



Organizator:
Data:
Miejsce:
Dystans:

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2019

Aktywna Bydgoszcz
2019-11-11
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MICHALAK Grzegorz	1143	ŚWIAT BIEGACZA FEHLAU RUN TEAM	M-20	1	00:00:01	00:15:50.50	00:15:52.45		3:10	18.9 (100%)
2	FELCZAK Jakub	357		M-20	2	00:00:01	00:16:27.70	00:16:29.65	+00:00:37 (3.8%)	3:17	18.2 (96.3%)
3	SKIBA Łukasz	789	SZYMI TEAM	M-30	1	00:00:02	00:16:38.50	00:16:40.70	+00:00:48 (4.8%)	3:19	18 (95.2%)
4	PAWŁOWSKI Tomasz	1181		M-20	3	00:00:02	00:17:11.80	00:17:14.00	+00:01:21 (7.9%)	3:26	17.4 (92.1%)
5	GOŚCINIAK Michał	802	3GRAVITY	M-30	2	00:00:02	00:17:24.05	00:17:26.25	+00:01:33 (9.0%)	3:28	17.2 (91.0%)
6	MAĆKOWSKI Maciej	9	UPS BYDGOSZCZ/TEAMOCHAL	M-30	3	00:00:02	00:17:26.95	00:17:29.15	+00:01:36 (9.2%)	3:29	17.2 (91.0%)
7	TUCZYŃSKI Sylwester Leon	116	BYDGOSKIE OKONIE	M-20	4	00:00:01	00:17:36.25	00:17:37.40	+00:01:45 (10.0%)	3:31	17 (89.9%)
8	TUCHOLSKI Bartłomiej	267	BYDGOSKIE OKONIE	M-20	5	00:00:02	00:17:40.95	00:17:43.65	+00:01:50 (10.4%)	3:32	17 (89.9%)
9	WIWATOWSKI Michał	115		M-40	1	00:00:02	00:17:41.20	00:17:43.60	+00:01:50 (10.4%)	3:32	17 (89.9%)
10	ŚLUSARSKI Przemysław	373	RUN PASJA	M-30	4	00:00:04	00:18:03.90	00:18:07.90	+00:02:13 (12.3%)	3:36	16.6 (87.8%)
11	KUŁAKOWSKI Krzysztof	920	RUN PASJA	M-30	5	00:00:03	00:18:04.45	00:18:07.65	+00:02:13 (12.4%)	3:36	16.6 (87.8%)
12	BORUCH Łukasz	1069		M-30	6	00:00:02	00:18:17.90	00:18:20.35	+00:02:27 (13.4%)	3:39	16.4 (86.8%)
13	GRUSZKA Gracjan	846	CWZS ZAWISZA BYDGOSZCZ SL	M-20	6	00:00:01	00:18:26.70	00:18:28.65	+00:02:36 (14.1%)	3:41	16.3 (86.2%)
14	BAK Oskar	1089		M-30	7	00:00:09	00:18:38.85	00:18:48.15	+00:02:48 (15.0%)	3:43	16.1 (85.2%)
15	DURCZAK Jerzy	295	BYDGOSKIE OKONIE	M-30	8	00:00:06	00:18:40.15	00:18:46.65	+00:02:49 (15.1%)	3:44	16.1 (85.2%)
16	ZIELIŃSKI Nicolas	663	WWW,OLIMPIASPORT.PL	M-20	7	00:00:03	00:18:51.95	00:18:55.80	+00:03:01 (16.0%)	3:46	15.9 (84.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	WILK Łukasz	43	RUNADDICTS	M-30	9	00:00:04	00:18:57.65	00:19:02.20	+00:03:07 (16.5%)	3:47	15.8 (83.6%)
18	JAŹDŹYK Konrad	1351	TKKF KUBUŚ SIERPC	M-20	8	00:00:04	00:19:05.10	00:19:09.15	+00:03:14 (17.0%)	3:49	15.7 (83.1%)
19	STANKIEWICZ Jacek	322		M-20	9	00:00:02	00:19:05.95	00:19:08.40	+00:03:15 (17.1%)	3:49	15.7 (83.1%)
20	KUROWSKI Kamil	105	3GRAVITY	M-30	10	00:00:03	00:19:07.00	00:19:10.75	+00:03:16 (17.1%)	3:49	15.7 (83.1%)
21	FLOREK Paweł	185	RUNADDICTS	M-30	11	00:00:04	00:19:09.25	00:19:13.70	+00:03:18 (17.3%)	3:49	15.7 (83.1%)
22	OKOŃSKI Jarosław	6	BIEGOWEZAPARCIE.PL	M-30	12	00:00:04	00:19:10.60	00:19:15.25	+00:03:20 (17.4%)	3:50	15.6 (82.5%)
23	KIEŁPIKOWSKI Patryk	613		M-30	13	00:00:09	00:19:12.45	00:19:21.75	+00:03:21 (17.5%)	3:50	15.6 (82.5%)
24	WARSZAWSKI Przemysław	1020	81BLP	M-30	14	00:00:03	00:19:15.35	00:19:19.05	+00:03:24 (17.7%)	3:51	15.6 (82.5%)
25	KILIJAŃCZYK Piotr	1435		M-30	15	00:00:11	00:19:18.75	00:19:30.00	+00:03:28 (18.0%)	3:51	15.5 (82.0%)
26	KRUPA Piotr	785	WOODRUNNERS	M-30	16	00:00:02	00:19:23.35	00:19:26.10	+00:03:32 (18.3%)	3:52	15.5 (82.0%)
27	KOZŁOWSKI Rafał	52	RUN PASJA	M-40	2	00:00:03	00:19:25.25	00:19:28.50	+00:03:34 (18.4%)	3:53	15.5 (82.0%)
28	STARZYŃSKI Piotr	1085		M-40	3	00:00:06	00:19:26.50	00:19:33.20	+00:03:36 (18.5%)	3:53	15.4 (81.5%)
29	RZESZOTARSKI Daniel	801		M-30	17	00:00:04	00:19:27.00	00:19:31.25	+00:03:36 (18.6%)	3:53	15.4 (81.5%)
30	PIASECKI Radosław	230		M-20	10	00:00:08	00:19:28.50	00:19:36.85	+00:03:38 (18.7%)	3:53	15.4 (81.5%)
31	BASIŃSKI Łukasz	470	OLIMPIASPORT.PL	M-20	11	00:00:04	00:19:30.90	00:19:35.10	+00:03:40 (18.8%)	3:54	15.4 (81.5%)
32	SZCZEPANIAK Cezary	678		M-40	4	00:00:04	00:19:32.20	00:19:36.80	+00:03:41 (18.9%)	3:54	15.4 (81.5%)
33	ZUŻYDŁO Radosław	193		M-30	18	00:00:05	00:19:40.45	00:19:45.90	+00:03:49 (19.5%)	3:56	15.3 (81.0%)
34	DUDZIŃSKI Paweł	459	TEAM RUN GOŁAŃCZ	M-30	19	00:00:05	00:19:41.95	00:19:47.15	+00:03:51 (19.6%)	3:56	15.2 (80.4%)
35	KAWIECKI Paweł	39	AKADEMIAMUZYCZNABIEGA	M-20	12	00:00:03	00:19:43.45	00:19:46.95	+00:03:52 (19.7%)	3:56	15.2 (80.4%)
36	OCCHIUZZO Ryan	531	NONE	M-30	20	00:00:05	00:19:45.40	00:19:50.80	+00:03:54 (19.8%)	3:57	15.2 (80.4%)
37	SIKORSKI Piotr	933	LOTTO BYDGOSTIA	M-10	1	00:00:06	00:19:46.25	00:19:53.05	+00:03:55 (19.9%)	3:57	15.2 (80.4%)
38	ADACH Paweł	1498	WEEKENDOWI BIEGACZE	M-30	21	00:00:03	00:19:48.35	00:19:51.40	+00:03:57 (20.0%)	3:57	15.2 (80.4%)
39	CHODKIEWICZ Tomasz	1079	GARDENFLORA MTB TEAM	M-40	5	00:00:03	00:19:50.40	00:19:53.90	+00:03:59 (20.2%)	3:58	15.1 (79.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	KOTULA Sławomir	334		M-30	22	00:00:03	00:19:50.85	00:19:54.55	+00:04:00 (20.2%)	3:58	15.1 (79.9%)
41	KRUSZKA Łukasz	386		M-40	6	00:00:04	00:19:50.90	00:19:55.10	+00:04:00 (20.2%)	3:58	15.1 (79.9%)
42	KOWALSKI Jacek	304		M-40	7	00:00:06	00:19:51.70	00:19:57.90	+00:04:01 (20.2%)	3:58	15.1 (79.9%)
43	GUTKOWSKI Jakub	1167		M-30	23	00:00:03	00:19:54.90	00:19:58.60	+00:04:04 (20.5%)	3:59	15.1 (79.9%)
44	IGNACZAK Jarosław	32		M-30	24	00:00:08	00:19:56.05	00:20:04.90	+00:04:05 (20.5%)	3:59	15.1 (79.9%)
45	PIC Dawid	124	KLINIKA TRIATHLONU	M-20	13	00:00:05	00:19:56.10	00:20:01.20	+00:04:05 (20.5%)	3:59	15.1 (79.9%)
46	SORGER Patryk	1157	ISKRA DULSK	M-20	14	00:00:08	00:19:57.40	00:20:05.80	+00:04:06 (20.6%)	3:59	15 (79.4%)
47	BURDANOWSKI Adam	1163		M-30	25	00:00:03	00:19:58.85	00:20:01.90	+00:04:08 (20.7%)	3:59	15 (79.4%)
48	NIEMIR Tomasz	528		M-20	15	00:00:02	00:19:59.30	00:20:01.85	+00:04:08 (20.7%)	3:59	15 (79.4%)
49	MAŁAS Marcin	1466	AZS POLITECHNIKA GDAŃSKA	M-20	16	00:00:04	00:20:01.80	00:20:06.00	+00:04:11 (20.9%)	4:00	15 (79.4%)
50	HAIZE Tomek	221	ARRK	M-40	8	00:00:04	00:20:03.40	00:20:08.35	+00:04:12 (21.0%)	4:00	15 (79.4%)
51	SIWKOWSKI Roman	473	BIEGAM, BAIEGAM	M-50	1	00:00:01	00:20:07.95	00:20:09.75	+00:04:17 (21.3%)	4:01	14.9 (78.8%)
52	WENDA Dawid	903	SZKOŁA JAZDY TOMAS	M-20	17	00:00:10	00:20:09.55	00:20:20.35	+00:04:19 (21.4%)	4:02	14.9 (78.8%)
53	BŁAŻEJCZYK Dawid	921		M-30	26	00:00:11	00:20:10.20	00:20:21.70	+00:04:19 (21.5%)	4:02	14.9 (78.8%)
54	CIEŚZKI Bartosz	879		M-10	2	00:00:06	00:20:11.25	00:20:17.75	+00:04:20 (21.5%)	4:02	14.9 (78.8%)
55	ADAMCZAK Filip	897		M-10	3	00:00:08	00:20:12.50	00:20:21.25	+00:04:22 (21.6%)	4:02	14.8 (78.3%)
56	WŁODARSKI Paweł	597		M-30	27	00:00:29	00:20:16.05	00:20:45.20	+00:04:25 (21.8%)	4:03	14.8 (78.3%)
57	RYDLEWSKI Marek	421	RUN BYDGOSZCZ	M-40	9	00:00:05	00:20:16.60	00:20:22.30	+00:04:26 (21.9%)	4:03	14.8 (78.3%)
58	KHADDOUR Alex	448	ZIELONY PELIKAN	M-30	28	00:00:05	00:20:20.55	00:20:25.65	+00:04:30 (22.1%)	4:04	14.8 (78.3%)
59	GRUBICH Kacper	714		M-10	4	00:00:05	00:20:21.35	00:20:27.25	+00:04:30 (22.2%)	4:04	14.7 (77.8%)
60	MAKOWSKI Sławomir	50		M-50	2	00:00:22	00:20:21.55	00:20:44.20	+00:04:31 (22.2%)	4:04	14.7 (77.8%)
61	SIUPKA Paweł	390	ZDAŻYC Z POMOCĄ DLA MARCINA	M-20	18	00:00:15	00:20:22.70	00:20:38.40	+00:04:32 (22.3%)	4:04	14.7 (77.8%)
62	MARCHEL Tomasz	1040		M-30	29	00:00:07	00:20:26.65	00:20:34.40	+00:04:36 (22.5%)	4:05	14.7 (77.8%)

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63	JELIŃSKI Łukasz	1400		M-20	19	00:00:40	00:20:27.40	00:21:08.15	+00:04:36 (22.6%)	4:05	14.7 (77.8%)
64	GŁOGOWSKI Krzysztof	681	KORONOWO NA BIEGOWO	M-40	10	00:00:04	00:20:28.35	00:20:32.70	+00:04:37 (22.6%)	4:05	14.7 (77.8%)
65	ROMANOWSKI Michał	781		M-30	30	00:00:08	00:20:32.90	00:20:41.85	+00:04:42 (22.9%)	4:06	14.6 (77.2%)
66	WIECZOREK Waldemar	351		M-30	31	00:01:21	00:20:33.60	00:21:55.15	+00:04:43 (22.9%)	4:06	14.6 (77.2%)
67	KŁOSOWSKI Marcin	689	GRUPA BANKIETOWA SPECJAL	M-40	11	00:00:04	00:20:36.05	00:20:40.15	+00:04:45 (23.1%)	4:07	14.6 (77.2%)
68	STASZKIEWICZ Jakub	1056	STASHKY TEAM	M-10	5	00:00:10	00:20:36.35	00:20:46.90	+00:04:45 (23.1%)	4:07	14.6 (77.2%)
69	BOINSKI Rafał	887		M-30	32	00:00:13	00:20:38.05	00:20:51.55	+00:04:47 (23.2%)	4:07	14.5 (76.7%)
70	KOŁACKI Jarosław	822		M-30	33	00:00:16	00:20:38.20	00:20:54.55	+00:04:47 (23.2%)	4:07	14.5 (76.7%)
71	KLINOWSKI Radosław	237		M-30	34	00:00:35	00:20:42.85	00:21:18.25	+00:04:52 (23.5%)	4:08	14.5 (76.7%)
72	LORENC Michał	729		M-20	20	00:00:10	00:20:43.50	00:20:53.50	+00:04:53 (23.6%)	4:08	14.5 (76.7%)
73	PIEKARSKI Marek	1402	RESTAURACJA KING FU BYDGOSZCZ	M-40	12	00:00:03	00:20:46.90	00:20:49.95	+00:04:56 (23.8%)	4:09	14.4 (76.2%)
74	SENGER Robert	471	TRIZARZ	M-30	35	00:00:05	00:20:48.55	00:20:54.00	+00:04:58 (23.9%)	4:09	14.4 (76.2%)
75	WANKIEWICZ Łukasz	81	SZURUSIE TEAM	M-20	21	00:00:05	00:20:49.95	00:20:55.65	+00:04:59 (24.0%)	4:10	14.4 (76.2%)
75	PIECHOWIAK Jacek	345		M-40	13	00:00:08	00:20:49.95	00:20:58.15	+00:04:59 (24.0%)	4:10	14.4 (76.2%)
77	HERMELIN Wojciech	154		M-40	14	00:00:04	00:20:53.00	00:20:57.45	+00:05:02 (24.1%)	4:10	14.4 (76.2%)
78	MENDEL Patryk	89	SLKB	M-20	22	00:00:05	00:20:53.90	00:20:59.35	+00:05:03 (24.2%)	4:10	14.4 (76.2%)
79	WARLIKOWSKI Łukasz	961		M-30	36	00:00:07	00:20:55.95	00:21:03.25	+00:05:05 (24.3%)	4:11	14.3 (75.7%)
80	MOMOT Mieczysław	1047		M-40	15	00:00:05	00:20:57.20	00:21:02.35	+00:05:06 (24.4%)	4:11	14.3 (75.7%)
81	DROCIAK Michał	997	OSOWA GÓRA TEAM	M-30	37	00:00:02	00:20:57.45	00:21:00.40	+00:05:06 (24.4%)	4:11	14.3 (75.7%)
82	KRYGIER Tomasz	438		M-30	38	00:00:26	00:21:07.90	00:21:34.65	+00:05:17 (25.0%)	4:13	14.2 (75.1%)
83	JOPPEK Łukasz	259		M-30	39	00:00:07	00:21:08.35	00:21:15.50	+00:05:17 (25.1%)	4:13	14.2 (75.1%)
84	KOWALSKI Krzysztof	354	OCELOTY KRUSZYN KRAJEŃSKI	M-30	40	00:00:11	00:21:10.20	00:21:21.35	+00:05:19 (25.2%)	4:14	14.2 (75.1%)
85	MICHALAK Wojtek	893		M-50	3	00:00:34	00:21:15.80	00:21:50.40	+00:05:25 (25.5%)	4:15	14.1 (74.6%)

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86	MEYER Marek	1036		M-50	4	00:00:13	00:21:18.15	00:21:31.75	+00:05:27 (25.6%)	4:15	14.1 (74.6%)
87	RENC Patryk	49	SERCE TYBETU	M-30	41	00:00:09	00:21:20.45	00:21:30.00	+00:05:29 (25.8%)	4:16	14.1 (74.6%)
88	WYSOCKI Patryk	1224		M-20	23	00:00:23	00:21:24.85	00:21:48.70	+00:05:34 (26.0%)	4:17	14 (74.1%)
89	SZYSZKA Radosław	79		M-30	42	00:00:04	00:21:25.50	00:21:30.35	+00:05:35 (26.1%)	4:17	14 (74.1%)
90	BANACH Marcin	207	3GRAVITY	M-30	43	00:00:20	00:21:25.60	00:21:46.15	+00:05:35 (26.1%)	4:17	14 (74.1%)
91	MUSIELAK Michał	191		M-30	44	00:00:15	00:21:31.85	00:21:47.30	+00:05:41 (26.4%)	4:18	13.9 (73.5%)
92	WŁODARCZYK Wojciech	1107	CZARNE STOPY	M-50	5	00:00:15	00:21:33.00	00:21:48.70	+00:05:42 (26.5%)	4:18	13.9 (73.5%)
93	WARCZAK Kuba	324	TEAMOCHAL	M-30	45	00:00:08	00:21:33.20	00:21:41.30	+00:05:42 (26.5%)	4:18	13.9 (73.5%)
94	FRONTCZAK Mikołaj	1319	LOTTO BYDGOSTIA	M-10	6	00:00:06	00:21:33.50	00:21:39.55	+00:05:43 (26.5%)	4:18	13.9 (73.5%)
95	KRAJNIAK Jarosław	82	RMF4RT GLADIATORS	M-20	24	00:00:04	00:21:34.00	00:21:38.95	+00:05:43 (26.5%)	4:18	13.9 (73.5%)
96	DEBNER Wojciech	1337		M-30	46	00:00:15	00:21:35.15	00:21:50.95	+00:05:44 (26.6%)	4:19	13.9 (73.5%)
97	LATOS Paweł	633		M-30	47	00:00:15	00:21:35.20	00:21:50.25	+00:05:44 (26.6%)	4:19	13.9 (73.5%)
98	PRZYBYLSKI Remigiusz	1445	RUN BYDGOSZCZ	M-40	16	00:00:05	00:21:37.50	00:21:42.90	+00:05:47 (26.7%)	4:19	13.9 (73.5%)
99	ŁYSZCZARZ Błażej	794		M-40	17	00:00:15	00:21:37.65	00:21:53.10	+00:05:47 (26.8%)	4:19	13.9 (73.5%)
100	MUSZYŃSKI Łukasz	1197	AMATOR OSOWA GÓRA	M-30	48	00:00:16	00:21:39.80	00:21:56.25	+00:05:49 (26.9%)	4:20	13.8 (73.0%)
101	JAŹDŻEWSKI Kacper	1371		M-20	25	00:00:12	00:21:41.95	00:21:54.20	+00:05:51 (27.0%)	4:20	13.8 (73.0%)
102	PUCHACZ Marcin	14		M-30	49	00:00:05	00:21:43.90	00:21:49.30	+00:05:53 (27.1%)	4:20	13.8 (73.0%)
103	ŁABENDA Robert	45	SZURUSIE TEAM	M-30	50	00:00:06	00:21:47.65	00:21:53.70	+00:05:57 (27.3%)	4:21	13.8 (73.0%)
104	SKUBISZAK Mateusz	1229		M-10	7	00:00:08	00:21:48.00	00:21:56.95	+00:05:57 (27.3%)	4:21	13.8 (73.0%)
105	MACIŃSKI Waldemar	33		M-30	51	00:00:24	00:21:49.75	00:22:14.20	+00:05:59 (27.4%)	4:22	13.7 (72.5%)
106	SOŁTYSIUK Bartosz	1161		M-30	52	00:00:28	00:21:51.10	00:22:19.85	+00:06:00 (27.5%)	4:22	13.7 (72.5%)
107	BRAŹKIEWICZ Rafał	151		M-40	18	00:00:24	00:21:51.70	00:22:15.80	+00:06:01 (27.5%)	4:22	13.7 (72.5%)
108	BATKA Patryk	1142		M-20	26	00:00:43	00:21:52.65	00:22:35.75	+00:06:02 (27.6%)	4:22	13.7 (72.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	SKARWECKI Remigiusz	53	ŁABISZYN RUNNERS	M-30	53	00:00:28	00:21:52.95	00:22:21.60	+00:06:02 (27.6%)	4:22	13.7 (72.5%)
110	CIEMNY Tomasz	319		M-40	19	00:00:07	00:21:54.35	00:22:01.95	+00:06:03 (27.7%)	4:22	13.7 (72.5%)
111	WNUCZYŃSKI Jakub	389	GWIAZDA BYDGOSZCZ	M-10	8	00:00:17	00:21:58.25	00:22:15.30	+00:06:07 (27.9%)	4:23	13.7 (72.5%)
112	WNUCZYŃSKI Andrzej	385	ORANGE POLSKA	M-40	20	00:00:16	00:21:59.45	00:22:16.35	+00:06:08 (28.0%)	4:24	13.6 (72.0%)
113	MUCHA Marcin	2		M-40	21	00:00:29	00:22:00.25	00:22:29.50	+00:06:09 (28.0%)	4:24	13.6 (72.0%)
114	GĘDEK Krzysztof	1204		M-30	54	00:00:10	00:22:01.50	00:22:11.55	+00:06:11 (28.1%)	4:24	13.6 (72.0%)
115	ROSIAK Jarosław	1054	3KR	M-40	22	00:00:15	00:22:02.15	00:22:17.65	+00:06:11 (28.1%)	4:24	13.6 (72.0%)
116	PUZIAK Rafał	1250		M-30	55	00:00:09	00:22:02.20	00:22:11.65	+00:06:11 (28.1%)	4:24	13.6 (72.0%)
117	WŁOCH Sylwester	240		M-50	6	00:00:07	00:22:02.75	00:22:10.05	+00:06:12 (28.1%)	4:24	13.6 (72.0%)
117	PAPROCKI Rafał	1201	SLK PB	M-30	56	00:00:10	00:22:02.75	00:22:13.30	+00:06:12 (28.1%)	4:24	13.6 (72.0%)
119	KUTOWSKI Przemysław	824	NIKI LAUDA	M-40	23	00:00:11	00:22:03.30	00:22:14.80	+00:06:12 (28.2%)	4:24	13.6 (72.0%)
120	ZBORAŁA Dawid	991		M-20	27	00:00:10	00:22:04.10	00:22:14.95	+00:06:13 (28.2%)	4:24	13.6 (72.0%)
121	JURKOWSKI Paweł	1474	PJKANCELARIA.PL	M-30	57	00:00:28	00:22:04.40	00:22:32.55	+00:06:13 (28.2%)	4:24	13.6 (72.0%)
122	SKONIECZNY Marcin	166	PUSZCZALSCY-BIEGACZE-NESSI KOLOROWA DRUŻYNA -FORDON RUNNERS	M-40	24	00:00:18	00:22:05.25	00:22:23.65	+00:06:14 (28.3%)	4:25	13.6 (72.0%)
123	SKRZYNIARZ Hubert	912	#CIĄGŁA_WALKA_Z_BMI	M-30	58	00:00:02	00:22:05.50	00:22:08.10	+00:06:15 (28.3%)	4:25	13.6 (72.0%)
124	BIEL Marek	939	1% DLA DARII BIEL	M-40	25	00:00:08	00:22:05.70	00:22:14.50	+00:06:15 (28.3%)	4:25	13.6 (72.0%)
125	SZYMCZAK Maciej	572		M-40	26	00:00:06	00:22:05.85	00:22:12.55	+00:06:15 (28.3%)	4:25	13.6 (72.0%)
126	GWIAZDOWSKI Krzysztof	75		M-40	27	00:00:10	00:22:07.80	00:22:18.35	+00:06:17 (28.4%)	4:25	13.6 (72.0%)
127	SZEWCZYKOWSKI Grzegorz	1174	BYDGOSKIE ŻÓŁWIE	M-30	59	00:00:04	00:22:08.30	00:22:12.75	+00:06:17 (28.4%)	4:25	13.6 (72.0%)
128	SZARLEJ Marcin	215	PKO BANK POLSKI SA	M-30	60	00:00:07	00:22:10.45	00:22:18.15	+00:06:19 (28.6%)	4:26	13.5 (71.4%)
129	JAKUBCZAK Michał	1325		M-30	61	00:00:13	00:22:10.75	00:22:23.80	+00:06:20 (28.6%)	4:26	13.5 (71.4%)
130	GRZYWIŃSKI Grzegorz	190	RUN BYDGOSZCZ	M-40	28	00:00:18	00:22:11.10	00:22:29.60	+00:06:20 (28.6%)	4:26	13.5 (71.4%)
131	ORZECHOWSKI Zbigniew	605	ORZECZ BIEGA	M-40	29	00:00:35	00:22:12.50	00:22:48.10	+00:06:22 (28.7%)	4:26	13.5 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	WOLSKI Tomasz	708	BYDGOSZCZ TRIATHLON TEAM	M-20	28	00:00:07	00:22:12.60	00:22:20.00	+00:06:22 (28.7%)	4:26	13.5 (71.4%)
133	SOBAŃSKI Mariusz	784		M-40	30	00:00:14	00:22:13.15	00:22:28.05	+00:06:22 (28.7%)	4:26	13.5 (71.4%)
134	DYBOWSKI Dominik	1070		M-20	29	00:00:09	00:22:13.50	00:22:22.95	+00:06:23 (28.7%)	4:26	13.5 (71.4%)
135	TORCHALSKI Krzysztof	308	RUN PASJA	M-60+	1	00:00:11	00:22:14.35	00:22:25.70	+00:06:23 (28.8%)	4:26	13.5 (71.4%)
136	BERNACKI Andrzej	759		M-40	31	00:00:05	00:22:14.85	00:22:20.30	+00:06:24 (28.8%)	4:27	13.5 (71.4%)
137	SZULC Patryk	1139		M-20	30	00:00:02	00:22:15.50	00:22:17.75	+00:06:25 (28.8%)	4:27	13.5 (71.4%)
138	KABACIŃSKI Marcin	158		M-20	31	00:00:05	00:22:15.60	00:22:20.80	+00:06:25 (28.8%)	4:27	13.5 (71.4%)
139	BERNATAJTYS Daniel	186	RUN LOTTO-BYDGOSTIA	M-40	32	00:01:36	00:22:15.70	00:23:51.70	+00:06:25 (28.8%)	4:27	13.5 (71.4%)
140	GRUBICH Arkadiusz	715		M-40	33	00:00:06	00:22:19.15	00:22:25.95	+00:06:28 (29.0%)	4:27	13.4 (70.9%)
141	BARTOS Arkadiusz	1006	WTORKOWY TRENING	M-50	7	00:00:12	00:22:19.75	00:22:32.30	+00:06:29 (29.1%)	4:28	13.4 (70.9%)
142	WIDŹGOWSKI Przemysław	44		M-40	34	00:00:29	00:22:19.80	00:22:49.05	+00:06:29 (29.1%)	4:28	13.4 (70.9%)
143	ZIELIŃSKI Krystian	674		M-30	62	00:00:16	00:22:20.55	00:22:37.45	+00:06:30 (29.1%)	4:28	13.4 (70.9%)
144	BARSZCZ Tomasz	261		M-30	63	00:00:06	00:22:22.15	00:22:29.00	+00:06:31 (29.2%)	4:28	13.4 (70.9%)
145	NADOLNY Sebastian	1154		M-40	35	00:00:19	00:22:25.55	00:22:44.85	+00:06:35 (29.4%)	4:29	13.4 (70.9%)
146	CICHOWICZ Marcin	404		M-40	36	00:00:08	00:22:27.15	00:22:36.05	+00:06:36 (29.4%)	4:29	13.4 (70.9%)
147	KOLCZYŃSKI Paweł	1471		M-20	32	00:00:14	00:22:28.05	00:22:42.40	+00:06:37 (29.5%)	4:29	13.4 (70.9%)
148	WŁOCH Mateusz	228		M-10	9	00:00:08	00:22:28.40	00:22:36.60	+00:06:37 (29.5%)	4:29	13.4 (70.9%)
149	MACHNIKOWSKI Rafał	1368		M-40	37	00:00:43	00:22:30.25	00:23:13.95	+00:06:39 (29.6%)	4:30	13.3 (70.4%)
150	STĘPSKI Marek	146		M-40	38	00:00:08	00:22:30.95	00:22:39.90	+00:06:40 (29.6%)	4:30	13.3 (70.4%)
151	CYL Dawid	340	FORDONRUNNERS / ZIELONY PELIKAN	M-30	64	00:00:15	00:22:31.00	00:22:46.20	+00:06:40 (29.6%)	4:30	13.3 (70.4%)
152	LIPIŃSKI Sebastian	450	ENEA BYDGOSZCZ TRIATHLON	M-40	39	00:00:04	00:22:31.85	00:22:36.70	+00:06:41 (29.7%)	4:30	13.3 (70.4%)
153	DĘBIEC Andrzej	752		M-30	65	00:00:07	00:22:32.25	00:22:39.25	+00:06:41 (29.7%)	4:30	13.3 (70.4%)
154	GRALAK Jacek	705	TERYTORIALSI	M-40	40	00:00:24	00:22:32.60	00:22:57.00	+00:06:42 (29.7%)	4:30	13.3 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	GODEK Mateusz	1496		M-20	33	00:00:06	00:22:33.95	00:22:40.60	+00:06:43 (29.8%)	4:30	13.3 (70.4%)
156	REPCZYŃSKI Tomasz	1022	TRISPACE/TREK	M-20	34	00:01:04	00:22:34.70	00:23:39.50	+00:06:44 (29.8%)	4:31	13.3 (70.4%)
157	NADRATOWSKI Maciej	1116	KABEL TEAM BYDGOSZCZ	M-40	41	00:00:07	00:22:35.00	00:22:42.95	+00:06:44 (29.9%)	4:31	13.3 (70.4%)
158	CIEPŁOWSKI Robert	1135		M-40	42	00:00:13	00:22:35.45	00:22:48.85	+00:06:44 (29.9%)	4:31	13.3 (70.4%)
159	JAKUBCZAK Łukasz	1230		M-30	66	00:00:13	00:22:35.85	00:22:49.05	+00:06:45 (29.9%)	4:31	13.3 (70.4%)
160	ROSÓŁ Jacek	145		M-30	67	00:00:05	00:22:37.90	00:22:43.60	+00:06:47 (30.0%)	4:31	13.3 (70.4%)
161	ZIELIŃSKI Marcin	667		M-40	43	00:00:06	00:22:38.95	00:22:45.80	+00:06:48 (30.1%)	4:31	13.2 (69.8%)
162	PERLINSKI Damian	880	MOŻE I POWOLI ALE ZA TO BYLE JAK	M-30	68	00:00:12	00:22:39.10	00:22:51.30	+00:06:48 (30.1%)	4:31	13.2 (69.8%)
163	HŁAWNIAK Zbigniew	375		M-50	8	00:00:14	00:22:40.70	00:22:55.45	+00:06:50 (30.1%)	4:32	13.2 (69.8%)
164	GACKOWSKI Krzysztof	222	IRON & ONE TEAM	M-40	44	00:00:08	00:22:42.35	00:22:50.40	+00:06:51 (30.2%)	4:32	13.2 (69.8%)
165	ZAKRZEWSKI Krystian	337		M-20	35	00:00:14	00:22:44.50	00:22:59.20	+00:06:54 (30.3%)	4:33	13.2 (69.8%)
166	KITOWSKI Przemysław	51	SZURUSIE TEAM	M-30	69	00:00:06	00:22:45.85	00:22:52.10	+00:06:55 (30.4%)	4:33	13.2 (69.8%)
167	OLENDRZYŃSKI Mateusz	1375		M-20	36	00:00:34	00:22:45.95	00:23:20.75	+00:06:55 (30.4%)	4:33	13.2 (69.8%)
168	RAK Waldemar	1398		M-40	45	00:00:28	00:22:46.45	00:23:14.60	+00:06:55 (30.4%)	4:33	13.2 (69.8%)
169	SKORECKI Aleksander	707	BYDGOSZCZ TRIATHLON TEAM	M-20	37	00:00:07	00:22:47.00	00:22:54.45	+00:06:56 (30.5%)	4:33	13.2 (69.8%)
170	BIAŁY Dawid	730		M-20	38	00:00:41	00:22:47.15	00:23:28.30	+00:06:56 (30.5%)	4:33	13.2 (69.8%)
171	PACEK Mirosław	600		M-50	9	00:00:11	00:22:48.00	00:22:59.15	+00:06:57 (30.5%)	4:33	13.2 (69.8%)
172	RUTKOWSKI Tomasz	318		M-40	46	00:00:11	00:22:50.05	00:23:01.75	+00:06:59 (30.6%)	4:34	13.1 (69.3%)
173	ŚLEFARSKI Marcin	580		M-30	70	00:00:30	00:22:50.65	00:23:21.15	+00:07:00 (30.7%)	4:34	13.1 (69.3%)
174	KLATECKI Adam	902		M-30	71	00:01:29	00:22:50.95	00:24:20.15	+00:07:00 (30.7%)	4:34	13.1 (69.3%)
175	WIKA Arkadiusz	1469		M-20	39	00:00:45	00:22:51.00	00:23:36.15	+00:07:00 (30.7%)	4:34	13.1 (69.3%)
176	LEWICKI Maciej	680		M-40	47	00:00:39	00:22:51.15	00:23:30.50	+00:07:00 (30.7%)	4:34	13.1 (69.3%)
177	JANCOWSKI Wojciech	262		M-40	48	00:00:09	00:22:51.50	00:23:01.10	+00:07:01 (30.7%)	4:34	13.1 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	PALIGA Maciej	614		M-30	72	00:00:22	00:22:52.40	00:23:15.35	+00:07:01 (30.7%)	4:34	13.1 (69.3%)
179	ŁOBODA Maciej	195		M-30	73	00:00:22	00:22:53.30	00:23:15.95	+00:07:02 (30.8%)	4:34	13.1 (69.3%)
180	KLIMEK Paweł	1499		M-20	40	00:00:18	00:22:58.05	00:23:16.45	+00:07:07 (31.0%)	4:35	13.1 (69.3%)
181	LIPSKI Henryk	1346		M-60+	2	00:00:10	00:22:58.45	00:23:09.20	+00:07:07 (31.0%)	4:35	13.1 (69.3%)
182	KORBEL Oskar	305	KORBELKI	M-20	41	00:00:20	00:22:59.55	00:23:20.10	+00:07:09 (31.1%)	4:36	13 (68.8%)
183	URBAŃSKI Dawid	88		M-30	74	00:00:13	00:22:59.65	00:23:12.65	+00:07:09 (31.1%)	4:35	13.1 (69.3%)
184	NOWOTNIK Mariusz	246		M-30	75	00:00:13	00:22:59.90	00:23:13.05	+00:07:09 (31.1%)	4:36	13 (68.8%)
185	CIEŚLEWICZ Karol	220	OLAFCREW	M-40	49	00:00:27	00:23:00.70	00:23:28.50	+00:07:10 (31.2%)	4:36	13 (68.8%)
186	BEDNAREK Waldemar	1211		M-40	50	00:00:17	00:23:01.00	00:23:18.10	+00:07:10 (31.2%)	4:36	13 (68.8%)
187	DROŻYŃSKI Maciej	338	CB163	M-30	76	00:00:20	00:23:01.10	00:23:22.05	+00:07:10 (31.2%)	4:36	13 (68.8%)
187	TUBAJA Albert	1121	KABEL TEAM BYDGOSZCZ	M-40	51	00:00:00	00:23:01.10	00:23:01.10	+00:07:10 (31.2%)	4:36	13 (68.8%)
189	BAK Lukasz	482		M-30	77	00:00:06	00:23:01.80	00:23:08.15	+00:07:11 (31.2%)	4:36	13 (68.8%)
190	WONS Rafał	865		M-30	78	00:00:16	00:23:03.70	00:23:20.30	+00:07:13 (31.3%)	4:36	13 (68.8%)
191	OSZUŚCIK Bartosz	413		M-20	42	00:00:34	00:23:04.20	00:23:38.30	+00:07:13 (31.3%)	4:36	13 (68.8%)
191	JARCZASZEK Krzysztof	945		M-30	79	00:00:03	00:23:04.20	00:23:08.00	+00:07:13 (31.3%)	4:37	13 (68.8%)
193	BRZEZIŃSKI Łukasz	1432		M-20	43	00:00:25	00:23:04.25	00:23:29.45	+00:07:13 (31.3%)	4:36	13 (68.8%)
194	BUTRYM Piotr	1095	MZK	M-30	80	00:00:55	00:23:06.00	00:24:01.90	+00:07:15 (31.4%)	4:37	13 (68.8%)
195	LEWANDOWSKI Bartosz	1403		M-10	10	00:00:29	00:23:07.75	00:23:37.35	+00:07:17 (31.5%)	4:37	13 (68.8%)
196	KOWALCZYK Tomasz	720		M-40	52	00:00:30	00:23:08.40	00:23:38.60	+00:07:17 (31.5%)	4:37	13 (68.8%)
197	GŁOWACKI Robert	42		M-40	53	00:00:09	00:23:09.10	00:23:18.90	+00:07:18 (31.6%)	4:37	13 (68.8%)
198	PIEKARSKI Paweł	638		M-20	44	00:00:21	00:23:14.10	00:23:35.30	+00:07:23 (31.8%)	4:38	12.9 (68.3%)
199	MUSZYŃSKI Wojtek	1218		M-30	81	00:00:06	00:23:14.30	00:23:20.45	+00:07:23 (31.8%)	4:38	12.9 (68.3%)
200	DOROSZ Grzegorz	734	TKKF WODNIK WIĘCIBORK	M-30	82	00:00:35	00:23:15.85	00:23:51.10	+00:07:25 (31.9%)	4:39	12.9 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	POLIWODZIŃSKI Mateusz	1343	KS WISŁKA BYDGOSZCZ-FORDON	M-10	11	00:00:25	00:23:17.10	00:23:42.45	+00:07:26 (32.0%)	4:39	12.9 (68.3%)
202	KAMIŃSKI Łukasz	95	QBOWICZ RODZINNA MAFIA BIEGOWA	M-30	83	00:00:12	00:23:19.10	00:23:31.85	+00:07:28 (32.1%)	4:39	12.9 (68.3%)
203	SKUPSZ Jędrzej Kazmierz	977	BYDGOSZCZ FORDON TEAM	M-30	84	00:00:17	00:23:19.40	00:23:36.85	+00:07:28 (32.1%)	4:39	12.9 (68.3%)
204	WAŻYŃSKI Łukasz	1299		M-30	85	00:00:25	00:23:20.15	00:23:45.80	+00:07:29 (32.1%)	4:40	12.9 (68.3%)
205	KRETOWICZ Piotr	113		M-20	45	00:00:16	00:23:20.60	00:23:36.65	+00:07:30 (32.1%)	4:40	12.9 (68.3%)
206	DANIELEWICZ Bartosz	936		M-30	86	00:00:10	00:23:20.95	00:23:31.55	+00:07:30 (32.2%)	4:40	12.8 (67.7%)
207	KUCHCZYŃSKI Jakub	358	BKS BYDGOSZCZ	M-10	12	00:00:47	00:23:21.05	00:24:08.75	+00:07:30 (32.2%)	4:40	12.8 (67.7%)
208	BRZEZIŃSKI Sławomir	1165	CZARNE STOPY.SM	M-40	54	00:00:23	00:23:21.30	00:23:44.90	+00:07:30 (32.2%)	4:40	12.8 (67.7%)
209	ZIELIŃSKI Maciej	1191		M-30	87	00:00:08	00:23:22.75	00:23:31.25	+00:07:32 (32.2%)	4:40	12.8 (67.7%)
210	JASINIECKI Wojciech	128	#LUBIEWPUSZCZY	M-40	55	00:00:15	00:23:24.40	00:23:40.00	+00:07:33 (32.3%)	4:41	12.8 (67.7%)
211	MAZURKIEWICZ Piotr	25		M-40	56	00:00:12	00:23:25.25	00:23:37.25	+00:07:34 (32.4%)	4:41	12.8 (67.7%)
212	GRECHUTA Tomasz	1308		M-30	88	00:00:07	00:23:26.35	00:23:33.45	+00:07:35 (32.4%)	4:41	12.8 (67.7%)
213	WENDA Mateusz	906	SZKOŁA JAZDY TOMAS	M-20	46	00:00:44	00:23:29.05	00:24:13.65	+00:07:38 (32.5%)	4:41	12.8 (67.7%)
214	KIEŁCZYŃSKI Marek	181		M-40	57	00:00:05	00:23:29.20	00:23:34.60	+00:07:38 (32.6%)	4:41	12.8 (67.7%)
215	JARMUŻ Adam	1018		M-30	89	00:00:30	00:23:30.05	00:24:00.30	+00:07:39 (32.6%)	4:42	12.8 (67.7%)
216	LUZAK Mirosław	727	MWIK BYDGOSZCZ	M-50	10	00:00:14	00:23:31.80	00:23:46.75	+00:07:41 (32.7%)	4:42	12.7 (67.2%)
217	KUCHCZYŃSKI Adam	352	BÓL TO ŚCIEMA	M-50	11	00:00:48	00:23:32.95	00:24:21.10	+00:07:42 (32.7%)	4:42	12.7 (67.2%)
218	RÓŻAŃSKI Kamil	608	3GRAVITY	M-30	90	00:00:31	00:23:33.40	00:24:05.20	+00:07:42 (32.8%)	4:42	12.7 (67.2%)
218	RAUNEST Adam	835		M-50	12	00:00:21	00:23:33.40	00:23:54.80	+00:07:42 (32.8%)	4:42	12.7 (67.2%)
220	KĘDZIERSKI Wojtek	1312		M-40	58	00:00:17	00:23:36.00	00:23:53.55	+00:07:45 (32.9%)	4:43	12.7 (67.2%)
221	WIŚNIEWSKI Karol	1491		M-20	47	00:00:43	00:23:37.20	00:24:20.65	+00:07:46 (32.9%)	4:43	12.7 (67.2%)
222	ZYGADŁO Artur	387		M-20	48	00:00:22	00:23:37.50	00:24:00.10	+00:07:47 (32.9%)	4:43	12.7 (67.2%)
223	JASIECKI Sebastian	731	ARRK	M-20	49	00:00:10	00:23:38.25	00:23:49.00	+00:07:47 (33.0%)	4:43	12.7 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	MADEJ Adam	1200		M-20	50	00:00:19	00:23:41.35	00:24:00.45	+00:07:50 (33.1%)	4:44	12.7 (67.2%)
225	RZENTKOWSKI Grzegorz	1233		M-40	59	00:00:32	00:23:41.90	00:24:14.15	+00:07:51 (33.2%)	4:44	12.7 (67.2%)
226	ROSZCZYN Dawid	1415	CB163	M-30	91	00:01:24	00:23:43.00	00:25:07.45	+00:07:52 (33.2%)	4:44	12.6 (66.7%)
227	KOLSKI Radek	219	VAUPE TEAM	M-40	60	00:00:07	00:23:44.95	00:23:52.35	+00:07:54 (33.3%)	4:45	12.6 (66.7%)
228	KAMIŃSKI Marek	660		M-20	51	00:01:06	00:23:48.00	00:24:54.25	+00:07:57 (33.4%)	4:45	12.6 (66.7%)
229	PIERZGALSKI Damian	61		M-10	13	00:00:29	00:23:48.30	00:24:18.05	+00:07:57 (33.5%)	4:45	12.6 (66.7%)
230	GULCZYŃSKI Dawid	236		M-30	92	00:00:22	00:23:50.95	00:24:13.55	+00:08:00 (33.6%)	4:46	12.6 (66.7%)
231	KOSIARSKI Tomasz	837		M-40	61	00:00:32	00:23:51.15	00:24:23.55	+00:08:00 (33.6%)	4:46	12.6 (66.7%)
232	SIUDA Sebastian	109		M-40	62	00:00:36	00:23:51.35	00:24:27.85	+00:08:00 (33.6%)	4:46	12.6 (66.7%)
232	MACIEJCZAK Marcin	644	3GRAVITY	M-40	62	00:00:30	00:23:51.35	00:24:21.85	+00:08:00 (33.6%)	4:46	12.6 (66.7%)
234	KIJEWSKI Maciej	594	KABEL TEAM BYDGOSZCZ	M-30	93	00:00:27	00:23:51.50	00:24:19.45	+00:08:01 (33.6%)	4:46	12.6 (66.7%)
235	MROZIK Andrzej	1179		M-40	64	00:01:10	00:23:52.60	00:25:03.15	+00:08:02 (33.7%)	4:46	12.6 (66.7%)
236	RONALDOWSKI Kacper	153		M-20	52	00:00:17	00:23:53.55	00:24:10.70	+00:08:03 (33.7%)	4:46	12.6 (66.7%)
237	STAWCZYK Dariusz	296		M-40	65	00:00:30	00:23:54.50	00:24:24.55	+00:08:04 (33.7%)	4:46	12.6 (66.7%)
238	LUBERDA Łukasz	1270		M-30	94	00:00:24	00:23:54.75	00:24:18.85	+00:08:04 (33.8%)	4:46	12.6 (66.7%)
239	BIELICKI Waldemar	871	TERTORIALSI	M-30	95	00:01:20	00:23:57.90	00:25:18.85	+00:08:07 (33.9%)	4:47	12.5 (66.1%)
240	KRÓL Karol	869	TKKF KOLEJARZ BYDGOSZCZ	M-40	66	00:00:09	00:23:58.20	00:24:07.50	+00:08:07 (33.9%)	4:47	12.5 (66.1%)
241	KLAWIKOWSKI Dawid	867	TKKF KOLEJARZ BYDGOSZCZ	M-30	96	00:00:08	00:23:58.50	00:24:07.45	+00:08:08 (33.9%)	4:47	12.5 (66.1%)
242	ZDEB Bogumił	847		M-50	13	00:01:06	00:24:00.20	00:25:06.55	+00:08:09 (34.0%)	4:48	12.5 (66.1%)
243	ŁUDZIŃSKI Jakub	493	CB163	M-30	97	00:01:15	00:24:00.35	00:25:16.30	+00:08:09 (34.0%)	4:48	12.5 (66.1%)
244	LESZCZYŃSKI Tomasz	688		M-40	67	00:00:31	00:24:00.45	00:24:31.50	+00:08:09 (34.0%)	4:48	12.5 (66.1%)
245	DACH Łukasz	563		M-30	98	00:00:11	00:24:00.95	00:24:12.55	+00:08:10 (34.0%)	4:48	12.5 (66.1%)
246	STOKŁOSA Maciej	479		M-30	99	00:00:09	00:24:01.60	00:24:11.15	+00:08:11 (34.1%)	4:48	12.5 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
247	KASPRZYK Miłosz	1124		M-20	53	00:00:18	00:24:02.05	00:24:20.45	+00:08:11 (34.1%)	4:48	12.5 (66.1%)
248	NITZ Miłosz	1212		M-20	54	00:00:06	00:24:03.10	00:24:09.65	+00:08:12 (34.1%)	4:48	12.5 (66.1%)
249	SZMELTER Michał	578		M-40	68	00:00:25	00:24:04.00	00:24:29.95	+00:08:13 (34.2%)	4:48	12.5 (66.1%)
249	ZAJĄKAŁA Wojciech	1048		M-20	55	00:01:11	00:24:04.00	00:25:15.10	+00:08:13 (34.2%)	4:48	12.5 (66.1%)
251	KULIKOWSKI Tomasz	1172		M-20	56	00:00:06	00:24:05.10	00:24:11.90	+00:08:14 (34.2%)	4:49	12.5 (66.1%)
252	KUCHCZYŃSKI Marcin	631	OSP LIPINKI	M-20	57	00:00:09	00:24:06.05	00:24:15.25	+00:08:15 (34.3%)	4:49	12.4 (65.6%)
253	DURAJEWSKI Mateusz	288	SOFTMAKS.PL	M-30	100	00:00:45	00:24:08.95	00:24:54.15	+00:08:18 (34.4%)	4:49	12.4 (65.6%)
254	GDANIEC Grzegorz	1267	B28	M-20	58	00:00:33	00:24:09.60	00:24:43.45	+00:08:19 (34.4%)	4:50	12.4 (65.6%)
255	GOŁĘBIEWSKI Paweł	445		M-40	69	00:00:45	00:24:09.80	00:24:55.30	+00:08:19 (34.4%)	4:50	12.4 (65.6%)
256	LICA Krzysztof	1280	SISU OWB	M-50	14	00:00:37	00:24:10.40	00:24:47.75	+00:08:19 (34.5%)	4:50	12.4 (65.6%)
257	ŻUCHELKOWSKI Rafał	440	ŻUCHELKI	M-30	101	00:00:09	00:24:13.30	00:24:22.60	+00:08:22 (34.6%)	4:50	12.4 (65.6%)
258	GRZYWIŃSKI Łukasz	724		M-30	102	00:00:11	00:24:15.80	00:24:27.00	+00:08:25 (34.7%)	4:51	12.4 (65.6%)
259	SZAFRAŃSKI Maciej	223		M-20	59	00:00:39	00:24:16.95	00:24:56.85	+00:08:26 (34.8%)	4:51	12.4 (65.6%)
260	GAJDZIŃSKI Maciej	1314		M-20	60	00:00:20	00:24:17.05	00:24:37.60	+00:08:26 (34.8%)	4:51	12.4 (65.6%)
261	GUŹDZIOŁ Jarek	11	TBKM WILK SOLEC KUJAWSKI	M-40	70	00:00:36	00:24:18.15	00:24:54.40	+00:08:27 (34.8%)	4:51	12.3 (65.1%)
261	LEWANDOWSKI Michał	790		M-40	70	00:01:13	00:24:18.15	00:25:31.60	+00:08:27 (34.8%)	4:51	12.3 (65.1%)
263	SIKORSKI Arkadiusz	717	SP 57 BYDGOSZCZ	M-10	14	00:00:30	00:24:18.45	00:24:48.65	+00:08:27 (34.8%)	4:51	12.3 (65.1%)
264	SURMACZ Marcin	951		M-30	103	00:00:21	00:24:18.60	00:24:40.35	+00:08:28 (34.8%)	4:51	12.3 (65.1%)
265	WIECZOREK Mateusz	1336		M-30	104	00:00:10	00:24:19.40	00:24:29.65	+00:08:28 (34.9%)	4:51	12.3 (65.1%)
266	ŻUCHOWSKI Dariusz	743		M-50	15	00:00:31	00:24:19.45	00:24:51.05	+00:08:28 (34.9%)	4:52	12.3 (65.1%)
267	MARTUNÓW Dominik	1243		M-10	15	00:00:27	00:24:19.85	00:24:46.85	+00:08:29 (34.9%)	4:51	12.3 (65.1%)
268	MIZIKOWSKI Tomasz	1441	SP-65	M-10	16	00:00:19	00:24:20.00	00:24:39.25	+00:08:29 (34.9%)	4:52	12.3 (65.1%)
269	SZUBERT Maciej	1414		M-40	72	00:01:02	00:24:20.30	00:25:23.05	+00:08:29 (34.9%)	4:52	12.3 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	WAWRZYŃCZAK Grzegorz	265		M-30	105	00:00:17	00:24:20.65	00:24:38.50	+00:08:30 (34.9%)	4:52	12.3 (65.1%)
271	MIZIKOWSKI Wojciech	1440	MIZIK-TEAM	M-40	73	00:00:18	00:24:20.75	00:24:39.45	+00:08:30 (34.9%)	4:52	12.3 (65.1%)
272	BON Oliwier	464	BYDGOSKA SEKCJA WKKK	M-10	17	00:00:03	00:24:21.95	00:24:25.65	+00:08:31 (35.0%)	4:52	12.3 (65.1%)
273	ZDUNKIEWICZ Marcin	76		M-30	106	00:00:25	00:24:22.45	00:24:48.00	+00:08:31 (35.0%)	4:52	12.3 (65.1%)
274	WOJCIECHOWSKI Grzegorz	414	ATOS BYDGOSZCZ	M-20	61	00:00:30	00:24:23.45	00:24:54.00	+00:08:32 (35.1%)	4:52	12.3 (65.1%)
275	ARENT Dawid	1141		M-20	62	00:00:16	00:24:24.70	00:24:41.65	+00:08:34 (35.1%)	4:53	12.3 (65.1%)
276	WOLNY Ryszard	1175		M-40	74	00:00:38	00:24:26.65	00:25:05.10	+00:08:36 (35.2%)	4:53	12.3 (65.1%)
277	LEWANDOWSKI Arkadiusz	926		M-30	107	00:00:23	00:24:26.85	00:24:50.15	+00:08:36 (35.2%)	4:53	12.3 (65.1%)
278	GAWRYCH Adam	430		M-20	63	00:00:23	00:24:29.25	00:24:53.20	+00:08:38 (35.3%)	4:54	12.2 (64.6%)
279	GRZEBYTA Daniel	850		M-40	75	00:00:19	00:24:29.70	00:24:48.95	+00:08:39 (35.3%)	4:53	12.3 (65.1%)
280	NAGORZYSKI Arkadiusz	1205		M-30	108	00:00:08	00:24:32.35	00:24:41.05	+00:08:41 (35.4%)	4:54	12.2 (64.6%)
281	ZUPA Wojciech	1394	SISU-OWB TEAM	M-50	16	00:00:37	00:24:32.85	00:25:10.00	+00:08:42 (35.5%)	4:54	12.2 (64.6%)
282	RASZEWSKI Sebastian	942		M-30	109	00:00:22	00:24:35.90	00:24:58.80	+00:08:45 (35.6%)	4:55	12.2 (64.6%)
283	UMIŃSKI Robert	20		M-30	110	00:00:14	00:24:36.45	00:24:50.75	+00:08:45 (35.6%)	4:55	12.2 (64.6%)
284	KIEDROWSKI Cezary	457		M-10	18	00:00:25	00:24:37.20	00:25:02.95	+00:08:46 (35.7%)	4:55	12.2 (64.6%)
285	PSZCZOLIŃSKI Adam	904	ŚWISZCZĄCE SZPRYCHY	M-40	76	00:01:30	00:24:37.75	00:26:08.40	+00:08:47 (35.7%)	4:55	12.2 (64.6%)
286	STEJUK Jan	1011	AMS TRIATHLON	M-10	19	00:00:16	00:24:38.10	00:24:54.10	+00:08:47 (35.7%)	4:55	12.2 (64.6%)
287	BĄBOLEWSKI Łukasz	106	WIĘCEJSPRZĘTUNIŻTALENTU	M-30	111	00:00:25	00:24:38.75	00:25:04.20	+00:08:48 (35.7%)	4:55	12.2 (64.6%)
288	WILCZYŃSKI Jacek	766		M-40	77	00:00:13	00:24:38.95	00:24:52.90	+00:08:48 (35.7%)	4:55	12.2 (64.6%)
289	POLIWODZIŃSKI Michał	1342	KS WISŁKA BYDGOSZCZ-FORDON	M-40	78	00:00:26	00:24:39.65	00:25:05.85	+00:08:49 (35.8%)	4:55	12.2 (64.6%)
290	STASIEWSKI Mariusz	433	TRISPACE / TRECK	M-40	79	00:00:33	00:24:41.00	00:25:14.15	+00:08:50 (35.8%)	4:56	12.2 (64.6%)
291	BURCHARDT Remigiusz	612	NIEZNISZCZALNI	M-30	112	00:00:55	00:24:41.90	00:25:37.20	+00:08:51 (35.9%)	4:56	12.1 (64.0%)
292	SIKORSKI Norbert	716		M-40	80	00:00:29	00:24:42.45	00:25:11.90	+00:08:51 (35.9%)	4:56	12.1 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	ZABORNIAK Zbigniew	927		M-30	113	00:01:09	00:24:43.30	00:25:52.35	+00:08:52 (35.9%)	4:56	12.1 (64.0%)
294	KONDEK Jakub	10		M-40	81	00:00:22	00:24:44.25	00:25:06.65	+00:08:53 (36.0%)	4:56	12.1 (64.0%)
295	ŁOBOCKI Krzysztof	428	TKKF KOLEJARZ BYDGOSZCZ	M-30	114	00:00:31	00:24:45.85	00:25:17.35	+00:08:55 (36.0%)	4:57	12.1 (64.0%)
296	POPIELARZ Robert	13	WKURW_TEAM	M-50	17	00:00:09	00:24:46.10	00:24:55.70	+00:08:55 (36.0%)	4:57	12.1 (64.0%)
297	AUGUSTYNIAK Adrian	1023		M-20	64	00:00:28	00:24:46.55	00:25:15.50	+00:08:56 (36.1%)	4:57	12.1 (64.0%)
298	KOPACZ Arkadiusz	962		M-20	65	00:00:41	00:24:47.15	00:25:28.40	+00:08:56 (36.1%)	4:57	12.1 (64.0%)
299	DAMBECKI Piotr	1084		M-40	82	00:00:13	00:24:48.10	00:25:01.95	+00:08:57 (36.1%)	4:57	12.1 (64.0%)
300	DUDEK Dawid	133	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M-30	115	00:00:12	00:24:48.25	00:25:00.40	+00:08:57 (36.1%)	4:57	12.1 (64.0%)
300	SZUBERSKI Michał	1046		M-40	83	00:00:57	00:24:48.25	00:25:45.75	+00:08:57 (36.1%)	4:57	12.1 (64.0%)
302	LEBIECKI Paweł	1393		M-30	116	00:00:41	00:24:48.70	00:25:29.85	+00:08:58 (36.2%)	4:57	12.1 (64.0%)
303	GLINKOWSKI Dariusz	535		M-30	117	00:00:34	00:24:49.15	00:25:23.45	+00:08:58 (36.2%)	4:57	12.1 (64.0%)
304	ANGLART Roman	292	RUN PASJA	M-50	18	00:00:32	00:24:49.40	00:25:21.95	+00:08:58 (36.2%)	4:57	12.1 (64.0%)
305	CHONCHERA Tomasz	416		M-30	118	00:00:32	00:24:49.50	00:25:21.70	+00:08:59 (36.2%)	4:57	12.1 (64.0%)
306	ZBORAŁA Mateusz	388	SZKOŁA JAZDY TOMAS	M-20	66	00:00:11	00:24:50.30	00:25:01.65	+00:08:59 (36.2%)	4:58	12.1 (64.0%)
307	KUJAWA Piotr	1310		M-10	20	00:01:27	00:24:50.55	00:26:18.45	+00:09:00 (36.2%)	4:58	12.1 (64.0%)
308	KUJAWA Piotr	1305		M-40	84	00:01:27	00:24:51.05	00:26:18.45	+00:09:00 (36.3%)	4:58	12.1 (64.0%)
309	ZNANIECKI Wojciech	300	BYDGOSZCZ NA START	M-30	119	00:00:28	00:24:51.45	00:25:20.20	+00:09:00 (36.3%)	4:58	12.1 (64.0%)
310	RATAJ Krzysztof	119	KS POLONIA BYDGOSZCZ SEKCJA LA	M-30	120	00:00:15	00:24:51.95	00:25:07.00	+00:09:01 (36.3%)	4:58	12.1 (64.0%)
311	BIAŁOUS Krzysztof	1024	NIEZRZESZONY	M-50	19	00:00:18	00:24:52.00	00:25:10.95	+00:09:01 (36.3%)	4:58	12.1 (64.0%)
312	KUNDE Tomasz	1465		M-20	67	00:00:11	00:24:52.35	00:25:04.20	+00:09:01 (36.3%)	4:58	12.1 (64.0%)
313	ŁUKASZEK Marek	73	WATAHA BYDGOSZCZ	M-30	121	00:01:46	00:24:52.70	00:26:38.75	+00:09:02 (36.3%)	4:58	12.1 (64.0%)
313	ZGÓRECKI Marcel	1035		M-10	21	00:00:21	00:24:52.70	00:25:14.35	+00:09:02 (36.3%)	4:58	12.1 (64.0%)
315	LEWANDOWSKI Adam	378	COOKIETEAMRUNNERS	M-50	20	00:01:08	00:24:53.75	00:26:01.95	+00:09:03 (36.4%)	4:58	12.1 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	ŁUKASZEWICZ Dawid	1220		M-30	122	00:01:17	00:24:53.95	00:26:11.35	+00:09:03 (36.4%)	4:58	12 (63.5%)
317	WIELGOSZ Krzysztof	1321		M-20	68	00:00:25	00:24:54.40	00:25:19.85	+00:09:03 (36.4%)	4:58	12 (63.5%)
318	TWARDOWSKI Bartosz	665		M-30	123	00:00:33	00:24:54.55	00:25:28.35	+00:09:04 (36.4%)	4:59	12 (63.5%)
319	BAKOWSKI Dawid	833		M-30	124	00:00:20	00:24:56.05	00:25:16.15	+00:09:05 (36.5%)	4:59	12 (63.5%)
320	AFELT Jarosław	839		M-30	125	00:01:07	00:24:57.60	00:26:05.35	+00:09:07 (36.5%)	4:59	12 (63.5%)
321	GNIOT Henryk	954		M-40	85	00:00:26	00:24:58.35	00:25:25.00	+00:09:07 (36.6%)	4:59	12 (63.5%)
322	STEJUK Antoni	1012	AMS TRIATHLON	M-10	22	00:00:16	00:24:58.65	00:25:14.75	+00:09:08 (36.6%)	4:59	12 (63.5%)
323	MAJCHRZAK Michał	1369		M-30	126	00:00:07	00:24:58.75	00:25:06.15	+00:09:08 (36.6%)	4:59	12 (63.5%)
324	SOBCZYŃSKI Michał	851		M-30	127	00:00:38	00:24:59.00	00:25:37.70	+00:09:08 (36.6%)	4:59	12 (63.5%)
325	KRUCZKOWSKI Adam	1362		M-40	86	00:00:07	00:24:59.15	00:25:06.40	+00:09:08 (36.6%)	4:59	12 (63.5%)
326	CHOJNACKI Arkadiusz	1137	NIGHT RUNNERS	M-20	69	00:00:43	00:24:59.30	00:25:42.40	+00:09:08 (36.6%)	4:59	12 (63.5%)
327	GOŚCIŃSKI Cezary	1160	FIZJOGO	M-20	70	00:01:07	00:24:59.85	00:26:07.30	+00:09:09 (36.6%)	5:00	12 (63.5%)
328	KONWIŃSKI Daniel	349	SELEKCJA NATURALNA	M-30	128	00:01:40	00:25:01.80	00:26:42.20	+00:09:11 (36.7%)	5:00	12 (63.5%)
329	GRAJEWSKI Tomasz	1418		M-30	129	00:01:45	00:25:03.05	00:26:48.95	+00:09:12 (36.8%)	5:00	12 (63.5%)
330	JAŻWIŃSKI Janusz	682		M-20	71	00:00:09	00:25:04.70	00:25:14.00	+00:09:14 (36.8%)	5:01	12 (63.5%)
331	GŁOWIŃSKI Piotr	1037		M-40	87	00:01:41	00:25:06.55	00:26:48.10	+00:09:16 (36.9%)	5:01	11.9 (63.0%)
332	ŚWIETLIK Piotr	260		M-50	21	00:00:36	00:25:07.15	00:25:43.65	+00:09:16 (36.9%)	5:01	11.9 (63.0%)
333	DANIELEK Piotr	27	RUNŻÓŁWIK	M-40	88	00:00:18	00:25:08.75	00:25:27.70	+00:09:18 (37.0%)	5:01	11.9 (63.0%)
333	TADRZAK Michał	779		M-30	130	00:01:11	00:25:08.75	00:26:20.60	+00:09:18 (37.0%)	5:01	11.9 (63.0%)
335	RYDLICHOWSKI Hubert	763		M-20	72	00:00:42	00:25:10.30	00:25:52.85	+00:09:19 (37.1%)	5:02	11.9 (63.0%)
336	KALA Michał	1421		M-30	131	00:00:58	00:25:11.50	00:26:10.35	+00:09:21 (37.1%)	5:02	11.9 (63.0%)
337	BURNICKI Mariusz	1296	BYDGOSKI KLUB MORSÓW	M-50	22	00:00:07	00:25:11.95	00:25:19.50	+00:09:21 (37.1%)	5:02	11.9 (63.0%)
338	WEYNA Piotr	1500		M-30	132	00:01:12	00:25:12.40	00:26:24.40	+00:09:21 (37.2%)	5:02	11.9 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	ANTONCZYK Piotr	629	NFIU POL	M-30	133	00:00:28	00:25:14.20	00:25:42.25	+00:09:23 (37.2%)	5:02	11.9 (63.0%)
340	SAWECKI Adrian	601		M-40	89	00:00:27	00:25:14.75	00:25:42.70	+00:09:24 (37.3%)	5:03	11.9 (63.0%)
341	GŁOWACKI Tomek	652		M-40	90	00:00:10	00:25:15.95	00:25:26.35	+00:09:25 (37.3%)	5:03	11.9 (63.0%)
342	BEJFUS Łukasz	944	SKURCZ	M-20	73	00:00:48	00:25:16.45	00:26:04.60	+00:09:25 (37.3%)	5:03	11.9 (63.0%)
343	FRANCIS Khalil	460	ZIELONY PELIKAN	M-30	134	00:01:05	00:25:16.65	00:26:22.45	+00:09:26 (37.3%)	5:03	11.9 (63.0%)
344	KRAJNIK Wojciech	797	PARKRUN GRUDZIĄDZ	M-30	135	00:01:17	00:25:17.55	00:26:35.00	+00:09:27 (37.4%)	5:03	11.9 (63.0%)
345	GŁOWACKI Damian	986	PETARDA TEAM	M-20	74	00:01:26	00:25:18.80	00:26:44.85	+00:09:28 (37.4%)	5:03	11.9 (63.0%)
346	BIAŁOWĄS Dariusz	1493		M-40	91	00:01:03	00:25:22.00	00:26:25.20	+00:09:31 (37.5%)	5:04	11.8 (62.4%)
347	CZAJA Jarosław	287		M-40	92	00:00:46	00:25:24.55	00:26:10.95	+00:09:34 (37.7%)	5:04	11.8 (62.4%)
348	MARCHEL Leszek	1041	KMW	M-50	23	00:00:39	00:25:24.70	00:26:04.40	+00:09:34 (37.7%)	5:05	11.8 (62.4%)
349	SZUMIŃSKI Jan	1291		M-60+	3	00:00:06	00:25:29.25	00:25:36.10	+00:09:38 (37.8%)	5:06	11.8 (62.4%)
349	JANKOWSKI Łukasz	1347		M-20	75	00:00:53	00:25:29.25	00:26:22.45	+00:09:38 (37.8%)	5:05	11.8 (62.4%)
351	SZYMCZAK Piotr	1380		M-40	93	00:00:26	00:25:30.75	00:25:57.20	+00:09:40 (37.9%)	5:06	11.8 (62.4%)
352	CHLEBOROWICZ Marcin	677	3GRAVITY	M-30	136	00:00:30	00:25:31.40	00:26:01.65	+00:09:40 (37.9%)	5:06	11.8 (62.4%)
353	KARPIŃSKI Łukasz	184		M-40	94	00:00:25	00:25:31.45	00:25:56.90	+00:09:40 (37.9%)	5:06	11.8 (62.4%)
354	ZDROJEWSKI Mirosław	362		M-50	24	00:01:32	00:25:32.00	00:27:04.30	+00:09:41 (38.0%)	5:06	11.7 (61.9%)
355	PACZKOWSKI Mirosław	1399	CB163	M-40	95	00:01:13	00:25:32.35	00:26:45.45	+00:09:41 (38.0%)	5:06	11.7 (61.9%)
356	WOJCIESZAK Dariusz	987		M-50	25	00:00:30	00:25:34.10	00:26:04.60	+00:09:43 (38.0%)	5:06	11.7 (61.9%)
357	KARSKI Krzysztof	907		M-10	23	00:00:41	00:25:36.60	00:26:18.45	+00:09:46 (38.1%)	5:07	11.7 (61.9%)
358	WALCZAK Marcin	1061		M-30	137	00:00:42	00:25:37.15	00:26:19.20	+00:09:46 (38.2%)	5:07	11.7 (61.9%)
359	GRACZYK Przemysław	573		M-30	138	00:00:30	00:25:37.25	00:26:07.45	+00:09:46 (38.2%)	5:07	11.7 (61.9%)
360	TRUDNOWSKI Janusz	424	RUN PASJA	M-60+	4	00:00:11	00:25:38.00	00:25:49.65	+00:09:47 (38.2%)	5:07	11.7 (61.9%)
361	POTRZEBOWSKI Marek	477	#B3K I DEAF	M-30	139	00:00:29	00:25:40.60	00:26:10.50	+00:09:50 (38.3%)	5:08	11.7 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	WOLAK Piotr	1470		M-30	140	00:00:28	00:25:44.90	00:26:13.75	+00:09:54 (38.5%)	5:09	11.7 (61.9%)
363	BARANOWICZ Bartosz	1001	GLOBART MEBLE	M-40	96	00:00:31	00:25:45.00	00:26:16.65	+00:09:54 (38.5%)	5:09	11.7 (61.9%)
364	PYJOS Rafał	1304	TEAM GARDONIX	M-30	141	00:00:52	00:25:45.25	00:26:37.50	+00:09:54 (38.5%)	5:09	11.7 (61.9%)
365	ŚWIETLIK Grzegorz	323		M-30	142	00:00:21	00:25:45.80	00:26:07.00	+00:09:55 (38.5%)	5:09	11.6 (61.4%)
366	JESKE Marek	1446	RUN BYDGOSZCZ	M-40	97	00:00:38	00:25:46.45	00:26:25.10	+00:09:55 (38.5%)	5:09	11.6 (61.4%)
367	KWASEK Wojciech	898	KABEL TEAM BYDGOSZCZ	M-50	26	00:00:32	00:25:47.05	00:26:19.10	+00:09:56 (38.6%)	5:09	11.6 (61.4%)
368	CZAJKA Beniamin	692	ŁABISZYNRUNNERS	M-10	24	00:01:10	00:25:47.15	00:26:57.30	+00:09:56 (38.6%)	5:09	11.6 (61.4%)
369	NURKIEWICZ Jarosław	384	KUNG FU PANDY 3	M-40	98	00:00:38	00:25:47.75	00:26:25.85	+00:09:57 (38.6%)	5:09	11.6 (61.4%)
370	KRAJDA Piotr	1495	BBL BYDGOSZCZ	M-40	99	00:00:30	00:25:49.05	00:26:19.10	+00:09:58 (38.6%)	5:09	11.6 (61.4%)
371	DĄBROWSKI Michał	555		M-30	143	00:01:16	00:25:49.30	00:27:05.45	+00:09:58 (38.6%)	5:09	11.6 (61.4%)
372	NAWROCKI Dariusz	194	VAUPE TEAM	M-50	27	00:01:52	00:25:49.95	00:27:42.00	+00:09:59 (38.7%)	5:10	11.6 (61.4%)
373	ZIELIŃSKI Radosław	198		M-30	144	00:01:27	00:25:50.10	00:27:17.35	+00:09:59 (38.7%)	5:10	11.6 (61.4%)
374	WARMBIER Andrzej	1385		M-50	28	00:00:17	00:25:51.80	00:26:09.05	+00:10:01 (38.7%)	5:10	11.6 (61.4%)
375	BRZOZOWSKI Marek	868		M-50	29	00:00:31	00:25:53.35	00:26:25.20	+00:10:02 (38.8%)	5:10	11.6 (61.4%)
376	BYSTREK Jarosław	553		M-40	100	00:01:26	00:25:54.85	00:27:20.90	+00:10:04 (38.9%)	5:10	11.6 (61.4%)
377	ŁABENDA Piotr	970	TERENOWA MASAKRA TEAM	M-40	101	00:00:40	00:25:55.10	00:26:35.75	+00:10:04 (38.9%)	5:11	11.6 (61.4%)
378	KUNDE Adam	1462		M-50	30	00:00:38	00:25:55.30	00:26:33.90	+00:10:04 (38.9%)	5:11	11.6 (61.4%)
379	GORCZYCA Rafał	992		M-40	102	00:01:46	00:25:55.55	00:27:42.05	+00:10:05 (38.9%)	5:11	11.6 (61.4%)
380	PRZYBYLSKI Mariusz	98	BYDGOSZCZ NA STRART	M-50	31	00:01:09	00:25:55.75	00:27:05.60	+00:10:05 (38.9%)	5:11	11.6 (61.4%)
381	RUCIŃSKI Rafał	269	SELEKCJA NATURALNA	M-30	145	00:01:37	00:25:56.35	00:27:33.50	+00:10:05 (38.9%)	5:11	11.6 (61.4%)
382	KODRANC Michał	913	TYPYGRUBE	M-30	146	00:01:05	00:25:57.95	00:27:03.40	+00:10:07 (39.0%)	5:11	11.6 (61.4%)
383	ŻEBRACKI Artur	1307	AUTO GAZ FORDON	M-30	147	00:00:27	00:25:58.50	00:26:26.40	+00:10:08 (39.0%)	5:11	11.5 (60.8%)
384	BADZIAĞ Paweł	626	MUMINKI TEAM	M-20	76	00:00:53	00:25:59.90	00:26:53.10	+00:10:09 (39.1%)	5:12	11.5 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	KALACZYŃSKI Grzegorz	419		M-40	103	00:01:11	00:25:59.95	00:27:11.65	+00:10:09 (39.1%)	5:12	11.5 (60.8%)
386	GUMMER Andrzej	664	3GRAVITY	M-30	148	00:00:29	00:26:00.65	00:26:30.40	+00:10:10 (39.1%)	5:12	11.5 (60.8%)
387	DOMEK Aleksander	1463		M-30	149	00:00:45	00:26:01.80	00:26:46.90	+00:10:11 (39.1%)	5:12	11.5 (60.8%)
388	BRZOZOWSKI Krzysztof	38		M-30	150	00:00:57	00:26:02.55	00:27:00.05	+00:10:12 (39.2%)	5:12	11.5 (60.8%)
389	KRAJEWSKI Tomek	1169	DOSTAWCY PRĄDU AKUMAR	M-30	151	00:01:15	00:26:04.70	00:27:20.55	+00:10:14 (39.3%)	5:13	11.5 (60.8%)
390	MYŚLIŃSKI Kamil	1452		M-10	25	00:00:11	00:26:05.20	00:26:16.95	+00:10:14 (39.3%)	5:13	11.5 (60.8%)
391	KLIMKOWSKI Mateusz	1467	DECATHLON TRIATHLON TEAM	M-20	77	00:00:31	00:26:05.85	00:26:37.45	+00:10:15 (39.3%)	5:13	11.5 (60.8%)
392	BEBYN Marek	949		M-20	78	00:00:51	00:26:06.55	00:26:57.75	+00:10:16 (39.3%)	5:13	11.5 (60.8%)
393	SZULC Radek	1202		M-30	152	00:00:41	00:26:07.60	00:26:49.05	+00:10:17 (39.4%)	5:13	11.5 (60.8%)
394	PIERZGALSKI Jarek	78		M-40	104	00:00:35	00:26:08.25	00:26:44.15	+00:10:17 (39.4%)	5:13	11.5 (60.8%)
395	FURMAN Paweł	654		M-30	153	00:01:28	00:26:09.00	00:27:37.65	+00:10:18 (39.4%)	5:13	11.5 (60.8%)
396	PYTLIŃSKI Paweł	935	BYDGOSKIE ŻÓŁWIE	M-40	105	00:01:26	00:26:09.45	00:27:36.40	+00:10:18 (39.4%)	5:14	11.5 (60.8%)
397	PAŁCZYŃSKI Piotr	831		M-30	154	00:01:08	00:26:10.05	00:27:18.40	+00:10:19 (39.5%)	5:14	11.5 (60.8%)
398	SIELSKI Kamil	1341	KS WISŁKA BYDGOSZCZ - FORDON	M-30	155	00:00:28	00:26:11.75	00:26:40.30	+00:10:21 (39.5%)	5:14	11.5 (60.8%)
399	LUCHKOWSKI Filip	931		M-10	26	00:00:10	00:26:11.90	00:26:22.05	+00:10:21 (39.5%)	5:14	11.5 (60.8%)
400	STANISŁAWSKI Zdzisław	917		M-60+	5	00:00:32	00:26:12.40	00:26:44.85	+00:10:21 (39.6%)	5:14	11.5 (60.8%)
401	JĘDRZEJEWSKI Adrian	1269		M-30	156	00:00:33	00:26:12.60	00:26:46.00	+00:10:22 (39.6%)	5:14	11.4 (60.3%)
402	RUTKOWSKI Kamil	1454		M-10	27	00:00:11	00:26:14.90	00:26:26.85	+00:10:24 (39.6%)	5:15	11.4 (60.3%)
403	GÓRSKI Łukasz	526	HARPAGAN TEAM BYDGOSZCZ	M-30	157	00:00:49	00:26:15.35	00:27:04.60	+00:10:24 (39.7%)	5:15	11.4 (60.3%)
404	GOŚCINNY Michał	456		M-30	158	00:00:25	00:26:15.60	00:26:40.60	+00:10:25 (39.7%)	5:15	11.4 (60.3%)
405	KULPA Szymon	502		M-30	159	00:01:22	00:26:17.80	00:27:40.40	+00:10:27 (39.8%)	5:15	11.4 (60.3%)
406	ZMUDZIŃSKI Łukasz	806	BRAK	M-30	160	00:00:45	00:26:18.05	00:27:03.40	+00:10:27 (39.8%)	5:15	11.4 (60.3%)
407	SOŚNICKI Bartosz	1232		M-30	161	00:00:40	00:26:18.10	00:26:58.65	+00:10:27 (39.8%)	5:15	11.4 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	BARTCZAK Radosław	499	CB163	M-30	162	00:01:23	00:26:18.55	00:27:42.15	+00:10:28 (39.8%)	5:15	11.4 (60.3%)
409	SKŁADOWSKI Przemysław	792		M-20	79	00:00:37	00:26:20.75	00:26:57.90	+00:10:30 (39.9%)	5:16	11.4 (60.3%)
410	SZALATY Michał	908	CASTORAMA2	M-20	80	00:00:50	00:26:21.25	00:27:11.45	+00:10:30 (39.9%)	5:16	11.4 (60.3%)
411	KOWALEWSKI Marcin	815	CASTORAMA2	M-40	106	00:00:50	00:26:21.80	00:27:12.70	+00:10:31 (39.9%)	5:16	11.4 (60.3%)
412	GRZELAK Łukasz	229	BYDGOSZCZ NA START	M-40	107	00:01:12	00:26:22.05	00:27:34.35	+00:10:31 (39.9%)	5:16	11.4 (60.3%)
413	WSPÓLNIK Stanisław	1382		M-60+	6	00:00:34	00:26:23.40	00:26:58.25	+00:10:32 (40.0%)	5:16	11.4 (60.3%)
414	KARSKI Hubert	827		M-60+	7	00:00:42	00:26:23.80	00:27:05.85	+00:10:33 (40.0%)	5:16	11.4 (60.3%)
415	SIEKIERKA Jarosław	103		M-30	163	00:00:22	00:26:25.40	00:26:48.00	+00:10:34 (40.0%)	5:17	11.3 (59.8%)
416	KORNACKI Artur	523	BEJBUSIE	M-40	108	00:00:09	00:26:26.75	00:26:36.05	+00:10:36 (40.1%)	5:17	11.3 (59.8%)
417	PSZCZOLINSKI Maciej	909		M-30	164	00:01:29	00:26:29.30	00:27:58.85	+00:10:38 (40.2%)	5:17	11.3 (59.8%)
418	WÓJCIK Piotr	283		M-10	28	00:01:12	00:26:31.05	00:27:43.95	+00:10:40 (40.3%)	5:18	11.3 (59.8%)
419	WIŚNIEWSKI Marek	381		M-50	32	00:00:36	00:26:31.10	00:27:07.45	+00:10:40 (40.3%)	5:18	11.3 (59.8%)
420	KORZENIEWSKI Jacek	941		M-30	165	00:00:38	00:26:31.75	00:27:10.20	+00:10:41 (40.3%)	5:18	11.3 (59.8%)
421	LEWICKI Artur	750	LEGE ARTIS	M-40	109	00:01:12	00:26:31.85	00:27:44.40	+00:10:41 (40.3%)	5:18	11.3 (59.8%)
422	CIESIELSKI Adrian	596		M-10	29	00:01:16	00:26:33.00	00:27:49.40	+00:10:42 (40.3%)	5:18	11.3 (59.8%)
423	KISIEL Krystian	311	#KISIELKI	M-30	166	00:00:22	00:26:37.65	00:27:00.45	+00:10:47 (40.5%)	5:19	11.3 (59.8%)
424	PASZKIET Witold	138		M-60+	8	00:01:19	00:26:38.30	00:27:57.90	+00:10:47 (40.5%)	5:19	11.3 (59.8%)
425	BINDEK Łukasz	1118		M-30	167	00:00:46	00:26:38.65	00:27:24.70	+00:10:48 (40.5%)	5:19	11.3 (59.8%)
426	JAGODZIŃSKI Karol	1313		M-50	33	00:01:18	00:26:39.20	00:27:57.55	+00:10:48 (40.6%)	5:19	11.3 (59.8%)
427	BRYLIŃSKI Jakub	1033		M-30	168	00:01:33	00:26:39.30	00:28:12.70	+00:10:48 (40.6%)	5:19	11.3 (59.8%)
428	CZYNSZ Łukasz	1029		M-30	169	00:01:16	00:26:39.45	00:27:55.75	+00:10:48 (40.6%)	5:19	11.3 (59.8%)
429	MICHNIEWICZ Piotr	1044	SUCHAREM ZASIAŁ	M-30	170	00:01:03	00:26:40.55	00:27:44.05	+00:10:50 (40.6%)	5:20	11.2 (59.3%)
430	KROPIDŁOWSKI Bartek	1098		M-30	171	00:00:10	00:26:40.95	00:26:51.50	+00:10:50 (40.6%)	5:20	11.2 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	WOJTCZAK Adam	320		M-30	172	00:01:03	00:26:41.60	00:27:44.80	+00:10:51 (40.7%)	5:20	11.2 (59.3%)
432	DOMAŃSKI Marcin	511		M-30	173	00:01:17	00:26:41.90	00:27:59.85	+00:10:51 (40.7%)	5:20	11.2 (59.3%)
433	FABER Dawid	272	TRITATA	M-30	174	00:01:31	00:26:42.55	00:28:14.10	+00:10:52 (40.7%)	5:20	11.2 (59.3%)
434	KARSKI Marcin	896		M-40	110	00:00:41	00:26:43.25	00:27:24.90	+00:10:52 (40.7%)	5:20	11.2 (59.3%)
435	SKUBISZEWSKI Damian	255	SELEKCJA NATURALNA	M-30	175	00:01:37	00:26:44.35	00:28:21.50	+00:10:53 (40.8%)	5:20	11.2 (59.3%)
436	SZCZĘSNY Arkadiusz	1057	DYNAMO SKARPA	M-40	111	00:00:43	00:26:45.00	00:27:28.80	+00:10:54 (40.8%)	5:21	11.2 (59.3%)
437	ROŚ Sławek	227	SELEKCJA NATURALNA	M-30	176	00:01:37	00:26:45.40	00:28:22.45	+00:10:54 (40.8%)	5:21	11.2 (59.3%)
438	WALCZAK Marcin	372		M-40	112	00:00:39	00:26:46.20	00:27:25.70	+00:10:55 (40.8%)	5:21	11.2 (59.3%)
439	CIEŚLIK Tomasz	224		M-30	177	00:01:24	00:26:46.50	00:28:10.80	+00:10:56 (40.8%)	5:21	11.2 (59.3%)
440	GANCAREK Patryk	901	NIEMCZ	M-40	113	00:01:20	00:26:47.10	00:28:08.05	+00:10:56 (40.9%)	5:21	11.2 (59.3%)
441	KULIKOWSKI Krystian	816	CASTORAMA2	M-30	178	00:00:50	00:26:48.90	00:27:39.30	+00:10:58 (40.9%)	5:21	11.2 (59.3%)
442	JENDRYKA Marcin	830	CASTORAMA2	M-40	114	00:00:50	00:26:49.15	00:27:39.35	+00:10:58 (40.9%)	5:21	11.2 (59.3%)
443	ANDRZEJEWSKI Adam	1002		M-40	115	00:00:39	00:26:50.65	00:27:30.50	+00:11:00 (41.0%)	5:22	11.2 (59.3%)
444	WAWRZYNIAK Andrzej	765	22.ODN	M-50	34	00:00:40	00:26:50.80	00:27:31.20	+00:11:00 (41.0%)	5:22	11.2 (59.3%)
445	KLIMCZYK Marcin	788		M-40	116	00:01:15	00:26:52.60	00:28:07.95	+00:11:02 (41.1%)	5:22	11.2 (59.3%)
446	DOBRZAŃSKI Dariusz	402	3GRAVITY	M-20	81	00:01:22	00:26:52.85	00:28:15.55	+00:11:02 (41.1%)	5:22	11.2 (59.3%)
447	TYCZKOWSKI Gracjan	599	VEGE RUNNERS	M-30	179	00:01:05	00:26:55.00	00:28:00.65	+00:11:04 (41.1%)	5:23	11.1 (58.7%)
448	BRZÓSKA Kacper	1225		M-30	180	00:00:30	00:26:56.25	00:27:26.95	+00:11:05 (41.2%)	5:23	11.1 (58.7%)
449	LUTKOWSKI Dawid	930		M-40	117	00:00:10	00:26:57.50	00:27:08.05	+00:11:07 (41.2%)	5:23	11.1 (58.7%)
449	CHĘSY Jacek	1289		M-40	117	00:00:12	00:26:57.50	00:27:09.85	+00:11:07 (41.2%)	5:23	11.1 (58.7%)
451	RASZEWSKI Szymon	943		M-20	82	00:00:23	00:27:01.35	00:27:25.00	+00:11:10 (41.4%)	5:24	11.1 (58.7%)
452	SOBALLA Adam	635	TYPYGRUBE	M-20	83	00:01:07	00:27:01.50	00:28:09.35	+00:11:11 (41.4%)	5:24	11.1 (58.7%)
453	WILCZYŃSKI Arkadiusz	757		M-30	181	00:00:18	00:27:02.65	00:27:21.15	+00:11:12 (41.4%)	5:24	11.1 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	PIETRASZAK Tomasz	19	RUN BYDGOSZCZ	M-40	119	00:00:45	00:27:03.00	00:27:48.80	+00:11:12 (41.4%)	5:24	11.1 (58.7%)
455	MIĘKCZYŃSKI Artur	1151	POLONIA BYDGOSZCZ	M-30	182	00:01:30	00:27:03.85	00:28:34.20	+00:11:13 (41.5%)	5:24	11.1 (58.7%)
456	ŁUKASIEWICZ Krzysztof	165		M-40	120	00:01:17	00:27:04.70	00:28:21.85	+00:11:14 (41.5%)	5:24	11.1 (58.7%)
457	WIELIŃSKI Rafał	1487		M-30	183	00:00:56	00:27:05.25	00:28:01.30	+00:11:14 (41.5%)	5:25	11.1 (58.7%)
458	KUŻAJ Sławomir	965	PIŁA	M-50	35	00:00:09	00:27:05.45	00:27:15.25	+00:11:14 (41.5%)	5:25	11.1 (58.7%)
459	KASZEWSKI Konrad	1286		M-10	30	00:00:41	00:27:06.10	00:27:48.05	+00:11:15 (41.5%)	5:25	11.1 (58.7%)
460	SYBILA Michał	1331	VENEZUELA TEAM	M-30	184	00:00:45	00:27:07.15	00:27:52.95	+00:11:16 (41.6%)	5:25	11.1 (58.7%)
461	DZIUBARCZYK Robert	999		M-30	185	00:00:14	00:27:08.15	00:27:22.45	+00:11:17 (41.6%)	5:25	11.1 (58.7%)
462	GRAMOWSKI Jakub	777		M-30	186	00:00:13	00:27:08.60	00:27:22.55	+00:11:18 (41.6%)	5:25	11 (58.2%)
463	BOROWIEC Michał	704	VENEZUELA TEAM	M-30	187	00:00:44	00:27:08.70	00:27:53.30	+00:11:18 (41.6%)	5:25	11 (58.2%)
464	JANUSZEWSKI Marcin	366		M-40	121	00:01:21	00:27:12.10	00:28:33.45	+00:11:21 (41.8%)	5:26	11 (58.2%)
465	SOSNA Mikołaj	132		M-30	188	00:00:19	00:27:14.05	00:27:33.85	+00:11:23 (41.8%)	5:26	11 (58.2%)
466	PALIGA Antoni	370	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	36	00:01:34	00:27:14.40	00:28:48.60	+00:11:23 (41.8%)	5:26	11 (58.2%)
467	RADZIKOWSKI Łukasz	567		M-40	122	00:00:50	00:27:15.30	00:28:05.65	+00:11:24 (41.9%)	5:27	11 (58.2%)
468	JANIC Arek	876		M-10	31	00:00:40	00:27:16.80	00:27:57.70	+00:11:26 (41.9%)	5:27	11 (58.2%)
469	OLSZEWSKI Michał	313		M-20	84	00:00:53	00:27:17.20	00:28:10.65	+00:11:26 (41.9%)	5:27	11 (58.2%)
470	WĘGRZYŃSKI Piotr	1158	CASTORAMA2	M-40	123	00:00:48	00:27:18.70	00:28:07.05	+00:11:28 (42.0%)	5:27	11 (58.2%)
471	ŚWIECICKI Andrzej	446	BYDGOSZCZ	M-40	124	00:01:24	00:27:19.35	00:28:44.00	+00:11:28 (42.0%)	5:28	11 (58.2%)
472	CZAPLICKI Bartłomiej	529		M-30	189	00:00:52	00:27:20.70	00:28:13.60	+00:11:30 (42.1%)	5:28	11 (58.2%)
473	BYRTEK Grzegorz	472	CAŁY CZAS DO PRZODU	M-40	125	00:01:23	00:27:20.90	00:28:44.00	+00:11:30 (42.1%)	5:28	11 (58.2%)
474	LORENC Michał	538		M-20	85	00:00:47	00:27:20.95	00:28:08.10	+00:11:30 (42.1%)	5:28	11 (58.2%)
475	MIERZWA Damian	48		M-30	190	00:00:33	00:27:21.30	00:27:55.10	+00:11:30 (42.1%)	5:28	11 (58.2%)
476	JANKE Damian	161	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	191	00:01:34	00:27:23.50	00:28:58.45	+00:11:33 (42.2%)	5:28	10.9 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	KWIECIŃSKI Łukasz	367		M-30	192	00:01:21	00:27:24.05	00:28:45.35	+00:11:33 (42.2%)	5:28	10.9 (57.7%)
478	RADECKI Maciej	755	CYBORGI	M-40	126	00:01:47	00:27:25.00	00:29:12.90	+00:11:34 (42.2%)	5:29	10.9 (57.7%)
479	WRÓBEL Grzegorz	92	BYLE DO METY	M-30	193	00:00:31	00:27:25.30	00:27:56.65	+00:11:34 (42.2%)	5:29	10.9 (57.7%)
479	CIESIELSKI Hubert	604		M-20	86	00:01:03	00:27:25.30	00:28:28.45	+00:11:34 (42.2%)	5:29	10.9 (57.7%)
481	BYCZKOWSKI Michał	1272	INDYWIDUALNIE	M-20	87	00:01:17	00:27:25.40	00:28:42.45	+00:11:34 (42.2%)	5:29	10.9 (57.7%)
482	SIĘŃSKI Jacek	606	RUN BYDGOSZCZ	M-50	37	00:00:57	00:27:26.35	00:28:23.50	+00:11:35 (42.3%)	5:29	10.9 (57.7%)
483	KULCZYŃSKI Przemysław	918	TYPYGRUBE	M-30	194	00:01:05	00:27:28.10	00:28:33.35	+00:11:37 (42.3%)	5:29	10.9 (57.7%)
484	CIESIELSKI Arkadiusz	1038		M-40	127	00:01:02	00:27:29.50	00:28:32.35	+00:11:39 (42.4%)	5:30	10.9 (57.7%)
485	KOSIŃSKI Jerzy	1262		M-50	38	00:00:45	00:27:29.55	00:28:15.25	+00:11:39 (42.4%)	5:30	10.9 (57.7%)
486	HILLER Fabian	1300		M-20	88	00:00:10	00:27:30.20	00:27:40.40	+00:11:39 (42.4%)	5:30	10.9 (57.7%)
487	STOSIK Krzysztof	1317		M-20	89	00:00:10	00:27:30.80	00:27:40.85	+00:11:40 (42.4%)	5:30	10.9 (57.7%)
488	WITKOWSKI Piotr	693	VIVA LA VIDA	M-20	90	00:00:50	00:27:31.00	00:28:21.65	+00:11:40 (42.4%)	5:30	10.9 (57.7%)
489	GRZANKA Sebastian	1221		M-30	195	00:01:15	00:27:31.40	00:28:46.45	+00:11:40 (42.4%)	5:30	10.9 (57.7%)
490	WITKOWSKI Tomasz	143	VIVA LA VIDA	M-30	196	00:00:49	00:27:31.95	00:28:21.75	+00:11:41 (42.5%)	5:30	10.9 (57.7%)
491	BISKUP Rafał	1096		M-40	128	00:00:28	00:27:34.10	00:28:02.90	+00:11:43 (42.5%)	5:30	10.9 (57.7%)
492	HAŁAS Aleksander	1290		M-30	197	00:00:07	00:27:34.25	00:27:41.35	+00:11:43 (42.5%)	5:30	10.9 (57.7%)
493	PALIGA Arkadiusz	778		M-40	129	00:01:28	00:27:35.25	00:29:03.30	+00:11:44 (42.6%)	5:31	10.9 (57.7%)
494	KOSTECKI Dawid	1266		M-30	198	00:01:15	00:27:35.50	00:28:50.75	+00:11:45 (42.6%)	5:31	10.9 (57.7%)
495	WILCZYŃSKI Marek	1083		M-30	199	00:00:24	00:27:37.50	00:28:02.40	+00:11:47 (42.7%)	5:31	10.9 (57.7%)
496	TALAR Cezary	1068		M-10	32	00:00:34	00:27:40.55	00:28:14.70	+00:11:50 (42.8%)	5:32	10.8 (57.1%)
497	WIŚNIEWSKI Krzysztof	111	TRISPACE/TREK	M-50	39	00:00:33	00:27:41.15	00:28:14.15	+00:11:50 (42.8%)	5:32	10.8 (57.1%)
498	PALIGA Radosław	371	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-10	33	00:01:34	00:27:41.30	00:29:15.80	+00:11:50 (42.8%)	5:32	10.8 (57.1%)
499	KOTECKI Marcin	58	GANG KOCURA	M-40	130	00:01:21	00:27:41.50	00:29:03.35	+00:11:51 (42.8%)	5:32	10.8 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	PILEWSKI Mikołaj	890		M-30	200	00:00:47	00:27:42.75	00:28:29.95	+00:11:52 (42.8%)	5:32	10.8 (57.1%)
501	WIELIŃSKI Wojciech	1486		M-30	201	00:00:55	00:27:44.40	00:28:40.30	+00:11:53 (42.9%)	5:33	10.8 (57.1%)
502	WYPORKIEWICZ Jerzy	485	KLINIKA TRIATHLONU	M-50	40	00:00:55	00:27:44.45	00:28:39.45	+00:11:53 (42.9%)	5:32	10.8 (57.1%)
503	WOLAN Krzysztof	335	BYLE DO METY JAKOŚ	M-40	131	00:00:20	00:27:45.75	00:28:06.25	+00:11:55 (42.9%)	5:33	10.8 (57.1%)
504	POLAWSKI Marcin	129	BBL SZUBIN	M-40	132	00:00:53	00:27:45.90	00:28:39.60	+00:11:55 (42.9%)	5:33	10.8 (57.1%)
505	ROZBICKI Grzegorz	639		M-50	41	00:01:11	00:27:46.40	00:28:58.10	+00:11:55 (43.0%)	5:33	10.8 (57.1%)
506	MARKOWSKI Patryk	925		M-20	91	00:00:48	00:27:47.95	00:28:35.95	+00:11:57 (43.0%)	5:33	10.8 (57.1%)
507	KLIMEK Zbigniew	1283		M-30	202	00:00:18	00:27:48.65	00:28:07.60	+00:11:58 (43.0%)	5:33	10.8 (57.1%)
508	AWIZEN Antoni	307		M-60+	9	00:00:08	00:27:50.95	00:27:59.05	+00:12:00 (43.1%)	5:34	10.8 (57.1%)
509	ZDUNKIEWICZ Filip	65		M-10	34	00:00:21	00:27:54.45	00:28:16.30	+00:12:03 (43.2%)	5:35	10.7 (56.6%)
510	NOWICKI Adam	238	PENTEL	M-40	133	00:00:00	00:27:55.55	00:27:55.55	+00:12:05 (43.3%)	5:35	10.7 (56.6%)
511	OSSOWSKI Łukasz	328		M-30	203	00:01:44	00:27:56.10	00:29:40.35	+00:12:05 (43.3%)	5:35	10.7 (56.6%)
512	KULINSKI Zbigniew	1281		M-30	204	00:01:28	00:27:57.10	00:29:25.25	+00:12:06 (43.3%)	5:35	10.7 (56.6%)
513	KLONOWSKI Krzysztof	1442		M-50	42	00:00:06	00:27:58.35	00:28:05.15	+00:12:07 (43.4%)	5:35	10.7 (56.6%)
514	KUKLIŃSKI Rafał	762		M-40	134	00:00:36	00:27:58.65	00:28:35.10	+00:12:08 (43.4%)	5:35	10.7 (56.6%)
515	DOMŻALSKI Kamil	117		M-30	205	00:01:14	00:27:58.80	00:29:13.35	+00:12:08 (43.4%)	5:35	10.7 (56.6%)
515	GOŁCZYŃSKI Tomasz	701		M-40	135	00:01:03	00:27:58.80	00:29:02.45	+00:12:08 (43.4%)	5:35	10.7 (56.6%)
517	KIELMANN Marcin	71		M-30	206	00:01:10	00:27:59.05	00:29:09.65	+00:12:08 (43.4%)	5:35	10.7 (56.6%)
518	JASKÓLSKI Andrzej	36		M-40	136	00:00:14	00:28:00.45	00:28:15.40	+00:12:09 (43.4%)	5:36	10.7 (56.6%)
519	ŚWIETLIK Tomasz	1030		M-50	43	00:00:36	00:28:00.50	00:28:36.65	+00:12:10 (43.4%)	5:36	10.7 (56.6%)
520	LEWANDOWSKI Kamil	1288		M-30	207	00:01:44	00:28:01.35	00:29:46.25	+00:12:10 (43.5%)	5:36	10.7 (56.6%)
521	PUFAL Adrian	691		M-20	92	00:01:16	00:28:01.75	00:29:18.20	+00:12:11 (43.5%)	5:36	10.7 (56.6%)
522	MILEWSKI Zbigniew	1150	TKKF KOLEJARZ BYDGOSZCZ	M-40	137	00:00:42	00:28:01.95	00:28:44.45	+00:12:11 (43.5%)	5:36	10.7 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	WŁOCH Michał	1131		M-30	208	00:00:40	00:28:02.65	00:28:42.75	+00:12:12 (43.5%)	5:36	10.7 (56.6%)
524	BUGARA Piotr	1497		M-20	93	00:01:08	00:28:03.70	00:29:12.55	+00:12:13 (43.5%)	5:36	10.7 (56.6%)
525	SZYMCZUK Filip	895		M-20	94	00:00:43	00:28:04.50	00:28:47.80	+00:12:14 (43.6%)	5:36	10.7 (56.6%)
526	JAWORSKI Marek	562	STOWARZYSZENIE 'DZIĘKI WAM'	M-10	35	00:00:36	00:28:04.75	00:28:41.00	+00:12:14 (43.6%)	5:37	10.7 (56.6%)
527	OPALA Marcin	721		M-40	138	00:01:28	00:28:07.45	00:29:35.65	+00:12:16 (43.7%)	5:37	10.7 (56.6%)
528	WOLSKI Marek	455		M-30	209	00:01:36	00:28:10.20	00:29:46.35	+00:12:19 (43.8%)	5:38	10.7 (56.6%)
529	KUSZYŃSKI Robert	169	ATACOWUJ NAPADYWUJ	M-40	139	00:01:35	00:28:11.00	00:29:46.20	+00:12:20 (43.8%)	5:38	10.6 (56.1%)
530	DĄBROWSKI Paweł	1425		M-20	95	00:01:27	00:28:12.95	00:29:40.85	+00:12:22 (43.9%)	5:38	10.6 (56.1%)
531	SMUCZYŃSKI Wojciech	577		M-30	210	00:01:02	00:28:14.50	00:29:17.30	+00:12:24 (43.9%)	5:39	10.6 (56.1%)
532	PANFIL Michał	273		M-30	211	00:01:31	00:28:15.70	00:29:47.15	+00:12:25 (43.9%)	5:39	10.6 (56.1%)
533	ZUBRYCKI Łukasz	242	GALACTICA	M-30	212	00:00:50	00:28:18.45	00:29:09.15	+00:12:27 (44.0%)	5:39	10.6 (56.1%)
534	ANDRUSZKIEWICZ Stanisław	978	BYDGOSZCZ FORDON TEAM	M-50	44	00:00:14	00:28:23.45	00:28:37.90	+00:12:32 (44.2%)	5:40	10.6 (56.1%)
535	DĄBROWSKI Michał	1424		M-20	96	00:01:27	00:28:25.45	00:29:52.60	+00:12:34 (44.3%)	5:41	10.6 (56.1%)
536	ŚWIETLIK Dawid	747		M-30	213	00:00:36	00:28:25.95	00:29:02.70	+00:12:35 (44.3%)	5:41	10.6 (56.1%)
537	PIEKARZ Sławek	1456		M-20	97	00:01:09	00:28:26.80	00:29:36.35	+00:12:36 (44.3%)	5:41	10.5 (55.6%)
538	KOWALSKI Piotr	738	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M-30	214	00:01:18	00:28:27.25	00:29:45.45	+00:12:36 (44.3%)	5:41	10.5 (55.6%)
539	CHMIELEWSKI Ireneusz	465	CZARNE STOPY SM	M-50	45	00:00:45	00:28:27.75	00:29:12.75	+00:12:37 (44.3%)	5:41	10.5 (55.6%)
540	LASOTA Igor	723	EL GATO BOYZ	M-10	36	00:01:18	00:28:29.15	00:29:47.75	+00:12:38 (44.4%)	5:41	10.5 (55.6%)
541	JANKOWSKI Szymon	1294		M-10	37	00:00:21	00:28:30.05	00:28:51.85	+00:12:39 (44.4%)	5:42	10.5 (55.6%)
542	STEGNERSKI Maciej	1185		M-40	140	00:00:17	00:28:33.85	00:28:51.50	+00:12:43 (44.5%)	5:42	10.5 (55.6%)
543	ŚNIECHOTA Konrad	628	TYPYGRUBE	M-30	215	00:01:05	00:28:34.50	00:29:39.65	+00:12:44 (44.6%)	5:42	10.5 (55.6%)
544	PRZYBYSZEWSKI Marcin	952		M-40	141	00:00:33	00:28:34.95	00:29:08.15	+00:12:44 (44.6%)	5:43	10.5 (55.6%)
545	KONIEC Piotr	551	IRON TATA	M-40	142	00:01:39	00:28:35.20	00:30:14.55	+00:12:44 (44.6%)	5:43	10.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	WOLNY Tomasz	498		M-30	216	00:00:16	00:28:35.75	00:28:51.75	+00:12:45 (44.6%)	5:43	10.5 (55.6%)
547	RĘDZINA Michał	932		M-30	217	00:01:22	00:28:38.85	00:30:01.00	+00:12:48 (44.7%)	5:43	10.5 (55.6%)
548	ŁUKOMSKI Marcin	1360	NIE KUPUJ -ADOPTUJ	M-30	218	00:01:21	00:28:39.10	00:30:00.40	+00:12:48 (44.7%)	5:43	10.5 (55.6%)
549	RATAJCZAK Arkadiusz	820		M-50	46	00:00:51	00:28:40.35	00:29:32.05	+00:12:49 (44.7%)	5:44	10.5 (55.6%)
550	BUDZIK Ireneusz	1459	BOZITA POLSKA	M-40	143	00:01:12	00:28:41.30	00:29:53.55	+00:12:50 (44.8%)	5:44	10.5 (55.6%)
551	ŻAK Konrad	662		M-20	98	00:01:11	00:28:42.00	00:29:53.90	+00:12:51 (44.8%)	5:44	10.5 (55.6%)
552	RATAJCZAK Marcel	911		M-10	38	00:00:49	00:28:42.50	00:29:31.55	+00:12:52 (44.8%)	5:44	10.5 (55.6%)
553	TRZYMKOWSKI Adrian	1448		M-20	99	00:00:38	00:28:43.05	00:29:21.90	+00:12:52 (44.8%)	5:44	10.4 (55.0%)
554	KOLANOWSKI Wojciech	397		M-50	47	00:01:00	00:28:43.95	00:29:44.80	+00:12:53 (44.9%)	5:44	10.4 (55.0%)
555	KOSIOROWSKI Przemysław	1171	KS URZĘDASY	M-40	144	00:01:07	00:28:46.30	00:29:54.05	+00:12:55 (44.9%)	5:45	10.4 (55.0%)
556	MIKOŁAJCZAK Tomasz	290	DZIK SQUAD	M-30	219	00:01:34	00:28:51.75	00:30:26.70	+00:13:01 (45.1%)	5:46	10.4 (55.0%)
557	HOLEC Witek	312		M-30	220	00:01:34	00:28:51.85	00:30:26.55	+00:13:01 (45.1%)	5:46	10.4 (55.0%)
558	PSZCZOLIŃSKI Michał	905		M-20	100	00:01:30	00:28:51.95	00:30:22.35	+00:13:01 (45.1%)	5:46	10.4 (55.0%)
559	BANDOCH Jacek	461		M-20	101	00:00:55	00:28:53.65	00:29:48.65	+00:13:03 (45.2%)	5:46	10.4 (55.0%)
560	JASIENIECKI Piotr	1434	KP ZEFIR WYSZEWO	M-40	145	00:01:07	00:28:54.15	00:30:01.70	+00:13:03 (45.2%)	5:46	10.4 (55.0%)
561	PIETRZAK Piotr	1016		M-20	102	00:01:26	00:28:54.45	00:30:20.60	+00:13:03 (45.2%)	5:46	10.4 (55.0%)
562	RATAJ Szymon	244		M-10	39	00:00:59	00:28:55.00	00:29:54.60	+00:13:04 (45.2%)	5:47	10.4 (55.0%)
563	BRAĞIEL Jakub	1148	VEGE RUNNERS	M-30	221	00:01:38	00:28:55.50	00:30:33.95	+00:13:05 (45.2%)	5:47	10.4 (55.0%)
564	KAŻMIERCZAK Paweł	983		M-40	146	00:00:47	00:28:56.70	00:29:44.25	+00:13:06 (45.3%)	5:47	10.4 (55.0%)
565	WÓJCIK Tomasz	285		M-40	147	00:01:14	00:28:57.25	00:30:11.75	+00:13:06 (45.3%)	5:47	10.4 (55.0%)
566	DEMBOWSKI Łukasz	1436		M-20	103	00:01:41	00:28:57.65	00:30:39.55	+00:13:07 (45.3%)	5:47	10.4 (55.0%)
567	KANCLERZEWSKI Stanisław	1080	VEGAN SOCIETY	M-40	148	00:01:36	00:28:57.95	00:30:34.65	+00:13:07 (45.3%)	5:47	10.4 (55.0%)
568	HAWRYŁO Mariusz	767		M-30	222	00:00:39	00:28:59.90	00:29:39.05	+00:13:09 (45.4%)	5:48	10.3 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	DZIERŻAWSKI Łukasz	1199	WKB MARATOŃCZYK WŁOCŁAWEK	M-30	223	00:00:32	00:29:01.45	00:29:33.55	+00:13:10 (45.4%)	5:48	10.3 (54.5%)
570	GRĄBCZEWSKI Grzegorz	1276	WKB MARATOŃCZYK	M-40	149	00:00:31	00:29:02.25	00:29:33.40	+00:13:11 (45.4%)	5:48	10.3 (54.5%)
571	JENCZEWSKI Szymon	539	ALBATROSY	M-20	104	00:00:24	00:29:03.15	00:29:28.05	+00:13:12 (45.5%)	5:48	10.3 (54.5%)
572	MAKUSZEWSKI Łukasz	1295		M-40	150	00:00:37	00:29:03.60	00:29:41.55	+00:13:13 (45.5%)	5:48	10.3 (54.5%)
573	WAŁĘŻA Hubert	407	KANAŁOWA TRI TEAM	M-30	224	00:01:38	00:29:04.10	00:30:42.30	+00:13:13 (45.5%)	5:48	10.3 (54.5%)
574	RACIBORSKI Grzegorz	632	TASAK TEAM	M-40	151	00:01:30	00:29:07.10	00:30:37.55	+00:13:16 (45.6%)	5:49	10.3 (54.5%)
575	ZIELINSKI Mikołaj	826		M-10	40	00:01:15	00:29:07.45	00:30:23.25	+00:13:16 (45.6%)	5:49	10.3 (54.5%)
576	CHEŁMINIAK Mariusz	1190		M-20	105	00:00:53	00:29:11.25	00:30:04.75	+00:13:20 (45.7%)	5:50	10.3 (54.5%)
577	BUŁAWA Brajan	1292	PERŁA TEAM	M-20	106	00:00:44	00:29:11.55	00:29:56.15	+00:13:21 (45.7%)	5:50	10.3 (54.5%)
578	SARNECKI Bartosz	671		M-30	225	00:01:19	00:29:13.25	00:30:32.40	+00:13:22 (45.8%)	5:50	10.3 (54.5%)
579	SPIRYDOWICZ Piotr	973		M-30	226	00:01:04	00:29:14.75	00:30:18.75	+00:13:24 (45.8%)	5:50	10.3 (54.5%)
580	ROGOZIŃSKI Aleksander	805		M-30	227	00:01:00	00:29:15.55	00:30:15.85	+00:13:25 (45.9%)	5:51	10.3 (54.5%)
581	ŁADNIAK Dariusz	1396		M-40	152	00:00:59	00:29:16.30	00:30:15.70	+00:13:25 (45.9%)	5:51	10.3 (54.5%)
582	BANNACH Aleksander	233		M-20	107	00:00:55	00:29:17.15	00:30:12.45	+00:13:26 (45.9%)	5:51	10.2 (54.0%)
583	JAKUBOWSKI Mirosław	587	URZĄD MIASTA BYDGOSZCZY	M-50	48	00:01:37	00:29:18.90	00:30:56.35	+00:13:28 (46.0%)	5:51	10.2 (54.0%)
584	GOLIK Krzysztof	16	FORDONRUNNERS	M-40	153	00:01:00	00:29:21.85	00:30:21.85	+00:13:31 (46.1%)	5:52	10.2 (54.0%)
585	KURTYSIAK Roman	291		M-50	49	00:00:50	00:29:22.25	00:30:12.45	+00:13:31 (46.1%)	5:52	10.2 (54.0%)
586	RACZYCKI Tomasz	155		M-40	154	00:00:00	00:29:22.95	00:29:22.95	+00:13:32 (46.1%)	5:52	10.2 (54.0%)
587	DURAŁEK Oskar	1088		M-10	41	00:01:17	00:29:25.60	00:30:43.40	+00:13:35 (46.2%)	5:53	10.2 (54.0%)
587	DURAŁEK Andrzej	1090		M-40	155	00:01:17	00:29:25.60	00:30:43.30	+00:13:35 (46.2%)	5:53	10.2 (54.0%)
589	BULIŃSKI Mateusz	1097	WP	M-20	108	00:00:34	00:29:25.75	00:30:00.60	+00:13:35 (46.2%)	5:53	10.2 (54.0%)
590	FIUT Kazimierz	860		M-60+	10	00:00:54	00:29:25.90	00:30:20.00	+00:13:35 (46.2%)	5:53	10.2 (54.0%)
591	BORZYSZKOWSKI Grzegorz	159	STARY FORDON	M-30	228	00:00:14	00:29:26.20	00:29:40.95	+00:13:35 (46.2%)	5:53	10.2 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	WOŹNIAK Piotr	54		M-40	156	00:01:03	00:29:26.55	00:30:30.20	+00:13:36 (46.2%)	5:53	10.2 (54.0%)
593	GRZELAK Tadeusz	437	BYDGOSZCZNASTART	M-60+	11	00:00:47	00:29:26.75	00:30:14.20	+00:13:36 (46.2%)	5:53	10.2 (54.0%)
594	DERESZYŃSKI Piotr	1114		M-40	157	00:01:18	00:29:27.20	00:30:45.85	+00:13:36 (46.2%)	5:53	10.2 (54.0%)
595	WEGNER Roman	135		M-50	50	00:00:49	00:29:27.70	00:30:17.00	+00:13:37 (46.2%)	5:53	10.2 (54.0%)
596	CHOLEWCZYŃSKI Dariusz	1344		M-40	158	00:00:52	00:29:29.85	00:30:22.50	+00:13:39 (46.3%)	5:54	10.2 (54.0%)
597	SOBOTA Piotr	174		M-40	159	00:01:05	00:29:30.05	00:30:36.00	+00:13:39 (46.3%)	5:54	10.2 (54.0%)
598	MAŁOWIECKI Grzegorz	1370		M-40	160	00:00:52	00:29:30.30	00:30:22.75	+00:13:39 (46.3%)	5:54	10.2 (54.0%)
598	FURMANIAK Tomasz	1423		M-30	229	00:01:26	00:29:30.30	00:30:57.10	+00:13:39 (46.3%)	5:54	10.2 (54.0%)
600	BŁĄŻEJEWSKI Kacper	1231	CB163	M-30	230	00:01:23	00:29:31.20	00:30:55.15	+00:13:40 (46.3%)	5:54	10.2 (54.0%)
601	GOŁATA Kamil	549	WILCZA WATACHA	M-10	42	00:01:04	00:29:31.60	00:30:35.65	+00:13:41 (46.3%)	5:54	10.2 (54.0%)
602	GOŁATA Wojciech	543	WILCZA WATACHA	M-30	231	00:01:04	00:29:34.00	00:30:38.70	+00:13:43 (46.4%)	5:54	10.1 (53.4%)
603	POWAŁKA Grzegorz	1378		M-50	51	00:00:43	00:29:34.95	00:30:18.75	+00:13:44 (46.4%)	5:55	10.1 (53.4%)
604	SZCZEPKOWSKI Andrzej	491		M-60+	12	00:01:20	00:29:35.30	00:30:56.20	+00:13:44 (46.5%)	5:55	10.1 (53.4%)
605	NIEDBALSKI Karol	512		M-30	232	00:00:48	00:29:36.80	00:30:25.50	+00:13:46 (46.5%)	5:55	10.1 (53.4%)
606	SKUBISZAK Jacek	1228		M-40	161	00:01:10	00:29:37.15	00:30:47.70	+00:13:46 (46.5%)	5:55	10.1 (53.4%)
607	NIEDBALSKI Edward	849		M-60+	13	00:00:48	00:29:37.25	00:30:25.50	+00:13:46 (46.5%)	5:55	10.1 (53.4%)
608	MLICKI Marcin	476		M-40	162	00:01:19	00:29:37.30	00:30:57.05	+00:13:46 (46.5%)	5:55	10.1 (53.4%)
609	OLSZEWSKI Rafal	670		M-30	233	00:01:27	00:29:42.95	00:31:10.55	+00:13:52 (46.7%)	5:56	10.1 (53.4%)
610	BAJCZYK Adrian	1447		M-20	109	00:00:56	00:29:43.35	00:30:39.55	+00:13:52 (46.7%)	5:56	10.1 (53.4%)
611	PIÓRKOWSKI Rafał	1477		M-40	163	00:01:34	00:29:44.05	00:31:18.70	+00:13:53 (46.7%)	5:56	10.1 (53.4%)
612	SKORNIA Paweł	979		M-20	110	00:01:04	00:29:44.65	00:30:49.25	+00:13:54 (46.7%)	5:57	10.1 (53.4%)
613	ŁASSA Rafał	753	SBRT RUNNING TEAM BYDGOSZCZ	M-20	111	00:01:04	00:29:45.65	00:30:50.05	+00:13:55 (46.8%)	5:57	10.1 (53.4%)
614	SPYCHAJ Piotr	206	TASAK TEAM	M-30	234	00:01:29	00:29:46.50	00:31:16.00	+00:13:56 (46.8%)	5:57	10.1 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
615	KRYGIER Maciej	883	VOIP24SKLEP.PL SPORT	M-30	235	00:01:25	00:29:48.00	00:31:13.95	+00:13:57 (46.8%)	5:57	10.1 (53.4%)
616	RADZIEJEWSKI Tomasz	1334		M-30	236	00:01:20	00:29:50.35	00:31:10.95	+00:13:59 (46.9%)	5:58	10.1 (53.4%)
617	KOPACZ Adrian	959		M-30	237	00:00:54	00:29:51.50	00:30:46.00	+00:14:01 (46.9%)	5:58	10 (52.9%)
618	GRZEGOREK Jakub	142		M-20	112	00:01:36	00:29:52.60	00:31:29.50	+00:14:02 (47.0%)	5:58	10 (52.9%)
619	ŁOBODA Mikołaj	899		M-10	43	00:00:23	00:29:54.95	00:30:18.05	+00:14:04 (47.0%)	5:59	10 (52.9%)
620	WARCZAK Piotr	1327	TEAMOCHAL	M-40	164	00:01:20	00:29:55.85	00:31:16.15	+00:14:05 (47.1%)	5:59	10 (52.9%)
621	MAREK Lucjan	923		M-30	238	00:00:55	00:29:57.70	00:30:53.15	+00:14:07 (47.1%)	5:59	10 (52.9%)
622	MACHNIK Adam	627		M-40	165	00:01:13	00:29:57.80	00:31:10.80	+00:14:07 (47.1%)	5:59	10 (52.9%)
623	MARCINIAK Oskar	1034		M-30	239	00:00:54	00:29:58.40	00:30:52.40	+00:14:07 (47.1%)	5:59	10 (52.9%)
624	MALICKI Łukasz	484	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	240	00:00:53	00:29:58.45	00:30:52.15	+00:14:07 (47.1%)	5:59	10 (52.9%)
625	GUL Marcin	854		M-30	241	00:01:31	00:30:02.30	00:31:33.65	+00:14:11 (47.3%)	6:00	10 (52.9%)
626	GROCHALA Michał	568		M-30	242	00:00:49	00:30:05.80	00:30:54.85	+00:14:15 (47.4%)	6:01	10 (52.9%)
627	GROBELNY Michał	1100		M-20	113	00:00:40	00:30:06.25	00:30:46.70	+00:14:15 (47.4%)	6:01	10 (52.9%)
628	BEBYN Grzegorz	1003		M-40	166	00:00:41	00:30:08.55	00:30:50.25	+00:14:18 (47.4%)	6:01	10 (52.9%)
629	PRZEWOŹNIAK Rafał	649	TRI FAMILY	M-20	114	00:01:07	00:30:11.35	00:31:18.50	+00:14:20 (47.5%)	6:02	9.9 (52.4%)
630	CISEWSKI Mateusz	271		M-20	115	00:00:54	00:30:12.05	00:31:06.75	+00:14:21 (47.5%)	6:02	9.9 (52.4%)
631	BUTOWSKI Michał	346	SEN O VICTORII	M-40	167	00:00:32	00:30:16.25	00:30:49.00	+00:14:25 (47.7%)	6:03	9.9 (52.4%)
632	PISARSKI Igor	1437		M-20	116	00:00:00	00:30:16.90	00:30:16.90	+00:14:26 (47.7%)	6:03	9.9 (52.4%)
633	BYCZKOWSKI Miłosz	1227	INDYWIDUALNI	M-10	44	00:01:24	00:30:17.65	00:31:41.80	+00:14:27 (47.7%)	6:03	9.9 (52.4%)
634	GRUSZKA Marek	506	NIEZRZESZONY	M-50	52	00:00:19	00:30:19.20	00:30:38.30	+00:14:28 (47.8%)	6:03	9.9 (52.4%)
635	KOPROWICZ Adam	798	THE RUNNERS ŚWIECIE	M-50	53	00:01:08	00:30:19.45	00:31:27.55	+00:14:28 (47.8%)	6:03	9.9 (52.4%)
636	KOZAKIEWICZ Marcin	101		M-40	168	00:01:12	00:30:19.85	00:31:32.65	+00:14:29 (47.8%)	6:04	9.9 (52.4%)
637	JANKOWIAK Radosław	418		M-30	243	00:00:43	00:30:20.30	00:31:03.55	+00:14:29 (47.8%)	6:04	9.9 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	KLINIKOWSKI Jacek	392	KOCHAM ŻYCIE I...	M-50	54	00:00:38	00:30:22.60	00:31:00.65	+00:14:32 (47.8%)	6:04	9.9 (52.4%)
639	PERA Marek	609		M-30	244	00:01:02	00:30:23.45	00:31:26.15	+00:14:32 (47.9%)	6:04	9.9 (52.4%)
640	REKOWSKI Mateusz	699		M-30	245	00:00:34	00:30:24.00	00:30:58.50	+00:14:33 (47.9%)	6:04	9.9 (52.4%)
641	PIECHOCIŃSKI Jarosław	1365	RINO	M-60+	14	00:00:57	00:30:26.70	00:31:24.55	+00:14:36 (48.0%)	6:05	9.9 (52.4%)
642	RATAJ Maciej	247		M-40	169	00:01:00	00:30:27.95	00:31:28.00	+00:14:37 (48.0%)	6:05	9.8 (51.9%)
643	WINIARSKI Kacper	8		M-10	45	00:00:59	00:30:28.15	00:31:27.90	+00:14:37 (48.0%)	6:05	9.8 (51.9%)
644	BOLLIN Łukasz	836	GĆJ	M-30	246	00:00:24	00:30:29.80	00:30:54.00	+00:14:39 (48.1%)	6:06	9.8 (51.9%)
645	GROCHOWSKI Rafał	756		M-30	247	00:00:50	00:30:29.90	00:31:20.80	+00:14:39 (48.1%)	6:06	9.8 (51.9%)
646	BRZOZOWSKI Krzysztof	504		M-30	248	00:01:05	00:30:31.00	00:31:36.55	+00:14:40 (48.1%)	6:06	9.8 (51.9%)
647	CICHOSZ Jerzy	172	KOSZALIM	M-60+	15	00:01:06	00:30:31.10	00:31:37.85	+00:14:40 (48.1%)	6:06	9.8 (51.9%)
648	NIEDBALSKI Paweł	144		M-40	170	00:01:39	00:30:33.45	00:32:13.40	+00:14:42 (48.2%)	6:06	9.8 (51.9%)
649	LEWANDOWSKA Piotr	1251		M-40	171	00:00:47	00:30:33.50	00:31:21.45	+00:14:43 (48.2%)	6:06	9.8 (51.9%)
650	DOLNY Kajetan	1482	FOREST GANG	M-10	46	00:01:32	00:30:34.95	00:32:07.40	+00:14:44 (48.2%)	6:07	9.8 (51.9%)
651	MURAWKA Łukasz	350		M-30	249	00:00:44	00:30:37.70	00:31:22.15	+00:14:47 (48.3%)	6:07	9.8 (51.9%)
652	SMOLIŃSKI Piotr	204	BBL SZUBIN	M-50	55	00:01:02	00:30:37.75	00:31:40.15	+00:14:47 (48.3%)	6:07	9.8 (51.9%)
652	OLECHNOWICZ Maciej	636	WALECZNE DZIECIAKI	M-10	47	00:01:26	00:30:37.75	00:32:04.00	+00:14:47 (48.3%)	6:07	9.8 (51.9%)
654	GOTOWICZ Maciej	795		M-10	48	00:01:33	00:30:38.20	00:32:11.55	+00:14:47 (48.3%)	6:07	9.8 (51.9%)
655	OSIŃSKI Dominik	1438		M-20	117	00:00:00	00:30:38.95	00:30:38.95	+00:14:48 (48.3%)	6:07	9.8 (51.9%)
656	SZULC Dawid	1245		M-20	118	00:01:17	00:30:40.20	00:31:57.20	+00:14:49 (48.3%)	6:08	9.8 (51.9%)
657	DANIELEK Adam	268	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	172	00:00:38	00:30:41.10	00:31:19.35	+00:14:50 (48.4%)	6:08	9.8 (51.9%)
658	KACZOROWSKI Bartosz	976		M-20	119	00:01:04	00:30:41.85	00:31:46.55	+00:14:51 (48.4%)	6:08	9.8 (51.9%)
659	ARENT Jan	1146		M-50	56	00:01:16	00:30:42.45	00:31:59.25	+00:14:51 (48.4%)	6:08	9.8 (51.9%)
660	MIŚ Michał	782	LUKS START NAKŁO	M-30	250	00:01:16	00:30:46.50	00:32:03.30	+00:14:56 (48.5%)	6:09	9.7 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	GOTOWICZ Kacper	796		M-20	120	00:01:33	00:30:54.75	00:32:28.25	+00:15:04 (48.8%)	6:11	9.7 (51.3%)
662	DETLAF Mariusz	1303		M-30	251	00:00:45	00:30:55.70	00:31:41.35	+00:15:05 (48.8%)	6:11	9.7 (51.3%)
663	BYCZKOWSKI Zenon	1222	INDYWIDUALNIE	M-50	57	00:01:24	00:31:01.20	00:32:25.20	+00:15:10 (48.9%)	6:12	9.7 (51.3%)
664	BOREK Marcin	280		M-40	173	00:01:11	00:31:03.55	00:32:14.65	+00:15:13 (49.0%)	6:12	9.7 (51.3%)
665	ŚLIWIŃSKI Piotr	1381		M-40	174	00:00:57	00:31:07.20	00:32:04.55	+00:15:16 (49.1%)	6:13	9.6 (50.8%)
666	SZECÓWKA Marcin	276		M-30	252	00:01:02	00:31:09.40	00:32:11.55	+00:15:18 (49.2%)	6:13	9.6 (50.8%)
667	TWARDOWSKI Wojciech	22	RUN BYDGOSZCZ	M-50	58	00:01:01	00:31:09.80	00:32:10.95	+00:15:19 (49.2%)	6:13	9.6 (50.8%)
668	PALIGA Mateusz	368	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	121	00:01:35	00:31:11.05	00:32:46.70	+00:15:20 (49.2%)	6:14	9.6 (50.8%)
669	SKORECKI Aleksander	1357	BYDGOSZCZ TRIATHLON TEAM	M-20	122	00:00:46	00:31:14.00	00:32:00.75	+00:15:23 (49.3%)	6:14	9.6 (50.8%)
670	STARZYŃSKI Paweł	1091		M-10	49	00:00:50	00:31:16.00	00:32:06.15	+00:15:25 (49.3%)	6:15	9.6 (50.8%)
671	JÓZWIK Jacek	1301	PARKUN	M-60+	16	00:01:03	00:31:22.60	00:32:26.25	+00:15:32 (49.5%)	6:16	9.6 (50.8%)
672	SZYKANOWSKI Bartosz	383		M-30	253	00:00:22	00:31:22.70	00:31:45.30	+00:15:32 (49.5%)	6:16	9.6 (50.8%)
673	RYBCZYŃSKI Ryszard	1455		M-60+	17	00:00:51	00:31:30.45	00:32:21.65	+00:15:39 (49.7%)	6:18	9.5 (50.3%)
674	SĘKOWSKI Bartosz	341		M-10	50	00:01:29	00:31:34.50	00:33:04.15	+00:15:44 (49.8%)	6:19	9.5 (50.3%)
675	PREDER Bartosz	7		M-40	175	00:00:42	00:31:38.55	00:32:21.05	+00:15:48 (49.9%)	6:19	9.5 (50.3%)
676	LIWOCH Grzegorz	425		M-50	59	00:01:23	00:31:39.25	00:33:02.80	+00:15:48 (50.0%)	6:19	9.5 (50.3%)
677	LESZCZYŃSKI Marcin	710	BYDGOSZCZ TRIATHLON TEAM	M-20	123	00:00:46	00:31:39.35	00:32:25.95	+00:15:48 (50.0%)	6:19	9.5 (50.3%)
678	OLKOWSKI Eugeniusz	406		M-60+	18	00:01:32	00:31:42.25	00:33:14.55	+00:15:51 (50.0%)	6:20	9.5 (50.3%)
679	BELIŃSKI Maciej	828	TYPYGRUBE	M-30	254	00:01:06	00:31:43.70	00:32:50.55	+00:15:53 (50.1%)	6:20	9.5 (50.3%)
680	KLIMCZAK Piotr	1330		M-10	51	00:01:24	00:31:45.30	00:33:10.10	+00:15:54 (50.1%)	6:21	9.4 (49.7%)
681	JANKOWSKI Sławomir	1333		M-20	124	00:01:24	00:31:45.40	00:33:09.95	+00:15:54 (50.1%)	6:21	9.4 (49.7%)
682	OLSZAŃSKI Jakub	187		M-30	255	00:00:44	00:31:45.60	00:32:30.05	+00:15:55 (50.1%)	6:21	9.4 (49.7%)
683	GURYN Wiktor	277	ZIELONY PELIKAN	M-30	256	00:00:25	00:31:47.30	00:32:12.55	+00:15:56 (50.2%)	6:21	9.4 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	SAWIEŁAJC Michał	602	BIZONY	M-40	176	00:00:42	00:31:49.80	00:32:32.05	+00:15:59 (50.2%)	6:22	9.4 (49.7%)
685	SZAŁECKI Maciej	786		M-30	257	00:00:00	00:31:52.00	00:31:52.00	+00:16:01 (50.3%)	6:22	9.4 (49.7%)
686	PIETKUN Ryszard	321		M-60+	19	00:01:10	00:31:57.10	00:33:08.00	+00:16:06 (50.4%)	6:23	9.4 (49.7%)
687	DUDEK Tomasz	1323		M-30	258	00:01:13	00:31:58.65	00:33:12.60	+00:16:08 (50.5%)	6:23	9.4 (49.7%)
688	TWARDOWSKI Filip	1059		M-10	52	00:00:35	00:32:05.40	00:32:41.35	+00:16:14 (50.6%)	6:25	9.3 (49.2%)
689	ROZKWITALSKI Bartosz	1247		M-30	259	00:00:27	00:32:07.25	00:32:34.55	+00:16:16 (50.7%)	6:25	9.3 (49.2%)
690	GRALLA Łukasz	486		M-40	177	00:01:31	00:32:08.10	00:33:39.15	+00:16:17 (50.7%)	6:25	9.3 (49.2%)
691	BUZALSKI Robert	369	ORANGE POLSKA	M-40	178	00:00:58	00:32:11.95	00:33:10.75	+00:16:21 (50.8%)	6:26	9.3 (49.2%)
692	ROSZCZYN Kamil	1430		M-20	125	00:01:25	00:32:16.35	00:33:41.45	+00:16:25 (50.9%)	6:27	9.3 (49.2%)
693	DREWS Mateusz	1042		M-20	126	00:01:07	00:32:18.25	00:33:25.85	+00:16:27 (51.0%)	6:27	9.3 (49.2%)
694	GACKOWSKI Edward	1102		M-60+	20	00:01:08	00:32:18.65	00:33:27.10	+00:16:28 (51.0%)	6:27	9.3 (49.2%)
695	REINKE Kajetan	1176		M-10	53	00:00:04	00:32:20.45	00:32:25.00	+00:16:29 (51.0%)	6:28	9.3 (49.2%)
696	KALINOWSKI Łukasz	1241		M-10	54	00:01:09	00:32:23.50	00:33:33.25	+00:16:33 (51.1%)	6:28	9.3 (49.2%)
697	KLAFETKA Mateusz	28		M-20	127	00:00:58	00:32:26.20	00:33:24.65	+00:16:35 (51.2%)	6:29	9.2 (48.7%)
698	GRADUSZEWSKI Mateusz	703		M-20	128	00:01:14	00:32:30.30	00:33:44.80	+00:16:39 (51.3%)	6:30	9.2 (48.7%)
699	PIJAROWSKI Milan	248		M-10	55	00:00:19	00:32:34.85	00:32:54.05	+00:16:44 (51.4%)	6:31	9.2 (48.7%)
700	KALINOWSKI Zbigniew	1239		M-40	179	00:01:10	00:32:36.55	00:33:46.55	+00:16:46 (51.4%)	6:31	9.2 (48.7%)
701	KANJERSKI Jerzy	359	RUN BYDGOSZCZ	M-60+	21	00:01:20	00:32:44.90	00:34:05.40	+00:16:54 (51.6%)	6:33	9.2 (48.7%)
702	HARACEWIAT Cezary	702	CHUPACABRAS	M-50	60	00:01:19	00:32:48.80	00:34:08.45	+00:16:58 (51.7%)	6:33	9.1 (48.1%)
703	KACZMAREK Dariusz	1215		M-50	61	00:01:26	00:33:00.15	00:34:27.00	+00:17:09 (52.0%)	6:36	9.1 (48.1%)
704	SZKOPIAK Marcin	507	OWC	M-40	180	00:01:18	00:33:07.05	00:34:25.15	+00:17:16 (52.2%)	6:37	9.1 (48.1%)
704	ŁUCZKOWSKI Rafał	737		M-30	260	00:00:33	00:33:07.05	00:33:40.40	+00:17:16 (52.2%)	6:37	9.1 (48.1%)
706	BORAKIEWICZ Arkadiusz	661	TEAM RUN GOŁAŃCZ	M-30	261	00:00:39	00:33:17.85	00:33:57.65	+00:17:27 (52.4%)	6:39	9 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	KANDER Michał	449		M-30	262	00:01:05	00:33:21.45	00:34:27.00	+00:17:30 (52.5%)	6:40	9 (47.6%)
708	KRYGIER Mateusz	874		M-30	263	00:01:25	00:33:27.65	00:34:52.85	+00:17:37 (52.7%)	6:41	9 (47.6%)
709	CIEŚLICKI Krzysztof	694	SISU TEAM	M-30	264	00:01:40	00:33:30.30	00:35:10.45	+00:17:39 (52.7%)	6:42	9 (47.6%)
710	SĘKOWSKI Andrzej	339		M-40	181	00:01:30	00:33:32.65	00:35:02.75	+00:17:42 (52.8%)	6:42	8.9 (47.1%)
711	MANTYCKI Piotr	481		M-60+	22	00:01:32	00:33:43.10	00:35:15.30	+00:17:52 (53.0%)	6:44	8.9 (47.1%)
712	OLECHNOWICZ Tomasz	634	WALECZNE DZIECIAKI	M-50	62	00:01:28	00:33:46.35	00:35:15.00	+00:17:55 (53.1%)	6:45	8.9 (47.1%)
713	KACZMAREK Adam	964	#4FAJTER	M-30	265	00:00:58	00:33:52.45	00:34:51.35	+00:18:01 (53.2%)	6:46	8.9 (47.1%)
714	TYMIŃSKI Łukasz	969	#4FAJTER	M-30	266	00:00:58	00:33:53.15	00:34:51.15	+00:18:02 (53.2%)	6:46	8.9 (47.1%)
715	GÓRSKI Mariusz	1111		M-40	182	00:01:38	00:33:56.10	00:35:34.60	+00:18:05 (53.3%)	6:47	8.8 (46.6%)
716	PAWELEC Michał	1005		M-20	129	00:01:11	00:34:03.05	00:35:14.50	+00:18:12 (53.5%)	6:48	8.8 (46.6%)
717	KASPROWICZ Paweł	853	3MAMY RAZEM	M-30	267	00:01:29	00:34:06.85	00:35:35.85	+00:18:16 (53.6%)	6:49	8.8 (46.6%)
718	MORDAKA Maciej	84		M-30	268	00:01:29	00:34:13.90	00:35:43.40	+00:18:23 (53.7%)	6:50	8.8 (46.6%)
719	DRAŹDŹEWSKI Marian	533	DZIK SQUAD	M-60+	23	00:01:38	00:34:15.75	00:35:53.80	+00:18:25 (53.8%)	6:51	8.8 (46.6%)
720	ŻURAWSKI Michał	210	RUN LOTTO-BYDGOSTIA	M-40	183	00:01:36	00:34:16.90	00:35:53.55	+00:18:26 (53.8%)	6:51	8.8 (46.6%)
721	ASTUKIEWICZ Tomasz	537		M-40	184	00:01:09	00:34:23.25	00:35:32.60	+00:18:32 (53.9%)	6:52	8.7 (46.0%)
722	NOWAKOWSKI Ireneusz	619	MUMINKI TEAM	M-40	185	00:00:52	00:34:39.75	00:35:32.15	+00:18:49 (54.3%)	6:56	8.7 (46.0%)
723	GŁOWACKI Jarosław	1105	ADP BYDGOSZCZ	M-20	130	00:00:19	00:34:47.40	00:35:07.10	+00:18:56 (54.5%)	6:57	8.6 (45.5%)
724	CZYŻNIKIEWICZ Karol	1257		M-20	131	00:01:20	00:34:52.90	00:36:12.95	+00:19:02 (54.6%)	6:58	8.6 (45.5%)
725	CZYŻNIKIEWICZ Paweł	1261		M-20	132	00:01:21	00:34:54.50	00:36:15.60	+00:19:04 (54.6%)	6:58	8.6 (45.5%)
726	KALISZEWSKI Sławomir	1052	3KR	M-30	269	00:00:16	00:35:00.40	00:35:16.65	+00:19:09 (54.7%)	7:00	8.6 (45.5%)
727	RÓŻAŃSKI Wojciech	885		M-30	270	00:01:11	00:35:07.25	00:36:18.40	+00:19:16 (54.9%)	7:01	8.5 (45.0%)
728	SĄDOWSKI Adam	558	BYDGOSKA SEKCJA WKKK	M-10	56	00:00:03	00:35:17.90	00:35:21.10	+00:19:27 (55.1%)	7:03	8.5 (45.0%)
729	GORZYCKI Dariusz	462	BYDGOSKA SEKCJA WKKK	M-40	186	00:00:03	00:35:18.70	00:35:21.75	+00:19:28 (55.1%)	7:03	8.5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	RYMER Jarosław	656		M-10	57	00:01:12	00:35:23.30	00:36:36.05	+00:19:32 (55.2%)	7:04	8.5 (45.0%)
731	RYMER Adam	655		M-30	271	00:01:12	00:35:24.10	00:36:36.40	+00:19:33 (55.3%)	7:04	8.5 (45.0%)
732	RATUSIŃSKI Robert	1273		M-10	58	00:01:22	00:35:31.30	00:36:53.50	+00:19:40 (55.4%)	7:06	8.4 (44.4%)
733	RYBCZYŃSKI Grzegorz	646		M-20	133	00:01:15	00:35:32.55	00:36:47.75	+00:19:42 (55.4%)	7:06	8.4 (44.4%)
734	KALISZEWSKI Wojciech	1053	3KR	M-30	272	00:00:17	00:35:33.75	00:35:51.05	+00:19:43 (55.5%)	7:06	8.4 (44.4%)
735	BIERNACKI Wojciech	77		M-10	59	00:01:10	00:35:41.10	00:36:51.45	+00:19:50 (55.6%)	7:08	8.4 (44.4%)
736	LEWANDOWSKI Robert	235	POMAGALSCY	M-40	187	00:01:00	00:36:37.00	00:37:37.60	+00:20:46 (56.7%)	7:19	8.2 (43.4%)
737	GÓRNY Łukasz	1		M-20	134	00:01:12	00:37:26.00	00:38:38.90	+00:21:35 (57.7%)	7:29	8 (42.3%)
738	KONARZEWSKI Arkadiusz	517		M-40	188	00:00:26	00:37:35.65	00:38:02.60	+00:21:45 (57.9%)	7:31	8 (42.3%)
739	JEŻOWSKI Sławomir	1350		M-50	63	00:00:44	00:37:49.60	00:38:33.85	+00:21:59 (58.1%)	7:33	7.9 (41.8%)
740	NETZELMANN Tomasz	1136	MCŚTEAM	M-40	189	00:01:23	00:38:05.55	00:39:28.80	+00:22:15 (58.4%)	7:37	7.9 (41.8%)
741	BAŁYS Krzysztof	1128		M-20	135	00:00:17	00:38:11.70	00:38:29.00	+00:22:21 (58.5%)	7:38	7.9 (41.8%)
742	CZAJA Wiktor	284		M-10	60	00:01:14	00:38:33.65	00:39:47.90	+00:22:43 (58.9%)	7:42	7.8 (41.3%)
743	RUDNICKI Michał	183	TASAK TEAM	M-30	273	00:01:31	00:38:44.45	00:40:15.55	+00:22:53 (59.1%)	7:44	7.7 (40.7%)
744	NOWACKI Rafał	971		M-40	190	00:00:55	00:38:51.50	00:39:47.45	+00:23:01 (59.2%)	7:46	7.7 (40.7%)
745	BULIŃSKI Arkadiusz	640		M-30	274	00:00:59	00:39:07.40	00:40:06.85	+00:23:16 (59.5%)	7:49	7.7 (40.7%)
746	CHOJNACKI Grzegorz	841		M-20	136	00:01:39	00:39:09.90	00:40:49.20	+00:23:19 (59.6%)	7:50	7.7 (40.7%)
747	ZALEWSKI Łukasz	570		M-40	191	00:00:50	00:39:54.65	00:40:45.35	+00:24:04 (60.3%)	7:59	7.5 (39.7%)
748	ZACHEJA Mriusz	1383		M-40	192	00:00:00	00:40:46.30	00:40:46.30	+00:24:55 (61.1%)	8:09	7.4 (39.2%)
749	JAWORSKI Adam	560	STOWARZYSZENIE 'DZIĘKI WAM'	M-40	193	00:00:35	00:40:46.80	00:41:22.35	+00:24:56 (61.2%)	8:09	7.4 (39.2%)
750	KUBIAK Rafał	126		M-40	194	00:01:43	00:41:35.35	00:43:18.70	+00:25:44 (61.9%)	8:19	7.2 (38.1%)
751	KORBEL Marian	278	KORBELKI	M-40	195	00:00:21	00:41:43.20	00:42:04.25	+00:25:52 (62.0%)	8:20	7.2 (38.1%)
752	SZCZERBINSKI Mariusz	657		M-40	196	00:00:40	00:42:24.80	00:43:05.65	+00:26:34 (62.6%)	8:29	7.1 (37.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	KEMPA Arkadiusz	980	FAMILY TEAM KEMPA	M-40	197	00:01:35	00:42:42.00	00:44:17.45	+00:26:51 (62.9%)	8:32	7 (37.0%)
754	BIELENNY Michał	857		M-60+	24	00:00:37	00:43:00.70	00:43:38.50	+00:27:10 (63.2%)	8:36	7 (37.0%)
755	JANKOWSKI Piotr	1349		M-60+	25	00:01:01	00:43:15.35	00:44:16.75	+00:27:24 (63.4%)	8:39	6.9 (36.5%)
756	MIECH Wiesław	1372		M-60+	26	00:01:01	00:43:15.65	00:44:17.40	+00:27:25 (63.4%)	8:39	6.9 (36.5%)
757	BADOWSKI Krzysztof	1328		M-50	64	00:00:00	00:44:16.10	00:44:16.10	+00:28:25 (64.2%)	8:51	6.8 (36.0%)
758	MAKUSZEWSKI Mateusz	1468		M-30	275	00:00:37			+00:08:48	4:58	12.1 (64.0%)
759	CHMURZYŃSKI Tomasz	1332		M-50	65	00:00:00			+	6:06	9.8 (51.9%)
760	SKĄPSKI Łukasz	1379		M-30	276	00:00:00			+	8:53	6.7 (35.4%)
761	JAGODZIŃSKI Mateusz	253	BYDGOSKIE OKONIE	M-20	137	00:00:02					(0.0%)

Znaleziono 761 wynik(ów)