

Organizator: Stowarzyszenie Waleczne Serca
Data: 2020-07-26
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOLIŃSKI Dawid	327		U39 M	1	00:19:25.25	00:19:28.05		3:53	15.4
2	RACZYŃSKI Krzysztof	326		U69 M	1	00:21:15.75	00:21:19.05	+00:01:51	4:15	14.1
3	GUCZALSKI Paweł	325		U39 M	2	00:21:30.95	00:21:34.55	+00:02:06	4:18	13.9
4	NAGORZYSKI Arkadiusz	198		U39 M	3	00:21:33.65	00:21:37.05	+00:02:09	4:18	13.9
5	MACIŃSKI Waldek	179		U39 M	4	00:21:55.10	00:21:59.45	+00:02:31	4:23	13.7
6	KRYGOWSKI Tomasz	137		U49 M	1	00:22:14.05	00:22:17.15	+00:02:49	4:26	13.5
7	SKUPSZ Jędrzej Kazmierz	250		U39 M	5	00:22:10.95	00:22:19.95	+00:02:51	4:26	13.5
8	UMIŃSKI Robert	291		U49 M	2	00:22:14.20	00:22:24.15	+00:02:56	4:27	13.5
9	SZULC Mateusz	277		U29 M	1	00:22:23.50	00:22:27.55	+00:02:59	4:28	13.4
10	TOMCZYK Agata	284		U39 K	1	00:22:34.45	00:22:37.10	+00:03:09	4:31	13.3
11	ZAJĄKAŁA Wojciech	311		U29 M	2	00:21:51.00	00:22:38.00	+00:03:09	4:22	13.7
12	GACKA Julian	69		U11 M	1	00:22:23.60	00:22:51.30	+00:03:23	4:28	13.4
13	MENDEL Patryk	185		U29 M	3	00:22:56.45	00:22:58.65	+00:03:30	4:35	13.1
14	HAN Sławomir	84		U39 M	6	00:23:38.90	00:23:48.75	+00:04:20	4:43	12.7
15	PIWECKI Mikołaj	225		U29 M	4	00:23:51.10	00:23:55.95	+00:04:27	4:46	12.6
16	BUCZKO Magdalena	34		U29 K	1	00:24:14.75	00:24:14.75	+00:04:46	4:50	12.4
16	RAKOWSKA Natalia	328		U29 K	1	00:24:04.70	00:24:14.75	+00:04:46	4:48	12.5
18	KRUBER Karolina	133		U39 K	2	00:24:12.05	00:24:16.10	+00:04:48	4:50	12.4
19	MROTEK Katarzyna	194		U39 K	3	00:24:11.30	00:24:17.55	+00:04:49	4:50	12.4
20	SAGANOWSKI Michał	330		U39 M	7	00:24:15.65	00:24:34.05	+00:05:06	4:51	12.4
21	MICHALAK Marek	187		U39 M	8	00:24:36.85	00:24:40.45	+00:05:12	4:55	12.2
22	SAGANOWSKA Weronika	245		U39 K	4	00:24:24.95	00:24:42.75	+00:05:14	4:53	12.3
23	FRYDRYCH Marcin	66		U39 M	9	00:24:38.20	00:24:49.30	+00:05:21	4:55	12.2
24	SZEIB Robert	275		U49 M	3	00:24:48.75	00:24:53.70	+00:05:25	4:57	12.1
24	BORAKIEWICZ Agnieszka	27		U39 K	5	00:24:47.15	00:24:53.70	+00:05:25	4:57	12.1
26	WOJTANIŚ Magdalena	329		U39 K	6	00:24:51.75	00:24:54.45	+00:05:26	4:58	12.1
27	NOWAK Waldemar	203		U59 M	1	00:24:57.05	00:25:00.90	+00:05:32	4:59	12
28	CHEŁMINIAK Monika	36		U39 K	7	00:24:56.90	00:25:02.45	+00:05:34	4:59	12
29	CICHOŃSKA-BAZAK Marzena	38		U49 K	1	00:24:57.95	00:25:04.75	+00:05:36	4:59	12
30	SIUDA Sebastian	248		U49 M	4	00:25:03.40	00:25:09.95	+00:05:41	5:00	12

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	SOŁDYGA Paweł	256		U49 M	5	00:25:09.85	00:25:12.95	+00:05:44	5:01	11.9
32	LEWANDOWSKI Maciej	171		U29 M	5	00:25:07.55	00:25:16.90	+00:05:48	5:01	11.9
33	LUBERDA Łukasz	175		U29 M	6	00:25:21.40	00:25:26.35	+00:05:58	5:04	11.8
34	FIEGEL Wojciech	60		U49 M	6	00:25:30.15	00:25:34.20	+00:06:06	5:06	11.8
35	ŻYŁA Magdalena	320		U39 K	8	00:25:41.65	00:25:47.05	+00:06:19	5:08	11.7
36	ŁUKASIK Adam	176		U29 M	7	00:25:36.50	00:25:53.85	+00:06:25	5:07	11.7
37	CZAPLICKI Bartłomiej	47		U39 M	10	00:25:57.90	00:26:08.50	+00:06:40	5:11	11.6
38	ŻEGLICZ Marek	319		U29 M	8	00:26:03.20	00:26:11.20	+00:06:43	5:12	11.5
39	CZAJA Stanisław	45		U9 M	1	00:26:02.75	00:26:14.75	+00:06:46	5:12	11.5
40	CZAJA Agnieszka	44		U39 K	9	00:26:04.00	00:26:15.25	+00:06:47	5:12	11.5
41	CZAJA Anna	46		U7 K	1	00:26:03.60	00:26:15.30	+00:06:47	5:12	11.5
42	HRYCZ Paweł	91		U49 M	7	00:26:12.65	00:26:18.55	+00:06:50	5:14	11.4
43	MATUSIAK Daniel	184		U29 M	9	00:26:11.65	00:26:20.05	+00:06:52	5:14	11.5
44	GDANIEC Grzegorz	72		U29 M	10	00:26:16.15	00:26:20.50	+00:06:52	5:15	11.4
45	WNUKIEWICZ Mikołaj	324		U7 M	1	00:26:18.70	00:26:23.40	+00:06:55	5:15	11.4
46	POSERT Przemysław	226		U39 M	11	00:26:13.35	00:26:23.50	+00:06:55	5:14	11.4
47	KOLIŃSKA Sylwia	117		U49 K	2	00:26:16.90	00:26:23.85	+00:06:55	5:15	11.4
48	BORAKIEWICZ Natalia	28		U29 K	3	00:26:16.95	00:26:24.10	+00:06:56	5:15	11.4
49	GLINKOWSKI Dariusz	74		U39 M	12	00:26:25.40	00:26:29.95	+00:07:01	5:17	11.4
50	CIEŚLIK Marek	39		U59 M	2	00:26:34.00	00:26:46.65	+00:07:18	5:18	11.3
51	WAJER Marita	292		U29 K	4	00:26:56.15	00:27:03.45	+00:07:35	5:23	11.1
52	CZYŻEWSKA Justyna	48		U39 K	10	00:26:56.95	00:27:08.40	+00:07:40	5:23	11.1
53	ZGŁOBICA Magdalena	313		U29 K	5	00:27:21.45	00:27:29.15	+00:08:01	5:28	11
54	KONDEK Jakub	119		U49 M	8	00:27:22.55	00:27:29.55	+00:08:01	5:28	11
55	NAGORZYSKA Sylwia	196		U39 K	11	00:27:24.05	00:27:31.60	+00:08:03	5:28	10.9
56	BAGNIEWSKA Małgorzata	10		U29 K	6	00:27:29.55	00:27:38.00	+00:08:09	5:30	10.9
57	BARANOWSKA Julia	13		U29 K	7	00:27:28.95	00:27:41.45	+00:08:13	5:29	10.9
58	DRAPIŃSKI Maciej	57		U39 M	13	00:27:30.85	00:27:47.80	+00:08:19	5:30	10.9
59	GROSSKREUTZ Łukasz	77		U39 M	14	00:27:46.55	00:27:58.90	+00:08:30	5:33	10.8
60	BRYLIŃSKI Jakub	32		U39 M	15	00:27:38.80	00:27:59.45	+00:08:31	5:31	10.8
61	WOJCIECHOWSKI Jarosław	303		U49 M	9	00:27:52.15	00:28:03.65	+00:08:35	5:34	10.8
62	WOJCIECHOWSKA Emilia	302		U49 K	3	00:27:53.25	00:28:04.00	+00:08:35	5:34	10.8
63	KUJDA Dorota	148		U49 K	4	00:27:58.70	00:28:05.50	+00:08:37	5:35	10.7
64	MACIEJEWSKI Maciej	178		U49 M	10	00:27:58.45	00:28:06.55	+00:08:38	5:35	10.7
65	LATTA-SCHIRAKOWSKA Zuzanna	162		U39 K	12	00:27:43.85	00:28:15.90	+00:08:47	5:32	10.8
66	ZIELIŃSKA Agnieszka	316		U29 K	8	00:28:17.65	00:28:25.05	+00:08:57	5:39	10.6
67	WOLSZCZAK Rafał	306		U49 M	11	00:28:04.25	00:28:29.70	+00:09:01	5:36	10.7
68	BARTCZAK Wojciech	16		U39 M	16	00:28:09.60	00:28:32.90	+00:09:04	5:37	10.7
69	TYLL Anna	286		U39 K	13	00:28:40.10	00:28:49.55	+00:09:21	5:44	10.5
70	DEKOWSKA Monika	49		U39 K	14	00:28:56.60	00:29:01.75	+00:09:33	5:47	10.4
71	KALINOWSKI Radosław	102		U39 M	17	00:28:56.10	00:29:08.75	+00:09:40	5:47	10.4
72	DOBROWOLSKI Grzegorz	52		U39 M	18	00:28:48.85	00:29:15.50	+00:09:47	5:45	10.4
73	WIŚNIEWSKA Izabela	300		U39 K	15	00:29:03.95	00:29:15.65	+00:09:47	5:48	10.3
74	DEMBIŃSKA Katarzyna	50		U29 K	9	00:28:56.20	00:29:17.35	+00:09:49	5:47	10.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	BORAKIEWICZ Przemysław	26		U39 M	19	00:29:12.55	00:29:19.05	+00:09:51	5:50	10.3
76	ZIOMKOWSKA Beata	317		U39 K	16	00:29:19.70	00:29:23.45	+00:09:55	5:52	10.2
76	FRYDRYCH Paweł	67		U49 M	12	00:29:09.95	00:29:23.45	+00:09:55	5:50	10.3
78	KASTNER Beata	107		U39 K	17	00:29:13.30	00:29:25.30	+00:09:57	5:50	10.3
79	HAN Agnieszka	85		U39 K	18	00:29:19.40	00:29:30.05	+00:10:02	5:52	10.2
80	SŁOWIŃSKI Paweł	251		U39 M	20	00:29:26.70	00:29:44.10	+00:10:16	5:53	10.2
81	ANDRUSZKIEWICZ Stanisław	1		U59 M	3	00:29:39.10	00:29:47.90	+00:10:19	5:55	10.1
82	RÓŻYCZKA Joanna	239		U39 K	19	00:29:40.10	00:29:48.50	+00:10:20	5:56	10.1
83	GRALAK Robert	78		U39 M	21	00:29:42.25	00:29:55.90	+00:10:27	5:56	10.1
84	RYDELSKA Marysia	243		U39 K	20	00:29:57.55	00:30:00.55	+00:10:32	5:59	10
85	SOŁDYGA Jolanta	255		U39 K	21	00:30:00.10	00:30:06.90	+00:10:38	6:00	10
86	KRUSZYNA Renata	135		U39 K	22	00:29:32.25	00:30:06.95	+00:10:38	5:54	10.2
87	BARAŃSKI Dawid	14		U29 M	11	00:29:59.35	00:30:07.35	+00:10:39	5:59	10
88	GRYNIENKO Alicja	82		U17 K	1	00:30:00.05	00:30:09.60	+00:10:41	6:00	10
89	KUCZKOWSKA-WRÓBEL Małgorzata	143		U39 K	23	00:29:54.90	00:30:12.40	+00:10:44	5:59	10
90	JĘDRZEJEWSKI Adrian	97		U39 M	22	00:30:07.65	00:30:13.90	+00:10:45	6:01	10
91	PIONTEK Elżbieta	221		U69 K	1	00:30:01.85	00:30:14.30	+00:10:46	6:00	10
92	KAJA Dominika	100		U29 K	10	00:29:58.55	00:30:15.45	+00:10:47	5:59	10
93	MALATYŃSKA Barbara	180		U49 K	5	00:29:58.15	00:30:22.25	+00:10:54	5:59	10
94	DUSZYŃSKA Kasia	58		U49 K	6	00:30:12.90	00:30:27.05	+00:10:59	6:02	9.9
95	KLAMECKI Marcin	112		U39 M	23	00:30:18.05	00:30:29.75	+00:11:01	6:03	9.9
96	KUCHARCZYK Dariusz	142		U59 M	4	00:30:21.95	00:30:34.75	+00:11:06	6:04	9.9
97	NOWICKA Marta	205		U39 K	24	00:30:37.55	00:30:48.10	+00:11:20	6:07	9.8
98	KRASIŃSKA Katarzyna	321		U39 K	25	00:30:55.25	00:31:08.75	+00:11:40	6:11	9.7
99	CYBUL Anna	41		U49 K	7	00:31:04.90	00:31:12.00	+00:11:43	6:13	9.7
100	AWIZEN Antoni	9		U70+ M	1	00:31:09.60	00:31:12.15	+00:11:44	6:14	9.6
101	BONDAS Marta	25		U39 K	26	00:31:09.75	00:31:19.90	+00:11:51	6:13	9.6
102	ROZSAK Zbigniew	238		U39 M	24	00:31:24.25	00:31:29.50	+00:12:01	6:16	9.6
103	JÓŻWIK Jacek	334		U69 M	2	00:31:30.50	00:31:37.35	+00:12:09	6:18	9.5
104	MROCZEK Barbara	193		U39 K	27	00:31:33.00	00:31:50.95	+00:12:22	6:18	9.5
105	PIECHOWSKA Magdalena	219		U49 K	8	00:31:44.60	00:31:56.90	+00:12:28	6:20	9.5
106	KULPA Szymon	152		U39 M	25	00:31:33.50	00:31:57.50	+00:12:29	6:18	9.5
107	RĘDZINA Michał	235		U39 M	26	00:31:37.40	00:31:59.20	+00:12:31	6:19	9.5
108	KOTECKI Marcin	126		U49 M	13	00:31:38.65	00:31:59.50	+00:12:31	6:19	9.5
109	WIATROWSKA Katarzyna	299		U39 K	28	00:32:03.40	00:32:12.35	+00:12:44	6:24	9.4
110	NOGA Magdalena	201		U49 K	9	00:32:13.25	00:32:17.35	+00:12:49	6:26	9.3
111	JACKOWIEC-JAGIELSKA Małgorzata	92		U49 K	10	00:32:10.15	00:32:31.80	+00:13:03	6:26	9.3
112	MOROSZCZAK Dominika	192		U39 K	29	00:32:31.50	00:32:44.45	+00:13:16	6:30	9.2
113	TELIŻYN Henryka	283		U59 K	1	00:32:36.65	00:32:56.80	+00:13:28	6:31	9.2
114	JARZEMSKI Piotr	95		U59 M	5	00:32:50.40	00:32:59.85	+00:13:31	6:34	9.1
115	BIEDROŃ Aleksandra	22		U29 K	11	00:32:43.05	00:33:05.15	+00:13:37	6:32	9.2
116	MEZYKOWSKI Krzysztof	186		U49 M	14	00:32:58.80	00:33:10.05	+00:13:42	6:35	9.1
117	KANARSKI Wojciech	106		U14 M	1	00:32:53.10	00:33:15.55	+00:13:47	6:34	9.1
118	SUCHARSKA Magdalena	271		U39 K	30	00:32:57.80	00:33:15.75	+00:13:47	6:35	9.1

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119	NOWIŃSKI Jarosław	208		U49 M	15	00:33:09.45	00:33:19.10	+00:13:51	6:38	9
120	NOWICKA Tatiana	206		U49 K	11	00:33:06.70	00:33:22.15	+00:13:54	6:37	9.1
121	RUDNIKOWSKI Andrzej	240		U59 M	6	00:33:04.05	00:33:23.50	+00:13:55	6:36	9.1
122	KLAMECKA Agnieszka	111		U39 K	31	00:33:21.90	00:33:33.00	+00:14:04	6:40	9
123	CYWKA Katarzyna	43		U29 K	12	00:33:21.60	00:33:39.45	+00:14:11	6:40	9
124	GIERCZAK Dorota	73		U39 K	32	00:33:36.75	00:33:48.75	+00:14:20	6:43	8.9
125	GOLIK Krzysztof	76		U49 M	16	00:33:39.25	00:33:54.00	+00:14:25	6:44	8.9
126	SAWIEŁAJC Michał	246		U49 M	17	00:33:40.20	00:33:56.25	+00:14:28	6:44	8.9
127	WÓJCIK Piotr	309		U14 M	2	00:33:57.05	00:34:07.40	+00:14:39	6:47	8.8
128	STANISZEWSKI Konrad	262		U39 M	27	00:33:48.80	00:34:08.15	+00:14:40	6:45	8.9
129	OSTROWSKA Justyna	213		U39 K	33	00:34:04.35	00:34:18.70	+00:14:50	6:48	8.8
130	TARASIK Krzysztof	281		U49 M	18	00:33:58.45	00:34:26.35	+00:14:58	6:47	8.8
131	WESOŁOWSKA Agnieszka	298		U39 K	34	00:34:12.70	00:34:30.40	+00:15:02	6:50	8.8
132	KRUSZYNA Robert	134		U49 M	19	00:34:09.75	00:34:34.35	+00:15:06	6:50	8.8
132	KRUSZYNA Wiktor	136		U11 M	2	00:34:10.30	00:34:34.35	+00:15:06	6:50	8.8
134	KABLUKA Valeriya	98		U29 K	13	00:34:38.40	00:34:53.45	+00:15:25	6:55	8.7
135	STRZYŻOWSKI Paweł	265		U49 M	20	00:34:34.50	00:35:03.00	+00:15:34	6:55	8.7
136	WÓJCIK Anna	308		U39 K	35	00:35:02.15	00:35:12.70	+00:15:44	7:00	8.6
137	FRYCA Aleksandra	64		U39 K	36	00:34:58.20	00:35:18.95	+00:15:50	6:59	8.6
138	SUCHARA Magdalena	267		U39 K	37	00:35:05.50	00:35:21.80	+00:15:53	7:01	8.6
139	LEWANDOWSKA Sylwia	166		U49 K	12	00:35:13.60	00:35:22.35	+00:15:54	7:02	8.5
140	BITNER Jan	23		U39 M	28	00:35:20.90	00:35:34.95	+00:16:06	7:04	8.5
141	FIEREK Bernadeta	61		U59 K	2	00:36:05.85	00:36:08.55	+00:16:40	7:13	8.3
142	SZEIB Honorata	274		U49 K	13	00:36:04.30	00:36:09.65	+00:16:41	7:12	8.3
143	KULIK Viktoriia	150		U39 K	38	00:36:17.85	00:36:23.30	+00:16:55	7:15	8.3
144	KULIK Stanislav	151		U39 M	29	00:36:17.85	00:36:23.60	+00:16:55	7:15	8.3
145	BALCERZAK Milena	11		U29 K	14	00:35:58.35	00:36:29.60	+00:17:01	7:11	8.3
146	ZDUNKIEWICZ Hania	312		U39 K	39	00:36:42.15	00:36:42.15	+00:17:14	7:20	8.2
147	DUSZYŃSKI Filip	59		U49 M	21	00:36:31.80	00:36:46.35	+00:17:18	7:18	8.2
148	MALCZEWSKA Mirka	182		U69 K	2	00:36:54.65	00:37:00.70	+00:17:32	7:22	8.1
149	MILEWSKA Violetta	190		U49 K	14	00:36:58.00	00:37:02.55	+00:17:34	7:23	8.1
150	PIWECKA Karolina	223		U49 K	15	00:36:58.35	00:37:03.60	+00:17:35	7:23	8.1
151	KLAMECKA Paulina	110		U39 K	40	00:37:18.30	00:37:29.45	+00:18:01	7:27	8
152	BARTCZAK Natalia	18		U39 K	41	00:37:15.85	00:37:29.50	+00:18:01	7:27	8.1
153	BARTCZAK Piotr	17		U39 M	30	00:37:17.05	00:37:30.45	+00:18:02	7:27	8
154	KANARSKI Józef Grzegorz	105		U59 M	7	00:37:18.40	00:37:40.55	+00:18:12	7:27	8
155	ŚLEDZIŃSKA Aleksandra	280		U29 K	15	00:37:39.50	00:37:58.85	+00:18:30	7:31	8
156	ANGIEL Władysław	6		U70+ M	2	00:37:59.75	00:38:03.85	+00:18:35	7:35	7.9
157	LENC Janusz	163		U69 M	3	00:37:47.70	00:38:04.60	+00:18:36	7:33	7.9
158	PAWŁOWSKA Anna	218		U39 K	42	00:37:53.10	00:38:05.70	+00:18:37	7:34	7.9
159	SOBOCZYŃSKA Barbara	254		U69 K	3	00:38:00.75	00:38:15.10	+00:18:47	7:36	7.9
160	LEŚNIAK Edyta	164		U39 K	43	00:38:21.85	00:38:26.60	+00:18:58	7:40	7.8
161	WAWRZYŃIAK Sandra	294		U29 K	16	00:38:53.65	00:39:10.65	+00:19:42	7:46	7.7
162	GALCZAK Ewa	70		U49 K	16	00:38:53.85	00:39:12.45	+00:19:44	7:46	7.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
163	ANDRYSZCZYK Paweł	3		U11 M	3	00:39:05.20	00:39:20.75	+00:19:52	7:49	7.7
164	SKRZYPINSKA Roksana	249		U29 K	17	00:39:08.75	00:39:25.05	+00:19:57	7:49	7.7
165	GORCZYŃSKI Michał	332		U29 M	12	00:39:10.75	00:39:26.50	+00:19:58	7:50	7.7
166	GARBACZEWSKA Anna	71		U39 K	44	00:39:19.55	00:39:41.65	+00:20:13	7:51	7.6
167	WOLSZCZAK Joanna	305		U49 K	17	00:39:30.80	00:39:56.55	+00:20:28	7:54	7.6
168	JELIŃSKA Beata	96		U49 K	18	00:39:32.05	00:39:57.40	+00:20:29	7:54	7.6
169	LEWANDOWSKI Robert	172		U49 M	22	00:39:41.65	00:40:00.65	+00:20:32	7:56	7.6
170	FRYCA Hubert	65		U39 M	31	00:39:51.00	00:40:11.55	+00:20:43	7:58	7.5
171	ASTUKIEWICZ Agnieszka	7		U59 K	3	00:40:00.70	00:40:13.45	+00:20:45	8:00	7.5
172	ASTUKIEWICZ Tomasz	8		U59 M	8	00:40:00.40	00:40:13.70	+00:20:45	8:00	7.5
173	RĘDZINA Agnieszka	234		U49 K	19	00:39:40.40	00:40:17.85	+00:20:49	7:56	7.6
174	RUTKOWSKA Karolina	241		U49 K	20	00:40:15.30	00:40:23.95	+00:20:55	8:03	7.5
175	KUZIEMSKA Monika	155		U29 K	18	00:40:10.20	00:40:26.25	+00:20:58	8:02	7.5
176	MIGDALSKA Justyna	188		U39 K	45	00:40:07.55	00:40:34.55	+00:21:06	8:01	7.5
177	SCHNEIDER Krzysztof	247		U59 M	9	00:40:34.90	00:40:52.10	+00:21:24	8:07	7.4
178	GROCHOWSKA Ania	79		U39 K	46	00:40:44.50	00:41:07.70	+00:21:39	8:08	7.4
179	WRUK Justyna	310		U49 K	21	00:41:03.10	00:41:17.55	+00:21:49	8:12	7.3
180	BARTELA Alicja	19		U39 K	47	00:41:02.15	00:41:21.20	+00:21:53	8:12	7.3
181	MUZOLF Natalia	195		U29 K	19	00:41:05.50	00:41:28.05	+00:22:00	8:13	7.3
182	MLICKA Agnieszka	191		U49 K	22	00:41:16.05	00:41:34.05	+00:22:06	8:15	7.3
183	SPYCHAJ Ania	260		U39 K	48	00:41:16.75	00:41:35.05	+00:22:07	8:15	7.3
184	KLEWICZ Jolanta	113		U59 K	4	00:41:38.75	00:41:47.80	+00:22:19	8:19	7.2
185	SZULC Marlena	276		U49 K	23	00:41:33.05	00:42:04.20	+00:22:36	8:18	7.2
186	UMIŃSKA Marzena	290		U39 K	49	00:41:58.00	00:42:08.95	+00:22:40	8:23	7.1
187	PISZCZYŃSKI Rafał	222		U49 M	23	00:42:04.25	00:42:29.45	+00:23:01	8:24	7.1
188	RUTKOWSKA PISZCZYŃSKA Agata	242		U39 K	50	00:42:04.70	00:42:29.65	+00:23:01	8:25	7.1
189	LATOSIŃSKA Aleksandra	160		U39 K	51	00:42:19.70	00:42:42.10	+00:23:14	8:28	7.1
190	KRZYWDZIŃSKA Alicja	139		U49 K	24	00:42:26.50	00:42:43.10	+00:23:15	8:29	7.1
191	GOLA Grzegorz	75		U49 M	24	00:42:16.60	00:42:43.35	+00:23:15	8:27	7.1
192	KOŁECKA Magdalena	118		U49 K	25	00:42:27.50	00:42:44.15	+00:23:16	8:29	7.1
193	ANDRYSZCZYK Alicja	4		U7 K	2	00:42:42.65	00:43:01.40	+00:23:33	8:32	7
194	ANDRYSZCZYK Grzegorz	5		U49 M	25	00:42:43.55	00:43:02.45	+00:23:34	8:32	7
195	ANDRYSZCZYK Olga	2		U49 K	26	00:42:46.25	00:43:02.90	+00:23:34	8:33	7
196	KULPA Ewelina	153		U39 K	52	00:42:44.15	00:43:05.95	+00:23:37	8:32	7
197	STRZYŻOWSKA Monika	264		U49 K	27	00:42:39.20	00:43:07.70	+00:23:39	8:31	7
198	WITKIEWICZ-ŁUKASZEK Sandra	301		U29 K	20	00:42:39.75	00:43:09.00	+00:23:40	8:32	7
199	SOSIŃSKA Angelika	258		U29 K	21	00:43:24.35	00:43:31.65	+00:24:03	8:40	6.9
199	LEWANDOWSKA Kornelia	167		U7 K	3	00:43:25.75	00:43:31.65	+00:24:03	8:41	6.9
201	LEWANDOWSKA Sylwia	165		U39 K	53	00:43:26.25	00:43:32.15	+00:24:04	8:41	6.9
202	ŁUKASZEK Halina	177		U69 K	4	00:44:19.80	00:44:27.55	+00:24:59	8:52	6.8
203	ŚLEDZIŃSKA Jolanta	279		U59 K	5	00:44:26.00	00:44:45.95	+00:25:17	8:53	6.8
204	ŚLEDZIŃSKA Paulina	278		U29 K	22	00:44:26.20	00:44:46.35	+00:25:18	8:53	6.8
205	SUCHARA Jan	269		U7 M	2	00:45:08.15	00:45:23.20	+00:25:55	9:01	6.6
206	SUCHARA Dariusz	268		U39 M	32	00:45:07.70	00:45:23.50	+00:25:55	9:01	6.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	SUCHARA Maria	270		U5 K	1	00:45:08.95	00:45:23.80	+00:25:55	9:01	6.6
208	PIWECKI Paweł	224		U49 M	26	00:44:59.85	00:45:24.40	+00:25:56	9:00	6.7
209	WOŹNIAK Monika	307		U49 K	28	00:45:55.85	00:46:05.70	+00:26:37	9:11	6.5
210	WELSBURG Magdalena	296		U49 K	29	00:46:56.85	00:47:11.10	+00:27:43	9:23	6.4
211	HENCLIK Aleksandra	86		U29 K	23	00:47:22.80	00:47:43.65	+00:28:15	9:28	6.3
211	HENCLIK Jacek	87		U29 M	13	00:47:22.95	00:47:43.65	+00:28:15	9:28	6.3
213	NOWAK Monika	202		U49 K	30	00:48:57.90	00:49:27.10	+00:29:59	9:47	6.1
214	SMARUJ - SADOWSKA Janina	252		U69 K	5	00:49:00.40	00:49:31.10	+00:30:03	9:48	6.1
215	GACKA Lucyna	68		U49 K	31	00:49:08.55	00:49:37.65	+00:30:09	9:49	6.1
216	TARASIK Elżbieta	282		U49 K	32	00:49:08.45	00:49:38.55	+00:30:10	9:49	6.1
217	MALATYŃSKI Krzysztof	181		U49 M	27	00:50:05.20	00:50:33.15	+00:31:05	10:01	6
218	WOLSKA Katarzyna	304		U29 K	24	00:50:34.45	00:50:34.45	+00:31:06	10:06	5.9
219	KOŚCIELSKI Marcin	124		U29 M	14	00:50:35.75	00:50:35.75	+00:31:07	10:07	5.9
220	HORKA Adam	89		U49 M	28	00:52:34.55	00:53:00.90	+00:33:32	10:30	5.7
221	HORKA Izabela	88		U49 K	33	00:52:36.40	00:53:01.45	+00:33:33	10:31	5.7
222	KANARSKA Nina	104		U7 K	4	00:55:16.55	00:55:42.00	+00:36:13	11:03	5.4
223	KANARSKA Edyta	103		U59 K	6	00:55:17.80	00:55:42.45	+00:36:14	11:03	5.4
224	STRZYŻOWSKI Nikodem	266		U14 M	3	01:01:15.70	01:01:48.65	+00:42:20	12:15	4.9
225	KOŚMIEJA Filip	125		U14 M	4	01:01:23.30	01:01:56.90	+00:42:28	12:16	4.9
226	GROCHOWSKI Jan	81		U7 M	3	01:01:34.65	01:02:06.40	+00:42:38	12:19	4.9
227	TYSZLUKIEWICZ Danuta	288		U69 K	6	01:02:31.05	01:03:03.40	+00:43:35	12:30	4.8
228	TYSZLUKIEWICZ Włodzimierz	289		U69 M	4	01:02:31.35	01:03:04.15	+00:43:36	12:30	4.8
229	GROCHOWSKA Karolina	80		U49 K	34					
	HORKA Natalka	90		U11 K		DNF	DNF	-	-	-
	KOŁEK Jadwiga	342		U11 K		DNF	DNF	-	-	-
	LATRASKA Julia	161		U11 K		DNF	DNF	-	-	-
	PALUCH Patrycja	215		U39 K		DNF	DNF	-	-	-
	SOŁDYGA Urszula	257		U9 K		DNF	DNF	-	-	-
	FIK Agata	63		U9 K		DNF	DNF	-	-	-
	FIK Marek	62		U39 M		DNF	DNF	-	-	-
	KRÓL Agnieszka	132		U49 K		DNF	DNF	-	-	-
	KIJAS Sylwia	109		U39 K		DNF	DNF	-	-	-

Znaleziono 238 wynik(ów)