CROSS NA WRZOSACH - OKONEK - 10KM

Organizator: Herkules
Data: 2015-09-27
Miejsce: Okonek
Dystans: 10 km

HERKULES
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	**WIRKUS Łukasz**	**525**		M-2	1	00:18:54	**00:38:24.10**	**00:39:55.90**		3:50	15.6 (100%)
2	**TEUSZ Bartek**	**73**		M-2	2	00:19:08	**00:40:33.40**	**00:42:04.95**	+00:02:09 (5.1%)	4:03	14.8 (94.9%)
3	**LECKI Mateusz**	**35**		M-2	3	00:20:50	**00:42:05.95**	**00:43:38.20**	+00:03:42 (8.5%)	4:12	14.3 (91.7%)
4	**GAŁAN Leszek**	**100**		M-5	1	00:21:29	**00:43:44.45**	**00:45:16.95**	+00:05:21 (11.8%)	4:22	13.7 (87.8%)
5	**MIKOŁAJCZYK Rafał**	**99**		M-3	1	00:23:27	**00:45:21.65**	**00:46:54.75**	+00:06:58 (14.9%)	4:32	13.2 (84.6%)
6	**MROZIK Daniel**	**47**		M-3	2	00:22:18	**00:45:28.95**	**00:47:01.50**	+00:07:05 (15.1%)	4:32	13.2 (84.6%)
7	**ŁOŻYŃSKI Jacek**	**947**		M-4	1	00:22:00	**00:45:47.70**	**00:47:19.20**	+00:07:23 (15.6%)	4:34	13.1 (84.0%)
8	**ŻYJEWSKI Piotr**	**127**		M-4	2	00:22:47	**00:45:55.60**	**00:47:28.20**	+00:07:32 (15.9%)	4:35	13.1 (84.0%)
9	**RADTKE Robert**	**58**		M-4	3	00:23:15	**00:47:26.25**	**00:48:58.40**	+00:09:02 (18.5%)	4:44	12.6 (80.8%)
10	**SZYMIKOWSKI Jarosław**	**72**		M-3	3	00:24:22	**00:48:40.70**	**00:50:16.30**	+00:10:20 (20.6%)	4:52	12.3 (78.8%)
11	**RUDNIK Jerzy**	**60**		M-6	1	00:24:23	**00:49:19.60**	**00:50:52.00**	+00:10:56 (21.5%)	4:56	12.2 (78.2%)
12	**SOKOŁOWSKI Maciej**	**63**		M-3	4	00:24:19	**00:49:38.45**	**00:51:13.45**	+00:11:17 (22.0%)	4:57	12.1 (77.6%)
13	**SAWICKI Eligiusz**	**61**		M-5	2	00:24:46	**00:50:03.15**	**00:51:37.45**	+00:11:41 (22.6%)	5:00	12 (76.9%)
14	**RADTKE Arkadiusz**	**57**		M-2	4	00:24:34	**00:50:11.80**	**00:51:43.60**	+00:11:47 (22.8%)	5:01	12 (76.9%)
15	**SZMAGLIŃSKA Karolina**	**68**		K-2	1	00:24:29	**00:50:12.95**	**00:51:45.10**	+00:11:49 (22.8%)	5:01	11.9 (76.3%)
16	**CIOZDA Mariusz**	**553**		M-4	4	00:24:41	**00:50:22.60**	**00:51:56.90**	+00:12:01 (23.1%)	5:02	11.9 (76.3%)
17	**BRYŁA Krzysztof**	**6**		M-4	5	00:24:56	**00:50:58.35**	**00:52:31.75**	+00:12:35 (24.0%)	5:05	11.8 (75.6%)
18	**ZIĘBA Maciej**	**80**		M-4	6	00:25:22	**00:51:46.50**	**00:53:19.95**	+00:13:24 (25.1%)	5:10	11.6 (74.4%)
19	**KOŁODZIEJCZAK Grzegorz**	**26**		M-4	7	00:25:49	**00:51:56.35**	**00:53:30.65**	+00:13:34 (25.4%)	5:11	11.6 (74.4%)
20	**BUTOWICZ Adam**	**119**		M-5	3	00:25:51	**00:52:15.50**	**00:53:48.50**	+00:13:52 (25.8%)	5:13	11.5 (73.7%)
21	**WIELGUS Paweł**	**75**		M-3	5	00:25:45	**00:52:23.55**	**00:53:56.25**	+00:14:00 (26.0%)	5:14	11.5 (73.7%)
22	**JAROSZ Dariusz**	**24**		M-4	8	00:25:59	**00:52:35.70**	**00:54:09.40**	+00:14:13 (26.3%)	5:15	11.4 (73.1%)
23	**CHODOR Martyna**	**8**		K-3	1	00:25:59	**00:52:36.60**	**00:54:09.80**	+00:14:13 (26.3%)	5:15	11.4 (73.1%)
24	**SZADZIŃSKI Kacper**	**67**		M-1	1	00:25:23	**00:53:17.30**	**00:54:50.65**	+00:14:54 (27.2%)	5:19	11.3 (72.4%)
25	**POŁEĆ Wiesław**	**50**		M-6	2	00:26:34	**00:53:26.40**	**00:55:00.35**	+00:15:04 (27.4%)	5:20	11.2 (71.8%)
26	**SLOTAŁA Dariusz**	**62**		M-5	4	00:27:10	**00:53:41.35**	**00:55:18.40**	+00:15:22 (27.8%)	5:22	11.2 (71.8%)
27	**KRÓL Piotr**	**28**		M-4	9	00:26:28	**00:53:48.85**	**00:55:24.60**	+00:15:28 (27.9%)	5:22	11.1 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	**SZABLA Ewelina**	**66**		K-3	2	00:26:28	**00:53:57.85**	**00:55:32.75**	+00:15:36 (28.1%)	5:23	11.1 (71.2%)
29	**WILKOWSKI Krzysztof**	**77**		M-3	6	00:26:28	**00:53:58.30**	**00:55:33.15**	+00:15:37 (28.1%)	5:23	11.1 (71.2%)
30	**LINDA Jan**	**38**		M-3	7	00:27:19	**00:54:45.75**	**00:56:22.80**	+00:16:26 (29.2%)	5:28	11 (70.5%)
31	**KRÓLIKOWSKI Adndrzej**	**552**		M-5	5	00:27:33	**00:54:46.15**	**00:56:23.90**	+00:16:28 (29.2%)	5:28	11 (70.5%)
32	**GWIAZDA Mariusz**	**17**		M-3	8	00:27:53	**00:55:15.45**	**00:56:53.15**	+00:16:57 (29.8%)	5:31	10.9 (69.9%)
33	**JAŁOWIECKA Bożena**	**20**		K-4	1	00:27:29	**00:55:22.00**	**00:56:54.80**	+00:16:58 (29.8%)	5:32	10.8 (69.2%)
34	**LIPCZEWSKA Justyna**	**522**		K-3	3	00:27:54	**00:55:21.90**	**00:56:59.50**	+00:17:03 (29.9%)	5:32	10.8 (69.2%)
35	**DUDZIŃSKA Joanna**	**11**		K-1	1	00:27:33	**00:55:24.20**	**00:57:00.30**	+00:17:04 (30.0%)	5:32	10.8 (69.2%)
36	**FOSZCZ-REDA Monika**	**14**		K-2	2	00:27:52	**00:57:19.65**	**00:58:51.15**	+00:18:55 (32.1%)	5:44	10.5 (67.3%)
37	**DUDKIEWICZ Leszek**	**10**		M-6	3	00:28:15	**00:57:23.10**	**00:58:58.65**	+00:19:02 (32.3%)	5:44	10.5 (67.3%)
38	**MAZUREK Barbara**	**42**		K-3	4	00:27:48	**00:57:35.90**	**00:59:08.80**	+00:19:12 (32.5%)	5:45	10.4 (66.7%)
39	**JANKOWSKA Monika**	**21**		K-2	3	00:29:22	**00:58:39.45**	**01:00:16.45**	+00:20:20 (33.7%)	5:51	10.2 (65.4%)
40	**SZNABEL Alina**	**69**		K-6	1	00:28:51	**00:58:51.85**	**01:00:27.45**	+00:20:31 (34.0%)	5:53	10.2 (65.4%)
41	**KORBA Ewa**	**89**		K-4	2	00:28:51	**00:58:53.50**	**01:00:28.95**	+00:20:33 (34.0%)	5:53	10.2 (65.4%)
42	**PYTLARZ Waldemar**	**56**		M-5	6	00:28:51	**00:58:53.35**	**01:00:30.05**	+00:20:34 (34.0%)	5:53	10.2 (65.4%)
43	**LEWANDOWSKI Grzegorz**	**37**		M-3	9	00:29:58	**00:59:46.95**	**01:01:22.90**	+00:21:27 (34.9%)	5:58	10 (64.1%)
44	**WYSOCKA Agnieszka**	**78**		K-1	2	00:29:49	**01:00:07.90**	**01:01:44.60**	+00:21:48 (35.3%)	6:00	10 (64.1%)
45	**KUPREWICZ Grzegorz**	**29**		M-3	10	00:29:33	**01:00:19.35**	**01:01:54.50**	+00:21:58 (35.5%)	6:01	9.9 (63.5%)
46	**VON BARDELEBEN Agnieszka**	**74**		K-4	3	00:29:09	**01:00:26.15**	**01:01:59.35**	+00:22:03 (35.6%)	6:02	9.9 (63.5%)
47	**PYDYN Andrzej**	**54**		M-5	7	00:29:42	**01:00:33.70**	**01:02:10.40**	+00:22:14 (35.8%)	6:03	9.9 (63.5%)
47	**PYDYN Regina**	**53**		K-5	1	00:29:43	**01:00:33.65**	**01:02:10.40**	+00:22:14 (35.8%)	6:03	9.9 (63.5%)
49	**KARWAT Stanisław**	**551**		M-5	8	00:28:44	**01:01:13.50**	**01:02:47.55**	+00:22:51 (36.4%)	6:07	9.8 (62.8%)
50	**STOLARCZYK-RAK Agnieszka**	**81**		K-3	5	00:29:37	**01:01:26.60**	**01:03:00.40**	+00:23:04 (36.6%)	6:08	9.8 (62.8%)
51	**KARWAT Piotr**	**530**		M-2	5	00:30:36	**01:02:02.80**	**01:03:37.50**	+00:23:41 (37.2%)	6:12	9.7 (62.2%)
52	**KURŁOWICZ Krzysztof**	**31**		M-3	11	00:28:31	**01:03:05.60**	**01:04:40.35**	+00:24:44 (38.3%)	6:18	9.5 (60.9%)
53	**MINDYKOWSKI Dariusz**	**520**		M-4	10	00:30:57	**01:03:51.35**	**01:05:28.40**	+00:25:32 (39.0%)	6:23	9.4 (60.3%)
54	**BOCHEŃSKI Marcin**	**521**		M-4	11	00:31:38	**01:04:30.00**	**01:06:06.70**	+00:26:10 (39.6%)	6:27	9.3 (59.6%)
55	**SZYMAŃSKI Tomasz**	**71**		M-4	12	00:32:19	**01:04:47.55**	**01:06:23.40**	+00:26:27 (39.9%)	6:28	9.3 (59.6%)
56	**JABŁOŃSKA Renata**	**18**		K-3	6	00:32:25	**01:04:51.60**	**01:06:27.05**	+00:26:31 (39.9%)	6:29	9.2 (59.0%)
56	**FIJAŁKOWSKA Małgorzata**	**13**		K-3	7	00:32:25	**01:04:51.45**	**01:06:27.05**	+00:26:31 (39.9%)	6:29	9.2 (59.0%)
58	**BARABASZ Agnieszka**	**1**		K-3	8	00:31:56	**01:05:12.40**	**01:06:46.70**	+00:26:50 (40.2%)	6:31	9.2 (59.0%)
59	**ZAWADZKA Marzena**	**79**		K-4	4	00:32:40	**01:05:37.15**	**01:07:13.60**	+00:27:17 (40.6%)	6:33	9.1 (58.3%)
60	**BRAMORSKA Mariola**	**5**		K-4	5	00:32:11	**01:05:49.85**	**01:07:25.95**	+00:27:30 (40.8%)	6:34	9.1 (58.3%)
61	**STEC Edyta**	**523**		K-3	9	00:32:29	**01:05:53.40**	**01:07:27.65**	+00:27:31 (40.8%)	6:35	9.1 (58.3%)
62	**MOŻEJKO Anna**	**524**		K-3	10	00:32:28	**01:05:54.00**	**01:07:28.00**	+00:27:32 (40.8%)	6:35	9.1 (58.3%)
63	**ZARBOCKI Krzysztof**	**518**		M-5	9	00:30:09	**01:06:34.50**	**01:08:08.30**	+00:28:12 (41.4%)	6:39	9 (57.7%)
64	**KURCZ Barbara**	**30**		K-4	6	00:34:13	**01:08:17.95**	**01:09:52.95**	+00:29:57 (42.9%)	6:49	8.8 (56.4%)
65	**PRZYBYLSKA Aneta**	**51**		K-3	11	00:34:09	**01:09:52.10**	**01:11:27.15**	+00:31:31 (44.1%)	6:59	8.6 (55.1%)
66	**DYMECKA Joanna**	**12**		K-3	12	00:34:53	**01:12:17.80**	**01:13:55.30**	+00:33:59 (46.0%)	7:13	8.3 (53.2%)
67	**KOWALCZYK Bernard**	**27**		M-5	10	00:34:51	**01:12:21.65**	**01:13:58.95**	+00:34:03 (46.0%)	7:14	8.3 (53.2%)

Znaleziono 67 wynik(ów)