



CROSS NA WRZOSACH - OKONEK - 5 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

CROSS NA WRZOSACH
Nadleśnictwo Okonek
2017-08-27
Okonek
5.3 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKA Marlena	55		K18-29	1	00:21:38.20		4:19	13.9 (100%)
2	KRAJEWSKA Hanna	86		K18-29	2	00:22:48.80	+00:01:10 (5.2%)	4:33	13.1 (94.2%)
3	SKROBANEK Hanna	164		K18-29	3	00:23:05.90	+00:01:27 (6.3%)	4:37	13 (93.5%)
4	KACZOR Agnieszka	64		K18-29	4	00:25:29.15	+00:03:50 (15.1%)	5:05	11.8 (84.9%)
5	RAK Anna	152		K30-39	1	00:25:31.00	+00:03:52 (15.2%)	5:06	11.8 (84.9%)
6	DYMECKA Joanna	29		K30-39	2	00:25:37.90	+00:03:59 (15.6%)	5:07	11.7 (84.2%)
7	SKOCZYLAS Bożena	162		K40-49	1	00:27:20.00	+00:05:41 (20.8%)	5:28	11 (79.1%)
8	KARABASZ Sylwia	69		K40-49	2	00:27:22.25	+00:05:44 (20.9%)	5:28	11 (79.1%)
9	KOSECKA Helena	80		K30-39	3	00:27:38.10	+00:05:59 (21.7%)	5:31	10.9 (78.4%)
10	SKROBANEK Zofia	165		K18-29	5	00:27:54.00	+00:06:15 (22.4%)	5:34	10.8 (77.7%)
11	BARANEK Aleksandra	5		K18-29	6	00:27:54.15	+00:06:15 (22.5%)	5:34	10.8 (77.7%)
12	MOSKAL Magdalena	212		K18-29	7	00:27:54.20	+00:06:16 (22.5%)	5:35	10.7 (77.0%)
13	NERĆ Patrycja	117		K18-29	8	00:28:07.50	+00:06:29 (23.1%)	5:37	10.7 (77.0%)
14	PLUTA Katarzyna	139		K18-29	9	00:28:14.95	+00:06:36 (23.4%)	5:39	10.6 (76.3%)
15	NITA Katarzyna	121		K40-49	3	00:28:29.80	+00:06:51 (24.1%)	5:41	10.5 (75.5%)
16	PYREK Iwona	149		K30-39	4	00:28:34.85	+00:06:56 (24.3%)	5:43	10.5 (75.5%)
17	SKUPIŃSKA Karolina	166		K18-29	10	00:28:52.00	+00:07:13 (25.0%)	5:46	10.4 (74.8%)
18	STOCKA-PODŁYSKA Żaneta	171		K30-39	5	00:29:12.80	+00:07:34 (25.9%)	5:50	10.3 (74.1%)
19	PIWECKA Ewa	136		K30-39	6	00:29:39.45	+00:08:01 (27.0%)	5:55	10.1 (72.7%)
20	NOWAK-GEMZA Monika	125		K40-49	4	00:29:43.25	+00:08:05 (27.2%)	5:56	10.1 (72.7%)
21	NIEDZIELA Dorota	118		K50-59	1	00:30:08.70	+00:08:30 (28.2%)	6:01	10 (71.9%)
22	KISIEL Agnieszka	76		K30-39	7	00:30:37.35	+00:08:59 (29.3%)	6:07	9.8 (70.5%)
23	SZEWCZYK Paulina	177		K18-29	11	00:30:39.05	+00:09:00 (29.4%)	6:07	9.8 (70.5%)
24	WODZYŃSKA Katarzyna	199		K30-39	8	00:30:40.45	+00:09:02 (29.5%)	6:08	9.8 (70.5%)
25	PONICKA Izabela	142		K40-49	5	00:30:44.50	+00:09:06 (29.6%)	6:08	9.8 (70.5%)
26	KNICH Anna	167		K40-49	6	00:31:20.40	+00:09:42 (31.0%)	6:16	9.6 (69.1%)
27	WOLF Beata	201		K30-39	9	00:31:38.45	+00:10:00 (31.6%)	6:19	9.5 (68.3%)

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28	BONISŁAWSKA Małgosia	9		K30-39	10	00:31:50.85	+00:10:12 (32.1%)	6:22	9.4 (67.6%)
29	PLATA Katarzyna	137		K40-49	7	00:32:09.05	+00:10:30 (32.7%)	6:25	9.3 (66.9%)
30	WAŁĘCKA Katarzyna	191		K30-39	11	00:32:19.75	+00:10:41 (33.1%)	6:28	9.3 (66.9%)
31	SZYMAŃSKA Hanna	183		K40-49	8	00:32:33.10	+00:10:54 (33.5%)	6:30	9.2 (66.2%)
32	KOT Aleksandra	82		K30-39	12	00:32:41.80	+00:11:03 (33.8%)	6:32	9.2 (66.2%)
33	WARDEGA Krystyna	193		K50-59	2	00:32:49.10	+00:11:10 (34.1%)	6:33	9.1 (65.5%)
34	RAK Kinga	153		K18-29	12	00:33:54.80	+00:12:16 (36.2%)	6:46	8.8 (63.3%)
35	RATAJCZYK Ewa	113		K40-49	9	00:33:59.10	+00:12:20 (36.3%)	6:47	8.8 (63.3%)
36	TRĘBSKA Marta	188		K40-49	10	00:34:00.80	+00:12:22 (36.4%)	6:48	8.8 (63.3%)
37	IWANIAK Wioletta	48		K40-49	11	00:36:04.00	+00:14:25 (40.0%)	7:12	8.3 (59.7%)
38	KAMIŃSKA Beata	66		K40-49	12	00:36:17.30	+00:14:39 (40.4%)	7:15	8.3 (59.7%)
39	TOMCZYK Agata	186		K30-39	13	00:37:06.25	+00:15:28 (41.7%)	7:25	8.1 (58.3%)
40	JAKIEL Jadwiga	52		K50-59	3	00:38:04.05	+00:16:25 (43.2%)	7:36	7.9 (56.8%)
41	BAGIŃSKA Agnieszka	3		K30-39	14	00:38:11.30	+00:16:33 (43.3%)	7:38	7.9 (56.8%)
42	JAKIEL Ewa	51		K40-49	13	00:41:47.00	+00:20:08 (48.2%)	8:21	7.2 (51.8%)
43	JAKIEL Olga	50		K18-29	13	00:41:47.95	+00:20:09 (48.2%)	8:21	7.2 (51.8%)

Znaleziono 43 wynik(ów)