



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2022-04-24
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	599		K40	1	00:00:02	00:18:55.30	00:18:57.35		3:47	15.9 (100%)
2	DERING Hanna	98	BYDGOSKIE ŻÓŁWIE	K40	2	00:00:07	00:21:58.80	00:22:06.60	+00:03:03 (13.9%)	4:23	13.7 (86.2%)
3	MICHALIK Joanna	406		K40	3	00:00:02	00:22:36.15	00:22:38.85	+00:03:40 (16.3%)	4:31	13.3 (83.6%)
4	WOLAN Magdalena	674	AMOREK	K40	4	00:00:19	00:23:45.30	00:24:05.05	+00:04:50 (20.3%)	4:45	12.6 (79.2%)
5	MŁYNARCZYK Ewa	763	BYDGOSKIE ŻÓŁWIE	K40	5	00:01:03	00:24:41.40	00:25:45.20	+00:05:46 (23.4%)	4:56	12.2 (76.7%)
6	BIEGAŁA Agnieszka	33		K40	6	00:00:21	00:24:46.85	00:25:08.10	+00:05:51 (23.6%)	4:57	12.1 (76.1%)
7	KUJDA Dorota	327		K40	7	00:00:08	00:24:55.65	00:25:03.70	+00:06:00 (24.1%)	4:59	12 (75.5%)
8	KOPACZEWSKA Agnieszka	278	SZKOŁA JAZDY KOPACZEWSKI	K40	8	00:00:21	00:25:14.20	00:25:35.50	+00:06:18 (25.0%)	5:02	11.9 (74.8%)
9	SZABLINSKA Honorata	589		K40	9	00:00:23	00:25:45.65	00:26:08.75	+00:06:50 (26.5%)	5:09	11.7 (73.6%)
10	GROBELNA Monika	170		K40	10	00:01:12	00:25:46.50	00:26:59.35	+00:06:51 (26.6%)	5:09	11.6 (73.0%)
11	NAGORZYSKA Sylwia	429	MUDFOXES	K40	11	00:00:23	00:25:50.30	00:26:14.25	+00:06:55 (26.8%)	5:10	11.6 (73.0%)
12	GROBELNA Angelika	172	BYDGOSZCZ NA START	K40	12	00:01:35	00:26:07.35	00:27:42.35	+00:07:12 (27.6%)	5:13	11.5 (72.3%)
13	PISKORSKA Marta	481		K40	13	00:00:17	00:26:26.85	00:26:44.55	+00:07:31 (28.5%)	5:17	11.3 (71.1%)
14	ŁADNIAK Bernadeta	372	RUNMORS	K40	14	00:00:48	00:26:30.80	00:27:19.25	+00:07:35 (28.6%)	5:18	11.3 (71.1%)
15	KRUK Anna	310		K40	15	00:00:51	00:26:34.15	00:27:25.75	+00:07:38 (28.8%)	5:18	11.3 (71.1%)
16	KARCZEWSKA Arletta	236	WHM TEAM	K40	16	00:00:22	00:26:45.80	00:27:08.25	+00:07:50 (29.3%)	5:21	11.2 (70.4%)
17	AGACIAK Elżbieta	2		K40	17	00:00:16	00:27:04.70	00:27:21.15	+00:08:09 (30.1%)	5:24	11.1 (69.8%)
18	BUREK Dorota	54		K40	18	00:00:23	00:27:17.60	00:27:40.80	+00:08:22 (30.7%)	5:27	11 (69.2%)
19	STEJUK Aleksandra	577	AKADEMIA MISTRZÓW SPORTU	K40	19	00:01:02	00:27:36.45	00:28:39.10	+00:08:41 (31.5%)	5:31	10.9 (68.6%)
20	ANASZEWICZ Marzena	3		K40	20	00:00:20	00:27:36.90	00:27:57.80	+00:08:41 (31.5%)	5:31	10.9 (68.6%)
21	SZOSTEK Katarzyna	606	KWIDZYN BIEGA	K40	21	00:00:10	00:27:41.10	00:27:51.60	+00:08:45 (31.7%)	5:32	10.8 (67.9%)
22	KLEJNOWSKA-KRZYWAŃSKA Aleksandra	263		K40	22	00:00:23	00:27:57.10	00:28:21.05	+00:09:01 (32.3%)	5:35	10.7 (67.3%)
23	CHYLIŃSKA Monika	72		K40	23	00:01:07	00:27:58.05	00:29:05.60	+00:09:02 (32.3%)	5:35	10.7 (67.3%)
24	JACKOWIEC-JAGIELSKA Małgorzata	197		K40	24	00:01:18	00:27:58.15	00:29:16.35	+00:09:02 (32.3%)	5:35	10.7 (67.3%)
25	CYRANKOWSKA Agnieszka	79		K40	25	00:00:27	00:28:05.00	00:28:32.05	+00:09:09 (32.6%)	5:37	10.7 (67.3%)
26	BESS Ania	749		K40	26	00:01:03	00:28:08.95	00:29:12.75	+00:09:13 (32.8%)	5:37	10.7 (67.3%)
27	MALATYŃSKA Barbara	386		K40	27	00:00:21	00:28:21.25	00:28:42.30	+00:09:25 (33.3%)	5:40	10.6 (66.7%)
28	FUZ Gabriela	130	KABEL TEAM BYDGOSZCZ	K40	28	00:00:37	00:28:24.90	00:29:02.30	+00:09:29 (33.4%)	5:40	10.6 (66.7%)
29	KOWALSKA Jolanta	292		K40	29	00:01:17	00:28:29.20	00:29:46.45	+00:09:33 (33.6%)	5:41	10.5 (66.0%)
30	KLIMCZAK Justyna	264		K40	30	00:01:04	00:28:34.65	00:29:39.10	+00:09:39 (33.8%)	5:42	10.5 (66.0%)

						Czas netto 5km	Czas brutto 5km			Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu		Różn			
31	KRASIŃSKA Katarzyna	305		K40	31	00:00:52	00:28:37.75	00:29:30.00	+00:09:42 (33.9%)	5:43	10.5 (66.0%)
32	WOJTYSIAK Dorota	673		K40	32	00:00:33	00:28:42.10	00:29:16.00	+00:09:46 (34.1%)	5:44	10.5 (66.0%)
33	MISUN-NOWAK Katarzyna	416	AKADEMIA MISTRZÓW SPORTU	K40	33	00:01:04	00:28:57.75	00:30:02.35	+00:10:02 (34.7%)	5:47	10.4 (65.4%)
34	KWAŚNIEWSKA Aldona	348		K40	34	00:00:14	00:28:58.40	00:29:13.00	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
35	WESOŁOWSKA Aleksandra	646		K40	35	00:00:54	00:28:58.65	00:29:53.60	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
36	ZDUNKIEWICZ Hanna	709	#WIĘCEJ SPRZĘTU NIŻ TALENTU	K40	36	00:00:35	00:29:11.50	00:29:47.05	+00:10:16 (35.2%)	5:50	10.3 (64.8%)
37	ZAMIATOWSKA Kinga	702	BELLA LINE	K40	37	00:01:16	00:29:13.20	00:30:30.10	+00:10:17 (35.2%)	5:50	10.3 (64.8%)
38	CHMIELEWSKA Agnieszka	64		K40	38	00:00:16	00:29:17.65	00:29:33.70	+00:10:22 (35.4%)	5:51	10.2 (64.2%)
39	ZMUDA Aleksandra	719		K40	39	00:00:11	00:29:28.50	00:29:40.20	+00:10:33 (35.8%)	5:53	10.2 (64.2%)
40	KŁOS Katarzyna	270		K40	40	00:00:16	00:29:29.95	00:29:45.95	+00:10:34 (35.9%)	5:53	10.2 (64.2%)
41	PRIETZ Agata	491		K40	41	00:01:19	00:29:32.30	00:30:51.90	+00:10:37 (35.9%)	5:54	10.2 (64.2%)
42	SZULAKOWSKA Patrycja	608	TERENOWA MASAKRA TEAM	K40	42	00:01:39	00:29:36.00	00:31:15.05	+00:10:40 (36.1%)	5:55	10.1 (63.5%)
43	MŁYNAREK-STASIAK Dorota	421		K40	43	00:00:32	00:29:37.45	00:30:09.45	+00:10:42 (36.1%)	5:55	10.1 (63.5%)
44	KUTKA Czesia	341		K40	44	00:00:18	00:29:37.60	00:29:56.10	+00:10:42 (36.1%)	5:55	10.1 (63.5%)
45	LEWANDOWSKA Sylwia	357		K40	45	00:00:59	00:29:42.30	00:30:41.85	+00:10:47 (36.3%)	5:56	10.1 (63.5%)
46	SKRZĄTEK Anna	558		K40	46	00:01:17	00:29:48.25	00:31:05.45	+00:10:52 (36.5%)	5:57	10.1 (63.5%)
47	SIERADZKA Małgorzata	546		K40	47	00:01:13	00:29:51.10	00:31:05.00	+00:10:55 (36.6%)	5:58	10.1 (63.5%)
48	SZAJDA Magdalena	591		K40	48	00:01:11	00:30:16.95	00:31:28.30	+00:11:21 (37.5%)	6:03	9.9 (62.3%)
49	GROD-OBREMSKA Monika	175		K40	49	00:00:10	00:30:28.40	00:30:38.90	+00:11:33 (37.9%)	6:05	9.8 (61.6%)
50	JANOWSKA Renata	208		K40	50	00:00:56	00:30:40.00	00:31:36.85	+00:11:44 (38.3%)	6:08	9.8 (61.6%)
51	GRYNIS Anna	769		K40	51	00:00:36	00:30:41.60	00:31:18.10	+00:11:46 (38.4%)	6:08	9.8 (61.6%)
52	SUDOŁ Karolina	582		K40	52	00:01:20	00:30:47.95	00:32:08.45	+00:11:52 (38.6%)	6:09	9.7 (61.0%)
53	ZIELIŃSKA Justyna	714		K40	53	00:00:18	00:30:48.75	00:31:07.05	+00:11:53 (38.6%)	6:09	9.7 (61.0%)
54	PROKOPOWICZ Aleksandra	492		K40	54	00:00:59	00:30:58.00	00:31:57.80	+00:12:02 (38.9%)	6:11	9.7 (61.0%)
55	ĆWIKLIŃSKA Anna	87	AKADEMIA MISTRZÓW SPORTU	K40	55	00:01:55	00:31:03.20	00:32:58.45	+00:12:07 (39.1%)	6:12	9.7 (61.0%)
56	KEMPA Beata	251		K40	56	00:01:17	00:31:07.60	00:32:25.10	+00:12:12 (39.2%)	6:13	9.6 (60.4%)
57	BŁASZKIEWICZ Marzena	41		K40	57	00:01:11	00:31:10.75	00:32:21.95	+00:12:15 (39.3%)	6:14	9.6 (60.4%)
58	LEWANDOWSKA Renata	359		K40	58	00:00:53	00:31:19.00	00:32:12.90	+00:12:23 (39.6%)	6:15	9.6 (60.4%)
59	FILIPEK Mirosława	124		K40	59	00:00:33	00:31:30.10	00:32:03.55	+00:12:34 (39.9%)	6:18	9.5 (59.7%)
60	JANULEWICZ Monika	209		K40	60	00:01:11	00:31:30.35	00:32:41.45	+00:12:35 (39.9%)	6:18	9.5 (59.7%)
61	KOWALSKA Anna	293		K40	61	00:00:52	00:31:37.85	00:32:30.55	+00:12:42 (40.2%)	6:19	9.5 (59.7%)
62	WŁOCH Justyna	668		K40	62	00:01:21	00:31:50.05	00:33:11.45	+00:12:54 (40.6%)	6:22	9.4 (59.1%)
63	KACPERSKA Anna	229	BIEGACZKI SIŁACZKI	K40	63	00:00:24	00:32:22.60	00:32:46.85	+00:13:27 (41.6%)	6:28	9.3 (58.5%)
64	CZAJA Sonia	81		K40	64	00:00:29	00:32:28.00	00:32:57.55	+00:13:32 (41.7%)	6:29	9.2 (57.9%)
65	ERDMANN Agnieszka	118		K40	65	00:01:33	00:32:47.55	00:34:20.60	+00:13:52 (42.3%)	6:33	9.2 (57.9%)
66	DRAFC Mariola	107		K40	66	00:01:33	00:32:47.85	00:34:20.90	+00:13:52 (42.3%)	6:33	9.2 (57.9%)
67	KAŻMIERCZAK Aleksandra	245	UG OSIELSKO/ BIEGAJ Z DĘBAMI	K40	67	00:01:39	00:32:52.65	00:34:32.30	+00:13:57 (42.4%)	6:34	9.1 (57.2%)
68	ZBIRANEK Beata	705		K40	68	00:00:25	00:33:04.95	00:33:30.40	+00:14:09 (42.8%)	6:36	9.1 (57.2%)
69	WOJCIECHOWSKA Dagmara	671		K40	69	00:00:46	00:33:29.00	00:34:15.55	+00:14:33 (43.5%)	6:41	9 (56.6%)
70	NOWAKOWSKA Sylwia	440		K40	70	00:01:32	00:33:35.90	00:35:08.15	+00:14:40 (43.7%)	6:43	8.9 (56.0%)
71	TRYNKIEWICZ-KUGLARZ Karolina	629		K40	71	00:01:36	00:33:47.30	00:35:23.70	+00:14:52 (44.0%)	6:45	8.9 (56.0%)
72	KUBERSKA Roma	319		K40	72	00:01:24	00:34:02.00	00:35:26.60	+00:15:06 (44.4%)	6:48	8.8 (55.3%)
73	RASSALSKA-KAUSA Jola	509		K40	73	00:01:24	00:34:02.05	00:35:26.60	+00:15:06 (44.4%)	6:48	8.8 (55.3%)
74	PIÓRKOWSKA Aga	480	BRB BYDGOSZCZ	K40	74	00:01:35	00:34:35.20	00:36:10.85	+00:15:39 (45.3%)	6:55	8.7 (54.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	LUTOSTAŃSKA Monika	785		K40	75	00:01:20	00:34:53.65	00:36:13.75	+00:15:58 (45.8%)	6:58	8.6 (54.1%)
76	TEWS Marzena	622		K40	76	00:01:11	00:35:09.00	00:36:20.75	+00:16:13 (46.2%)	7:01	8.5 (53.5%)
77	HATŁAS Małgorzata	190		K40	77	00:00:16	00:35:16.25	00:35:33.05	+00:16:20 (46.4%)	7:03	8.5 (53.5%)
78	ŁUKASZCZYK Joanna	377		K40	78	00:01:42	00:35:42.35	00:37:25.25	+00:16:47 (47.0%)	7:08	8.4 (52.8%)
79	KĘDZIERSKA Marzena	252	FAMILY MWS	K40	79	00:00:57	00:35:44.00	00:36:41.60	+00:16:48 (47.0%)	7:08	8.4 (52.8%)
80	KRYSIŃSKA Kamila	314		K40	80	00:00:58	00:35:45.85	00:36:44.35	+00:16:50 (47.1%)	7:09	8.4 (52.8%)
81	REINKE Joanna	794		K40	81	00:00:13	00:35:47.90	00:36:01.30	+00:16:52 (47.1%)	7:09	8.4 (52.8%)
82	RAMZA Kamila	507		K40	82	00:01:16	00:36:01.55	00:37:18.10	+00:17:06 (47.5%)	7:12	8.3 (52.2%)
83	DZIŻA-KONICZYŃSKA Zuzanna	117		K40	83	00:00:31	00:36:18.40	00:36:49.55	+00:17:23 (47.9%)	7:15	8.3 (52.2%)
84	ZWOLAK Danuta	722	BIEGACZE KCYNIA TEAM	K40	84	00:01:24	00:37:16.80	00:38:41.45	+00:18:21 (49.2%)	7:27	8.1 (50.9%)
85	MLYNAREK Daria	418		K40	85	00:00:32	00:37:18.85	00:37:51.05	+00:18:23 (49.3%)	7:27	8 (50.3%)
86	ŻEBROWSKA Martyna	726		K40	86	00:01:25	00:37:24.90	00:38:50.05	+00:18:29 (49.4%)	7:28	8 (50.3%)
87	WYPYCH-KLUNDER Katarzyna	697		K40	87	00:01:19	00:37:41.95	00:39:00.95	+00:18:46 (49.8%)	7:32	8 (50.3%)
88	BIAŁEK Anna	25		K40	88	00:01:41	00:38:36.90	00:40:18.65	+00:19:41 (51.0%)	7:43	7.8 (49.1%)
89	PLUCIŃSKA Aleksandra	484	PACTUM	K40	89	00:00:46	00:38:39.05	00:39:25.95	+00:19:43 (51.0%)	7:43	7.8 (49.1%)
90	WÓJCIK Anna	687		K40	90	00:00:55	00:40:12.65	00:41:08.45	+00:21:17 (52.9%)	8:02	7.5 (47.2%)
91	PIĘKNA Monika	474		K40	91	00:01:07	00:40:26.45	00:41:33.65	+00:21:31 (53.2%)	8:05	7.4 (46.5%)
92	ZELEK Aleksandra	711		K40	92	00:01:35	00:41:04.80	00:42:40.65	+00:22:09 (53.9%)	8:12	7.3 (45.9%)
93	MASŁOWSKA Weronika	780		K40	93	00:01:26	00:42:45.65	00:44:11.95	+00:23:50 (55.8%)	8:33	7 (44.0%)

Znaleziono 93 wynik(ów)