</b>	<b>907</b>		M-10	23	00:00:41	<b>00:25:36.60</b>	<b>00:26:18.45</b>	+00:09:46	5:07	11.7
424	<b>WALCZAK Marcin</b>	<b>1061</b>		M-30	137	00:00:42	<b>00:25:37.15</b>	<b>00:26:19.20</b>	+00:09:46	5:07	11.7
425	<b>GRACZYK Przemysław</b>	<b>573</b>		M-30	138	00:00:30	<b>00:25:37.25</b>	<b>00:26:07.45</b>	+00:09:46	5:07	11.7
426	<b>PIECZYŃSKA Joanna</b>	<b>1196</b>		K-30	25	00:01:06	<b>00:25:37.45</b>	<b>00:26:43.65</b>	+00:09:46	5:07	11.7
427	<b>TRUDNOWSKI Janusz</b>	<b>424</b>	RUN PASJA	M-60+	4	00:00:11	<b>00:25:38.00</b>	<b>00:25:49.65</b>	+00:09:47	5:07	11.7
428	<b>BORAKIEWICZ Natalia</b>	<b>659</b>		K-20	22	00:00:39	<b>00:25:38.30</b>	<b>00:26:17.35</b>	+00:09:47	5:07	11.7
429	<b>KOLIŃSKA Sylwia</b>	<b>676</b>		K-40	15	00:00:39	<b>00:25:38.50</b>	<b>00:26:17.65</b>	+00:09:48	5:07	11.7
430	<b>ZALEWSKA Paulina</b>	<b>761</b>		K-10	7	00:00:23	<b>00:25:38.70</b>	<b>00:26:02.45</b>	+00:09:48	5:07	11.7
431	<b>CHODUR Agnieszka</b>	<b>211</b>	BYDGOSZCZ NA START	K-40	16	00:01:11	<b>00:25:40.45</b>	<b>00:26:51.85</b>	+00:09:49	5:08	11.7
432	<b>POTRZEBOWSKI Marek</b>	<b>477</b>	#B3K I DEAF	M-30	139	00:00:29	<b>00:25:40.60</b>	<b>00:26:10.50</b>	+00:09:50	5:08	11.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
433	<b>PRZYBYŁA Agnieszka</b>	<b>1271</b>		K-30	26	00:01:13	<b>00:25:41.30</b>	<b>00:26:54.60</b>	+00:09:50	5:08	11.7
434	<b>KALKA Michalina</b>	<b>990</b>	BIEGAJ Z DĘBAMI	K-10	8	00:00:32	<b>00:25:43.85</b>	<b>00:26:16.55</b>	+00:09:53	5:08	11.7
435	<b>WOLAK Piotr</b>	<b>1470</b>		M-30	140	00:00:28	<b>00:25:44.90</b>	<b>00:26:13.75</b>	+00:09:54	5:09	11.7
436	<b>BARANOWICZ Bartosz</b>	<b>1001</b>	LOBART MEBLE	M-40	96	00:00:31	<b>00:25:45.00</b>	<b>00:26:16.65</b>	+00:09:54	5:09	11.7
437	<b>PYJOS Rafał</b>	<b>1304</b>	TEAM GARDONIX	M-30	141	00:00:52	<b>00:25:45.25</b>	<b>00:26:37.50</b>	+00:09:54	5:09	11.7
438	<b>ŚWIETLIK Grzegorz</b>	<b>323</b>		M-30	142	00:00:21	<b>00:25:45.80</b>	<b>00:26:07.00</b>	+00:09:55	5:09	11.6
439	<b>JESKE Marek</b>	<b>1446</b>	RUN BYDGOSZCZ	M-40	97	00:00:38	<b>00:25:46.45</b>	<b>00:26:25.10</b>	+00:09:55	5:09	11.6
440	<b>KWASEK Wojciech</b>	<b>898</b>	KABEL TEAM BYDGOSZCZ	M-50	26	00:00:32	<b>00:25:47.05</b>	<b>00:26:19.10</b>	+00:09:56	5:09	11.6
441	<b>CZAJKA Benjamin</b>	<b>692</b>	ŁABISZYRUNNERS	M-10	24	00:01:10	<b>00:25:47.15</b>	<b>00:26:57.30</b>	+00:09:56	5:09	11.6
442	<b>PAWLEWSKA Joanna</b>	<b>950</b>	SPORTWAY	K-40	17	00:00:23	<b>00:25:47.40</b>	<b>00:26:10.80</b>	+00:09:56	5:09	11.6
443	<b>NURKIEWICZ Jarosław</b>	<b>384</b>	KUNG FU PANDY 3	M-40	98	00:00:38	<b>00:25:47.75</b>	<b>00:26:25.85</b>	+00:09:57	5:09	11.6
444	<b>KRAJDA Piotr</b>	<b>1495</b>	BBL BYDGOSZCZ	M-40	99	00:00:30	<b>00:25:49.05</b>	<b>00:26:19.10</b>	+00:09:58	5:09	11.6
445	<b>DĄBROWSKI Michał</b>	<b>555</b>		M-30	143	00:01:16	<b>00:25:49.30</b>	<b>00:27:05.45</b>	+00:09:58	5:09	11.6
446	<b>WOŹNIAK Anna</b>	<b>120</b>		K-40	18	00:00:18	<b>00:25:49.65</b>	<b>00:26:08.15</b>	+00:09:59	5:10	11.6
447	<b>NAWROCKI Dariusz</b>	<b>194</b>	VAUPE TEAM	M-50	27	00:01:52	<b>00:25:49.95</b>	<b>00:27:42.00</b>	+00:09:59	5:10	11.6
448	<b>ZIELIŃSKI Radosław</b>	<b>198</b>		M-30	144	00:01:27	<b>00:25:50.10</b>	<b>00:27:17.35</b>	+00:09:59	5:10	11.6
449	<b>WOSZCZYK Agnieszka</b>	<b>666</b>		K-20	23	00:00:18	<b>00:25:51.15</b>	<b>00:26:10.00</b>	+00:10:00	5:10	11.6
450	<b>WARMBIER Andrzej</b>	<b>1385</b>		M-50	28	00:00:17	<b>00:25:51.80</b>	<b>00:26:09.05</b>	+00:10:01	5:10	11.6
451	<b>GNIOT Bożena</b>	<b>953</b>		K-30	27	00:00:26	<b>00:25:52.45</b>	<b>00:26:18.90</b>	+00:10:01	5:10	11.6
452	<b>MICHNIEWICZ Marta</b>	<b>1045</b>	SUCHAREM ZASIAŁ	K-30	28	00:00:42	<b>00:25:53.00</b>	<b>00:26:35.40</b>	+00:10:02	5:10	11.6
453	<b>BAGNIEWSKA Małgorzata</b>	<b>972</b>		K-20	24	00:00:49	<b>00:25:53.05</b>	<b>00:26:42.30</b>	+00:10:02	5:10	11.6
454	<b>BRZOZOWSKI Marek</b>	<b>868</b>		M-50	29	00:00:31	<b>00:25:53.35</b>	<b>00:26:25.20</b>	+00:10:02	5:10	11.6
455	<b>GUTKOWSKA Agnieszka</b>	<b>104</b>		K-30	29	00:00:18	<b>00:25:54.70</b>	<b>00:26:12.75</b>	+00:10:04	5:10	11.6
456	<b>BYSTREK Jarosław</b>	<b>553</b>		M-40	100	00:01:26	<b>00:25:54.85</b>	<b>00:27:20.90</b>	+00:10:04	5:10	11.6
457	<b>ŁABENDA Piotr</b>	<b>970</b>	TERENOWA MASAKRA TEAM	M-40	101	00:00:40	<b>00:25:55.10</b>	<b>00:26:35.75</b>	+00:10:04	5:11	11.6
458	<b>KUNDE Adam</b>	<b>1462</b>		M-50	30	00:00:38	<b>00:25:55.30</b>	<b>00:26:33.90</b>	+00:10:04	5:11	11.6
459	<b>GORCZYCA Rafał</b>	<b>992</b>		M-40	102	00:01:46	<b>00:25:55.55</b>	<b>00:27:42.05</b>	+00:10:05	5:11	11.6
460	<b>PRZYBYLSKI Mariusz</b>	<b>98</b>	BYDGOSZCZ NA STRART	M-50	31	00:01:09	<b>00:25:55.75</b>	<b>00:27:05.60</b>	+00:10:05	5:11	11.6
461	<b>RUCIŃSKI Rafał</b>	<b>269</b>	SELEKCJA NATURALNA	M-30	145	00:01:37	<b>00:25:56.35</b>	<b>00:27:33.50</b>	+00:10:05	5:11	11.6
462	<b>PALACZ Wioletta</b>	<b>344</b>	POLONIA BYDGOSZCZ SLA	K-40	19	00:00:52	<b>00:25:57.35</b>	<b>00:26:49.65</b>	+00:10:06	5:11	11.6
463	<b>SZYPERSKA Martyna</b>	<b>844</b>	LOTTO BYDGOSTIA	K-10	9	00:00:11	<b>00:25:57.70</b>	<b>00:26:09.15</b>	+00:10:07	5:11	11.6
464	<b>KODRANC Michał</b>	<b>913</b>	TYPYGRUBE	M-30	146	00:01:05	<b>00:25:57.95</b>	<b>00:27:03.40</b>	+00:10:07	5:11	11.6
465	<b>ŻEBRACKI Artur</b>	<b>1307</b>	AUTO GAZ FORDON	M-30	147	00:00:27	<b>00:25:58.50</b>	<b>00:26:26.40</b>	+00:10:08	5:11	11.5
466	<b>BADZIĄG Paweł</b>	<b>626</b>	MUMINKI TEAM	M-20	76	00:00:53	<b>00:25:59.90</b>	<b>00:26:53.10</b>	+00:10:09	5:12	11.5
467	<b>KALACZYŃSKI Grzegorz</b>	<b>419</b>		M-40	103	00:01:11	<b>00:25:59.95</b>	<b>00:27:11.65</b>	+00:10:09	5:12	11.5
468	<b>GUMMER Andrzej</b>	<b>664</b>	3GRAVITY	M-30	148	00:00:29	<b>00:26:00.65</b>	<b>00:26:30.40</b>	+00:10:10	5:12	11.5
469	<b>DOMEK Aleksander</b>	<b>1463</b>		M-30	149	00:00:45	<b>00:26:01.80</b>	<b>00:26:46.90</b>	+00:10:11	5:12	11.5
470	<b>BRZOZOWSKI Krzysztof</b>	<b>38</b>		M-30	150	00:00:57	<b>00:26:02.55</b>	<b>00:27:00.05</b>	+00:10:12	5:12	11.5
471	<b>KRAJEWSKI Tomek</b>	<b>1169</b>	DOSTAWCY PRAĐU AKUMAR	M-30	151	00:01:15	<b>00:26:04.70</b>	<b>00:27:20.55</b>	+00:10:14	5:13	11.5
472	<b>MYŚLIŃSKI Kamil</b>	<b>1452</b>		M-10	25	00:00:11	<b>00:26:05.20</b>	<b>00:26:16.95</b>	+00:10:14	5:13	11.5
473	<b>KLIMKOWSKI Mateusz</b>	<b>1467</b>	DECATHLON TRIATHLON TEAM	M-20	77	00:00:31	<b>00:26:05.85</b>	<b>00:26:37.45</b>	+00:10:15	5:13	11.5
474	<b>BEBYN Marek</b>	<b>949</b>		M-20	78	00:00:51	<b>00:26:06.55</b>	<b>00:26:57.75</b>	+00:10:16	5:13	11.5
475	<b>ŚLEDZIŃSKA Paulina</b>	<b>948</b>		K-20	25	00:00:51	<b>00:26:06.70</b>	<b>00:26:58.05</b>	+00:10:16	5:13	11.5
476	<b>ZAMIATOWSKA Kinga</b>	<b>1031</b>	BELLA LINE BDG	K-40	20	00:00:26	<b>00:26:06.75</b>	<b>00:26:33.35</b>	+00:10:16	5:13	11.5
477	<b>SZULC Radek</b>	<b>1202</b>		M-30	152	00:00:41	<b>00:26:07.60</b>	<b>00:26:49.05</b>	+00:10:17	5:13	11.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
478	<b>PIERZGALSKI Jarek</b>	<b>78</b>		M-40	104	00:00:35	<b>00:26:08.25</b>	<b>00:26:44.15</b>	+00:10:17	5:13	11.5
479	<b>FURMAN Paweł</b>	<b>654</b>		M-30	153	00:01:28	<b>00:26:09.00</b>	<b>00:27:37.65</b>	+00:10:18	5:13	11.5
480	<b>PYTLIŃSKI Paweł</b>	<b>935</b>	BYDGOSKIE ŻÓŁWIE	M-40	105	00:01:26	<b>00:26:09.45</b>	<b>00:27:36.40</b>	+00:10:18	5:14	11.5
481	<b>PAŁCZYŃSKI Piotr</b>	<b>831</b>		M-30	154	00:01:08	<b>00:26:10.05</b>	<b>00:27:18.40</b>	+00:10:19	5:14	11.5
482	<b>SIELSKI Kamil</b>	<b>1341</b>	KS WSEŁKA BYDGOSZCZ - FORDON	M-30	155	00:00:28	<b>00:26:11.75</b>	<b>00:26:40.30</b>	+00:10:21	5:14	11.5
483	<b>BOULGE Beata</b>	<b>915</b>		K-40	21	00:00:32	<b>00:26:11.90</b>	<b>00:26:44.75</b>	+00:10:21	5:14	11.5
483	<b>LUDKOWSKI Filip</b>	<b>931</b>		M-10	26	00:00:10	<b>00:26:11.90</b>	<b>00:26:22.05</b>	+00:10:21	5:14	11.5
485	<b>STANISŁAWSKI Zdzisław</b>	<b>917</b>		M-60+	5	00:00:32	<b>00:26:12.40</b>	<b>00:26:44.85</b>	+00:10:21	5:14	11.5
486	<b>JĘDRZEJEWSKI Adrian</b>	<b>1269</b>		M-30	156	00:00:33	<b>00:26:12.60</b>	<b>00:26:46.00</b>	+00:10:22	5:14	11.4
487	<b>RUTKOWSKI Kamil</b>	<b>1454</b>		M-10	27	00:00:11	<b>00:26:14.90</b>	<b>00:26:26.85</b>	+00:10:24	5:15	11.4
488	<b>GÓRSKI Łukasz</b>	<b>526</b>	HARPAGAN TEAM BYDGOSZCZ	M-30	157	00:00:49	<b>00:26:15.35</b>	<b>00:27:04.60</b>	+00:10:24	5:15	11.4
489	<b>GOŚCINNY Michał</b>	<b>456</b>		M-30	158	00:00:25	<b>00:26:15.60</b>	<b>00:26:40.60</b>	+00:10:25	5:15	11.4
490	<b>KULPA Szymon</b>	<b>502</b>		M-30	159	00:01:22	<b>00:26:17.80</b>	<b>00:27:40.40</b>	+00:10:27	5:15	11.4
491	<b>ZMUDZIŃSKI Łukasz</b>	<b>806</b>	BRAK	M-30	160	00:00:45	<b>00:26:18.05</b>	<b>00:27:03.40</b>	+00:10:27	5:15	11.4
492	<b>SOŚNICKI Bartosz</b>	<b>1232</b>		M-30	161	00:00:40	<b>00:26:18.10</b>	<b>00:26:58.65</b>	+00:10:27	5:15	11.4
493	<b>BARTCZAK Radosław</b>	<b>499</b>	CB163	M-30	162	00:01:23	<b>00:26:18.55</b>	<b>00:27:42.15</b>	+00:10:28	5:15	11.4
494	<b>TOMYS Julia</b>	<b>793</b>		K-20	26	00:00:37	<b>00:26:20.50</b>	<b>00:26:57.80</b>	+00:10:30	5:16	11.4
495	<b>SKŁADOWSKI Przemysław</b>	<b>792</b>		M-20	79	00:00:37	<b>00:26:20.75</b>	<b>00:26:57.90</b>	+00:10:30	5:16	11.4
496	<b>MISIAK Agata</b>	<b>1060</b>	WATAHA BYDGOSZCZ	K-20	27	00:01:42	<b>00:26:21.10</b>	<b>00:28:03.50</b>	+00:10:30	5:16	11.4
497	<b>SZALATY Michał</b>	<b>908</b>	CASTORAMA2	M-20	80	00:00:50	<b>00:26:21.25</b>	<b>00:27:11.45</b>	+00:10:30	5:16	11.4
498	<b>KOWALEWSKI Marcin</b>	<b>815</b>	CASTORAMA2	M-40	106	00:00:50	<b>00:26:21.80</b>	<b>00:27:12.70</b>	+00:10:31	5:16	11.4
499	<b>GRZELAK Łukasz</b>	<b>229</b>	BYDGOSZCZ NA START	M-40	107	00:01:12	<b>00:26:22.05</b>	<b>00:27:34.35</b>	+00:10:31	5:16	11.4
500	<b>PIETRZYKOWSKA Agnieszka</b>	<b>497</b>	ZIELONY PELIKAN	K-20	28	00:00:24	<b>00:26:22.85</b>	<b>00:26:47.60</b>	+00:10:32	5:16	11.4
501	<b>WSPÓLNIK Stanisław</b>	<b>1382</b>		M-60+	6	00:00:34	<b>00:26:23.40</b>	<b>00:26:58.25</b>	+00:10:32	5:16	11.4
502	<b>KARSKI Hubert</b>	<b>827</b>		M-60+	7	00:00:42	<b>00:26:23.80</b>	<b>00:27:05.85</b>	+00:10:33	5:16	11.4
503	<b>RECLAF Joanna</b>	<b>872</b>		K-10	10	00:00:48	<b>00:26:24.15</b>	<b>00:27:12.15</b>	+00:10:33	5:16	11.4
504	<b>ZIELIŃSKA Maria</b>	<b>630</b>		K-20	29	00:00:05	<b>00:26:24.25</b>	<b>00:26:29.35</b>	+00:10:33	5:16	11.4
505	<b>SIEKIERKA Jarosław</b>	<b>103</b>		M-30	163	00:00:22	<b>00:26:25.40</b>	<b>00:26:48.00</b>	+00:10:34	5:17	11.3
506	<b>KORNACKI Artur</b>	<b>523</b>	BEJBUSIE	M-40	108	00:00:09	<b>00:26:26.75</b>	<b>00:26:36.05</b>	+00:10:36	5:17	11.3
507	<b>KALEMBA Daria</b>	<b>1043</b>	LAUREOLA FITNESS	K-20	30	00:00:04	<b>00:26:28.05</b>	<b>00:26:32.30</b>	+00:10:37	5:17	11.3
508	<b>GĘSICKA Julia</b>	<b>1075</b>		K-10	11	00:00:23	<b>00:26:28.25</b>	<b>00:26:51.50</b>	+00:10:37	5:17	11.3
509	<b>PSZCZOLINSKI Maciej</b>	<b>909</b>		M-30	164	00:01:29	<b>00:26:29.30</b>	<b>00:27:58.85</b>	+00:10:38	5:17	11.3
510	<b>WIŚNIEWSKA Lucyna</b>	<b>203</b>	TRISPACE/TREK	K-50	2	00:00:30	<b>00:26:30.60</b>	<b>00:27:00.65</b>	+00:10:40	5:18	11.3
511	<b>WÓJCIK Piotr</b>	<b>283</b>		M-10	28	00:01:12	<b>00:26:31.05</b>	<b>00:27:43.95</b>	+00:10:40	5:18	11.3
512	<b>WIŚNIEWSKI Marek</b>	<b>381</b>		M-50	32	00:00:36	<b>00:26:31.10</b>	<b>00:27:07.45</b>	+00:10:40	5:18	11.3
513	<b>MAJEWSKA Monika</b>	<b>29</b>		K-30	30	00:00:12	<b>00:26:31.50</b>	<b>00:26:44.05</b>	+00:10:41	5:18	11.3
514	<b>KORZENIEWSKI Jacek</b>	<b>941</b>		M-30	165	00:00:38	<b>00:26:31.75</b>	<b>00:27:10.20</b>	+00:10:41	5:18	11.3
515	<b>LEWICKI Artur</b>	<b>750</b>	LEGE ARTIS	M-40	109	00:01:12	<b>00:26:31.85</b>	<b>00:27:44.40</b>	+00:10:41	5:18	11.3
516	<b>CIESIELSKI Adrian</b>	<b>596</b>		M-10	29	00:01:16	<b>00:26:33.00</b>	<b>00:27:49.40</b>	+00:10:42	5:18	11.3
517	<b>ORLIŃSKA Wiktoria</b>	<b>1072</b>		K-10	12	00:00:23	<b>00:26:33.50</b>	<b>00:26:57.00</b>	+00:10:43	5:18	11.3
518	<b>WANKIEWICZ Roksana</b>	<b>1192</b>	SZURUSIE TEAM	K-20	31	00:00:26	<b>00:26:36.20</b>	<b>00:27:02.50</b>	+00:10:45	5:19	11.3
519	<b>PACZKOWSKA Joanna</b>	<b>316</b>	TRISPACE TREK	K-30	31	00:00:33	<b>00:26:37.60</b>	<b>00:27:11.25</b>	+00:10:47	5:19	11.3
520	<b>KISIEL Krystian</b>	<b>311</b>	#KISIELKI	M-30	166	00:00:22	<b>00:26:37.65</b>	<b>00:27:00.45</b>	+00:10:47	5:19	11.3
521	<b>ROSZCZYŃIALA Marlena</b>	<b>1244</b>		K-40	22	00:00:26	<b>00:26:38.20</b>	<b>00:27:04.85</b>	+00:10:47	5:19	11.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
522	PASZKIET Witold	138		M-60+	8	00:01:19	00:26:38.30	00:27:57.90	+00:10:47	5:19	11.3
523	BINDEK Łukasz	1118		M-30	167	00:00:46	00:26:38.65	00:27:24.70	+00:10:48	5:19	11.3
524	JAGODZIŃSKI Karol	1313		M-50	33	00:01:18	00:26:39.20	00:27:57.55	+00:10:48	5:19	11.3
525	BRYLIŃSKI Jakub	1033		M-30	168	00:01:33	00:26:39.30	00:28:12.70	+00:10:48	5:19	11.3
526	CZYNSZ Łukasz	1029		M-30	169	00:01:16	00:26:39.45	00:27:55.75	+00:10:48	5:19	11.3
527	MICHNIEWICZ Piotr	1044	SUCHAREM ZASIAŁ	M-30	170	00:01:03	00:26:40.55	00:27:44.05	+00:10:50	5:20	11.2
528	KROPIDŁOWSKI Bartek	1098		M-30	171	00:00:10	00:26:40.95	00:26:51.50	+00:10:50	5:20	11.2
529	WOJTCZAK Adam	320		M-30	172	00:01:03	00:26:41.60	00:27:44.80	+00:10:51	5:20	11.2
530	DOMAŃSKI Marcin	511		M-30	173	00:01:17	00:26:41.90	00:27:59.85	+00:10:51	5:20	11.2
531	FABER Dawid	272	TRITATA	M-30	174	00:01:31	00:26:42.55	00:28:14.10	+00:10:52	5:20	11.2
532	KARSKI Marcin	896		M-40	110	00:00:41	00:26:43.25	00:27:24.90	+00:10:52	5:20	11.2
533	GRALAK Martyna	706	KYOKUSHIN BYDGOSZCZ	K-10	13	00:00:18	00:26:43.40	00:27:01.45	+00:10:52	5:20	11.2
534	SKUBISZEWSKI Damian	255	SELEKCJA NATURALNA	M-30	175	00:01:37	00:26:44.35	00:28:21.50	+00:10:53	5:20	11.2
535	SZCZĘSNY Arkadiusz	1057	DYNAMO SKARPA	M-40	111	00:00:43	00:26:45.00	00:27:28.80	+00:10:54	5:21	11.2
536	CZYŻEWSKA Justyna	467		K-30	32	00:00:38	00:26:45.15	00:27:23.70	+00:10:54	5:21	11.2
537	ROŚ Sławek	227	SELEKCJA NATURALNA	M-30	176	00:01:37	00:26:45.40	00:28:22.45	+00:10:54	5:21	11.2
538	WALCZAK Marcin	372		M-40	112	00:00:39	00:26:46.20	00:27:25.70	+00:10:55	5:21	11.2
539	STERING Kamila	93		K-20	32	00:00:48	00:26:46.35	00:27:35.05	+00:10:55	5:21	11.2
540	CIEŚLIK Tomasz	224		M-30	177	00:01:24	00:26:46.50	00:28:10.80	+00:10:56	5:21	11.2
541	GANCAREK Patryk	901	NIEMCZ	M-40	113	00:01:20	00:26:47.10	00:28:08.05	+00:10:56	5:21	11.2
542	SUSZEK Asia	127		K-30	33	00:00:56	00:26:48.90	00:27:45.65	+00:10:58	5:21	11.2
542	KULIKOWSKI Krystian	816	CASTORAMA2	M-30	178	00:00:50	00:26:48.90	00:27:39.30	+00:10:58	5:21	11.2
544	JENDRYKA Marcin	830	CASTORAMA2	M-40	114	00:00:50	00:26:49.15	00:27:39.35	+00:10:58	5:21	11.2
545	KLASIŃSKA Wiktoria	1184		K-10	14	00:00:23	00:26:49.35	00:27:12.60	+00:10:58	5:21	11.2
546	KUFLEWICZ Justyna	226		K-30	34	00:00:35	00:26:50.50	00:27:26.25	+00:11:00	5:22	11.2
547	ANDRZEJEWSKI Adam	1002		M-40	115	00:00:39	00:26:50.65	00:27:30.50	+00:11:00	5:22	11.2
548	WAWRZYŃIAK Andrzej	765	22.ODN	M-50	34	00:00:40	00:26:50.80	00:27:31.20	+00:11:00	5:22	11.2
549	RUDEWICZ Monika	1287		K-20	33	00:00:20	00:26:50.95	00:27:11.05	+00:11:00	5:22	11.2
550	KLIMCZYK Marcin	788		M-40	116	00:01:15	00:26:52.60	00:28:07.95	+00:11:02	5:22	11.2
551	DOBRZAŃSKI Dariusz	402	3GRAVITY	M-20	81	00:01:22	00:26:52.85	00:28:15.55	+00:11:02	5:22	11.2
552	STĘPIEŃ Monika	86		K-40	23	00:00:37	00:26:53.85	00:27:31.65	+00:11:03	5:22	11.2
553	TYCZKOWSKI Gracjan	599	VEGE RUNNERS	M-30	179	00:01:05	00:26:55.00	00:28:00.65	+00:11:04	5:23	11.1
554	BRZOZOWSKA Jolanta	658		K-50	3	00:00:30	00:26:55.65	00:27:26.35	+00:11:05	5:23	11.1
555	BRZÓSKA Kacper	1225		M-30	180	00:00:30	00:26:56.25	00:27:26.95	+00:11:05	5:23	11.1
556	LUTKOWSKI Dawid	930		M-40	117	00:00:10	00:26:57.50	00:27:08.05	+00:11:07	5:23	11.1
556	CHĘSY Jacek	1289		M-40	117	00:00:12	00:26:57.50	00:27:09.85	+00:11:07	5:23	11.1
558	DONIECKA Edyta	812	CASTORAMA2	K-30	35	00:00:49	00:27:01.05	00:27:50.20	+00:11:10	5:24	11.1
559	RASZEWSKI Szymon	943		M-20	82	00:00:23	00:27:01.35	00:27:25.00	+00:11:10	5:24	11.1
560	SOBALLA Adam	635	TYPYGRUBE	M-20	83	00:01:07	00:27:01.50	00:28:09.35	+00:11:11	5:24	11.1
561	WILCZYŃSKI Arkadiusz	757		M-30	181	00:00:18	00:27:02.65	00:27:21.15	+00:11:12	5:24	11.1
562	JACKOWIAK-ZALEWSKA Agnieszka	760		K-40	24	00:00:23	00:27:02.85	00:27:26.40	+00:11:12	5:24	11.1
563	PIETRASZAK Tomasz	19	RUN BYDGOSZCZ	M-40	119	00:00:45	00:27:03.00	00:27:48.80	+00:11:12	5:24	11.1
564	GARNIK Michalina	764		K-20	34	00:00:42	00:27:03.05	00:27:45.90	+00:11:12	5:24	11.1
565	GIŻA Wioletta	99	POLONIA BYDGOSZCZ SLA	K-30	36	00:00:13	00:27:03.70	00:27:16.70	+00:11:13	5:24	11.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
566	MIĘKCZYŃSKI Artur	1151	POLONIA BYDGOSZCZ	M-30	182	00:01:30	00:27:03.85	00:28:34.20	+00:11:13	5:24	11.1
567	ŁUKASIEWICZ Krzysztof	165		M-40	120	00:01:17	00:27:04.70	00:28:21.85	+00:11:14	5:24	11.1
568	WIELIŃSKI Rafał	1487		M-30	183	00:00:56	00:27:05.25	00:28:01.30	+00:11:14	5:25	11.1
569	KUŻAJ Sławomir	965	PIŁA	M-50	35	00:00:09	00:27:05.45	00:27:15.25	+00:11:14	5:25	11.1
570	KASZEWSKI Konrad	1286		M-10	30	00:00:41	00:27:06.10	00:27:48.05	+00:11:15	5:25	11.1
571	SYBILA Michał	1331	VENEZUELA TEAM	M-30	184	00:00:45	00:27:07.15	00:27:52.95	+00:11:16	5:25	11.1
572	DZIUBARCZYK Robert	999		M-30	185	00:00:14	00:27:08.15	00:27:22.45	+00:11:17	5:25	11.1
573	OZDZYŃSKA Patrycja	938		K-20	35	00:00:37	00:27:08.30	00:27:45.30	+00:11:17	5:25	11.1
574	GRAMOWSKI Jakub	777		M-30	186	00:00:13	00:27:08.60	00:27:22.55	+00:11:18	5:25	11
575	BOROWIEC Michał	704	VENEZUELA TEAM	M-30	187	00:00:44	00:27:08.70	00:27:53.30	+00:11:18	5:25	11
576	KRUPIŃSKA Justyna	216		K-30	37	00:01:08	00:27:11.25	00:28:19.35	+00:11:20	5:26	11
577	JANUSZEWSKI Marcin	366		M-40	121	00:01:21	00:27:12.10	00:28:33.45	+00:11:21	5:26	11
578	KOŚCIAŃSKA Bogusława	140		K-30	38	00:00:20	00:27:13.05	00:27:33.70	+00:11:22	5:26	11
579	RÓŻYCZKA Joanna	102		K-30	39	00:00:57	00:27:13.10	00:28:10.15	+00:11:22	5:26	11
580	SOSNA Mikołaj	132		M-30	188	00:00:19	00:27:14.05	00:27:33.85	+00:11:23	5:26	11
581	PALIGA Antoni	370	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	36	00:01:34	00:27:14.40	00:28:48.60	+00:11:23	5:26	11
582	ROBACZEWSKA Kinga	1078		K-30	40	00:00:51	00:27:14.70	00:28:05.90	+00:11:24	5:26	11
583	RADZIKOWSKI Łukasz	567		M-40	122	00:00:50	00:27:15.30	00:28:05.65	+00:11:24	5:27	11
584	SCHUMACHER-RATAJ Marta	325		K-30	41	00:00:58	00:27:16.10	00:28:14.40	+00:11:25	5:27	11
585	TOPOL Agnieszka	21		K-30	42	00:00:37	00:27:16.50	00:27:53.60	+00:11:26	5:27	11
586	FILIPEK Mirosława	355		K-40	25	00:00:12	00:27:16.65	00:27:28.90	+00:11:26	5:27	11
587	JANIC Arek	876		M-10	31	00:00:40	00:27:16.80	00:27:57.70	+00:11:26	5:27	11
588	OLSZEWSKI Michał	313		M-20	84	00:00:53	00:27:17.20	00:28:10.65	+00:11:26	5:27	11
589	WĘGRZYŃSKI Piotr	1158	CASTORAMA2	M-40	123	00:00:48	00:27:18.70	00:28:07.05	+00:11:28	5:27	11
590	ŚWIECICKI Andrzej	446	BYDGOSZCZ	M-40	124	00:01:24	00:27:19.35	00:28:44.00	+00:11:28	5:28	11
591	CZAPLICKI Bartłomiej	529		M-30	189	00:00:52	00:27:20.70	00:28:13.60	+00:11:30	5:28	11
592	BYRTEK Grzegorz	472	CAŁY CZAS DO PRZODU	M-40	125	00:01:23	00:27:20.90	00:28:44.00	+00:11:30	5:28	11
593	LORENC Michał	538		M-20	85	00:00:47	00:27:20.95	00:28:08.10	+00:11:30	5:28	11
594	MIERZWA Damian	48		M-30	190	00:00:33	00:27:21.30	00:27:55.10	+00:11:30	5:28	11
595	NITKA Dominika	112		K-20	36	00:00:33	00:27:21.75	00:27:54.95	+00:11:31	5:28	11
596	WĘGRZYŃSKA Oliwia	1129		K-10	15	00:00:40	00:27:22.75	00:28:02.80	+00:11:32	5:28	11
597	WŁODARCZYK Olga	121	#ZBUTAWŚWAT	K-20	37	00:01:36	00:27:23.10	00:28:59.15	+00:11:32	5:28	11
598	JANKE Damian	161	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	191	00:01:34	00:27:23.50	00:28:58.45	+00:11:33	5:28	10.9
599	GRZESIAK KNUT Lucyna	69		K-30	43	00:00:27	00:27:23.90	00:27:51.55	+00:11:33	5:28	10.9
600	LANGE Monika	63		K-40	26	00:00:27	00:27:24.05	00:27:51.30	+00:11:33	5:28	10.9
600	KWIECIŃSKI Łukasz	367		M-30	192	00:01:21	00:27:24.05	00:28:45.35	+00:11:33	5:28	10.9
602	DRZEWUCKA Anna	398		K-50	4	00:01:00	00:27:24.15	00:28:24.60	+00:11:33	5:28	10.9
603	GOŁATTA Magdalena	34		K-30	44	00:00:27	00:27:24.20	00:27:51.45	+00:11:33	5:28	10.9
604	WRÓBEL Marta	46	BYLE DO METY	K-20	38	00:00:31	00:27:24.75	00:27:56.50	+00:11:34	5:29	10.9
605	RADECKI Maciej	755	CYBORGI	M-40	126	00:01:47	00:27:25.00	00:29:12.90	+00:11:34	5:29	10.9
606	WRÓBEL Grzegorz	92	BYLE DO METY	M-30	193	00:00:31	00:27:25.30	00:27:56.65	+00:11:34	5:29	10.9
606	CIESIELSKI Hubert	604		M-20	86	00:01:03	00:27:25.30	00:28:28.45	+00:11:34	5:29	10.9
608	BYCZKOWSKI Michał	1272	INDYWDUALNIE	M-20	87	00:01:17	00:27:25.40	00:28:42.45	+00:11:34	5:29	10.9
609	RZEPECKA Katarzyna	275	AS BOX	K-40	27	00:01:06	00:27:25.80	00:28:32.40	+00:11:35	5:29	10.9
610	SIĘŃSKI Jacek	606	RUN BYDGOSZCZ	M-50	37	00:00:57	00:27:26.35	00:28:23.50	+00:11:35	5:29	10.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
611	<b>KULCZYŃSKI Przemysław</b>	<b>918</b>	TYPYGRUBE	M-30	194	00:01:05	<b>00:27:28.10</b>	<b>00:28:33.35</b>	+00:11:37	5:29	10.9
612	<b>RAKAŁOWICZ Justyna</b>	<b>1198</b>		K-40	28	00:00:39	<b>00:27:28.60</b>	<b>00:28:08.40</b>	+00:11:38	5:29	10.9
613	<b>CIESIELSKI Arkadiusz</b>	<b>1038</b>		M-40	127	00:01:02	<b>00:27:29.50</b>	<b>00:28:32.35</b>	+00:11:39	5:30	10.9
614	<b>KOSIŃSKI Jerzy</b>	<b>1262</b>		M-50	38	00:00:45	<b>00:27:29.55</b>	<b>00:28:15.25</b>	+00:11:39	5:30	10.9
615	<b>HILLER Fabian</b>	<b>1300</b>		M-20	88	00:00:10	<b>00:27:30.20</b>	<b>00:27:40.40</b>	+00:11:39	5:30	10.9
616	<b>STOSIK Krzysztof</b>	<b>1317</b>		M-20	89	00:00:10	<b>00:27:30.80</b>	<b>00:27:40.85</b>	+00:11:40	5:30	10.9
617	<b>WITKOWSKI Piotr</b>	<b>693</b>	VIVA LA VIDA	M-20	90	00:00:50	<b>00:27:31.00</b>	<b>00:28:21.65</b>	+00:11:40	5:30	10.9
618	<b>GRZANKA Sebastian</b>	<b>1221</b>		M-30	195	00:01:15	<b>00:27:31.40</b>	<b>00:28:46.45</b>	+00:11:40	5:30	10.9
619	<b>WITKOWSKI Tomasz</b>	<b>143</b>	VIVA LA VIDA	M-30	196	00:00:49	<b>00:27:31.95</b>	<b>00:28:21.75</b>	+00:11:41	5:30	10.9
620	<b>STEGNERSKA Agnieszka</b>	<b>1183</b>		K-40	29	00:00:16	<b>00:27:33.60</b>	<b>00:27:49.70</b>	+00:11:43	5:30	10.9
621	<b>BISKUP Rafal</b>	<b>1096</b>		M-40	128	00:00:28	<b>00:27:34.10</b>	<b>00:28:02.90</b>	+00:11:43	5:30	10.9
622	<b>HAŁAS Aleksander</b>	<b>1290</b>		M-30	197	00:00:07	<b>00:27:34.25</b>	<b>00:27:41.35</b>	+00:11:43	5:30	10.9
623	<b>PALIGA Arkadiusz</b>	<b>778</b>		M-40	129	00:01:28	<b>00:27:35.25</b>	<b>00:29:03.30</b>	+00:11:44	5:31	10.9
624	<b>KOSTECKI Dawid</b>	<b>1266</b>		M-30	198	00:01:15	<b>00:27:35.50</b>	<b>00:28:50.75</b>	+00:11:45	5:31	10.9
625	<b>PALIGA Maria</b>	<b>780</b>	MUKS BYDGOSZCZ	K-10	16	00:01:28	<b>00:27:35.75</b>	<b>00:29:03.75</b>	+00:11:45	5:31	10.9
626	<b>KAMIŃSKA Magdalena</b>	<b>774</b>		K-20	39	00:01:04	<b>00:27:35.90</b>	<b>00:28:40.60</b>	+00:11:45	5:31	10.9
627	<b>PŁACZKOWSKA Magdalena</b>	<b>178</b>		K-30	45	00:00:18	<b>00:27:36.10</b>	<b>00:27:54.55</b>	+00:11:45	5:31	10.9
628	<b>SKIBA Kaja</b>	<b>1253</b>		K-10	17	00:00:13	<b>00:27:36.75</b>	<b>00:27:50.70</b>	+00:11:46	5:31	10.9
629	<b>KONONOWICZ Zuzanna</b>	<b>1252</b>		K-10	18	00:00:13	<b>00:27:36.85</b>	<b>00:27:50.50</b>	+00:11:46	5:31	10.9
630	<b>WILCZYŃSKA Anita</b>	<b>1077</b>		K-30	46	00:00:24	<b>00:27:37.45</b>	<b>00:28:02.10</b>	+00:11:46	5:31	10.9
631	<b>WILCZYŃSKI Marek</b>	<b>1083</b>		M-30	199	00:00:24	<b>00:27:37.50</b>	<b>00:28:02.40</b>	+00:11:47	5:31	10.9
632	<b>JABŁONKA Marta</b>	<b>770</b>		K-20	40	00:00:21	<b>00:27:38.00</b>	<b>00:27:59.80</b>	+00:11:47	5:31	10.9
633	<b>BESS Ania</b>	<b>510</b>		K-30	47	00:00:21	<b>00:27:38.50</b>	<b>00:27:59.75</b>	+00:11:48	5:31	10.9
634	<b>WONS Monika</b>	<b>1065</b>		K-20	41	00:00:19	<b>00:27:39.45</b>	<b>00:27:58.45</b>	+00:11:48	5:31	10.8
635	<b>GAIDA Milena</b>	<b>1405</b>		K-30	48	00:01:04	<b>00:27:39.50</b>	<b>00:28:43.50</b>	+00:11:49	5:31	10.8
636	<b>TALAR Cezary</b>	<b>1068</b>		M-10	32	00:00:34	<b>00:27:40.55</b>	<b>00:28:14.70</b>	+00:11:50	5:32	10.8
637	<b>WIŚNIEWSKI Krzysztof</b>	<b>111</b>	TRISPACE/TREK	M-50	39	00:00:33	<b>00:27:41.15</b>	<b>00:28:14.15</b>	+00:11:50	5:32	10.8
638	<b>PALIGA Radosław</b>	<b>371</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-10	33	00:01:34	<b>00:27:41.30</b>	<b>00:29:15.80</b>	+00:11:50	5:32	10.8
639	<b>KOTECKI Marcin</b>	<b>58</b>	GANG KOCURA	M-40	130	00:01:21	<b>00:27:41.50</b>	<b>00:29:03.35</b>	+00:11:51	5:32	10.8
640	<b>WAWRZYŃIAK Karolina</b>	<b>197</b>		K-30	49	00:00:18	<b>00:27:42.00</b>	<b>00:28:00.05</b>	+00:11:51	5:32	10.8
641	<b>MICHALAK Anita</b>	<b>134</b>		K-40	30	00:00:21	<b>00:27:42.15</b>	<b>00:28:03.15</b>	+00:11:51	5:32	10.8
642	<b>PILEWSKI Mikołaj</b>	<b>890</b>		M-30	200	00:00:47	<b>00:27:42.75</b>	<b>00:28:29.95</b>	+00:11:52	5:32	10.8
643	<b>WIELIŃSKI Wojciech</b>	<b>1486</b>		M-30	201	00:00:55	<b>00:27:44.40</b>	<b>00:28:40.30</b>	+00:11:53	5:33	10.8
644	<b>WYPORKIEWICZ Jerzy</b>	<b>485</b>	KLINIKA TRIATHLONU	M-50	40	00:00:55	<b>00:27:44.45</b>	<b>00:28:39.45</b>	+00:11:53	5:32	10.8
645	<b>WOLAN Krzysztof</b>	<b>335</b>	BYLE DO METY JAKOŚ	M-40	131	00:00:20	<b>00:27:45.75</b>	<b>00:28:06.25</b>	+00:11:55	5:33	10.8
646	<b>POLAWSKI Marcin</b>	<b>129</b>	BBL SZUBIN	M-40	132	00:00:53	<b>00:27:45.90</b>	<b>00:28:39.60</b>	+00:11:55	5:33	10.8
647	<b>ROZBICKI Grzegorz</b>	<b>639</b>		M-50	41	00:01:11	<b>00:27:46.40</b>	<b>00:28:58.10</b>	+00:11:55	5:33	10.8
648	<b>TYKWIŃSKA Agnieszka</b>	<b>213</b>	COOKIETEAMRUNNERS	K-30	50	00:00:28	<b>00:27:47.20</b>	<b>00:28:15.85</b>	+00:11:56	5:33	10.8
649	<b>KUBOWICZ-KAMIŃSKA Hania</b>	<b>85</b>	QBOWICZ RODZINNA MAFIA BIEGOWA	K-30	51	00:01:38	<b>00:27:47.85</b>	<b>00:29:26.00</b>	+00:11:57	5:33	10.8
650	<b>MARKOWSKI Patryk</b>	<b>925</b>		M-20	91	00:00:48	<b>00:27:47.95</b>	<b>00:28:35.95</b>	+00:11:57	5:33	10.8
651	<b>SIUDOWSKA Marta</b>	<b>23</b>		K-30	52	00:00:13	<b>00:27:48.55</b>	<b>00:28:02.50</b>	+00:11:58	5:33	10.8
652	<b>KLIMEK Zbigniew</b>	<b>1283</b>		M-30	202	00:00:18	<b>00:27:48.65</b>	<b>00:28:07.60</b>	+00:11:58	5:33	10.8
653	<b>DOBRZAŃSKA Anna</b>	<b>403</b>		K-20	42	00:01:23	<b>00:27:50.15</b>	<b>00:29:13.15</b>	+00:11:59	5:34	10.8
654	<b>AWIZEN Antoni</b>	<b>307</b>		M-60+	9	00:00:08	<b>00:27:50.95</b>	<b>00:27:59.05</b>	+00:12:00	5:34	10.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
655	<b>GRYGORCZUK Elżbieta</b>	<b>66</b>	TRISPACE TREK	K-60+	1	00:00:29	<b>00:27:53.95</b>	<b>00:28:23.55</b>	+00:12:03	5:34	10.8
656	<b>ZDUNKIEWICZ Filip</b>	<b>65</b>		M-10	34	00:00:21	<b>00:27:54.45</b>	<b>00:28:16.30</b>	+00:12:03	5:35	10.7
657	<b>NOWICKI Adam</b>	<b>238</b>	PENDEL	M-40	133	00:00:00	<b>00:27:55.55</b>	<b>00:27:55.55</b>	+00:12:05	5:35	10.7
658	<b>OSSOWSKI Łukasz</b>	<b>328</b>		M-30	203	00:01:44	<b>00:27:56.10</b>	<b>00:29:40.35</b>	+00:12:05	5:35	10.7
659	<b>ZACHAJ Patrycja</b>	<b>1145</b>	DRUŻYNA SZPIKU	K-20	43	00:00:19	<b>00:27:56.75</b>	<b>00:28:16.60</b>	+00:12:06	5:35	10.7
660	<b>KULINSKI Zbigniew</b>	<b>1281</b>		M-30	204	00:01:28	<b>00:27:57.10</b>	<b>00:29:25.25</b>	+00:12:06	5:35	10.7
661	<b>KLONOWSKI Krzysztof</b>	<b>1442</b>		M-50	42	00:00:06	<b>00:27:58.35</b>	<b>00:28:05.15</b>	+00:12:07	5:35	10.7
662	<b>KUKLIŃSKI Rafał</b>	<b>762</b>		M-40	134	00:00:36	<b>00:27:58.65</b>	<b>00:28:35.10</b>	+00:12:08	5:35	10.7
663	<b>DOMŻAŁSKI Kamil</b>	<b>117</b>		M-30	205	00:01:14	<b>00:27:58.80</b>	<b>00:29:13.35</b>	+00:12:08	5:35	10.7
663	<b>GOŁCZYŃSKI Tomasz</b>	<b>701</b>		M-40	135	00:01:03	<b>00:27:58.80</b>	<b>00:29:02.45</b>	+00:12:08	5:35	10.7
665	<b>KIELMANN Marcin</b>	<b>71</b>		M-30	206	00:01:10	<b>00:27:59.05</b>	<b>00:29:09.65</b>	+00:12:08	5:35	10.7
666	<b>DOMINIAK Joanna</b>	<b>348</b>		K-30	53	00:00:43	<b>00:27:59.65</b>	<b>00:28:43.50</b>	+00:12:09	5:36	10.7
667	<b>ZDUNKIEWICZ Hania</b>	<b>62</b>		K-30	54	00:00:21	<b>00:27:59.70</b>	<b>00:28:21.20</b>	+00:12:09	5:36	10.7
668	<b>FRYDRYCHOWICZ Lilianna</b>	<b>975</b>		K-50	5	00:00:25	<b>00:28:00.05</b>	<b>00:28:25.95</b>	+00:12:09	5:36	10.7
669	<b>JASKÓLSKI Andrzej</b>	<b>36</b>		M-40	136	00:00:14	<b>00:28:00.45</b>	<b>00:28:15.40</b>	+00:12:09	5:36	10.7
670	<b>ŚWIETLIK Tomasz</b>	<b>1030</b>		M-50	43	00:00:36	<b>00:28:00.50</b>	<b>00:28:36.65</b>	+00:12:10	5:36	10.7
671	<b>LEWANDOWSKI Kamil</b>	<b>1288</b>		M-30	207	00:01:44	<b>00:28:01.35</b>	<b>00:29:46.25</b>	+00:12:10	5:36	10.7
672	<b>PUFAL Adrian</b>	<b>691</b>		M-20	92	00:01:16	<b>00:28:01.75</b>	<b>00:29:18.20</b>	+00:12:11	5:36	10.7
673	<b>MILEWSKI Zbigniew</b>	<b>1150</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	137	00:00:42	<b>00:28:01.95</b>	<b>00:28:44.45</b>	+00:12:11	5:36	10.7
674	<b>MĘTEL Laura</b>	<b>1134</b>	ŁABISZYN RUNNERS/DOBRY DIETETYK	K-20	44	00:00:42	<b>00:28:02.45</b>	<b>00:28:44.65</b>	+00:12:11	5:36	10.7
675	<b>ZUZA-WITKOWSKA Anna</b>	<b>333</b>		K-40	31	00:00:16	<b>00:28:02.50</b>	<b>00:28:18.95</b>	+00:12:12	5:36	10.7
676	<b>WŁOCH Michał</b>	<b>1131</b>		M-30	208	00:00:40	<b>00:28:02.65</b>	<b>00:28:42.75</b>	+00:12:12	5:36	10.7
677	<b>ZARNOWSKA Katarzyna</b>	<b>1411</b>		K-20	45	00:01:20	<b>00:28:03.00</b>	<b>00:29:23.60</b>	+00:12:12	5:36	10.7
678	<b>ZIELIŃSKA Agnieszka</b>	<b>289</b>		K-20	46	00:00:43	<b>00:28:03.55</b>	<b>00:28:46.65</b>	+00:12:13	5:36	10.7
679	<b>BUGARA Piotr</b>	<b>1497</b>		M-20	93	00:01:08	<b>00:28:03.70</b>	<b>00:29:12.55</b>	+00:12:13	5:36	10.7
680	<b>PIECHOCIŃSKA Dorota</b>	<b>1406</b>	RINO	K-30	55	00:00:58	<b>00:28:03.80</b>	<b>00:29:02.10</b>	+00:12:13	5:36	10.7
681	<b>SZYMCZUK Filip</b>	<b>895</b>		M-20	94	00:00:43	<b>00:28:04.50</b>	<b>00:28:47.80</b>	+00:12:14	5:36	10.7
682	<b>JAWORSKI Marek</b>	<b>562</b>	STOWARZYSZENIE 'DZIĘKI WAM'	M-10	35	00:00:36	<b>00:28:04.75</b>	<b>00:28:41.00</b>	+00:12:14	5:37	10.7
683	<b>KROL Izabela</b>	<b>1194</b>		K-30	56	00:01:02	<b>00:28:06.15</b>	<b>00:29:08.90</b>	+00:12:15	5:37	10.7
684	<b>OPALA Marcin</b>	<b>721</b>		M-40	138	00:01:28	<b>00:28:07.45</b>	<b>00:29:35.65</b>	+00:12:16	5:37	10.7
685	<b>BUBLIK Aleksandra</b>	<b>744</b>		K-20	47	00:00:43	<b>00:28:08.80</b>	<b>00:28:52.55</b>	+00:12:18	5:37	10.7
686	<b>WOJNOWSKA Ewa</b>	<b>1429</b>		K-20	48	00:00:49	<b>00:28:09.30</b>	<b>00:28:58.85</b>	+00:12:18	5:37	10.7
687	<b>WOLSKI Marek</b>	<b>455</b>		M-30	209	00:01:36	<b>00:28:10.20</b>	<b>00:29:46.35</b>	+00:12:19	5:38	10.7
688	<b>KUSZYŃSKI Robert</b>	<b>169</b>	ATACOWUJ NAPADYWUJ	M-40	139	00:01:35	<b>00:28:11.00</b>	<b>00:29:46.20</b>	+00:12:20	5:38	10.6
689	<b>BOROWIAK Monika</b>	<b>1049</b>		K-20	49	00:01:17	<b>00:28:12.45</b>	<b>00:29:29.90</b>	+00:12:21	5:38	10.6
690	<b>DĄBROWSKI Paweł</b>	<b>1425</b>		M-20	95	00:01:27	<b>00:28:12.95</b>	<b>00:29:40.85</b>	+00:12:22	5:38	10.6
691	<b>GORSKA Joanna</b>	<b>434</b>		K-30	57	00:00:23	<b>00:28:13.00</b>	<b>00:28:36.65</b>	+00:12:22	5:38	10.6
692	<b>KRUSZYŃSKA Anna</b>	<b>513</b>		K-30	58	00:00:31	<b>00:28:13.65</b>	<b>00:28:44.80</b>	+00:12:23	5:38	10.6
692	<b>ŁUKASZEWSKA Grażyna</b>	<b>1159</b>		K-30	58	00:00:26	<b>00:28:13.65</b>	<b>00:28:40.00</b>	+00:12:23	5:38	10.6
694	<b>SMUCZYŃSKI Wojciech</b>	<b>577</b>		M-30	210	00:01:02	<b>00:28:14.50</b>	<b>00:29:17.30</b>	+00:12:24	5:39	10.6
695	<b>GADOMSKA Maria</b>	<b>175</b>	RUN BYDGOSZCZ	K-60+	2	00:00:27	<b>00:28:14.60</b>	<b>00:28:41.60</b>	+00:12:24	5:38	10.6
696	<b>PANFIL Michał</b>	<b>273</b>		M-30	211	00:01:31	<b>00:28:15.70</b>	<b>00:29:47.15</b>	+00:12:25	5:39	10.6
697	<b>KUNKEL Jodie</b>	<b>610</b>		K-30	60	00:01:07	<b>00:28:16.90</b>	<b>00:29:24.85</b>	+00:12:26	5:39	10.6
698	<b>ROMIANOWSKA Agnieszka</b>	<b>411</b>		K-40	32	00:00:53	<b>00:28:18.00</b>	<b>00:29:11.20</b>	+00:12:27	5:39	10.6
699	<b>GRYNIENKO Alicja</b>	<b>603</b>		K-10	19	00:00:39	<b>00:28:18.15</b>	<b>00:28:58.10</b>	+00:12:27	5:39	10.6



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
700	KAMIŃSKA Hanna	998		K-40	33	00:00:39	00:28:18.20	00:28:57.65	+00:12:27	5:39	10.6
701	ZUBRYCKI Łukasz	242	GALACTICA	M-30	212	00:00:50	00:28:18.45	00:29:09.15	+00:12:27	5:39	10.6
702	ŁOBODA Sylwia	200		K-30	61	00:00:22	00:28:18.80	00:28:41.25	+00:12:28	5:39	10.6
703	HETZIG Monika	623	MUMINKI TEAM	K-30	62	00:00:52	00:28:20.10	00:29:12.25	+00:12:29	5:40	10.6
704	JANIC Joanna	878		K-40	34	00:00:41	00:28:22.10	00:29:03.45	+00:12:31	5:40	10.6
705	SUSZEK Kasia	123		K-30	63	00:00:57	00:28:22.45	00:29:19.45	+00:12:31	5:40	10.6
706	ANDRUSZKIEWICZ Stanisław	978	BYDGOSZCZ FORDON TEAM	M-50	44	00:00:14	00:28:23.45	00:28:37.90	+00:12:32	5:40	10.6
707	KOBYLARZ Paulina Róża	1093		K-20	50	00:00:54	00:28:23.95	00:29:18.65	+00:12:33	5:40	10.6
708	DĄBROWSKI Michał	1424		M-20	96	00:01:27	00:28:25.45	00:29:52.60	+00:12:34	5:41	10.6
709	ŚWIETLIK Dawid	747		M-30	213	00:00:36	00:28:25.95	00:29:02.70	+00:12:35	5:41	10.6
710	PESTKA Anna	588		K-30	64	00:00:47	00:28:26.60	00:29:14.05	+00:12:36	5:41	10.5
711	KRANC Justyna	514		K-40	35	00:01:07	00:28:26.65	00:29:34.55	+00:12:36	5:41	10.5
712	PIEKARZ Sławek	1456		M-20	97	00:01:09	00:28:26.80	00:29:36.35	+00:12:36	5:41	10.5
713	KOWALSKI Piotr	738	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M-30	214	00:01:18	00:28:27.25	00:29:45.45	+00:12:36	5:41	10.5
714	CHMIELEWSKI Ireneusz	465	CZARNE STOPY SM	M-50	45	00:00:45	00:28:27.75	00:29:12.75	+00:12:37	5:41	10.5
715	SOBOLEWSKA Aleksandra	234	REEBOKRUNCREW BYDGOSZCZ	K-20	51	00:00:44	00:28:27.85	00:29:12.40	+00:12:37	5:41	10.5
716	LASOTA Igor	723	EL GATO BOYZ	M-10	36	00:01:18	00:28:29.15	00:29:47.75	+00:12:38	5:41	10.5
717	WARSZAWSKA Martyna	861		K-10	20	00:00:22	00:28:29.50	00:28:51.60	+00:12:39	5:41	10.5
718	JANKOWSKI Szymon	1294		M-10	37	00:00:21	00:28:30.05	00:28:51.85	+00:12:39	5:42	10.5
719	FRĄTCZAK Beata	653		K-30	65	00:00:43	00:28:31.75	00:29:15.15	+00:12:41	5:42	10.5
720	PRZYBULSKA Małgorzata	1195		K-30	66	00:01:02	00:28:32.40	00:29:35.35	+00:12:41	5:42	10.5
721	DOBUCKA Katarzyna	787	CHONAROWER.PL	K-30	67	00:01:07	00:28:32.60	00:29:39.85	+00:12:42	5:42	10.5
722	SIERADZKA Małgorzata	808		K-40	36	00:00:52	00:28:32.70	00:29:25.10	+00:12:42	5:42	10.5
723	STEGNERSKI Maciej	1185		M-40	140	00:00:17	00:28:33.85	00:28:51.50	+00:12:43	5:42	10.5
724	WYDRZYŃSKA Katarzyna	519	SOLECCYBIEGACZE	K-50	6	00:00:35	00:28:34.40	00:29:09.85	+00:12:43	5:42	10.5
725	ŚNIECHOTA Konrad	628	TYPYGRUBE	M-30	215	00:01:05	00:28:34.50	00:29:39.65	+00:12:44	5:42	10.5
726	PRZYBYSZEWSKI Marcin	952		M-40	141	00:00:33	00:28:34.95	00:29:08.15	+00:12:44	5:43	10.5
727	KONIEC Piotr	551	IRONTATA	M-40	142	00:01:39	00:28:35.20	00:30:14.55	+00:12:44	5:43	10.5
728	WOLNY Tomasz	498		M-30	216	00:00:16	00:28:35.75	00:28:51.75	+00:12:45	5:43	10.5
729	SZCZYGIELSKA - GRZYBOWSKA Violetta	732		K-40	37	00:00:12	00:28:37.40	00:28:50.15	+00:12:46	5:43	10.5
730	SARNECKA Angelika	728		K-30	68	00:00:12	00:28:37.85	00:28:50.40	+00:12:47	5:43	10.5
731	KARPIŃSKA-CHROBAK Lucyna	718		K-30	69	00:00:24	00:28:38.00	00:29:02.45	+00:12:47	5:43	10.5
732	WESOŁOWSKA Klaudia	624		K-20	52	00:01:29	00:28:38.10	00:30:07.95	+00:12:47	5:43	10.5
733	WIŚNIEWSKA Izabela	1353		K-30	70	00:00:51	00:28:38.20	00:29:29.45	+00:12:47	5:43	10.5
734	RĘDZINA Michał	932		M-30	217	00:01:22	00:28:38.85	00:30:01.00	+00:12:48	5:43	10.5
735	ŁUKOMSKI Marcin	1360	NIE KUPUJ -ADOPTUJ	M-30	218	00:01:21	00:28:39.10	00:30:00.40	+00:12:48	5:43	10.5
736	RATAJCZAK Arkadiusz	820		M-50	46	00:00:51	00:28:40.35	00:29:32.05	+00:12:49	5:44	10.5
737	SZTEJKA Jolanta	591		K-40	38	00:01:20	00:28:40.55	00:30:00.60	+00:12:50	5:44	10.5
738	BUDZIK Ireneusz	1459	BOZITA POLSKA	M-40	143	00:01:12	00:28:41.30	00:29:53.55	+00:12:50	5:44	10.5
739	BUDZIK Justyna	1461		K-40	39	00:01:12	00:28:41.35	00:29:53.40	+00:12:50	5:44	10.5
740	ŻAK Konrad	662		M-20	98	00:01:11	00:28:42.00	00:29:53.90	+00:12:51	5:44	10.5
741	RATAJCZAK Marcel	911		M-10	38	00:00:49	00:28:42.50	00:29:31.55	+00:12:52	5:44	10.5
742	JANUSZEWSKA Aneta	586		K-20	53	00:01:11	00:28:42.55	00:29:54.15	+00:12:52	5:44	10.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
743	TRZYMKOWSKI Adrian	1448		M-20	99	00:00:38	00:28:43.05	00:29:21.90	+00:12:52	5:44	10.4
744	KOLANOWSKA Grażyna	394		K-50	7	00:01:01	00:28:43.50	00:29:44.65	+00:12:53	5:44	10.4
745	GIPP Małgorzata	685		K-30	71	00:00:52	00:28:43.70	00:29:36.65	+00:12:53	5:44	10.4
746	KOLANOWSKI Wojciech	397		M-50	47	00:01:00	00:28:43.95	00:29:44.80	+00:12:53	5:44	10.4
747	KOSIOROWSKI Przemysław	1171	KS URZĘDASY	M-40	144	00:01:07	00:28:46.30	00:29:54.05	+00:12:55	5:45	10.4
748	MAN Beata	18		K-30	72	00:00:39	00:28:47.35	00:29:26.65	+00:12:56	5:45	10.4
749	STEFAŃSKA Wiesia	100		K-30	73	00:00:22	00:28:48.70	00:29:10.70	+00:12:58	5:45	10.4
750	PIONTEK Elżbieta	254		K-60+	3	00:01:13	00:28:50.20	00:30:03.30	+00:12:59	5:46	10.4
751	GAPINSKA Bogna	252		K-30	74	00:01:13	00:28:50.40	00:30:03.65	+00:12:59	5:46	10.4
752	MIKOŁAJCZAK Tomasz	290	DZIK SQUAD	M-30	219	00:01:34	00:28:51.75	00:30:26.70	+00:13:01	5:46	10.4
753	HOLEC Witek	312		M-30	220	00:01:34	00:28:51.85	00:30:26.55	+00:13:01	5:46	10.4
754	MIKOŁAJCZAK Paulina	294	DZIK SQUAD	K-30	75	00:01:35	00:28:51.90	00:30:26.90	+00:13:01	5:46	10.4
755	PSZCZOLIŃSKI Michał	905		M-20	100	00:01:30	00:28:51.95	00:30:22.35	+00:13:01	5:46	10.4
756	CZECH Dominika	431		K-20	54	00:00:25	00:28:53.40	00:29:19.25	+00:13:02	5:46	10.4
757	BANDOCH Jacek	461		M-20	101	00:00:55	00:28:53.65	00:29:48.65	+00:13:03	5:46	10.4
758	JASIENIECKI Piotr	1434	KP ZEFIR WYSZEWO	M-40	145	00:01:07	00:28:54.15	00:30:01.70	+00:13:03	5:46	10.4
759	MIKA Monika	170	KRAJNA SĘPÓLNO	K-20	55	00:01:00	00:28:54.20	00:29:54.45	+00:13:03	5:46	10.4
760	PIETRZAK Piotr	1016		M-20	102	00:01:26	00:28:54.45	00:30:20.60	+00:13:03	5:46	10.4
761	RATAJ Szymon	244		M-10	39	00:00:59	00:28:55.00	00:29:54.60	+00:13:04	5:47	10.4
762	LEPPERT Kamila	1017		K-20	56	00:01:25	00:28:55.30	00:30:20.75	+00:13:04	5:47	10.4
763	BRĄGIEL Jakub	1148	VEGE RUNNERS	M-30	221	00:01:38	00:28:55.50	00:30:33.95	+00:13:05	5:47	10.4
764	KAŻMIERCZAK Paweł	983		M-40	146	00:00:47	00:28:56.70	00:29:44.25	+00:13:06	5:47	10.4
765	CHMIELEWSKA Agnieszka	201		K-30	76	00:00:47	00:28:56.95	00:29:44.10	+00:13:06	5:47	10.4
766	WÓJCIK Tomasz	285		M-40	147	00:01:14	00:28:57.25	00:30:11.75	+00:13:06	5:47	10.4
767	DEMBOWSKI Łukasz	1436		M-20	103	00:01:41	00:28:57.65	00:30:39.55	+00:13:07	5:47	10.4
768	KANCLERZEWSKI Stanisław	1080	VEGAN SOCIETY	M-40	148	00:01:36	00:28:57.95	00:30:34.65	+00:13:07	5:47	10.4
769	HAWRYŁO Mariusz	767		M-30	222	00:00:39	00:28:59.90	00:29:39.05	+00:13:09	5:48	10.3
770	BŁAŻEK Katarzyna	64		K-30	77	00:00:56	00:29:00.80	00:29:57.50	+00:13:10	5:48	10.3
771	SMOLIŃSKA Beata	422	ZIELONY PELIKAN	K-40	40	00:00:24	00:29:01.45	00:29:25.45	+00:13:10	5:48	10.3
771	DZIERŻAWSKI Łukasz	1199	WKB MARATOŃCZYK WŁOCŁAWEK	M-30	223	00:00:32	00:29:01.45	00:29:33.55	+00:13:10	5:48	10.3
773	DZIERŻAWSKA Aneta	1433		K-30	78	00:00:31	00:29:02.05	00:29:33.60	+00:13:11	5:48	10.3
774	GRĄBCZEWSKI Grzegorz	1276	WKB MARATOŃCZYK	M-40	149	00:00:31	00:29:02.25	00:29:33.40	+00:13:11	5:48	10.3
775	KROPIŃSKA Monika	1026		K-30	79	00:01:03	00:29:02.30	00:30:05.65	+00:13:11	5:48	10.3
776	JENCZEWSKI Szymon	539	ALBATROSY	M-20	104	00:00:24	00:29:03.15	00:29:28.05	+00:13:12	5:48	10.3
777	KRUSIK Aleksandra	541	ALBATROSY	K-20	57	00:00:24	00:29:03.20	00:29:28.00	+00:13:12	5:48	10.3
778	BATKA Marta	1140		K-20	58	00:00:54	00:29:03.40	00:29:57.65	+00:13:12	5:48	10.3
779	MAKUSZEWSKI Łukasz	1295		M-40	150	00:00:37	00:29:03.60	00:29:41.55	+00:13:13	5:48	10.3
780	WAŁĘZA Hubert	407	KANAŁOWA TRI TEAM	M-30	224	00:01:38	00:29:04.10	00:30:42.30	+00:13:13	5:48	10.3
781	SIERSZULSKA-WAŁĘZA Anna	940		K-30	80	00:01:38	00:29:04.30	00:30:42.50	+00:13:13	5:48	10.3
782	KASTNER Beata	651		K-30	81	00:01:03	00:29:06.45	00:30:09.60	+00:13:15	5:49	10.3
783	MICHNIEWICZ Małgorzata	447		K-40	41	00:00:44	00:29:06.95	00:29:51.35	+00:13:16	5:49	10.3
784	RACIBORSKI Grzegorz	632	TASAK TEAM	M-40	151	00:01:30	00:29:07.10	00:30:37.55	+00:13:16	5:49	10.3
785	ZIELINSKI Mikołaj	826		M-10	40	00:01:15	00:29:07.45	00:30:23.25	+00:13:16	5:49	10.3
786	BŁAŻEJEWICZ Monika	690		K-20	59	00:01:16	00:29:08.40	00:30:24.70	+00:13:17	5:49	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
787	<b>TOPOLSKA Emilia</b>	<b>1235</b>		K-30	82	00:00:45	<b>00:29:08.90</b>	<b>00:29:54.30</b>	+00:13:18	5:49	10.3
788	<b>OLEJNICZAK Patrycja</b>	<b>1094</b>	BAŻANT TEAM	K-20	60	00:00:47	<b>00:29:09.35</b>	<b>00:29:56.50</b>	+00:13:18	5:49	10.3
789	<b>SZUMIŃSKA Marcelina</b>	<b>996</b>		K-20	61	00:00:54	<b>00:29:09.65</b>	<b>00:30:04.10</b>	+00:13:19	5:50	10.3
790	<b>NAWROCKA Joanna</b>	<b>205</b>	VAUPE TEAM	K-30	83	00:00:04	<b>00:29:10.55</b>	<b>00:29:14.85</b>	+00:13:20	5:50	10.3
791	<b>BŁAŻEJEWSKA Anna</b>	<b>1170</b>		K-50	8	00:00:12	<b>00:29:10.60</b>	<b>00:29:23.15</b>	+00:13:20	5:50	10.3
792	<b>KLASIŃSKA Weronika</b>	<b>1164</b>		K-10	21	00:00:23	<b>00:29:11.05</b>	<b>00:29:34.85</b>	+00:13:20	5:50	10.3
793	<b>BRAŹKIEWCZ Izabela</b>	<b>162</b>		K-40	42	00:00:23	<b>00:29:11.25</b>	<b>00:29:34.45</b>	+00:13:20	5:50	10.3
793	<b>CHEŁMINIAK Mariusz</b>	<b>1190</b>		M-20	105	00:00:53	<b>00:29:11.25</b>	<b>00:30:04.75</b>	+00:13:20	5:50	10.3
795	<b>BUŁAWA Brajan</b>	<b>1292</b>	PERŁA TEAM	M-20	106	00:00:44	<b>00:29:11.55</b>	<b>00:29:56.15</b>	+00:13:21	5:50	10.3
796	<b>KOSIŃSKA Patrycja</b>	<b>1237</b>		K-20	62	00:00:44	<b>00:29:11.70</b>	<b>00:29:56.50</b>	+00:13:21	5:50	10.3
797	<b>KOCHOWICZ Anna</b>	<b>451</b>	WATAHA BYDGOSZCZ	K-40	43	00:01:43	<b>00:29:12.00</b>	<b>00:30:55.15</b>	+00:13:21	5:50	10.3
798	<b>JANUSZKIEWICZ Kornelia</b>	<b>157</b>	WATAHA BYDGOSZCZ	K-30	84	00:01:42	<b>00:29:12.10</b>	<b>00:30:54.55</b>	+00:13:21	5:50	10.3
799	<b>MATUSZEWSKA Monika</b>	<b>565</b>	VISITE.PL	K-30	85	00:01:18	<b>00:29:13.25</b>	<b>00:30:32.10</b>	+00:13:22	5:50	10.3
799	<b>SARNECKI Bartosz</b>	<b>671</b>		M-30	225	00:01:19	<b>00:29:13.25</b>	<b>00:30:32.40</b>	+00:13:22	5:50	10.3
801	<b>BIEDROŃ Aleksandra</b>	<b>536</b>		K-20	63	00:01:12	<b>00:29:13.30</b>	<b>00:30:25.95</b>	+00:13:22	5:50	10.3
802	<b>ŚWIGOŃ Aneta</b>	<b>668</b>		K-30	86	00:01:18	<b>00:29:13.80</b>	<b>00:30:32.35</b>	+00:13:23	5:50	10.3
803	<b>ZUŻYDŁO Zuzanna</b>	<b>179</b>		K-30	87	00:00:16	<b>00:29:14.65</b>	<b>00:29:31.40</b>	+00:13:24	5:51	10.3
804	<b>SPIRYDOWICZ Piotr</b>	<b>973</b>		M-30	226	00:01:04	<b>00:29:14.75</b>	<b>00:30:18.75</b>	+00:13:24	5:50	10.3
805	<b>TOMKIEWICZ Natalia</b>	<b>672</b>		K-30	88	00:01:19	<b>00:29:15.05</b>	<b>00:30:34.35</b>	+00:13:24	5:51	10.3
806	<b>SZYMAŃSKA Magdalena</b>	<b>231</b>		K-20	64	00:00:56	<b>00:29:15.30</b>	<b>00:30:11.75</b>	+00:13:24	5:51	10.3
807	<b>ROGOZIŃSKI Aleksander</b>	<b>805</b>		M-30	227	00:01:00	<b>00:29:15.55</b>	<b>00:30:15.85</b>	+00:13:25	5:51	10.3
808	<b>ROGOZIŃSKA Karolina</b>	<b>468</b>		K-30	89	00:00:59	<b>00:29:16.20</b>	<b>00:30:15.90</b>	+00:13:25	5:51	10.3
809	<b>ŁADNIAK Dariusz</b>	<b>1396</b>		M-40	152	00:00:59	<b>00:29:16.30</b>	<b>00:30:15.70</b>	+00:13:25	5:51	10.3
810	<b>KLETT Patrycja</b>	<b>443</b>		K-10	22	00:00:51	<b>00:29:16.80</b>	<b>00:30:08.35</b>	+00:13:26	5:51	10.2
811	<b>ŁADNIAK Bernadeta</b>	<b>1397</b>		K-30	90	00:00:59	<b>00:29:16.85</b>	<b>00:30:16.05</b>	+00:13:26	5:51	10.2
812	<b>BANNACH Aleksander</b>	<b>233</b>		M-20	107	00:00:55	<b>00:29:17.15</b>	<b>00:30:12.45</b>	+00:13:26	5:51	10.2
813	<b>WYRĄBKIEWICZ Hanna</b>	<b>107</b>		K-30	91	00:00:21	<b>00:29:17.40</b>	<b>00:29:39.35</b>	+00:13:26	5:51	10.2
814	<b>JAKUBOWSKI Mirosław</b>	<b>587</b>	URZĄD MIASTA BYDGOSZCZY	M-50	48	00:01:37	<b>00:29:18.90</b>	<b>00:30:56.35</b>	+00:13:28	5:51	10.2
815	<b>NOWACKA Roksana</b>	<b>56</b>		K-20	65	00:01:33	<b>00:29:19.30</b>	<b>00:30:53.00</b>	+00:13:28	5:52	10.2
816	<b>MUCHOWSKA Monika</b>	<b>1453</b>		K-20	66	00:01:09	<b>00:29:21.60</b>	<b>00:30:30.85</b>	+00:13:31	5:52	10.2
817	<b>GOLIK Krzysztof</b>	<b>16</b>	FORDONRUNNERS	M-40	153	00:01:00	<b>00:29:21.85</b>	<b>00:30:21.85</b>	+00:13:31	5:52	10.2
818	<b>KURTYSIAK Roman</b>	<b>291</b>		M-50	49	00:00:50	<b>00:29:22.25</b>	<b>00:30:12.45</b>	+00:13:31	5:52	10.2
819	<b>RYDELSKA Kinga</b>	<b>188</b>		K-40	44	00:00:26	<b>00:29:22.50</b>	<b>00:29:49.25</b>	+00:13:32	5:52	10.2
820	<b>GÓRSKA Monika</b>	<b>435</b>	TASAK TEAM	K-10	23	00:01:30	<b>00:29:22.65</b>	<b>00:30:53.00</b>	+00:13:32	5:52	10.2
821	<b>RACZYCKI Tomasz</b>	<b>155</b>		M-40	154	00:00:00	<b>00:29:22.95</b>	<b>00:29:22.95</b>	+00:13:32	5:52	10.2
821	<b>KOCZOROWSKA Kamila</b>	<b>317</b>		K-30	92	00:01:05	<b>00:29:22.95</b>	<b>00:30:28.00</b>	+00:13:32	5:52	10.2
823	<b>GÓRSKA Joanna</b>	<b>697</b>	TASAK TEAM	K-30	93	00:01:30	<b>00:29:24.10</b>	<b>00:30:54.20</b>	+00:13:33	5:52	10.2
824	<b>DURAŁEK Oskar</b>	<b>1088</b>		M-10	41	00:01:17	<b>00:29:25.60</b>	<b>00:30:43.40</b>	+00:13:35	5:53	10.2
824	<b>DURAŁEK Andrzej</b>	<b>1090</b>		M-40	155	00:01:17	<b>00:29:25.60</b>	<b>00:30:43.30</b>	+00:13:35	5:53	10.2
826	<b>BULIŃSKI Mateusz</b>	<b>1097</b>	WP	M-20	108	00:00:34	<b>00:29:25.75</b>	<b>00:30:00.60</b>	+00:13:35	5:53	10.2
827	<b>FIUT Kazimierz</b>	<b>860</b>		M-60+	10	00:00:54	<b>00:29:25.90</b>	<b>00:30:20.00</b>	+00:13:35	5:53	10.2
827	<b>DURAŁEK Anna</b>	<b>1086</b>		K-40	45	00:01:17	<b>00:29:25.90</b>	<b>00:30:43.05</b>	+00:13:35	5:53	10.2
829	<b>BORZYSZKOWSKI Grzegorz</b>	<b>159</b>	STARY FORDON	M-30	228	00:00:14	<b>00:29:26.20</b>	<b>00:29:40.95</b>	+00:13:35	5:53	10.2
830	<b>RADOWSKA Helena</b>	<b>1254</b>		K-50	9	00:00:52	<b>00:29:26.40</b>	<b>00:30:19.25</b>	+00:13:35	5:53	10.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
831	<b>WOŹNIAK Piotr</b>	<b>54</b>		M-40	156	00:01:03	<b>00:29:26.55</b>	<b>00:30:30.20</b>	+00:13:36	5:53	10.2
832	<b>NIKOŁAJEW Monika</b>	<b>35</b>		K-30	94	00:01:13	<b>00:29:26.60</b>	<b>00:30:40.30</b>	+00:13:36	5:53	10.2
833	<b>GRZELAK Tadeusz</b>	<b>437</b>	BYDGOSZCZNASTART	M-60+	11	00:00:47	<b>00:29:26.75</b>	<b>00:30:14.20</b>	+00:13:36	5:53	10.2
834	<b>DERESZYŃSKI Piotr</b>	<b>1114</b>		M-40	157	00:01:18	<b>00:29:27.20</b>	<b>00:30:45.85</b>	+00:13:36	5:53	10.2
834	<b>DERESZYŃSKA Katarzyna</b>	<b>1115</b>		K-40	46	00:01:18	<b>00:29:27.20</b>	<b>00:30:45.50</b>	+00:13:36	5:53	10.2
836	<b>WEGNER Roman</b>	<b>135</b>		M-50	50	00:00:49	<b>00:29:27.70</b>	<b>00:30:17.00</b>	+00:13:37	5:53	10.2
836	<b>WIATROWSKA Katarzyna</b>	<b>80</b>		K-30	95	00:00:13	<b>00:29:27.70</b>	<b>00:29:40.85</b>	+00:13:37	5:53	10.2
838	<b>CHOLEWCZYŃSKI Dariusz</b>	<b>1344</b>		M-40	158	00:00:52	<b>00:29:29.85</b>	<b>00:30:22.50</b>	+00:13:39	5:54	10.2
839	<b>SOBOTA Piotr</b>	<b>174</b>		M-40	159	00:01:05	<b>00:29:30.05</b>	<b>00:30:36.00</b>	+00:13:39	5:54	10.2
840	<b>CISZEWSKA Emilia</b>	<b>1265</b>		K-30	96	00:01:05	<b>00:29:30.30</b>	<b>00:30:36.25</b>	+00:13:39	5:54	10.2
840	<b>MAŁOWIECKI Grzegorz</b>	<b>1370</b>		M-40	160	00:00:52	<b>00:29:30.30</b>	<b>00:30:22.75</b>	+00:13:39	5:54	10.2
840	<b>BALCERZAK Agnieszka</b>	<b>1391</b>		K-30	96	00:01:06	<b>00:29:30.30</b>	<b>00:30:36.50</b>	+00:13:39	5:54	10.2
840	<b>FURMANIAK Tomasz</b>	<b>1423</b>		M-30	229	00:01:26	<b>00:29:30.30</b>	<b>00:30:57.10</b>	+00:13:39	5:54	10.2
844	<b>BŁAŻEJEWSKI Kacper</b>	<b>1231</b>	CB163	M-30	230	00:01:23	<b>00:29:31.20</b>	<b>00:30:55.15</b>	+00:13:40	5:54	10.2
845	<b>GOŁATA Kamil</b>	<b>549</b>	WLCZA WATACHA	M-10	42	00:01:04	<b>00:29:31.60</b>	<b>00:30:35.65</b>	+00:13:41	5:54	10.2
846	<b>LUZAK Jadwiga</b>	<b>557</b>		K-50	10	00:00:39	<b>00:29:33.40</b>	<b>00:30:13.15</b>	+00:13:42	5:54	10.1
847	<b>PŁOSZAJ Magdalena</b>	<b>131</b>		K-30	98	00:01:08	<b>00:29:33.65</b>	<b>00:30:42.45</b>	+00:13:43	5:54	10.1
848	<b>GOŁATA Wojciech</b>	<b>543</b>	WLCZA WATACHA	M-30	231	00:01:04	<b>00:29:34.00</b>	<b>00:30:38.70</b>	+00:13:43	5:54	10.1
849	<b>GOŁATA Julia</b>	<b>546</b>	WLCZA WATACHA	K-10	24	00:01:04	<b>00:29:34.25</b>	<b>00:30:38.85</b>	+00:13:43	5:54	10.1
850	<b>KAŻMIERCZAK Aleksandra</b>	<b>182</b>	BIEGAJ Z DĘBAMI	K-40	47	00:00:25	<b>00:29:34.70</b>	<b>00:30:00.00</b>	+00:13:44	5:55	10.1
851	<b>CEMKE Magdalena</b>	<b>249</b>		K-20	67	00:01:01	<b>00:29:34.80</b>	<b>00:30:36.65</b>	+00:13:44	5:55	10.1
852	<b>POWAŁKA Grzegorz</b>	<b>1378</b>		M-50	51	00:00:43	<b>00:29:34.95</b>	<b>00:30:18.75</b>	+00:13:44	5:55	10.1
853	<b>GOŁATA Agnieszka</b>	<b>542</b>	WLCZA WATACHA	K-30	99	00:01:04	<b>00:29:35.05</b>	<b>00:30:39.15</b>	+00:13:44	5:55	10.1
854	<b>SZCZEPKOWSKI Andrzej</b>	<b>491</b>		M-60+	12	00:01:20	<b>00:29:35.30</b>	<b>00:30:56.20</b>	+00:13:44	5:55	10.1
854	<b>TRAWCZYŃSKA Katarzyna</b>	<b>859</b>		K-30	100	00:00:43	<b>00:29:35.30</b>	<b>00:30:18.60</b>	+00:13:44	5:55	10.1
856	<b>NIEDBALSKI Karol</b>	<b>512</b>		M-30	232	00:00:48	<b>00:29:36.80</b>	<b>00:30:25.50</b>	+00:13:46	5:55	10.1
857	<b>BERNADY Paulina</b>	<b>503</b>		K-30	101	00:01:35	<b>00:29:37.10</b>	<b>00:31:12.25</b>	+00:13:46	5:55	10.1
858	<b>SKUBISZAK Jacek</b>	<b>1228</b>		M-40	161	00:01:10	<b>00:29:37.15</b>	<b>00:30:47.70</b>	+00:13:46	5:55	10.1
859	<b>NIEDBALSKI Edward</b>	<b>849</b>		M-60+	13	00:00:48	<b>00:29:37.25</b>	<b>00:30:25.50</b>	+00:13:46	5:55	10.1
860	<b>MLICKI Marcin</b>	<b>476</b>		M-40	162	00:01:19	<b>00:29:37.30</b>	<b>00:30:57.05</b>	+00:13:46	5:55	10.1
861	<b>FLOREK Milena</b>	<b>192</b>	RUNADDICTS	K-30	102	00:01:16	<b>00:29:41.05</b>	<b>00:30:57.90</b>	+00:13:50	5:56	10.1
862	<b>GRABOWSKA_KUTOWIŃSKA Ewa</b>	<b>263</b>		K-30	103	00:00:08	<b>00:29:42.65</b>	<b>00:29:51.25</b>	+00:13:52	5:56	10.1
863	<b>OLSZEWSKI Rafal</b>	<b>670</b>		M-30	233	00:01:27	<b>00:29:42.95</b>	<b>00:31:10.55</b>	+00:13:52	5:56	10.1
864	<b>BAJCZYK Adrian</b>	<b>1447</b>		M-20	109	00:00:56	<b>00:29:43.35</b>	<b>00:30:39.55</b>	+00:13:52	5:56	10.1
865	<b>DYMARKOWSKA Weronika</b>	<b>1297</b>		K-10	25	00:00:32	<b>00:29:43.60</b>	<b>00:30:16.15</b>	+00:13:53	5:56	10.1
866	<b>PIÓRKOWSKI Rafał</b>	<b>1477</b>		M-40	163	00:01:34	<b>00:29:44.05</b>	<b>00:31:18.70</b>	+00:13:53	5:56	10.1
867	<b>PIÓRKOWSKA Aga</b>	<b>5</b>	BRB BYDGOSZCZ	K-40	48	00:00:37	<b>00:29:44.30</b>	<b>00:30:21.30</b>	+00:13:53	5:56	10.1
868	<b>SKORNIA Paweł</b>	<b>979</b>		M-20	110	00:01:04	<b>00:29:44.65</b>	<b>00:30:49.25</b>	+00:13:54	5:57	10.1
869	<b>SKORNIA Marika</b>	<b>746</b>		K-20	68	00:01:04	<b>00:29:44.70</b>	<b>00:30:49.15</b>	+00:13:54	5:57	10.1
870	<b>SKURCZYŃSKA Magdalena</b>	<b>12</b>		K-20	69	00:00:11	<b>00:29:45.10</b>	<b>00:29:57.05</b>	+00:13:54	5:57	10.1
871	<b>SMOCZYŃSKA Agnieszka</b>	<b>643</b>		K-20	70	00:00:34	<b>00:29:45.55</b>	<b>00:30:20.05</b>	+00:13:55	5:57	10.1
872	<b>ŁASSA Rafał</b>	<b>753</b>	SBRT RUNNING TEAM BYDGOSZCZ	M-20	111	00:01:04	<b>00:29:45.65</b>	<b>00:30:50.05</b>	+00:13:55	5:57	10.1
873	<b>SPYCHAJ Piotr</b>	<b>206</b>	TASAK TEAM	M-30	234	00:01:29	<b>00:29:46.50</b>	<b>00:31:16.00</b>	+00:13:56	5:57	10.1
874	<b>SPYCHAJ Anna</b>	<b>209</b>	TASAK TEAM	K-20	71	00:01:29	<b>00:29:46.80</b>	<b>00:31:16.00</b>	+00:13:56	5:57	10.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
875	ZIELIŃSKA Aleksandra	1426		K-20	72	00:00:55	00:29:47.95	00:30:43.60	+00:13:57	5:57	10.1
876	KRYGIER Maciej	883	VOIP24SKLEP.PL SPORT	M-30	235	00:01:25	00:29:48.00	00:31:13.95	+00:13:57	5:57	10.1
877	WITUCKA-KRYGIER Malwina	709	VOIP24SKLEP.PL SPORT	K-30	104	00:01:25	00:29:48.50	00:31:14.45	+00:13:58	5:57	10.1
878	RADZIEJEWSKI Tomasz	1334		M-30	236	00:01:20	00:29:50.35	00:31:10.95	+00:13:59	5:58	10.1
879	CIESIELSKA Agnieszka	595		K-30	105	00:01:26	00:29:51.20	00:31:18.05	+00:14:00	5:58	10
880	KOPACZ Adrian	959		M-30	237	00:00:54	00:29:51.50	00:30:46.00	+00:14:01	5:58	10
881	KOPACZ Elżbieta	960		K-50	11	00:00:54	00:29:52.05	00:30:46.40	+00:14:01	5:58	10
882	GRZEGOREK Jakub	142		M-20	112	00:01:36	00:29:52.60	00:31:29.50	+00:14:02	5:58	10
883	SZARGAN Magda	615		K-20	73	00:00:36	00:29:52.80	00:30:29.45	+00:14:02	5:58	10
884	ŁOBODA Mikołaj	899		M-10	43	00:00:23	00:29:54.95	00:30:18.05	+00:14:04	5:59	10
885	KOWALSKA Irena	919		K-60+	4	00:00:19	00:29:55.45	00:30:15.00	+00:14:04	5:59	10
886	WARCZAK Piotr	1327	TEAMOCHAL	M-40	164	00:01:20	00:29:55.85	00:31:16.15	+00:14:05	5:59	10
887	PIOTROWSKA Marzena	1340		K-30	106	00:01:20	00:29:55.90	00:31:16.30	+00:14:05	5:59	10
888	SŁOWIŃSKA Marta	616		K-30	107	00:01:13	00:29:56.95	00:31:10.40	+00:14:06	5:59	10
889	MAREK Lucjan	923		M-30	238	00:00:55	00:29:57.70	00:30:53.15	+00:14:07	5:59	10
890	MACHNIK Adam	627		M-40	165	00:01:13	00:29:57.80	00:31:10.80	+00:14:07	5:59	10
891	MARCINIAK Oskar	1034		M-30	239	00:00:54	00:29:58.40	00:30:52.40	+00:14:07	5:59	10
892	MALICKI Łukasz	484	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	240	00:00:53	00:29:58.45	00:30:52.15	+00:14:07	5:59	10
893	MAREK Anna	924		K-30	108	00:00:54	00:29:59.00	00:30:53.45	+00:14:08	5:59	10
894	WÓJCIK Monika	1364	MW AQUA	K-30	109	00:01:19	00:29:59.60	00:31:19.45	+00:14:09	6:00	10
895	MALICKA Beata	475		K-50	12	00:00:52	00:29:59.70	00:30:51.95	+00:14:09	5:59	10
896	JURUŚ Jolanta	776	HERBALIFE	K-50	13	00:00:38	00:30:02.15	00:30:40.35	+00:14:11	6:00	10
897	GUL Marcin	854		M-30	241	00:01:31	00:30:02.30	00:31:33.65	+00:14:11	6:00	10
898	MATELSKA Barbara	618		K-40	49	00:01:27	00:30:04.75	00:31:31.85	+00:14:14	6:00	10
899	KOWALCZYK Magdalena	569		K-30	110	00:00:49	00:30:05.30	00:30:54.40	+00:14:14	6:01	10
900	GROCHALA Michał	568		M-30	242	00:00:49	00:30:05.80	00:30:54.85	+00:14:15	6:01	10
901	GROBELNY Michał	1100		M-20	113	00:00:40	00:30:06.25	00:30:46.70	+00:14:15	6:01	10
902	WITKOWSKA Lucyna	821		K-40	50	00:01:12	00:30:07.40	00:31:20.20	+00:14:16	6:01	10
903	KUJAWA Magdalena	819		K-30	111	00:01:12	00:30:07.60	00:31:19.80	+00:14:17	6:01	10
904	BEBYN Grzegorz	1003		M-40	166	00:00:41	00:30:08.55	00:30:50.25	+00:14:18	6:01	10
905	ŻUCHELKOWSKA Agata	532		K-30	112	00:00:50	00:30:09.05	00:30:59.20	+00:14:18	6:01	10
906	WRONKA Joanna	245		K-30	113	00:01:27	00:30:10.25	00:31:37.65	+00:14:19	6:02	9.9
907	PRZEWOŹNIAK Rafał	649	TRI FAMILY	M-20	114	00:01:07	00:30:11.35	00:31:18.50	+00:14:20	6:02	9.9
908	PRZEWOŹNIAK Marta	650	TRI FAMILY	K-20	74	00:01:06	00:30:11.85	00:31:18.80	+00:14:21	6:02	9.9
909	KRZYŻANOWSKA Patrycja	1120		K-20	75	00:01:04	00:30:12.00	00:31:16.95	+00:14:21	6:02	9.9
910	CISEWSKI Mateusz	271		M-20	115	00:00:54	00:30:12.05	00:31:06.75	+00:14:21	6:02	9.9
911	SPLITT Anna	946	ENERGYJUMP	K-30	114	00:01:36	00:30:13.35	00:31:49.95	+00:14:22	6:02	9.9
912	KWISSA Anna	1416	ENERGYJUMP	K-30	115	00:01:36	00:30:13.85	00:31:50.15	+00:14:23	6:02	9.9
913	TOKARSKA Alicja	212	VEGE RUNNERS	K-30	116	00:00:56	00:30:14.80	00:31:11.15	+00:14:24	6:03	9.9
914	ZIELIŃSKA Justyna	55	KAPITEM	K-30	117	00:00:37	00:30:16.25	00:30:53.30	+00:14:25	6:03	9.9
914	BUTOWSKI Michał	346	SEN O VICTORII	M-40	167	00:00:32	00:30:16.25	00:30:49.00	+00:14:25	6:03	9.9
916	WAWRZYNIAK Sandra	1316	BYDGOSZCZ NA START	K-20	76	00:00:32	00:30:16.75	00:30:49.15	+00:14:26	6:03	9.9
917	PISARSKI Igor	1437		M-20	116	00:00:00	00:30:16.90	00:30:16.90	+00:14:26	6:03	9.9
918	DYNIEWSKA Agnieszka	1051	BTŻ	K-40	51	00:01:07	00:30:17.05	00:31:24.50	+00:14:26	6:03	9.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
919	ZAGOŹDŹON Wioleta	67	SOLECCY BIEGACZE	K-30	118	00:00:35	00:30:17.30	00:30:53.00	+00:14:26	6:03	9.9
920	BYCZKOWSKI Miłosz	1227	INDYWDUALNI	M-10	44	00:01:24	00:30:17.65	00:31:41.80	+00:14:27	6:03	9.9
921	KOTOWSKA Joanna	1479		K-40	52	00:01:32	00:30:18.15	00:31:51.10	+00:14:27	6:03	9.9
922	GRUSZKA Marek	506	NIEZRZESZONY	M-50	52	00:00:19	00:30:19.20	00:30:38.30	+00:14:28	6:03	9.9
923	KOPROWICZ Adam	798	THE RUNNERS ŚWECIE	M-50	53	00:01:08	00:30:19.45	00:31:27.55	+00:14:28	6:03	9.9
924	KOZAKIEWICZ Marcin	101		M-40	168	00:01:12	00:30:19.85	00:31:32.65	+00:14:29	6:04	9.9
925	JANKOWIAK Radosław	418		M-30	243	00:00:43	00:30:20.30	00:31:03.55	+00:14:29	6:04	9.9
926	KOPROWICZ Katarzyna	554	THE RUNERS ŚWECIE	K-40	53	00:01:06	00:30:20.40	00:31:27.05	+00:14:29	6:04	9.9
927	POĆWIARDOWSKA Sylwia	1444		K-40	54	00:01:38	00:30:20.65	00:31:59.55	+00:14:30	6:04	9.9
928	MALATYŃSKA Barbara	856		K-40	55	00:00:59	00:30:21.05	00:31:20.80	+00:14:30	6:04	9.9
929	KRAKOWIAK Marta	894		K-20	77	00:00:43	00:30:21.30	00:31:04.70	+00:14:30	6:04	9.9
930	LEWANDOWSKA Sylwia	125		K-40	56	00:00:58	00:30:22.15	00:31:20.20	+00:14:31	6:04	9.9
931	KLINIKOWSKI Jacek	392	KOCHAM ŻYCIE I...	M-50	54	00:00:38	00:30:22.60	00:31:00.65	+00:14:32	6:04	9.9
932	POGORZELSKA Bogusia	393		K-40	57	00:00:37	00:30:22.75	00:31:00.35	+00:14:32	6:04	9.9
932	JAWORSKA Sylwia	1214		K-20	78	00:01:04	00:30:22.75	00:31:26.95	+00:14:32	6:04	9.9
934	GŁĘBOCKA Agnieszka	1277		K-30	119	00:01:19	00:30:22.95	00:31:42.30	+00:14:32	6:04	9.9
935	KNIOŁA Lucyna	463		K-50	14	00:01:27	00:30:23.45	00:31:50.60	+00:14:32	6:04	9.9
935	PERA Marek	609		M-30	244	00:01:02	00:30:23.45	00:31:26.15	+00:14:32	6:04	9.9
937	MAZUREK Dorota	1216		K-20	79	00:01:04	00:30:23.50	00:31:27.85	+00:14:33	6:04	9.9
938	REKOWSKI Mateusz	699		M-30	245	00:00:34	00:30:24.00	00:30:58.50	+00:14:33	6:04	9.9
939	STIMMA Anna	1367	LUBIĘ SOBIE POBIEGAĆ	K-40	58	00:00:42	00:30:25.45	00:31:08.10	+00:14:34	6:05	9.9
940	PIECHOCIŃSKI Jarosław	1365	RINO	M-60+	14	00:00:57	00:30:26.70	00:31:24.55	+00:14:36	6:05	9.9
941	OSTROWSKA Justyna	1389		K-30	120	00:01:08	00:30:27.10	00:31:35.50	+00:14:36	6:05	9.9
942	RATAJ Maciej	247		M-40	169	00:01:00	00:30:27.95	00:31:28.00	+00:14:37	6:05	9.8
943	WINIARSKI Kacper	8		M-10	45	00:00:59	00:30:28.15	00:31:27.90	+00:14:37	6:05	9.8
944	ZIELIŃSKA Marta	1356	MAMA&SYN	K-30	121	00:00:34	00:30:29.70	00:31:04.35	+00:14:39	6:06	9.8
945	BOLLIN Łukasz	836	GĆJ	M-30	246	00:00:24	00:30:29.80	00:30:54.00	+00:14:39	6:06	9.8
946	GROCHOWSKI Rafał	756		M-30	247	00:00:50	00:30:29.90	00:31:20.80	+00:14:39	6:06	9.8
947	TOBOLSKA Małgorzata	589		K-30	122	00:00:54	00:30:30.30	00:31:25.00	+00:14:39	6:06	9.8
948	REKOWSKA Paulina	700		K-20	80	00:00:34	00:30:30.45	00:31:05.35	+00:14:39	6:06	9.8
949	BRZOZOWSKI Krzysztof	504		M-30	248	00:01:05	00:30:31.00	00:31:36.55	+00:14:40	6:06	9.8
950	CICHOSZ Jerzy	172	KOSZALIM	M-60+	15	00:01:06	00:30:31.10	00:31:37.85	+00:14:40	6:06	9.8
951	WOSICKA Wanda	818	CASTORAMA2	K-40	59	00:00:48	00:30:31.45	00:31:20.25	+00:14:40	6:06	9.8
952	ANDRUSEWICZ Hanna	995		K-40	60	00:00:48	00:30:32.00	00:31:20.35	+00:14:41	6:06	9.8
953	MUCHA-BOINSKA Anna	884		K-30	123	00:00:29	00:30:32.75	00:31:02.30	+00:14:42	6:06	9.8
954	NIEDBALSKI Paweł	144		M-40	170	00:01:39	00:30:33.45	00:32:13.40	+00:14:42	6:06	9.8
955	LEWANDOWSKA Piotr	1251		M-40	171	00:00:47	00:30:33.50	00:31:21.45	+00:14:43	6:06	9.8
956	SIEWERT Iwona	829		K-30	124	00:00:12	00:30:33.75	00:30:46.30	+00:14:43	6:06	9.8
957	LASKOWSKA Aleksandra	825		K-40	61	00:00:12	00:30:33.85	00:30:46.30	+00:14:43	6:06	9.8
958	LEWANDOWSKA Beata	1248	FREAKY FIT TEAM	K-40	62	00:00:47	00:30:34.30	00:31:21.30	+00:14:43	6:06	9.8
959	DOLNY Kajetan	1482	FOREST GANG	M-10	46	00:01:32	00:30:34.95	00:32:07.40	+00:14:44	6:07	9.8
960	TWARDOWSKA Katarzyna / Maria	1092		K-40	63	00:01:07	00:30:35.30	00:31:43.05	+00:14:44	6:07	9.8
961	ŁUKASZCZYK Joanna	775		K-30	125	00:01:06	00:30:36.25	00:31:43.15	+00:14:45	6:07	9.8
962	BURNICKA Ewa	1282		K-40	64	00:00:07	00:30:36.75	00:30:44.35	+00:14:46	6:07	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
963	MURAWKA Łukasz	350		M-30	249	00:00:44	00:30:37.70	00:31:22.15	+00:14:47	6:07	9.8
964	SMOLIŃSKI Piotr	204	BBL SZUBIN	M-50	55	00:01:02	00:30:37.75	00:31:40.15	+00:14:47	6:07	9.8
964	OLECHNOWICZ Maciej	636	WALECZNE DZIECIAKI	M-10	47	00:01:26	00:30:37.75	00:32:04.00	+00:14:47	6:07	9.8
966	GOTOWICZ Maciej	795		M-10	48	00:01:33	00:30:38.20	00:32:11.55	+00:14:47	6:07	9.8
967	MICHALAKA Aleksandra	1392		K-40	65	00:00:30	00:30:38.95	00:31:09.50	+00:14:48	6:07	9.8
967	OSIŃSKI Dominik	1438		M-20	117	00:00:00	00:30:38.95	00:30:38.95	+00:14:48	6:07	9.8
969	SZULC Dawid	1245		M-20	118	00:01:17	00:30:40.20	00:31:57.20	+00:14:49	6:08	9.8
970	STACHURSKA-KWELA Joanna	1238		K-30	126	00:01:16	00:30:40.85	00:31:57.10	+00:14:50	6:08	9.8
971	DANIELEK Adam	268	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	172	00:00:38	00:30:41.10	00:31:19.35	+00:14:50	6:08	9.8
972	KACZOROWSKI Bartosz	976		M-20	119	00:01:04	00:30:41.85	00:31:46.55	+00:14:51	6:08	9.8
973	ARENT Jan	1146		M-50	56	00:01:16	00:30:42.45	00:31:59.25	+00:14:51	6:08	9.8
974	CHMIEL Justyna	331	CHUSTYNKA.PL	K-30	127	00:01:28	00:30:43.05	00:32:11.55	+00:14:52	6:08	9.8
974	PRZYGOCKA Katarzyna	1275		K-30	127	00:00:44	00:30:43.05	00:31:27.85	+00:14:52	6:08	9.8
976	MIŚ Michał	782	LUKS START NAKŁO	M-30	250	00:01:16	00:30:46.50	00:32:03.30	+00:14:56	6:09	9.7
977	TUSZYŃSKA Anna	771		K-20	81	00:00:26	00:30:46.85	00:31:13.20	+00:14:56	6:09	9.7
978	DRESLEWSKA Agnieszka	364	COOKIETEAMRUNNERS	K-30	129	00:01:19	00:30:49.10	00:32:08.55	+00:14:58	6:09	9.7
979	SZCZYPIŃSKA Justyna	1132		K-30	130	00:00:34	00:30:49.95	00:31:24.05	+00:14:59	6:10	9.7
980	RATAJCZAK Arleta	910		K-40	66	00:00:52	00:30:51.50	00:31:43.80	+00:15:01	6:10	9.7
980	KARAŚ Anna	1359		K-40	66	00:00:44	00:30:51.50	00:31:35.85	+00:15:01	6:10	9.7
982	BURCHARDT Julita	41		K-30	131	00:01:06	00:30:52.15	00:31:58.30	+00:15:01	6:10	9.7
983	GOTOWICZ Kacper	796		M-20	120	00:01:33	00:30:54.75	00:32:28.25	+00:15:04	6:11	9.7
984	DETLAF Mariusz	1303		M-30	251	00:00:45	00:30:55.70	00:31:41.35	+00:15:05	6:11	9.7
985	CHMIELEWSKA Agnieszka	114		K-40	68	00:00:20	00:30:56.85	00:31:17.15	+00:15:06	6:11	9.7
986	KITOWSKA Anna	576		K-30	132	00:00:12	00:30:57.15	00:31:09.40	+00:15:06	6:11	9.7
987	CZECHOWSKA Katarzyna	947		K-20	82	00:00:55	00:30:58.30	00:31:53.30	+00:15:07	6:11	9.7
988	NOWICKA Tatiana	347		K-40	69	00:01:07	00:30:58.70	00:32:06.35	+00:15:08	6:11	9.7
989	BYCZKOWSKI Zenon	1222	INDYWIDUALNIE	M-50	57	00:01:24	00:31:01.20	00:32:25.20	+00:15:10	6:12	9.7
990	KIPCZAK Monika	1101		K-40	70	00:01:00	00:31:01.25	00:32:01.30	+00:15:10	6:12	9.7
991	IDCZAK-BOREK Hanna	286		K-40	71	00:01:10	00:31:02.80	00:32:13.55	+00:15:12	6:12	9.7
992	LEBA Monika	1255		K-20	83	00:01:52	00:31:03.25	00:32:55.45	+00:15:12	6:12	9.7
993	BOREK Marcin	280		M-40	173	00:01:11	00:31:03.55	00:32:14.65	+00:15:13	6:12	9.7
994	RADATZ Magdalena	993		K-20	84	00:01:51	00:31:04.20	00:32:55.75	+00:15:13	6:12	9.7
995	MICHALIK Kornelia	800		K-10	26	00:00:51	00:31:04.65	00:31:56.45	+00:15:14	6:13	9.7
996	SKOWRON Monika	274		K-40	72	00:01:02	00:31:05.05	00:32:07.10	+00:15:14	6:13	9.7
997	TUCZKOWSKA Joanna	315		K-20	85	00:01:01	00:31:05.20	00:32:07.15	+00:15:14	6:13	9.6
998	MICHALIK Joanna	208	PB SLA	K-30	133	00:00:52	00:31:05.25	00:31:57.40	+00:15:14	6:13	9.7
999	ŚLIWIŃSKI Piotr	1381		M-40	174	00:00:57	00:31:07.20	00:32:04.55	+00:15:16	6:13	9.6
1000	LASOTA Anna	556		K-40	73	00:01:19	00:31:08.40	00:32:27.65	+00:15:17	6:13	9.6
1001	ŁABENDA Daria	956		K-20	86	00:01:36	00:31:08.60	00:32:45.25	+00:15:18	6:13	9.6
1002	SZECÓWKA Marcin	276		M-30	252	00:01:02	00:31:09.40	00:32:11.55	+00:15:18	6:13	9.6
1003	MACIEJCZAK Karolina	966	PŁA	K-40	74	00:00:48	00:31:09.50	00:31:57.80	+00:15:19	6:13	9.6
1004	LEWANDOWSKA Agnieszka	279		K-30	134	00:01:01	00:31:09.70	00:32:11.55	+00:15:19	6:14	9.6
1005	TWARDOWSKI Wojciech	22	RUN BYDGOSZCZ	M-50	58	00:01:01	00:31:09.80	00:32:10.95	+00:15:19	6:13	9.6
1006	PALIGA Mateusz	368	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	121	00:01:35	00:31:11.05	00:32:46.70	+00:15:20	6:14	9.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1007	WISNIEWSKA Małgorzata	521		K-30	135	00:00:36	00:31:11.95	00:31:48.70	+00:15:21	6:14	9.6
1008	ZDROJEWSKA Marta	360		K-20	87	00:01:35	00:31:12.00	00:32:47.35	+00:15:21	6:14	9.6
1009	NOSKOWIAK-BAJNO Alicja	139	CHOŁE KLÓLIKI	K-40	75	00:00:36	00:31:12.30	00:31:48.95	+00:15:21	6:14	9.6
1010	KILIŃSKA Magdalena	1395	HELIX POMATIA	K-30	136	00:01:02	00:31:13.60	00:32:15.85	+00:15:23	6:14	9.6
1011	SKORECKI Aleksander	1357	BYDGOSZCZ TRIATHLON TEAM	M-20	122	00:00:46	00:31:14.00	00:32:00.75	+00:15:23	6:14	9.6
1012	SZTOLIN Sylwia	1320	BYDGOSKI KLUB MORSÓW	K-30	137	00:00:08	00:31:14.70	00:31:22.80	+00:15:24	6:14	9.6
1013	SZYKANOWSKA Agnieszka	363		K-30	138	00:00:22	00:31:14.95	00:31:37.05	+00:15:24	6:15	9.6
1014	STARZYŃSKI Paweł	1091		M-10	49	00:00:50	00:31:16.00	00:32:06.15	+00:15:25	6:15	9.6
1015	SZYMAŃSKA Adrianna	1162		K-30	139	00:00:25	00:31:17.00	00:31:42.05	+00:15:26	6:15	9.6
1016	DZIEWIECZYŃSKA Katarzyna	648		K-30	140	00:00:51	00:31:18.55	00:32:10.05	+00:15:28	6:15	9.6
1017	BARTOS Weronika	1008		K-20	88	00:00:59	00:31:19.90	00:32:18.95	+00:15:29	6:15	9.6
1018	WEJNA Agnieszka	1217		K-30	141	00:01:01	00:31:20.60	00:32:22.55	+00:15:30	6:16	9.6
1019	ŁAZARSKA Joanna	301		K-30	142	00:00:13	00:31:20.80	00:31:34.25	+00:15:30	6:16	9.6
1020	PATYK Klaudia	487		K-20	89	00:01:14	00:31:21.60	00:32:35.70	+00:15:31	6:16	9.6
1021	WOŹNIACKA Beata	579	AZYL DLA JEŻY	K-50	15	00:00:45	00:31:21.90	00:32:07.60	+00:15:31	6:16	9.6
1022	GÓRSKA Paulina	527	HARPAGAN TEAM BYDGOSZCZ	K-30	143	00:00:49	00:31:22.15	00:32:12.05	+00:15:31	6:16	9.6
1023	JÓZWIK Jacek	1301	PARKUN	M-60+	16	00:01:03	00:31:22.60	00:32:26.25	+00:15:32	6:16	9.6
1024	SZYKANOWSKI Bartosz	383		M-30	253	00:00:22	00:31:22.70	00:31:45.30	+00:15:32	6:16	9.6
1025	SZCZEPAŃSKA-DOLNA Edyta	1475	FOREST GANG	K-50	16	00:01:33	00:31:22.75	00:32:56.20	+00:15:32	6:16	9.6
1026	MIAZGA Emilia	1473	FOREST GANG	K-20	90	00:01:32	00:31:23.40	00:32:56.25	+00:15:32	6:16	9.6
1027	UŁANOWSKA Dominika	1099		K-40	76	00:00:49	00:31:24.00	00:32:13.55	+00:15:33	6:16	9.6
1028	MIELCAREK Ania	1358		K-40	77	00:01:13	00:31:24.55	00:32:37.70	+00:15:34	6:16	9.6
1029	DZIŻA-KONICZYŃSKA Zuzanna	1339	BYDGOSKI KLUB MORSÓW	K-40	78	00:00:05	00:31:24.70	00:31:30.60	+00:15:34	6:17	9.5
1030	DOMŻALSKA Katarzyna	122		K-30	144	00:01:14	00:31:24.75	00:32:39.10	+00:15:34	6:17	9.5
1031	KORBEL Ewa	160	KORBELKI	K-40	79	00:00:21	00:31:29.65	00:31:51.45	+00:15:39	6:18	9.5
1032	RYBCZYŃSKI Ryszard	1455		M-60+	17	00:00:51	00:31:30.45	00:32:21.65	+00:15:39	6:18	9.5
1033	KORBEL Julia	176	KORBELKI	K-10	27	00:00:20	00:31:30.50	00:31:51.40	+00:15:40	6:18	9.5
1034	KĄKOLEWSKA Monika	1219		K-20	91	00:00:53	00:31:31.35	00:32:25.05	+00:15:40	6:18	9.5
1035	LELEWSKA Aleksandra	1189		K-20	92	00:00:53	00:31:31.50	00:32:24.90	+00:15:41	6:18	9.5
1036	MAĆKOWSKA Magda	982		K-30	145	00:01:02	00:31:31.85	00:32:34.25	+00:15:41	6:18	9.5
1037	PIETRZAK Anna	264		K-20	93	00:01:15	00:31:33.70	00:32:49.35	+00:15:43	6:18	9.5
1038	SĘKOWSKI Bartosz	341		M-10	50	00:01:29	00:31:34.50	00:33:04.15	+00:15:44	6:19	9.5
1039	KŁOS Katarzyna	232		K-40	80	00:00:19	00:31:34.75	00:31:54.55	+00:15:44	6:19	9.5
1040	GRABOWSKA Joanna	483		K-40	81	00:00:15	00:31:36.95	00:31:52.20	+00:15:46	6:19	9.5
1041	PŁOMIŃSKA Monika	391		K-30	146	00:00:14	00:31:37.90	00:31:52.65	+00:15:47	6:19	9.5
1042	PREDER Bartosz	7		M-40	175	00:00:42	00:31:38.55	00:32:21.05	+00:15:48	6:19	9.5
1043	SAGANOWSKA Magdalena	711	BYDGOSZCZ TRIATHLON TEAM	K-20	94	00:00:46	00:31:38.95	00:32:25.70	+00:15:48	6:19	9.5
1044	LIWOCH Grzegorz	425		M-50	59	00:01:23	00:31:39.25	00:33:02.80	+00:15:48	6:19	9.5
1045	LESZCZYŃSKI Marcin	710	BYDGOSZCZ TRIATHLON TEAM	M-20	123	00:00:46	00:31:39.35	00:32:25.95	+00:15:48	6:19	9.5
1046	OLKOWSKI Eugeniusz	406		M-60+	18	00:01:32	00:31:42.25	00:33:14.55	+00:15:51	6:20	9.5
1047	ŚLEDZIŃSKA Aleksandra	1027		K-20	95	00:00:51	00:31:43.60	00:32:35.45	+00:15:53	6:20	9.5
1048	BELIŃSKI Maciej	828	TYPYGRUBE	M-30	254	00:01:06	00:31:43.70	00:32:50.55	+00:15:53	6:20	9.5
1049	BELIŃSKA Aleksandra	817	TYPY GRUBE	K-20	96	00:01:06	00:31:43.95	00:32:50.70	+00:15:53	6:20	9.5



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1050	STĘPNIAK Paulina	466		K-40	82	00:00:38	00:31:44.55	00:32:22.65	+00:15:54	6:20	9.5
1051	KLIMCZAK Piotr	1330		M-10	51	00:01:24	00:31:45.30	00:33:10.10	+00:15:54	6:21	9.4
1052	JANKOWSKI Sławomir	1333		M-20	124	00:01:24	00:31:45.40	00:33:09.95	+00:15:54	6:21	9.4
1053	JANISZAK Beata	454		K-30	147	00:00:37	00:31:45.50	00:32:22.65	+00:15:55	6:21	9.4
1054	OLSZAŃSKI Jakub	187		M-30	255	00:00:44	00:31:45.60	00:32:30.05	+00:15:55	6:21	9.4
1055	KOSIŃSKA Monika	1293		K-20	97	00:00:45	00:31:46.75	00:32:32.05	+00:15:56	6:21	9.4
1056	SOBOTA Beata	177		K-40	83	00:01:06	00:31:47.25	00:32:53.45	+00:15:56	6:21	9.4
1057	GURYN Wiktor	277	ZIELONY PELIKAN	M-30	256	00:00:25	00:31:47.30	00:32:12.55	+00:15:56	6:21	9.4
1058	SAWIEŁAJC Michał	602	BIZONY	M-40	176	00:00:42	00:31:49.80	00:32:32.05	+00:15:59	6:22	9.4
1059	TOMASIK Sylwia	72		K-30	148	00:00:33	00:31:49.95	00:32:22.95	+00:15:59	6:21	9.4
1060	UCIŃSKA Monika	1013		K-20	98	00:01:25	00:31:50.05	00:33:15.45	+00:15:59	6:22	9.4
1061	TOMASIK Aleksandra	314		K-30	149	00:00:33	00:31:50.25	00:32:23.50	+00:15:59	6:22	9.4
1062	BANASZAK Arleta	547		K-40	84	00:00:03	00:31:50.50	00:31:53.65	+00:16:00	6:22	9.4
1063	ŁAKOMSKA - OPALA Iwona	722		K-40	85	00:01:28	00:31:50.95	00:33:19.15	+00:16:00	6:22	9.4
1064	SZAŁECKI Maciej	786		M-30	257	00:00:00	00:31:52.00	00:31:52.00	+00:16:01	6:22	9.4
1065	PAŁUBICKA Klaudia	832		K-30	150	00:01:03	00:31:54.75	00:32:58.40	+00:16:04	6:23	9.4
1066	ZIELIŃSKA Gosia	1188		K-30	151	00:01:13	00:31:55.00	00:33:08.65	+00:16:04	6:23	9.4
1067	KULWAS Magdalena	585		K-20	99	00:00:39	00:31:56.15	00:32:35.30	+00:16:05	6:23	9.4
1068	WALCZAK Joanna	377		K-40	86	00:00:39	00:31:56.35	00:32:35.40	+00:16:05	6:23	9.4
1069	DRUŻKOWSKA Adrianna	864		K-10	28	00:00:54	00:31:56.90	00:32:51.05	+00:16:06	6:23	9.4
1070	PIETKUN Ryszard	321		M-60+	19	00:01:10	00:31:57.10	00:33:08.00	+00:16:06	6:23	9.4
1071	WARSZAWSKA Natalia	863		K-10	29	00:00:54	00:31:57.35	00:32:51.45	+00:16:06	6:23	9.4
1072	DUDEK Tomasz	1323		M-30	258	00:01:13	00:31:58.65	00:33:12.60	+00:16:08	6:23	9.4
1073	SZPERA Joanna	888		K-40	87	00:00:28	00:32:00.90	00:32:29.75	+00:16:10	6:24	9.4
1074	WOJCIECHOWSKA Maja	298		K-10	30	00:00:46	00:32:03.15	00:32:49.15	+00:16:12	6:24	9.4
1075	WRÓBLEWSKA Oliwia	297		K-10	31	00:00:46	00:32:03.35	00:32:49.60	+00:16:12	6:24	9.4
1076	TWARDOWSKA Sylwia	1058		K-30	152	00:00:36	00:32:05.35	00:32:41.35	+00:16:14	6:25	9.4
1077	TWARDOWSKI Filip	1059		M-10	52	00:00:35	00:32:05.40	00:32:41.35	+00:16:14	6:25	9.3
1078	BRAC-WALCZYK Małgorzata	1242	AKADEMIA BIEGANIA GRUDZIĄDZ	K-60+	5	00:00:33	00:32:05.45	00:32:38.80	+00:16:14	6:25	9.4
1079	ROZKWITALSKI Bartosz	1247		M-30	259	00:00:27	00:32:07.25	00:32:34.55	+00:16:16	6:25	9.3
1080	WŁOCH Sandra	1246		K-20	100	00:00:27	00:32:07.40	00:32:34.55	+00:16:16	6:25	9.3
1081	GRALLA Łukasz	486		M-40	177	00:01:31	00:32:08.10	00:33:39.15	+00:16:17	6:25	9.3
1082	CZEKALSKA Beata	696		K-30	153	00:00:55	00:32:09.10	00:33:04.90	+00:16:18	6:25	9.3
1083	WÓJCIK Anna	281		K-30	154	00:01:15	00:32:09.90	00:33:25.05	+00:16:19	6:26	9.3
1084	BUZALSKA Agnieszka	374	OGRODY	K-40	88	00:01:00	00:32:10.10	00:33:10.15	+00:16:19	6:26	9.3
1085	ŁĄCZNA Agnieszka	148	KS POLONIA BYDGOSZCZ SLA	K-30	155	00:01:23	00:32:10.40	00:33:34.15	+00:16:19	6:26	9.3
1086	FABIANOWSKA Karolina	914		K-30	156	00:01:30	00:32:11.60	00:33:42.25	+00:16:21	6:26	9.3
1087	BUZALSKI Robert	369	ORANGE POLSKA	M-40	178	00:00:58	00:32:11.95	00:33:10.75	+00:16:21	6:26	9.3
1088	ROSZCZYN Kamil	1430		M-20	125	00:01:25	00:32:16.35	00:33:41.45	+00:16:25	6:27	9.3
1089	DREWS Mateusz	1042		M-20	126	00:01:07	00:32:18.25	00:33:25.85	+00:16:27	6:27	9.3
1090	GACKOWSKI Edward	1102		M-60+	20	00:01:08	00:32:18.65	00:33:27.10	+00:16:28	6:27	9.3
1091	REINKE Kajetan	1176		M-10	53	00:00:04	00:32:20.45	00:32:25.00	+00:16:29	6:28	9.3
1092	REINKE Joanna	1173		K-30	157	00:00:04	00:32:22.20	00:32:26.65	+00:16:31	6:28	9.3
1093	KALINOWSKI Łukasz	1241		M-10	54	00:01:09	00:32:23.50	00:33:33.25	+00:16:33	6:28	9.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1094	<b>KLAFETKA Marzena</b>	<b>74</b>		K-20	101	00:00:58	<b>00:32:25.85</b>	<b>00:33:24.40</b>	+00:16:35	6:29	9.2
1095	<b>KLAFETKA Mateusz</b>	<b>28</b>		M-20	127	00:00:58	<b>00:32:26.20</b>	<b>00:33:24.65</b>	+00:16:35	6:29	9.2
1096	<b>TARNOWSKA Anna</b>	<b>452</b>		K-40	89	00:00:19	<b>00:32:29.10</b>	<b>00:32:49.05</b>	+00:16:38	6:30	9.2
1097	<b>GRADUSZEWSKI Mateusz</b>	<b>703</b>		M-20	128	00:01:14	<b>00:32:30.30</b>	<b>00:33:44.80</b>	+00:16:39	6:30	9.2
1098	<b>WARSZAWSKA Beata</b>	<b>862</b>		K-40	90	00:00:53	<b>00:32:31.60</b>	<b>00:33:25.25</b>	+00:16:41	6:30	9.2
1099	<b>ARENT Marzena</b>	<b>1138</b>		K-50	17	00:01:14	<b>00:32:32.05</b>	<b>00:33:46.15</b>	+00:16:41	6:30	9.2
1100	<b>RASSALSKA Roma</b>	<b>87</b>		K-40	91	00:00:48	<b>00:32:34.50</b>	<b>00:33:22.50</b>	+00:16:44	6:30	9.2
1101	<b>PIJAROWSKA Ilona</b>	<b>250</b>		K-10	32	00:00:18	<b>00:32:34.60</b>	<b>00:32:53.15</b>	+00:16:44	6:31	9.2
1102	<b>CZARNECKA -PIJAROWSKA Dominika</b>	<b>243</b>		K-30	158	00:00:18	<b>00:32:34.65</b>	<b>00:32:53.45</b>	+00:16:44	6:31	9.2
1103	<b>RASSALSKA-KAUSA Jola</b>	<b>474</b>		K-40	92	00:00:47	<b>00:32:34.80</b>	<b>00:33:22.50</b>	+00:16:44	6:31	9.2
1103	<b>LISOWIEC Zuzanna</b>	<b>1207</b>		K-30	159	00:00:47	<b>00:32:34.80</b>	<b>00:33:22.35</b>	+00:16:44	6:31	9.2
1105	<b>PIJAROWSKI Milan</b>	<b>248</b>		M-10	55	00:00:19	<b>00:32:34.85</b>	<b>00:32:54.05</b>	+00:16:44	6:31	9.2
1106	<b>KLEWICZ Jolanta</b>	<b>852</b>		K-50	18	00:00:42	<b>00:32:36.50</b>	<b>00:33:18.50</b>	+00:16:46	6:31	9.2
1107	<b>KALINOWSKI Zbigniew</b>	<b>1239</b>		M-40	179	00:01:10	<b>00:32:36.55</b>	<b>00:33:46.55</b>	+00:16:46	6:31	9.2
1108	<b>KALINOWSKA Joanna</b>	<b>1240</b>		K-30	160	00:01:09	<b>00:32:36.70</b>	<b>00:33:46.45</b>	+00:16:46	6:31	9.2
1109	<b>MŁYNARCZYK Monika</b>	<b>266</b>		K-20	102	00:01:16	<b>00:32:43.05</b>	<b>00:33:59.50</b>	+00:16:52	6:32	9.2
1110	<b>CHWIAŁKOWSKA Joanna</b>	<b>423</b>		K-40	93	00:01:17	<b>00:32:43.50</b>	<b>00:34:01.00</b>	+00:16:53	6:32	9.2
1111	<b>MALCZEWSKA Mirka</b>	<b>310</b>		K-60+	6	00:00:38	<b>00:32:43.95</b>	<b>00:33:22.65</b>	+00:16:53	6:32	9.2
1112	<b>KANJERSKI Jerzy</b>	<b>359</b>	RUN BYDGOSZCZ	M-60+	21	00:01:20	<b>00:32:44.90</b>	<b>00:34:05.40</b>	+00:16:54	6:33	9.2
1113	<b>HARACEWIAT Cezary</b>	<b>702</b>	CHUPACABRAS	M-50	60	00:01:19	<b>00:32:48.80</b>	<b>00:34:08.45</b>	+00:16:58	6:33	9.1
1114	<b>SZATKOWSKA Beata</b>	<b>509</b>		K-50	19	00:01:33	<b>00:32:52.80</b>	<b>00:34:25.90</b>	+00:17:02	6:34	9.1
1115	<b>RECLAF Julia</b>	<b>870</b>		K-20	103	00:00:47	<b>00:32:53.45</b>	<b>00:33:41.15</b>	+00:17:02	6:34	9.1
1116	<b>SADECKA Monika</b>	<b>1488</b>		K-20	104	00:00:31	<b>00:32:55.65</b>	<b>00:33:26.95</b>	+00:17:05	6:35	9.1
1117	<b>KACZMAREK Dariusz</b>	<b>1215</b>		M-50	61	00:01:26	<b>00:33:00.15</b>	<b>00:34:27.00</b>	+00:17:09	6:36	9.1
1118	<b>KACZMAREK Agnieszka</b>	<b>1213</b>		K-40	94	00:01:26	<b>00:33:00.55</b>	<b>00:34:27.15</b>	+00:17:10	6:36	9.1
1119	<b>KOWALSKA Anna</b>	<b>1387</b>		K-40	95	00:01:01	<b>00:33:04.10</b>	<b>00:34:05.45</b>	+00:17:13	6:36	9.1
1120	<b>MŁKOWSKA Monika</b>	<b>408</b>	RUN BYDGOSZCZ	K-40	96	00:01:00	<b>00:33:04.55</b>	<b>00:34:05.15</b>	+00:17:14	6:37	9.1
1121	<b>SZKOPIAK Marcin</b>	<b>507</b>	OWC	M-40	180	00:01:18	<b>00:33:07.05</b>	<b>00:34:25.15</b>	+00:17:16	6:37	9.1
1121	<b>ŁUCZKOWSKI Rafał</b>	<b>737</b>		M-30	260	00:00:33	<b>00:33:07.05</b>	<b>00:33:40.40</b>	+00:17:16	6:37	9.1
1123	<b>ŁUCZKOWSKA Sylwia</b>	<b>845</b>		K-30	161	00:00:32	<b>00:33:07.35</b>	<b>00:33:40.25</b>	+00:17:16	6:37	9.1
1124	<b>KWASIGROCH Aleksandra</b>	<b>1112</b>		K-40	97	00:00:41	<b>00:33:11.15</b>	<b>00:33:52.15</b>	+00:17:20	6:38	9
1125	<b>CILSKA Agnieszka</b>	<b>251</b>		K-30	162	00:01:28	<b>00:33:14.15</b>	<b>00:34:43.05</b>	+00:17:23	6:39	9
1126	<b>MRÓZ-KONWIŃSKA Izabella</b>	<b>356</b>	SELEKCJA NATURALNA	K-30	163	00:01:39	<b>00:33:16.45</b>	<b>00:34:55.85</b>	+00:17:25	6:39	9
1127	<b>BORAKIEWICZ Arkadiusz</b>	<b>661</b>	TEAM RUN GOŁAŃCZ	M-30	261	00:00:39	<b>00:33:17.85</b>	<b>00:33:57.65</b>	+00:17:27	6:39	9
1128	<b>KANDER Michał</b>	<b>449</b>		M-30	262	00:01:05	<b>00:33:21.45</b>	<b>00:34:27.00</b>	+00:17:30	6:40	9
1129	<b>DERING Magdalena</b>	<b>877</b>		K-20	105	00:01:25	<b>00:33:27.35</b>	<b>00:34:52.65</b>	+00:17:36	6:41	9
1130	<b>KRYGIER Mateusz</b>	<b>874</b>		M-30	263	00:01:25	<b>00:33:27.65</b>	<b>00:34:52.85</b>	+00:17:37	6:41	9
1131	<b>DRABIK Karolina</b>	<b>1352</b>		K-40	98	00:00:13	<b>00:33:29.85</b>	<b>00:33:43.70</b>	+00:17:39	6:42	9
1132	<b>CIEŚLICKI Krzysztof</b>	<b>694</b>	SISU TEAM	M-30	264	00:01:40	<b>00:33:30.30</b>	<b>00:35:10.45</b>	+00:17:39	6:42	9
1133	<b>KOWALSKA Juka</b>	<b>490</b>	BAŻANTTEAM	K-20	106	00:00:46	<b>00:33:31.80</b>	<b>00:34:18.25</b>	+00:17:41	6:42	8.9
1134	<b>SĘKOWSKI Andrzej</b>	<b>339</b>		M-40	181	00:01:30	<b>00:33:32.65</b>	<b>00:35:02.75</b>	+00:17:42	6:42	8.9
1135	<b>NOWACKA Katarzyna</b>	<b>1485</b>		K-30	164	00:01:40	<b>00:33:33.40</b>	<b>00:35:14.05</b>	+00:17:42	6:42	8.9
1136	<b>CZUBEK Teresa</b>	<b>843</b>		K-30	165	00:01:37	<b>00:33:38.45</b>	<b>00:35:15.90</b>	+00:17:47	6:43	8.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1137	<b>MANTYCKI Piotr</b>	<b>481</b>		M-60+	22	00:01:32	<b>00:33:43.10</b>	<b>00:35:15.30</b>	+00:17:52	6:44	8.9
1138	<b>GÓRSKA Małgorzata</b>	<b>858</b>	ZIELONY PELIKAN BYDGOSZCZ	K-20	107	00:00:57	<b>00:33:43.30</b>	<b>00:34:40.30</b>	+00:17:52	6:44	8.9
1139	<b>NOWAKOWSKA Paulina</b>	<b>620</b>		K-20	108	00:00:13	<b>00:33:44.45</b>	<b>00:33:58.40</b>	+00:17:53	6:45	8.9
1139	<b>OLECHNOWICZ Aneta</b>	<b>637</b>	WALECZNE DZIECIAKI	K-10	33	00:01:29	<b>00:33:44.45</b>	<b>00:35:13.65</b>	+00:17:53	6:44	8.9
1141	<b>SKORNIA Agata</b>	<b>929</b>		K-40	99	00:01:05	<b>00:33:46.30</b>	<b>00:34:51.75</b>	+00:17:55	6:45	8.9
1142	<b>OLECHNOWICZ Tomasz</b>	<b>634</b>	WALECZNE DZIECIAKI	M-50	62	00:01:28	<b>00:33:46.35</b>	<b>00:35:15.00</b>	+00:17:55	6:45	8.9
1143	<b>OSTROWSKA Renata</b>	<b>1050</b>		K-40	100	00:01:01	<b>00:33:50.30</b>	<b>00:34:51.45</b>	+00:17:59	6:46	8.9
1144	<b>JAWORSKA KACZMAREK Sylwia</b>	<b>963</b>	#4FAJTER	K-40	101	00:00:59	<b>00:33:51.70</b>	<b>00:34:51.10</b>	+00:18:01	6:46	8.9
1145	<b>TEWS Marzena</b>	<b>534</b>		K-40	102	00:00:59	<b>00:33:51.80</b>	<b>00:34:51.75</b>	+00:18:01	6:46	8.9
1146	<b>CELUSTA Sylwia</b>	<b>900</b>	IMMORTAL	K-40	103	00:01:28	<b>00:33:52.05</b>	<b>00:35:20.90</b>	+00:18:01	6:46	8.9
1147	<b>KACZMAREK Adam</b>	<b>964</b>	#4FAJTER	M-30	265	00:00:58	<b>00:33:52.45</b>	<b>00:34:51.35</b>	+00:18:01	6:46	8.9
1148	<b>TYMIŃSKI Łukasz</b>	<b>969</b>	#4FAJTER	M-30	266	00:00:58	<b>00:33:53.15</b>	<b>00:34:51.15</b>	+00:18:02	6:46	8.9
1149	<b>TYMIŃSKA Beata</b>	<b>968</b>	#4FAJTER	K-30	166	00:00:57	<b>00:33:53.70</b>	<b>00:34:51.15</b>	+00:18:03	6:46	8.8
1150	<b>NOWAKOWSKA Monika</b>	<b>625</b>		K-20	109	00:00:00	<b>00:33:55.65</b>	<b>00:33:55.65</b>	+00:18:05	6:47	8.8
1151	<b>GÓRSKI Mariusz</b>	<b>1111</b>		M-40	182	00:01:38	<b>00:33:56.10</b>	<b>00:35:34.60</b>	+00:18:05	6:47	8.8
1152	<b>PYTLIK Dominika</b>	<b>742</b>		K-10	34	00:00:04	<b>00:33:56.35</b>	<b>00:34:01.20</b>	+00:18:05	6:47	8.8
1153	<b>SZKOPIAK-NOWAKOWSKA Oliwia</b>	<b>343</b>		K-20	110	00:01:21	<b>00:33:56.80</b>	<b>00:35:18.55</b>	+00:18:06	6:47	8.8
1154	<b>BRĄGIEL Anna</b>	<b>1149</b>	VEGE RUNNERS	K-30	167	00:01:38	<b>00:33:57.30</b>	<b>00:35:35.90</b>	+00:18:06	6:47	8.8
1155	<b>PAWELEC Michał</b>	<b>1005</b>		M-20	129	00:01:11	<b>00:34:03.05</b>	<b>00:35:14.50</b>	+00:18:12	6:48	8.8
1156	<b>PANTKOWSKA Karolina</b>	<b>379</b>		K-30	168	00:01:23	<b>00:34:06.35</b>	<b>00:35:29.40</b>	+00:18:15	6:49	8.8
1157	<b>KASPROWICZ Paweł</b>	<b>853</b>	3MAMY RAZEM	M-30	267	00:01:29	<b>00:34:06.85</b>	<b>00:35:35.85</b>	+00:18:16	6:49	8.8
1158	<b>MORDAKA Maciej</b>	<b>84</b>		M-30	268	00:01:29	<b>00:34:13.90</b>	<b>00:35:43.40</b>	+00:18:23	6:50	8.8
1159	<b>DRAŹDŹEWSKI Marian</b>	<b>533</b>	DZIK SQUAD	M-60+	23	00:01:38	<b>00:34:15.75</b>	<b>00:35:53.80</b>	+00:18:25	6:51	8.8
1160	<b>ŻURAWSKI Michał</b>	<b>210</b>	RUN LOTTO-BYDGOSTIA	M-40	183	00:01:36	<b>00:34:16.90</b>	<b>00:35:53.55</b>	+00:18:26	6:51	8.8
1161	<b>FINGAS Natalia</b>	<b>548</b>		K-30	169	00:01:23	<b>00:34:17.00</b>	<b>00:35:40.65</b>	+00:18:26	6:51	8.8
1162	<b>SZULC Asia</b>	<b>1203</b>		K-30	170	00:01:02	<b>00:34:18.75</b>	<b>00:35:21.30</b>	+00:18:28	6:51	8.7
1163	<b>LEWICKA Dagmara</b>	<b>698</b>		K-30	171	00:00:24	<b>00:34:19.45</b>	<b>00:34:43.50</b>	+00:18:28	6:51	8.7
1164	<b>PASTWA Paulina</b>	<b>1081</b>		K-20	111	00:00:48	<b>00:34:19.95</b>	<b>00:35:08.25</b>	+00:18:29	6:52	8.7
1165	<b>ASTUKIEWICZ Tomasz</b>	<b>537</b>		M-40	184	00:01:09	<b>00:34:23.25</b>	<b>00:35:32.60</b>	+00:18:32	6:52	8.7
1166	<b>ASTUKIEWICZ Agnieszka</b>	<b>540</b>		K-50	20	00:01:08	<b>00:34:23.90</b>	<b>00:35:32.85</b>	+00:18:33	6:52	8.7
1167	<b>KUZIĄK Ola</b>	<b>329</b>		K-50	21	00:01:22	<b>00:34:25.45</b>	<b>00:35:48.30</b>	+00:18:34	6:53	8.7
1168	<b>WYPYCH-KLUNDER Katarzyna</b>	<b>420</b>		K-30	172	00:00:49	<b>00:34:25.70</b>	<b>00:35:14.75</b>	+00:18:35	6:53	8.7
1169	<b>KORNACKA Sylwia</b>	<b>522</b>	BEJBUSIE	K-40	104	00:00:09	<b>00:34:30.35</b>	<b>00:34:40.30</b>	+00:18:39	6:54	8.7
1170	<b>WYROBEK Jowita</b>	<b>882</b>		K-20	112	00:00:56	<b>00:34:32.95</b>	<b>00:35:29.35</b>	+00:18:42	6:54	8.7
1171	<b>NOWAKOWSKI Ireneusz</b>	<b>619</b>	MUMINKI TEAM	M-40	185	00:00:52	<b>00:34:39.75</b>	<b>00:35:32.15</b>	+00:18:49	6:56	8.7
1172	<b>OLSZEWSKA Kamila</b>	<b>683</b>	BYDGOSZCZ	K-30	173	00:01:34	<b>00:34:40.15</b>	<b>00:36:14.65</b>	+00:18:49	6:56	8.7
1173	<b>HELWIG Anna</b>	<b>1110</b>		K-40	105	00:01:23	<b>00:34:40.30</b>	<b>00:36:03.30</b>	+00:18:49	6:56	8.7
1174	<b>NAWROCKA Karolina</b>	<b>621</b>	MUMINKI TEAM	K-20	113	00:00:52	<b>00:34:41.05</b>	<b>00:35:33.80</b>	+00:18:50	6:56	8.6
1175	<b>PASIUT Bogumiła</b>	<b>617</b>	MUMINKI TEAM	K-40	106	00:00:52	<b>00:34:41.90</b>	<b>00:35:33.90</b>	+00:18:51	6:56	8.6
1176	<b>GŁOWACKI Jarosław</b>	<b>1105</b>	ADP BYDGOSZCZ	M-20	130	00:00:19	<b>00:34:47.40</b>	<b>00:35:07.10</b>	+00:18:56	6:57	8.6
1177	<b>JAROMIRSKA Karolina</b>	<b>1260</b>		K-20	114	00:01:20	<b>00:34:52.80</b>	<b>00:36:13.10</b>	+00:19:02	6:58	8.6
1178	<b>CZYŹNIKIEWICZ Karol</b>	<b>1257</b>		M-20	131	00:01:20	<b>00:34:52.90</b>	<b>00:36:12.95</b>	+00:19:02	6:58	8.6
1179	<b>CZYŹNIKIEWICZ Paweł</b>	<b>1261</b>		M-20	132	00:01:21	<b>00:34:54.50</b>	<b>00:36:15.60</b>	+00:19:04	6:58	8.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1180	KRZYWAŃSKA Aleksandra	1298		K-30	174	00:00:37	00:34:54.65	00:35:32.10	+00:19:04	6:59	8.6
1181	ZBIRANEK Beata	1302		K-40	107	00:00:37	00:34:55.75	00:35:33.35	+00:19:05	6:59	8.6
1182	POPIOŁEK Izabela	891		K-20	115	00:00:43	00:34:58.30	00:35:42.20	+00:19:07	6:59	8.6
1183	KALISZEWSKI Sławomir	1052	3KR	M-30	269	00:00:16	00:35:00.40	00:35:16.65	+00:19:09	7:00	8.6
1184	STRZYŻOWSKA Monika	748	WATAHA BYDGOSZCZ	K-40	108	00:01:42	00:35:06.55	00:36:49.15	+00:19:16	7:01	8.5
1185	RÓŻAŃSKI Wojciech	885		M-30	270	00:01:11	00:35:07.25	00:36:18.40	+00:19:16	7:01	8.5
1186	SZULC Marlena	749	WATAHA BYDGOSZCZ	K-40	109	00:01:41	00:35:07.45	00:36:49.25	+00:19:16	7:01	8.5
1187	RÓŻAŃSKA Katarzyna	886		K-30	175	00:01:10	00:35:07.85	00:36:18.30	+00:19:17	7:01	8.5
1188	WYSOCKA Paulina	1315		K-20	116	00:01:02	00:35:10.75	00:36:13.40	+00:19:20	7:02	8.5
1189	NOWICKA Anna	719		K-40	110	00:00:33	00:35:12.75	00:35:46.25	+00:19:22	7:02	8.5
1190	OBREMSKA Magdalena	1422		K-40	111	00:00:40	00:35:13.85	00:35:54.70	+00:19:23	7:02	8.5
1191	PAKUŁA Natalia	1076		K-20	117	00:00:51	00:35:15.65	00:36:07.60	+00:19:25	7:03	8.5
1192	CYCHOWSKA Anna	15		K-30	176	00:01:40	00:35:15.90	00:36:56.65	+00:19:25	7:03	8.5
1192	JASTRZĘBSKA Maja	1064		K-20	118	00:01:22	00:35:15.90	00:36:38.15	+00:19:25	7:03	8.5
1194	SĄDOWSKI Adam	558	BYDGOSKA SEKCJA WKKK	M-10	56	00:00:03	00:35:17.90	00:35:21.10	+00:19:27	7:03	8.5
1195	GORZYCKI Dariusz	462	BYDGOSKA SEKCJA WKKK	M-40	186	00:00:03	00:35:18.70	00:35:21.75	+00:19:28	7:03	8.5
1196	GÓRSKA Agnieszka	1113		K-10	35	00:01:33	00:35:22.30	00:36:55.35	+00:19:31	7:04	8.5
1197	RYMER Jarosław	656		M-10	57	00:01:12	00:35:23.30	00:36:36.05	+00:19:32	7:04	8.5
1198	RYMER Adam	655		M-30	271	00:01:12	00:35:24.10	00:36:36.40	+00:19:33	7:04	8.5
1199	GÓRSKA Maria	725		K-60+	7	00:00:49	00:35:26.35	00:36:15.95	+00:19:35	7:05	8.5
1200	NOWAK Paulina	645		K-20	119	00:01:15	00:35:31.05	00:36:46.10	+00:19:40	7:06	8.4
1201	RATUSIŃSKI Robert	1273		M-10	58	00:01:22	00:35:31.30	00:36:53.50	+00:19:40	7:06	8.4
1202	RYBCZYŃSKI Grzegorz	646		M-20	133	00:01:15	00:35:32.55	00:36:47.75	+00:19:42	7:06	8.4
1203	GÓZDŹ Hanna	516	JĄS BIEGA	K-60+	8	00:00:46	00:35:33.25	00:36:20.10	+00:19:42	7:06	8.4
1204	KALISZEWSKI Wojciech	1053	3KR	M-30	272	00:00:17	00:35:33.75	00:35:51.05	+00:19:43	7:06	8.4
1205	WITOŃSKA Angelika	257		K-30	177	00:01:23	00:35:35.95	00:36:59.65	+00:19:45	7:07	8.4
1206	SÓJKA Agnieszka	1062		K-30	178	00:01:22	00:35:36.05	00:36:58.20	+00:19:45	7:07	8.4
1207	PROCZEK Joanna	1407		K-30	179	00:01:26	00:35:38.30	00:37:04.90	+00:19:47	7:07	8.4
1208	BIERNACKI Wojciech	77		M-10	59	00:01:10	00:35:41.10	00:36:51.45	+00:19:50	7:08	8.4
1209	BIERNACKA Anna	59		K-40	112	00:01:10	00:35:41.65	00:36:51.75	+00:19:51	7:08	8.4
1210	HOŁYSZ Krysia	97		K-20	120	00:01:09	00:35:42.65	00:36:51.90	+00:19:52	7:08	8.4
1211	GRALAK Anna	1388		K-30	180	00:01:01	00:36:05.45	00:37:07.10	+00:20:14	7:13	8.3
1212	GÓRSKA Weronika	1108		K-20	121	00:01:33	00:36:12.40	00:37:45.85	+00:20:21	7:14	8.3
1213	KUŻBA Kamila	881		K-20	122	00:00:56	00:36:15.55	00:37:12.15	+00:20:25	7:15	8.3
1213	ZIĘTARA Wiktoria	957		K-10	36	00:00:13	00:36:15.55	00:36:28.80	+00:20:25	7:15	8.3
1215	KROPIDŁOWSKA Magdalena	180	OCELOTY KRUSZYN KRAJEŃSKI	K-30	181	00:01:37	00:36:21.45	00:37:59.30	+00:20:30	7:16	8.2
1216	PACYNA Ewa	489		K-20	123	00:01:16	00:36:24.40	00:37:40.55	+00:20:33	7:16	8.2
1217	ROMANOWSKA Sylwia	687		K-40	113	00:00:58	00:36:31.40	00:37:29.85	+00:20:40	7:18	8.2
1218	LEWANDOWSKI Robert	235	POMAGALSCY	M-40	187	00:01:00	00:36:37.00	00:37:37.60	+00:20:46	7:19	8.2
1219	DUBIELEWSKA Anna	564		K-20	124	00:00:53	00:36:44.55	00:37:37.75	+00:20:54	7:20	8.2
1220	DOMAGAŁA Monika	1019		K-20	125	00:00:53	00:36:44.95	00:37:38.15	+00:20:54	7:21	8.2
1221	KRĘCICKA Ewa	1156		K-30	182	00:01:10	00:36:56.40	00:38:06.80	+00:21:05	7:23	8.1
1222	SULKOWSKA Jadwiga	1366	BYDGOSKI KLUB MORSÓW	K-40	114	00:00:07	00:37:11.05	00:37:19.00	+00:21:20	7:26	8.1
1223	KUICH Agnieszka	647		K-40	115	00:00:15	00:37:14.75	00:37:30.45	+00:21:24	7:27	8.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1224	<b>GÓRNY Łukasz</b>	<b>1</b>		M-20	134	00:01:12	<b>00:37:26.00</b>	<b>00:38:38.90</b>	+00:21:35	7:29	8
1225	<b>MUZOLF Natalia</b>	<b>1268</b>		K-20	126	00:01:12	<b>00:37:28.45</b>	<b>00:38:41.25</b>	+00:21:37	7:29	8
1226	<b>KONARZEWSKI Arkadiusz</b>	<b>517</b>		M-40	188	00:00:26	<b>00:37:35.65</b>	<b>00:38:02.60</b>	+00:21:45	7:31	8
1226	<b>SKRZĄTEK Anna</b>	<b>1032</b>		K-40	116	00:00:27	<b>00:37:35.65</b>	<b>00:38:02.85</b>	+00:21:45	7:31	8
1228	<b>WORONIECKA Anna</b>	<b>426</b>		K-40	117	00:00:26	<b>00:37:35.80</b>	<b>00:38:02.55</b>	+00:21:45	7:31	8
1229	<b>SZMELTER Ania</b>	<b>1071</b>	PARKRUN GRUDZIĄDZ	K-20	127	00:01:00	<b>00:37:40.30</b>	<b>00:38:40.55</b>	+00:21:49	7:32	8
1230	<b>JEŻOWSKI Sławomir</b>	<b>1350</b>		M-50	63	00:00:44	<b>00:37:49.60</b>	<b>00:38:33.85</b>	+00:21:59	7:33	7.9
1231	<b>WOŹNIAK Monika</b>	<b>189</b>		K-40	118	00:00:13	<b>00:37:53.95</b>	<b>00:38:07.80</b>	+00:22:03	7:34	7.9
1232	<b>NOWAKOWSKA Katarzyna</b>	<b>622</b>		K-40	119	00:00:15	<b>00:37:59.20</b>	<b>00:38:14.20</b>	+00:22:08	7:35	7.9
1233	<b>NETZELMANN Tomasz</b>	<b>1136</b>	MCŚTEAM	M-40	189	00:01:23	<b>00:38:05.55</b>	<b>00:39:28.80</b>	+00:22:15	7:37	7.9
1234	<b>HELWIG Sara</b>	<b>1109</b>		K-20	128	00:01:22	<b>00:38:05.85</b>	<b>00:39:28.75</b>	+00:22:15	7:37	7.9
1235	<b>BAŁYS Krzysztof</b>	<b>1128</b>		M-20	135	00:00:17	<b>00:38:11.70</b>	<b>00:38:29.00</b>	+00:22:21	7:38	7.9
1236	<b>MAJEWSKA Monika</b>	<b>1130</b>		K-20	129	00:00:16	<b>00:38:12.30</b>	<b>00:38:28.90</b>	+00:22:21	7:38	7.9
1237	<b>WIECZOREK Jolanta</b>	<b>758</b>		K-30	183	00:01:24	<b>00:38:22.35</b>	<b>00:39:46.35</b>	+00:22:31	7:40	7.8
1238	<b>CZAJA Wiktor</b>	<b>284</b>		M-10	60	00:01:14	<b>00:38:33.65</b>	<b>00:39:47.90</b>	+00:22:43	7:42	7.8
1239	<b>CZAJA Sonia</b>	<b>282</b>		K-40	120	00:01:14	<b>00:38:34.05</b>	<b>00:39:48.75</b>	+00:22:43	7:42	7.8
1240	<b>RUDNICKI Michał</b>	<b>183</b>	TASAK TEAM	M-30	273	00:01:31	<b>00:38:44.45</b>	<b>00:40:15.55</b>	+00:22:53	7:44	7.7
1241	<b>RUDNICKA Karolina</b>	<b>217</b>	TASAK TEAM	K-30	184	00:01:31	<b>00:38:44.50</b>	<b>00:40:15.65</b>	+00:22:54	7:44	7.7
1242	<b>NOWACKA Jolanta</b>	<b>712</b>		K-40	121	00:00:56	<b>00:38:50.70</b>	<b>00:39:47.10</b>	+00:23:00	7:46	7.7
1243	<b>NOWACKI Rafał</b>	<b>971</b>		M-40	190	00:00:55	<b>00:38:51.50</b>	<b>00:39:47.45</b>	+00:23:01	7:46	7.7
1244	<b>CHMURZYŃSKA Ewa</b>	<b>1329</b>		K-50	22	00:00:55	<b>00:38:51.55</b>	<b>00:39:47.15</b>	+00:23:01	7:46	7.7
1245	<b>KOSOŃ Danuta</b>	<b>1361</b>		K-60+	9	00:00:55	<b>00:38:52.15</b>	<b>00:39:47.50</b>	+00:23:01	7:46	7.7
1246	<b>LENC Agnieszka</b>	<b>137</b>	SLA POLONIA BYDGOSZCZ	K-40	122	00:01:26	<b>00:38:59.70</b>	<b>00:40:25.75</b>	+00:23:09	7:47	7.7
1247	<b>SROCZYŃSKA Aldona</b>	<b>967</b>	KS POLONIA BYDGOSZCZ SEKCJA LA	K-50	23	00:01:26	<b>00:38:59.85</b>	<b>00:40:26.10</b>	+00:23:09	7:48	7.7
1248	<b>POBIEDZIŃSKA Marta</b>	<b>1481</b>	KS POLONIA BYDGOSZCZ SEKCJA LA	K-20	130	00:01:25	<b>00:39:00.05</b>	<b>00:40:25.90</b>	+00:23:09	7:48	7.7
1249	<b>BULIŃSKI Arkadiusz</b>	<b>640</b>		M-30	274	00:00:59	<b>00:39:07.40</b>	<b>00:40:06.85</b>	+00:23:16	7:49	7.7
1250	<b>SCHUETZMANN Patrycja</b>	<b>432</b>		K-30	185	00:00:57	<b>00:39:09.40</b>	<b>00:40:07.10</b>	+00:23:18	7:50	7.7
1251	<b>CHOJNACKA Aleksandra</b>	<b>840</b>		K-20	131	00:01:39	<b>00:39:09.80</b>	<b>00:40:48.95</b>	+00:23:19	7:49	7.7
1252	<b>CHOJNACKI Grzegorz</b>	<b>841</b>		M-20	136	00:01:39	<b>00:39:09.90</b>	<b>00:40:49.20</b>	+00:23:19	7:50	7.7
1253	<b>WITKIEWICZ-ŁUKASZEK Sandra</b>	<b>17</b>	WATAHA BYDGOSZCZ	K-20	132	00:01:40	<b>00:39:17.95</b>	<b>00:40:58.80</b>	+00:23:27	7:51	7.6
1254	<b>CHOLEWCZYŃSKA Wiktoria</b>	<b>256</b>		K-20	133	00:00:56	<b>00:39:50.15</b>	<b>00:40:46.40</b>	+00:23:59	7:58	7.5
1255	<b>CHOLEWCZYŃSKA Dorota</b>	<b>1345</b>		K-40	123	00:00:55	<b>00:39:51.15</b>	<b>00:40:46.45</b>	+00:24:00	7:58	7.5
1256	<b>ZALEWSKI Łukasz</b>	<b>570</b>		M-40	191	00:00:50	<b>00:39:54.65</b>	<b>00:40:45.35</b>	+00:24:04	7:59	7.5
1257	<b>ZALEWSKA Justyna</b>	<b>571</b>		K-40	124	00:00:50	<b>00:39:54.70</b>	<b>00:40:45.60</b>	+00:24:04	7:59	7.5
1258	<b>ZALEWSKA Justyna</b>	<b>769</b>		K-40	125	00:00:25	<b>00:40:16.30</b>	<b>00:40:42.10</b>	+00:24:25	8:03	7.4
1259	<b>ZACHEJA Mriusz</b>	<b>1383</b>		M-40	192	00:00:00	<b>00:40:46.30</b>	<b>00:40:46.30</b>	+00:24:55	8:09	7.4
1260	<b>JAWORSKA Michalina</b>	<b>1133</b>	STOWARZYSZENIE 'DZIEKI WAM'	K-10	37	00:00:35	<b>00:40:46.40</b>	<b>00:41:21.85</b>	+00:24:55	8:09	7.4
1261	<b>JAWORSKI Adam</b>	<b>560</b>	STOWARZYSZENIE 'DZIEKI WAM'	M-40	193	00:00:35	<b>00:40:46.80</b>	<b>00:41:22.35</b>	+00:24:56	8:09	7.4
1262	<b>KUBIAK Beata</b>	<b>136</b>		K-10	38	00:01:44	<b>00:41:33.40</b>	<b>00:43:17.40</b>	+00:25:42	8:18	7.2
1263	<b>KUBIAK Rafał</b>	<b>126</b>		M-40	194	00:01:43	<b>00:41:35.35</b>	<b>00:43:18.70</b>	+00:25:44	8:19	7.2
1264	<b>KORBEL Marian</b>	<b>278</b>	KORBELKI	M-40	195	00:00:21	<b>00:41:43.20</b>	<b>00:42:04.25</b>	+00:25:52	8:20	7.2
1265	<b>SZCZERBINSKI Mariusz</b>	<b>657</b>		M-40	196	00:00:40	<b>00:42:24.80</b>	<b>00:43:05.65</b>	+00:26:34	8:29	7.1
1266	<b>GRABOWSKA Ilona</b>	<b>1464</b>		K-30	186	00:01:35	<b>00:42:40.35</b>	<b>00:44:16.10</b>	+00:26:49	8:32	7
1267	<b>LEMPEK Joanna</b>	<b>686</b>		K-40	126	00:01:34	<b>00:42:41.45</b>	<b>00:44:15.95</b>	+00:26:50	8:32	7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1268	<b>KEMPA Arkadiusz</b>	<b>980</b>	FAMILY TEAM KEMPA	M-40	197	00:01:35	<b>00:42:42.00</b>	<b>00:44:17.45</b>	+00:26:51	8:32	7
1269	<b>GŁON Julia</b>	<b>989</b>		K-10	39	00:01:34	<b>00:42:42.20</b>	<b>00:44:16.55</b>	+00:26:51	8:32	7
1270	<b>KEMPA Julia</b>	<b>981</b>	SP 37	K-10	40	00:01:34	<b>00:42:42.40</b>	<b>00:44:16.50</b>	+00:26:51	8:32	7
1271	<b>LEMPEK Wiktoria</b>	<b>1025</b>	BYDGOSZCZ	K-10	41	00:01:33	<b>00:42:42.50</b>	<b>00:44:16.40</b>	+00:26:52	8:32	7
1272	<b>LEMPEK Dominika</b>	<b>684</b>	UKS BŁĘKITNY DELFIN	K-10	42	00:01:34	<b>00:42:42.95</b>	<b>00:44:17.00</b>	+00:26:52	8:32	7
1273	<b>FOLHER Jagoda</b>	<b>1384</b>		K-10	43	00:00:44	<b>00:42:47.90</b>	<b>00:43:32.15</b>	+00:26:57	8:33	7
1274	<b>BIELENNY Michał</b>	<b>857</b>		M-60+	24	00:00:37	<b>00:43:00.70</b>	<b>00:43:38.50</b>	+00:27:10	8:36	7
1275	<b>JANKOWSKI Piotr</b>	<b>1349</b>		M-60+	25	00:01:01	<b>00:43:15.35</b>	<b>00:44:16.75</b>	+00:27:24	8:39	6.9
1276	<b>MIECH Wiesław</b>	<b>1372</b>		M-60+	26	00:01:01	<b>00:43:15.65</b>	<b>00:44:17.40</b>	+00:27:25	8:39	6.9
1277	<b>BADOWSKI Krzysztof</b>	<b>1328</b>		M-50	64	00:00:00	<b>00:44:16.10</b>	<b>00:44:16.10</b>	+00:28:25	8:51	6.8
1278	<b>HEWELT Oliwia</b>	<b>1335</b>		K-10	44	00:00:56	<b>00:49:22.90</b>	<b>00:50:19.75</b>	+00:33:32	9:52	6.1
1279	<b>MAKUSZEWSKI Mateusz</b>	<b>1468</b>		M-30	275	00:00:37			+00:08:48	4:58	12.1
1280	<b>CHMURZYŃSKI Tomasz</b>	<b>1332</b>		M-50	65	00:00:00			+	6:06	9.8
1281	<b>MYLER Georgina</b>	<b>1374</b>		K-30	187	00:01:01			+00:27:02	8:41	6.9
1282	<b>SKĄPSKI Łukasz</b>	<b>1379</b>		M-30	276	00:00:00			+	8:53	6.7
1283	<b>JAGODZIŃSKI Mateusz</b>	<b>253</b>	BYDGOSKIE OKONIE	M-20	137	00:00:02					

Znaleziono 1283 wynik(ów)