



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Commando Race
Commando Race
2018-09-22
Kraków
12 km

COMMANDO RACE 12KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	TROJAN Anna	12196		K-Open	1	01:43:22.25	01:43:22.25		8:36	7 (100%)
2	LATOCHA Monika	12069	AUUUUU	K-Open	2	01:45:43.05	01:45:46.20	+00:02:23 (2.3%)	8:48	6.8 (97.1%)
3	WOŹNICZKA Aleksandra	12109		K-Open	3	01:45:47.20	01:45:50.65	+00:02:28 (2.3%)	8:48	6.8 (97.1%)
4	WĘGRZYNOWICZ Estera	12105	CF KUŹNIA DAMIANA	K-Open	4	01:46:27.25	01:46:30.10	+00:03:07 (2.9%)	8:52	6.8 (97.1%)
5	BOROŃ Marlena	12157		K-Open	5	01:48:45.75	01:48:47.85	+00:05:25 (5.0%)	9:03	6.6 (94.3%)
6	GRELA Kinga	12166	COSTA KLINY TEAM	K-Open	6	01:48:52.40	01:48:55.95	+00:05:33 (5.1%)	9:04	6.6 (94.3%)
7	KRZYSTYNIAK Zuzanna	12067	GORĄCY POTOK TEAM	K-Open	7	01:51:13.00	01:51:15.90	+00:07:53 (7.1%)	9:16	6.5 (92.9%)
8	MARZEC Katarzyna	12074	BEFIT24TEAM	K-Open	8	01:51:40.95	01:51:43.80	+00:08:21 (7.5%)	9:18	6.4 (91.4%)
9	STROJNA Brygida	12192	CROSSFIT HELLWOOD TEAM	K-Open	9	01:53:13.80	01:53:18.70	+00:09:56 (8.8%)	9:26	6.4 (91.4%)
10	DRUZYNSKA Olena	12160		K-Open	10	01:53:13.95	01:53:18.95	+00:09:56 (8.8%)	9:26	6.4 (91.4%)
11	NOWAKOWSKA-TRZASKA Joanna	12181	CROSSFIT HELLWOOD TEAM	K-Open	11	01:53:13.80	01:53:19.10	+00:09:56 (8.8%)	9:26	6.4 (91.4%)
12	BIEŃ Ola	12112	CROSSFIT DEKERTA	K-Open	12	01:57:12.95	01:57:18.55	+00:13:56 (11.9%)	9:46	6.1 (87.1%)
13	ŁOBODA Agnieszka	12135	LEMON TEAM	K-Open	13	01:57:49.55	01:57:51.45	+00:14:29 (12.3%)	9:49	6.1 (87.1%)
14	BOGATY Gabriela	12115	LEMON TEAM	K-Open	14	01:57:49.65	01:57:51.65	+00:14:29 (12.3%)	9:49	6.1 (87.1%)
15	ŁABUZEK Barbara	12071		K-Open	15	01:58:29.30	01:58:33.05	+00:15:10 (12.8%)	9:52	6.1 (87.1%)
16	SKWARA Anna	12190		K-Open	16	02:01:57.00	02:02:00.15	+00:18:37 (15.3%)	10:09	5.9 (84.3%)
17	ŁYŚ Karolina	12176		K-Open	17	02:02:39.55	02:02:41.50	+00:19:19 (15.7%)	10:13	5.9 (84.3%)
18	MOSKWA Wioletta	12078	HUSARIA RACE TEAM	K-Open	18	02:03:17.40	02:03:19.00	+00:19:56 (16.2%)	10:16	5.8 (82.9%)
19	MOSKWA Karolina	12077	HUSARIA RACE TEAM	K-Open	19	02:03:17.50	02:03:19.20	+00:19:56 (16.2%)	10:16	5.8 (82.9%)
20	CZECH-ROGALSKA Agnieszka	12051	HUSARIA RACE TEAM	K-Open	20	02:03:16.35	02:03:19.25	+00:19:57 (16.2%)	10:16	5.8 (82.9%)
21	SZCZESNY Kinga	12098	HUSARIA RACE TEAM	K-Open	21	02:04:21.90	02:04:24.00	+00:21:01 (16.9%)	10:21	5.8 (82.9%)
22	KACZMARCZYK Anna	12063	NDE	K-Open	22	02:05:26.60	02:05:30.65	+00:22:08 (17.6%)	10:27	5.7 (81.4%)
23	OLEJAK Joanna	12141	HUSARIA RACE TEAM	K-Open	23	02:05:34.65	02:05:39.30	+00:22:17 (17.7%)	10:27	5.7 (81.4%)
24	DUBIEL Patrycja	12161		K-Open	24	02:10:51.95	02:10:53.60	+00:27:31 (21.0%)	10:54	5.5 (78.6%)
25	KACIUBA-ŚWIERCZYŃSKA Agnieszka	12169		K-Open	25	02:11:08.25	02:11:10.25	+00:27:48 (21.2%)	10:55	5.5 (78.6%)
26	MARSZAŁEK Małgorzata	12138		K-Open	26	02:11:31.30	02:11:34.45	+00:28:12 (21.4%)	10:57	5.5 (78.6%)
27	BLAMOWSKA Agata	12113		K-Open	27	02:11:46.00	02:11:49.25	+00:28:27 (21.6%)	10:58	5.5 (78.6%)
28	CHĘTKIEWICZ Sandra	12117	CITY-FITNESS ZAGÓRZE	K-Open	28	02:13:07.35	02:13:10.60	+00:29:48 (22.4%)	11:05	5.4 (77.1%)

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29	TWARKOWSKA Aleksandra	12151	CITY FITNESS ZAGÓRZE	K-Open	29	02:13:19.85	02:13:22.65	+00:30:00 (22.5%)	11:06	5.4 (77.1%)
30	TWARKOWSKA Anna	12152	CITY FITNESS ZAGORZE	K-Open	30	02:13:25.55	02:13:28.35	+00:30:06 (22.6%)	11:07	5.4 (77.1%)
31	MARKIEWICZ Dagmara	12137	CITY FITNESS ZAGÓRZE	K-Open	31	02:13:35.05	02:13:38.45	+00:30:16 (22.7%)	11:07	5.4 (77.1%)
32	RAŚ Agnieszka	12091	HUSARIA RACE TEAM	K-Open	32	02:18:24.60	02:18:26.95	+00:35:04 (25.3%)	11:32	5.2 (74.3%)
33	NOSAL Krystyna	12180	GANG SZELTUSIÓW	K-Open	33	02:20:04.45	02:20:07.35	+00:36:45 (26.2%)	11:40	5.1 (72.9%)
34	KEMPSKA Marta	12131		K-Open	34	02:23:38.45	02:23:42.65	+00:40:20 (28.1%)	11:58	5 (71.4%)
35	SZOJDA Paulina	12146		K-Open	35	02:23:38.85	02:23:43.10	+00:40:20 (28.1%)	11:58	5 (71.4%)
36	JOB Cecylia	12061		K-Open	36	02:27:59.40	02:28:05.60	+00:44:43 (30.2%)	12:19	4.9 (70.0%)
37	JOB Agnieszka	12060		K-Open	37	02:28:00.70	02:28:05.75	+00:44:43 (30.2%)	12:20	4.9 (70.0%)
38	JACKOWSKA Monika	12167	SPORT POZIOM 450	K-Open	38	02:30:09.75	02:30:15.75	+00:46:53 (31.2%)	12:30	4.8 (68.6%)
39	DOROBISZ Magdalena	12159	SPORT POZIOM 450	K-Open	39	02:30:10.05	02:30:16.05	+00:46:53 (31.2%)	12:30	4.8 (68.6%)
40	SZELER Magdalena	12099	AWESOME TEAM	K-Open	40	02:30:11.40	02:30:16.10	+00:46:53 (31.2%)	12:31	4.8 (68.6%)
41	TOMCZYK Ewelina	12100	AWESOME TEAM	K-Open	41	02:30:11.40	02:30:16.25	+00:46:54 (31.2%)	12:31	4.8 (68.6%)
42	CYGANEK Agnieszka	12004	BEFIT24TEAM	K-Open	42	02:31:40.80	02:31:46.20	+00:48:23 (31.9%)	12:38	4.7 (67.1%)
43	KOCON Katarzyna	12014		K-Open	43	02:31:41.15	02:31:46.35	+00:48:24 (31.9%)	12:38	4.7 (67.1%)
44	CHLIPAŁA Karolina	12048		K-Open	44	02:38:36.35	02:38:42.55	+00:55:20 (34.9%)	13:13	4.5 (64.3%)
45	PLONKA Marta	12087		K-Open	45	02:38:38.15	02:38:44.35	+00:55:22 (34.9%)	13:13	4.5 (64.3%)
46	KSYTA Martyna	12068		K-Open	46	02:38:38.85	02:38:44.55	+00:55:22 (34.9%)	13:13	4.5 (64.3%)

Znaleziono 46 wynik(ów)