



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2020  
FUNDACJA PROFIT MARATON  
2020-09-05  
Sobieszów  
42 km

# CHOJNIK MARATON

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Droga pod Reglami 6km	Trzy Jawory 24km	Droga pod Reglami 36km	Czas netto 46km	Czas brutto 46km	Różn	Tempo min/km	Tempo km/h
1	<b>PAWŁOWSKI Marcin</b>	<b>319</b>		M30	1	00:00:18	00:33:38	02:14:16	03:35:09	<b>04:14:53.15</b>	<b>04:15:11.45</b>		5:32	10.8
2	<b>BALWIERCZAK Piotr</b>	<b>337</b>	RATEMYTRAIL.COM	M30	2	00:00:21	00:36:10	02:23:04	03:47:42	<b>04:25:24.20</b>	<b>04:25:45.75</b>	+00:10:31	5:46	10.4
3	<b>DYBIŻBAŃSKI Wojciech</b>	<b>359</b>	CITY TRAIL TEAM	M30	3	00:00:02	00:34:13	02:20:27	03:51:34	<b>04:34:54.30</b>	<b>04:34:56.65</b>	+00:20:01	5:58	10
4	<b>RUTKOWSKI Dawid</b>	<b>211</b>	GRIZZLYTEAM	M30	4	00:00:02	00:34:32	02:28:55	03:56:31	<b>04:35:50.85</b>	<b>04:35:53.15</b>	+00:20:57	5:59	10
5	<b>LULIS Dawid</b>	<b>216</b>		M30	5	00:00:02	00:34:33	02:31:34	04:10:36	<b>04:48:49.45</b>	<b>04:48:51.60</b>	+00:33:56	6:16	9.6
6	<b>JAGIELSKI Łukasz</b>	<b>15</b>	LESZ NO LIMITS RUNNERS	M30	6	00:06:29	00:34:35	02:31:26	04:10:33	<b>04:52:54.70</b>	<b>04:59:24.55</b>	+00:38:01	6:22	9.4
7	<b>SOBLIK Łukasz</b>	<b>343</b>		M30	7	00:00:44	00:37:17	02:44:15	04:18:15	<b>04:57:30.10</b>	<b>04:58:14.70</b>	+00:42:36	6:28	9.3
8	<b>ANDRUSZKIEWICZ Paweł</b>	<b>219</b>		M30	8	00:00:29	00:32:22	02:27:52	04:13:48	<b>05:04:35.90</b>	<b>05:05:05.20</b>	+00:49:42	6:37	9.1
9	<b>OSKWAREK Piotr</b>	<b>41</b>	#BESTSELERTEAM	M30	9	00:00:03	00:34:32	02:35:13	04:23:54	<b>05:09:42.65</b>	<b>05:09:46.25</b>	+00:54:49	6:43	8.9
10	<b>TRUSZKOWSKI Damian</b>	<b>37</b>		M30	10	00:49:44	00:38:56	02:42:55	04:27:23	<b>05:10:58.65</b>	<b>06:00:43.60</b>	+00:56:05	6:45	8.9
11	<b>ROSOLSKI Dawid</b>	<b>361</b>		M30	11	00:19:06	00:38:37	02:42:16	04:24:14	<b>05:11:11.15</b>	<b>05:30:17.40</b>	+00:56:18	6:45	8.9
12	<b>NIEPALA Jacek</b>	<b>25</b>		M30	12	00:00:00	00:46:41	02:49:22	04:32:05	<b>05:11:23.75</b>	<b>05:11:23.75</b>	+00:56:30	6:46	8.9
13	<b>KOSAL Maciej</b>	<b>293</b>		M30	13	00:13:28	00:36:15	02:40:36	04:26:15	<b>05:13:13.85</b>	<b>05:26:41.90</b>	+00:58:20	6:48	8.8
14	<b>ZBORUCKI Jan</b>	<b>302</b>	LATAJCY CYRK	M30	14	00:05:49	00:40:00	02:46:12	04:30:53	<b>05:14:22.35</b>	<b>05:20:12.00</b>	+00:59:29	6:50	8.8
15	<b>PRZYSIWEK Patryk</b>	<b>177</b>		M30	15	00:19:03	00:38:41	02:42:19	04:25:27	<b>05:15:25.05</b>	<b>05:34:29.00</b>	+01:00:31	6:51	8.7
16	<b>STEFAŃSKI Krystian</b>	<b>279</b>	KS KANAŁEK	M30	16	00:53:43	00:36:29	02:43:36	04:30:01	<b>05:15:37.45</b>	<b>06:09:21.35</b>	+01:00:44	6:51	8.7
17	<b>WALDOWSKI Arkadiusz</b>	<b>378</b>	GÓRSKI STYL TEAM	M30	17	00:04:55	00:36:06	02:39:23	04:27:00	<b>05:17:01.40</b>	<b>05:21:56.95</b>	+01:02:08	6:53	8.7
18	<b>BRYCHCY Piotr</b>	<b>346</b>	TRIGAR.PL	M30	18	00:08:15	00:39:58	02:50:37	04:33:03	<b>05:18:06.45</b>	<b>05:26:21.45</b>	+01:03:13	6:54	8.7
19	<b>ZAKARYAN Armen</b>	<b>397</b>		M30	19	00:10:43	00:34:41	02:40:57	04:32:47	<b>05:23:14.50</b>	<b>05:33:58.05</b>	+01:08:21	7:01	8.5
20	<b>KĘDZIORA Norbert</b>	<b>393</b>		M30	20	00:31:32	00:38:25	02:54:42	04:41:04	<b>05:23:53.90</b>	<b>05:55:26.00</b>	+01:09:00	7:02	8.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Droga pod Reglami		Czas netto 46km	Czas brutto 46km	Różn	Tempo min/km	Tempo km/h	
							Trzy Jawory 24km	36km						
21	ZAWORSKI Tomasz	174		M30	21	00:02:50	00:39:17	02:51:36	04:38:55	<b>05:25:00.25</b>	<b>05:27:50.40</b>	+01:10:07	7:03	8.5
22	WIECZORKIEWICZ Zbigniew	200		M30	22	00:04:09	00:37:30	02:34:58	04:43:06	<b>05:30:45.75</b>	<b>05:34:55.20</b>	+01:15:52	7:11	8.3
23	BEDNAREK Bartłomiej	194	MKS SIECHNICE	M30	23	00:44:30	00:37:48	02:48:19	04:45:36	<b>05:33:33.25</b>	<b>06:18:03.85</b>	+01:18:40	7:15	8.3
24	BOGUSZ Paweł	294	CYBINA TEAM	M30	24	00:21:28	00:43:13	02:57:55	04:43:48	<b>05:34:37.40</b>	<b>05:56:06.05</b>	+01:19:44	7:16	8.2
25	PRZYBYŁA Krzysztof	321	ADIDAS RUNNERS WARSAW	M30	25	00:26:23	00:36:54	02:54:21	04:54:16	<b>05:40:52.35</b>	<b>06:07:16.15</b>	+01:25:59	7:24	8.1
26	PISZCZEK Jakub	272		M30	26	00:04:15	00:38:45	02:48:27	04:52:57	<b>05:45:22.85</b>	<b>05:49:38.20</b>	+01:30:29	7:30	8
27	TROJANOWSKI Artur	199	KB WIKON NOWA SÓL	M30	27	00:46:05	00:38:45	02:53:16	04:54:37	<b>05:45:49.90</b>	<b>06:31:54.95</b>	+01:30:56	7:31	8
28	PŁONOWSKI Maciej	207	PSZCZÓLKOWSKI TEAM	M30	28	00:50:18	00:41:28	02:59:25	04:52:07	<b>05:46:54.55</b>	<b>06:37:13.25</b>	+01:32:01	7:32	8
29	WYROŚLAK Józef	259	#SOBASTEAM	M30	29	00:15:00	00:40:54	02:53:00	04:52:41	<b>05:47:15.40</b>	<b>06:02:15.90</b>	+01:32:22	7:32	7.9
30	ZAJĄC Marcin	385	IM-POSSIBLE TEAM	M30	30	00:27:34	00:41:17	02:52:25	04:52:41	<b>05:48:55.70</b>	<b>06:16:29.85</b>	+01:34:02	7:35	7.9
31	IWASZCZYSZYN Tomasz	333	RATEMYTRAIL.COM	M30	31	00:27:29	00:40:31	02:52:30	04:57:44	<b>05:48:59.85</b>	<b>06:16:29.70</b>	+01:34:06	7:35	7.9
32	ROMERO GARCIA Juan	283	WTC	M30	32	00:53:48	00:36:12	02:50:54	04:59:51	<b>05:51:57.75</b>	<b>06:45:46.55</b>	+01:37:04	7:39	7.8
33	GAŁECKI Robert	277	HFB	M30	33	00:05:10	00:38:06	02:50:45	04:56:51	<b>05:55:35.60</b>	<b>06:00:46.40</b>	+01:40:42	7:43	7.8
34	STUDZIŃSKI Mateusz	133		M30	34	00:07:09	00:39:51	02:55:02	05:01:29	<b>05:55:41.60</b>	<b>06:02:51.50</b>	+01:40:48	7:43	7.8
35	BLACHA Krzysztof	43	TRASY-BIEGOWE.PL	M30	35	00:58:10	00:36:40	02:48:14	04:56:07	<b>05:55:56.65</b>	<b>06:54:07.25</b>	+01:41:03	7:44	7.8
36	WILCZKOWIAK Jan	253	LESZ NO LIMITS RUNNERS	M30	36	00:34:02	00:43:29	03:03:26	05:04:27	<b>05:56:58.45</b>	<b>06:31:01.25</b>	+01:42:05	7:45	7.7
37	BUKOWY Błażej	104		M30	37	00:49:24	00:39:44	03:03:04	05:10:31	<b>05:58:31.75</b>	<b>06:47:56.05</b>	+01:43:38	7:47	7.7
38	PAWLIK Filip	227		M30	38	00:31:53	00:41:11	02:59:16	05:06:27	<b>06:01:05.75</b>	<b>06:32:58.75</b>	+01:46:12	7:50	7.6
39	SOBASZEK Marcin	292		M30	39	00:20:03	00:40:59	03:12:10	05:14:43	<b>06:03:46.60</b>	<b>06:23:50.30</b>	+01:48:53	7:54	7.6
40	SOBOLEWSKI Dariusz	241	BOREL MARATHON TEAM	M30	40	00:23:21	00:42:20	03:06:57	05:13:01	<b>06:03:52.85</b>	<b>06:27:14.60</b>	+01:48:59	7:54	7.6
41	IDOWIAK Lukasz	235	OSIR PONIEC	M30	41	00:03:31	00:42:25	03:05:34	05:11:59	<b>06:04:07.90</b>	<b>06:07:39.25</b>	+01:49:14	7:54	7.6
42	MĘDRYKOWSKI Damian	332		M30	42	00:13:52	00:42:42	03:04:26	05:14:19	<b>06:05:16.15</b>	<b>06:19:08.20</b>	+01:50:23	7:56	7.6
43	HARASIUK Adam	373	ALIANCA DE MISERICORDIA	M30	43	00:49:33	00:37:15	03:00:26	05:09:30	<b>06:06:25.00</b>	<b>06:55:58.75</b>	+01:51:31	7:57	7.5
44	SIETKIEWICZ Piotr	269		M30	44	00:01:19	00:40:47	02:59:27	05:12:22	<b>06:12:04.85</b>	<b>06:13:24.15</b>	+01:57:11	8:05	7.4
45	LIPIŃSKI Hubert	282	KS KANAŁEK	M30	45	00:53:53	00:39:27	03:00:47	05:14:43	<b>06:14:03.05</b>	<b>07:07:57.00</b>	+01:59:09	8:07	7.4
46	SZCZEPAŃSKI Adam	367	ALBATROSY	M30	46	00:49:56	00:39:38	03:10:57	05:22:31	<b>06:14:12.20</b>	<b>07:04:08.75</b>	+01:59:19	8:08	7.4
47	MUCKUS Filip	399		M30	47	00:53:39	00:38:54	02:59:53	05:14:57	<b>06:14:17.80</b>	<b>07:07:57.30</b>	+01:59:24	8:08	7.4
48	HOJAN Lukasz	347	NIGHT RUNNERS / MOTIV HOME	M30	48	00:25:02	00:42:47	03:02:08	05:18:07	<b>06:17:06.25</b>	<b>06:42:08.85</b>	+02:02:13	8:11	7.3
49	SOWIŃSKI Kamil	110		M30	49	00:07:43	00:43:13	03:11:32	05:26:55	<b>06:17:10.10</b>	<b>06:24:53.90</b>	+02:02:16	8:11	7.3
50	MACIEJEWSKI Roman	9	BIEGAMBOLUBIĘ KROSNO ODRZAŃSKIE	M30	50	00:11:41	00:45:58	03:15:22	05:24:42	<b>06:17:28.45</b>	<b>06:29:10.35</b>	+02:02:35	8:12	7.3
51	WOJEWODA Maciej	297	VEGE RUNNERS	M30	51	00:26:37	00:41:01	03:08:04	05:19:35	<b>06:19:16.15</b>	<b>06:45:53.75</b>	+02:04:23	8:14	7.3
52	SCHWARZ Marek	45	PRO366	M30	52	00:24:18	00:44:17	03:15:04	05:30:19	<b>06:25:43.60</b>	<b>06:50:02.30</b>	+02:10:50	8:23	7.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Droga pod Reglami		Trzy Jawory 24km	Droga pod Reglami		Czas netto 46km	Czas brutto 46km	Różn	Tempo min/km	Tempo km/h
							6km	36km		36km	46km					
53	<b>GALEK Adam</b>	<b>263</b>		M30	53	00:42:55	00:46:37	03:16:26	05:36:11	<b>06:31:17.85</b>	<b>07:14:12.85</b>	+02:16:24	8:30	7.1		
54	<b>NAKIELSKI Jakub</b>	<b>73</b>	KARPACZ SPORT & SKIVEGAS	M30	54	00:00:03	00:38:00	02:55:33	05:23:54	<b>06:32:17.75</b>	<b>06:32:21.40</b>	+02:17:24	8:31	7		
55	<b>PIWKO Mateusz</b>	<b>20</b>		M30	55	00:51:24	00:44:56	03:16:14	05:36:44	<b>06:33:18.00</b>	<b>07:24:42.60</b>	+02:18:24	8:33	7		
56	<b>DOBKE Jan</b>	<b>264</b>		M30	56	00:45:43	00:56:03	03:34:05	05:43:04	<b>06:35:12.20</b>	<b>07:20:55.20</b>	+02:20:19	8:35	7		
57	<b>BIŃKOWSKI Borys</b>	<b>384</b>	FAIRTRADE POLSKA	M30	57	00:18:51	00:44:53	03:17:32	05:34:17	<b>06:36:43.45</b>	<b>06:55:34.90</b>	+02:21:50	8:37	7		
58	<b>SAWCZUK Robert</b>	<b>261</b>	PADRE TEAM	M30	58	00:07:49	00:42:38	03:09:50	05:32:45	<b>06:38:27.30</b>	<b>06:46:16.80</b>	+02:23:34	8:39	6.9		
59	<b>ZIĘCIAK Michał</b>	<b>316</b>		M30	59	00:06:54	00:43:47	03:17:09	05:40:20	<b>06:39:58.45</b>	<b>06:46:53.40</b>	+02:25:05	8:41	6.9		
60	<b>MORAŃSKI Paweł</b>	<b>309</b>		M30	60	00:02:11	00:43:54	03:20:43	05:38:38	<b>06:42:12.80</b>	<b>06:44:24.35</b>	+02:27:19	8:44	6.9		
61	<b>WIERZBICKI Daniel</b>	<b>275</b>	EBIEGI.PL	M30	61	00:28:19	00:44:29	03:31:46	05:56:17	<b>06:49:00.30</b>	<b>07:17:20.15</b>	+02:34:07	8:53	6.7		
62	<b>PORAJ Paweł</b>	<b>195</b>		M30	62	00:13:39	00:46:14	03:25:54	05:54:50	<b>06:52:49.25</b>	<b>07:06:29.05</b>	+02:37:56	8:58	6.7		
63	<b>STASIW Artur</b>	<b>329</b>		M30	63	00:02:55	00:40:53	03:19:41	05:46:59	<b>06:52:50.80</b>	<b>06:55:46.40</b>	+02:37:57	8:58	6.7		
64	<b>WEBER Mariusz</b>	<b>254</b>	MOUNTAINRUN.INFO	M30	64	00:01:45	00:44:47	03:21:18	05:51:41	<b>06:53:07.00</b>	<b>06:54:52.10</b>	+02:38:13	8:58	6.7		
65	<b>LIPIŃSKI Oskar</b>	<b>138</b>		M30	65	00:23:55	00:46:05	03:25:41	05:55:07	<b>06:54:18.35</b>	<b>07:18:13.85</b>	+02:39:25	9:00	6.7		
66	<b>STASIAK Włodzimierz</b>	<b>328</b>	PRO-RUN WROCŁAW	M30	66	00:33:34	00:45:00	03:35:31	05:56:13	<b>06:54:37.45</b>	<b>07:28:11.80</b>	+02:39:44	9:00	6.7		
67	<b>MURGOSKI Zlatko</b>	<b>17</b>		M30	67	00:28:31	00:48:46	03:32:00	06:04:34	<b>07:02:21.55</b>	<b>07:30:53.45</b>	+02:47:28	9:10	6.5		
68	<b>OLSZEWSKI Jacek</b>	<b>87</b>	IRONBEERMAN	M30	68	00:33:46	00:44:50	03:39:35	06:06:52	<b>07:04:50.10</b>	<b>07:38:36.25</b>	+02:49:56	9:14	6.5		
69	<b>TONDER Filip</b>	<b>364</b>	WLKP MOUNTAINS ULTRA	M30	69	00:11:09	00:47:12	03:38:05	06:03:49	<b>07:05:22.15</b>	<b>07:16:32.00</b>	+02:50:29	9:14	6.5		
70	<b>DOBOSZ Leszek</b>	<b>310</b>		M30	70	00:12:04	00:49:19	03:28:39	06:01:25	<b>07:07:29.35</b>	<b>07:19:34.00</b>	+02:52:36	9:17	6.5		
71	<b>KOŁEK Adrian</b>	<b>247</b>		M30	71	00:29:23	00:48:27	03:35:46	06:08:48	<b>07:11:20.95</b>	<b>07:40:44.75</b>	+02:56:27	9:22	6.4		
72	<b>MATYŚKIEWICZ Mateusz</b>	<b>48</b>		M30	72	00:10:38	00:46:51	03:31:55	06:03:16	<b>07:14:59.50</b>	<b>07:25:38.45</b>	+03:00:06	9:27	6.3		
73	<b>MIELCARZ Tomasz</b>	<b>213</b>	HUSARIA RACE TEAM	M30	73	00:46:01	00:44:38	03:41:05	06:09:35	<b>07:16:11.80</b>	<b>08:02:12.85</b>	+03:01:18	9:28	6.3		
74	<b>GRUCZA Cezary</b>	<b>232</b>	DOZOR SQUAD	M30	74	00:39:30	00:49:16	03:38:57	06:16:04	<b>07:17:12.95</b>	<b>07:56:42.95</b>	+03:02:19	9:30	6.3		
75	<b>KOPANIA Kamil</b>	<b>237</b>	K.S TĘCZA	M30	75	00:42:42	00:48:10	03:47:55	06:14:39	<b>07:17:54.05</b>	<b>08:00:36.75</b>	+03:03:00	9:31	6.3		
76	<b>ŻAK Krzysztof</b>	<b>391</b>		M30	76	00:06:10	00:43:03	03:35:06	06:17:06	<b>07:17:58.85</b>	<b>07:24:09.15</b>	+03:03:05	9:31	6.3		
77	<b>KOBLAŃSKI Tomasz</b>	<b>291</b>		M30	77	00:34:40	00:46:30	03:31:10	06:11:33	<b>07:20:17.25</b>	<b>07:54:57.95</b>	+03:05:24	9:34	6.3		
78	<b>WOJCIECHOWSKI Maciej</b>	<b>19</b>		M30	78	00:07:59	00:50:01	03:48:16	06:18:57	<b>07:24:40.65</b>	<b>07:32:40.45</b>	+03:09:47	9:40	6.2		
79	<b>FIEGA Mirosław</b>	<b>13</b>		M30	79	00:08:03	00:49:56	03:48:13	06:18:54	<b>07:24:41.10</b>	<b>07:32:44.85</b>	+03:09:47	9:40	6.2		
80	<b>STAWIŃSKI Michał</b>	<b>193</b>		M30	80	00:13:59	00:47:39	03:33:04	06:14:34	<b>07:25:05.50</b>	<b>07:39:05.00</b>	+03:10:12	9:40	6.2		
81	<b>ANTKIEWICZ Kamil</b>	<b>280</b>		M30	81	00:30:36	00:48:19	03:42:21	06:22:09	<b>07:26:44.15</b>	<b>07:57:21.10</b>	+03:11:51	9:42	6.2		
82	<b>KOZUBSKI Maciej</b>	<b>26</b>		M30	82	00:15:24	00:49:17	03:40:24	06:28:14	<b>07:30:58.75</b>	<b>07:46:23.25</b>	+03:16:05	9:48	6.1		
83	<b>KUCZYŃSKI Michał</b>	<b>285</b>	VOLVO V-MOTORS	M30	83	00:08:27	00:41:51	03:18:28	06:26:23	<b>07:32:30.30</b>	<b>07:40:57.55</b>	+03:17:37	9:50	6.1		
84	<b>JURKIEWICZ Dominik</b>	<b>369</b>		M30	84	00:07:00	00:50:27	03:44:36	06:27:11	<b>07:35:46.10</b>	<b>07:42:46.40</b>	+03:20:52	9:54	6.1		
85	<b>GNIADY Krzysztof</b>	<b>322</b>		M30	85	00:09:51	00:47:52	03:38:35	06:26:03	<b>07:36:43.45</b>	<b>07:46:34.45</b>	+03:21:50	9:55	6		
86	<b>ZIÓŁEK Rafał</b>	<b>229</b>		M30	86	00:31:52	00:44:53	03:34:11	06:30:57	<b>07:39:59.60</b>	<b>08:11:51.70</b>	+03:25:06	9:59	6		
87	<b>WRONISZEWSKI Łukasz</b>	<b>82</b>	1ON1 TEAM	M30	87	00:01:30	00:48:47	03:47:50	06:36:18	<b>07:40:25.15</b>	<b>07:41:55.55</b>	+03:25:32	10:00	6		
88	<b>TYLMAN Piotr</b>	<b>139</b>		M30	88	00:16:34	00:47:03	03:41:21	06:37:30	<b>07:48:16.45</b>	<b>08:04:51.30</b>	+03:33:23	10:10	5.9		
89	<b>OCET Wiktor</b>	<b>363</b>		M30	89	00:48:47	00:43:05	03:27:35	06:29:35	<b>07:48:41.60</b>	<b>08:37:29.55</b>	+03:33:48	10:11	5.9		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Droga pod Reglami		Trzy Jawory 24km	Droga pod Reglami		Czas netto 46km	Czas brutto 46km	Różn	Tempo min/km	Tempo km/h
							6km	36km		36km	46km					
90	<b>WOŹNIAK Łukasz</b>	<b>267</b>		M30	90	00:22:30	00:44:04	03:31:23	06:34:50	<b>07:49:01.50</b>	<b>08:11:31.70</b>	+03:34:08	10:11	5.9		
91	<b>SZAJEK Arkadiusz</b>	<b>114</b>		M30	91	00:15:21	00:50:03	03:53:06	06:40:24	<b>07:53:16.05</b>	<b>08:08:37.75</b>	+03:38:22	10:17	5.8		
92	<b>KASPERKIEWICZ Filip</b>	<b>201</b>	KLUB AA	M30	92	00:06:54	00:50:38	03:55:45	06:46:41	<b>07:53:57.35</b>	<b>08:00:51.35</b>	+03:39:04	10:18	5.8		
93	<b>SZYŻSKO Stanisław</b>	<b>376</b>	12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ / 125 BLP	M30	93	00:30:32	00:47:31	03:50:35	06:46:48	<b>07:55:07.65</b>	<b>08:25:40.00</b>	+03:40:14	10:19	5.8		
94	<b>WILCZEWSKI Piotr</b>	<b>69</b>	GORZOWSKIE BIEGANIE CZWARTKOWE	M30	94	00:18:57	00:52:10	04:04:07	06:52:38	<b>07:58:24.95</b>	<b>08:17:22.55</b>	+03:43:31	10:24	5.8		
95	<b>POKOTYCKI Denis</b>	<b>55</b>		M30	95	00:49:17	00:52:33	03:58:16	06:46:00	<b>08:01:58.10</b>	<b>08:51:15.45</b>	+03:47:04	10:28	5.7		
96	<b>WAKOR Pawel</b>	<b>217</b>		M30	96	00:39:27	00:53:45	03:48:21	06:48:36	<b>08:07:34.90</b>	<b>08:47:01.95</b>	+03:52:41	10:35	5.7		
97	<b>ZIEMSKI Maciej</b>	<b>224</b>		M30	97	00:03:44	00:54:02	04:03:40	06:54:25	<b>08:13:43.90</b>	<b>08:17:28.60</b>	+03:58:50	10:44	5.6		
98	<b>SZCZUROWSKI Marcin</b>	<b>366</b>	CHEMPIONI NIEZŁOMNI	M30	98	00:11:06	00:47:41	03:53:46	06:57:04	<b>08:14:20.55</b>	<b>08:25:26.55</b>	+03:59:27	10:44	5.6		
99	<b>KAŁŁAUR Krzysztof</b>	<b>202</b>		M30	99	00:19:59	00:53:47	04:11:09	07:07:22	<b>08:21:34.00</b>	<b>08:41:33.55</b>	+04:06:40	10:54	5.5		
100	<b>RAJCZAK Łukasz</b>	<b>256</b>		M30	100	00:04:20	00:47:43	04:05:51	07:12:16	<b>08:25:30.45</b>	<b>08:29:51.15</b>	+04:10:37	10:59	5.5		
101	<b>CIERACH Leszek</b>	<b>99</b>	PARKRUN GORZÓW WIELKOPOLSKI	M30	101	00:35:31	00:58:42	04:18:43	07:14:58	<b>08:42:59.35</b>	<b>09:18:30.85</b>	+04:28:06	11:22	5.3		
102	<b>WIŚNIEWSKI Sławomir</b>	<b>299</b>	KS LENIWEC	M30	102	00:08:44	00:52:10	04:31:29	07:48:35	<b>09:06:56.30</b>	<b>09:15:41.15</b>	+04:52:03	11:53	5		
103	<b>WROBLEWSKI Tomasz</b>	<b>315</b>		M30	103	00:13:55	00:52:44	04:25:12	08:17:10	<b>09:43:54.15</b>	<b>09:57:49.85</b>	+05:29:01	12:41	4.7		
104	<b>GÓRECKI Krzysztof</b>	<b>75</b>		M30	104	00:09:45	00:51:28	04:03:25				+01:49:09	10:08	5.9		
	<b>SALEJ Krzysztof</b>	<b>307</b>	REDKOT	M30		DNF	00:39:21 DNF	03:09:44 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-		

Znaleziono 105 wynik(ów)